ABCT 2020

54th Annual Convention

November 17–22

Better Access, Better Outcomes
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As the 2020 Program Chair and Associate Chair, we welcome you to our 54th Annual Convention with the recognition that this year has brought unprecedented challenges, but also new opportunities to improve the responsiveness and effectiveness of the work that we all do. ABCT’s mission is to enhance public health and well-being through the application of science, a goal that is reflected in our 2020 theme, “Better Access, Better Outcomes: Enhancing the Impact of Behavioral and Cognitive Therapies.” At the time that this theme was selected, we had no idea that 2020 would present our field with the formidable challenge of providing uninterrupted access to care during a global pandemic, while sheltering in place. Many of our members rapidly transitioned to providing treatment through telehealth and grappled with questions about how best to provide access to those who lacked the resources or technology to engage in care. We also saw our society—and our field—called to action to ensure that individuals who continue to experience systemic racism or discrimination throughout their whole lives receive equitable treatment and opportunity. We have asked ourselves whether the treatments that we develop, study, and provide truly meet the needs of all we serve, and whether and how we can continue to improve their impact. These are questions that keep us up at night and fuel our own work, and we have worked to bring the same commitment in these roles as your Program Chair and Associate Chair. We are truly honored to have the opportunity to serve our organization, which has provided us with intellectual stimulation, friendships, and support for over two decades.

Developing a program amidst rapid changes in our society has been enormously rewarding. We have heard from our membership about ways that ABCT can grow and support diversity in our membership and respond to the important challenges that the individuals we serve face every day. We were fortunate that many of our members submitted highly relevant work in areas related to access to care and meeting the needs of diverse communities, and we hope that their presentations will inspire continued dialogue, action, and more innovation and research.

We have some exciting programming specific to increasing the impact of CBT. We are joined this year by a panel of experts who have pioneered methods related to treatment selection and personalization. Michelle Craske will moderate a panel
with Aaron Fisher, Greg Siegle, Jacqueline Persons, and Robert DeRubeis on the approaches they have developed and tested to ensure that clients receive tailored, effective, and efficient treatment. Drs. Aaron Beck and Judy Beck will present remarks on the evolution of CBT and reflections on the conference theme.

Additionally, you will see a number of presentations on access to care during the COVID-19 pandemic. A key challenge has been not only to provide continuity and equitable access to care, but to do so in a way that ensures that outcomes are commensurate, or even improve upon, traditional face-to-face care. Innovations in digital health and integration of recent findings on ways to personalize care to improve outcomes also remain highly relevant in the current environment. As Program Chairs, it has been our role to work with our committee to consider how we can address these concerns within the program we have sought to create over the past year.

Some of our featured speakers will also be sharing their work that is geared toward disseminating, implementing, and increasing access to evidence-based treatment. Dr. Luana Marques will help us kick off the conference on Wednesday with a rich description of work that she and her team are doing with diverse and underserved populations in a variety of community-based settings. Dr. Eric Youngstrom will be speaking about his pioneering efforts to develop open source strategies to disseminate psychological science and provide greater access to evidence-based assessment and information about behavioral and emotional disorders. We are thrilled that Dr. Torrey Creed will moderate a panel of speakers, Drs. Sosunmolu Shoyinka, Karriem Salaam, Amber Calloway, Mr. Hector Ayala, and Mr. Todd Inman. They will discuss important considerations to providing access to care for a diverse client population within Philadelphia’s public behavioral healthcare system, which has implemented CBT in many of its service settings. The panelists will discuss important considerations and challenges related to providing telemental health in the midst of the pandemic, and will describe the work at every level of the system to address the impact of systemic racism and experiences of discrimination experienced by much of the population that seeks services within the system.

Dr. Allison Harvey’s work has spanned the continuum from treatment development to implementation, and we look forward to hearing her work towards identification of novel intervention targets related to sleep and memory that are safe, powerful, inexpensive, and scalable. Dr. Zindel Segal will share advances in MBCT including recent digital mental health studies. We are also delighted that our 2019 Lifetime Achievement Award Winner, Dr. Phil Kendall, will present on his influential work, which has also focused on both improving clinical outcomes for child anxiety, and increasingly, on implementing these interventions. Finally, in his presidential address, Dr. Martin Antony will speak to us about the challenges and opportunities for CBT in the era of COVID.

This year, we continued innovating in our program process:
• We piloted a student reviewer program, and 55 students co-reviewed abstracts with their mentors.
• For the first time, posters will be virtual. This will allow you to attend more live programming and still browse posters in the topic areas that interest you.

It has been our privilege to serve as your Program Chairs this year, and we are
grateful to Dr. Martin Antony and the ABCT Board for entrusting us with these duties. We also want to thank Janice Svendsen for her administrative support and willingness to roll up her sleeves to help with the many tasks associated with program review and correspondence. We also would like to thank Drs. Alyssa Ward and Cameo Stanick (2019 Program Chair and Assistant) and Dr. Katharina Kircanski (Coordinator of Convention and Education Issues and 2017 Program Chair) for their support and guidance. This program comes to you via the substantial efforts of virtually hundreds of our members who have contributed to its creation. This includes the 2020 Program Committee, composed of over 280 members and 110 super reviewers, for their expertise, careful reviews, and flexibility during the peer review process. We simply would not have a convention without their dedication and service.

We also thank the chairs of the Convention and Education Issues Committee for their tireless work and exceptional job developing this year’s excellent program: Brian Baucom (AMASS Chair), Christina Boisseau (Workshops Chair), Courtney Benjamin Wolk (Master Clinician Seminars Chair), Cole Hooley (Research & Professional Development Chair), Samantha Farris (Institutes Chair), and Gregory Chasson (20201 Program Chair). We can’t express enough appreciation for Mary Jane Eimer and the Central Office team—most especially the unflappable Stephen Crane—who gracefully and thoughtfully worked to develop the best convention possible under unprecedented circumstances and tremendous uncertainty. Finally, we are forever grateful to our families, who have been so loving and tolerant of the time and work that went into the development of this convention.

We hope that you experience this as an engaging convention that inspires new scientific collaborations that increase our collective impact! Thanks for joining us this year.

ANNUAL MEETING of MEMBERS

Saturday, November 21, 2020 | 5:00–6:00 P.M. EST via Zoom

All ABCT members are encouraged to attend this meeting. Learn about the Association’s progress on our Strategic Intent, our 2020 accomplishments, and our priorities for 2021. Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT’s success over the past year.
Convention and Education Issues

Coordinator, Convention and Education Issues
Katharina Kircanski, Ph.D.

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Shannon Wiltsey Stirman, Ph.D.

Associate Program Chair, 2020
Daniel M. Cheron, Ph.D.

Program Chair, 2021
Gregory Chasson, Ph.D.

Associate Program Chair, 2021
Elizabeth Katz, Ph.D.

Continuing Education Issues Chair
Anu Asnaani, Ph.D.

Institutes Committee Chair
Samantha Farris, Ph.D.

Workshop Committee Chair
Christina Boisseau, Ph.D.

Advanced Methodology and Statistics Seminars Chair
Brian Baucom, Ph.D.

Master Clinician Seminars Chair
Courtney Benjamin Wolk, Ph.D.

Research and Professional Development Chair
Cole Hooley, Ph.D.

Volunteers Committee Chair
Abby Adler Mandel, Ph.D.

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Nicholas Allan, Ohio University
Lauren Alloy, Temple University
Drew Anderson, University at Albany- SUNY
*Arthur Andrews, University of Nebraska- Lincoln
Joye Anestis, University of Southern Mississippi
Anu Asnaani, University of Utah
*Marc Atkins, University of Illinois at Chicago
David Austern, NYU Langone Health Military Family Clinic & Department of Psychiatry
*Dara Babinski, Pennsylvania State University
Amanda Baker, MGH
Miya Barnett, USCB

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*Stephen Becker, Becker Consulting, LLC
Emily Becker-Haines, University of Pennsylvania

*Rinad Beidas, University of Pennsylvania
Kathryn Bell, Capital University
*Christopher Berghoff, University of South Dakota

Noah Berman, College of the Holy Cross
Justin Birnholz, Hinz VA Hospital
Claire Blevins, Brown University/Butler Hospital

Jennifer Block-Lerner, Kean University
Heidemarie Blumenthal, University of North Texas
Christina Boisseau, Brown Medical School/Butler Hospital

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Lindsay Brauer, University of Chicago
*Lily Brown, University of Pennsylvania
*Timothy Brown, Boston University

*Wilson Brown, Pennsylvania State University

Steven Bruce, University of Missouri-Saint Louis

Julia Buckner, Louisiana State University

Will Canu, Appalachian State University
*Nicole Caporino, American University

EB Caron, Fitchburg State University

*Erin Cassidy-Eagle, Stanford University
Corinne Catarozoli, Cornell University

Nadine Chang, Weill Cornell Medicine
Gregory Chasson, Illinois Institute of Technology
Daniel Cheron, Harvard University

Joshua Clapp, University of Wyoming

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*Meghan Cody, Mercer University College of Health Professions
Laren Conklin, Veterans Administration

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*Travis Cos, La Salle University

Torrey Creed, University of Pennsylvania
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Kristy Dalrymple, Rhode Island Hospital/Brown University

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Charlie Davidson, Emory University

*Tatiana Davidson, Medical University of South Carolina

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*Tamara Del Vecchio, St. John's University

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Kelsey Dickson, UCSD  
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Julie Owens, Ohio University
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*Laura Payne, UCLA
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Sonja Schoenwald, Oregon Social Learning Center
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*Greg Siegle, University of Pittsburgh
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Continuing Education at ABCT

ABCT is proud to offer you opportunities to learn from proven educators. Here is an efficient and effective way to hone your clinical skills, learn the results of the latest research, and earn continuing education credits as well.

The continuing education fee is included in your general registration fee this year. All attendees will be sent an access code to the Cadmium Survey Magnet where they can complete their sessions’ quizzes, complete their evaluations, and keep track of continuing education credits. The magnet also includes a certificate listing all your sessions that can be saved and/or printed.

Ticketed sessions require an additional payment beyond the general registration fee. For ticketed events, attendees must complete an individual evaluation form and a session quiz. Attendees must remain in the virtual session for the entire period in order to receive CE credit.

Psychology

ABCT is approved by the American Psychological Association to sponsor continuing education for psychologists. ABCT maintains responsibility for this program and its content. Attendance at each continuing education session in its entirety is required to receive CE credit. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credit. For ticketed events and general sessions attendees must complete an individual evaluation form and pass an attendee quiz.

Social Work

ABCT application is under review for approval for 49 hours of CE.

Counseling

ABCT is approved by the National Board of Certified Counselors (NBCC) Approved continuing education provider. ACEP No. 5797 and may offer NBCC-approved clock hours for events that meet NBCC requirements. Programs that do not qualify for NBCC credit are clearly identified. ABCT is solely responsible for all aspects of the program.

Licensed Professionals

ABCT is approved by the California Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for counselors and MFT’s. This conference will provide up to 26 hours of continuing education credit for LMFT’s, LCSWs LPCC’s and/or LEPs required by the California Board of Behavioral Sciences, ABCT maintains responsibility for this program/course and its contents. (Approval #133136).
Registration

Preregister on-line at www.abct.org. To pay by check, complete the registration form available in PDF format on the ABCT website by Friday, November 13. Please note: A PDF of the program book will be available and posted to the ABCT convention page. Please download the convention App to view and create your own personalized schedule.

To receive member registration fees, members must renew for 2021 before completing their registration process or to join as a New Member of ABCT.

Registration for all PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes, Master Clinician Seminars) requires an additional fee. All preconvention sessions will take place on Tuesday, November 17 or Wednesday, November 18.

General Registration

The general registration fee entitles the registrant to attend all events on November 18- November 22 except for ticketed sessions. There are additional ticketed events on Tuesday, November 17. Your canceled check is your receipt. Email confirmation notices will be generated automatically for on-line registrations and will be sent via email the same day you register. Email confirmation will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilders@abct.org.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by confirmation only. Ticketed sessions are sold on a first-come, first-served basis. Participants are strongly urged to register by Monday, November 16.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED.

To register, please choose one format:

Registering On-Line

The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page or go to www.abct.org/conv2020). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members’ discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew.

To get member rates at this conference, your ABCT dues must be paid through October 31, 2021. The ABCT membership year is November 1, 2020 - October 31, 2021. To renew, go to abct.org.
Registering by Fax
You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method, please DO NOT send a follow-up hard copy. This will cause double payment.

Registering by Mail
All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001.

Refund Policy
There are no refunds for the 2020 ABCT virtual convention.

Payment Policy
All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.
Learning doesn't need to stop at the Convention! ABCT is proud to provide webinars for psychologists and other mental health professionals. Our webinars can be attended live or viewed online at your convenience. Visit our website (abct.org) to view live, recorded, or archived webinars. CE opportunities are available for many! E-mail Veronica at vbowen@abct.org for more information.

Upcoming Webinar

CORY F. NEWMAN (December 3, 2020 | member price: $20)
Supervision Essentials for Cognitive-Behavioral Therapy

Recorded Webinars

WILLIAM SHUNKAMOLAH
The Art and Science of Ethical Practice in Native Communities: A Native Psychologist’s Perspective

RIANA ELYSE ANDERSON
Healing Racial Trauma: Focusing on Racial Socialization as a CBT Strategy for Black Youth

AMELIA ALDAO
Helping Clients Transition to the New Normal

RICARDO F. MUÑOZ
Disseminating Evidence-Based Interventions Globally: On Digital Apothecaries and Massive Open Online Interventions

ANGELA FANG
Neuroscience-Informed CBT: Bridging the Gap Between Basic Brain Findings and Clinical Care

>>> and many more, at www.abct.org > Webinars
Please join us! Added value for your membership dollars

Your annual ABCT membership gives you the most from your dues dollars for all stages of your career. Members receive more than just the lowest registration rates at the 2020 Virtual Convention:

• Stay connected and updated with your colleagues and the latest developments in mental health research through our list serve, the ABCT membership directory, and our online resources. Join one of 40+ SIGs, “like” us on Facebook, and follow us on Twitter! Share photos on our Instagram account and sign up for the convention app.

• Participate in our Find-a-CBT-Therapist online referral network at www.find-cbt.org. It continues to be our most frequently visited web page. To expand your listing and include your practice particulars, pay just $50 more per year.

• FREE on-line access to all issues of the Behavior Therapist, featuring articles and reviews of research and clinical import, and our outstanding journals Cognitive and Behavioral Practice (4 times per year/impact factor: 2.096) and Behavior Therapy (6 issues per year; the Institute for Scientific Information now ranks us 13th out of 121 clinical psychology journals, with an impact factor of 3.243).

• Expand your skill sets and earn CE with our growing list of webinars—attend live sessions or view online at your convenience. Planning for 2021 sessions is under way! Let us know what you’d like to see by responding to the survey right after our November virtual convention. And keep in mind that the 2020 ABCT convention will be available on-line for several months after the convention, giving you another opportunity to earn ce credits.

• Refer to our website for a growing list of resources on Coping with COVID-19; Resources to Combat Racism; Information on Opioids and the Opioid Crisis; Information on Seasonal Depression and more.

• Enrich the training growth of others by participating in our Mentorship Directory, where students in graduate programs can learn from your experiences as a mentor.

• Our on-line Job Bank connects job seekers with the best employment opportunities in CBT. Reasonable rates for employer listings.

• Access our growing library of syllabi and other teaching tools for the latest techniques and principles among CBT teaching resources.
Recognition

• Be recognized as a role model who has had a positive impact on colleagues, students, and community by encouraging participation and membership within ABCT
• Help your students and colleagues understand more about ABCT and supporting your professional home
• Be the local resource of association knowledge and be “in-the-know”

Student Ambassador Program

• Be the first to know upcoming deadlines for convention submissions and the student award programs
• Build your cv by being active in your professional organization
• Build your own professional network

Interested? Contact Rebecca Skolnick, Ph.D., at rskolnick@mindwellnyc.com

Rewards

• Be listed as an Ambassador on our website and listed in iBT
• Give back to your professional home

Join a growing group of members and convention attendees who support the association by renewing their memberships, attending annual conventions, and providing related information. The time commitment is small, no more than 30 minutes per month.

It’s easy to become an ABCT ambassador

Learn more at:
http://www.abct.org/Members/?m=mMembers&fa=ambassador
Call for Continuing Education Sessions

55th Annual Convention • November 18–21, 2021 | New Orleans

Submissions will be accepted through the online submission portal, which will open after January 1, 2021. Submit a 250-word abstract and a CV for each presenter. For submission requirements and information on the CE session selection process, please visit www.abct.org and click on “Convention and Continuing Education.”

Workshops & Mini Workshops | Workshops cover concerns of the practitioner/educator/researcher. Workshops are 3 hours long, are generally limited to 60 attendees, and are scheduled for Friday and Saturday. Please limit to no more than 4 presenters. Mini Workshops address direct clinical care or training at a broad introductory level. They are 90 minutes long and are scheduled throughout the convention. Please limit to no more than 4 presenters. When submitting for Workshops or Mini Workshop, please indicate whether you would like to be considered for the other format as well.

► For more information or to answer any questions before you submit your abstract, contact the Workshop Committee Chair, workshops@abct.org

Institutes | Institutes, designed for clinical practitioners, are 5 hours or 7 hours long, are generally limited to 40 attendees, and are scheduled for Thursday. Please limit to no more than 4 presenters.

► For more information or to answer any questions before you submit your abstract, contact the Institute Committee Chair, institutes@abct.org

Master Clinician Seminars | Master Clinician Seminars are opportunities to hear the most skilled clinicians explain their methods and show taped demonstrations of client sessions. They are 2 hours long, are limited to 40 attendees, and are scheduled Friday through Sunday. Please limit to no more than 2 presenters.

► For more information or to answer any questions before you submit your abstract, contact the Master Clinician Seminar Committee Chair, masterclinicianseminars@abct.org

Research and Professional Development | Presentations focus on “how to” develop one’s own career and/or conduct research, rather than on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public). Submissions will be of specific preferred length (60, 90, or 120 minutes) and format (panel discussion or more hands-on participation by the audience). Please limit to no more than 4 presenters, and be sure to indicate preferred presentation length and format.

► For more information or to answer any questions before you submit your abstract, contact the Research and Professional Development Chair, researchanddevelopmentseminars@abct.org

Submission deadline: February 1, 2021 3:00 a.m. EST
The ABCT Annual Convention is designed for practitioners, students, scholars, and scientists. All of the ABCT members involved in making the convention have as their central goals the provision of opportunities to meet the needs of the diverse audiences interested in the behavioral and cognitive therapies. Attendees have varying disciplines, varying levels of experience, varying theoretical orientations, as well as special clinical concerns. Just as important are the opportunities to meet people with similar interests for social as well as professional networking.

Some presentations will offer the chance to see and hear what is new and exciting in behavioral and cognitive work from our dynamic and vibrant presenters. Other presentations will address the clinical-scientific issues of how we develop empirical support for our work.

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**General Sessions and Ticketed Events**

**Symposia:** Presentations of data, usually investigating efficacy of treatment protocol or particular research. Symposia are either 60 minutes or 90 minutes in length. They have one or two chairs, one discussant, and between three and five papers.

**Panel Discussions and Clinical Round Tables:** Discussions (sometimes debates) by informed individuals on an important topic. These are organized by a moderator and have between three and six panelists who bring differing experience and attitudes to the subject matter.

**Membership Panel Discussions:** Organized by representatives of the Membership Committees, these events generally have a particular emphasis on training or career development.

**Special Sessions:** These events are designed to provide useful information regarding professional, rather than scientific, issues. For more than 25 years our Internship Overview and Postdoctoral Overview have been helping people find their educational paths.

**Research and Professional Development (RPD):** Presentations explicitly focused on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public).

**Mini Workshops:** Mini Workshops address direct clinical care or training at a broad, introductory level. They are 90 minutes in length and occur throughout the meeting.
Clinical Grand Rounds: Master-level clinicians give simulated live demonstrations of therapy. Clients may be portrayed by graduate students studying with the presenter and specializing in the problem area to be treated.

Poster Sessions: One-on-one discussions between researchers, who display graphic representations of the results of their studies, and interested attendees. Because of the variety of interests and research areas of the ABCT attendees, between 1,200 and 1,500 posters are presented each year.

Special Interest Group Meetings: Nearly 40 SIGs meet each year to renew relationships, accomplish business (such as electing officers), and often offer presentations. SIG talks are not peer-reviewed by the Association, nor are they eligible for CE credit.

• TICKETED EVENTS These listings—located throughout the program book—include a level of experience to guide attendees and offer CE credit.

Workshops: Covering concerns of the practitioner/educator/researcher, Workshops are an anchor of the Convention. These sessions are 3 hours long and are generally limited to 60 attendees.

Master Clinician Seminars: The most skilled clinicians explain their methods and show video demonstrations of client sessions. Offered throughout the Convention, these seminars are 2 hours long and are generally limited to 40 attendees.

Advanced Methodology and Statistics Seminars: Designed to enhance researchers’ abilities, these are 4 hours long and limited to 40 attendees.

Institutes: Leaders and topics for Institutes are taken from previous ABCT Workshop and Master Clinician Seminar presentations in which a longer format is beneficial. They are offered as 8-hour or 5-hour sessions on Thursday, and are generally limited to 40 attendees.

Clinical Intervention Training: One-day event emphasizing the “how-to” of clinical intervention. The extended length allows for exceptional interaction. Participants attending a full-day session can earn 7 continuing education credits.
Awards Ceremony: Friday, 7:30 p.m. –  8:30 p.m.

**Lifetime Achievement Award**
Richard G. Heimberg, *Temple University*

**Outstanding Mentor**
David A. F. Haaga, Ph.D., *Professor of Psychology, American University*

**Anne Marie Albano Early Career Award for the Integration of Science and Practice**
Emily L. Bilek, Ph.D., ABPP, *University of Michigan*

**Sobell Innovative Addictions Research Award**
Christopher Correia, Ph.D., *Auburn University*

**Distinguished Friend to Behavior Therapy**
Andrea Petersen, *Wall Street Journal* in-house writer, who consistently takes a CBT approach when covering mental health

**Outstanding Service to ABCT**
Lata K. McGinn, Ph.D., *Yeshiva University and Cognitive Behavioral Consultants*

**Virginia A. Roswell Student Dissertation Award**
Alexandra Werntz Czywczynski, M.A., *University of Virginia and University of Massachusetts Boston*

**Leonard Krasner Student Dissertation Award**
Nur Hani Zainal, M.S., *Pennsylvania State University*
John R. Z. Abela Student Dissertation Award
Christopher J. Senior, M.A., Catholic University of America

Student Research Grant
Kelsey Pritchard, University of Toledo
HONORABLE MENTION: Christina L. Verzijl, B.A., University of South Florida

President’s New Researcher
Joseph McGuire, Ph.D., Johns Hopkins University School of Medicine

Student Travel Award
Katherine Venturo-Conerly, Harvard University

Elsie Ramos Memorial Student Poster Awards
• Danielle Weber, M.A., University of North Carolina at Chapel Hill: “Patterns of Emotional Communication in Same-Sex Female Couples Before and After Couple Therapy”
• Rachel Weiler, MSc, PGSP-Stanford PsyD Consortium: “Is Dialectical Behavior Therapy a Good Fit for Transgender and Gender Nonbinary Patients?”
Mark Your Calendars

November 1  2021 Membership year begins

January 1  Submission portal opens for submitting Continuing Education sessions

January 31  Deadline for 2021 membership renewal without late fee penalty

February 1  Deadline for CE Submissions (AMASS, Workshop, Institute, and Master Clinician Seminars)

February 2  Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)

March 1  Deadline for ABCT award nominations

March 2  Deadline for Call for General Sessions (Symposia, Panel Discussions, Clinical Roundtables)

September 3  Deadline for ABCT officer nominations

November  Election month: time to vote!

November 18-21  55th Annual Convention, New Orleans

Learn more about ABCT
Visit www.abct.org
Welcome to the 54th Annual ABCT Convention

Better Access, Better Outcomes: Enhancing the Impact of Behavioral and Cognitive Therapies

Martin M. Antony, Ph.D., President
Shannon Wiltsey Stirman, Ph.D., Program Chair
Daniel M. Cheron, Ph.D., ABPP, Associate Program Chair

Descriptions follow of several hundred events to be presented November 17–22, 2020. There are sessions on a large array of topic areas and all familiarity levels. If this is your first ABCT Convention, join Katharina Kircanski, ABCT’s Convention and Education Issues Coordinator, at 6:15 p.m. to learn how to navigate the virtual platform and make the most of the virtual convention experience this year. Whether you are a new member, first-time convention attendee, or just want to learn how to navigate the convention, all are welcome. Take full advantage of earning continuing education credits that are complimentary for 2020 and discover the new electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Discover networking opportunities, gain insights into the convention electronic program and how to plan your itinerary, and master the convention app.
Clinical Intervention Training 1:

Mobile Apps for Mental Health: Understanding Technologies for Use and Application in Cognitive and Behavioral Therapies

Tuesday, November 17
Tuesday, 11:00 a.m. – 5:00 p.m.
Earn 5 continuing education credits

Stephen M. Schueller, Ph.D., University of California Irvine, Department of Psychological Science

Basic to Moderate level of familiarity with the material
Primary Category: Technology
Key Words: Technology, Workforce Development, Training
The number of mobile apps for mental health is regularly growing, with estimates that over 10,000 to 15,000 of such products exist. These tools are also more frequently entering into therapy, either by being introduced by providers or brought in by consumers. However, training in how to understand and use these tools in cognitive and behavioral practices is lagging beyond their development. As such, many clinicians report a desire to use these tools but an uncertainty around which tools to use and how. This training will provide clinicians with an overview of mobile apps for mental health and will focus on how to evaluate these tools and integrate them into clinical practice. Furthermore, this overview will be supplemented with presentations from several app companies to illustrate the functionality, evidence, and utility of these products. This training will address general competencies for the use of such tools while using specific tools as examples. Different models of integration into care will also be considered, including tools that add new treatment strategies, tools that extend treatment strategies, and ways to use tools, such as introducing consumers to cognitive and behavioral strategies or assisting in termination and booster sessions.

At the end of this session, the learner will be able to:

- Identify evaluation criteria related to the adoption of mobile apps for mental health.
- List different ways in which apps can be integrated into their clinical workflow.
- Identify common features present in mobile apps for mental health.
- Identify common barriers and facilitators to uptake of mobile apps for mental health.
- Explain factors to assess when considering the adoption of mobile apps for mental health.

**Institute 1:**

**Desirable Difficulties: Optimizing Exposure Therapy for Anxiety Through Inhibitory Learning**

Attendees must watch 3-hour video before the live session on Tuesday.

*Jon Abramowitz, Ph.D.*, University of North Carolina at Chapel Hill  
*Ryan J. Jacoby, Ph.D.*, Massachusetts General Hospital  
*Shannon M. Blakey, Ph.D.*, VA Mid-Atlantic MIRECC/Durham VA Health Care System

Moderate level of familiarity with the material  
Primary Category: Adult Anxiety  
Key Words: Anxiety, Exposure, Transdiagnostic

A large proportion of therapists’ caseloads includes patients with clinical anxiety. Although exposure therapy is highly effective for these conditions, many individuals fail to benefit and/or experience a return of fear (“relapse”) at some point after treatment. Cutting-edge models of exposure therapy focus on an inhibitory learning theory of fear extinction, derived from basic research on learning and memory, which points to specific implementation techniques to optimize short- and long-term gains. Collectively, inhibitory learning strategies emphasize distress tolerance, as opposed to habituation of distress, and introduce “desirable difficulties” into exposure sessions by challenging patients to consolidate and generalize learning via novel therapeutic strategies. In line with this year’s convention theme, this institute aims to help clinicians understand and apply this model to optimize exposure therapy outcomes. Incorporating attendee feedback from the 2019 ABCT institute that received extremely enthusiastic evaluations (100% recommended offering it again in 2020), the inhibitory learning model will first be described and distinguished from traditional approaches to exposure. Numerous strategies to optimize inhibitory learning will then be introduced and illustrated in detail. These strategies include framing exposure to disconfirm threat-based expectations (and thus selectively using cognitive therapy), introducing variability into exposure to decontextualize safety learning, deepening and augmenting safety learning (by combining fear cues, labeling affect, and targeting attentional focus), and eliminating (or judiciously using) safety behaviors. Applying the inhibitory learning model of exposure to complex, diverse, and comorbid symptom presentations will also be discussed. The institute will be interactive and include numerous case examples, video demonstrations, and experiential exercises.

At the end of this session, the learner will be able to:
- Distinguish the inhibitory learning approach to exposure from the traditional emotional processing approach.
• Explain why it is important to foster distress tolerance during exposure, as opposed to relying solely on habituation (reduction) of distress.
• Describe methods of tracking changes in expectations during exposure therapy, rather than SUDS.
• Describe how to introduce variability into exposure sessions and compare methods for eliminating versus judiciously using safety behaviors in exposure.
• Identify common pitfalls that clinicians may encounter during exposure therapy and how to address them using an inhibitory learning approach.

Master Clinician Seminar 1:

The Stanley-brown Safety Planning Intervention to Reduce Suicide Risk

Gregory K. Brown, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Barbara Stanley, Ph.D., Columbia University Medical Center

Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Treatment

The Stanley-Brown Safety Planning Intervention is a widely-used, brief intervention that provides patients with a prioritized and specific set of coping strategies and sources of support that can be used should a suicidal crisis occur. The intent of the safety plan is to help individuals lower their imminent risk for suicidal behavior by consulting a pre-determined set of potential coping strategies and a list of individuals or agencies whom they may contact. By following a pre-determined set of internal coping strategies, social support activities, and help-seeking behaviors, patients have the opportunity to evaluate those strategies that are most effective. The presentation will include a review of the evidence supporting this intervention. Latest advances in the delivery of this intervention including a discussion of the barriers and facilitators when implementing safety planning within the health system. A demonstration of safety planning will be provided. Learning objectives for this workshop include: (1) Describe the background and rationale for conducting a brief Safety Planning Intervention, (2) Describe how to collaboratively develop a safety plan with individuals at high risk for suicide, (3) Describe how to evaluate the quality of the Safety Planning Intervention, (4) Describe the evidence supporting the use of the Safety Planning Intervention and (5) Describe the barriers and facilitators when implementing safety planning in the health system.

At the end of this session, the learner will be able to:
• Describe the rationale for the Safety Planning Intervention.
• Describe how to collaboratively develop a safety plan.
• Describe how to evaluate the quality of the Safety Planning Intervention.
• Describe the evidence supporting the use of the Safety Planning Intervention.
• Describe the barriers and facilitators when implementing safety planning in the health system.


Workshop 11: Improving Treatment for Impulsive, Addictive, and Self-destructive Behaviors: Strategies from Mindfulness and Modification Therapy

Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York
Jenny E. Mitchell, M.A., John Jay College of Criminal Justice

By the time clients attend treatment for dysregulated behavior, they have likely suffered substantial negative consequences—and yet they still often feel as though the behavior is impossible to resist. As a result, clients often display ambivalence about treatment, difficulty with treatment engagement, trouble completing therapy tasks, and less-than-optimal outcomes. These treatment barriers can leave both clients and therapists feeling overwhelmed and even hopeless. Therapists treating these clients need a targeted therapy that can address not just the presenting addictive/impulsive behavior, but also the host of other dysregulated behaviors that can impede treatment progress. Mindfulness and Modification Therapy is a transdiagnostic therapy that can be customized to address 1) specific dysregulated behaviors; 2) related difficulties with motivation, engagement, and retention; and 3) psychological constructs underlying this spectrum of behaviors. MMT targets dysregulated behavior by integrating guided mindfulness with key elements from Motivational Interviewing, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, and other evidence-based treatments. Pilot trials have shown decreases in alcohol use, drug use, binge eating, physical aggression, and verbal aggression in self- and court-referred clients. Retention has consistently been greater than 80%. Case studies have shown decreases in trichotillomania, skin picking, smoking, compulsive shopping, and other behaviors. Participants in this workshop will gain skills to 1) conceptualize and address dysregulated behaviors in ways that improve engagement and decrease treatment obstacles, 2) customize treatment to fit diverse client needs, and 3) help clients begin moving toward lives that feel more fulfilling. Topics include: improving home-practice completion, evoking change behaviors when feeling stuck, improving attendance/retention, and eliciting values. Implementation will be demonstrated through case vignettes, videos, experiential exercises, and discussion of therapy procedures. Instructions for integrating strategies into existing treatments will be presented along with sample handouts that can be modified to fit client and provider needs.

All levels of familiarity with the material
Primary Category: Treatment - Mindfulness & Acceptance
Key Words: Addictive Behaviors, Bulimia, Anger / Irritability
At the end of this session, the learner will be able to:

- Describe a method of conceptualizing dysregulated behaviors that can improve treatment engagement.
- Utilize strategies and techniques that can be customized to fit diverse client needs and treatment plans.
- Apply strategies to improve home-practice completion and attendance.
- Describe strategies to evoke change even when feeling stuck and frustrated.
- Discuss empirically supported methods of helping clients move toward lives that feel more fulfilling.

**Recommended Readings:**


Workshop 8: Engaging Teenagers with ADHD in Therapy: Motivational Strategies, Turning Skills into Habits, and Partnering with Parents

Margaret Sibley, Ph.D., University of Washington School of Medicine

Moderate level of familiarity with the material
Primary Category: ADHD - Child
Key Words: Adolescents, ADHD, Evidence-Based Practice

Teenagers with ADHD rarely self-refer to therapy and those who do experience difficulties following through on behavioral intentions (Barkley et al., 2001). This workshop will discuss practical strategies that can be integrated into adolescent ADHD treatment to promote engagement among teens and their parents (Sibley & LaCount, 2020). Supporting Teens’ Autonomy Daily (STAND) is an evidence-based behavior therapy for adolescent ADHD (Sibley et al., 2013, 2016, 2019) that is delivered to teens and their parents as a dyad. STAND draws its engagement strategies from a variety of sources: social psychology research on motivation, change-oriented therapies such as Motivational Interviewing (MI; Miller & Rollnick, 2013), research on therapy homework and habit formation, behavioral principles, and our own trial and error working with families. This presentation will not serve as a full training on STAND—rather it will specifically focus on the engagement techniques embedded into the treatment, which can be generalized to other therapies. The first hour of this presentation will focus on initial patient engagement. Topics will include how to build and strengthen parent and teen interest in attending therapy, utilize a strength-based approach that builds self-efficacy and optimism, build genuine relationships with and between family members, and tailor intervention to the client’s readiness to change. The second hour will discuss how to promote skill practice and behavioral change outside of session. We will discuss how to devise out-of-session practice activities that set the individual up to succeed, increase client choice in therapy homework activities, and how parents can apply age-appropriate behavioral strategies encourage skill practice at home. We will also discuss therapeutic strategies to utilize when therapy homework is assigned and reviewed to promote consistent completion of weekly practice activities (e.g., imaginal practice, implementation intentions). In the final hour we will discuss how to promote sustained motivation to continue new habits after termination. Attendees will be taught how to self-evaluate their use of these strategies in session to promote application of selected strategies beyond the conference program.
At the end of this session, the learner will be able to:

- Structure, assign, and review therapy homework assignments using principles that promote consistent home skill practice.
- Integrate principles of social psychology, motivational interviewing, and behavior management into therapy with adolescents with ADHD.
- Engage parents in therapy in an age-appropriate manner that promotes adolescent autonomy with accountability.
- Guide parents and teens through the creation of a behavioral contract that satisfies both members of the dyad.
- Apply the skills learned in this session to additional evidence-based practices for youth and families.

Workshop 13:

Preparing Students as the Workforce of the Future: Managing and Adapting Practice (MAP) as a Comprehensive Model for Training in Evidence-informed Services for Youth Mental Health

Teri L. Bourdeau, ABPP, Ph.D., PracticeWise, LLC
Kimberly D. Becker, Ph.D., University of South Carolina
Bruce F. Chorpita, Ph.D., University of California, Los Angeles

This 3-hour workshop is intended for faculty who teach or seek to teach evidence-based practice for youth in their classes or practica. It will introduce participants to the Managing and Adapting Practice (MAP) system and its “Instructor Model,” which supports faculty with ready-to-use instructional materials (e.g., annotated slides, exercises, online learning resources, and clinical tools and guides) and the ability to award credentialing hours to students. Regularly updated content includes practices and clinical algorithms distilled from over 1,000 randomized trials for treatments targeting 11 problem areas (e.g., anxiety, disruptive behavior, suicidality, substance use), supported by easy-to-use guides, spreadsheets, and online tools. Specifically, this workshop will: (1) introduce attendees to the MAP system and resources, (2) demonstrate how curricula can be tailored for a diversity of learners and support their learning over time (e.g., undergraduate, graduate; psychology, social work, psychiatry; classroom and field settings), (3) demonstrate how to meet educational and clinical objectives related to practice delivery, real-time measurement, and integrative reasoning and clinical decision-making, and (4) cover best practices in instruction and training (e.g., use of role play in classes). With an expanded format, this year’s MAP presentation will have attendees participate in activities intended to support the development of syllabi, in-class and homework assignments, experiential exercises, and student evaluation methods tailored to their specific learners. Whether you wish to incorporate material into an existing curriculum or to develop an entire course, whether you are giving undergraduates a didactic overview or supervising graduate practicum, whether you are redesigning your entire clinical training model or simply updating a single lecture, this workshop will provide ideas and resources to make your teaching easier and more effective, helping you build the evidence-based thinkers, practitioners, and treatment developers of the future.
At the end of this session, the learner will be able to:

- Describe the MAP system and how it meets educational objectives related to practice delivery, real-time measurement, and clinical decision-making.
- Identify how the MAP curriculum can be tailored for a diversity of learners and support their learning over time.
- Identify how the MAP curriculum can be incorporated within one course or across multiple courses.
- Recognize empirically supported practices in instruction and training of youth mental health treatments.
- Select activities for rehearsing MAP resources in the classroom.

**Recommended Readings:**


6:15 p.m. – 8:15 p.m.

Earn 2 continuing education credits

Master Clinician Seminar 5:

**Advancing the Functional Effectiveness of Children with ADHD at Home and School:**
Empirically Supported Programs to Build Organizational Skills Through Individual, Group, and School Treatments

**Richard Gallagher, Ph.D.**, Hassenfeld Children’s Hospital at NYU Langone Medical Center  
**Jenelle Nissley-Tsiopinis, Ph.D.**, Children’s Hospital of Philadelphia  
**Christina DiBartolo, LCSW**, Children’s Hospital of Philadelphia

Basic to Moderate level of familiarity with the material  
Primary Category: ADHD - Child  
Key Words: CBT, ADHD, School

Recent major advances have been made in the psychosocial treatment of children and adolescents with ADHD. Challenges in organization, time management, and planning are one of the most prominent problems that impact individual, family, and school adjustment for youth with ADHD. Various forms of Organizational Skills Training (OST) are well-established treatments for children with ADHD (Evans et al., 2018). OST with elementary school children has wide impact in improving organization, time management, and planning which in turn contributes to improved achievement and to reduced homework problems and family conflict (Abikoff et al., 2013). OST has been fully tested for elementary school children in clinical settings with promising results are being found for adaptations for group delivery and in school settings. The manualized treatment is provided two times per week in 20 sessions to intensely alter the ways children respond to school and home demands. Conceptually, OST recognizes how the symptoms of ADHD interfere with practical execution of steps needed during school days and at home. Parents and teachers see these practical executive function deficits as a critical concern. This presentation will review the full protocol (Gallagher et al., 2014) with emphasis on child, parent, and teacher orientation and skills building in five areas: supportive parent behavior management, tracking assignments, managing materials, time management, and planning. In addition to didactics, specific exercises, role plays, and videos will be used similar to those used to train over 25 research therapists and other clinicians. Participants will learn how to collaboratively engage children so that they feel empowered and how to incorporate positive responses from parents and teachers to effectively motivate children. A substantial portion of the program will review how the individual treatment can be adapted for group delivery and for provision by school personnel with children who do not necessarily
meet the criteria for ADHD. The presenters are authors of the clinical intervention, the extension for group delivery, and the team behind a test of an adaptation for school-based delivery being tested in a randomized controlled trial.

At the end of this session, the learner will be able to:
• Describe the skills deficits that over half of children with ADHD demonstrate in organization, time management, and planning.
• Effectively evaluate candidates for treatment and how to implement the components of organizational skills training for children.
• Apply organizational skills treatment for children in clinical settings.
• Apply individual treatment for group delivery.
• Guide school personnel in the delivery of the treatment.

Earn 2 continuing education credits

Master Clinician Seminar 2:

Envy: A Cognitive Behavioral Approach

Robert L. Leahy, Ph.D., American Institute for Cognitive Therapy

Basic to Moderate level of familiarity with the material

Primary Category: Adult Depression

Key Words: Social Relationships, Cognitive Schemas / Beliefs, Anger / Irritability

Abstract Envy is a universal emotion that we can observe in animals, children and adults and is a key emotion in dominance hierarchies. It is an emotion that has evolved because those higher in dominance hierarchies are conferred greater advantage. There are three manifestations of envy—hostile, depressed and benign, where the latter is equivalent to admiration and often emulation. Envy is a social emotion focused on problematic comparisons with others, while jealousy is a concern about the threat to a relationship. We can be jealous of someone who threatens a valued relationship and also envious of the qualities that make them appear desirable in comparison with ourselves. Individuals are more likely to experience envy when the target behavior is valued by them, they believe it is possible that they might achieve these goals, they view the target of envy as “undeserving”, and they value status and recognition. Envy is associated with depression, anger, anxiety, rumination, and interpersonal hostility. In this presentation we will review the evolutionary adaptive value of envy (dominance hierarchies, social rank theory), the fundamental concern for fairness, schemas related to status, maladaptive “coping” (undermining the “competition” and avoidance of competitors), rumination, complaining, and self-critical thinking. The integrative clinical model includes the following: normalizing envy, validating envy to decrease shame and guilt, relating envy to positive values, focusing on turning envy into admiration and emulation, differentiating the self-concept beyond a focus on one dimension, and acceptance of envy while acting on valued goals. In addition, we will examine how we can modify dysfunctional beliefs about social comparison (Labeling (“He’s a winner, I am a loser”); Fortune-telling (“She will continue to advance, I will fall behind”); Dichotomous thinking (“You either win or lose”); Discounting positives (“The only thing that counts is getting ahead”); and Catastrophizing (“It’s awful not to be ahead of others”). Finally, we will review a case conceptualization of a case of depressive and
anxious envy. Participants are encouraged to evaluate their own experience of envy, either as the one who envies or the one who is the target of the envy of others.

At the end of this session, the learner will be able to:

- Identify envy, the emotions entailed in envy and the unhelpful thoughts related to envy.
- Identify problematic coping strategies underpinning envy.
- Develop a case conceptualization of the client’s envy.
- Reverse anger, depression, anxiety, humiliation and rumination associated with envy.
- Use an integrative CBT model to reduce the negative impact of envy and help focus clients on adaptive functioning.

**Recommended Readings:**
Master Clinician Seminar 3:

**Conceptualization and Treatment of Disgust in Anxiety and Obsessive-compulsive Disorders**

Dean McKay, ABPP, Ph.D., Fordham University

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: Disgust, Anxiety, OCD (Obsessive Compulsive Disorder)

There has been growing interest in addressing disgust as an emotion that motivates avoidance in anxiety and obsessive-compulsive disorders. For close to 30 years, evidence has accumulated to show that disgust is an important contributor to many conditions in these classes of disorders, and more recently, models of intervention have also been proposed. In making the transition from research to treatment, clinicians must disentangle the contributions of fear from disgust, and then craft client-specific evidence-based methods for alleviating disgust. Complicating this further, most practitioners have little formal knowledge of disgust in general or as it specifically relates to psychopathology. This Master Clinician Seminar, therefore, has the following three broad aims. First, this session will provide an overview of the nature of disgust and how it is unique from fear. Second, a systematic approach to assessing disgust in clients will be covered, and include a review of measures that available at no cost and that can be readily integrated into everyday practice. And third, recommendations for treatment to alleviate disgust reactions that prompt avoidance will be covered, including an overview of the current research and illustrative case illustrations. There will also be activities for attendees to develop skill in integrating disgust in exposure hierarchies. The session will conclude with a discussion of future directions in research evaluating the integration of disgust in evidence-based treatment plans.

At the end of this session, the learner will able to:

- Describe disgust as a motivator of avoidance in anxiety and obsessive-compulsive disorders.
- Describe disgust elicitors, specific classes of stimuli that provoke the emotion.
- Create hierarchies for use in treatment that incorporate disgust stimuli.
- Separate anxiety from disgust in conceptualizing treatment.
- Identify interventions aimed at alleviating disgust reactions.

Consider the CBT worksheet — a simple clinical tool that some clinicians may brush aside in efforts to ensure that therapy is engaging, skill-based, and tailored to an individual’s goals and challenges. These client-focused goals are central to high-quality CBT, and use of CBT worksheets may facilitate, rather than hinder, the clinician and client’s success. In this Master Clinician Seminar, Dr. Creed re-introduces CBT worksheets with a three-fold purpose. First, worksheets are framed as a direct clinical tool to help clients scaffold their learning of CBT strategies so that they can ultimately use them fluidly and naturally (i.e., without a worksheet). Discussion will include how to engage clients in this process, how to integrate worksheets in telehealth, and how to support clients in transitioning to a ‘paperless’ version of skill-use. Second, a parallel process is described for training and supervising new CBT therapists, as clinicians rely on CBT worksheets to build their own growing competence and confidence. Finally, Dr. Creed will present a method for rating completed CBT worksheets to evaluate clinician competence, based on preliminary findings from an ongoing NIMH-funded R01 research study (Stirman, PI, Creed, Co-I).

At the end of this session, the learner will be able to:

• Demonstrate strategies for engaging clients in the use of CBT worksheets to help them integrate CBT skills into their daily lives.
• Illustrate ways in which the use of CBT worksheets can scaffold new clinicians in building their confidence and CBT skills.
• Describe a strategy for leveraging CBT worksheets to evaluate clinician competence.


Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania


Clinical Intervention Training 2:

SPACE: Parent Based Treatment for Childhood Anxiety and OCD

Wednesday, 10:30 a.m. – 7:00 p.m.
Earn 7 continuing education credits

Eli R. Lebowitz, Ph.D., Yale University School of Medicine

Moderate to high level of familiarity with the material

Primary Category: Child/Adolescent Anxiety

Key Words: Anxiety, OCD, Parent-training

Despite advances in treatment for childhood anxiety and related disorders, current treatments are not effective in up to 50% of cases. In recent years, there has been rapidly increasing interest in family accommodation, or the changes that parents make to their own behavior to help a child avoid or alleviate distress related to anxiety. Although it is intended to reduce anxiety in the short term, family accommodation is associated with greater symptom severity and impairment. SPACE (Supportive Parenting for Anxious Childhood Emotions) is a theory-driven intervention informed by research into parental entanglement in the symptoms of childhood anxiety and by the biology of mammalian parental behavior. SPACE teaches parents to recognize their accommodating behaviors, and to implement specific plans for reducing the accommodation while maintaining a supportive attitude towards the child. SPACE also includes tools for the following: increasing parents’ ability to work cooperatively together; coping with responses to the reduced accommodation, including anger and distress; and enlisting the support of family and friends in what can sometimes be a difficult process. This session will present an overview of family accommodation and its associations with child anxiety, introduce SPACE and its treatment components, and review findings from clinical trials demonstrating the efficacy of SPACE.

At the end of this session, the learner will be able to:

• Explain associations between family accommodation and child anxiety.
• Assess levels of family accommodation.
• Describe the treatment of process of SPACE.
Apply tools to reduce family accommodation and increase parental support.

Describe the research findings on the efficacy of SPACE treatment.


AMASS 1: Analyzing Longitudinal Data Collected During the Coronavirus Pandemic

Vivian C. Wong

Basic to moderate level of familiarity with the material
Primary Category: Research Methods and Statistics
Key Words: Statistics, Causal Inference, Evaluation

The COVID-19 global pandemic has had a profound effect on the lives of millions including those who are participants or potential participants in our longitudinal research studies. The occurrence of this kind of event not only affects participant recruitment and data collection but also the analysis of data collected before, during, and after the pandemic. This workshop will cover a set of research designs and statistical techniques (i.e., quasi-experimental methods) that are designed for testing longitudinal and causal hypotheses under these conditions. This workshop is intended for researchers who are interested in and/or conducting randomized control trials or quasi-experimental longitudinal studies. The workshop will also address internal and external validity concerns with implementing evaluation studies during the pandemic period and provide researchers with a framework for making decisions about planning and implementing their studies. Basic knowledge of and experience with longitudinal models (e.g., repeated-measures ANOVA, multilevel models, generalized estimating equations) is beneficial but not necessary.

At the end of this session, the learner will be able to:
• Describe quasi-experimental designs for intervention evaluation (i.e., regression-discontinuity, matching, and time series approaches);
• Evaluate the appropriateness of these quasi-experimental designs for a range of data collection scenarios and hypotheses.
• Provide a framework for considering study implementation decisions during the pandemic period.

Master Clinician Seminar 4:

**Whether We ‘Like’ It or Not, Psychologists Need to Embrace Social Media**

Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center

Basic to moderate level of familiarity with the material

Primary Category: Professional/ Interprofessional Issues

Key Words: Technology / Mobile Health, Professional Issues, Dissemination

Despite the many advances that have been made in the understanding of psychological disorders and the critical role that mental health experts play in their successful treatment, our field continues to struggle to: (a) reach newer and broader audiences, (b) explain psychological concepts in simple and creative ways, and (c) standout on the increasingly crowded information superhighway. Complicating matters is the fact that: (a) graduate programs and internship sites tend to focus on ensuring that profession-wide competencies are met, and spend relatively less - and often, no - time preparing their graduates for the challenges involved in branding, marketing, advertising, and other promotional activities that we can use to communicate our messages to the public; and (b) the healthcare landscape continues to change rapidly, with an ever-increasing reliance on, and use of, technology. As a result, typical forums (e.g., journal articles, conference presentations, etc.) for delivering news about advances in our profession have become too narrow, traditional media (e.g., print, radio, television) have lost their centrality, and new platforms are continuously being created (e.g., social media). This seminar will present ways to capitalize on advances in technology to help share psychological concepts with new audiences, while also highlighting the ethics and risks involved in doing so as a psychologist.

At the end of this session, the learner will be able to:

- Describe several of the more popular social media platforms.
- Discuss the ethics and risks involved in psychologists’ use of social media.
- Demonstrate ways in which use of social media can be done effectively.

Workshop 14:

Rediscovering Exposure: Enhancing the Impact of Cognitive Behavioral Therapy for Eating Disorders

Glenn C. Waller, Ph.D., The University of Sheffield
Carolyn B. Becker, Ph.D., Trinity University
Nicholas Farrell, Ph.D., Rogers Behavioral Health

Moderate level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Eating, Exposure

Cognitive-behavioral therapy for eating disorders (CBT-ED) has traditionally failed to use exposure therapy methods to best effect. Some CBT-ED interventions have recommended approaches that do not reflect the true potential of exposure (e.g., mistaking ‘white knuckling’ for true learning experiences), and some advocate what are effectively avoidant and safety behaviours (e.g., use of “alternative” safety strategies to help patients tolerate anxiety). Moreover, in practice, many clinicians omit key exposure-based techniques completely (e.g., openly weighing the patient; use of mirror exposure). Advocates of CBT for EDs also have done a relatively poor job of articulating when clinicians should conceptualize a strategy as exposure and when they should not. Finally, only recently has the field of eating disorders begun to catch up with the implementation of the inhibitory learning approach to exposure. This workshop will outline how exposure theories have developed and how they fit our understanding of how to treat eating disorders. The presenters will then detail and demonstrate key ways in which exposure therapy can be used to enhance CBT-ED in practice. They will focus on the use of an inhibitory learning approach, where exposure can be delivered more rapidly and with more pervasive benefits. Drawing on their new ABCT-affiliated book, which is the first of its kind to guide clinicians in evidence-based exposure therapy for eating disorders, the presenters will use case examples and role-playing to demonstrate how to implement exposure. This will be used to address a range of symptoms across the range of eating disorder diagnoses (e.g., food/eating-related fears, body image disturbance, recurrent binge-eating, etc.). Finally, the workshop will consider the contexts in which we can use exposure therapy in eating disorder services. This part of the workshop will include: a range of levels of treatment (in-patient; intensive day-patient; out-patient); working with families; addressing clinician reluctance to use exposure therapy; and working with service settings that are structured to make exposure difficult to implement.
At the end of this session, the learner will be able to:
• Identify appropriate eating disorder symptoms that could benefit from the use of exposure therapy techniques.
• Identify the avoidant and safety behaviours underpinning eating disorder symptoms.
• Explain the principles of effective exposure therapy.
• Describe how to implement exposure-based methods for eating disorder symptoms, using inhibitory learning principles.
• Identify and address clinicians’ avoidance of exposure therapy.

1:00 p.m. – 6:00 p.m.  

**Earn 5 continuing education credits**

**Institute 4:**

**Introduction to Process-based CBT**

Stefan G. Hofmann, Ph.D., Boston University  
Steven C. Hayes, Ph.D., University of Nevada, Reno  
David N. Lorscheid, B.S., Radboud University

Moderate level of familiarity with the material  
Primary Category: Transdiagnostic  
Key Words: CBT, Psychotherapy Process, Case Conceptualization / Formulation

Process-Based CBT (PCBT) is a radical departure from the latent disease model of the DSM and the absurd proliferation of the protocols-for-syndrome approach. Instead, PBCBT focuses on how to best target and change core biopsychosocial processes in a specific situation for given goals with a given client. This approach recognizes that psychotherapy typically involves non-linear (rather than linear), bidirectional (rather than unidirectional), and dynamic changes of many (rather than only a few) interconnected variables. Effective therapy changes the entire system toward a stable and adaptive state. For therapy to be most effective, we, therefore, need to embrace a systematic, assessment-guided, and theory-based approach to understand the relationships of the various problems of a given client. Functional analysis, the foundation of behavior therapy, provides the basis to understand these relationships. PBCBT acknowledges the complexity, inter-relatedness, and multidimensional levels of the problems in a given client. This workshop will illustrate how PBCBT is used to target key treatment processes by combining functional analysis with a dynamic and person-specific network approach. The workshop will discuss specific strategies to target specific processes in a specific client.

At the end of this session, the learner will be able to:

- Access the limitations and weaknesses of the contemporary medical model.
- Discuss an up-to-date understanding of the core processes of CBT.
- Develop an idiographic, functional diagnostic system that has treatment utility.
- Apply more progressive models and theories in clinical practice.
- Use functional analysis in conjunction with complex network approach in a given client.


Beyond Acceptance and Commitment Therapy: Process-Based Therapy CW Ong, ME Levin, MP Twohig - The Psychological Record, 2020 - Springer
Earn 5 continuing education credits

Institute 5:

**Everything You Always Wanted to Know About Interpersonal Psychotherapy for Adolescents (IPT-A) and Never Had the Chance to Ask**

*Laura H. Mufson, Ph.D.*, Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute
*Jami Young, Ph.D.*, Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine

Basic level of familiarity with the material

Primary Category: Child / Adolescent - Depression

Key Words: Adolescents, Treatment, Depression

Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) was adapted from the adult model of IPT and is based on the premise that depression, regardless of its etiology, occurs in an interpersonal context. IPT-A is a 12-15 session treatment that focuses on improving depressive symptoms and interpersonal functioning. IPT-A has been adapted as a preventive intervention for adolescents at risk for depression and for preadolescents diagnosed with depression. This institute will provide an introduction to the principles of IPT as adapted for adolescents (IPT-A) and discuss its use in community settings such as school-based health clinics and primary care clinics. The course will include didactics on the main principles and techniques of the IPT-A treatment model; use of demonstrations of techniques; opportunity for short experiential role playing; and discussion of brief case examples. IPT-A has been demonstrated to be an efficacious treatment for adolescent depression (Mufson et al., 1999; Mufson et al., 2004; Rosselló & Bernal, 1999; Rosselló, Bernal, & Rivera-Medina, 2008) and is delineated in a published treatment manual (Mufson, Dorta, Moreau & Weissman, 2004). IPT-A meets the criteria of a “well-established treatment” for adolescent depression according to the American Psychological Association (David-Ferdon & Kaslow, 2009;) and is a recommended treatment for depressed adolescents (Zhou, Hetrick, Cuipers et al., 2015; Weersing, Jeffries, Do, & Schwartz, 2016). IPT-A is recommended along with CBT in the newly published American Psychological Association Clinical Practice Guidelines for the treatment of Depression across the lifespan (2019) as the two interventions with the strongest evidence base for treating adolescents with depression. This course will present the goals and phases of IPT-A, identified problem areas, primary components of IPT-A approach, as well as specific therapeutic techniques such as the interpersonal inventory and communication analysis.
At the end of this session, the learner will be able to:
• Identify the basic principles of IPT-A.
• Describe the four interpersonal problem areas.
• Describe the key IPT-A techniques.
• Utilize the techniques through role plays and discussion of case examples.
• Apply the IPT-A treatment approach with depressed adolescent patients.

Institute 8:

**Ticket**

**Improving Access to Teen Sleep Treatments: How to Deliver Evidence-based Techniques to Help Young Adults Sleep Better and Feel Better**

Colleen E. E. Carney, Ph.D., Ryerson University

Basic to Moderate level of familiarity with the material

Primary Category: Sleep / Wake Disorders

Key Words: Adolescents, Sleep, Behavioral Medicine

Sleep problems are both highly prevalent, and etiologically significant for mental health problems in adolescents and young adults. Most books/workshops focus on pediatric or adult sleep programs, but they are not suitable for this age group because the sleep problems of this group are unique. This age group experience circadian rhythm problems, hypersomnia, hypersomnolence and/or insomnia. What little treatment research exists for this age group focuses solely on CBT for insomnia and ignores the other problems. One helpful approach has been to recognize the transdiagnostic nature of these sleep problems and leverage case formulation and empirically supported techniques to help this group. Although we have evidence-based behavioral sleep medicine techniques to address sleep problems, access to such treatments is limited and access to training for professionals is nonexistent. This training will fill this void and teach specific cognitive behavioral sleep medicine approaches to teen sleep problems (Harvey et al., 2016). The format for the workshop will be didactic instruction, experiential exercises, demonstrations, and clinical. Attendees will have access to and learn how to use a validated free app to help adolescents and young adults sleep better.

At the end of this session, the learner will be able to:

- Describe the difference between these common teen sleep problems: voluntary sleep restriction, circadian rhythm dysregulation, hypersomnia, and insomnia.
- Prepare evidence-based solutions for voluntary sleep restriction, circadian rhythm dysregulation, hypersomnia, and insomnia.
- Use motivational interviewing to help teens buy-in to treatment engagement.
- Explain to teachers, parents and counselors in teens’ lives about sleep myths, and how to communicate effectively and support teens in improving their sleep.
- Demonstrate to clients use a free app to track sleep and set goals.

Earn 4 continuing education credits

AMASS 2:

Encore AMASS Back by Popular Demand from 2019: Open Science Practices for Clinical Researchers: What You Need to Know and How to Get Started

Jessica L. Schleider, Ph.D., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin

Basic level of familiarity with the material

Primary Category: Research Methods and Statistics

Key Words: Research Methods, Statistics, Professional Development

Clinical psychology is undergoing a revolution where hypotheses, data, materials, and papers are shared more openly than ever before, improving the credibility, accessibility, and transparency of the science we produce. Additionally, an increasing list of top-tier outlets for clinical trials now require (e.g., Journal of Consulting and Clinical Psychology, Archives of General Psychiatry/JAMA Psychiatry) or strongly encourage (e.g., Clinical Psychological Science) primary hypotheses to be preregistered in order to be considered for publication. Secondary analyses are also being subjected to ever-increasing scrutiny, with credibility of research findings becoming an integral part of the review process. However, clinical psychology has lagged behind other areas in adopting credibility-enhancing research practices. This may be at least partially because adopting such practices are often framed as a communal good, but a personal sacrifice of time and effort. The landscape is evolving such that open science practices are no longer optional and policies at leading clinical journals suggest that this will only increase over the near term (e.g., Davila, 2019; https://www.apa.org/pubs/journals/features/ccp-ccp000380.pdf). This AMASS will teach easy-to-adopt strategies for enhancing the transparency, accessibility, and credibility of your research—and ways in which these practices actually save both personal time and effort. We will highlight: (a) using preregistration tools to boost odds of publication acceptance, regardless of your study results; (b) tools for staying even more up to date in your field; (c) earning credit, and disseminating your work, earlier in the paper-writing process; (d) creating easy-to-reproduce analyses that meet current publication standards for data transparency. This session will include hands-on practice with free, credibility increasing tools such as preprint servers, open data repositories, open source analysis tools (R & JAMOVI), and the Open Science Framework. This AMASS will also focus on immediate translation of at least one open science practice into each participant’s workflow by the following day, no matter the type of research you conduct—from work on basic mechanisms of psychopathology to clinical trials to dissemination and implementation science.
At the end of this session, the learner will be able to:

- Learn how and why various credibility-enhancing practices can support and strengthen your (and your lab’s) research.
- Establish a quicker ideas-to-paper pipeline (using preprint servers to disseminate research earlier).
- Download and apply at least one tool (including a point and click interface) that helps ensure your analyses are easy for others to reproduce.
- Explain how preregistration and registered reports can facilitate publication regardless of results.
- Discover at least one way you can apply open science practices in your research starting the next day, regardless of your research area within clinical psychology.

**Recommended Readings:**

JAMOVI User Manual to Create Reproducible R Code Using a Point and Click Interface: https://www.jamovi.org/user-manual.html


Workshop 9: Evidence-based Treatment for Prolonged Grief Disorder

Natalia A. Skritskaya, Ph.D., Columbia University
Katerine Shear, M.D., Columbia University School of Social Work

All level of familiarity with the material
Primary Category: Trauma and Stressor Related Disorder and Disasters
Key Words: Grief / Bereavement, Evidence-Based Practice, Psychotherapy Process

Prolonged Grief Disorder (PGD) is now an official diagnosis in the 11th revision of the International Classification of Diseases (ICD-11). Its key features are persistent and pervasive yearning, longing and/or preoccupation with the deceased accompanied by intense emotional pain. The emotional pain can take different forms, e.g. sadness, guilt, anger, denial, blame; difficulty accepting the death, feeling one has lost a part of one’s self, an inability to experience positive mood, emotional numbness, difficulty in engaging with social or other activities. To meet criteria for PGD the symptoms have to persist for an abnormally long period of time (more than 6 months at a minimum) and clearly exceed expected social, cultural or religious norms for the individual’s culture and context. The disturbance has to cause significant impairment in an important area of functioning. PGD is estimated to affect 1 in 10 bereaved people and clinicians are likely to come across such individuals in their practice. Complicated Grief Treatment (CGT) is a rigorously tested psychotherapy treatment for this condition with a 70% response rate across three NIMH-funded studies. CGT targets adaptation to loss. It was derived using a modification of Prolonged Exposure that incorporates strategies and techniques from Interpersonal Psychotherapy, Motivational Interviewing and psychodynamic psychotherapy. Therapists focus on helping clients to accept grief, manage emotional pain, imagine a promising future, strengthen relationships, tell the story of the death, learn to live with reminders and feel a connection to memories of the deceased. Using case examples and data from clinical research studies, Drs. Skritskaya and Shear will describe the treatment, and use video and experiential exercise to illustrate how to use it in practice.

At the end of this session, the learner will be able to:
- Describe grief using an attachment theory perspective.
- Explain what it means to adapt to loss of someone close and how adaptation can be derailed.
- Describe ICD-11 prolonged grief disorder.
- Analyze how work with the main themes of Complicated Grief Treatment can be used to address derailers and facilitate adaptation to loss.
• Apply CGT procedures in their practice.

**Recommended Readings:**

Earn 1 Continuing Education Credit

Invited Address 1:

Leveraging Implementation Science and Community-Based Partnerships to Bridge the Science-Practice Gap Among Diverse Populations

Dr. Luana Marques, Ph.D., Massachusetts General Hospital

Moderate level of familiarity with the material

Primary Category: Dissemination & Implementation Science

Keywords: Implementation, cognitive behavioral therapy, underserved populations

It takes 17-20 years for evidence-based practice (EBP) to reach routine practice, and this science-practice gap is 10 years larger in mental health and for underserved populations (Boren & Balas, 2000; Institute of Medicine, 2006). Narrowly focused strategies such as solely establishing the effectiveness of an EBP or training providers to deliver EBPs without addressing multilevel factors contributing to the science-practice gap are not sufficient to increase EBP uptake among diverse populations. Implementation science (IS) and community based participatory research (CBPR) provide a systematic method of implementation and evaluation to further address the science-practice gap (Bauer et al., 2015; Minkler & Wallerstein, 2011) and to reduce disparities. This presentation describes three projects that leverage IS and CBPR to address barriers to facilitate the adoption of EBPs for diverse populations: clients seeking Posttraumatic Stress Disorder (PTSD) treatment from a diverse community health center in Chelsea Massachusetts, high-risk young men served by a community organization, and inner-city youth. Results from a NIMH-funded implementation-effectiveness hybrid study of Cognitive Processing Therapy (CPT) for PTSD underscore significant client-level predictors of treatment engagement (e.g., language) and effect of provider-level modification on client outcomes (Youn et al., 2019; Marques et al., 2019). The second research project, exemplifies the feasibility, acceptability and effectiveness of a modular Cognitive Behavioral Theory (CBT) iteratively developed and delivered by paraprofessionals for high-risk young men involved in the justice system (Valentine et al., 2019; Marques et al., 2020). Last, the development and scalability of a cognitive behavioral skills focused summer internship to improve emotion regulation among urban youth facing adversity is discussed. Cross cutting implications of these studies will be presented, including barriers encountered by diverse populations and strategies for increasing access within underserved communities.
At the end of this session, the learner will be able to:

- Discuss implementation and CBPR strategies to increase the use of CBT for underserved populations
- Describe unique considerations for using a CBT approach in non-traditional settings
- List three adaptations that were made to CBT to meet the needs of diverse populations
- Analyze considerations related to tensions between fidelity and adaptation of CBT
- Describe findings related to the application of CBT for three underserved populations.
6:15 p.m. – 7:15 p.m.

Orientation to the Virtual Convention

Join Katharina Kircanski, ABCT’s Convention and Education Issues Coordinator at 6:15 pm to learn how to navigate the virtual platform and make the most of the virtual convention experience this year.

Whether you are a new member, first-time convention attendee, or just want to learn how to navigate our virtual convention, all are welcome. Take full advantage of earning continuing education credits that are complimentary for 2020. Discover the new electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Enjoy networking opportunities, gain insights into the convention electronic program and learn how to plan your itinerary, and master the convention app. Keep in mind that we begin each day with an invited address.

Plan to stay connected to ABCT throughout the year via our website, Facebook page, Twitter, Instagram, Special Interest Groups, and other networking opportunities.

Next up, ABCT President Martin M. Antony welcomes you to ABCT’s first virtual convention and presents his Presidential Address, “CBT in the Era of COVID-19”
This year, the world has faced challenges unlike those that many of us have encountered in our lifetimes, including living through the COVID-19 pandemic, beginning to confront systemic racism and discrimination, and navigating ongoing political divisions. This presentation will focus on the impact of recent events on the work that we do, and how our efforts to alleviate human suffering through science can have an impact on the world around us. Some topics that will be touched on include the effects of COVID-19 on mental health and efforts to treat psychological distress, the challenges of adapting CBT during the pandemic, the politicization of public health and science, the intersection of COVID-19 with racism, equity, and access, and a possible role for CBT in helping people transition to a post-pandemic time.

At the end of this session, the learner will be able to:

• Describe ways in which COVID-19 has impacted upon mental health
• Describe how COVID-19 intersects with other societal issues, such as systemic racism and the political process
• Describe ways in which CBT can help to address mental health issues created by the COVID-19 pandemic

**Recommended Readings:**


Thursday, November 19

10:30 a.m. – 12:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 1

Shouting from the Rooftops: Sharing Evidence Based Treatment in the Age of (Mis) Information

Moderator: Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center of Northwell Health

Panelists: David F. Tolin, ABPP, Ph.D., Institute of Living
          Dean McKay, ABPP, Ph.D., Fordham University
          Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
          Sara Becker, Ph.D., Brown University School of Public Health
          Regine Galanti, Ph.D., Long Island Behavioral Psychology
          Stevie N. Grassetti, Ph.D., West Chester University of Pennsylvania

Primary Category: Health Care System / Public Policy

Key Words: Public Health, Dissemination, Technology / Mobile Health

With unprecedented levels of internet access in the general public, consumers now have free, convenient, and instantaneous access to information about behavioral health treatment. Although there are many benefits to having open access to information, risks include a profusion of misinformation and echo chambers, in which like-minded individuals share and reinforce inaccurate, non-scientific, and pseudoscientific beliefs.

Evidence based treatments (EBT’s) have fallen victim to such misinformation, with pseudoscience treatments proliferating in pop culture, online communities, and even in systems of care such as schools and community mental health settings.

Evidence based practitioners have the tools with which to engage with the public at large and in systems of care. However, EBT’s have an image problem which needs to be addressed in those venues. Dissemination of accurate mental health information can improve public health, but overreliance on field-specific jargon may prevent effective communication with the lay public.

This panel brings together speakers who have bravely entered the fray by disseminating evidence-based information in community mental health settings and/or have interacted with the public in a wide array of media outlets, ranging from television to
social media, to blogs and print media. We discuss methods of disseminating information
to increase acceptability and promote engagement of EBT’s among professionals and the
public. We will also address barriers to disseminating and implementing EBT’s across
systems of care, organizations (including inpatient and outpatient mental health care,
schools, juvenile detention centers, and other settings), in multicultural groups, and on
individual practitioner levels. Models and pitfalls of dissemination, implementation, and
engagement will be discussed.

10:30 a.m. – 12:00 p.m.

Earn 1.5 continuing education credits

Panel Discussion 2

What Works and What Doesn’t? Challenges and Solutions in Implementing Technology-enhanced Psychotherapy

**Moderator:** David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

**Panelists:** Patricia Walshaw, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Louisa Sylvia, Ph.D., Massachusetts General Hospital
Eric Granholm, Ph.D., University of California San Diego
Marc J. Weintraub, Ph.D., UCLA Semel Institute

Primary Category: Technology
Key Words: Technology / Mobile Health, Implementation, Severe Mental Illness

The study of technologies to enhance evidence-based treatment is a new and exciting
field, but one that is fraught with challenges in implementation. Specific consideration is
needed in how to design assessment and treatment applications for different populations,
particularly patients with severe mental illness and their families. Developmental con-
siderations are also essential in planning how to construct content for younger patients
or diverse populations. The panelists are all conducting experiments that use a variety
of technologies (apps, symptom tracking, Fitbit) to enhance evidence-based psychother-
apy (CBT, family-focused therapy, group treatment by the Unified Protocol) in different
populations (adults with schizophrenia or bipolar disorder, youth with mood disorders,
adolescents at risk for psychosis, and broad populations). Initial discussion will focus on
challenges related to design and interfacing with an IT team when building a user-inter-
face. Decisions regarding amount of content that is helpful and what content should
be prioritized to elicit therapeutic benefit will be discussed. Panelists will then focus on
assessment (i.e., tracking of symptoms and functioning) and decisions around frequency
and length of assessments. Finally, the topic of participant engagement in online programs
will be examined, along with methods to facilitate engagement. The panelists will discuss
issues around engaging individuals online who may already be resistant to treatment in
the clinic, captivating adolescents who are already deluged with online content, and using
reward strategies. Modifying programs to accommodate different levels of symptomatology will also be explored.

10:30 a.m. – 12:00 p.m.

**Earn 1.5 continuing education credits**

**Clinical Round Table 1**

**Intensive Delivery of Evidence-based Treatment for PTSD Across Diverse Contexts: successes, Challenges, and Strategies for Implementation**

**Moderator:** Jennifer S. Wachen, Ph.D., National Center for PTSD and Boston University School of Medicine

**Panelists:**
- Kris Morris, Ph.D., Fort Belvoir Community Hospital
- Edward C. Wright, ABPP, Ph.D., Massachusetts General Hospital
- Cynthia Yamokoski, Ph.D., National Center for PTSD
- Tara E. Galovski, Ph.D., Women’s Health Sciences Division, VA National Center for PTSD

All levels of familiarity with the material

**Primary Category:** Trauma and Stressor Related Disorders and Disasters

**Key Words:** PTSD (Posttraumatic Stress Disorder), Treatment/Program Design, Veterans

Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) are two of the strongest evidence-based psychotherapies (EBPs) for posttraumatic stress disorder, yet it can be challenging for patients to complete a full course of treatment. Modifying EBPs to be delivered within a shorter time frame may reduce likelihood of dropout and optimize potential positive treatment outcomes. Intensive versions of CPT and PE are beginning to be delivered in a variety of clinical settings, and research supporting their efficacy is ongoing. This clinical roundtable will discuss the implementation of CPT and PE in different intensive delivery formats with diverse patient populations in both research and clinical contexts. Dr. Yamokoski will discuss the acceptability, feasibility, and effectiveness of an intensive outpatient program at the VA Northeast Ohio Healthcare System based upon massed-delivery (3-5X per week) of PE or CPT with veteran patients. Dr. Wright will present on two intensive programs for PTSD at Home Base, a Red Sox Foundation and Massachusetts General Hospital Program serving veterans and their families. The Intensive Clinical Program provides two weeks of daily individual CPT or PE combined with group complementary therapies. The Accelerated Clinical Treatment program includes twice daily, individual PE combined with group-based psychoeducation, in vivo exposure, mindfulness, and fitness over a 4-day weekend. Dr. Morris will discuss an intensive 5-day combined group and individual CPT program delivered in the first randomized clinical trial of massed CPT with active duty military. Dr. Galovski will present a pilot study of 12 sessions of individual CPT delivered over 5 days with female victims of interpersonal
violence through the Center for Trauma Recovery in St. Louis. Dr. Wachen will moderate a discussion of strategies that have contributed to the success of implementing these interventions in novel formats and unique contexts.

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 1

Addressing Diagnostic Challenges in Obsessive-compulsive Disorder, Psychosis, and Autism Spectrum Disorder

Chair: Jennifer L. Buchholz, M.A., UNC Chapel Hill
Discussant: Monica E. Calkins, Ph.D., Perelman School of Medicine, University of Pennsylvania

Moderate to Advanced level of familiarity with the material
Primary Category: Assessment
Key Words: OCD (Obsessive Compulsive Disorder), Psychosis / Psychotic Disorders, Autism Spectrum Disorders

Anxiety Sensitivity in Individuals with First Episode Psychosis
Jennifer L. Buchholz, M.A., UNC Chapel Hill
Tate Halverson, M.A., University of North Carolina at Chapel Hill
Kelsey Ludwig, M.A., University of North Carolina at Chapel Hill
David Penn, Ph.D., University of North Carolina - Chapel Hill
Julia Browne, M.A., University of North Carolina at Chapel Hill
John Gleeson, Ph.D., University of Melbourne
Mario Alvarez-Jimenez, Ph.D., Orygen, The National Centre Of Excellence In Youth Mental Health
Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Autism or Psychosis? Challenges and Recommendations for Differential Diagnosis
Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Edward Brodkin, M.D., Perelman School of Medicine at the University of Pennsylvania
Monica E. Calkins, Ph.D., Perelman School of Medicine, University of Pennsylvania
Kathleen Shea, MS, Research & Evaluation Group, Public Health Management Corporation
Katherine Luciano, LCSW, McLean Franciscan Community Based Acute Treatment Program
David Mandell, Other, Perelman School of Medicine at the University of Pennsylvania
Judith Miller, PhD, University of Pennsylvania
Psychometric and Stigma Barriers to Assessing Subclinical Psychosis-like Experiences
Charlie A. Davidson, Ph.D., Mercer University; Emory University; Atlanta Center for Cognitive Therapy

Clinician Diagnostic Bias: Obsessive-compulsive Disorder Is Misdiagnosed When There Is a Co-occurring Trauma History
Emily Becker-Haimes, Ph.D., University of Pennsylvania
Katherine Wislocki, B.A., University of Pennsylvania School of Medicine
Stephen DiDonato, PhD, Thomas Jefferson University
Rinad S. S. Beidas, PhD, University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
Amanda Jensen-Doss, Ph.D., University of Miami

Evaluating Discriminant Validity of the Obsessive-compulsive Inventory – Revised (OCI-R) in a Nonclinical Sample
Emily Steinberg, M.A., Fordham University
Dean McKay, ABPP, Ph.D., Fordham University

10:30 AM – 12:00 PM
Earn 1.5 continuing education credits

Symposium 2
Enhancing Employment Success Through Community-based Social Anxiety Treatment

Chair: Richard T. LeBeau, Ph.D., University of California, Los Angeles
Discussant: Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Basic to Moderate level of familiarity with the material
Primary Category: Adult Anxiety
Key Words: Social Anxiety, Randomized Controlled Trial, Dissemination

A Multisite Trial of Work-related Cognitive Behavioral Therapy for Unemployed Persons with Social Anxiety: Study Methods and Sample Characteristics
Joseph Himle, Ph.D., University of Michigan
Richard T. LeBeau, Ph.D., University of California, Los Angeles
Addie Weaver, Ph.D., University of Michigan
Jennifer Jester, Ph.D., University of Michigan
Amy Kilbourne, Ph.D., University of Michigan
Michelle Craske, Ph.D., University of California, Los Angeles
Results from a Randomized Controlled Trial of Work-related Cognitive Behavioral Therapy vs. Vocational Services as Usual Among Unemployed Individuals with Social Anxiety
Michelle Craske, Ph.D., University of California, Los Angeles
Richard T. LeBeau, Ph.D., University of California, Los Angeles
Jennifer Jester, Ph.D., University of Michigan
Joseph Himle, Ph.D., University of Michigan

Moderators of Treatment Response to Work-related Cognitive Behavioral Therapy for Unemployed Individuals with Social Anxiety
Richard T. LeBeau, Ph.D., University of California, Los Angeles
Jennifer Jester, Ph.D., University of Michigan
Joseph Himle, Ph.D., University of Michigan
Michelle Craske, Ph.D., University of California, Los Angeles

Multiple Stakeholder Perspectives of Implementing Work-related Cognitive Behavioral Therapy in Vocational Service Settings: A Qualitative Study of Intervention Acceptability and Sustainability
Addie Weaver, Ph.D., University of Michigan
Joseph Himle, Ph.D., University of Michigan
Amy Kilbourne, Ph.D., University of Michigan
Michelle Craske, Ph.D., University of California, Los Angeles
Symposium 3

Stps in the Real-world: Exploring Adaptations to Improve Access and Feasibility While Maintaining High Quality Care

Chair: Sarah Tannenbaum, Psy.D., Judge Baker Children’s Center at Harvard Medical School
Discussant: Carla C. Allan, Ph.D., Children’s Mercy/University of Missouri-Kansas City School of Medicine

Basic to Moderate level of familiarity with the material
Primary Category: ADHD - Child
Key Words: ADHD, Child, Evidence-Based Practice

Utilizing the Summer Treatment Program Model to Promote School Readiness in Young Children Living in Urban Poverty
Katie C. Hart, Ph.D., Florida International University - Center for Children and Families
Bridget Poznanski, M.S., Florida International University
Randi Cheatham-Johnson, M.S., Florida International University
Della Gregg, M.S., Florida International University
Katherine Zambrana, M.S., Florida International University
Akira Gutierrez Renzulli, M.A., Florida International University - Center for Children and families
Helen Flores, M.S., Florida International University - Center for Children and families
Lissandra Sotolongo, M.S., Florida International University - Center for Children and families
Tommy Chou, B.A., M.A., M.S., Florida International University
Jacqueline O. Moses, M.S., Florida International University
Feion Villodas, Ph.D., M.p.h., San Diego State University
Miguel T. Villodas, Ph.D., SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology

Feasibility, Acceptability, and Efficacy of B.U.D.S. Program, a Clinical Adaptation of the Summer Treatment Program Aimed to Treat Children with ADHD and Disruptive Behaviors
Vasc Lopes, Psy.D., Columbia University Irving Medical Center
Vasc Lopes, Psy.D., Columbia University Irving Medical Center
Sustainability of the Summer Treatment Program for ADHD in a Non-profit Children’s Hospital Setting
Simone Moody, Ph.D., Children’s Mercy/University of Missouri-Kansas City School of Medicine
Madeline DeShazer, B.S., Children’s Mercy Kansas City
Trista Perez Crawford, Ph.D., Children’s Mercy Kansas City/University of Missouri Kansas City School of Medicine
Carla C. Allan, Ph.D., Children’s Mercy/University of Missouri-Kansas City School of Medicine

A Pilot Study of Camp Baker, a Real-world Adapted Summer Treatment Program for Children with ADHD
Sarah Tannenbaum, Psy.D., Judge Baker Children’s Center at Harvard Medical School
Marina Wilson, Judge Baker Children’s Center at Harvard Medical School
Stephani Synn, M.A., Judge Baker Children’s Center at Harvard Medical School
Rachel E. Kim, Ph.D., Judge Baker Children’s Center

10:30 AM – 12:00 PM

Earn 1.5 continuing education credits

Symposium 4

Combined and Unimodal Treatment for Childhood Mental Health Disorders: The Impact of the Four Landmark Nimh-funded Trials on the Subsequent Use of Psychopharmacological and Psychosocial Treatment

CHAIRS: Fiona L. Macphee, M.S., Florida International University
William E. Pelham, Jr., Ph.D., Florida International University

DISCUSSANT: Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

Moderate level of familiarity with the material
Primary Category: Treatment - Other
Key Words: Child, Clinical Trial, Medication

The Multimodal Treatment Study of Children with ADHD: Medication, Behavioral Intervention, or Their Combination – “just Say Yes to Drugs?”
William E. Pelham, Jr., Ph.D., Florida International University

Answers and More Questions from the Child/adolescent Anxiety Multimodal Study
Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders
Symposium 5

New Directions in Exposure Therapy for Eating Disorders

**Chair:** Rachel Butler, M.A., Temple University

**Discussant:** Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

All level of familiarity with the material

Primary Category: Eating Disorders

Key Words: Exposure, ERP (Exposure and Response Prevention)

**Exposure Therapy for Eating Disorders: A Systematic Review**
Rachel Butler, M.A., Temple University
Richard G. Heimberg, Ph.D., Temple University

**Coding Therapy Session Videos to Characterize Exposure Therapy for Treating Bulimia Nervosa**
Kelsey E. Clark, M.S., Drexel University
Sarah Palasick, B.A., Columbia University School of Social Work
Emily K. Presseller, B.A., Drexel University
Elizabeth Lamp, B.A., Drexel University
Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute
Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)
Evan Forman, Ph.D., Drexel University
Caroline Fojtu, None, Drexel University
Adrienne S. Juarascio, Ph.D., Drexel University
An In-person Prolonged Imaginal Exposure Therapy Protocol for Eating Disorders Is Associated with Decreased Eating Disorder Symptoms, Anxiety, and Eating Disorder Fears
Cheri A. Levinson, Ph.D., The University of Louisville
Irina Vanzhula, M.S., University of Louisville
Leigh C. Brosof, B.A., University of Louisville
Caroline Christian, B.S., University of Louisville

Effects of a Brief, Food-based Exposure Intervention for Eating Disorders in an Inpatient Hospital Setting
Nicholas Farrell, Ph.D., Rogers Behavioral Health
Owen Bowie, M.S., Rogers Behavioral Health
Maxine Cimperman, M.S., Rogers Behavioral Health
Bradley C. Riemann, Ph.D., Rogers Behavioral Health
Cheri A. Levinson, Ph.D., The University of Louisville

The Role of Exposure in Residential Eating Disorder Treatment Outcomes
Adela Scharff, B.S., University at Albany, State University of New York
James F. Boswell, Ph.D., University at Albany, State University of New York
Gayle Brooks, Ph.D., The Renfrew Centers, Inc.

