

ABCT 50

HONORING the past | ENVISIONING the future

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Welcome to ABCT's 50th Anniversary! As the 2016 Program Chair, I am delighted to welcome you to New York for this historic and celebratory occasion. Indeed, there is much to celebrate. Founded in 1966 by 10 maverick behaviorists who opposed the dominant psychoanalytic model of the time, our organization now boasts over 5,200 members worldwide and continues to be at the forefront of scientific psychology and empirically supported treatment. Simultaneously, our organization faces significant questions and challenges for the future ahead. For example, we grapple with issues such as the dissemination of interventions on a global scale and integration of the growing neuroscientific perspective with behavioral research and treatment.

As you may have already noticed, we are doing things a little differently for the 50th Annual Convention. The theme of the convention, "Honoring the Past, Envisioning the Future," is intended to showcase research and clinical work that aligns with one of four broad, cross-cutting topics central to the recent history and future of ABCT: technology and treatment; cognitive science and transdiagnostic principles; neuroscience and psychological treatment; and dissemination and implementation. On Friday and Saturday, we are featuring a set of Invited Panels on these cross-cutting topics. The luminary speakers will highlight advances in science and practice in each of these domains:

Technology and Treatment

Chair: Christopher Fairburn; *Panelists:* Kathleen Carroll, Ellen Frank, David Mohr, Ricardo Muñoz

Cognitive Science and Transdiagnostic Principles

Chair: Steven Hollon; *Panelists:* Emily Holmes, Jutta Joormann, Matthew Nock, Bethany Teachman

Neuroscience and Psychological Treatment

Chair: Michelle Craske; *Panelists:* Richard Davidson, Eric Nestler, Elizabeth Phelps, Mary Phillips

Dissemination and Implementation

Chair: David Barlow; *Panelists:* Bruce Chorpita, David Clark, Edna Foa, Vikram Patel

In addition, David Clark will present the Lifetime Achievement Award Address, focused on trying to solve the tricky problem of how to dis-

seminate evidence-based therapies to the public. Finally, in her Presidential Address, Michelle Craske will outline her vision for the future of behavioral and cognitive therapies, and the ways in which our field and ABCT can progress in leaps and bounds.

Please note that we have a unique, longer convention schedule this year. Friday, Saturday, and Sunday each start earlier and end later than usual; many more presentations will occur on Sunday, and the convention ends on Sunday at 1:15 pm. We had a record number of submissions this year, and we extended the schedule in order to accommodate both the usual sessions and special anniversary events. We strongly encourage you to stay through Sunday at 1:15 pm.

Words cannot express my gratitude for the opportunity to serve as Program Chair. I am extremely grateful to President Michelle Craske and the ABCT Board for giving me this opportunity. The 50th Anniversary "takes a village," and it has been an honor and privilege to be a part of this village. First, I would like to thank the record 347 members of the 2016 Program Committee; their expertise, diligence, and flexibility resulted in an exceptional program. Second, the chairs of the Convention and Education Issues Committees did a truly exceptional job, as usual, with this year's program: Jeff Goodie (CIT), Aidan Wright (AMASS), Lauren Weinstock (Institutes), Sarah Kertz (MCS), Risa Weisberg (Research & Professional Development), and Barbara Kamholz (Workshops). This is Jeff Goodie's final year as the Coordinator of Convention and Education Issues, and we all are indebted to Jeff for his tremendous leadership in convention planning over the past several years. Third, I am grateful for the invaluable wisdom and guidance of Terry Wilson, chair of the 50th Anniversary Committee, who envisioned many aspects of this historic convention. Also instrumental in these efforts were Executive Director, Mary Jane Eimer, and Representatives-at-Large Sabine Wilhelm and Sandra Pimentel. Fourth, I would like to thank all of the ABCT central office staff and Web Editor, Kristene Doyle, for their dedication to the 50th Anniversary initiatives and events. Fifth, I am incredibly thankful for the assistance of two people in particular. Linda Still, Director of Education and Meeting Services, guided us through our first year working with the new online system, Cadmium, and our unique convention schedule this year. Last and definitely not least, I am incredibly grateful to Andrea Gold, Assistant Program Chair, who provided steadfast support and diligence that greatly facilitated this entire process. Thank you, Linda and Andrea!

Best wishes to you all, and have a wonderful time at the convention!

Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2016 convention in New York City. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT's website at www.abct.org/conv2016. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can **search** by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, the ABCT convention program book will only be mailed to those who pay \$10 in advance. All other registrants will receive the book onsite.) After reviewing this special Convention 2016 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!



Search | Find | Plan



www.abct.org/conv2016

Note

Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in ABCT's convention program book and on ABCT's website.

> Clinical Intervention Trainings *[ticketed sessions]*

Wednesday, 8:30-5:00 p.m.: Day 1

Thursday, 8:30-5:00 p.m.: Day 2

CLINICAL INTERVENTION TRAINING 1

Process Focused ACT: An Intermediate ACT Workshop

Steven C. Hayes, University of Nevada

Evidence-based practice is moving from a protocols-for-syndromes era to the use of evidence-based processes linked to evidence-based procedures that address problems and promote prosperity in people. ACT has always been a process-based therapy, but this CIT will explore the clinical flexibility that approach provides. This training assumes that attendees are reasonably familiar with mid-level ACT terms, in particular the six core psychological flexibility processes (acceptance, defusion, flexible attention to the now, perspective taking sense of self, values, and commitment). Anyone who has tried to apply the model clinically, or who has had at least a day-long beginning-level ACT workshop, can benefit. This session will focus on ACT micro-skills—reading, targeting, and moving psychological flexibility processes—and will help you to see psychological flexibility processes in flight, targeting these processes at will within the therapeutic relationship. The goal is to be able, at any moment, in any session, to go in any flexibility direction you wish. This degree of flexibility and fluency changes ACT as an evidence-based therapy from a kind of march into a fluid psychotherapeutic dance that can fit the demands of your setting, client, and time restrictions. The style of the CIT will be interactive. Just as you can't learn to dance solely through verbal instructions, this skills-building intensive creates more fluid and flexible ACT abilities by creatively breaking ACT down into a manageable set of skills and fostering these skills with practice and feedback. Instead of being primarily instructional, we will rely on seeing, doing, and getting feedback in round after round of targeted experiences.

Thursday, 8:30-5:00 p.m.

CLINICAL INTERVENTION TRAINING 2

Child and Adolescent Anxiety Disorders: A Developmental and Family-Based CBT Model

Anne Marie Albano, Columbia University

Anxiety disorders run a chronic, stable course to adulthood, are associated with high comorbidity and broad impairment in functioning, and are common but sorely underrecognized and undertreated. Cognitive behavioral therapy is efficacious for youth anxiety, and yet research suggests some 40% of youth do not improve, and almost 50% of responders to CBT with or without concomitant medication relapse over time (see Ginsburg et al., 2014). To enhance outcomes, this CIT presents a developmental and contextual frame for CBT. Steeped in research, the model uses ecologically valid contexts for CBT within the frame of development. Key to treatment is addressing age-appropriate developmental milestones and anxiety through contextually rich exposure tasks. Also critical for treating youth ages 7 to 17 is changing parental beliefs and practices that become entwined in youth anxiety. Dr. Albano will present the developmental and contextual model in detail, address family and environmental factors, and outline intervention strategies. Clinical case examples will illustrate ways to assess developmental tasks, engage parents and youth in collaborating in treatment, and enhance exposure therapy. The question of medication will be addressed. Participants will be encouraged to engage in active learning through role-play and exercises throughout the CIT.

Thursday 8:30-5:00 p.m.

CLINICAL INTERVENTION TRAINING 3

The Primary Care Behavioral Health Model: An Effective Platform for Behavior Therapy

Patricia J. Robinson, Mountainview Consulting Group

Kirk D. Strosahl, Central Washington Family Medicine

This presentation will provide participants with an overview of the Primary Care Behavioral Health (PCBH) model, a group of specific strategies for bringing behavioral health services into primary care. The PCBH model aligns well with the central components of the patient-centered medical home and creates new opportunities for efficient delivery of preventive, acute, and chronic care services. In this approach, a behavioral health consultant (BHC) works as a generalist providing evidence-based brief interventions to patients of all ages and for all types of problems. Most often, patients see the BHC on the same day of their medical visit. In this presentation, participants will use a core competency tool specific to their discipline to identify learning targets and then practice new skills. While PCMH teams, including behavioral and medical provider, are encouraged to attend and work together in developing greater mastery of skills fundamental to addressing behaviorally influenced problems among primary care patients, behavioral health providers attending without medical providers will learn skills they can teach to team members.

Designed for clinical practitioners, discussions and display of specific intervention techniques.

— Thursday —

INSTITUTE 1 • 8:30 - 5:30 p.m.

The Mindful Way Through Anxiety: Helping Clients to Worry Less and Live More

Susan M. Orsillo, *Suffolk University*
Lizabeth Roemer, *University of Massachusetts, Boston*

INSTITUTE 2 • 8:30 - 5:30 p.m.

