ABCT 2018 Convention Events
for the
Technology & Behavior Change SIG

Thursday, November 15th

8:30 a.m. – 5:00 p.m – Ticketed Event
Title: 2018 ABCT mHealth Preconference— An Innovation Forum sponsored by the Technology & Neurocognitive Therapies/Translational Research SIGs
Chairs: Kiara Timpano, Kristin Ellard, Emily Lattie, Christina Boisseau
Presenters: Stephen Schueller, Sarah Lord, John Torous, Rebecca Price, Greg Siegle, Lisa Onken, Armen Arevian

Friday, November 16th

8:30 am - 11:30 am
Type: Workshop 3 - Ticketed Event
Title: Identifying and Using Mobile Apps in Clinical Practice
Presenters: Stephen Matthew Schueller, Ph.D., Northwestern University Feinberg School of Medicine Christina Armstrong, Ph.D., Connected Health Branch, Defense Health Agency Martha Neary, M.Sc., Northwestern University Feinberg School of Medicine

8:30 am – 10:00 am
Type: Mini Workshop
Title: Using Technology to Enhance Evidence-Based Treatment: Skill for Developing an Application from the Ground Up
Presenters: Zachary W. Adams, Ph.D., Indiana University School of Medicine Tatiana Davidson, Ph.D., Medical University of South Carolina Leigh Ridings, Ph.D., Medical University of South Carolina

10:15 am – 11:45 am
Type: Panel Discussion
Title: You Can Pay Someone to Do That for You: Partnering with Technology Companies for Behavioral Research
Moderator: Laura Sockol
Panelists: Erika Litvin Bloom, Ph.D., Marie J. C. Forgeard, Ph.D., Gabriela Kattan. Khazanov, M.A., Michael E. Levin, Ph.D.

10:15 am – 11:45 am
Type: Symposium
Title: Behavioral and Cognitive Science-Based Treatment: Harnessing Technology to Enhance Accessibility and Outcomes
Co-Chairs: Daniel W. McNeil, Ph.D., & Jennifer Dahne, Ph.D.
Presenters: Matthew C. Arias, M.S., West Virginia University, Laura Loucks, Ph.D., Emory University School of Medicine, Jennifer Dahne, Ph.D., Medical University of South Carolina, Tatiana Davidson, Ph.D., Medical University of South Carolina
Discussant: Stefan G. Hofmann, Ph.D.

10:15 am – 11:45 am
Type: Symposium
Title: Leveraging Technology to Improve Autism Acceptance and Treatment
Chair: Lauren Kenworthy, Ph.D.
Presenters: Lauren Kenworthy, Ph. D., Children’s National Health System, Laura Anthony, Ph.D., University of Colorado, Cara Pugliese, Ph.D., The George Washington University School of Medicine, John Herrington, Ph.D., Children’s Hospital of Philadelphia
Discussant: Sharon daVanport

10:15 am – 11:45 am
Type: Symposium
Title: Online Relationship Interventions for Low-Income Couples: Results from a Nationwide RCT
Chair: Brian D. Doss, Ph.D. Discussant: Alan J. Hawkins, Ph.D.
Presenters: Scott R. Braithwaite, Ph.D., Brigham Young University, Karen Rothman, M.S. University of Miami, Kayla Knopp, M.A., University of Denver, Galena Rhoades, Ph.D., University of Denver, McKenzie K. Roddy, M.S., University of Miami

12:00 pm – 1:30 pm
Technology and Behavior Change SIG Meeting - 12:00 p.m.- 1:30 p.m., McKinley, Mezzanine Level

12:30 pm – 1:30 pm
Type: Invited Address
Title: The Dodo Bird in the Digital Age: How E-Mental Health Can Improve Prevention and Treatment of Mental Health Problems
Presenter: Pim Cuijpers, Ph.D., Vrije Universiteit Amsterdam

1:45 pm – 2:45 pm
Type: Panel Discussion
Title: Friend or Foe: Social Media’s Relationship with Eating Disorders and its Impact on Research, Prevention, and Clinical Work
Moderator: Laura E. Sproch, Ph.D.
Panelists: Laura E. Sproch, Ph.D., Kimberly P. Anderson, Ph.D., Kate Clemmer, LCSW

1:45 pm – 2:45 pm
Type: Panel Discussion
Title: Managing an Online Mental Health Community for Latinx and Spanish-Speaking Populations
Moderator: Sarah A. Hayes-Skelton, Ph.D.
Panelists: Bryan Balvaneda, M.A., Natalie Arbid, M.A., Marta E. Pagán Ortiz, M.S.

