Welcome From the Program Chair

Alyssa Ward, Ph.D., LCP, Virginia Department of Medical Assistance Services
& Virginia Commonwealth University School of Medicine

As the 2019 Program Chair, I welcome you to our 53rd Annual Convention with enthusiasm and hope that this year brings us one step closer to our mission and the goals that bind us together. ABCT is committed to enhancing public health and well-being through the application of science, and that promise is reflected in our theme for 2019: "Wisdom of Purpose and Perspective: Extending the Social Impact of Cognitive Behavioral Science." Working in leadership at a state Medicaid program, I am immersed each day in decisions that drive the social impact of our collective work on a systems level. In Virginia we are implementing a radical redesign of our system to create an evidence-based, trauma-informed, and prevention-oriented array of behavioral health services to our members, who even with expansion are largely women and children. The work of translating scientific findings to policy and regulation is not one that our graduate training traditionally prepares us for, and I believe we have opportunities in organizations such as ours to support the development of critical skills in this area towards expanding our impact. I have brought the passion that fuels me in my work as a public servant to this role as your Program Chair, and it has been my honor to serve our organization in this way.

Developing a program around this theme has been timely as we are convening in a state that has recently passed legislation significantly limiting women’s reproductive rights. Many within our organization have voiced concern for the impact of these regulations, our meeting occurring in this state context, and the rights and experiences of women both in our organization and in our world. As Program Chair, it has been my role to work with our committee to consider how we can address these concerns within the relatively relevant program we have sought to create over the past year.

We have some exciting programming specific to the impact of CBT on public health. We are humbled to be joined this year by both international and domestic experts who have made large-scale impact on service systems and vulnerable populations. Dr. Sonja Schoenwald, a trailblazer in the dissemination and implementation of treatments for youth into complex community-based settings, will facilitate a panel discussion involving Ileana Arias, Richard Puddy, and Craig Thomas from the Centers for Disease Control and Prevention. Dr. Vikram Patel is a Harvard psychiatrist whose ground-breaking work has focused on reducing the treatment gap for mental disorders in low-resource countries. He was recently awarded the John Dirks Canada Gairdner Global Health Award, a prestigious honor given to the world’s top scientists in global health. His TED Talk on “Mental Health for All by Involving All” has over 1 million views and in 2015 he was named by TIME Magazine as one of the world’s 100 most influential people. He will be speaking with us about his transformational body of work and future opportunities for social impact.

Following the passage of the abortion legislation in Georgia this summer, we worked creatively with our committee to develop an additional invited panel to bring attention to the pressing issue of using psychological science to responsibly inform and advocate policy and regulation development, with special attention to the local context here in Atlanta. We are so grateful for the fast, flexible, and thoughtful efforts of our esteemed colleague and long-time ABCT member Dr. Lynn Bufka, the Associate Executive Director for practice research and policy at the American Psychological Association, and support from our Local Arrangements Chair, Dr. Leah Farrell-Carnahan. This panel will include a diversity of speakers, including women’s rights advocates representing the local climate who will address the topic “Realizing ABCT’s Mission in a Politicized World.”

Finally, in his presidential address, Dr. Bruce Chorpita will speak to us about maximizing the reach of cognitive and behavioral science through strategic coordination of individuals, institutions, and industries.

This year you will notice that we have made some innovations in our program process:

- This is the first year that we have offered child care services at our convention, and we thank the ongoing advocacy of the Women’s Issues SIG and the on-the-ground work of Stephen Crane, ABCT’s Convention Manager, for this addition. We are committed to making ABCT an inclusive experience for members who are caregivers and travel to the convention with their families. For the 4th year, we will have a lactation room available for nursing and pumping attendees.
- We invite you to join us for an Instagram-worthy moment at our Mission Wall near registration, where we all have an opportunity to share how your work enhances health and well-being. Contribute, post, and share to social media with the hashtag #ABCT2019Impact.
- For the first time ever, you will be able to VOTE at the convention! We hope that this will significantly raise our voting participation rates. Look for details in the registration area.
- Submitters noticed that the Cadmium system had several updates this year, including the ability for you to send notices to co-authors for them to complete their own information in the site. We also worked with great care to revise the categories for submission this year, to assure equity so that each Special Interest Group had an aligned category. We also have edited the key words for the program and encourage you to think of these as hashtags that mark a label for each submission to ease the identification of content relevant to your interests.
- The forests of the world rejoice, as this is the first year that we will not have a printed program book and will ask that you rely on the PDF version available, the convention planner, and the smartphone application for navigation of this experience.
- We are also testing out a new poster template, developed and made internet viral by a psychology trainee. This new template is intended to improve the presenter and attendee experience, and we will be looking closely at your feedback on this to determine future directions.

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• We are grateful to the esteemed Dr. Judith Beck, who will be providing a workshop on CBT for depression worth 3 CEUs on Sunday, for free! This session will be geared towards students but all are welcome.

It has been my privilege to serve as your Program Chair this year, and I am grateful to my mentor Dr. Bruce Chorpita and the ABCT Board for entrusting me with these duties. I would like to extend a special note of appreciation to Dr. Cameo Stanick, an ABCT colleague turned dear friend, for her support as program assistant. Further, Dr. Chorpita deserves an extra helping of thanks as he rolled up his sleeves (as always) and stepped in to support me during one of the most demanding periods of work when Dr. Stanick had a family emergency. I also would like to thank Dr. Kiara Timpano (2018 Program Chair) and Dr. Katharina Kircanski (Coordinator of Convention and Education Issues and 2017 Program Chair) for their validation and camaraderie. This year I celebrate my 15th year at ABCT and I have to thank Dr. Mike Southam-Gerow for first encouraging me to attend and for his steady support and keeping me laughing for nearly half my life now. This program comes to you via the substantial efforts of virtually hundreds of our members who have contributed to its creation. This includes first the 2019 Program Committee for their expertise, careful reviews, and flexibility during the peer review process. This year we surpassed last year’s record number of reviewers, with over 350 members participating in the peer review process and 126 “Super Reviewers,” and we simply would not have a convention without their dedication and service. I also thank the chairs of the Convention and Education Issues Committee for their tireless work and exceptional job developing this year’s excellent program: Brian Baucom (AMASS), Lauren Weinstock (Workshops), Courtney Benjamin Wolk (Master Clinician Seminars), Cole Hooley (Research & Professional Development), Christina Boisseau (Institutes), and Shannon Wiltsey-Stirman and Dan Cheron (2020 Program Chair and Assistant Program Chair).

I have worked for years with ABCT’s central office, particularly during my tenure as Chair of the Women’s SIG as we worked to implement a lactation room. However, I have never been so closely tied to Mary Jane Eimer and the central office team—especially the steadfast Stephen Crane—who showed devotion to developing the best convention possible. Finally, I am forever grateful to my husband, Geoff, and my two young daughters, who have cheered me on and patiently tolerated the many hours that I spent in dedication to ABCT this year.

We hope that you experience this as an engaging convention that inspires new scientific collaborations that increase our collective impact! Thank you for joining us in Atlanta.

NOTE

Program details such as educational objectives, session level, fees, presenter credentials, and number of CE credits that can be earned may be found in the program book on ABCT’s website.

Program subject to change.

Convention Itinerary Planner

The pages that follow provide an overview of the ticketed sessions and general sessions that will be part of the 2019 convention in Atlanta, GA. In order to learn more details about the sessions, including full descriptions and times, skill levels, and learning goals, please utilize the Itinerary Planner. Feel free to access the Itinerary Planner at ABCT’s website at www.abct.org/conv2019. To view the entire convention program—including SIG meetings, poster sessions, invited addresses—you can search by session type, date, time, presenter, title, category, or keyword, or you can view the entire schedule at a glance. (Keep in mind, this year the program book will only appear online: there will be no physical program book onsite in Atlanta.) After reviewing this special Convention 2019 insert, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!

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www.abct.org/conv2019

President’s Address

Increasing the World’s Therapeutic Intelligence Through Strategic Alignment of Individuals, Institutions, and Industries

Bruce F. Chorpita, Ph.D., UCLA

Saturday, November 23, 6:15 p.m. - 7:30 p.m.

Atrium Ballroom B&C, Atrium Level

♦ Participants earn 1 CE credit

The focus for ABCT this year is purposeful reflection on how we can better achieve the mission of health and wellness through cognitive behavioral science. I will begin by outlining the landscape that must be crossed to achieve that mission, noting where our current resources and strategies encounter seemingly unmanageable complexity. On the other hand, an inventory of our strengths will show that we know more than at any time in human history about how to address mental health challenges and that we have unprecedented technological capabilities to organize and deliver that knowledge to where it is needed. Accordingly, I will articulate a framework of Coordinated Strategic Action as a way to organize people and evidence to make efficient use of these historic capabilities to meet these extraordinary challenges, with working examples and empirical findings from mental health systems and interventions. Finally, in the spirit of our organization’s behavioral intellectual rebellion, I will call for us to reflect on the contingencies or “token economies” in which we, our organizations, and our industries operate, to ask what we can do to engineer a so...

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Antidepressants and psychotherapy are only about 50% effective, and recurrence rates are as high as 90% by the third episode. Holtzheimer and Mayberg (2011) urge a rethinking of depression as a persistent tendency to become “stuck in a rut” when negative mood states are activated. Treatment must therefore disrupt the processes associated with entering and staying in that rut. Exposure-based cognitive therapy (EBCT) integrates cognitive behavioral therapies for depression with principles of exposure, emotional processing, and inhibitory learning from the treatment of anxiety disorders. EBCT targets key factors that maintain depression (unproductive processing, avoidance, and impaired reward sensitivity and processing). It also facilitates their more adaptive counterparts (constructive emotional processing, distress tolerance, and the ability to sustain and process positive emotions), which together can serve inhibitory functions to prevent relapse. Exposure principles are applied in: (a) weekly narratives to facilitate processing of depressive material, (b) mindfulness exercises to promote distress tolerance, (c) imaginal exposure exercises to facilitate constructive processing of memories related to defectiveness, worthlessness, and failure, and (d) exposure exercises to activate and process positive emotions and related fear and avoidance. CIT participants will learn techniques to reduce depression-maintaining processes and promote emotional processing and inhibitory learning.

Integrative Behavioral Couple Therapy (IBCT) is an evidence-based approach to the treatment of couples developed by Andrew Christensen and the late Neil S. Jacobson. IBCT is integrative in that it brings together the twin goals of emotional acceptance and behavior change. Also, it integrates a variety of treatment strategies under a consistent behavioral theoretical framework. In this session, Christensen will describe the theoretical notions that distinguish IBCT from traditional and cognitive behavioral couple therapies. Then he will describe the four stages of treatment: assessment, feedback, active intervention, and termination. He will illustrate some of the assessment and treatment strategies with videotaped examples of couples in IBCT. He will also briefly describe the empirical support for IBCT. Brian Doss will describe and illustrate the three main phases of the intervention captured by the acronym OUR: observe, understand, and respond. He will then discuss two nationwide clinical trials that demonstrate the effectiveness of the intervention. He will conclude with discussion of the integration of the online program with in person therapy.

Integrative Behavioral Couple Therapy: Acceptance and Change in Couple Therapy

This CIT will provide an initial description of the theory that guides the intervention and an overview of the nature, symptoms, and experience of anxiety in youth. We will consider when anxiety is developmentally reasonable and when it is disordered. Cognitive, behavioral, family (parenting), and emotional factors will be addressed.

The bulk of the CIT will address intervention strategies. Each of the strategies (e.g., coping modeling, changing self-talk, affect education, exposure tasks) will be described in detail and illustrated with case examples and some video illustrations. A flexible implementation of the manual-based approach will be described and encouraged.

Sample videos of actual sessions and reenacted sessions will be available to be played and discussed, and small groups of CIT participants will have an opportunity to engage in a role-play activity.

Research outcomes that inform decisions regarding the provision of clinical services for anxious youth will be considered and these findings highlight both (a) what we know and (b) what we do not yet know about the treatment of anxiety disorders in youth.
Institutes

THURSDAY

Institute 1 | 8:30 a.m. - 5:00 p.m.
♦ Participants earn 7 continuing education credits.

Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning
Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Ryan J. Jacoby, Ph.D., Massachusetts General Hospital/Harvard Medical School
Shannon M. Blakey, Ph.D., VA Mid-Atlantic Mental Illness Research, Education & Clinical Center (MIRECC)/Durham VA Health Care System

Institute 2 | 8:30 AM - 5:00 PM
♦ Participants earn 7 continuing education credits.

Motivational Interviewing for Health Behavior Change
Nate Mitchell, Ph.D., Spalding University
Daniel McNeil, Ph.D., West Virginia University
Trevor Hart, Ph.D., Ryerson University

Institute 3 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Written Exposure Therapy: A Brief Treatment for PTSD
Denise Sloan, Ph.D., Boston University School of Medicine & National Center for PTSD
Brian Marx, Ph.D., Boston University School of Medicine & National Center for PTSD

Institute 4 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Treating OCD in Children and Adolescents: A Cognitive Behavioral Approach
Martin E. Franklin, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Institute 5 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Tricking Coyote: Cutting-Edge Strategies for Harnessing Motivation and Achieving Goals
Michael W. Otto, Ph.D., Boston University

Institute 6 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Anxiety and Emerging Adults: Incorporating Caregiver Involvement and Enhancing Exposures in the Treatment of Adolescents and Young Adults With Anxiety Disorders
Anne Marie Albano, Ph.D., Columbia University Medical Center
Shannon Bennett, Ph.D., Weill Cornell Medicine
Lauren Hoffman, Psy.D., Columbia University Medical Center
Schuyler Fox, B.A., Columbia University Medical Center

Institute 7 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Parent-Child Interaction Therapy: A Robust Intervention for Early Childhood Mental Health
Cheryl B. McNeil, Ph.D., West Virginia University

Institute 8 | 1:00 PM - 6:00 PM
♦ Participants earn 5 continuing education credits.