Neuroscience-Informed Behavioral Interventions: From Cognitive Behavioral Therapy to Cognitive Training

Sheila Rauch, *Emory University*
Martin Paulus, *Laureate Institute for Brain Research*
Kevin Pelphrey, *Yale Child Study Center*
Denis Sukhodolsky, *Yale University*
Rebecca B. Price, *Western Psychiatric Institute and Clinic*
Greg J. Siegle, *Western Psychiatric Institute and Clinic*
Rudi de Raedt, *Ghent University*

INSTITUTE 3 • 1:00 - 6:00 p.m.

Treatment of Complex Obsessive-Compulsive Symptoms

Dean McKay, *Fordham University*
Fugen Neziroglu, *Bio-Behavioral Institute*

INSTITUTE 4 • 1:00 - 6:00 p.m.

Emotion Regulation Therapy

Douglas S. Mennin, *Hunter College*
David M. Fresco, *Kent State University*

INSTITUTE 5 • 1:00 - 6:00 p.m.

Adapted Parent-Child Interaction Therapy for Early Childhood Anxiety

Anthony C. Puliafico, *Columbia University Medical Center*
Jonathan S. Comer, *Florida International University*
Jami M. Furr, *Florida International University*
Donna B. Pincus, *Boston University*

— Thursday —

INSTITUTE 6 • 1:00 - 6:00 p.m.

A Manualized Cognitive-Behavioral Therapy Group for Treating Diverse Addictive Behaviors

Bruce S. Liese, *University of Kansas*

INSTITUTE 7 • 1:00 - 6:00 p.m.

Special Considerations: Implementing and Adapting Treatment Protocols for PTSD With Active-Duty Military Service Members

Brooke A. Fina, *University of Texas Health Science Center at San Antonio*
Katherine A. Dondanville, *University of Texas Health Science Center at San Antonio*
Lindsay M. Bira, *University of Texas Health Science Center at San Antonio*
Alan L. Peterson, *University of Texas Health Science Center at San Antonio*

INSTITUTE 8 • 1:00 - 6:00 p.m.

Treating Executive Functioning and Motivation Deficits in Teens With ADHD

Margaret H. Sibley, *Florida International University*

INSTITUTE 9 • 1:00 - 6:00 p.m.

Cognitive Therapy for Suicide Prevention

Gregory K. Brown, *Perelman School of Medicine of the University of Pennsylvania*
Kelly L. Green, *Perelman School of Medicine of the University of Pennsylvania*

> Advanced Methodology and Statistics Seminars

[*ticketed sessions*]

*A special series of offerings for applied researchers,
presented by nationally renowned research scientists.*

— *Thursday* —

AMASS 1 • 8:30 - 12:30 p.m.

Dyadic Data Analysis: An Introduction to the Actor-Partner Interdependence Model

Robert A. Ackerman, *University of Texas at Dallas*

— *Thursday* —

AMASS 2 • 1:00 - 5:00 p.m.

Intensive Longitudinal Methods:
An Introduction to Diary and Experience
Sampling Research

Niall Bolger, *Columbia University*

Jean-Philippe Laurenceau, *University of Delaware*

> Master Clinician Seminars [*ticketed sessions*]

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

— *Friday* —

MASTER CLINICIAN SEMINAR 1 • 8:00 - 10:00 a.m.

The Therapeutic Relationship in Cognitive Behavior Therapy

Judith S. Beck, *Beck Institute for Cognitive Behavior Therapy*

— *Friday* —

MASTER CLINICIAN SEMINAR 5 • 4:30 - 6:30 p.m.

Cognitive Therapy for OCD: Beyond Exposure and Response Prevention

Adam S. Radomsky, *Concordia University*

MASTER CLINICIAN SEMINAR 2 • 10:30 - 12:30 p.m.

Targeting the Dark Side of Cooperation:
“Secret Intentions” and “Disguised Demands”

Thomas R. Lynch, *University of Southampton*

— *Saturday* —

MASTER CLINICIAN SEMINAR 6 • 8:30 - 10:30 a.m.

Comprehensive Behavioral Intervention for Tics (CBIT)

Doug Woods, *Marquette University*

Sabine Wilhelm, *Massachusetts General Hospital*

MASTER CLINICIAN SEMINAR 3 • 1:15 - 3:15 p.m.

Problem-Solving Therapy for Suicide Prevention and Treatment

Arthur M. Nezu, *Drexel University*

Christine Maguth Nezu, *Drexel University*

MASTER CLINICIAN SEMINAR 7 • 8:30 - 10:30 a.m.

Trauma-Focused Cognitive Behavioral Therapy for Young Children and Their Parents

Esther Deblinger, *Child Abuse Research Education Service (CARES) Institute*

MASTER CLINICIAN SEMINAR 4 • 3:45 - 5:45 p.m.

Overcoming Roadblocks in Cognitive Behavioral Therapy

Robert L. Leahy, *American Institute for Cognitive Therapy*

> Workshops

[*ticketed sessions*]

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes

— Friday —

WORKSHOP 1 • 8:15 - 11:15 a.m.

Empirically Supported Educational Methods: Effective Tools to Teach CBT

R. Trent Codd, III, *Cognitive-Behavioral Therapy Center
of WNC, P.A.*

Donna Sudak, *Friends Hospital*

Leslie Sokol, *Academy of Cognitive Therapy*

Marci Fox, *Academy of Cognitive Therapy*

WORKSHOP 2 • 9:45 - 12:45 p.m.

Interoceptive Exposure for Obsessive- Compulsive Concerns: An Underused Weapon in the Arsenal against OCD

Shannon Blakely, *University of North Carolina at
Chapel Hill*

Jonathan S. Abramowitz, *University of North Carolina
at Chapel Hill*

WORKSHOP 3 • 11:45 - 2:45 p.m.

Written Exposure Therapy: A Brief Treatment Approach for PTSD

Denise M. Sloan, *Boston University School of Medicine*

Brian P. Marx, *National Center for PTSD*

WORKSHOP 4 • 1:00 - 4:00 p.m.

Creating Effective Behavioral Experiments: Uniting Heart and Mind

James Bennett-Levy, *University of Sydney*

WORKSHOP 5 • 3:15 - 6:15 p.m.

Mechanistically Guided Neurofeedback/ Neurostimulation for CBT

Greg J. Siegle, *University of Pittsburgh*

Kate B. Nooner, *University of North Carolina Wilmington*

Ruth A. Lanius, *University of Western Ontario*

Kymerly D. Young, *University of Pittsburgh*

— Saturday —

WORKSHOP 6 • 11:00 - 2:00 p.m.

Incorporating Significant Others to Maximize PTSD Treatment

Candide M. Monson, *Ryerson University*

Steffany J. Fredman, *The Pennsylvania State University*

WORKSHOP 7 • 11:00 - 2:00 p.m.

What Are Transdiagnostic Mechanisms? Bridging the Research-Practitioner Gap With Mechanism-Specific Case Formulations and Treatment Plans

Rochelle I. Frank, *University of California, Berkeley*

Joan Davidson, *University of California, Berkeley*

WORKSHOP 8 • 2:30 - 5:30 p.m.

Organizational Skills Training: An Empirically Sound Treatment Addressing Critical Functional Impairments in Children With Attention-Deficit Hyperactivity Disorders

Richard Gallagher, *New York University School of Medicine*

Jenelle Nissley-Tsiopinis, *Children's Hospital of
Philadelphia*

WORKSHOP 9 • 2:30 - 5:30 p.m.

Disconnecting CBT from the Biomedical Model: Theoretical and Practical Considera- tions for Clients With Anxiety and Addictions

Brett Deacon, *University of Wollongong*

Stanton Peele, *Independent psychologist, researcher,
and writer*

> General Sessions

[no ticket required]

Clinical Roundtables, Mini Workshops, Panel Discussions, and Symposia are part of the general program: no tickets are required to attend these sessions.