10:30 AM – 12:00 PM
Earn 1.5 continuing education credits

Symposium 6
Enhancing Evidence Based Treatment Approaches for Adolescents with Suicidality and Self-harm by Engaging Caregivers & Families

CHAIR: Molly Adrian, Ph.D., UW
DISCUSSANT: Elizabeth McCauley, ABPP, Ph.D., University of Washington School of Medicine

Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Adolescents, Suicide, Families

Sexual Orientation as a Moderator Between Mental Pain and Suicide Attempts in Adolescents
Amy M. Brausch, Ph.D., Western Kentucky University
The Application of SAFETY-A in an Outpatient Crisis Clinic  
Lucas Zullo, Ph.D., UCLA  
Benjamin Rolon-Arroyo, Ph.D., UCLA  
Jocelyn Meza, Ph.D., UCLA Semel Institute of Neuroscience  
Sylvanna Vargas, M.P.H., M.A., West Los Angeles Veterans Association  
Jeanne Miranda, Ph.D., University of California, Los Angeles  
Joan Asarnow, Ph.D., UCLA School of Medicine

The Crisis Care Clinic: Evaluation of a Brief Co-treatment Model for Youth and Caregivers in Suicidal Crisis  
Kalina Babeva, Ph.D., Seattle Children’s Hospital  
Eileen Twohy, Ph.D., University of Washington School of Medicine  
Molly Adrian, Ph.D., UW  
Kyrill Gurtovenko, Ph.D., Seattle Children’s Hospital  
Jennifer Blossom, Ph.D., Seattle Children’s Hospital  
Sophie king, B.A., Seattle Children’s Hospital  
Leah Erickson, B.S., Seattle Children’s Hospital  
Elizabeth McCauley, ABPP, Ph.D., University of Washington School of Medicine

Evaluation of a Dialectical Behavior Therapy Parent Skills Group for Caregivers of Adolescents with Suicidality and Non-suicidal Self Injury  
Kyrill Gurtovenko, Ph.D., Seattle Children’s Hospital  
Hilary Mead, Ph.D., Seattle Children’s Hospital  
Samuel McGinnis, PsyD, Seattle Children’s Hospital  
Isabelle Tully, B.S., Seattle Children’s Hospital  
James Williamson, B.S., Seattle Children’s Hospital
Symposium 7

Barriers to Behavioral Health Treatment Entry, Engagement, and Outcomes in the Criminal Justice System

Chairs: Mandy Owens, Ph.D., University of Washington
       Kelly Moore, Ph.D., East Tennessee State University

Discussant: Craig Henderson, Ph.D., Sam Houston State University

Basic to Moderate level of familiarity with the material
Primary Category: Criminal Justice / Forensics
Key Words: Criminal Justice, Treatment

Law Enforcement Officers’ Willingness to Connect Individuals with Opioid Use Disorder to Treatment
Mandy Owens, Ph.D., University of Washington
Caleb Banta-Green, Ph.D., Alcohol and Drug Abuse Institute
Jason Williams, Ph.D., Alcohol and Drug Abuse Institute

The Role of Family Factors in Behavioral Health Treatment Use Among First-time Court-involved Youth
Johanna Folk, Ph.D., University of California San Francisco
Juliet Yonek, Ph.D., University of California San Francisco
Marina Tolou-shams, Ph.D., University of California San Francisco

Risk Factors for Double Stigma of Addiction and Incarceration Among People in Mandated Substance Use Treatment
Kelly Moore, Ph.D., East Tennessee State University

Identifying Treatment-related Factors and Targets in Correctional Rehabilitation: Comparing Evaluator and Self-reported Ratings
Christopher King, Ph.D., Other, Montclair State University
Sarah Hitchcock, B.A., Montclair State University
Kenny Gonzalez, M.A., Montclair State University
Amanda Palardy, B.S., Montclair State University
Nicole Guevara, B.A., Montclair State University

Multisystemic Therapy with Juvenile Justice-involved Youth: Mechanisms of Change Through Early Adulthood
Kaitlin Sheerin, M.A., University of Missouri
Charles M. Borduin, Ph.D., University of Missouri
Cynthia Brown, M.A., University of Missouri
Symposium 8

Remembering (not) to Fear: Understanding the Development and Treatment of Anxiety and PTSD Through Translational Research on Fear Memory and Learning

CHAIRS: M. Alexandra Kredlow, Ph.D., Harvard University
Joseph K. Carpenter, M.A., Boston University

DISCUSSANT: Michael Otto, Ph.D., Boston University Center for Anxiety and Related Disorders

Distinct Neural Profiles During Aversive Learning Mediate the Longitudinal Association of Childhood Trauma and Symptoms of Internalizing and Externalizing Psychopathology in Youth
Stephanie N. DeCross, B.A., Harvard University
Katie A. McLaughlin, Ph.D., Harvard University

Dissociable Neural Representations of Long-term Fear and Extinction Memory in Healthy Adults and PTSD
Joseph Dunsmoor, Ph.D., New York University
Augustin Hennings, B.S., University of Texas Austin
Mason McClay, B.S., University of Texas Austin
Jarrod Lewis-Peacock, Ph.D., University of Texas Austin

Updating Episodic Threat Memories by Combining Memory Reactivation and Cognitive Restructuring: A Potential Treatment Strategy for Anxiety
M. Alexandra Kredlow, Ph.D., Harvard University
Eugenia Zhukovsky, B.S., New York University
Elizabeth Phelps, Ph.D., Harvard University

Enhanced Mental Reinstatement of Exposure Treatment to Improve the Generalization of Learning in Claustrophobia
Joseph K. Carpenter, M.A., Boston University
Danielle M. Moskow, M.A., Boston University
Stefan G. Hofmann, Ph.D., Boston University

Moderate level of familiarity with the material
Primary Category: Translational
Key Words: Translational Research, Anxiety, Fear
Effects of Sleep and Circadian Rhythm on Therapeutic Extinction
Edward Pace-Schott, Ph.D., Harvard Medical School/Massachusetts General Hospital
Jeehye Seo, Ph.D., University of Massachusetts Amherst
Naomi M. Simon, M.D., Anxiety and Complicated Grief Program, NYU Langone
Rebecca Spencer, Ph.D., University of Massachusetts Amherst
Scott Orr, Ph.D., Massachusetts General Hospital
Carolina Daffre, B.A., Massachusetts General Hospital
Katelyn Oliver, B.S., Massachusetts General Hospital and Martinos Center for Biomedical Imaging
Ryan Bottary, B.S., Boston College
Sam Gazecki, B.A., Pacific Harbor Medical Group
Kylie Moore, B.A., Boston University

12:15 p.m. – 1:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 4
Supporting Doctoral Students of Color: Practical Suggestions for Psychology Departments

Moderator: Alexandria N. Miller, M.S., Suffolk University
Panelists: Linda E. Guzman, M.A., University of Arkansas
Ana J. Bridges, Ph.D., University of Arkansas
Vaishali V. Raval, Ph.D., Miami University
Akanksha Das, B.S., Miami University
Gabriela A. Nagy, Ph.D., Duke University
Sarah A. Hayes-Skelton, Ph.D., UMass Boston

Primary Category: Student Issues
Key Words: Education and Training, Student Issues, Training / Training Directors

Students from underrepresented racial and ethnic minority groups (URM) are enrolling in doctoral programs at increased rates, yet their average time to completion is longer, and attrition higher, compared to their White peers. Exposure to racial stressors and microaggressions in predominantly White doctoral programs can reduce URM students’ sense of belonging, impair psychosocial functioning, and interfere with academic performance. Systemic changes are needed to correct injustices and provide access and opportunity to URM students.

Panelists include psychology professors, administrators, and graduate students with experience directly supporting and creating program-wide changes that positively impact the adjustment of URM students in predominantly white institutions. Panelists will share practical suggestions for psychology graduate programs to help support their graduate students of color, create a more inclusive environment within their programs, and make sustainable change for years to come.
Panelists will explain (1) the different policies that have been successfully implemented in their programs, (2) the challenges to implementing programs such as these in established educational environments, and (3) ways to foster support/impress the importance of these changes for psychology departments that may be resistant to change.

Questions and comments will be solicited from the audience to foster a collaborative approach to navigating these barriers.

12:15 p.m. – 1:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 5

Service Utilization by Asian Americans with Psychosis

**Moderator**  Ivy R. Tran, M.A., Hofstra University

**Panelists:**  Nadine Chang, Ph.D., Gracie Square Hospital  
Emily He, M.A., Clark University

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: Asian Americans, Psychosis / Psychotic Disorders, Stigma

Asian Americans are the fastest growing population in the US, with over 72% growth over the past 20 years. It is well-documented that this group also demonstrates some of the highest rates of underutilization of behavioral healthcare services across all ethnic and racial groups. Contributing factors include stigma, availability of information about mental health and care, language barriers, acculturation and high financial cost. For individuals with severe mental illness (SMI), particularly with psychosis, untreated illness results in significant functional impairment and lifetime disability. Panelists will discuss 1) overall service utilization amongst Asian Americans with psychosis, 2) cultural and organizational barriers to receiving care, and 3) clinical considerations for working with this population in inpatient, and 4) outpatient settings. Finally, we will discuss challenges in conducting research and providing care to this population and future directions addressing anti-stigma efforts and early intervention programs for clinical high-risk and first-episode individuals.
Symposium 10

Mechanisms and Moderators of Outcome in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Global Contexts

Chair: Elizabeth H. Eustis, Ph.D., Boston University
Discussant: David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

Moderate level of familiarity with the material
Primary Category: Adult Anxiety
Key Words: Transdiagnostic, Global Mental Health, Mediation / Mediators

The Moderating Role of Neuroticism and Extraversion in the Effectiveness of the Unified Protocol on Depressive and Anxiety Symptoms and Quality of Life
Jorge Osma, Ph.D., Universidad de Zaragoza
Óscar Peris-Baquero, M.A., Universidad de Zaragoza
Carlos Suso-Ribera, Ph.D., Jaume I University
Alba Quilez-orden, M.A., Universidad de Zaragoza
María Vicenta Navarro-Haro, Ph.D., Universidad de Zaragoza

Understanding Change in an Internet-based Adaptation of the Unified Protocol
Carmen Schaeuffele, Freie Universitaet Berlin
Christine Knaevelsrud, Ph.D., Freie Universitaet Berlin
Babette Renneberg, Ph.D., Freie Universitaet Berlin
Johanna Boettcher, Ph.D., Psychologische Hochschule Berlin

Emotion Regulation as a Mechanism of Change in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Among Japanese Patients with Depressive and Anxiety Disorders
Masaya Ito, Ph.D., National Center for Cognitive-Behavior Therapy and Research, National Center of Neurology and Psychiatry
Yoshitake Takebayashi, Ph.D., Fukushima Medical University
Hiroko Fujisato, Ph.D., National Center of Neurology and Psychiatry
Hiroki Hosogoshi, Ph.D., Kansai University
Masaru Horikoshi, Ph.D., National Center for Cognitive-Behavior Therapy and Research, National Center of Neurology and Psychiatry
Earn 1.5 continuing education credits

Symposium 11

Meeting Clients Where They Are: The Use of Technology to Increase the Reach of Evidence-based PTSD Treatments

Chair: Stephanie Y. Wells, Ph.D., Durham VA Health Care System/ VISN 6 Mid-Atlantic MIRECC

Discussant: Stephen M. Schueller, Ph.D., University of California Irvine, Department of Psychological Science

Moderate level of familiarity with the material
Primary Category: Technology
Key Words: PTSD (Posttraumatic Stress Disorder), Technology / Mobile Health, Psychotherapy Outcome

An Open Trial of an Asynchronous Texting Format for Cognitive Processing Therapy
Jiyoung Song, B.A., University of California, Berkeley/National Center for PTSD
Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division
Thomas Hull, M.A., Columbia University
Patricia A. Resick, Ph.D., Duke University Medical Center

The Efficacy of Web-prolonged Exposure Among Military Personnel and Veterans with Posttraumatic Stress Disorder
Carmen P. McLean, Ph.D., National Center for PTSD
Edna Foa, Ph.D., University of Pennsylvania
Katherine Dondanville, ABPP, Psy.D., University of Texas Health Science Center at San Antonio
Christopher Haddock, Ph.D., NDRI-USA
Madeleine Miller, B.S., National Center for PTSD
Sheila A. Rauch, Ph.D., Emory University School of Medicine/VA Atlanta HCS
Jeffrey Yarvis, Ph.D., Carl R. Darnall Army Medical Center
Edward C. Wright, ABPP, Ph.D., Massachusetts General Hospital
Brittany Hall-Clark, Ph.D., UT Health San Antonio
Brooke Fina, LCSW, University of Texas Health Science Center at San Antonio
Brett Litz, Ph.D., Boston University School of Medicine & National Center for PTSD
Jim Mintz, Ph.D., University of Texas Health Science Center at San Antonio
Stacey Young-McCaughan, Ph.D., University of Texas Health Science Center at San Antonio
Alan L. Peterson, Ph.D., UT Health San Antonio

58 • Thursday
Effectiveness of a Therapist-assisted Online Cognitive Therapy for Posttraumatic Stress Symptoms
Meredith S. H. Landy, Ph.D., Mind Beacon Health Inc./Ryerson University
Peter Farvolden, Ph.D., Mind Beacon Health Inc.
Skye Fitzpatrick, Ph.D., York University
Anne C. Wagner, Ph.D., Ryerson University
Andrew J. Gentile, Ph.D., Mind Beacon Health Inc.
Candice M. M. Monson, Ph.D., Ryerson University

Beyond Symptom Reduction: The Impact of Trauma-focused Treatment on Veterans’ Own Therapy Goals
Stephanie Y. Wells, Ph.D., Durham VA Health Care System/VISN 6 Mid-Atlantic MIRECC
Emily R. Wilhite, Ph.D., VA San Diego Healthcare System
Shannon Kehle-Forbes, Ph.D., Corporal Michael J. Crescenz Veterans Affairs Medical Center
Eric Dedert, Ph.D., Durham VA Health Care System, VISN-6 Mid-Atlantic MIRECC, & Duke University Medical Center
Kathleen M. M. Grubbs, Ph.D., VA San Diego Healthcare System
Lisa H. Glassman, Ph.D., VA San Diego Healthcare System
Janina Schnitzer, B.A., VA San Diego Healthcare System
Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego

Moral Elevation Online Intervention for Veterans Experiencing PTSD and Moral Injury Distress (MOVED): Assessing the Feasibility and Acceptability of a Web-based, Positive Psychology Intervention
Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans
Suzannah K. Creech, Ph.D., VHA VISN 17 Center of Excellence for Research on Returning War Veterans and the Central Texas Veterans Healthcare System; Dell Medical School of the University of Texas at Austin, Department of Psychiatry
Thane M. Erickson, Ph.D., Seattle Pacific University
Symposium 12

Promoting Family Engagement in Evidence-based Treatments for ADHD Across Diverse Populations of Children and Adolescents

Chair: Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia

Discussant: Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: ADHD, Evidence-Based Practice, Child

Engaging Families in Multimodal Treatment for ADHD: An Open Trial of ADHD Bootcamp in Primary Care Pediatrics
Sebastien Normand, Ph.D., Universite du Quebec en Outaouais
Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia
Joanna Guiet, BSc, Université du Québec en Outaouais
Virginie Leblanc, BSc, Université du Québec en Outaouais
Jason Fogler, Ph.D., Boston Children’s Hospital/Harvard Medical School
Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania
Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Increasing Access to Evidence-based Treatment for ADHD Through Leveraging Emerging Workforces
Anil Chacko, Ph.D., New York University
Predicting Use of Attention-deficit/hyperactivity Disorder Treatment Implemented in Primary Care Pediatrics
Daniel A. Waschbusch, ABPP, Ph.D., Penn State Hershey
Benjamin Fogel, M.D., MPH, Penn State Health Milton S. Hershey Medical Center
Banku Jainath, M.D., Penn State Health Milton S. Hershey Medical Center
Deepa Sekhar, M.D., Penn State Health Milton S. Hershey Medical Center
Michelle Marino, BSN, RN, Penn State Health Milton S. Hershey Medical Center
Sara Mills Huffnagle, M.S., Penn State College of Medicine / PPI
Delshad Schroff, M.A., Penn State Health Milton S. Hershey Medical Center
James Waxmonsky, M.D., Penn State Health Milton S. Hershey Medical Center

Engaging Parents and Teens with ADHD in Clinical Treatment: The Supporting Teen’s Autonomy Daily (STAND) Model
Margaret Sibley, Ph.D., University of Washington School of Medicine

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12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 13

Why Are We Seeking Therapy? Caregiver-youth (dis) agreement on Targets for Youth Psychotherapy: Implications for Treatment Processes and Outcomes

Chair: Olivia M. Fitzpatrick, B.A., Harvard University
Discussant: Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

All level of familiarity with the material
Primary Category: Treatment - Other
Key Words: Families, Psychotherapy Outcome, Psychotherapy Process

Prognostic Implications of Parent-youth Disagreement on Youth Anxiety Symptoms: Findings from the Child/adolescent Anxiety Multimodal Study
Emily Becker-Haimes, Ph.D., University of Pennsylvania
Amanda Jensen-Doss, Ph.D., University of Miami
Golda Ginsburg, Ph.D., University of Connecticut

Target Problem (mis) Matching: Predictors and Consequences of Parent-youth Agreement in a Sample of Anxious Youth
Lauren Hoffman, Psy.D., Columbia University Medical Center
Brian C. Chu, Ph.D., Rutgers University
Caregiver-youth (Dis)agreement on Targets for Youth Psychotherapy as a Predictor of Treatment Processes and Outcomes
Olivia M. Fitzpatrick, B.A., Harvard University
Katherine Corteselli, M.A., Harvard University
John Weisz, Ph.D., Harvard University

Parent-adolescent Reports of Internalizing Problems at Psychiatric Inpatient Intake: Relation to Key Acuity Indicators During Hospitalization
Bridget Makol, M.S., University of Maryland - College Park
Andres De Los Reyes, Ph.D., University of Maryland at College Park
Rick Ostrander, Ph.D., Johns Hopkins School of Medicine
Elizabeth K. Reynolds, Ph.D., Johns Hopkins University

12:15 PM – 1:45 PM
Earn 1.5 continuing education credits

Symposium 14

Incorporating Fear, Anxiety, and Interoception into Eating Disorder Research and Treatment: New Directions, Paradigms, and Treatments

ChairS: Tiffany A. Brown, Ph.D., University of California, San Diego
K. Jean Forney, Ph.D., Ohio University
Discussant: April Smith, Ph.D., Miami University

Basic to Moderate level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Eating, Anxiety, Exposure

Fear of Food, Phobia Severity, and Interoceptive Awareness Are Predictors of Meeting Criteria for Avoidant/restrictive Food Intake Disorder in Adults with Specific Phobia of Vomiting
Hana Zickgraf, Ph.D., University of South Alabama

Preliminary Validation of a Water Load Task in Individuals with Anorexia Nervosa
Tiffany A. Brown, Ph.D., University of California, San Diego
Taylor Perry, B.A., University of California San Diego
Christina E. Wierenga, Ph.D., University of California, San Diego
Walter H. Kaye, M.D., University of California, San Diego
Fear of Food and Eating Associated with fullness and Gastrointestinal Distress: Validating an Experimental Paradigm
K. Jean Forney, Ph.D., Ohio University
Emma Harris, B.A., Ohio University
Christopher France, Ph.D., Ohio University

Gastrointestinal-specific Anxiety in the Context of Overlapping Chronic Idiopathic Gastroparesis and Eating Disorder Pathology: A Case Series Analysis
Helen Burton Murray, Ph.D., Massachusetts General Hospital/Harvard Medical School
Robert Edwards, Ph.D., Brigham & Women’s Hospital
April Mendez, B.S., Massachusetts General Hospital
Rowan Staley, B.S., Massachusetts General Hospital
Lauren Breithaupt, Ph.D., Massachusetts General Hospital/Harvard Medical School
Vitaly Napadow, Ph.D., Massachusetts General Hospital
Adrienne S. Juarascio, Ph.D., Drexel University
Braden Kuo, M.D., Massachusetts General Hospital

Investigating Within-session and Between-session Habituation as Predictors of Change over the Course of Exposure-based Treatment for Adolescents with Eating Disorders
Jamal H. Essayli, Ph.D., Penn State College of Medicine
Hana Zickgraf, Ph.D., University of South Alabama
Susan Lane-Loney, Ph.D., Penn State Medical School
Symposium 15

Adaptations to Improve Access and Quality of Evidence-based Treatments: Processes for Selecting, Reporting, and Evaluating

Chair: Clara Johnson, B.A., University of Washington
Discussant: Anna Lau, Ph.D., University of California, Los Angeles

Dynamic Learning in a Stakeholder-engaged Adaptation Process: Examples from Collaborative Care for Co-occurring Disorders
Alex R. Dopp, Ph.D., RAND
Karen Chan Osilla, Ph.D., RAND Corporation
Venice Ceballos, CHW, University of New Mexico Health Sciences Center
Isabel Leamon, B.A., RAND Corporation
Lisa Meredith, Ph.D., RAND Corporation
Miriam Komaromy, M.D., Boston medical center
Vanessa Jacobsohn, M.D., University of New Mexico Health Sciences Center
Katherine Watkins, M.D., RAND Corporation

Agreement Between Observer- and Self-reported Adaptations to Cognitive Behavioral Therapies for PTSD, Depression and Anxiety
Clara Johnson, B.A., University of Washington
Jeanine Lane, M.A., Ryerson University
Iris Sijercic, B.A., Ryerson University
Norman Shields, Ph.D., Veterans Affairs Canada
Cassidy A. Gutner, Ph.D., Boston University
Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital
Candice M. M. Monson, Ph.D., Ryerson University
Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division
A Mixed-methods Approach to Understanding Community Clinician Adaptations to Parent-child Interaction Therapy
Erika Luis sanchez, M.A., University of California, Santa Barbara
Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara
Corinna Klein, MSW, University of California Santa Barbara
Juan Carlos Gonzalez, M.A., University of California, Santa Barbara

Common Strategies for Incorporating Culture into Psychotherapy for Ethnic Minority Youth
Alayna L. Park, Ph.D., Palo Alto University
Leslie Rith-Najarian, M.A., Department of Psychology, University of California - Los Angeles
Dana Saifan, M.A., UCLA
Resham Gellatly, M.A., UCLA
Eric Daleiden, Ph.D., PracticeWise, LLC
Stanley J. Huey, Jr., Ph.D., University of Southern California
Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Using Written Exposure Therapy with Latinx Immigrants: Comparing Perceived Barriers by Clients and Providers
Arthur “Trey” Andrews, III, Ph.D., University of Nebraska-Lincoln
Laura Acosta, M.A., University of Nebraska-Lincoln
M. Natalia Acosta Canchila, B.S., University of Nebraska-Lincoln
James Kyle. Haus, B.A., University of Central Oklahoma
Symposium 16

Using an Interpersonal Framework to Better Understand BPD Pathology and Self-injury

**ChairS:** Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst  
Lauren Haliczer, M.A., University of Massachusetts Amherst  

**Discussant:** Brianna J. Turner, Ph.D., University of Victoria

Basic to Moderate level of familiarity with the material  
Primary Category: Suicide and Self-Injury  
Key Words: Social Relationships, Borderline Personality Disorder, Self-Injury

The Role of Dysfunctional Interpersonal Emotion Regulation in Predicting Self-injury and Risky Behaviors  
Madison M. Guter, M.A., American University  
Lauren Haliczer, M.A., University of Massachusetts Amherst  
Nathaniel R. Herr, Ph.D., American University  
Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Effect of Peer Criticism on Negative Self-beliefs and Nonsuicidal Self-injury Urges  
Lauren Haliczer, M.A., University of Massachusetts Amherst  
Lauren Harnedy, B.A., Massachusetts General Hospital  
Caroline Ball, B.A., McLean Hospital  
Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Examining the Impact of Rejection and Social Comparison on Self-esteem in Young Adults with Borderline Personality Pathology  
Julia R. Richmond, M.A., University of Toledo  
Keith A. Edmonds, M.A., University of Toledo  
Jason P. Rose, Ph.D., University of Toledo  
Kim L. Gratz, Ph.D., University of Toledo

Differentiating Mechanisms for Risky Behavior Engagement: The Unique Role of Interpersonal Stress in Self-injurious Thoughts and Behaviors  
Brooke Ammerman, Ph.D., University of Notre Dame
Earn 1.5 continuing education credits

Symposium 17

Expanding the Reach of Mental Health Services Through Effective Engagement with Families

Chair: Rebecca Y. Woo, M.A., University of Texas at Austin
Discussant: Maya Boustani, Ph.D., Loma Linda University

Basic to Moderate level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Therapy Process, Therapeutic Alliance, Community-Based

Patterns and Predictors of Parent Engagement in a School-based Mental Health Intervention
Jennifer Kurian, M.A., Illinois Institute of Technology
Desiree W. Murray, Ph.D., University of North Carolina at Chapel Hill
Laura Kuhn, Ph.D., University of North Carolina at Chapel Hill
Doré R. LaForest, Ph.D., University of North Carolina at Chapel Hill

Community Mental Health Professionals’ Experiences Utilizing Interpretation and Translation Services with Non-english-speaking Clients
Resham Gellatly, M.A., UCLA
Alayna L. Park, Ph.D., Palo Alto University
Alejandra Torres Sanchez, B.A., University of California, Los Angeles
Kendal Reeder, B.S., University of California, San Diego
Cameo Stanick, Ph.D., LCP, Hathaway-Sycamores Child and Family Services
Jennifer Regan, PhD, Los Angeles County Department of Mental Health
Gina Perez, Psy.D., Hathaway-Sycamores Child and Family Services
Debbie Manners, MSW, Hathaway-Sycamores Child and Family Services
Andrea Letamendi, Ph.D., University of California, Los Angeles
Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Therapist, Youth, and Parent Perspectives and Meta-perceptions of the Therapeutic Alliances in Outpatient Therapy Services
Rebecca Y. Woo, M.A., University of Texas at Austin
Sarah Kate Bearman, Ph.D., The University of Texas at Austin
Leonard Bickman, Ph.D., Florida International University
Community Clinician Engagement of Fathers in Parent Child Interaction Therapy
Corinna Klein, MSW, University of California Santa Barbara
Erika Luis Sanchez, M.A., University of California at Santa Barbara
Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 18

Leveraging Claims Data to Examine EBP Implementation Outcomes in Children’s Mental Health

Chair: Joyce Lui, Ph.D., University of California Los Angeles
Discussant: Carrie Comeau, LCSW, Evidence Based Practice and Innovation Center, Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)

Basic to Moderate level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Implementation, Evidence-Based Practice, Health Care System

Differentiating Administrative Claims from Observer Ratings of EBP Strategies
Julia R. Cox, Ph.D., University of California, Los Angeles
Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health
Joyce Lui, Ph.D., University of California Los Angeles
Teresa Lind, Ph.D., University of California, San Diego
Anna Lau, Ph.D., University of California, Los Angeles
Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Patterns of Child Service Use Within a System-driven Implementation of Multiple Ebps: How Does Implementation as Usual Align with Expected EBP Dose?
Joyce Lui, Ph.D., University of California Los Angeles
Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health
Lauren Brookman-Frazee, Ph.D., University of California, San Diego
Anna Lau, Ph.D., University of California, Los Angeles
Train-to-sustain: Predictors of Sustainment in a Large-scale Implementation of Parent-child Interaction Therapy
Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara
Lauren Brookman-Frazee, Ph.D., University of California, San Diego
Stephanie H. Yu, M.A., University of California, Los Angeles
Teresa Lind, Ph.D., University of California, San Diego
Joyce Lui, Ph.D., University of California Los Angeles
Susan Timmer, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center
Deanna Boys, M.A., PCIT Training Center; CAARE Diagnostic and Treatment Center
Anthony Urquiza, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center
Debbie Innes-Gomberg, Ph.D., Los Angeles Department of Mental Health
Anna Lau, Ph.D., University of California, Los Angeles

The Price Per Prospective Consumer of Providing Therapist Training and Consultation in Seven Evidence-based Treatments Within a Large Public Behavioral Health System: An Example Cost-analysis Metric
Kelsie H. Okamura, Ph.D., State of Hawai‘i, Department of Health, Child & Adolescent Mental Health Division
Courtney Wolk, Ph.D., Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania
Christina D. Kang-Yi, Ph.D., University of Pennsylvania
Rebecca Stewart, Ph.D., University of Pennsylvania
Ronnie Rubin, Ph.D., Department of Behavioral Health and Intellectual disAbility Services
Shawna Weaver, LCSW, Department of Behavioral Health and Intellectual disAbility Services
Arthur Evans, Ph.D., American Psychological Association
Zuleyha Cidav, Ph.D., University of Pennsylvania
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
David Mandell, Perelman School of Medicine at the University of Pennsylvania
Symposium 19

Enhancing Impact by Increasing Access: Implementation of Evidence-based Trauma Treatments Across the Lifespan and Diverse Delivery Systems

Chair: Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center
Discussant: Rochelle F. Hanson, Ph.D., Medical University of South Carolina

All level of familiarity with the material
Primary Category: Trauma and Stressor Related Disorders and Disasters
Key Words: Trauma, Treatment, Implementation

Training Child Advocacy Center Providers in Trauma Treatment for Early Childhood: Changes in Perspectives on Barriers, Facilitators, and Sustainability Throughout the Training Process
Allison B. Smith, M.A., University of Arkansas
Alex R. Dopp, Ph.D., RAND
Cameron Perrine, M.A., University of Arkansas
Kathryn Parisi, M.A., University of Arkansas
Karim Vanderzee, Ph.D., University of Arkansas for Medical Sciences
Sufna John, Ph.D., University of Arkansas for Medical Sciences
Nicola Edge, Ph.D., University of Arkansas For Medical Science
Teresa Kramer, Ph.D., University of Arkansas For Medical Science

Global Dissemination and Implementation of Trauma Treatments: Trauma-focused Cognitive Behavioral Therapy in El Salvador
Regan Stewart, Ph.D., Medical University of South Carolina
Rosaura Oronzo-Aguayo, Ph.D., Medical University of South Carolina
Bianca Villalobos, Ph.D., University of Texas-Rio Grande
Aubrey R. Dueweke, Ph.D., Medical University of South Carolina
Andel Nicaiso, Ph.D., Medical University of South Carolina
Michael K. de Arellano, Ph.D., Medical University of South Carolina
Training to Sustain: Implementation Outcomes Following Learning Collaborative Training for Community Providers Learning Cognitive Processing Therapy
Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center
Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center
Taylor Loskot, BA, National Center for PTSD and Stanford School of Medicine
Gwendolyn (Wendy) Bassett, LCSW, LCSW, Yale University School of Medicine
Benjamin Sher, M.A., LMSW, New York University Silver School of Social Work
Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division

Virtual Implementation Pilot of Written Exposure Therapy in the Veterans Health Administration
Courtney B. Worley, ABPP, M.P.H., Ph.D., National Center for PTSD-Dissemination and Training Division
Denise M. Sloan, Ph.D., Boston University School of Medicine
Stefanie T. LoSavio, ABPP, Ph.D., Duke University Medical Center
Syed Aajmain, B.A., National Center for PTSD
Shannon Wiltsey Stirman, Ph.D., NCPTSD-Dissemination and Training Division
Craig Rosen, Ph.D., NCPTSD-Dissemination and Training Division

12:15 PM – 1:45 PM

Earn 1.5 continuing education credits

Symposium 20

20 Years of Studying CBT and Medications for Adults with OCD: What Have We Learned?

ChairS: Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute
         Edna Foa, Ph.D., University of Pennsylvania
Discussant: David F. Tolin, ABPP, Ph.D., Institute of Living

Moderate level of familiarity with the material
Primary Category: Obsessive Compulsive and Related Disorders
Key Words: OCD (Obsessive Compulsive Disorder), ERP (Exposure and Response Prevention)

The Power of CBT for Adults with OCD
Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute
Extending the Course of CBT Increases Remission for Medicated Adults with OCD (Phase 1)
Michael Wheaton, Ph.D., Barnard College
Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute
Edna Foa, Ph.D., University of Pennsylvania
Thea Gallagher, Psy.D., University of Pennsylvania
David Rosenfield, Ph.D., Southern Methodist University

Can OCD Patients Discontinue Sris Without Relapse After Successful EX/RP? (Phase 2)
Edna Foa, Ph.D., University of Pennsylvania
Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute
Michael Wheaton, Ph.D., Barnard College
Thea Gallagher, Psy.D., University of Pennsylvania
David Rosenfield, Ph.D., Southern Methodist University

Predictors of Clinical Worsening During Double-blind Discontinuation versus Continuation of SRI Medication for OCD
Thea Gallagher, Psy.D., University of Pennsylvania
Edna Foa, Ph.D., University of Pennsylvania
Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute
Michael Wheaton, Ph.D., Barnard College
David Rosenfield, Ph.D., Southern Methodist University
Clinical Round Table 2

Not an ASD Expert? Not a Problem! Watch and Learn How You Can Use the Fundamentals of CBT to Treat Patients with Autism and Increase Access to Care

**Moderator:** Rebecca Sachs, ABPP, Ph.D., CBT Spectrum  
**Panelists:** Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders  
Connor M. Kerns, Ph.D., The University of British Columbia  
Matthew D. Lerner, Ph.D., Stony Brook University  
Lauren Moskowitz, Ph.D., St. John’s University  
Sandra Pimentel, Ph.D., Montefiore Medical Center  
Tamara E. Rosen, Ph.D., JFK Partners, University of Colorado School of Medicine

All level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders  
Key Words: Autism Spectrum Disorders, Underserved Populations, Adolescents

According to most recent reports by the CDC, 1 in 59 children are identified with autism spectrum disorder (ASD) and ASD cuts across all racial, ethnic, and socioeconomic groups. Additionally, children and teens with ASD are more likely to develop co-occurring psychiatric conditions. Given these realities, autistic youth are increasingly appearing for treatment in an ever-widening variety of settings. However, many CBT practitioners often express that they feel under-equipped or that they lack the necessary knowledge to treat those with ASD. As a result, CBT is often withheld from this group, even though it is a powerful intervention that autistics can benefit from. Through interactive discussion and didactic roleplay, this roundtable will address common knowledge gaps and anxieties experienced by many clinicians when encountering individuals with ASD. We will review ways cognitive, emotional, sensory-motor, and social differences may present in individuals with ASD with an emphasis on how anxiety and executive functioning, including impulsivity may be impacted. Roleplay of specific cases will illustrate which core CBT interventions can be applied to this group, and when and how modifications to typical delivery of CBT can address these differences. Roleplay will show how treatment of some comorbidities can be addressed with modified CBT. In addition to differences in treatment, this roundtable will explore the commonalities between interventions for youth with ASD and other childhood behavior disorders, focusing on shared common principles and roleplaying shared procedures. Panelists from both ASD and non-ASD backgrounds will discuss how to address training and supervision issues of those working with ASD patients in a variety of settings. Panelists will discuss how to bridge the perceived gap between ASD and non-
ASD practitioners, and how CBT clinicians can capitalize on their expertise to treat those with ASD better than previously believed. We will also provide treatment guidelines and resources to leave attendees feeling more confident in treating this group, able to utilize many of the treatment skills they already possess, and thus be more willing to accept them as clients into their practice settings and expand access to evidence based care.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 6

The Direct Impact of People with Lived Experience on Training and Research in Mental Healthcare

**Moderator** Charlie A. Davidson, Ph.D., Mercer University; Emory University; Atlanta Center for Cognitive Therapy

**Panelists**
- Elizabeth Thomas, Ph.D., Temple University
- Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego
- Teresa Ford, M.A., Emory University/Candler School of Theology
- Caroline Mazel-Carlton, B.A., Hearing Voices Research and Development Project
- Mary B. Kleinman, M.P.H., University of Maryland-College Park

**Key Words:** Psychosis / Psychotic Disorders, Stakeholder Relevant, Stigma

Multiple issues contribute to disparities in access to and engagement in evidence-based healthcare among people living with substance use disorder, psychosis, or other serious mental illness (SMI). Competent evidence-based psychological practice requires collaborative formulation and decision-making, as well as genuine nonjudgmental empathy and rapport. Stigmatized attitudes can make these competencies impossible. In addition, client barriers like mistrust, and systemic issues like involuntary hospitalization and substance use criminalization can create an adversarial relationship.

Contrarily, peer and consumer-led programs within and outside of traditional healthcare settings have demonstrated unprecedented reach and buy-in, as well as a growing evidence-base for effectiveness. Clinical researchers and trainees must learn from and work with people with lived experience of SMI and psychosis if we aim to reduce stigma-related barriers to care and improve effectiveness and impact. This panel discussion aims to challenge traditional attitudes and present several innovative approaches to work that integral-ly involves people with lived experience.

Ms. Ford and Ms. Mazel-Carlton will discuss the Hearing Voices (HVN) Research and Development Project, which has utilized trainers and researchers with lived experi-
ence to expand the HVN approach and better understand factors that make it effective. Dr. Thomas will discuss data collected from peers about what early intervention programs can do to enhance community participation. Ms. Kleinman will discuss recent work with a peer interventionist for substance use disorders in Baltimore. Dr. Treichler will discuss data from a collaborative decision-making intervention grant and her work with Disability Rights Nebraska. Dr. Davidson will briefly reflect on recent work about the impact of first-person narratives on mental health providers and trainees and use this as a jumping-off point to summarize and lead discussion among panelists and the audience.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 7

Technology Use in Mental Healthcare: Real Life Opportunities and Challenges

MODERATOR Jennifer Gentile, Psy.D., Boston Children’s Hospital/Harvard Medical School, Ieso Digital Health

PANELISTS Adrienne S. Juarsasco, Ph.D., Drexel University
Sabine Wilhelm, Ph.D., Massachusetts General Hospital
Michelle G. Newman, Ph.D., The Pennsylvania State University

Primary Category: Technology

Key Words: Technology / Mobile Health, Stakeholder Relevant, Evidence-Based Practice

Mental health care interventions have historically occurred in the context of face to face patient-clinician interactions. With 117 million Americans living in federally designated mental health provider shortage areas, average therapy dropout rates hovering around 35%, and only about a half of all patients experiencing measurable improvement through their care, we may consider the responsible incorporation of technology into clinical practice.

In this symposium, the panelists will discuss the incorporation of technology into clinical practice and options available to clinicians and patients. Beyond telehealth, there are several advancements in digital mental health interventions that are available and purport to support and/or assess and treat people with mental health conditions. Since 1987, there have been 172 mental wellness applications, 119 measurement and testing apps and 62 digital therapeutics startups developed. We are just beginning to understand the landscape and are in the early stages of regulation and clinical validation. Randomized controlled trials of the interventions are becoming more common and further scrutiny occurs with the handful of companies seeking FDA approval.

Several of the available apps use technologies such as deep learning and artificial intelligence to analyze large data sets and gather additional information about the patient experience and presentation. Patterns and subtleties unrecognizable to the experienced clinician are easily identified using technology. We will discuss the science behind
high-quality digital interventions. Additionally, the panelists will comment on the current role of technology in the monitoring of intervention effectiveness and engagement.

Finally, in developing these interventions, those in private industry are seeking guidance from clinical experts to better understand how to engage patients, follow evidence-based protocols and provide interactions with their technology that result in improved patient outcomes. The panelist will discuss the pros and cons of working with industry to develop better technology informed interventions.

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 8

Thinking Pragmatically When Designing Suicide Prevention Effectiveness Research

**Moderator**: Stephen O’Connor, Ph.D., National Institute of Mental Health

**Panelists**: Shireen L. Rizvi, ABPP, Ph.D., Rutgers University
               Nadia S. Locey, Ph.D., University of Nevada, Reno
               Anthony Pisani, Ph.D., University of Rochester School of Medicine
               David B. Goldston, Ph.D., Duke University School of Medicine

Primary Category: Suicide and Self-Injury

Key Words: Suicide, Treatment, Clinical Trial

Suicide rates have risen by 33% in the past 20 years despite a growing body of research demonstrating the efficacy of therapeutic approaches emphasizing cognitive, behavioral, and/or emotion regulation strategies to reduce the risk of suicide attempts and/or intensity of suicidal ideation in both youth and adults. The field is now grappling with how best to translate these efficacy findings to real-world clinical settings where at-risk populations are concentrated and barriers to engagement are pervasive. The assembled panelists will describe how their clinical effectiveness trials have been designed to answer crucial questions that are pragmatic in nature and will have a near-term impact on care provided to suicidal individuals. Such questions include, 1) How do individual and systemic characteristics impact effectiveness of suicide prevention interventions? 2) What level of fidelity monitoring and feedback is needed to ensure quality care is provided? 3) Is it cost-effective and feasible to deliver full-package efficacious interventions in real-world clinical settings? If not, what adaptations are needed? 4) What considerations/adaptations are needed for individuals with co-occurring substance use concerns? The first two panelists are conducting a Sequential, Multiple Assignment Randomized Trial (SMART) of Dialectical Behavior Therapy, Collaborative Assessment and Management of Suicidality, and treatment as usual to better understand how to treat the heterogeneous population of suicidal college students receiving care in college counseling centers. The third panelist is conducting an effectiveness trial of the Attempted Suicide Short Intervention Program for recently hospi-
talized suicide attempt survivors within the context of New York States’ rollout of the Zero Suicide initiative. The fourth panelist will describe an effort by the UCLA-Duke Center for Trauma-Informed Suicide, Self-Harm & Substance Abuse Treatment & Prevention to adapt and disseminate a developmentally-nuanced, trauma-informed, strengths-based, family-involved approach to safety planning for different settings and populations (e.g., emergency, triage, outpatient, schools, youth with co-occurring substance use problems).

1:55 p.m. – 3:25 p.m.

Earn 1.5 continuing education credits

Panel Discussion 9

Mutual Capacity Building in Psychology Research: Working to Close the Global Mental Health Gap

MODERATOR
Kristen S. Regenauer, B.A., University of Maryland- College Park

PANELISTS: Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara
Lauren Ng, Ph.D., Department of Psychology, University of California, Los Angeles
Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University
Catherine Carlson, Ph.D., MSW, University of Alabama
Jessica F. F. Magidson, Ph.D., University of Maryland

Primary Category: Global Mental Health
Key Words: Global Mental Health

Traditionally, “global mental health” and “local mental health” have been separated. However, in recent years, there has been a push to recognize local health as global health and vice versa. Both high-income countries (HICs) and low-and-middle income countries (LMICs) have a large mental health gap, in part, driven by a lack of qualified providers. “Mutual capacity building” refers to an equal exchange of ideas between LMICs and HICs and can help address the global mental health gap. In line with this year’s ABCT theme – Better Access, Better Outcomes: Enhancing the Impact of Behavioral and Cognitive Therapies – the goal of this panel is to discuss mutual capacity building’s potential role in delivering evidence-based therapies worldwide. Panelists will share their experiences of working with diverse populations in resource-limited settings in both LMICs and HICs. In an effort to reduce the mental health care gap, panelists will also reflect on the role of psychologists in therapy adaptation, delivery, and monitoring, and provider selection, training, and supervision. They will also discuss challenges in working in resource-limited settings around the world, lessons they have learned about mutual capacity building, and
potential strategies for overcoming barriers in these settings. By the end of this session, attendees will have an understanding of mutual capacity building and how it can help lessen the mental health gap globally. Further, attendees will learn how to incorporate strategies learned through mutual capacity building in their own research.

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 22

Understanding Factors Associated with Treatment Acceptability, Preference, and Satisfaction for Evidence-based Treatments for Elementary Aged Children

ChairS: Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia
Theresa Egan, Ph.D., Children’s Hospital of Philadelphia

Discussant: Frances Wymbs, Ph.D., Ohio University

All level of familiarity with the material
Primary Category: ADHD - Child
Key Words: ADHD, Child, Treatment

Who Is Coming to ADHD Bootcamp? parents’ Baseline Ratings of the Acceptability of Pharmacological and Psychosocial Treatments for ADHD
Jason Fogler, Ph.D., Boston Children’s Hospital/Harvard Medical School
Sebastien Normand, Ph.D., Universite du Quebec en Outaouais
Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine
Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania
Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia

Treatment Satisfaction and Treatment Choice: Questions Raised for Child-focused Treatment Compared to Parent-focused Treatment When Addressing Organizational Deficits in ADHD
Richard Gallagher, Ph.D., Hassenfeld Children’s Hospital at NYU Langone Medical Center
Howard Abikoff, Ph.D., NYU School of Medicine
Christina DiBartolo, LCSW, Children’s Hospital of Philadelphia
Intervention Selection and Satisfaction in the Context of a Family-school Intervention for ADHD

Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania

Yael Gross, MA, Children’s Hospital of Philadelphia

Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia

Factors Associated with Satisfaction with a School-based Group Organizational Skills Training Program for Elementary Students with Executive Functioning Difficulties

Theresa Egan, Ph.D., Children’s Hospital of Philadelphia

Jenelle Nissley-Tsiopinis, Ph.D., Children’s Hospital of Philadelphia

Phyllicia Fitzpatrick Fleming, Ph.D., Children’s Hospital of Philadelphia

Cristin Montalbano, Ph.D., Children’s Hospital of Philadelphia

Katie Tremont, M.S., Children’s Hospital of Philadelphia

Ami Kumar, M.Ed., Children’s Hospital of Philadelphia

Howard Abikoff, Ph.D., NYU School of Medicine

Richard Gallagher, Ph.D., Hassenfeld Children’s Hospital at NYU Langone Medical Center

Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania

Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine
Symposium 23

From Computation to Implementation: Successes and Setbacks in Scaling-up Brief Interventions

Chair: Jessica L. Schleider, Ph.D., Stony Brook University
Discussant: Bruce F. Chorpita, Ph.D., University of California, Los Angeles

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Other
Key Words: Treatment, Technology / Mobile Health, Dissemination

Acceptability and Utility of an Open-access, Online Single-session Intervention Platform for Adolescent Mental Health
Jessica L. Schleider, Ph.D., Stony Brook University
Jenna Sung, B.A., Stony Brook University
Mallory Dobias, B.S., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin
Emma Mumper, BA, Stony Brook University

Open Pilot Trial of a Single-session Consultation Service for Clients on Psychotherapy Wait-lists
Jenna Sung, B.A., Stony Brook University
Amanda Bianco, BA, Stony Brook University
Jessica L. Schleider, Ph.D., Stony Brook University

Predicting Mental Health Treatment Access in High-symptom Adolescents: Machine Learning Approaches
Mallory Dobias, B.S., Stony Brook University
Michael Sugarman, M.A., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin
Jessica L. Schleider, Ph.D., Stony Brook University

Taking User-centered Design Seriously: An Eight Minute, Self-administered Intervention Decreases Self-hatred in Emerging Adults
Michael Mullarkey, M.A., University of Texas-Austin
Mallory Dobias, B.S., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin
Christopher Beevers, Ph.D., The University of Texas at Austin
Jessica L. Schleider, Ph.D., Stony Brook University
Experiences in Conducting a Large Global Intervention Trial: Recommendations and Lessons Learned
Nicholas Jacobson, Ph.D., Geisel School of Medicine, Dartmouth College

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 24
“can’t Fight This Feeling…” Emerging Constructs and New Perspectives on Affective Theories of Eating Disorders

CHAIRS:  Erin E. E. Reilly, Ph.D., Hofstra University
         Irina Vanzhula, M.S., University of Louisville

DISCUSSANT: Edward Selby, Ph.D., Rutgers University

Basic level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Eating, Emotion, Emotion Regulation

Longitudinal Associations Between Emotional Reactivity and Eating Disorder Symptoms in a Clinical Sample
Lindsay Bodell, Ph.D., Western University
Amy Heard Egbert, M.A., Loyola University of Chicago
Carolina Anaya, B.A., University of Chicago
Jennifer Wildes, Ph.D., University of Chicago

Exploring Changes in Alexithymia Throughout Intensive DBT for Eating Disorders
Erin E. E. Reilly, Ph.D., Hofstra University
Tiffany A. Brown, Ph.D., University of California, San Diego
Vinushini Arunagiri, M.A., Hofstra University
Walter H. Kaye, M.D., University of California, San Diego
Christina E. Wierenga, Ph.D., University of California, San Diego

Affective Impulsivity: Does Trait Negative Urgency Predict Eating-related Negative Affect States in Adults with Binge-eating Psychopathology?
Lisa M. Anderson, Ph.D., University of Minnesota Medical School
Drew A. Anderson, Ph.D., University at Albany, State University of New York

Corrupted Positive Emotion in Anorexia Nervosa: Introducing a Novel Integrative Theoretical Model & Preliminary Evidence
Kathryn A. Coniglio, M.S., Rutgers University
Edward Selby, Ph.D., Rutgers University
Higher Fluctuation in Anxiety Before, During, and After Meals Is Associated with Less Food Restraint
Irina Vanzhula, M.S., University of Louisville
Kayla Williams, Undergraduate, University of Louisville
Cheri A. Levinson, Ph.D., The University of Louisville

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 25

Pragmatic Strategies for Assessing Psychotherapy Quality in Practice: Balancing Rigor and Efficiency

Chair: Mary Rooney, Ph.D., NIMH
Discussant: Joel Sherrill, Ph.D., NIMH

Moderate level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Evidence-Based Practice, Implementation, Stakeholder Relevant

A Randomized Trial to Identify Accurate and Cost-effective Fidelity Measurement Methods for Cognitive-behavioral Therapy in Community Mental Health Clinics: Preliminary Results from Project FACTS
Rinad S. S. Beidas, PhD, University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
Emily Becker-Haimes, Ph.D., University of Pennsylvania
Shannon Dorsey, Ph.D., University of Washington
Sonja Schoenwald, Ph.D., OSLC
Johanna Catherine Maclean, Ph.D., Temple University
David Mandell, Perelman School of Medicine at the University of Pennsylvania
Judy Shea, Ph.D., University of Pennsylvania
Perrin Fugo, M.S., University of Pennsylvania
Bryce D. McLeod, Ph.D., Virginia Commonwealth University
Michael French, Ph.D., University of Miami
Adina Lieberman, MPH, University of Pennsylvania
Melanie Klein, Ph.D., University of Pennsylvania
Jessica Fishman, Ph.D., University of Pennsylvania
Steven Marcus, Ph.D., University of Pennsylvania
Leveraging Routine Clinical Materials and Mobile Technology to Assess CBT Fidelity: The Innovative Methods to Assess Psychotherapy Practices (imAPP) Study
Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Developing a Pragmatic Quality Assessment for Children’s Mental Health Services
Lauren Brookman-Frazee, Ph.D., University of California, San Diego
Anna Lau, Ph.D., University of California, Los Angeles

Brief Assessment of Effective Exposure: A Mechanism-informed Approach
Kristen Benito, Ph.D., Alpert Medical School of Brown University

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 27
Assessing the Damage of Stigma: A Comprehensive Evaluation of Variables Affecting Public and Internalized Stigma Experienced by Active Duty Service Members and Veterans

Chair: Sean A. Lauderdale, Ph.D., A&M-Commerce
Discussant: Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans

Basic to Moderate level of familiarity with the material
Primary Category: Military and Veterans Psychology
Key Words: Stigma, Veterans, Military

Public Stigma for Women and Men Veterans with Combat Related PTSD: The Effect of Perceived Control, Causes of Mental Disorders, and Gender Role Beliefs
Ray Daniel, B.A., Texas A&M-Commerce
Sean A. Lauderdale, Ph.D., A&M-Commerce

Public Stigma for a Woman Veteran Experiencing Military Sexual Trauma
Sean A. Lauderdale, Ph.D., A&M-Commerce
Ray Daniel, B.A., Texas A&M-Commerce
Examining Internalized Stigma for Mental Health Care Through a Socio-cultural Lens: Honor Culture Influences on Treatment Seeking in US Military Personnel
Larissa Tate, M.S., Uniformed Services University of the Health Sciences
David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
Brett A. Slagel, M.S., Uniformed Services University of the Health Sciences
Natascha Schvey, Ph.D., Uniformed Services University
Stephanie Jett, Ph.D., Georgia College

The Stigma of Moral Injury: Implications for Meaning Making Among Military Personnel and Veterans
Brett A. Slagel, M.S., Uniformed Services University of the Health Sciences
Natascha Schvey, Ph.D., Uniformed Services University
Larissa Tate, M.S., Uniformed Services University of the Health Sciences
David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences
Stephanie Jett, Ph.D., Georgia College

1:55 PM – 3:25 PM

Earn 1.5 continuing education credits

Symposium 28

Repetitive and Addictive? Evaluating the Behavioral Addiction Model for Body-focused Repetitive Behaviors

ChairS: Abel S. Matheu, M.S., University of Wisconsin - Milwaukee
        Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee

Discussant: Douglas Woods, Ph.D., Marquette University

Basic to Moderate level of familiarity with the material
Primary Category: Obsessive Compulsive and Related Disorders
Key Words: Trichotillomania, Addictive Behaviors, fMRI

The Nosology of Trichotillomania and Excoriation Disorder: A Latent Variable Approach
Ivar Snorrason, Ph.D., Harvard Medical School
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Andrew D. Peckham, Ph.D., Harvard Medical School / McLean Hospital
Throstur Bjorgvinsson, Ph.D., McLean Hospital/Harvard Medical School

Evidence from a Resting-state Functional Magnetic Resonance Imaging Pilot Study in Adults with Trichotillomania
Jennifer R. Alexander, M.S., Marquette University
Kristy Nielson, Ph.D., Marquette University
Douglas Woods, Ph.D., Marquette University
Resting-state Functional Connectivity of Supplementary Motor Area Associated with Skin-picking Symptom Severity
Ashleigh M. Harvey, M.S., University of Wisconsin - Milwaukee
Ashley A. Huggins, B.A., University of Wisconsin- Milwaukee
Christine L. Larson, Ph.D., University of Wisconsin- Milwaukee
Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee

Approach Avoidance Training and Skin Picking Disorder
Abel S. Mathew, M.S., University of Wisconsin - Milwaukee
Han Joo Lee, Ph.D., University of Wisconsin - Milwaukee

3:35 p.m. – 5:05 p.m.

Earn 1.5 continuing education credits

Panel Discussion 10

CBT Campfire Storytelling Session

**Moderator:** Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center

**Panelists:**
Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders
Martin E. Franklin, Ph.D., Rogers Behavioral Health Philadelphia
Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University
Maureen L. Whittal, ABPP, Ph.D., Vancouver CBT Centre/University of British Columbia

Primary Category: Student Issues

Key Words: CBT, Professional Development, Education and Training

“If history were taught in the form of stories, it would never be forgotten.” - Rudyard Kipling

Learning comes in many forms. Storytelling is one of our most ancient ways of communicating. Storytelling helps to forge connections among people, and between people and ideas. Stories convey the culture, history, and values that unite people. They are an effective way to transmit important information and values from one individual or community to the next. Stories allow leaders to influence, teach, and inspire. The stories we hold in common are an important part of the ties that bind. In addition, research (e.g., Moorman, 2015) has shown that a good story can help listeners retain important information, both in casual and formal learning settings, by allowing listeners to transform the story into their own ideas and experience. Thus stories are better remembered than simply stating a set of facts.

Historically, campfire stories provided a talisman against a hostile world, a record of bravery, and a way to pass on the culture of the tribe (Wiessner, 2014). Based on this idea, who couldn’t use a round of good storytelling after the year we’ve all experienced? And
yet, while cognitive-behaviorally-oriented clinicians have increasingly embraced the use of stories in their clinical work (Friedberg & McClure, 2015), they have not necessarily been as quick to implement these strategies in their academic presentations, despite the fact that these types of creative methods are known to enhance information processing in sessions and thus, fuel learning to be utilized thereafter.

As such, the purpose of this panel discussion is to help audience members learn—about both the values of cognitive behavioral therapy and its implementation, through the telling of stories centered around the attempts of four experts in the field of CBT (Drs. Anne Marie Albano, Martin E. Franklin, Michael A. Southam-Gerow, and Maureen Whittal) to learn CBT and then apply it to various types of psychopathology, in all types of patients, and across different settings, throughout their careers. In aiming to keep with tradition, this CBT campfire session will strive to be intimate and personal by focusing solely on an interactive conversation between these four senior panelists—all of whom are amazing storytellers.

3:35 p.m. – 5:05 p.m.

**Panel Discussion 11**

**Blackademia: Challenges for Black Graduate Students and Professionals in the Academy**

**Moderators:** Jamilah R. George, M.S., University of Connecticut  
Destiny Printz Pereira, M.S., University of Connecticut

**Panelists:** Jessica R. Graham-LoPresti, Ph.D., Suffolk University  
Darlene M. Davis, Ph.D., Other, Parents Zone, LLC  
Alexandria N. Miller, M.S., Suffolk University  
Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

**Primary Category:** Culture / Ethnicity / Race

**Key Words:** African Americans / Black Americans, Resilience, Oppression

Representation of Black Americans in the field of psychology is increasing, however, the growth is occurring at a slow rate. The unique experiences of marginalization and generational trauma for Black Americans may still go unnoticed by the system of academia. This lack of recognition can have deleterious effects on retention and success. Discrimination, prejudice, and racism still permeate our country, including academic environments, which can lead Black Americans to feel strong emotions like anger, grief, sadness, or anxiety. Unfortunately, it is not possible for most Black Americans in academia to express these emotions safely without risk of retaliation, so instead, emotional suppression is often the only coping mechanism available. Due to a lack of advocacy and support from colleagues and graduate programs, Black Americans often employ necessary self-protective measures like emotional suppression, “code switching”, and social hypervigilance (Brendo et al., 2009; DuBois, 1903; DeGruy, 2005). Many Black Americans in academia feel they cannot be authentic with their feelings and experiences due to a fear of retaliation.
from predominately white colleagues, mentors, supervisors, research advisors, and systems at large. The current panel includes Black American-identified graduate students and professionals who will authentically share their unique experiences of academia, engage Black American attendees in these conversations, as well as generate ideas related to advocacy, allyship, and systemic change to address these issues. We also aim to engage non-Black attendees who are interested in learning about the impact of generational oppression and emotional suppression on the recruitment and retention of Black Americans in the field, and how they can act as allies to add to systemic and institutional change.

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 29

Transdiagnostic Cognitive-behaviour Therapy for Anxiety Disorders in Community-based Care

**Chair:** Martin D. Provencher, Ph.D., Université Laval

**Discussant:** Debra Hope, Ph.D., University of Nebraska-Lincoln

Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: Anxiety, Transdiagnostic, CBT

Transdiagnostic Group Cognitive Behavioral Therapy for Anxiety Disorders: Maintenance of Gains at the 12-month Follow-up Data

Pasquale Roberge, Ph.D., University of Sherbrooke
Martin D. Provencher, Ph.D., Université Laval
Patrick Gosselin, Ph.D., Universite de Sherbrooke
Isabelle Gaboury, PhD, University of Sherbrooke
Helen-Maria Vasiliadis, Ph.D., University of Sherbrooke
Annie Benoit, MSc, University of Sherbrooke
Nathalie Carrier, MSc, University of Sherbrooke
Martin M. Antony, Ph.D., Ryerson University
Nils Chaillet, Ph.D., Universite Laval
Janie Houle, Ph.D., Universite du Quebec a Montreal
Catherine Hudon, Ph.D., University of Sherbrooke
Peter J. Norton, Ph.D., Monash University
Cost-effectiveness of Group Transdiagnostic CBT in Adults with Anxiety Disorder
Alexandra Chapdelaine, M.S., University of Sherbrooke
Helen-Maria Vasiliadis, Ph.D., University of Sherbrooke
Martin D. Provencher, Ph.D., Université Laval
Annie C. Benoit, Ph.D., University of Sherbrooke
Peter J. Norton, Ph.D., Monash University
Pasquale Roberge, Ph.D., University of Sherbrooke

A Pilot Study of Brief CBT for Anxiety Delivered via Video Telehealth
Terri Fletcher, Ph.D., Michael E. DeBakey VA Medical Center
Darius B. Dawson, Ph.D., Michael E. DeBakey VA Medical Center
Jeffrey A. Cully, Ph.D., Baylor College of Medicine

Process and Outcome in Transdiagnostic Cognitive Behavioral Group Therapy: Alliance and Group Cohesion
Peter J. Norton, Ph.D., Monash University
Hoang Kim Luong, B.A.(hons), Monash University
Nathalie Carrier, MSc, University of Sherbrooke
Martin D. Provencher, Ph.D., Université Laval
Pasquale Roberge, Ph.D., University of Sherbrooke
Sean Drummond, Ph.D., Monash University

Treatment Integrity and Therapist Experience in Delivering a Transdiagnostic Group Treatment Protocol for Anxiety Disorders in Community-based Care
Martin D. Provencher, Ph.D., Université Laval
Pasquale Roberge, Ph.D., University of Sherbrooke
Peter J. Norton, Ph.D., Monash University
Symposium 30

Increasing Access to Care Through Advances in Innovative Interventions for Serious Mental Illnesses

Chair: Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego
Discussant: William Spaulding, Ph.D., Univ. Nebraska - Lincoln

All level of familiarity with the material
Primary Category: Schizophrenia / Psychotic Disorders
Key Words: Psychosis / Psychotic Disorders, CBT, Implementation

Development of a Peer-delivered Decision Support Intervention to Enhance Emerging Adults’ Engagement in Evidence-based Treatment for Early Psychosis
Elizabeth Thomas, Ph.D., Temple University
Alicia Lucksted, Ph.D., University of Maryland Medical Center
Laura Siminoff, Ph.D., Temple University
Lisa Dixon, M.D., Columbia University
Maria O’Connell, Ph.D., Yale University
Irene Hurford, M.D., Irene Hurford MD
John Suarez, M.A., Temple University
Mark Salzer, Ph.D., Temple University

The Motivation and Skills Support (MASS) Smartphone Application: Development of an Mhealth Intervention to Improve Social Motivation in Schizophrenia
Jasmine Mote, Ph.D., Boston University
Kathryn Gill, B.A., Boston University
Lawrence Leung, B.A., San Francisco State University
David Gard, Ph.D., San Francisco State University
Kim Mueser, Ph.D., Boston University
Daniel Fulford, Ph.D., Boston University

Ride Bikes, Go Places: Developing a Peer Facilitated Transportation Intervention
Gretchen Snethen, Ph.D., Temple University

Adapting Collaborative Decision Skills Training for Veterans with Serious Mental Illness Using a Qualitative, Participatory Approach
Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego
Systematic Implementation of Cognitive Behavioral Therapy for Psychosis with Early Intervention for Psychosis Coordinated Specialty Care Teams
Sarah L. Kopelovich, Ph.D., University of Washington School of Medicine
Jennifer Blank, B.A., University of Washington School of Medicine
Jonathan Olson, Ph.D., University of Washington
Jeffery Roskelley, LICSW, University of Washington
Ryan Melton, Ph.D., Early Assessment and Support Alliance

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 32

Evidence-based Assessment to Improve Diagnosis, Case Formulation, and Outcomes: Online Resources to Improve Practice

Chair: Margaret Crane, M.A., Temple University

Basic level of familiarity with the material

Primary Category: Assessment

Key Words: Assessment, Evidence-Based Practice, Education and Training

Assessment of Youth Anxiety Disorders
Margaret Crane, M.A., Temple University
Nicole Fleischer, M.S., Philadelphia College of Osteopathic Medicine
Philip C. Kendall, ABPP, Ph.D., Temple University

Free, Online Tools for Evidence-based Assessment
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

More Than Moody: Applying Evidence-based Assessment to Improve Outcomes for Youth with Depression or Bipolar Disorder
Anna Van Meter, Ph.D., The Feinstein Institutes for Medical Research

Evidence-based Assessment of ADHD
Samantha Margherio, M.A., Ohio University

Evidence-base Assessment of Oppositional Defiant Disorder
Andrew Freeman, Ph.D., University of Nevada, Las Vegas
Symposium 33

Cognitive Bias Modification in the Clinic

Chair: Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Discussant: Nader Amir, Ph.D., San Diego State University

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Other

Key Words: Cognitive Biases / Distortions, Technology / Mobile Health, Treatment Development

Habitworks: Smartphone-delivered Cognitive Bias Modification for Interpretation
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Ramya Ramadurai, B.S., McLean Hospital
Kirsten Christensen, B.S., McLean Hospital
R. Kathryn R. McHugh, Ph.D., McLean Hospital/Harvard Medical School
Throstur Bjorgvinsson, Ph.D, McLean Hospital/Harvard Medical School

Delivering a Cognitive Bias Modification Intervention in Primary Care, with Patients Who Have Anxiety Disorders
Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University

Cognitive Bias Modification for Interpretation in an Intensive/residential Treatment Program for Obsessive-compulsive & Related Disorders (OCRDs)
Martha Falkenstein, Ph.D., McLean Hospital
Kara Kelley, B.A., McLean Hospital
Devin Dattolico, B.S., McLean Hospital
Sriramya Potluri, B.S., University of Massachusetts Boston
Jason Krompinger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School
Christian Webb, Ph.D., Harvard Medical School
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

How Much Is Too Much? A Dosage Evaluation of At-home Attention Bias Modification
William Taboas, Ph.D., San Diego State University
Nader Amir, Ph.D., San Diego State University
Earn 1.5 continuing education credits

Symposium 34

Pizza, Mirrors, and Fullness, Oh My! Understanding Mechanisms of Change Underlying Exposure Interventions for Eating Disorders

**Chairs:** D. Catherine Walker, Ph.D., Union College
Erin E. E. Reilly, Ph.D., Hofstra University
**Discussant:** Carolyn B. Becker, Ph.D., Trinity University

Moderate level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Exposure, Eating, Body Image

An Exploratory Mixed-methods Examination of Session-by-session Mechanistic Change in Exposure Therapy for Bulimia Nervosa
Kelsey E. Clark, M.S., Drexel University
Sarah Palasick, B.A., Columbia University School of Social Work
Emily K. Presseller, B.A., Drexel University
Elizabeth Lamp, B.A., Drexel University
Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute
Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)
Evan Forman, Ph.D., Drexel University
Caroline Fojtu, Drexel University
Adrienne S. Juarascio, Ph.D., Drexel University

Mediators of Change in an Online Imaginal Exposure Treatment for Eating Disorders
Brenna M. Williams, B.A., University of Louisville
Cheri A. Levinson, Ph.D., The University of Louisville

Early Changes in Eating-related Fears and Body-related Safety Behaviors Predict Treatment Outcome in Exposure-based CBT for Eating Disorders
Nicholas Farrell, Ph.D., Rogers Behavioral Health
Leigh C. Brosof, B.A., University of Louisville
Irina Vanzhula, M.S., University of Louisville
Caroline Christian, B.S., University of Louisville
Owen Bowie, M.S., Rogers Behavioral Health
Cheri A. Levinson, Ph.D., The University of Louisville
Examining Within-session and Between-session Change in Exposure- meal-related Distress During Intensive Outpatient Treatment for Eating Disorders
Lisa M. Anderson, Ph.D., University of Minnesota Medical School
Erin E. Reilly, Ph.D., Hofstra University
D. Catherine Walker, Ph.D., Union College
Meichai Chen, B.A., Union College
Julie N. Morison, Ph.D., HPA/LiveWell
Drew A. Anderson, Ph.D., University at Albany

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 35

Direct-to-consumer Marketing of Evidence-based Mental Health Interventions: Innovative Approaches to Increasing the Appeal

Chair: Alexandra Werntz, M.A., University of Virginia
Discussant: Kelsie H. Okamura, Ph.D., State of Hawai‘i, Department of Health, Child & Adolescent Mental Health Division

Basic to Moderate level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Evidence-Based Practice, Dissemination, Service Delivery

Increasing the Appeal of CBT: Latent Profile Analysis of Reactions to Different Ways of Describing CBT
Alexandra Werntz, M.A., University of Virginia
Bethany A. Teachman, Ph.D., University of Virginia

Predictors of Evidence-informed Action for Youth Mental Health Services Among a Large Multiethnic Parent Sample
Spencer Choy, B.A., University of Hawaii at Manoa
Brad J. J. Nakamura, Ph.D., University of Hawaii at Manoa

Online Randomized Controlled Trial of a Podcast Intervention to Increase Parent Critical Appraisal of Mental Healthcare Claims
Vanesa Mora Ringle, M.S., University of Miami
Amanda Jensen-Doss, Ph.D., University of Miami
Moderators of Parent Responses to Direct-to-consumer Marketing Materials: A Randomized Trial
Sara Becker, Ph.D., Brown University School of Public Health
Sarah Helseth, Ph.D., Brown University School of Public Health
Katherine Escobar, B.A., Brown University
Daniel Squires, Ph.D., Brown University
Melissa Clark, Ph.D., Brown University
Valarie Zeithaml, Ph.D., M.B.A., University of North Carolina at Chapel Hill, Kenan-Flagler Business School
Anthony Spirito, Ph.D., Alpert Medical School of Brown University

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 36

Novel Approaches to Explore Proximal Risk for Suicide and Self-injury

Chair: Esther C. Park, B.A., Florida State University
Discussant: Xieyining Huang, M.S., Florida State University

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Risk / Vulnerability Factors, Technology / Mobile Health

How Do People Feel in the Moment Before They Engage in a Suicide attempt?: investigation of Affective Experience Within the Immediate Suicidal Context
Esther C. Park, B.A., Florida State University
Alexandria Hayford, Florida State University
Joseph Franklin, Ph.D., Florida State University

Digital Social Communication and Real-time Suicide Risk
Daniel Coppersmith, M.A., Harvard University
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Walter Dempsey, Ph.D., University of Michigan
Shirley B. Wang, Ph.D., Queen Mary University of London
Alexander Millner, Ph.D., Harvard University
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University
Distal versus Proximal Prediction Accuracy of “warning Signs” for Suicide Attempt
Kathryn P. Linthicum, B.A., Florida State University
Xieying Huang, M.S., Florida State University
Lauren Harris, B.A., Florida State University
Chloe Bryen, B.A., Florida State University
Jessica Ribeiro, Ph.D., Florida State University

Personalized Short-term Prediction of Suicidal Ideation and Self-harm Urges
Jonathan W. Reeves, M.A., University of California, Berkeley
Thomas Tollefsen, Ph.D., University of Oslo
Aaron J. Fisher, Ph.D., University of California at Berkeley
Sabrina Darrow, Ph.D., University of California, San Francisco

The Effects of Acute Sleep Deprivation on Suicidal Behaviors in a Virtual Reality Paradigm
Lauren Harris, B.A., Florida State University

3:35 PM – 5:05 PM
Earn 1.5 continuing education credits

Symposium 37

Reaching Beyond Disruptive Behavior Disorders: New Directions for Parent-child Interaction Therapy (PCIT) Research

Chairs: Corey C. Lieneman, M.S., University of Nebraska Medical Center/West Virginia University
Cheryl B. McNeil, Ph.D., West Virginia University

Discussant: Jonathan Comer, Ph.D., Florida International University

Moderate level of familiarity with the material
Primary Category: Parenting / Families
Key Words: PCIT (Parent Child Interaction Therapy), Child, Parent Training

Parent-child Interaction Therapy for Toddlers: Building Secure Attachments and Training Compliance in One- and Two-year-olds
Corey C. Lieneman, M.S., University of Nebraska Medical Center/West Virginia University
Cheryl B. McNeil, Ph.D., West Virginia University
Emma I. Girard, Psy.D., UC Davis
Addressing Disruptive Behaviors in Children on the Autism Spectrum: Implementing Parent-child Interaction Therapy with Community Clinicians
Lauren B. Quetsch, Ph.D., University of Arkansas
Cheryl B. McNeil, Ph.D., West Virginia University

The Infant Behavior Program: What About Language in a Predominately Latinx Sample of High-risk Infants and Their Mothers?
Perrine Heymann, M.S., Florida International University
Daniel Bagner, Ph.D., Florida International University

The Turtle Program: PCIT for Young Children Displaying Behavioral Inhibition
Danielle R. Novick, M.S., University of Maryland- College Park
Kelly A. Smith, B.A., University of Maryland, College Park
Christina M. Danko, Ph.D., University of Maryland- College Park
Lindsay R. Druskin, B.A., West Virginia University
Nicholas J. Wagner, Ph.D., Boston University
Kelly O’Brien, Ph.D., Alvord, Baker & Associates, LLC
Kenneth H. Rubin, Ph.D., University of Maryland, College Park
Andrea M. Chronis-Tuscano, Ph.D., University of Maryland, College Park

3:35 PM – 5:05 PM

Earn 1.5 continuing education credits

Symposium 38

Enhancing the Clinical Impact of Trauma-focused CBT: Access, Individual Differences, Process, and Neurobiology

Chair: John R. Keefe, Ph.D., Weill Cornell Medical College
Discussant: Carmen P. McLean, Ph.D., National Center for PTSD

Basic to Moderate level of familiarity with the material
Primary Category: Trauma and Stressor Related Disorders and Disasters
Key Words: Trauma, Dissemination, Change Process / Mechanisms

Patient Characteristics and Other Predictors of Outcomes in Written Exposure Therapy for PTSD
Syed Aajmain, B.A., National Center for PTSD

Competence in Delivering Cognitive Processing Therapy Interventions and the Therapeutic Alliance Both Predict PTSD Symptom Outcomes
John R. Keefe, Ph.D., Weill Cornell Medical College
Samantha Hernandez, B.A., National Center for PTSD
Sustainment of Cognitive Processing Therapy: Reach and Fidelity Across Three Mental Health Systems  
Shannon W. Stirman, Ph.D., ABCT

Diagnostic and Predictive Neuroimaging Biomarkers for Posttraumatic Stress Disorder  
Sigal Zilcha-Mano, Ph.D., University of Haifa

3:35 PM – 5:05 PM  
Earn 1.5 continuing education credits  

Symposium 39

Toward Personalization: Examining Cognitive Risk Factors for Obsessive-compulsive Disorder

Chair: Robert E. E. Fite, M.A., Miami University  
Discussant: Sabine Wilhelm, Ph.D., Massachusetts General Hospital

Basic to Moderate level of familiarity with the material  
Primary Category: Obsessive Compulsive and Related Disorders  
Key Words: OCD (Obsessive Compulsive Disorder), Cognitive Schemas / Beliefs, Risk / Vulnerability Factors

Characterizing Incompleteness in OCD: Comparing Data-driven and Model-based Clustering Approaches  
Caitlin A. Stamatis, M.S., University of Miami  
Marcelo Hoexter, M.D., Ph.D., University of São Paulo School of Medicine  
Euripides Miguel, M.D., Ph.D., University of São Paulo School of Medicine  
Kiara R. Timpano, Ph.D., University of Miami

Testing Model Invariance of the Thought-action Fusion Scale for Liberals and Conservatives  
Kelsey Evey, West Virginia University  
Robert E. E. Fite, M.A., Miami University  
J. P. Gonzales, M.S., Communicus, Inc. (Unaffiliated)  
Joshua C. Magee, Ph.D., Miami University  
Aaron Luebbe, Ph.D., Miami University  
Shari A. Steinman, Ph.D., West Virginia University

Addressing the Specificity of Thought-action Fusion to Symptoms of Obsessive-compulsive Disorder: Delineating the Role of Magical Thinking, Sensitivity, and Thought Content  
Robert E. E. Fite, M.A., Miami University
Intentionality and Moral Thought-action Fusion
Jedidiah Siev, Ph.D., Swarthmore College
Rebecca Zhou, B.A., Swarthmore College
McKenzie Himelein-Wachowiak, B.A., Swarthmore College
Catherine Norris, Ph.D., Swarthmore College

Symptom-specific Threat Perception Mediates the Relationship Between Obsessive Beliefs and OCD Symptoms
Noah C. Berman, Ph.D., College of the Holy Cross
Hilary Weingarden, Ph.D., Massachusetts General Hospital; Harvard Medical School
Sabine Wilhelm, PhD, Massachusetts General Hospital

5:15 p.m. – 6:45 p.m.
Earn 1.5 continuing education credits

Clinical Round Table 3
Addressing Race-based Stress and Trauma in Cognitive-behavioral Treatment with People of Color

Moderator: Juliette McClendon, Ph.D., VA Boston Healthcare System
Panelists: Maurice Endsley, Jr., Ph.D., Edward Hines, Jr. VA Hospital
Keisha Ross, Ph.D., St. Louis Veterans Health Care System
Clarice Wang, Ph.D., VA St. Louis Healthcare System
Veronica L. Shead, Ph.D., St. Louis VA Health Care System
Asale Hubbard, Ph.D., San Francisco VA Healthcare System

All level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Underserved Populations, Oppression, Evidence-Based Practice

For this clinical round table, a team of clinicians with expertise in treating individuals who have experienced race-based stress and trauma (RBST; e.g., discrimination, microaggressions, exposure to race-based violence) will discuss how mental health clinicians can provide effective, culturally responsive, cognitive-behavioral assessment and intervention to clients of Color. RBST is a significant social determinant of racial/ethnic disparities in mental health and health care use. People of Color (PoC) may present to psychotherapy with emotional distress that is caused or exacerbated by chronic experiences with RBST. Consequences of the unpredictable and persistent nature of chronic RBST include increased engagement in unhealthy behaviors (e.g., substance use, social isolation), decreased engagement in healthy behaviors (e.g., exercise, sleep), and intensification of negative emotions such as shame, sadness, helplessness, anger, and mistrust. PoC often also engage in practices that support resilience, such as spirituality, social support and
other internal coping strategies. However, individuals may require assistance to routinely implement and further enhance these resilience practices. Unfortunately, many clinicians possess a limited knowledge of how to intervene to improve the emotional well-being of individuals who are impacted by RBST. Inadequate attention to the unique cultural experiences of PoC, as well as a history of maltreatment, abuse, and experimentation has contributed to mistrust, wariness, and avoidance of mental health care among these marginalized populations. Addressing this crisis requires continued attention, clinician education, and the development, dissemination and implementation of novel, culturally responsive and evidence-based assessment and intervention strategies. The panel will address such topics as how to discuss RBST with clients, how to recognize the mental health effects of RBST, and how to effectively intervene within the context of individual and group cognitive-behavioral therapy. Special attention will be paid to the intersection of race/ethnicity with other marginalized identities (e.g., gender, age, ability, LGBTQ+).