1:45 pm – 2:45 pm
Type: Spotlight Research
Title: Using Technology to Target Risk Factors for Psychopathology
Chair: Kiara Timpano, Ph.D., University of Miami
Panelist: Brad B. Schmidt, Ph.D., Florida State University

1:45 pm – 3:15 pm
Type: Symposium
Title: Integrating Mobile and Internet Technology with Empirically Supported Treatments for Anxiety and Obsessive-Compulsive Disorder
Chair: Jennifer L. Buchholz, M.A.
Presenters: Lillian Reuman, M.A., University of North Carolina at Chapel Hill, Nathaniel Van Kirk, Ph.D. Harvard Medical School, Stephen Whiteside, ABPP, Mayo Clinic, Katherine Crowe, Ph.D., NYU Langone Medical Center, Taylor Dryman, Ph.D., McLean Hospital
Discussant: Jonathan S. Abramowitz, Ph.D.

1:45 pm – 3:15 pm
Type: Symposium
Title: On the Cusp of a "New Era": Integrating Technological Advances into Evidence-Based Assessment and Treatment
Chair: Lauren A. Rutter, Ph.D.
Presenters: Courtney Beard, Ph.D., Harvard Medical School, Marie J.C. forgeard, Ph.D., Harvard Medical School, Samantha Connolly, Ph.D. VA Boston Healthcare System, Chelsey Wilks, M.S., University of Washington, Seattle, Lauren A. Rutter, Ph.D., Institute for Technology in Psychiatry.
Discussant: Per Carlbring, Ph.D.

1:45 pm – 3:15 pm
Type: Symposium
Title: Using Technology in the Treatment of Youth Anxiety Disorders
Chair: Caroline Donovan, Ph.D.
Presenters: Caroline Donovan, Ph.D., Griffith University, Lara Farrell, Ph.D., Griffith University, Krystal Lewis, Ph.D., National Institute of Mental Health, Allison Waters, Ph.D., Griffith University
Discussant: Thomas H. Ollendick, Ph.D.

1:45 pm – 3:15 pm
Type: Symposium
Title: Using Technology to Improve the Effectiveness of Cognitive Therapy and Interpersonal Psychotherapy for Depression: Results from Two Large-Scale Randomized Trials
Chair: Frenk Peeters, M.D.
Presenters: Lotte Lemmens, Ph.D., Maastricht University, Sanne Brujiniks, M.S., Vrije Universiteit, Suzanne van Bronswijk, M.D., Maastricht University, Marcus Huibers, Ph.D., Vrije Universiteit
Discussant: Robert J. DeRubeis, Ph.D.

1:45 pm – 3:15 pm
Type: Panel Discussion
Title: Integrating Technology in Behavioral Medicine and Primary Care: Opportunities and Challenges
Moderators: Brooke G. Rogers, M.P.H., & Jessica F. Magidson, Ph.D.
Panelists: Ethan H. Mereish, Ph.D., Joseph Trombello, Ph.D., Rachel Tomko, Ph.D., Lena Andersen, Ph.D., Jessica Yu, Ph.D.

1:45 pm – 3:15 pm
Type: Panel Discussion
Title: We Don’t Have Time to Lose: Bridging the Gap Between Academia and Digital Health Industry
Moderator: Christine Moberg, Ph.D.
Panelists: Jessica Lipschitz, Ph.D., Athena Robinson, Ph.D., Paula Willbourne, Ph.D., Mylea Charvat, Ph.D., Ken Weingardt, Ph.D., Megan Oser, Ph.D.

3:00 pm – 4:00 pm
Type: Spotlight Research
Title: Technological Advances in Clinical Consultation: Enhancing Practitioner Engagement
Chair: Tanya Freedland, MPS, University of Minnesota
Panelist: Julie Rohovit, Ph.D., University of Minnesota

3:30 pm – 5:00 pm
Type: Symposium
Title: Digital Platforms for Young People with Psychosis: A Focus on Engagement and Treatment
Chair: Michelle H. Lim, Ph.D., Swinburne University of Technology
Presenters: Michael L. Birnbaum, M.D., Zucker Hillside Hospital, Claire Peck, B.A., Swinburne University of Technology, Michelle H. Lim, Ph.D., Swinburne University of Technology, Kelsey Ludwig, M.A., University of North Carolina at Chapel Hill
Discussant: David Penn, Ph.D.

3:30 pm – 5:00 pm
Type: Panel Discussion
Title: Ethics and Policy in Technology-Based Research
Moderators: Tommy Chou, M.S., & Giovanni Ramos, B.A.
Panelists: Melissa DeRosier, Ph.D., Stacy Frazier, Ph.D., Maryam Kia-Keating, Ph.D., Lynn Bufka, Ph.D., Ashley Isaia, M.A.
3:30 pm – 5:00 pm  
*Type:* Panel Discussion  
*Title:* Using Technology to Improve the Training of Future and Current Clinical Scientists  
*Moderator:* Ashley Borders, Ph.D.  
*Panelists:* Lauren A. Stutts, Ph.D., Susan Wenze, Ph.D., Dara G. Friedman-Wheeler, Ph.D., Laura Knouse, Ph.D., Zachary Rosenthal, Ph.D., Nicholas Mian, Ph.D.

**Saturday, November 17th**

8:30 am – 10:00 am  
*Type:* Symposium  
*Title:* Closing the Treatment Gap: Technological Applications of Evidence-Based Interventions for Treatment and Training  
*Chair:* Shona N. Vas, Ph.D.  
*Presenters:* Brian D. Kiluk, Ph.D., Yale School of Medicine, Nadine R. Mastroleo, Ph.D., Binghamton University, Meredith E. Coles, Ph.D., Binghamton University, Andrea K. Graham, Ph.D., Northwestern University  
*Discussant:* Aaron R. Lyon, Ph.D.

8:30 am – 10:00 am  
*Type:* Symposium  
*Title:* Cognitive-Behavioral Technological Interventions: A Focus on Military Populations  
*Chair:* Amanda Edwards-Stewart, ABPP  
*Presenters:* Nancy A. Skopp, Ph.D., Psychological Health Center of Excellence Defense Health Agency, Julianna Hogan, Ph.D., US Department of Veterans Affairs, Marylene Cloitre, Ph.D., US Department of Veterans Affairs, Carolyn Greene, Ph.D., University of Arkansas for Medical Sciences  
*Discussant:* Ari Lowell, Ph.D.

9:00 am – 10:00 am  
*Type:* Symposium  
*Title:* Leveraging Technology to Understand and Address Bisexual Stigma and Health  
*Chair:* Brian A. Feinstein, Ph.D.  
*Presenters:* Brian A. Feinstein, Ph.D., Northwestern University Institute for Sexual and Gender Minority Health and Wellbeing, Kirsten A. Gonzalez, Ph.D., The University of Tennessee, Knoxville, Ethan H. Mereish, Ph.D., American University  
*Discussant:* Brian Dodge, Ph.D.

10:15 am – 11:45 am  
*Type:* Symposium  
*Title:* A Revolution in Care: Updating Knowledge and Achieving Implementable Solutions in Digital Mental Health  
*Chair:* Cristina Botella, Ph.D.
**Presenters:** Per Carlbring, Ph.D., Stockholm University, Heleen Riper, Ph.D., Vrije Universiteit, Rocio Herrero, Ph.D., Universitat Jaume I De Castelló, Desirée Colombo, M.A., Universitat Jaume I De Castelló

**Discussant:** Stefan G. Hofmann, Ph.D.

10:15 am – 11:45 am

**Type:** Symposium

**Title:** Bringing People Together: Using Technology to Broaden the Reach, Improve the Impact, and Evaluate the Effectiveness of Relationship Interventions

**Chair:** Tatiana D. Gray, Ph.D.

**Presenters:** Karen Rothman, M.S., University of Miami, Gabe Hatch, B.S., Brigham Young University, Tea Trillingsgaard, Ph.D., Aarhus University, James Cordova, Ph.D., Clark University

**Discussant:** Brian D. Doss, Ph.D.

10:15 am – 11:45 am

**Type:** Panel Discussion

**Title:** How Tweet It Is: Social Media and Internet Platforms as a Means to Disseminate Knowledge to Behavioral Health Professionals and Consumers

**Moderator:** Robert D. Friedberg, ABPP, Ph.D.

**Panelists:** Simon A. Rego, ABPP, Psy.D., Sara Becker, Ph.D., Brad J. Nakamura, Ph.D., Robert Meyers, Psy.D.

10:15 am – 11:45 am

**Type:** Panel Discussion

**Title:** The Cutting Edge of Technology in CBT Research and Treatment: Where We Are Now, and Where We’re Headed

**Moderator:** Hilary Weingarden, Ph.D.

**Panelists:** Christian Rück, M.D., Ph.D., Adam Haim, Ph.D., Richard G. Heimberg, Ph.D., Stephen Schueller, Ph.D., Athena Robinson, Ph.D.

10:15 am – 11:45 am

**Type:** Panel Discussion

**Title:** The Opportunities and Limitations of Digital Interventions for Emotional Difficulties

**Moderator:** Kibby McMahon, M.A.

**Panelists:** Zachary Rosenthal, Ph.D., Matthew K. Nock, Ph.D., Bethany A. Teachman, Ph.D., Marcus Rodriguez, M.A.

12:00 pm – 1:00 pm

**Type:** Invited Address

**Title:** Improving the Quality of Evidence-Based Treatments: Can (and Should) Technology Help?

**Presenter:** Patricia A. Areán, Ph.D., University of Washington
1:45 pm – 2:45 pm
Type: Invited Address
Title: Using New Technologies to Better Understand, Predict, and Prevent Suicidal Behavior
Presenter: Matthew K. Nock, Ph.D., Harvard University

1:45 pm – 3:15 pm
Type: Symposium
Title: Using Technology to Advance Methods in Treatment Development Research for Couples
Chair: Julianne C. Flanagan, Ph.D.
Presenters: Barbara McCrady, Ph.D., University of New Mexico, Richard Heyman, Ph.D., New York University, Brandi Fink, Ph.D., University of New Mexico, Julianne C. Flanagan, Ph.D., Medical University of South Carolina
Discussant: Dominic J. Parrott, Ph.D.

3:30 pm – 5:00 pm
Type: Symposium
Title: Capitalizing on Children and Teens’ Engagement with Technology to Improve Behavioral Health: Preliminary Progress and Pitfalls
Chair: Jennifer S. Silk, Ph.D.
Presenters: Jonathan Corner, Ph.D., Florida International University, Jennifer S. Silk, Ph.D., University of Pittsburgh, Oliver Lindhiem, Ph.D., University of Pittsburgh, Ana Radovic, M.D., University of Pittsburgh School of Medicine
Discussant: Tina Goldstein, Ph.D.

3:30 pm – 5:00 pm
Type: Symposium
Title: If You Build It, They Will Come... But How Do We Get Them to Stay? The Role of Support in e-Health Interventions
Chair: Carmen McLean, Ph.D.
Presenters: Evan Forman, Ph.D., Drexel University, Emily Lattie, Ph.D., Northwestern University, Harry Mc Cleary, M.S., Palo Alto University, Eric Kuhn, Ph.D., Stanford University School of Medicine
Discussant: Michelle G. Newman, Ph.D.

Sunday, November 18th

8:30 am – 10:00 am
Type: Symposium
Title: Bridging the Gap Between Observed and Real-World Behavior and in-lab Self-Report: Applications of Technology to Understanding Psychosis and Related Psychopathology
Chair: Charlie A. Davidson, Ph.D.
Presenters: Charlie A. Davidson, Ph.D., Emory University, Linda W. Craighead, Ph.D., Emory University, Leslie Horton, Ph.D., University of Pittsburgh School of Medicine, Steven Silverstein, Ph.D., Rutgers University
Discussant: William Spaulding, Ph.D.

8:30 am – 10:00 am
Type: Panel Discussion
Title: Virtual Reality: Challenges and Opportunities in Clinical Research
Moderator: Michelle Pelcovitz, Ph.D.
Panelists: Patrick Bordnick, M.P.H., Ph.D., LCSW, JoAnn Difede, Ph.D., Azucena Garcia-Palacios, Ph.D., Hunter Hoffman, Ph.D.

10:15 am – 11:45 am
Type: Symposium
Title: Using Mobile Apps to Achieve Cognitive and Behavioral Change: Three Different Approaches
Chair: Guy Doron, Ph.D.
Presenters: Guy Doron, Ph.D., Interdisciplinary Center Herzelya, Tracy A. Dennis-Tiwary, Ph.D., Reuven Dar, Ph.D., Tel Aviv University
Discussant: Anat Brunstein-Klomek, Ph.D.

10:15 am – 11:45 am
Type: Panel Discussion
Title: Bridging the Gap Between Research and Practice in Clinical Applications of Digital Technology
Moderator: Maren Westphal, Ph.D.
Panelists: Maren Westphal, Ph.D., Per Carlbring, Ph.D., Patricia Frazier, Ph.D., Heather Hadjistavropoulos, Ph.D., Frederick Muench, Ph.D.