CLINICAL GRAND ROUNDS

The Inhibitory Learning Approach to Exposure Therapy: Principles and Practice

Presenter: Jonathan S. Abramowitz

CLINICAL ROUNDTABLES

Clinical Roundtable 1

CBT in Probation: Diverse Perspectives on Interviews With Three Justice-Involved Clients
Moderator: Damon Mitchell
Panelists: Denise Davis, Raymond DiGiuseppe, Christopher Martell, Raymond Chip Tafrate, Amie Zaring

Clinical Roundtable 2

Mechanisms of Change in CBT for Autism Spectrum Disorder: Knowledge and Process-Based Interventions
Moderator: Jeffrey Wood
Panelists: Valerie Gaus, Jonathan Hoffman, Connor Kerns, Matthew D. Lerner, Rebecca Sachs

Clinical Roundtable 3

Exposure and Response Prevention, Distress Tolerance, Mindfulness, and Acceptance: Expert Perspectives on Treating Anxiety Disorders
Moderators: Efthimia Rigogiannis, Jessica Renz
Panelists: Jonathan B. Grayson, James Herbert, Lata McGinn, Alec L. Miller

Clinical Roundtable 4

Addressing Stigma, Prejudice, and Discrimination Through CBT
Moderator: Andrew Jeon
Panelists: Tahiriah Abdullah, Jessica R. Graham, John E. Pachankis, David Pantalone, Barbara Warren

MINI WORKSHOPS

Mini Workshop 1

Tricking Coyote: Cutting-Edge Strategies for Harnessing Motivation
Michael Otto, Boston University

Mini Workshop 2

What You Need to Know to Provide Evidence-Based Coordinated Specialty Care for First-Episode Psychosis: The Navigate Program
Shirley Glynn, UCLA/VAGLAH
Susan Gingerich, Philadelphia, PA
Kim Mueser, Boston University
Piper Meyer-Kalos, University of Minnesota

Mini Workshop 3

CBT for Menopausal Symptoms
Sheryl Green, St. Joseph's Healthcare and McMaster University
Eleanor Donegan, Concordia University
Randi McCabe, St. Joseph's Hospital

Mini Workshop 4

Guided Discovery Strategies: Practical Strategies to Overcome Common Pitfalls
Scott Waltman, University of Pennsylvania
Brittany Hall, UT Southwestern Medical Center, Moncrief Cancer Institute
Lynn McFarr, Harbor UCLA Medical Center

Mini Workshop 5

Managing the Environment for Adolescents Evidenced to Abuse Drugs Utilizing Stimulus Control Strategies Within the Context of Family Behavior Therapy
Brad Donohue, University of Nevada, Las Vegas
Yulia Gavrilova
Christopher Plant, University of Nevada, Las Vegas
Marina Galante, University of Nevada, Las Vegas

Mini Workshop 6

Alliance-Focused Training for CBT: Strategies for Identifying, Addressing, and Repairing Ruptures in the Therapeutic Alliance in CBT
Jeremy Safran, New School Research Institute
John C. Muran, Adelphi University
Catherine Eubanks, Yeshiva University

Mini Workshop 7

Creatively Adapting Behavioral Approaches for Treating Feeding and Eating Disorders

Deborah Glasofer, Columbia Center for Eating Disorders, NY State Psychiatric Institute

Joanna Steinglass, Columbia Center for Eating Disorders, NY State Psychiatric Institute
Elizabeth Zakarin, Columbia University Clinic for Anxiety and Related Disorders
Ali Mattu, Columbia University Medical Center, Columbia University Clinic for Anxiety and Related Disorders

Mini Workshop 8

When Anxiety Traps Emerging Adults and Their Parents: Developmentally Informed CBT for "Failure"
Anne Marie Albano, Columbia University Medical Center
Shannon Bennett, Weill Cornell Medical College
Bridget Poznanski, Florida International University

Mini Workshop 9

Bridging Evidence-Based Treatment and Mhealth: Two Mobile App Adaptations of Behavioral Activation
Jennifer Dahne, University of Maryland, College Park
Carl Lejuez, University of Maryland

Mini Workshop 10

Taking Anxiety Disorder Treatment to the Next Level: Using ERP for Maximum Effect
Patrick McGrath, Alexian Brothers Center for Anxiety and Obsessive Compulsive Disorders

Mini Workshop 11

Present-Moment Power Moves in ACT
Kirk Strosahl, Central Washington Family Medicine
Patricia Robinson, Mountainview Consulting Group, Inc.

Mini Workshop 12

Evidence-Based Assessment for Mood Disorder: Assessing Quickly and Accurately to Reach Better Outcomes
Eric Youngstrom, The University of North Carolina at Chapel Hill

Mini Workshop 13
The Road to ROM Is Paved With Good Intentions: A Road Map for Overcoming the Challenges of Routine Outcome Monitoring (ROM) Implementation Through Test-Driving One Measurement Feedback System
Corey Fagan, University of Washington
Lisa Smith, Boston University

Mini Workshop 14
Mo' Metaphors in CBT With Youth: Fresh Prince, Mulan, and Supergirl Join the Party!
Robert Friedberg, CSTAY at Palo Alto University

Mini Workshop 15
An Introduction to Motivational Interviewing and Interactions With CBT
Daniel McNeil, West Virginia University
Trevor Hart, Ryerson University

Mini Workshop 16
Self-Criticism and Self-Compassion: Risk and Resilience for Psychopathology
Ricks Warren, University of Michigan

Mini Workshop 17
Intensive CBT for Adolescent School Avoidance
Jamie Micco, Massachusetts General Hospital

Mini Workshop 18
Core Competencies in CBT: Becoming an Effective and Competent Cognitive-Behavioral Therapist
Cory Newman, University of Pennsylvania, Perelman School of Medicine

PANEL DISCUSSIONS

Panel Discussion 1
50 Years of Cognitive-Behavioral Treatment for OCD: Past, Present, and Future
Moderator: Jonathan Abramowitz
Panelists: Martin Franklin, Edna Foa, Paul Salkovskis, H. Blair Simpson, Eric Storch, Sabine Wilhelm

Panel Discussion 2
Education and Mental Health: An Overdue and Necessary Alliance
Moderator: Hillary Vidair
Panelists: Fabian Agiurgioaei-Boie, Louis Amato, Raymond DiGiuseppe,

Matthew Pagirsky, Helen Stevens, Mark Terjesen

Panel Discussion 3
Dissemination and Implementation of CBT in Resource-Limited International Settings
Moderator: Jessica Magidson
Panelists: Lena Andersen, Lauren Ng, Conall O'Cleirigh, Steven Safren, Milton Wainberg

Panel Discussion 4
Mindfulness and Acceptance in Contemporary Cognitive and Behavioral Therapies
Moderators: Joanna Arch, Sona Dimidjian
Panelists: Steven Hayes, Stefan G. Hofmann, Willem Kuyken

Panel Discussion 5
Dissemination and Implementation of Evidence-Based Practices in Schools: Lessons Learned
Moderator: Erica Lee
Panelists: Molly Adrian, Marc Atkins, Kristina Metz, Wendy Reinke, Kevin Stark, Golda Ginsburg

Panel Discussion 6
Looking Forward: A Panel Discussion on Diversity in Clinical Psychological Science
Moderator: Adam Miller
Panelists: David Rosmarin, Kamilla Venner, Leah Adams, Juliette Iacovino, Anna Bardone-Cone, Kristen Lindgren

Panel Discussion 7
Implementing Evidence-Based Interventions in Schools Following Hurricanes Katrina and Sandy
Moderator: Juliet Vogel
Panelists: Peter D'Amico, Howard Osofsky, Joy Osofsky, Rebecca Schwartz, Anthony Speier

Panel Discussion 8
Can Evidence-Based CBT Interventions for Hoarding Be Disseminated to Multidisciplinary Human Service Professionals for Community Implementation?
Moderator: Gail Steketee
Panelists: Christiana Bratiotis, Jordana Muroff, Jackson Sherratt, Michael Tompkins, Sheila Woody

Panel Discussion 9
Preparing the Next Generation of Scientist-Practitioners: Disseminating Principles of CBT Through

Undergraduate Teaching
Moderator: Christopher Lootens
Panelists: Kathryn Bell, Kerstin Blomquist, Laura Knouse, Sarah Markowitz, Lauren Stutts

Panel Discussion 10
The Present and Future of Behavior Therapy and Addictive Behaviors
Moderator: Barbara McCrady
Panelists: Brian Bosari, Carlo Di-Clemente, Stephen Maisto, Barbara McCrady, Jeremiah Weinstock, Katie Witkiewitz

Panel Discussion 11
Internet Delivery of Psychosocial Interventions and Assessments of Mood Disorders
Moderator: Lauren Weinstock
Panelists: Thilo Deckersbach, David Miklowitz, Louisa Sylvia, Lisa Uebelacker

Panel Discussion 12
Developing and Fostering Community-Academic Partnerships: Partnering With Agencies, Communities, and Systems in the Implementation of Evidence-Based Practice
Moderators: Laura Skriner, Courtney Wolk
Panelists: Marc Atkins, Rinad Beidas, Bruce Chorpita, Kimberly Hoagwood

Panel Discussion 13
African Americans and Schizophrenia
Moderator: Arundati Nagendra
Panelists: Khalima A. Bolden, Kayla Gurak, Enrique W. Neblett, Amy Pinkham, William Spaulding

Panel Discussion 14
Behavioral Parent Training Trailblazers: Origin Stories and Future Directions for the Next 20 Years
Moderator: Camilo Ortiz
Panelists: Sheila Eyberg, Marion Forgatch, Robert McMahon, Matthew Sanders

Panel Discussion 15
How to Develop and Disseminate Intensive Treatment for Pediatric Anxiety Disorders and OCD
Moderator: Kaitlin Gallo
Panelists: Lindsey Bergman, Adam Lewin, Jamie Micco, Jacqueline Sperling, Eric Storch