5:15 p.m. – 6:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 12

Expanding Access to Behavioral and Cognitive Therapies in Resource Constrained Settings: Lessons Learned from Global Mental Health Research

Moderator: Lena S. S. Andersen, Ph.D., University of Cape Town

Panelists: Jessica F. F. Magidson, Ph.D., University of Maryland
Laura Murray, Ph.D., Johns Hopkins University School of Public Health
Lauren Ng, Ph.D., Department of Psychology, University of California, Los Angeles
Conall O’Cleirigh, Ph.D., Harvard Medical School
Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University
Steven Safren, Ph.D., University of Miami

Primary Category: Global Mental Health
Key Words: Implementation, Global Mental Health, Evidence-Based Practice

Despite a well-established evidence base for behavioral and cognitive therapies, there is a mental health treatment gap in accessing these interventions worldwide. In the U.S. disparities in access have been documented in minority populations, while in low- and middle-income countries (LMICs) the general population has even more limited access to evidence-based therapies. Global barriers include system-level barriers such as shortages of mental health professionals, structural barriers such as long distances to clinics particularly in rural areas, and psychological barriers such as fear of stigmatization. The cultural and
linguistic applicability of traditional therapies may also play a role in disparities in access. In order to broaden access and improve outcomes to cognitive and behavioral therapies, innovative strategies are needed to overcome the aforementioned barriers. A valuable resource for innovative strategies is global mental health research conducted in resource constrained settings. These studies have adapted traditional cognitive and behavioral interventions to overcome implementation barriers including shortening interventions, translating and culturally adapting interventions, and task-shifting treatment delivery to a cadre of professional available at the community level. The proposed panel will consist of a number of global mental health researchers who have extensive experience working in LMICs, including South Africa, Ethiopia, India, Zimbabwe, Zambia, Kenya, Thailand, Rwanda and Liberia. The panelists will discuss their experiences culturally adapting evidence-based protocols, training and supervising paraprofessional providers, and conducting NIH-funded randomized controlled trials of the adapted protocols for addressing a range of conditions including depression, substance use, trauma, adherence to chronic medication, and child and adolescent mental health. The panelists will deliberate on the applicability of the lessons learned from LMICs to U.S. settings to address mental health disparities in minority populations. Future considerations and priorities for extending the reach and strengthening the impact of cognitive and behavioral therapies in the U.S. and abroad will be discussed.

5:15 PM – 6:45 PM

Earn 1.5 continuing education credits

Symposium 40

From the Classroom to the Community: increasing Access to Evidence-based Mental Health Support for College Students

Chair: Carla D. Chugani, Ph.D., University of Pittsburgh School of Medicine
Discussant: Alec L. Miller, Psy.D., Cognitive Behavioral Consultants

Basic to Moderate level of familiarity with the material
Primary Category: Student Issues
Key Words: DBT (Dialectical Behavior Therapy), Treatment, Student Issues

The Development of an Upstream Prevention Mental Health Course for Undergraduate Students
James Maizza, Ph.D., University of Washington
Jaclyn Lally, Ph.D., University of Washington
Acceptability, Feasibility, and Preliminary Effectiveness of a Dialectical Behavior Therapy Skills-infused College Course
Carla D. Chugani, Ph.D., University of Pittsburgh School of Medicine
Robert Coulter, Ph.D., MPH, University of Pittsburgh
Barbara Fuhrman, Ph.D., University of Pittsburgh Medical Center
Janine Talis, MPH, University of Pittsburgh Medical Center
Courtney Murphy, B.S., University of Pittsburgh Medical Center
Elizabeth A. Miller, M.D., Ph.D., University of Pittsburgh School of Medicine

The Changing Climate of the University Health Setting: Initial Results from a Large Scale Longitudinal Study
Amanda A. Uliaszek, Ph.D., University of Toronto
Tayyab Rashid, Ph.D., University of Toronto, Scarborough

An Intensive Outpatient Program (IOP) for Suicidal Depressed College Students: The Co-star IOP
Tina R. Goldstein, PhD, Ph.D., University of Pittsburgh School of Medicine
Kimberly Poling, LCSW, University of Pittsburgh
Dara Sakolsky, M.D., Ph.D., University of Pittsburgh
David Brent, M.D., University of Pittsburgh

5:15 PM – 6:45 PM
Earn 1.5 continuing education credits

Symposium 41
Cultural and Contextual Factors Affecting Individuals with Schizophrenia-spectrum Disorders Across the Illness Trajectory

Chair: Daisy Lopez, B.A., M.S., University of Miami
Discussant: Irwin Rosenfarb, Ph.D., Alliant International University

Advanced level of familiarity with the material
Primary Category: Schizophrenia / Psychotic Disorders
Key Words: Schizophrenia, Vulnerable Populations, Culture

Cultural Differences in Mental Health Disclosure, Help-seeking, and Concurrency with Stigmatized Beliefs in the Assessment of Subclinical Psychosis-like Experiences
Charlie A. Davidson, Ph.D., Mercer University; Emory University; Atlanta Center for Cognitive Therapy
The Effect of Enculturation and Acculturation on Suicidal Ideation in Hispanic Patients with Schizophrenia
Amy Weisman de Mamani, Ph.D., University of Miami

The Mitigating Effect of Family Cohesion on the Relationship Between Self-conscious Emotions and Suicidal Ideation in Ethnic Minorities with Schizophrenia
Daisy Lopez, B.A., M.S., University of Miami

Advances in Family Intervention for First Episode Psychosis Grounded in the Recovery After an Initial Episode of Schizophrenia Early Treatment Program (RAISE-ETP) Trial
Shirley Glynn, Ph.D., UCLA

The Mitigating Effect of Family Cohesion on the Relationship Between Self-conscious Emotions and Suicidal Ideation in Ethnic Minorities with Schizophrenia
Daisy Lopez, B.A., M.S., University of Miami

5:15 PM – 6:45 PM

Earn 1.5 continuing education credits

Symposium 42

Outside the Traditional Clinic: Incorporating Data Science into the Delivery of Evidence-based Treatment Before, During, and After Service Utilization

ChairS: Xin Zhao, M.S., Florida International University
       Adela Timmons, Ph.D., Florida International University

Discussant: Jonathan Comer, Ph.D., Florida International University

Predictive Modeling of Psychiatric Illness Using Electronic Medical Records and a Novel Machine Learning Approach with Artificial Intelligence
Matthew Nemesure, B.S., Dartmouth College
Michael Heinz, M.D., Dartmouth Hitchcock
Raphael Huang, Dartmouth College
Nicholas Jacobson, Ph.D., Geisel School of Medicine, Dartmouth College
Understand and Improve Seeking and Consumption of Mental Health Information Online: A Simple Probe of ADHD and Its Treatment on Google Using Time Series Analyses
Xin Zhao, M.S., Florida International University
Stefany Coxe, Ph.D., Florida International University
Adela Timmons, Ph.D., Florida International University
Stacy L. Frazier, Ph.D., Florida International University

Examination of Trends of Behavioral Improvement over the Course of a One-year Afterschool Behavioral Intervention Using Time Series
Morgan Jusko, M.A., Florida International University
Joseph Raiker, Ph.D., Florida International University
Adela Timmons, Ph.D., Florida International University
Anne Morrow, Ph.D., Nova Southeastern University
Cinthya Lozano, B.A., Florida International University
Kelcey Little, M.S., Marcus Autism Center

The Technological Interventions for Ecological Systems (TIES) App for Remote Sensing of Mental Health
Adela Timmons, Ph.D., Florida International University
Matthew Ahle, B.S., Florida International University
Jacqueline Duong, B.A., San Diego State University
Jonathan Comer, Ph.D., Florida International University
Symposium 43

From Symptoms to Functioning in Children and Adolescents Across Care Settings

Chair: Andrew Freeman, Ph.D., University of Nevada, Las Vegas
Discussant: Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Basic to Moderate level of familiarity with the material
Primary Category: Assessment
Key Words: Assessment, Bipolar Disorders, Child

Quality of Life in a Nationally Representative Sample of Children
Jessica Janos, M.A., University of North Carolina at Chapel Hill
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Cecil Reynolds, Ph.D., Texas A&M University
Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine

Functional Impairment Among Youth in Crisis: Caregiver Needs or Youth’s Symptoms?
Yen-Ling Chen, M.A., University of Nevada, Las Vegas
Matthew Schurr, M.A., University of Nevada, Las Vegas
Megan Freeman, Ph.D., Nevada Department of Health and Human Services, Division of Child and Family Services
Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Self-reported Quality of Life in Youth with Bipolar Disorder
Kayla Fobian, B.A., University of Nevada, Las Vegas
Jessica Janos, M.A., University of North Carolina at Chapel Hill
Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Andrew Freeman, Ph.D., University of Nevada, Las Vegas

Impact of Irritability and Anhedonia on Depression Severity and Functional Impairment
Samantha Sherwood, M.A., University of Nevada, Las Vegas
Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Robert Findling, M.D., MBA, Virginia Commonwealth University school of Medicine
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Andrew Freeman, Ph.D., University of Nevada, Las Vegas
Symposium 44

Websites, Apps, and Chatbots: Evaluating the Potential of Technology-based Interventions to Expand Access to Evidence-based Treatments and Improve Clinical Outcomes

Chairs: Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania
       Akash Wasil, M.A., University of Pennsylvania

Discussant: Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

All level of familiarity with the material
Primary Category: Technology
Key Words: Technology / Mobile Health, Treatment, Public Health

Three Apps Have 90% of Users: An Examination of the Reach of Commercially Available Smartphone Apps for Depression and Anxiety
Sarah Gillespie, B.A., University of Minnesota
Akash Wasil, M.A., University of Pennsylvania
Rebecca Shingleton, Ph.D., Harvard University
Chelsey Wilks, Ph.D., Harvard University
John Weisz, Ph.D., Harvard University

Smartphone Apps for Depression and Anxiety: A Systematic Review of Evidence-based Content and an Application of User-adjusted Analyses
Akash Wasil, M.A., University of Pennsylvania
Sarah Gillespie, B.A., University of Minnesota
Raveena Patel, B.A., University of Pennsylvania
Annemarie Petre, B.A., University of Pennsylvania
Katherine E. Venturo-Conerly, B.A., Harvard University
Rebecca Shingleton, Ph.D., Harvard University
John Weisz, Ph.D., Harvard University
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania
Testing an Adjunctive Mobile Application Designed to Increase Treatment Engagement in DBT
Natalia Macrynikola, M.A., City University of New York, The Graduate Center & Hunter College
Paul Greene, Ph.D., Manhattan Center for Cognitive-Behavioral Therapy
Regina Miranda, Ph.D., Hunter College, City University of New York

Impact of Coaching on Outcomes, Engagement, and Processes of Change in an Online ACT Intervention
Jennifer Krafft, M.S., Utah State University
Carter H. Davis, B.A., Utah State University
Michael Twohig, Ph.D., Utah State University
Michael E. Levin, Ph.D., Utah State University

Optimizing Digital Treatment for Emotional Disorders: A Just-in-time Adaptive Intervention Approach
Andrea N. Niles, Ph.D., Youper
Jose Hamilton Vargas, M.D., Youper
Diego Dotta Couto, M.A., Youper AI
Thiago Marafon, M.S., Youper AI
James Gross, Ph.D., Stanford University
Symposium 45

Mathematics for Mechanisms: Using Computational Modeling-informed Approaches to Understand the Processes That Promote Eating Disorders

**Chairs:** Ann F. Haynos, Ph.D., University of Minnesota  
Shirley B. Wang, Ph.D., Queen Mary University of London

**Discussant:** Pamela K. Keel, Ph.D., Florida State University

Basic to Moderate level of familiarity with the material  
Primary Category: Eating Disorders  
Key Words: Eating, fMRI, Anorexia

Parsing Decision-making Systems in Anorexia Nervosa Using a Computationally-informed Translational Neuroeconomic Paradigm  
Ann F. Haynos, Ph.D., University of Minnesota  
Samantha Abram, Ph.D., Sierra Pacific Mental Illness Research Education and Clinical Centers, San Francisco VA Medical Center, and the University of California, San Francisco  
David Redish, Ph.D., University of Minnesota  
Angus MacDonald, Ph.D., University of Minnesota  
Scott Crow, M.D., University of Minnesota

Computational Modeling of Decision-making Biases Associated with Restrictive Eating  
Shirley B. Wang, Ph.D., Queen Mary University of London  
Madhusmita Misra, M.D., Massachusetts General Hospital  
Kamryn Eddy, Ph.D., Massachusetts General Hospital  
Alexander Millner, Ph.D., Harvard University  
Matt Nock, Ph.D., Harvard University  
Meghan Lauze, B.A., Massachusetts General Hospital  
Meghan Slattery, NP, Massachusetts General Hospital  
Franziska Plessow, Ph.D., Massachusetts General Hospital  
Jennifer Thomas, Ph.D., Massachusetts General Hospital
Computational Neuroscience Approaches to Understanding Maladaptive Behavior in Anorexia Nervosa
Joanna E. Steinglass, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute
Karin Foerde, Ph.D., Columbia University Medical Center
Bkaur Uniacke, M.D., Columbia University Irving Medical Center
Nathaniel Daw, Ph.D., Princeton University
Timothy Walsh, M.D., Columbia University Irving Medical Center/New York State Psychiatric Institute
Daphna Shohamy, Ph.D., Columbia University

Social Perceptions and Valence in Anorexia Nervosa
Carrie J. McAdams, M.D., Ph.D., UT Southwestern Medical Center
Carlsdania Mendoza, M.D., UT Southwestern Medical School
Sarah Pelfrey, M.A., UT Southwestern Medical School
Jayme Palka, B.S., UT Southwestern Medical School

When the Need to Stop Is a Surprise: Computational Neuroimaging of Control-related Prediction Errors in Bulimia Nervosa
Laura Berner, Ph.D., Icahn School of Medicine at Mount Sinai
Katia M. Harlé, Ph.D., University of California, San Diego
Alan Simmons, Ph.D., University of California, San Diego and VA San Diego Healthcare System
Angela Yu, Ph.D., University of California, San Diego
Martin Paulus, M.D., Laureate Institute for Brain Research
Christina E. Wierenga, Ph.D., University of California, San Diego
Amanda Bischoff-Grethe, Ph.D., University of California, San Diego
Ursula Bailer, M.D., Medical University of Vienna
Walter H. Kaye, M.D., University of California, San Diego
Symposium 46

Social Relationships and Addictive Behaviors: A Transdiagnostic Perspective

Chairs: Katherine McDermott, M.S., Florida State University
       Brittany M. Mathes, M.S., Florida State University

Discussant: Julia D. Buckner, Ph.D., Louisiana State University

Basic level of familiarity with the material
Primary Category: Addictive Behaviors
Key Words: Addictive Behaviors, Social Relationships, Transdiagnostic

Social Media and Disordered Eating Behaviors Among Middle-aged Women: Not Just a Millennial Concern
Katherine A. Thompson, M.A., University of North Carolina at Chapel Hill
Emily Walsh, B.A., University of North Carolina at Chapel Hill
Alexandra Miller, M.A., University of North Carolina at chapel hill
Anna Bardone-Cone, Ph.D., The University of North Carolina at Chapel Hill

Comfort and Human-like Characteristics Determine Object Choice and Attachment
Cathy Kwok, M.S., Macquarie University
Jonathan David, MRes, Macquarie University
Cassandra Crone, BPsych, Macquarie University
Vani Kakar, MPhil, Macquarie University
Jessica Grisham, Ph.D., UNSW Sydney
Melissa Norberg, Ph.D., Macquarie University

Social Anxiety, Coping Motives, and Cannabis Use Problems: The Role of Attachment
Katherine McDermott, M.S., Florida State University
Jesse R. Cougle, Ph.D., Florida State University

Effects of a Brief Intervention for Interpersonal Needs on Alcohol Use
Brittany M. Mathes, M.S., Florida State University
Carter Bedford, B.S., Florida State University
Danielle M. Monabito, B.A., Florida State University
Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University
Symposium 47

The Unique Roles of Self-injury Imagery and Image Exposure in Assessing and Treating Self-injurious Thoughts and Behaviors

Chair: Hannah R. R. Lawrence, M.A., Alpert Medical School of Brown University
Discussant: Christine B. Cha, Ph.D., Teachers College, Columbia University

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Self-Injury, Risk / Vulnerability Factors

Suicidal Imagery: Associations with Characteristics of Suicidal Cognitions and Risk for Suicidal Behavior
Hannah R. R. Lawrence, M.A., Alpert Medical School of Brown University
Jacqueline Nesi, Ph.D., Brown University
Rebecca Schwartz-Mette, Ph.D., University of Maine

Online Self-injury Activities Among Psychiatrically Hospitalized Adolescents: Prevalence, Functions, and Perceived Consequences
Jacqueline Nesi, Ph.D., Brown University
Taylor A. Burke, PhD, Alpert Medical School of Brown University
Hannah R. R. Lawrence, M.A., Alpert Medical School of Brown University
Heather MacPherson, Ph.D., Alpert Medical School of Brown University
Anthony Spirito, Ph.D., Alpert Medical School of Brown University
Jennifer C. Wolff, Ph.D., Alpert Medical School of Brown University

Nonsuicidal Self-injury Scar Concealment from the Self and Others: Prevalence, Correlates, and Implications
Taylor A. Burke, Ph.D., Alpert Medical School of Brown University
Brooke Ammerman, Ph.D., University of Notre Dame
Jessica Hamilton, Ph.D., Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center
Jonathan Stange, Ph.D., University of Illinois at Chicago
Marilyn L. Piccirillo, Ph.D., University of Washington
Symposium 48

Assessing and Addressing Barriers to Treatment Among Survivors of Sexual Assault

**Chairs:** Amie R. Newins, Ph.D., University of Central Florida
Laura Wilson, Ph.D., University of Mary Washington

**Discussant:** Terri Messman-Moore, Ph.D., Miami University

All level of familiarity with the material

**Primary Category:** Trauma and Stressor Related Disorders and Disasters

**Key Words:** Violence / Sexual Assault, CBT, Treatment

**Intensive Outpatient Treatment for PTSD Among Survivors of Sexual Assault**
Amie R. Newins, Ph.D., University of Central Florida
Deborah C. Beidel, ABPP, Ph.D., University of Central Florida
Clint Bowers, Ph.D., University of Central Florida
Sandra Neer, Ph.D., University of Central Florida
David Rozek, Ph.D., University of Central Florida

**Factors That Influence How Female College Students React to Sexual Assault Survivors**
Laura Wilson, Ph.D., University of Mary Washington
Laura Wilson, Ph.D., University of Mary Washington
Madeleine Murphy-Neilson, B.S., University of Mary Washington
Jordan Pamlanye, B.S., University of Mary Washington
Rebecca Reed, B.S., University of Mary Washington
Hannah Truex, B.S., University of Mary Washington
Kristen Kunaniec, B.S., University of Mary Washington

**Peer Responses to Sexual Assault Disclosures in a College Sample: Understanding Peers as Facilitators of Further Help-seeking**
CJ Fleming, Ph.D., Elon University

**PTSD Treatment for Sexual Assaults with and Without Substance-involvement**
Anna E. Jaffe, Ph.D., University of Washington
Debra Kaysen, Ph.D., ABPP, Stanford University
Brian N. Smith, Ph.D., National Center for PTSD, Women’s Health Sciences Division
Tara E. Galovski, Ph.D., Women’s Health Sciences Division, VA National Center for PTSD
Patricia A. Resick, Ph.D., Ph.D., Duke University Medical Center
Symposium 49

Personalizing Parent Management Training: Innovative Approaches for Improving Treatment Outcomes

Chair: Raelyn Loiselle, M.A., University of North Carolina at Chapel Hill
Discussant: Mary Rooney, Ph.D., NIMH

Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Externalizing
Key Words: Aggression / Disruptive Behavior / Conduct Problems, Parent Training, Treatment Development

Optimizing Behavioral Parent Training for Low-income Families: personalization, Progress and Next Steps
Deborah J. Jones, Ph.D., University of North Carolina at Chapel Hill
Alexis Georgeson, M.A., University of North Carolina at Chapel Hill
April Highlander, M.A., University of North Carolina at Chapel Hill
Kaeley Jenkins, B.S., University of North Carolina at Chapel Hill
Raelyn Loiselle, M.A., University of North Carolina at Chapel Hill
Madison McCall, B.S., University of North Carolina at Chapel Hill
Patrick Turner, B.A., University of North Carolina at Chapel Hill
Jennifer K. Youngstrom, Ph.D., University of North Carolina at Chapel Hill
Rex Forehand, Ph.D., University of Vermont
Nicole Bresland, Ph.D., University of Vermont
Karen Guan, Ph.D., University of California, Los Angeles
Bruce F. Chorpita, Ph.D., University of California, Los Angeles

The Persin Approach: Developing a Personalized Version of PCIT for Culturally Diverse Families
May Yeh, Ph.D., San Diego State University, Child & Adolescent Services Research Center, University of California, San Diego
May Yeh, Ph.D., San Diego State University, Child & Adolescent Services Research Center, University of California, San Diego
Kristen McCabe, Ph.D., University of San Diego; Child & Adolescent Services Research Center
Argero Zerr, Ph.D., California state University Channel Islands; University of San Diego; Child & Adolescent Services Research Center
Devynne Diaz, B.A., San Diego State University
Parent Management Training and Emotion Coaching for Children with Callous-unemotional Traits: Initial Outcomes and Treatment Feasibility
Lynn Fainsilber Katz, Ph.D., University of Washington
Robert J. McMahon, Ph.D., Simon Fraser University, British Columbia; BC Children’s Hospital, Vancouver
Suzanne Kerns, Ph.D., Center for Effective Interventions
Michael D. Pullmann, Ph.D., University of Washington
Kyrill Gurtovenko, Ph.D., Seattle Children’s Hospital
Dave Pasalich, Ph.D., Australia National University
Shannon Dorsey, Ph.D., University of Washington

7:00 p.m. – 8:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 14

Interdisciplinary Training in an Academic Medical Center: The Role of the Psychologist

Moderator: Lindsay Brauer, Ph.D., University of Chicago
Panelists: Yasmin Asvat, Ph.D., University of Chicago Medicine
Sheehan Fisher, Ph.D., Northwestern University Feinberg School of Medicine
Fabiana N. Araujo, Ph.D., University of Chicago

Primary Category: Workforce Development / Training / Supervision
Key Words: Education and Training

Clinical psychologists are increasingly integrated in interdisciplinary teams in academic medical centers, supporting services and training within psychiatry departments and various specialty medical clinics. This panel aims to highlight effective strategies for interdisciplinary collaboration and training in evidence-based psychological interventions that ultimately enhance patient care. The presenters will discuss 1) the various pathways to integration of psychological services within specialty medical clinics, 2) models of training for psychology trainees in interdisciplinary settings, 3) strategies to support cross-disciplinary training, including respect for differing learning styles, training expectations, and cultures, and 4) reflections on overcoming training obstacles relevant to the specific area of clinical expertise. Dr. Brauer will discuss strategies to support reciprocal integration of clinical psychology trainees (externs, predoctoral interns, postdoctoral fellows) and psychiatry residents into specialty Obsessive-Compulsive and Related Disorders and Severe Mental Illness clinics within a psychiatry department. She will also present program evaluation data supporting general outpatient cognitive-behavioral therapy training curriculum for psychiatry residents. Dr. Asvat will discuss the successes and challenges of integrating psych-oncology sub-specialty services into a psychiatry consultation-liaison service that supports training for clinical psychology externs, predoctoral interns, psychiatry residents, fellows, and medical students. Dr. Fisher will discuss training strategies for psychiatry res-
idents and fellows in a women’s mental health clinic, focusing on the use of acceptance and commitment therapy. Finally, Dr. Araujo will describe an approach to integrating psychology predoctoral interns and externs into primary care, strategies to support psychological training of primary care residents, and program evaluation data on medical student training performed by clinical psychologists.

7:00 p.m. – 8:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 15

This Panel Is for You (Yes, You!): Creating an Inclusive Culture of Allyship to Fix the “leaky Pipeline”

**Moderators:** Lauren S. Hallion, Ph.D., University of Pittsburgh
   Broderick Sawyer, Ph.D., Behavioral Wellness Clinic

**Panelists:** Jessica R. Graham-LoPresti, Ph.D., Suffolk University
   Lizabeth Roemer, Ph.D., University of Massachusetts Boston
   R. Sonia Singh, Ph.D., VA South Central MIRECC
   Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

Primary Category: Professional/Interprofessional Issues

Key Words: Culture, Stakeholder Relevant, Oppression

Despite our best intentions, “the academy” still struggles to support and retain women, people of color, sexual and gender minorities, people with disabilities, and everyone else working within institutions that were not designed with their needs in mind. In many cases, a lack of consideration for these needs stems from an honest lack of lived experience as a member of a traditionally marginalized group. Further, the inability for marginalized groups to honestly express their experiences adds additional complications to this phenomenon. One reason for a lack of authentic communication from marginalized groups to privileged others about their authentic needs in academia, is widespread cultural anxiety around these issues (“what if I offend someone?”) that leads to defensiveness/avoidance, which prevents learning and change. Creating a culture that supports diversity and inclusion requires us to face our fears and approach these issues with curiosity, nondefensiveness, compassion for ourselves and others, and an ability to listen, with a willingness to be changed by what we hear. Panelists bring a wide range of scientific and clinical expertise, as well as personal perspectives and lived experience. In modeling these conversations and sharing knowledge, this panel will help to demystify, destigmatize, and decatastrophe constructive dialogue around issues of diversity and inclusion.
Panel Discussion 17

Provision of Culturally Robust Interventions in 2020 and Beyond: Truths, Myths, and Opportunities for Growth

**Moderators:** Giovanni Ramos, M.A., University of California Los Angeles
Tommy Chou, B.A., M.A., M.S., Florida International University

**Panelists:**
Denise A. Chavira, Ph.D., UCLA
Stanley J. Huey, Jr., Ph.D., University of Southern California
Wei-Chin Hwang, Ph.D., Claremont McKenna College and Private Practice
Anna Lau, Ph.D., University of California, Los Angeles
Armando A. Pina, Ph.D., Arizona State University

**Primary Category:** Culture / Ethnicity / Race

**Key Words:** Culture, Evidence-Based Practice, Treatment

Despite the rising cultural diversity of the United States population (United States Census Bureau, 2018), diversity within the country’s mental health workforce has remained relatively unchanged (American Psychological Association, 2018). Considering concerns in the field regarding provider-client cultural mismatch and potential lack of data supporting the efficacy of evidence-based treatments (EBTs) for diverse groups (Cabassa & Baumann, 2013), investigators have increasingly called for attention to cultural factors in the provision of mental health care (Rathod et al., 2018). In response to these concerns, two main approaches have emerged: 1) culturally adapting EBTs for specific minority groups (Castro, Barrera, & Holleran Steiker, 2010), and 2) providing EBTs with cultural competency/humility (Huey, Tilley, Jones, & Smith, 2014). Each approach represents a different theoretical position with distinctive implications for research and clinical implementation.

Aligned with this year’s theme of enhancing the impact of behavioral and cognitive therapies, this panel seeks to 1) review current literature, and dispel common myths related to cultural competency/humility; 2) examine multiple theoretical and data-driven approaches to the provision of culturally robust care, evaluating their strengths and weaknesses as well as potential applicability to science and practice; and 3) discuss training strategies to develop a mental health workforce capable of responding to the needs of a multicultural society. Discussants bring extensive expertise in the training of culturally competent doctoral-level clinicians (Chavira, Lau); empirical examination of cultural competency/humility models through systematic reviews and metanalytic work (Huey, Píña); development of theoretically-informed frameworks for cultural adaptation of EBTs (Hwang); and the use of data-driven, selective and directive approaches for the provision of culturally robust EBTs (Lau, Píña). Panelists will provide actionable strategies to promote cultural
competency/humility while attending to multiple sources of diversity beyond only race or ethnicity (e.g., religion, sexual preference, gender).

7:00 PM – 8:30 PM

**Earn 1.5 continuing education credits**

**Symposium 31**

**If You Build It, They Still May Not Come: Utilizing Telehealth Technology to Increase Access and Sustain Evidence-based Mental Health Treatments**

**Chair:** Regan Stewart, Ph.D., Medical University of South Carolina  
**Discussant:** Carolyn Turvey, Ph.D., US Department of Veterans Affairs

Basic level of familiarity with the material  
Primary Category: Technology  
Key Words: Technology / Mobile Health, Evidence-Based Practice

**Addressing Barriers to Care Among Underserved Youth: Telehealth Delivery of Trauma-focused Cognitive Behavioral Therapy**  
Regan Stewart, Ph.D., Medical University of South Carolina  
Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina  
Megan Wallace, LISW-CP, Medical University of South Carolina  
Michael K. de Arellano, Ph.D., Medical University of South Carolina

**Beyond Brick and Mortar: Leveraging Videoconferencing Technology to Remotely Treat Early-onset Anxiety Disorders**  
Jonathan Comer, Ph.D., Florida International University  
Jami M. Furr, Ph.D., Florida International University  
Karina Silva, B.A., Florida International University  
Anthony Puliafico, Ph.D., Columbia University Medical Center

**Using the Consolidated Framework for Implementation Science Research (CFIR) Framework to Explore Sustainability Factors Across Kansas Child Telebehavioral Settings**  
Eve-Lynn Nelson, Ph.D., University of Kansas Medical Center  
Alice Zang, Ph.D., University of Kansas Medical Center  
Ilana Engle, M.A., University of Kansas Medical Center  
Annaleis Giovannetti, M.A., University of Kansas  
Stephanie Punt, M.A., University of Kansas
Trauma Center-based, Technology-enhanced Stepped Care Program for Traumatic Injury Survivors
Tatiana Davidson, Ph.D., Medical University of South Carolina
Margaret T. Anton, Ph.D., Medical University of South Carolina
Leigh E. Ridings, Ph.D., Medical University of South Carolina
Olivia Bravoco, B.S., Medical University of South Carolina
Bruce Crookes, M.D., Medical University of South Carolina
Kenneth Ruggiero, Ph.D., Medical University of South Carolina

7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 50

Therapeutic Alliance in Treatments for Individuals with Autism Spectrum Disorder

Chair: Erin Kang, Ph.D., Montclair State University
Discussant: Matthew D. Lerner, Ph.D., Stony Brook University

Moderate level of familiarity with the material
Primary Category: Autism Spectrum and Developmental Disorders
Key Words: Autism Spectrum Disorders, Therapeutic Alliance

Associations Between Therapeutic Alliance and Peer-related Outcomes in Group-based Social Skills Interventions for Youth with Autism Spectrum Disorder
Erin Kang, Ph.D., Montclair State University
Ayla N. Gioia, B.S., Stony Brook University
Matthew D. Lerner, Ph.D., Stony Brook University

Therapeutic Alliance Formation in Autism: The Importance of Strong Relationship-building Early in Treatment
Alexis M. Brewe, B.A., The University of Alabama
Carla Mazefsky, Ph.D., University of Pittsburgh School of Medicine
Susan White, ABPP, Ph.D., The University of Alabama
Alliance as a Predictor of Treatment Outcome in the Treatment of Anxiety and Autism Spectrum Disorder (TAASD) Trial
Connor M. Kerns, Ph.D., The University of British Columbia
Sophie Smit, M.A., University of British Columbia
Brent Small, Ph.D., University of South Florida
Sophie A. Palitz Buinewicz, M.A., Temple University
Lesley Norris, M.A., Temple University
Adam Lewin, Ph.D., University of South Florida
Philip C. Kendall, ABPP, Ph.D., Temple University
Eric A. Storch, Ph.D., Baylor College of Medicine
Jeffrey J. Wood, Ph.D., UCLA

7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 51

Five Year Outcomes and Implementation Advances in the Raise-early Treatment Program First Episode Psychosis Trial

Chair: Shirley Glynn, Ph.D., UCLA
Discussant: Kim Mueser, Ph.D., Boston University

Basic to Moderate level of familiarity with the material
Primary Category: Schizophrenia / Psychotic Disorders
Key Words: Psychosis / Psychotic Disorders, Early Intervention, Dissemination

Outcomes During and After Early Intervention Services for First-episode Psychosis: results over Five Years from the RAISE-ETP Trial
Delbert Robinson, M.D., Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

Individual Resiliency Training for E-NAVIGATE: Prioritizing for the Next Decade of Treatment
Piper Meyer-Kalos, Ph.D., University of Minnesota

Using What We Have Learned: Improvements for Family Education and Leadership and Team Guidance in NAVIGATE
Susan Gingerich, MSW, Independent Consultant

Strategies to Improve Supported Employment and Education Outcomes in Coordinated Specialty Care for First Episode Psychosis
Shirley Glynn, Ph.D., UCLA
Symposium 52

Strengthening CBT by Shifting Our Focus from Treatments to Therapists

Chair: Jacqueline B. Persons, Ph.D., Oakland CBT Center
Discussant: Tony Rousmaniere, Psy.D., University of Washington School of Medicine

Enhancing Mental Health Care by Matching Patients to Providers’ Empirically Derived Strengths
James F. Boswell, Ph.D., University at Albany, State University of New York
Michael Constantino, Ph.D., University of Massachusetts Amherst
David Kraus, Ph.D., Outcome Referrals Inc
Alice Coyne, M.S., University of Massachusetts Amherst

Understanding Therapist Effects: In What Ways and for What Are Therapists Different?
Soo Jeong Youn, Ph.D., Massachusetts General Hospital/Harvard Medical School
Louis Castonguay, Ph.D., The Pennsylvania State University
Rebecca Janis, M.S., Pennsylvania State University
Andrew McAleavey, Ph.D., Weill Cornell Medical College
Jeffrey A. Hayes, Ph.D., The Pennsylvania State University
Benjamin Locke, Ph.D., Pennsylvania State University

A Longitudinal Analysis of the Performance of One Evidence-based Psychotherapist
Sarah Coe-Odess, M.A., University of Virginia
Cannon Thomas, Ph.D., University of California, San Francisco
Jacqueline B. Persons, Ph.D., Oakland CBT Center

CBT Trainees’ Case-specific Reflections on Their Problematic Reactions to Patients
Jeffrey A. Hayes, Ph.D., The Pennsylvania State University
Symposium 53

Body Image Concerns and Disordered Eating in Male and Female College Students

Chair: Lauren A. Stutts, Ph.D., Davidson College
Discussant: Drew A. Anderson, Ph.D., University at Albany, State University of New York

Basic to Moderate level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Body Image, Eating, Gender

Intersectionality and Measurement Validity of the Eating Disorder Examination Questionnaire in Latinx Undergraduates in the U.S
Kelsey N. Serier, M.S., University of New Mexico
Mindy L. McEntee, Ph.D., Arizona State University
Jamie M. Smith, M.S., University of New Mexico
Jane Ellen Smith, Ph.D., University of New Mexico

Is Exercise in Eating Psychopathology a Clinical Gray Area? Exploring Pathological Exercise in Male College Students Using Latent Profile Analysis
Kathryn A. Coniglio, M.S., Rutgers University
Edward Selby, Ph.D., Rutgers University

Examining Weight and Shape Concerns and Disordered Eating by Gender and Their Relationship to Self-control: A Longitudinal Study
Kerstin K. Blomquist, Ph.D., Furman University
Lauren A. Stutts, Ph.D., Davidson College

Effects of a Brief Dissonance-based Intervention on Body Image in Women and a Pilot Sample of Men
Taryn A. Myers, Ph.D., Virginia Wesleyan University
Symposium 54

On the Importance of Gender and Sexual Minority Identity in the Study of Predictors and Consequences of and Interventions for Alcohol and Cannabis Use and Co-use

Chair: Bradley T. Conner, Ph.D., Colorado State University
Discussant: Brian Borsari, Ph.D., University of California, San Francisco

Basic to Moderate level of familiarity with the material
Primary Category: Addictive Behaviors
Key Words: Addictive Behaviors, Gender, LGBTQ+

Exploring Sensation Seeking, Protective Behavioral Strategy Use, and Consequences for Alcohol and Cannabis Among Gender Minority and LGBTQ+ Students
Mark A. Prince, Ph.D., Colorado State University
Shelby Tuthill, B.A., Colorado State University
Bradley T. Conner, Ph.D., Colorado State University

Comparing Use, Descriptive and Injunctive Norms, and Their Relations to Consequences of Alcohol and Cannabis Use and Co-use Between Individuals Identifying as Gender Majority versus Gender Minority
Bradley T. Conner, Ph.D., Colorado State University
Mark A. Prince, Ph.D., Colorado State University

Mental Health Concerns Trump Drinking Risk Concerns Among Parents of Sexual Minority Incoming College Students
Joseph Labrie, Ph.D., Loyola Marymount University
Sarah C. Boyle, M.A., M.S., Loyola Marymount
Sebastian Baez, N.A, Loyola Marymount University

Relations Between Minority Stress, Intimate Partner Violence, Alcohol Use, and Cannabis Use in Sexual and Gender Minority Young Adults
Ryan C. Shorey, Ph.D., University of Wisconsin - Milwaukee
Kalei Glozier, B.A., University of Wisconsin, Milwaukee
Haley Kolp, M.S., University of Wisconsin-Milwaukee
Emily Munoz, B.S., University of Wisconsin, Milwaukee
Gloria Romero Romero, M.S., University of Tennessee, Knoxville
Hannah Grigorian, M.A., University of Tennessee - Knoxville
Gregory Stuart, Ph.D., University of Tennessee - Knoxville
7:00 PM – 8:30 PM

Earn 1.5 continuing education credits

Symposium 55

Relationship Conflict in Minority Couples

**Chair:** Michelle Leonard, Ph.D., University of Michigan Dearborn  
**Discussant:** Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Advanced level of familiarity with the material  
Primary Category: Couples / Close Relationships  
Key Words: Couples / Close Relationships, LGBTQ+, Ethnicity

**Conflict Management Strategies Among Arab American Couples**  
Michelle Leonard, Ph.D., University of Michigan Dearborn

**Identifying Risk Factors for Intimate Partner Violence Among Sexual and Gender Minorities Assigned Female at Birth**  
Sarah W. Whitton, Ph.D., University of Cincinnati  
Greg Swann, M.A., Northwestern  
Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

**Trajectories and Culturally Relevant Factors of Psychological and Physical Aggression Among Mexican American Couples over the Early Years of Marriage**  
Erika Lawrence, Ph.D., The Family Institute at Northwestern University  
Callie Mazurek, M.A., The Family Institute at Northwestern University  
Quinn Hendershot, B.A., The Family Institute at Northwestern University  
Alexa B. Chandler, M.A., The University of Arizona

**Relationship Power and Intimate Partner Violence in Sexual Minority Male Couples**  
Stephen Bosco, M.A., Hunter College, City University of New York  
Gabriel Robles, Ph.D., MSW, Rutgers University  
Rob Stephenson, Ph.D., University of Michigan School of Nursing  
Tyrel J. Starks, Ph.D., Hunter College, City University of New York
Symposium 56

Improving Child and Adolescent Behavioral Health Service Access and Outcomes: Novel Treatment Scale-outs, Empirical Mechanisms, and Implementation Models

Chair: Samuel O. Peer, Ph.D., Idaho State University
Discussant: Miya Barnett, Ph.D., Department of Clinical, Counseling, & School Psychology; University of California, Santa Barbara

Basic to Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Externalizing
Key Words: Child, Change Process / Mechanisms, Implementation

Integrating Teacher-child Interaction Training (TCIT) into a Large-scale Head Start Mental Health Consultation Program
Angela Moreland, Ph.D., Medical University of South Carolina
Grace Sheila Hubel, Ph.D., College of Charleston
John Cooley, Ph.D., University of Colorado Anschutz Medical Campus

Efficacy and Feasibility of a Primarily Internet-based Intervention for Aggressive Youth: First Randomized Control Trial of Internet-adapted Coping Power for Middle Childhood
Meagan Heilman, M.A., The University of Alabama
Chuong Bui, Ph.D., University of Alabama
John E. Lochman, ABPP, Ph.D., The University of Alabama
Bradley White, Ph.D., The University of Alabama

Mixed-methods Interdisciplinary Perspectives on Community-based Learning Collaboratives: Explanatory Evidence of Sustained Adoption of Evidence-based Child Mental Health Practices
Megan Bird, B.S., Idaho State University
Samuel O. Peer, Ph.D., Idaho State University
Rochelle F. Hanson, Ph.D., Medical University of South Carolina
Cost-benefit Analysis of Mentoring Program for Adolescents at Risk of Juvenile Delinquency
Allison B. Smith, M.A., University of Arkansas
Alex R. Dopp, Ph.D., RAND
Manolya Tanyu, Ph.D., American Institutes for Research
Carla Herrera, Ph.D., Herrera Consulting Group, LLC
G. Roger Jarjoura, Ph.D., American Institutes for Research
Earn 1 continuing education credits

Invited Address 2:

The Thrilling Path from Treatment Development to Implementation: Can transdiagnostic Treatment Approaches and Implementation Science Close Critical Gaps for Adolescents and Adults With mental Health Problems?

Allison Harvey, Ph.D., University of California at Berkeley

Primary Category: Transdiagnostic
Key Words: Cognitive processes, Dissemination, Sleep

Mental health problems remain common, chronic and difficult to treat. Progress toward improving outcomes must include the identification of novel intervention targets that are safe, powerful, inexpensive and scalable. This lecture will describe two transdiagnostic intervention targets and discuss the use of the experimental therapeutics approach to develop and disseminate treatments. The first transdiagnostic intervention target to be discussed is sleep and circadian dysfunction. An observation that underpins this approach is that prior research has tended to treat specific sleep problems (e.g., insomnia) in specific diagnostic groups (e.g., depression). Yet real-life sleep and circadian problems are often not so neatly categorized, particularly in mental illness, where features of insomnia often overlap with delayed sleep phase, irregular sleep-wake schedules, and even hypersomnia. In the hope of addressing this complexity, the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) was developed. TranS-C is transdiagnostic in two ways: It addresses a range of sleep and circadian problems across a range of mental and physical health problems. The results from two RCTs that tested TranS-C for high-risk youth and adults diagnosed with a mental illness will be described. The second intervention target to be described is patient memory for the content of treatment. This transdiagnostic target is important as poor memory for treatment is common and is associated with worse treatment outcome. Data will be presented on the development and outcome from an approach to improving memory for treatment: the adjunctive Memory Support Intervention. The final part of the lecture will highlight the importance of implementation science...
for the future of our field. At this point in history, relatively few innovative, scientifically derived treatment development efforts ever get implemented and sustained in routine practice settings. There are many reasons for this, yet this gap is truly a disservice to the ever evolving and complex needs of the public.

At the end of this session, the learner will be able to:
• Describe the value of studying transdiagnostic targets.
• Recite data on how transdiagnostic interventions can be derived.
• Describe the challenge ahead as our field works out how to scale and sustain evidence-based psychological treatments in routine care.


11:30 a.m. – 1:00 p.m.

Special Session - Internship Training Site Overview

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System
Crystal S. Lim, Ph.D., University of Mississippi Medical Center

The Internship Training Site Overview is designed to help students learn about the internship application and selection process, including what to look for when applying to or selecting an internship, how to prepare for internship interviews, and how to find a good internship “fit.” The program will consist of two parts. The first 90 minutes will feature a panel discussion by behaviorally oriented internship directors from American and Canadian institutions. These presenters will address both the training director and
the student perspectives of the application process, including the criteria used to assess applicants. Questions from the audience will be accepted at the end of the segment. The second section will consist of informal meetings between internship site representatives and prospective internship applicants. If you are a student and are either just beginning to learn about internships and the application process or are in the process of applying for internship now, we encourage you to attend. Internship sites that would like to be represented at this event should contact Dakota McPherson at the ABCT Central Office: dmcpherson@abct.org.

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11:45 a.m. – 12:45 p.m.

Earn 1 continuing education credits

Lifetime Achievement Award Address

Managing Anxiety in Youth: More Action Than Talk

Philip C. Kendall, ABPP, Ph.D., Temple University

Primary Category: Child / Adolescent - Anxiety

Key Words: Anxiety, Treatment, Youth

Clinical strategies within empirically supported treatments, and a flexible manual-based approach, will be the focus. Some guiding theory and the findings from key studies will be considered, as will the data-based predictors, moderators, and mediators of differential treatment outcomes. Technological advances will be mentioned, including computer-assisted (a) treatment, (b) therapist training, and (c) parent-training, and a compatible phone app. The next needed efforts will be suggested.

At the end of this session, the learner will be able to:

- Describe the nature of anxiety in youth, including cognitive, behavioral, and familial forces.
- List the intervention skills needed for the provision of mental health services for youth suffering from anxiety.
- Identify key features of manual-based treatment of anxiety in youth, as well as technology-related applications.

Recommended Readings:


Mini Workshop 2

Culturally-informed Care for Military Service Members and Veterans: Understanding How to Serve Those Who Have Served

Jeffrey Goodie, ABPP, Ph.D., Uniformed Services University of the Health Sciences
Larissa Tate, M.S., Uniformed Services University of the Health Sciences
Maegan M. Paxton Willing, M.P.H., Uniformed Services University of the Health Sciences
Jeffrey H. Cook, Ph.D., Uniformed Services University of the Health Sciences

Basic to Moderate level of familiarity with the material
Primary Category: Military and Veterans Psychology
Key Words: Military, Veterans, Culture

Since 9/11/2001, the United States has faced extended military engagements, deploying over four million men and women in support of military operations in the Middle East (Department of Veterans Affairs, 2018). Many of these service members have experienced multiple deployments to these areas. The increased number and duration of these deployments has increased the likelihood of service members being exposed to traumatic events and other military-related stressors. Compared to the civilian population, service members are a higher risk for developing a variety of behavioral health difficulties; yet the rate at which they seek help for these concerns is alarmingly low (Sharp et al., 2015). Thus, when service members and veterans do pursue psychological services, it is imperative for them to have access to quality care. To provide the best care to this population, professionals must be aware of and understand the unique experiences and demands placed on service members and their families. Clinicians caring for those who have served have a responsibility to develop the cultural competence enabling them to provide quality care for service members and veterans. Awareness of the history, traditions, language, and culture of the military helps providers unfamiliar with working with this population develop a better understanding of the unique needs of service members and veterans. Presenters in this workshop will draw from their various backgrounds as current and former active duty psychologists and as civilian providers working within military treatment facilities, VAs, and community-based clinics to educate attendees about the unique needs of military patients. We will compare working with a civilian population to working with military populations, review key considerations necessary when treating service members and vet-
At the end of this session, the learner will be able to:

- Describe military history, language, and culture pertinent to working with service members and veterans.
- Discuss challenges and key considerations to providing behavioral health services for service members and veterans and compare these to working with a civilian population.
- Present current research base and clinical practice of CBT treatments and intervention adaptations for working with service members and veterans.

**Recommended Readings:**


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**11:45 a.m. – 1:15 p.m.**

**Earn 1.5 continuing education credits**

**Mini Workshop 6**

**Strategies for Engaging in Advocacy as a Psychological Professional: A Skills-based Introduction**

**Brian A. Feinstein, Ph.D.**, Northwestern University  
**Abigail W. Batchelder, M.P.H., Ph.D.**, Massachusetts General Hospital/Harvard Medical School  
**Anu Asnaani, Ph.D.**, University of Utah  
**Lorraine Alire, M.A.**, University of Massachusetts Boston

Basic level of familiarity with the material  

Primary Category: Professional / Interprofessional Issues  

Key Words: Professional Issues, Vulnerable Populations, Community-Based  

Psychologists are trained to conduct research, provide clinical services, and teach, but they are rarely trained to engage in advocacy (i.e., promoting social and political reform to improve society). While advocacy can be a powerful tool for collaborating with systemically oppressed communities to reduce health disparities, incorporating advocacy into one’s work as a psychological professional requires knowledge and skills that are rarely addressed.
in training programs. As such, the goal of this workshop is to provide researchers, clinicians, educators, and students with practical skills for incorporating advocacy into their work. The workshop will begin with a brief discussion of what advocacy entails and the theoretical frameworks that can be used to inform advocacy efforts. Then, the presenters will provide recommendations for how to incorporate advocacy into different domains (e.g., research, clinical work, teaching), drawing on the available empirical evidence and their own experiences working with underserved populations (e.g., sexual and gender minorities, people of color, people living with HIV). The presenters will also discuss strategies for sustainably engaging in advocacy in the context of other professional expectations, including translating these efforts into traditionally valued academic products (e.g., publications, grants). Interactive exercises (e.g., small group discussions) will be used to promote active learning and collaboration. The workshop will end with a discussion of skills for preventing burnout, a common consequence of engaging in advocacy. In line with the convention theme, the workshop will enhance the impact of cognitive-behavioral research and practice by empowering participants to effectively and sustainably incorporate advocacy into their work as psychologists.

At the end of this session, the learner will be able to:

• Identify strategies for incorporating advocacy into different domains of psychological work.
• Describe ways of translating advocacy efforts into traditionally valued academic products.
• Identify strategies to manage burnout related to engaging in advocacy, especially among psychologists from systematically oppressed groups.

Panel Discussion 19

Can a Brief Vacation Fix Your Problems? Strengthening the Impact of CBT Through Intensive and Short-term Interventions

**Moderators:** Michael Friedman, B.A., Rutgers University, The State University of New Jersey
Melissa Pedroza, B.A., Rutgers University, The State University of New Jersey

**Panelists:** Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Cheryl B. McNeil, N/A, Ph.D., West Virginia University
Thomas H. Ollendick, ABPP, Ph.D., Virginia Tech
Jessica L. Schleider, Ph.D., Stony Brook University
Denise M. Sloan, Ph.D., Boston University School of Medicine

**Primary Category:** Treatment - CBT

**Key Words:** CBT, Treatment/ Program Design, Implementation

Challenges related to dissemination, costs, and treatment retention limit access and utilization of empirically supported treatments, increasing the need for an alternative approach to traditional mental health services. Emerging research underscores the benefits of innovative interventions that abbreviate traditional, weekly treatment as an effective adaptation of cognitive behavioral therapy. Intensive and expedient approaches demonstrate equivalent improvement in symptom severity and impairment when compared to longer, evidence-based CBT protocols and provide a more cost-effective, scalable, and appealing form of treatment. Panelists were chosen to present on their research and clinical expertise on the development and implementation of brief, intensive treatments. Dr. Jonathan Abramowitz will consider the use of a modified, time efficient version of Exposure and Response Prevention for OCD and a brief, intensive Cognitive Behavioral Therapy for Panic Disorder. Dr. Cheryl McNeil will describe the implementation of a 5-day course of Parent Child Interaction Therapy (PCIT), a family-based intervention for ODD and ADHD. Dr. Thomas Ollendick will explore his research condensing traditional weekly treatment into a three-hour long, single-session exposure-based intervention across different phobias. Dr. Jessica Schleider will discuss mechanism targeted and theoretically precise single-session interventions (SSIs) for anxiety, depression, and relation difficulties. Dr. Denise Sloan will present on the development of Written Exposure Therapy, a 5-session empirically supported treatment for Posttraumatic Stress Disorder, and ongoing research implementing an intensive model of this treatment within inpatient settings. These experts will discuss the adaptation, effectiveness, and application of brief interven-
tions and consider the implications for guiding future research and clinical practice. They will also identify the advantages and challenges of these interventions and highlight how clinicians can effectively integrate these practices into their clinical work across psychopathology.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 20

Expanding Access to Treatment Through Cognitive Behavioral Peer Support

**Moderators:** Steven D. Hollon, Ph.D., Vanderbilt University
Noah Robinson, M.S., Vanderbilt University

**Panelists:**
Steven D. Hollon, Ph.D., Vanderbilt University
Noah Robinson, M.S., Vanderbilt University
Michelle Craske, Ph.D., University of California, Los Angeles
Brandon Bergman, Ph.D., Harvard Medical School
Karen Fortuna, Ph.D., Dartmouth College
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health

**Primary Category:** Program / Treatment Design

**Key Words:** CBT, Community-Based, Dissemination

Despite recent advances in evidence-based psychotherapies, nearly two thirds of individuals with mental health disorders do not receive treatment. This panel will explore how peer-based interventions can address barriers to treatment and expand access to interventions. Panelists were chosen based on their experience developing scalable peer-based interventions that target a variety of psychopathologies including depression, anxiety, substance use disorders and serious mental illness. Dr. Steven Hollon will discuss the implementation of a peer-based behavioral activation intervention to treat depression in rural India. Dr. Michelle Craske will discuss the development of STAND, a peer-based tool to treat psychopathology for undergraduates at UCLA through video coaching support for online therapies. Dr. Karen Fortuna will explore the development of peer-based interventions for individuals with serious mental illness that are deployed through live video, smartphone applications and internet forums. Dr. Brandon Bregman will discuss the development and evaluation of community-based interventions for substance use disorders that are delivered through online social networks. Dr. Daisy Singla will describe the development of a telehealth behavioral activation intervention to treat perinatal depression. Lastly, Noah Robinson will explore the development of a virtual reality peer support intervention to treat substance use disorders. Panelists will discuss their perspectives on the current limitations, ethical implications and future directions of using peer-based interventions to expand the reach of psychological interventions.
Clinical Round Table 4:

Why Does Couple Therapy Sometimes Fail? Let Me Count the Ways

**Moderator:** Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

**Panelists:**
- Donald Baucom, Ph.D., University of North Carolina at Chapel Hill
- Anthony L. Chambers, ABPP, Ph.D., Northwestern University
- Jay Lebow, ABPP, Ph.D., The Family Institute at Northwestern University
- Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville
- Tamara G. Sher, Ph.D., The Family Institute at Northwestern University

Despite impressive gains in evidence-based couple therapies, many couples are unable to make improvements in their relationships (see Halford et al., 2016). Importantly, there are multiple reasons why couples may fail to improve. At the broader environmental level, couples may face stressors (e.g., systemic societal discrimination, poverty) which may not only impose additional stress on the relationship but also pose obstacles to engaging in couple therapy (e.g., financial strain making it difficult to consistently attend sessions). At the couple level, some issues focused upon by couples are generally harder to treat; that is, couple therapy is generally better at reducing negative conflictual patterns than increasing positives. The couple also may not have an effective therapeutic alliance with the therapist; if the therapeutic relationship does not feel balanced or collaborative, this also can interfere with therapeutic progress. Finally, at the individual level, one partner may be experiencing a significant physical or psychological condition which creates notable stress for the couple and can compromise the couple’s ability to focus on improving the relationship itself. In line with this year’s convention theme, the purpose of this clinical roundtable is to explore expert clinicians’ experiences with these environmental, couple, and individual factors which contribute to “failures” in couple therapy. This esteemed panel has expertise in couple therapy more generally as well as the specific factors presented above. Through discussion of these obstacles to effective couple therapy, this panel can highlight important future directions for these treatments which may address some of these obstacles and, therefore, optimize clinical outcomes.
Symposium 21

Improving Access and Efficacy: Novel Interventions to Target Transdiagnostic Mechanisms of Anxiety Disorders

**Chair:** Laurel Sarfan, M.A., Miami University  
**Discussant:** Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

Basic to Moderate level of familiarity with the material  
Primary Category: Adult Anxiety  
Key Words: Anxiety, Change Process / Mechanisms, Technology / Mobile Health

**An Initial Test of Worry Disengagement Training to Reduce Pathological Worry**  
Katherine McDermott, M.S., Florida State University  
Jesse R. Cougle, Ph.D., Florida State University

**A Novel Intervention: Testing the Dynamic Relations Between Social Anxiety Symptoms and Experiential Avoidance**  
Laurel Sarfan, M.A., Miami University  
Joshua C. Magee, Ph.D., Miami University  
Elise M. Clerkin, Ph.D., Miami University

**Supplementing Cognitive Bias Modification with Virtual Reality: Examining the Impact of Imagery on Symptom Change in Heights Fear**  
Amber L. Billingsley, M.S., West Virginia University  
Elise M. Clerkin, Ph.D., Miami University  
Shari A. Steinman, Ph.D., West Virginia University

**Near and Far Transfer of Online Cognitive Bias Modification for Negative Prospection: Effects on Expectancy Bias and Positive Outlook but Not on Anxiety and Performance During a Speech Stressor**  
Nauder Namaky, M.A., University of Virginia  
Jeremy W. Eberle, M.A., University of Virginia  
Bethany A. Teachman, Ph.D., University of Virginia

**Cognitive Bias Modification for Intolerance of Uncertainty**  
Shari A. Steinman, Ph.D., West Virginia University  
Joseph Dunsmoor, Ph.D., New York University  
Cierra Edwards, M.S., West Virginia University  
Emma R. Pino, West Virginia University  
Kathleen A. Koval, B.S., West Virginia University
Symposium 57:

From Theory to Practice: Applying Minority Stress and the Psychological Mediation Framework to LGBQ+ Populations

Chair: Kelly Davis, M.A., University of Montana
Discussant: Kelly Davis, M.A., University of Montana

All level of familiarity with the material
Primary Category: LGBQT+
Key Words: LGBTQ+, Stigma

Bi-negative Minority Stress and Alcohol Use Disorder Symptoms Among Non-exclusively Oriented Women
Kinsie J. Dunham, B.A., University of Montana

Proximal Stress as Cognitive, Affective, and Behavioral Processes: Correlates and a Test of a Model to Inform Clinical Intervention
James M. Brennan, M.A., University of Montana

Facets of Self-compassion Mediate the Relationship Between Heterosexist Experiences and Psychological Distress
Molly Bowlen, M.A., University of Montana

Measuring Multicultural Competencies with Gender and Sexual Minorities: A Study of Therapy Dyads
Hillary A. Powell, Ph.D., University of New England
Shaina Ore, University of Montana
Bryan Cochran, Ph.D., University of Montana
Earn 1.5 continuing education credits

Symposium 58

Contextual Challenges in Conditions of Ongoing Stress and Adversity: A Mixed-methods Exploration of Culturally Relevant Assessment and Treatment Approaches in Low- and Middle-income Countries

CHAIRS: Anushka Patel, M.A., Trauma Recovery Center, University of California San Francisco; The University of Tulsa
Sriramya Potluri, B.S., University of Massachusetts Boston

DISCUSSANT: Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

All level of familiarity with the material
Primary Category: Global Mental Health
Key Words: Community-Based, Culture, Vulnerable Populations

Identifying Key Idioms of Distress That Are Predictive of Psychopathology: “thinking Too Much,” Daily Stressors and Psychopathology in Sri Lankan War Survivors
Nuwan D. Jayawickreme, Ph.D., Manhattan College
Chu Kim-Prieto, Ph.D., The College of New Jersey
Rachel Roby, B.A., The College of New Jersey
Justin Lacasse, D.O., Tufts University, School of Medicine
Eranda Jayawickreme, Ph.D., Wake Forest University

The Paradox of ‘Post’ Trauma Symptoms in Contexts of Ongoing Adversity: Using a Continuous Traumatic Stress Framework to Explore Experiences of Gender-based Violence in Indian Women from Slums
Sriramya Potluri, B.S., University of Massachusetts Boston
Anushka Patel, M.A., Trauma Recovery Center, University of California San Francisco; The University of Tulsa
War-related Violence and Daily Stressors in Sri Lankan War Survivors: An Ecological Model of Mental Health and Coping

Fiona Thomas, M.S., London Clinical Psychology Residency Consortium; Ryerson University
Malasha D’souza, BSc, University of Toronto
Olivia Magwood, MPH, Bruyère Research Institute
Sivalingam Kirupakaran, B.A., THEME Institute
Kelly McShane, Ph.D., Ryerson University

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

“Ask NIMH” – Program Officers from NIMH Discuss Current Funding Priorities and Opportunities for Clinical Research & Training

Panelists: Mary Rooney, Ph.D., National Institute of Mental Health
Stephen O’Connor, Ph.D., National Institute of Mental Health
Alexander Talkovsky, Ph.D., National Institute of Mental Health
Adam Haim, Ph.D., National Institute of Mental Health
Joel Sherill, Ph.D., National Institute of Mental Health

Basic level of familiarity

Primary Categories: Dissemination & Implementation Science, Translational

Key words: Research Funding, Translational Research, Implementation

This engaging session will orient participants to the current funding priorities at the National Institute of Mental Health (NIMH) and will include an extensive Q&A session with program officers from the Division of Services and Interventions Research and the Division of Translational Research. Participants will have the opportunity to ask program officers their most pressing questions and will gain valuable insights into the NIH grant application and funding process, NIMH funding priorities (including the 2020 NIMH Strategic Plan), and NIMH’s experimental therapeutics approach to interventions and services research. Program officers representing the areas of translational research, effectiveness research, preventative and treatment interventions research, suicide prevention research, and implementation science will participate in these discussions. This session provides an excellent opportunity for current and prospective NIMH grantees to interact virtually with NIMH program officers, who can serve as valuable resources to investigators throughout the grant application cycle. Early career investigators, mentors, and experienced investigators are encouraged to attend.
At the end of this session, the learner will be able to:

- Know where and how to identify the most current information about NIMH research priorities.
- Understand the NIMH funding mechanisms that support clinical research and research training.
- Enhance their knowledge of NIMH’s current clinical research initiatives, including the experimental therapeutics approach to intervention development and testing and RDoC as a framework for understanding and studying psychopathology.

**Recommended Readings:**

12:00 p.m. – 3:00 p.m.

**Earn 3 continuing education credits**

**Workshop 1:**

**How to Apply Cognitive Behavioral Principles to Transgender Care: An Evidence-based Transdiagnostic Framework**

Colleen A. Sloan, Ph.D., VA Boston Healthcare System
Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center

Basic to Moderate level of familiarity with the material
Primary Category: LGBQT+
Key Words: LGBTQ+, Transdiagnostic, Treatment

Transgender and gender-diverse (TGD) individuals are disproportionately burdened by pervasive discrimination, marginalization, and other oppressive social forces (e.g., transphobia). These stressors contribute to well-documented mental health disparities including elevated rates of suicide, anxiety, and depression. While many mental health profes-
cionals and ABCT attendees alike are motivated to use the tools of cognitive-behavioral science to address these disparities, far fewer feel prepared to effectively treat clinical distress in TGD people in a culturally affirming, tailored, and evidence-based manner. This gap maintains disparities for this marginalized group and limits the impact and outcomes of cognitive-behavioral science and practice, particularly as it relates to positive outcomes for TGD people. This workshop is designed to provide basic knowledge of clinical distress in TGD populations along with strategies to conceptualize and intervene in presenting problems, utilizing cognitive-behavioral and minority stress (Meyer, 2003) frameworks. Presenters will demonstrate how to effectively apply cognitive-behavioral treatment strategies to directly address presenting problems and symptoms of TGD clients. The workshop aims to develop and/or enhance application of basic cognitive behavioral strategies (e.g., cognitive restructuring, behavioral activation) and third-wave CBT principles (e.g., mindfulness, compassion, acceptance) to the needs of a marginalized community. The workshop is intended for audiences who have some to little knowledge regarding transgender health. In order to enhance participants’ engagement and learning, case vignettes, experiential exercises and role-plays, will be embedded throughout this workshop, and will be offered in an affirming, non-judgmental, and supportive environment. The broader implications and social impact of addressing transgender mental health disparities will be emphasized.

At the end of this session, the learner will be able to:

- Develop case conceptualizations of clinical distress associated with transgender-specific stressors using an integration of cognitive-behavioral and minority stress frameworks.
- Apply and adapt specific cognitive interventions (e.g., cognitive restructuring) to address clinical distress in TGD individuals.
- Apply and adapt specific behavioral interventions (e.g., exposure; behavioral activation) to address clinical distress in TGD individuals.
- Apply third-wave CBT principles to the conceptualization of clinical distress in TGD individuals.
- Apply third-wave CBT intervention strategies to the treatment of clinical distress in TGD individuals.

**Recommended Readings:**


Earn 3 continuing education credits

Workshop 2:

**Acceptance and Commitment Therapy: Working with Parents of Adolescents with Anxiety and OCD**

Lisa W. Coyne, Ph.D., McLean/Harvard Medical School
Phoebe S. Moore, Ph.D., University of Massachusetts Medical School

Moderate level of familiarity with the material
Primary Category: Parenting / Families
Key Words: ACT (Acceptance & Commitment Therapy), Anxiety, Adolescents

Anxiety disorders are remarkably common in adolescence youth (Kessler RC, Avenevoli S, Costello E, & et al, 2012), with 1 in 5 teens experiencing clinically significant anxiety by age 18. Adolescents with anxiety or OCD engage in avoidance behaviors that may provide short-term relief, but that also create a feedback loop resulting in adolescents’ increased fear and decreased self-efficacy. Parent accommodation and lack of autonomy-granting behavior play an important role in the persistence of this feedback loop. However, this can be difficult to change for parents who may struggle with their own avoidance behaviors coupled with skill deficits in implementing consistent, effective behavior support strategies. Acceptance and Commitment Therapy (ACT) is a cognitive-behavioral approach to psychopathology derived from basic research on human language processes and verbal behavior. A robust evidence base suggests that ACT compares favorably with CBT. Findings regarding ACT efficacy with anxious youth and parents are encouraging, and represent a compelling rationale for further study, especially in light of recent findings that 48% of youngsters with anxiety who were successfully treated with cognitive behavioral therapy relapse (Ginsburg, Becker-Haimes, Keeton, Kendall, Iyengar, Sakolsky, Albano, Peris, Compton, & Piacentini, 2018). An ACT approach views anxiety and OCD disorders as conditions in which individuals unwilling to experience anxiety thereby over-rely on attempts to prevent, avoid, or escape this experience. Rigid and inflexible engagement in these avoidance behaviors can knock young people far off their developmental course and pull parents into unhelpful coercive patterns with their teens, or into the role of emotion managers. This workshop will present an evidence-based, manualized approach to using ACT for parents raising children with anxiety and OCD. Using didactic presentation, exercises, role plays, and demonstrations, presenters will engage clinicians in discussion about parenting children and teens with OCD, and, support them in parenting flexible, curious, and brave youngsters.

At the end of this session, the learner will be able to:

- Discuss parenting of adolescents with anxiety and/or OCD and ACT from a behavior analytic perspective.
• Identify ways to develop an alliance with parents that supports their motivation to engage in treatment.
• Use ACT components such as mindfulness, acceptance, and perspective-taking experientially with parents to address psychological inflexibility around parenting practices.
• Use ACT components such as creative hopelessness, valuing, and committed action to increase parental motivation to engage in treatment, identify behavior change targets, and establish goals for treatment.
• Integrate ACT with behavioral parent training approaches to support adaptive, flexible, and developmentally sensitive parenting practices.

Workshop 3: Alliance-focused Training for CBT: Strategies for Improving Retention and Outcome by Identifying and Repairing Ruptures in the Therapeutic Alliance

J. Christopher Muran, Ph.D., Gordon F. Derner School, Adelphi University
Catherine F. Eubanks, Ph.D., Yeshiva University - Ferkauf Graduate School of Psychology

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: Therapeutic Alliance, Psychotherapy Process, Emotion Regulation

Successful treatment requires a healthy working alliance between therapist and client. There is increasing evidence in the research literature that problems, or ruptures, in the alliance are common challenges faced by many therapists. When therapists are unable to repair a rupture, the likelihood of premature termination or poor outcome is increased; however, rupture-repair is associated with improved outcome. This workshop will equip participants with empirically supported strategies for resolving alliance ruptures by presenting Alliance-Focused Training (AFT). Drawing on our NIMH-funded program of research, which has focused on improving therapists’ abilities to identify and repair ruptures with clients with depression, anxiety, and personality disorder diagnoses, we will present examples of confrontation ruptures, where there is movement against the other or the work of therapy, and withdrawal ruptures, where there is movement away from the other or the work of therapy. We will also discuss how therapists can use intrapersonal markers of therapist internal experience to identify ruptures. We will present examples of strategies for repairing ruptures, including both immediate strategies that involve renegotiating the task or goal, and expressive strategies that draw on the use of metacommunication, or communication about the communication process, to collaboratively explore ruptures and understand the relational schemas that underlie them. We will also present findings from our efforts to train therapists to identify and repair ruptures, and discuss how alliance-focused training targets emotion regulation as the essential therapist skill. We will present several strategies that therapists can use to enhance their abilities to regulate their emotions in the context of ruptures.

At the end of this session, the learner will be able to:

• Identify interpersonal markers of alliance ruptures that are commonly observed in CBT.
• Identify intrapersonal markers of alliance ruptures that therapists commonly experience.
• Use mindfulness and awareness-oriented exercises to more effectively regulate their emotions in the context of alliance ruptures.
• Use immediate repair strategies to renegotiate tasks and/or goals in treatment.
• Use metacommunication strategies to collaboratively explore a rupture with a client.

**Recommended Readings:**

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**Workshop 4:**

**CBT for GI Disorders - Clinical Training Plus Print and Digital Dissemination**

Melissa G. Hunt, Ph.D., University of Pennsylvania

Moderate level of familiarity with the material

Primary Category: Health Psychology / Behavioral Medicine - Adult

Key Words: CBT, Health Psychology, Treatment Development

Irritable Bowel Syndrome (IBS) is a highly prevalent disorder that is highly co-morbid with anxiety and depression and shares conceptual overlap with panic, agoraphobia and social anxiety. It also leads to considerable disability and distress. Managing these patients requires a good conceptual understanding of the biopsychosocial and cognitive underpinnings of IBS as well as the kinds of avoidance behaviors (both obvious and subtle) that maintain and often exacerbate symptoms and disability. Good CBT skills are essential but incorporating GI specific phenomena (like bowel control anxiety and fear of food) are also important. There is significant empirical evidence supporting the use of CBT in treating IBS, including multiple RCTs. The inflammatory bowel diseases (IBDs), such as Crohn’s Disease and ulcerative colitis, have clear biological pathophysiology, but share some of the same symptoms and can lead to heightened risk for IBS in a subset of patients. In addition, many IBD patients experience shame, avoidance and social anxiety about their
condition. This workshop will cover what is known about the etiology and symptoms of IBS, how IBS patients present in clinical practice, IBS in the context of co-morbid panic, agoraphobia and/or social anxiety, formulating appropriate treatment goals and basic cognitive and behavioral strategies for treating IBS, including IBS that is comorbid or secondary to a more serious IBD. The workshop will include pragmatic skills training, as well as information about development of a new CBT for IBS App, and a forthcoming book on CBT for IBD patients and clinicians. Case material reflecting patients along a spectrum of severity will provide for lively discussion and acquisition of new skills and techniques. Audience participation, clinical questions and role-playing will be welcomed. Application of evidence-based psychotherapies to chronic GI disorders is sometimes referred to as psychogastroenterology. Unfortunately, there are very few providers trained in GI informed psychotherapy. We desperately need more skilled clinicians to treat this large underserved population. ABCT’s membership is an obvious target audience, since they bring advanced CBT skills and need only acquire an understanding of GI specifics.

At the end of this session, the learner will be able to:
• Develop a case conceptualization that integrates GI disorders with any co-morbid mood or anxiety disorders.
• Describe what unique cognitive distortions and behavioral avoidance strategies (especially fear of incontinence and dietary restrictions) tend to maintain and exacerbate distress and disability in GI disorders.
• Modify the standard CBT approach to anxiety disorders to treat GI patients effectively.
• Incorporate evidence based, empirically supported print and digital media into a course of CBT for GI disorders.
• Collaborate effectively with gastroenterologists in managing these sometimes complex patients.

**Recommended Readings:**
FRIDAY

1:00 p.m. – 2:00 p.m.

Special Session

Internship Meet and Greet

Crystal S. Lim, Ph.D., University of Mississippi Medical Center
Jeanette Hsu, Ph.D., VA Palo Alto Health Care System
For description please see “Internship Training Site Overview” at 11:30 a.m.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Mini Workshop 3:

Using Acceptance-based Treatment Approaches to Enhance Therapy for Eating Disorders

Kelsey E. Clark, M.S., Drexel University
Adrienne S. Juarascio, Ph.D., Drexel University
Stephanie M. Manasse, Ph.D., Center for Weight, Eating and Lifestyle Science (WELL Center)
Paakhi Srivastava, Ph.D., Drexel University

Basic level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Acceptance, Experiential Avoidance, Eating

Cognitive-behavioral therapy (CBT) is considered the predominant first-line evidence-based treatment for eating disorders (EDs). A key feature of treatment is the implementation of behavioral strategies, such as regular eating and reduction in dietary restraint. Many clients with EDs struggle to enact these difficult behavioral recommendations due to the negative internal experiences that occur as a result (i.e., uncomfortable thoughts, emotions, urges, and physical sensations). For example, clients may have difficulty eating regularly or eating avoided foods due to resultant fear of weight gain, feelings of fullness, or urges to self-induced vomit. Desire to avoid these negative internal experiences or belief that they are intolerable leads to continuation of ED behaviors.
Strategies to address this avoidance and intolerance of internal experiences are therefore necessary, and acceptance-based treatment approaches derived from Acceptance and Commitment Therapy are well-suited to deliver such skills. By learning how to practice mindful awareness in the moment, separate internal experiences from behaviors, accept unpleasant internal experiences, and then choose actions in accordance with long-term personal values, clients become well-equipped to engage in challenging behavior change. Infusion of acceptance-based strategies with the behavioral components of CBT for EDs therefore can facilitate treatment adherence, enhance motivation, and improve clients’ ability to cope with and tolerate distress. Recent and ongoing research in the field of ED treatment demonstrates reduction in eating pathology and improved treatment outcomes when acceptance-based treatment approaches are used. This workshop aims to help clinicians understand and apply acceptance-based approaches to enhance therapy for EDs. The theory of acceptance-based treatment will be described and the ways in which it augments traditional CBT approaches will be outlined. In this interactive, hands-on training, presenters will teach effective strategies for delivering acceptance-based treatment approaches for EDs. Live demonstration and case examples will depict how experiential exercises, metaphors, and at-home practice are used for most effective treatment.

At the end of this session, the learner will be able to:
• Define the construct of avoidance/intolerance of negative internal experiences and identify three examples relevant to eating disorders.
• Describe the six key parts of the Acceptance and Commitment Therapy model.
• Identify three examples of strategies to elicit the need for acceptance in treatment.
• Explain how acceptance-based approaches can be used to augment cognitive-behavioral therapy for eating disorders.
• Share three examples of experiential exercises and metaphors to use with clients.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Mini Workshop 4:

Assessing and Treating Misophonia: Clinical Considerations for a Novel Condition

Clair Robbins, Ph.D., Duke University Medical Center
Zachary Rosenthal, Ph.D., Duke University Medical Center

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Anger / Irritability, Anxiety, Emotion Regulation

“Many people dislike specific sounds. For example, nails scraping a chalkboard can elicit quick and intense emotional reactions in many people. But for some, there are specific sounds that automatically trigger strong and distressing emotional reactions (e.g., anger and anxiety). Misophonia is a newly described condition characterized by emotional and physiological reactivity in response to specific sounds (e.g., chewing, pen tapping, etc.). Often, this reaction takes the form of intense anger or anxiety. New research suggests up to 20% of adults may experience symptoms of misophonia. While the exact nature and causes of misophonia are unknown, research suggests it has possible underpinnings in emotional circuits of the brain and is not related to one specific psychiatric or neurologic disorder. Further, individuals struggling with misophonia may have a range of co-occurring and complex medical and psychiatric conditions (e.g., anxiety, obsessive-compulsive, mood, and/or personality disorders). Because individuals with misophonia may present for care at a variety of specialty clinics including those specializing in mental and behavioral health, occupational therapy, neurology, and audiology, treatment approaches likely need to be multi-disciplinary and team-based. The purpose of this workshop is to provide practical information to clinicians regarding the assessment and treatment of misophonia. This workshop will provide (a) an overview of misophonia including a review of the scientific body of research in practical and clinician-friendly terms, (b) discussion of considerations relevant to assessing misophonia, and (c) treatments recommendations for working with patients who experience misophonia. Treatment considerations will focus on the application of empirically supported processes of change as part of taking a multidisciplinary approach to treatment. Case examples will be provided. Trainees can expect to receive information about providing treatment for misophonia using empirically supported principles of behavioral, cognitive, and emotional change from contemporary cognitive behavioral therapies as part of the care pathway for preventing and skillfully managing anger and anxiety responses to misophonic triggers.”
At the end of this session, the learner will be able to:
• Develop an understanding of misophonia as it relates to other related problems associated with sensitivity and reactivity to sounds.
• Discuss the emerging scientific research on misophonia.
• Identify core components to facilitate effective assessment of misophonia.
• Identify fundamental treatment considerations relevant to misophonia.
• Discuss the application of evidence-based treatment principles to misophonia.

**Recommended Readings:**

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**1:30 p.m. – 3:30 p.m.**

**Earn 1.5 continuing education credits**

**Mini Workshop 12:**

**Enhancing Access to CBT with Spirituality**

**David H. Rosmarin, ABPP, Ph.D., McLean Hospital/Harvard Medical School**

Basic level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: CBT, Spirituality and Religion

The vast majority of the population has spiritual/religious beliefs (Pew Research Center, 2012), and the statistical majority of mental health patients wish to discuss spirituality in treatment (Rosmarin, Forester, Shassian, Webb & Björgvinsson, 2015). Furthermore, clergy receive more referrals than professionals for mental health concerns, even when symptoms are severe (Wang, Berglund & Kessler, 2003), and inclusion of Buddhism-based mindfulness has greatly facilitated popularization and dissemination of Cognitive Behavior Therapy (CBT) worldwide. It therefore stands to reason that integrating spirituality into CBT can improve access, and ultimately the reach and impact, of evidence-based treatments. This workshop will present a framework for CBT clinicians to conceptual-
ize the relevance of spirituality to a variety of mental health concerns, based on current research. Attendees will also emerge with concrete skills in how to implement a brief CBT-based assessment of spirituality in clinical practice, in order to better engage patients about this fundamental yet oft-neglected area of life.

At the end of this session, the learner will be able to:
- Describe at least three ways that spirituality is functionally related to mental health.
- Formulate spiritual resources and struggles in clinically meaningful terms.
- Implement a brief CBT-based assessment of spirituality in clinical practice.

**Recommended Readings:**

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**Clinical Round Table 5:**

**You Better Work: Adapting Evidence-based Practices and Research Protocols for Clinical Work with Sexual and Gender Minorities from Diverse Backgrounds**

**Moderator:** Justin L. Birnholz, Ph.D., US Department of Veterans Affairs

**Panelists:**
- Jeffrey M. Cohen, Psy.D., Columbia University Medical Center
- Trevor A. Hart, Ph.D., Ryerson University
- Audrey Harkness, Ph.D., University of Miami
- Michael S. Boroughs, Ph.D., University of Windsor
- Claire A. Coyne, Ph.D., Northwestern University Feinberg School of Medicine
- Benjamin A. Katz, M.A., The Hebrew University of Jerusalem

All level of familiarity with the material

**Primary Category:** LGBQT+

**Key Words:** LGBQT+, Treatment/ Program Design, DBT (Dialectical Behavior Therapy)

Despite the increased attention in clinical and research literature on the specific needs and experiences of sexual and gender minorities (SGMs) in the past two decades, few evidence-based interventions, practices, or protocols for individual or group treatment have been designed for SGMs. Indeed, the standard models have been consistently developed and tested on predominantly presumed cisgender heterosexual people. As such, clinicians and researchers who specialize in gender and sexuality issues in general and SGM
care in particular are tasked with adapting existing models for this population, with the hopes that these models are applicable to SGM populations. Even when there are models created specifically for SGMs, they are most often limited in scope to select, over-represented portions of the SGM population, most notably White American gay cisgender male. Those working with a more diverse range of patients within the SGM population must include further adaptations in order to extend this work to the rest of the population. This clinical roundtable discussion will explore how others have developed such adaptations for diverse groups within the broader SGM population and how to apply these adaptations in clinical practice. These diverse groups include transgender and gender non-binary/non-conforming people, Latinx and indigenous SGMs, bisexual men and women, HIV+ people, Orthodox Jewish SGMs, college students, and LGBTQ-identified children and their families. The presenters and moderator work with diverse settings as well: VA hospitals, children’s hospitals, academic medical centers, community-based organizations, and public universities, across three countries (USA, Canada and Israel). The presenters will also discuss adapting individual protocols created for cisgender heterosexual adults to individual and group therapy with diverse SGMs for practice in real world clinical settings.

