

ABCT

Applying CBT in Diverse Contexts

51ST ANNUAL CONVENTION

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Welcome to San Diego! As the 2017 Program Chair, I am thrilled to welcome you to the Association for Behavioral and Cognitive Therapies (ABCT) 51st Annual Convention! San Diego is an outdoor-extravaganza with its magnificent climate, pristine beaches and diverse terrain, numerous dynamic neighborhoods, enchanting attractions (e.g., “the largest urban cultural park,” world-class zoo, major port), “rich military history,” and proximity to Mexico. Local Arrangements Committee chairs Aaron Blashill and Tiffany Brown will introduce you to the many outstanding sites and events, including the ABCT Saturday-Night Dance Party!

The theme of the convention this year is “Applying CBT in Diverse Contexts.” Presentations will address the social and cultural aspects of CBT, including contextual cues that inform our hypothesis development and treatment strategies with clients. Our program will showcase research, clinical practice, and training that increases our understanding of mental health problems and mechanisms, improves the efficacy and effectiveness of CBT for diverse groups, and enables us to disseminate these evidence-based treatments across professions.

I am incredibly honored and excited to have five luminary invited speakers discuss their groundbreaking work that highlights our theme. Stanley Sue from Palo Alto University and UC Davis (Emeritus) will speak on “Cultural Competency: Political Correctness or Necessity?”, raising and reflecting on controversies and dilemmas associated with research on cultural competency and consider the effects on practice and psychological science. Steven Safren from University of Miami will focus on the need for integrated interventions that address both health behavior change and comorbid mental health challenges in his talk on “Applying Evidence-Based CBT Principles to Disease Prevention and Self-Care in Diverse, Sexual Minority and Global Populations: Lessons Learned From HIV/AIDS.” Next, Jeanne Miranda from UCLA will present her work on improving disparities in health care, reviewing outcomes and gaps in her address on “Cognitive Behavioral Therapy with Low-income and Minority Communities.” Marsha M. Linehan from the University of Washington will present her Lifetime Achievement Award Address, “DBT: Where We Are, Where We Were and Where We Are Going.” She will discuss DBT as “a trans-diagnostic modular behavioral intervention,” and consider mechanisms of action and the guidelines for the use of treatment components.

Finally, in her presidential address, “Team Science Across Disciplines: Advancing CBT Research and Practice for Hoarding,” Gail Steketee will highlight the challenges and essential roles played by academic colleagues, trainees, and community partners in opening the door to understanding and treating a complex mental health problem from multiple perspectives.

It has been an honor to serve as Program Chair. I am grateful to President Gail Steketee and the ABCT Board for inviting me and supporting me through this process. Working with President Steketee is a privilege and genuine pleasure. I would like to thank the record 360 members of the 2017 Program Committee for their expertise, careful reviews, and flexibility during the peer review process resulting in a well-rounded exceptional program (and an extra thanks to the “Super Reviewers”). Additionally, I thank the chairs of the Convention and Education Issues Committees for their dedication and exceptional job developing this year’s exciting program: Barbara Kamholz (CIT), Aidan Wright (AMASS), Lauren Weinstock (Workshops), Sarah Kertz (Master Clinician Seminars), Risa Weisberg (Research & Professional Development), Christina L. Boisseau (Institutes), Kiara Timpano (2018 Program Chair), and Aaron Blashill and Tiffany Brown (Local Arrangements). I sincerely appreciate the valuable insights and support of Mary Jane Eimer, Executive Director, Barbara Kamholz, Coordinator of Convention and Education Issues, and Sandra Pimentel, Representative-at-Large and Board liaison to Convention and Education Issues. A hearty thanks to Tammy Schuler, Barbara Mazzella, and all of the ABCT Central Office Staff for their extraordinary devotion to the Convention planning and ABCT. I am especially grateful to past Program Chair Katharina Kircanski and past Coordinator of Convention and Education Issues Jeffrey Goodie for their invaluable guidance. A special thank you to Linda Still, Director of Education and Meeting Services, and Annie Dantowitz, Assistant Program Chair, for their industriousness and support that has been crucial to this process and the success of this Program. Linda’s wisdom and instrumental support facilitated this entire process. I am also incredibly thankful for Annie’s diligence, unwavering commitment, and humor throughout the planning process. Thanks to the many others (too many to name individually) for the countless efforts and gestures that contributed to this program. Finally, a heartfelt thanks to my spouse and children for their patience, cheer, and teamwork!

Wishing you all a fun and stimulating convention!

Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2017 convention in San Diego. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT’s website at www.abct.org/conv2017. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can **search** by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, the physical program book will only be available onsite in San Diego.) After reviewing this special Convention 2017 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!



Search | Find | Plan



www.abct.org/conv2017

Note

Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in ABCT’s convention program book and on ABCT’s website.

Wednesday, 8:30 a.m.-5:00 p.m., Day 1

Thursday, 8:30 a.m.-5:00 p.m., Day 2

CIT 1 | **The Mindful Way Through Anxiety in Practice: Developing Case Conceptualization and Treatment Delivery Skills to Help Your Clients Worry Less and Live More**

Susan M. Orsillo, Ph.D., *Suffolk University*

Lizabeth Roemer, Ph.D., *University of Massachusetts at Boston*

Acceptance-based behavioral therapies (ABBT) effectively reduce symptoms and promote quality of life among clients struggling with anxiety and comorbid disorders. This training is aimed at helping clinicians to understand the model underlying ABBT for GAD and related disorders, apply this general model to specific clients to inform case conceptualization and treatment planning, learn the core clinical strategies of ABBT, and identify and successfully address stuck-points that can be encountered in clinical practice. The training will demonstrate the ways specific mindfulness practices can be used to help clients increase their understanding of their internal experiences, broaden their awareness, and promote engagement in valued life activities. In addition, participants will learn strategies to help clients distinguish between clear and muddy emotions, change their response to their emotions, and articulate and take actions consistent with what they value. Drawing from both their clinical experience and their program of research developing and testing the efficacy of an ABBT for GAD, the presenters will describe case examples, lead participants through experiential practices, demonstrate the use of specific handouts and exercises, and provide coached opportunities for participants to practice applying strategies that they can use in their own clinical practice.

Thursday, 8:30 a.m.-5:00 p.m.

CIT 2 | **Parent-Child Interaction Therapy**

Cheryl B. McNeil, Ph.D., *West Virginia University*

This training describes Parent Child Interaction Therapy (PCIT), an evidence-based behavioral treatment for families of young children with disruptive behavior disorders. PCIT is based on Baumrind's developmental theory, which holds that authoritative parenting—a combination of nurturance, good communication, and firm limits—produces optimal child mental health outcomes. In PCIT, parents learn authoritative parenting skills through direct therapist coaching of parent-child interactions, guided by observational data collected in each session. Parents receive immediate guidance and feedback on their use of techniques such as differential social attention and consistency as they practice new relationship enhancement and behavioral management skills. Videotape review, slides, handouts, and experiential exercises will be used to teach participants the basic interaction skills and therapist coding and coaching skills used during treatment sessions. Applications of PCIT within physically abusive families and other special populations will be discussed.

Thursday, 8:30 a.m.-5:00 p.m.

CIT 3 | **Building a Better CBT: An Introduction to the TEAM-CBT Model**

David D. Burns, M.D., *Stanford University School of Medicine*

Jill T. Levitt, Ph.D., *Feeling Good Institute*

Clinical practice and research suggest that many different aspects of psychotherapy can enhance positive outcomes, including the quantitative assessment of therapist effectiveness—or lack of effectiveness—at every session (i.e., Routine Outcome Monitoring), a strong therapeutic alliance, and homework compliance, as well as the use of powerful CBT techniques that target each patient's specific negative thoughts and feelings. Dr. Burns has integrated these elements in an evidence-informed, transdiagnostic treatment called TEAM-CBT. The components of TEAM-CBT include:

T = Testing. Measurement of symptoms as well as the quality of the therapeutic alliance at the start and end of every session.

E = Empathy. A sophisticated set of skills to help therapists connect with challenging patients and repair alliance ruptures.

A = (Paradoxical) Agenda Setting. 15+ innovative techniques to identify and reduce therapeutic resistance and boost motivation.

M = Methods. 50+ cognitive, behavioral and interpersonal techniques, such as the Externalization of Voices Technique, The Acceptance Paradox, The Paradoxical Double Standard Technique, and more.

This training will review each component of the TEAM-CBT model and participants will leave with new tools to enhance therapeutic connection, boost motivation, and reduce symptoms of anxiety and depression in their patients. Teaching methods will include lecture, role-play demonstrations, and small group practice, as well as opportunities for audience members to work on their own feelings of insecurity and self-doubt and experience personal healing. The session will be lively and interactive, with plenty of time for practice.

Institutes

TICKETED SESSIONS

Designed for clinical practitioners, discussions and display of specific intervention techniques.

THURSDAY

Institute 1 | 8:30 a.m. - 5:00 p.m.

Making Space for Life: Cognitive-Behavioural Strategies for Hoarding Behaviour

Sheila Woody, Ph.D., *University of British Columbia*
Christiana Bratiotis, Ph.D., LCSW, *Portland State University*

Institute 2 | 8:30 a.m. - 5:00 p.m.

How to Integrate CBT for Insomnia Into CBT for Depression, Chronic Pain and Anxiety Disorder Protocols

Colleen Carney, Ph.D., *Ryerson University*

Institute 3 | 1:00 p.m. - 6:00 p.m.

Emphasizing the FUN in the Fundamentals of CBT With Youth

Robert Friedberg, ABPP, Ph.D., *CSTAY at Palo Alto University*

Institute 4 | 1:00 p.m. - 6:00 p.m.

Common Elements Treatment Approach: An Evidence Based CBT Transdiagnostic Approach for Low-resource Settings

Kristie Metz, Ph.D., *Harvard University*
Stephanie van Wyk, M.P.H., LCSW, *Johns Hopkins University School of Public Health*
Laura Murray, Ph.D., *Department of Mental Health*
Shannon Dorsey, Ph.D., *University of Washington*

Institute 5 | 1:00 p.m. - 6:00 p.m.

Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood

Mary Fristad, Ph.D., *Ohio State University*
Eric Youngstrom, Ph.D., *University of North Carolina*

Institute 6 | 1:00 p.m. - 6:00 p.m.

Emotion Regulation Therapy

Douglas Mennin, Ph.D., *Hunter College*
David Fresco, Ph.D., *Kent State University*

Institute 7 | 1:00 p.m. - 6:00 p.m.

Conceptualizing Patient Beliefs in Cognitive Processing Therapy for PTSD

Patricia Resick, ABPP, Ph.D., *Duke University School of Medicine*
Stefanie LoSavio, Ph.D., *Duke University Medical Center*

Institute 8 | 1:00 p.m. - 6:00 p.m.

Crisis Response Planning for Suicidal Patients

Craig Bryan, ABPP, Psy.D., *University of Utah*

Institute 9 | 1:00 p.m. - 6:00 p.m.

The Problem of Obsessions: How to Boost CBT Effectiveness With Self-Regulatory Strategies

David A. Clark, Ph.D., *University of New Brunswick*
Adam Radomsky, Ph.D., *Concordia University*

Advanced Methodology and Statistics Seminars

A special series of offerings for applied researchers, presented by nationally renowned research scientists. TICKETED SESSIONS

THURSDAY

AMASS 1 | 8:30 a.m.-12:30 p.m.

An Introduction to R for Clinical Scientists

Aaron J. Fisher, Ph.D., *University of California, Berkeley*

AMASS 2 | 1:00 p.m.-5:00 p.m.

Applied Missing Data Analysis

Craig Enders, Ph.D., *UCLA*

Master Clinician Seminars

TICKETED SESSIONS

These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

FRIDAY

MCS 1 | 8:30 a.m. - 10:30 a.m.

Harnessing the Power of Brief Behavioral Interventions: Seven Principles for Success

Kirk Strosahl, Ph.D., *Mountainview Consulting Group*
Patricia Robinson, Ph.D., *Mountainview Consulting Group*

MCS 2 | 8:30 a.m. - 10:30 a.m.

CBT for Difficult-to-Treat Depressed Patients

Judith Beck, Ph.D., *Beck Institute*

MCS 3 | 11:45 a.m. - 1:45 p.m.

Acceptance and Change in Couple Therapy: Integrative Behavioral Couple Therapy

Andrew Christensen, Ph.D., *UCLA*

MCS 4 | 1:45 p.m. - 3:45 p.m.

Alliance-Focused Training for CBT: Strategies for Identifying, Addressing, and Repairing Ruptures in the Therapeutic Alliance in CBT

Jeremy Safran, Ph.D., *New School for Social Research*
J. Christopher Muran, Ph.D., *Adelphi University*
Catherine Eubanks, Ph.D., *Ferkauf Graduate School of Psychology*

MCS 5 | 4:00 p.m. - 6:00 p.m.

Collecting Progress Monitoring Data to Guide Treatment and Contribute to Research

Jacqueline Persons, Ph.D., *Cognitive Behavior Therapy and Science Center and UC-Berkeley*

SATURDAY

MCS 6 | 8:00 a.m. - 10:00 a.m.

Assertive Defense of the Self: CBT for Social Anxiety

Christine Padesky, Ph.D., *Center for Cognitive Therapy*

MCS 7 | 10:15 a.m. - 12:15 p.m.

An Interactive Demonstration of the Unified Protocol for the Treatment of Emotional Disorders in Children (UP-C)

Jill Ehrenreich-May, Ph.D., *University of Miami*

MCS 8 | 11:45 a.m. - 1:45 p.m.

Cognitive Therapy for Decision Making: Overcoming Problems in How People Make Faulty Decisions

Robert Leahy, Ph.D., *American Institute for Cognitive Therapy*

Workshops

TICKETED SESSIONS

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes

FRIDAY

Workshop 1 | 8:30 a.m. - 11:30 a.m.

Contextual Behavioral Therapies for Gender and Sexual Minorities

Matthew Skinta, ABPP, Ph.D., *Palo Alto University*
Danny Ryu, M.S., PGSP, *Stanford Psy.D. Consortium*

Workshop 2 | 8:30 a.m. - 11:30 a.m.

The Nuts and Bolts: Practical Strategies and Tools for Effective Implementation of CBT for Child and Adolescent Anxiety Disorders in Diverse Contexts

Muniya Khanna, Ph.D., *Children's Hospital of Philadelphia/Children and Adult's Center for OCD & Anxiety*
Deborah Ledley, Ph.D., *Children's and Adult Center for OCD and Anxiety*

Workshop 3 | 11:45 a.m. - 2:45 p.m.

Adolescent Behavioral Activation Program

Elizabeth McCauley, ABPP, Ph.D., *University of Washington*
Kelly Schloretdt, Ph.D., *Seattle Children's Hospital*
Gretchen Gudmundsen, Ph.D., *University of Washington*
Christopher Martell, Ph.D., *University of Massachusetts Amherst*

Workshop 4 | 3:00 p.m. - 6:00 p.m.

Case Formulation and Treatment Planning in Dialectical Behavior Therapy

Shireen Rizvi, ABPP, Ph.D., *Rutgers University*
Jennifer Sayrs, ABPP, Ph.D., *Evidence Based Treatment Centers of Seattle*

Workshop 5 | 3:00 p.m. - 6:00 p.m.

Practical Skills for Practicing in Integrated Primary Care Settings

Ryan Landoll, ABPP, Ph.D., *Uniformed Services University*
Jeffrey Goodie, ABPP, Ph.D., *Uniformed Services University*
Kathryn Kanzler, Psy.D., *UT Health San Antonio*
Lisa Kearney, ABPP, Ph.D., *VA Center for Integrated Healthcare*

Workshop 6 | 3:00 p.m. - 6:00 p.m.

When Helping Doesn't Help: Overcoming Therapeutic Resistance With TEAM-CBT

David Burns, M.D., *Stanford University School of Medicine*
Jill Levitt, Ph.D., *Feeling Good Institute*

SATURDAY

Workshop 7 | 8:00 a.m. - 11:00 a.m.

Individual and Group Cognitive-Behavioral Therapy for Diverse Addictive Behaviors

Bruce Liese, Ph.D., *University of Kansas*

Workshop 8 | 8:00 a.m. - 11:00 a.m.

Applying CBT in the Digital Age: E-Mental Health Resources and Skills for Practitioners

Michael Kyrios, Ph.D., *Research School of Psychology, Australian National University*

Workshop 9 | 8:00 a.m. - 11:00 a.m.

Thinking Skills for Work: Cognitive Remediation to Improve Work in People With Serious Mental Illness

Susan McGurk, Ph.D., *Boston University*
Kim Mueser, Ph.D., *Center for Psychiatric Rehabilitation, Boston University*

Workshop 10 | 11:15 a.m. - 2:15 p.m.

Trauma Informed Guilt Reduction: A Transdiagnostic Cognitive Behavioral Therapy for Posttraumatic Distress

Carolyn Allard, Ph.D., *VA San Diego Healthcare System/UC San Diego*
Sonya Norman, Ph.D., *National Center for PTSD; Center of Excellence for Stress and Mental Health and VA San Diego Healthcare*
Brittany Davis, Ph.D., *James A. Haley Veteran's Hospital*
Christy Capone, Ph.D., *Alpert Medical School, Brown University / Providence VA Medical Center*
Kendall Browne, Ph.D., *Center of Excellence in Substance Abuse Treatment and Education*

Workshop 11 | 11:15 a.m. - 2:15 p.m.

Developing and Deepening Your Experiential Practice in Acceptance and Commitment Therapy

Jill Stoddard, Ph.D., *Alliant International University*
Kelsey Schraufnagel, Psy.D., *Gateway Psychiatric Institute*

Workshop 12 | 2:30 p.m. - 5:30 p.m.

Tricking Coyote: Cutting-Edge Strategies for Harnessing Motivation

Eugenia Gorlin, Ph.D., *Boston University*
Michael Otto, Ph.D., *Boston University*

Workshop 13 | 2:30 p.m. - 5:30 p.m.

Culturally Adapting Psychotherapy for Diverse Populations: An Evidence-Based Approach

Wei-Chin Hwang, Ph.D., *Claremont McKenna College and Private Practice*

Workshop 14 | 2:30 p.m. - 5:30 p.m.

Beyond Panic: Applying Interoceptive Exposure Across the Anxiety-Related Conditions and Life Span

Shannon Blakey, M.S., *University of North Carolina at Chapel Hill*
Jonathan Abramowitz, Ph.D., *University of North Carolina at Chapel Hill*

Workshop 15 | 2:30 p.m. - 5:30 p.m.

Conducting Psychological Assessments for U.S. Immigration Cases

Robert Meyers, Psy.D., JD, *New York Psychological Wellness, PC/St. Johns University*

General Sessions

NO TICKET REQUIRED

Clinical Roundtables, Mini Workshops, Panel Discussions, and Symposia are part of the general program: no tickets are required.

■ CLINICAL ROUNDTABLES

Applications of the Unified Protocol: Implementing Transdiagnostic Strategies for Complex and Highly Comorbid Clinical Cases

Moderator: Heather Latin, Ph.D.
Panelists: Todd Farchione, Ph.D., Shannon Sauer-Zavala, Ph.D., Laren Conklin, Ph.D., Kristen Ellard, Ph.D.

Applying Dialectical Behavior Therapy to the Treatment of Emotion Dysregulation in Gender-Diverse People

Moderator: Colleen Sloan, Ph.D.
Panelists: Jillian Shipherd, Ph.D., Danielle Berke, Ph.D., Adam Carmel, Ph.D., Colleen Sloan, Ph.D.

Couple Therapy and Research, Plus or Minus Forty: A Brief Look Back, a Major Look Forward

Moderator: Howard Markman, Ph.D.
Panelists: Donald Baucom, Ph.D., Andrew Christensen, Ph.D., Kurt Halweg, W. Kim Halford, Ph.D.

Demonstration of Two Psychotherapy Approaches With One Client

Moderator: Raymond DiGiuseppe, ABPP, Ph.D.
Panelists: Kristene Doyle, Ph.D., Robert Leahy, Ph.D., Jessica Randel, B.A.

Demystifying Cognitive-Behavioral Interventions in Pediatric Medical Populations

Moderator: Becky Lois, Ph.D.
Panelists: Corinne Catarozoli, Ph.D., Christina Salley, Ph.D., Lara Brodzinsky, Psy.D., Samantha Miller, Ph.D., Johanna Carpenter, Ph.D.

Do All Roads Lead to Rome? Examining the Treatment of OCD From Different Theoretical Perspectives

Moderator: Lata McGinn, Ph.D.
Panelists: Jonathan Abramowitz, Ph.D., Adam Radomsky, Ph.D., Michael Twohig, Ph.D.

Enhancing Recovery From PTSD With Co-Occurring Psychosis in Veterans

Moderator: Carolyn Allard, Ph.D.
Panelists: Dimitri Perivoliotis, Ph.D., Yuliana Gallegos Rodriguez, Ph.D., Eric Eichler, LCSW, Fernando Alessandri, Ph.D.

Exploring the Fullness of Time: Delivering Effective Mindfulness- and Acceptance-Based Interventions and Programs for Older Adults

Moderator: Donald Marks, Psy.D.
Panelists: Jennifer Block-Lerner, Ph.D., Patricia Marino, Ph.D., Jeffrey Greeson, Ph.D., Steven Hickman, Psy.D., Jed Seltzer, M.A.

Reducing Cognitive Load of CBT: Process of Adapting and Implementing CBT in a Low-Literacy Chronic Pain Population

Moderator: John Burns, Ph.D.,
Panelists: Beverly Thorn, ABPP, Ph.D., Benjamin Van Dyke, M.A., Calia Torres, M.A., Andrea Newman, B.A.

Strategies for Successful Implementation of Measurement-Based Care Implementation Across Diverse Contexts

Moderators: Corey Fagan, Ph.D., Richard N. Leightweis, Ph.D.
Panelists: Whitney Black, M.D., Christianne Esposito-Smythers, Ph.D., Alyssa Gatto, B.A., Freda Liu, Ph.D., Robyn Mehlenbeck, ABPP, Ph.D.

Targeting Barriers to Evidence-Based Practice in Diverse Populations

Moderator: Christine Laurine, B.A., Sannisha Dale, Ph.D.
Panelists: Janie Hong, Ph.D., Lloyd Chapman, Ph.D., John Klocek, Ph.D., Michael Newcomb, Ph.D., Antonio Polo, Ph.D.

The Traumatized, Suicidal Adolescent: Treatment Considerations in the Application of DBT-A and PE-A

Moderator: Amanda Edwards, LCSW
Panelists: Colleen Lang, Ph.D., Elissa Brown, Ph.D., Melanie Harned, Ph.D.

Treating Anxiety Disorders From Early Childhood to Late Adulthood: Developmental Adaptations and Clinical Wisdom

Moderator: Anne Marie Albano, ABPP, Ph.D.
Panelists: Shannon Bennett, Ph.D., R. Meredith Elkins, Ph.D., Patricia Marino, Ph.D., Donna Pincus, Ph.D.

Using Evidence-Based Practices With Specific Religious and Nonreligious Populations

Moderator: Caleb Lack, Ph.D.
Panelists: Harold Robb, Ph.D., David Rosmarin, ABPP, Ph.D., Michelle Pearce, Ph.D., Shadi Beshai, Ph.D.

■ MINI WORKSHOPS

Mini Workshop 1 Using Telemental Health in Diverse Contexts to Overcome Barriers of Access to Care

Daniel Hoffman, ABPP, Ph.D., Northwell Health Zucker Hillside Hospital
Mary Karapetian Alvord, Ph.D., Alvord, Baker & Associates, LLC
Jonathan Comer, Ph.D., Florida International University

Mini Workshop 2 Taking ERP From Treatment Manual to Your Patients: A (Fun) Guide to Application

Patrick McGrath, Ph.D., AMITA Health

Mini Workshop 3 Spirituality and Cognitive Behavioral Therapy

David Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School, Center for Anxiety

Mini Workshop 4 A Winter-Break Model of Treating College-Age Young Adults With OCD: The Fast Track to Improvement

Avital Falk, Ph.D., Weill Cornell Medical College
Shannon Bennett, Ph.D., Weill Cornell Medical College

Mini Workshop 5

Everything You Need to Know About Your Patients' Sex Life, but Are Afraid to Ask

Risa Weisberg, Ph.D., VA Boston Healthcare System / Boston University School of Medicine

Mini Workshop 6

"What Do You Mean, 'Think About My Thinking?'" Making Abstract Concepts Come to Life in CBT for Kids

Sarah Kate Bearman, Ph.D., University of Texas at Austin
Joanna Robin, Ph.D., Westchester Anxiety Treatment Psychological Services, PC

Mini Workshop 7

Therapist Drift in CBT: Why Well-Meaning Clinicians Do Dumb Things (and How to Do Fewer of Them)

Glenn Waller, DPhil, The University of Sheffield

Mini Workshop 8

Integrating *Mind Over Mood* (2nd Ed.) With Evidence-Based Practice
Christine Padesky, Ph.D., Center for Cognitive Therapy

Mini Workshop 9

End the Insomnia Struggle: Enhancing Cognitive Behavioral Therapy for Insomnia Using Acceptance and Commitment Therapy

Alisha Brosse, Ph.D., Private Practice and University of Colorado Boulder
Colleen Ehrnstrom, Ph.D., Eastern Colorado Healthcare System

Mini Workshop 10

Targeting Military Trauma With Adaptive Disclosure

Brett Litz, Ph.D., VA Boston Healthcare System
Julie Yeterian, Ph.D., VA Boston Healthcare System
Matt Gray, Ph.D., University of Wyoming
Danielle Berke, Ph.D., Boston VA Medical Center

Mini Workshop 11

Cultural Competence Matters: Clinical Adaptations to Effectively Address Race-Based Stress in Black Clients

Monica Johnson, Psy.D., Cherokee Health Systems
Michelle Melton, Psy.D., US Department of Veteran Affairs, Phoenix

Mini Workshop 12

Cognitive Behavior Therapy for Personality Disorders

Judith Beck, Ph.D., Beck Institute

Mini Workshop 13

Delivering Culturally Competent Behavioral Couple Therapy When Working With Same-Sex Couples

Brian Buzzella, Ph.D., VA San Diego Healthcare System
Sarah Whitton, Ph.D., University of Cincinnati
Shelby Scott, Ph.D., Denver VA Medical Center

Mini Workshop 14

Teaching and Disseminating Behavioral Medicine Principles to Primary Care Physicians and Allied Health Professionals

Pooja Dave, Ph.D., Nancy Beckman, Ph.D., Andrea Busby, Ph.D., University of Chicago Medicine

Mini Workshop 15

Behavioral Couples Therapy for Substance Use Disorders

Keith Klostermann, NCC, Medaille College

Mini Workshop 16

Psychological Services in Forensic and Correctional Settings: Treatment, Safety, and Ethical Issues

Michael Wydo, ABPP, Psy.D., US Dept. of Justice / Federal Bureau of Prisons

Mini Workshop 17

Implementation of Cognitive Behavioral Therapy With Children and Adolescents in School Settings

Torrey Creed, Ph.D., University of Pennsylvania School of Medicine

Mini Workshop 18

Exposure-Based Treatment for Eating Disorders: Addressing Anxiety on Both Sides of the Table

Carolyn Becker, Ph.D., Trinity University
Glenn Waller, DPhil, The University of Sheffield

Mini Workshop 19

Recovery-Oriented Cognitive Therapy for Schizophrenia: An Evidence-Based Program for Individuals With Schizophrenia, in and out of the Hospital

Paul Grant, Ph.D., Aaron Brinen, Psy.D., Ellen Inverso, Psy.D., Aaron Beck, M.D., University of Pennsylvania

■ **PANEL DISCUSSIONS**

Panel Discussion 1

Social Work Training in CBT: The Columbia DBT Training Program

Moderator: Andre Ivanoff, Ph.D.
Panelists: Jennifer Stefanik, MSW, Jacquelyn Smith, MSSW, LCSW-R, Lauren Bochicchio, MSW, Nancy Ring, MSW, LCSW-R, Hilary Ferris White, MSW

Panel Discussion 2

New Grounds to Promote CBT in Diverse Contexts: Clinical Practice Guidelines for Clinical Training, Practice, Research, and Policy

Moderator: Bethany Teachman, Ph.D.
Panelists: Timothy Cavell, Ph.D., Gregory Aarons, Ph.D., Jason Satterfield, Ph.D., Kimberly Hepner, Ph.D., Steven Hollon, Ph.D., Lynn Bufka, Ph.D.

Panel Discussion 3

Translational Collaborations to Further Integration and Exploration of Neural Mechanisms Across Diverse Treatment Contexts

Moderator: Kate Noonan, Ph.D.
Panelists: Greg Siegle, Ph.D., John McQuiad, Ph.D., Rudi De Raedt, Ph.D., Vanessa Brown, M.S., Kean Hsu, Ph.D.

Panel Discussion 4

Neural Network Models: Relevance for the Present and Future of CBT

Moderator: Jonathan Hoffman, ABPP, Ph.D.
Panelists: Dean McKay, ABPP, Ph.D., Greg Siegle, Ph.D., Kristen Ellard, Ph.D.

Panel Discussion 5

Charting Clinical Psychology Careers in Behavioral Medicine Settings

Moderators: Nicholas Perry, M.S., Aaron Blashill, Ph.D.
Panelists: Cara Fuchs, Ph.D., Trevor Hart, Ph.D., Jason Satterfield, Ph.D., Christina Luberto, Ph.D.

Panel Discussion 6

If I Knew Then What I Know Now: Best Practices in Ambulatory Assessment of High-Risk Populations

Moderators: Kate Bentley, M.A., Sarah Victor, M.A.
Panelists: Matthew Nock, Ph.D., Mitch Prinstein, ABPP, Ph.D., M. Zachary Rosenthal, Ph.D., Jason Lavender, Ph.D., Brian Baucom, Ph.D.

Panel Discussion 7

Treating Military Service Members, Veterans, and Their Families in the Private Sector: A Consortium of New York Hospitals

Moderator: Todd Adamson, Psy.D.

Panelists: Ari Lowell, Ph.D., Michael Valdivinos, ABPP, Psy.D., Amanda Spray, Ph.D.

Panel Discussion 8

Incorporating Contextual, Sociopolitical, and Culture-Based Cues in Mindfulness and Acceptance-Based Therapies

Moderator: Jason Lillis, Ph.D.

Panelists: Shelly Harrell, Ph.D., Akihiko Masuda, Ph.D., Lizabeth Roemer, Ph.D., Lindsey West, Ph.D.

Panel Discussion 9

You Will Get Better and You Won't: Using Brain Imaging and Biomarkers to Predict Treatment Response

Moderator: Simon Rego, ABPP, Psy.D.

Panelists: Ed Craighead, Ph.D., Stefan Hofmann, Ph.D., Barbara Rothbaum, Ph.D., David Tolin, ABPP, Ph.D.

Panel Discussion 10

Effective Interventions in Mental Health: Netherlands Institute for Advanced Studies 2017 Depression Theme Group

Moderators: Greg Siegle, Ph.D., Claudi Bockting, Ph.D.

Panelists: Steven Hollon, Ph.D., Michael Thase, M.D.

Panel Discussion 11

Breaking Through the Ivory Ceiling: Strategies and Successes for Women in Psychology and the Clinical Sciences

Moderators: Alex Keller, M.A., Lydia Chevalier, M.A.

Panelists: Gail Steketee, Ph.D., MSW, Sabine Wilhelm, Ph.D., Shannon Bennett, Ph.D., Emily Ricketts, Ph.D.

Panel Discussion 12

Primary Care Behavioral Health: Practical Concerns and Pragmatic Advice in Applying CBT in Primary Care Settings

Moderator: Risa Weisberg, Ph.D.

Panelists: Jeffrey Goodie, ABPP, Ph.D., Patricia Robinson, Ph.D., Abbie Beacham, Ph.D., Cara Fuchs, Ph.D., Kristin Gregor, Ph.D.

Panel Discussion 13

Shortening the Science-to-Service Pipeline: Forming a Tighter Link Between Neuroscience and Implementation Science

Moderator: Cassidy Gutner, Ph.D.

Panelists: Shannon Stirman, Ph.D., Debra Kaysen, Ph.D., Greg Siegle, Ph.D., Philippe Goldin, Ph.D.

Panel Discussion 14

The Current State of PTSD Diagnosis: Controversies and Future Directions

Moderators: Molly Franz, M.A., Christina Hein, M.A.

Panelists: Edna Foa, Ph.D., Dean Kilpatrick, Ph.D., Brian Marx, Ph.D., Richard McNally, Ph.D., Patricia Resick, ABPP, Ph.D.

Panel Discussion 15

Multicultural Research Meets Evidence-Based Practice: Achievement in College Students From Underrepresented Ethnic Groups

Moderator: Maren Westphal, Ph.D.

Panelists: Maren Westphal, Ph.D., Stefan Hofmann, Ph.D., Anne Marie Albano, ABPP, Ph.D., Swati Desai, Ph.D., LCSW, Laura Knouse, Ph.D.

Panel Discussion 16

DBT in College Counseling Centers

Moderator: Jim Mazza, Ph.D.

Panelists: Amanda Uliaszek, Ph.D., Carla Chugani, Ph.D., Jacqueline Pistorello, Ph.D., Tina Goldstein, Ph.D., Monicah Muhomba, Ph.D.

Panel Discussion 17

Evidence-Based Treatments for Youth With Autism Spectrum Disorder and Other Neurodevelopmental Disabilities

Moderator: Audrey Blakeley-Smith, Ph.D.

Panelists: Susan Hepburn, Ph.D., Judy Reaven, Ph.D., Cara Pugliese, Ph.D., Emily Kuschner, Ph.D.

Panel Discussion 18

Intensive Group Behavioral Treatments for Children and Early Adolescents With Selective Mutism

Moderators: Jami Furr, Ph.D., Cristina del Busto, Ph.D.

Panelists: Steve Kurtz, ABPP, Ph.D., Rachel Merson, Psy.D., Shelley Avny, Ph.D., Erin O'Connor, M.A.

Panel Discussion 19

Developing and Deploying Effective Mobile and Connected Mental Health Intervention Efforts for Youth and Families

Moderator: Denise Pintello, Ph.D., MSW

Panelists: Ryan Stoll, M.A., Armando Pina, Ph.D., Kevin Gary, Ph.D., Donna Pincus, Ph.D., Mina Johnson-Glenberg, Ph.D., Deborah Beidel, ABPP, Ph.D.

Panel Discussion 20

Treating Obsessive-Compulsive Spectrum Disorders in Diverse Contexts and Populations

Moderator: David Houghton, M.S.

Panelists: Shannon Bennett, Ph.D., Matthew Capriotti, M.S., Flint Espil, Ph.D., Christopher Flessner, Ph.D., Martin Franklin, Ph.D., Douglas Woods, Ph.D.

Panel Discussion 21

Innovation and Implementation: Technology as a Tool to Reduce Mental Health Disparities

Moderators: Allura Ralston, B.A., Arthur Andrews, III, Ph.D.

Panelists: Debra Hope, Ph.D., Denise Chavira, Ph.D., Matthew Price, Ph.D., Adrian Aguilera, Ph.D.

Panel Discussion 22

Exploring the Intersection of Policy, Practice, and Research: Adapting an Evidence-Based Ecological Intervention

Moderator: Suzanne Kern, Ph.D.

Panelists: Kitty Dahl, Ph.D., Kristin Presteng, B.S., Oda Skagseth, M.S., Sarah Cusworth Walker, Ph.D., Eric Trupin, Ph.D., Pal Christian Bergstrom, M.S.

Panel Discussion 23

Process-Based CBT

Moderator: Steven Hayes, Ph.D.

Panelists: Stefan Hofmann, Ph.D., Steven Hayes, Ph.D., Michelle Craske, Ph.D.

Panel Discussion 24

Pediatric Primary Care Opportunities for Implementing Behavioral and Cognitive Therapy Interventions and Consultations

Moderator: David Curtis, Ph.D.

Panelists: Stephanie Chapman, Ph.D., Arlene Gordon-Hollingsworth, Ph.D., Christie Gardner, Ph.D., Jennifer Kazmerski, Ph.D.

Panel Discussion 25

Prevent or Permit? The Issue of Safety Behavior Use During Exposure Therapy for Anxiety

Moderator: Shannon Blakey, M.S.

Panelists: Jonathan Abramowitz, Ph.D., Brett Deacon, Ph.D., David Tolin, ABPP, Ph.D., Adam Radomsky, Ph.D., Roz Shafran, Ph.D.

Panel Discussion 26

Considering the "Modern Family": Multicultural Identities in Family-Based CBT

Moderator: Lillian Reuman, M.A.

Panelists: Christopher Martell, Ph.D., Monnica Williams, Ph.D., Deborah Jones, Ph.D., Denise Chavira, Ph.D.

Panel Discussion 27

Supporting Implementation of Evidence-Based Practices in School and Community Settings

Moderator: Marc Atkins, Ph.D.

Panelists: Elizabeth Schaughency, Ph.D., Aaron Lyon, Ph.D., Eric Bruns, Ph.D., Michael Pullman, Ph.D., Stacy Frazier, Ph.D.

Panel Discussion 28

How Do We Improve Engagement in Evidence-Based Therapies for Individuals From Diverse Backgrounds? Suggested Strategies

Moderators: Hyun Kim, M.A., Broderick Sawyer, M.A.

Panelists: Anu Asnaani, Ph.D., Janie Hong, Ph.D., Aya Williams, M.A., Sannisha Dale, Ph.D., Nadine Chang, Ph.D.

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Emily Becker-Haimes, Ph.D., Chair
Rinad Beidas, Ph.D., Discussant

Taking Treatment With You: Enhancing CBT Using Technology

Marie Forgeard, Ph.D., Chair
Dror Ben-Zeev, Ph.D., Discussant

The Dissemination of Personalized Evidenced-Based Psychotherapy Treatments for High-Risk Older Adults

Patricia Marino, Ph.D., Chair
Patrick Raue, Ph.D., Discussant

The Forgotten Psychologies: Understanding and Treating Perfectionism, Procrastination, and Self-Criticism

Maureen Whittal, ABPP, Ph.D., Chair
Adam Radomsky, Ph.D., Discussant

The Neurobiology of Reward and Punishment: No Free Lunch in Life

Thilo Deckersbach, Ph.D., Chair
Michael Otto, Ph.D., Discussant

The Role of Trauma-Related Cognitions in PTSD

Stefanie LoSavio, Ph.D., Chair
Patricia Resick, ABPP, Ph.D., Discussant

The Utility of Network Analysis for CBT: Clinical Integration

Nader Amir, Ph.D., Chair & Discussant

Therapist Effects: Current Knowledge, Empirical Advances, and Implications

James Boswell, Ph.D., Chair
David Atkins, Ph.D., Discussant

Toward the Clinical Application of Cognitive Bias Modification: Addressing the Psychometric Properties of Measure
Nader Amir, Ph.D., Chair

Transdiagnostic Examination of the Impact of DBT Skills and Strategies on Emotion Regulation
Lillian Krantz, M.A., Chair
M. Zachary Rosenthal, Ph.D., Discussant

Translational Research on Emerging Risk and Maintenance Factors for PTSD
Nicole Short, M.S., Chair
Joseph Boffa, M.S., Chair
Sheila Rauch, ABPP, Ph.D., Discussant

Trauma and Posttraumatic Cognitions: Differences Across Diverse Populations
Minden Sexton, Ph.D., Chair
Margaret Davis, Ph.D., Chair
Sheila Rauch, ABPP, Ph.D., Discussant

Treating Dysregulated Anger in Traumatized Populations: Outreach Along the Continuum of Care
Margaret-Anne Mackintosh, Ph.D., Chair
Tara Galovski, Ph.D., Discussant

Treatment of Families of Children With ADHD Across Diverse Contexts
Rosanna Breaux, M.S., Ph.D., Chair
Dara Babinski, Ph.D., Chair
Charlotte Johnston, Ph.D., Discussant

Underlying Risk Factors of Addictions and Their Implication for Treatment
Jeremiah Weinstock, Ph.D., Chair
Sherry Stewart, Ph.D., Discussant

Understanding the Role of Diversity in Treatment Response to Rehabilitative Approaches in Schizophrenia
Felice Reddy, Ph.D., Chair
Will Spaulding, Ph.D., Discussant

Understanding the Underlying Mechanisms of Bipolar Disorder: Preliminary Data on Inflammation
Louisa Sylvia, Ph.D., Chair
Eric Youngstrom, Ph.D., Discussant

Using Computers, Internet, and Mobile Applications to Treat Anxiety: A Mechanisms Approach
Andrea Niles, Ph.D., Chair
Richard McNally, Ph.D., Discussant

Utilizing Technology-Based Interventions to Increase Access to Evidence-Based Treatments for Internalizing Disorders
Jennifer Dahne, Ph.D., Chair
Stephen Schueller, Ph.D., Discussant

What Influences Therapist Delivery of Child Evidence-Based Interventions in Community Mental Health Settings?
Nicole Stadnick, M.P.H., Ph.D., Chair
Kelsey Dickson, Ph.D., Chair
Miya Barnett, Ph.D., Discussant

Where Do We Start? Early Intervention and Treatment for Young Children With ADHD Across Diverse Contexts
Bridget Poznanski, B.S., Chair
Katie Hart, Ph.D., Chair
Gregory Fabiano, Ph.D., Discussant

Invited Addresses & Lifetime Achievement Address

Invited Address 1
Friday, 12:30 p.m.– 1:30 p.m.
"Cultural Competency: Political Correctness or Necessity?"
Stanley Sue, Ph.D., *Emeritus Distinguished Professor of Clinical Psychology at Palo Alto University and Emeritus Distinguished Professor of Psychology at UC Davis*

Invited Address 2
Saturday, 12:00 p.m.– 1:00 p.m.
Applying Evidence-Based CBT Principles to Disease Prevention and Self-Care in Diverse, Sexual Minority and Global Populations: Lessons Learned From HIV/AIDS
Steven A. Safren, Ph.D., ABPP,
University of Miami

Invited Address 3
Saturday, 1:45 p.m.– 2:45 p.m.
Cognitive Behavioral Therapy with Low-income and Minority Communities
Jeanne Miranda, Ph.D., *UCLA*

Lifetime Achievement Address
Friday, 11:00 a.m.– 12:00 p.m.
DBT: Where We Are, Where We Were and Where We Are Going
Marsha M. Linehan, Ph.D., ABPP,
University of Washington

PRESIDENTIAL ADDRESS

Saturday, 5:30 – 6:30 PM | Sapphire Ballroom, Level 4, Sapphire Level

Gail S. Steketee, Ph.D., M.S.W., *Boston University School of Social Work*

**Team Science Across Disciplines:
Advancing CBT Research and Practice for Hoarding**

Special Interest Group Meetings

Attendance at an ABCT SIG meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders, or unique populations.

Addictive Behaviors • Saturday, 1:45 p.m. – 3:15 p.m.,
Sapphire 411, Level 4, Sapphire Level

African Americans in Behavior Therapy • Friday, 10:30
a.m. – 12:00 p.m., Sapphire 411, Level 4, Sapphire Level

Aging Behavior & Cognitive Therapy • Friday, 12:00 p.m.–
1:00 p.m., Aqua 309, Level 3, Aqua Level

Anxiety Disorders • Friday, 12:00 p.m. – 1:30 p.m., Indigo
206, Level 2, Indigo Level

**Asian American Issues in Behavior Therapy
& Research** • Saturday, 12:00 p.m. – 1:30 p.m., Aqua 310,
Level 3, Aqua Level

Attention-Deficit/Hyperactivity Disorder (ADHD) •
Saturday, 10:15 a.m. – 11:45 a.m., Aqua 310, Level 3, Aqua Level

Autism Spectrum and Developmental Disorder •
Friday, 10:15 a.m. – 11:45 a.m., Indigo 206, Level 2,
Indigo Level

Behavior Analysis • Saturday, 10:15 a.m. – 11:45 a.m.,
Sapphire 411, Level 4, Sapphire Level

Behavioral Medicine and Integrated Primary Care •
Saturday, 3:30 p.m. – 5:00 p.m., Sapphire 411, Level 4,
Sapphire Level

Behavioral Sleep Medicine • Saturday, 10:15 a.m. – 11:45
a.m., Indigo 206, Level 2, Indigo Level

Bipolar Disorder • Saturday, 10:15 a.m. – 11:45 a.m., Aqua
309, Level 3, Aqua Level

Child and Adolescent Anxiety • Friday, 1:45 p.m. – 3:15
p.m., Indigo 206, Level 2, Indigo Level

Child and Adolescent Depression • Saturday, 12:00 p.m. –
1:00 p.m., Aqua 309, Level 3, Aqua Level

Child and School-Related Issues • Saturday, 2:30 p.m. –
3:30 p.m., Aqua 309, Level 3, Aqua Level

Child Maltreatment and Interpersonal Violence •
Friday, 1:30 p.m. – 3:00 p.m., Aqua 309, Level 3, Aqua Level

Clinical Psychology at Liberal Arts Colleges • Saturday,
8:30 a.m. – 10:00 a.m., Indigo 206, Level 2, Indigo Level

Clinical Research Methods and Statistics • Friday,
3:15 p.m. – 4:15 p.m., Sapphire 411, Level 4, Sapphire Level

Cognitive Therapy • Friday, 4:45 p.m. – 5:45 p.m., Indigo
206, Level 2, Indigo Level

Couples Research and Treatment • Friday, 9:15 a.m. –
10:15 a.m., Sapphire 411, Level 4, Sapphire Level

Dissemination and Implementation Science •
Saturday, 8:30 a.m. – 10:00 a.m., Juilliard & Imperial Rooms,
5th Floor

Forensic Issues and Externalizing Behaviors •
Saturday, 12:00 p.m. – 1:30 p.m., Sapphire 411, Level 4,
Sapphire Level

Functional Analytic Psychotherapy • Saturday, 1:15 p.m. –
2:15 p.m., Aqua 309, Level 3, Aqua Level

Hispanic Issues in Behavior Therapy • Friday, 4:30 p.m.
– 6:00 p.m., Aqua 309, Level 3, Aqua Level

Men's Mental and Physical Health • Sunday, 10:15 a.m. –
11:45 a.m., Aqua 310, Level 3, Aqua Level

Military Psychology • Saturday, 12:00 p.m. – 1:30 p.m.,
Indigo 206, Level 2, Indigo Level

Mindfulness and Acceptance • Saturday, 3:45 p.m. – 5:15
p.m., Aqua 309, Level 3, Aqua Level

**Native American Issues in Behavior Therapy and
Research** • Friday, 3:15 p.m. – 4:15 p.m., Aqua 309, Level 3,
Aqua Level

Neurocognitive Therapies/Translational Research •
Saturday, 4:00 p.m. – 5:30 p.m., Indigo 206, Level 2, Indigo
Level

Obesity and Eating Disorders • Friday, 4:30 p.m. – 6:00
p.m., Sapphire 411, Level 4, Sapphire Level

Oppression and Resilience: Minority Mental Health •
Sunday, 8:30a.m. – 10:00a.m., Aqua 309, Level 3, Aqua Level

Parenting and Families • Saturday, 8:30 a.m. – 10:00 a.m.,
Sapphire 411, Level 4, Sapphire Level

Schizophrenia and Other Serious Mental Disorders •
Friday, 1:30 p.m. – 3:00 p.m., Sapphire 411, Level 4, Sapphire
Level

Spiritual and Religious Issues • Friday, 3:30 p.m. – 4:30
p.m., Indigo 206, Level 2, Indigo Level

Student • Sat., 1:45 – 3:15 p.m., Aqua 310, Level 3, Aqua Level

Study of Gay, Lesbian, Bisexual, and Transgender •
Saturday, 1:45 p.m. – 3:15 p.m., Indigo 206, Level 2, Indigo
Level

Suicide and Self-Injury • Saturday, 8:30 a.m. – 10:00 a.m.,
Aqua 309, Level 3, Aqua Level

Technology and Behavior Change • Friday, 8:30 a.m. –
10:00 a.m., Aqua 309, Level 3, Aqua Level

TIC and Impulse Control Disorders • Friday, 12:15 p.m. –
1:15 p.m., Sapphire 411, Level 4, Sapphire Level

Trauma and PTSD • Friday, 10:15 a.m. – 11:45 a.m., Aqua
309, Level 3, Aqua Level

Women's Issues in Behavior Therapy • Friday, 8:30 a.m.–
10:00 a.m., Indigo 206, Level 2, Indigo Level

Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of October 16. Beginning October 17 all registrations will be processed at the on-site rates. Please note: Convention Program Books will be distributed on-site.

To receive member registration fees, members must renew for 2018 before completing their registration process or to join as a New Member of ABCT: (<https://www.abctcentral.org/eStore/index.cfm>)

Preconvention Ticketed Sessions & Registration Preconvention Sessions will be held on Wednesday, November 15, and Thursday, November 16 at the Hilton San Diego Bayfront Hotel. All preconvention sessions are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for the Clinical Intervention Training Session 1 (scheduled for Wednesday and Thursday) that has open spots will be on sale on Wednesday from 7:30 a.m. – 9:00 a.m. in front of Aqua 310 on the 3rd Floor, Aqua Level.

Registration for all other PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the Hilton San Diego Bayfront Hotel at the ABCT Onsite Registration area on the 4th Floor, Sapphire Level.

- Thursday, November 16: 7:30 a.m. – 6:00 p.m.
- Friday, November 17: 7:30 a.m. – 6:00 p.m.
- Saturday, November 18: 7:30 a.m. – 6:00 p.m.
- Sunday, November 19: 7:30 a.m. – 1:00 p.m.

General Registration

Upon arrival at the Hilton San Diego Bayfront Hotel, you can pick up the program book, addendum, additional convention information, and ribbons at the Pre-Registration Desk on the 4th floor, Sapphire Level.

PLEASE REMEMBER TO BRING CONFIRMATION LETTER WITH YOU TO THE MEETING.

Onsite Registration AND Preregistration pickup will be open:

- Thursday, November 16: 7:30 a.m. – 6:30 p.m.
- Friday, November 17: 7:30 a.m. – 6:30 p.m.
- Saturday, November 18: 7:30 a.m. – 6:30 p.m.
- Sunday, November 19: 7:30 a.m. – 1:00 p.m.

The general registration fee entitles the registrant to attend all events on November 16 – November 19 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers-Collens at tchilders@abct.org. You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a \$15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed sessions will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED.

To register, please choose one format:

Registering On-Line The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page, or go to www.abct.org/conv2017). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew (<https://www.abctcentral.org/eStore/index.cfm>).

To get member rates at this conference, your ABCT dues must be paid through October 31, 2018. The ABCT membership year is November 1, 2017 – October 31, 2018. To renew, go to abct.org or the on-site membership booth.

Registering by Fax You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will cause double payment. For preregistration rates, please register BEFORE the deadline date of October 16.

Registering by Mail All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, October 16.

Forms postmarked beginning Tuesday, October 17 will be processed at on-site rates. Forms postmarked October 23, or later will be processed on-site. There will be no exceptions. Refund Policy Cancellation refund requests must be in writing. Refunds will be made until the October 16 deadline, and a \$40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after October 16.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Exhibits, ABCT Information Booth Hours

- Friday & Saturday: 8:00 a.m. – 5:30 p.m.
- Sunday, 8:00 a.m. – 1:00 p.m.

Hotel

Hilton San Diego Bayfront Hotel
1 Park Boulevard
San Diego, CA 92101 US

To make a reservation online, go to:
<https://aws.passkey.com/go/ABCT2017>

To make a reservation by phone, call +1 800-445-8667 and use the group code ABCT for the ABCT Convention group rate.

Through this website, you can book, modify or cancel your hotel reservations at any time. When making your reservation you will be asked for a one night deposit, which is refundable up to 72 hours prior to date of arrival.

We look forward to seeing you!

The special ABCT Convention rate is \$229 single, \$249 queen/queen bedded room, per night plus 12.64% tax. These rates will be offered, based on mutual agreement with the Hotel, 3 days before and 3 days after the official Convention dates of November 16 – 19, 2017. For information on a discounted rate for student hotel rooms, contact ABCT Staff at convention@abct.org or call the ABCT Central Office at (212) 647-1890. The block is limited and available on a first-come basis until the block is depleted. If you are interested in upgrading your hotel accommodations, there are limited options available, at an increased rate. See the information when you click the reservation link.

All ABCT Convention scientific sessions will take place at the Hilton San Diego Bayfront Hotel. General registration includes panel discussions, clinical round tables, symposia, mini-workshops, and hundreds of poster sessions. SIG meetings and social events will enable non-stop networking. And don't forget to check out the limited-attendance CE events – both on Thursday and throughout the Convention on Friday through Sunday.

Stay at the Headquarters Hotel to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the headquarter hotel also helps to keep the overall convention expenses to a minimum.

Rooms are available at the ABCT Convention rate until Monday, October 16, 2017. After this date, rooms and rates are subject to rate and room availability. Please be sure to book your reservation early!

Research and Professional Development

Research and Professional Development 1: **Experimental Therapeutics: Diverse Methods for Engaging Mechanisms from Treatment Development to Effectiveness Testing**

Moderators: Shannon Sauer-Zavala, Ph.D., Joel Sherrill, Ph.D.
Panelists: Moria J. Smoski, Ph.D., Adrienne Juarascio, Ph.D., Eric Granholm, Ph.D., Jill Ehrenreich-May, Ph.D.

Research and Professional Development 2: **Evaluation and Delivery of Competency-Based Supervision**

Moderators: Pooja N. Dave, Ph.D., Andrea E. Kass, Ph.D.
Panelists: Carol Falender, Ph.D., Kristin Rodzinka, ABPP, Ph.D., Jason Washburn, Ph.D., Amanda Wickett-Curtis, Psy.D., Shona N. Vas, Ph.D.

Research and Professional Development 3: **Strategies for Providing Effective Training in CBT With Diverse Populations**

Moderator: Sarah E. Kleiman, Ph.D.
Panelists: Monnica T. Williams, Ph.D., Jillian C. Shipherd, Ph.D., Anu Asnaani, Ph.D., Shadi Beshai, Ph.D., Lloyd K. Chapman, Ph.D., Jordana Muroff, Ph.D., LICSW

Research and Professional Development 4: **The Personal Is Political: Mentoring Women Through Career Phases**

Moderator: Barbara W. Kamholz, ABPP, Ph.D.
Panelists: Denise A. Chavira, Ph.D., Muniya Khanna, Ph.D., Elizabeth A. Meadows, Ph.D., Shireen L. Rizvi, ABPP, Ph.D., Risa B. Weisberg, Ph.D., Monnica T. Williams, Ph.D.

Research and Professional Development 5: **What Is Implementation Science and Why Is It Relevant to You?**

Panelists: Byron J. Powell, Ph.D., LCSW, Rinad Beidas, Ph.D., Cara C. Lewis, Ph.D., Aaron R. Lyon, Ph.D.

Research and Professional Development 6: **Using Data to Plug the "Leaky Pipeline": Empirically Supported Approaches for Promoting Gender Equity in the Academy**

Moderators: Julia M. Hormes, Ph.D., Laura E. Sockol, Ph.D.
Panelists: Julia M. Hormes, Ph.D., Laura E. Sockol, Ph.D., C. Alix. Timko, Ph.D., Susan J. Wenzel, Ph.D.

Research and Professional Development 7: **Careers in Clinical Psychology: Which Path Makes Sense For Me?**

Panelists: Sabine Wilhelm, Ph.D., Matthew K. Nock, Ph.D., Jonathan B. Grayson, Ph.D., Barbara W. Kamholz, ABPP, Ph.D., Jed Siev, Ph.D.

Research and Professional Development 8: **Training the Next Generation in Measurement-Based Care: Implementation & Training of Routine Outcome Monitoring in Training Clinics**

Moderator: Lee D. Cooper, Ph.D.
Panelists: Haley G. Murphy, M.S., Rick A. Cruz, Ph.D., Lauren E. Hurd, M.A., Jason C. Levine, Ph.D., A. Paige. Peterson, M.S., Haley G. Murphy, M.S.

Research and Professional Development 9: **Models for Training Clinical Scientists**

Moderator: Jacqueline B. Persons, Ph.D.
Panelists: Matthew D. Lerner, Ph.D., Nancy Liu, Ph.D., David Sbarra, Ph.D., Robert Levenson, Ph.D., Casey L. Brown, M.A., Ryan M. Beveridge, Ph.D.