Supervision Essentials in CBT
Cory F. Newman, Ph.D., Perelman School of Medicine at The University of Pennsylvania
Danielle A. Kaplan, Ph.D., New York University School of Medicine

Advanced Methodology and Statistics Seminars

A special series of offerings for applied researchers, presented by nationally renowned research scientists.

THURSDAY

AMASS 1 | Thursday, November 21, 8:30 a.m. - 12:30 p.m.
♦ Participants earn 4 continuing education credits.

Open Science Practices for Clinical Researchers: What You Need to Know and How to Get Started
Jessica Schleider, Ph.D., Professor of Social and Quantitative Psychology, Stony Brook University
Michael Mullarkey, M.A., University of Texas at Austin

AMASS 2 | Thursday, November 21, 1:00 p.m. - 5:00 p.m.
♦ Participants earn 4 continuing education credits.

Incorporating Intensive Measurement and Modeling Into Clinical Trials
Jonathan Butner, Ph.D., Professor of Social and Quantitative Psychology, University of Utah
These seminars involve the presentation of case material, session videotapes, and discussion to enable participants to further understand the application of cognitive and behavioral techniques.

FRIDAY

MCS 1 | 9:00 a.m. - 11:00 a.m.
✦ Participants earn 2 continuing education credits

You Are Not Supposed to Feel That Way: Making Room for Difficult Emotions
Robert Leahy, Ph.D., American Institute for Cognitive Therapy

MCS 2 | 1:00 p.m. - 3:00 p.m.
✦ Participants earn 2 continuing education credits

Evidence-Based Assessment and Treatment of Bipolar Disorder and Mood Dysregulation in Youth and Early Adulthood
Mary A. Fristad, ABPP, Ph.D., The Ohio State University
Eric A, Youngstrom, Ph.D., University of North Carolina at Chapel Hill

MCS 3 | 3:30 p.m. - 5:30 p.m.
✦ Participants earn 2 continuing education credits

Appetite Monitoring in Individual and Family-Based Healthy Weight Coaching
Linda W. Craighead, Ph.D., Emory University

MCS 4 | 8:30 a.m. - 10:30 a.m.
✦ Participants earn 2 continuing education credits

Helping Suicidal Teens Build Lives Worth Living: Key Elements to Orienting and Committing Teens to DBT
Alec L. Miller, Ph.D., Cognitive & Behavioral Consultants, LLP

SATURDAY

MCS 5 | 8:30 a.m. - 10:30 a.m.
✦ Participants earn 2 continuing education credits

In-Depth Analysis of the Unified Protocol in Clinical Practice: Transdiagnostic Case Conceptualization and Application
Todd J. Farchione, Ph.D., Center for Anxiety and Related Disorders, Boston University
Shannon Sauer-Zavala, Ph.D., Center for Anxiety and Related Disorders, Boston University

MCS 6 | 11:00 a.m. - 1:00 p.m.
✦ Participants earn 2 continuing education credits

CBT for Body Dysmorphic Disorder
Fugen A. Neziroglu, Ph.D., ABPP, BioBehavioral Institute

MCS 7 | 2:00 p.m. - 4:00 p.m.
✦ Participants earn 2 continuing education credits

Integrating Motivational Interviewing With CBT Interventions to Maximize Client Outcomes
Sylvie Naar, Ph.D., Wayne State University
Steven Safren, Ph.D., ABPP, University of Miami

MCS 8 | 8:30 a.m. - 10:30 a.m.
✦ Participants earn 2 continuing education credits

Comprehensive Behavioral Intervention for Tics
Douglas W. Woods, Ph.D., Marquette University
Michael B. Himle, Ph.D., University of Utah

Workshops provide up-to-date integration of theoretical, empirical, and clinical knowledge about specific issues or themes

FRIDAY

Workshop 1 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

Risk Reduction Through Family Therapy: An Evidence-Based Treatment for Co-occurring Substance Use Problems and PTSD Among Adolescents
Carla K. Danielson, Ph.D., Medical University of South Carolina
Zachary W. Adams, Ph.D., Indiana University School of Medicine

Workshop 2 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

How to Apply Cognitive Behavioral Principles to Transgender Care: An Evidence-Based Transdiagnostic Framework
Colleen A. Sloan, Ph.D., VA Boston Healthcare System and Boston University School of Medicine

Danielle S. Berke, Ph.D., Hunter College, City University of New York

Workshop 3 | 11:00 a.m. – 2:00 p.m.
✦ Participants earn 3 continuing education credits

Regulation of Cues Treatment: Using Appetite Awareness Training and Cue-Exposure
Dawn M. Eichen, Ph.D., University of California, San Diego
Kerri N. Boutelle, Ph.D., University of California, San Diego

Workshop 4 | 11:00 a.m.- 2:00 p.m.
✦ Participants earn 3 continuing education credits

Emotion Regulation Training for Alcohol Use Disorders: Helping Clients to Manage Negative Emotions
Kim S. Slosman, LMHC, University of Buffalo
Clara M. Bradizza, Ph.D., University of Buffalo
Paul R. Stasiewicz, Ph.D., University of Buffalo
Workshop 5 | 12:00 p.m. - 3:00 p.m.
✦ Participants earn 3 continuing education credits

**When Time Matters: A Process-Based Approach for Delivering Powerful Brief Interventions**
Kirk Strosahl, Ph.D., HeartMatters Consulting, LLC
Patricia J. Robinson, Ph.D., Mountainview Consulting Group

Workshop 6 | 12:00 p.m. – 3:00 p.m.
✦ Participants earn 3 continuing education credits

**Assessment and Case Conceptualization of Disgust in Anxiety Disorders and OCD**
Dean McKay, Ph.D., Fordham University

Workshop 7 | 3:00 p.m. – 6:00 p.m.
✦ Participants earn 3 continuing education credits

**ACT for Life: Using Acceptance and Commitment Therapy to Prevent Suicide and Build Meaningful Lives**
Sean M. Barnes, Ph.D., Rocky Mountain MIRECC
Lauren M. Borges, Ph.D., Rocky Mountain MIRECC
Nazanin Bahraini, Ph.D., Rocky Mountain MIRECC
Robyn D. Walser, Ph.D., VA National Center for PTSD

Workshop 8 | 3:00 p.m. – 6:00 p.m.
✦ Participants earn 3 continuing education credits

**Functional Analysis in Process-Based CBT**
Stefan G. Hofmann, Ph.D., Boston University
Steven C. Hayes, Ph.D., University of Nevada, Reno

**SATURDAY**

Workshop 9 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

**Practical and Effective Treatment Methods for Functional Deficits in Children and Teens With ADHD: Paths to Improving Home and School Functioning**
Richard Gallagher, Ph.D., New York University School of Adolescent Psychiatry
Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia
Margaret Sibley, Ph.D., Florida International University

Workshop 10 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

**Supervision and Clinical Case Consultation Strategies: Guided Discovery, Strengthening the Supervisor Relationship, and Experiential Teaching Techniques**
Scott H. Waltman, Psy.D., Brooke Army Medical Center
Brittany C. Hall, Ph.D., UT Southwestern Medical Center
Lynn McFarr, Ph.D., UCLA Medical Center & CBT California

Workshop 11 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

**Trauma-Informed Mindfulness: Integrating Mindfulness-Based Practices Into Psychotherapy With Traumatized Clients**
Terri L. Messman-Moore, Ph.D., Miami University
Noga Zerubavel, Ph.D., Duke University Medical Center

Workshop 12 | 8:30 a.m. – 11:30 a.m.
✦ Participants earn 3 continuing education credits

**Designing and Implementing Contingency Management Interventions for Health Behaviors**
Carla Rash, Ph.D., University of Connecticut Health
Jeremiah Weinstock, Ph.D., Saint Louis University

Workshop 13 | 12:00 p.m. – 3:00 p.m.
✦ Participants earn 3 continuing education credits

**A Transdiagnostic Approach to Exposure-Based Treatment: A Memory-Centric Perspective**
Jasper A.J. Smits, Ph.D., University of Texas at Austin
Mark B. Powers, Ph.D., Baylor University Medical Center
Michael W. Otto, Ph.D., Boston University

Workshop 14 | 12:00 p.m. – 3:00 p.m.
✦ Participants earn 3 continuing education credits

**Self-Practice and Self-Reflection: Developing Personal and Professional Mastery of Acceptance and Commitment Therapy Through Self-Practice of Core ACT Processes**
R. Trent Codd III, Ed.S., Cognitive-Behavioral Therapy Center of WNC, P.A.
Dennis Tirch, Ph.D., The Center for Compassion Focused Therapy
Laura Silberstein-Tirch, Psy.D., The Center for Compassion Focused Therapy
Joann Wright, Ph.D., ACT One
Martin Brock, MSC, M.A., University of Derby

Workshop 15 | 12:00 p.m. – 3:00 p.m.
✦ Participants earn 3 continuing education credits

**Means Safety Counseling for Suicide Prevention**
Craig J. Bryan, Psy.D., National Center for Veterans Studies

Workshop 16 | 12:00 p.m. – 3:00 p.m.
✦ Participants earn 3 continuing education credits

**Case Formulation and Treatment Planning in Dialectical Behavior Therapy**
Jennifer Sayrs, Ph.D., Evidence Based Treatment Centers of Seattle
Shireen L. Rizvi, Ph.D., Rutgers University
General Sessions  NO TICKET REQUIRED

Clinical Roundtables, Mini Workshops, Panel Discussions, Symposia, and Research & Professional Development are part of the general program: no tickets are required. Participants earn 1.5 continuing education credits.

■ CLINICAL ROUNDTABLES

Adaptations for Assessments and Increased Impact of Evidence Based Treatments for Individuals With Autism Spectrum and Co-Occurring Disorders
Moderator: Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital
Panelists: Susan White, Ph.D., The University of Alabama
Lauren Moskowitz, Ph.D., St. John’s University
Matthew Lerner, Ph.D., Stony Brook University
Valerie Gaus, Ph.D., Private Practice
Connor Kerns, Ph.D., University of British Columbia

Athlete Mental Health: Strategies for Engaging Stakeholders in Identification and Treatment
Moderator: Christopher Stanley, Ph.D., Florida Gulf Coast University
Panelists: Katherine Rovtar, Clemson University
Bailey J. Nevels, Ph.D., Clemson University
Ashley Hansen, M.A., Saint Louis University
Diana Rancourt, Ph.D., University of South Florida

Beyond Standard CBT: Innovative Developments in Behavioral Interventions for Eating Disorders
Moderator: Loren Prado, M.S., Center for Dialectical and Cognitive Behavioral Therapies
Panelists: Christina Wierenga, Ph.D., University of California, San Diego
Stephanie Knatz Peck, Ph.D., UCSD
Eating Disorder Treatment Center
Mima Simic, M.D., Maudsley Centre for Child and Adolescent Eating Disorders
Nicholas R. Farrell, Ph.D., Rogers Behavioral Health
Leslie Karwoski Anderson, Ph.D., UC San Diego Eating Disorders Center

Beyond the Office: Benefits, Challenges, and Considerations for the Use of Telehealth in Diverse Clinical Settings

Moderator: Amanda R. McGovern, Ph.D., McGovern Psychotherapy, LLC
Panelists: Erin K. Engle, Psy.D., Columbia University Medical Center
Caitlin B. Shepherd, Ph.D., Smith College
Nicholas Crimaro, Ph.D., Columbia University Medical Center
Elliot Kaminetzky, Ph.D., My OCD Care

Challenges of Treating Traumatized Adolescents: Successes, Failures, and the Value of Good Old-Fashioned Case Conceptualization
Moderators: Elissa J. Brown, Ph.D., St. John’s University
Carla K. Danielson, Ph.D., Medical University of South Carolina
Panelists: Chelsea N. Grefe McCann, Psy.D., UPMC Children’s Hospital of Pittsburgh
Colleen Lang, Ph.D., Behavioral Wellness of NYC
Komal Sharma-Patel, Ph.D., St. John’s University

Clinical Challenges and Opportunities for Family Involvement in the Treatment of Adult Psychopathology
Moderator: Melanie S. Fischer, Ph.D., Institute of Medical Psychology, University Hospital, Heidelberg
Panelists: Donald H. Baucum, Ph.D., University of North Carolina at Chapel Hill
Steffany Fredman, Ph.D., Pennsylvania State University
Barbara S. McCrady, Ph.D., University of New Mexico
David Miklowitz, Ph.D., Director, Child and Adolescent Mood Disorders Program, UCLA Semel Institute for Neuroscience and Behavior
Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina

Clinical Considerations for Culturally Tailored Couple Care With Underserved Groups
Moderator: Kimberly Z. Pentel, M.A., University of North Carolina at Chapel Hill

Panelists: Anthony L. Chambers, Ph.D., Family Institute at Northwestern University, Center for Applied Psychological and Family Studies
Kristina Coop Gordon, Ph.D., University of Tennessee, Knoxville
Shalonda Kelly, Ph.D., Rutgers University, Graduate School of Applied and Professional Psychology
Sarah W. Whitton, Ph.D., University of Cincinnati

Embracing the Dialectics in the Implementation of Dialectical Behavior Therapy in the Veterans Health Administration
Moderators: Christine A. Way, LCSW, William S. Middleton Memorial Veterans Hospital
Laura Meyers, ABPP, Ph.D., Orlando VAMC
Panelists: Sara J. Landes, Ph.D., Orlando VAMC
Elizabeth Chapman, MSW, Ann Arbor Veterans Healthcare System
Jeanette R. DeVevo, LCSW, US Department of Veteran Affairs, Phoenix
Melanie S. Harned, ABPP, Ph.D., VA Puget Sound Health Care System

Exposures Gone Awry: Rallying and Recovering From Unforeseen, Unanticipated, and Uncommon Blunders!
Moderator: Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine
Panelists: Anne Marie Alban, ABPP, Ph.D., Columbia University
Martin Franklin, Ph.D., Rogers Memorial Hospital
Adam Radomsky, Ph.D., Concordia University
Maureen L. Whittal, ABPP, Ph.D., Vancouver CBT Centre/University of British Columbia

Foundations and Flexible Applications of Behavioral Activation in Clinical Context
Moderators: Katherine Crowe, Ph.D., NYU Langone Health
Carolyn Spiro-Levitt, Ph.D., NYU Langone Health
Panelists: R. Eric Lewandowski, Ph.D., NYU Langone Health
Jessica Jenness, Ph.D., University of Washington
Kathryn DeLonga, Psy.D., Mood Brain & Development Unit, National Institute of Mental Health
Christopher R. Martell, ABPP, Ph.D., University of Massachusetts-Amherst
Elizabeth McCauley, Ph.D., University of Washington

Improving Access to CBT in Rural Canada: Challenges and Opportunities
Moderator: Amanda Lints-Martindale, Ph.D., University of Manitoba
Panelists: Amanda Lints-Martindale, Ph.D., University of Manitoba
Jolene Kinley, Ph.D., University of Manitoba
Shelley Goodwin, Ph.D., Dalhousie University
Jennifer Richards, Ph.D., IWK Health Centre

Increasing Diversity in Clinical Training
Moderators: Jenna B. Teves, Ph.D., Ralph H. Johnson VA Medical Center
Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina
Panelists: Aleja Parsons, Ph.D., New York University
Shawn Jones, Ph.D., MHS, LCP, Virginia Commonwealth University
Vickie Bhatia, Ph.D., Edward Hines Jr. VA Hospital
Nicole Cammack, Ph.D., Washington, DC, VA Medical Center
Delisa Brown, Ph.D., Medical University of South Carolina

Intensive CBT for Youth With Anxiety and OC Disorders: Special Considerations for the Design and Delivery of Treatment
Moderator: Taylor Wilmer, Ph.D., McLean Hospital
Panelists: Shannon Bennett, Ph.D., Weill Cornell Medicine
Sarah H. Morris, Ph.D., Bradley Hospital
Kendra L. Read, Ph.D., University of Washington School of Medicine & Seattle Children’s Hospital
Michelle Rozenman, Ph.D., University of Denver
Lindsey Bergman, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

Optimizing Success in Delivery of Trauma-Focused Treatments With Patients With Borderline Personality Disorder
Moderators: Sarah C. Voss Horrell, Ph.D., Salem VA Medical Center
Ren F. Stinson, ABPP, Ph.D., Minneapolis VAMC
Panelists: Lea Didion, Psy.D., US Department of Veterans Affairs
Laura Meyers, ABPP, Ph.D., Orlando VAMC
Dana R. Holohan, Ph.D., Ph.D., Salem VA Medical Center
Sara J. Landes, Ph.D., Central Arkansas Veterans Healthcare System
Melanie S. Harned, ABPP, Ph.D., VA Puget Sound Health Care System

Practicing CBT With Religious Patients From Christian, Muslim, and Jewish Communities
Moderator: Amy Weisman de Maman, Ph.D., University of Miami
Panelists: David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School
Shadi Beshai, Ph.D., University of Regina
Jeremy Cummings, Ph.D., Southeastern University

Psychologists in Pediatric Medical Settings: Extending the Reach of Evidence-Based Treatment
Moderators: Corinne Catarozoli, Ph.D., Weill Cornell Medicine, New York Presbyterian Hospital, Rebecca Lois, Ph.D., New York University School of Medicine
Panelists: Lara Brodzinsky, Psy.D., Hasenfeld Children’s Hospital at NYU Langone
Laura Reigada, Ph.D., City University of New York, Brooklyn College and the Graduate Center
Christopher Smith, Ph.D., Samaritan Family Medicine
Joslyn Kenowitz, Ph.D., Nemours/A. I. DuPont Hospital for Children

The Application of Dialectical Behavior Therapy to Youth in Residential Care Settings in Norway’s Northern Region: Lessons and Early Findings
Moderator: André M. Ivanoff, Ph.D., Columbia University & Linehan Institute
Panelists: Henry Schmidt, III, Ph.D., Bufet Regional, Håvard Jønsen, B.S., Bufet Region North, Kristin Presteng, B.S., Bufet, Region Nord

“The Way You Make Me Feel”: Transtheoretical Approaches to Addressing Emotions in Couple Therapy
Moderator: Alexandra Wojda, B.A., University of North Carolina at Chapel Hill
Panelists: Donald Baucum, Ph.D., University of North Carolina at Chapel Hill
Christina Balderrama-Durbin, Ph.D., Binghamton University
Andrew Christensen, Ph.D., UCLA

MINI WORKSHOPS

Participants earn 1.5 continuing education credits
Behavioral Activation for Adolescents
Allison LoPilato, Ph.D., Emory University School of Medicine
Edward Craighead, ABPP, Ph.D., Emory University

Participants earn 1.5 continuing education credits
Bringing ERP from the Classroom to the Treatment Room: A Guide for Students and New Therapists to Motivate Patients to Do ERP
Patrick B. McGrath, Ph.D., Amita Health Alexian Brothers

Participants earn 1.5 continuing education credits
Building the Effective Workforce of the Future: A Comprehensive Model for Training Students in Evidence-Based Practice for Youth Mental Health
Charmeine K. Higa McMillan, Ph.D., University of Hawaii at Hilo
Teri Bourdeau, Ph.D., PracticeWise, LLC
Kimberly Becker, Ph.D., University of South Carolina
Bruce F. Chorpita, Ph.D., UCLA

Participants earn 1.5 continuing education credits
CBT Express for Young Patients: Bite-Sized Versions of Conventional Procedures
Robert D. Friedberg, Ph.D., Palo Alto University
Jessica M. McClure, Psy.D., Cincinnati Children’s Hospital Medical Center
Participants earn 1.5 continuing education credits

CBT for Addictions: Customizing Your Strategies to Meet the Needs of People from Diverse Backgrounds
Bruce S. Lie, ABPP, Ph.D., University of Kansas Medical Center

Participants earn 1.5 continuing education credits

CBT for Looming Vulnerability Distortions in Anxiety
John Riskind, Ph.D., George Mason University

Participants earn 1.5 continuing education credits

CBT With Sexual and Gender Minorities
Jeffrey M. Cohen, Psy.D., Columbia University Medical Center
Matthew D. Skinta, ABPP, Ph.D., Private Practice
Debra A. Hope, Ph.D., University of Nebraska-Lincoln

Participants earn 1.5 continuing education credits

Evidence-Based Treatment With a Higher Purpose: Spiritually Integrated CBT
David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School

Participants earn 1.5 continuing education credits

How to Integrate Mindfulness Into a CBT Framework
Robert K. Hindman, Ph.D., Beck Institute for Cognitive Behavior Therapy
Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

Participants earn 1.5 continuing education credits

Integration of Multiculturalism and CBTs for People of Color With Anxiety
Jessica Graham-LoPresti, Ph.D., Suffolk University
Tahirah Abdullah, Ph.D., University of Massachusetts, Boston
Amber Calloway, Ph.D., University of Massachusetts, Boston

Participants earn 1.5 continuing education credits

Overcoming Challenges in the Therapeutic Relationship
Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

Participants earn 1.5 continuing education credits

Recovery-Oriented Cognitive Therapy for Schizophrenia
Aaron P. Brinen, Psy.D., Drexel University College of Medicine

Participants earn 1.5 continuing education credits

Sports, Superheroes, Star Wars and Beyond: Strategies for Teaching CBT Principles to Anxious Youth and Making Therapy Fun
Sandra Pimentel, Ph.D., Montefiore Medical Center
Janina Scarlet, Ph.D., Center for Stress and Anxiety Management

Participants earn 1.5 continuing education credits

Stronger than OCD: Engaging Youth in Exposure and Ritual Prevention Treatment
Anthony Puliafito, Ph.D., Columbia University Medical Center
Joanna Robin, Ph.D., Westchester Anxiety Treatment Psychological Services

Participants earn 1.5 continuing education credits

Using Digital Tools to Facilitate CBT for Insomnia Treatment With Veterans
Pearl A. McGee-Vincent, Psy.D., National Center for PTSD, VA Palo Alto Health Care System
Carolyn J. Greene, Ph.D., National Manager for Mental Health Web Services, VA
Christi S. Ulmer, Ph.D., VA Center of Innovation; Duke University School of Medicine
Katherine E. Miller, Ph.D., Department of Veterans Affairs

Participants earn 1.5 continuing education credits

The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children: Applications for Anger and Irritability
Sarah M. Kennedy, Ph.D., University of Colorado School of Medicine

Jessica Malmberg, Ph.D., University of Colorado Anschutz Medical Campus
Jill Ehrenreich-May, Ph.D., University of Miami

Participants earn 1.5 continuing education credits

Treating Impulsive, Addictive, and Self-Destructive Behaviors
Peggilee Wupperman, Ph.D., John Jay College/The Graduate Center/City University of New York

Participants earn 1.5 continuing education credits

Advocacy in Action: Psychologists’ Role in Advocacy to Improve the Health of Marginalized Populations
Moderator: Colleen A. Sloan, Ph.D., US Department of Veterans Affairs
Panelists: Brian A. Feinstein, Ph.D., Northwestern University
Anu Asnaani, Ph.D., University of Pennsylvania
Abigail W. Batchelder, Ph.D., Massachusetts General Hospital/ Harvard Medical School & Fenway Health
Jae A. Puckett, Ph.D., Michigan State University
William Spaulding, Ph.D., University of Nebraska, Lincoln

Participants earn 1.5 continuing education credits

Anxiety-Focused PCIT: Innovations in the Treatment of Early Childhood Anxiety Disorders
Moderator: Cheryl B. McNeil, Ph.D., West Virginia University
Panelists: Steve Mazza, Ph.D., Columbia University Medical Center
Anthony Puliafito, Ph.D., Columbia University Medical Center
Steven Kurtz, ABPP, Ph.D., Kurtz Psychology Consulting
Jonathan Comer, Ph.D., Florida International University
Donna Pincus, Ph.D., Child Center for Anxiety and Related Disorders, Boston University
Andrea M. Chronis-Tuscano, Ph.D., University of Maryland

Participants earn 1.5 continuing education credits

Bridging Anxiety, OCD, and Psychosis to Address Overlapping Symptoms and Provide Evidence-
Based Care for Comorbid Presenting Problems

Moderator: Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Panelists: Charlie A. Davidson, Ph.D., Mercer University College of Health Professions
Jennifer Buchholz, MA, UNC Chapel Hill
Rachel Waford, Ph.D., Emory University Rollins School of Public Health
Jordan E. Cattie, Ph.D., Emory University School of Medicine

Participants earn 1.5 continuing education credits

CBT in the Media: Strategies for Communicating Cognitive Behavioral Science Effectively

Moderators: Ilana Seager van Dyk, M.A., The Ohio State University
Gwilym Roddick, The Ross Center
Panelists: Jonathan Abramowitz, Ph.D., University of North Carolina, Chapel Hill
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center
L. Kevin Chapman, Ph.D., L. Kevin Chapman, INC
Mary A. Fristad, ABPP, Ph.D., The Ohio State University
Carol Cassidy, M.A., Rutgers School of Social Work; New York University;
MotherLion Media

Participants earn 1.5 continuing education credits

Cognitive-Behavioral Interventions for Substance Use Disorders: Challenges and Future Directions

Moderators: Korine Cabrera, B.S., Clark University
Kathleen M. Palm Reed, Ph.D., Clark University
Panelists: Robert Miranda, Ph.D.,
Brown University Center for Alcohol and Addiction Studies
Paola Pedrelli, Ph.D., Harvard Medical School, Massachusetts General Hospital
Christina S. Lee, Ph.D., Northeastern University
Andrea Taylor, Ph.D., University of Texas Health Science Center, McGovern Medical School

Participants earn 1.5 continuing education credits

Community Violence: Promoting Change by Bridging Science, Training, Policy, and Practice

Moderator: Tommy Chou, M.S., Florida International University
Panelists: Marc S. Atkins, Ph.D., University of Illinois at Chicago
Sona Dinizulu, Ph.D., University of Chicago
Stacy Frazier, Ph.D., Florida International University
Michael A. Lindsey, M.P.H., Ph.D., M.S.W., Silver School of Social Work, New York University
Greta Massetti, Ph.D., Center for Disease Control and Prevention Division of Violence Prevention

Participants earn 1.5 continuing education credits

Cultural Insiders: Ethics, Research, Training, and Practice for Investigators of Color Working in Diverse Communities

Moderators: Jacqueline O. Moses, M.S., Florida International University
Tommy Chou, M.S., Florida International University
Panelists: Heather A. Jones, Ph.D., Virginia Commonwealth University
Kelsie H. Okamura, Ph.D., State of Hawaii Child and Adolescent Mental Health Division
Rosaura Orenjo-Aguayo, Ph.D., Medical University of South Carolina
Erlanger A. Turner, Ph.D., University of Houston-Downtown
Miguel Villodas, Ph.D., San Diego State University

Participants earn 1.5 continuing education credits

Designing Interventions People Will Use: An Introduction to User-Centered Design

Moderator: Emily G. Lattie, Ph.D., Northwestern University Feinberg School of Medicine
Panelists: Alex R. Dopp, Ph.D., University of Arkansas
Andrea K. Graham, Ph.D., Center for Behavioral Intervention Technologies, Northwestern University
Ashley Knapp, Ph.D., Northwestern University
Pauli Lieponis, M.A., Actualize Therapy
Kathryn Ringland, Ph.D., Northwestern University

Participants earn 1.5 continuing education credits

Ensuring Cultural Humility Across Clinical Research Designs

Moderators: Rachel R. Ouellette, M.S., Florida International University
Jacqueline O. Moses, M.S., Florida International University
Panelists: Miya Barnett, Ph.D., University of California, Santa Barbara
Stacy Frazier, Ph.D., Florida International University
Omar G. Gudino, ABPP, Ph.D., University of Kansas
David A. Langer, ABPP, Ph.D., Suffolk University
Jessica LoPresti, Ph.D., Suffolk University

Participants earn 1.5 continuing education credits

Extending the Reach of CBT Through Community, Industry, and Neuroscience Partnerships

Moderator: Angela Fang, Ph.D., Massachusetts General Hospital/Harvard Medical School
Panelists: Cassidy A. Gutner, Ph.D., Boston University School of Medicine
Amanda Baker, Ph.D., Massachusetts General Hospital/Harvard Medical School
Stephen Schueler, Ph.D., University of California, Irvine
Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School
Philippe R. Goldin, Ph.D., University of California, Davis

Participants earn 1.5 continuing education credits

Extending the Reach of Exposure Therapy: How Can We Maximize Dissemination and Delivery?

Moderator: Nicholas R. Farrell, Ph.D., Rogers Behavioral Health
Panelists: Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Kate Wolitzky-Taylor, Ph.D., UCLA
Melanie Harned, Ph.D., University of Washington
Carolyn B. Becker, Ph.D., Trinity University
Brad Riemann, Ph.D., Rogers Behavioral Health

Participants earn 1.5 continuing education credits

Facing Fear the Right Way: What We Know and Need to Learn About Maximizing Exposure Outcomes

Moderators: Joseph K. Carpenter, M.A., Boston University
Hayley E. Fitzgerald, M.A., Boston University
Panelists: Michelle Craske, Ph.D., UCLA
Michael Otto, Ph.D., Boston University
Dirk Hermans, Ph.D., KU Leuven
David Tolin, Ph.D., Institute of Living
Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Participants earn 1.5 continuing education credits

Having Faith in Acceptance-Based Science: Are the Spiritual Foundations of Mindfulness Compatible With Behavior Therapy?
Moderator: Alexander L. Chapman, Ph.D., Simon Fraser University
Panelists: Emily Cooney, Ph.D., Yale School of Medicine
Philippe R. Goldin, Ph.D., UC Davis
Steven C. Hayes, Ph.D., University of Nevada, Reno
Stefan G. Hofmann, Ph.D., Boston University Center for Anxiety and Related Disorders
Lynn C. Waelder, Ph.D., Palo Alto University; Stanford University School of Medicine
Randy Wolbert, M.S.W., Behavioral Tech, LLC

Participants earn 1.5 continuing education credits

How Will Progress Continue After the Grant Ends? The Role of Purveyor Organizations in Sustainable Dissemination of Evidence-Based Programs
Moderators: Margaret E. Crane, M.A., Temple University
Philip Kendall, Ph.D., Temple University
Panelists: Matthew Sanders, Ph.D., University of Queensland
Eric Daleiden, Ph.D., PracticeWise
Allen R. Miller, Ph.D., Beck Institute for Cognitive Behavior Therapy
Dennis D. Embry, Ph.D., PAXIS Institute
Ceth Ashen, Ph.D., C. Ashen Consulting

Participants earn 1.5 continuing education credits

Implementing and Sustaining Evidence-Based Practice for Serious Mental Health Conditions: Georgia’s Recovery-Oriented Cognitive Therapy Initiative
Moderators: Paul M. Grant, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Ursula Davis, Georgia State University
Panelists: Paul M. Grant, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Monica Johnson, Georgia Department of Behavioral Health and Developmental Disabilities
Terri Timberlake, Ph.D., Georgia Department of Behavioral Health and Developmental Disabilities
Jessica Austin, LCSW, Georgia State University
Christian S. Hildreth, Psy.D., Central State Hospital
Lynne Deigert, Behavioral Health Services of South Georgia

Participants earn 1.5 continuing education credits

Improving the Impact of Evidence-Based Treatments for Youth: What the Manuals Don’t Tell You About Navigating Caregiver Challenges
Moderators: H. Gemma Stern, B.S., Rutgers University
Emily Badin, B.A., Rutgers University
Panelists: Andrea M. Chronis-Tuscano, Ph.D., University of Maryland
Brian C. Chu, Ph.D., Rutgers University
Tom Hildebrandt, Psy.D., Icahn School of Medicine at Mount Sinai
Cheryl B. McNeil, Ph.D., West Virginia University
Anthony Pullafico, Ph.D., Columbia University Medical Center

Participants earn 1.5 continuing education credits

Integrating Community-Based Projects in the Training of Clinical Scientists for Social Impact
Moderator: Lauren A. Stutts, Ph.D., Davidson College
Panelists: Lauren A. Stutts, Ph.D., Davidson College
Taryn A. Myers, Ph.D., Virginia Wesleyan University
Elizabeth Dalton, Ph.D., Elizabethtown College
Susan Wenze, Ph.D., Lafayette College
Cheri A. Levinson, Ph.D., University of Louisville

Participants earn 1.5 continuing education credits

Jumping Off the Academic Track: Extending the Social Impact of CBT in Unique Careers
Moderator: Illyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management
Panelists: Illyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management
Jonathan Fader, Ph.D., Union Square Practice/SportStrata

Participants earn 1.5 continuing education credits

Ladies First! Perspectives and Pointers From Four Past Presidents for Women Pursuing a Path in the Profession
Moderator: Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine
Panelists: Anne Marie Albano, ABPP, Psy.D., Columbia University
Patricia A. Resick, Ph.D., Duke University Medical Center
Jacqueline Persons, Ph.D., Oakland Cognitive Behavior Therapy Center
Sabine Wilhelm, Ph.D., Massachusetts General Hospital/Harvard Medical School

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Moderator: Stephen Schueller, Ph.D., University of California, Irvine
Panelists: Adrian Aguilera, Ph.D., UC Berkeley
Naomi Pollock, LCSW, AbleTo, Inc.
Lauren A. Rutter, Ph.D., McLean Hospital/Harvard Medical School

Making CBT an Alternative to Medication at Scale: Emerging Pathways for Increasing the Accessibility of Evidence-Based Psychological Treatments
Moderator: Michael Otto, Ph.D., Boston University
Panelists: Jenna R. Carl, Ph.D., Big Health
Steve D. Hollar, Ph.D., Vanderbilt University
Michelle Craske, Ph.D., UCLA
Jonathan Comer, Ph.D., Florida International University
R. Kathryn McHugh, Ph.D., McLean Hospital/Harvard Medical School

Participants earn 1.5 continuing education credits

Making Our Science Palatable to the Hungry Public: Embracing the Power of Social Media
Moderator: Daniel L. Hoffman, ABPP,
Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital  
**Panelists:** Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center/Zucker Hillside Hospital  
Dean McKay, Ph.D., Fordham University  
Rebecca Sachs, ABPP, Ph.D., CBST Spectrum  
Shane G. Owens, ABPP, Ph.D., Farmingdale State College  
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine  

L. Kevin Chapman, Ph.D., Private Practice  
Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill  
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center/Albert Einstein College of Medicine  
Yuel C. Schonbrun, Ph.D., Alpert Medical School of Brown University  

**Participants earn 1.5 continuing education credits**

**Parenting Gender Diverse Youth: Setting a Research and Clinical Agenda**  
**Moderators:** T. Zachary Huit, M.A., University of Nebraska-Lincoln  
Katie Meidlinger, M.A., University of Nebraska-Lincoln  
**Panelists:** Ashley Austin, Ph.D., Barry University  
Shelley L. Craig, Ph.D., M.S.W., University of Toronto  
Diane Chen, Ph.D., Ann & Robert H. Lurie Children’s Hospital of Chicago/Northwestern University Feinberg School of Medicine  
Arlene Noriega, Ph.D., Morehouse School of Medicine  

**Participants earn 1.5 continuing education credits**

**Research Recruitment Strategies for “Hard to Reach” Populations: A Panel to Share Lessons Learned and Tangible Takeaways**  
**Moderator:** Lanay M. Mudd, Ph.D., National Institutes of Health  
**Panelists:** Lisa A. Uebelacker, Ph.D., Brown University & Butler Hospital  
Jennifer L. Huberty, Ph.D., Arizona State University  
Lauren Weinstock, Ph.D., Brown University & Butler Hospital  

**Participants earn 1.5 continuing education credits**

**Responding to #FakeNews With #RealScience: How to Disseminate Clinical Science to the Media**  
**Moderator:** Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
**Panelists:** Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
L. Kevin Chapman, Ph.D., Private Practice  
C. Alix Timko, Ph.D., University of Pennsylvania  

**Participants earn 1.5 continuing education credits**

**Supporting Graduate Students of Color: How to Identify and Overcome Barriers to Success in Predominantly White Institutions**  
**Moderator:** Alexandria N. Miller, B.S., B.A., Suffolk University  
**Panelists:** Joaquin Borrego, Jr., Ph.D., Pacific University  
Matthew J. Taylor, Ph.D., University of Missouri-St. Louis  
Stevie N. Grassetti, Ph.D., West Chester University of Pennsylvania  
Ana Bridges, Ph.D., University of Arkansas, Fayetteville  
Jenny Phan, B.A., Loyola University Chicago  
Roselee Ledesma, B.A., University of Arkansas  

**Participants earn 1.5 continuing education credits**

**Telehealth and mHealth: Innovations and Challenges in Clinical and Research Applications Across Private Sector, VA, and DoD Settings**  
**Moderator:** Jessica Stern, Ph.D., NYU Langone Health Steven A. Cohen Military Family Clinic  
**Panelists:** Ariane Ling, Ph.D., NYU Langone Health Steven A. Cohen Military Family Clinic  
Gina Raza, Ph.D., Puget Sound Healthcare System; Virginia Tech-Carilion School of Medicine  
Jessica Watrous, Ph.D., Naval Health Research Center  

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**The MAP Toolkit for Enhancing the Connections Between Science and Practice: Common Elements and Much More**  
**Moderator:** Kimberly D. Becker, Ph.D., University of South Carolina  
**Panelists:** Brad J. Nakamura, Ph.D., University of Hawaii at Manoa  
Cameo Stanick, Ph.D., Hathaway-Sycamores Child and Family Services  
Adam Bernstein, Ph.D., PracticeWise  
Michael Southam-Gerow, Ph.D., Virginia Commonwealth University  
Angela Chiu, Ph.D., Weill Cornell Medicine  
Alyssa Ward, Ph.D., Department of Medical Assistance Services
Participants earn 1.5 continuing education credits

The Role of Cognitive Behavioral Science in Addressing Individual and Systemic Constraints to Evidence-Based Practice in the Changing Health Care Marketplace
Moderator: Kathleen M. Palm Reed, Ph.D., Clark University
Panelists: Kathleen M. Palm Reed, Ph.D., Clark University
Kristin Scott, Ph.D., Children’s Health, University of Texas at Southwestern
Betsy D. Kennard, Psy.D., University of Texas Southwestern Medical Center at Dallas
Ethan Mereish, Ph.D., American University
Pamela End of Horn, LICSW, M.S.W., US DHHS Indian Health Service

SYMPOSIAS

Participants earn 1.5 continuing education credits

A Transdiagnostic, Stepped Care School Counselling System: The PRIDE Program in India
Chair: Vikram Patel, Ph.D., Harvard Medical School
Discussant: Bruce Chorpita, Ph.D., UCLA

Participants earn 1 continuing education credit

A Translational Approach to Suicide Risk Assessment: Novel Methodologies With Implications for Diverse Populations and Settings
Co-Chairs: Kenneth J.D. Allen, Ph.D., Alpert Medical School of Brown University
Brooke Ammerman, Ph.D., University of Notre Dame
Discussant: Christine B. Cha, Ph.D., Teachers College, Columbia University

Participants earn 1 continuing education credit

Act Well Your Part: Using Theater to Disseminate Evidence-Based Practices to Treat Core Deficits in Autism Spectrum Disorder
Chair: Matthew Lerner, Ph.D., Stony Brook University
Discussant: Susan White, Ph.D., The University of Alabama

Participants earn 1.5 continuing education credits

Addressing Violence, Abuse, and Trauma Throughout the Socioecological Model
Chair: Melanie D. Hetzel-Riggin, Ph.D., Penn State Erie, The Behrend College
Discussant: Emily Dworkin, Ph.D., University of Washington School of Medicine

Participants earn 1.5 continuing education credits

Advances in Perinatal Mental Health: Extending the Reach of Cognitive-Behavioral Science to an Understudied, Vulnerable Population
Co-Chairs: Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
Jonathan Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Discussant: Sheila Crowell, Ph.D., University of Utah

Participants earn 1 continuing education credit

ALACRITY Centers: Innovative Collaborations and Strategies for Research With Potential to Transform Practice
Chair: Joel T. Sherrill, Ph.D., National Institute of Mental Health/NIH
Discussant: Joel T. Sherrill, Ph.D., National Institute of Mental Health/NIH

Participants earn 1.5 continuing education credits

All the Skills, All the Time: Lessons Learned From Dialectical Behavior Therapy Intensive Outpatient, Partial Hospitalization, and Residential Programs
Chair: Emily Cooney, Ph.D., Yale School of Medicine
Discussant: Lorie Ritschel, Ph.D., University of North Carolina Chapel Hill School of Medicine

Participants earn 1.5 continuing education credits

Am I Good Enough? The Role of Self-Evaluation in the Context of Body Image and Disordered Eating
Chair: Laurel D. Sarfan, M.A., Miami University
Discussant: Drew Anderson, Ph.D., University at Albany, State University of New York
Participants earn 1.5 continuing education credits

**Anxiety Sensitivity and Substance Use: Associations and Novel Treatment Approaches**

*Co-Chairs: Amanda Raines, Ph.D., Southeast Louisiana Veterans Health Care System  
Nicholas Allan, Ph.D., Ohio University  
**Discussant:** Julia Buckner, Ph.D., Louisiana State University*

Participants earn 1.5 continuing education credits

**Applying Acceptance and Commitment Therapy to the Treatment of Domestic Violence, Stalking, and Sexual Misconduct**

*Chair: Erika Lawrence, Ph.D., The Family Institute at Northwestern University  
**Discussant:** Miriam Ehrensaft, Ph.D., Duke University*

Participants earn 1.5 continuing education credits

**Barriers and Facilitators to Implementing Evidence-Based Interventions for Sleep Problems**

*Chair: Jessica C. Levenson, Ph.D., University of Pittsburgh School of Medicine  
**Discussant:** Sairam Parthasarathy, M.D., University of California, Irvine*

Participants earn 1.5 continuing education credits

**Behavioral Health Treatment Needs, Entry, and Outcomes Among Justice-Involved Individuals**

*Co-Chairs: Mandy D. Owens, Ph.D., VA Puget Sound Health Care System  
Kelly E. Moore, Ph.D., East Tennessee State University  
**Discussant:** Raymond DiGiuseppe, Ph.D., St. John’s University*

Participants earn 1.5 continuing education credits

**Beyond Academic Impairment: Additional Risk for College Students With ADHD**

*Co-Chairs: Anna Garner, B.A., University of Northern Iowa  
Elizabeth Letter, Ph.D., University of Northern Iowa  
**Discussant:** Andrea M. Chronis-Tuscano, Ph.D., University of Maryland*

Participants earn 1.5 continuing education credits

**Beyond Symptom Remission: Using CBT to Empower Youth to Achieve Normative Developmental Milestones**

*Chair: Renae Beaumont, Ph.D., Weill Cornell Medicine, New York Presbyterian Hospital  
**Discussant:** Cynthia Suveg, Ph.D., University of Georgia*

Participants earn 1.5 continuing education credits

**Bridging the Gap: Addressing Barriers and Improving Access to Evidence-Based Psychotherapy**

*Co-Chairs: Gabriella Ponzini, B.A., West Virginia University  
Shari Steinman, Ph.D., West Virginia University  
** Discussant:** Bethany Teachman, Ph.D., University of Virginia*

Participants earn 1.5 continuing education credits

**Brief, Technology-Mediated Interventions to Expand the Reach of Cognitive-Behavioral Therapies**

*Chair: Jessica L. Schleider, Ph.D., Stony Brook University  
**Discussant:** Stephen Schueller, Ph.D., University of California, Irvine*

Participants earn 1.5 continuing education credits

**Bringing Clinical Wisdom Home: Turning Effective In-Person Therapy Into Digitally Delivered Interventions for Attention and Behavior Problems**

*Chair: Richard Gallagher, Ph.D., NYU School of Medicine  
**Discussant:** Steven Evans, Ph.D., Ohio University*

Participants earn 1.5 continuing education credits

**Building the Capacity of Primary Care Providers and Improving Experiences for Families: Findings From Trauma-Informed Training, Collaborative Care, and Specialized Medical Home Efforts**

*Chair: Elizabeth A. Miller, Ph.D., University of Pittsburgh School of Medicine  
**Discussant:** David J. Kolko, Ph.D., University of Pittsburgh School of Medicine*

Participants earn 1.5 continuing education credits

**Change That Matters: What, Why, and How Meaningful Change Happens in CBT for Anxiety-Related Disorders**

*Chair: Jesse McCann, B.S., University of Pennsylvania  
**Discussant:** Anu Asnaani, Ph.D., University of Pennsylvania*

Participants earn 1.5 continuing education credits

**Chronic Medical Illness and Anxiety/Depression**

*Co-Chairs: Arielle Horenstein, M.A., Temple University  
Andrew H. Rogers, M.A., University of Houston  
**Discussant:** Daniel W. McNeil, Ph.D., West Virginia University*

Participants earn 1.5 continuing education credits

**Chronic Pain and Substance Use: Toward an Understanding of Psychological Vulnerabilities**

*Co-Chairs: Katherine McDermott, B.A., Florida State University  
Andrew H. Rogers, M.A., University of Houston  
**Discussant:** Gordon Asmundson, Ph.D., University of Regina*

Participants earn 1.5 continuing education credits

**Cognition and Emotion in Self-Injury and Suicide: Evidence for Novel State and Trait Risk Markers Using Objective Assessment Methods and Intensive Longitudinal Designs**

*Chair: Kenneth J.D. Allen, Ph.D., Alpert Medical School of Brown University  
**Discussant:** Brooke Ammerman, Ph.D., University of Notre Dame*

Participants earn 1.5 continuing education credits

**Cognitive and Electrophysiological Advances in Anxiety and Related Disorders**

*Co-Chairs: Hani Zainal, M.S., Pennsylvania State University  
Michelle G. Newman, Ph.D., Pennsylvania State University  
**Discussant:** Kiara Timpano, Ph.D., University of Miami*

Participants earn 1.5 continuing education credits

**Cognitive Behavioral Science Beyond the Psychotherapy Room: Identifying Mental Health Disparities and Barriers to Care to Enhance Health and Well-Being Among Diverse and Vulnerable Medical Populations**

*Co-Chairs: Amelia Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital  
Miryam Yusufov, Ph.D., Dana-Farber Cancer Institute*
Discussant: Conall O’Cleirigh, Ph.D., Massachusetts General Hospital/Harvard Medical School

- Participants earn 1.5 continuing education credits

CBT in Global Mental Health: Trials and Implementation
Chair: Laura Murray, Ph.D., Johns Hopkins University
Discussant: Lucy Berliner, M.S.W., University of Washington, Seattle

- Participants earn 1 continuing education credit

Collaborating With Community Partners to Deliver Evidence-Based Practice and Increase Access to Care for Individuals With ASD Across the Life Span
Chair: Judy Reaven, Ph.D., JFK Partners, University of Colorado Anschutz Medical Campus
Discussant: Laura G. Anthony, Ph.D., Children’s Hospital Colorado, University of Colorado Anschutz Medical Campus

- Participants earn 1.5 continuing education credits

Community-Based Mental Health and Trauma-Focused Service Provision for Children and Adults With ASD
Chair: Connor Kerns, Ph.D., University of British Columbia
Discussant: Ann Garland, Ph.D., UC San Diego, School of Medicine

- Participants earn 1 continuing education credits

Considering Parenting in a Cultural Context: Class, Ethnicity, and Gender
Chair: Deborah J. Jones, Ph.D., UNC Chapel Hill
Discussant: Robert J. McMahon, Ph.D., Simon Fraser University, British Columbia; BC Children’s Hospital, Vancouver

- Participants earn 1.5 continuing education credits

Context Matters: Sociocultural Considerations for Psychosis Risk and Early Psychosis
Chair: Emily He, M.A., Clark University
Discussant: Amy Weisman de Mamani, Ph.D., University of Miami

- Participants earn 1.5 continuing education credits

Cost-Effectiveness of CBT: Critical Information for Dissemination and Implementation
Chair: Alessandro S. De Nadai, Ph.D., Texas State University
Discussant: Eric A. Storch, Ph.D., Baylor College of Medicine

- Participants earn 1 continuing education credit

Creating a National Resource Center for Victims of Mass Violence: Addressing Mental Health Response and Consequences
Chair: Angela Moreland, Ph.D., Medical University of South Carolina
Discussant: Dean Klapk, Ph.D., Medical University of South Carolina

- Participants earn 1 continuing education credit

Cultural and Contextual Factors Affecting Individuals With Schizophrenia-Spectrum Disorders
Chair: Daisy Lopez, B.A., University of Miami
Discussant: David Penn, Ph.D., University of North Carolina at Chapel Hill

- Participants earn 1 continuing education credit

Cultural Competence and Evidence-Based Practice in Training and Provision of Care in Diverse Societies
Chair: Vaishali Raval, Ph.D., Miami University
Discussant: Terri Messman-Moore, Ph.D., Miami University

- Participants earn 1.5 continuing education credits

Current Practices and Future Directions in Addressing School Refusal
Co-Chairs: Scott E. Hannan, Ph.D., & Elizabeth Davis, Ph.D., Institute of Living
Discussant: Micco Jamie, ABPP, Ph.D., Private Practice/Harvard Medical School

- Participants earn 1.5 continuing education credits

Does How We Implement an EBT Matter? Measuring the Process of Therapy
Chair: Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia
Discussant: Anne Marie Albano, ABPP, Ph.D., Columbia University

- Participants earn 1.5 continuing education credits

Eating Disorders, Self-Injury, and Suicide: Common Pathways, Mechanisms, and Functions
Co-Chairs: Kathryn Fox, M.A., Harvard University
Shirley Wang, B.A., Harvard University
Discussant: Smith April, Ph.D., Miami University

- Participants earn 1.5 continuing education credits

Efficacy and Feasibility of Integrating Evidence-Based Treatment and Support Into Schools: Four Approaches From the United States and Japan
Chair: Chelsey Bowman, Ed.M., Boston University
Discussant: Thomas Ollendick, Ph.D., Virginia Polytechnic Institute and State University

- Participants earn 1.5 continuing education credits

Emerging Research Among Military Couples: Novel Investigations and Unique Considerations
Chair: Feea Leifker, M.P.H., Ph.D., University of Utah
Discussant: Steven Sayers, Ph.D., University of Pennsylvania / CMCVA Medical Center (Philadelphia)

- Participants earn 1 continuing education credit

Emotion Socialization Matters: Delving Into the Complexities of the Relations Between Emotion Socialization and Youth Internalizing and Externalizing Symptoms
Chair: Laura G. McKee, Ph.D., Georgia State University
Discussant: Erin Tully, Ph.D., Georgia State University

- Participants earn 1.5 continuing education credits

Empowering Patients With Direct-to-Consumer Marketing for Evidence-Based Psychotherapies
Chair: Casey A. Schofield, Ph.D., Skidmore College
Discussant: Robert D. Friedberg, ABPP, Ph.D., Palo Alto University

- Participants earn 1.5 continuing education credits

Evidence-Based Treatments to
General Sessions | Convention 2019

INTERNATIONAL CENTER FOR PTSD

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Participants earn 1.5 continuing education credits

**Evidence-Based Treatments in Low-and Middle-Income Countries: Adapting Treatments to Meet Local Needs**

**Chair:** Lauren C. Ng, Ph.D., Boston University

**Discussant:** Jessica F. Magidson, Ph.D., University of Maryland, College Park

Participants earn 1.5 continuing education credits

**Exercise Your Mind and Body: Boosting Physical Activity and Cognition in Severe Mental Illness**

**Co-Chairs:** Abigail C. Wright, Ph.D., Massachusetts General Hospital Julia Browne, M.A., University of North Carolina at Chapel Hill

**Discussant:** Kim Mueser, Ph.D., Boston University

Participants earn 1.5 continuing education credits

**Expanding Impact: Addressing Co-occurring and Complicating Factors During Evidence-Based Treatments for PTSD**

**Chair:** Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Healthcare System

**Discussant:** Denise Sloan, Ph.D., National Center for PTSD

Participants earn 1.5 continuing education credits

**Expanding the Impact of Youth Evidence-Based Mental Health Care Through Parents**

**Chair:** Vanesa Ringle, M.S., University of Miami

**Discussant:** Jill Ehrenreich-May, Ph.D., University of Miami

Participants earn 1.5 continuing education credits

Participants earn 1.5 continuing education credits

**Exposure Therapy: From Bench to Bedside**

**Chair:** Joanna L. Kaye, M.S., VA San Diego Healthcare System

**Discussant:** Michael Southam-Gerow, Ph.D., Virginia Commonwealth University

Participants earn 1.5 continuing education credits

**Extending Research on the Interrelation of Interpersonal and Emotional Dysfunction Within Borderline Personality Disorder**

**Chair:** Kim Gratz, Ph.D., University of Toledo

**Discussant:** Jennifer Cheavens, Ph.D., The Ohio State University

Participants earn 1.5 continuing education credits

**Extending Suicide Research to the Most Marginalized Subgroups of Sexual and Gender Minority Individuals**

**Co-Chairs:** Brian A. Feinstein, Ph.D., Northwestern University Cindy Chang, B.A., Rutgers University

**Discussant:** Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill

Participants earn 1.5 continuing education credits

**Extending the Impact of Professional Training: Innovative Models to Support Clinician Competence**

**Chair:** Kimberly A. Hepner, Ph.D., RAND Corporation

**Discussant:** Donna Sudak, M.D., Drexel University

Participants earn 1.5 continuing education credits

**Extending the Reach of Therapeutic Interventions: Technology-Based Interventions for Risky Substance Use**

**Co-Chair:** Julia Buckner, Ph.D., Louisiana State University

**Discussant:** Clayton Neighbors, Ph.D., University of Houston

Participants earn 1.5 continuing education credits

Participants earn 1.5 continuing education credits

Participants earn 1.5 continuing education credits

**Families as a Source of Resilience for Youth Facing Stressors: Extending the Reach and Relevance of Family-Based Interventions**

**Chair:** Nada M. Goodrum, M.A., Medical University of South Carolina

**Discussant:** Deborah J. Jones, Ph.D., University of North Carolina, Chapel Hill

Participants earn 1.5 continuing education credits

**Fear and Anxiety about Chronic and Acute Pain: Mechanisms, Emotion Regulation, and Psychosocial Factors**

**Chair:** Daniel W. McNeil, Ph.D., West Virginia University

**Discussant:** Gordon Asmundson, Ph.D., University of Regina

Participants earn 1.5 continuing education credits

**Fidelity Assessment in Usual Care Settings: Implications for Implementation of Evidence-Based Treatment Models**

**Chair:** Craig E. Henderson, Ph.D., Sam Houston State University

**Discussant:** Sara J. Becker, Ph.D., Center for Alcohol and Addictions Studies Brown University School of Public Health

Participants earn 1.5 continuing education credits

**From Laboratory to Clinic: Mechanism-Focused Treatment of Borderline Personality Disorder**

**Chair:** Julianne Wilner Tirpak, M.A., Boston University

**Discussant:** Kim Gratz, Ph.D., University of Toledo

Participants earn 1.5 continuing education credits

**From the Ground Up to the Sky: Spanning the Arc of Implementation Supports**

**Chair:** Rachel E. Kim, Ph.D., Judge Baker Children’s Center

**Discussant:** Shannon Dorsey, Ph.D., University of Washington

Participants earn 1.5 continuing education credits

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Harnessing Clinical and Cognitive-Behavioral Science to Improve the Rigor of Paraprofessional Mentoring Interventions
Co-Chairs: Matthew Hagler, M.A., University of Massachusetts, Boston
Samuel D. McQuillen, Ph.D., University of South Carolina
Discussant: Jean Rhodes, Ph.D., University of Massachusetts, Boston

Participants earn 1.5 continuing education credits

How Can I Help This Angry Patient? Developments in the Understanding and Treatment of Dysregulated Anger
Chair: Clair Cassiello-Robbins, M.A., Boston University Center for Anxiety and Related Disorders
Discussant: Raymond DiGiuseppe, Ph.D., St. John’s University

Participants earn 1.5 continuing education credits

Identity Concealment: Reasons, Consequences, and Associations With Mental and Physical Health
Chair: Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Discussant: Steven Safren, Ph.D., University of Miami

Participants earn 1.5 continuing education credits

Impacts of Relationship Transitions on Romantic Relationship Quality and Individual Well-Being
Chair: Charlie Huntington, B.A., University of Denver
Discussant: Howard Markman, Ph.D., University of Denver

Participants earn 1.5 continuing education credits

Improving PTSD Treatment Access and Retention: Insights and Outcomes From the First 3 Years of the Warrior Care Network’s Intensive PTSD Treatment Programs
Chair: Philip Held, Ph.D., Rush University Medical Center
Discussant: Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio

Participants earn 1.5 continuing education credits

Improving the Delivery and Reach of CBT: The Role of Emerging Technology
Chair: Amanda Edwards-Stewart, Ph.D., Psychological Health Center of Excellence
Discussant: Carolyn Greene, Ph.D., University of Arkansas for Medical Sciences

Participants earn 1.5 continuing education credits

Improving Treatment Outcome With Clinical Decision-Making Tools
Chair: Jacqueline Persons, Ph.D., Oakland Cognitive Behavior Therapy Center
Discussant: Philip Kendall, Ph.D., Temple University

Participants earn 1.5 continuing education credits

Improving Treatments for Hoarding Disorder: From the Laboratory to the Clinic
Chair: Kiara Timpano, Ph.D., University of Miami
Discussant: Randy Frost, Ph.D., Smith College

Participants earn 1.5 continuing education credits

Increasing Diversity in Clinical Research: Reaching New Populations and Developing Diverse Workforces
Chair: Xieying Huang, M.S., Florida State University
Discussant: Esther C. Park, B.A., Florida State University

Participants earn 1.5 continuing education credits

Individualized Assessment and Treatment: What Wisdom Does Ecological Momentary Assessment Offer to Clinician and Client Stakeholders?
Co-Chairs: Thomas Rodebaugh, Ph.D., Washington University in St. Louis
Madelyn Frumkin, B.A., Washington University in St. Louis
Discussant: Bethany Teachman, Ph.D., University of Virginia

Participants earn 1.5 continuing education credits

Innovations in Translating CBT for Depression From the Lab to the Clinic
Chair: Roecklein A. Kathryn, Ph.D., University of Pittsburgh
Discussant: Michael A. Young, Ph.D., Illinois Institute of Technology

Participants earn 1.5 continuing education credits

Innovative Strategies to Overcome Barriers to Care for Children With Selective Mutism
Chair: Brian E. Bunnell, Ph.D., Medical University of South Carolina
Discussant: Deborah Beidel, Ph.D., University of Central Florida

Participants earn 1.5 continuing education credits

Interpersonal Relationships Among Marginalized Populations: Implications for Mental Health and Treatment
Chair: Sarah Carter, Ph.D., VA Puget Sound Health Care System
Discussant: Sarah W. Whitten, Ph.D., University of Cincinnati

Participants earn 1.5 continuing education credits

Interventions for Suicidality: How Good Are They, and How Can We Improve Them?
Co-Chairs: Joseph Franklin, Ph.D., Florida State University
Jessica Ribeiro, Ph.D., Florida State University
Discussant: Zachary Rosenthal, Ph.D., Duke University

Participants earn 1.5 continuing education credits

Irritability in Childhood: Measurement, Predictive Utility and Treatment
Chair: Jeffrey D. Burke, Ph.D., University of Connecticut
Discussant: Amy K. Roy, Ph.D., Fordham University

Participants earn 1.5 continuing education credits

Lab-based Acquisition and Extinction of Conditioned Disgust: Novel Methods and Clinical Implications
Co-Chairs: Hannah Berg, B.A., University of Minnesota
Shmuel Lissek, Ph.D., University of Minnesota
Discussant: Bunmi Olatunji, Ph.D., Vanderbilt University
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Participants earn 1.5 continuing education credits

New Directions in Learning Research: Clarifying Psychopathological Risk and Identifying Treatment Targets
Co-Chairs: Adam Jaroszewski, M.A., Harvard University
Emily E. Bernstein, M.A., Harvard University
Discussant: Michelle Craske, Ph.D., UCLA

Participants earn 1.5 continuing education credits

New Directions in the Treatment of Suicidal People
Chair: Kelly Zuromski, Ph.D., Harvard University
Discussant: Mitchell Prinstein, Ph.D., University of North Carolina, Chapel Hill

Participants earn 1.5 continuing education credits

Novel Preventive Intervention Strategies for Couples and Families: Extending the Reach and Social Impact of CBT to Promote Relationship Quality and Adult and Child Well-Being
Chair: Allen W. Barton, Ph.D., University of Georgia
Discussant: Scott Stanley, Ph.D., University of Denver

Participants earn 1.5 continuing education credits

Novel Treatments for Affective Disorders: Leveraging Biological and Psychological Indicators for Treatment Personalization
Chair: Alicia Meuret, Meuret, SMU
Discussant: W. Edward Craighead, ABPP, Ph.D., Emory University

Participants earn 1.5 continuing education credits

Novel Ways to Recruit for and Increase Uptake Into Digital Mental Health Interventions
Co-chairs: Emily G. Lattie, Ph.D., Northwestern University Feinberg School of Medicine
Ashley Knapp, Ph.D., Northwestern University
Discussant: Evan Forman, Ph.D., Drexel University

Participants earn 1.5 continuing education credits

Onward, Together! Patient-Centered Research to Expand the Impact of Behavioral Treatments for Tourette Syndrome
Chair: Matthew Capriotti, Ph.D., San Jose State University
Discussant: Amanda Talty, Tourette Association of America

Participants earn 1.5 continuing education credits

Oppressed Identities and Healing: Streamlining Intervention Targets and Coping
Chair: Broderick Sawyer, Ph.D., Behavioral Wellness Clinic
Discussant: Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

Participants earn 1.5 continuing education credits

Outcome Data and Implications of a Novel, Optimization-Focused Cognitive-Behavioral Intervention Focused on Destigmatizing Mental Health
Chair: Brad Donohue, Ph.D., University of Nevada Las Vegas
Discussant: Al Light, M.S., Cirque du Soleil

Participants earn 1.5 continuing education credits

Participatory Action in Research: Building Interventions From the Ground Up
Chair: Grace Lee Simmons, B.S., The University of Alabama
Discussant: Brad J. Nakamura, Ph.D., University of Hawaii at Manoa

Participants earn 1.5 continuing education credits

Partnering With Families in Therapy: Leveraging Family Processes in the Treatment of Anxiety Disorders
Chair: Ryan Jacoby, Ph.D., Massachusetts General Hospital
Discussant: Eric Storch, Ph.D., Baylor College of Medicine

Participants earn 1.5 continuing education credits

Pre-Loss Grief in Family Members of Cancer and Dementia Patients: A Theoretical and Empirical Examination of PLG Leading to an Evidence-Based Intervention

Co-Chairs: Jonathan Singer, M.A., University of Nevada, Reno
Tony Papa, Ph.D., University of Nevada, Reno
Discussant: Holly Prigerson, Ph.D., Weill Cornell Medical College

Participants earn 1.5 continuing education credits

Qualitative and Mixed Method Research on ADHD Treatment: The Importance of Stakeholders’ Perspectives
Chair: Anne Morrow, M.S., Nova Southeastern University
Discussant: Marc S. Atkins, Ph.D., University of Illinois at Chicago

Participants earn 1.5 continuing education credits

Reframing Behavioral Addictions as Reinforcer Pathologies: Implications for Theory and Practice
Chair: Gabriela A. Nagy, Ph.D., Duke University Medical Center
Discussant: Carla Rash, Ph.D., University of Connecticut

Participants earn 1.5 continuing education credits

Relationship Health Across Diverse and Underserved Communities: Connecting Theory and Practice to Inform Therapeutic Processes for Couple Distress
Co-Chairs: Judith Biesen, M.A., University of Notre Dame
Binghuang A. Wang, M.S., Binghamton University, State University of New York
Discussant: Emily Georgia Salivar, Ph.D., Nova Southeastern University

Participants earn 1.5 continuing education credits

Religion and Spirituality in Couple Relationships: Building a Foundation for Expansion of Couple Therapy Research and Practice to Religious Couples
Remote Interventions With Couples: Using Technology to Extend Our Reach
Chair: Steven Sayers, Ph.D., University of Pennsylvania / CMC VA Medical Center (Philadelphia)
Discussant: Kristina Coop Gordon, Ph.D., University of Tennessee, Knoxville
F Participants earn 1 continuing education credit

Responding to Stress Early in Life: Bench-to-Bedside Implications for Regulating Emotions
Co-Chairs: Jennifer Pearline, M.A., University of California, Berkeley
Victoria E. Cosgrove, Ph.D., Stanford University School of Medicine
Discussant: Patricia Brennan, Ph.D., Emory University
F Participants earn 1.5 continuing education credits

Risk and Resilience Factors in Racial and Ethnic Minority Populations
Chair: Ana Martinez de Andino, M.S., Emory University School of Medicine
Discussant: Sierra Carter, Ph.D., Georgia State University
F Participants earn 1.5 continuing education credits

Serving the Underserved: Victories and Challenges in Global Dissemination of EBPs for Underserved Communities
Co-Chairs: Kevin Narine, B.A., University of Pennsylvania
Jeremy Tyler, Psy.D., University of Pennsylvania
Discussant: Shannon Wiltsey-Stirman, Ph.D., National Center for PTSD and Stanford University
F Participants earn 1.5 continuing education credits

Social Media for Social Good: Using Social Media to Deliver Cognitive and Behavioral Interventions to Adolescents and Young Adults
Chair: Danielle Ramo, Ph.D., Hopelab
Discussant: Patricia Cavazos, Ph.D., Washington University in St. Louis
F Participants earn 1.5 continuing education credits

Social Media: Friend or Foe? Investigating the Effects of Social Media on Mood, Body Image, and Internalizing Disorders
Chair: Allison D. Altman, M.A., University of California, Berkeley
Discussant: Melissa Hunt, Ph.D., University of Pennsylvania
F Participants earn 1.5 continuing education credits

Strategies to Increase Caregiver Involvement in Treatment: Novel Workforces, Delivery Models, and System Reforms to Reach Underserved Populations
Chair: Miya Barnett, Ph.D., University of California, Santa Barbara
Discussant: Marc S. Atkins, Ph.D., University of Illinois at Chicago
F Participants earn 1.5 continuing education credits

Suicidality in Underrepresented Populations
Chair: Ana Rabasco, B.A., Fordham University
Discussant: Richard Liu, Ph.D., Alpert Medical School of Brown University
F Participants earn 1.5 continuing education credits

Suicide Prevention: From Biomarkers to Intervention Implementation
Chair: Courtney Wolk, Ph.D., University of Pennsylvania
Discussant: Matthew Nock, Ph.D., Harvard University
F Participants earn 1.5 continuing education credits

Technology-Based Mindfulness Interventions: Development, Patterns of Use, and Clinical Impact
Chair: Colleen Conley, Ph.D., Loyola University Chicago
Discussant: Moria J. Smoski, Ph.D., Duke University
F Participants earn 1.5 continuing education credits

Technology-Based Targeted Prevention of Post-Sexual Assault Substance Use and Mental Health Symptoms
Co-Chairs: Emily Dworkin, Ph.D., University of Washington School of Medicine
Amanda Gilmore, Ph.D., Medical University of South Carolina
Discussant: Angela Moreland, Ph.D., Medical University of South Carolina
F Participants earn 1.5 continuing education credits

The Feasibility of Exposure Therapy for Eating Disorders
Chair: Jamal H. Essayli, Ph.D., Penn State College of Medicine
Discussant: Carolyn B. Becker, Ph.D., Trinity University
F Participants earn 1.5 continuing education credits

The Influence of Time of Day on Psychopathology and Implications for in-the-Moment and Personalized Interventions
Co-Chairs: Caroline Christian, B.S., The University of Louisville
Peter D. Soyster, B.A., University of California at Berkeley
Discussant: Aaron Fisher, Ph.D., University of California, Berkeley
F Participants earn 1.5 continuing education credits

The Integration of Religion/Spirituality Into Culturally Informed, Cognitive-Behavioral Mental Health Treatments
Chair: Kayla K. Thayer, Ph.D., Nova Southeastern University
Discussant: Stevan Lars Nielsen, Ph.D., Brigham Young University
F Participants earn 1.5 continuing education credits

The Interpersonal Regulation of Emotion Within Couples Coping With Unique Stressors
Chair: Stefany Fredman, Ph.D., Pennsylvania State University
Discussant: Brian R. Baucom, Ph.D., University of Utah
F Participants earn 1.5 continuing education credits
Participants earn 1.5 continuing education credits

The Neuroscience of Hoarding and OCD: Predictors of Treatment-Response, Decision Making, and the State vs Trait Debate
Chair: Amitai Abramovitch, Ph.D., Texas State University
Discussant: Dean McKay, Ph.D., Fordham University

Participants earn 1.5 continuing education credits

The Oxford Cognitive Approach to Understanding and Treating Persecutory Delusions
Co-Chairs: Daniel Freeman, Ph.D., Psy.D., University of Oxford
Emma Cernis, Psy.D., University of Oxford
Discussant: Louise Isham, Psy.D., University of Oxford

Participants earn 1.5 continuing education credits

The Process of Improving Care in Community Settings
Chair: Courtney Wolk, Ph.D., University of Pennsylvania
Discussant: Rinad Beidas, Ph.D., University of Pennsylvania

Participants earn 1.5 continuing education credits

The Treatment of Anxiety in Autism Spectrum Disorder (TAASD) Trial: Clinical Characteristics and Outcomes
Chair: Connor Kerns, Ph.D., University of British Columbia
Discussant: Susan White, Ph.D., University of Alabama

Participants earn 1.5 continuing education credits

The Wisdom of a Good Night’s Sleep: Sleep Disturbance as a Mechanism and Target of Treatment in Depression and Anxiety
Chair: Y. Irina Li, M.A., University of Rochester
Discussant: Michael L. Perlis, Ph.D., University of Pennsylvania

Participants earn 1.5 continuing education credits

Therapeutic Potential of Oxytocin for Improving Social-Cognitive Processes and Behavior in PTSD and Substance Use Disorders
Chair: Lauren M. Sippel, Ph.D., National Center for PTSD
Discussant: Angela Fang, Ph.D., Massachusetts General Hospital/Harvard Medical School

Participants earn 1.5 continuing education credits

To Approach, Avoid, or Both? Towards an Improved Characterization of Positive and Negative Valence Systems in Eating Disorders
Chair: Erin E. Reilly, Ph.D., University of California, San Diego
Discussant: Katherine Schaumberg, Ph.D., University of Wisconsin, Madison

Participants earn 1.5 continuing education credits

Transdiagnostic Approaches in the Aetiology and Treatment of Anxiety Disorders
Co-Chairs: Muriel A. Hagenaars, Ph.D., Utrecht University
Iris M. Engelhard, Ph.D., Utrecht University
Discussant: Dirk Hermans, Ph.D., KU Leuven

Participants earn 1.5 continuing education credits

Transdiagnostic Implications of Parent’s Socialization of Children’s Emotions and Child Differences in Vulnerability
Chair: Julia D. McQuade, Ph.D., Amherst College
Discussant: Andrea M. Chronis-Tuscano, Ph.D., University of Maryland

Participants earn 1.5 continuing education credits

Transgender and Gender Diverse Health: Minority Stress, Coping, and Implications for Cognitive Behavioral Science
Chair: Jae A. Puckett, Ph.D., Michigan State University
Discussant: Ethan Mereish, Ph.D., American University

Participants earn 1.5 continuing education credits

Translating Research Findings Into Practical Tools for the Assessment of Mechanisms and Barriers in Real-World Treatment for OCD
Co-Chairs: Jennie M. Kuekertz, M.S., San Diego State University/University of California, San Diego
Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School
Discussant: Thórstur Björgvinsson, Ph.D., ABPP, McLean Hospital’s Behavioral Health Partial Program/Harvard Medical School

Participants earn 1.5 continuing education credits

Treatment Fidelity Assessment: Developing Efficient Measurement Tools
Chair: Nicole B. Gumport, M.A., University of California, Berkeley
Discussant: Shannon Dorsey, Ph.D., University of Washington

Participants earn 1.5 continuing education credits

Trigger Warnings! Are They Helpful, Harmful, or Neither?
Chair: Richard J. McNally, Ph.D., Harvard University

Participants earn 1.5 continuing education credits

Understanding and Modifying Cognitive Control and Processing Biases in Depression
Chair: Leanne Quigley, Ph.D., Ferkauf Graduate School of Psychology, Yeshiva University
Discussant: Christopher Beever, Ph.D., The University of Texas at Austin

Participants earn 1.5 continuing education credits

Understanding Barriers to Engaging Traditionally Underserved Populations in Mental Health Services
Chair: Alayna L. Park, M.A., UCLA
Discussant: Stanley Huey, Ph.D., University of Southern California

Participants earn 1.5 continuing education credits

Understanding Exercise Approach-Avoidance Behavior in Women to Inform Feasible Transdiagnostic Intervention Development
Co-Chairs: Samantha G. Farris, Ph.D., Rutgers University
Kathryn A. Coniglio, B.A., Rutgers University
Discussant: Brandon Alderman, Ph.D., Rutgers University

Participants earn 1.5 continuing education credits

Understanding Relationship Functioning and Dynamics to Serve Diverse and Underserved Sexual Minority Individuals
Invited Addresses

Friday, November 22 | 11:00 a.m. – 12:00 p.m.
Lifetime Achievement Address

Imagine Being Accused of Scientific Fraud!
Linda C. Sobell, Ph.D. ABPP, Nova Southeastern University
Mark B. Sobell, Ph.D. ABPP, Nova Southeastern University

Friday, November 22 | 12:30 - 1:30 p.m.
Invited Address 1
Building the Workforce to Deliver Psychological Therapies Globally
Vikram Patel, Ph.D., Harvard Medical School

Saturday, November 23 | 12:30 - 1:30 p.m.
Invited Address 2
Transforming the Lives of Children, Parents, and Communities: Accomplishments and Future Opportunities
Matthew R. Sanders, Ph.D., University of Queensland, Brisbane
RESEARCH AND PROFESSIONAL DEVELOPMENT

Participants earn 1.5 continuing education credits

Applying for F31 Predoctoral or F32 Postdoctoral Fellowship Awards
Chair: Becky Kinkead, Ph.D., Emory University School of Medicine
Speakers: Lou Ann Brown, Ph.D., Emory University School of Medicine
Becky Kinkead, Ph.D., Emory University School of Medicine

Participants earn 1.5 continuing education credits

Careers in Clinical Psychology: Which Path Makes Sense for Me?
Chair: Jedidiah Siev, Ph.D., Swarthmore College
Sabine Wilhelm, Ph.D., Harvard Medical School; Massachusetts General Hospital
Matthew Nock, Ph.D., Harvard University
Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD
Barbara Kambholz, ABPP, Ph.D., VA Boston HCS & BU School of Medicine

Participants earn 1.5 continuing education credits

Developing Your Research Career: NIH Training and Career Development Funding Opportunities
Chair: Lanay M. Mudd, Ph.D., National Institute of Mental Health
Speakers: Ashley Tipton, Ph.D., National Institute of Mental Health
Lisa Uebelacker, Ph.D., Brown University & Butler Hospital
Christina M. Luberto, Ph.D., Massachusetts General Hospital/Harvard Medical School
Ivan W. Miller, Ph.D., Brown University
Ana M. Abrantes, Ph.D., Brown University
Lanay M. Mudd, Ph.D., National Institute of Mental Health
Lauren Weinstock, Ph.D., Brown University & Butler Hospital

Participants earn 1.5 continuing education credits

Improving Support for Parents During Psychology Training
Chair: Gabriela Khazanov, Ph.D., Corporal Michael J. Crescenz VA
Speakers: Stevie N. Grassetti, Ph.D., West Chester University of Pennsylvania
Keith D. Renshaw, Ph.D., George Mason University
Lauren Weinstock, Ph.D., Brown University & Butler Hospital
Lynn McFarr, Ph.D., Harbor-UCLA Medical Center & CBT California
Jedidiah Siev, Ph.D., Swarthmore College
Contributor: Aleesha Young, M.A., University of Hartford

Participants earn 1.5 continuing education credits

It Never Hurts to Ask! Strategies to Negotiate Academic Job Offers
Chair: Shona N. Vas, Ph.D., The University of Chicago
Speakers: Andrea K. Graham, Ph.D., Northwestern University Feinberg School of Medicine
Fabiana S. Araujo, Ph.D., University of Chicago
Shona N. Vas, Ph.D., University of Chicago

Participants earn 1.5 continuing education credits

Living as a Scientist-Practitioner: How to Conduct Research in Your Clinical Practice
Chair: Jacqueline B. Persons, Ph.D., Oakland CBT Center
Speakers: Travis L. Osborne, ABPP, Ph.D., Evidence Based Treatment Centers of Seattle
Andrew White, Ph.D., Portland DBT Institute
R. Trent Codd III, Ed.S., Cognitive-Behavioral Therapy Center of WNC, P.A.

Participants earn 1.5 continuing education credits

The Power and Promise Individual Participant Data: Developing A Clinical Trial Repository for Pediatric OCD
Chair: David H. Barker, Ph.D., Bradley hasbro Children’s Research Center
Speakers: Scott N. Compton, Ph.D., Duke University
Jennifer B. Freeman, Ph.D., Alpert Medical School of Brown University
Kristen M. Benito, Ph.D., Bradley Hospital
David H. Barker, Ph.D., Bradley Hasbro Children’s Research Center

Participants earn 1.5 continuing education credits

Values-Based Self-Care: Creating a Professional Self-Care Plan that Will Stick
Chair: Jorden Cummings, Ph.D., University of Saskatchewan
Speakers: Jessica Campoli, B.A., University of Saskatchewan
Jorden Cummings, Ph.D., University of Saskatchewan

SPOTLIGHT RESEARCH

All Spotlight Research sessions are 1.5 continuing education credits

How Can We Develop Therapeutic Interventions to Reduce the Harmful Effects of Adverse Childhood Experiences? A Modular, Multifocal, Trauma-Informed Solution
Chair: Arnon Bentovim, M.D., Fellow of Royal College of Psychiatrists UK
Panelist: Cameo Stanick, Ph.D., Hathaway-Sycamores Child and Family Services

Implicit Anti-Black Bias Predicts Black Mortality Rates
Chair: Monnica T. Williams, Ph.D., University of Connecticut
Panelists: Jamilah R. George, University of Connecticut
Terence Ching, University of Connecticut

Toward a Dimensional Taxonomy of Perseverative Thought
Chair: Kiara Timpano, Ph.D., University of Miami
Panelists: Lauren Hallion, Ph.D., University of Pittsburgh
Aidan Wright, Ph.D., University of Pittsburgh
Marc Coutanche, Ph.D., University of Pittsburgh
Jutta Joormann, Ph.D, Yale University
Susan Kusmierski, B.A., University of Pittsburgh
M. Kathleen Calaufield, B.A., University of Pittsburgh

Training Family and Caregivers in CBT for Psychosis-Informed Skills Within the Context of a CBTp Provider Network
Chair: Sarah L. Kopelowich, Ph.D., University of Washington School of Medicine
Panelists: Bryan Stiles, M.A., University of Washington School of Medicine
Maria Monroe-DeVita, Ph.D., University of Washington School of Medicine
Kate Hardy, Ph.D. Stanford University
Doug Turkington, M.D, Newcastle University
Co-Author: Samantha Davis, BFA, University of Washington
Special Invited Panels

FRIDAY, NOVEMBER 22 | 9:00 a.m. – 10:30 a.m.
Atrium Ballroom B & C, Atrium Level
1.5 CE Credits

Increasing Impact of Cognitive Behavioral Therapies: Why Public Health?

Moderator: Sonja Schoenwald, Ph.D., Oregon Social Learning Center
Panelists:
Ileana Arias, Ph.D., Centers for Disease Control and Prevention
Craig Thomas, Ph.D., Centers for Disease Control and Prevention
Richard Puddy, Ph.D., MPH, Centers for Disease Control and Prevention

This invited session explores the intersection of public health principles and essential services with the conference theme of extending the social impact of cognitive behavioral science. Sonja Schoenwald facilitates a guided discussion among a panel from Atlanta-based, U.S. Centers for Disease Control and Prevention that includes, Ileana Arias, Ph.D., Craig Thomas, Ph.D., and Richard Puddy, Ph.D., MPH. Topics addressed include: public health foundational concepts, the benefits of adopting a public health perspective; what’s needed (and limitations) for interventions to work on the ground in a wide variety of potentially diverse and challenging contexts; and illustrations of comprehensive public health strategies that span the continuum from individual to population health. Success stories and battle scars will be highlighted from across a range of strategies that impact health (from individual behavioral science interventions to wide-scale policy interventions), all the while taking into account implementation factors. Come experience how ABCT as an organization and as a collection of individuals can gain a public health perspective on scaling solutions to increase the impact of cognitive behavioral science.

SATURDAY, NOVEMBER 23 | 10:30 a.m. – 12:00 p.m.
Atrium Ballroom B & C

Realizing ABCT’s Mission in a Politicized World

Moderator: Lynn F. Bufka, Ph.D., American Psychological Association
Panelists:
Laura D. Seligman, Ph.D., University of Texas Rio Grande Valley
Anita Brown, Ph.D.,
Megan Gordon-Kane, Feminist Women’s Health Center
Lauren Thompson, Ph.D., McKendree University
Brandon Gaudiano, Ph.D., Brown University

ABCT is “committed to the enhancement of health and well-being by advancing the scientific understanding, assessment, prevent and treatment of human problems through the global application of behavioral, cognitive, and biological evidence-based principles.” How can ABCT as an organization and individual ABCT members leverage this mission and knowledge to inform public policy and legislation? Members may be energized by recent issues—such as Georgia’s restrictive abortion laws—but enhancing the health and well-being of others through the application of evidence-based principles extends to many domains. Panelists will address the realities of policy development in our modern era and discuss the best strategies for ensuring that science appropriately informs the process. Panelists will also address the challenging realities of working within divisive and partisan politics to find solutions that advance health and well-being. Challenges include “fake news,” the public’s lack of understanding of science, attempting to advance multiple priorities that require political good will, “irrational” decision making, and working within the legal and ethical bounds of the organization and our disciplines. Panelists include Dr. Laura Seligman, an active member of ABCT’s Women’s SIG; Dr. Anita Brown, an advocate for psychology within the state of Georgia; Dr. Lauren Thompson, a historian specializing in law and health; Ms. Megan Gordon-Kane, an advocate for state-level reproductive justice policies from Atlanta-based Feminist Women’s Health Center; and Dr. Brandon Gaudiano, an expert in science and pseudoscience. The panel will be moderated by Dr. Lynn Bufka, who oversees policy and research development for professional practice at the American Psychological Association.
### Special Interest Group Meetings

Attendance at an ABCT Special Interest Group meeting is a wonderful networking opportunity. The SIGs focus on a diverse range of topics, including treatment approaches, specific disorders or unique populations. SIGs are open to ABCT members only, so be sure to join or renew your membership. The Friday-night Cocktail Party/SIG Exposition, 6:30 PM – 8:30 PM, is a fabulous chance to get an overview of ABCT’s SIG Program in a friendly, networking atmosphere. All SIG meetings will take place in the Hyatt Regency.

<table>
<thead>
<tr>
<th>Addictive Behaviors</th>
<th>Friday, 12:30 p.m. - 2:00 p.m., Embassy C, Embassy Level</th>
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</thead>
<tbody>
<tr>
<td>African Americans in Behavior Therapy</td>
<td>Friday, 8:30 a.m. - 10:00 a.m., Embassy E, Embassy Level</td>
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<tr>
<td>Anxiety Disorders</td>
<td>Saturday, 9:30 a.m. - 11:00 a.m., International North, Ballroom Level</td>
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<tr>
<td>Asian American Issues in Behavior Therapy and Research</td>
<td>Saturday, 11:30 a.m. – 12:30 p.m., International North, Ballroom Level</td>
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<tr>
<td>Attention-Deficit/Hyperactivity Disorder (ADHD)</td>
<td>Saturday, 4:00 p.m. - 5:30 p.m., Embassy C, Embassy Level</td>
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<tr>
<td>Autism Spectrum and Developmental Disorders</td>
<td>Friday, 10:30 a.m. - 12:00 p.m., Embassy E, Embassy Level</td>
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<tr>
<td>Behavioral Medicine and Integrated Primary Care</td>
<td>Saturday, 9:30 a.m. - 11:00 a.m., Embassy A, Embassy Level</td>
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<tr>
<td>Behavioral Sleep Medicine</td>
<td>Saturday, 4:00 p.m. - 5:30 p.m., Embassy A, Embassy Level</td>
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<tr>
<td>Bipolar Disorders</td>
<td>Saturday, 4:00 p.m. - 5:30 p.m., International North, Ballroom Level</td>
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<tr>
<td>Child and Adolescent Anxiety</td>
<td>Saturday, 2:00 p.m. - 3:30 p.m., Embassy D, Embassy Level</td>
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<tr>
<td>Child and Adolescent Depression</td>
<td>Friday, 3:30 p.m. - 5:00 p.m., Embassy B, Embassy Level</td>
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<tr>
<td>Child Maltreatment and Interpersonal Violence</td>
<td>Friday, 10:30 a.m. - 12:00 p.m., Embassy D, Embassy Level</td>
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<tr>
<td>Child and School-Related Issues</td>
<td>Friday, 8:30 a.m. - 9:30 a.m., Embassy C, Embassy Level</td>
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<tr>
<td>Clinical Psychology at Liberal Arts Colleges</td>
<td>Saturday, 4:00 p.m. - 5:30 p.m., Embassy D, Embassy Level</td>
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<tr>
<td>Clinical Psychological Science</td>
<td>Saturday, 4:00 p.m. - 5:30 p.m., Embassy D, Embassy Level</td>
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<tr>
<td>Clinical Research Methods and Statistics</td>
<td>Friday, 1:45 p.m. - 2:45 p.m., Vinings, Conference Level</td>
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<tr>
<td>Cognitive Therapy</td>
<td>Friday, 10:30 a.m. - 11:30 a.m., Marietta, Conference Level</td>
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<tr>
<td>Couples Research and Treatment</td>
<td>Friday, 9:00 a.m. - 10:00 a.m., Embassy F, Embassy Level</td>
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<tr>
<td>Dissemination and Implementation Science</td>
<td>Friday, 12:30 p.m. - 2:00 p.m., International North, Ballroom Level</td>
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<tr>
<td>Forensic Issues and Externalizing Behaviors</td>
<td>Friday, 4:30 p.m. - 6:00 p.m., Marietta, Conference Level</td>
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<tr>
<td>Hispanic Issues in Behavior Therapy</td>
<td>Saturday, 9:30 a.m. - 11:00 a.m., Embassy D, Embassy Level</td>
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<tr>
<td>Men’s Mental and Physical Health</td>
<td>Friday, 12:00 p.m. - 1:00 p.m., Marietta, Conference Level</td>
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<tr>
<td>Military Psychology</td>
<td>Friday, 8:30 a.m. - 10:00 a.m., Marietta, Conference Level</td>
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<tr>
<td>Mindfulness and Acceptance</td>
<td>Friday, 4:00 p.m. - 5:30 p.m., Embassy E, Embassy Level</td>
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<tr>
<td>Native American Issues in Behavior Therapy and Research</td>
<td>Saturday, 2:00 p.m. - 3:30 p.m., International North, Ballroom Level</td>
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<tr>
<td>Neurocognitive Therapies/Translational Research</td>
<td>Saturday, 9:30 p.m. - 10:30 a.m., Embassy C, Embassy Level</td>
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<tr>
<td>Obesity and Eating Disorders</td>
<td>Friday, 4:00 p.m. - 5:30 p.m., Embassy F, Embassy Level</td>
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<tr>
<td>Oppression and Resilience: Minority Mental Health</td>
<td>Friday, 10:30 a.m. - 12:00 p.m., Embassy B, Embassy Level</td>
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<tr>
<td>Parenting and Families</td>
<td>Friday, 2:00 p.m. - 3:30 p.m., Embassy E, Embassy Level</td>
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<tr>
<td>Psychosis and Schizophrenia Spectrum</td>
<td>Friday, 10:15 a.m. - 11:45 a.m., Embassy C, Embassy Level</td>
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<tr>
<td>Sexual and Gender Minority</td>
<td>Saturday, 2:00 p.m. - 3:30 p.m., Embassy A, Embassy Level</td>
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<tr>
<td>Spiritual and Religious Issues in Behavior Change</td>
<td>Friday, 10:30 a.m. - 11:30 a.m., Embassy F, Embassy Level</td>
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<tr>
<td>Student</td>
<td>Friday, 9:00 a.m. - 10:00 a.m., Embassy D, Embassy Level</td>
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<tr>
<td>Suicide and Self-Injury</td>
<td>Friday, 2:00 p.m. - 3:30 p.m., Embassy D, Embassy Level</td>
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<tr>
<td>Technology and Behavior Change</td>
<td>Saturday, 2:00 p.m. - 3:30 p.m., Embassy C, Embassy Level</td>
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<tr>
<td>TIC and Impulse Control Disorders</td>
<td>Saturday, 11:30 a.m. - 1:00 p.m., Embassy A, Embassy Level</td>
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<tr>
<td>Trauma and PTSD</td>
<td>Saturday, 11:30 a.m. - 12:30 p.m., Embassy A, Embassy Level</td>
</tr>
<tr>
<td>Women’s Issues in Behavior Therapy</td>
<td>Friday, 3:30 p.m. - 4:30 p.m., Embassy B, Embassy Level</td>
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</tbody>
</table>
Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website. Participants are strongly urged to register by the preregistration deadline of October 15. Beginning October 16 all registrations will be processed at the on-site rates.

Please note: Convention Program Books will NOT be distributed. A PDF of the program book will be available and posted to the ABCT convention page. Please download the convention app to view and create your own personalized schedule.

To receive the member-discounted convention registration rate, members must renew for 2020 before completing the registration process or they must join as a new member of ABCT.

Preconvention ticketed sessions and registration for preconvention sessions will be held on Thursday, November 21 at the Atlanta Marriott Marquis Hotel. All preconvention sessions are designed to be intensive learning experiences. Preregister to ensure participation.

Registration for all PRE-convention sessions (AMASS, Clinical Intervention Seminars, Institutes) will take place in the Atlanta Marriott Marquis Hotel at the ABCT onsite registration area in the International Ballroom South, International Level.

● Thursday, November 21: 7:30 a.m. - 6:30 p.m.

General Registration

Upon arrival at the Atlanta Marriott Marquis Hotel, you can pick up the program addendum, additional convention information, and ribbons at the Pre-Registration Desk in the Atrium, Exhibition Level. If you are a member of ABCT, please vote for the 2020-2021 candidates using the computers provided.

PLEASE REMEMBER TO BRING CONFIRMATION LETTER WITH YOU TO THE MEETING.

Onsite Registration AND Preregistration pickup will be open:

● Thursday, November 21: 7:30 a.m. - 6:30 p.m.
● Friday, November 22: 7:30 a.m. - 6:30 p.m.
● Saturday, November 23: 7:30 a.m. - 6:30 p.m.
● Sunday, November 24: 7:30 a.m. - 1:00 p.m.

The general registration fee entitles the registrant to attend all events on November 21–November 24 except for ticketed sessions. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmations will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilders@abct.org.

You must wear your badge at all times to be admitted to all official ABCT sessions, events, and the exhibits. If you lose your badge there will be a $15 charge for the replacement.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by ticket only. Preregistration is strongly advised as ticketed sessions are sold on a first-come, first-served basis.

Please note: NO PURCHASE ORDERS ACCEPTED.

To register, please choose one format:

Registering On-Line The quickest method is to register online (go to abct.org and click on the convention banner on the home-page, or go to www.abct.org/conv2019). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members’ discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew.

To get member rates at this conference, your ABCT dues must be paid through October 31, 2020. The ABCT membership year is November 1, 2019–October 31, 2020. To renew, go to abct.org or visit the membership booth on-site in Atlanta.

Registering by Fax You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method please DO NOT send a follow-up hard copy. This will cause double payment. For preregistration rates, please register BEFORE the deadline date of October 15.

Registering by Mail All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001. For preregistration rates, forms must be postmarked by the deadline date of Monday, October 15. Forms postmarked beginning Tuesday, October 16 will be processed at on-site rates. There will be no exceptions. Refund Policy Cancellation refund requests must be in writing. Refunds will be made until the October 15 deadline, and a $40 handling fee will be deducted. Because of the many costs involved in organizing and producing the Convention, no refunds will be given after October 15.

Payment Policy

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

Exhibits, ABCT Information Booth Hours

● Friday & Saturday: 8:00 a.m. - 5:30 p.m.
● Sunday, 8:30 a.m. - 1:00 p.m.
Hotels

Marriott Marquis Atlanta
265 Peachtree Center Avenue NE
Atlanta, Georgia, 30303 USA
Telephone: (404) 521-0000

- Online reservations:

A stay at Atlanta Marriott Marquis places you in the heart of Atlanta, within a 15-minute walk of AmericasMart and World of Coca Cola. This 4-star hotel is 0.6 mi (0.9 km) from Centennial Olympic Park and 0.6 mi (1 km) from Georgia Aquarium. Free Internet, WiFi, Fitness Center, Spa, Swimming Pool, and access to concierge Level lounge for selected sleeping rooms, just steps away from MARTA Peachtree Center Station.

Sleeping Room Rate: $189 Single or Double Occupancy

Reservation Cut-off Date: October 25, 2019

Taxes: 16% plus an additional $5 per night flat State Hotel fee.

All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.

Attendees are able to book via phone with Marriott Central Reservations at 866-469-5475.

Concierge level rooms may be available with $50 surcharge.

Hyatt Regency Atlanta on Peachtree Street
265 Peachtree Street NE
Atlanta, Georgia, 30303 USA
Telephone: (404) 577-1234

- Online reservations:

Hyatt Regency Atlanta is a 30-minute train ride from the airport and a short walk to Mercedes-Benz stadium and Atlanta’s arena, convention center and top attractions. The hotel is famous for the Polaris rotating lounge and their acclaimed Chefs, who partner with 70 local farms to plate the freshest ingredients. Welcome to the landmark hotel in the heart of Atlanta. Free WiFi, Fitness Center, Seasonal Swimming Pool and business services available.

Sleeping Room Rate: $184 Single or Double Occupancy

Reservation Cut-off Date: October 24, 2019

Taxes: 16% plus an additional $5 per night flat State Hotel fee.

An early departure fee will be charged in the amount of one night’s room and tax in the event that a guest checks out before the confirmed departure date.

All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.

If the group rate is no longer available, prevailing rates may be offered for some or all of your dates.

The special ABCT Convention rates will be offered, based on mutual agreement with the Hotel, 3 days before and 3 days after the official Convention dates of November 21 – 24, 2019. The block is limited and available on a first-come basis until the block is depleted. If you are interested in upgrading your hotel accommodations, there are limited options available, at an increased rate. Contact the hotel directly.

All ABCT Convention scientific sessions will take place at the Atlanta Marriott Marquis Hotel. General registration includes panel discussions, clinical round tables, symposia, mini-workshops, and over a dozen poster sessions. SIG meetings will take place at the Hyatt Regency Atlanta on Peachtree Street. Remember to check out the limited-attendance CE events – both on Thursday and throughout the Convention on Friday and Saturday. One complimentary beverage ticket will be provided for use at the Welcoming Reception/SIG Exposition on Friday night from 6:30 p.m. to 8:30 p.m.

Stay at the Marriott Marquis Headquarters Hotel or the Hyatt Regency Atlanta to meet your friends and colleagues on the elevator, in the coffee shop, as well as in the meeting rooms. Your support of the convention hotels also helps to keep the overall expenses to a minimum.

Rooms and rates are subject to rate and room availability. Please be sure to book your reservation early!