1:30 p.m. – 3:00 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 7:

**Reaching Further: Expanding the Impact of Exposure Therapy via Novel Delivery Methods and Applications to New Clinical Areas**

**Moderator:** Nicholas Farrell, Ph.D., Rogers Behavioral Health

**Panelists:** Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Carolyn B. Becker, Ph.D., Trinity University
Melanie Harned, ABPP, Ph.D., VA Puget Sound Health Care System & University of Washington
Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic
Dean McKay, ABPP, Ph.D., Fordham University
Laura Simons, Ph.D., Stanford University

All level of familiarity with the material

Primary Category: Treatment - CBT
Key Words: Exposure, Eating, Pain

Considered “one of the greatest success stories in the history of clinical psychology” (Abramowitz, Deacon, & Whiteside, 2019), exposure therapy has helped countless individuals with anxiety disorders for the better part of a century. However, the impact of exposure therapy on improving public health has been limited by its narrow focus on anxiety disorders as well as an overall lack of availability. Moreover, some individuals receive little
benefit from exposure. Improvements are needed to address these gaps. Fortunately, there have recently been increased efforts to expand the overall impact of exposure. In particular, there has been exploration of applying exposure to novel problem areas (e.g., chronic pain) as well as investigating novel delivery methods (e.g., brief, intensive treatment) to increase the feasibility and accessibility of exposure. Consistent with the ABCT convention’s theme of increasing the reach and effectiveness of evidence-based treatments, the objective of our roundtable is to bring awareness to several recent efforts that have expanded the impact of exposure. Panelists include six distinguished exposure therapy experts, each of whom has been at the forefront of research and clinical efforts aimed at enhancing exposure therapy’s benefits on public health. Panelists will discuss unique adaptations of exposure to “new” clinical areas, drawing on their experiences applying exposure to eating disorders, chronic pain, misophonia, postpartum OCD and co-occurring borderline personality disorder and PTSD. They will also describe their work in several innovative delivery methods for exposure to enhance its feasibility and effectiveness, including couples-based treatment, brief courses of exposure, and using particularly intense exposure tasks. Audience members will be given ample opportunity to ask questions of panelists and/or share their own perspectives on novel adaptations of exposure therapy.

1:30 p.m. – 3:00 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 18**

**Taking the Road Less Traveled: Increasing Access to CBT via Unique Careers**

**Moderators**  
Illyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
Amelia Aldao, Ph.D., Together CBT

**Panelists**  
Illyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety and Stress Management  
Amelia Aldao, Ph.D., Together CBT  
Andrea N. Niles, Ph.D., Youper  
Michelle Drapkin-Clarke, Ph.D., CBT Center of Central NJ  
Shirley B. Wang, Ph.D., Queen Mary University of London

**Primary Category:** Professional/Interprofessional Issues  
**Key Words:** Professional Development, Technology/Mobile Health, Industry

As mental health professionals, we’re generally presented with one of two career paths: research or clinical work (or some combination thereof). Yet there are actually many possible career options for those trained in evidence-based treatments and clinical science, including roles in management consulting, technology start-ups, popular press writing, journalism, and behavioral health consulting. Individuals in these roles are tasked with applying clinical and research skills in novel and unique ways. In so doing, they can often
reach significantly larger and more diverse audiences than can traditional mental health practitioners, thereby helping to increase access to CBT. In this panel, professionals who pursued non-traditional careers will discuss their career trajectories and offer guidance for those looking to pursue similar paths. Questions for panelists will be solicited ahead of time and in real time on ABCT’s social media platforms, which will allow panelists to tailor the discussion to the specific needs of the audience. Panelists include a former tenure-track faculty member and management consultant who founded a CBT group practice and consults for mental health start-ups (Dr. Amelia Aldao); a popular press writer/blogger (Dr. Ilyse Dobrow DiMarco); a behavior scientist who consults with organizations to develop large-scale evidence-based interventions (Dr. Michelle Drapkin); the director of science and research at a digital mental health startup (Dr. Andrea Niles); and a journalist who recently returned to academia (Dr. Shirley Wang). The panel will cover topics as diverse as: 1) understanding how your training in evidence-based approaches and clinical science can be an asset in a variety of non-traditional roles; 2) identifying your strengths and the industry that best fits them; 3) developing a powerful elevator pitch; 4) networking effectively online and in your community; 5) turning your CV into a resume; and 6) interviewing for jobs and negotiating offers.

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1:30 p.m. – 3:00 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 42**

**So You Want to Make an App? Taking Digital Mental Health Ideas from Vision to Execution**

**Moderator:** Timothy L. Verduin, Ph.D., NYU Langone Health

**Panelists:** Helen L. Egger, M.D., NYU Langone Medical Center  
Katherine Driscoll, M.P.H., Hassenfeld Children’s Hospital at NYU Langone Medical Center  
Rachel Podbury, B.A., Hassenfeld Children’s Hospital at NYU Langone Medical Center

**Primary Category:** Technology  
**Key Words:** Technology / Mobile Health, Treatment/ Program Design

Digital Health is among the fastest growing technology sectors, with investment in digital mental health skyrocketing. Though mental health specialists possess the interest, expertise, and moral imperative to lead this digital revolution, few are familiar with strategies for bringing ideas to execution. This panel discussion will outline methods for creating digital solutions as mental health professionals. The panel is presented by The WonderLab, a digital innovation lab founded by psychiatrists and psychologists within NYU Langone Health’s Department of Child & Adolescent Psychiatry. The intended audience includes mental health professionals and learners who are interested or newly engaged in creating digital solutions for improving mental healthcare. The panel will introduce participants to digital product strategies in two sections:
Finding the Right Problem: We will share approaches innovators use to identify their “customers” (potential users of digital mental health products), to understand the problems customers are facing, and to get customers to help design the solution. Talking to customers early in the discovery process helps innovators avoid validating their own preordained ideas and building a suboptimal product. This section will also introduce attendees to market landscape analysis approaches for determining how their ideas may fit within the universe of existing solutions, both digital and traditional.

Finding the Right Solution: We will describe the interplay between Human-Centered Design, Hypothesis-Driven Development, and Agile Team Dynamics, three digital product development approaches common in the technology industry but less familiar to those in mental healthcare.

We will share how these principles have led to our own product decisions via a demo of When to Wonder, an app-based, early childhood mental health research study and direct-to-family tool available on the Google Play Store and the Apple App Store. Attendees will learn how to apply these concepts to their own digital health ideas. A handbook, consisting of presentation content, a resource list, and digital strategy “homework” will be provided.

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 26

Interpersonal Dysfunction: Understanding the Mechanisms and Potential Targets of Treatment for People with Chronic Social Impairment

Chair: Kibby McMahon, M.A., Duke University
Discussant: M. Zachary Rosenthal, Ph.D., Duke University School of Medicine

All level of familiarity with the material
Primary Category: Personality Disorders
Key Words: Social Relationships, Personality Disorders, Treatment Development

Borderline Personality Disorder Features and Couples Conflict: Evidence of Risky and Resilient Partnerships
Nathaniel R. Herr, Ph.D., American University
Alexandra Long, M.A., American University
Madison M. Guter, M.A., American University
Vincent Barbieri, M.A., American University
Interpersonal Events Differentially Predict Specific Behavioral Responses in Individuals with BPD
Nicole D. Cardona, M.A., Boston University Center for Anxiety and Related Disorders
Matthew W. Southward, Ph.D., University of Kentucky
Shannon Sauer-Zavala, Ph.D., University of Kentucky

Attachment or Emotion Regulation, Why Not Both? Evaluating Mechanisms of Change Driving Interpersonal Conflict in Borderline Personality Disorder
Julianne W. Tirpak, M.A., Boston University
Steven Sandage, Ph.D., M.Div, The Albert & Jessie Danielsen Institute, Boston University
Shannon Sauer-Zavala, Ph.D., University of Kentucky

The Impact of a Phone-based Emotion Regulation Intervention on the Ability to Perceive Other People's Emotions in a Transdiagnostic Sample
Kibby McMahon, M.A., Duke University
M. Zachary Rosenthal, Ph.D., Duke University School of Medicine

1:30 PM – 3:00 PM
Earn 1.5 continuing education credits

Symposium 60:
Better Access and Better Outcomes: Relationship Education Programs During the Perinatal Period

Chair: Maggie O’Reilly-Treter, MA, University of Denver
Discussant: Brian D. Doss, Ph.D., University of Miami

Basic level of familiarity with the material
Primary Category: Couples / Close Relationships
Key Words: Couples / Close Relationships, Perinatal

The Before Baby Relationship Checkup
James Cordova, Ph.D., Clark University
Ellen Darling, Ph.D., Clark University
Emily L. Maher, M.A., Clark University
Tatiana D Gray, Ph.D., Springfield College
Nancy Byatt, D.O., University of Massachusetts Memorial Hospital
Tiffany A Moore Simas, M.D., University of Massachusetts Memorial Hospital
A Research Program Testing the Effectiveness of a Preventive Intervention for Couples with a Newborn
Richard E. Heyman, Ph.D., New York University
Katherine J. Baucom, Ph.D., University of Utah
Amy M Slep, Ph.D., New York University
Danielle M Mitnick, Ph.D., New York University
Michael F Lorber, Ph.D., New York University

Preventing Postpartum Depression Using a Perinatal Healthy Relationship Education Program
Maggie O’Reilly-Treter, M.A., University of Denver
Galena K. Rhoades, Ph.D., University of Denver
Sara Mazzoni, M.D., University of Alabama Birmingham

Impacts of a Relationship and Co-parenting Intervention for Disadvantaged, Expectant Couples
Lane L. Ritchie, Ph.D., VA Greater Los Angeles Healthcare System
Maggie O’Reilly-Treter, MA, University of Denver
Scott Stanley, Ph.D., University of Denver
Galena K. Rhoades, Ph.D., University of Denver
1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 61:

Novel Avenues in the Study of Fear Learning Mechanisms: Implications for Pediatric Anxiety and Its Treatment

Chair: Rany Abend, Ph.D., NIMH
Discussant: Katharina Kircanski, Ph.D., NIMH

Basic to Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Anxiety
Key Words: Anxiety, Child, Neuroscience

Using Computational Modeling to Test Neurodevelopmental Theories of Threat Learning in Anxiety
Rany Abend, Ph.D., NIMH
Andrea Gold, Ph.D., Warren Alpert Medical School of Brown University
Jennifer Britton, Ph.D., University of Miami
Kalina Michalska, Ph.D., University of California Riverside
Tomer Shechner, Ph.D., University of Haifa
Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health

Leveraging Multivariate Brain Imaging Methods to Optimize CBT Approaches in Pediatric Anxiety
Kalina Michalska, Ph.D., University of California Riverside
Dana Glenn, B.A., UCR
Megan Peters, Ph.D., University of California, Irvine

Youth Exposed to Maltreatment Show Age-related Alterations in Hippocampal-fronto-amygdala Function During Extinction Recall
Dylan G. Gee, Ph.D., Yale University
Natalie Colich, Ph.D., Harvard University
Margaret Sheridan, Ph.D., University of North Carolina Chapel Hill
Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health
Katie A. McLaughlin, Ph.D., Harvard University
A New Wave of Fear Learning: Extending Classical Fear Conditioning to Observational and Avoidance Conditioning in Pediatric Anxiety
Tomer Shechner, Ph.D., University of Haifa
Bram Vervliet, Ph.D., Harvard Medical School, Massachusetts General Hospital
Zohar Klein, B.A., M.A., School of Psychological Sciences, University of Haifa, Israel.
Yael Skversky-Blocq, M.A., University of Haifa

2:15 p.m. – 3:15 p.m.

Special Session - Postdoctoral Paths for Professional Development

Jeanette Hsu, Ph.D., VA Palo Alto Health Care System
Debra Kaysen, Ph.D., ABPP, Stanford University

Panelists will address important issues for interns and others considering applying to a postdoctoral residency training program and those who are interested in postdoctoral research funding. Topics to be addressed include: what applicants should look for in a postdoctoral training program; the differences between research and clinical postdoctoral training, including how training is funded; the advantages or disadvantages of following a postdoctoral path in terms of professional development; how best to find and select a program that fits the applicant’s needs; the impact of APA accreditation in the postdoctoral arena; what training sites are looking for in evaluating applications; tips on how to prepare for the interview; and how postdoctoral offers are made and the process of accepting an offer. There will be time for questions from the audience during the panel presentation. After the panel, prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. Postdoctoral sites that would like to be represented in this event should contact Dakota McPherson at the ABCT Central Office:dmcpherson@abct.org.
3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Invited Panel 1:

Promoting Better, Equitable Access to Evidence-Based Mental Health Services in a Community Behavioral Health System

Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Hector Ayala, MHS, Hispanic Community Counseling Services
Amber Calloway, Ph.D., University of Pennsylvania
Todd Inman, MBA, The Mental Heaven Show and Founder of Aristocrat TV
Karriem Salaam, M.D., FAPA, Drexel University College of Medicine & Founding Member of Global Health Psychiatry
Sosunmolu Shoyinka, M.D., Department of Behavioral Health and Intellectual disAbility Services

Primary Category: Dissemination & Implementation Science
Key Words: Dissemination & Implementation, Race, Stigma

This panel will describe efforts to provide evidence-based treatments to individuals who seek mental health services through the City of Philadelphia’s Community Behavioral Health (Medicaid reimbursement) network. Panelists will discuss steps taken to provide continuity of care and ensure access to consumers who are unable to access telehealth technologies during the COVID-19 pandemic. Additionally, panelists will share important considerations, from the system and agency levels to the therapy session itself, to address the impact of systemic racism and experiences of discrimination experienced by much of the population that seeks services within the system. Dr. Shoyinka, Chief Medical Officer of Department of Behavioral Health and Intellectual disAbility Services (DBHIDS) will describe system-level efforts to support and promote evidence-based treatments, including training programs and policy-level interventions. Mr. Ayala, CEO, Hispanic Community Counseling Services, will discuss the agency’s involvement in a CBT training program, including efforts fully implement and sustain CBT after training, and adaptations that were required to meet the needs of the population that the agency serves. Dr. Calloway, who provides CBT training through the Beck Community Initiative, will highlight considerations for training and the importance of attention to cultural competence and responsiveness when implementing CBT. Dr. Salaam will describe the perspective of a therapist who learned CBT through the city’s training initiative. Mr. Inman, a mental health survivor who advocates for awareness and an end to the stigma in minority communities will discuss essential considerations for working with mental health consumers and communities that are traditionally underserved by mental healthcare systems.
At the end of this session, the learner will be able to:

- Describe at least three approaches taken in a public mental health system to promote access to culturally competent, evidence-based treatment.
- Define at least two steps that can be taken to minimize disruptions in service and ensure equitable access to care during the COVID-19 pandemic.
- List at least 1 system, 1 clinic, and 1 therapist-level strategy to address systemic racism and experiences of discrimination.
- Provide 1 strength and 1 challenge each when balancing fidelity and necessary adaptations to behavioral and cognitive interventions to address the needs of consumers of services offered through a public mental health system.

**Recommended Readings:**


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**3:15 p.m. – 4:15 p.m.**

**Special Session**

**Postdoctoral Meet and Greet**

*Jeanette Hsu, Ph.D., VA Palo Alto Health Care System*

*Debra Kaysen, Ph.D., ABPP, Stanford University*

Prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. A list of participating sites will be listed on the convention website. Postdoctoral sites that would like to be represented in this event should contact Dakota McPherson at the ABCT Central Office dmcpherson@abct.org.
Mini Workshop 1:

Breaking the Fix: Recovery-oriented Cognitive Therapy
Targeting Fixed Delusions

Aaron P. Brinen, Psy.D., Drexel University College of Medicine
Dimitri G. Perivoliotis, Ph.D., VA San Diego Healthcare System, University of California, San Diego

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - CBT

Key Words: Recovery, Cognitive Therapy, Psychosis / Psychotic Disorders

A strongly entrenched belief, or fixed delusion, sounds like an insurmountable obstacle for cognitive therapy, and disproving it can seem like a prerequisite for successful treatment and recovery from serious mental illness. For many individuals, they have complete conviction that the belief is true, and some clinicians refer to this as a fixed delusion. For some individuals, the very treatment designed to disprove the delusion increases their conviction in the belief and separates the individual from the clinician. These challenges often precipitate avoidance of treatment. Recovery-oriented cognitive therapy (CT-R) for psychosis is an empirically-supported treatment that operationalizes recovery and resiliency in a collaborative way. This INTRODUCTORY workshop will introduce through lecture, experiential activity, video, and role-play the basic protocol of CT-R, how to start using it to circumnavigate the “fixed” nature of the delusion and identify mutually satisfying targets for treatment (worry, avoidance, rumination). CT-R applies across the range of illness severity, and includes a way to understand these beliefs or delusions in a functional way that can keep the individual from engaging and getting the life of his choosing, along with strategies for action to promote that life to its fullest. This workshop will review the process of developing a formulation of the delusion (beliefs, compensatory strategies, and emotions) and a strategy for long term resolution of the symptoms with or without eventual identification of the experiences as a delusion. The strategy is grounded in the CT-R protocol of activating a competing network of beliefs and an adaptive mode of functioning, collaborating on development of aspirations, increasing/evaluating the role of activity in the individual’s life, and reinforcing belief networks to make the adaptive mode dominant.

At the end of this session, the learner will be able to:
• List the three stages of the basic protocol for Recovery Oriented CT.
• Describe two methods for developing targets for interventions regarding delusion.
• Explain the relationship between increases activity/action and reduction of delusional conviction.


3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Mini Workshop 5:

What We Didn’t Learn in Graduate School: Lessons Learned from Real World Practice

Patrick B. McGrath, Ph.D., NOCD
Brett J. Deacon, Ph.D., Illawarra Anxiety Clinic

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Training / Training Directors, Student Issues, Therapy Process

CBT is the recommended first-line treatment for numerous mental health problems. Although we were trained to use this approach following standard protocols, our real-world experience has taught us many lessons we wish we learned in graduate school. This Mini Workshop reviews these lessons learned. We discuss issues such as protocol versus client-driven therapy, designing and implementing exposure tasks for challenging presentations, substance abuse, family accommodation, therapy-interfering behaviors, motivating ambivalent clients, dealing with co-occurring biomedically-focused treatment, and helping clients with real-world issues that our diagnostically-focused training did not address. The presenters will use case examples, describe novel ways to implement therapy with difficult presentations, and openly review their challenges and successes in these areas. Attendees will have opportunity to discuss their difficult cases as well.

At the end of this session, the learner will be able to:
• Use CBT with a broad range of clients.
• Work with clients and families that may be difficult, unmotivated, or are not responding to therapy.
• Address challenging issues that can interfere with therapy.

3:15 p.m. – 4:45 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 22:**

**Strategies for Identifying Key Intervention Components for Sexual and Gender Minority Populations**

**Moderator:** Brian A. Feinstein, Ph.D., Northwestern University

**Panelists:** Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School

Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center

Conall O’Cleirigh, Ph.D., Harvard Medical School

Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

Colleen A. Sloan, Ph.D., VA Boston Healthcare System

**Primary Category:** LGBQT+

**Key Words:** LGBQT+, Treatment, Clinical Utility

Identifying intervention components in both research and clinical contexts can be challenging, particularly when working with sexual and gender minority individuals who may be affected by minority stress, oppression, and internalized stigma. Multiple strategies exist for identifying and adapting key intervention components, including refining existing evidence-based strategies, selecting theory-based content, and utilizing community participatory feedback. In this panel, we will discuss strategies and perspectives on how to identify, address, and adapt critical intervention components when working with sexual and gender minorities. Dr. Skinta will begin by reflecting on how the components of minority stress theory can be conceptualized as transdiagnostic risk factors, which can be paired with evidence-based processes to develop flexible non-manualized approaches to working with clients who present with a myriad of symptoms related to societal bias. Next, Dr. Sloan will discuss strategies for integrating intervention content, instructions, and guidance for trauma-related problems that are complicated by experiences of marginalization and oppression into evidence-based treatments for PTSD and other trauma- and stress-related problems. Dr. O’Cleirigh will then describe the importance of being sensitive to developmental challenges throughout the lifespan that may create vulnerabilities for gay and bisexual men when implementing empirically supported CBT interventions, only some of which have been tested in sexual minority populations. Dr. Berke will then explain how she has used community based participatory research methods to adapt an
empirically supported violence prevention program for diverse transwomen. Finally, Dr. Batchelder will describe how she took a multiple-pronged approach to refine existing evidence-based content based on theory and stakeholder feedback to iteratively develop an intervention to improve HIV self-care among sexual minority men living with HIV and substance use disorders. Together, this panel will discuss and weigh strategies for identifying, selecting, and adapting intervention components to increase access and improve outcomes for sexual and gender minority individuals.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 23:

When It’s Not Over: Understanding, Preventing, and Treating Ongoing and Pervasive Exposure to Trauma

**Moderators:** Rachel R. Ouellette, M.S., Florida International University  
Loreen S. Magarino, M.S., Florida International University

**Panelists:**  
Marc S. Atkins, Ph.D., University of Illinois at Chicago  
Rochelle F. Hanson, Ph.D., Medical University of South Carolina  
Sierra Carter, Ph.D., Georgia State University  
Michael A. Lindsey, M.P.H., Ph.D., MSW, New York University

Primary Category: Child / Adolescent - Trauma / Maltreatment  
Key Words: Trauma, Prolonged Exposure, Treatment

Mental health treatments for traumatic stress often rely on the assumption that traumatic experiences are past occurrences with the danger no longer present (Stein, Wilmot, Solomon, 2016). Continuous or ongoing exposure to trauma is defined as, “the experience and impact of living in contexts of realistic current and ongoing danger” (Eagle & Kaminer, 2013). Little research examines if common trauma-focused treatments are appropriate or effective for those experiencing continuous traumatic stress, raising ethical questions about the limitations of some trauma-focused treatment protocols in these contexts (Somer & Ataria, 2014; Diamond, Lipsitz, Hoffman, 2013). This discourse is profoundly significant for low-income and racial, ethnic, and/or sexual minority communities whom experience elevated rates of ongoing exposure to distinct forms of traumatic stress (e.g., community violence and discrimination) and correlated mental health difficulties (Gaylord-Harden, So, Bari, Henry, Tolan, 2017; Asakura, 2019).

We are inviting experts working with marginalized youth whom experience prolonged exposure to high adversity and trauma with the aim of discussing how continuous traumatic stress is situated within the broader discourse about how trauma is defined, understood, and treated. Panelists bring expertise in unmet mental health needs for vulnerable youth (Lindsey), influences of trauma alongside psychosocial stressors such as racism (Carter), longstanding collaborative work with urban communities (Atkins), and dissem-
ination and implementation of trauma-focused, evidence-based interventions (Hanson). The conversation will invite researchers to 1) describe continuous exposure to adversity and trauma in the communities they work with, 2) share perspectives and evidence on how prolonged exposure challenges and diversifies the definition and treatment of trauma, and 3) discuss recommendations for clinical practice and empirical work to increase the alignment, relevance, and effectiveness of psychological treatment and mental health promotion for communities experiencing continuous exposure to adversity and trauma.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Spotlight Research 1:

Comparative Effectiveness Research in Veterans with PTSD: A Randomized Clinical Trial of Prolonged Exposure and Cognitive Processing Therapy, VA Cooperative Study #591

Chair: Paula P. Schnurr, Ph.D., National Center for PTSD
Panelists: Kathleen M. Chard, Ph.D., Cincinnati VA Medical Center, Josef Ruzek, Ph.D., Palo Alto University, Brian Marx, Ph.D., Behavioral Science Division, NCPTSD

Primary Category: Treatment - CBT
Key Words: CBT, PTSD (Posttraumatic Stress Disorder), Veterans

CERV-PTSD is a randomized comparative effectiveness trial of two of the most effective treatments for PTSD, Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT), in veterans. The US Department of Veterans Affairs implemented a national training initiative in 2006 to disseminate these treatments, both of which are recommended at the highest level in PTSD practice guidelines. Despite evidence that PE and CPT are effective, there is limited evidence about their effectiveness relative to one another.

CERV-PTSD was designed to advance the delivery of care for PTSD by providing conclusive information about whether one treatment is better than the other, overall, and for different types of patients. When designing the study, we considered proposing an equivalence design given the limited evidence suggesting that the treatments differ. We also considered proposing a superiority design, hypothesizing that CPT is superior to PE given some prior findings. However, because methodological factors may account for the suggested difference between PE and CPT, we decided to propose a superiority design with a nondirectional hypothesis. We believed the question this design allows us to ask – is one treatment more effective than the other? – was the most appropriate given the available evidence.

The primary objective was to compare the effectiveness of PE and CPT for reducing PTSD symptom severity. The secondary objective was to compare the effectiveness of PE and CPT for reducing the severity of comorbid mental health problems and service utili-
zation and improving functioning and quality of life. The tertiary objective was to examine how patient preferences relate to treatment outcome.

The study randomized 916 male and female veterans with military-related PTSD across 17 sites to receive PE or CPT and assessed outcomes during treatment and at post-treatment and 3- and 6-month follow-up. The standard dose of treatment was 12 weekly sessions but could range from 10-14 depending on treatment response. Speakers will describe the design and rationale for methodological decisions, present results, and discuss an innovative centralized assessment procedure for conducting clinician interview. Analyses are ongoing but will be ready for presentation at the meeting.

At the end of this session, the learner will be able to:
- Describe the rationale for comparing Prolonged Exposure and Cognitive Processing Therapy.
- Compare the differential benefits of Prolonged Exposure and Cognitive Processing Therapy.
- Apply findings to assist patients in shared decision making.

Earn 1.5 continuing education credits

Clinical Round Table 8:

Taking Care of Us to Better Serve Them: Impact of Clinician Well-being on Patient Outcomes

Moderator: Caitlin B. Shepherd, Ph.D., Smith College
Panelists: Amanda R. McGovern, Ph.D., McGovern Psychotherapy, LLC
           Erin K. Engle, Psy.D., Columbia University Medical Center
           Megan Feltenberger, Ph.D., Weill Cornell Medicine
           Colleen Morrissette, Psy.D., Private Practice
           Jared O’Garro-Moore, Ph.D., Columbia University Medical Center
           Jenae A. Richardson, Psy.D., Veterans Affairs Palo Alto Health Care System

All level of familiarity with the material
Primary Category: Professional/ Interprofessional Issues
Key Words: Professional Issues, CBT, Treatment

Statistics show that healthcare providers are at increased risk for burnout, a condition including emotional exhaustion, depersonalization, and inefficacy. The detrimental impact of provider burnout on patient care has been well-documented in the medical community; thus, improving the well-being of providers has been deemed a public health issue. Research demonstrates that job demands, resources, and personal characteristics all play a role in susceptibility to burnout. While relatively less attention has been paid to mental health clinicians, emerging evidence suggests that they are especially vulnerable. The nature of psychotherapeutic work presents unique job demands including maintaining strong relationships with clients, tending to clients’ emotional needs, and being exposed to traumatic details of clients’ lives. Burnout among clinicians can lead to impaired professional functioning and reduced competence and has been associated with poorer treatment outcomes for patients. Therefore, addressing clinician burnout and providing access to well-being interventions are critical for improving quality and outcomes of evidence-based cognitive-behavioral treatments and reducing barriers to implementation.

The purpose of this clinical roundtable is to discuss clinician burnout and approaches for enhancing well-being. Relevant theoretical models of burnout and empirical evidence will be presented to provide participants with a framework for understanding burnout, its signs, and its contributing factors. Panelists will compare experiences in clinical practice to the literature with an emphasis on how burnout might vary across settings, roles, and specialties. Research on the connection between clinician burnout and patient outcomes will be reviewed and panelists will share tips for recognizing and ethically dealing with these effects in clinical practice. Participants will learn about systemic efforts aimed at
enhancing well-being and how they might implement organizational changes in different clinical settings. Finally, research-supported cognitive-behavioral strategies for personally managing the negative effects of burnout will be shared and panelists will discuss how they incorporate these into their own practice.

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 62:

Making Distress Tolerance a Focal Point of Prevention and Treatment Models for Diverse Mental Health Conditions

Chair: Christopher C. Conway, Ph.D., Fordham University
Discussant: R. Kathryn R. McHugh, Ph.D., McLean Hospital/Harvard Medical School

All level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Distress Tolerance, DBT (Dialectical Behavior Therapy), Psychotherapy

The Efficacy of Skills for Improving Distress Intolerance in Substance Users: A Randomized Clinical Trial
Marina Bornovalova, Ph.D., University of South Florida
Kelly Lane, BA, University of Southern Florida
Lance M. Rappaport, Ph.D., University of Windsor

The Neurobiological Basis of Distress Tolerance in Substance Use Disorder
Elizabeth Reese, M.S., University of North Carolina, Chapel Hill
Jennifer Yi, M.A., University of North Carolina, Chapel Hill
Julianna Maccarone, MPH, M.A., University of North Carolina, Chapel Hill
Katlyn McKay, B.A., University of North Carolina, Chapel Hill
Anna Bartuska, B.S., B.A., University of North Carolina, Chapel Hill
Elliot Stein, Ph.D., National Institute of Mental Health
Thomas Ross, Ph.D., National Institute on Drug Abuse
Stacey B. Daughters, Ph.D., University of North Carolina, Chapel Hill

Psychometric Properties of the Distress Tolerance Scale Among Internalizing Disorder Outpatients
Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders
Esther S. Tung, M.A., Boston University Center for Anxiety and Related Disorders
Timothy A. Brown, Psy.D., Boston University Center for Anxiety and Related Disorders
The Structure of Distress Tolerance and Neighboring Emotion Regulation Abilities
Christopher C. Conway, Ph.D., Fordham University
Kristin Naragon-Gainey, PhD, University of Western Australia
Molly Penrod, M.S., University of Missouri-Kansas City

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 63

A Close Examination of Interpersonal Behavior Associated with Intimate Partner Violence

Chair: Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill
Discussant: K. Daniel O’Leary, Ph.D., Stony Brook University

Aggression in the Context of Partner Threat: The Role of Trauma Exposure
Alexandra C. Mattern, M.S., The Pennsylvania State University
Amy D. Marshall, Ph.D., The Pennsylvania State University

Myths or Facts: (1) Distressed Couples Have Skills Deficits and (2) Couples Behavior Results from Distress, Not IPV
Richard E. Heyman, Ph.D., New York University
Amy Smith Slep, Ph.D., New York University
Katherine J. Baucom, Ph.D., University of Utah
Jill Malik, Ph.D., New York University

Examining the Emotional Dynamics of Bidirectional Psychological Violence Among Treatment-seeking Couples
Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill
Donald Baucom, Ph.D., University of North Carolina at Chapel Hill
Danielle M. Weber, M.A., University of North Carolina at Chapel Hill
Andrew Christensen, Ph.D., University of California, Los Angeles
Explaining the Longitudinal Link Between Severe Physical Aggression and Relationship Outcomes in Community Couples: Comparing Three Possible Mediators Over Seven Years
Erika Lawrence, Ph.D., The Family Institute at Northwestern University
Kathleen Reardon, Ph.D., The Family Institute at Northwestern University
Callie Mazurek, M.A., The Family Institute at Northwestern University
Lena Blum, M.S., The Family Institute at Northwestern University

3:15 PM – 4:45 PM
Earn 1.5 continuing education credits

Symposium 64

Cost-effectiveness and Cost-benefit Analyses of CBT and Alternative Interventions for Childhood Attachment, Anxiety, Depression, Alcohol Abuse, and Suicide Prevention: Methods as Well as Findings

Chair: Brian T. Yates, Ph.D., American University
Discussant: Michael C. Freed, Ph.D., National Institute of Mental Health

Basic level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Clinical Trial, Professional Development, Research Methods

Costs, Cost-effectiveness, and Cost-benefit of Attachment Biobehavioral Catch-up (ABC) Intervention
Alexis French, M.A., Duke University Medical Center
Brian T. Yates, Ph.D., American University

Cost-effectiveness of Interventions for Pediatric Depression: A Systematic Review and Simulation Study
Alessandro De Nadai, Ph.D., Texas State University
Tara Little, M.A., Texas State University
Troy Quast, Ph.D., University of South Florida
Kaitlyn Westerberg, B.A., Texas State University
Kevin Patyk, B.A., Texas State University
Joseph Etherton, Ph.D., Texas State University
Eric A. Storch, Ph.D., Baylor College of Medicine
Sean Gregory, Ph.D., Northern Arizona University
Evaluating the Cost-effectiveness of an Online Single-session Intervention for Depression Among Kenyan Adolescents
Akash Wasil, M.A., University of Pennsylvania
Tom L. Osborn, B.A., Shamiri Institute, Inc
Brian T. Yates, Ph.D., American University
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania

Do the Benefits Outweigh the Costs? Computerized Cognitive Behavioral Therapy Compared to Standard Treatment for Alcohol Use
Corinne N. Kacmarek, M.A., American University
Brian T. Yates, Ph.D., American University

Cost, Cost-effectiveness, and Cost-benefit of Collaborative Assessment and Management of Suicidality versus Enhanced Care as Usual in an Active Duty Military Population
Phoebe K. McCutchan, M.P.H., American University
Brian T. Yates, Ph.D., American University
David Jobes, Ph.D., Department of Psychology, The Catholic University of America
3:45 PM – 4:45 PM

Earn 1 continuing education credits

Symposium 65

Youth Global Mental Health and Implementation Science: Past Evidence and Future Directions

Chair: Katherine E. Venturo-Conerly, B.A., Harvard University
Discussant: Laura Murray, Ph.D., Johns Hopkins University School of Public Health

Basic to Moderate level of familiarity with the material
Primary Category: Global Mental Health
Key Words: Implementation, Global Mental Health, Adolescents

Implementation and Effectiveness of Adolescent Health Interventions in Lmics
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health
Ahmed Waqas, MBBS, Human Development Research Foundation
Syed Usman Hamdani, MBBS, Ph.D., Human Development Research Foundation
Nadia Suleman, M.A., Human Development Research Foundation
Syeda Wajeeha Zafar, M.S., Human Development Research Foundation
Zill e-Huma, B.A., Human Development Research Foundation
Khalid Saeed, Ph.D., WHO Regional Office for the Eastern Mediterranean
Chiara Servili, M.D., Department of Mental Health and Substance Abuse, World Health Organization
Atif Rahman, Ph.D., University of Liverpool

Sustaining and Scaling Global Mental Health Interventions for Children and Families: Integrating Lessons Learned from Implementation Science
Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University
Savannah Johnson, B.A., Duke University
Wilter Rono, B.A., Moi University
Mercy Korir, B.A., Moi University Teaching and Referral Hospital
Bonnie Kaiser, Ph.D., University of California at San Diego
Taylor Wall, MSc, Duke University
Elsa Friis Healy, M.Sc., Duke University
Ali Giusto, Ph.D., Columbia University
Eric Green, Ph.D., Duke University
Justin Rasmussen, B.A., Duke University
David Ayuku, Ph.D., Moi University
Cognitive Therapy for Suicide Prevention

Kelly Green, Ph.D., University of Pennsylvania
Gregory K. Brown, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, CBT

Cognitive Therapy for Suicide Prevention (CT-SP) is a suicide-specific psychotherapy that is based primarily on the assumption that individuals who are suicidal or who attempt suicide lack specific cognitive or behavioral skills for coping effectively with suicidal crises. The primary focus of CT-SP is on targeting suicide risk directly, rather than focusing on the treatment of other psychiatric disorders. Although there are many motivations and distal risk factors for suicide, the principal aim of this treatment is to identify the specific triggers and proximal risk factors that occur during a suicidal crisis and then to identify specific skills that could be used to help individuals survive future crises. CT-SP has been recognized as one of the few evidence-based psychotherapy interventions specifically for suicide prevention. In a landmark randomized controlled trial CT-SP was found to be efficacious for preventing suicide attempts as well as decreasing other risk factors for suicide such as depression and hopelessness. Specifically, patients who received CT-SP were approximately 50% less likely to make a repeat suicide attempt during the follow-up period than those who did not receive CT-SP (Brown et al., 2005). Recently, CT-SP has been adapted for individuals who have chronic suicidal thoughts but may not have had recent suicidal behavior. Such adaptations are especially important because some high-risk groups such as older adults make fewer suicide attempts and are more likely to die on their first attempt (Dombrovski et al., 2005). Therefore, targeting suicidal ideation is critical for averting suicide in such individuals. This workshop will discuss case conceptualization
for individuals with chronic suicidal ideation, as well as adaptations made to the original treatment for this population.

At the end of this session, the learner will be able to:
• Describe the empirical evidence for CT-SP.
• Use the narrative interview to elucidate an individual’s suicide risk curve.
• Create a case conceptualization and treatment goals to reduce suicide risk for individuals with chronic suicidal ideation.
• Apply suicide-specific CBT strategies to target suicidal ideation and suicide risk.
• Utilize the Relapse Prevention Task to assess whether a patient is ready to terminate treatment.

Workshop 6:

**Coordinated Interventions for School Refusal: Advanced Skills for Working with Families and Schools**

*Brian C. Chu, Ph.D., Rutgers University*
*Laura C. Skriner, Ph.D., Evidence-Based Practitioners of New Jersey*

**Moderate level of familiarity with the material**

Primary Category: Child / Adolescent - Anxiety

Key Words: School, Anxiety, Child

School attendance problems are one of the most vexing and impairing problem behaviors that affect childhood. An acute episode of school refusal can quickly become chronic and interfere in multiple domains of the youth and family’s lives. Anxiety, depressed mood, and intolerance of negative affect are often at the root of school refusal. Successful intervention requires a concerted, coordinated effort involving the child, family, school and therapist/mental health professional. Barriers to successful intervention include family context, caregiver mental health, and school attitudes and priorities that conflict with family/youth goals. Attendees of the workshop will become familiar with the scope of the problem, a mood-based conceptualization of school refusal that focuses on avoidance of negative affect, and intervention strategies that incorporate functional assessment, family problem solving, reward planning, and collaboration with schools. Multiple case studies will be presented and attendees will work in small groups to offer solutions. Attendees may also bring local examples for group consultation. Presenters will moderate a discussion of effective interventions and help attendees tailor established interventions to their local contexts.

At the end of this session, the learner will be able to:

- Describe the theory behind a cognitive-behavioral approach to addressing school refusal that focuses on avoidance of negative affect.
- Apply functional assessment strategies to help parents encourage approach behaviors.
- Apply family problem solving, parent training, and reward planning to decrease conflict and increase approach behaviors.
- Problem-solve graded re-entry with schools that balance appropriate supports with healthy challenges.
- Coordinate school refusal treatment with school personnel and collateral health professionals in a way that enhances continuity of care.

3:30 p.m. – 6:30 p.m.

Earn 3 continuing education credits

Workshop 7:

Deliberate Practice for Cognitive-behavioral Therapy: Training Methods to Enhance Acquisition of CBT Skills

James F. Boswell, Ph.D., University at Albany, State University of New York
Tony Rousmaniere, Psy.D., University of Washington School of Medicine

Basic level of familiarity with the material
Primary Category: Workforce Development / Training / Supervision
Key Words: Education and Training, Supervision

Psychotherapists credit effective supervision as the single most important contributor to their professional development (Orlinsky & Rønnestad, 2005), and experienced therapists continue to seek supervision and consultation even when they are no longer required to do so (Lichtenberg, et al., 2014). However, as currently practiced, effective supervision is not necessarily common. For example, supervisees report that a large proportion of their supervisors are ineffective and occasionally harmful (Ellis et al., 2014), and the success of supervision, as evidenced by improved client outcomes, is yet to be convincingly established (Watkins, 2011). In fact, Rousmaniere et al. (2016) found that supervision accounted for less than 1% of the variance in treatment outcomes in one large clinic. Addressing this gap, this workshop aims to improve the effectiveness of CBT supervision and clinical training via a model for using deliberate practice to enhance trainee’s acquisition of core CBT skills. Deliberate practice proffers that the quality of practice is just as important
as the quantity-expert-level performance is primarily the result of expert-level practice. Backed by decades of research on a wide range of other professions—from sports to math, medicine, and the arts—deliberate practice may help CBT clinicians achieve higher levels of skill mastery. More specifically, deliberate practice is a highly structured, intentional activity with the specific goal of improving performance through behavioral rehearsal and graded stimuli, combined with immediate feedback (e.g., Rousmaniere, 2016, 2018). As noted, the present workshop centers on deliberate practice exercises to enhance development of CBT skills. These exercises address the two major domains of psychotherapy skills: interpersonal (with the client) and intrapersonal (within the therapist). The exercises are appropriate for supervision, graduate coursework, and career-long professional development. The model is intended to be used throughout psychologists’ career-span, from beginning trainee to experienced clinicians (Goodyear & Rousmaniere, 2017). The workshop is highly experiential, with many opportunities for participants to try deliberate practice themselves.

At the end of this session, the learner will be able to:

- Describe the research support for, and basic principles of, implementing deliberate practice in CBT training.
- Apply deliberate practice principles in the CBT training and supervision process.
- Demonstrate flexible application of CBT-focused deliberate practice that meets the needs of the individual trainee.
- Utilize observations from the deliberate practice process to inform evaluations of trainee competence.
- Integrate deliberate practice into graduate coursework and clinical supervision.

**Recommended Readings:**


Membership Panel 1:

Clinical Work and Private Practice in the Age of Telehealth

Chair: Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

Panelists: Jonathan B. Grayson, Ph.D., The Grayson LA Treatment Center for Anxiety & OCD
Janie J. Hong, Ph.D., Redwood Center for CBT and Research and University of California - Berkeley
Jelena Kecmanovic
Mitchell L. Schare, ABPP, Ph.D., Hofstra University

All level of familiarity with the material

Primary Category: Workforce Development/Training/Supervision

Key Words: professional development, cognitive-behavioral career, private practice

By the time mental health professionals have a license to practice, they may feel both over-prepared in regard to providing services and under-prepared in regard to the practical and financial realities of sustaining a practice. They may also find that models of private practice and clinical work are more varied and complex than they had anticipated. On top of those concerns, the ongoing pandemic has forced clinicians at all levels of training (including students) to begin offering telehealth services. (1) Realities of clinical work now: Use of telehealth, challenges and opportunities. (2) Mode of clinical work: Should you practice as an individual or with a group? As a specialist or generalist? How much of your work is likely to be “traditional private practice” versus consulting or clinical work in the context of a position that focuses more on other work (e.g., such as training)? (3) Insurance: Whether to take it and how to go about doing so. (4) Logistics: Renting space, effective advertising, and legal issues. Our panelists have a wide range of experiences in developing and maintaining private practices, and have all transitioned more of their practice to telehealth in recent months. They will provide both a guide to their thinking on these issues and practical advice as to common pitfalls and best practices. Much of the panel’s allotted time will be made available for questions and answers.
Earn 1.5 continuing education credits

Research and Professional Development 1

Crafting a Message for the Masses: A Primer on Using Blogs and Twitter to Disseminate Cognitive Behavioral Science Online

Panelists: Andres De Los Reyes, Ph.D., University of Maryland at College Park
Carmen P. McLean, Ph.D., National Center for PTSD
Deborah R. Glasofer, Ph.D., Columbia/NY State Psychiatric Institute
Ilana Seager van Dyk, M.A., The Ohio State University

Basic level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: Professional Development, Technology / Mobile Health, Dissemination

Despite decades of remarkable advancement in the use of cognitive and behavioral interventions for a wide range of mental health concerns, evidence-based care remains out of reach for many. The recent explosion of digital media provides an exciting opportunity to reach previously unreachable communities through their smartphones and computers, without necessarily requiring a traditional media platform (e.g., television, newspaper). Instead, a growing community of researchers, clinicians, and advocates is leveraging social media (including Twitter and blogs) to educate consumers about evidence-based treatments and how to access them. In line with research on the effectiveness of psychoeducation as an early intervention, many of these social media posts provide the public with critical and timely information about mental health symptoms and, in so doing, empower consumers to seek out the care they may need. In this session, organized by ABCT’s Public Education and Media Dissemination Committee, we hope to arm attendees with the communication tools they need to contribute to this dissemination effort. First, Dr. Andres De Los Reyes will draw on his considerable expertise in storytelling to lead a discussion about how to craft an effective message that will be engaging for a broad audience. Next, attendees will consider and identify goals they have for their own use of digital media. Finally, attendees will visit one or both of the following activity stations for hands-on experience: 1) a brief primer by Twitter expert Dr. Carmen McLean on creating a Twitter profile and writing a tweet, or 2) a brief session focused on identifying effective characteristics of blogs, and outlining an initial blog post, led by prolific blogger Dr. Deborah Glasofer. Attendees may bring their own ideas for tweets and blog posts, or use the examples provided. No prior experience needed.

At the end of this session, the learner will be able to:
• Describe three key characteristics of a well-crafted message intended for a public audience.
Identify two goals for their media use and use these goals to guide the creation of a Twitter profile or blog.

Write a tweet and/or outline a blog post about a topic related to cognitive behavioral science and practice.


5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 7:

Developing Academic Careers in Psychosocial Research: Female-specific Challenges and Solutions

Victoria E. Cosgrove, Ph.D., Division of Child and Adolescent Psychiatry
Louisa Sylvia, Ph.D., Massachusetts General Hospital
Amy E. West, Ph.D., Children’s Hospital Los Angeles/ University of Southern California Keck School of Medicine
Mary A. Fristad, Ph.D., Nationwide Children’s Hospital

All level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: Career Development, Professional Development, Student Issues

It is estimated that women constitute 30% of biomedical researchers worldwide. Underrepresentation is suspected to be in part due to discrimination and stereotyping. Faculty members routinely rate male candidates as both more competent and hirable than females. Individual factors, including childbearing, child rearing, and external pressure to nurture rather than achieve career success undeniably affect advancement of female faculty across academic lines pursuing research-focused careers in scientific research. Barriers include subtle and non-subtle gender discrimination in the workplace; gender-based pay gaps; coping with gender bias; balancing family and work in the career building years; managing the burden of work and family “mental load”, among other topics. The NIH has largely taken the approach of addressing advancement gaps via policy changes favoring young investigators, with a hope to accelerate their independence. NIH policies to reduce the mean age of first-time R01s (age 42) have been in place for years with little success. These initiatives are in direct conflict with a disproportionate increase in delayed child-
bearing (age 35-39) nationally and the inverse relationship between academic advancement and childrearing. Drs. Cosgrove, West, Sylvia, and Fristad all have pursued academic careers while simultaneously serving in other personally demanding life roles. The aims of this Mini-Workshop will be to (1) increase awareness about the underrepresentation of women in biomedical science, with a specific emphasis on inclusion of women scientists in biopsychosocial clinical research; (2) understand personal and professional challenges that often influence a woman’s decision to pursue a career in biopsychosocial clinical research; and (3) brainstorm successful strategies to increase the representation of women on a local and national level.

At the end of this session, the learner will be able to:

- Increase awareness about the underrepresentation of women in biomedical science, with a specific emphasis on inclusion of women scientists in biopsychosocial clinical research.
- Describe personal and professional challenges that often influence a woman’s decision to pursue a career in biopsychosocial clinical research.
- Brainstorm successful strategies to increase the representation of women on a local and national level.

Mini Workshop 8:

Applying Cognitive-behavioral Therapy Principles to Avoidant/restrictive Food Intake Disorder: Children, Adolescents, and Adults

Helen Burton Murray, Ph.D., Massachusetts General Hospital/Harvard Medical School
Lauren Breithaupt, Ph.D., Massachusetts General Hospital/Harvard Medical School
Kendra Becker, Ph.D., MGH/HMS

Basic level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Eating, CBT, Feeding Problems

Avoidant/Restrictive Food Intake Disorder (ARFID) is a feeding and eating disorder that affects children, adolescents, and adults who cannot meet their nutritional needs, typically because of sensory sensitivity, fear of aversive consequences, and/or apparent lack of interest in eating or food. ARFID can have significant medical (e.g., weight loss, dependence on enteral feeding) and/or psychosocial (e.g., inability to eat socially) consequences. ARFID is often under-recognized and under-treated, particularly given its new addition to DSM-5. To increase clinicians’ awareness and skillset, this Workshop will cover treatment of ARFID within a cognitive-behavioral framework. Our team at Massachusetts General Hospital manualized cognitive-behavioral strategies for ARFID (CBT-AR; Thomas & Eddy, 2019). To increase treatment accessibility and augment therapist-delivered treatment, our team has a forthcoming self-help book for adults and a complementary self-guided mobile Application. We will provide a comprehensive workshop on individual and family-supported formats of our 20-30 session CBT-AR, including its four stages: (1) psychoeducation and regular eating; (2) re-nourishment and treatment planning; (3) addressing maintaining mechanisms (including sensory sensitivity, fear of aversive consequences, and/or apparent lack of interest in eating or food); and (4) relapse prevention. Combining both didactics and interactive components, we will offer case vignettes, role plays, experiential exercises, and materials (e.g., patient handouts) for clinicians to use in their practice. Throughout, we will provide ideas for adapting CBT-AR to different treatment settings (e.g., behavioral medicine), with tools to augment treatment and increase treatment access. We will also present and overview of the evidence for CBT-AR, with findings from our recently completed clinical trial. Overall, our workshop will fulfill a critical need of clinicians who are already seeing patients with ARFID and as yet have no resources on which to base treatment plans.
At the end of this session, the learner will be able to:

- Develop a case conceptualization of dimensional ARFID symptoms from a cognitive-behavioral framework.
- Explain the basic tenets of cognitive-behavioral treatment for ARFID.
- Employ CBT-based techniques for ARFID treatment, guided by a manualized approach.
- Recognize implementation approach options for different clinic settings, including use of complementary mobile Application technology.
- Appreciate the research evidence for cognitive-behavioral techniques for ARFID.

Earn 1.5 continuing education credits

Clinical Round Table 9:

In the Face of COVID-19: Clinical Considerations When Delivering Evidence-based Treatments During a Crises and Applications Going Forward

**Moderator:** Colleen Cullen, Psy.D., Columbia University Medical Center

**Panelists:** Zachary Blumkin, Psy.D., Columbia University Medical Center  
Erica Gottlieb, Ph.D., Columbia University Medical Center  
Jennifer Sayrs, ABPP, Ph.D., Evidence Based Treatment Centers of Seattle  
Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

All level of familiarity with the material

**Primary Category:** Program / Treatment Design

**Key Words:** Evidence-Based Practice, Clinical Decision Making, Public Health

One of the greatest global crises, COVID-19, resulted in bare supermarkets, businesses shuttering, and the general population engaging in the unnatural behavior of social distancing. Both the CDC and WHO acknowledged a significant increase in stress and fear due to COVID-19. During this time, many mental health practitioners acknowledged an ongoing duty to continue to provide support to those who are struggling. However, the transmission of the virus, plus the subsequent recommendation of social distancing, resulted in difficulty delivering evidence-based interventions. In order to continue to provide support for those already in treatment and to be able to offer services for those who are newly suffering, this panel will discuss clinical considerations when providing clinical care during a pandemic. Additionally, this panel will discuss how experiences from this crisis can positively inform how we deliver evidence-based interventions in the future.

The panelists established and executed organizational and systemic changes to help provide support to the larger population isolated by the recommendations of social distancing. The panelists are clinicians and directors in an intensive group therapy program, an intensive outpatient program, and a research and training clinic. The clinical considerations include large systemic changes (such as transitioning programs to teletherapy and developing new clinical guidelines), accommodations to provide support to clinical staff and research students, considerations for patients engaging in telehealth treatment, and ways to continue to expand and offer services to the larger population amid a stable demand for services. Existing research and history on how the field of clinical psychology, and especially those delivering evidence-based interventions, have responded to similar global incidents will be briefly reviewed. Additionally, the panelists will discuss specific recommendations resulting from their experiences as well as pitfalls which occurred during the rollout of these macro and micro changes to treatment. Implications for future
research and practice as it relates to the overall delivery of evidence-based interventions, as well as adaptations during times of crisis, will be discussed.

5:00 p.m. – 6:30 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 24:**

**When Small Effects Leave Big Problems: Understanding and Augmenting the Modest Effectiveness of Cognitive and Behavioral Therapies for Youth Depression**

**Moderator:** Rachel Vaughn-Coaxum, Ph.D., University of Pittsburgh School of Medicine

**Panelists:**
- Dikla Eckshtain, Ph.D., Massachusetts General Hospital, Harvard Medical School
- V. Robin Weering, Ph.D., San Diego State University
- Meredith Gunlicks-Stoessel, Ph.D., University of Minnesota
- Jessica Jenness, Ph.D., University of Washington
- Erika Forbes, Ph.D., University of Pittsburgh

Primary Category: Child / Adolescent - Depression

Key Words: Depression, Psychotherapy Outcome, Child

Despite more than 50 years of clinical trials on psychotherapies for youth depression, effect sizes remain modest with roughly a 60% probability that a given youth will respond to therapy (Eckshtain et al., 2019; Weisz et al., 2017). Psychotherapies for depression, including cognitive behavioral therapies, have significantly smaller effects than therapies for other common youth problems (e.g., anxiety and disruptive behavior disorders). Given that depression therapies lag behind, and treatment non-response is costly at both a societal and individual level, high federal priority is now focused on identifying who is most likely to respond, the conditions under which cognitive and behavioral therapies are most effective, and innovative approaches to personalizing treatments for youths at risk of non-response. **This panel aims to highlight cross-disciplinary research on 1) psychosocial and neurobiological factors that inform our understanding of depression treatment non-response and 2) recent and emerging approaches to tailoring interventions and targeting new treatment mechanisms to improve outcomes. This panel brings together clinical and developmental experts working to illuminate and directly tackle individual-up through system-level factors that are key for improving our understanding of poor treatment response. Panelists’ expertise includes dissemination and implementation of cognitive and behavioral therapies, moderators and candidate neurobiological treatment targets in the etiology and course of depression, and mechanism-focused clinical trials tailoring cognitive and behavioral therapies. We will discuss recent research on identified moderators of treatment outcomes for evidence-based therapies, and innovative approaches being used to tailor cognitive and behavioral therapies to enhance outcomes among youths at high-risk of non-response. We will then discuss conceptual and empir-
ical approaches for identifying neurobiological treatment targets, as well as barriers and practical considerations for translating basic science to treatment innovation. Finally, we will discuss future directions for a translational intervention science aimed at optimizing depression treatments across youth populations.

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 66:

Minority Stress and Health Disparities: Indications for Intervention Development and Adaptation to Increase Treatment Access and Outcomes for Diverse Substance Using Individuals

Chair: Trevor A. Hart, Ph.D., Ryerson University
Discussant: David Pantalone, Ph.D., University of Massachusetts Boston

Basic to Moderate level of familiarity with the material  
Primary Category: Culture / Ethnicity / Race  
Key Words: Substance Abuse, African Americans / Black Americans, LGBTQ+

Psychosocial Predictors of Crystal Methamphetamine Use Among Gay, Bisexual and Other Men Who Have Sex with Men (gbMSM): The Importance of Depression and Cognitive Escape

Graham W. Berlin, B.A., Ryerson University  
Trevor A. Hart, Ph.D., Ryerson University  
Syed W. Noor, M.P.H., Ph.D., Ryerson University  
Shayna Skakoon-Sparling, Ph.D., Ryerson University  
Nathan Lachowsky, Ph.D., University of Victoria  
Joseph cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l’Île-de-Montréal  
David Moore, M.D., Department of Medicine At UBC, The BC Centre For Excellence In HIV/AIDS  
Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec  
Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS  
Mark Gaspar, Ph.D., Dalla Lana School of Public Health, University of Toronto  
Jody Jollimore, MPP, Community-Based Research Centre  
Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto
Psychosocial and Structural Syndemic Barriers to Successful Treatment Outcomes for Individuals Receiving Medication for Opioid Use Disorder
Mary B. Kleinman, M.P.H., University of Maryland- College Park
Christopher Seitz-Brown, Ph.D., University of Maryland
Valerie Bradley, MPS, University of Maryland
Morgan Anvari, University of Maryland
Hannah Tralka, undergraduate student, University of Maryland, College Park
Aaron Greenblatt, M.D., University of Maryland School of Medicine
Jessica F. F. Magidson, Ph.D., University of Maryland

Internalized Stigmas, Alcohol Use, and HIV Care: Examining the Role of Avoidance
Kristen S. Regenauer, B.A., University of Maryland- College Park
Jennifer Belus, Ph.D., University of Maryland- College Park
Bronwyn Myers, Ph.D., South African Medical Research Council
Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School
John Joska, Ph.D., University of Cape Town
Lena S. S. Andersen, Ph.D., University of Cape Town
Conall O’Cleirigh, Ph.D., Harvard Medical School
Steven Safren, Ph.D., University of Miami
Jessica F. F. Magidson, Ph.D., University of Maryland
Symposium 67

Expanding the Reach of Transdiagnostic Interventions: Adapting the Unified Protocols for Children and Adolescents to Non-internalizing Disorders and Alternative Treatment Delivery Formats

Chair(s): Sarah M. Kennedy, Ph.D., Children’s Hospital Colorado/University of Colorado, School of Medicine
Jill Ehrenreich-May, Ph.D., University of Miami

Discussant: Michael A. Southam-Gerow, Ph.D., Virginia Commonwealth University

All level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Child, Transdiagnostic, Treatment

Targeting Elevated Borderline Features in a Clinical Sample of Youth with Emotional Disorders Using the Unified Protocol for Children and Adolescents
Niza Tonarely, M.S., University of Miami
Jill Ehrenreich-May, Ph.D., University of Miami

The Effect of Transdiagnostic Emotion-focused Treatment on Obsessive-compulsive Symptoms in Children and Adolescents
Ashley M. Shaw, Ph.D., Florida International University
Elizabeth R. Halliday, B.S., University of Miami
Jill Ehrenreich-May, Ph.D., University of Miami

Preliminary Evidence for the Unified Protocol with Adolescents at High Risk for Serious Mental Illness
Marc J. Weintraub, Ph.D., UCLA Semel Institute
Jamie Zinberg, M.A., UCLA Semel Institute
Carrie Bearden, Ph.D., University of California, Los Angeles
David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior

Application of the Unified Protocol for Children in the Treatment of Pediatric Irritability
Jessica Hawks, Ph.D., Children’s Hospital Colorado/University of Colorado, School of Medicine
Sarah M. Kennedy, Ph.D., Children’s Hospital Colorado/University of Colorado, School of Medicine
Jacob Holzman, Ph.D., University of Colorado Anschutz Medical Campus
An Initial Description and Pilot Study of the Spanish Internet-delivered Version of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents (iUP-A)

**Julia García-Escalera, Ph.D., National Distance Education University**

**Bonifacio Sandín, Ph.D., National Distance Education University**

**Rosa M. Valiente, Ph.D., National Distance Education University**

**Julia García-Escalera, Ph.D., National Distance Education University**

**Victoria Espinosa, M.S, National Distance Education University**

**Paloma Chorot, Ph.D., National Distance Education University**

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**5:00 PM – 6:30 PM**

**Earn 1.5 continuing education credits**

**Symposium 68:**

**Methodological Advances in Research on Sexual and Gender Minority Health: Accounting for New Terminology, Multiple Identities, and Within-group Variability**

**Chair:** Brian A. Feinstein, Ph.D., Northwestern University

**Discussant:** Debra Hope, Ph.D., University of Nebraska-Lincoln

All level of familiarity with the material

**Primary Category:** LGBQT+

**Key Words:** LGBTQ+, Vulnerable Populations, Stigma

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**Developmental and Contextual Influences on Self-identification Among Bisexual, Pansexual, and Queer Male Youth**

**Brian A. Feinstein, Ph.D., Northwestern University**

**Brian Dodge, Ph.D., Indiana University Bloomington**

**Brian Mustanski, Ph.D., Northwestern University**

**The Sexual Orientation and Gender Identities of Young Sexual and Gender Minorities Assigned Female at Birth: Developmental, Cohort, and Racial Differences**

**Emily Devlin, B.A., University of Cincinnati**

**Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine**

**Sarah W. Whitton, Ph.D., University of Cincinnati**
Disclosure, Discrimination, and Mental Health Among Bi+ Adults: The Roles of Primary Identity and Multiple Identity Label Use
Manuel Hurtado, Jr., B.A., Northwestern University
Brian A. Feinstein, Ph.D., Northwestern University
Christina Dyar, Ph.D., Northwestern University
Joanne Davila, Ph.D., Stony Brook University

Perspectives from Transgender and Gender Diverse People on How to Ask About Gender
Jae Puckett, Ph.D., Michigan State University
Nina Brown, B.S., Wayne State University
Terra Dunn, B.S., Michigan State University
Brian Mustanski, Ph.D., Northwestern University
Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

5:00 PM – 6:30 PM
Earn 1.5 continuing education credits

Symposium 69
Mechanisms of Novel Relationship Education Programs for Low-income Couples

Chair:      Brian D. Doss, Ph.D., University of Miami
Discussant: Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville

Moderate level of familiarity with the material
Primary Category: Couples / Close Relationships
Key Words: Couples / Close Relationships, Change Process / Mechanisms, Technology / Mobile Health

Examining Mechanisms of Change in Satisfaction for Couples Receiving Relationship Education
Erica A. Mitchell, Ph.D., The University of Tennessee, Knoxville
Patricia Roberson, Ph.D., The University of Tennessee, Knoxville
Morgan Merrick, B.A., University of Tennessee
James Cordova, Ph.D., Clark University
Kristina Coop Gordon, Ph.D., University of Tennessee-Knoxville

Mechanisms of Change and Maintenance in Online Relationship Programs for Distressed Low-income Couples
Yunying Le, Ph.D., University of Miami
McKenzie K. K. Roddy, M.S., University of Miami
S. Gabe Hatch, B.S., University of Miami
Brian D. Doss, Ph.D., University of Miami
Relational and Psychological Mechanisms of Change in Low Income Couples’ Perceived Health
McKenzie K. K. Roddy, M.S., University of Miami
Brian D. Doss, Ph.D., University of Miami

Mechanisms of Change: Explaining the Impact of Motherwise on Birth Outcomes
Galena K. Rhoades, Ph.D., University of Denver
Maggie O’Reilly-Treter, M.A., University of Denver
Sara Mazzoni, M.D., University of Alabama Birmingham

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 70

Phase I Tests of Culturally Adapted Behavioral and Mindfulness-based Interventions to Improve Mental Health Using Online and in Person Methods for Latinxs

Chair: Natalie Arbid, Ph.D., Harbor UCLA
Discussant: Christina S. Lee, Ph.D., Boston University

Basic to Moderate level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Hispanic American / Latinx

Padres Preparados Online: Technology-based Parent Training for Latinx Families with Preschoolers
Samantha M. Corralejo, Ph.D., Boston Children’s Hospital
Melanie Domenech Rodríguez, Ph.D., Utah State University

Mindfulness, Culture, and Clinical Practice: Clinician Experiences Utilizing Mindfulness and Acceptance with Hispanics/latinos
Rebeca Castellanos, Ph.D., Medical University of South Carolina
Kate Flory, Ph.D., University of South Carolina
Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina
SIG Poster Expo

Each SIG selects poster presentations submitted by their members on their topic or population. SIG posters feature young researchers doing the most up-to-the-minute studies.

View more than 220 posters in the gallery and listen to the individual recordings. Some posters have QR codes imbedded with more information. Browse the virtual website for a complete listing of title and authors arranged by special interest group.

Awards Ceremony

Congratulations to the 2020 ABCT Award Recipients

Career/Lifetime Achievement
Richard G. Heimberg, Ph.D., Temple University

Outstanding Mentor
David A. F. Haaga, Ph.D., Professor of Psychology, American University

Anne Marie Albano Early Career Award for the Integration of Science and Practice
Emily L. Bilek, Ph.D., ABPP, University of Michigan

Sobell Innovative Addictions Research Award
Christopher Correia, Ph.D., Auburn University

Distinguished Friend to Behavior Therapy
Andrea Petersen, Wall Street Journal in-house writer, who consistently takes a CBT approach, when covering mental health

Outstanding Service to ABCT
Lata K. McGinn, Ph.D., Yeshiva University and Cognitive Behavioral Consultants

Virginia A. Roswell Student Dissertation Award
Alexandra Werntz Czywcynski, M.A., University of Virginia and University of Massachusetts Boston

Leonard Krasner Student Dissertation Award
Nur Hani Zainal, M.S., Pennsylvania State University

John R. Z. Abela Student Dissertation Award
Christopher J. Senior, M.A., Catholic University of America
Student Research Grant
Kelsey Pritchard, University of Toledo

Honorable Mention
Christina L. Verzijl, B.A., University of South Florida

President’s New Researcher Award
Joseph McGuire, Ph.D., Johns Hopkins University School of Medicine

Student Travel Award
Katherine Venturo-Conerly, Harvard University

Elsie Ramos Memorial First Author Poster Awards
Danielle Weber, M.A, University of North Carolina at Chapel Hill: “Patterns of Emotional Communication in Same-Sex Female Couples Before and After Couple Therapy”
Rachel Weiler, MSc, PGSP/Stanford PsyD Consortium: “Is Dialectical Behavior Therapy (DBT) a Good Fit for Transgender and Gender Non-Binary (TGNB) Patients?”
Saturday, November 21

10:30 AM – 11:30 AM

Earn 1 continuing education credits

Invited Address 3:

Helping Give Away Psychological Science: Bringing the Best of Our Work to the People Who Would Benefit

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

Primary Category: Dissemination & Implementation Science

Key Words: Dissemination, Implementation, Assessment

Psychologists create a huge amount of research and clinical materials every year. Only a fraction of it directly helps patients. Problems of awareness, access, and applicability are among the obstacles. Open-source approaches to dissemination show great promise in fixing the leaky pipeline due to easy accessibility and low cost. For example, Wikipedia is the largest encyclopedia in the world and the 5th most visited internet site. Wikiversity, whose audience is practitioners and graduate students, is a sister site geared towards teaching and practice. Imagine if we could use these to share resources and improve implementation of psychological science. Well, we can! The proof-of-concept projects have included editing more than 300 pages on Wikipedia and also on Wikiversity. An Evidence Based Assessment site has more than 200 pages that have been accessed more than 275,000 times. The pages include links to more than 250 PDFs of measures (stored on OSF.io so the links will not rot), along with details about scoring and interpretation. An assessment center with free, automated scoring for more than 70 scales has been built with grants from the APS, SSCP, SCCAP/Division53, SCP/Division 12, and the APA/CODAPAR. It provides free scoring reports, and it has been used more than 35,000 times. Creative Commons licensing, widely used in the arts, offers an easy way for us to share the science and practice. Free, simple strategies will let us crowdsource the expertise of ABCT and bring the best information to the people who would benefit.

At the end of this session, the learner will be able to:

• Identify three advantages to using Wikipedia for dissemination of information about emotional and behavioral issues and resources.
• Locate at least three free assessment resource kits on Wikiversity that can be used in clinical practice, research, and teaching.
• Use Creative Commons licensing to make it easier to share resources and maintain control of our work.
Invited Panel 2:

Personalizing Treatment to Improve CBT Outcomes

Michelle Craske, Ph.D., University of California, Los Angeles
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania
Aaron J. Fisher, Ph.D., University of California at Berkeley
Jacqueline B. Persons, Ph.D., Oakland CBT Center
Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine

Primary Category: Treatment - CBT

Key Words: Case Conceptualization/Formulation, Evidence-Based Practice, Neuroscience

This panel discussion focuses on innovations in research and practice related to using individual patient-level data to develop personalized interventions and improve clinical outcomes. Robert DeRubeis will describe recent trends and methods in the effort to promote evidence-based predictions of individual patients’ mental health intervention outcomes. He will point to promising recent uses of these methods to promote evidence-based treatment selection, more powerful between-treatment comparisons, and improvements in the allocation of mental health resources. Aaron Fisher will discuss the collection, preparation, and analysis of person-level data for generating clinical insights. In addition, he will discuss specific methods for modeling and predicting individual behavior, with an eye toward building real-time adaptive interventions. Jacqueline Persons will provide a brief review of the evidence supporting the hypothesis that therapist use of an idiographic case formulation improves outcome and reduces dropout in CBT. Dr. Siegle will review evidence from neuroimaging studies suggesting brain mechanisms associated with depression, how they change in CBT, and how their assessment can be used to predict who is likely to respond to CBT. Given multiple obstacles to using assessment of neural mechanisms to guide treatment, he will also describe an alternate approach, in which targeted pretreatments are used to address predictive mechanisms, to make it more likely that individuals who are originally predicted to not respond to CBT are more likely to respond.

At the end of this session, the learner will be able to:
• Identify how and why multivariable prediction models can be used to enhance personalized, or precision, mental health, beyond what can be achieved with research on moderators of treatment response
• Describe idiographic science, broadly, including applications of person-specific methods to issues of personalization and prediction
• Describe the state of the evidence supporting the hypothesis that therapist use of an idiographic case formulation improves outcome and reduces dropout in CBT
• Identify how to improve precision in cognitive behavioral therapy by working to target individuals’ brain mechanisms

**Special Session**

**Becoming Board Certified in Behavioral & Cognitive Therapy**

Robert Klepac, Ph.D., ABPP, University of Texas Health Science Center at San Antonio

Linda C. Sobell, ABPP, Ph.D., Nova Southeastern University

Primary Category: Workforce Development/Training/Supervision

This workshop will focus on how to become a Board Certified Specialist in Behavioral and Cognitive Psychology. Certification by ABPP demonstrates psychologists have met their specialty’s standards and competencies. Board Certification is valuable for several reasons: (a) it is increasingly becoming an expectation in our profession; (b) it enhances practitioner credibility for patients; (c) it distinguishes you from other psychologists; (d) there are potential salary increases by the VA, hospitals, the military, and other health care facilities; (e) it enhances qualifications as an expert witness; (f) it facilitates inter-jurisdictional licensing and practice mobility; and (g) it streamlines the credentialing process for licensing boards, and insurance companies. The application process for regular, early entry (graduate students, interns, and residents), and senior option candidates will be reviewed.
Special Session

Directors of Clinical Training /Internship Training Directors Meeting

Debora J. Bell, Ph.D., University of Missouri-Columbia

Primary Category: Workforce Development / Training / Supervision

Join this informal discussion of issues of common concern to those responsible for the training of clinical psychologists. The first half of this session will be devoted to issues most relevant to academic doctoral program directors. Representatives from internship programs are invited to join the meeting for the second half of the session, which will be devoted to the discussion of issues of concern to both groups.

Earn 1.5 continuing education credits

Clinical Grand Round:

Doing Dialectical Behavior Therapy with Sexual and Gender Minority People: A Live Demonstration

Chair: Jeffrey M. Cohen, Psy.D., Columbia University Medical Center
Panelist: Colleen A. Sloan, Ph.D., VA Boston Healthcare System

Primary Category: LGBQT+
Key Words: LGBTQ+, DBT (Dialectical Behavior Therapy), Treatment

Sexual and gender minority (SGM) people experience chronic invalidation at both the systemic and interpersonal levels which contributes to increased risk for emotional disorders. SGM people are more likely to seek out mental health treatment and professional guidelines recommend the adaptation of existing evidence-based treatments to address the unique aspects of SGM mental health.

Dialectical Behavior Therapy (DBT) is a treatment for emotion dysregulation, which is rooted in theory regarding the impact of individual-level vulnerability and an invalidating environment. This framework readily lends itself for work with SGM people who by nature of their marginalized identity may have increased vulnerability and who also experience chronic invalidation. DBT contains four modes of treatment including group skills training and individual psychotherapy. The skills training mode teaches skills in a group format, which may empower marginalized people. The individual psychotherapy mode focuses on analyzing problem behavior via chain analysis and generating solutions to facilitate behavioral change. DBT emphasizes a dialectical worldview which balances
acceptance with change which also lends itself to work with SGM people given ongoing discrimination and systemic oppression.

This clinical grand round focuses on implementing DBT with SGM people. Two expert researcher/clinicians will demonstrate how to apply and adapt DBT in order to enhance treatment outcomes. The session will begin with an overview of DBT, including a discussion regarding the integration of the biosocial theory of emotion dysregulation (Linehan, 1993) and minority stress theories (e.g., Meyer, 2003), and how both explain increased risk of emotional disorders for SGM people. The session will then focus on live therapy demonstrations of the individual psychotherapy and skills training group modes of DBT. The presenters will demonstrate how to teach DBT skills from each skills module with adapted teaching points relating to minority stress. Utilizing a roleplay format, presenters will conduct a behavior chain analysis relevant to SGM health disparities. The session will conclude with questions from the audience.

At the end of this session, the learner will be able to:

- Understand how to integrate minority stress theories with the biosocial model for clinical work with SGM people.
- Describe examples of SGM minority stress factors and how they relate to the invalidating environment.
- Apply a dialectical stance to sexual and gender minority mental health.
- Identify ways to adapt DBT skills training when working with sexual and gender minority people.
- Conduct a behavior chain analysis that is affirming and relevant to sexual and gender minority identities and health.
Panel Discussion 25:

Latinx Mental Health in 2020: Current Trends, Challenges, and Future Directions

Moderator: Giovanni Ramos, M.A., University of California Los Angeles
Panelists: Denise A. Chavira, Ph.D., UCLA
Omar G. Gudiño, ABPP, Ph.D., University of Kansas
Armando A. Piña, Ph.D., Arizona State University
Antonio Polo, Ph.D., DePaul University
Catherine D. Santiago, Ph.D., Loyola University Chicago

Primary Category: Culture / Ethnicity / Race
Key Words: Hispanic American/Latinx, Ethnicity, Underserved Populations

Despite presenting with similar and in some cases higher prevalence rates of mental disorders than non-Latinx Whites (Vilsaint et al., 2019), Latinx individuals are less likely to receive mental health services (Ault-Brutusac & Alegría, 2018). Even when Latinx families access care, it is more unlikely they obtain high-quality, evidence-based treatments (EBTs) compared to non-Latinx Whites (Wang et al., 2005; Wang, Berglund, & Kessler, 2000). Factors driving these disparities include distribution of and access to providers (Cummings, Allen, Clennon, Ji, & Druss, 2017); attitudinal barriers, including stigma and cultural beliefs (Breland-Noble, Bell, Burris, & AAKOMA, 2011); and system-level variables, such as linguistic barriers and lack of clinicians’ cultural competency (Stockdale, Lagomasino, Siddique, McGuire, & Miranda, 2008). These mental health disparities are concerning given that at nearly 60 million, Latinxs represent the largest racial/ethnic minority group in the United States. (Pew Research Center, 2019).

In an effort to enhance the impact of behavioral and cognitive therapies in the Latinx community, panelists will: 1) discuss current sociopolitical issues that affect mental health outcomes among Latinx families (e.g., immigration and asylum policies, political discourse); 2) examine latest research trends in the field, including intersectionality with other marginalized identities (e.g., LGBTQ+, rural, Black), and the emphasis on methodological pluralism (i.e., quantitative, qualitative, mixed-methods); and 3) explore future directions in research and intervention development (e.g., treatment modalities that go beyond brick-and-mortar individual therapy). Speakers bring extensive expertise in community-based research and program development (Chavira, Polo, Santiago); empirical examination of effectiveness and cultural robustness of EBTs (Piña, Polo); risk factors, such as community stressors and trauma, as well as sources of resilience, including familism and ethnic identity (Chavira, Gudino, Santiago); and dissemination and implementation of innovative methods to deliver mental health care, such as paraprofessional-led and technology-based interventions (Chavira, Piña).
Panel Discussion 26:

Treating Obesity Among Black Women Patients Using a Culturally Sensitive, Evidence-based, Behavioral Obesity Treatment Program Implemented in Community Primary Care Clinics

M O D E R A T O R :  Carolyn Tucker, Ph.D., University of Florida
P A N E L I S T S :  Carolyn Tucker, Ph.D., University of Florida
               Meagan A. Henry, M.A., University of Florida
               Kirsten Klein, M.A., University of Florida
               Stephen Anton, Ph.D., University of Florida
               Nipa Shah, M.D., University of Florida

Primary Category: Primary Care / Integrated Care

Key Words: African Americans / Black Americans, Community-Based, Obesity

Obesity is now considered an epidemic disease in the United States. This disease is higher among Black women (54.8%) compared to Hispanic women (50.6%), White women (38%), Asian women (14.8%), and men of any race/ethnicity (NHAMES, 2015-16). Yet, Black women are underrepresented in clinical weight loss trials (Fitzgibbon et al., 2010); furthermore, these trials have demonstrated low weight loss maintenance (Tsai et al., 2010). The US Preventive Task Force has recommended that all adults with obesity participate in evidence-based, intensive, multicomponent obesity treatment programs. In a clinical review article by Ard (2015) it was concluded that primary care settings are ideal for delivering such programs. The panelists will discuss an effective, culturally sensitive, intensive, multicomponent, behavioral program for promoting weight loss and maintaining weight loss among Black women primary care patients with obesity—a program that was implemented at the community-based primary care clinics in low-income communities that were used by the participating patients, and implemented by the patients’ physicians and community health workers at these clinics. This program is called the Health-Smart for Treating Obesity (HSTO) Program. It was informed by (a) the patient-centered culturally sensitive health care (PC-CSHC) model (Tucker, Herman, Ferdinand, et al., 2007), (b) the culturally sensitive community-based participatory research (CBPR) approach (Belone, Lucero, Duran, et al., 2016), and (c) the results of focus groups with Black women patients to identify culturally sensitive provider behaviors. Patient empowerment is emphasized in the PC-CSHC model, and community empowerment is emphasized in the CBPR approach. Panelists will discuss the aforementioned model, approach, the focus group results, the impact of the HSTO Program on participating patients’ weight and weight loss maintenance, and implications of the results for treating obesity and reducing obesity disparities. Finally, panelists will highlight the social determinants of health-related systemic, organizational, and policy challenges faced when implementing the HSTO Program and strategies for overcoming these challenges.
Mini Workshop 9:

Behavioral Activation for Later-life Depression

Ann M. Steffen, Ph.D., University of Missouri-St. Louis

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Depression, Behavioral Activation, Psychotherapy Process

Depression is the second leading cause of disability in the US. Specific subgroups of older adults are at risk but underserved due to the national workforce shortage of behavioral health providers trained in aging. Middle-aged and older adults are also impacted by a number of family stressors that increase risk for depression, including being primary caretakers for a spouse, grandchildren or disabled adult children. This workshop trains clinicians to identify and respond to age-related challenges in depression assessment and intervention, using behavioral activation as a strategy of change. Topics covered include assessment, development of an individualized case formulation, setting treatment goals, and implementation of behavioral activation with older adult clients. This approach includes common modifications to behavioral activation (rationale, assessing, systematically tracking, and increasing rewarding events over time) that have been demonstrated to be effective with older adults. Further, training will address ways to use printed aids provided at the workshop to help with communication, structuring sessions and maintaining focus - all critical to effective and professionally rewarding treatment with this complex population.

At the end of this session, the learner will be able to:

• Demonstrate an understanding of the attitude, knowledge and skill competencies for evidence-based assessment of depression in older adults.
• Explain one conceptual model for depression in later life and relevance of behavioral activation as a change strategy.
• Identify and describe key considerations in the application of behavioral activation with older adults.
• Describe and implement at least one evidence-based modification of behavioral activation with older adults.
• Create a professional development plan for attaining additional competencies in clinical interventions with older adults.


**Symposium 72:**

**Mindfulness and Acceptance Based Approaches for Psychosis: Current Evidence and Future Directions**

**Chairs:** Lyn A. Ellett, Ph.D., Royal Holloway, University of London
Brandon Gaudiano, Ph.D., Brown University/Butler Hospital

**Discussant:** Roger Vilardaga, Ph.D., Duke University

All level of familiarity with the material

Primary Category: Schizophrenia / Psychotic Disorders

Key Words: Psychosis / Psychotic Disorders, Mindfulness, ACT (Acceptance & Commitment Therapy)

**Mindfulness Groups for Individuals with Persecutory Delusions: A Pilot Randomised Controlled Trial**

Lyn A. Ellett, Ph.D., Royal Holloway, University of London
Paul Chadwick, Ph.D., University of Bath
Eryna Tarant, BSc, Surrey and Borders NHS Foundation Trust
Christos Kouimtsidis, Ph.D., Surrey and Borders NHS Foundation Trust
Jessica Kingston, Ph.D., Royal Holloway, University of London
Laura Vivarelli, MRCPsych, Surrey and Borders NHS Foundation Trust
Jeewaka Mendis, Ph.D., University of Surrey
Effectiveness and Implementation of Acceptance and Commitment Therapy for Inpatients with Psychosis in a Routine Psychiatric Intensive Care Setting: Open and Pilot Randomized Controlled Trials
Brandon Gaudiano, Ph.D., Brown University/Butler Hospital
Stacy Ellenberg, M.S., Binghamton University
Barbara Ostrove, M.A., Butler Hospital
Jennifer Johnson, Ph.D., Michigan State University
Kim Mueser, Ph.D., Boston University
Ivan W. Miller, Ph.D., Brown University

Recovery ACT: Feasibility and Acceptability of Group Acceptance and Commitment Therapy for People with Psychosis
Eric Morris, Ph.D., La Trobe University
Eliot Goldstone, DPsych, Northwestern Mental Health
Jacinta Clemente, MPych, Northwestern Mental Health
Jesse Gates, Ph.D., Orygen Youth Health EPPIC, Northwestern Mental Health
John Farhall, Ph.D., La Trobe University
Marilyn Cugnetto, Ph.D., Academic Psychology Unit, Northwestern Mental Health

Integrated Coping Awareness Therapy: A Randomized Controlled Trial Targeting Stress Reactivity in First-episode Psychosis
Tate Halverson, M.A., University of North Carolina at Chapel Hill
Tate Halverson, M.A., University of North Carolina at Chapel Hill
Piper Meyer-Kalos, Ph.D., University of Minnesota
David Penn, Ph.D., University of North Carolina at Chapel Hill
Earn 1.5 continuing education credits

Symposium 73

Mental Health Interventions on College Campuses

CHAIRS: Katherine R. Buchholz, Ph.D., Wellesley Centers for Women
Tiffany Artime, Ph.D., Pacific Lutheran University

DISCUSSANT: Jason Kilmer, Ph.D., University of Washington School of Medicine

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Other
Key Words: College Students, Evidence-Based Practice, Treatment

Evidence-based Therapy Addressing Trauma in College Counseling Centers: Training and Implementation
Katherine R. Buchholz, Ph.D., Wellesley Centers for Women
Tiffany Artime, Ph.D., Pacific Lutheran University
Matthew Jakupcak, Ph.D., VA Puget Sound Health Care System; Dept of Psychiatry & Behavioral Sciences, University of Washington

Adaptation of an Evidence-based Online Depression Prevention Intervention for a College Campus
Tracy Gladstone, Ph.D., Wellesley Centers for Women, Wellesley College
Katherine R. Buchholz, Ph.D., Wellesley Centers for Women
Sophia Rintell, B.A., Wellesley Centers for Women
Erica Plunkett, M.S., Wellesley Centers for Women

Impact of Medication Status, Year in School, and Internalizing Conditions on Response to Treatment for ADHD in College Students
Laura D. Eddy, Ph.D., The Citadel
Arthur D. Anastopoulos, Ph.D., University of North Carolina Greensboro
Joshua Langberg, Ph.D., Virginia Commonwealth University
Symposium 74

Identifying Risk Factors and Preventing Suicide in Autistic Individuals

Chair: Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Discussant: E David Klonsky, Ph.D., University of British Columbia

All level of familiarity with the material
Primary Category: Autism Spectrum and Developmental Disorders
Key Words: Autism Spectrum Disorders, Suicide, Self-Injury

Universal Suicide Risk Screening and Patients with Autism in Pediatric Hospitals: Implementation Considerations
Cy Nadler, Ph.D., Children’s Mercy/University of Missouri-Kansas City School of Medicine

Suicidality in Adolescents with ASD Seeking Outpatient Treatment for Impaired Emotion Regulation: Rates, Inter-rater Agreement, and Associated Mental Health Problems
Caitlin M. Conner, Ph.D., University of Pittsburgh School of Medicine
Susan White, ABPP, Ph.D., The University of Alabama
Carla Mazefsky, Ph.D., University of Pittsburgh School of Medicine
The Role of Anxiety and Bullying Experiences in Parent-reported Suicidal Ideation in Children with Autism Spectrum Disorder
Michelle Hunsche, B.A., University of British Columbia
Sonja Saqui, M.A., University of British Columbia
Pat Mirenda, Ph.D., The University of British Columbia
Anat Zaidman-Zait, Ph.D., Tel-Aviv University
Teresa Bennett, Ph.D., McMaster University
Eric Duku, Ph.D., McMaster University
Mayada Elsabbagh, Ph.D., McGill University
Stelios Georgiades, Ph.D., McMaster University
Isabel M. Smith, M.D., DalHousie University
Peter Szatmari, M.D, MSc, FRCPs, University of Toronto
Wendy J. Ungar, Ph.D., University of Toronto
Tracy Vaillancourt, Ph.D., University of Ottawa
Joanne Volden, Ph.D., University of Alberta
Charlotte Waddell, M.D., Simon Fraser University
Lonnie Zwaigenbaum, Ph.D., University of Alberta
Connor M. Kerns, Ph.D., The University of British Columbia

Modifying the Safety Planning Intervention for Autistic Adolescents and Adults: A Community-partnered Approach
Shari Jager-Hyman, Ph.D., University of Pennsylvania
Samantha Crabbe, MSEd, University of Pennsylvania
Megan Airey, B.A., B.S., Children’s Hospital of Philadelphia
David Mandell, Perelman School of Medicine at the University of Pennsylvania
Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Symposium 75

Evidence-based Interventions for College Student Health Behaviors: Improving Buy-in and Navigating Barriers to Implementation

Chair: Laura Holt, Ph.D., Trinity College
Discussant: Meredith Ginley, Ph.D., East Tennessee State University

All level of familiarity with the material
Primary Category: Addictive Behaviors
Key Words: Addictive Behaviors, CBT, Sleep

How to Best Help College Students Quit Vaping? A Qualitative Analysis of Student Perspectives
Laura Holt, Ph.D., Trinity College
Carolyn Najarian, BS anticipated 6/2020, Trinity College
Clara Pingeon, BS anticipated 6/2020, Trinity College

A Risky Proposition: College Students’ Ideas About What Gambling Is
Jeremiah Weinstock, Ph.D., Saint Louis University

A Latent Class Analysis of Correlates of College Student Alcohol Use and PA Group Membership
Craig Henderson, Ph.D., Sam Houston State University
Chelsie M. Young, Ph.D., Rowan University
Maxwell Christensen, B.A., Sam Houston State University
Emma Anderson-White, B.S., Sam Houston State University
Cody Sze, B.A., Sam Houston State University
laian Najjar, MSc, M.A., University of Houston
J. Leigh Leasure, Ph.D., University of Houston
Clayton Neighbors, Ph.D., University of Houston

CBT for College Students with Insomnia
Daniel J. Taylor, Ph.D., Ph.D., University of Arizona
Earn 1.5 continuing education credits

Symposium 76

From Emotion to Rash Action: Understanding Within-person Urgency in Psychopathology

**Chairs:** Sarah H. Sperry, M.S., University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program
Rebecca Fortgang, Ph.D., Harvard University

**Discussant:** Donald Lynam, Ph.D., Purdue University Department of Psychological Sciences

Moderate level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Emotion, Longitudinal, Technology / Mobile Health

Exploring Within-person Cascade Models of Urgency: Dynamics of Stress, Affect, and Impulsivity
Aidan Wright Wright, Ph.D., University of Pittsburgh
Brinkley Sharpe, B.A., University of Pittsburgh Department of Psychology
Sarah H. Sperry, M.S., University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program

Extending the Stress Cascade Model of Urgency: Positive-experience Triggers of Positive Urgency
Sarah H. Sperry, M.S., University of Illinois at Urbana-Champaign Department of Psychology; Medical University of South Carolina Addiction Sciences Division & Bipolar Disorder Research Program
Brinkley Sharpe, B.A., University of Pittsburgh Department of Psychology
Aidan Wright Wright, Ph.D., University of Pittsburgh

State-level Correlates of Trait Negative Urgency
Kevin M. King, Ph.D., University of Washington, Seattle
The Role of Negative Urgency in Resisting Real-time Suicidal Urges
Rebecca Fortgang, Ph.D., Harvard University
Alexander Millner, Ph.D., Harvard University
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Daniel Coppersmith, M.A., Harvard University
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 81

Sexual Minority Stress and Health Disparities: Indications for Intervention Development and Adaptation to Increase Treatment Access and Outcomes for Diverse Populations of Sexual Minority Individuals

Chair: Jacklyn D. Foley, Ph.D., Massachusetts General Hospital
Discussant: David Pantalone, Ph.D., University of Massachusetts Boston

Basic to Moderate level of familiarity with the material
Primary Category: LGBQT+
Key Words: LGBTQ+, Stress, Health Psychology

Comparison of Mental Health and Substance Use Disparities by Gender and Sexual Orientation
Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School
Amelia M. Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital
Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program
Dana King, BA, Fenway Health
Chris Grasso, MPH, The Fenway Institute
Jennifer Potter, M.D., Harvard Medical School
Kenneth Mayer, M.D., The Fenway Institute
Conall O’Cleirigh, Ph.D., Harvard Medical School
A Heavy Burden: Associations Between Sexual Minority Status, Mental Health, and Body Mass Index (BMI) in Women
Alison Goldblatt, M.A., University of Massachusetts Boston
Sarah Bankoff, Ph.D., VA Boston Healthcare System/Boston University School of Medicine
Sabra Katz-Wise, Ph.D., Harvard Medical School/Boston Children’s Hospital
David Pantalone, Ph.D., University of Massachusetts Boston

Effects of Perceived Heterosexism on Trauma Related Symptoms Among Sexual Minority Young Adults
Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY
Madeleine D. Tuten, B.A., Hunter College
Madalyn Liautaud, B.A., The Graduate Center, City University of New York

Mechanisms in the Relationship Between Crystal Methamphetamine Use and STI Diagnosis and HIV/STI Risks in Gay, Bisexual, and Other Men Who Have Sex with Men (gbMSM)
Trevor A. Hart, Ph.D., Ryerson University
Kiffer Card, BSc., Ph.D., Simon Fraser University
Shayna Skakoon-Sparling, Ph.D., Ryerson University
Graham W. Berlin, B.A., Ryerson University
Nathan Lachowsky, Ph.D., University of Victoria
David Moore, MD, Department of Medicine At UBC, The BC Centre For Excellence in HIV/AIDS
Darrell Tan, M.D., FRCPC, Ph.D., St. Michael’s Hospital
Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto
Joseph Cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l’Île-de-Montréal
Jody Jollimore, MPP, Community-Based Research Centre
Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec
Abbie Parlett, BSc., Ryerson University
Marc Messier-Peet, HB.Sc.M.Sc, Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l’île-de-Montréal
Alan Lal, BSc., Search Results Web result with site links BC Centre for Excellence in HIV/AIDS
Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS
Syed W. Noor, M.P.H., Ph.D., Ryerson University
Jared Star, BSW, RSW, University of Manitoba

Loss-framed Messages to Reduce Sexual Risk Compensation Associated with Pre-exposure Prophylaxis (PrEP)
Jacklyn D. Foley, Ph.D., Massachusetts General Hospital
Peter Vanable, Ph.D., Syracuse University
Workshop 10:

Facilitating Personal Recovery in Bipolar Disorder

Steven Jones, Ph.D., Lancaster University
Elizabeth Tyler, Psy.D., Lancaster University

Moderate level of familiarity with the material

Primary Category: Bipolar Disorders

Key Words: Bipolar Disorders, Cognitive Therapy, Recovery

Bipolar disorder affects 1-2 % of the population, is a potentially life long condition and is associated with increased risks of self-harm, suicide, substance use problems and anxiety. NICE guidance recommends access to psychological therapies for people with bipolar and highlights the importance of taking a recovery focused approach to care. There are a range of psychological therapies which have shown promise in improving mood and relapse outcomes in bipolar disorder. However, there is much less evidence indicating how to improve personal recovery and other functional outcomes in this condition. Personal recovery, the ability to live a personally satisfying and engaged life, is a valued outcome amongst service users including people living with bipolar disorder. Recovery focused therapy in an evidence based approach developed to work in partnership with clients to identify and work towards their personal recovery goals considering functional, social and work outcomes as well as mood. This workshop will highlight developments in understanding and treating bipolar disorder from a personal recovery perspective. This will include assessment of personal recovery, key components of the intervention, applications in clinical practice and adaptations for specific groups.

At the end of this session, the learner will be able to:
• Describe the current NICE guidelines for psychological therapy for bipolar disorder and recommendations for further research.
• Explain differences between clinical and personal recovery approaches in bipolar disorder.
• Demonstrate effective use of the Bipolar Recovery Questionnaire to assess and monitor personal recovery.
• Utilise techniques for improving recovery outcomes in bipolar disorder including the application of behavioural experiments.
• Revise RfT for use with older adults.


12:00 p.m. – 3:00 p.m.

Earn 3 continuing education credits

Workshop 12:

 **Microaggressions in Therapy: Effective Approaches to Managing, Preventing, and Responding to Them**

Monnica T. Williams, ABPP, Ph.D., University of Ottawa
Matthew D. Skinta, ABPP, Ph.D., Roosevelt University

All level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: Culture, LGBTQ+, Therapeutic Relationship

This workshop is specifically for clinicians who want to be more effective in their use of evidence-based practices with people of color and sexual and gender minorities. Given the increasing diversity of clients seeking mental health care, there is a growing need to enhance the sensitivity of therapeutic interventions. Many marginalized groups experience large disparities in access and utilization of mental health care. These disparities have multiple causes, but they do exist in part from well-intentioned clinicians who have not yet acquired the skills and knowledge necessary to effectively engage diverse clients. Microaggressions have been identified as a common and troubling cause for poor retention and inadequate treatment outcomes for people of color. Additionally, microaggressions in the everyday lives of people from stigmatized groups have been linked to numerous negative mental health outcomes. Repeated exposure to microaggressions can cause psychological unwellness and even trauma symptoms. Thus, all clinicians can benefit from a better understanding of microaggressions to improve their work with clients and to help clients navigate microaggressions in their daily lives. We will discuss the theoretical basis of the problem (microaggressions), the cognitive-behavioral mechanisms by which the problem is maintained, and how to address this using CBT principles, with a focus on the role of the
Therapists will learn how to effectively support clients who may be experiencing microaggressions in their daily lives. We will also discuss new research surrounding the impact of microaggressions and review assessment strategies for uncovering the effects of stigma-related stress and trauma in clients. The workshop will include examples, discussion, and Q&A.

At the end of this session, the learner will be able to:

- Identify microaggressions in interpersonal interactions and the environment.
- Define microaggressions and explain how they are connected to bias and stereotypes.
- Address ruptures in the therapeutic alliance due to microaggressions.
- Support clients coping with distress or impairment due to microaggressions.
- List various (at least 5) types of psychopathologies connected to experiences of microaggressions.

**Recommended Readings:**


Suicidal behavior is a major public health problem in this country. Despite the significance of this issue, relatively few interventions to reduce suicidal behavior have been developed and empirically tested/validated. We have developed a new intervention called Coping Long Term with Active Suicide Program (CLASP) that targets multiple risk factors for suicide using a unique combination of formats (in-person and telephone) and therapeutic strategies (values-goals clarification, problem solving, significant other support). The CLASP intervention is an adjunctive intervention specifically designed to reduce subsequent suicidal behavior in high risk populations during times of acute risk or transition. CLASP has three major components: 1) three individual, in-person meetings, 2) one significant other/family meeting and 3) 11 brief (15-30 min) phone contacts with the patient and his/her significant other. The strategies used in CLASP are adapted from two main therapeutic approaches: Acceptance and Commitment Therapy (ACT) and the McMaster Model of Family Functioning. Recent research has demonstrated that CLASP produces significant reductions in suicidal behavior in high risk patients transitioning from emergency departments and psychiatric inpatient units. This mini-workshop will provide an overview of the CLASP intervention, intervention materials, case examples and empirical research, so that clinicians and researchers can consider utilizing this intervention in their own settings. Teaching techniques will include didactics and individual and group role-playing.

At the end of this session, the learner will be able to:

- Describe CLASP intervention, its components, and empirical research.
- Appreciate the advantages and challenges of providing a telephone-based intervention to high-risk, potentially suicidal, individuals.
- Explain how values-goals clarification strategies can be adapted to target suicidal behaviors.

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1:30 p.m. – 3:00 p.m.

**Earn 1.5 continuing education credits**

**Mini Workshop 11:**

**Beyond Butterflies: Delivering CBT for Children and Adolescents with Gastrointestinal Symptoms**

*Bradley Jerson, Ph.D.*, Connecticut Children’s and UConn Department of Pediatrics  
*Amy E. Hale, Ph.D.*, Boston Children’s Hospital/Harvard Medical School  
*Kari Baber, Ph.D.*, Children’s Hospital of Philadelphia

All level of familiarity with the material  
Primary Category: Health Psychology / Behavioral Medicine - Child  
Key Words: Behavioral Medicine, Adolescents, Health Psychology

Gastrointestinal symptoms (pain, nausea, bowel symptoms) are among the most common somatic symptoms experienced by children and adolescents, with large, community samples suggesting that more than 20% of children and adolescents experience symptoms consistent with functional gastrointestinal disorder (FGID) diagnosis (e.g. irritable bowel syndrome, functional abdominal pain and nausea; Robin et al., 2018; Saps et al., 2018). Although FGIDs can be markers of anxiety and depression, they can also be experienced in the absence of other psychiatric symptoms. FGIDs are disorders of the gut-brain axis and CBT has demonstrated positive effects (Brent et al. 2008; Rutten et al. 2015) on these symptoms such that treatment guidelines for nearly all pediatric FGIDs now include CBT (Hyams et al. 2016). There is significant need for CBT providers who can treat these populations in community mental health, primary care, and private practice settings, but many lack GI-specific training. Tailoring of CBT for treatment of FGIDs includes adaptations to traditional CBT language and behavioral strategies, but unfortunately there are limited educational and training opportunities for behavioral health professionals to learn these skills. In this workshop, a trio of pediatric psychologists integrated in Gastroenterology programs at academic children’s hospitals will orient participants to the application of
CBT for GI symptoms. An overview of FGID criteria, the biopsychosocial conceptualization that frames CBT interventions for patients with FGIDs, and the evidence base for CBT interventions in this patient population will be reviewed. Metaphors, cognitive restructuring strategies, and GI-specific relaxation strategies will be introduced. We will use case illustrations and role plays to demonstrate how to communicate effectively about the biopsychosocial conceptualization of pediatric FGIDs and associated impairment (e.g., school avoidance), tailoring CBT interventions to target common maladaptive cognitions and behaviors in patients with FGIDs. This workshop is intended for students and trainees at all levels, as well as clinicians who practice outside of subspecialty medical practices.

At the end of this session, the learner will be able to:
- Explain the etiology and maintenance of functional gastrointestinal disorders commonly seen in community settings, including abdominal pain, nausea, vomiting, and bowel disturbances.
- Effectively incorporate biological mechanisms, associated gastrointestinal symptoms, and accompanying impairment into their CBT case conceptualizations.
- Implement at least 1 CBT-based treatment plan for a patient with one of the diagnoses discussed in the workshop.

**Recommended Readings:**
Earn 1.5 continuing education credits

Clinical Round Table 10:

Stuck on a Feeling: Targeting the Mechanism of Cognitive Inflexibility Through CBT to Improve Psychiatric Outcomes in Autism Spectrum Disorders

Moderator: Lauren Kenworthy, Ph.D., Children’s National Hospital
Panelists: Cara Pugliese, Ph.D., Children’s National Hospital
Amy Keefer, ABPP, Ph.D., Center for Autism and Related Disorders, Kennedy Krieger Institute/Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine
Katherine Gotham, Ph.D., Rowan University
Matthew D. Lerner, Ph.D., Stony Brook University
Connor M. Kerns, Ph.D., The University of British Columbia
Julia Bascom, None, Autistic Self Advocacy Network

All level of familiarity with the material

Primary Category: Autism Spectrum and Developmental Disorders
Key Words: Autism Spectrum Disorders, CBT, Change Process / Mechanisms

The primary goals of this clinical roundtable are to 1) understand how cognitive inflexibility manifests across psychiatric disorders in autism spectrum disorders (ASD) and impacts treatment progress, 2) learn empirically supported techniques targeting flexibility to improve treatment outcomes, and 3) recognize when cognitive inflexibility is protective in ASD and could prevent exacerbation of psychiatric problems.

Executive function problems are a “transdiagnostic intermediate phenotype,” or risk factor, for many psychiatric disorders (Snyder & Miyake, 2015). The executive function domain of cognitive inflexibility is a diagnostic marker of ASD, defined by insistence on sameness, inflexible adherence to routines, ritualized patterns of behavior, and perseverative interests. Meta-analytic evidence demonstrates that cognitive flexibility is significantly impaired in typically developing individuals with major depression (MDD), obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), and anxiety disorders (Snyder & Miyake, 2015; Demetriou et al., 2017). Given the high rates of co-occurring psychiatric disorders in ASD, this hallmark feature of ASD may confer additional risk for the development of psychiatric problems. Conversely, certain aspects of inflexibility in ASD may serve as protective factors: cognitive inflexibility around daily living or therapeutic routines may serve to reduce anxiety and increase treatment compliance; and inclusion of focused interests in the therapeutic process may improve engagement and guide novel therapeutic approaches.
This panel brings together experts in ASD who specialize in treating core flexibility impairments and psychiatric disorders that co-occur with ASD (e.g., MDD, OCD, PTSD, anxiety). The moderator will introduce neuropsychological correlates of cognitive inflexibility in ASD and discuss common strengths and weaknesses that stem from cognitive inflexibility. Panelists will demonstrate how they conceptualize cognitive flexibility in their own CBT work in relation to the development, maintenance, or reduction of psychiatric symptoms, and provide examples of how they target cognitive flexibility through CBT in their own practice.

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 71:

It’s All in the Family: Integrating Family into the Treatment of Suicidality and BPD

Chair: Lauren B. Yadlosky, Ph.D., McLean Hospital, Harvard Medical School Dept of Psychiatry
Discussant: Alan Fruzzetti, Ph.D., McLean Hospital, Harvard Medical School Dept of Psychiatry

Basic to Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: Families, Borderline Personality Disorder, DBT (Dialectical Behavior Therapy)

Helping Parents with Sensitive Children: Strategies and Procedures Within DBT for Pre-adolescent Children Model
Francheska Perepletchikova, Ph.D., Weill Cornell Medical College, Department of Psychiatry

Integrating Dialectical Behavior Therapy and Parenting Interventions for At-risk Parent Child Dyads
Maureen Zalewski, Ph.D., University of Oregon, Department of Psychology

Adapting Family Connections to Maximize Family Participation: A Non-randomized Comparison Study
Sophie I. Liljedahl, Ph.D., Finjagården Treatment Center; Sahlgrenska University Hospital (East)

The Family Connections Program: outcomes and a Parent’s Perspective
Lauren B. Yadlosky, Ph.D., McLean Hospital, Harvard Medical School Dept of Psychiatry
Earn 1.5 continuing education credits

Symposium 77:

Social Media and Mental Health: Exploring Cognitive and Behavioral Mechanisms Using Diverse Methodologies

Chair: Lauren A. Rutter, Ph.D., Indiana University Bloomington
Discussant: Jacqueline Nesi, Ph.D., Brown University

All level of familiarity with the material

Primary Category: Technology

Key Words: Technology / Mobile Health, Cognitive Vulnerability, Depression

Examining the Relationship Between Social Media Use, Online Discrimination, and Depression Among Diverse College Students
Cody Weeks, M.A., Montclair State University
Petty Tineo, M.A., Montclair State University
Tanya Singh, M.A., Montclair State University
Farah Mahmud, M.S., Montclair State University
Emily Kline, M.A., Montclair State University
Diana Torsiello, B.A., Montclair State University
Megan Rusco, B.A., Montclair State University
Carron Maria Warner, Ph.D., Montclair State University
Jazmin Reyes-Portillo, Ph.D., Montclair State University

When - And for Whom - Does Facebook Use Turn Maladaptive?
Natalia Macyniokola, M.A., City University of New York, The Graduate Center & Hunter College
Regina Miranda, Ph.D., Hunter College, City University of New York

Distorted Thinking Online: Evidence for Cognitive Distortions in Depressed Twitter Users
Lauren A. Rutter, Ph.D., Indiana University Bloomington
Krishna Bathina, M.S., Indiana University Bloomington
Marijn Ten Thij, Ph.D., Indiana University Bloomington
Lorenzo Lorenzo-Luaces, Ph.D., Indiana University Bloomington
Johan Bollen, Ph.D., Indiana University Bloomington
Online Social Media Activity Shows Differences in the Circadian Rhythm of Depressed vs. Non-depressed Twitter Users
Lorenzo Lorenzo-Luaces, Ph.D., Indiana University Bloomington
Marijn Ten Thij, Ph.D., Indiana University Bloomington
Lauren A. Rutter, Ph.D., Indiana University Bloomington
Johan Bollen, Ph.D., Indiana University Bloomington

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 78

The Role of Parenting Cognitions for Engaging Parents in Treatments to Manage Disruptive Child Behavior

Chair: Hali Kil, Ph.D., Centre for Addiction and Mental Health
Discussant: Brendan F. Andrade, Ph.D., Centre for Addiction and Mental Health

Basic to Moderate level of familiarity with the material
Primary Category: Parenting / Families
Key Words: Parenting, Families, Externalizing

Parent Cognitions and Child ADHD Symptoms and Impairment as Related to Parental Perceptions of ADHD Treatment
Yuanyuan Jiang, Ph.D., Saint Paul University
Devon Chazan, M.Ed., University of Alberta
Minyeong Cho, University of Alberta

Parental Attributions, Parenting Skills, and Readiness for Treatment in Parents of Children with Disruptive Behavior
Hali Kil, Ph.D., Centre for Addiction and Mental Health
Julia Martini, B.A., B.Ed, York University
Brendan F. Andrade, Ph.D., Centre for Addiction and Mental Health

Cultural Differences in Parental Mental Health Literacy and Treatment Attitudes About ADHD
Janet Mah, Ph.D., BC Children’s Hospital
Wendy Li, B.A., BC Children’s Hospital
Symposium 79:

Adapting Transdiagnostic Cognitive Behavioral Therapies for Novel Settings

Chair: Nicole J. LeBlanc, Ph.D., Massachusetts General Hospital

Discussant: Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Transdiagnostic, CBT, Treatment Development

A Single-session Workshop to Enhance Emotional Awareness and Emotion Regulation for Graduate Students
Emily E. Bernstein, M.A., Harvard University
Nicole J. LeBlanc, Ph.D., Massachusetts General Hospital
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Paul Barreira, M.D., Harvard University
Richard McNally, Ph.D., Harvard University

Implementation and Effectiveness of a Transdiagnostic Modular CBT Curriculum for High-risk Young Men
Soo Jeong Youn, Ph.D., Massachusetts General Hospital/Harvard Medical School
Anna Bartuska, B.S., B.A., University of North Carolina at Chapel Hill
E. David Zepeda, Ph.D., Boston University School of Public Health
Juliana Ison, B.A., Massachusetts General Hospital
Lillian Blanchard, B.S., Massachusetts General Hospital
Kimberly E. Dean, Ph.D., Massachusetts General Hospital
Derri Shtasel, M.D., Massachusetts General Hospital
Luana Marques, Ph.D., Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments, Department of Psychiatry, Massachusetts General Hospital
Adapting Transdiagnostic Cognitive-behavioral Treatment for an Intensive Outpatient Program for Young Adults with Substance Use Disorders: feasibility and Initial Efficacy
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
James McKowen, Ph.D., Massachusetts General Hospital/Harvard Medical School
Lisa Cohen, Psy.D., Massachusetts General Hospital
A. Eden Evins, M.P.H., M.D., Massachusetts General Hospital
Kelsey Lowman, B.A., Massachusetts General Hospital

Establishing a Collaborative Care CBT Milieu in Adolescent Inpatient Units
Torrey A. Creed, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Scott H. Waltman, ABPP, Psy.D., Center for Dialectical and Cognitive Behavior Therapy
Michael Williston, Psy.D., University of Pennsylvania

A Pilot Adaption of a Smartphone-based Transdiagnostic Cognitive Behavioral Treatment for Suicide Risk Reduction
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Joseph S. Maimone, B.A., Massachusetts General Hospital
Erin Kilbury, M.A., Harvard University
Rebecca Fortgang, Ph.D., Harvard University
Kelly Zuromski, Ph.D., Harvard University
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University
Earn 1.5 continuing education credits

Symposium 80:

Identifying Ethnic Minority Adolescents at Greatest Risk of Mental Health Problems: Assessing Intervention Targets and Enhancing Engagement in Care

Chair: Josephine Shih, Ph.D., Saint Joseph’s University
Discussant: Anna Lau, Ph.D., University of California, Los Angeles

Basic level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Culture, Risk / Vulnerability Factors, Underserved Populations

Josephine Shih, Ph.D., Saint Joseph’s University
William Tsai, Ph.D., Department of Applied Psychology, New York University.
Bahr Weiss, Ph.D., Vanderbilt University
Anna Lau, Ph.D., University of California, Los Angeles

Discrimination, Family Factors and Externalizing Symptoms in Rural Latinx Youth: Sex Matters
Carolyn Ponting, M.A., University of California, Los Angeles

Referral and Eligibility Patterns of Youth At-risk for Depression in Urban School Settings
Antonio Polo, Ph.D., DePaul University
Amber Ramos, B.A., DePaul University
Averill F. Obee, B.A., DePaul University
Jeanette Figueroa, B.S., DePaul University
Jesus Eduardo Solano-Martinez, B.A., DePaul University
Laura Saldana, B.A., DePaul University

Culturally Adapting Youth Mental Health First Aid Training for Asian American Parents at School
Cixin Wang, Ph.D., University of Maryland- College Park
Jia Li Liu, Ph.D., University of Maryland, College Park
Kristen Marsico, M.A., University of Maryland, College Park
Qianyu Zhu, M.A., University of Maryland, College Park
 Symposium 82

**Increasing Access to Evidence-based Services in Pediatric Primary Care**

**Chair:** Jami Young, Ph.D., Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine

**Discussant:** Laura H. Mufson, Ph.D., Columbia University Vagelos College of Physicians and Surgeons and New York State Psychiatric Institute

All level of familiarity with the material

**Primary Category:** Primary Care / Integrated Care

**Key Words:** Primary Care, Child, Underserved Populations

**Eliciting Stakeholder Feedback to Adapt and Implement an Early Childhood Behavioral Sleep Intervention in Primary Care**

Ariel A. Williamson, Ph.D., Children’s Hospital of Philadelphia & University of Pennsylvania Perelman School of Medicine

Olivia Cicalese, M.S., Children’s Hospital of Philadelphia

Izabela Milaniak, M.A., University of Pennsylvania

Bethany Watson, M.A., University of Pennsylvania

Brittney Evans, M.S., Children’s Hospital of Philadelphia

Chimereodo Okoroji, M.A., Children’s Hospital of Philadelphia

Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

Amy Kratchman, B.A., Children’s Hospital of Philadelphia

Frances Barg, Ph.D., MEd, University of Pennsylvania

Katharine Rendle, Ph.D., MSW, MPH, University of Pennsylvania

Alexander G. Fiks, M.D., MSCE, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Jodi Mindell, Ph.D., CBSM, Children’s Hospital of Philadelphia/Saint Joseph’s University
Adolescent Depression in Primary Care: Opportunities for Early Identification and Prevention
Jami Young, Ph.D., Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine
Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Victoria Rio, B.S., The Children’s Hospital of Philadelphia
Morgan L. Bush, B.A., Children’s Hospital of Philadelphia
Rebecca M. Kanine, Ph.D., Children’s Hospital of Philadelphia
Jason D. Jones, Ph.D., The Children’s Hospital of Philadelphia
Alyssa Farley, Ph.D., Boston University

Implementing, Evaluating and Sustaining a Positive Parenting Intervention in Primary Care
Joanne N. Wood, M.D., M.S., University of Pennsylvania School of Medicine
Kratchman Devon, B.S., Children’s Hospital of Philadelphia
Samantha Schilling, MD, MSHP, Department of Pediatrics, University of North Carolina

Engaging Families, Educators, and Primary Care Providers to Reduce Services Disparities
Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania
Alex Holdaway, Ph.D., Children’s Hospital of Philadelphia
Phylicia Fitzpatrick Fleming, Ph.D., Children’s Hospital of Philadelphia
Marsha Ariol, M.S., Children’s Hospital of Philadelphia
La’Shaunte Casher, M.A., Children’s Hospital of Philadelphia
Meaghan Lee, B.A., Children’s Hospital of Philadelphia
Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine
Symposium 83

New Directions in Means Safety Interventions: Enhancing Engagement and Outcomes

Chair: Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA Medical Center
Discussant: Peter C. Britton, Ph.D., Canandaigua V. A. Medical Center

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Treatment Development, Implementation

Psychosocial Correlates of Safe Firearm Storage Practice Among U.S. Gun Owners
Craig J. Bryan, Psy.D., National Center for Veterans Studies
AnnaBelle Bryan, M.S., National Center for Veterans Studies
Michael D. Anestis, Ph.D., School of Psychology
Joye C. Anestis, Ph.D., University of Southern Mississippi

Project Safe Guard: Leveraging Motivational Interviewing to Prompt Safe Firearm Storage Within the Mississippi National Guard
Michael D. Anestis, Ph.D., School of Psychology
Daniel Capron, Ph.D., University of Southern Mississippi
AnnaBelle Bryan, M.S., National Center for Veterans Studies
Craig J. Bryan, Psy.D., National Center for Veterans Studies

A Pilot Randomized Clinical Trial of a Lethal Means Safety Intervention for Young Adults with Firearm Familiarity at Risk for Suicide
Ian H. Stanley, M.S., VA Boston Healthcare System
Melanie A. Hom, M.S., Florida State University
Natalie Sachs-Ericsson, Ph.D., Florida State University
Austin Gallyer, B.S., Florida State University
Thomas Joiner, Ph.D., Florida State University
Adapting the Safety Check for Wide-scale Implementation in Health Systems for Prevention of Pediatric Firearm Injury and Mortality
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
Amy Pettit, Ph.D., University of Pennsylvania
Christina Johnson, B.S., University of Pennsylvania
Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Rebecca Cunningham, M.D., University of Michigan
David Hemenway, Ph.D., Harvard University
Benjamin Hoffman, M.D., Oregon Health & Science University
Shari Jager-Hyman, Ph.D., University of Pennsylvania
Cheryl A. King, Ph.D., University of Michigan
Adina Lieberman, MPH, University of Pennsylvania
Lynn Massey, L.M.S.W., University of Michigan
Frederick Rivara, M.D., M.P.H., University of Washington
Eric Sigel, M.D., University of Colorado
Maureen Walton, M.P.H., Ph.D., University of Michigan
Courtney Benjamin Wolk, Ph.D., University of Pennsylvania
Shari Barkin, M.D., M.S.H.S., Vanderbilt University
Earn 1.5 continuing education credits

Symposium 84

Extending the Impact of Cognitive and Behavioral Therapies Through the Integration of Health Outcomes: A Closer Look at Emotion Regulation Processes

ChairS: Laura J. Dixon, Ph.D., University of Mississippi
               Aaron A. Lee, Ph.D., University of Mississippi

Discussant: Kim L. Gratz, Ph.D., University of Toledo

Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: Emotion Regulation, Health Anxiety, Change Process / Mechanisms

Examining the Effect of Acute Aerobic Exercise on State-based Emotion Regulation During Emotional Distress
Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
Christopher R. Berghoff, Ph.D., University of South Dakota
Randy L. Aldret, Ed.D, Edward Via College of Osteopathic Medicine
Gregory R. Davis, Ph.D., University of Louisiana at Lafayette
David M. Bellar, Ph.D., University of North Carolina at Charlotte

Emotion Dysregulation Mediates the Relation of Valued Action Obstruction and Physical Health
Jennifer Kuo, M.A., University of South Dakota
Emily A. Kalantar, B.A., University of South Dakota
Lucas D. Baker, B.S., University of South Dakota
Rachel C. Bock, B.S., University of South Dakota
Christopher R. Berghoff, Ph.D., University of South Dakota

The Effect of Negative Emotion on Responses to an Analogue Addictive behaviors Paradigm
Matthew T. Tull, Ph.D., University of Toledo
Aaron A. Lee, Ph.D., University of Mississippi
Margaret M. Baer, B.A., University of Toledo
Keith A. Edmonds, M.A., University of Toledo
Chase D. Riling, University of Toledo
Kim L. Gratz, Ph.D., University of Toledo
Examining the Mediating Role of Emotion Regulation Difficulties in Behavioral Avoidance of Gastrointestinal Symptoms
Sara Witcraft, M.A., University of Mississippi
Laura J. Dixon, Ph.D., University of Mississippi

Emotion Regulation Among Adults with Asthma: Association with Symptom Control, Rescue Inhaler Overuse, and Acute Healthcare Utilization
Aaron A. Lee, Ph.D., University of Mississippi
Patric Leukel, B.S., University of Mississippi
Laura J. Dixon, Ph.D., University of Mississippi
Ann-Marie Rosland, M.D., University of Pittsburgh

1:30 p.m. – 3:00 p.m.
Earn 1.5 continuing education credits

Research and Professional Development 2

Dr. Strangeabct Or: How I Learned to Stop Worrying and Love the Camera Conducting an Effective Television Interview

Panelists: Gwilym Roddick, LCSW, Other, The Ross Center
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
Emily Bilek, ABPP, Ph.D., University of Michigan
Ilana Seager van Dyk, M.A., The Ohio State University

All level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Scientist-Practitioner, Anxiety, Exposure

Close your eyes. Does the thought of sitting in front of a camera sharing your knowledge of evidence-based practice and research activate your limbic system in an uncomfortable way? If you have been brave enough to try, are there safety behaviors you have engaged in when doing such interviews? Or have you simply avoided them out of embarrassment or fear of inadequacy? Would you like to share your professional expertise with the world through video, but aren’t sure you will “get it right” or be effective? If you answered yes to any or all of these questions, you should attend our Professional Development session. This 90-minute demonstration will provide attendees with instruction about conducting an effective television- or video-based interview. Numerous research studies have illustrated the helpful impact television and video have had on destigmatizing mental health services and the people who seek them. Research also suggests that without quick and easily disseminable products like video, it can take several years for both practitioners and consumers learn about the most helpful methods of treatment. Unlike scholarly or even newspaper articles, television and web-based video is designed to be short, specific, and plainspoken. Critically, most clinicians and researchers have little-to-no experience being
interviewed for a public audience, leading to a dearth of effective media appearances by CBT experts. This session will attempt to fill this gap in the media by providing attendees with both a) the skills to take part in a filmed interview, and b) space to reflect upon the ways in which exposure-based principles can be utilized to overcome attendees’ own fears about being on camera. First, Dr. Kevin Chapman and members of ABCT’s Public Education and Media Dissemination Committee will lead a live- and video-projected demonstration of a successful television interview. In addition, up to two volunteer participants will have the opportunity to engage in a practice interview on a topic of their choosing, followed by feedback. Participants who wish to volunteer for the practice interview should bring three questions they have prepared on a topic with which they are familiar.

At the end of this session, the learner will be able to:

- Describe the basic elements of an effective expert practitioner/researcher television interview or video.
- Identify up to three behaviors and beliefs that are inhibiting them from video-based media work, and potential cognitive and behavioral strategies they could use to counter them.
- Describe the basic elements of a short web-based video.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 27:

Adaptations in Mental Healthcare Treatment Delivery and Research Conducted in Response to the COVID-19 Pandemic in an Urban Setting

**Moderator:** Julianne W. Tirpak, M.A., Boston University

**Panelists:** Lisa Smith, Ph.D., Boston University Center for Anxiety and Related Disorders

Todd Farchione, Ph.D., Boston University Center for Anxiety and Related Disorders

Barbara W. Kamholz, Ph.D., VA Boston Healthcare System

Ryan Madigan, Psy.D., Boston Child Study Center

Jason Krompinger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School

Primary Category: Health Care System / Public Policy

Key Words: Health Care System, Implementation, Public Policy

On 3/10/20 a state of emergency was declared in the state of Massachusetts (MA) due to the COVID-19 outbreak. On 3/11/20 the outbreak was labelled a pandemic by WHO. On 3/15/20, 164 cases were reported by the MA Dept. of Public Health (MA-DPH), with the number of presumptive positive and confirmed cases continuing to sharply rise as the virus is further transmitted, and as more frequent testing procedures are implemented. In response to the pandemic, the Federal CDC and the MA-DPH recommend implementation of community mitigation strategies, including the cancellation of large gatherings, and the practice of social distancing.

Social isolation has been correlated to mental health symptoms such as anxiety and depression based on social disconnectedness and perceived isolation. The uncertainty of contagion is an additional factor that contributes to anxiety. Fear of contracting COVID-19 and the widespread call for social distancing is likely to result in a sudden surge in psychological symptoms that could threaten to overwhelm existing mental healthcare services.

The panel will describe their implementation of mental healthcare best practices as the pandemic unfolds, including remote telemental healthcare, residential care in the face of anticipated high demand for service, and attempts to continue ongoing treatment outcome research. Additionally, presenters will comment on aspects of training and supervision as the change in demand for service delivery modalities affects clinicians with varying amounts of experience. The panel will also seek to compile pandemic related trends in mental health symptomatology.

Panelists were chosen based on their ability to discuss changes in the treatment delivery from a range of settings in the greater Boston area including general outpatient
clinics, VA and private hospital settings, and a federally-funded research lab specializing in treatment outcome research.

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3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 28:

Navigating Barriers to Suicide Treatment and Research Among High-risk Populations During Critical Care Transitions

**Moderator:** Caroline S. Holman, Ph.D., Brown University & Providence VA Medical Center

**Panelists:** Melanie L. Bozzay, Ph.D., Brown University & Providence VA Medical Center  
Lauren Weinstock, Ph.D., Brown University  
Jennifer Barredo, Ph.D., Brown University & Providence VA Medical Center  
Heather Schatten, Ph.D., Brown University & Butler Hospital  
Jennifer Primack, Ph.D., Brown University & Providence VA Medical Center

Primary Category: Suicide and Self-Injury

Key Words: Suicide, Service Delivery, Technology / Mobile Health

Patients are at significantly elevated risk of suicide during vulnerable transitions in care (e.g., discharge from psychiatric hospitalization; release from jail). These transitional periods are thus critical opportunities to reduce suicides. This panel will discuss ongoing efforts to implement suicide interventions during these care transitions across a range of settings affiliated with the Brown Medical School (e.g., adult psychiatric hospitals, the Veterans Affairs hospital system, jail system). Initial discussions will focus on barriers to treatment implementation across settings, with an eye towards challenges at the institutional (e.g., closed versus open systems of care; climate towards transitional support and patients in crisis) and individual (e.g., diversity considerations regarding developmental stage, cultural backgrounds) levels. Next, panelists will discuss strategies and lessons learned for tailoring treatment development to address these barriers, and unique ethical issues in implementing and testing these interventions in these groups (e.g., confidentiality, determination of ‘good clinical practice’ for patients with particular symptom profiles). We will share our experiences with implementing specific intervention modalities (e.g., Brief CBT for Suicide, Safety Planning Interventions) within these settings, and discuss the challenges involved in leveraging technology (e.g., smartphone application development) to augment existing care, and/or increase access to treatment for high-risk populations. Informally, we will also discuss the importance of supporting staff and clinicians who are
working closely with patients in crisis who often have limited access to resources. Finally, our panel will discuss challenges and lessons learned from generalizing interventions developed to address risk during transitions in care to being the standard of care for high-risk populations during high risk periods.

3:15 p.m. – 4:45 p.m.

Earn 1.5 continuing education credits

Panel Discussion 29:

Opening the Toolbox: Expanding Access to Clinical Psychological Science Through Open Science Practices

**Moderators:** Matthew W. Southward, Ph.D., University of Kentucky
Kathryn P. Linthicum, B.A., Florida State University

**Panelists:**
Aaron J. Fisher, Ph.D., University of California at Berkeley
Bethany A. Teachman, Ph.D., University of Virginia
Jessica L. Schleider, Ph.D., Stony Brook University
Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis
Lauren S. Hallion, Ph.D., University of Pittsburgh

Primary Category: Dissemination & Implementation Science

Key Words: Professional Issues, Dissemination, Methods

Psychology’s open science movement centers on enhancing the accessibility of replicable, trustworthy findings. Open methods, open datasets, and pre-registered hypotheses allow for clearer communication and translation between basic psychopathology research and more applied work. The use of pre-prints can facilitate greater access to new findings by practitioners and policymakers. Further, opening the process by which we conduct clinical research can engage relevant stakeholders (e.g., clinicians, patients, policymakers) in generating useful hypotheses and designing applicable methods while also enhancing trust among peers and community members.

However, there are some unique challengers to implementing open science practices for those at different career stages. For instance, pre-registering analyses may contribute to a slower pace of research for early career researchers. Potential collaborators working with hard-to-reach populations may be less willing to share data, given the lack of incentives for conducting team science. Further, researchers may not know how to effectively initiate collaborations with providers or view this possibility as ceding autonomy.

We have gathered panelists ranging from graduate students to leading experts in the field who have thoughtfully considered and begun to implement open science practices in both basic and applied psychopathology research. We will first define open science using relevant examples from clinical psychology. We will then underscore the unique challenges of conducting clinical psychology research using open science principles. Finally, panelists will share their experiences implementing open science practices (e.g., pre-registration, pre-prints, public data sharing, initiating and maintaining stakeholder collaborations) in
their research and discuss novel strategies to expand the reach of these practices. We hope that the panelists’ and moderators’ range of experiences will provide audience members at all career stages with relevant, thought-provoking, and tangible advice on how to use open science practices in their own work. To facilitate this, we will create an Open Science Framework (OSF) page with resources discussed by the panel for audience members to use.

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3:15 p.m. – 4:45 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 30:**

**Learning to Lead: Fostering Organizational Leadership Skills in Psychology**

**Moderators:** H. Gemma Stern, B.S., Rutgers University
Emily Badin, M.A., Rutgers University

**Panelists:**
Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders
Brian C. Chu, Ph.D., Rutgers University
Simon A. Rego, ABPP, Psy.D., Montefiore Medical Center
Antonette M. Zeiss, Ph.D., Retired

Primary Category: Workforce Development / Training / Supervision
Key Words: Career Development, Professional Development, Education and Training

As the professional roles of psychologists expand, trainees aspire to become leaders across diverse settings at local, regional, and national levels. While psychology programs successfully promote mastery in research, teaching, and clinical work, they often lack specific training related to organizational leadership and administration. However, psychologists have the foundational skills that are essential in leadership roles, such as, expertise in behavioral change principles, motivation and engagement strategies, and a broad understanding of systemic dynamics. Explicit training in organizational leadership may increase access to these positions for psychologists to enhance the impact and reach of evidence-based care. The purpose of this panel is to discuss the career trajectories of psychologists in leadership positions – the experiences they had or wish they had, the necessary skills and how to build them, and the various career inflection points that led to leadership positions. Dr. Brian Chu will highlight essential training experiences for university leadership in a psychology department. Dr. Simon Rego will highlight the needed skills and experiences to prepare as a director of clinical training at a prominent internship site and as Chief of Psychology. Dr. Anne Marie Albano will address the leadership skills required to lead an academic medical center, as well as her experiences in program development and as a woman in leadership. Dr. Kevin Chapman will examine his career path as a founder and director of a successful private practice and a national public leader.
in psychology through the media. Finally, Dr. Antonette Zeiss will consider the skill set required to be a national leader in mental health at the Department of Veterans Affairs. Each will discuss leadership roles in national organizations (Drs. Albano and Zeiss were past presidents of ABCT; Dr. Rego is former Representative at Large; Dr. Chu is the current editor of *Cognitive & Behavioral Practice*; Dr. Chapman is past program chair), policy, and advocacy. The panel will discuss implications for guiding future graduate training in psychology.

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3:15 p.m. – 4:45 p.m.

**Earn 1.5 continuing education credits**

Research and Professional Development 3

**It Never Hurts to Ask! Strategies to Negotiate Academic Job Offers**

**Panelists:** Shona N. Vas, Ph.D., University of Chicago
Fabiana N. Araujo, Ph.D., University of Chicago

Basic to Moderate level of familiarity with the material

Primary Category: Professional / Interprofessional Issues

Key Words: Professional Development, Training / Training Directors, Women’s Issues

Negotiation is a critical component of obtaining and retaining academic jobs, yet most aspiring psychologists do not receive training on how to be effective negotiators. Negotiation has significant long-term implications, as failure to negotiate a first salary can result in >$500,000 in lost wages by age 60. Per research on the gender gap, women are less likely to initiate or engage in negotiations and set lower expectations for the process. Gender differences perpetuate a salary gap with 2017 estimates showing that women earn 73.2% of men’s salaries. The purpose of this workshop is to provide instruction in the benefits and process of negotiation, drawing on lessons learned from industry and academia. Consistent with the conference theme, understanding the cognitive and behavioral components of negotiation will enhance its effectiveness. In the first stage of negotiation, candidates identify what they want by articulating what is important to them and what they value for this position and their career. The second stage is identifying what is being negotiated. Candidates prepare for this process by identifying what they need to be most successful in this position, knowing with whom they are negotiating, and understanding the context surrounding the position. The third stage is engaging in the negotiation, which includes key considerations like how to preserve the relationship and when to walk away. We will present case examples and engage in role play to demonstrate these skills. Thus, by the end of the presentation, participants will be equipped with skills and strategies to successfully negotiate.

At the end of this session, the learner will be able to:
• Recognize the importance of negotiation as a specific skill with implications for professional development.
• Identify components of particular elements of the position that may be negotiable.
• Learn specific skills to negotiate successfully.


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**Earn 1.5 continuing education credits**

**Symposium 85**

**Responses to Reward and Threat Across the Translational Pipeline: Improving Outcomes and Access**

**CHAIRS:** Anna Franklin, M.A., University of Pennsylvania
Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA Medical Center

**DISCUSSANT:** Michelle Craske, Ph.D., University of California, Los Angeles

Moderate level of familiarity with the material
Primary Category: Adult Depression
Key Words: Anxiety, Depression, CBT

**Affective Responses to Threat and Reward Events in Generalized Anxiety Disorder and Major Depressive Disorder**
Anna Franklin, M.A., University of Pennsylvania
Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA Medical Center
Ayelet M. Ruscio, Ph.D., University of Pennsylvania

**Neural Responses to Reward and Loss as Predictors and Mechanisms of Symptom Change in Cognitive Behavioral Therapy for Depressed Adolescent Girls**
Christian Webb, Ph.D., Harvard Medical School
Randy Auerbach, Ph.D., Columbia University
Erin Bondy, B.A., Washington University in St. Louis
Colin Stanton, B.A., Yale University
Lindsay Appleman, B.A., Harvard Medical School
Diego A. Pizzagalli, Ph.D., Harvard Medical School - McLean Hospital
Reward and Threat as Predictors of Depression Treatment Outcome: A Secondary Analysis of a Randomized Clinical Trial
Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA Medical Center
Colin Xu, M.A., University of Pennsylvania
Barnaby Dunn, Ph.D., University of Exeter
Zachary D. Cohen, M.A., University of Pennsylvania
Robert J. DeRubeis, Ph.D., Department of Psychology, University of Pennsylvania
Steven D. Hollon, Ph.D., Vanderbilt University

Challenging Threats to and Identifying Rewards for EBP Delivery in the Publicly Funded Behavioral Health System
Rebecca Stewart, Ph.D., University of Pennsylvania
Carrie Comeau, LCSW, Evidence Based Practice and Innovation Center, Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)
Nathaniel Williams, Ph.D., LCSW, Boise State University
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 86
Understanding the Therapeutic Process of Exposure Therapy to Optimize Treatment

ChairS: Sophie A. Palitz Buinewicz, M.A., Temple University
       Jennifer L. Buchholz, M.A., UNC Chapel Hill
Discussant: David F. Tolin, ABPP, Ph.D., Institute of Living

Moderate level of familiarity with the material
Primary Category: Treatment - CBT
Key Words: Exposure, Anxiety, Therapy Process

The Relationship Between Therapist Behaviors During Exposure Tasks and Treatment Outcomes for Anxious Youth
Sophie A. Palitz Buinewicz, M.A., Temple University
Philip C. Kendall, ABPP, Ph.D., Temple University
Treatment Credibility and Outcome Expectancy as Predictors of Exposure Therapy Outcome
Jennifer L. Buchholz, M.A., UNC Chapel Hill
Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill
Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Health Care System
Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Outcomes and Mechanisms of Change in Acceptance and Regulation Approaches to Exposures for Intrusive Thoughts
Brooke M. Smith, Ph.D., Western Michigan University
Jennifer Barney, M.S., Utah State University
Clarissa Ong, M.S., Utah State University
Tyson Barrett, Ph.D., Utah State University
Michael E. Levin, Ph.D., Utah State University
Michael Twohig, Ph.D., Utah State University

Patient Adherence as a Predictor of Outcome from ERP: Obsessive-compulsive Symptom Dimensions and Maintenance Factors
Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill
Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
Jennifer L. Buchholz, M.A., University of North Carolina at Chapel Hill
Michael Twohig, Ph.D., Utah State University
Symposium 87

Barriers to Mental Health Treatment Access Among Marginalized Racial and Ethnic Groups

Chair: Alexandra L. Silverman, B.A., University of Virginia
Discussant: Crystal L. Barksdale, M.P.H., Ph.D., National Institute of Mental Health

All level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Race, Ethnicity, Underserved Populations

Relationship Between Beliefs About Mental Health Treatment, Multi-level Barriers, and Use of Mental Health Treatment
Alexandra L. Silverman, B.A., University of Virginia
Bethany A. Teachman, Ph.D., University of Virginia

Barriers to Quality and Effective Mental Healthcare for Black Americans: A Client Perspective
Jessica R. Graham-LoPresti, Ph.D., Suffolk University
Tahirah Abdullah, Ph.D., University of Massachusetts, Boston
Noor Tahirkhel, M.A., University of Massachusetts, Boston
Shannon Hughley, B.A., University of Massachusetts, Boston
Samantha Duterville, M.A., University of Massachusetts, Boston
Amber Calloway, Ph.D., University of Pennsylvania

Community Definitions of Mental Health, Priority Areas, and Barriers to Care Across Five Diverse Communities: Integrated Qualitative and Quantitative Methods to Addressing Mental Health Disparities
Anu Asnaani, Ph.D., University of Utah
Ana Sanchez-Birkhead, Ph.D., University of Utah
Ifrah R. Majeed, B.A., University of Utah
Sheila Crowell, Ph.D., University of Utah

Refugee Mental Health: The Impact of Traumatization and Nationality on Referral Acceptance
Monnica T. Williams, ABPP, Ph.D., University of Ottawa
Victoria Schlaudt, Ph.D., University of Miami
Rahel Basson, M.D., University of Louisville
Lisa Hooper, Ph.D., University of Northern Iowa
Symposium 88

Quantifying Minority Stress: Treatment-related Targets and Attitudes Among Sexual and Gender Minorities

Chairs: Mallory Dobias, B.S., Stony Brook University
       Kathryn Fox, Ph.D., University of Denver

Discussant: Aaron Blashill, Ph.D., San Diego State University

Basic to Moderate level of familiarity with the material
Primary Category: LGBQT+
Key Words: LGBTQ+, Stigma

Self-hatred in Young Adults: Examining the Roles of Gender, Sexual Orientation, and Depression
Mallory Dobias, B.S., Stony Brook University
Michael Mullarkey, M.A., University of Texas-Austin
Jessica L. Schleider, Ph.D., Stony Brook University

Associations Among Sexual and Gender Minority Identities and Self-punishment and Pain Intentions in Adolescents
Kathryn Fox, Ph.D., University of Denver
Shirley B. Wang, Ph.D., Queen Mary University of London
Matt Nock, Ph.D., Harvard University

Emotional Changes Following Discrimination Induction in Gender- and Sexuality-diverse Adolescents
Diana Smith, B.A., UC San Diego
Kathryn Fox, Ph.D., University of Denver
Mikaela Carter, M.A., Massey University
Brian Thoma, Ph.D., University of Pittsburgh, Dept Psychiatry
Jill Hooley, Ph.D., Harvard University

A Typology of Parental Responses to Sexual and Gender Minority Children: Associations with Offspring Mental Health and Parents’ Willingness to Pursue Parenting Interventions
Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health
Lea R. Dougherty, Ph.D., University of Maryland, College Park
John E. Pachankis, Ph.D., Department of Social and Behavioral Sciences, Yale School of Public Health
Symposium 89

Improving Usability and Implementation of Evidence-based Psychotherapies: A Human-centered Design Approach

Chair: Brenna N. Renn, Ph.D., University of Nevada, Las Vegas
Discussant: Adam J. Haim, Ph.D., National Institute of Mental Health

Basic to Moderate level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Implementation, Underserved Populations, Treatment Development

Task Sharing to Improve Access to Geriatric Depression Care in Primary Care: Barriers and Facilitators Reported by Providers and Staff
Brenna N. Renn, Ph.D., University of Nevada, Las Vegas
Oleg Zaslavsky, Ph.D., MHA, RN, University of Washington
Frances Chu, MLIS, MSN, RN, University of Washington
Emily Ishado, MSW, University of Washington
Patricia A. Areán, Ph.D., University of Washington, Seattle

Adapting the Collaborative Assessment and Management of Suicidality (CAMS) Framework for High Schools
Stephanie Brewer, Ph.D., University of Washington
Jessica Coifman, MPH, University of Washington
Heather Cook, MEd, University of Washington
Erin McRee, B.A., University of Washington
Janine Jones, Ph.D., University of Washington
Aaron Lyon, Ph.D., University of Washington

Iterative Redesign of a Behavioral Skills Training Program for Use in Educational Settings
Jill J. Locke, Ph.D., University of Washington
Karen Elizabeth. Bearss, Ph.D., University of Washington
Symposium 90

New Directions in Clarifying the Role of Substance Use in Suicide Risk

**Chairs:** Matthew T. Tull, Ph.D., University of Toledo
Margaret M. Baer, B.A., University of Toledo

**Discussant:** Richard Liu, Ph.D., Brown University

All level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: Suicide, Substance Abuse, Underserved Populations

The Role of Suicidal Motivation and Intention in Opioid Overdose
R. Kathryn R. McHugh, Ph.D., McLean Hospital/Harvard Medical School
Roger D. Weiss, M.D., McLean Hospital/Harvard Medical School
Margaret L. Griffin, Ph.D., McLean Hospital/Harvard Medical School
Catherine Trinh, B.A., McLean Hospital
Ian Rockett, Ph.D., West Virginia University
Hilary Connery, MD, Ph.D., Harvard Medical School

Number of Lifetime Substance Use Disorders Is Associated with Lifetime Suicide Attempts Through Lifetime Traumatic Event Frequency
Margaret M. Baer, B.A., University of Toledo
Matthew T. Tull, Ph.D., University of Toledo
Kim L. Gratz, Ph.D., University of Toledo

Characterizing Suicide Risk Among Individuals Using Opioids: Subtypes and Comorbidity
Lisham Ashrafioun, Ph.D., VA Center of Excellence for Suicide Prevention

Marijuana Use at Baseline Predicts Later Suicidal Ideation Severity as Well as Increased Variability in Rates of Suicidal Ideation over Time
Nicholas Allan, Ph.D., Ohio University
Catherine Accorso, M.A., Ohio University
Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System
Lisham Ashrafioun, Ph.D., VA Center of Excellence for Suicide Prevention
Tracy Stecker, Ph.D., College of Nursing, Medical University of South Carolina
3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 91

Transdiagnostic Treatment Approaches to Improving Access and Outcomes Among Veterans

Chairs: Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System
Cassidy A. Gutner, Ph.D., Boston University

Discussant: David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

Basic to Moderate level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Transdiagnostic, Treatment, Veterans

Evaluating the Utility of a Safety Aid Reduction Treatment in Rural Veterans: A Pilot Investigation
Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System
Aaron Norr, Ph.D., VA Puget Sound
Jessica Chambliss, M.S., Southeast Louisiana Veterans Health Care System
Jessica Walton, Ph.D., Southeast Louisiana Veterans Health Care System
Gala True, Ph.D., Southeast Louisiana Veterans Health Care System
Laurel Franklin, Ph.D., Southeast Louisiana Veterans health Care System
Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University

Does One Approach Fit All? Examining the Impact of Transdiagnostic Treatment in Trauma-exposed Veterans
Cassidy A. Gutner, Ph.D., Boston University
Caroline Canale, B.A., University of Delaware
Scott Litwack, Ph.D., VA Boston Healthcare System
Barbara L. Niles, Ph.D., National Center for PTSD, Behavioral Division at VA Boston Healthcare System and Boston University School of Medicine
Michale Suvak, Ph.D., Suffolk University
Shannon W. Stirman, Ph.D., ABCT

A Randomized Controlled Trial Comparing Transdiagnostic Behavior Therapy (TBT) and Behavioral Activation in Veterans with Affective Disorders
Mary O. Shapiro, Ph.D., Medical University of South Carolina
daniel Gros, Ph.D., Medical University Of South Carolina, Ralph H Johnson VAMC
When treating posttraumatic stress disorder (PTSD), it’s easy to get overwhelmed by all of your clients’ erroneous beliefs, not knowing where to start or where focus your efforts to get the most benefit. Consistent with this year’s conference theme of enhancing the effectiveness of evidence-based therapies, this workshop will go beyond the session-by-session “how-to’s” of Cognitive Processing Therapy (CPT) and focus on harnessing the skill of case conceptualization to better target CPT’s key mechanisms to improve effectiveness. Presented by a CPT trainer and CPT expert consultants, this workshop will address how to get more out of CPT by sharpening your skills to identify, formulate, prioritize, and target key beliefs that are most central to unraveling your clients’ PTSD. How do people think before trauma, and what ways of thinking do we develop to protect those pre-trauma beliefs or avoid painful emotions? Why do patients struggle to stop blaming themselves or others not responsible for their trauma even though it keeps them stuck in guilt, shame, and anger? This institute will provide a framework for conceptualizing common patient thinking resulting from trauma that will allow you to anticipate and skillfully address your clients’ beliefs. This institute will also cover how to identify “keystone” beliefs—high-priority treatment targets that are holding clients’ PTSD together. Additionally, this institute will discuss beliefs that clients struggle to let go of and strategies to explore for the function of these beliefs, which, when not addressed, may prevent your client from making progress in treatment. Finally, this institute will cover effective strategies to target keystone beliefs to unravel your clients’ PTSD. The session, appropriate for both those new to CPT as well as...
advanced CPT therapists, will be interactive and include numerous case examples, video demonstrations, and experiential exercises.

At the end of this session, the learner will be able to:
• Describe how traumatic events may shatter or strengthen prior beliefs.
• Utilize various sources of information in treatment to conceptualize patient beliefs.
• Identify and prioritize key trauma-related beliefs.
• Explore the function of difficult-to-resolve patient beliefs.
• Demonstrate Socratic questioning techniques to challenge high-priority beliefs.


5:00 p.m. – 6:00 p.m. EST via Zoom

Annual Meeting of Members

All ABCT members are encouraged to attend this meeting. Learn about the Association’s progress on our Strategic Intent, our 2020 accomplishments, and our priorities for 2021. Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT’s success over the past year.
5:00 p.m. – 6:30 p.m.

**Earn 1.5 continuing education credits**

**Research and Professional Development 4:**

**Seeing and Using Open Platforms to Bring Evidence-based Psychology to the People Who Would Benefit: A Dissemination and Implementation Workshop**

**Panelists:**  
Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill  
Mian-Li Ong, Ph.D., Mayo Clinic  
Elizabeth D. Wilson, B.S., University of North Carolina at Chapel Hill  
Hannah Kim, B.S., Helping Give Away Psychological Science  
Emma G. Choplin, B.S., University of Miami

Basic to Moderate level of familiarity with the material  
Primary Category: Dissemination & Implementation Science  
Key Words: Dissemination, Assessment, Implementation

The leaky pipeline is a well-established metaphor for the challenges preventing research advances from reaching clinicians, consumers, and the general public. Evidence-based assessment (EBA) can improve formulation, diagnosis, treatment plans, and outcomes – but only if clinicians are aware of them, can find them, and use them. Open-source approaches to dissemination show great promise in bridging the leaky pipeline due to easy accessibility and low cost. For example, Wikipedia is the largest encyclopedia in the world and the 5th most visited Internet site. Wikiversity is a sister site geared towards teaching and practice. This workshop shares pages on these, with links to several different open-sourced platforms that improve the dissemination of psychological science, including some of the best free assessment tools and therapy resources. General descriptions and background are geared towards the general public on Wikipedia; Wikiversity hosts more technical scoring and interpretative information. An assessment center with free, automated scoring for more than 65 scales has been built with grants from the APS, SSCP, SC-CAP/Division 53, SCP/Division 12, and the APA/CODAPAR. We discuss the impact of the different dissemination approaches, provides suggestions on future directions that the field can take, and introduces opportunities for collaboration and audience contributions. In the workshop, we show resources, and then use high structure activities such as paired role plays to apply resources as clinicians and clients. QR codes and tiny URLs disseminate the information, and the Open Science Framework provides a back end to store files and resources. Participants will leave with more than 65 free scoring assessments, more than 200 PDFs, 300 printed pages worth of support materials, and exposure to ways of updating and elaborating the information available.
At the end of this session, the learner will be able to:

- Access and use at least two free online assessments that could be used in one’s work.
- Discuss and provide feedback about a resource kit for working with emotional and behavioral problems.
- Create a network to share suggestions and get updated versions of kits and materials.
- Identify 3 free resources available online (and discoverable via Google search) that provide information about psychological services.
- Describe the steps involved in editing and monitoring content on Wikipedia and Wikiversity.

**Recommended Readings:**

Earn 1.5 continuing education credits

Research and Professional Development 5:

Breaking Bias in Academic Medicine: An Interprofessional Prevention Program Targeting Gender Bias Throughout a Medical School

Panelists: Dr. Marian Tanofsky-Kraff, Ph.D., Uniformed Services University of the Health Sciences
Bernasha Anderson, Ph.D., Uniformed Services University of the Health Sciences
Jeffrey D. Quinlan, M.D., Uniformed Services University of the Health Sciences

Women face higher rates of sexual harassment and gender discrimination than men, and men are most likely to perpetrate sexual harassment. Sexual harassment/discrimination are common in U.S. healthcare training programs, with nearly 60% of women reporting some experience of gender bias. Women who report indirect and/or direct sexual harassment leave work earlier, take longer breaks, and have higher rates of absenteeism compared with those who report no experiences. Women of color and sexual minority women may experience a higher incidence of harassment when compared to White and heterosexual women. The majority of this harassment and discrimination are perpetrated by senior physicians; and neither female trainees or doctors are immune to these behaviors. Women in science, psychology and medicine who report sexual harassment are more likely to relinquish leadership positions, leave their field or institution, and are less likely to be hired compared to men. Also, they are less likely to be published and cited in peer-reviewed journals and receive grant funding. Responding to calls for an overhaul of institutional policies and a commitment to social change, an interprofessional team of psychologists and physicians developed and implemented Breaking Bias, a prevention program designed to reduce gender bias throughout graduate and medical school departments. The program is provided to faculty, students, and staff across departments. Participants engage in interactive discussions in both small and large groups, reflecting on videos and vignettes aimed at highlighting various forms of gender bias. Program feedback data will be presented. Workshop participants will receive the training to develop a gender bias prevention program at their institutions. Training will be provided through a multicultural lens to strengthen awareness of intersectionality and its impact on gender bias. Attendees will learn how to create safe spaces during gender bias prevention programs that elicit self-reflection of biases. Participants will develop facilitation skills that deepen interprofessional dialogue. Attendees will receive tools to promote allyship for women in psychology, science, and medical careers which will help to improve quality of life and production.
At the end of this session, the learner will be able to:

- Create a gender bias prevention program at their home institutions that centers multiculturalism and allyship.
- Recognize unconscious or conscious biases in the medical and psychological academic environment.
- Develop facilitation skills that strengthen inter-professional dialogue about gender bias.

**Recommended Readings:**

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5:00 p.m. – 6:30 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 31**

**CBT During a Global Pandemic: Lessons Learned About Access to Information and Care, Professional Mental Health and Utilizing Current CBT Evidence to Inform Novel Decision Making**

**Moderator:** Rebecca Sachs, ABPP, Ph.D., CBT Spectrum

**Panelists:**
- Rebecca Sachs, ABPP, Ph.D., CBT Spectrum
- Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders
- Lena S. S. Andersen, Ph.D., University of Cape Town
- Destiny Printz Pereira, M.S., University of Connecticut
- Jessica Stern, Ph.D., NYU Langone Medical Center
- Caleb W. Lack, Ph.D., University of Central Oklahoma
- Joanthan Kaplan, Ph.D., SoHo CBT + Mindfulness Center

Primary Category: Health Care System / Public Policy

Key Words: Community-Identified Problems, Technology / Mobile Health, Global Mental Health

At the ABCT convention in November 2020, 8 months from submission entry, we expect the world as well as our CBT community to be quite different. Due to medical and public health realities related to Covid-19 (CV-19) and the rapidly changing restrictions on daily life, the way we practice and teach CBT has required major adaptations and creativity. Additionally, while some settings have loosened constraints/increased flexibility to
the delivery of CBT, other settings have made severe restrictions and cutbacks to care. This
diverse panel, representing CBT practitioners from a variety of settings who research/work
with very different patient and student populations, will reflect on the past 8 months.
Reflections will include: how individual and institutional practices have changed since a
global pandemic was announced on 3/12/20, which changes we presume will endure, and
what new changes we expect as society transitions back to post CV-19 life. We will discuss
the observed impact of CV-19 (day-to-day uncertainty, big shifts in occupational, parent-
ing, and home responsibilities, economic and medical pressures, ruptures to social fabric,
and realities of grief /loss) on the groups we work with. The treatment of those with anxi-
ety, OCD, PTSD, and depression will be underscored, as well as observed impact on more
vulnerable groups such as the severely mentally ill, those with chronic health conditions,
and those from marginalized communities with already limited access to medical and men-
tal healthcare. We will discuss similarities to and differences from clinical and academic
work we did prior to 3/12/20. Highlighted in this panel discussion will be the ways in
which prior clinical knowledge, technology use (eg teletherapy, virtual reality, app based
delivery of CBT), and less traditional training formats (eg nurse-delivered community
CBT) were leveraged to inform delivery and dissemination of CBT in the past 8 months.
We will compare personal observations, discussions with colleagues, and data collected
to discuss shifts in clinical and academic priorities, practice of CBT, and effects on mental
health of CBT practitioners from Spring to Fall of 2020 and discuss recommendations for
future preparedness of the CBT community to meet similar challenges and crises.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Panel Discussion 32:

Innovative Strategies for Representative Inclusion of
Latinx Individuals in Training, Research, Assessment,
and Treatment

MODERATOR: Gabriela A. Nagy, Ph.D., Duke University

PANELISTS: Maria M. Santos, Ph.D., California State University, San
Bernadino
Juan I. Prandoni, Ph.D., El Futuro Inc.
Stephanie Salcedo, Ph.D., Durham VA Medical Center
Sylvanna Vargas, M.P.H., M.A., West Los Angeles Veterans
Association

Primary Category: Culture / Ethnicity / Race

Key Words: Hispanic American/ Latinx, Competence, Culture

The rapidly growing US Latinx (gender-inclusive term for individuals from Latin
American descent in the US) population represents the largest racial/ethnic minority
group. Compared to White counterparts, this subset of the population experiences a
unique configuration of stressors that contribute to the development of health disparities.
Despite advances in clinical research and practice, barriers limit access to EBTs among members of this group. Factors that limit access to EBTs include the underrepresentation of Latinx individuals as providers in the clinical workforce, as research participants in empirical studies, and as patients in services providing high-quality EBTs. In this panel, we seek to discuss unique cultural and contextual challenges facing this population at the levels of training and supervision, assessment, research, and treatment. Panelists from various career levels (e.g., graduate trainee, postdoctoral trainee, faculty) and from distinct sectors (e.g., community health clinic, academic medical center, VA hospital, psychology master’s/doctoral programs) will provide recommendations for ensuring representative inclusion of individuals from Latinx backgrounds into clinical research and practice. The discussion will first address the rationale for building culturally-relevant training and supervision infrastructure in Latinx mental health (e.g., virtual learning cohorts, multicultural peer consultation, workforce pipeline programs). Panelists will then describe cultural considerations to take into account when conducting assessment and clinical care with Latinx individuals (i.e., cultural adaptations). Strategies for optimally engaging Latinx individuals in research and treatment will be discussed (e.g., relying on community-engaged research methods). Panelists will speak to “lessons learned” and address general and site-specific challenges and facilitators to initiating and sustaining the aforementioned programs and strategies. The discussion will conclude with recommendations for others interested in engaging in strategies to be more inclusive of Latinx individuals in various aspects of clinical psychological science.

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5:00 p.m. – 6:30 p.m.

**Earn 1.5 continuing education credits**

**Panel Discussion 33**

**Closing the Gap: Transporting Evidence-based Interventions to Diverse “real World” Settings via Community-partnered Research**

**Moderator:** Sheila Rouzitalab, Psy.M., Rutgers University

**Panelists:** Christine J. Laurine, Psy.M., Rutgers University, GSAPP

Anu Asnaani, Ph.D., University of Utah

Tara Mehta, Ph.D., University of Illinois at Chicago

Nuwan D. Jayawickreme, Ph.D., Manhattan College

Primary Category: Dissemination & Implementation Science

Key Words: Community-Based, Underserved Populations, Implementation

It is widely accepted that traditional research methods have failed to solve the problem of disparities in mental health services, particularly in underserved and under-resourced communities. Community-partnered research (CPR) may be a particularly effective approach to reducing disparities in mental health care and improving the uptake of EBPs in diverse cultural and community contexts, both nationally and internationally. However, effectively engaging in CPR can be challenging, as the application of CPR to
the mental health field is relatively new and without standardized methods of implementation or evaluation. The goal of this panel is to provide a forum for discussion on how to improve the effectiveness of EBPs for underserved populations via CPR, with the ultimate goal of reducing disparities in mental health services. Panelists will: (1) present successes/challenges and examples of conducting CPR across diverse settings, (2) provide concrete strategies that can support each phase of CPR (e.g., initiation of the relationship; implementation of activities; sustainability), and (3) engage in discussion regarding how to design, implement, and evaluate the impact of interventions developed via CPR. Dr. Anu Asnaani will discuss how to obtain grant funding for academic-community partnerships, and to engage community partners in the development of a culturally-informed framework for EBP implementation, both domestically and internationally. Dr. Tara Mehta and Christine Laurine will discuss approaches to supporting the implementation of EBPs for underserved youth. Dr. Mehta will discuss building on existing organizational structures and partnering with community stakeholders to implement EBPs. Christine Laurine will discuss training and education for “gatekeepers” of mental health referrals in child healthcare systems. Finally, Dr. Nuwan Jayawickreme will discuss research methodologies and data analyses to evaluate efforts from a global mental health perspective. Directly aligned with the convention theme of enhancing the impact of behavioral and cognitive therapies, attendees will gain a deeper understanding of how to effectively engage in CPR to reduce disparities in care, from conception of studies to their completion.

5:00 PM – 6:00 PM

Earn 1 continuing education credits

Symposium 92

Mediators of Cognitive-behavioral Interventions for Depression: Evidence from Treatment and Prevention Trials

ChairS: Steven Brunwasser, Ph.D., Rowan University
Judy Garber, Ph.D., Vanderbilt University
Discussant: Steven D. Hollon, Ph.D., Vanderbilt University

Basic to Moderate level of familiarity with the material
Primary Category: Adult Depression
Key Words: Mediation / Mediators, Depression, Prevention

Cognitive and Affective Change in Cognitive Behavioral Therapy for Depression
Megan L. Whelen, B.S., The Ohio State University
Daniel R. Strunk, Ph.D., The Ohio State University

Mediators of Psychological Treatments for Depression: Lessons Learned from Low- and Middle-income Countries
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health
Evidence of Cognitive Style as a Mediator in Three Youth Depression Prevention Trials
Steven Brunwasser, Ph.D., Rowan University

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 93

Social Processes and Psychopathology: Effects of Disorders and Symptoms on Relationships Across the Lifespan

Chair: Melanie Fischer, Ph.D., Heidelberg University Hospital; University of Heidelberg
Discussant: Norman B. Epstein, Ph.D., School of Public Health, University of Maryland

Moderate level of familiarity with the material
Primary Category: Couples / Close Relationships
Key Words: Couples / Close Relationships, Adolescents, Mood

PTSD Symptom Clusters Predict Real Time Emotion Regulatory Processes in Couples with PTSD During Relational Intimacy
Steffany J. Fredman, Ph.D., The Pennsylvania State University
Melanie Fischer, Ph.D., Heidelberg University Hospital; University of Heidelberg
Donald Baucom, Ph.D., University of North Carolina at Chapel Hill
Yunying Le, Ph.D., University of Miami
Emily Taverna, B.S., The Pennsylvania State University
Sy-Miin Chow, Ph.D., The Pennsylvania State University
Amy D. Marshall, Ph.D., The Pennsylvania State University

Effects of Depression, Anxiety, and Relationship Satisfaction on Vocally Encoded Emotional Arousal and Its Regulation During Couple Conversations
Melanie Fischer, Ph.D., Heidelberg University Hospital; University of Heidelberg
Donald Baucom, Ph.D., University of North Carolina at Chapel Hill
Danielle M. Weber, M.A., University of North Carolina at Chapel Hill
A. K. Munion, Ph.D., University of Utah
Daniel Bauer, Ph.D., University of North Carolina at Chapel Hill
Brian R. W. R. W. Baucom, Ph.D., University of Utah
Depressive Symptoms and Prospective Changes in Friendship Status in Adolescence
Maya Massing-Schaffer, M.A., Department of Psychology and Neuroscience, University of North Carolina at Chapel Hill
Jacqueline Nesi, Ph.D., Brown University
Mitch J. Prinstein, Ph.D., Department of Psychology and Neuroscience, UNC Chapel Hill

Suicidal Ideation and Family Functioning in Youth at High Risk for Bipolar Disorder
David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
John Merranko, MA, University of Pittsburgh Medical Center
Marc J. Weintraub, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Patricia Walshaw, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Manpreet Singh, M.D., Stanford University Dept of Psychiatry
Kiki Chang, M.D., Menlo Park
Christopher Schneck, M.D., Department of Psychiatry

5:00 PM – 6:30 PM
Earn 1.5 continuing education credits

Symposium 94

Real-time Monitoring of Suicide Risk to Understand, Predict, and Prevent Suicide

ChairS: Daniel Coppersmith, M.A., Harvard University
Aleksandra Kaurin, Ph.D., University of Pittsburgh
Discussant: Matt Nock, Ph.D., Harvard University

All level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Self-Injury, Technology / Mobile Health

Real-time Monitoring of Suicidal Thoughts and Behaviours in Adolescents:
Towards Scalability, Transparency and Reproducibility
Olivia J. Kirtley, Ph.D., KU Leuven
Multimodal Real-time Assessment of Suicidal Thoughts
Daniel Coppersmith, M.A., Harvard University
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Walter Dempsey, Ph.D., University of Michigan
Shirley B. Wang, Ph.D., Queen Mary University of London
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Alexander Millner, Ph.D., Harvard University
Rebecca Fortgang, Ph.D., Harvard University
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University

Modelling Suicidality in Response to Daily Interpersonal Stress Using Real-time Micro-trajectories
Aleksandra Kaurin, Ph.D., University of Pittsburgh
Alexandre Dombrovski, Ph.D., University of Pittsburgh
Aidan Wright Wright, Ph.D., University of Pittsburgh

Sleep Problems and Suicide Risk Among Adolescents: A Multimodal, Real-time Monitoring Study Following Discharge from Acute Psychiatric Care
Catherine Glenn, Ph.D., Old Dominion University
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Jaclyn Kearns, M.A., University of Rochester
Anne Boatman, B.A., University of Rochester
Yeates Conwell, M.D., University of Rochester Medical Center
Linda Alpert-Gillis, Ph.D., University of Rochester Medical Center
Wilfred Pigeon, Ph.D., University of Rochester Medical Center

What Can Passive Assessments of Physiological Distress Tell Us About Suicidal Thinking?
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Evan Kleiman, Ph.D., Rutgers, The State University of New Jersey
Kathryn Bentley, Ph.D., Harvard Medical School/Massachusetts General Hospital
Joseph S. Maimone, B.A., Massachusetts General Hospital
Jeff Huffman, M.D., Massachusetts General Hospital
Matt Nock, Ph.D., Harvard University
Symposium 95

Challenges and Opportunities in the Quantitative Study of Sexual and Gender Minorities

Chair: Benjamin A. Katz, M.A., The Hebrew University of Jerusalem
Discussant: Susan E. Walch, Ph.D., University of West Florida

All level of familiarity with the material
Primary Category: LGBQT+
Key Words: Risk / Vulnerability Factors, LGBTQ+, Vulnerable Populations

The Impact of Minority Stress on Rates of Personality Disorders by Sexual Orientation: Results from a Large, Nationally Representative Sample of U.S. Adults
Tenille C. Taggart, M.A., Stony Brook University
Jared G. Gabrielli, B.A., Stony Brook University
Nicholas R. Eaton, Ph.D., Stony Brook University

How a Transdiagnostic Approach Can Help Understanding of Bias in the Diagnosis of Borderline Personality Disorder Among Sexual and Gender Minority Individuals
Craig Rodriguez-Seijas, Ph.D., University of Michigan

A Daily Diary Study of Minority Stress and Negative and Positive Affect Among Sexual and Gender Minority Adolescents: Moderating Effects of Depression, Gender Identity, and Race
Ethan H. Mereish, Ph.D., American University
Robert Miranda, Jr., Ph.D., Brown University
David Hawthorne, M.S., University of Maryland, College Park

A Network Theory of Minority Stress
Benjamin A. Katz, M.A., The Hebrew University of Jerusalem
Examining Interrelationships of Syndemic Indicators and Minority Stress Among Young Sexual Minority Men
Jasper S. Lee, M.S., University of Miami, Department of Psychology
Noelle A. Mendez, B.A., University of Miami
Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health
Anthony Maiolatesi, B.A., Yale School of Public Health
Jillian Scheer, Ph.D., Yale School of Public Health
Audrey Harkness, Ph.D., University of Miami
John E. Pachankis, Ph.D., Department of Social and Behavioral Sciences, Yale School of Public Health
Steven Safren, Ph.D., University of Miami
Symposium 96

Improving Treatment Outcomes for Comorbid Chronic Pain and Posttraumatic Stress: Recent Translational Findings

**CHAIRS:** Nicole A. Short, Ph.D., University of North Carolina at Chapel Hill
Andrew H. Rogers, M.A., University of Houston

**DISCUSSANT:** Sheila A. Rauch, Ph.D., Emory University School of Medicine/VA Atlanta HCS

Moderate level of familiarity with the material
Primary Category: Comorbidity
Key Words: Pain, Trauma, CBT

Acute Stress Symptoms Mediate the Transition from Acute to Persistent Pain After Sexual Assault

Nicole A. Short, Ph.D., University of North Carolina at Chapel Hill
Andrew Tungate, Ph.D., University of North Carolina at Chapel Hill
Kenneth Bollen, Ph.D., University of North Carolina at Chapel Hill
Kristen Witkemper, B.A., University of North Carolina at Chapel Hill
Megan Lechner, MSN, UCHealth
Kathy Bell, M.S., RN, Tulsa Forensic Nursing Services
Jenny Black, BSN, Austin SAFE
Jennie Buchanan, M.D., Denver Health
Rhiannon Reese, MA., LPC, Crisis Center of Birmingham
Israel Liberzon, M.D., Texas A&M
Sheila A. Rauch, Ph.D., Emory University School of Medicine/VA Atlanta HCS
Samuel McLean, M.D., University of North Carolina at Chapel Hill

Anxiety Sensitivity Partially Explains the Association Between PTSD and Pain in Veterans

Amanda M. Raines, Ph.D., Southeast Louisiana Veterans Health Care System
Sunni Primeaux, Ph.D., Southeast Louisiana Veterans Health Care System
Chelsea Ennis, M.S., Southeast Louisiana Veterans Health Care System
Jessica Walton, Ph.D., Southeast Louisiana Veterans Health Care System
Nicholas Allan, Ph.D., Ohio University
Michael J. Zvolensky, Ph.D., University of Houston
Norman B. Schmidt, Ph.D., Department of Psychology, Florida State University
Laurel Franklin, Ph.D., Southeast Louisiana Veterans health Care System
Mini Workshop 14

Socratic Dialogue and Collaborative Empiricism: Practical Strategies to Overcome Common Pitfalls

Scott H. Waltman, ABPP, Psy.D., Center for Dialectical and Cognitive Behavior Therapy
Brittany C. Hall, Ph.D., UT Southwestern Medical Center
Lynn McFarr, Ph.D., Harbor-UCLA Med. Ctr & CBT California

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Cognitive Therapy, Cognitive Restructuring, Psychotherapy Process

One of the most challenging CBT skills to learn is compassionately and artfully guiding a client to take a more balanced or helpful perspective. Socratic Questioning is at the heart of cognitive exploration; however, it is a complicated skill that is difficult to learn (Clark & Egan, 2015; Fadesky, 1993). Common problems of clinicians learning Socratic Questioning included not knowing which questions to ask, trying to get the client to arrive at specific conclusions, or trying to convince the client. This mini-workshop will focus on demystifying the process of guided discovery and presenting a practical framework for implementation of Socratic strategies. Essential components such as identifying the key cognitions to target,
gathering more information, curiously listening, providing a summary, and tying it all together will be reviewed and practiced. Mini-workshop participants will leave with an understanding of how to use a specific framework for Socratic dialogue and collaborative empiricism. This mini-workshop is geared towards frontline clinicians, supervisors, and trainers and will focus on the strategies that have been found to be successful in two separate large-scale CBT implementation initiatives. Experiential methods of learning will be emphasized.

At the end of the session, the learner will be able to:
- Use a framework to conceptualize the process of Socratic Dialogue.
- How to focus on key cognitions to targets with Socratic strategies.
- Use curiosity to facilitate collaborative empiricism.


5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Mini Workshop 15

Cognitive-behavioral Therapy to Target Executive Dysfunction in Adults with ADHD

Mary V. Solanto, Ph.D., Hofstra University
Amanda Spray, Ph.D., NYU Langone Medical Center

All level of familiarity with the material
Primary Category: ADHD - Adult
Key Words: ADHD, Cognitive Therapy, Adult

Executive dysfunction is a major cause of educational and occupational impairment in adults with ADHD. This workshop will review the foundations, treatment parameters, and specific components of a well-validated CBT intervention to address executive dysfunction (Solanto et al, Amer J of Psychiatry, 2010) as it is being implemented in adults with ADHD and, more recently, as it is being tailored to the needs of college students and of military veterans with ADHD. Specific CBT intervention methods include the following: (1) Effective use of daily planners and organizers; (2) Contingent self-reinforcement; (3) “Chunking” of complex tasks into manageable parts; (4) Minimization of external distractors, (5) Use of a matrix to differentiate “urgent” from “important” tasks; (6)
Flow-charting of goals and sub-components; (7) Visualization of long-term rewards and consequences - to counteract steeper “temporal discounting,” in ADHD; (8) “Traditional” CBT to target dysfunctional “automatic thoughts” that engender anxiety and depression, which are more prevalent in ADHD. Various “mantras” that encompass adaptive cognitive self-instructions are repeated strategically throughout the program in order that they may be internalized as guides to behavior. Generalization and maintenance of treatment gains are fostered by weekly “home exercises,” which are structured opportunities to practice the new cognitive and behavioral habits outside the session. College students with ADHD have higher rates of course failures and incompletes, have lower GPAs, and are less likely to graduate than their peers without ADHD. The workshop will include description and discussion of a CBT with strategies tailored to the academic and social contexts, cues, and consequences experienced by college students with ADHD. Studies of military personnel and veterans reveal an increased prevalence of ADHD diagnosis - up to 10%, compared with 4% in the general adult population - yet little specialized treatment of ADHD has been developed for these individuals. This workshop will include a discussion of the challenges of working with this population as well as the results of an evaluation of a CBT intervention that has been modified and implemented to address their needs.

At the end of this session, the learner will be able to:
- Identify the types and consequences of executive dysfunction experienced by adults.
- Describe the principles underlying the development of CBT for executive dysfunction in adults.
- Delineate the components of effective implementation of CBT intervention for executive dysfunction in adults with ADHD.
- Describe the modifications to CBT to address the needs of college students with ADHD.
- Describe the modifications to CBT to address the needs of military personnel and veterans with ADHD.

Membership Panel 2

Clinical Work after Graduate Training: Clinically Focused Careers across Diverse Health Care Settings

Chair: Shannon M. Blakey, PhD, Durham VA Health Care System/VA-Mid Atlantic Mental Illness Research, Education and Clinical Center (MIRECC)

Panelists: Wei-Chin Huang, Ph.D., Claremont McKenna College and Private Practice
Rachel C. Leonard, PhD, Rogers Memorial Hospital
Sasha M. Rojas, M.A., University of Arkansas
Martha Sparks, PhD, Mount Sinai West Hospital

All level of familiarity with the material
Primary Category: Workforce Development/Training/Supervision
Key Words: Professional development, Student issues

Most psychology trainees are familiar with the university faculty model of professional practice, yet psychologists are employed across a wide array of settings, including independent practices, Veterans Affairs (VA) and non-VA academic medical centers, and other integrated health care systems. Despite the diverse applicability of advanced psychology degrees, students and recent graduates may have limited exposure to clinically focused careers. This panel, sponsored by the ABCT Student Membership Committee, will provide trainees and early career professionals insight into “a day in the life” of psychologists who engage in clinical work across diverse professional settings. Collectively, members of this panel will be able to speak to working in private practices, specialty telemental health teams, VA medical center outpatient clinics, residential and outpatient non-profit hospital clinics, and integrated behavioral health clinics (e.g., primary care). In addition to describing their career trajectories and lessons learned along the way, panelists will offer guidance on: understanding the differences between various practice settings, obtaining the necessary training to successfully embark on different clinically focused career paths, identifying mentors and referral sources to sustain one’s clinical career, operating within an interprofessional setting, and more. There will be ample opportunity for attendee participation in addition to moderated Q&A.
Clinical Round Table 11

Assessment and Treatment of Perinatal Mental Health: Increasing Access to Evidence-based Care for a Vulnerable Population

MODERATORS: Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
Paul Geiger, Ph.D., University of North Carolina at Chapel Hill

PANELISTS: Margaret M. Howard, Ph.D., Brown University/Women & Infants Hospital of Rhode Island
Fiona L. Challacombe, Ph.D.
Pamela Wiegartz, Ph.D., Brigham and Women’s Hospital/ Harvard Medical School
Tiffany Hopkins, Ph.D., University of North Carolina at Chapel Hill
Crystal Schiller, B.S., M.A., Ph.D., University of North Carolina at Chapel Hill

All level of familiarity with the material

Primary Category: Treatment - CBT
Key Words: Perinatal, Evidence-Based Practice, Vulnerable Populations

This clinical roundtable aims to disseminate empirically-supported considerations for assessing and treating mental health concerns during the perinatal period. Pregnant and postpartum individuals are at risk for the onset and exacerbation of various psychological conditions. Notably, when untreated, these conditions bear significant consequences for the individual, child, and family. Moreover, these disorders remain underrecognized and undertreated perinatally. In parallel, the perinatal period also offers an opportunity to increase access to evidence-based care (EBC) given high rates of medical service utilization. Interventions are empirically-supported in the general adult population for common perinatal psychological disorders (e.g., depression, OCD, PTSD); yet, the majority of studies have excluded perinatal women. Researchers and clinicians indicate concerns that EBTs may cause undue stress and risk. Yet, these notions are largely unsupported by research, and may create yet another barrier to care on top of broader systemic and perinatal barriers. Indeed, the benefits appear to largely outweigh the risks. In support of increasing access to EBTs during this critical period, panelists will draw upon the broad and perinatal-specific evidence to inform the assessment, conceptualization, and treatment of perinatal mental health across various contexts. Our panelists will discuss the presentation of psychological conditions in pregnancy and postpartum, emphasizing unique biopsychoso-
cial factors to consider in case conceptualization and treatment planning. We will address considerations for screening and diagnosis, including collaboration with key stakeholders (e.g., healthcare providers). The safety, efficacy, and best practices for implementing EBTs (e.g., CBT, DBT, Prolonged Exposure, ACT) during pregnancy and postpartum will be examined. We will reflect on the risks and benefits of providing EBTs perinatally. In our discussion, we intend to highlight key gaps in our current evidence, and important next steps for optimizing perinatal mental health care within the broader healthcare system and improving our understanding of the phenomenology and treatment of psychological conditions during this vulnerable period.

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Spotlight Research 2

Augmenting CBT with Real-time Fmri Amygdala Neurofeedback Training Increases Early Response to Therapy and Long-term Outcomes

Chair: Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine
Panelist: Kymberly Young, Ph.D., University of Pittsburgh School of Medicine

Primary Category: Neuroscience
Key Words: Neurocognitive Therapies, CBT, Depression

Patients undergoing cognitive behavioral therapy (CBT) for major depressive disorder (MDD) are less likely to relapse when they experience a “sudden gain”: a 25% between-sessions drop in Beck Depression Inventory (BDI-II) scores during the first third of therapy. The current study examined the effects of augmenting CBT with real-time fMRI neurofeedback (rtfMRI-nf) to increase the amygdala response to positive memories on depressive symptoms. Our rtfMRI-nf procedure uses principles of CBT including restructuring emotional processing towards the positive and enhancing feelings of sense of self-efficacy. We predict that pretreatment with this intervention prior to undergoing a course of CBT will increase the number of participants who experience a sudden gain.

Thirty-eight right-handed adult participants diagnosed with MDD completed two rtfMRI-nf sessions before receiving 10 weeks of CBT. Twenty participants received amygdala rtfMRI-nf and eighteen received rtfMRI-nf from a parietal control region. Depressive symptoms were assessed via BDI-II at baseline, during the first 3 weeks and final 2 weeks of CBT, and at a 6 month follow-up.

Of participants who completed the prescribed course of CBT, 15 (75%) from the experimental and 6 (33%) from the control rtfMRI-nf group met criteria for a sudden gain. While the groups did not differ in depression severity at the end of therapy, those in the active group maintained lower scores at the 6-month follow-up relative to the control group.

Patients who received rtfMRI-nf training to increase amygdala response to positive memories showed greater symptom improvement and a higher proportion experienced sudden gains during first three weeks of CBT relative to controls who learned to control a parietal region not implicated in depression or emotional processing. While both groups
exhibited similar symptom reductions by the end of therapy, only the experimental group maintained these symptom reductions at the 6-month follow-up. Our results suggest that enhancing positive emotional processing through rtfMRI-nf training prior to cognitive-behavioral treatments for depression facilitates the treatment.

At the end of this session, the learner will be able to:
• Understand the role of the amygdala in recovery from MDD.
• Present an overview of neurofeedback for psychiatric disorders and why it is an ideal method for augmenting cognitive therapies.
• Present evidence from an ongoing clinical trial demonstrating enhanced response when clinical therapy is augmented with neurofeedback.


6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Research and Professional Development 6

Steering Students Towards STEM Grants: Writing a Successful National Science Foundation Graduate Research Fellowship Application in Clinical Psychology

Panelists: Kathryn A. Coniglio, M.S., Rutgers University
Shirley B. Wang, Ph.D., Queen Mary University of London
Daniel Coppersmith, M.A., Harvard University
Jonathan W. Reeves, M.A., University of California, Berkeley
Rebecca Revilla, B.A., The University of Alabama
Jamilah Silver, B.S., Stony Brook University

Basic to Moderate level of familiarity with the material
Primary Category: Student Issues
Key Words: Research Funding, Career Development, Professional Development

The National Science Foundation Graduate Research Fellowship Program (NSF GRFP) is a prestigious fellowship that provides financial support and enrichment oppor-
tunities to graduate students in science, technology, engineering, and mathematics. The fellowship offers a generous stipend and grants the fellow considerable autonomy in developing an independent research program. The GRFP, however, explicitly precludes individuals from applying if their graduate program primarily involves clinical practice, or if their research focuses on diagnosis, epidemiology, disease prevention, medical or behavioral interventions, clinical outcomes, or patient-oriented research. As a result, few students in clinical psychology apply to this fellowship. Clinical psychology students who apply are often given feedback that their proposal is “too clinical.” Therefore, the purpose of this panel will be to illustrate and discuss methods for writing a successful NSF GRFP application to encourage more clinical psychology students to apply for this fellowship. A diverse panel of 5 current NSF GRFP awardees in clinical psychology will serve as presenters. Panelists have a broad range of research interests, including eating disorders, suicide and non-suicidal self-injury, trauma, psychophysiology, and youth behavioral disorders. The panel will begin with a brief overview of the GRFP and highlight differences between the GRFP and other popular funding mechanisms (e.g., NIH predoctoral National Research Service Award). Next, panelists will share strategies they employed for 1) describing their research plan to fellowship reviewers, 2) linking their personal statement to their research plan to create a cohesive application, and 3) identifying strategic individuals to write recommendation letters on their behalf. Finally, the panel will conclude with an opportunity for attendees to ask the panelists questions in a large group format.

At the end of this session, the learner will be able to:
- Recognize the benefits of pursing doctoral education with an NSF graduate research fellowship.
- Describe the elements of a successful graduate research fellowship research plan.
- Explain how to connect the research plan to the personal statement in creating a cohesive, competitive application.

Recommended Readings:
- From the NSF: The National Science Foundation’s Investments in Broadening Participation in Science, Technology, Engineering, and Mathematics Education through Research and Capacity Building https://www.lifescied.org/doi/pdf/10.1187/cbe.16-01-0059
Mini Workshop 16

Sex, drugs, and Fortnite: How to Help Caregivers Navigate Life’s Trickiest Parenting Moments

Andrea B. Temkin, Psy.D., Weill Cornell Medical College/NYP
Shannon M. Bennett, Ph.D., Weill Cornell Medicine
Samuel Fasulo, Ph.D., New York University School of Medicine
Anthony Puliafico, Ph.D., Columbia University Medical Center
Lisa W. Coyne, Ph.D., McLean/Harvard Medical School

Moderate level of familiarity with the material
Primary Category: Parenting / Families
Key Words: Parenting, Treatment, Adolescents

A key component to enhancing the impact of cognitive-behavioral therapies for youth and young adults is optimizing the role of parents in supporting their children through new challenges. Yet, most parents are often at a loss as how to manage many of the issues that arise in their children’s lives. Discovering that a teen or young adult is engaging in sexual relationships, experimenting with drugs, or is simply more interested in playing video games than focusing on schoolwork can leave parents scrambling for appropriate strategies. Extreme parental reactions can interfere with a youth’s willingness to engage in skillful behavior, and discrepant parent and child values can create a significant conflict in treatment. In the midst of these challenges, it is easy for providers to feel stuck in the middle and unsure of how help parents respond appropriately. This mini-workshop aims to give clinicians concrete tools to help parents navigate their most difficult parenting dilemmas. Experts in cognitive-behavioral therapy, dialectical behavior therapy, parent management training, and acceptance and commitment therapy will present on the in-session tips and tricks they use to address common issues that arise in adolescence and early adulthood. Presenters will relay their favorite metaphors, go-to-skills, and most effective techniques. Role-plays will demonstrate how to individualize evidence-based-strategies in an accessible manner, while providing tools to increase buy-in and promote follow-through. Presenters will aim to highlight the best that these different theoretical frameworks have to offer regarding parenting strategies, and providers will leave armed with new ideas and increased confidence around how to help the families they work with.

At the end of this session, the learner will be able to:
• Demonstrate how to validate parental concerns around youth behavior.
• Recall 3 specific evidence-based strategies parents can use to set appropriate limits.

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 34

Cultural Adaptations and Considerations for Delivering Evidence-based Treatments: Enhancing the Impact of Interventions Through Community Healing and Intergenerational Narratives

Moderator: Alexandra Hernandez-Vallant, B.S., University of New Mexico

Panelists: Keri Kirk, Ph.D., Department of Defense
          Dawn Henderson, Ph.D., Duke University; Collective Health and Education Equity Research (CHEER) Collaborative
          Samara Toussaint, Psy.D., Path2Growth Counseling Services
          Kamilla Venner, Ph.D., University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)
          Carrie Winterowd, Ph.D., Oklahoma State University
          Christina S. Lee, Ph.D., Boston University

Primary Category: Culture / Ethnicity / Race
Key Words: Culture, Evidence-Based Practice, Underserved Populations

Given the increasing diversification of the United States, the field of cultural adaptation of evidence-based treatments (EBTs) is positioned well to not only enhance the impact of EBTs but to ameliorate the glaring dissemination gap from bench science to practice. The evidence base is emerging with regards to articulating a scientific approach to culturally adapting EBTs for practice settings. The premise of culturally adapting or
tailoring an intervention is that conducting such changes will enhance the acceptability and therefore the impact of mental health interventions for underserved, marginalized populations (in which EBTs have not been developed, tested and evaluated for). Work done by the panelists on adaptations in the field may increase efficacy and effectiveness of intervention at the individual level and enhance the efficacy and effectiveness of interventions on a broader scale (e.g., uptake of EBTs in community mental health settings). Panelists share expertise in culturally tailoring and adapting interventions to different populations and health care settings (military, school, community), and will describe the efficacy and clinical significance of these adaptations. Initial discussions will focus on how the different disciplines approach cultural tailoring and adapting interventions for improved efficacy. Next, the panelists will speak to best practices for tailoring interventions for various communities (e.g., urban versus rural, Tribal communities) and contextually/culturally specific variables to be aware of (e.g., racial justice, historical and intergenerational trauma, spirituality, social determinants of health). Examples of treatments that will be presented include community/multilevel interventions, cognitive behavioral therapy (CBT), motivational interviewing (MI), community reinforcement and family training (CRAFT) and trauma-focused therapy. The panelists will discuss the importance of honoring multiple ways of knowing, community healing, and narrative storytelling and how these values can enhance the efficacy of interventions as well as target systemic oppression to create an avenue for social change.

6:45 PM – 8:15 PM

Earn 1.5 continuing education credits

Symposium 98

Discrimination and Mental Health: Examining the Impacts of a Chronic Stressor

ChairS: Kimberly E. Dean, Ph.D., Massachusetts General Hospital
Juliette McClendon, Ph.D., VA Boston Healthcare System

Discussant: Jillian Shipherd, Ph.D., US Department of Veterans Affairs

Basic to Moderate level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Race, Trauma, Stress

Microaggressions and PTSD Symptoms Among Black Americans: Exploring the Link
Jessica R. Graham-LoPresti, Ph.D., Suffolk University
Tahirah Abdullah, Ph.D., University of Massachusetts, Boston
Noor Tahirkheli, M.A., University of Massachusetts, Boston
Shannon Hughley, B.A., University of Massachusetts, Boston
LaTina Waston, B.A., University of Massachusetts, Boston
The Effect of Early Life Racial Discrimination Experiences on Adult Maladjustment and Accelerated Aging for African Americans: Exploring the Moderating Role of Socioeconomic Advantage and Disadvantage
Sierra Carter, Ph.D., Georgia State University
Mei Ling Ong, Ph.D., University of Georgia
Ronald Simons, Ph.D., University of Georgia
Frederick Gibbons, Ph.D., University of Connecticut
Man Kit Lei, Ph.D., University of Georgia
Steven R. Beach, Ph.D., University of Georgia

Discrimination and Substance Use: The Serially Mediating Effects of Perceived Discrimination, Distress, and Willingness to Use
Kimberlye E. Dean, Ph.D., Massachusetts General Hospital
Anna C. J. Long, Ph.D., Louisiana State University
Paul Frick, Ph.D., Louisiana State University
Julia D. Buckner, Ph.D., Louisiana State University

Discriminatory Stress Moderates Racial/ethnic Differences in Psychiatric Symptom Severity and Use of Mental Health Treatment
Juliette McClendon, Ph.D., VA Boston Healthcare System
Daniel Perkins, Ph.D., The Pennsylvania State University
Laurel Copeland, Ph.D., VA Central Western Massachusetts Healthcare System
Erin Finley, Ph.D., MPH, Veterans Evidence-based Research Dissemination and Implementation Center, South Texas Veterans Health Care System
Dawne Vogt, Ph.D., National Center for PTSD, Women’s Health Sciences Division
Symposium 99

Mechanisms of Attention and Reward in Self-injurious Thoughts and Behaviors

Chairs: Beverlin Del Rosario, M.A., The Graduate Center, City University of New York
Aliona Tsypes, Ph.D., University of Pittsburgh

Discussant: Matt Nock, Ph.D., Harvard University

All level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Self-Injury, Cognitive Processes

Cognitive Accessibility and Attention Disengagement as Mechanisms in the Relation Between Reflection and Suicide-specific Rumination
Beverlin Del Rosario, M.A., The Graduate Center, City University of New York
Regina Miranda, Ph.D., Hunter College, City University of New York

Suicide-related Attention Bias and Disengagement Among At-risk Adolescents
Regina Miranda, Ph.D., Hunter College, City University of New York
Ana Ortin, Ph.D., Hunter College, CUNY
Jhovelis Manana, B.A., Hunter College, CUNY
Christina Rombola, M.A., Hunter College, CUNY

Reward Processing in Suicide Attempters: An EEG/ERP Study
Aliona Tsypes, Ph.D., University of Pittsburgh
Max Owens, Ph.D., University of South Florida St. Petersburg
Brandon E. Gibb, Ph.D., Binghamton University

Steady-state Visual Evoked Potentials Reveal Deficits in the Ability to Inhibit Attention to Negative Interpersonal Stimuli in Adolescents Who Engage in Non-suicidal Self-injury
Kiera James, M.S., Binghamton University (SUNY)
Holly Kobezak, BA, Binghamton University (SUNY)
Brandon E. Gibb, Ph.D., Binghamton University

Neural Responses to Monetary and Social Feedback in Children and Adolescents with Non-suicidal Self-injury
Julia Case, M.A., Temple University
Thomas M. Olino, Ph.D., Temple University
Symposium 100

Building a Rainbow Bridge Between Research and Practice: Improving Access to Affirming, Evidence-based Care for Suicidal Sexual and Gender Minority Youth

Chairs: Ilana Seager van Dyk, M.A., The Ohio State University
Lucas Zullo, Ph.D., UCLA

Discussant: Shelley Craig, Ph.D., University of Toronto

All level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, LGBTQ+, Adolescents

Treatment Recommendations and Barriers to Care for Suicidal SGM Youth: A Qualitative Study
Lucas Zullo, Ph.D., UCLA
Ilana Seager van Dyk, M.A., The Ohio State University
Elizabeth W. Ollen, Ph.D., UCLA
Jeanne Miranda, Ph.D., University of California, Los Angeles

Temporal Trends in Suicidal Thoughts and Behaviors Among LGB and Heterosexual Youth
Richard Liu, Ph.D., Brown University
Rachel F. L. Walsh, B.S., Temple University
Ana E. Sheehan, B.A., University of Delaware
Shayna M. Cheek, B.A., Duke University
Sarina M. Carter, B.S., University of Massachusetts Amherst

Non-suicidal Self-injury, Suicidal Ideation, and Suicide Attempt Among Sexual Minority Children
Christopher Albright, B.S., San Diego State University/UC San Diego Joint Doctoral Program in Clinical Psychology
Jerel Calzo, Ph.D., MPH, San Diego State University
Kathryn Fox, Ph.D., University of Denver
Brian A. Feinstein, Ph.D., Northwestern University
Aaron Blashill, Ph.D., San Diego State University
A Daily Diary Study of Minority Stress and Suicidal and Nonsuicidal Self-injurious Thoughts and Behaviors Among Sexual and Gender Minority Youth
Ethan H. Mereish, Ph.D., American University
Jessica R. Peters, Ph.D., Brown University
Matthew Killam, B.A., Brown University
Ryan Segur, M.S., Brown University Department of Psychiatry and Human Behavior
Shirley Yen, Ph.D., Harvard Medical School

Implementing Attachment-based Family Therapy for Depressed and Suicidal LGBTQ+ Youth in Community Settings: Feasibility, Acceptability and Preliminary Effectiveness
Jody Russon, Ph.D., Virginia Tech
Judy Morissey, LCSW, Mazzoni Center
Jamie Dellinger, MFT, Virginia Tech
Bora Jin, Ph.D., Duksung Women's University
Guy S. Diamond, Ph.D., Center for Family Intervention Science, Drexel University

6:45 PM – 8:15 PM
Earn 1.5 continuing education credits

Symposium 101
Eating Pathology in Sexual and Gender Minority Populations: Sociocultural Risk Factors, Assessment Considerations, and Treatment Outcomes

CHAIRS: Cortney S. Warren, ABPP, Ph.D., University of Nevada, Las Vegas; Choose Honesty, LLC
Tiffany A. Brown, Ph.D., University of California, San Diego

DISCUSSANT: Aaron Blashill, Ph.D., San Diego State University

All level of familiarity with the material
Primary Category: Eating Disorders
Key Words: Eating, Body Image, LGBTQ+

Obesity and Eating Disorder Disparities Among Sexual and Gender Minority Youth: Findings from the ABCD Study
Natascha Schvey, Ph.D., Uniformed Services University of the Health Sciences
Arielle Pearlman, B.A., Uniformed Services University of the Health Sciences
Mikela Murphy, B.A., Uniformed Services University of the Health Sciences
Joshua C. Gray, Ph.D., Uniformed Services University of the Health Sciences
The Roles of Family Pressures and Appearance Ideal Internalization in the Relationship Between Outness and Appearance Self-esteem
Taryn A. Myers, Ph.D., Virginia Wesleyan University
Makayla Kelley, B.A., Ball State University

Internalized Weight Bias Moderates the Relationships Between Anxiety About Gender Expression and Eating Disorder Pathology
Samantha P. Spoor, B.S., University of Louisville
Irina Vanzhula, M.S., University of Louisville
Leigh C. Brosot, B.A., University of Louisville
Lisa P. Michelson, M.A., M.S., University of North Carolina School of Medicine
Mattison Jade Hale
Cheri A. Levinson, Ph.D., The University of Louisville

Sexual Orientation-based Differential Item Functioning in Eating Disorder and Body Image Measures Among Men
Joseph M. Donahue, M.A., University at Albany, State University of New York
Melissa Simone, Ph.D., University of Minnesota
Christina Scharmer, M.A., University at Albany, State University of New York
Lisa M. Anderson, Ph.D., University of Minnesota Medical School
Drew A. Anderson, Ph.D., University at Albany, State University of New York

Gender Minorities in Eating Disorders Treatment: A Case Series on Treatment Outcomes
Kimberly Claudat, Ph.D., University of California, San Diego
Courtney Simpson, Ph.D., University of California, San Diego
Christina E. Wierenga, Ph.D., University of California, San Diego
Walter H. Kaye, M.D., University of California, San Diego
Tiffany A. Brown, Ph.D., University of California, San Diego
Earn 1.5 continuing education credits

Symposium 102

Leveraging Systems to Improve Accessibility in Child and Adolescent Mental Health

Chair: Jennifer Blossom, Ph.D., Seattle Children’s Hospital
Discussant: Jonathan Comer, Ph.D., Florida International University

Moderate level of familiarity with the material
Primary Category: Program / Treatment Design
Key Words: Service Delivery, Child, Adolescents

Anchors Away: Using Mobile Technologies to Disseminate Self-help CBT Directly to Children and Families
Kathryn Kriegshauser, Ph.D., Kansas City Center for Anxiety Treatment, P.A.
Chris Sexton, PhD MS-LSCSW, Kansas City Center for Anxiety Treatment

Implementing Stepped Care Services to Enhance Access to Evidence-based Pediatric Anxiety Treatment
Jennifer Blossom, Ph.D., Seattle Children’s Hospital
Kendra Read, Ph.D., University of Washington
Phuonguyen Chu, B.A., Seattle Children’s Research Institute
Anna Voelpel, B.A., Seattle Children’s
Gretchen Sullivan, MHA, Seattle Children’s

Improving Access to Mental Health Treatment for Young Children in Foster Care
Bridget Cho, M.A., UC Davis/University of Kansas
Susan Timmer, Ph.D., PCIT Training Center; CAARE Diagnostic and Treatment Center
Brandi Hawk, PhD, UC Davis

Designing Evidence Based Asynchronous Remote Interventions to Support Depression Management Using Behavioral Activation
Jessica Jenness, Ph.D., University of Washington
Ria Nagar, B.A., University of Washington
Arpita Bhattacharya, MSCS, University of Washington
Sean Munson, Ph.D., University of Washington
Julie Kientz, Ph.D., University of Washington

Implementing Behavioral Health Screening Procedures in Juvenile Intake with Front-line Staff
Casey A. Pederson, M.A., Clinical Child Psychology Program University of Kansas
Kathleen Kemp, Ph.D., Brown University/Rhode Island Family Court
Symposium 103

Emerging Trends in Social Media and Alcohol Use Among Young Adults

Chair: Mai-Ly N. Steers, Ph.D., Duquesne University
Discussant: Mai-Ly N. Steers, Ph.D., Duquesne University

All level of familiarity with the material
Primary Category: Addictive Behaviors
Key Words: Alcohol, Addictive Behaviors, Technology / Mobile Health

Objective versus Subjective Assessment of Daily Time on Facebook, Instagram, Snapchat, and Twitter and Alcohol Use over the First Year of College
Sarah C. Boyle, M.A., M.S., Loyola Marymount
Joseph Labrie, Ph.D., Loyola Marymount University

Objective Exposure to Alcohol-related Content on Instagram During the College Transition: Prospective Associations with Alcohol Use over the First Year and Mechanisms of Influence
Joseph Labrie, Ph.D., Loyola Marymount University
Sarah C. Boyle, M.A., M.S., Loyola Marymount

Posting Alcohol-related Content and Texting Under the Influence: Alcohol and Technology Use Among Hispanic College Students on the U.s./mexico Border
Marianny G. Perez, B.S., University of Texas at El Paso
Claudia J. Woloshchuk, B.A., University of Texas at El Paso
Marcos Lerma, B.S., University of Texas at El Paso
Carlos Portillo, Jr., B.S., University of Texas at El Paso
Gabriel Frietze, Ph.D., University of Texas, El Paso
Theodore V. Cooper, Ph.D., University of Texas at El Paso

“I Still Don’t Know What Happened, Complete Blackout”: a Content Analysis of Tweets Referencing Alcohol-induced Amnesia
Rose Marie Ward, Ph.D., Miami University
Benjamin Riordan, Ph.D., The University of Sydney
Jennifer E. Merrill, Ph.D., Brown University
Symposium 104

Enhancing Access and Outcomes of Psychological Care: Development and Adaptations of Acceptance- and Mindfulness-based Interventions for Medical Populations

ChairS:  Christina M. Luberto, Ph.D., Harvard Medical School/ MGH
            Miryam Yusufov, Ph.D., Harvard Medical School

Discussant: Joanna Arch, Ph.D., University of Colorado Boulder

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - Mindfulness & Acceptance
Key Words: Acceptance, Mindfulness, Vulnerable Populations

Adapting Mindfulness-based Cognitive Therapy for Video Delivery for Patients with Depressive Symptoms After Acute Coronary Syndrome
Christina M. Luberto, Ph.D., Harvard Medical School/ MGH
Sydney Crute, B.S., Massachusetts General Hospital
Amy Wang, B.A., Massachusetts General Hospital
Jeff Huffman, M.D., Massachusetts General Hospital
Gloria Yeh, M.D., M.P.H., Harvard Medical school
Elyse Park, M.P.H., Ph.D., Massachusetts General Hospital

Patient Perspectives on the Acceptability of a Peer-delivered Psychotherapy Intervention Integrating Mindfulness to Target HIV Adherence and Substance Use in Cape Town
Alexandra Rose, M.S., University of Maryland- College Park
Jennifer Belus, Ph.D., University of Maryland- College Park
Lena S. S. Andersen, Ph.D., University of Cape Town
John Joska, Ph.D., University of Cape Town
Bronwyn Myers, Ph.D., South African Medical Research Council
Steven Safren, Ph.D., University of Miami
Jessica F. F. Magidson, Ph.D., University of Maryland
Facets of Psychological Well Being in Pre-loss Grief: Potential Intervention Targets for Third Wave Therapies
Jonathan Singer, M.A., University of Nevada, Reno
Miles Neilson, University of Nevada, Reno
Madeline K. Wilson, University of Nevada, Reno
Elisabeth McLean, B.A., University of Nevada, Reno
Tony Papa, Ph.D., University of Nevada, Reno

Acceptance and Commitment Therapy (ACT) Based Treatment Development for Cancer Patients at Risk for Substance Use Disorder
Miryam Yusufov, Ph.D., Harvard Medical School
Kristy Dalrymple, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University
Joseph Greer, Ph.D., Harvard Medical School
James Tulsky, M.D., Harvard Medical School
William Pirl, M.D., MPH, Harvard Medical School

A Values-based Exposure Intervention for Exercise Anxiety in Cardiac Rehabilitation: Phase I Preliminary Trial Outcomes
Mindy M. Kibbey, B.A., Rutgers, the State University of New Jersey
Anagha A. Babu, B.A., Rutgers, the State University of New Jersey
Brandon L. Alderman, Ph.D., Rutgers, the State University of New Jersey
Ana Abrantes, Ph.D., Butler Hospital & Brown University
Samantha G. Farris, Ph.D., Rutgers, the State University of New Jersey
Earn 1 continuing education credits

Invited Address 4:

Strange Bedfellows Share Mutual Dreams: Increasing Access to Mindfulness Based Interventions for Mood and Anxiety Disorders

Zindel Segal, C.Psych., University of Toronto-Scarborough

Primary Category: Dissemination & Implementation Science
Key Words: Depression, Mindfulness, Dissemination

Digital delivery of therapy content represents one avenue for increasing access to evidence-based treatments (Muñoz et al., 2015), with this format’s virtues being especially highlighted during the COVID19 pandemic. Indeed, the strong evidence base for Mindfulness-Based Cognitive Therapy tied to its, paradoxically, limited availability in the community spurred the development of Mindful Mood Balance (MMB), a digital version of in person MBCT. Using MMB as a case study, I will present findings from a recent RCT (N=460) evaluating MMB against Usual Depression Care in a large HMO, to highlight the professional challenges that must be navigated in order to successfully migrate an in-person intervention to the web (Segal et al., 2020). The nub of the problem has to do with the nature of partnerships and commercialization, two topics that require stepping outside of our comfort zones as treatment developers (Mohr et al., 2020). Partnerships enable you to stay true to the guiding principle in digitizing your work, namely ensuring treatment fidelity. To achieve this, you will need to form partnerships with programmers, eLearning experts, web developers and stakeholders. While your work may not have been motivated by commercial incentives, you will need a strategy for positioning your work in a crowded mental health digital marketplace. In this marketplace, the results of a satisfaction survey are considered as credible as outcomes from a well-powered RCT and clarifying what distinguishes your approach from the rest of the field is paramount. Finally, distribution channels already exist that deliver mental health content to millions of subscribers and present a choice point about whether to have your work featured as one of their offerings or to mount a public facing website to reach the public more directly. It is likely that just as evidence-based treatments differ, so will their respective routes to digital delivery. Broader
dissemination of evidence-based care for mental disorders is one of ABCT’s core missions and digital mental health offers one concrete approach to supporting this ideal.

At the end of this session, the learner will be able to:

• Identify barriers to accessing mental health treatment for depressive and anxiety disorders.
• Learn about the efficacy of digital versus face to face treatments.
• Distinguish three factors that determine online reach of digital interventions: partnerships, commercialization strategies and distribution channels.

**Recommended Readings:**

Outcomes of Online Mindfulness-Based Cognitive Therapy for Patients With Residual Depressive Symptoms: A Randomized Clinical Trial. Segal ZV, et al. JAMA Psychiatry. 2020. PMID: 31995132

Coached Mobile App Platform for the Treatment of Depression and Anxiety Among Primary Care Patients: A Randomized Clinical Trial. Graham AK, et al. JAMA Psychiatry. 2020. PMID: 32432695

Spotlight Research 3:

Adaptation and Implementation of Self-system Therapy for Older Adults with Advanced Lung Cancer

Chair: Timothy Strauman, Ph.D., Duke University
Panelists: Katherine Ramos, Ph.D., Duke University Medical Center
Jennie Riley, M.S., Duke University Medical Center
Kaylee Faircloth, M.A., Duke University

Primary Category: Health Psychology / Behavioral Medicine - Adult
Key Words: Treatment Development, Behavioral Medicine, Aging

The National Institutes of Health strongly emphasizes continued efforts for researchers to study and show how evidence-based practices and interventions are effectively translated to and used in real-world settings. Our study, funded by the National Institute on Aging, is adapting the use of Self-System Therapy (SST; Strauman & Eddington, 2017), an empirically validated intervention based on current models of motivation and goal pursue, to treat depression and distress in older adults with late stage lung cancer. SST has already been adapted for use in older adults with chronic pain (Waters et al., 2015). The focus of SST for lung cancer (SST-LC) is to target cancer-related distress, and to enhance physical activity directly linked to personal values that offer older adults a sense of purpose and meaning (Presley et al., 2017). The focus for this presentation is to guide audience members across the process of adaptation and implementation of SST-LC using the ADAPTOME implementation framework (Chambers & Norton, 2016). Based on interviews and focus groups (N=12), videoconference (VC) technology with patients as well as user testing (N=5), we will discuss how SST-LC is being developed and iteratively refined in an open trial to test its feasibility, acceptability, and promise with a sample of older adults (N=25) living with Stage III or Stage IV lung cancer. Specifically, we will present our study data using ADAPTOME’s framework across key features of intervention refinement, service setting, target audience, and model of delivery. Our hope is to inform researchers about strategies for adaptation within the context of implementation to improve the fit between their own interventions and context.

At the end of this session, the learner will be able to:
• Presented an overview and summary of self-system therapy (SST) and its applications and empirical support to date.
• Described in detail the process of adapting SST for a unique target population, i.e., older adults with advanced lung cancer.
• Presented key features of adaptation, including intervention refinement, model of delivery, and assessment of acceptability and fidelity.

Addressing antisocial patterns is no longer just an “add-on” area of practice. Among the general populations in many countries, justice-involvement has become as prevalent as common mental health disorders. For this reason, practitioners across numerous settings will encounter adolescents and adults whose antisociality puts them at risk for significant loss because of reckless decision-making, destructive activities, and deeper involvement in the criminal justice system. Such cases pose a range of challenges that are quite different from addressing the traditional mental health needs of those suffering from mainly internalizing problems such as anxiety and depression. CBT has been shown to be effective with antisocial and forensic clientele, although modifications of CBT practices are required for this client group. Successful forensic intervention requires a focus on a set of risk domains and thinking patterns that facilitate criminal and antisocial behavior (beyond mental health symptoms). Step-by-step guidelines will be provided for analyzing specific criminal events to better understand the relative influence of criminogenic thinking patterns and other key risk domains (e.g., substance misuse, antisocial companions, maladaptive leisure time) at the time offenses were committed. The functional analysis of criminal events provides a unique snapshot of the potential causes and maintenance of criminal behavior and can enhance standardized risk assessments. The analysis of criminal events forms the groundwork for collaboratively identifying relevant treatment goals. This workshop is highly interactive, incorporating structured learning activities including audio-recorded work samples, small group exercises, and “real”-plays.
At the end of this session, the learner will be able to:
• Recognize key distinctions between traditional mental health treatment and effective interventions for antisocial and forensic clients.
• Conceptualize forensic cases around criminal risk domains most active during recent offenses in order to identify critical life areas to address in treatment.
• Identify criminogenic thoughts and thinking patterns that drive specific incidents of antisocial and criminal conduct.


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**11:45 a.m. – 1:15 p.m.**

**Earn 1.5 continuing education credits**

**Clinical Round Table 12**

**Improving Evidence-based Therapies for Culturally Diverse Patients: Perspectives from Multiple Treatment Contexts**

**MODERATORS:** Janie J. Hong, Ph.D., Redwood Center for CBT and Research and University of California, Berkeley
Christine J. Laurine, Psy.M., Rutgers University, GSAPP

**PANELISTS:** Janie J. Hong, Ph.D., Redwood Center for CBT and Research and University of California, Berkeley
Christine J. Laurine, Psy.M., Rutgers University, GSAPP
Nancy H. Liu, Ph.D., University of California, Berkeley
Ariane Ling, Ph.D., NYU Langone Medical Center
Adrian Aguilera, Ph.D., University of California, Berkeley

All level of familiarity with the material
Primary Category: Culture / Ethnicity / Race
Key Words: Culture, Underserved Populations, Treatment

As the profiles of patients seeking treatment grow increasingly culturally diverse, evidence-based therapies (EBTs) have been notably slow in their ability to address diversity factors in treatment. Cultural adaptations frequently focus on group-based differences and can lend themselves to ethno-cultural stereotypes. Moreover, the limitations and influence of treatment context on care are rarely considered. To better understand the needs of diverse patients, data and insights from multiple treatment contexts must be considered.
The panelists are clinicians, researchers, and trainees with a specific interest in improving care for ethnic-minority populations. The treatment contexts represented span from a specialty clinic for veteran and military populations, university training clinic, mobile telephone-based care to private practice. Panelists will each present the unique challenges and strengths of clinical treatment and research in their respective contexts and populations and offer insights on addressing cultural factors in these contexts. Panelists will also discuss ways that training programs can actively promote and support the provision of EBTs within a culturally-informed framework. The panelists will then come together to identify common questions and themes and offer concrete strategies to provide culturally responsive evidence-based care.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 35:

Intersectional Experiences of Marginalization in Academia: Enhancing the Accessibility and Effectiveness of Interventions Through Inclusivity and Systemic Change in Doctoral Training

MODERATORS: 
Broderick Sawyer, Ph.D., Behavioral Wellness Clinic
R. Sonia Singh, Ph.D., VA South Central MIRECC

PANELISTS: 
Alexandra Hernandez-Vallant, B.S., University of New Mexico
Alexander A. Jendrusina, Ph.D., Ann Arbor Veterans Healthcare System
Yash Bhambhani, Ph.D., Montefiore Medical Center
Nestor Nayola, M.A., Clark University
Terence Ching, Ph.D., University of Connecticut

Primary Category: Oppression and Resilience Minority Health
Key Words: Oppression, Resilience, LGBTQ+

Students in graduate programs holding marginalized identity statuses often endure distress unique to their sociocultural group. However, this stress can sometimes look similar across identity. This intersectional panel includes students and early-career professionals who hold a wide array of marginalized identities. Towards this end, the present panel will highlight the unique experiences of marginalization and resilience factors that graduate students from marginalized identities embody. Further, this panel will highlight the need for more inclusivity in academic training environments to facilitate diverse perspectives on mental health research and practice. Stressors across identity are highly contextual, and while research is being done to address coping, the following panel is designed to highlight qualitative strategies for attendees, as well as discuss allyship for diverse students. The panel will focus on three aims. First we will explore barriers to inclusion and exclusion in academic spaces for doctoral students, post-doctoral fellows and early career faculty,
highlighting the role of intersectionality (e.g., the ADDRESSING framework; Hays, 2001) as well as minority stress and resilience in training and professional development. Second, we will review allyship and the potential ways in which allyship has influenced panelist experiences. This will include a discussion of what it means to be an ally. Third, we will discuss learning evidenced based practices through our identity-based lenses, how that influences adaptations to our clinical practice and research activities, and suggestions for clinical training to better diversify perspectives on evidenced-based care.

11:45 a.m. – 1:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 36:

Clinical Considerations for Culturally Tailored Treatment with Underserved Youth

**Moderators:** Angela W. Wang, Rutgers University
Tian Saltzman, B.A., Rutgers University

**Panelists:** Shalonda Kelly, Ph.D., Rutgers University
Jeffrey P. Winer, Ph.D., Boston Children’s Hospital/ Harvard Medical School
May Yeh, Ph.D., San Diego State University, Child & Adolescent Services Research Center, University of California, San Diego
Denise A. Chavira, Ph.D., UCLA
Kevin Chapman, Ph.D., Kentucky Center for Anxiety and Related Disorders

Primary Category: Vulnerable Populations
Key Words: Adolescents, Child, Therapeutic Alliance

In response to the ABCT Convention’s call to address the question of “enhancing the impact of behavioral and cognitive therapies”, our panel seeks to address clinical considerations and ideas on how to make EBTs more culturally sensitive to enhance therapeutic change for underserved youths. This panel features the expertise and perspectives of five clinical psychologists representing the interests of populations that are often underrepresented in clinical research and practice. Namely, youths who identify themselves as ethnic, racial or cultural minorities and/or coming from immigrant and/or refugee backgrounds. In addition to coping with the normative developmental changes and related stresses, these underrepresented youth also tend to endure unique challenges such as acculturation anxiety, intergenerational conflict, and discrimination, putting them at higher risks for developing both internalizing and externalizing disorders. This highlights the importance of developing, incorporating, and maintaining cultural sensitivity when working with the ever-growing population of at-risk youth. We believe that developing these skills is most efficient when various health care providers (e.g., clinicians and researchers)
come together and share their experiences to enhance treatment efficacy, dissemination, and acceptability. Panelists will be sharing their general experiences and tips in working with at-risk youths, how to address unique challenges that at-risk youths face in therapy settings, and, when applicable, provide clinical examples and data. In addition, considerations in multi-stakeholder explanatory models and recommendations for facilitating positive alliance formation in cross-racial therapy will be discussed. Furthermore, panelists will elaborate on how to adapt EBTs to address the unique needs of underrepresented groups while honoring the idiographic needs of individuals within those groups. Attending participants will walk away with immediately applicable ideas and considerations to incorporate cultural sensitivity into their work.

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 105:

What’s Love Got to Do with It? Romantic Relationship Risk and Protective Factors for Mental Health and Well-being in Sexual and Gender Minorities of Different Identities

Chair: Anna L. Gilmour, M.A., University of Colorado Boulder
Discussant: Joanne Davila, Ph.D., Stony Brook University

All level of familiarity with the material
Primary Category: LGBQT+
Key Words: Couples / Close Relationships, LGBTQ+, Resilience

Actor and Partner Effects of Relationship Satisfaction on Depressive Symptoms Among Same-sex Couples
Anna L. Gilmour, M.A., University of Colorado Boulder
Mark A. Whisman, Ph.D., University of Colorado Boulder
Sarah W. Whitton, Ph.D., University of Cincinnati

An Examination of Minority Stress, Dyadic Coping, and Internalizing Symptoms Among Young Male Same-sex Couples Using Actor-partner Interdependence Models
Elissa L. Sarno, Ph.D., Northwestern University Feinberg School of Medicine
Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine
Relationship Status, Partner Gender, and Daily Affect Among Bisexual, Pansexual, and Queer Adults
Ellora Vilkin, B.A., Stony Brook University
Brian A. Feinstein, Ph.D., Northwestern University
Christina Dyar, Ph.D., Northwestern University
Joanne Davila, Ph.D., Stony Brook University

Romantic Relationship Involvement as a Protective Factor for Mental Health Among Sexual and Gender Minorities Assigned Female at Birth
Sarah W. Whitton, Ph.D., University of Cincinnati
Christina Dyar, Ph.D., Northwestern University
Lisa M. Godfrey, M.A., University of Cincinnati
Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

The Effects of Experiences of Victimization on Protective Factors and the Moderating Role of Internalized Transphobia in Transgender Men
Kai Kline, B.S., M.A., Arizona State University
Lauren Hocker, B.A., M.A., M.C., Arizona State University
Ashley K. Randall, Ph.D., Arizona State University
Symposium 106:

Neurocognitive Mechanisms and Applications of Psychosocial Interventions in Bipolar Disorders Across the Lifespan

**Chairs:** Heather MacPherson, Ph.D., Warren Alpert Medical School of Brown University
Snezana Urosevic, Ph.D., Minneapolis VAMC

**Discussant:** Lauren B. Alloy, Ph.D., Temple University

All level of familiarity with the material
Primary Category: Bipolar Disorders

Key Words: Bipolar Disorders, Cognitive Processes, Psychotherapy Outcome

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**Early Intervention for Youth at High Risk for Bipolar Disorder**
David J. Miklowitz, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Patricia Walshaw, Ph.D., UCLA Semel Institute for Neuroscience & Human Behavior
Marc J. Weintraub, Ph.D., UCLA Semel Institute
Catherine Sugar, Ph.D., UCLA Semel Institute
John Merranko, M.A., University of Pittsburgh Medical Center
Manpreet Singh, M.D., Stanford University Dept of Psychiatry
Kiki Chang, M.D., Menlo Park
Aimee Sullivan, Ph.D., University of Colorado Anschutz Medical Campus
Christopher Schneck, M.D., Department of Psychiatry

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**Improving Physical Activity in Bipolar Disorder: Exploring Potential Moderators**
Louisa Sylvia, Ph.D., Massachusetts General Hospital
Marina Rakhlin, B.S., Massachusetts General Hospital
Selen Amado, B.A., Dauten Family Center for Bipolar Treatment Innovation, Massachusetts General Hospital
Madelaine Faulkner, M.A., University of California-San Francisco
Caitlin Selvaggi, M.A., Massachusetts General Hospital
Nora Horwick, M.A., Massachusetts General Hospital
Mark Pletcher, M.D., University of California-San Francisco
Andrew Nierenberg, M.D., Massachusetts General Hospital
Relationship Between Cognitive Flexibility and Subsequent Course of Mood Symptoms and Suicidal Ideation in Young Adults with Childhood-onset Bipolar Disorder
Heather MacPherson, Ph.D., Warren Alpert Medical School of Brown University
Gracie A. Jenkins, B.S., Bradley Hospital and Brown University
Daniel Dickstein, M.D., Alpert Medical School of Brown University; Bradley Hospital, PediMIND Program

Steeper Aging-related Cognitive Decline in Older Adults with Bipolar Disorders
Snezana Urosevic, Ph.D., Minneapolis VAMC
Adriana Seelye, Ph.D., Minneapolis VA Health Care System
Paul Thuras, Ph.D., Minneapolis VAMC

Symposium 107
The Impact of Social Factors on the Onset and Maintenance of Self-injurious Thoughts and Behaviors
Chair: Christianne Esposito-Smythers, Ph.D., George Mason University
Discussant: Adam B. Miller, Ph.D., University of North Carolina at Chapel Hill

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Self-Injury, Social Relationships

Joey C. Cheung, B.S., Temple University
Kristen M. Sorgi, M.A., Temple University
Marin Kautz, B.A., Temple University
Michael S. McCloskey, Ph.D., Temple University
Lauren B. Alloy, Ph.D., Temple University

The Role of Sociotropy and Interpersonal Stress in Suicide
Hae-Joon Kim, M.A., Fordham University
Margaret Andover, Ph.D., Fordham University

The Impact of Religion on Suicidal Ideation Among Transgender Adults
Ana Rabasco, M.A., Fordham University
Margaret Andover, Ph.D., Fordham University
Depressive Symptom Severity Mediates the Relation Between Avoidant Style and Suicidal Ideation
Roberto Lopez, Jr., M.A., George Mason University
Leslie Brick, Ph.D., Quantitative Science Program, Departments of Psychiatry & Human Behavior and Neurology, Alpert Medical School of Brown University
Annamarie B. Defayette, B.A., George Mason University
Emma D. Whitmyre, M.A., George Mason University
Jennifer C. Wolff, Ph.D., Brown Medical School/Rhode Island Hospital
Elisabeth Frazier, Ph.D., Brown University
Anthony Spirito, Ph.D., Alpert Medical School of Brown University
Christianne Esposito-Smythers, Ph.D., George Mason University

An Initial Investigation of Suicide Attempt Disclosures Among U.S. Veterans
Sarah Carter, Ph.D., Uniformed Services University of the Health Sciences
Brooke Ammerman, Ph.D., University of Notre Dame
Heather Gebhardt, Ph.D., VA Puget Sound Health Care System
Jonathon Buchholz, M.D., VA Puget Sound Health Care System
Mark A. Reger, Ph.D., VA Puget Sound Health Care System

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 108

Enhancing the Impact of Evidence-based Practices Through Task-shifting

Chair: Brenna Maddox, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Discussant: Kimberly Hoagwood, Ph.D., New York University School of Medicine

All level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Implementation, Evidence-Based Practice, Underserved Populations

Helping Those Who Help Others: Building a System to Empower Community Health Workers Who Provide Services to Vulnerable Families
Maya M. Boustani, Ph.D., Loma Linda University
Dina Bashoura, B.A., Loma Linda university
Diane G. Marin, B.A., Loma Linda University
Ali Giusto, Ph.D., Columbia University
David Ayuku, Ph.D., Moi University
Wilber Rono, B.A., Moi University
Mercy Korir, B.A., Moi University Teaching and referral hospital
Milton Wainberg, M.D., Columbia University/New York state psychiatric institute
Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University

A Randomized Control Trial of a Peer-led Intervention: NAMI Basics
Jesslyn Jamison, M.A., University of Texas at Austin
Sarah Kate Bearman, Ph.D., The University of Texas at Austin
Molly Lopez, Ph.D., The University of Texas at Austin Steve Hicks School of Social Work
Nichole M. Baker, B.A., University of Texas at Austin

Project ECHO Autism: Task-shifting ASD Expertise to Community Mental Health Providers
Michal L. Cook, MSW, Department of Psychology & Neuroscience, TEACCH Autism Program, University of North Carolina at Chapel Hill
Nicole Dreiling, Ph.D., Department of Psychiatry, TEACCH Autism Program, University of North Carolina at Chapel Hill
Elena Lamarche, B.A., TEACCH Autism Program, University of North Carolina at Chapel Hill
Laura G. Klinger, Ph.D., University of North Carolina at Chapel Hill, TEACCH Autism Program
Earn 1.5 continuing education credits

Symposium 109

Expanding Access to CBT Through Primary Care: Pilot Data on Brief Interventions for Mental and Behavioral Health Concerns

Chair: Robyn L. Shepardson, Ph.D., VA Center for Integrated Healthcare
Discussant: Jeffrey Goodie, ABPP, Ph.D., Uniformed Services University of the Health Sciences

All level of familiarity with the material
Primary Category: Primary Care / Integrated Care
Key Words: Primary Care, Integrated Care, Treatment

Transdiagnostic Modular CBT Anxiety Intervention for Primary Care Behavioral Health Settings: Preliminary Pilot RCT Data on Feasibility, Acceptability, and Effectiveness
Robyn L. Shepardson, Ph.D., VA Center for Integrated Healthcare
Jennifer S. Funderburk, Ph.D., VA Center for Integrated Healthcare
Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University
Stephen A. Maisto, Ph.D., Syracuse University

Treating Opiate-dependent Patients’ Pain: a Pilot RCT of a Values-based Behavioral Intervention for Chronic Pain in Primary Care Patients with Opiate Dependence
Risa B. Weisberg, Ph.D., VA Boston HCS / Boston University
Victoria Ameral, Ph.D., VA Boston Healthcare System
Lisa Uebelacker, Ph.D., Brown University & Butler Hospital
Genie Bailey, M.D., Brown University / SSTAR
Debra Herman, Ph.D., Brown University / Butler Hospital
Michael Stein, M.D., Boston University School of Public Health

Acceptability of Clinician-supported PTSD Coach Among VA Primary Care Patients
Kyle Possemato, Ph.D., VA Center for Integrated Healthcare
Eric Kuhn, Ph.D., National Center for PTSD
Gregory Beehler, Ph.D., VA Center for Integrated Healthcare
Kimberly Barrie, MPH, LCSW, VA Center for Integrated healthcare
Delores Puran, B.A., VA National center for PTSD
Goal Setting and Goal Attainment in a Pilot Trial of Peer-delivered Whole Health Coaching: A Novel Approach to Engage Veterans with Posttraumatic Stress Disorder
Emily M. Johnson, Ph.D., VA Center for Integrated Healthcare
Emily M. Johnson, Ph.D., VA Center for Integrated Healthcare
Kyle Possemato, Ph.D., VA Center for Integrated Healthcare
Matthew Chinman, Ph.D., VA Pittsburgh Healthcare System
Stephen A. Maisto, Ph.D., Syracuse University
Brian Martens, Ph.D., Syracuse University

Feasibility Outcomes from a Pilot Trial of Brief CBT for Chronic Pain: Extending the Reach of Biopsychosocial Treatment for Chronic Pain
Gregory Beehler, Ph.D., VA Center for Integrated Healthcare
Jennifer S. Funderburk, Ph.D., VA Center for Integrated Healthcare
Paul R. King, Ph.D., VA Center for Integrated Healthcare
Katherine Dollar, Ph.D., VA Center for Integrated Healthcare
Jennifer Murphy, Ph.D., Mental Health Service
Wade Goldstein, M.A., VA Center for Integrated Healthcare
Michael Wade, M.S., VA Center for Integrated Healthcare
Alicia Heapy, Ph.D., VA PRIME Center

11:45 AM – 1:15 PM
Earn 1.5 continuing education credits

Symposium 110

Understanding and Promoting Access to Family Involvement in Treatment for PTSD

Chair: Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System
Discussant: Keith D. Renshaw, Ph.D., George Mason University

Moderate level of familiarity with the material
Primary Category: Trauma and Stressor Related Disorders and Disasters
Key Words: PTSD (Posttraumatic Stress Disorder), Veterans, Families

Identifying Female Veterans Beliefs and Barriers Regarding Family Involvement in PTSD Treatment
Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System
Johanna Thompson-Hollands, Ph.D., National Center for PTSD
Scaling the Walls: A Qualitative Analysis of Women Veterans’ Willingness to Involve Loved Ones in Their PTSD Treatment
Johanna Thompson-Hollands, Ph.D., National Center for PTSD
Lillian Reuman, Ph.D., BU School of Medicine/VA Boston Healthcare System

Relationship Partner Involvement in Veteran PTSD Management and Treatment
Hayley C. Fivecoat, Ph.D., Northwestern University
Shahrzad Mavandadi, Ph.D., CMC VA Medical Center / University of Pennsylvania
Christen Holmes, B.A., Corporal Michael J. Crescenz VA Medical Center
Steven L. Sayers, Ph.D., University of Pennsylvania and CMC VA Medical Center

A Feasibility Pilot Study of an Intervention to Encourage Veterans with PTSD to Initiate Treatment
Steven L. Sayers, Ph.D., University of Pennsylvania and CMC VA Medical Center
Eric Kuhn, Ph.D., National Center for PTSD
Christopher Erbes, Ph.D., Minneapolis VAMC, University of Minnesota
Christina Babusci, B.A., Corporal Michael J. Crescenz VA Medical Center

11:45 AM – 12:45 PM
Earn 1.5 continuing education credits

Symposium 111

Understanding and Targeting Mechanistic ‘overcontrol’ Across the Lifespan: How Children, Adolescents and Adults Exhibit Overcontrolled Tendencies and Respond to Treatment

Chair: Kirsten Gilbert, Ph.D., Washington University in St. Louis
Discussant: Anthony Pinto, Ph.D., Northwell Health Zucker Hillside Hospital

Basic to Moderate level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Transdiagnostic, DBT (Dialectical Behavior Therapy), Anorexia

One Size Does Not Fit All: Assessing Self-control and Personality Profiles to Improve Allocation of Evidence-based Treatments
Roelie J. Hempel, Ph.D., Radically Open Ltd
Sophie Rushbrook, D.Clin.Psy, Dorset HealthCare University NHS Foundation Trust

Do Adolescents with Restrictive Eating Disorders Exhibit Overcontrol and Does Targeting Overcontrol with Radically Open Dialectical Behaviour Therapy for Adolescents Improve Outcomes?
Julian Baudinet, Psy.D., Maudsley Centre for Child and Adolescent Eating Disorders
Identifying an Overcontrolled Phenotype in Young Children and Associated Psychiatric Outcomes and Parenting Styles
Kirsten Gilbert, Ph.D., Washington University in St. Louis

11:45 AM – 1:15 PM

Earn 1.5 continuing education credits

Symposium 112

Can Technology Really Enhance Mental Health in Older Adults?

Chair: Jan Mohlman, Ph.D., William Paterson University
Discussant: Fred Muench, Ph.D., Center on Addiction

Basic level of familiarity with the material
Primary Category: Aging and Older Adults
Key Words: Technology / Mobile Health, Treatment Development, Assessment

Therapist-supported Meru Health Mobile Intervention Reduces Depressive and Anxiety Symptoms in Middle Aged and Older Adults
Christine Gould, ABPP, Ph.D., VA Palo Alto Health Care System/Stanford
Chalise Carlson, M.A., VA Palo Alto
Christina Chick, Ph.D., Stanford University
Valerie Forman Hoffman, Ph.D., MPH, Meru Health
Erin Cassidy-Eagle, Ph.D., Stanford University
Eric Kuhn, Ph.D., National Center for PTSD

The Impact of Age on a Text Messaging Intervention’s Impact on Hazardous Drinking and Other Health Outcomes: An Exploratory Study
Alexis Kuerbis, Ph.D., LCSW, Hunter College, City University of New York
Fred Muench, Ph.D., Center on Addiction

Evaluating the Feasibility of a Mobile Application + Health Coach Intervention for Older Adults with Chronic Noncancer Pain
Cary Reid, M.D., Ph.D., Weill Cornell Medical College
Mette Dyrberg, MSc, MYmee
Patricia Kim, MSW, Weill Cornell Medical College
Sylvia Lee, BS, Weill Cornell Medical College
Danielle Vaamonde, BS, Weill Cornell Medical College
Eric Goldwein, MPH, Columbia University
Nicole Bundy, M.D., Ph.D., MYmee
Over recent years, our Association members have consistently discussed inequity in our ranks, most commonly identifying the inadequate representation of women. We have actively denounced the notorious “leaky pipeline” and encouraged efforts to shift our collective culture. However, two critical perspectives have largely been missing from our broader discourse: (1) the intersectionality of sexual orientation, race, ethnicity, and gender and (2) a solution-focused approach. Thanks to the tireless work and advocacy of many individuals, our awareness of the numerous obstacles that thwart equity and inclusion is heightened. Awareness of inequity often leads to a desire to learn how our collective efforts might best be channeled to optimize change in our respective communities, and research and clinical contexts.

In order to move forward with effective actions that promote and uphold optimal equity and inclusion, the field must engage in discussion regarding “what has worked.” Specifically, not only what has worked for some marginalized groups, but what has effectively promoted the health and well-being of an expanding number of individuals who represent an intersection of minority categories.

This panel is comprised of six panelists with distinguished backgrounds in research, practice, and advocacy, all of whom have unique insight related to increasing equity and diversity in their respective milieus, and who can speak to positive change in their collective experience. Topics of the larger panel include identifying specific mechanisms of change that have allowed for cultural shifts in promoting marginalized groups. Panelists will also explore ways in which barriers to equity and inclusion – both in policy and practice, have been overcome. In addition to generating viable solutions, the panel aims to
provide researchers and clinicians alike with suggestions for how to ‘bring it home,’ and disseminate identified change mechanisms on a local level.

**Panel Discussion 38**

**The Impact of the COVID-19 Pandemic: Dissemination, Intervention, & Training Efforts in a Panicked Society**

**Moderator:** Daniel L. Hoffman, ABPP, Ph.D., Long Island Jewish Medical Center of Northwell Health

**Panelists:** Joanna Yost, Ph.D., University of Virginia School of Medicine
Casey Cavanagh, Ph.D., University of Virginia
Peter J. D’Amico, ABPP, Ph.D., Northwell Health Zucker Hillside Hospital
Shane Owens, ABPP, Ph.D., Farmingdale State College

Primary Category: Global Mental Health

Key Words: Public Health, Dissemination, Resilience

During the winter of 2020, the novel coronavirus (COVID-19) became a worldwide pandemic with implications across many aspects of people’s lives. The public was overwhelmed by the sheer volume and rapidly changing information from both traditional and social media. Possibly more than ever before, EBT clinicians engaged in public-facing dissemination efforts through a wide array of media venues to address anxiety, panic, OCD, trauma and grief. Regulations about interjurisdictional practice of and telemental health service provision were relaxed, enabling providers to overcome barriers to care. Licensed mental health professionals and graduate student trainees dealt with conflicts between doctoral programs and training sites, as well as lack of training in telepsychology service provision. Mental health workers across disciplines were retasked, with minimal crisis-response training. Clinicians were assigned to provide EBT to front line medical staff, emergency department and ICU workers, as well as patients in isolation.

Our panel includes researchers and clinicians who focus on the impact of message framing on the public health crisis that contributed to maladaptive behavior. We review helpful (problem solving, calming) and unhelpful (anxiety-inducing, maladaptive) messages delivered through traditional and social media. We highlight successes and missed opportunities of engaging the public with psychoeducation and coping strategies for stressors and symptoms. Overcoming the interruption of psychology graduate education and training, as well as service provision across settings will be discussed. Challenges and innovative solutions regarding remote work across institutions will be reviewed, across inpatient, outpatient, behavioral medicine consult-liaison services, and integrated primary care settings. Implications of the COVID-19 mental health response for future public health crises are reviewed, and recommendations are made.
Earn 1.5 continuing education credits

Symposium 113

Mental Health and Substance Use Among Diverse Sexual Minority Men: Diverse Methods to Better Understand How to Increase Treatment Outcomes

Chair: Trevor A. Hart, Ph.D., Ryerson University
Discussant: Christopher Martell, ABPP, Ph.D., University of Massachusetts Amherst

Basic to Moderate level of familiarity with the material
Primary Category: LGBQT+
Key Words: LGBTQ+, Substance Abuse, Depression

Depression Is Associated with Bacterial Sexually Transmitted Infections (STIs) Among Gay, Bisexual, and Other Men Who Have Sex with Men (gbMSM)

Trevor A. Hart, Ph.D., Ryerson University
Syed W. Noor, M.P.H., Ph.D., Ryerson University
Shayna Skakoon-Sparling, Ph.D., ryerson University
Samer Lazkani, HBSc., Ryerson University
Abbie Parlett, BSc., Ryerson University
Marc Messier-Peet, HB.Sc.M.Sc, Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l’île-de-Montréal
Alan Lal, BSc., Search Results Web result with site links BC Centre for Excellence in HIV/AIDS
Jordan Sang, Ph.D., BC Centre for Excellence in HIV/AIDS
Gaurav Parulekar, BSc., Ryerson University
Daniel Grace, Ph.D., Dalla Lana School of Public Health University of Toronto
Gilles Lambert, Ph.D., The Montreal Public Health Dept., Institut National De Santé Publique Du Québec
Joseph cox, M.D., Regional Public Health Department, CIUSSS du Centre-Sud-de-l’Île-de-Montréal
Jody Jollimore, MPP, Community-Based Research Centre
David Moore, M.D., Department of Medicine At UBC, The BC Centre For Excellence In HIV/AIDS
Nathan Lachowsky, Ph.D., University of Victoria
Darrell Tan, M.D., FRCPC, Ph.D., St. Michael’s Hospital
Correlates of Sexual Arrangements and Mental Health in a Sample of Latinx Sexual Minority Men in the United States
Gabriel Robles, Ph.D., MSW, Rutgers University
Stephan Bosco, M.A., The Graduate Center of the City University of New York
Tyrel J. Starks, Ph.D., Hunter College, City University of New York

The Moderating Effect of Internalized Heterosexism on Relationship-based Stigma and Mental Health Among Partnered Sexual Minority Men
Trey V. Dellucci, M.S., The Graduate Center at CUNY
Gabriel Robles, Ph.D., MSW, Rutgers University
Tyrel J. Starks, Ph.D., Hunter College, City University of New York

Unique Syndemic-related Clusters in a Sample of Sexual Minority Men
Christopher Chiu, M.A., University of Massachusetts Boston
Amy K. Marks, Ph.D., Suffolk University
Eva Woodward, Ph.D., Central Arkansas Veterans Healthcare System
David Pantalone, Ph.D., University of Massachusetts Boston

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1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 114

Extensions of Culturally Sensitive Trauma-informed Care to Diverse Populations

Chair: Molly Franz, Ph.D., Boston University School of Medicine & National Center for PTSD
Discussant: Debra Hope, Ph.D., University of Nebraska-Lincoln

Basic to Moderate level of familiarity with the material
Primary Category: Oppression and Resilience Minority Health
Key Words: Underserved Populations, Trauma, Treatment

Identifying and Addressing Mental Health Needs of Sexual Minorities with PTSD Symptoms
Brandon J. Weiss, Ph.D., Georgia Southern University
Chelsea Thweatt, B.S., Georgia Southern University
Michaela D. Simpson, B.A., Georgia Southern University
Implementing WET with Latinx Immigrants: Provider Perceptions and Initial Pilot in Primary Care
Arthur “Trey” Andrews, III, Ph.D., University of Nebraska, Lincoln
Laura Acosta, M.A., University of Nebraska, Lincoln
M. Natalia Acosta Canchila, B.S., University of Nebraska, Lincoln
James Kyle. Haws, B.A., University of Central Oklahoma

Strengthening Family Coping Resources (SFCR): A Community-based Model to Address Traumatic Stress Across the Family System
Laurel J. Kiser, Ph.D., University of Maryland School of Medicine
Molly Franz, Ph.D., National Center for PTSD, VA Boston Healthcare System
Eryn Yamin, B.A., University of Maryland school of Medicine

A Pilot Effectiveness Trial of Strength at Home in a Court-mandated Civilian Sample
Molly Franz, Ph.D., Boston University School of Medicine & National Center for PTSD
Casey T. Taft, Ph.D., National Center for PTSD, VA Boston Healthcare System, and Boston University School of Medicine
Catherine D’Avanzato, Ph.D., Rhode Island Hospital and Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior
Hannah Cole, B.A., National Center for PTSD, VA Boston Healthcare System
Emily Rothman, Ph.D., Boston University

Cultural Adaptations of Prolonged Exposure to Increase Effectiveness When Treating PTSD and Minority Stress in a Marginalized Veteran: A Case Report
Colleen A. Sloan, Ph.D., VA Boston Healthcare System
Symposium 115

Biopsychosocial Determinants of Anxiety, Trauma, and Health-related Quality of Life (HRQOL) in Gastrointestinal Conditions

Chair: Cecelia I. Nelson, M.S., West Virginia University
Discussant: Laura Reigada, Ph.D., City University of New York, Brooklyn College and the Graduate Center

Basic to Moderate level of familiarity with the material
Primary Category: Health Psychology / Behavioral Medicine - Child
Key Words: Behavioral Medicine, Health Psychology, Anxiety

Exploring Biobehavioral Relations Between Gut-specific Anxiety and Intestinal Tissue Permeability
Casey D. Wright, M.S., West Virginia University
Caleb Heder, NA, West Virginia University
Alyssa Rittinger, West Virginia
Daniel W. McNeil, Ph.D., West Virginia University

Predictors of Health-related Quality of Life in Youth with Inflammatory Bowel Disease
Cecelia I. Nelson, M.S., West Virginia University
Ellen Manegold, Ph.D., University of Arkansas
Margo Szabo, Ph.D., Children’s Hospital of Philadelphia
Audra Rouster, M.D., West Virginia University Medicine
Brian Riedel, M.D., West Virginia University Medicine
Christina Duncan, Ph.D., West Virginia University

The Moderating Role of Parent-child Concordance on Physician’s Description of Anxiety Symptoms in Pediatric Inflammatory Bowel Disease
Barbara Storch, B.S., B.A., The Graduate Center and Brooklyn College, City University of New York
Keith Benkov, M.D., Icahn School of Medicine and Susan and Leonard Feinstein IBD Clinical Center at Mount Sinai
Laura Reigada, Ph.D., City University of New York, Brooklyn College and the Graduate Center

Earn 1.5 continuing education credits
What Puts Patients with Inflammatory Bowel Disease at Risk for Illness-related Post-traumatic Stress Disorder (PTSD)?
Tiffany Taft, Psy.D., Northwestern University Feinberg School of Medicine
Alyse Bedell, Ph.D., Northwestern University Feinberg School of Medicine
Majdoline Jayoushe, M.D., Northwestern University Feinberg School of Medicine
Sarah Quinton, Psy.D., Northwestern University Feinberg School of Medicine
Sharon Jedel, Psy.D., Rush University
Ece Mutlu, M.D., Rush University
Stephen Hanauer, M.D., Northwestern University Feinberg School of Medicine

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 116

An Examination of the Psychological Mediation Framework and Its Relation to Self-injurious Thoughts and Behaviors Among LGBTQ Individuals from Early Adolescence to Adulthood

Chair: Christianne Esposito-Smythers, Ph.D., George Mason University
Discussant: Mitch J. Prinstein, Ph.D., Department of Psychology and Neuroscience, UNC Chapel Hill

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Self-Injury, LGBTQ+

Suicidal Ideation and Non-suicidal Self-injury Among Sexual Minority Adolescents: The Mediating Role of Emotion Regulation
Jennifer A. Poon, Ph.D., Alpert Medical School of Brown University
Richard Liu, Ph.D., Brown University

Associations Between Self-identified Sexual Orientation and Trajectories of Emotion Dysregulation and Depressive Symptoms from Early to Middle Adolescence
Roberto Lopez, Jr., M.A., George Mason University
Stefanie Goncalves, M.A., George Mason University
Tara M. Chaplin, Ph.D., George Mason University
Christanne Esposito-Smythers, Ph.D., George Mason University
Negative Interpersonal Cognitions Among Self-identified LGBTQ Undergraduates Who Engage in Suicidal and Non-suicidal Self-harm
Joey C. Cheung, B.S., Temple University
Kristen M. Sorgi, M.A., Temple University
Nicole K. Ciesinski, B.A., Temple University
Michael S. McCloskey, Ph.D., Temple University

Body Disconnection as a Mediator of the Relationship Between Victimization and Suicide Attempts Among Transgender and Gender Diverse Adults
Ana Rabasco, M.A., Fordham University
Margaret Andover, Ph.D., Fordham University

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 117


CHAIRS: Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis
Lauren Brookman-Frazee, Ph.D., University of California, San Diego

DISCUSSANT: Aaron Lyon, Ph.D., University of Washington

All level of familiarity with the material
Primary Category: Dissemination & Implementation Science
Key Words: Evidence-Based Practice, Implementation, Child

Comparison of Provider Perspectives of Inner Context Factors Related to Implementation of Evidence-based Interventions for Children with ASD in Schools and Outpatient Mental Health Clinics
Allison Jobin, Ph.D., UCSD Department of Psychiatry, Rady Children’s Hospital San Diego, and the Child & Adolescent Services Research Center
Aubyn Stahmer, Ph.D., MIND Institute, University of California, Davis
Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis
Anna Lau, Ph.D., University of California, Los Angeles
Lauren Brookman-Frazee, Ph.D., University of California, San Diego
Perceptions of EBP Fit by Therapists Practicing in School vs Clinic Settings: Interactions with Implementation Climate and Mental Health Intervention
Problem Focus
Mojdeh Motamedi, Ph.D., University of California San Diego
Mojdeh Motamedi, Ph.D., University of California San Diego
Anna Lau, Ph.D., University of California, Los Angeles
Teresa Linda, Ph.D., University of California San Diego
Lauren Brookman-Frazee, Ph.D., University of California, San Diego

Exploration of Inter-and Intra-agency Factors Influencing the Use, Recommendation, or Training of Cognitive Behavioral Interventions Within
CAPTAIN
Allison S. Nahmias, Ph.D., MIND Institute, University of California, Davis
Jennica Li, B.A., University of California, Davis MIND Institute
Melina Melgarejo, Ph.D., San Diego State University
Patricia Schetter, M.A., BCBA, University of California, Davis MIND Institute
Jessica Suhrheinrich, Ph.D., BCBA-D, San Diego State University
Aubyn Stahmer, Ph.D., MIND Institute, University of California, Davis

Understanding suicide prevention practices and needs for tailoring a suicide
prevention protocol in public school districts serving diverse youth: A qualitative
study with school stakeholders
Stephanie H. Yu, M.A., University of California, Los Angeles
Stephanie H. Yu, M.A., University of California, Los Angeles
Laurel Bear, Ph.D., Los Angeles County Department of Mental Health
Joan Asarnow, Ph.D., UCLA School of Medicine
David B. Goldston, Ph.D., Duke University School of Medicine
Conor O’Neill, Ph.D., Duke University
Tamar Kodish, M.A., University of California, Los Angeles
Anna Lau, Ph.D., University of California, Los Angeles

Scaling-out of Evidence-based Interventions from Schools to Community Mental
Health Settings: Mental Health Provider’s Perspectives on Adaptation Areas
Kelsey Dickson, Ph.D., San Diego State University and CASRC
Lauren Kenworthy, Ph.D., Children’s National Hospital
Laura Anthony, Ph.D., University of Colorado Anschutz Medical Campus
Lauren Brookman-Frazee, Ph.D., University of California, San Diego
Symposium 118

Novel Intervention and Implementation Approaches to Improve Behavioral Health Care Access and Outcomes in Primary Care Settings

Chair: Alex R. Dopp, Ph.D., RAND
Discussant: V. Robin Weering, Ph.D., San Diego State University

All level of familiarity with the material
Primary Category: Primary Care / Integrated Care
Key Words: Primary Care, Integrated Care, Treatment Development

Pilot Feasibility, Acceptability, and Efficacy of an Evidence-based Behavioral Sleep Intervention in Urban Primary Care
Ariel A. Williamson, Ph.D., Children’s Hospital of Philadelphia & University of Pennsylvania Perelman School of Medicine
Olivia Cicalese, M.S., Children’s Hospital of Philadelphia
Brittney Evans, M.S., Children’s Hospital of Philadelphia
Chimereodo Okoroji, M.A., Children’s Hospital of Philadelphia
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
Alexander G. Fiks, M.D., MSCE, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine
Jodi Mindell, PhD, CBSM, Children’s Hospital of Philadelphia/Saint Joseph’s University
Thomas J. Power, Ph.D., ABPP, Children’s Hospital of Philadelphia; University of Pennsylvania Perelman School of Medicine

Promoting Treatment Access Following Pediatric Primary Care Depression Screening: Initial Outcomes of a Trial of Web-based, Single-session Interventions
Jessica L. Schleider, Ph.D., Stony Brook University
Mallory Dobias, B.S., Stony Brook University
Julia Fassler, B.A., Stony Brook University
Akash Shroff, Stony Brook University
Susmita Pati, M.D., Stony Brook University School of Medicine & Stony Brook Children’s Hospital
Collaborative Care for Co-occurring Opioid Use and Mental Health Disorders
Alex R. Dopp, Ph.D., RAND Corporation
Katherine Watkins, M.D., RAND Corporation
Lisa Meredith, Ph.D., RAND Corporation
Isabel Leamon, B.A., RAND Corporation
Kirsten Becker, M.S., RAND Corporation
Cristina Murray-Krezan, M.S., University of New Mexico Health Sciences Center
Matthew Cefalu, Ph.D., RAND Corporation
Lina Tarhuni, MPH, University of New Mexico Health Sciences Center
Kimberly Page, Ph.D., University of New Mexico Health Sciences Center
Miriam Komaromy, M.D., Boston Medical Center

Application of Behavioral Economics Strategies to Improve Provider Use of Evidence-based Suicide Prevention Strategies in Primary Care
Shari Jager-Hyman, Ph.D., University of Pennsylvania
Emily Becker-Haimes, Ph.D., University of Pennsylvania
Courtney Benjamin Wolk, Ph.D., University of Pennsylvania
Molly Davis, Ph.D., Perelman School of Medicine at the University of Pennsylvania
Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
Katherine Wislocki, B.A., University of Pennsylvania School of Medicine
Anne Futterer, B.A., M.S., Perelman School of Medicine at the University of Pennsylvania
Darby Marx, B.A., Perelman School of Medicine at the University of Pennsylvania
Jennifer A. Mautone, ABPP, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania
Jami Young, Ph.D., Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine
Alison Buttenheim, Ph.D., MBA, University of Pennsylvania
1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 119

School-based Interventions for Under-served Communities: Increasing the Reach and Impact of Evidence-based Practice

Chair: Maya M. Boustani, Ph.D., Loma Linda University
Discussant: Steven W. Evans, Ph.D., Ohio University

Basic to Moderate level of familiarity with the material
Primary Category: Vulnerable Populations
Key Words: School, Underserved Populations, Implementation

Promoting Classroom Social and Academic Functioning Among Children at Risk for ADHD: The Making Socially Accepting Inclusive Classrooms Program
Amori Y. Mikami, Ph.D., The University of British Columbia
Julie S. Owens, Ph.D., Ohio University
Steven W. Evans, Ph.D., Ohio University

Development and Preliminary Effectiveness of a Dialectical-behavior Therapy Skills Tier 2 Program Delivered in a School-based Setting
Maya M. Boustani, Ph.D., Loma Linda University
Erica Mazzone, B.A., Loma Linda University
Gaby Bagnara, M.A., Loma Linda University
Kelly Vogel, B.S., Loma Linda University
Talia Banayan, B.A., Loma Linda University
Hannah Jutzy, B.S., Loma Linda University
Chalita Antommartchi, B.A., Loma Linda University

Acceptability and Feasibility of a Smartphone Application to Support Mental Health Counseling in an Urban High School Setting
Michael J. Silverstein, B.A., Drexel University
Chandler Puhy, M.S., Drexel University
Ellen McGeoch, M.S., NeuroFlow
Adam Pardes, M.S., NeuroFlow
Brian Daly, Ph.D., Drexel University
An Inner Setting Look into Treating Trauma Within Rural Schools
Heather Halko, Ph.D., Judge Baker Children’s Center, Harvard Medical School
Kaoru Powell, M.A., University of Montana
Erika Burgess, B.A., University of Montana
Cameo Stanick, Ph.D., LCP, Hathaway-Sycamores Child and Family Services
Kaitlyn Ahlers, Ph.D., University of Washington
Anisa Gorforth, Ph.D., ABPP, University of Montana

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 120

Cognitive Bias Modification: Novel Strategies to Improve Access and Outcomes in Children, Adolescents, and Adults

CHAIRS: Deepika Bose, M.S., Florida International University
Akanksha Das, B.S., Miami University

All level of familiarity with the material

Primary Category: Cognitive Science/ Cognitive Processes

Key Words: Cognitive Biases / Distortions, Anxiety, OCD (Obsessive Compulsive Disorder)

Trajectories of Response to Attention Bias Modification for Youth Anxiety
Deepika Bose, M.S., Florida International University
Ilya Yaroslavsky, Ph.D., Cleveland State University
Yasmin Rey, Ph.D., Florida International University
Michele Bechor, Ph.D., Neurobehavioral Institute
Yair Bar-Haim, Ph.D., Tel Aviv University
Daniel S. Pine, M.D., Section on Development and Affective Neuroscience, Emotion and Development Branch, National Institute of Mental Health, National Institutes of Health
Wendy Silverman, ABPP, Ph.D., Yale University Child Study Center
Jeremy W. Pettit, Ph.D., Florida International University

Interpretation Bias Modification for Anxiety in Youth and Emerging Adults
Michelle Rozenman, Ph.D., University of Denver
Anni Subar, B.A., University of Denver
Christina Logan, B.A., California State University Long Beach
Araceli Gonzalez, Ph.D., California State University Long Beach
Randomized Control Trial of Cognitive Bias Modification as an Inoculation Tool for Social Anxiety in Incoming Undergraduate Students
Akanksha Das, B.S., Miami University
Sarah Dreyer-Oren, B.A., Miami University
Rachel Geyer, B.A., Miami University
Robert E. E. Fite, M.A., Miami University
Elizabeth Kiel, Ph.D., Miami University
Elise M. Clerkin, Ph.D., Miami University

Evaluating the Impact of Cognitive Bias Modification for Social Threat Interpretations in Daily Life Using Ecological Momentary Assessment and Passively Sensed Mobility Data
Katharine E. Daniel, M.A., University of Virginia
Sanjana Mendu, B.S., University of Virginia
Anna Baglione, M.A., University of Virginia
Lihua Cai, M.A., University of Virginia
Miranda L. Beltzer, M.A., University of Virginia
Alexander Daros, Ph.D., University of Virginia
Mehdi O. Boukhechba, Ph.D., Engineering Systems and Environment, University of Virginia
Laura E. Barnes, Ph.D., University of Virginia
Bethany A. Teachman, Ph.D., University of Virginia

Assessing Cognitive Biases and Threat Reactivity in Body Dysmorphic Disorder via Virtual Reality
Berta J. Summers, Ph.D., Massachusetts General Hospital
Anna Schwartzberg, B.A., Massachusetts General Hospital
Sabine Wilhelm, Ph.D., Massachusetts General Hospital
Symposium 121

Tech for Two: Utilizing Technology to Improve Access to Effective Couples’ Interventions

**Chair:** Kayla Knopp, Ph.D., VA San Diego Healthcare System

**Discussant:** Howard Markman, Ph.D., University of Denver

Basic to Moderate level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: Couples / Close Relationships, Technology / Mobile Health, Treatment

The Moderating Role of External Stress on Effects of Web-based Relationship Interventions for Low-income Couples

Karen Rothman, M.S., University of Miami

Brian D. Doss, Ph.D., University of Miami

Online Relationship Interventions for Veterans

Kayla Knopp, Ph.D., VA San Diego Healthcare System

Emily Georgia Salivar, Ph.D., Nova Southeastern University

Brian D. Doss, Ph.D., University of Miami

Janina Schnitzer, B.A., VA San Diego Healthcare System

Leslie A. Morland, Psy.D., VA San Diego Healthcare System

RCT of Brief Telehealth and In-person Couples’ Treatment for PTSD

Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego

Kayla Knopp, Ph.D., VA San Diego Healthcare System

Alexandra Macdonald, Ph.D., The Citadel, Military College of South Carolina

Kathleen M. M. Grubbs, Ph.D., VA San Diego Healthcare System

Margaret-Anne Mackintosh, Ph.D., VA Palo Alto Health Care System

Candice M. M. Monson, Ph.D., Ryerson University

Lisa H. Glassman, Ph.D., VA San Diego Healthcare System

Julia Becker-Creutz, Psy.D., Southeast Louisiana Veterans Health Care System

Frederic Sautter, Ph.D., Southeast Louisiana Veterans Health Care System

Elizabeth Wrape, Ph.D., VA San Diego Healthcare System

Shirley Glynn, Ph.D., UCLA
Couple HOPES: An Uncontrolled Trial of a Self-help, Online Couple Intervention for PTSD
Skye Fitzpatrick, Ph.D., York University
Robert Valela, B.Comm., Ryerson University
Kristen Whitfield, B.A., Ryerson University
Sonya Varma, B.S., York University
Brian D. Doss, Ph.D., University of Miami
Kayla Knopp, Ph.D., VA San Diego Healthcare System
Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California, San Diego
Alec Toller, M.Psy., Circlesnake Productions
Meredith S. H. Landy, Ph.D., Mind Beacon Health Inc./Ryerson University
Candice M. M. Monson, Ph.D., Ryerson University

1:30 PM – 3:00 PM

Earn 1.5 continuing education credits

Symposium 151

Best Practices in Disseminating CBT Through Digital Apps

Chair: Melissa G. Hunt, Ph.D., University of Pennsylvania
Discussant: Sabine Wilhelm, Ph.D., Massachusetts General Hospital

Basic to Moderate level of familiarity with the material
Primary Category: Technology
Key Words: Technology / Mobile Health, CBT, Psychotherapy Outcome

Bringing CBT for IBS to the Digital Space: challenges, Opportunities and Outcomes
Melissa G. Hunt, Ph.D., University of Pennsylvania

Best Practices in Translating CBT into Engaging Digital Therapeutics (DTx) with Fidelity: Critical Success Factors for Increasing Access, Outcomes, Retention and Content Design
Marie Chellingworth, The CBT Resource

Evaluating Mobile Apps That Promote Cognitive-behavioral Therapies
Stephen M. Schueller, Ph.D., University of California Irvine, Department of Psychological Science
Earn 1.5 continuing education credits

Research and Professional Development 7

Part II: Enhancing the Translational Pipeline to Advance Neuroscience-informed Clinical Practice

Panelists: Angela Fang, Ph.D., MGH/Harvard Medical School  
Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine  
Andrew D. Peckham, Ph.D., Harvard Medical School / McLean Hospital  
María Kryza-Lacombe, M.A., San Diego State University/University of California, San Diego, Joint Doctoral Program in Clinical Psychology

All level of familiarity with the material

Primary Category: Neuroscience

Key Words: Neurocognitive Therapies, Translational Research, Neuroscience

The translation gap, whereby insights from basic research do not make it into routine clinics, is well-known. Previous ABCT institutes have addressed this gap by bringing basic research findings to clinicians; yet trainees immersed in basic and mechanistic research are rarely given training in how to make their own work applicable for real-world clinics. This institute therefore takes the complementary approach of focusing on how early-stage researchers working in the neurocognitive domain (including those outside ABCT’s usual attendees) can improve the likelihood that their work penetrates clinical audiences by incorporating translational, implementation, and dissemination-ready thinking into their work. We are specifically targeting early stage basic investigators who might not otherwise be trained in how to reach real-world clinicians with their work. Thus, this session will begin with an introduction of (a) promising neurocognitive and translational interventions (b) often neglected barriers to their implementation in real-world clinical practice, and (c) our attempts to address these barriers using principles of implementation science. Then, the institute will provide insight into how implementation thinking can enhance the impact of research by allowing early stage investigators (doctoral students, post-docs, residents, or junior faculty) in neuroscience and psychology programs to give brief (5 minute) research proposals that focus on translating findings in basic science to the clinic (e.g., cognitive bias modification, pharmacologic modulators, neural stimulation, neurofeedback). Each presentation will be followed by a 15-minute discussion with a multidisciplinary expert panel of facilitators from neuroscience, clinical science, and implementation science who will foster discussion of how to optimize translational opportunities and address implementation challenges likely to arise from this work before it begins in earnest. If 8 or fewer early stage investigators apply, this will be done in a single group format. Otherwise we will break into smaller groups. The session will conclude with
a synthesis of the discussion by identifying best practices for designing, conducting, and evaluating translational research.

At the end of this session, the learner will be able to:

- Evaluate existing models of dissemination of neuroscience research in the mental health community at large.
- Recognize common barriers to integrating neuroscience principles into clinical practice.
- Describe common interests and diverging needs across stakeholders (academics, industry, and patients) in the translation of neuroscientific research.
- Articulate the benefits of neuroscience teaching for students and patients relevant for case formulation and treatment planning.
- Identify next steps for increasing adoption of neuroscience in the psychology clinic.

**Recommended Readings:**


Panel Discussion 39

The Truth About of Having It All: Struggles and Solutions for Working Parents in Psychology

**Moderator:** Andrea B. Temkin, Psy.D., Weill Cornell Medical College/NYP

**Panelists:**
- Shannon M. Bennett, Ph.D., Weill Cornell Medicine
- Daniel Cheron, Ph.D., Judge Baker Children’s Center / Harvard Medical School
- David Langer, Ph.D., Suffolk University
- Sannisha Dale, Ph.D., University of Miami
- Janie J. Hong, Ph.D., Redwood Center for CBT and Research and University of California - Berkeley
- Christine J. Cho, Psy.M., Rutgers University, Graduate School of Applied and Professional Psychology

**Primary Category:** Professional/ Interprofessional Issues

**Key Words:** Parenting, Career Development, Professional Issues

Many psychologists dedicate their lives to advancing the field and improving the well-being of others. Though the work is rewarding and important, external and internal pressure to produce (whether by publishing more, fighting for policy changes, or carrying high caseloads) can create very real dilemmas for psychologists who are also parents. Competing demands makes it difficult to thrive at work and at home, and can hamper the ability of these individuals to receive appropriate training, advance research, and deliver interventions. Graduate students frequently feel stuck between delaying family planning and being forced to navigate training systems that are ill-equipped to support those with children. Early-to-mid career psychologists face pressure to fully commit to their job in order to establish a successful career trajectory. Late career professionals must learn how to balance the ever-increasing needs of their children while taking on more responsibility at work. For everybody, topics such as parental leave, finding childcare, scheduling work around school-pick up and soccer practice, and even learning when to use vs. ignore your psychology knowledge can be daunting. Unfortunately, these conflicts can feel alienating and guilt-inducing at work and at home. This panel hopes to raise awareness of some of the personal and systematic struggles that working parents face within psychology. Speakers will relay their own experiences as parents and help share insights and strategies on ways to advocate for the needs of your family while continuing to be a productive member of the workforce. Equally as important will be hearing from panelists on ways that training programs, places of work, leaders, and psychological organizations as a whole can actively support those who are attempting to balance career and family. While it may not be possible to truly “have it all,” this panel will help illuminate the ways in which psychologists at different stages of their careers and in different work settings have navigated the demands of being a working psychologist and a parent. Ultimately, the aim of the panel is to consid-
er both individual and systematic factors that will help empower this large portion of the workforce to continue advancing research and clinical care.

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 122

The Role of Religion and Therapeutic Implications for Muslim Americans

Chair: Merranda McLaughlin, B.A., University of Miami
Discussant: Amy Weisman de Mamani, Ph.D., University of Miami

Basic level of familiarity with the material
Primary Category: Spirituality and Religion
Key Words: Treatment Development, Spirituality and Religion, Underserved Populations

Religious and Spiritual Coping Strategies in Muslim Americans. Are We Asking the Right Questions?
Stephanie Winkeljohn Black, Ph.D., Penn State Harrisburg
Benjamin Jeppsen, Ph.D., Augustana University
Patrick Pössel, University of Louisville

Spiritual Bypassing as a Moderator of the Relationship Between Religiosity and Psychological Distress in Muslim Americans
Salman Ahmad, M.S., University of Miami
Amy Weisman de Mamani, Ph.D., University of Miami

Predictors of Help-seeking and Therapeutic Preferences in Muslim Americans
Merranda McLaughlin, B.A., University of Miami
Amy Weisman de Mamani, Ph.D., University of Miami

Online Islamically Integrated CBT for Muslim Women with Infertility: Preliminary Findings & Future Directions
Mona Elgohail, Ph.D., Drexel University
Pamela Geller, Ph.D., Drexel University
Symposium 123

Using Technology-facilitated Methods to Improve Understanding of Romantic Couple Interactions

Chair: Darren J. Garcia, M.S., University of Tennessee - Knoxville
Discussant: Richard E. Heyman, Ph.D., New York University

All level of familiarity with the material
Primary Category: Couples / Close Relationships
Key Words: Couples / Close Relationships, Technology / Mobile Health, Methods

Automated Classification of Suicide Risk from Acoustic and Linguistic Variables During Couple Interaction
Feea Leifker, M.P.H., Ph.D., The University of Utah
Sandeep Chakravarthula, M.S., University of Southern California
Shaoyen Tseng, M.S., University of Southern California
Haoqi Li, M.S., University of Southern California
Panayiotis G. Georgiou, Ph.D., University of Southern California
Shrikanth Narayanan, Ph.D., University of Southern California
Karena Leo, M.S., University of Utah
Colin Adamo, M.S., University of Utah
Jasara Hogan, M.S., University of Utah
Alexander O. Crenshaw, M.S., University of Utah
Craig J. Bryan, Psy.D., National Center for Veterans Studies
Brian R. W. R. W. Baucom, Ph.D., University of Utah

Linking Dynamic Systems of Nonverbal Behavior in Romantic Couples with Self-report Outcome Data Following a Brief Intervention
Darren J. Garcia, M.S., University of Tennessee, Knoxville
Darren J. Garcia, M.S., University of Tennessee, Knoxville
Kristina Gordon, Ph.D., University of Tennessee, Knoxville
Michael Finn, PhD, Osher Center for integrative Medicine at Vanderbilt university medical Center
Patricia Roberson, Ph.D., The University of Tennessee, Knoxville
James Cordova, Ph.D., Clark University
Incorporating Bluetooth Proximity Sensors into Objective Assessment of Physical Activity in Couples
Katherine J. Baucom, Ph.D., University of Utah
Mackenzie S. McBride, University of Utah
Carlene Deits-Lebehn, M.S., University of Utah
Katie Fortenberry, Ph.D., University of Utah
Kara Frame, M.D., University of Utah
Paula Williams, Ph.D., University of Utah
Brian R. W. Baucom, Ph.D., University of Utah

The Automatic Detection of Couple Conflict via Wearable Sensors
Adela Timmons, Ph.D., Florida International University
Theodora Chaspari, Ph.D., Texas A&M University
Yehsong Kim, B.A., University of Southern California
Sohyun Han, M.A., University of Southern California
Shrikanth Narayanan, Ph.D., University of Southern California
Gayla Margolin, Ph.D., University of Southern California
Symposium 124

Uncovering Dynamic Clinical Processes: Statistical Approaches for Intensive Longitudinal Data

Chairs: Craig Henderson, Ph.D., Sam Houston State University
       Ki Eun Shin, Ph.D., Columbia University, Teachers College

Discussant: Michelle G. Newman, Ph.D., The Pennsylvania State University

All level of familiarity with the material
Primary Category: Research Methods and Statistics
Key Words: Longitudinal, Statistics, Technology / Mobile Health

Daily Physical Activity and Alcohol Use Among Young Adults
Craig Henderson, Ph.D., Sam Houston State University
Craig Henderson, Ph.D., Sam Houston State University
David Conroy, Ph.D., Penn State University
Lee Van Horn, Ph.D., University of New Mexico
Kim Henry, Ph.D., Colorado State University
Tessa Long, M.A., Sam Houston State University
Lauren Ryan, M.A., Sam Houston State University
Jennifer Boland, M.A., Sam Houston State University
Maddison Schiafo, M.A., Oregon State Hospital
Jennifer Waldo, M.A., Springstone, Inc.
Cody Sze, B.A., Sam Houston State University

Modeling Dynamic Symptom Relations in Depression and Anxiety: A Network Analysis Approach
Ki Eun Shin, Ph.D., Columbia University, Teachers College
Michelle G. Newman, Ph.D., The Pennsylvania State University

Uncovering the Dynamic Network Structure of the Emotion Regulation Deficits in Social Anxiety Disorder
Hanjoo Kim, Ph.D., Michigan Medicine
Sojung Kim, Ph.D., Korea University
Michelle G. Newman, Ph.D., The Pennsylvania State University

Advanced, Non-normal Models of Alcohol Use in Daily Life
Lance M. Rappaport, Ph.D., University of Windsor
Rachel Smail-Crevier, M.S., University of Windsor
Ananda Amstadter, Ph.D., Virginia Commonwealth University
Symposium 125

Enhancing the Impact of Behavioral and Cognitive Therapies by Identifying and Addressing Sleep Problems

Chair: Reut Gruber, Ph.D., McGill University
Discussant: Merrill Wise, M.D., Mid-South Pulmonary and Sleep Specialists

Basic to Moderate level of familiarity with the material
Primary Category: Sleep / Wake Disorders
Key Words: Sleep, Treatment

Enhancing the Impact of Behavioral and Cognitive Therapies: why Develop a Transdiagnostic Intervention for Sleep Problems?
Allison Harvey, Ph.D., University of California at Berkeley

Sleep Intervention in the Prevention of Internalizing Problems of Adolescents at Risk for Depression
Nicholas Allen, Ph.D., University of Oregon

Exploring the Therapeutic Potential of Morning Bright Light for PTSD
Alyson Zalta, Ph.D., University of California Irvine
Earn 1.5 continuing education credits

Symposium 126

Developing the Workforce to Meet the Mental Health Needs of Older Adults

Chair: Patrick J. Raue, Ph.D., University of Washington School of Medicine
Discussant: Joel Sherrill, Ph.D., NIMH

All level of familiarity with the material
Primary Category: Aging and Older Adults
Key Words: Older Adults, Depression, Integrated Care

Volunteer-delivery of Behavioral Activation in Senior Centers: A Randomized Pilot Study
Patrick J. Raue, Ph.D., University of Washington School of Medicine
Brittany Mosser, MSW, LICSW, University of Washington
Mariah Corey, M.S., University of Washington

Patient Activation: Feasibility of a Lay-delivered, Low-intensity Psychosocial Intervention for Depression
Brenna N. Renn, Ph.D., University of Nevada, Las Vegas
Patrick J. Raue, Ph.D., University of Washington School of Medicine
Patricia A. Areán, Ph.D., University of Washington, Seattle
Anna Ratzliff, MD, Ph.D., University of Washington

Behavioral Activation Through Peer Support as a Strategy for Reducing Hospital Readmissions and Improving Outcomes Among Older Adults with Chronic Medical Illness and Depression
Kyaien O. Conner, M.P.H., Ph.D., MSW, University of South Florida
Amber Gum, Ph.D., USF
Erica Anderson, M.S., USF

Treating Depression Among Elder Abuse Victims
Jo Anne Sirey, Ph.D., Weill Cornell Medical College
Nili Solomonov, Ph.D., Weill Cornell Medical College
Samprit Banerjee, Ph.D., Weill Cornell Medical College
Arielle Guillod, B.S., Weill Cornell Medical College
Paula Zanotti, B.A., Weill Cornell Medical College
Earn 1.5 continuing education credits

Symposium 127

Improving Outcomes from Exposure Therapy for Anxiety-related Disorders: Social, Behavioral, Physiological, and Neural Factors

Chair: Cynthia L. Lancaster, Ph.D., University of Nevada, Reno
Discussant: Stefan G. Hofmann, Ph.D., Boston University

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - CBT
Key Words: Exposure, Anxiety, Trauma

What Is the Specificity of Social Support in Predicting Response to Treatment? Comparing Treatments for PTSD/SUD with and Without Prolonged Exposure
Cynthia L. Lancaster, Ph.D., University of Nevada, Reno
Daniel Gros, Ph.D., Medical University Of South Carolina, Ralph H Johnson VAMC
Yueran Yang, Ph.D., University of Nevada, Reno
Therese Killeen, Ph.D., Medical University of South Carolina
Kathleen Brady, M.D., Ph.D., Medical University of South Carolina
Sudie Back, Ph.D., Medical University of South Carolina

A Comparison of Judicious and Injudicious Safety Behavior Use During Exposure Therapy for Spider Phobia
Samantha Meckes, M.A., University of Nevada, Reno
Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

Skin Conductance Reactivity to Neutral-anticipatory and Trauma Imagery, and Symptom Change in a Randomized, Placebo-controlled Trial of Yohimbine-augmented Exposure Therapy in Male Veterans with PTSD
Adam Cobb, Ph.D., Medical University of South Carolina

Augmenting Virtual Reality Exposure Therapy for Public Speaking Anxiety with Transcranial Direct Current Stimulation
Mollie McDonald, B.A., University of Nevada, Reno
Samantha Meckes, M.A., University of Nevada, Reno
Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

Transcranial Direct Current Stimulation Augments in Vivo Exposure Therapy for Specific Fears, with Moderation by Baseline Negative Prognostic Indicators and a Poorer Early Response
Adam Cobb, Ph.D., Medical University of South Carolina
Earn 1.5 continuing education credits

Symposium 128

Between Cognitive and Behavioral Therapies and Psychedelics: Toward Integration and Optimized Therapeutic Outcomes

Chair: Richard J J. Zeifman, M.A., Ryerson University
Discussant: Steven C. Hayes, Ph.D., University of Nevada, Reno

Basic to Moderate level of familiarity with the material
Primary Category: Treatment - CBT
Key Words: Treatment, CBT, Transdiagnostic

Between Cognitive and Behavioral Therapies and Psychedelics: Toward an Integrated Therapeutic Model
Richard J J. Zeifman, M.A., Ryerson University
Meg Spriggs, Ph.D., Imperial College London
Hannes Kettner, MSc, Imperial College London
Anne C. Wagner, Ph.D., Ryerson University
Taylor Lyons, MSC, Imperial College London
Robin Carhart-Harris, Ph.D., Imperial College London

Leveraging Psychedelics to Enhance Cognitive Behavioral Therapy for Substance Use Disorders: Observations from a Randomized Clinical Trial of Psilocybin for Smoking Cessation
Albert Garcia-Romeu, M.A., Ph.D., Johns Hopkins University School of Medicine
John Fedota, Ph.D., National Institute of Drug Addiction, IRP
Roland Griffiths, Ph.D., Johns Hopkins University School of Medicine
Elliot Stein, PhD, National Institute of Mental Health
Matthew Johnson, PhD, Johns Hopkins University School of Medicine

Psilocybin-assisted Therapy of Major Depressive Disorder Using Acceptance and Commitment Therapy as a Therapeutic Frame
Jordan Sloshower, M.D., M.S., Yale University School of Medicine
Jeffrey Guss, M.D., NYU
Robert Krause, DNP, APRN-BC, Yale University School of Nursing
Ryan Wallace, M.D., MPH, Yale University School of Medicine
Monnica T. Williams, ABPP, Ph.D., University of Ottawa
Sara Reed, M.S., LMFT, Yale University
Matthew D. Skinta, ABPP, Ph.D., Roosevelt University
Six-month Outcomes from a Pilot Trial of Cognitive-behavioral Conjoint Therapy for PTSD with MDMA
Anne C. Wagner, Ph.D., Ryerson University
Candice M. M. Monson, Ph.D., Ryerson University
Rachel E Liebman, Ph.D., Ryerson University
Richard J. Zeifman, M.A., Ryerson University
Ann T Mithoefer, BSN, Private Practice
Michael C Mithoefer, M.D., MAPS Public Benefit Corporation

3:15 PM – 4:15 PM

Earn 1.5 continuing education credits

Symposium 129

Psychologists as Social Justice Advocates: Intertwining Research and Advocacy to Improve Mental Health and Equity Among Marginalized Groups

Chairs: Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego
Jennifer N. Crawford, Ph.D., Division of Community Behavioral Health, University of New Mexico Health Sciences Center

Discussant: Colleen A. Sloan, Ph.D., VA Boston Healthcare System

All level of familiarity with the material
Primary Category: Professional/ Interprofessional Issues
Key Words: Underserved Populations, Public Policy, Training / Training Directors

Social Justice Advocacy and Diversity Training at the Postdoctoral Level: Systematically Assessing and Addressing Training Gaps to Expand Advocacy Capacity in the Field of Psychology
Jennifer N. Crawford, Ph.D., Division of Community Behavioral Health, University of New Mexico Health Sciences Center
Emily Treichler, Ph.D., VA San Diego MIRECC/University of California, San Diego

Impact of One-day Trauma Psychoeducation Workshops on Improving Understanding of Trauma in a Range of Community Stakeholders: Mental Health Legislation and Policy Implications in the Caribbean
Ifrah R. Majeed, B.A., University of Utah
S. Robyn Charlery White, Ph.D., Herstoire
Anu Asnaani, Ph.D., University of Utah
Wide-net Mandated Reporting of Title IX Sexual Violence Incidents: Who Does This Policy Help?
Kelly Cuccolo, M.A., University of North Dakota
RaeAnn Anderson, Ph.D., University of North Dakota
Sara Kuhn, MLIS, University of North Dakota

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 130

Fostering Intimacy and Emotional Connection in Diverse Couples Across Relational Contexts

ChairS: Karena Leo, M.S., University of Utah
Jessica Kansky, M.A., University of Virginia

Discussant: Mikhila Wildey, Ph.D., Grand valley state university

Basic to Moderate level of familiarity with the material
Primary Category: Couples / Close Relationships
Key Words: Couples / Close Relationships, LGBTQ+, Change Process / Mechanisms

Clarifying Associations Between Dyadic Communication and Relationship Functioning: A Couple’s Interdependence Approach
Kendell M. Doyle, B.A., The Graduate Center, City University of New York
Tyrel J. Starks, Ph.D., Hunter College, City University of New York

Male Couples’ Sexual Agreement Presence and Types: Associations with Relationship Quality
Lisa M. Godfrey, M.A., University of Cincinnati
Sarah W. Whitton, Ph.D., University of Cincinnati
Greg Swann, M.A., Northwestern
Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

Attachment and Parasympathetic Coregulation of an Acute Stressor in Intimate Dyads
Binghuang A. Wang, M.S., Binghamton University
Eileen Banden, M.S., Binghamton University - State University of New York
Leanna Z. Poole, B.A., Binghamton University
Christina Balderrama-Durbin, Ph.D., Binghamton University
Does Improved Empathic Accuracy Underlie Improvements in Couple Therapy?
Alexander O. Crenshaw, M.S., University of Utah
Karen H. Petty, Ph.D., Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina
Jenna B. Teves, Ph.D., Ralph H. Johnson VA Medical Center
Alice Huang, M.A., Ralph H. Johnson VA Medical Center
Jerez Mitchell, Ph.D., Ralph H. Johnson VA Medical Center
Julian Libet, Ph.D., Ralph H. Johnson VA Medical Center

3:15 PM – 4:45 PM
Earn 1.5 continuing education credits

Symposium 131
Assessing Demographics in Research: How Important Is It, Really?

Chair: Alexandria N. Miller, M.S., Suffolk University
Discussant: Lizabeth Roemer, Ph.D., University of Massachusetts Boston

Basic to Moderate level of familiarity with the material
Primary Category: Research Methods and Statistics
Key Words: Race, LGBTQ+, Ethnicity

Assessing Race and Ethnicity in Research: Is a Check-box Sufficient?
Alexandria N. Miller, M.S., Suffolk University

Racial Demographic Labels for the African Diaspora: Ethnocultural and Historical Considerations
Tsotso Ablorh, B.A., University of Massachusetts Boston
Lizabeth Roemer, Ph.D., University of Massachusetts Boston

The Importance and Development of Inclusive Demographic Forms for LGBTQ+ Communities
Lauren Wadsworth, Ph.D., Genesee Valley Psychology

Going Beyond Labels When Capturing Sexual Identity Among LGBTQ+ Individuals
John L. McKenna, M.S., Suffolk University
Measuring Meaning: Comparison of a Single-item and a Multifaceted Measure of Spirituality
Keryn Kleiman, M.A., Kean University
Neil Patel, M.A., Kean University
Paola Ricardo, M.A., Kean University
Jennifer Block-Lerner, Ph.D., Kean University
Donald Marks, Psy.D., Kean University

3:15 PM – 4:45 PM
Earn 1.5 continuing education credits

Symposium 132

Transdiagnostic Mechanisms of Emotion Regulation in Treatment: Perspectives Across Mood, Anxiety, and Personality Disorders

Chair: Matthew W. Southward, Ph.D., University of Kentucky
Discussant: Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Basic to Moderate level of familiarity with the material
Primary Category: Transdiagnostic
Key Words: Emotion Regulation, Transdiagnostic, Change Process / Mechanisms

Specifying the Mechanisms and Targets of Emotion Regulation: A Translational Framework from Affective Science to Psychological Treatment
Matthew W. Southward, Ph.D., University of Kentucky
Shannon Sauer-Zavala, Ph.D., University of Kentucky
Jennifer Cheavens, Ph.D., Ohio State University

Less Is More: The Role of Decreasing the Frequency of Maladaptive Behaviors and Increasing the Frequency of DBT Skill Use in Improvements in DBT
Kristen P. Howard, M.A., The Ohio State University
Matthew W. Southward, Ph.D., University of Kentucky
Jennifer Cheavens, Ph.D., Ohio State University

Disaggregating Between- and Within- person Relations Among Skills Use, Perceived Effectiveness, and Negative Affect in Dialectical Behavior Therapy Skills Training
Jeremy W. Eberle, M.A., University of Virginia
Matthew W. Southward, Ph.D., University of Kentucky
Andrada D. Neacsu, Ph.D., Duke University Medical Center
Putting the “cognitive” Back in Cognitive Therapy: Sustained Cognitive Change as a Mediator of In-session Insights and Depressive Symptom Improvement
Iony D. Ezawa, M.A., The Ohio State University
Benjamin Pfeifer, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry
Daniel R. Strunk, Ph.D., The Ohio State University

3:15 PM – 4:45 PM

Earn 1.5 continuing education credits

Symposium 133

Advancing the Clinical Evidence Base for Irritability: New Insights Across Development and Diagnostic Boundaries

Chair: Spencer C. Evans, Ph.D., Harvard University
Discussant: Jeffrey D. Burke, Ph.D., University of Connecticut

All level of familiarity with the material
Primary Category: Anger
Key Words: Anger / Irritability, Transdiagnostic, Aggression / Disruptive Behavior / Conduct Problems

Prospective Associations Between Irritability and Later Internalizing Symptoms from Early Childhood Through Adolescence
Lea R. Dougherty, Ph.D., University of Maryland, College Park
Emma Chad-Friedman, M.S., University of Maryland, College Park
Thomas M. Olino, Ph.D., Temple University
Daniel Klein, Ph.D., Stony Brook University

Transdiagnostic Profiles of Youth Irritability and Their Response to Modular CBT and Behavioral Parent Training
Spencer C. Evans, Ph.D., Harvard University
John Weisz, Ph.D., Harvard University
Sherelle Harmon, Ph.D., Harvard University

Disentangling the Heterogeneity of Adolescent Irritability: Examining the Tonic and Phasic Components of Irritability and Their Differential Outcomes
Jamilah Silver, B.S., Stony Brook University
Gabrielle Carlson, M.D., Stony Brook University
Thomas M. Olino, Ph.D., Temple University
Greg Perlman, Ph.D., Stony Brook University
Roman Kotov, Ph.D., Stony Brook University
Daniel Klein, Ph.D., Stony Brook University
Chronic Irritability in Young Adults: Associations with Personality Pathology, Emotion Regulation and Coping Strategies, and Attitudes Towards Mental Health Services
Oliver G. Johnston, B.S., M.S., University of Connecticut
Dean Cruess, Ph.D., University of Connecticut
Jeffrey D. Burke, Ph.D., University of Connecticut

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 13

Flexible Use of Evidence-based Treatments for Women’s Mental Health

Moderator: Lindsay Brauer, Ph.D., University of Chicago
Panelists: Candice Norcott, Ph.D., University of Chicago
Sheehan Fisher, Ph.D., Northwestern University Feinberg School of Medicine

All level of familiarity with the material
Primary Category: Women’s Issues
Key Words: Women’s Health

Accessing evidence-based mental health services, despite routine contact with the healthcare system, may be quite difficult for women during the postpartum period. Some barriers are related to the postpartum period itself, and include lack of time, stigma, and difficulty accessing or coordinating childcare (Goodman et al., 2009). Other barriers may result from the healthcare system and include lack of training by providers in identifying and treating women’s mental health issues, stigma, and difficulty navigating the referral process (Bayrampour et al., 2018). Presenters will discuss strategies to mitigate these barriers and increase access to brief, flexible, evidence-based treatment to support women’s mental health. Dr. Brauer will discuss strategies to implement behavioral activation strategies in a woman’s postpartum routine to enhance self-care and mood. She will also discuss strategies to support engagement in exposure and response prevention for postpartum obsessive-compulsive disorder in an intensive treatment format. Dr. Fisher will discuss acceptance and commitment therapy strategies to attenuate symptoms of postpartum anxiety, as well as strategies to address postpartum relational issues. Dr. Norcott will discuss issues that complicate and buffer women’s experience of postpartum disorders including post-traumatic stress disorder related to labor and delivery. She will also discuss the use of cognitive processing therapy and prolonged exposure, as well as the use of mindfulness practice, in addressing these presenting concerns.
5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Clinical Round Table 14

Challenges Accepted, Lessons Learned: Implementing Evidence-based Practices in the Nation’s Largest Certified Community Behavioral Health Organization (CCBHO)

MODERATOR: Deborah R. Frost, Ph.D., Compass Health

PANELISTS: Paul Thomlinson, Ph.D., Compass Health Network
Michaela Muehlbach, Psy.D., Compass Health Network
Sarah E. Lea, Ph.D., Compass Health Network

All level of familiarity with the material

Primary Category: Improved Use of Research Evidence

Key Words: Evidence-Based Practice, Dissemination, Industry

The primary goals of this clinical roundtable are to illuminate both challenges and opportunities inherent in large-scale, real-world implementation of EBPs, from the vantage point of the nation’s largest CCBHO, Missouri’s Compass Health Network. The CCBHO movement, launched in 2017, is the first Federal designation in behavioral health since the Community Mental Health Act of 1963, and is a potent engine for expansion and dissemination of EBPs. However, it is little known or understood in academic research and training circles, or even on the larger national behavioral health stage. A raft of EBPs, including CBT (including trauma-focused, insomnia, and other variants), DBT, Zero-Suicide, and others are required by CCBHO certification standards, and few EBP implementation and dissemination efforts likely rival the scale and alacrity with which these models have been deployed in our systems. As such, we have learned valuable lessons from the implementation side about what constitutes the real barriers to high fidelity implementation of EBPs in the real world of contemporary behavioral health organizations. This hard-won knowledge is essential to helping overcome the widely acknowledged “science to service gap” and improving outcomes for those we serve. The panelists will discuss: (1) examples of bureaucratic red tape that can become obstacles to full implementation and sustainability, such as sliding fee scales, specific billing issues, limitations on credentialing for certain providers to deliver EBPs; (2) challenges related to recruiting staff with EBP training, investing in staff development around EBPs, and maintaining fidelity to EBPs; (3) opportunities for inclusion and application of real-world data and evidence in evaluating the impact of EBPs in our CCBHO settings; (4) insights from research, diffusion of innovation theory, and managerial/clinical practice that have demonstrated relevance to overcoming some of these obstacles. The widely experienced panel include psychologists with training, credentialing, experience, and current professional roles relevant to the subject matter at hand, including clinical leadership and executive management, clinical practice, research, and organizational psychology.
Panel Discussion 40

Unique Considerations in Training Masters-level Evidence-based Practitioners: What We Do, How We Do It, and Why We Like It

**Moderator:** Matthew Capriotti, Ph.D., San Jose State University  
**Panelists:** Stacy S. Forcino, Ph.D., California State University, San Bernardino  
Maria M. Santos, Ph.D., California State University, San Bernardino  
Georganna Sedlar, Ph.D., University of Washington  
Caleb W. Lack, Ph.D., University of Central Oklahoma  
Annesa Flentje, Ph.D., University of California, San Francisco

Primary Category: Workforce Development / Training / Supervision  
Key Words: Training / Training Directors, Supervision

ABCT’s 2020 convention theme focuses on increasing access to evidence-based psychotherapy as a means to enhance population-level outcomes. Increasing access requires, among other things, increasing the use of evidence-based practice (EBP) among front-line mental health providers. The vast majority of psychotherapists practicing in community settings are Masters-level practitioners (MLPs), not clinical psychologists. Training MLPs in EBP during their graduate training can increase implementation of evidence-based psychotherapy and improve outcomes for a much wider segment of the population. However, little is known about how to do this effectively, and there is typically little discussion of training of MLPs at ABCT and in related circles. Further, MLP training is frequently implemented by doctoral-level psychologists, who are rarely exposed to models of teaching MLPs during their own education and training.

In this panel, 6 faculty members from 5 different EBP-focused Masters programs discuss “what works and what doesn’t” in training MLPs. We will attend to the unique considerations inherent in MLP training; that is, we will discuss how effective Masters-level training is not just “cramping” a doctoral clinical training sequence into an accelerated timeline. Topics will include strategies for evidence-based supervision and consultation, assessment of clinical competencies, and the incorporation of clinical research experiences into training. Panelists will also discuss their own career paths, joys and challenges in doing this work, and similarities and differences with other academic career paths. We hope that this panel will appeal to attendees already involved in MLP training as faculty or clinical supervisors, and graduate students, postdocs, and others who want to learn more about this large, growing, and underdiscussed subarea of academic clinical psychology.
Panel Discussion 41

Innovative Research Methods to Improve the Effectiveness, Practice Relevance, and Uptake of Evidence-based Practices

**Moderator:** Joel Sherrill, Ph.D., NIMH

**Panelists:**
- Rinad S. S. Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine; Penn Implementation Science Center at the Leonard Davis Institute of Health Economics (PISCE@LDI)
- Tina R. Goldstein, Ph.D., University of Pittsburgh School of Medicine
- Philip C. Kendall, ABPP, Ph.D., Temple University
- Aaron Lyon, Ph.D., University of Washington
- Jonathan Purtle, Drexel University Dornsife School of Public Health
- Elizabeth A. Stuart, Ph.D., Johns Hopkins Bloomberg School of Public Health

**Primary Category:** Research Methods and Statistics

**Key Words:** Research Methods, Evidence-Based Practice, Treatment Development

NIMH-supported ALACRITY Centers (Advanced Laboratories for Accelerating the Reach and Impact of Treatments for Youth and Adults with Mental Illness) are intended to serve as incubators for T2 translational research with near-term impact to transform mental health care. The Centers incorporate transdisciplinary collaborations and methods from new and established fields (e.g., information technology, systems science, human centered design, behavioral economics). In this panel, investigators from five ALACRITY Centers will highlight innovative methods their Centers employ, including: Using discrete-choice experiments to elucidate stakeholder preferences for implementation strategies and frameworks from behavioral economics to address implementation barriers (Dr. Beidas); Leveraging data from the electronic medical record to enhance clinical care across stages from identification and screening to treatment selection, targeting and timing (Dr. Goldstein); Applying human centered design to refine evidence-based practices (EBPs) to improve compatibility with clinical workflows (Dr. Lyon); Using agent-based modeling to simulate and design strategies to improve the way research evidence is used by policymakers in decisions about adopting EBPs (Dr. Purtle); and Employing advances in methods for causal mediation analysis to examine mechanisms that account for the benefit of behavioral interventions (Dr. Stuart). Dr. Kendall, an experienced intervention developer, will reflect on how these approaches can facilitate the intervention development and testing pathway. Consistent with the 2020 Convention theme, panel/audience discussion will
focus on how these research methods can be used to refine and improve the practice-relevance and effectiveness of interventions and how these methods can be used to address factors that impact the uptake, implementation, and sustained use of EBPs.

5:00 p.m. – 6:30 p.m.

Earn 1.5 continuing education credits

Spotlight Research 4

Mental Health Impact on Community Members Following Mass Violence Incidents: Results from Parkland

Chair: Angela Moreland, Ph.D., Medical University of South Carolina
Panelist: Dean Kilpatrick, Ph.D., Medical University of South Carolina

Primary Category: Violence / Aggression

Key Words: PTSD (Posttraumatic Stress Disorder), Depression

Mass violence incidents (MVIs) most often occur suddenly in typically peaceful settings and result in death and physical injury to many direct victims. Their impact extends to family members, friends and loved ones of victims; members of the affected community; first-responders; and recovery service providers. MVIs have multiple immediate and long-term psychological/behavioral effects on victims and the community (e.g., shock, anxiety, depression, grief, problematic substance use). To examine the mental health impact that MVIs have on community members, online and mail surveys were completed by 11,000 community members from five different MVI sites across the United States. Data was collected using address-based sampling from the impacted communities. The current presentation will provide results and information from 1,500 community members from Parkland, Florida, who lived in the area during the school shooting at Stoneman Douglas High School. Results will describe mental health impact of community members following a MVI, including posttraumatic stress disorder, depression, social support, and substance use. Analyses will examine differences among different levels of proximity to the incident, including physical closeness to the direct victims and association with the school. Information from this study can be used to: (1) inform city and government officials about existing availability and use of different victim services; (2) emphasize the importance of service provision as it pertains to individual mental health and community recovery, and (3) allow communities to better allocate resources after a MVI.

At the end of this session, the learner will be able to:
• Understand the mental health impact of mass violence incidents.
• Describe the impact of mass violence on community members.
• Describe how to utilize findings for future mass violence incidents.

**Symposium 134**

**From Risk to Resilience: Enhancing Our Understanding of Mental Health Disparities in Transgender and Gender Diverse Individuals**

**Chairs:** Amelia M. Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital  
James A. Scholl, Ph.D., VA Boston Healthcare System  

**Discussant:** Jillian Shipherd, Ph.D., US Department of Veterans Affairs

Basic to Moderate level of familiarity with the material  
Primary Category: LGBQT+  
Key Words: Gender, Risk / Vulnerability Factors, Resilience

**Differences in Mental Health Symptom Severity Among Individuals Whose Gender Identities Differ from Their Assigned Sex at Birth: Findings from a Large Community Health Sample**  
Amelia M. Stanton, Ph.D., Harvard Medical School/Massachusetts General Hospital  
Abigail W. Batchelder, M.P.H., Ph.D., Massachusetts General Hospital/ Harvard Medical School  
Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program  
James A. Scholl, Ph.D., VA Boston Healthcare System  
Dana King, B.A., The Fenway Institute  
Chris Grasso, MPH, The Fenway Institute  
Jennifer Potter, MD, Harvard Medical School  
Kenneth Mayer, MD, The Fenway Institute  
Conall O’Cleirigh, Ph.D., Harvard Medical School

**Internalized Transphobia and Emotion Regulation Difficulties as Proximal Risk Factors for Psychological Distress in Transgender and Gender Diverse Individuals**  
Danielle S. Berke, Ph.D., Hunter College of The City University of New York, CUNY Graduate Center  
Madeline D. Tuten, B.A., Hunter College  
Madalyn Liautaud, B.A., The Graduate Center, City University of New York
Exploration of the Relationships Between Marginalization Stress, Social Anxiety, and Overall Well-being in Transgender and Gender Diverse Adults

Allura L. Ralston, M.A., University of Nebraska-Lincoln
Allura L. Ralston, M.A., University of Nebraska-Lincoln
Brenna Lash, M.P.H., University of Nebraska-Lincoln
M. Natalia Acosta Canchila, B.S., University of Nebraska-Lincoln
Jae Puckett, Ph.D., Michigan State University
Debra Hope, Ph.D., University of Nebraska-Lincoln

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 135

Innovative Approaches for Advancing Research on Treatment and Prevention of Mood Disorders

Chair: Autumn Kujawa, Ph.D., Vanderbilt University
Discussant: Scott A. Langenecker, Ph.D., University of Utah

Moderate level of familiarity with the material
Primary Category: Treatment - CBT
Key Words: Depression, Neuroscience, Technology / Mobile Health

Social and Monetary Reward Responsiveness as Predictors of Response to Cognitive Behavior Therapy for Adolescent Depression
Autumn Kujawa, Ph.D., Vanderbilt University
Samantha L. Pegg, B.S., Massachusetts General Hospital
Haley Green, B.S., Vanderbilt University

Personalized Prediction of Treatment Outcome for Depressed Patients in a Naturalistic Psychiatric Hospital Setting
Christian Webb, Ph.D., Harvard Medical School
Zachary D. Cohen, M.A., University of Pennsylvania
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School
Marie Forgeard, PhD, William James College
Elana S. Israel, B.A., Mclean Hospital
Nathaniel Lovell-Smith, B.A., Harvard Medical School & McLean Hospital
Throstur Bjorgvinsson, Ph.D., McLean Hospital/Harvard Medical School
Lessons Learned from Conducting Large, Pragmatic Comparative Effectiveness Trials with Online, Patent-centered Communities
Louisa Sylvia, Ph.D., Massachusetts General Hospital
Sophie Greenebaum, B.A., Massachusetts General Hospital
Marina Rakhilin, B.S., Massachusetts General Hospital
Selen Amado, BA, Dauten Family Center For Bipolar Treatment Innovation, Massachusetts General Hospital
Thilo Deckersbach, Ph.D., University of Applied Sciences Europe
Andrew Nierenberg, M.D., Massachusetts General Hospital

Social and Non-social Reward: A Preliminary Examination of Clinical Improvement and Neural Reactivity in Adolescents Treated with Behavioral Therapy for Anxiety and Depression
Michael T. Liuzzi, M.A., San Diego State University
Karen T. G. Schwartz, M.S., SDSU/UCSD JDP
Maria Kryza-Lacombe, M.A., San Diego State University/ University of California, San Diego, Joint Doctoral Program in Clinical Psychology
V. Robin Weering, Ph.D., San Diego State University
Jillian Lee Wiggins, Ph.D., SDSU/UCSD

Exploring Adolescent Characteristics and Family Mechanisms That Predict Treatment Response to Primary Care Online Interventions for Adolescent Depression
Jennifer Suor, Ph.D., University of Illinois at Chicago
Katie Burkhouse, Ph.D., University of Illinois at Chicago
Tracy Gladstone, Ph.D., Wellesley Centers for Women, Wellesley College
Linda Schiffer, M.S., MPH, University of Illinois at Chicago
Miae Lee, M.D., University of Illinois at Chicago
Benjamin Van Voorhees, M.D., MPH, University of Illinois at Chicago
Symposium 136

Improving Outcomes by Understanding Technology and Sleep in Young Adults

**Chair:** Nicole E. Carmona, M.A., Ryerson University  
**Discussant:** Kathryn A. Roecklein, Ph.D., University of Pittsburgh

Basic to Moderate level of familiarity with the material  
Primary Category: Sleep / Wake Disorders  
Key Words: Technology / Mobile Health, Sleep, Adolescents

**Sleep, Technology Use, and Mood: A Daily Diary Study**  
Julia Marver, M.A., Fairleigh Dickinson University  
Jesse Allen-Dicker, M.A., Fairleigh Dickinson University  
Eleanor McGlinchey, Ph.D., Fairleigh Dickinson University  
Elizabeth Martin, M.A., Fairleigh Dickinson University

**Technology, Sleep, and Health in Adolescents with an Evening Circadian Preference: An Actigraphic and Ecological Momentary Assessment Study**  
Nicole B. Gumport, M.A., University of California, Berkeley  
Caitlin E. Gasperetti, M.A., University of California at Berkeley  
Jennifer Silk, Ph.D., University of Pittsburgh  
Allison Harvey, Ph.D., University of California at Berkeley

**Trusting Teens to Make Health-related Changes with a Cognitive and Behavioural App for Sleep Disturbance**  
Colleen E. E. Carney, Ph.D., Ryerson University  
Nicole E. Carmona, M.A., Ryerson University

**Improving Access and Outcomes for Teen Sleepers: Results from a Feasibility Trial of an Evidence-based App for Sleep Disturbance**  
Nicole E. Carmona, M.A., Ryerson University  
Colleen E. E. Carney, Ph.D., Ryerson University
Symposium 138

Psychology’s Role in the Implementation of Evidence-based Practice in Pediatric Acute Care Settings

Chairs: Elizabeth K. Reynolds, Ph.D., Johns Hopkins University
Mackenzie S. Sommerhalder, Ph.D., Johns Hopkins University School of Medicine
Discussant: Elisabeth Frazier, Ph.D., Brown University

Moderate level of familiarity with the material
Primary Category: Treatment - Other
Key Words: Adolescents, DBT (Dialectical Behavior Therapy), Parent Training

Engaging Psychology on Inpatient Psychiatric Units: Models, Methods, and Areas for Growth
Jarrod Leffler, Ph.D., Mayo Clinic

The Impact of Parent Management Training in Child and Adolescent Psychiatry Day Hospital on Emergency Department Visit and Hospital Readmissions: A Quality Improvement Study
Mackenzie S. Sommerhalder, Ph.D., Johns Hopkins University School of Medicine

Efficacy and Sustainability of Dialectical Behavior Therapy for Inpatient Adolescents: A Follow-up Study
Alison Tebbett-Mock, Ph.D., Northwell Health Zucker Hillside Hospital

Starting a Positive Behavior Interventions & Supports (PBIS) Model on a Children’s Inpatient Psychiatric Unit
Jennifer Hellmuth, Ph.D., Brown University
Symposium 140

Increasing Access to Evidence-based Care Through Lay-counselor-delivered Interventions: Outcomes from Randomized Controlled Trials in Low- and Middle-income Countries

**Chair:** Katherine E. Venturo-Conerly, B.A., Harvard University

**Discussant:** Eve S. Puffer, Ph.D., Department of Psychology & Neuroscience, Duke Global Health Institute, Duke University

Basic to Moderate level of familiarity with the material

Primary Category: Global Mental Health

Key Words: Global Mental Health, Randomized Controlled Trial, Underserved Populations

**Testing the Effectiveness and Implementation of a Brief Version of the Common Elements Treatment Approach (CETA) in Ukraine**

Laura Murray, Ph.D., Johns Hopkins University School of Public Health
Kristie Metz, Ph.D., Johns Hopkins University
Jura Augustinavicius, Ph.D., Johns Hopkins University
Jeremy Kane, Ph.D., Johns Hopkins University
Quincy Moore, MPH, Johns Hopkins University
Emily Haroz, M.A., Ph.D., Johns Hopkins Bloomberg School of Public Health
Sergey Bogdanov, Ph.D., National University Kyiv-Mohyla Academy
Paul Bolton, MSc, MPH, DTMH, MBBS, Johns Hopkins University

**Examining Child and Guardian Perceptions of Trauma-focused Cognitive Behavioral Therapy in Kenya and Tanzania**

Noah S. Triplett, B.A., University of Washington
Christopher Akiba, MPH, University of North Carolina at Chapel Hill
Leah Lucid, B.A., University of Washington
Kate Benjamin, BA, Seattle Pacific University
Augustine Wasonga, M.A., Ace Africa Kenya
Kathryn Whetten, Ph.D., Center for Health Policy and Inequalities Research, Duke University
Shannon Dorsey, Ph.D., University of Washington
Multiple Mediation Analysis of the Peer-delivered Thinking Healthy Programme for Perinatal Depression: Findings from Two Parallel, Randomised Controlled Trials
Daisy R. Singla, Ph.D., University of Toronto, Sinai Health
David MacKinnon, Ph.D., Arizona State University
Daniela Fuhr, Ph.D., London School of Hygiene and Tropical Medicine
Siham Sikander, Ph.D., Health Services Academy
Atif Rahman, Ph.D., University of Liverpool
Vikram Patel, Ph.D., Harvard Medical School

A Four-week Group Intervention Reduces Adolescent Depression and Anxiety in Kenya:
outcomes of a Randomized Clinical Trial of the Shamiri Intervention
Tom L. Osborn, B.A., Shamiri Institute, Inc
Katherine E. Venturo-Conerly, B.A., Harvard University
Akash Wasil, M.A., University of Pennsylvania
Rediet Alemu, HS, Harvard University
Christine Wasanga, Ph.D., Kenyatta University
Jessica L. Schleider, Ph.D., Stony Brook University
John Weisz, Ph.D., Harvard University

School-based, Lay-provider-delivered Single-session Interventions Reduced Anxiety in Kenyan Adolescents: Outcomes from a Randomized Controlled Trial
Katherine E. Venturo-Conerly, B.A., Harvard University
Tom L. Osborn, B.A., Shamiri Institute, Inc
Akash Wasil, M.A., University of Pennsylvania
Christine Wasanga, Ph.D., Kenyatta University
John Weisz, Ph.D., Harvard University
Symposium 146

Extending Our Understanding of Suicidality and Self-harm in Obsessive Compulsive and Anxiety Related Disorders

Chairs: Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
       Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Discussant: Adam B. Miller, Ph.D., University of North Carolina at Chapel Hill

All level of familiarity with the material
Primary Category: Obsessive Compulsive and Related Disorders
Key Words: Suicide, OCD (Obsessive Compulsive Disorder), Anxiety

Exploring the Prevalence and Presentation of Suicidal Ideation in a Large Sample of Individuals with Primary OCD
Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill
Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill
Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill
Jennifer L. Buchholz, M.A., UNC Chapel Hill
Bradley C. Riemann, Ph.D., Rogers Behavioral Health

Obsessive-compulsive Disorder and Nonsuicidal Self-injury Disorder: Prevalence in a Veteran Sample
Tapan Patel, M.S., Durham VA Medical Center
Adam Mann, M.S., CRS, LCMHCA, Duke University/Durham VA
Shannon M. Blakey, Ph.D., VA Mid-Atlantic MIRECC/Durham VA Health Care System
Nathan Kimbrel, PhD, Durham VA/MIRECC/Duke University

The Concurrent Mediational Role of Perceptions of Defeat and Entrapment, and Experiential Avoidance in the Pathways to Suicidal Acts in Obsessive-compulsive Disorder (OCD)
Ioannis Angelakis, B.S., M.S., Ph.D., University of South Wales
Patricia Gooding, Ph.D., University of Manchester
Suicidal Ideation as a Predictor of the Relationship Between Nocturnal Wakefulness and Negative Affect in Patients with Anxiety-related Disorders

Lily A. Brown, Ph.D., University of Pennsylvania
Kevin Narine, B.A., University of Pennsylvania
Reem AlRabiah, B.A., University of Pennsylvania

Obsessive Beliefs and Suicidality in Obsessive-compulsive Disorder

Martha Falkenstein, Ph.D., McLean Hospital
Kara Kelley, B.A., McLean Hospital
Devin Dattolico, B.S., McLean Hospital
Jason Krompinger, Ph.D., McLean Hospital OCD Institute; Harvard Medical School
Christian Webb, Ph.D., Harvard Medical School
Courtney Beard, Ph.D., McLean Hospital/Harvard Medical School

5:00 PM – 6:30 PM

Earn 1.5 continuing education credits

Symposium 148

Bayesian Approaches to Modeling Psychiatric Vulnerability and Treatment Mechanisms

Chair: Caitlin A. Stamatis, M.S., University of Miami
Discussant: Donald J. Robinaugh, Ph.D., Massachusetts General Hospital

Applying Stochastic Search Variable Selection to Identify Predictors of Posttraumatic Stress Disorder in the Wake of Hurricane Irma

Sierra Bainter, Ph.D., University of Miami
Zachary Goodman, M.A., University of Miami
Caitlin A. Stamatis, M.S., University of Miami
Kiara R. Timpano, Ph.D., University of Miami

Bayesian Testing of Clinical Predictions in Psychopathology Networks

Donald Williams, B.A., University of California, Davis
Joris Mulder, Ph.D., Tilburg University
Philippe Rast, Ph.D., University of California, Davis
Set Shifting Deficits Related to Transdiagnostic Risk for Psychopathology: A Hierarchical Bayesian Drift Diffusion Modeling Approach
Caitlin A. Stamatis, M.S., University of Miami
Nikki Puccetti, B.A., University of Miami
Kiara R. Timpano, Ph.D., University of Miami
Aaron Heller, Ph.D., University of Miami

A Bayesian Approach to Incorporating Clinical Expertise in Personalized Symptom Networks
Julian Burger, M.S., University of Amsterdam
Date C Van der Veen, M.S., University Medical Center Gronigen
Sacha Epskamp, Ph.D., University of Amsterdam

Heteronormative Relationship Education for Same-gender Couples – a Bayesian Approach
S. Gabe Hatch, B.S., University of Miami
Karen Rothman, M.S., University of Miami
McKenzie K. K. Roddy, M.S., University of Miami
Rebecca Dominguez, B.S., University of Miami
Yunying Le, Ph.D., University of Miami
Brian D. Doss, Ph.D., University of Miami

6:45 p.m. – 8:15 p.m.

Earn 1.5 continuing education credits

Panel Discussion 43
What Do We Expect and How Do We Get There? Using Evidence-based Strategies to Teach Core Clinical Competencies to Undergraduates

Moderator: Susan Wenze, Ph.D., Lafayette College
Panelists: Stephanie M. Ernestus, Ph.D., Stonehill College
CJ Fleming, Ph.D., Elon University
Kerstin K. Blomquist, Ph.D., Furman University
James F. Boswell, Ph.D., University at Albany, State University of New York
Tony T. Wells, Ph.D., Oklahoma State University

Primary Category: Workforce Development / Training / Supervision
Key Words: Education and Training, Training / Training Directors, Student Issues

The APA’s professional psychology competency benchmarks were designed to promote evidence-based psychology education and training for healthcare and psychotherapy professions (Fouad et al., 2009). However, these competency standards largely address
doctoral-level training and begin by providing standards for when a student is ready for practicum. In contrast, the APA’s guidelines for undergraduate psychology education are general, and do not specifically address clinical learning goals (APA, 2016). This creates a significant gap, as 1) most undergraduate Psychology majors will not continue to graduate school, 2) masters-level programs are not addressed by the competency benchmarks and undergraduates who continue into masters programs need a strong foundation on which to build evidence-based-practice skills, and 3) those students who do continue to doctoral programs may not have had their clinically-relevant skills scaffolded to prepare them for graduate school. Therefore, a need exists to determine what clinical competencies should be addressed at the undergraduate level and how those competencies can best be taught and those skills shaped. Addressing this gap may help improve the engagement and understanding in evidence-based therapy in the consumer and masters-level clinical populations and improve teaching at undergraduate and graduate levels. Identifying and teaching core clinical competencies at the undergraduate level is key for bridging the research-practitioner gap, especially when the gap is most widely manifested among masters-level clinicians.

This panel will address this need for curriculum standards by drawing on the experience of panelists who teach clinical and psychotherapy courses. These panelists were chosen to represent a diversity of perspectives, techniques, and classroom structures for teaching undergraduates in settings ranging from small liberal arts colleges to large classroom research universities. Discussion will address specific clinical undergraduate competency standards (professionalism, relational effectiveness, scientific knowledge, and application) and related pedagogical strategies at the undergraduate level.
Symposium 137

Latinx Youth At-risk for Suicide: The Interplay Between Family, Social and Psychiatric Processes

Chair: Jazmin Reyes-Portillo, Ph.D., Montclair State University
Discussant: Regina Miranda, Ph.D., Hunter College, City University of New York

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: Hispanic American/ Latinx, Families, Risk / Vulnerability Factors

Parental Suicidal Behaviors and Childhood Externalizing Disorders: Clarifying Early Markers of Suicide Risk in Young Adults
Lillian Polanco-Roman, Ph.D., Columbia University Medical Center
Ana Ortin, Ph.D., Hunter College, CUNY
Thomas Corbeil, MPH, Columbia University
Kiara Alvarez, Ph.D., Massachusetts General Hospital/Harvard Medical School
Melanie Wall, Ph.D., Columbia University
Madelyn Gould, Ph.D., Columbia University
Margarita Alegria, Ph.D., Massachusetts General Hospital
Hector Bird, M.D., Columbia University
Glorisa Canino, Ph.D., University of Puerto Rico Medical School
Cristiane Duarte, M.P.H., Ph.D., Columbia University - New York State Psychiatric Institute

Racial Microaggressions and Suicide Ideation Among Latinx College Students: The Mediating Role of Depression and the Moderating Role of Family Support
Petty Tineo, M.A., Montclair State University
Diana Torsiello, B.A., Montclair State University
Cody Weeks, M.A., Montclair State University
Tanya Singh, M.A., Montclair State University
Farah Mahmud, M.S., Montclair State University
Megan Rusco, B.A., Montclair State University
Carrie Masia Warner, Ph.D., Montclair State University
Jazmin Reyes-Portillo, Ph.D., Montclair State University
Anxiety Symptom Clusters, Family Psychiatric History, and Suicidal Ideation Among Diverse Young Adult Outpatients
Jazmin Reyes-Portillo, Ph.D., Montclair State University
Payal Desai, M.P.H., Columbia University Medical Center
Preanka Singh, B.A., New York State Psychiatric Institute/Columbia University Irving Medical Center
Maria Carolina Zerrate, M.D., New York Presbyterian Hospital - Washington Heights Clinic
Rebecca Erban De La Vega, Psy.D., New York Presbyterian / Columbia University Medical Center
Shannon M. Bennett, Ph.D., Weill Cornell Medicine
Anne Marie Albano, Ph.D., Columbia University Clinic for Anxiety and Related Disorders
Cristiane Duarte, M.P.H., Ph.D., Columbia University - New York State Psychiatric Institute

Kiara Alvarez, Ph.D., Massachusetts General Hospital/Harvard Medical School
Pilar Bancalari, B.A., Columbia Mailman School of Public Health
Azariah Boyd, B.A., Massachusetts General Hospital
Nestor Noyola, M.A., Clark University

6:45 PM – 7:45 PM

Earn 1 continuing education credits

Symposium 139

A Complexity Perspective on Comorbidity: Identifying Replicable Patterns Using a Network Approach

Chairs: Daniel P. Moriarity, M.A., Temple University
Payton J. Jones, M.A., Harvard University
Discussant: Stefan G. Hofmann, Ph.D., Boston University

Using Network Analysis to Examine Symptoms of Anxiety, Depression, and Eating Disorder Pathology in Individuals with Anorexia Nervosa
Ani C. Keshishian, B.A., University of Louisville
Cheri A. Levinson, Ph.D., The University of Louisville
Mood Symptoms and Impairment Due to Substance Use: A Network Perspective on Comorbidity
Daniel P. Moriarity, M.A., Temple University
Corinne P. Bart, M.A., Temple University
Allison Stumper, B.A., Temple University
Payton J. Jones, M.A., Harvard University
Lauren B. Alloy, Ph.D., Temple University

Replication of Symptom Network Structure of Comorbid Alcohol Use Disorder and Anxiety Disorder in a Patient Sample
Justin Anker, Ph.D., University of Minnesota
Matt Kushner, Ph.D., University of Minnesota

6:45 PM – 8:15 PM
Earn 1.5 continuing education credits

Symposium 141

Paradigm Shifts in the Study of Attention Biases from Infancy to Adulthood

ChairS: Tracy A. Dennis-Tiwary, Ph.D., Hunter College and the Graduate Center of the City University of New York
Amy K. Roy, Ph.D., Fordham University

Discussant: Brandon E. Gibb, Ph.D., Binghamton University

Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Anxiety
Key Words: Anxiety, Adolescents, Adult

Using Mobile Eye-tracking to Capture Attentional Dynamics in the Context of Temperamental Risk for Internalizing Disorders
Koraly Pérez-Edgar, Ph.D., The Pennsylvania State University
Kelley Gunther, M.S., The Pennsylvania State University
Alicia Vallorani, M.S., The Pennsylvania State University

Multimethod Examination Attention Bias Heterogeneity in Anxious Adolescents
Amy K. Roy, Ph.D., Fordham University
Tracy A. Dennis-Tiwary, Ph.D., Hunter College and the Graduate Center of the City University of New York
Sarah Myruski, Ph.D., Hunter College, City University of New York
Mariah L. DeSerisy, B.S., M.A., Fordham University
Melanie R. Silverman, M.A., Fordham University
Symposium 142

New Research at the Interface of Values and Psychopathology

**Chair:** Todd B. Kashdan, Ph.D., George Mason University  
**Discussant:** Steven C. Hayes, Ph.D., University of Nevada, Reno

Basic to Moderate level of familiarity with the material  
Primary Category: Treatment - Mindfulness & Acceptance  
Key Words: ACT (Acceptance & Commitment Therapy), Resilience

**Do Values Make Distress Easier to Bear?**  
Kerry Kelso, M.A., George Mason University  
Joshua J. Broman-Fulks, Ph.D., Appalachian State University  
Stephen Semcho, M.A., University of Kentucky

**Meaning, Purpose, and Experiential Avoidance as Predictors of Valued Living: A Daily Diary Study**  
Jeffrey M. Pavlacic, M.A., University of Mississippi  
Stefan E. Schulenberg, Ph.D., University of Mississippi  
Erin M. Buchanan, Ph.D., Harrisburg University

**Well-being Through Stability: The Benefits of Reacting Less to Pleasant Activities in Daily Life**  
David Disabato, Ph.D., Kent State University  
Karin G. Coifman, Ph.D., Kent State University

**The Personalized Psychological Flexibility Index: Details on a Hybrid Idiographic/nomothetic Approach**  
Todd B. Kashdan, Ph.D., George Mason University  
David Disabato, Ph.D., Kent State University  
Fallon Goodman, Ph.D., University of South Florida  
James Doorley, M.A., George Mason University
Symposium 143

What You Don’t Know About the Menstrual Cycle May Hurt You(r Patients): Applications for Effective Assessment, Research, and Clinical Practice

Chair: Jessica R. Peters, Ph.D., Brown University
Discussant: Kim L. Gratz, Ph.D., University of Toledo

All levels of familiarity with the material
Primary Category: Women’s Issues
Key Words: Women’s Health, Psychophysiology, Emotion Regulation

Reliable and Valid Diagnosis of DSM-5 Premenstrual Dysphoric Disorder: The Carolina Premenstrual Assessment Scoring System
Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago
Katja Schmalenberger, MSc, Heidelberg University

Premenstrual Exacerbation of Suicidal Ideation and Associated Risk Factors
Sarah A. Owens, M.A., University of North Carolina at Chapel Hill
Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

The Menstrual Cycle as a Source of Symptom Variability in Borderline Personality Disorder: Implications for Researchers and Behavior Therapists
Jessica R. Peters, Ph.D., Brown University
Sarah A. Owens, M.A., University of North Carolina at Chapel Hill
Katja Schmalenberger, MSc, Heidelberg University
Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago

Dysregulated Acoustic Startle Response Across the Menstrual Cycle in Premenstrual Dysphoric Disorder (PMDD)
Liisa Hantsoo, Ph.D., Johns Hopkins School of Medicine
Rachel Johnson, M.S., Colorado School of Public Health
Mary Sammel, ScD, Colorado School of Public Health
Christian Grillon, Ph.D., National Institute of Mental Health, Section on Neurobiology of Fear and Anxiety
C. Neill Epperson, M.D., University of Colorado School of Medicine
Symposium 145

Advances in Idiographic Clinical Science: Highlighting the Clinical Utility of the Person-specific Approach

**Chairs:** Jonathan W. Reeves, M.A., University of California, Berkeley
Hannah G. Bosley, M.A., University of California, Berkeley

**Discussant:** Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

Basic to Moderate level of familiarity with the material
Primary Category: Improved Use of Research Evidence
Key Words: Clinical Utility, Statistics, Stakeholder Relevant

Using Routine Outcome Monitoring Data to Identify the Timing and Proximal Risk Factors of Suicidal Ideation
Jonathan W. Reeves, M.A., University of California, Berkeley
Thomas Tollefsen, Ph.D., University of Oslo
Aaron J. Fisher, Ph.D., University of California, Berkeley
Sabrina Darrow, PhD, University of California, San Francisco

Marilyn L. Piccirillo, Ph.D., University of Washington
Madelyn R. Frumkin, B.A., Washington University in St. Louis
Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

How Feeling Leads to Doing: An Application of Idiographic Latent Profile Analysis to Identify Clinically-relevant Links Between Person-specific Mood States and Behaviors
Hannah G. Bosley, M.A., University of California, Berkeley
Aaron J. Fisher, Ph.D., University of California, Berkeley

Personalized Models of Eating Disorder Symptoms Across 25 Days: Implications for Precision Intervention
Cheri A. Levinson, Ph.D., The University of Louisville
Symposium 147

Who Gets the Most Bang for Their Buck? Predictors of Intensive Treatment Response for Youth Anxiety and Related Disorders

Chair: Jami M. Furr, Ph.D., Florida International University
Discussant: Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

Moderate level of familiarity with the material
Primary Category: Treatment - Other
Key Words: Anxiety, CBT, Treatment/ Program Design

Predictors of Outcome in Group-based Intensive CBT for Youth with Anxiety and Obsessive-compulsive Disorder
Kathryn Boger, ABPP, Ph.D., McLean Hospital
Taylor Wilmer, Ph.D., McLean Hospital

Outcome Predictors in an Effective Therapeutic Summer Camp for Youth with OCD, Anxiety And/or Depressive Disorders
Ashley R. Ordway, Ed.S., University of Florida
Ryan McCarty, M.S., University of Florida

Predictors of Treatment Outcome in Intensive Cognitive-behavioral Treatment of Panic Disorder in Adolescents
Ovsanna Leyfer, Ph.D., Boston University Center for Anxiety and Related Disorders
Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

Evaluating Predictors of Intensive Group Behavioral Treatment (IGBT) Response for Youth with Selective Mutism: Who Is Most Likely to Benefit?
Natalie Hong, M.S., Florida International University
Danielle Cornacchio, M.A., UCLA
Karina Silva, B.A., Florida International University
Aileen Herrera, M.S., RMHCL, Florida International University
Jami M. Furr, Ph.D., Florida International University
Jonathan Comer, Ph.D., Florida International University
Earn 1.5 continuing education credits

Symposium 149

Novel Analytic Methods for Clinical Science: Recent Approaches to Modeling Psychopathology

Chair: Duncan G. Jordan, Ph.D., Murray State University
Discussant: Donald J. Robinaugh, Ph.D., Massachusetts General Hospital

Moderate level of familiarity with the material
Primary Category: Research Methods and Statistics
Key Words: Statistics, Research Methods

Temporal Network Analysis for Clinical Science: Considerations as the Paradigm Shifts?
Duncan G. Jordan, Ph.D., Murray State University
E. Samuel Winer, Ph.D., Mississippi State University
Taban Salem, Ph.D., Millsaps College

Unsupervised Machine Learning Applications in Mental Health: Promise and Perils
Alessandro De Nadai, Ph.D., Texas State University
Ryan Zamora, M.S., Texas State University
Douglas Gunzler, Ph.D., Case Western Reserve University School of Medicine

Dag by Timeslice: Bayesian Structure Learning in Longitudinal Measurement
Brandon Frank, M.A., M.S., University of Florida
Dean McKay, ABPP, Ph.D., Fordham University
Landon Hurley, Ph.D., West Haven VA Medical Center

Item Selection Approaches in Network Analysis: An Eating Disorder Network Example
Irina Vanzhula, M.S., University of Louisville
Caroline Christian, B.S., University of Louisville
Jordan Drake, Undergraduate, University of Louisville
Sarah E. Ernst, The University of Louisville
Cheri A. Levinson, Ph.D., The University of Louisville

Seeing the Impossible: Visualizing Latent Variable Models
Dustin Fife, Ph.D., Rowan University
Symposium 150

Assessing, Anticipating, and Treating Suicidality in Trauma Survivors with and Without Posttraumatic Stress Disorder

**Chair:** Skye Fitzpatrick, Ph.D., York University

**Discussant:** Lily A. Brown, Ph.D., University of Pennsylvania

Basic level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: PTSD (Posttraumatic Stress Disorder), Suicide, Trauma

Prediction of Suicidality in Trauma-exposed Individuals with Alcohol or Substance Use Disorders Using Item Response Theory

Skye Fitzpatrick, Ph.D., York University
Antonio A. Morgan-Lopez, Ph.D., RTI International
Tanya Saraiya, M.A, Medical University of South Carolina
Sudie Back, Ph.D., Medical University of South Carolina
Teresa Lopez-Castro, Ph.D., City College of New York CUNY
Sonya Norman, Ph.D., University of California San Diego
Lesia Ruglass, Ph.D., Rutgers University
Lissette M. Saavedra, Ph.D., RTI International
Denise Hien, Ph.D., Rutgers University

Resilience Mediates the Association Between PTSD Symptoms and Suicidal Ideation Among Treatment-seeking Suicidal Army Soldiers

Christopher R. DeCou, Ph.D., University of Washington School of Medicine
Martina Fruhbauerova, B.A., University of Washington School of Medicine
Katherine Anne Comtois, Ph.D., MPH, University of Washington School of Medicine

Nonlinear Change Patterns in Daily Suicidal Ideation During Massed Cognitive Processing Therapy (CPT) for PTSD

Craig J. Bryan, Psy.D., National Center for Veterans Studies
Jeffrey Tabares, Ph.D., National Center for Veterans Studies
Jonathan Butner, Ph.D., University of Utah
AnnaBelle Bryan, M.S., National Center for Veterans Studies
Kelsi Rugo, M.S., National Center for Veterans Studies
Feea Leifker, M.P.H., Ph.D., The University of Utah
David Rozek, Ph.D., University of Utah School of Medicine
A Pilot Effectiveness Trial of DBT with and Without the DBT Prolonged Exposure Protocol for PTSD Among High-risk and Multi-diagnostic Patients in Public Mental Health Agencies

Melanie Harned, ABPP, Ph.D., VA Puget Sound Health Care System & University of Washington

Sara Schmidt, Ph.D., Seattle Institute of Biomedical and clinical research

Kathryn Korslund, ABPP, Ph.D., THIRA Health

Robert Gallop, Ph.D., West Chester University
Thursday Poster Sessions

10:30 a.m. – 12:30 p.m.

PS 1: ADDICTIVE BEHAVIORS

Poster Session 1A

Key Words: Violence / Sexual Assault, Substance Abuse, Prevention

(PS1-A1) Rape Myth Acceptance, Alcohol Use, and Bystander Behavior Among Heavy Drinking College Men

(PS1-A2) Alcohol Use and Misuse During the Transition to University: The Role of Emotion Regulation Difficulties
Carolyn E. Helps, M.S., Christina L. Robillard, M.S., Andrew Switzer, M.S., Brianna J. Turner, Ph.D., University of Victoria

(PS1-A3) Social Anxiety and Drinking: The Role of Drinking to Manage Post-event Processing Following a Social Event
Cristina N. Abarno, M.A.¹, Ian P. Albery, Ph.D.², Meredith A. Terlecki, Ph.D.³, Antony C. Moss, Ph.D.², Elizabeth M. Lewis, B.S.¹, Julia D. Buckner, Ph.D.¹, 1. Louisiana State University, 2. London South Bank University, 3. University of East London

(PS1-A4) Food as a Substitute for Substances: An Examination of Personality Traits Among Adolescents Engaging in Food Addiction, Substance Use, and Polysubstance Use
Diana Rodriguez, B.S.¹, Bradley T. Conner, Ph.D.¹, Rachel A. Rebecca, M.D.², 1. Colorado State University, 2. UC Health

(PS1-A5) Perceived Importance Moderates Harm Reduction via Protective Behavioral Strategies
Jordan A. Ortman, Jennifer L. Shipley, M.P.H., Megan Strowger, M.S., Abby L. Braitman, Ph.D., Old Dominion University
(PS1-A6) Acceptability of Relapse Prevention and Recovery Support Messages Among
Individuals in Substance Use Treatment
Eliza L. Marsh, B.S., Sage Feltus, B.A., Brittany L. Stevenson, Ph.D., Claire Blevins,
Ph.D., Tosca D. Braun, Ph.D., Ana Abrantes, Ph.D., 1. Brown University & Butler
Hospital, 2. University of Minnesota, 3. Brown University, 4. Warren Alpert Medical
School of Brown University, 5. Butler Hospital & Brown University

(PS1-A7) Anxiety Sensitivity and Young Adult Alcohol Use: The Longitudinal
Association Between Alcohol Cognitions and Alcohol Problems
Charlotte Corran, B.A., Roisin O’Connor, Ph.D., Concordia University

(PS1-A8) Expenditures for Alcohol, Drug, and Gambling Activities in Persons
Experiencing Homelessness
Michael McLaughlin, Gabrielle Sharbin, Lourah M. Kelly, Ph.D., Kristyn Zajac, Ph.D.,
Carla Rash, Ph.D., 1. University of Connecticut, 2. University of Connecticut, School
of Medicine, 3. UConn Health School of Medicine

(PS1-A9) Assessing Distal Cues forNicotine Use: Virtual Reality Devices in Cue
Reactivity for Smokers and Vapers
Matthew J. Samora, M.A., Teresa Indriolo, Rebecca E. Lubin, B.A., Danielle L. Hoyt,
M.A., Megan Milligan, B.S., Santiago Papini, M.A., M.S., Jasper Smits, Ph.D., Michael
Otto, Ph.D., 1. Boston University Center for Anxiety and Related Disorders, 2.
Boston University, 3. The University of Texas at Austin

(PS1-A10) Negative Urgency and State-level Fluctuations in Positive Alcohol
Expectancies and Reinforcement-based Craving
Noah R. Wolkowicz, M.S., Isabel Augur, B.S., Lindsay S. Ham, Ph.D., Alec Martin, Maria
Folkerth, University of Arkansas

(PS1-A11) I Can’t Wait to Participate: Fear of Missing Out, Impulsivity and Alcohol
Use
Sarah A. Lust, Ph.D., Christopher J. Correia, Ph.D., Auburn University

(PS1-A12) Grit, Theories of Emotion, and Alcohol Use in Adults with Substance Use
Disorders
Catherine D. Trinh, B.A., Margaret L. Griffin, Ph.D., R. Kathryn R. McHugh, Ph.D.,
Elizabeth T. Kneeland, Ph.D., Roger D. Weiss, M.D., 1. McLean Hospital, 2. McLean
Hospital/Harvard Medical School

(PS1-A13) Heavy Episodic Drinking and Sexual Victimization in White and Asian
College Women
Aria Wiseblatt, B.A., Maria Testa, Ph.D., Jennifer P. Read, Ph.D., 1. University at
Buffalo, 2. University of Buffalo, 3. University at Buffalo, SUNY

(PS1-A14) Emotion Regulation Difficulties Moderate the Effect of Panic-relevant
Sensations on Smoking Urges Following a Biological Challenge
Emily K. Burr, B.A., Neha Rao, Erick Fedorenko, M.S., Mindy M. Kibbey, B.A.,
Samantha G. Farris, Ph.D., 1. Rutgers University, 2. Rutgers, the State University of
New Jersey
(PS1-A15) Racial and Ethnic Group Differences on a Brief Screener for Alcohol Use Disorder Among Adolescents in an Emergency Department
Gabriela Aisenberg, B.S.1, Nazaret C. Suazo, B.A.1, Lynn Hernandez, Ph.D.2, Anthony Spirito, Ph.D.1, 1. Alpert Medical School of Brown University, 2. CUNY School of Medicine

(PS1-A16) Assertiveness in Alcoholic Drink Refusal Among Female College Students

(PS1-A17) The Relationship Between Distress Tolerance and Alcohol Craving in a Lab-based Experiment
Isabel Augur, B.S., Noah R. Wolkowicz, M.S., Kyle C. Sadosky, B.A., Kelly E. Walls, None, Lindsay S. Ham, Ph.D., University of Arkansas

(PS1-A18) Act with Awareness: The Role of Clinicians’ Mindfulness on Adolescent Clients’ Substance Use
Virginia K. A. Mutch, Ph.D.1, David G. Stewart, ABPP, Ph.D.2, 1. Montefiore Medical Center, 2. Harvard Medical School

(PS1-A19) Using a Microintervention Design to Study Mechanisms of Behavior Change in Alcohol Use Disorder
Cathryn G. Holzhauer, Ph.D.1, Elizabeth Epstein, Ph.D.1, David Smelson, Psy.D.1, Kristin Mattocks, M.P.H., Ph.D.2, 1. University of Massachusetts Medical School, 2. US Department of Veterans Affairs

(PS1-A20) Why and Why Not: Frequent Gamblers Reasons for and Against Completing a Gambling Disorder Screener

(PS1-A21) Alcohol Risk Reduction Program for National Guard Members: Pilot Study of Telehealth vs In-person Delivery Platform for Individuals and Couples
Elizabeth Epstein, Ph.D.1, David Smelson, Psy.D.1, Cathryn G. Holzhauer, Ph.D.1, Emily L. Starratt, B.S.1, Ayorkor Gaba, Psy.D.1, Barbara S. McCrady, Ph.D.2, Thomas Hildebrandt, Psy.D.3, Rachel Rosen, M.S.4, 1. University of Massachusetts Medical School, 2. University of New Mexico, 3. Mount Sinai Medical School, 4. Rutgers University

(PS1-A22) More Stigma, More Treatment? Stigma and Treatment-seeking for Substance Use Disorders
Madeline B. Benz, M.S., Korine Cabrera, M.A., Nora K. Kline, M.A., Lia S. Bishop, M.A., Kathleen M. Palm Reed, Ph.D., Clark University

(PS1-A23) Personality and Emotion Dysregulation Dimensions Differentially Predict Engagement in a Wide Range of Self-injurious and Health-risk Behaviors
Gemma T. Wallace, M.S., Kimberly L. Henry, Ph.D., Karen C. Barrett, Ph.D., Bradley T. Conner, Ph.D., Colorado State University
(PS1-A24) Substance Use Screening and Rates of Treatment Referral Among Juvenile-justice Involved Youth
Ali M. Yurasek, Ph.D.¹, Jessica Otero, B.S.¹, Kathleen Kemp, Ph.D.², Marina Tolou-shams, Ph.D.³, ¹. University of Florida, ². Brown University Warren Alpert Medical School, ³. University of California San Francisco

(PS1-A25) Family-based Two-week Partial Hospitalization for Youth with Mood Disorders: How Does It Help?
Mian-Li Ong, Ph.D.¹, Kate J. Zelic, Ph.D.², Sara Caflisch, B.S.³, Hadley Lange, None³, Jennifer Geske, M.S.¹, Jarrod Leffler, ABPP, Ph.D.¹, ¹. Mayo Clinic, 2. Children’s Minnesota, 3. St. Olaf College

Poster Session 1B

Key Words: Substance Abuse, Motivation, Measurement

(PS1-B26) Motivational Inventory Underlying Substance Engagement (MI-USE) Scale: A Validation Study
Leah Church, B.A., Rickie L. Miglin, B.S., Nadia Bounoua, M.A., Naomi Sadeh, Ph.D., University of Delaware

(PS1-B27) Effects of Blackouts and Drinking Attitude on Intention to Change Drinking Behavior
Melissa Hatch, B.A.¹, Angelo M. DiBello, Ph.D.², Mary Beth Miller, Ph.D.³, Clayton Neighbors, Ph.D.⁴, Kate B. Carey, Ph.D.⁵, ¹. Brown University, 2. City University of New York, Brooklyn College, 3. Department of Psychiatry, University of Missouri-Columbia, 4. University of Houston, 5. Brown University School of Public Health

(PS1-B28) Tailgating-related Normative Beliefs and Risky Alcohol Use Among College Students
Christopher J. Correia, Ph.D., Cassidy Powell, Lola Mahner, Auburn University

(PS1-B29) Difficulties with Emotion Regulation and Drinking to Cope Mediate the Relationship Between Peer Alienation and Alcohol-related Impairment Among College Students
Sarah Chun, B.S., Jordan Skalisky, M.S., Katherine S. Benjamin, B.A., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS1-B30) Prescription Stimulant Expectancies for Cognitive Enhancement Differ Based on History of Nonmedical Prescription Stimulant Use and ADHD Diagnosis
Nicholas R. Livingston, B.S., Shaylee Ketelhut, Lauren Zimmerman, M.S., Caitlin A. Falco, B.S., Alison Looby, Ph.D., University of Wyoming

(PS1-B31) Enacted Stigma, Depression, and Self-compassion Among People in Substance Use Treatment
Tosca D. Braun, Ph.D.¹, Eliza L. Marsh, B.S.², Sage Feltus, B.A.², Brittany L. Stevenson, Ph.D.³, Claire Blevins, Ph.D.⁴, Ana Abrantes, Ph.D., ¹. Warren Alpert Medical School of Brown University, 2. Brown University & Butler Hospital, 3. University of Minnesota, 4. Brown University, 5. Butler Hospital & Brown University
(PS1-B33) College Student Health-related Behaviors Pre- and Post- COVID-19 Pandemic
Cassie A. Sutton, M.A., Stephanie Osborn, B.S., Samantha Miller, B.S., Jessica Irons, Ph.D., Amber M. Henslee, Ph.D., 1. University of Kansas, 2. Missouri University of Science and Technology, 3. James Madison University

(PS1-B34) Out with the Old, and in with the Evidence-based Treatment: The Overhaul of an Intensive Outpatient Program for Veterans with Substance Use Disorders
Gretchen Kelmer, Ph.D., Rocky Mountain Regional VA Medical Center

(PS1-B35) A Survey of the Strengths and Limitations of Cognitive Behavioral Therapy for the Treatment of Opioid Use Disorder
David Festinger, Ph.D., Hannah R. Callahan, M.P.H., Portia Womer, M.P.H., Patrick M. Mullen, M.S., Julian Pesce, B.A., Christina B. Shook, Psy.D., Robert DiTomasso, ABPP, Ph.D., Stephanie Felgoise, ABPP, Ph.D., Michelle R. Lent, Ph.D., 1. PCOM, 2. Philadelphia College of Osteopathic Medicine

(PS1-B36) Tobacco Use Predicts Treatment Dropout and Outcome in an Acute Psychiatric Treatment Setting
Elizabeth T. Kneeland, Ph.D., Andrew D. Peckham, Ph.D., R. Kathryn R. McHugh, Ph.D., Roger D. Weiss, M.D., Courtney Beard, Ph.D., Thórustur Bjorgvinsson, Ph.D., 1. McLean Hospital/Harvard Medical School, 2. McLean Hospital & Harvard Medical School

(PS1-B37) Conformity to Masculine Norms and Hazardous Alcohol Use Among College Males: The Role of Sexual Victimization
Kayla M. Ford, B.S., Isabel Augur, B.S., Lindsay S. Ham, Ph.D., Jessica L. Fugitt, Ph.D., 1. University of Arkansas, 2. Eugene J. Towbin VA Healthcare Center

(PS1-B38) Do Elaborations of Ambiguous Desire States Influence How People Perceive Caffeine vs. Food Cravings?

(PS1-B39) Shyness and Susceptibility to Social Influence: Stronger Concordance Between Norms and Drinking Among Shy Individuals
Chelsie M. Young, Ph.D., Mai-Ly N. Steers, Ph.D., Nicholas Crist, B.A., Alexcia Aris, Paige Ryan, LCSW, 1. Rowan University, 2. Duquesne University, 3. Northwestern University Feinberg School of Medicine

(PS1-B40) Wine and Dine: Drinking Together and Its Link to More Positive Relationship Functioning in Individuals and Couples
Lindsey M. Rodriguez, Ph.D., Angelo M. DiBello, Ph.D., 1. University of South Florida, 2. City University of New York, Brooklyn College

(PS1-B41) Savoring: An Acceptable Buffer Against Cannabis Problems?
Maha N. Mian, M.A., Brianna R. Altman, M.A., Luna F. Ueno, M.A., Mitch Earleywine, Ph.D., University at Albany, State University of New York
(PS1-B43) Simultaneous Alcohol and Marijuana Use in Young Adults Who Identify as Not Exclusively Heterosexual

(PS1-B44) A Confirmatory Factor Analysis of the CEBRACS for Food and Alcohol Disturbance
Maria E. Meinerding, M.S., Lindsey Poe, M.S., Jeremiah Weinstock, Ph.D., Saint Louis University

(PS1-B45) Association of Anxiety Sensitivity to Years of Substance Use, PTSD, and Depression in Latino Men Admitted to a Residential Substance Abuse Treatment Program
Leonard a. Doerfler, Ph.D.,1 Salomé A. Wilfred, M.A., 1. Assumption College, 2. University of Missouri-Kansas City

(PS1-B46) Looming Anxiety and Smoking Cessation
Amanda Kaufmann, M.A., David Haaga, Ph.D., Elizabeth Malloy, Ph.D., American University

(PS1-B47) Alcohol Misuse to Down-regulate Positive Emotions: A Multiple Mediator Analysis Among US Military Veterans
Nicole H. Weiss, Ph.D.,1 Shannon R. Forkus, M.A.,1 Alexa M. Raudales, B.A.,1 Melissa Schick, M.A.,1 Ateka Contractor, Ph.D.,2 1. University of Rhode Island, 2. University of North Texas

(PS1-B48) Treatment Rejection as a Risk Factor for Alcohol Use Treatment Dropout

(PS1-B49) Relations Between Social Media Use and Several Self-injurious and Health-risk Behaviors Among Adolescents Admitted to a Psychiatric Inpatient Hospital
Gemma T. Wallace, M.S.,1 Shane Kentopp, M.S.,1 Ryan L. Rahm-Knigge, M.S.,1 Audrey M. Shillington, Ph.D., MSW1, Bradley T. Conner, Ph.D.,1 Rachel A. Rebecca, M.D.,2 1. Colorado State University, 2. UC Health

(PS1-B50) Preliminary Efficacy of Expectancy Challenge Interventions to Modify Expectancies and Intent to Engage in Nonmedical Prescription Stimulant Use Among College Students
Lauren Zimmerman, M.S., Caitlin A. Falco, B.S., Kayla Mohler, B.A., Chantelle McGee, None, Alison Looby, Ph.D., University of Wyoming
Poster Session 1C

Key Words: Substance Abuse, Adolescents, Technology / Mobile Health

(PS1-C51) Understanding the Role of ADHD, Emotion Regulation, and Sleep in Predicting Cannabis Craving in Teens
Tori Humiston, M.S.¹, Amy Hughes Lansing, Ph.D.¹, Maria Drakulich, B.A.¹, Catherine Stanger, Ph.D.², Alan Budney, Ph.D.³, 1. University of Nevada, Reno, 2. Dartmouth College, 3. Geisel School of Medicine at Dartmouth

(PS1-C52) An Examination of Associations Among Substance Use Urges and the Use of Specific Dialectical Behavior Therapy Skills as Reported in Daily Diary Cards
Sandra Chen, M.A.¹, Robert M. Montgomery, M.A.², Erica Rozmid, Ph.D.¹, Adina Polack, M.A.¹, Lindsey Thornburg, B.A.¹, Lynn M. McFarr, Ph.D.³, Marget Thomas, Psy.D.¹, Ashley Conner, M.A.¹, 1. CBT California, 2. CSU Northridge, 3. Harbor-UCLA Medical Center & CBT California

(PS1-C54) You’re Stressing Me Out: The Secondhand Effects of Alcohol Use
Morgan Boyle, M.S., Marissa Alliegro, M.S., Mark A. Prince, Ph.D., Marguerite N. Hazen, B.A., Olivia L. Bolts, M.A., Colorado State University

(PS1-C55) Associations Between Behavioral Jealousy, Drinking to Cope, and Alcohol Related Problems
Angelo M. DiBello, Ph.D.¹, Lindsey M. Rodriguez, Ph.D.², 1. City University of New York, Brooklyn College, 2. University of South Florida

(PS1-C56) An Examination of Alcohol Salience, Attitudes, and Drinking Behavior Among Actively Religious Muslim College Students
Omar Elwasil¹, Angelo M. DiBello, Ph.D.¹, Clayton Neighbors, Ph.D.², Kate B. Carey, Ph.D.³, 1. City University of New York, Brooklyn College, 2. University of Houston, 3. Brown University School of Public Health

(PS1-C57) Consideration of Future Consequences and Marijuana Use in Truant Adolescents
Michelle Castro Arredondo, Daniel Moolchand, Meredith Berry, Psy.D., Ali M. Yurasek, Ph.D., University of Florida

(PS1-C58) Psychological Distress, Obsessive Compulsive Drinking Thoughts and Alcohol Consumption in Low-income Young Adult Drinkers
Brittney Greene, Ashley Seepaul, Khin Htet, Joel Erblich, Ph.D., Hunter College, City University of New York

(PS1-C59) Maladaptive Social Strategies Connect Social Anxiety to Alcohol Consumption
Joseph H. Lancaster, Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-C60) Sex and Age Differences in the Initiation and Prevalence of Opioid Misuse in a Nationally Representative Sample
Minh D. Nguyen, B.A.¹, Shelly F. Greenfield, M.P.H., M.D.², Dawn E. Sugarman, Ph.D.², Kathryn R. McHugh, Ph.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School
(PS1-C61) Sweetening the Pot: Exploring Differences Between Frequent Gamblers Who Do and Do Not Gamble Under the Influence of Cannabis
Abby McPhail, M.A., M.S.¹, Samuel C. Peter, M.S.², Qian Li, B.A.¹, James P. Whelan, Ph.D.¹, Ken C. Winters, Ph.D.¹, Andrew W. Meyers, Ph.D.¹. 1. University of Memphis, 2. Durham VA, 3. Oregon Research Institute

(PS1-C62) Harassment Experienced by Displaced Cigarette and E-cigarette Users Moderates the Relationship Between Displacement Imposition and the Importance of Quitting
Delaney Dunn, MS, Emily Warner, B.A., Susanna Lopez, M.S., Thad Leffingwell, Ph.D., Oklahoma State University

(PS1-C63) Anxiety Sensitivity as a Potential Moderator of Coping-motive and Anxiety Associations with Problematic Substance Use in Emerging Adult Substance Users
Daniel Cole, B.S., Casey Guillot, Ph.D., Nathan T. Kearns, B.S., M.S., Heidemarie Blumenthal, Ph.D., University of North Texas

(PS1-C64) Sleep and Substance Use in an African American Sample Screening for an Alcohol and Trauma: Preliminary Data from a Treatment Study
Shelby Goodwin, M.S.¹, Russell Marks, M.A.², Ashton Clark, M.S.¹, Brian Brandler, M.A.¹, Daniel Roche, Ph.D.¹, Melanie Bennett, Ph.D.¹. 1. University of Maryland School of Medicine, 2. VAMHCS

(PS1-C65) Associations Between Childhood Abuse and Chronic Pain in Adults with Substance Use Disorders
Nadine R. Taghian, B.S.¹, Margaret L. Griffin, Ph.D.², Alexandra Chase, B.A.¹, Shelly F. Greenfield, M.P.H., M.D.², Roger D. Weiss, M.D.², R. Kathryn R. McHugh, Ph.D.². 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

(PS1-C66) Does THC Intake Moderate the Relation Between Cannabis Use Motives and Mental Health Outcomes?
Alexander J. Tyskiewicz, Gemma T. Wallace, M.S., Bradley T. Conner, Ph.D., Colorado State University

(PS1-C67) Contributions of Dimensions of Substance Use Risk Toward Substance Craving
Kevin Jaworski, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-C68) Shame and Craving for Substances Across Time
Kevin Jaworski, B.A., Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-C69) The Role of Psychological Trauma in Relation to an Injury Incident in Brief Motivational Intervention for Alcohol Misuse Delivered in the Emergency Department
Carlos Portillo, Jr., B.S., Dylan Richards, M.A., Craig A. Field, M.P.H., Ph.D., University of Texas at El Paso
(PS1-C70) The Role of Spirituality on Alcohol Expectancies, Risky Drinking, and Sexual Victimization Among American Indian and Alaska Native College Students
Alexandra Hernandez-Vallant, B.S.¹, Katherine Hirchak, Ph.D.², Kamilla Venner, Ph.D.², 1. University of New Mexico, 2. University of New Mexico, Center on Alcoholism, Substance Abuse, and Addictions (CASAA)

(PS1-C71) The Effect of Negative Affect, Negative Urgency, and Working Memory Capacity on Alcohol Consumption Among Young Adult Problematic Drinkers
Caitlin A. Falco, B.S., Adrian Seiloff, Alison Looby, Ph.D., University of Wyoming

(PS1-C72) Depressive Symptoms as a Moderator of College Student Response to Computerized Alcohol Intervention
Nicole Hall, B.A.¹, Angelo M. DiBello, Ph.D.², Chan Jeong Park, M.S.¹, Lindsey Freeman, M.S.¹, Ellen Meier, Ph.D.³, Eleanor Leavens, Ph.D.⁴, Thad Jeffingwell, Ph.D.⁵, Mary Beth Miller, Ph.D.⁶, 1. University of Missouri-Columbia, 2. City University of New York, Brooklyn College, 3. University of Wisconsin-Stevens Point, 4. University of Missouri-Kansas City School of Medicine, 5. Oklahoma State University, 6. Department of Psychiatry, University of Missouri-Columbia

(PS1-C73) Drinking Motives Differentially Relate to Context-specific Alcohol Consumption
Dennis Hoyer, M.S., Christopher J. Correia, Ph.D., Auburn University

(PS1-C74) Psychometric Properties of the Perceived Stress Scale in Homeless Smokers
Carla Rash, Ph.D.¹, Gabrielle Sharbin², Michael McLaughlin³, 1. University of Connecticut, School of Medicine, 2. University of Connecticut

(PS1-C75) A Contingency Management Program to Increase Medication Assisted Treatment for Opioid Use in an Emergency Department Sample
Matthew J. Dwyer, M.S., Andrea Sun, Natalie Donisi, Schyler Newman, B.A., Bethany Raiff, Ph.D., Rowan University

Poster Session 1D

Key Words: Addictive Behaviors, Behavior Analysis

(PS1-D76) The Relation Between Perceived Social Norms and Internet Gaming Among College Students
Qian Li, B.A.¹, Samuel C. Peter, M.S.², James P. Whelan, Ph.D.¹, Andrew W. Meyers, Ph.D.¹, Meredith K. Ginley, Ph.D.³, 1. The University of Memphis, 2. Durham VA, 3. East Tennessee State University

(PS1-D77) Using Machine Learning to Model Problematic Smartphone Use Severity: The Important Role of Fear of Missing Out
Jon D. Elhai, Ph.D.¹, Haibo Yang, Ph.D.², Dmitri Rozgonjuk, Ph.D.³, Christian Montag, Ph.D.³, 1. University of Toledo, 2. Tianjin Normal University, 3. Ulm University

(PS1-D78) Therapist Estimates of Their Own Competence: What Are They Good For?
Robert J. Zhou, B.A., Daniel R. Strunk, Ph.D., The Ohio State University
(PS1-D79) Residence, College Alcohol Beliefs, and Alcohol Use Among College Drinkers
Jennifer L. Shipley, M.P.H., Sarah J. Ehlike, M.A., Megan Strouger, M.S., Abby L. Braitman, Ph.D., Old Dominion University

(PS1-D80) Barriers to Completing Cognitive Behavioral Therapy for Clients Across Three Different Mental Health Systems

(PS1-D81) Comorbidity as a Moderator of Treatment Outcomes Comparing Interoceptive versus in vivo Exposure for Panic Disorder
Nora Barnes-Horowitz, B.A.¹, Bita Mesri, Ph.D.², Kavya Mudiam, B.A.³, Michelle Craske, Ph.D.¹, 1. University of California, Los Angeles, 2. OCD and Anxiety Program of Southern California, 3. University of Oregon

(PS1-D82) You Can Bring a Patient to Water...: Challenges to Engaging a Substance-misusing Population in EBT for PTSD
Nina Z. Dadabhoy, MA, Alessandra DeFonzo, B.S., Rachel Proujansky, Psy.D., Jeffrey Foote, Ph.D., Carrie Wilkens, Ph.D., Center for Motivation and Change

(PS1-D83) Session by Session Change in Children’s Internalizing Problems During a Group Intervention for Post-Traumatic Stress Disorder at an Elementary School
Caroline Guzi, M.A.¹, Fabianne Blake, M.A.², Rosa L. Boniface, M.A.¹, Stevie N. Grasetti, Ph.D.¹, 1. West Chester University of Pennsylvania, 2. West Chester University

(PS1-D84) Parents’ Support of Cognitive Reframing and Youth Anxiety Treatment Outcome
Céline Lu, B.A., Stefanie L. Sequeira, M.S., Jennifer Silk, Ph.D., University of Pittsburgh

(PS1-D85) Improving Outcomes with Cognitive Behavioral Therapy and Measurement-based Care for Anxiety, Depression, and Comorbid Adult Clients at a Community-based Training Clinic
Hayoung Ko, M.A.¹, Alyssa J. Gatto, M.S.¹, Lee Cooper, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech

(PS1-D86) Efficacy of a Brief Mobile Intervention to Reduce Problematic Alcohol Use in College Students Through Text-delivered Protective Behavioral Strategy Reminders
Nicholas R. Livingston, B.S., Caitlin A. Falco, B.S., Lauren Zimmerman, M.S., Alison Looby, Ph.D., University of Wyoming

(PS1-D87) Treatment-seeking Adults with Alcohol Use Disorder: Evidence for Greater Neurocognitive Severity in Females
Danielle L. Hoyt, M.A.¹, Megan Milligan, B.S.¹, Emily Meyer, B.A.², Todd Farchione, Ph.D.², Michael Otto, Ph.D.¹, 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders
(PS1-D88) Social Support Roles in Substance Use to Cope and Childhood Maltreatment
Joseph H. Lancaster, Kevin Jaworski, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS1-D89) The Relationships Between E-cigarette Use and Other Addictive Behaviors and Mental Health Symptoms in a Predominantly Latinx College Student Sample
Marcos Lerma, B.S., Carlos Portillo, Jr., B.S., Christopher Marquez, Joshua Torres, Kevin Sandoval, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS1-D90) TENACITY: Telemedicine-based Cognitive Therapy for Veterans with Chronic Migraine
Amy S. Grinberg, Ph.D.,1 Elizabeth K. Seng, Ph.D.2, Jason J. Sico, M.D.3, Brenda T. Fenton, Ph.D.3, Charles C. Austin4, Laura J. Burrone, B.A.1, Hayley Lindsey, B.A.3, John P. Ney, M.D.5, Teresa Damush, Ph.D.6, 1. VA Connecticut Healthcare System, 2. Yeshiva University - Farkauf Graduate School of Psychology, Albert Einstein College of Medicine; VA Connecticut Healthcare System, 3. VA Connecticut Healthcare System, Yale School of Medicine, 4. Richard L. Roudebush VA Medical Center, 5. Edith Nourse Rogers Memorial VA Medical Center; Boston University Department of Neurology, 6. Veteran’s Health Administration HSRD and QUERI Centers, Richard L Roudebush VA Medical Center; Indiana University School of Medicine

(PS1-D91) Stage of Change as a Predictor of CPT Dropout
Christine E. Naydenov, M.A., Lisa S. Elwood, Ph.D., University of Indianapolis

(PS1-D92) Session-to-session Symptom Dynamics in Cognitive Therapy for Depression
Brooklynn Bailey, B.A., Daniel R. Strunk, Ph.D., The Ohio State University

(PS1-D93) Testing Different Forms of Cognitive Behavior Therapy for Women with Low Health Literacy
Claire Weaver, James W. Griffith, Ph.D., Northwestern University Feinberg School of Medicine

(PS1-D94) Writing and Well-being: Comparing Varied Expressive Writing Tasks on Posttraumatic Stress Symptoms and Life Satisfaction
Zena Dadouch, M.A.1, Alyssa Mielock, B.S.2, Diana Robinson, M.A.1, Michelle M. Lilly, Ph.D.1, 1. Northern Illinois University, 2. Northern Illinois University

(PS1-D95) Long-term Maintenance of Well-being Following Cognitive Behavioral Treatment for Anxiety and Related Disorders
Nicole D. Cardona, M.A.1, Maya Nauphal, M.A.2, Jacqueline R. Bullis, Ph.D.1, Erin F. Ward-Ciesielski, Ph.D.2, Todd Farchione, Ph.D.2, 1. Boston University, Department of Psychological and Brain Sciences, 2. Boston University Center for Anxiety and Related Disorders, 3. McLean Hospital/Harvard Medical School

(PS1-D96) Effect of Traumatic Events in Use of Alcohol and Focus of Treatment
Seung-U Lim, M.A., 1, Ki-Young Lim, M.D., Ph.D.2, Jae-Hoon Chung, M.D.1, 1. Ajou Good Hospital, 2. Ajou University School of Medicine

(PS1-D97) Frequency of Day to Day Sudden Gains and Reversals During Psychotherapy Predict Outcome from Cognitive-behavioral Therapy for Generalized Anxiety Disorder
PS1-D98) Clinically Significant Change in Cognitive-behavioral Therapy vs. Light Therapy for Winter Depression
Kelly J. Rohan, Ph.D.¹, Julie Camuso, B.S.¹, Jessica Perez, B.A.¹, Praise Iyiewuare, M.P.H.¹, Julia Terman, B.A.¹, Pamela M. Vacek, Ph.D.², Michael J. DeSarno, M.S.², ¹. University of Vermont, 2. University of Vermont College of Medicine

PS1-D99) The Effectiveness of the Personalized Normative Feedback for Japanese Gamblers: A Randomized Controlled Trial
Yokomitsu Kengo, Ph.D.¹, Eiichi Kamimura, Ph.D.², Ryuhei So, M.D.³, ¹. Ritsumeikan University, 2. Niigata University, 3. Okayama Psychiatric Medical Center

PS1-D100) Post Treatment Cognitive Behavioral Strategy Use in an Adult Trichotillomania Sample
Emily Carlson, M.A., Elizabeth Malloy, Ph.D., David Haaga, Ph.D., American University

1:00 p.m. – 3:00 p.m.

PS2: ADHD-ADULT; ADHD-CHILD; SCHIZOPHRENIA/PSYCHOTIC DISORDERS; PERSONALITY DISORDERS; SLEEP/WAKE DISORDERS; SPIRITUALITY & RELIGION; TIC & IMPULSE CONTROL DISORDERS

Poster Session 2A

Key Words: ADHD, Substance Abuse, Depression, Addictive Behaviors, College Students

PS2-A1) Sluggish Cognitive Tempo, ADHD, and Depression Symptoms as Predictors of Substance Abuse
Savannah L. King, M.A., Nicole F. Greenberg, M.A., Matthew Jarrett, Ph.D., The University of Alabama

PS2-A2) Scaffolding by Romantic Partners in College Students with High and Low ADHD Traits
Will Canu, Ph.D.¹, Toria Davenport¹, Maggie Witherspoon, B.S.¹, Judah W. Serrano, M.S.², Elizabeth Lefler, Ph.D.³, Erik Willcutt, Ph.D.⁴, Cynthia Hartung, Ph.D.⁵, Brian T. Wymbs, Ph.D.⁵, ¹. Appalachian State University, 2. University of Wyoming, 3. University of Northern Iowa, 4. The University of Colorado at Boulder, 5. Ohio University

PS2-A3) How Much Do Parents Scaffold College Students with Significant ADHD Traits versus Peers with Negligible ADHD?
Will Canu, Ph.D.¹, Maggie Witherspoon, B.S.¹, Toria Davenport¹, Judah W. Serrano, M.S.,¹, Elizabeth Lefler, Ph.D.³, Erik Willcutt, Ph.D.⁴, Cynthia Hartung, Ph.D.⁵, Brian T. Wymbs, Ph.D.⁵, ¹. Appalachian State University, 2. University of Wyoming, 3. University of Northern Iowa, 4. The University of Colorado at Boulder, 5. Ohio University

PS2-A4) Do Teacher Rated Child ADHD Symptoms Conditionally Effect the Relationship Between Child Executive Functioning and Writing Abilities?
Elia F. Soto, M.S., Lauren N. Irwin, M.S., Elizabeth S. Chan, M.A., Jamie Spiegel, M.A., M.S., Fatou Gaye, B.S., Alissa Cole, Michael J. Kofler, Ph.D., Florida State University
(PS2- A5) Factor Structure and Validation of the ADHD Daily Problems Questionnaire-college (ADPQ-C) Adaptation
Austin B. Burns¹, Annie A. Garner, Ph.D.¹, Stephen P. Becker, Ph.D.², Michael J. Kofler, PhD³, Matthew Jarrett, Ph.D.⁴, Aaron Luebbe, Ph.D.⁵, Leonard Burns, Ph.D.⁶. 1. Saint Louis University, 2. Cincinnati Children’s Hospital Medical Center, 3. Florida State University, 4. The University of Alabama, 5. Miami University, 6. Washington State University

(PS2- A6) Factor Structure of the ADHD Stigma Questionnaire in a Diverse Sample of Adults
Catherine Stachniak, M.A., Annie A. Garner, Ph.D., Saint Louis University

(PS2- A7) The Impact of Behavioral and Optimistic Parenting Training and Immersive Virtual Reality on Parental Affiliate Stigma

(PS2- A8) Parent and Teacher Reported Social Strengths in ADHD and Autism Spectrum Disorder
Caroline E. Miller, B.A.¹, Elia F. Soto, M.S.², Nicole B. Groves, M.S.², Elizabeth S. Chan, M.A.², Erica L. Wells, M.S.³, Michael J. Kofler, PhD³. 1. The University of British Columbia, 2. Florida State University

(PS2- A9) The Relationship Between Discounting Rate and Procrastination in University Students with Tendency to ADHD
Mana Oguchi, M.A., Toru Takahashi, M.A., Yusuke Nitta, M.A., Hiroaki Kumano, M.D., Ph.D., Waseda University

(PS2- A10) Illicit Use of Prescription Stimulants: ADHD Symptom Types Associated with Recreational/academic Motivations
Justin Mendonca, B.S., Kevin J. Armstrong, Ph.D., Mississippi State University

(PS2- A11) Latinx Parents’ Knowledge About Childhood ADHD: The Role of Parental Gender Differences
Anne Malkoff, M.S., Alyson Gerdes, Ph.D., Marquette University

(PS2- A12) Academic Underachievement Mediates the Relationship Between ADHD and Diminished Self-esteem in Children
Jessie L. Betancourt, B.A., R. Matt Alderson, Ph.D., Delanie K. Roberts, M.A., Brooke Baker, None, Oklahoma State University

(PS2- A13) Disentangling the Effects of Attentional Difficulties on Fears of Social Evaluation and Social Anxiety: Unique Interactions with Sluggish Cognitive Tempo Symptoms
Joseph Fredrick, M.A.¹, Stephen P. Becker, Ph.D.², Aaron Luebbe, Ph.D.¹, Leonard Burns, Ph.D.³, Michael J. Kofler, Ph.D.⁴, Matthew Jarrett, Ph.D.⁵. 1. Miami University, 2. Cincinnati Children’s Hospital Medical Center, 3. Washington State University, 4. Florida State University, 5. The University of Alabama

(PS2- A14) Child Self-report of Emotion Dysregulation Is Associated with Emotional Disinhibition on a Novel Emotional Go/no Go Task Among Youth with ADHD
Kirsten Leaberry, M.S., Kelly E. Slaughter, M.S., Joseph Reese, M.S., Meaghan M. Flynn, B.A., Sarah Rooney, B.A., Paul J. Rosen, Ph.D., University of Louisville
(PS2-A15) Diagnostic Utility of Wechsler Intelligence Scale for Children-ν Indexes in Differentiating Children with Differing Attention Deficit Hyperactivity Disorder Symptomatology
Erin A. McLean, M.A., Jamie Scharoff, B.A., Hannah Walcoe, M.A., Jennifer Lent, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

(PS2-A16) Fluid Reasoning, Academic Performance, and Internalizing Symptoms: What’s the Connection?
Erin A. McLean, M.A., Josefina Toso Salman, M.A., Jamie Scharoff, B.A., Phyllis S. Ohr, Ph.D., Hofstra University

(PS2-A17) The Company You Keep: A Longitudinal Analysis of Risk Factors for Deviant Peer Affiliation in Adolescents with ADHD
Daria Taubin, B.A., Julia D. McQuade, Ph.D., Amherst College

(PS2-A18) Treatment Sensitivity of Impairment Ratings on the ADHD Rating scale-5: Evidence from the MOSAIC Intervention Trial
Elise L. Everly, B.A.¹, Julie S. Owens, Ph.D.¹, Amori Y. Mikami, Ph.D.², Steven W. Evans, Ph.D.¹, 1. Ohio University, 2. The University of British Columbia

(PS2-A19) Objective Behavioral Measurement of ADHD Symptom Severity in Relation to Substance Use Risk Among ADHD College Students
Kirk D. Mochrie, Ph.D.¹, Tony Cellucci, ABPP, Ph.D.², Rebecca Harrell, M.A.², John Lothes, II, M.A.¹, 1. Triangle Area Psychology (TAP) Clinic, 2. East Carolina University, 3. University of North Carolina, Wilmington

(PS2-A20) Do ADHD and Sluggish Cognitive Tempo Symptoms Uniquely Predict Friendship Features?
Nicole F. Greenberg, MA¹, Savannah L. King, M.A.¹, Stephen P. Becker, Ph.D.², Michael J. Kofler, Ph.D.³, Leonard Burns, Ph.D.⁴, Aaron Luebke, Ph.D.⁵, Matthew Jarrett, Ph.D.¹, 1. The University of Alabama, 2. Cincinnati Children’s Hospital Medical Center, 3. Florida State University, 4. Washington State University, 5. Miami University

(PS2-A21) The Impact of Emotion Regulation on ADHD and Depressive Symptoms in Emerging Adults
Hannah Meidahl, B.A., Michelle L. Buffie, M.A., Douglas W. Nangle, Ph.D., University of Maine

(PS2-A22) Examining Comorbid ADHD and Depression by Comparing Networks Through Time-varying Vector Autoregressive Modeling

(PS2-A23) Do Symptoms of Sluggish Cognitive Tempo Uniquely Predict Response to Interpersonal Stress in College Students?
Melissa C. Miller, M.S., Steven Shapiro, Ph.D., Auburn University

(PS2-A24) The Effects of High-intensity Interval Training on Mood in College Students with and Without ADHD
Judah W. Serrano, M.S.¹, Zoe O. Hendricks¹, John Vasko,¹, Patrick A. LaCount, Ph.D.², Cynthia Hartung, Ph.D.¹, 1. University of Wyoming, 2. Seattle Children’s Research Institute
(PS2-A25) Multiple Informant Integration in ADHD Symptom Ratings as Predictive of Concurrent and Longitudinal Impairment
Michelle M. Martel, Ph.D., Ashley Eng, M.A., Pevitr S. Bansal, M.S., Tess Smith, M.A., Patrick K. Goh, M.A., University of Kentucky

Poster Session 2B

Key Words: Borderline Personality Disorder, DBT (Dialectical Behavior Therapy), Change Process / Mechanisms

(PS2-B26) Changes in Shame and Coping Strategies over the Course of Dialectical Behavior Therapy
Katharine Bailey, PsyM, Qingqing Yin, M.S., Molly Stern, B.A., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS2-B27) Parenting Behaviors Moderates Link Between Infant Temperament and Later ADHD Symptoms
Sydney M. Risley, M.A.¹, Rebecca Warren, BAC², Lauren B. Jones, M.A.¹, Elizabeth Kiel, Ph.D.¹, 1. Miami University, 2. College of Wooster

(PS2-B29) Negative Halo Effects in Parent Ratings of ADHD and Conduct Problems
Helena F. Alacha, M.A., Elizabeth Lefler, Ph.D., University of Northern Iowa

(PS2-B30) Evening Circadian Preference Is Associated with Worse Emotion Regulation and Affect in Adolescent Girls but Not Boys
Nicholas P. Marsh, B.A.¹, Stephen P. Becker, Ph.D.¹, Joshua Langberg, Ph.D.², 1. Cincinnati Children’s Hospital Medical Center, 2. Virginia Commonwealth University

(PS2-B31) Emotion Dysregulation as a Mediator of the Relationship Between BPD Criteria and Social Network Functioning
Anne M. Neary, B.S., Elinor E. Waite, B.A., Katherine L. Dixon-Gordon, Ph.D., The University of Massachusetts, Amherst

(PS2-B32) An Examination of Risk-taking in Attention-deficit/hyperactivity Disorder: A Meta-analytic Review
Delanie K. Roberts, M.A., R. Matt Alderson, Ph.D., Jessie L. Betancourt, B.A., Elaine F. Arrington, M.A., Oklahoma State University

(PS2-B33) From Biology to Behavior: Mapping Emotion Dysregulation Profiles in Youth with and Without ADHD
Kathleen E. Feeney¹, Stephanie S. Morris, M.S.¹, Rachel B. Tenenbaum, M.S.¹, Rosario Pintos Lobo, M.S.¹, Armena Jafarmadar, B.S.¹, Jessica Martinez, B.A.¹, Cameron S. Riopelle, Ph.D.², Erica D. Musser, Ph.D.¹, 1. Florida International University, 2. University of Miami

(PS2-B34) Sluggish Cognitive Tempo Symptoms, but Not ADHD or Internalizing Symptoms, Are Uniquely Related to Mind-wandering in Adolescents with ADHD
Joseph Fredrick, M.A.¹, Stephen P. Becker, Ph.D.², 1. Miami University, 2. Cincinnati Children’s Hospital Medical Center

(PS2-B35) Far from Me, Myself, and I: Assessing Psychological Distancing from Painful Memories Among Narcissistic Men
Ellen F. Finch, B.A., Jill Hooley, Ph.D., Harvard University
(PS2-B36) Does Anxiety Moderate the Relationship Between Executive Functioning and Pediatric Attention-deficit/hyperactivity Disorder?
Carolyn Marsh, B.A., Elia F. Soto, M.S., Nicole B. Groves, M.S., Elizabeth S. Chan, M.A., Lauren N. Irwin, M.S., Michael J. Kofler, Ph.D., Florida State University

(PS2-B37) Working Memory Abilities Are Moderated by Autonomic Reactivity and Regulation Among Youth with Attention-deficit/hyperactivity Disorder
Stephanie S. Morris, M.S.1, Anthony Ward, Ph.D.2, Erica D. Musser, Ph.D.1, 1. Florida International University, 2. University of Texas Health Science Center at Houston

(PS2-B38) Experiential Avoidance and Trait Mindfulness Mediate the Relation Between Borderline Personality Disorder Features and Purpose in Life
Logan Wahl, B.A., Sara Moss, M.A., Jennifer Cheavens, Ph.D., The Ohio State University

(PS2-B39) Title: Pre-post Treatment Change in Parental ADHD Knowledge: Comparing Culturally-adapted Treatment to Standard Evidence-based Treatment
Ewald M. Wefelmeyer, B.S., B.A., Ellie Rogge, Anne Malkoff, M.S., Alyson Gerdes, Ph.D., Marquette University

(PS2-B40) Examining the Influence of Negative Affect and ADHD on Domains of Parenting Stress
Meaghan M. Flynn, B.A., Kelly E. Slaughter, M.S., Joseph Reese, M.S., Sarah Rooney, B.A., Paul J. Rosen, Ph.D., University of Louisville

(PS2-B41) Examining the Influence of Prosocial Behavior on the Relationship Between Executive Functioning and Teacher-reports of Inattention and Hyperactivity/impulsivity in Preschoolers
Kelsey R. Eackles, B.S., Darcey M. Allan, Ph.D., Ohio University

(PS2-B42) Examining the Association of Emotion Dysregulation with Social Functioning and Aggression in Children with ADHD
Katherine P. Taylor, B.A.1, Leanne Tamm, Ph.D.3, Stephen P. Becker, Ph.D.2, Richard Loren, Ph.D.1, 1. Cincinnati Children’s Hospital, 2. Cincinnati Children’s Hospital Medical Center

(PS2-B43) Examining the Role of Executive Functioning in Predicting Treatment Outcomes in Young Children with Attention-deficit/hyperactivity Disorder
Melissa Hernandez, M.S., Megan Hare, M.S., Paulo A. Graziano, Ph.D., Anthony Dick, Ph.D., Florida International University

(PS2-B45) Motives for Opioid Use Explain the Relation Between Borderline Personality Disorder Pathology and Opioid Use Problems
Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo

(PS2-B46) Mindfulness as a Mechanism of Change in Dialectical Behavioral Therapy for Borderline Personality Disorder
Philippa Hood, B.A.1, Alexander Chapman, Ph.D.1, Michael Maraun, Ph.D.1, Shelley McMain, Ph.D.2, Janice Kuo, Ph.D.3, 1. Simon Fraser University, 2. University of Toronto, 3. Palo Alto University

(PS2-B47) The Longitudinal Effects of Parent Emotion Socialization and ADHD Symptoms in Childhood on Adolescent Emotion Dysregulation
Arianna Mordy, B.A., Julia D. McQuade, Ph.D., Amherst College
(PS2-B48) Piloting the Lifestyle Enhancement for ADHD Program (LEAP): Effectiveness of Behavioral Parent Training Enhanced to Target Physical Activity, Sleep, and Screen Time
Michelle Kuhn, Ph.D.\(^1\), Nguyen Tran, B.S.\(^1\), Pooja Tandon, M.P.H., M.D.\(^2\), Patrick A. LaCount, Ph.D.\(^3\), Tyler Sasser, Ph.D.\(^1\), Mark Stein, Ph.D.\(^1\), Jason Mendoza, M.P.H., M.D.\(^1\), Erin Schoenfelder Gonzalez, Ph.D.\(^2\), 1. Seattle Children’s Hospital, 2. University of Washington School of Medicine, 3. Seattle Children’s Research Institute

(PS2-B49) Trait Mindfulness in Adolescent ADHD: Associations with ADHD Severity and Sluggish Cognitive Tempo
Jessica R. Lunsford-Avery, Ph.D., Scott H. Kollins, Ph.D., John T. Mitchell, Ph.D., Duke University Medical Center

(PS2-B50) A Qualitative Examination of Adolescent ADHD in Urban High Schools
Nellie Shippen, M.A.\(^1\), Sha Raye Horne\(^2\), Andrea M. Chronis-Tuscano, Ph.D\(^2\), Patricia A. Triece, B.A.\(^2\), Michael C. Meinzer, Ph.D.\(^1\), 1. University of Illinois at Chicago, 2. University of Maryland, College Park

Poster Session 2C

Key Words: Borderline Personality Disorder, Social Relationships, Measurement

(PS2-C51) Borderline Personality Disorder and Romantic Relationships: The Exploration of Romantic Competence and Social Cognition
Ian B. Penzel, B.A., M.S., Rosemary N. Gray, Ph.D., University of North Carolina at Greensboro

(PS2-C52) The Agreement Between Clients’ and Their Therapists’ Ratings of Personality Features
Caroline E. Balling, B.S., Douglas B. Samuel, Ph.D., Purdue University

(PS2-C53) Emotion Regulation in Borderline Personality Disorder: Roles of General Abilities and Specific Strategies

(PS2-C54) Borderline Identity Disturbance Predicting Relationship Satisfaction

(PS2-C55) Psychopathy, Firearm Ownership, and Safety Practices Among College Students
Olivia C. Preston, M.A., Sarah Butterworth, M.A., Joye C. Anestis, Ph.D., University of Southern Mississippi

(PS2-C56) Longitudinal Examination of the DSM-5 Alternative Model for Personality Disorders’ Traits and Personality Dysfunction Dimensions
Eunyoe Ro, Ph.D.\(^1\), Lee Anna Clark, Ph.D.\(^2\), 1. Southern Illinois University Edwardsville, 2. University of Notre Dame
(PS2-C57) The Role of Borderline Personality Pathology in the Relation Between Social Comparison and Self-esteem
Julia R. Richmond, M.A., Keith A. Edmonds, M.A., Jason P. Rose, Ph.D., Kim L. Gratz, Ph.D., University of Toledo

(PS2-C58) Increasing Hope: Can It Be Substituted for DBT Commitment Period?
Kristina C. Murphy, M.A.¹, Kristen Van Swearingen, B.S.², Emily A. Rowe, M.A.¹, John Lothes, Jr., M.A.², Kirk D. Mochrie, Ph.D.³, 1. Delta Behavioral Health, 2. University of North Carolina Wilmington, 3. Triangle Area Psychology (TAP) Clinic

(PS2-C59) Are There Differences in the Clinical Presentations of Patients with Borderline Personality Disorder Based on Treatment Setting?
Madeline Ward, B.A.¹, Isabel Benjamin, B.A.¹, Mark Zimmerman, M.D.², 1. Alpert Medical School of Brown University, 2. Rhode Island Hospital/Alpert Medical School of Brown University

(PS2-C60) Cognitive Reappraisal Enhances Empathic Accuracy in Individuals with BPD Traits Due to Increased Distress
Jessica A. Birg, B.A., Madison M. Guter, M.A., Alexandra D. Long, M.A., Nathaniel R. Herr, Ph.D., American University

(PS2-C61) The Influence of Rejection Sensitivity and Fear of Negative Evaluation on Emotion Recognition
Vincent Barbieri, M.A., Jessica A. Birg, B.A., Madison M. Guter, M.A., Nathaniel R. Herr, Ph.D., American University

Stephen C. Collazo, B.A., Rosemary N. Gray, Ph.D., University of North Carolina at Greensboro

(PS2-C63) Behavioral Responses to Anger in Borderline Personality: A Qualitative Investigation
Destiney L. MacLean, Anna Garlock, Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky

(PS2-C64) Emotion Regulation Difficulties: The Mediating Role Between the Tolerance of Negative Affective States and Symptoms of Borderline Personality Disorder
Nicole Seligman, M.A., Margaret Andover, Ph.D., Fordham University

(PS2-C65) Fluctuation in Grandiose and Vulnerable Narcissism Following Feedback
Ian Klass, Samantha Peka, B.A., University of South Carolina, Aiken

(PS2-C66) Do You See What I See? Assessing Agreement Between BPD Patients and Researchers on EMA Items of Behavioral Responses to Emotional Experiences
Nicole Stumpp, B.S., Alexander Urs, University of Kentucky

(PS2-C67) How Do People with Borderline Personality Disorder Describe Their Feelings?: The Effects of Emotion Labeling on Emotion Regulation Strategy Use
Sonya Varma, B.S., Skye Fitzpatrick, Ph.D., York University

(PS2-C68) Accuracy of Mental-state Attributions Within a Borderline Personality Disorder Context
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University
(PS2-C69) Attentional Biases in Response to Borderline Personality Disorder-specific Stimuli
Cheyene K. Horner, B.A., Rebecca Ly, None, Eric S. Allard, Ph.D., Cleveland State University

(PS2-C70) Maladaptive Emotion Regulation Mediates the Relationship Between Sympathetic Reactivity and Self-harm Tendencies Within a Borderline Personality Disorder Context
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS2-C71) Sympathetic and Subjective Reactivity Predicting Negative Affect in Daily-life Within a Borderline Personality Disorder Context
Cheyene K. Horner, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS2-C72) The Predictive Validity of the DSM-5 Alternative Model for Borderline Personality Disorder: Associations with Coping Strategies, General Distress, Rumination, and Suicidal Ideation Across One Year
Kapil Chauhan, M.S.1, John J. Donahue, Psy.D.2, Rebecca Thompson, Ph.D.3, 1. Johns Hopkins University, 2. University of Baltimore, 3. George Mason University

(PS2-C73) Development and Feasibility of BEGIN: A Psychoeducation Intervention for Individuals at Risk for Psychosis
Shaynna N. Herrera, Ph.D.1, Romi Lyallpuri, B.S.1, Obiora Nnaji, M.D.2, Matthew Dobbs, M.A.3, Cansu Sarac, B.A.4, Katarzyna Wyka, Ph.D.1, Lawrence Yang, Ph.D.4, Cheryl M. Corcoran, M.D.1, Yulia Landa, M.S., Psy.D.3, 1. Icahn School of Medicine at Mount Sinai, 2. Elmhurst Hospital, 3. City University of New York Graduate School of Public Health and Health Policy, 4. New York University College of Global Public Health,

(PS2-C74) The Role of Sleep Quality in the Relations of Borderline Personality Disorder Symptom Severity to Nonsuicidal Self-injury and Suicide Risk Among Patients with Substance Use Disorders
Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo

(PS2-C75) Episodic Life Stress in Borderline Personality Disorder
Keri Stewart, Ilya Yaroslavsky, Ph.D., Cleveland State University

Poster Session 2D

Key Words: Tic Disorders, Tourette Syndrome

(PS2-D76) Cross-cultural Clinical Characteristics of Children with Tourette Disorder
Jordan T. Stiede, M.S., Douglas Woods, Ph.D., Marquette University

(PS2-D78) An Examination of Change in Frequency and Perceived Utility of Sleep-related Safety Behaviours During Cognitive Behavioural Therapy for Insomnia
Nicole E. Carmona, M.A., Rachel Bedder, Colleen E. Carney, Ph.D., Ryerson University

(PS2-D79) The Prevalence and Consequences of Insomnia in Primary Brain Tumor Patients: Assessing Need in Neuro-oncology
Kelcie D. Willis, M.S., Scott Ravyts, M.S., Autumn Lanoye, Ph.D., Ashlee Loughan, Ph.D., Other, Virginia Commonwealth University
(PS2-D80) Cognitive Behavioral Therapy Improves Cognitive Reactivity in Insomnia  
Aleksandra Usyatynsky, M.A., Colleen E. Carney, Ph.D., Ryerson University

(PS2-D81) The Hinting Task and Higher-functioning Populations: Preliminary Revisions  
Joel M. Martin, Ph.D., Alaina Hanke, Tessa Miller, Jacklyn Boyer, B.A., Butler University

(PS2-D82) Characteristic Profiles of Treatment Responders and Nonresponders After Cognitive Behavioural Insomnia Therapy: An Exploratory Study  
Parky H. Lau, B.A., Maya Amestoy, Onkar S. Marway, M.S., Alison Carney, B.A., Colleen E. Carney, Ph.D., Ryerson University

(PS2-D84) Stigma of Mental Illness and Substance Use Disorders: Does Religious Fundamentalism Play a Role?  
Emily A. Rowe, M.A.¹, Jacqueline Hersh, Ph.D.², Lisa Curtin, Ph.D.², Andrew E. Monroe, Ph.D.², 1. Delta Behavioral Health, 2. Appalachian State University

(PS2-D85) The Role of Negative Cognitive Schemas, Childhood Adversity, and Psychotic Symptoms in Clinically High Risk (CHR) Populations  
Madeline R. Pike, B.A., Yinghao Zhang, B.S., Allison LoPilato, Ph.D., Emory University

(PS2-D86) Psychosis-spectrum Experiences Among Adolescents in a Juvenile Justice Setting: A Pilot Study Exploring the Need for Screening and Assessment  
Elizabeth Thompson, Ph.D.¹, Kara A. Fox, B.A.², Sheiry Soriano, M.A.³, Emma Schaecter⁴, Anthony Spirito, Ph.D.¹, Kathleen Kemp, Ph.D.², 1. Alpert Medical School of Brown University, 2. Brown University Warren Alpert Medical School, 3. Warren Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior, Providence, RI, 4. Brown University

(PS2-D87) Attitudes and Preferences of Christian and Non-religious Individuals Regarding Mental Illness and Treatment  
Taylor R. Rodriguez, M.S.¹, David Schultz, M.A.², Tiffany Harrop, M.A.², Olivia C. Preston, M.A.², Brian A. Bulla, M.A.², Jacob A. Finn, Ph.D.³, Joye C. Anestis, Ph.D.³, 1. The University of Southern Mississippi, 2. University of Southern Mississippi, 3. Minneapolis VAMC

(PS2-D88) The Impact of Caregiver Strain and Comorbid Symptoms on Treatment Utilization in Persistent Tic Disorders  
Brianna Wellen, M.S.¹, Michael Himle, Ph.D.¹, Christine Conelea, Ph.D.², Douglas Woods, Ph.D.³, 1. The University of Utah, 2. University of Minnesota, 3. Marquette University

(PS2-D89) Development of a Family Care Transition Model for a First Episode of Psychosis  
Bryan J. Stiles, B.A.¹, Sunny Cheng, Ph.D., RN², Maria Monroe-DeVita, Ph.D.¹, Chris McCain, B.S.¹, 1. University of Washington School of Medicine, 2. University of Washington, Tacoma

(PS2-D90) Feasibility and Acceptability of a Mobile Ecological Momentary Intervention for Patients with Psychotic-spectrum Disorders Following a Psychiatric Hospitalization: Open Trial Findings  
Gloria M. Peters, B.A.¹, Hyun Seon Park, B.S.¹, Ethan Moitra, Ph.D.², Brandon Gaudiano, Ph.D.³, 1. Brown University & Butler Hospital, 2. Alpert Medical School of Brown University, 3. Brown University/Butler Hospital
(PS2-D91) Examining the Interaction Between Morally Injurious Events and Religiosity in Relation to Alcohol Misuse Among Military Veterans
Emmanuel D. Thomas, B.A.¹, Nicole H. Weiss, Ph.D.¹, Shannon R. Forkas, M.A.¹, Ateka Contractor, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas

(PS2-D92) Promoting Treatment Engagement of Patients with Psychosis by Focusing on Differences in Causal Beliefs Between Patients and Clinicians
Rotem Rosenthal Oren, M.A.¹, David Roe, Ph.D.², Ilanit Hasson-Ohayon, Ph.D.³, Elizabeth Thomas, Ph.D.⁴, Yaara Zisman-Ilani, M.A., Ph.D.⁴, 1. Haifa University, 2. Univ of Hiafa, 3. Bar-Ilan University, 4. Temple University

(PS2-D93) Understanding Protective Factors of Sleep: Interactive Effects of Neighborhood Safety and Family Conflict on Achieved Sleep Duration in Children
Amanda K. Nelson, B.A., George J. DuPaul, Ph.D., Lehigh University

(PS2-D94) Affect Lability, Tic Severity, and Impairment Among Youth with Chronic Tic Disorders
Kesley A. Ramsey, Ph.D.¹, Joey Ka-Yee Essoe, Ph.D.¹, Eric A. Storch, Ph.D.², Adam Lewin, ABPP, Ph.D.³, Tanya Murphy, M.D., M.S.³, Joseph McGuire, Ph.D.¹, 1. Johns Hopkins University School of Medicine, 2. Baylor College of Medicine, 3. University of South Florida

(PS2-D95) Homework Adherence Predicts Therapeutic Improvement from the Comprehensive Behavioral Intervention for Tics (CBIT)
Joey Ka-Yee Essoe, Ph.D.¹, Emily J. Ricketts, Ph.D.², Kesley A. Ramsey, Ph.D.¹, John Piacentini, ABPP, Ph.D.³, Douglas Woods, Ph.D.⁴, Alan L. Peterson, Ph.D.⁵, Lawrence Scahill, Ph.D.⁶, Sabine Wilhelm, Ph.D.⁷, John Walkup, M.D.⁸, Joseph McGuire, Ph.D.¹, 1. Johns Hopkins University School of Medicine, 2. UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 3. Childhood OCD, Anxiety & Tic Disorders Program, UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 4. Marquette University, 5. UT Health San Antonio, 6. Marcus Autism Center, Children’s Healthcare of Atlanta, 7. Massachusetts General Hospital, 8. The Pritzker Department of Psychiatry and Behavioral Health

(PS2-D96) Sleep Disruption and E-cigarette Use Characteristics: Mediating Role of Depressed Mood
Megan Milligan, B.S.¹, Danielle L. Hoyt, M.A.¹, Michael Otto, Ph.D.¹, Lorra Garey, Ph.D.², Michael J. Zvolensky, Ph.D.², 1. Boston University, 2. University of Houston

(PS2-D97) Examining the Relationship Between Religious Coping and Mental Health Through Locus of Control on Caregivers of Patients with Dementia
Maria A. Rodriguez, Amy Weisman de Mamani, Ph.D., Olivia Altamirano, M.S., University of Miami

(PS2-D98) Understanding Underlying Cognitions and Salient Thought Processes in Individuals at Risk for Psychosis
Cansu Sarac, B.A.¹, Shayyna N. Herrera, Ph.D.¹, Zarina Bilgrami, B.A.¹, Jonathan Myers, B.A.¹, Emmett Larsen, B.A.², Cheryl M. Corcoran, M.D.¹, 1. Icahn School of Medicine at Mount Sinai, 2. Stony Brook University
The Association of Sex with Social Behavior Following Decreased Sleep: An Interpersonal Salience Hypothesis
Feven Fisseha, B.A., Amanda Chue, Ph.D., Kathleen C. Gunthert, Ph.D., American University

Differences in Positive Autobiographical Memories Among People with and Without Schizophrenia
Lana Marks, B.A.1, Jasmine Mote, Ph.D.2, Ann M. Kring, Ph.D.3, 1. University of California, Berkeley, 2. Boston University, 3. University of California at Berkeley

3:30 p.m. – 5:30 p.m.

PS3: CHILD/ADOLESCENT ANXIETY; CHILD/ADOLESCENT- EXTERNALIZING; CHILD/ADOLESCENT-SCHOOL-RELATED ISSUES

Poster Session 3A

Key Words: Anxiety, CBT, Child

CBT and SPACE for Childhood Anxiety Significantly Reduces Anxiety Sensitivity
Cristina L. Nardini, B.A.1, Eli R. Lebowitz, Ph.D.2, Carla E. Marin, Ph.D.1, Wendy Silverman, ABPP, Ph.D.1, 1. Yale University Child Study Center, 2. Yale University School of Medicine

The Relationship Between Parental Worry and Motivation for Their Child’s Treatment of Emotional Disorders
Weiying Chen, B.S., Elizabeth Halliday, B.S., Jill Ehrenreich-May, Ph.D., University of Miami

The Phenomenology of Dissociative Symptoms in Pediatric Anxiety: Clinical Characteristics and Implications for Treatment
Nicholas S. Myers, M.A., Joseph McGuire, Ph.D., Johns Hopkins University School of Medicine

Fearful Temperament, Social Anxiety, and Depressive Symptoms in Clinically Anxious Youth: The Role of Catastrophizing Cognitions

Optimizing Multi-informant Reports of Adolescent Safety Behaviors to Predict Observed Behavior and Referral Status
Bridget Makol, B.S., M.S.1, Taylor Rezepa, B.S.2, Hide Okuno, B.A.1, Andres De Los Reyes, Ph.D.1, 1. University of Maryland, College Park, 2. UPMC Western Psychiatric Institute & Clinic
(PS3-A6) Associations Between Parental Negative Affect and Child Anxiety: Child Attributional Style as a Moderator
Benjamin M. Isenberg, B.A.1, Judy Garber, Ph.D.1, Susanna Sutherland, M.S.1, Bridget A. Nestor, M.S.1, Elizabeth McCauley, ABPP, Ph.D.2, Guy S. Diamond, Ph.D.1, Kelly Schloredt, ABPP, Ph.D.2, 1. Vanderbilt University, 2. University of Washington School of Medicine, 3. Center for Family Intervention Science, Drexel University

(PS3-A7) Temperament and Cultural Variables Predict Anxiety Subtypes in Latinx Youth
Elizabeth S. Bocanegra, B.A.1, Carolyn Ponting, M.A.1, Susanna Chang, Ph.D.2, Denise A. Chavira, Ph.D.3, 1. University of California, Los Angeles 2. UCLA Semel Institute for Neuroscience & Human Behavior, 3. UCLA

(PS3-A8) What Emotion Regulation Strategies Are Related to Anxiety and Depression Symptoms? An Ecological Momentary Assessment Study
Yasmeen T. Alawadhi, Michele Smith, B.A., Kevin M. King, Ph.D., University of Washington

(PS3-A9) A Longitudinal Assessment of Perceived Control and Anxiety Symptoms Using Ecological Momentary Assessment (EMA)
Celine Lu, B.A.1, Stefanie L. Sequeira, M.S.1, Haley N. Fitzgerald1, Jennifer Silk, Ph.D.1, Cecile D. Ladouceur, Ph.D.2, 1. University of Pittsburgh, 2. University of Pittsburgh School of Medicine

(PS3-A10) The Relationship Between Stressful Life Events and the Error-related Negativity in Youth
Lushna M. Mehra, B.S., Alexandria Meyer, Ph.D., Florida State University

(PS3-A11) Patient-centered Responsiveness Within Evidence-based Care for Child Internalizing Problems: An Empirical Evaluation of Treatment Protocols
Christopher Georgiadis, B.A., Deepika Bose, M.S., Rebecca Wolenski, B.S., Natalie Hong, M.S., Jonathan Comer, Ph.D., Florida International University

(PS3-A12) Beliefs About Exposure Therapy in Youth Seeking Anxiety Treatment
Elle Brennan, Ph.D., Nicholas Sawchuk, B.A., Stephen Whiteside, Ph.D., Mayo Clinic

(PS3-A13) Treatment Outcomes Following Parent-coached Exposure-only Treatment for Pediatric Anxiety
Elle Brennan, Ph.D., Nicholas Sawchuk, B.A., Stephen Whiteside, Ph.D., Mayo Clinic

(PS3-A14) Evaluating the Efficacy of an Intensive Group Behavioral Treatment Program Targeting Selective Mutism at a University-based Community Clinic

(PS3-A15) Parental Predictors of Treatment Response to Group Behavioral Treatment of Selective Mutism
Sarah L. Anderson, Ph.D.1, Rosalind E. Catchpole, Ph.D.2, Janet W. Mah, Ph.D.2, Susan Baer, M.D., Ph.D.2, Tamara Salih, M.D.2, Megan MacFadden, M.D.2, 1. The University of British Columbia, 2. BC Children’s Hospital
(PS3-A16) Links Between Parenting and Children's Anxiety-relevant Outcomes: The Role of Mother-level Moderators
Muskan Chander, Natalee N. Price, M.A., Elizabeth Kiel, Ph.D., Miami University

(PS3-A17) Multi-method Predictors of Treatment Response in the Turtle Program for Children High in Behavioral Inhibition
Lindsay R. Druskin, B.A.¹, Kelly A. Smith, B.A.², Danielle R. Novick, M.S.², Nicholas J. Wagner, Ph.D.³, Christina M. Danko, Ph.D.², Lea R. Dougherty, Ph.D.³, Andrea M. Chronis-Tuscano, Ph.D.², Kenneth H. Rubin, Ph.D.², 1. West Virginia University, 2. University of Wisconsin-Milwaukee, 3. Miami University

(PS3-A18) Anxiety Sensitivity and Heart Rate Variability in Anxious Youth
Anishka Jean, B.A.¹, Emily M. O’Bryan, Ph.D.¹, Kimberly T. Stevens, Ph.D.¹, Liya Mammo, B.A.¹, Benjamin W. Katz, B.A.², Akanksha Das, B.S.³, David F. Tolin, ABPP, Ph.D.⁴, 1. Anxiety Disorders Center, The Institute of Living, 2. University of Wisconsin-Milwaukee, 3. Miami University, 4. Institute of Living

(PS3-A19) Parental Emotion Socialization Interacts with Fearful Temperament to Predict Childhood Social Anxiety: A Focus on Punitive Responses

(PS3-A20) Predictors of Treatment Satisfaction Among Adolescents Following an Intensive Cognitive-behavioral Intervention
Maya Nauphal, M.A., Osvanna Leyfer, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS3-A21) Fear of Negative Evaluation Influences Visual Attention in Adolescents with Social Anxiety Disorder
Nicole N. Capriola-Hall, M.S.¹, Thomas H. Ollendick, ABPP, Ph.D.², Susan White, ABPP, Ph.D.³, 1. The University of Alabama, 2. Virginia Tech

(PS3-A22) Stalking Victimization Precedes Stalking Perpetration: Applying Social Learning Theory to College Stalking
Shaun Meyers, Joanna L. Herres, Ph.D., The College of New Jersey

(PS3-A23) School Refusal in Adolescents Prior to Acute Care Admission
Stephanie N. Rohrig, Ph.D.¹, Payal Desai, M.P.H.², Shannon M. Bennett, Ph.D.¹, Elaina Zendegui, Psy.D.³, Angela Chiu, Ph.D.⁴, 1. Weill Cornell Medicine, 2. Columbia University Medical Center, 3. Mount Sinai Morningside

(PS3-A24) Transdiagnostic Intensive CBT for Youth Anxiety Disorders: Preliminary Findings
Alicia R. Fenley, M.A., Kelsey Hudson, Ph.D., Osvanna Leyfer, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS3-A25) Therapist Reflections on Reward Use During Treatment
Lesley A. Norris, M.A., Jonathan C. Rabner, M.A., Rebekah J. Mennies, M.A., Philip C. Kendall, ABPP, Ph.D., Temple University
(PS3-B26) The Relationship Between Young Children’s Intolerance of Uncertainty and Their Anxiety Presentations According to Mother and Father Reports
Briana L. Bice, B.A., Alyssa M. Farley, Ph.D., Kelsey Hudson, Ph.D., Jonathan Comer, Ph.D., Ovsanna Leyfer, Ph.D., 1. Boston University Center for Anxiety and Related Disorders, 2. Florida International University

(PS3-B27) Social Anxiety, Separation Anxiety, and Generalized Anxiety’s Relationship with Self-reported Ratings of Worry and Physical Symptoms
Paige N. Picou, B.S., Thompson Davis III, Ph.D., Louisiana State University

(PS3-B28) Co-occurring Social Anxiety and Depressive Symptoms Among Adolescents: Links to Social Functioning Within Social Interactions with Unfamiliar Peers
Nicholas Bellamy, B.A., Hide Okuno, B.A., Bridget Makol, B.S., M.S., Andres De Los Reyes, Ph.D., University of Maryland- College Park

(PS3-B29) Relationship Between Family Environment and Negative Cognitions in Children with Specific Phobia
Maria Velasquez, Kimberly Ellison, M.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS3-B30) Psychometric Properties of the Korean Version of the Revised Children’s Manifest Anxiety Scale, Second Edition Among a Community Sample of Korean Children
Yun Ji Cha, M.A., Ji-Hae Kim, Ph.D., Eun-Ho Lee, M.A., Soon-Taeg Huang, Ph.D., Sang-Hwang Hong, Ph.D., 1. Samsung Medical Center, 2. Depression Center, Department of Psychiatry, Samsung Medical Center, 3. Chungbuk Naitonal University, 4. Chinju National University of Education

(PS3-B31) Children’s Attention Biases Toward Emotional Faces Are Related to Reparative Behavior Only When Physiological Regulation Is Strong
Katrina Farris, B.A., Sarah E. Garcia, Ph.D., Erin C. Tully, Ph.D., 1. Georgia State University, 2. University of Denver

(PS3-B32) Child Separation Anxiety and Maternal Immigrant Stress: Moderating Role of Heart Rate Variability
Natalia Nava, Nallely Chacon, Juan C. Hernandez, B.A., Linda Luecken, Ph.D., Marisol Perez, Ph.D., Arizona State University

(PS3-B33) Development and Preliminary Validation of a Measure of Caregiver-child Interactions Around Political News
Joyce X. Wong, B.A., Shannon Exley, B.A., Loie Faulkner, B.A., Nicole Caporino, Ph.D., American University

(PS3-B34) Worrying About Worry: Metacognitions Predict CBT Outcome in Youth with Anxiety Disorders
Rebecca Wolenski, B.S., Jeremy W. Pettit, Ph.D., Florida International University

(PS3-B35) Mindful Walking to Enhance Intensive Group Behavioral Treatment of Selective Mutism in Children
Olenka S. Olesnycky, M.A., Vanessa Ng, M.A., Phyllis S. Ohr, Ph.D., Hofstra University
(PS3-B36) The Impact of Emotion Dysregulation and Psychological Inflexibility on Anxiety and Depressive Symptoms in Adolescents
Kelsey Hudson, Ph.D., Alyssa M. Farley, Ph.D., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS3-B37) Mother-reported Orientations in the Home and Anxiety Sensitivity of Children
Angelina Cantelli, Kimberly Ellison, M.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS3-B38) Anxiety, Executive Dysfunction, and Global Impairment: Examining a Mediation Model in Treatment-seeking Youth
Laura Nelson Darling, M.A., Alicia R. Fenley, M.A., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS3-B39) Caregiver’s Beliefs About Their Child’s Anxiety: An Important Factor in Child Quality of Life
Elizabeth Halliday, B.S., Jill Ehrenreich-May, Ph.D., University of Miami

(PS3-B40) Does Living Arrangement Influence Adolescent Anxiety? An Examination Among Parent-adolescent Dyads
Emily Roemhild, B.A., Sarah E. Francis, Ph.D., University of Toledo

(PS3-B41) Does Parental Sensitivity to Their Child’s Anxiety Predict Their Engagement in Family Accommodation?
Emily Roemhild, B.A., Sarah E. Francis, Ph.D., University of Toledo

(PS3-B42) Testing Prevailing Beliefs About Differential Response Rates When Treating Pediatric Anxiety
Jonathan C. Rabner, M.A., Lesley A. Norris, M.A., Philip C. Kendall, ABPP, Ph.D., Temple University

(PS3-B43) Parental Anxiety Sensitivity for the Child: Convergence with Parent and Adolescent Anxiety Sensitivity
Sarah E. Francis, Ph.D., Emily Roemhild, B.A., The University of Toledo

(PS3-B44) Examining Intergenerational Patterns of Anxiety Sensitivity Among Parent-adolescent Dyads for Both Mothers and Fathers
Sarah E. Francis, Ph.D., Emily Roemhild, B.A., Deborah Wong, The University of Toledo

(PS3-B45) A Cultural Adaptation of Cognitive Behavior Therapy for Asian Preschool Children: Long-term Effects of a Preventive Intervention for Anxiety and Behavioral Inhibition
Takahito Takahashi, Ph.D.1, Shin-ichi Ishikawa, Ph.D.2, 1. University of Miyazaki, 2. Faculty of Psychology, Doshisha University

(PS3-B46) Negative Emotionality Moderates the Relation Between Effortful Control and Child Anxiety and Depression Symptom Severity in a Sample of Children with Anxiety Disorders
(PS3-B47) Child ERN Mediates Relation Between Child Dysregulated Fear and Kindergarten Adjustment
Sydney M. Risley, M.A., Madison Hannapel, Elizabeth M. Aaron, B.A., Elizabeth Kiel, Ph.D., Miami University

(PS3-B48) Interaction of Avoidance and Negative Affect as a Transdiagnostic Predictor of Treatment Outcome in Anxious and Depressed Youth
Emily Badin, M.A., Michael Friedman, B.A., Brian C. Chu, Ph.D., Rutgers University, The State University of New Jersey

(PS3-B49) Intensive Group Behavioral Treatment for Older Youth with Selective Mutism: A Preliminary Open Trial
Rachel A. Kupferberg, M.S.¹, Joelle A. Dorse, B.A.², Shelley B. Avny, Ph.D.³, Camilo Ortiz, Ph.D.⁴, 1. Long Island University, Post, 2. Child and Adolescent Anxiety Practice, 3. Child & Adolescent Anxiety Practice (CAAP), 4. Long Island University Post

(PS3-B50) Comparing Profiles of Executive Dysfunction in Anxious-only and Anxious/depressed Youth: Implications for Treatment
Alicia R. Fenley, M.A., Laura Nelson Darling, M.A., Donna B. Pincus, Ph.D., Boston University Center for Anxiety and Related Disorders

Poster Session 3C

Key Words: Emotion Regulation, Externalizing, Child

(PS3-C51) Exploring the Link Between Genetic Risk and Externalizing and Internalizing Problems in Young Children: The Role of Emotion Dysregulation
Andre Maharaj, B.S., M.S., Ph.D.¹, Alexis M. Garcia, M.S.², Jennifer Coto, M.S.², Paulo A. Graziano, Ph.D.², 1. University of Massachusetts Boston, 2. Florida International University

(PS3-C52) Efficacy of the Parent Training Component of Dialectical Behavioral Therapy for Children with Disruptive Mood Dysregulation Disorder in a Group Format
Katherine H. Fogarty, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

(PS3-C53) Getting out of the Therapy Room: The Association Between Exposure Tasks Conducted Outside the Therapy Room and Treatment Outcomes

(PS3-C54) Does Interpretation Bias Modification Exert Transfer Effects to Other Cognitive and Emotional Constructs in Youth?
Anni Subar, B.A., Emily Jones, B.A., Michelle Rozenman, Ph.D., University of Denver

(PS3-C55) Active and Passive Social Media Usage in Both Adolescents and Young Adults with Anxiety
Shannon Gasparro, B.A.¹, Payal Desai, M.P.H.², Angela Chiu, Ph.D.³, Shannon M. Bennett, Ph.D.³, 1. Weill Cornell Medical College, 2. Columbia University Medical Center, 3. Weill Cornell Medicine
(PS3-C56) Adult’s Perceptions of Youth Disruptive Behaviors: Potential Influences of Cultural Values
Ting Tong, B.A., Yen-Ling Chen, M.A., Andrew Freeman, Ph.D., University of Nevada, Las Vegas

(PS3-C57) Examining the Associations Between Parental Emotion Socialization Strategies and Non-suicidal Self-injury in Adolescence

(PS3-C58) Developmental Pathways to Internalizing Psychopathology: Unhealthy Parenting Mediated by Perfectionism
Alexandra M. Burgess, Ph.D., Elizabeth Pedone, B.A., Worcester State University

(PS3-C59) Agree to Disagree: Discrepancies in Parent-child Ratings of Selective Mutism Symptoms

(PS3-C60) Different Trajectories of Youth Delinquency by Child Welfare Out-of-home Placements
Kajung Hong, B.A.1, Nick Morelli, B.A.1, Jackelyne Garcia, B.A.2, Hilda Delgadillo, B.A.2, Claire Voss2, Alina Mraz2, Andrew Alvarez2, Gabrielle Verdura, B.A.2, Miguel T. Villodas, Ph.D.1, 1. SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology, 2. San Diego State University

(PS3-C61) The Effect of Maternal Stress and Family Conflict on Child Anxious/depressed Symptomology
Allison Smith, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS3-C62) The Role of Parental Psychological Control in Self-consciousness and Adolescent Social Anxiety
Ashlynn Smart, Banan Ramadan, B.S., Caroline Lee, B.A., Hannah Kelm, None, Trent C. Harris, None, Heidemarie Blumenthal, Ph.D., University of North Texas

(PS3-C63) Is Children’s Anxiety Impacted by the Influence of Socioeconomic Status on Parental Overprotection?
Lauren Gispert, M.S., Alexandra Harris, B.A., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University

(PS3-C64) Assessing Attachment in Toddlers Clinically-referred for Behavior Problems Using Observational Measures
(PS3-C65) Effect of PCIT with and Without Distress Tolerance Phone Coaching on DMDD Symptoms
Jack Lee, Ph.D.1, Michael S. Accardo, M.A.2, Phyllis S. Ohr, Ph.D.2, Alixandra Wilens2, 1. Hofstra University, Psychological Services Long Island, 2. Hofstra University

(PS3-C66) Secondary or Ancillary? Describing the Nature of the Delivery, Training, and Supervision of Behavioral Parent Training Programs for Children with Behavioral Challenges
Michelle Vardanian, B.A.1, Anil Chacko, Ph.D.1, Elysha Clark-Whitney, B.A.2, Nina Bigio, None1, Kaitlyn Kugler, 1. New York University, 2. Weill Cornell Medicine

(PS3-C67) Tantrum Tool: Using Digital Parent Training with Videoconferencing to Improve Access to Treatment for Pediatric Irritability
Sonia N. Rowley, B.A.1, Andrea Diaz Stransky, M.D.1, David Grodberg, M.D.2, Denis G. Sukhodolsky, Ph.D.1, 1. Yale University School of Medicine, Child Study Center, 2. Yale University School of Medicine

(PS3-C68) Cu Traits and Pathological Narcissism in Relation to Peer Perception and Status
Tiffany A. Gray, B.A.1, Christopher Barry, Ph.D.2, 1. Washington University, 2. Washington State University

(PS3-C69) A Randomized Controlled Trial to Evaluate a Social Skills Training Intervention for Sibling Conflict
Stacy S. Forcino, Ph.D.1, Michelle Grimes, Ph.D.2, 1. California State University, San Bernadino, 2. Southern Utah University

(PS3-C70) Social Problems in Young Children: The Interplay of ADHD Symptoms and Facial Emotion Recognition
Breanna Dede, M.A., Bradley White, Ph.D., The University of Alabama

(PS3-C71) Assessing Avoidance Behavior in Unfamiliar Situations in Children with Anxiety Disorders
Verena Pflug, M.S.1, Silvia Schneider, Ph.D.2, 1. Mental Health Research and Treatment Center, Ruhr University Bochum, 2. Research and Treatment Center, Ruhr University Bochum

(PS3-C73) Youth Irritability Moderates the Relation Between Community Violence Exposure and Disruptive Behavior Disorder Symptoms
Rafaela J. Jakubovic, B.S., Deborah Drabick, Ph.D., Temple University

(PS3-C74) What Is “treatment as Usual”? A Qualitative Study of Home-grown Family Treatment Intervention in Denmark
Amrita Ramakrishnan1, Christoffer Scavenius, Ph.D.2, Anil Chacko, Ph.D.1, 1. New York University, 2. VIVE - The Danish Center for Social Science Research

(PS3-C75) School-based Accommodations Among Anxious Youth in Treatment: Prevalence and Clinical Correlates
Katherine E. Phillips, M.A.1, Elizabeth Pinney1, Kristina Conroy, B.A.2, Jonathan Comer, Ph.D.2, Philip C. Kendall, ABPP, Ph.D.1, 1. Temple University, 2. Florida International University
(PS3-D76) Examining the Link Between Interpersonal Relationships, Hostile Attribution Bias and Externalizing Concerns
Megan Hennessy, B.A., Lauren Henry, Ph.D., Jessica Hawks, Ph.D., Kristen A. Torres, B.S., 1. