Welcome to ABCT’s 50th Anniversary! As the 2016 Program Chair, I am delighted to welcome you to New York for this historic and celebratory occasion. Indeed, there is much to celebrate. Founded in 1966 by 10 maverick behaviorists who opposed the dominant psychoanalytic model of the time, our organization now boasts over 5,200 members worldwide and continues to be at the forefront of scientific psychology and empirically supported treatment. Simultaneously, our organization faces significant questions and challenges for the future ahead. For example, we grapple with issues such as the dissemination of interventions on a global scale and integration of the growing neuroscientific perspective with behavioral research and treatment.

As you may have already noticed, we are doing things a little differently for the 50th Annual Convention. The theme of the convention, "Honoring the Past, Envisioning the Future," is intended to showcase research and clinical work that aligns with one of four broad, cross-cutting topics central to the recent history and future of ABCT: technology and treatment; cognitive science and transdiagnostic principles; neuroscience and psychological treatment; and dissemination and implementation. On Friday and Saturday, we are featuring a set of Invited Panels on these cross-cutting topics. The luminary speakers will highlight advances in science and practice in each of these domains:

**Technology and Treatment**  
*Chair:* Christopher Fairburn; *Panelists:* Kathleen Carroll, Ellen Frank, David Mohr, Ricardo Muñoz

**Cognitive Science and Transdiagnostic Principles**  
*Chair:* Steven Hollon; *Panelists:* Emily Holmes, Jutta Joormann, Matthew Nock, Bethany Teachman

**Neuroscience and Psychological Treatment**  
*Chair:* Michelle Craske; *Panelists:* Richard Davidson, Eric Nestler, Elizabeth Phelps, Mary Phillips

**Dissemination and Implementation**  
*Chair:* David Barlow; *Panelists:* Bruce Chorpita, David Clark, Edna Foa, Vikram Patel

In addition, David Clark will present the Lifetime Achievement Award Address, focused on trying to solve the tricky problem of how to disseminate evidence-based therapies to the public. Finally, in her Presidential Address, Michelle Craske will outline her vision for the future of behavioral and cognitive therapies, and the ways in which our field and ABCT can progress in leaps and bounds.

Please note that we have a unique, longer convention schedule this year. Friday, Saturday, and Sunday each start earlier and end later than usual; many more presentations will occur on Sunday, and the convention ends on Sunday at 1:15 pm. We had a record number of submissions this year, and we extended the schedule in order to accommodate both the usual sessions and special anniversary events. We strongly encourage you to stay through Sunday at 1:15 pm.

Words cannot express my gratitude for the opportunity to serve as Program Chair. I am extremely grateful to President Michelle Craske and the ABCT Board for giving me this opportunity. The 50th Anniversary “takes a village,” and it has been an honor and privilege to be a part of this village. First, I would like to thank the record 347 members of the 2016 Program Committee; their expertise, diligence, and flexibility resulted in an exceptional program. Second, the chairs of the Convention and Education Issues Committees did a truly exceptional job, as usual, with this year’s program: Jeff Goodie (CIT), Aidan Wright (AMASS), Lauren Weinstock (Institutes), Sarah Kertz (MCS), Risa Weisberg (Research & Professional Development), and Barbara Kamholz (Workshops). This is Jeff Goodie’s final year as the Coordinator of Convention and Education Issues, and we all are indebted to Jeff for his tremendous leadership in convention planning over the past several years. Third, I am grateful for the invaluable wisdom and guidance of Terry Wilson, chair of the 50th Anniversary Committee, who envisioned many aspects of this historic convention. Also instrumental in these efforts were Executive Director, Mary Jane Eimer, and Representatives-at-Large Sabine Wilhelm and Sandra Pimentel. Fourth, I would like to thank all of the ABCT central office staff and Web Editor, Kristene Doyle, for their dedication to the 50th Anniversary initiatives and events. Fifth, I am incredibly thankful for the assistance of two people in particular. Linda Still, Director of Education and Meeting Services, guided us through our first year working with the new online system, Cadmium, and our unique convention schedule this year. Last and definitely not least, I am incredibly grateful to Andrea Gold, Assistant Program Chair, who provided steadfast support and diligence that greatly facilitated this entire process. Thank you, Linda and Andrea!

Best wishes to you all, and have a wonderful time at the convention!
Clinical Intervention Trainings

Wednesday, 8:30-5:00 p.m.: Day 1
Thursday, 8:30-5:00 p.m.: Day 2

CLINICAL INTERVENTION TRAINING 1

Process Focused ACT: An Intermediate ACT Workshop

Steven C. Hayes, University of Nevada

Evidence-based practice is moving from a protocols-for-syndromes era to the use of evidence-based processes linked to evidence-based procedures that address problems and promote prosperity in people. ACT has always been a process-based therapy, but this CIT will explore the clinical flexibility that approach provides. This training assumes that attendees are reasonably familiar with mid-level ACT terms, in particular the six core psychological flexibility processes (acceptance, defusion, flexible attention to the now, perspective taking, sense of self, values, and commitment). Anyone who has tried to apply the model clinically, or who has had at least a day-long beginning-level ACT workshop, can benefit. This session will focus on ACT micro-skills—reading, targeting, and moving psychological flexibility processes—and will help you to see psychological flexibility processes in flight, targeting these processes at will within the therapeutic relationship. The goal is to be able, at any moment, in any session, to go in any flexibility direction you wish. This degree of flexibility and fluency changes ACT as an evidence-based therapy from a kind of march into a fluid psychotherapeutic dance that can fit the demands of your setting, client, and time restrictions. The style of the CIT will be interactive. Just as you can't learn to dance solely through verbal instructions, this skills-building intensive creates more fluid and flexible ACT abilities by creatively breaking ACT down into a manageable set of skills and fostering these skills with practice and feedback. Instead of being primarily instructional, we will rely on seeing, doing, and getting feedback in round after round of targeted experiences.

Thursday, 8:30-5:00 p.m.

CLINICAL INTERVENTION TRAINING 2

Child and Adolescent Anxiety Disorders: A Developmental and Family-Based CBT Model

Anne Marie Albano, Columbia University

Anxiety disorders run a chronic, stable course to adulthood, are associated with high comorbidity and broad impairment in functioning, and are common but sorely underrecognized and undertreated. Cognitive behavioral therapy is efficacious for youth anxiety, and yet research suggests some 40% of youth do not improve, and almost 50% of responders to CBT with or without concomitant medication relapse over time (see Ginsburg et al., 2014). To enhance outcomes, this CIT presents a developmental and contextual frame for CBT. Steeped in research, the model uses ecologically valid contexts for CBT within the frame of development. Key to treatment is addressing age-appropriate developmental milestones and anxiety through contextually rich exposure tasks. Also critical for treating youth ages 7 to 17 is changing parental beliefs and practices that become entwined in youth anxiety. Dr. Albano will present the developmental and contextual model in detail, address family and environmental factors, and outline intervention strategies. Clinical case examples will illustrate ways to assess developmental tasks, engage parents and youth in collaborating in treatment, and enhance exposure therapy. The question of medication will be addressed. Participants will be encouraged to engage in active learning through role-play and exercises throughout the CIT.

Thursday 8:30-5:00 p.m.

CLINICAL INTERVENTION TRAINING 3

The Primary Care Behavioral Health Model: An Effective Platform for Behavior Therapy

Patricia J. Robinson, Mountainview Consulting Group

Kirk D. Strosahl, Central Washington Family Medicine

This presentation will provide participants with an overview of the Primary Care Behavioral Health (PCBH) model, a group of specific strategies for bringing behavioral health services into primary care. The PCBH model aligns well with the central components of the patient-centered medical home and creates new opportunities for efficient delivery of preventive, acute, and chronic care services. In this approach, a behavioral health consultant (BHC) works as a generalist providing evidence-based brief interventions to patients of all ages and for all types of problems. Most often, patients see the BHC on the same day of their medical visit. In this presentation, participants will use a core competency tool specific to their discipline to identify learning targets and then practice new skills. While PCMH teams, including behavioral and medical provider, are encouraged to attend and work together in developing greater mastery of skills fundamental to addressing behaviorally influenced problems among primary care patients, behavioral health providers attending without medical providers will learn skills they can teach to team members.
— Thursday —

INSTITUTE 1 • 8:30 - 5:30 p.m.

The Mindful Way Through Anxiety: Helping Clients to Worry Less and Live More
Susan M. Orsillo, Suffolk University
Lizabeth Roemer, University of Massachusetts, Boston

INSTITUTE 2 • 8:30 - 5:30 p.m.

Neuroscience-Informed Behavioral Interventions: From Cognitive Behavioral Therapy to Cognitive Training
Sheila Rauch, Emory University
Martin Paulus, Laureate Institute for Brain Research
Kevin Pelphrey, Yale Child Study Center
Denis Sukhodolsky, Yale University
Rebecca B. Price, Western Psychiatric Institute and Clinic
Greg J. Siegle, Western Psychiatric Institute and Clinic
Rudi de Raedt, Ghent University

INSTITUTE 3 • 1:00 - 6:00 p.m.

Treatment of Complex Obsessive-Compulsive Symptoms
Dean McKay, Fordham University
Fugen Neziroglu, Bio-Behavioral Institute

INSTITUTE 4 • 1:00 - 6:00 p.m.

Emotion Regulation Therapy
Douglas S. Mennin, Hunter College
David M. Fresco, Kent State University

INSTITUTE 5 • 1:00 - 6:00 p.m.

Adapted Parent-Child Interaction Therapy for Early Childhood Anxiety
Anthony C. Puliafico, Columbia University Medical Center
Jonathan S. Comer, Florida International University
Jami M. Furr, Florida International University
Donna B. Pincus, Boston University

— Thursday —

INSTITUTE 6 • 1:00 - 6:00 p.m.

A Manualized Cognitive-Behavioral Therapy Group for Treating Diverse Addictive Behaviors
Bruce S. Liese, University of Kansas

INSTITUTE 7 • 1:00 - 6:00 p.m.

Special Considerations: Implementing and Adapting Treatment Protocols for PTSD With Active-Duty Military Service Members
Brooke A. Fina, University of Texas Health Science Center at San Antonio
Katherine A. Dondanville, University of Texas Health Science Center at San Antonio
Lindsay M. Bira, University of Texas Health Science Center at San Antonio
Alan L. Peterson, University of Texas Health Science Center at San Antonio

INSTITUTE 8 • 1:00 - 6:00 p.m.

Treating Executive Functioning and Motivation Deficits in Teens With ADHD
Margaret H. Sibley, Florida International University

INSTITUTE 9 • 1:00 - 6:00 p.m.

Cognitive Therapy for Suicide Prevention
Gregory K. Brown, Perelman School of Medicine of the University of Pennsylvania
Kelly L. Green, Perelman School of Medicine of the University of Pennsylvania
Advanced Methodology and Statistics Seminars

— Thursday —

AMASS 1 • 8:30 - 12:30 p.m.
Dyadic Data Analysis: An Introduction to the Actor-Partner Interdependence Model
Robert A. Ackerman, University of Texas at Dallas

AMASS 2 • 1:00 - 5:00 p.m.
Intensive Longitudinal Methods: An Introduction to Diary and Experience Sampling Research
Niall Bolger, Columbia University
Jean-Philippe Laurenceau, University of Delaware

Master Clinician Seminars

— ticketed sessions —

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

— Friday —

MASTER CLINICIAN SEMINAR 1 • 8:00 - 10:00 a.m.
The Therapeutic Relationship in Cognitive Behavior Therapy
Judith S. Beck, Beck Institute for Cognitive Behavior Therapy

MASTER CLINICIAN SEMINAR 2 • 10:30 - 12:30 p.m.
Targeting the Dark Side of Cooperation: “Secret Intentions” and “Disguised Demands”
Thomas R. Lynch, University of Southampton

MASTER CLINICIAN SEMINAR 3 • 1:15 - 3:15 p.m.
Problem-Solving Therapy for Suicide Prevention and Treatment
Arthur M. Nezu, Drexel University
Christine Maguth Nezu, Drexel University

MASTER CLINICIAN SEMINAR 4 • 3:45 - 5:45 p.m.
Overcoming Roadblocks in Cognitive Behavioral Therapy
Robert L. Leahy, American Institute for Cognitive Therapy

MASTER CLINICIAN SEMINAR 5 • 4:30 - 6:30 p.m.
Cognitive Therapy for OCD: Beyond Exposure and Response Prevention
Adam S. Radomsky, Concordia University

— Saturday —

MASTER CLINICIAN SEMINAR 6 • 8:30 - 10:30 a.m.
Comprehensive Behavioral Intervention for Tics (CBIT)
Doug Woods, Marquette University
Sabine Wilhelm, Massachusetts General Hospital

MASTER CLINICIAN SEMINAR 7 • 8:30 - 10:30 a.m.
Trauma-Focused Cognitive Behavioral Therapy for Young Children and Their Parents
Esther Deblinger, Child Abuse Research Education Service (CARES) Institute
Workshops

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes

— Friday —

WORKSHOP 1 • 8:15 - 11:15 a.m.
Empirically Supported Educational Methods: Effective Tools to Teach CBT
R. Trent Codd, III, Cognitive-Behavioral Therapy Center of WNC, P.A.
Donna Sudak, Friends Hospital
Leslie Sokol, Academy of Cognitive Therapy
Marcy Fox, Academy of Cognitive Therapy

WORKSHOP 2 • 9:45 - 12:45 p.m.
Interoceptive Exposure for Obsessive-Compulsive Concerns: An Underused Weapon in the Arsenal against OCD
Shannon Blakely, University of North Carolina at Chapel Hill
Jonathan S. Abramowitz, University of North Carolina at Chapel Hill

WORKSHOP 3 • 11:45 - 2:45 p.m.
Written Exposure Therapy: A Brief Treatment Approach for PTSD
Denise M. Sloan, Boston University School of Medicine
Brian P. Marx, National Center for PTSD

WORKSHOP 4 • 1:00 - 4:00 p.m.
Creating Effective Behavioral Experiments: Uniting Heart and Mind
James Bennett-Levy, University of Sydney

WORKSHOP 5 • 3:15 - 6:15 p.m.
Mechanistically Guided Neurofeedback/Neurostimulation for CBT
Greg J. Siegle, University of Pittsburgh
Kate B. Nooner, University of North Carolina Wilmington
Ruth A. Lanius, University of Western Ontario
Kymberly D. Young, University of Pittsburgh

— Saturday —

WORKSHOP 6 • 11:00 - 2:00 p.m.
Incorporating Significant Others to Maximize PTSD Treatment
Candide M. Monson, Ryerson University
Steffany J. Fredman, The Pennsylvania State University

WORKSHOP 7 • 11:00 - 2:00 p.m.
What Are Transdiagnostic Mechanisms? Bridging the Research-Practitioner Gap With Mechanism-Specific Case Formulations and Treatment Plans
Rochelle I. Frank, University of California, Berkeley
Joan Davidson, University of California, Berkeley

WORKSHOP 8 • 2:30 - 5:30 p.m.
Organizational Skills Training: An Empirically Sound Treatment Addressing Critical Functional Impairments in Children With Attention-Deficit Hyperactivity Disorders
Richard Gallagher, New York University School of Medicine
Jenelle Nissley-Tsiopinis, Children's Hospital of Philadelphia

WORKSHOP 9 • 2:30 - 5:30 p.m.
Disconnecting CBT from the Biomedical Model: Theoretical and Practical Considerations for Clients With Anxiety and Addictions
Brett Deacon, University of Wollongong
Stanton Peele, Independent psychologist, researcher, and writer
Clinical Roundtables, Mini Workshops, Panel Discussions, and Symposia are part of the general program: no tickets are required to attend these sessions.

CLINICAL GRAND ROUNDS
The Inhibitory Learning Approach to Exposure Therapy: Principles and Practice
Presenter: Jonathan S. Abramowitz

Clinical Roundtables
Clinical Roundtable 1
CBT in Probation: Diverse Perspectives on Interviews With Three Justice-Involved Clients
Moderator: Damon Mitchell
Panelists: Denise Davis, Raymond DiGiuseppe, Christopher Martell, Raymond Chip Tafrate, Amie Zarling

Clinical Roundtable 2
Mechanisms of Change in CBT for Autism Spectrum Disorder: Knowledge and Process-Based Interventions
Moderator: Jeffrey Wood
Panelists: Valerie Gaus, Jonathan Hoffman, Connor Kerns, Matthew D. Lerner, Rebecca Sachs

Clinical Roundtable 3
Exposure and Response Prevention, Distress Tolerance, Mindfulness, and Acceptance: Expert Perspectives on Treating Anxiety Disorders
Moderators: Efthimia Rigogiannis, Jessica Renz
Panelists: Jonathan B. Grayson, James Herbert, Lata McGinn, Alec L. Miller

Clinical Roundtable 4
Addressing Stigma, Prejudice, and Discrimination Through CBT
Moderator: Andrew Jeon
Panelists: Tahiriah Abdullah, Jessica R. Graham, John E. Pachankis, David Pantalone, Barbara Warren

MINI WORKSHOPS
Mini Workshop 1
Tricking Coyote: Cutting-Edge Strategies for Harnessing Motivation
Michael Otto, Boston University

Mini Workshop 2
What You Need to Know to Provide Evidence-Based Coordinated Specialty Care for First-Episode Psychosis: The Navigate Program
Shirley Glynn, UCLA/VAGLAH
Susan Gingerich, Philadelphia, PA
Kim Mueser, Boston University
Piper Meyer-Kalos, University of Minnesota

Mini Workshop 3
CBT for Menopausal Symptoms
Sheryl Green, St. Joseph’s Healthcare and McMaster University
Eleanor Donegan, Concordia University
Randi McCabe, St. Joseph’s Hospital

Mini Workshop 4
Guided Discovery Strategies: Practical Strategies to Overcome Common Pitfalls
Scott Waltman, University of Pennsylvania
Brittany Hall, UT Southwestern Medical Center, Moncrief Cancer Institute
Lynn McFarr, Harbor UCLA Medical Center

Mini Workshop 5
Managing the Environment for Adolescents Evidenced to Abuse Drugs Utilizing Stimulus Control Strategies Within the Context of Family Behavior Therapy
Brad Donohue, University of Nevada, Las Vegas
Yulia Gavriloa
Christopher Plant, University of Nevada, Las Vegas
Marina Galante, University of Nevada, Las Vegas

Mini Workshop 6
Alliance-Focused Training for CBT: Strategies for Identifying, Addressing, and Repairing Ruptures in the Therapeutic Alliance in CBT
Jeremy Safran, New School Research Institute
John C. Muran, Adelphi University
Catherine Eubanks, Yeshiva University

Mini Workshop 7
Creatively Adapting Behavioral Approaches for Treating Feeding and Eating Disorders
Deborah Glasofer, Columbia Center for Eating Disorders, NY State Psychiatric Institute
Joanna Steinglass, Columbia Center for Eating Disorders, NY State Psychiatric Institute
Elizabeth Zakarin, Columbia University Clinic for Anxiety and Related Disorders
Ali Mattu, Columbia University Medical Center, Columbia University Clinic for Anxiety and Related Disorders

Mini Workshop 8
When Anxiety Traps Emerging Adults and Their Parents: Developmentally Informed CBT for "Failure"
Anne Marie Albano, Columbia University Medical Center
Shannon Bennett, Weill Cornell Medical College
Bridget Poznanski, Florida International University

Mini Workshop 9
Bridging Evidence-Based Treatment and Mhealth: Two Mobile App Adaptations of Behavioral Activation
Jennifer Dahne, University of Maryland, College Park
Carl Lejuez, University of Maryland

Mini Workshop 10
Taking Anxiety Disorder Treatment to the Next Level: Using ERP for Maximum Effect
Patrick McGrath, Alexian Brothers Center for Anxiety and Obsessive Compulsive Disorders

Mini Workshop 11
Present-Moment Power Moves in ACT
Kirk Strosahl, Central Washington Family Medicine
Patricia Robinson, Mountainview Consulting Group, Inc.

Mini Workshop 12
Evidence-Based Assessment for Mood Disorder: Assessing Quickly and Accurately to Reach Better Outcomes
Eric Youngstrom, The University of North Carolina at Chapel Hill
Mini Workshop 13
The Road to ROM Is Paved With Good Intentions: A Road Map for Overcoming the Challenges of Routine Outcome Monitoring (ROM) Implementation Through Test-Driving One Measurement Feedback System
Corey Fagan, University of Washington
Lisa Smith, Boston University

Mini Workshop 14
Mo’ Metaphors in CBT With Youth: Fresh Prince, Mulan, and Supergirl Join the Party!
Robert Friedberg, CSTAY at Palo Alto University

Mini Workshop 15
An Introduction to Motivational Interviewing and Interactions With CBT
Daniel McNeil, West Virginia University
Trevor Hart, Ryerson University

Mini Workshop 16
Self-Criticism and Self-Compassion: Risk and Resilience for Psychopathology
Ricks Warren, University of Michigan

Mini Workshop 17
Intensive CBT for Adolescent School Avoidance
Jamie Micco, Massachusetts General Hospital

Mini Workshop 18
Core Competencies in CBT: Becoming an Effective and Competent Cognitive-Behavioral Therapist
Cory Newman, University of Pennsylvania, Perelman School of Medicine

PANEL DISCUSSIONS

Panel Discussion 1
50 Years of Cognitive-Behavioral Treatment for OCD: Past, Present, and Future
Moderator: Jonathan Abramowitz
Panelists: Martin Franklin, Edna Foa, Paul Salkovskis, H. Blair Simpson, Eric Storch, Sabine Wilhelm

Panel Discussion 2
Education and Mental Health: An Overdue and Necessary Alliance
Moderator: Hillary Vidair
Panelists: Fabian Agiurgiucelu-Boie, Louis Amato, Raymond DiGiuseppe, Matthew Pagirsky, Helen Stevens, Mark Terjesen

Panel Discussion 3
Dissemination and Implementation of CBT in Resource-Limited International Settings
Moderator: Jessica Magidson
Panelists: Lena Andersen, Lauren Ng, Conall O’Cleirigh, Steven Safren, Milton Wainberg

Panel Discussion 4
Mindfulness and Acceptance in Contemporary Cognitive and Behavioral Therapies
Moderators: Joanna Arch, Sona Dimidjian
Panelists: Steven Hayes, Stefan G. Hofmann, Willem Kuyken

Panel Discussion 5
Dissemination and Implementation of Evidence-Based Practices in Schools: Lessons Learned
Moderator: Erica Lee
Panelists: Molly Adrian, Marc Atkins, Kristina Metz, Wendy Reinke, Kevin Stark, Golda Ginsburg

Panel Discussion 6
Looking Forward: A Panel Discussion on Diversity in Clinical Psychological Science
Moderator: Adam Miller
Panelists: David Rosmarin, Kamilla Venner, Leah Adams, Juliette Iacovino, Anna Bardone-Cone, Kristen Lindgren

Panel Discussion 7
Implementing Evidence-Based Interventions in Schools Following Hurricanes Katrina and Sandy
Moderator: Juliet Vogel
Panelists: Peter D’Amico, Howard Ososky, Joy Ososky, Rebecca Schwartz, Anthony Speier

Panel Discussion 8
Can Evidence-Based CBT Interventions for Hoarding Be Disseminated to Multidisciplinary Human Service Professionals for Community Implementation?
Moderator: Gail Steketee
Panelists: Christiana Bratitios, Jordana Muroff, Jackson Sherratt, Michael Tompkins, Sheila Woody

Panel Discussion 9
Preparing the Next Generation of Scientist-Practitioners: Disseminating Principles of CBT Through

Panel Discussion 10
The Present and Future of Behavior Therapy and Addictive Behaviors
Moderator: Barbara McCrady
Panelists: Brian Bosari, Carlo DiClemente, Stephen Maisto, Barbara McCrady, Jeremiah Weinstock, Katie Witkiewitz

Panel Discussion 11
Internet Delivery of Psychosocial Interventions and Assessments of Mood Disorders
Moderator: Lauren Weinstock
Panelists: Thilo Deckersbach, David Miklowitz, Louisa Sylvia, Lisa Uebelacker

Panel Discussion 12
Developing and Fostering Community-Academic Partnerships: Partnering With Agencies, Communities, and Systems in the Implementation of Evidence-Based Practice
Moderators: Laura Skriner, Courtney Wolk
Panelists: Marc Atkins, Rinad Beidas, Bruce Chorpita, Kimberly Hoagwood

Panel Discussion 13
African Americans and Schizophrenia
Moderator: Arundati Nagendra
Panelists: Khalima A. Bolden, Kayla Gurak, Enrique W. Neblett, Amy Pinkham, William Spaulding

Panel Discussion 14
Behavioral Parent Training Trailblazers: Origin Stories and Future Directions for the Next 20 Years
Moderator: Camilo Ortiz
Panelists: Sheila Eyberg, Marion Forgatch, Robert McMahon, Matthew Sanders

Panel Discussion 15
How to Develop and Disseminate Intensive Treatment for Pediatric Anxiety Disorders and OCD
Moderator: Kaitlin Gallo
Panelists: Lindsey Bergman, Adam Lewin, Jamie Micco, Jacqueline Sperling, Eric Storch

Undergraduate Teaching
Moderator: Christopher Lootens
Panelists: Kathryn Bell, Kerstin Blomquist, Laura Knouse, Sarah Markowitz, Lauren Stutts
Cal Measures and Mechanisms to Fund Your Psychosocial Research
Moderator: Ryan Jacoby,
Panelists: Lauren Alloy, Stacey Daughters, Mitchell Prinstein, David Tolin, Sabine Wilhelm

Panel Discussion 36
What’s Basic Cognitive Science Got to Do With It?: Contributions, Detractions, Integration, and Future Directions for Cognitive and Behavioral Therapies
Moderator: Allison Ouimet,
Panelists: Nader Amir, Brett Deacon, Richard J. McNally, Adam Radomsky, Greg Siegle

Panel Discussion 37
Beyond the DSM, Envisioning a Dimensional Future of Empirically Supported Processes to Understand and Treat Psychopathology
Moderator: Maria Karekla, Georgia Panayiotou
Panelists: Evan Forman, Todd Farichione, John Forsyth, Steven Hayes, Anthony Rosellini

Panel Discussion 38
Status and Future Potential of Youth Transdiagnostic Treatments
Moderator: Andrea Temkin
Panelists: Brian Chu, Jill Ehrenreich-May, John E. Lochman, Katharine L. Loeb, Lorie A. Ritschel

Panel Discussion 39
Dissemination of the Unified Protocol in Routine Care: Balancing Flexibility Within Fidelity
Moderator: Shannon Sauer-Zavala
Panelists: Amania Ametaj, David Barlow, Kate Bentley, Hannah Boettcher, James Boswell, Cassidy Gutner

Panel Discussion 40
Getting Funding for Research on Women’s Health
Moderators: RaeAnn Anderson, Laura Seligman
Panelists: Carolyn Becker, Kristen Carpenter, Sona Dimidjian, Dawn Johnson

SYMPOSIA
Symposium 1
The Contrast Avoidance Model: Reconceptualizing Worry in GAD and as a Transdiagnostic Process
Chair: Thane Erickson
Discussant: Douglas Mennin

Symposium 2
New Outcome Data on Treatments for Suicidal Adolescents
Chairs: Molly Adrian, Michele Berk
Discussant: Anne Marie Albano

Symposium 3
State of the Art of Couples Interventions: New Treatment Outcomes
Chair: Kayla Knopp
Discussant: Galena Rhoades

Symposium 4
The Transdiagnostic Influence of Sleep Disruption on Emotion Dysregulation
Chair: Skye Fitzpatrick
Discussant: Edward Selby

Symposium 5
Neural Activation in Emotion Regulation and Disorders of Positive and Negative Affect
Chairs: Lily Brown, Katherine Young
Discussant: Philippe Goldin

Symposium 6
Innovative Predictors of Treatment Outcome
Chair: Natalia Garcia
Discussant: Robert DeRubeis

Symposium 7
Psychological Risk Factors for Anxiety and Depressive Disorders: Results from the Netherlands Study of Depression and Anxiety
Chair: Bethany Teachman
Discussant: Bethany Teachman

Symposium 8
Attention Biases in Children: Developmental Trends, Relations to Psychopathology, and Attention Bias Modification
Chair: Natalie Miller
Discussant: Brandon Gibb

Symposium 9
Acceptance as Change: Evidence for Distancing and Validation as Change Mechanisms in Mindfulness and Acceptance-Based Therapies
Chair: Jennifer Shaver
Discussant: Evan Forman

Symposium 10
Anxiety in Autism Spectrum Disorder: Next Questions Regarding the Construct and Cognitive-

Behavioral Treatment
Chair: Connor Kerns
Discussant: Philip Kendall

Symposium 11
Psychotherapy Process-Oriented Assessment to Enhance Trauma-Focused Treatment: In-Depth Clinical Exploration of Key Change Processes
Chair: Janie Jun
Discussant: Adele Hayes

Symposium 12
A Translational Perspective Examining Mechanisms That May Enhance or Impair Extinction Learning and Exposure Therapy
Chair: Elizabeth Marks
Discussant: Richard J. McNally

Symposium 13
Exploring How Temporal Dynamics of Brain Activity Might Enhance Our Understanding of Psychopathology: Evidence From Functional Connectivity Analyses
Chair: Katherine Young
Discussant: Kevin Ochsner

Symposium 14
Depression and Stress: Perspectives on Psychobiology and Treatment
Chairs: Alicia Meuret, Thomas Ritz
Discussant: Christopher Beevers

Symposium 15
A Systems Approach to Modeling Intra- and Interpersonal Processes in Psychotherapy and Psychopathology
Chairs: Brian Baucom, Zac Imel
Discussant: Donald Baucom

Symposium 16
Problems in Parenting With Pediatric Populations: Opportunities for Behavioral Interventions
Chair: Bruce Compas
Discussant: Bruce Compas

Symposium 17
Cognitive Bias Modification Effects on Noncognitive Outcomes: Do Results Generalize to Behavioral and Physiological Outcomes?
Chairs: Evelyn Behar, Jedidiah Siev
Discussant: Jutta Joormann

Symposium 18
Attention and Learning Processes Underlying Pediatric Anxiety: A
Mechanistic Approach to Improve Diagnosis and to Enhance Treatment
Chair: Tomer Shechner
Discussant: Daniel Pine

Symposium 19
Effectiveness of Mindfulness and Acceptance-Based Approaches to Obesity: Evidence from Small- and Large-Scale Trials
Chair: Brittney Evans
Discussant: TBD

Symposium 20
Rethinking Extinction and Developing Novel Treatments for Fear
Chairs: Joseph Dunsmoor, H. Blair Simpson
Discussant: H. Blair Simpson

Symposium 21
Combining Cognitive Risk Factors in Explaining Depression: Novel Approaches
Chairs: Ernst Koster, Igor Marchetti
Discussant: Christopher Beevers

Symposium 22
Early Detection and Prevention of Psychosis
Chair: Mark van der Gaag
Discussant: Kim Mueser

Symposium 23
Dissemination and Implementation of Cognitive-Behavioral Interventions for Older Adults
Chairs: Patricia Marino, Wilkins Victoria
Discussant: Zweig Richard

Symposium 24
Cortisol as a Resource Mobilizer: Implications for Stress and Internalizing Disorders
Chairs: Catherine Stroud, Suzanne Vrshek-Schallhorn
Discussant: Kate Harkness

Symposium 25
Direct-to-Consumer Marketing of Psychological Treatments: Consumer Preferences and Attitudes Toward Evidence-Based Practice
Chair: Jacqueline Bullis
Discussant: Brad Nakamura

Symposium 26
Wagging the Dog: How the Biomedical Model Has Affected Funding Priorities, Scientific Agendas, and Endorsement of Chemical Imbalance Myth
Chair: Brett Deacon
Discussant: Jonathan Abramowitz

Symposium 27
Technology-Enhanced Access to Empirically Supported Treatments: From Innovation to Integration
Chair: Patrick Kerr
Discussant: Margo Adams Larsen

Symposium 28
Brief Behavioral Therapy for Anxiety and Depression: Results of a Multisite Randomized Trial in Pediatric Primary Care
Chair: V. Robin Weersing
Discussant: Joel Sherrill

Symposium 29
Investigating Shared and Differential Mediators of Cognitive-Behavioral Group Therapy Versus Mindfulness-Based Interventions for SAD
Chair: Philippe Goldin
Discussant: Richard Heimberg

Symposium 30
New Developments in Virtual Reality Exposure Therapy
Chair: Heidi Zinzow
Discussant: Greg Reger

Symposium 31
Moderators and Mediators of Youth Treatment Outcomes: Where to, From Here?
Chairs: Marija Maric, Thomas Ollendick
Discussant: Stephen Hinshaw

Symposium 32
Current Research Advances in Pediatric OCD: Novel Treatment Approaches and Factors Associated With Outcome
Chair: Monica Wu
Discussant: Eric Storch

Symposium 33
Two Heads Are Better Than One: Novel Approaches to the Study and Treatment of Individual Psychopathology in a Couple Context
Chair: Steffany Fredman
Discussant: Keith Renshaw

Symposium 34
Mechanisms of Sexual Victimization and Sexual Aggression: Pathways to Campus Rape Interventions
Chair: RaeAnn Anderson
Discussant: Brian Marx

Symposium 35
The Measurement and Modification of Clinically Relevant Cognitive Biases
Chair: Elaine Fox
Discussant: Colin MacLeod

Symposium 36
Promoting Decentering as a Potential Key Mechanism of Change
Chair: Sarah Hayes-Skelton
Discussant: Debra Hope

Symposium 37
Pathophysiology of Irritability: Integrating Clinical Psychology and Developmental Neuroscience
Chair: Melissa Brotman
Discussant: Amy Roy

Symposium 38
Going Beyond the Basics: Identifying Modifiable and Clinically Useful Predictors of Attrition From Cognitive-Behavioral Treatment
Chair: Claire Cassiello-Robbins
Discussant: David Barlow

Symposium 39
Expanding the Vulnerability Model for Hoarding: Recent Advances in Research on Genetics and Decision Making
Chair: Kiara Timpano
Discussant: Randy Frost

Symposium 40
Peering Into the Black Box: Are We Getting Closer to Unpacking the Learning Collaborative Implementation Model?
Chair: Rochelle Hanson
Discussant: Sonja Schoenwald

Symposium 41
Novel Strategies for Enhancing CBT: D-Cycloserine, Oxytocin, and Exercise
Chair: Angela Fang

Symposium 42
Anxiety Sensitivity: A Transdiagnostic Treatment Target
Chair: Hannah Boettcher
Discussant: Brett Deacon

Symposium 43
Factors Influencing Response to Cognitive Behavioral Interven-
tions for Youth Anxiety, Depression, and Bipolar Disorder: Implications for Understanding Transdiagnostic Processes
Chair: Heather MacPherson, Mei Yi Ng
Discussant: Mary Fristad

Symposium 44
Taking the Lab into the Clinic: Incorporating Biomarkers into PTSD Treatment Research
Chair: Anu Asnaani
Discussant: Stefan G. Hofmann

Symposium 45
Toward a Life Span Understanding of Sluggish Cognitive Tempo: Internal and External Validity of Sct in Adolescents and Adults
Chair: Stephen Becker
Discussant: Keith McBurnett

Symposium 46
Chairs: Evan Kleiman, Brianna Turner
Discussant: Matthew Nock

Symposium 47
Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child
Chair: Claudi Bockting
Discussant: Steven Hollon

Symposium 48
Implementing School-based Interventions: Promoting Effectiveness, Adoption, and Engagement
Chairs: Catherine DeCarlo Santiago, Tali Raviv
Discussant: Tali Raviv

Symposium 49
Advancing CBT Beyond Mental Health: Behavior Therapies Working to Prevent or Provide Care for People with HIV
Chairs: Sannisha Dale, Trevor Hart
Discussant: Conall O’Cleirigh

Symposium 50
Envisioning the Clinical Integration of Network Analysis and Cognitive-behavior Therapy: New Developments
Chair: Richard J. McNally
Discussant: Elko Fried

Symposium 51
CBT Interventions for Anxious Young Children
Chairs: Michal Kahn, Ronald Rapee
Discussant: Avi Sadeh

Symposium 52
Examining the Link Between Childhood Adversity and Youth Psychopathology from a Cognitive Science and Transdiagnostic Approach: Moving from “Who” to “How” and “Why”
Chairs: Adam Miller, Brianna Turner
Discussant: Katie McLaughlin

Symposium 53
Mental Health Literacy: Why Should We Care and How Do We Assess It?
Chairs: Ashley Harrison, Casey Schofield
Discussant: Amy Mendenhall

Symposium 54
What Processes Predict Acute and Long-term Outcomes in Treatment for Depression?
Chair: Heather O’Mahen
Discussant: Willem Kuyken

Symposium 55
Cognitive Biases in Mood, Anxiety, and Substance Use Disorders
Chairs: Scarlett Baird, Michelle Davis
Discussant: Christopher Beevers

Symposium 56
New Insights from Intensive Longitudinal Research Exploring Daily Processes in Psychopathology
Chairs: Rachel Hershenberg, Lisa Starr
Discussant: Todd Kashdan

Symposium 57
Dissemination of Couple-based Treatments for Individual and Relationship Disorders: Challenges and Opportunities
Chair: Douglas Snyder
Discussant: Jay Lebow

Symposium 58
Preventing Suicide Among Military and Veteran Populations
Chair: Daniel Lee
Discussant: Marjan Holloway

Symposium 59
Anxiety and Depression: Specificity, Overlap, and Interrelatedness

Symposium 60
Under the Influence: The Co-Occurrence of Substance Use Disorders with PTSD and Potential Mechanisms Maintaining Their Comorbidity
Chair: Anu Asnaani
Discussant: Sonya Norman

Symposium 61
Biopsychosocial Approach to the Study, Treatment, and Dissemination of Family Interventions for Early Psychosis
Chair: Marc Weintraub
Discussant: David Miklowitz

Symposium 62
Conceptualizing Processes of Resilience in the Face of Life Stressors: Emerging Perspectives and Future Directions in Research with Sexual and Gender Minorities
Chairs: Brett Millar, H. Jonathon Rendina
Discussant: Jeffrey Parsons

Symposium 63
Recent Experimental and Naturalistic Treatment Research on Fear Acquisition and Extinction Processes in Individuals with OCD
Chair: Adam Reid
Discussant: Katharina Kirkanski

Symposium 64
Psychosocial Treatment of ADHD in Children and Adolescents: Promoting Engagement, Skills, and Consideration of Individual Differences
Chair: George DuPaul
Discussant: Margaret Sibley

Symposium 65
Examining the Mediating Role of Repetitive Negative Thinking Across Psychological Outcomes
Chair: Sarah Kertz
Discussant: Kiara Timpano

Symposium 66
An Interpersonal Approach to the Prevention of Adolescent Internalizing Disorders: Recent Findings and New Directions
Chair: Annette La Greca
Discussant: Laura Mufson
Symposium 67
Risk for Mood Disorders: Honoring the past and Looking Forward to the Future
Chair: Kate Harkness
Discussant: Sheri Johnson

Symposium 68
You Can’t Stop Smoking? New Therapeutic Approaches in Smoking Cessation
Chairs: Maria Karekla, Michaela Paraskeva-Siamata
Discussant: Bradley Collins

Symposium 69
New Directions in the Study of Intolerance of Uncertainty as a Transdiagnostic Factor Across Child Anxiety Disorders
Chair: Amanda Sanchez
Discussant: R. Nicholas Carleton

Symposium 70
Utilizing Machine Learning Techniques to Improve Prediction and Prevention of Suicide and Self-Injury
Chair: Kate Bentley
Discussant: Matthew Nock

Symposium 71
Assessment and Treatment of Anger and Aggression in Family and Close Personal Relationships
Chair: Denis Sukhodolsky
Discussant: Raymond Chip Tafrate

Symposium 72
The How and the Why: Mediators and Change Processes in Dialectical Behavior Therapy
Chair: Chelsey Wilks
Discussant: Marsha Linehan

Symposium 73
Neurobiological, Cognitive and Psychological Predictors of Treatment Response and Mechanisms of Change in Cbt for Anxiety Disorders and Depression
Chair: Maren Westphal
Discussant: Steven Hollon

Symposium 74
The Influence of Brain-Derived Neurotrophic Factor on Emotional and Behavioral Rigidity: Applying Neuroscientific Cross-Species Models to Understanding Psychiatric Risk and New Interventions
Chair: Karin Coifman, Karin Nylocks
Discussant: John McGueary

Symposium 75
New Directions in the Quantitative Empirical Classification of Psychopathology
Chairs: Aaron Fisher, Aidan Wright
Discussant: Richard J. McNally

Symposium 76
Stress, Inflammation and Coping in Relation to Depression
Chairs: Lauren Alloy, Brae Anne McArthur
Discussant: Robin Nusslock

Symposium 77
Novel Strategies for Sequencing Treatments for Child and Adolescent Behavior Problems
Chairs: Jeremy Pettit, Wendy Silverman
Discussant: Joel Sherrill

Symposium 78
Past and Future of Behavioral Sleep Medicine: [whole] Health in Sleep
Chair: Eleanor McGlinchey
Discussant: Daniel Buysse

Symposium 79
Posttraumatic Pathways to Health Disparities for Gay and Bisexual Men: Implications for HIV Prevention
Chair: Abigail Batchelder
Discussant: Steven Safren

Symposium 80
Cross-cultural Dissemination and Implementation of a Transdiagnostic Intervention: The Unified Protocol in International Settings
Chair: Amantha Ametaj
Discussant: Cassidy Gutner

Symposium 81
Adaptations of DBT for Children and Adolescents in School, Psychiatric, and Medical Settings
Chair: Alec Miller
Discussant: Jill Rathus

Symposium 82
A Transdiagnostic, Multi-Method Examination of the Role of Specific Emotions and Emotion Regulation Strategies in Risky, Self-Destructive, and Health-Compromising Behaviors
Chairs: Katherine Dixon-Gordon, Nicole Weiss
Discussant: Terri Messman-Moore

Symposium 83
Developmental Trajectory of Social Cognition in High Risk and Early Psychosis in Relation to Typical Development and Resilience: Applying Cognitive Science to Transdiagnostic Treatment Targets
Chair: Charlie Davidson
Discussant: Morris Bell

Symposium 84
Utilizing Mood Disorders Constructs to Advance the Development and Implementation of Youth Interventions
Chair: Dikla Eckshtain
Discussant: Joel Sherrill

Symposium 85
On Common Ground: The Overlap and Interplay Between Anxiety and Eating Pathology
Chair: Laurie Zandberg
Discussant: Carolyn Becker

Symposium 86
Partnering and Parenting in the Presence of PTSD
Chair: Steffany Fredman
Discussant: Candice Monson

Symposium 87
Neuro-markers and Neuro-modulation of Attention Bias Modification
Chairs: Nader Amir, Arturo Carmona
Discussant: Nader Amir

Symposium 88
But Will It Change My Life?: CBT’s Impact on Broad Domains of Outcome in Anxiety and Related Disorders
Chair: Alexander Kline
Discussant: Mark Powers

Symposium 89
Recent Advances in the Study of Health Anxiety
Chairs: Alison McLeish, Emily O’Bryan
Discussant: Bunmi Olatunji

Symposium 90
Unpacking the Sleep and Suicide Relationship: The Influence of Sleep Disruption on Suicidal and Self-injuring Behavior
Chair: Skye Fitzpatrick
Discussant: Rachel Manber
Symposium 91
Evaluating Biological Predictors of Treatment Efficacy and Mechanisms of Change in Cognitive Behavioral Therapies for Depression and Anxiety
Chair: David Rozek
Discussant: Anne Simons

Symposium 92
Dissemination of Evidence-based Practices for Children: Real World Outcomes in Real World Settings
Chair: Elissa Brown
Discussant: Michael de Arellano

Symposium 93
Distress Intolerance: Novel Approaches with Transdiagnostic Implications
Chair: Jennifer Veilleux
Discussant: Teresa Leyro

Symposium 94
Understanding Complexity: Using Multiple Levels of Analysis to Improve the Transdiagnostic Understanding and Treatment of Suicidal Thoughts and Behaviors Across the Lifespan
Chair: Aliona Tsypes
Discussant: Brandon Gibb

Symposium 95
Integrated Interventions for Co-morbid Nicotine Dependence and Post-traumatic Stress Disorder
Chair: Lindsey Hopkins
Discussant: Conall O'Cleirigh

Symposium 96
Network Analysis as an Innovative Approach to Understanding Eating Behavior: Identifying Key Treatment Targets in Eating and Weight Disorders
Chairs: Britney Evans, Helen Murray
Discussant: Kelsie Forbush

Symposium 97
The Dissemination and Implementation of Cognitive-behavioral Therapy and Motivational Interviewing into Forensic Settings
Chair: Raymond Chip Tafrate
Discussant: Michael Wydo

Symposium 98
Are We Barking up the Right Tree? mapping out the Future of Cognitive Bias Modification
Chairs: Alexandre Heeren, Charlotte Wittekind
Discussant: Ernst Koster

Symposium 99
The Role of Disgust in Psychopathology: New Insights from Contemporary Learning Theory
Chair: Thomas Armstrong
Discussant: Bram Vervliet

Symposium 100
Looking to the Future: A Presentation of Novel Extensions and Implementations of Exposure-based Techniques
Chairs: Lisa Anderson, Matteo Bugatti
Discussant: David Barlow

Symposium 101
Programs for Preventing Depression: Impact on Parents' and Children's Depression
Chair: Judy Garber
Discussant: V. Robin Weersing

Symposium 102
Nothing to Lose Sleep Over: New Advances in Understanding Sleep Problems Among Anxious Youth
Chairs: Danielle Cornacchio, Bridget Poznanski
Discussant: Dana McMakin

Symposium 103
The History and Future of Dissemination of CBT for Psychosis in Community Mental Health in Washington State: Implications for U.S. Sustainability
Chairs: Sarah Kopelovich, Maria Monroe-DeVita
Discussant: Piper Meyer-Kalos

Symposium 104
Enhancing Implementation of Youth Mental Health Interventions: Real-time Adaptations, Workforce Expansions, and Staging
Chair: Kimberly Hoagland
Discussant: Kimberly Hoagwood

Symposium 105
Positive Affect, Anxiety, and Depression
Chair: Tomislav Zbozinek
Discussant: Richard Zinbarg

Symposium 106
Do Traditional Models of Intimate Relationships and Couple Interventions Translate to Understudied Groups?
Chair: Eliza Weitbrecht
Discussant: Joanne Davila

Symposium 107
Behavioral Activation Is Behavior Therapy Past, Present, and Future: Basic Science, Translational Neuroscience, Treatment Outcomes, and Dissemination
Chairs: Anahi Collado, W. Edward Craighead
Discussant: Steven Hollon

Symposium 108
Beyond the Disease Model: Contemporary Research on Understanding and Combating Mental Illness Stigma
Chair: Caitlin Chiuypka
Discussant: Robert Klepac

Symposium 109
Monitoring Progress in Psychotherapy: Why and How
Chair: Jacqueline Persons
Discussant: John Hunsley

Symposium 110
Expanding the Reach of EBTs: Recent Innovations in Guided Self-help Interventions
Chair: Laurie Zandberg
Discussant: G. Terence Wilson

Symposium 111
Innovations in Methodological Approaches for Research with Lesbian, Gay, Bisexual, Transgender and Other Sexual and Gender Minority (LGBTQ) Individuals
Chair: Michael Newcomb
Discussant: David Pantalone

Symposium 112
Disseminating Novel and Accessible Mindfulness- and Acceptance-based Interventions for College Students
Chair: Donald Marks, Ashlyne Mullen
Discussant: Jacqueline Pistorello

Symposium 113
The Development and Implementation of Exercise Interventions for Individuals with Serious Mental Illness
Chair: Julie Browne
Discussant: Kim Mueser

Symposium 114
Rethinking Attentional Dysregulation in Affective Disorders
Chair: Ernst Koster
Discussant: Jutta Joormann
Symposium 115
Can Feeling Good Be Bad? 
An Investigation of Positive 
Emotion Dysfunction in 
Risky, Self-Destructive, and 
Health-Ccompromising 
Behaviors 
Chair: Nicole Weiss 
Discussant: Melissa Cyders

Symposium 116
Lifespan and Methodologi- 
cal Perspectives on Inter-
personal Emotion 
Regulation: Implications 
for Clinical Science 
Chair: Kara Christensen 
Discussant: Michelle Newman

Symposium 117
Advancing Behavioral In-
terventions for Tic Disor-
ders: Refining Assessment 
and Adapting Approaches 
to Treatment 
Chair: Flint Espil 
Discussant: Christine Conelea

Symposium 118
Advances in Treatments for 
Traumatic Stress Disorders 
and Addictions Using Be-
havioral and Pharmacolo-
logic Approaches in Civilian 
and Veteran Populations 
Chair: Denise Hien 
Discussant: Sonya Norman

Symposium 119
Emotion Dysregulation in 
Eating Disorders 
Chair: Kimberly Claudat 
Discussant: Leslie Anderson

Symposium 120
Mind the Gap: Working to 
Prevent a Research-prac-
tice Divide in the Emerging 
Field of Mental Health 
Technologies for Youth 
Problems 
Chair: Tommy Chou 
Discussant: Muniya Khanna

Symposium 121
Minimizing Barriers and 
Maximizing Reach: The 
Dissemination of Online 
Relationship Interventions 
Chairs: Dev Crasta, Ronald 
Rogge 
Discussant: James Córdova

Symposium 122
Future Directions of Brief 
Behavioral Activation: 
Modifications, Mechanisms 
and Measurement 
Chair: Laura Pass 
Discussant: Shirley Reynolds

Symposium 123
Personalized 
Psychotherapy 
Chair: Robert DeRubeis 
Discussant: Steven Hollon

Invited Panels
Luminary speakers will highlight advances in science and 
practice in these four cross-cutting domains. 
[No ticket required]

FRIDAY
10:00 – 12:00 PM, Broadway Ballroom, 6th Floor
Invited Panel 1: Technology and Treatment
The Impact of Digital Technology on Psycholog-
ical Treatment 
Chair and Moderator: Christopher Fairburn, 
University of Oxford 
Panelists: Kathleen Carroll, Yale University School 
of Medicine 
Ellen Frank, University of Pittsburgh School 
of Medicine 
David Mohr, Northwestern University 
Ricardo Muñoz, Palo Alto University

2:30 – 4:30 PM, Broadway Ballroom, 6th Floor
Invited Panel 2: Cognitive Science and 
Transdiagnostic Principles 
Chair and Moderator: Steven Hollon, 
Vanderbilt University 
Panelists: Emily Holmes, MRC Cognition and Brain 
Sciences Unit, Cambridge 
Jutta Joormann, Yale University 
Matthew Nock, Harvard University 
Bethany Teachman, University of Virginia

SATURDAY
10:00 – 12:00 PM, Broadway Ballroom, 6th Floor
Invited Panel 3: Neuroscience and Psychologi-
cal Treatment 
Chair and Moderator, Michelle Craske, UCLA 
Panelists: Richard Davidson, 
University of Wisconsin-Madison 
Eric Nestler, Icahn School of Medicine at Mount Sinai 
Elizabeth Phelps, NYU and Nathan Kline Institute 
Mary Phillips, University of Pittsburgh, Western 
Psychiatric Institute and Clinic

2:30 – 4:30 PM, Broadway Ballroom, 6th Floor
Invited Panel 4: Dissemination and 
Implementation 
Chair and Moderator: David Barlow, 
Boston University 
Panelists: Bruce Chorpita, UCLA 
David Clark, University of Oxford 
Vikram Patel, Centre for Global Mental Health

PRESIDENTIAL ADDRESS
Saturday, 5:45 – 7:00 PM | Broadway Ballroom, 6th Floor
Michelle G. Craske, Ph.D., University of California, Los Angeles 
Honoring the Past, Envisioning the Future

LIFETIME ACHIEVEMENT AWARD ADDRESS
Friday, 12:30 – 1:30 PM | Broadway Ballroom, 6th Floor
David M. Clark, Ph.D., University of Oxford
### Special Interest Group Meetings

Attendance at an ABCT SIG meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations.

<table>
<thead>
<tr>
<th>Special Interest Group</th>
<th>Date and Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Addictive Behaviors</td>
<td>Friday, 1:30 pm – 3:00 pm, O’Neill Room, 4th Floor</td>
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<tr>
<td>African Americans in Behavior Therapy</td>
<td>Friday, 9:45 am – 11:15 am, Majestic &amp; Music Box Rooms, 6th Floor</td>
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<tr>
<td>Aging Behavior &amp; Cognitive Therapy</td>
<td>Sat., 11:45 am – 12:45 pm, Odets Room, 4th Floor</td>
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<tr>
<td>Anxiety Disorders</td>
<td>Friday, 9:45 am – 11:15 am, Brecht Room, 4th Floor</td>
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<tr>
<td>Asian American Issues in Behavior Therapy and Research</td>
<td>Friday, 3:45 pm – 4:45 pm, Times Square Room, 7th Floor</td>
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<tr>
<td>Attention-Deficit/Hyperactivity Disorder (ADHD)</td>
<td>Friday, 1:15 pm – 2:45 pm, Odets Room, 4th Floor</td>
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<tr>
<td>Autism Spectrum and Developmental Disorder</td>
<td>Sunday, 9:45 am – 11:15 am, Harlem Room, 7th Floor</td>
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<tr>
<td>Behavior Analysis</td>
<td>Friday, 10:30 am – 12:00 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>Behavioral Medicine and Integrated Primary Care</td>
<td>Friday, 3:15 pm – 4:45 pm, Brecht Room, 4th Floor</td>
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<tr>
<td>Behavioral Sleep Medicine</td>
<td>Sat., 10:00 am – 11:30 am, Columbia &amp; Duffy Rooms, 7th Floor</td>
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<tr>
<td>Bipolar Disorder</td>
<td>Friday, 12:15 pm – 1:45 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>Child and Adolescent Anxiety</td>
<td>Sat., 4:30 pm – 5:30 pm, Majestic &amp; Music Box Rooms, 6th Floor</td>
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<tr>
<td>Child and Adolescent Depression</td>
<td>Friday, 4:15 pm – 5:15 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>Child and School-Related Issues</td>
<td>Sat., 9:30 am – 11:00 am, Harlem Room, 7th Floor</td>
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<tr>
<td>Child Maltreatment and Interpersonal Violence</td>
<td>Sat., 4:00 pm – 5:30 pm, Plymouth &amp; Royale Rooms, 6th Floor</td>
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<tr>
<td>Clinical Psychology at Liberal Arts Colleges</td>
<td>Friday, 1:15 pm – 2:45 pm, Brecht Room, 4th Floor</td>
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<tr>
<td>Clinical Research Methods and Statistics</td>
<td>Friday, 5:30 pm – 6:30 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>Cognitive Therapy</td>
<td>Sat., 1:30 pm – 2:30 pm, Shubert &amp; Uris Rooms, 6th Floor</td>
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<tr>
<td>Couples Research and Treatment</td>
<td>Friday, 5:00 pm – 6:00 pm, Shubert &amp; Uris Rooms, 6th Floor</td>
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<tr>
<td>Dissemination and Implementation Science</td>
<td>Sat., 10:00 am – 11:30 am, Juilliard &amp; Imperial Rooms, 5th Floor</td>
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<tr>
<td>Forensic Issues and Externalizing Behaviors</td>
<td>Friday, 3:15 pm – 4:45 pm, O’Neill Room, 4th Floor</td>
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<td>Functional Analytic Psychotherapy</td>
<td>Friday, 2:30 pm – 4:00 pm, Harlem Room, 7th Floor</td>
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<td>Hispanic Issues in Behavior Therapy</td>
<td>Sat., 11:45 am – 1:15 pm, Shubert &amp; Uris Rooms, 6th Floor</td>
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<tr>
<td>Men’s Mental and Physical Health</td>
<td>Sat., 10:00 am – 11:30 am, Times Square Room, 7th Floor</td>
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<td>Military Psychology</td>
<td>Friday, 12:00 pm – 1:30 pm, Shubert &amp; Uris Rooms, 6th Floor</td>
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<td>Mindfulness and Acceptance</td>
<td>Sat., 4:00 pm – 5:30 pm, Shubert &amp; Uris Rooms, 6th Floor</td>
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<td>Native American Issues in Behavior Therapy and Research</td>
<td>Sat., 2:30 pm – 4:00 pm, Times Square Room, 7th Floor</td>
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<tr>
<td>Neurocognitive Therapies / Translational Research</td>
<td>Sat., 4:00 pm – 5:30 pm, Juilliard &amp; Imperial Rooms, 5th Floor</td>
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<tr>
<td>Obesity and Eating Disorders</td>
<td>Friday, 5:30 pm – 6:30 pm, Brecht Room, 4th Floor</td>
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<tr>
<td>Parenting and Families</td>
<td>Friday, 11:30 am – 1:00 pm, Brecht Room, 4th Floor</td>
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<tr>
<td>Schizophrenia and Other Serious Mental Disorder</td>
<td>Sat., 4:00 pm – 5:30 pm, Columbia &amp; Duffy Rooms, 7th Floor</td>
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<tr>
<td>SIG Leaders</td>
<td>Sat., October 29th, 8:00 am – 9:15 am, Liberty Room, 8th Floor</td>
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<tr>
<td>Spiritual and Religious Issues in Behavior Change</td>
<td>Friday, 9:15 am – 10:15 am, Harlem Room, 7th Floor</td>
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<td>Student</td>
<td>Sat., 4:30 pm – 5:30 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>Study of Gay, Lesbian, Bisexual, and Transgender Issues</td>
<td>Friday, 4:15 pm – 3:15 pm, Times Square Room, 7th Floor</td>
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<tr>
<td>Suicide and Self Injury</td>
<td>Friday, 10:00 am – 11:30 am, Times Square Room, 7th Floor</td>
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<tr>
<td>Technology and Behavior Change</td>
<td>Sat., 12:00 pm – 1:30 pm, Harlem Room, 7th Floor</td>
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<tr>
<td>TIC and Impulse Control Disorders</td>
<td>Sat., 4:30 pm – 5:30 pm, Times Square Room, 7th Floor</td>
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<tr>
<td>Trauma and PTSD</td>
<td>Sunday, 8:00 am – 9:30 am, Harlem Room, 7th Floor</td>
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<tr>
<td>Women’s Issues in Behavior Therapy</td>
<td>Friday, 9:45 am – 11:15 am, Shubert &amp; Uris Rooms, 6th Floor</td>
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</tbody>
</table>
Registration

Preregister on-line at www.abct.org or to pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of September 26. Beginning September 27 all registrations will be processed at the on-site rates. Please note: Convention Program Books will be distributed on-site. Only those who choose to pay the postage and handling fee of $10 will be mailed a program book in advance.

To receive discounted member registration fees, members must renew for 2017 before completing their registration process or to join as a New Member of ABCT: https://www.abctcentral.org/eStore/index.cfm

Preconvention Ticketed Sessions & Registration

The preconvention activities will be held on Wednesday, October 26, and Thursday, October 27 at the New York Marriott Marquis. All pre-convention activities are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for the Clinical Intervention Training Session 1 (scheduled for Wednesday and Thursday) will be available on Wednesday in front of Marquis A/B on the 9th Floor, if there are any seats available.

Registration for all other PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the New York Marriott Marquis at the ABCT Onsite Registration area on the 5th Floor.

Thursday, October 27: 7:30 a.m. – 6:30 p.m.
Friday, October 28: 7:30 a.m. – 6:30 p.m.
Saturday, October 29: 7:30 a.m. – 6:30 p.m.
Sunday, October 30: 7:30 a.m. – 1:00 p.m.

General Registration

Upon arrival at the New York Marriott Marquis, you can pick up the program book, addendum, additional convention information, and ribbons at the Pre-Registration Desk on the 5th floor of the Hotel.

PLEASE REMEMBER TO BRING CONFIRMATION LETTER WITH YOU TO THE MEETING.

Onsite Registration and Preregistration pickup will be open:

Thursday, October 27: 7:30 a.m. – 6:30 p.m.
Friday, October 28: 7:30 a.m. – 6:30 p.m.
Saturday, October 29: 7:30 a.m. – 6:30 p.m.
Sunday, October 30: 7:30 a.m. – 1:00 p.m.

The general registration fee entitles the registrant to attend all events on October 27-October 30 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilds@abct.org. You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a $15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed sessions will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED. To register, please choose one format:

Registering On-Line

The quickest method is to register on-line at https://register.rcsreg.com/r2/abct2016/ga/clear.html. Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members’ discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew (https://www.abctcentral.org/eStore/index.cfm).

To get member rates at this conference, your ABCT dues must be paid through October 2017. The ABCT membership year is October 27, 2016 – October 31, 2017. To renew, go to abct.org or the on-site membership booth.

Registering by Fax

You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will likely cause double payment. For preregistration rates, please register BEFORE the deadline date of September 26.

Registering by Mail

All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, September 26.

Forms postmarked beginning September 27 will be processed at on-site rates. Forms postmarked after October 3 or later will be processed on-site. There will be no exceptions.

Refund Policy

Cancellation refund requests must be in writing. Refunds will be made until the September 26 deadline, and a $40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after September 26.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please process on-site rates. Forms postmarked after October 3 or later will be processed on-site. There will be no exceptions.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED. To register, please choose one format:

Exhibits, ABCT Information Booth Hours

• Friday & Saturday: 8:00 a.m. – 6:30 p.m.
• Sunday, 8:00 a.m. – 1:00 p.m.
Stay at the Headquarters Hotel to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the headquarter hotel also helps to keep the overall convention expenses to a minimum.

There are also a number of supplemental hotels available with various rates in close proximity to the New York Marriott Marquis. For more information on these hotels, please visit the ABCT Convention website at www.abct.org/conv2016

Rooms are available at the New York Marriott Hotel at the ABCT Convention rate until Monday, September 26, 2016. After this date, rooms and rates are subject to rate and room availability. Please be sure to book your reservation early! Visit the ABCT website for more information.

Nursing Mothers Room
We are pleased to make available again this year a Nursing Mothers Room at the 50th Annual ABCT Convention scheduled for October 27 - 30, 2016, at the New York Marriott Marquis Hotel. It has come to our attention through our Membership Committee and in collaboration with the Women’s Issues SIG that such a room has the potential to support the full participation of our attendees who have need to nurse or pump during the convention. It is important to ABCT that all attendees have access to resources that will ease their convention experience.

Due to limited meeting space, the Nursing Mothers Room will be located in one of the hotel guest rooms on the fifth floor. All those who need access should stop by the ABCT Registration Desk for the location and key to gain entry. The room will be available from 7 am to 7 pm, Thursday – Saturday, and 7 am to 2:00 pm on Sunday. The room will be a "shared space," so please knock before entering. The room will contain electrical outlets, chairs, water bottles, and waste paper baskets. We encourage your feedback on this room through our Convention Survey, surveys available in the room, or by e-mailing Alyssa Ward, Ph.D., former Women’s SIG Chair, at DrAlyssaWard@gmail.com.

Frequently Asked Questions (FAQs)

What Does the General Registration Fee Cover? General registration gives you access to all of the Symposia, Clinical Round Tables, Posters, Panel Discussions, Special Sessions, Invited Addresses, Invited Panels, and SIG meetings that you can possibly attend Friday through Sunday. Ticketed sessions—Clinical Intervention Trainings, Workshops, Institutes, Master Clinician Seminars, and AMASS—are not covered under the general registration fee.

What Are “Preconvention Activities”? Full- or half-day intensive learning experiences that take place on Wednesday and Thursday.

What Is Your Refund Policy? Refund requests must be in writing and sent to tchilders@abct.org. Refunds will be made only until the September 26 deadline, and a $40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after September 26.

Attendee Orientation to the ABCT Convention
Friday, 8:00 AM – 9:00 AM, Harlem, 7th Floor
Bradley Riemann, Membership Committee Chair
Kate Gunthert, ABCT Ambassadors Chair
Mary Jane Eimer, Executive Director of ABCT

Rise and shine! Maximize your ABCT Convention experience by joining us first thing Friday morning! Enjoy a cup of coffee and get your personal blueprint to ABCT’s 50th Annual Convention. Whether you are a first-time Convention attendee or just want to refresh your memory on how to navigate the Convention, all are welcome. Learn how to take full advantage of earning continuing education credits and the documentation required, note networking opportunities, understand how to make the program book your personal road map, how to utilize the online itinerary planner or master the app.

Also, learn how to stay connected to ABCT throughout the year via our website, Facebook page, Special Interest Groups, and other networking opportunities. Plus, be on the lookout for members wearing Ambassador ribbons. They can answer any lingering questions about ABCT in general. We look forward to meeting you soon.

We look forward to seeing you in NYC