Panel Discussion 16
Strategies and Successes in Shattering the "Ivory Ceiling" for Women in Psychology
Moderator: R. Meredith Elkins
Panelists: Anne Marie Albano, Christine Conelea, R. Kathryn McHugh, Donna Pincus, Monnica Williams, Antonette Zeiss

Panel Discussion 17
CBT, DBT, and ACT: Different Waves or Branches on the Same Tree?
Moderator: Simon Rego
Panelists: David Barlow, Steven Hayes, Kelly Koerner

Panel Discussion 18
Integrating Sexual and Gender Minority-Affirmative Approaches Into Evidence-Based Practice
Moderator: Matthew Capriotti
Panelists: Ashley Austin, Michael Burnias, Annesa Flentje, Nicholas Heck, John Pachankis, David Pantalone

Panel Discussion 19
Successes and Challenges in the Implementation of Treatment Programs for First-Episode Psychosis
Moderator: Emily Gagen
Panelists: Melanie Bennett, Susan Gingerich, Robert Heinssen, Irene Hurford, Larry Seidman

Panel Discussion 20
DBT Clinical Outcomes From Implementation Initiatives Across the Globe
Moderator: Yevgeny Botanov
Panelists: Meltem Budak, Pablo Gagliesi, Andre Ivanoff, Michaela Swales

Panel Discussion 21
Decades of Progress, and Much Ground Yet to Cover: What Four Veterans Have Learned Since Graduate School About Intervention for Children With Mental Health Problems
Moderator: Jonathan Comer
Panelists: Philip Kendall, John E. Lochman, Robert McMahon, William Pelham

Panel Discussion 22
Implementation of CBT in the Public Mental Health System: Clinical, Administrative, and Economic Considerations for Sustainable Implementation

Moderator: Sara J. Landes
Panelists: Torrey A. Creed, Lynn McFarr, Urmi N. Patel, Leslie Sokol, Scott Waltman

Panel Discussion 23
Applying the New Standards for Empirically Supported Treatments: Implications for CBT and Beyond
Moderator: Dean McKay
Panelists: Dianne Chambless, Evan Forman, Marvin Goldfried, Steven Hollon, David Klonsky, David Tolin

Panel Discussion 24
Disseminating Evidence-Based Practices in the New York City Foster Care System: A Discussion of Success, Barriers, and Lessons Learned
Moderator: Christina Grice
Panelists: Elissa Brown, Mara Rosenblatt, Mel Schneiderman, Kerri Smith

Panel Discussion 25
CBT in the Era of the Brain Initiative: Where Do We Go From Here?
Moderator: Kristen Ellard
Panelists: Jonathan Abramowitz, Brett Deacon, Stefan G. Hofmann, Greg Siegle, Susan Whitfield-Gabrieli

Panel Discussion 26
Creative Strategies for a Special Population: Dissemination and Implementation in Autism Spectrum Disorder
Moderator: Laura Anthony
Panelists: Laura Anthony, Audrey Blakeley-Smith, Susan Hepburn, Lauren Kenworthy, John Strang

Panel Discussion 27
Dissemination Through Teaching: Training Behavioral Health Professionals in Acceptance-Based Behavioral Approaches Inside and Outside of the Classroom
Moderators: Jennifer Block-Lerner, LeeAnn Cardaciotto
Panelist s: Sandra Georgescu, Sarah Hayes-Skelton, Donald Marks, Lizabeth Roemer

Panel Discussion 28
Where We've Been and Where We're Going: Our Evolving Understanding of How CBT Works
Moderator: Carmen McLean
Panelists: Edna Foa, Stefan G. Hofmann, Richard J. McNally, David Tolin, Kate Wolitzky-Taylor

Panel Discussion 29
Common Problems in Methodology and Data Analysis
Moderator: Alessandro De Nadai
Panelists: Scott Baldwin, Scott Compton, Robert Gallop, Lance Rappaport

Panel Discussion 30
The Future Is Integrated Care: Mental and Behavioral Health Service Delivery in Primary Care Settings
Moderator: Jennifer Langhinrichsen-Rohling
Panelists: John Friend, Miriam Ehrensafft, Kevin Hamberger, Keri Johns, Patricia Robinson, Kirk Strosahl

Panel Discussion 31
Spirituality and Religion in CBT: What Clinicians Can Learn From the Teachings of Different Religions
Moderator: Jeremy Cummings
Panelists: E. Thomas Dowd, David Rosmarin, Mehmet Sungur, Dennis Tirch

Panel Discussion 32
Scholarly Journals in Clinical Psychology: Their Role in an Evolving Health Care Market and Evidence-Based Practice
Moderator: Philip Kendall
Panelists: Anne Marie Albano, J. Gayle Beck, Brian Chu, Joanne Davila, Andres De Los Reyes, Denise M. Sloan

Panel Discussion 33
The Past, Present, and Future of Personalized Medicine in Mental Health: A Panel Discussion of the Proceedings of the 2016 Treatment Selection Idea Lab
Moderator: Zachary Cohen
Panelists: Aaron Fisher, Stefan G. Hofmann, Marcus Huibers, Thomas Ollendick, Patricia Resick, Greg Siegle

Panel Discussion 34
Overcoming Traditional Barriers Only to Encounter New Ones: Doses of Caution as the Exciting Field of Behavioral Telehealth Begins to "Go Live"
Moderator: Laura Bry,
Panelists: Lynn Bufka, Tommy Chou, Jonathan Comer, David Mohr, Kenneth Weingardt

Panel Discussion 35
Staying Relevant in the "Brain Age": How to Incorporate Biologi-

cal Measures and Mechanisms to Fund Your Psychosocial Research
Moderator: Ryan Jacoby,
Panelists: Lauren Alloy, Stacey Daughters, Mitchell Prinstein, David Tolin, Sabine Wilhelm

Panel Discussion 36
What's Basic Cognitive Science Got to Do With It?: Contributions, Detractions, Integration, and Future Directions for Cognitive and Behavioral Therapies
Moderator: Allison Ouimet,
Panelists: Nader Amir, Brett Deacon, Richard J. McNally, Adam Radomsky, Greg Siegle

Panel Discussion 37
Beyond the DSM, Envisioning a Dimensional Future of Empirically Supported Processes to Understand and Treat Psychopathology
Moderators: Maria Karekla, Georgia Panayiotou
Panelists: Evan Forman, Todd Farchione, John Forsyth, Steven Hayes, Anthony Rosellini

Panel Discussion 38
Status and Future Potential of Youth Transdiagnostic Treatments
Moderator: Andrea Temkin
Panelists: Brian Chu, Jill Ehrenreich-May, John E. Lochman, Katharine L. Loeb, Lorie A. Ritschel

Panel Discussion 39
Dissemination of the Unified Protocol in Routine Care: Balancing Flexibility Within Fidelity
Moderator: Shannon Sauer-Zavala
Panelists: Amantia Ametaj, David Barlow, Kate Bentley, Hannah Boettcher, James Boswell, Cassidy Gutner

Panel Discussion 40
Getting Funding for Research on Women's Health
Moderators: RaeAnn Anderson, Laura Seligman
Panelists: Carolyn Becker, Kristen Carpenter, Sona Dimidjian, Dawn Johnson

SYMPOSIA

Symposium 1
The Contrast Avoidance Model: Reconceptualizing Worry in GAD and as a Transdiagnostic Process
Chair: Thane Erickson
Discussant: Douglas Mennin

Symposium 2
New Outcome Data on Treatments for Suicidal Adolescents
Chairs: Molly Adrian, Michele Berk
Discussant: Anne Marie Albano

Symposium 3
State of the Art of Couples Interventions: New Treatment Outcomes
Chair: Kayla Knopp
Discussant: Galena Rhoades

Symposium 4
The Transdiagnostic Influence of Sleep Disruption on Emotion Dysregulation
Chair: Skye Fitzpatrick
Discussant: Edward Selby

Symposium 5
Neural Activation in Emotion Regulation and Disorders of Positive and Negative Affect
Chairs: Lily Brown, Katherine Young
Discussant: Philippe Goldin

Symposium 6
Innovative Predictors of Treatment Outcome
Chair: Natalia Garcia
Discussant: Robert DeRubeis

Symposium 7
Psychological Risk Factors for Anxiety and Depressive Disorders: Results from the Netherlands Study of Depression and Anxiety
Chair: Bethany Teachman
Discussant: Bethany Teachman

Symposium 8
Attention Biases in Children: Developmental Trends, Relations to Psychopathology, and Attention Bias Modification
Chair: Natalie Miller
Discussant: Brandon Gibb

Symposium 9
Acceptance as Change: Evidence for Distancing and Validation as Change Mechanisms in Mindfulness and Acceptance-Based Therapies
Chair: Jennifer Shaver
Discussant: Evan Forman

Symposium 10
Anxiety in Autism Spectrum Disorder: Next Questions Regarding the Construct and Cognitive-

Behavioral Treatment
Chair: Connor Kerns
Discussant: Philip Kendall

Symposium 11
Psychotherapy Process-Oriented Assessment to Enhance Trauma-Focused Treatment: In-Depth Clinical Exploration of Key Change Processes
Chair: Janie Jun
Discussant: Adele Hayes

Symposium 12
A Translational Perspective Examining Mechanisms That May Enhance or Impair Extinction Learning and Exposure Therapy
Chair: Elizabeth Marks
Discussant: Richard J. McNally

Symposium 13
Exploring How Temporal Dynamics of Brain Activity Might Enhance Our Understanding of Psychopathology: Evidence From Functional Connectivity Analyses
Chair: Katherine Young
Discussant: Kevin Ochsner

Symposium 14
Depression and Stress: Perspectives on Psychobiology and Treatment
Chairs: Alicia Meuret, Thomas Ritz
Discussant: Christopher Beevers

Symposium 15
A Systems Approach to Modeling Intra- and Interpersonal Processes in Psychotherapy and Psychopathology
Chairs: Brian Baucom, Zac Imel
Discussant: Donald Baucom

Symposium 16
Problems in Parenting With Pediatric Populations: Opportunities for Behavioral Interventions
Chair: Bruce Compas
Discussant: Bruce Compas

Symposium 17
Cognitive Bias Modification Effects on Noncognitive Outcomes: Do Results Generalize to Behavioral and Physiological Outcomes?
Chairs: Evelyn Behar, Jedidiah Siev
Discussant: Jutta Joormann

Symposium 18
Attention and Learning Processes Underlying Pediatric Anxiety: A

Mechanistic Approach to Improve Diagnosis and to Enhance Treatment

Chair: Tomer Shechner
Discussant: Daniel Pine

Symposium 19

Effectiveness of Mindfulness and Acceptance-Based Approaches to Obesity: Evidence from Small- and Large-Scale Trials

Chair: Brittney Evans
Discussant: TBD

Symposium 20

Rethinking Extinction and Developing Novel Treatments for Fear

Chairs: Joseph Dunsmoor, H. Blair Simpson
Discussant: H. Blair Simpson

Symposium 21

Combining Cognitive Risk Factors in Explaining Depression: Novel Approaches

Chairs: Ernst Koster, Igor Marchetti
Discussant: Christopher Beevers

Symposium 22

Early Detection and Prevention of Psychosis

Chair: Mark van der Gaag
Discussant: Kim Mueser

Symposium 23

Dissemination and Implementation of Cognitive-Behavioral Interventions for Older Adults

Chairs: Patricia Marino, Wilkins Victoria
Discussant: Zweig Richard

Symposium 24

Cortisol as a Resource Mobilizer: Implications for Stress and Internalizing Disorders

Chairs: Catherine Stroud, Suzanne Vrshek-Schallhorn
Discussant: Kate Harkness

Symposium 25

Direct-to-Consumer Marketing of Psychological Treatments: Consumer Preferences and Attitudes Toward Evidence-Based Practice

Chair: Jacqueline Bullis
Discussant: Brad Nakamura

Symposium 26

Wagging the Dog: How the Biomedical Model Has Affected Funding Priorities, Scientific Agendas, and Endorsement of Chemical Imbalance Myth

Chair: Brett Deacon

Discussant: Jonathan Abramowitz

Symposium 27

Technology-Enhanced Access to Empirically Supported Treatments: From Innovation to Integration

Chair: Patrick Kerr
Discussant: Margo Adams Larsen

Symposium 28

Brief Behavioral Therapy for Anxiety and Depression: Results of a Multisite Randomized Trial in Pediatric Primary Care

Chair: V. Robin Weersing
Discussant: Joel Sherrill

Symposium 29

Investigating Shared and Differential Mediators of Cognitive-Behavioral Group Therapy Versus Mindfulness-Based Interventions for SAD

Chair: Philippe Goldin
Discussant: Richard Heimberg

Symposium 30

New Developments in Virtual Reality Exposure Therapy

Chair: Heidi Zinzow
Discussant: Greg Reger

Symposium 31

Moderators and Mediators of Youth Treatment Outcomes: Where to, From Here?

Chairs: Marija Maric, Thomas Ollendick
Discussant: Stephen Hinshaw

Symposium 32

Current Research Advances in Pediatric OCD: Novel Treatment Approaches and Factors Associated With Outcome

Chair: Monica Wu
Discussant: Eric Storch

Symposium 33

Two Heads Are Better Than One: Novel Approaches to the Study and Treatment of Individual Psychopathology in a Couple Context

Chair: Steffany Fredman
Discussant: Keith Renshaw

Symposium 34

Mechanisms of Sexual Victimization and Sexual Aggression: Pathways to Campus Rape Interventions

Chair: RaeAnn Anderson
Discussant: Brian Marx

Symposium 35

The Measurement and Modification of Clinically Relevant Cognitive Biases

Chair: Elaine Fox
Discussant: Colin MacLeod

Symposium 36

Promoting Decentering as a Potential Key Mechanism of Change

Chair: Sarah Hayes-Skelton
Discussant: Debra Hope

Symposium 37

Pathophysiology of Irritability: Integrating Clinical Psychology and Developmental Neuroscience

Chair: Melissa Brotman
Discussant: Amy Roy

Symposium 38

Going Beyond the Basics: Identifying Modifiable and Clinically Useful Predictors of Attrition From Cognitive-Behavioral Treatment

Chair: Clair Cassiello-Robbins
Discussant: David Barlow

Symposium 39

Expanding the Vulnerability Model for Hoarding: Recent Advances in Research on Genetics and Decision Making

Chair: Kiara Timpano
Discussant: Randy Frost

Symposium 40

Peering Into the Black Box: Are We Getting Closer to Unpacking the Learning Collaborative Implementation Model?

Chair: Rochelle Hanson
Discussant: Sonja Schoenwald

Symposium 41

Novel Strategies for Enhancing CBT: D-Cycloserine, Oxytocin, and Exercise

Chair: Angela Fang

Symposium 42

Anxiety Sensitivity: A Transdiagnostic Treatment Target

Chair: Hannah Boettcher
Discussant: Brett Deacon

Symposium 43

Factors Influencing Response to Cognitive Behavioral Intervention

tions for Youth Anxiety, Depression, and Bipolar Disorder: Implications for Understanding Transdiagnostic Processes
Chair: Heather MacPherson, Mei Yi Ng
Discussant: Mary Fristad

Symposium 44
Taking the Lab into the Clinic: Incorporating Biomarkers into PTSD Treatment Research
Chair: Anu Asnaani
Discussant: Stefan G. Hofmann

Symposium 45
Toward a Life Span Understanding of Sluggish Cognitive Tempo: Internal and External Validity of Sct in Adolescents and Adults
Chair: Stephen Becker
Discussant: Keith McBurnett

Symposium 46
How Can Recent Technological Advances Help Us Better Understand Risk for Suicide and Non-suicidal Self-injury? Cutting Edge Research Using Real-time Monitoring Methodology
Chairs: Evan Kleiman, Brianna Turner
Discussant: Matthew Nock

Symposium 47
Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child
Chair: Claudi Bockting
Discussant: Steven Hollon

Symposium 48
Implementing School-based Interventions: Promoting Effectiveness, Adoption, and Engagement
Chairs: Catherine DeCarlo Santiago, Tali Raviv
Discussant: Tali Raviv

Symposium 49
Advancing CBT Beyond Mental Health: Behavior Therapies Working to Prevent or Provide Care for People with HIV
Chairs: Sannisha Dale, Trevor Hart
Discussant: Conall O'Cleirigh

Symposium 50
Envisioning the Clinical Integration of Network Analysis and Cognitive-behavior Therapy: New Developments
Chair: Richard J. McNally
Discussant: Eiko Fried

Symposium 51
CBT Interventions for Anxious Young Children
Chairs: Michal Kahn, Ronald Rapee
Discussant: Avi Sadeh

Symposium 52
Examining the Link Between Childhood Adversity and Youth Psychopathology from a Cognitive Science and Transdiagnostic Approach: Moving from "Who" to "How" and "Why"
Chairs: Adam Miller, Brianna Turner
Discussant: Katie McLaughlin

Symposium 53
Mental Health Literacy: Why Should We Care and How Do We Assess It?
Chairs: Ashley Harrison, Casey Schofield
Discussant: Amy Mendenhall

Symposium 54
What Processes Predict Acute and Long-term Outcomes in Treatment for Depression?
Chair: Heather O'Mahen
Discussant: Willem Kuyken

Symposium 55
Cognitive Biases in Mood, Anxiety, and Substance Use Disorders
Chairs: Scarlett Baird, Michelle Davis
Discussant: Christopher Beevers

Symposium 56
New Insights from Intensive Longitudinal Research Exploring Daily Processes in Psychopathology
Chairs: Rachel Hershenberg, Lisa Starr
Discussant: Todd Kashdan

Symposium 57
Dissemination of Couple-based Treatments for Individual and Relationship Disorders: Challenges and Opportunities
Chair: Douglas Snyder
Discussant: Jay Lebow

Symposium 58
Preventing Suicide Among Military and Veteran Populations
Chair: Daniel Lee
Discussant: Marjan Holloway

Symposium 59
Anxiety and Depression: Specificity, Overlap, and Interrelatedness

Chairs: Nicholas Jacobson, Michelle Newman
Discussant: Lauren Alloy

Symposium 60
Under the Influence: The Co-occurrence of Substance Use Disorders with PTSD and Potential Mechanisms Maintaining Their Comorbidity
Chair: Anu Asnaani
Discussant: Sonya Norman

Symposium 61
Biopsychosocial Approach to the Study, Treatment, and Dissemination of Family Interventions for Early Psychosis
Chair: Marc Weintraub
Discussant: David Miklowitz

Symposium 62
Conceptualizing Processes of Resilience in the Face of Life Stressors: Emerging Perspectives and Future Directions in Research with Sexual and Gender Minorities
Chairs: Brett Millar, H. Jonathon Rendina
Discussant: Jeffrey Parsons

Symposium 63
Recent Experimental and Naturalistic Treatment Research on Fear Acquisition and Extinction Processes in Individuals with OCD
Chair: Adam Reid
Discussant: Katharina Kircanski

Symposium 64
Psychosocial Treatment of ADHD in Children and Adolescents: Promoting Engagement, Skills, and Consideration of Individual Differences
Chair: George DuPaul
Discussant: Margaret Sibley

Symposium 65
Examining the Mediating Role of Repetitive Negative Thinking Across Psychological Outcomes
Chair: Sarah Kertz
Discussant: Kiara Timpano

Symposium 66
An Interpersonal Approach to the Prevention of Adolescent Internalizing Disorders: Recent Findings and New Directions
Chair: Annette La Greca
Discussant: Laura Mufson

- Symposium 67
Risk for Mood Disorders: Honoring the past and Looking Forward to the Future
Chair: Kate Harkness
Discussant: Sheri Johnson
- Symposium 68
You Can't Stop Smoking? New Therapeutic Approaches in Smoking Cessation
Chairs: Maria Karekla, Michaela Paraskeva-Siamata
Discussant: Bradley Collins
- Symposium 69
New Directions in the Study of Intolerance of Uncertainty as a Transdiagnostic Factor Across Child Anxiety Disorders
Chair: Amanda Sanchez
Discussant: R. Nicholas Carleton
- Symposium 70
Utilizing Machine Learning Techniques to Improve Prediction and Prevention of Suicide and Self-Injury
Chair: Kate Bentley
Discussant: Matthew Nock
- Symposium 71
Assessment and Treatment of Anger and Aggression in Family and Close Personal Relationships
Chair: Denis Sukhodolsky
Discussant: Raymond Chip Tafrate
- Symposium 72
The How and the Why: Mediators and Change Processes in Dialectical Behavior Therapy
Chair: Chelsey Wilks
Discussant: Marsha Linehan
- Symposium 73
Neurobiological, Cognitive and Psychological Predictors of Treatment Response and Mechanisms of Change in Cbt for Anxiety Disorders and Depression
Chair: Maren Westphal
Discussant: Steven Hollon
- Symposium 74
The Influence of Brain-Derived Neurotrophic Factor on Emotional and Behavioral Rigidity: Applying Neuroscientific Cross-Species Models to Understanding Psychiatric Risk and New Interventions
Chairs: Karin Coifman, Karin Nylocks
Discussant: John McGeary
- Symposium 75
New Directions in the Quantitative Empirical Classification of Psychopathology
Chairs: Aaron Fisher, Aidan Wright
Discussant: Richard J. McNally
- Symposium 76
Stress, Inflammation and Coping in Relation to Depression
Chairs: Lauren Alloy, Brae Anne McArthur
Discussant: Robin Nusslock
- Symposium 77
Novel Strategies for Sequencing Treatments for Child and Adolescent Behavior Problems
Chairs: Jeremy Pettit, Wendy Silverman
Discussant: Joel Sherrill
- Symposium 78
Past and Future of Behavioral Sleep Medicine: [whole] Health in Sleep
Chair: Eleanor McGlinchey
Discussant: Daniel Buysse
- Symposium 79
Posttraumatic Pathways to Health Disparities for Gay and Bisexual Men: Implications for HIV Prevention
Chair: Abigail Batchelder
Discussant: Steven Safren
- Symposium 80
Cross-cultural Dissemination and Implementation of a Transdiagnostic Intervention: The Unified Protocol in International Settings
Chair: Amantia Ametaj
Discussant: Cassidy Gutner
- Symposium 81
Adaptations of DBT for Children and Adolescents in School, Psychiatric, and Medical Settings
Chair: Alec Miller
Discussant: Jill Rathus
- Symposium 82
A Transdiagnostic, Multi-Method Examination of the Role of Specific Emotions and Emotion Regulation Strategies in Risky, Self-Destructive, and Health-Compromising Behaviors
Chairs: Katherine Dixon-Gordon, Nicole Weiss
Discussant: Terri Messman-Moore
- Symposium 83
Developmental Trajectory of Social Cognition in High Risk and Early Psychosis in Relation to Typical Development and Resilience: Applying Cognitive Science to Transdiagnostic Treatment Targets
Chair: Charlie Davidson
Discussant: Morris Bell
- Symposium 84
Utilizing Mood Disorders Constructs to Advance the Development and Implementation of Youth Interventions
Chair: Dikla Eckshtain
Discussant: Joel Sherrill
- Symposium 85
On Common Ground: The Overlap and Interplay Between Anxiety and Eating Pathology
Chair: Laurie Zandberg
Discussant: Carolyn Becker
- Symposium 86
Partnering and Parenting in the Presence of PTSD
Chair: Steffany Fredman
Discussant: Candice Monson
- Symposium 87
Neuro-markers and Neuro-modulation of Attention Bias Modification
Chairs: Nader Amir, Arturo Carmona
Discussant: Nader Amir
- Symposium 88
But Will It Change My Life?: CBT's Impact on Broad Domains of Outcome in Anxiety and Related Disorders
Chair: Alexander Kline
Discussant: Mark Powers
- Symposium 89
Recent Advances in the Study of Health Anxiety
Chairs: Alison McLeish, Emily O'Bryan
Discussant: Bunmi Olatunji
- Symposium 90
Unpacking the Sleep and Suicide Relationship: The Influence of Sleep Disruption on Suicidal and Self-injuring Behavior
Chair: Skye Fitzpatrick
Discussant: Rachel Manber

- Symposium 91
Evaluating Biological Predictors of Treatment Efficacy and Mechanisms of Change in Cognitive Behavioral Therapies for Depression and Anxiety
Chair: David Rozek
Discussant: Anne Simons
- Symposium 92
Dissemination of Evidence-based Practices for Children: Real World Outcomes in Real World Settings
Chair: Elissa Brown
Discussant: Michael de Arellano
- Symposium 93
Distress Intolerance: Novel Approaches with Transdiagnostic Implications
Chair: Jennifer Veilleux
Discussant: Teresa Leyro
- Symposium 94
Understanding Complexity: Using Multiple Levels of Analysis to Improve the Transdiagnostic Understanding and Treatment of Suicidal Thoughts and Behaviors Across the Lifespan
Chair: Aliona Tsyges
Discussant: Brandon Gibb
- Symposium 95
Integrated Interventions for Comorbid Nicotine Dependence and Post-traumatic Stress Disorder
Chair: Lindsey Hopkins
Discussant: Conall O'Cleirigh
- Symposium 96
Network Analysis as an Innovative Approach to Understanding Eating Behavior: Identifying Key Treatment Targets in Eating and Weight Disorders
Chairs: Brittney Evans, Helen Murray
Discussant: Kelsie Forbush
- Symposium 97
The Dissemination and Implementation of Cognitive-behavioral Therapy and Motivational Interviewing into Forensic Settings
Chair: Raymond Chip Tafrate
Discussant: Michael Wydo
- Symposium 98
Are We Barking up the Right Tree? mapping out the Future of Cognitive Bias Modification
Chairs: Alexandre Heeren, Charlotte Wittekind
Discussant: Ernst Koster
- Symposium 99
The Role of Disgust in Psychopathology: New Insights from Contemporary Learning Theory
Chair: Thomas Armstrong
Discussant: Bram Vervliet
- Symposium 100
Looking to the Future: A Presentation of Novel Extensions and Implementations of Exposure-based Techniques
Chairs: Lisa Anderson, Matteo Bugatti
Discussant: David Barlow
- Symposium 101
Programs for Preventing Depression: Impact on Parents' and Children's Depression
Chair: Judy Garber
Discussant: V. Robin Weersing
- Symposium 102
Nothing to Lose Sleep Over: New Advances in Understanding Sleep Problems Among Anxious Youth
Chairs: Danielle Cornacchio, Bridget Poznanski
Discussant: Dana McMakin
- Symposium 103
The History and Future of Dissemination of CBT for Psychosis in Community Mental Health in Washington State: Implications for U.S. Sustainability
Chairs: Sarah Kopelovich, Maria Monroe-DeVita
Discussant: Piper Meyer-Kalos
- Symposium 104
Enhancing Implementation of Youth Mental Health Interventions: Real-time Adaptations, Workforce Expansions, and Staging
Chair: Kimberly Becker
Discussant: Kimberly Hoagwood
- Symposium 105
Positive Affect, Anxiety, and Depression
Chair: Tomislav Zbozinek
Discussant: Richard Zinbarg
- Symposium 106
Do Traditional Models of Intimate Relationships and Couple Interventions Translate to Understudied Groups?
Chair: Eliza Weitbrecht
Discussant: Joanne Davila
- Symposium 107
Behavioral Activation Is Behavior Therapy Past, Present, and Future: Basic Science, Translational Neuroscience, Treatment Outcomes, and Dissemination
Chairs: Anahi Collado, W. Edward Craighead
Discussant: Steven Hollon
- Symposium 108
Beyond the Disease Model: Contemporary Research on Understanding and Combating Mental Illness Stigma
Chair: Caitlin Chiupka
Discussant: Robert Klepac
- Symposium 109
Monitoring Progress in Psychotherapy: Why and How
Chair: Jacqueline Persons
Discussant: John Hunsley
- Symposium 110
Expanding the Reach of EBTs: Recent Innovations in Guided Self-help Interventions
Chair: Laurie Zandberg
Discussant: G. Terence Wilson
- Symposium 111
Innovations in Methodological Approaches for Research with Lesbian, Gay, Bisexual, Transgender and Other Sexual and Gender Minority (LGBTQ) Individuals
Chair: Michael Newcomb
Discussant: David Pantalone
- Symposium 112
Disseminating Novel and Accessible Mindfulness- and Acceptance-based Interventions for College Students
Chairs: Donald Marks, Ashlyne Mullen
Discussant: Jacqueline Pistorello
- Symposium 113
The Development and Implementation of Exercise Interventions for Individuals with Serious Mental Illness
Chair: Julia Browne
Discussant: Kim Mueser
- Symposium 114
Rethinking Attentional Dysregulation in Affective Disorders
Chair: Ernst Koster
Discussant: Jutta Joormann

Symposium 115
Can Feeling Good Be Bad?
An Investigation of Positive
Emotion Dysfunction in
Risky, Self-Destructive, and
Health-Compromising
Behaviors
Chair: Nicole Weiss
Discussant: Melissa Cyders

Symposium 116
Lifespan and Methodological
Perspectives on Inter-
personal Emotion
Regulation: Implications
for Clinical Science
Chair: Kara Christensen
Discussant: Michelle Newman

Symposium 117
Advancing Behavioral In-
terventions for Tic Disor-
ders: Refining Assessment
and Adapting Approaches
to Treatment
Chair: Flint Espil
Discussant: Christine Conelea

Symposium 118
Advances in Treatments for
Traumatic Stress Disorders
and Addictions Using Be-
havioral and Pharmaco-
logic Approaches in Civilian
and Veteran Populations
Chair: Denise Hien
Discussant: Sonya Norman

Symposium 119
Emotion Dysregulation in
Eating Disorders
Chair: Kimberly Claudat
Discussant: Leslie Anderson

Symposium 120
Mind the Gap: Working to
Prevent a Research-prac-
tice Divide in the Emerging
Field of Mental Health
Technologies for Youth
Problems
Chair: Tommy Chou
Discussant: Muniya Khanna

Symposium 121
Minimizing Barriers and
Maximizing Reach: The
Dissemination of Online
Relationship Interventions
Chairs: Dev Crasta, Ronald
Rogge
Discussant: James Córdoba

Symposium 122
Future Directions of Brief
Behavioral Activation:
Modifications, Mechanisms
and Measurement
Chair: Laura Pass
Discussant: Shirley Reynolds

Symposium 123
Personalized
Psychotherapy
Chair: Robert DeRubeis
Discussant: Steven Hollon

PRESIDENTIAL ADDRESS

Saturday, 5:45 – 7:00 PM | Broadway Ballroom, 6th Floor
Michelle G. Craske, Ph.D., *University of California, Los Angeles*
Honoring the Past, Envisioning the Future

LIFETIME ACHIEVEMENT AWARD ADDRESS

Friday, 12:30 – 1:30 PM | Broadway Ballroom, 6th Floor
David M. Clark, Ph.D., *University of Oxford*

Invited Panels

Luminary speakers will highlight advances in science and practice in these four cross-cutting domains.
[No ticket required]

FRIDAY

10:00 – 12:00 PM, Broadway Ballroom, 6th Floor

Invited Panel 1: Technology and Treatment The Impact of Digital Technology on Psycho- logical Treatment

Chair and Moderator: Christopher Fairburn,
University of Oxford
Panelists: Kathleen Carroll, Yale University School
of Medicine
Ellen Frank, University of Pittsburgh School
of Medicine
David Mohr, Northwestern University
Ricardo Muñoz, Palo Alto University

2:30 – 4:30 PM, Broadway Ballroom, 6th Floor

Invited Panel 2: Cognitive Science and Transdiagnostic Principles

Chair and Moderator: Steven Hollon,
Vanderbilt University
Panelists: Emily Holmes, MRC Cognition and Brain
Sciences Unit, Cambridge
Jutta Joormann, Yale University
Matthew Nock, Harvard University
Bethany Teachman, University of Virginia

SATURDAY

10:00 – 12:00 PM, Broadway Ballroom, 6th Floor

Invited Panel 3: Neuroscience and Psychologi- cal Treatment

Chair and Moderator, Michelle Craske, UCLA
Panelists: Richard Davidson,
University of Wisconsin-Madison
Eric Nestler, Icahn School of Medicine at Mount Sinai
Elizabeth Phelps, NYU and Nathan Kline Institute
Mary Phillips, University of Pittsburgh, Western
Psychiatric Institute and Clinic

2:30 – 4:30 PM, Broadway Ballroom, 6th Floor

Invited Panel 4: Dissemination and Implementation

Chair and Moderator: David Barlow,
Boston University
Panelists: Bruce Chorpita, UCLA
David Clark, University of Oxford
Edna Foa, University of Pennsylvania
Vikram Patel, Centre for Global Mental Health

> Special Interest Group Meetings

Attendance at an ABCT SIG meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations.

Addictive Behaviors

Friday, 1:30 pm – 3:00 pm, O'Neill Room, 4th Floor

African Americans in Behavior Therapy

Friday, 9:45 am – 11:15 am, Majestic & Music Box Rooms, 6th Floor

Aging Behavior & Cognitive Therapy

Sat., 11:45 am – 12:45 pm, Odets Room, 4th Floor

Anxiety Disorders

Friday, 9:45 am – 11:15 am, Brecht Room, 4th Floor

Asian American Issues in Behavior Therapy and Research

Friday, 3:45 pm – 4:45 pm, Times Square Room, 7th Floor

Attention-Deficit/Hyperactivity Disorder (ADHD)

Friday, 1:15 pm – 2:45 pm, Odets Room, 4th Floor

Autism Spectrum and Developmental Disorder

Sunday, 9:45 am – 11:15 am, Harlem Room, 7th Floor

Behavior Analysis

Friday, 10:30 am – 12:00 pm, Harlem Room, 7th Floor

Behavioral Medicine and Integrated Primary Care

Friday, 3:15 pm – 4:45 pm, Brecht Room, 4th Floor

Behavioral Sleep Medicine

Sat., 10:00 am – 11:30 am, Columbia & Duffy Rooms, 7th Floor

Bipolar Disorder

Friday, 12:15 pm – 1:45 pm, Harlem Room, 7th Floor

Child and Adolescent Anxiety

Sat., 4:30 pm – 5:30 pm, Majestic & Music Box Rooms, 6th Floor

Child and Adolescent Depression

Friday, 4:15 pm – 5:15 pm, Harlem Room, 7th Floor

Child and School-Related Issues

Sat., 9:30 am – 11:00 am, Harlem Room, 7th Floor

Child Maltreatment and Interpersonal Violence

Sat., 4:00 pm – 5:30 pm, Plymouth & Royale Rooms, 6th Floor

Clinical Psychology at Liberal Arts Colleges

Friday, 1:15 pm – 2:45 pm, Brecht Room, 4th Floor

Clinical Research Methods and Statistics

Friday, 5:30 pm – 6:30 pm, Harlem Room, 7th Floor

Cognitive Therapy

Sat., 1:30 pm – 2:30 pm, Shubert & Uris Rooms, 6th Floor

Couples Research and Treatment

Friday, 5:00 pm – 6:00 pm, Shubert & Uris Rooms, 6th Floor

Dissemination and Implementation Science

Sat., 10:00 am – 11:30 am, Juilliard & Imperial Rooms, 5th Floor

Forensic Issues and Externalizing Behaviors

Friday, 3:15 pm – 4:45 pm, O'Neill Room, 4th Floor

Functional Analytic Psychotherapy

Friday, 2:30 pm – 4:00 pm, Harlem Room, 7th Floor

Hispanic Issues in Behavior Therapy

Sat., 11:45 am – 1:15 pm, Shubert & Uris Rooms, 6th Floor

Men's Mental and Physical Health

Sat., 10:00 am – 11:30 am, Times Square Room, 7th Floor

Military Psychology

Friday, 12:00 pm – 1:30 pm, Shubert & Uris Rooms, 6th Floor

Mindfulness and Acceptance

Sat., 4:00 pm – 5:30 pm, Shubert & Uris Rooms, 6th Floor

Native American Issues in Behavior Therapy and Research

Sat., 2:30 pm – 4:00 pm, Times Square Room, 7th Floor

Neurocognitive Therapies / Translational Research

Sat., 4:00 pm – 5:30 pm, Juilliard & Imperial Rooms, 5th Floor

Obesity and Eating Disorders

Friday, 5:30 pm – 6:30 pm, Brecht Room, 4th Floor

Parenting and Families

Friday, 11:30 am – 1:00 pm, Brecht Room, 4th Floor

Schizophrenia and Other Serious Mental Disorder

Sat., 4:00 pm – 5:30 pm, Columbia & Duffy Rooms, 7th Floor

SIG Leaders

Sat., October 29th, 8:00 am – 9:15 am, Liberty Room, 8th floor

Spiritual and Religious Issues in Behavior Change

Friday, 9:15 am – 10:15 am, Harlem Room, 7th Floor

Student

Sat., 4:30 pm – 5:30 pm, Harlem Room, 7th Floor

Study of Gay, Lesbian, Bisexual, and Transgender Issues

Friday, 1:45 pm – 3:15 pm, Times Square Room, 7th Floor

Suicide and Self Injury

Friday, 10:00 am – 11:30 am, Times Square Room, 7th Floor

Technology and Behavior Change

Sat., 12:00 pm – 1:30 pm, Harlem Room, 7th Floor

TIC and Impulse Control Disorders

Sat., 4:30 pm – 5:30 pm, Times Square Room, 7th Floor

Trauma and PTSD

Sunday, 8:00 am – 9:30 am, Harlem Room, 7th Floor

Women's Issues in Behavior Therapy

Friday, 9:45 am – 11:15 am, Shubert & Uris Rooms, 6th Floor

> Registration

[Preregistration deadline: September 26]

Preregister on-line at www.abct.org or to pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of September 26. Beginning September 27 all registrations will be processed at the on-site rates. **Please note:** Convention Program Books will be distributed on-site. Only those who choose to pay the postage and handling fee of \$10 will be mailed a program book in advance.

To receive discounted member registration fees, members must renew for 2017 before completing their registration process or to join as a New Member of ABCT: <https://www.abctcentral.org/eStore/index.cfm>

Preconvention Ticketed Sessions & Registration

The preconvention activities will be held on Wednesday, October 26, and Thursday, October 27 at the New York Marriott Marquis. All preconvention activities are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for the Clinical Intervention Training Session 1 (scheduled for Wednesday and Thursday) will be available on Wednesday in front of Marquis A/B on the 9th Floor, if there are any seats available.

Registration for all other PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the New York Marriott Marquis at the ABCT Onsite Registration area on the 5th Floor.

Thursday, October 27:	7:30 a.m. – 6:30 p.m.
Friday, October 28:	7:30 a.m. – 6:30 p.m.
Saturday, October 29:	7:30 a.m. – 6:30 p.m.
Sunday, October 30:	7:30 a.m. – 1:00 p.m.

General Registration

Upon arrival at the New York Marriott Marquis, you can pick up the program book, addendum, additional convention information, and ribbons at the Pre-Registration Desk on the 5th floor of the Hotel.

PLEASE REMEMBER TO BRING CONFIRMATION LETTER WITH YOU TO THE MEETING.

Onsite Registration and Preregistration pickup will be open:

Thursday, October 27:	7:30 a.m. – 6:30 p.m.
Friday, October 28:	7:30 a.m. – 6:30 p.m.
Saturday, October 29:	7:30 a.m. – 6:30 p.m.
Sunday, October 30:	7:30 a.m. – 1:00 p.m.

The general registration fee entitles the registrant to attend all events on October 27-October 30 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilders@abct.org. You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a \$15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed sessions will receive information regarding their registration procedure

from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED. To register, please choose one format:

Registering On-Line

The quickest method is to register on-line at <https://register.rcsreg.com/r2/abct2016/ga/clear.html>. Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew (<https://www.abctcentral.org/eStore/index.cfm>).

To get member rates at this conference, your ABCT dues must be paid through October 2017. The ABCT membership year is October 27, 2016 – October 31, 2017. To renew, go to abct.org or the on-site membership booth.

Registering by Fax

You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will likely cause double payment. For preregistration rates, please register BEFORE the deadline date of September 26.

Registering by Mail

All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, September 26.

Forms postmarked beginning September 27 will be processed at on-site rates. Forms postmarked after October 3 or later will be processed on-site. There will be no exceptions.

Refund Policy

Cancellation refund requests must be in writing. Refunds will be made until the September 26 deadline, and a \$40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after September 26.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Exhibits, ABCT Information Booth Hours

- Friday & Saturday: 8:00 a.m. – 6:30 p.m.
- Sunday, 8:00 a.m. – 1:00 p.m.

FAQs

Convention Headquarters Hotel

New York Marriott Marquis | 1535 Broadway
New York, NY 10036

Stay at the Headquarters Hotel to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the headquarter hotel also helps to keep the overall convention expenses to a minimum.

There are also a number of supplemental hotels available with various rates in close proximity to the New York Marriott Marquis. For more information on these hotels, please visit the ABCT Convention website at www.abct.org/conv2016

Rooms are available at the New York Marriott Hotel at the ABCT Convention rate until Monday, September 26, 2016. After this date, rooms and rates are subject to rate and room availability. Please be sure to book your reservation early! Visit the ABCT website for more information.

What Does the General Registration Fee Cover? General registration gives you access to all of the Symposia, Clinical Round Tables, Posters, Panel Discussions, Special Sessions, Invited Addresses, Invited Panels, and SIG meetings that you can possibly attend Friday through Sunday. Ticketed sessions—Clinical Intervention Trainings, Workshops, Institutes, Master Clinician Seminars, and AMASS—are not covered under the general registration fee.

What Are “Preconvention Activities”? Full- or half-day intensive learning experiences that take place on Wednesday and Thursday.

What Is Your Refund Policy? Refund requests must be in writing and sent to tchilders@abct.org. Refunds will be made only until the September 26 deadline, and a \$40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after September 26.

Nursing Mothers Room

We are pleased to make available again this year a Nursing Mothers Room at the 50th Annual ABCT Convention scheduled for October 27 - 30, 2016, at the New York Marriott Marquis Hotel. It has come to our attention through our Membership Committee and in collaboration with the Women's' Issues SIG that such a room has the potential to support the full participation of our attendees who have need to nurse or pump during the convention. It is important to ABCT that all attendees have access to resources that will ease their convention experience.

Due to limited meeting space, the Nursing Mothers Room will be located in one of the hotel guest rooms on the fifth floor. All those who need access should stop by the ABCT Registration Desk for the location and key to gain entry. The room will be available from 7 am to 7 pm, Thursday – Saturday, and 7 am to 2:00 pm on Sunday. The room will be a "shared space," so please knock before entering. The room will contain electrical outlets, chairs, water bottles, and waste paper baskets. We encourage your feedback on this room through our Convention Survey, surveys available in the room, or by e-mailing Alyssa Ward, Ph.D., former Women's SIG Chair, at DrAlyssaWard@gmail.com.

Attendee Orientation to the ABCT Convention

Friday, 8:00 AM – 9:00 AM, Harlem, 7th Floor

Bradley Riemann, *Membership Committee Chair*

Kate Gunthert, *ABCT Ambassadors Chair*

Mary Jane Eimer, *Executive Director of ABCT*

Rise and shine! Maximize your ABCT Convention experience by joining us first thing Friday morning! Enjoy a cup of coffee and get your personal blueprint to ABCT's 50th Annual Convention. Whether you are a first-time Convention attendee or just want to refresh your memory on how to navigate the Convention, all are welcome. Learn how to take full advantage of earning continuing education credits and the documentation required, note networking opportunities, understand how to make the program book your personal road map, how to utilize the online itinerary planner or master the app.

Also, learn how to stay connected to ABCT throughout the year via our website, Facebook page, Special Interest Groups, and other networking opportunities. Plus, be on the lookout for members wearing Ambassador ribbons. They can answer any lingering questions about ABCT in general. We look forward to meeting you soon.

We look forward to seeing you in

NYC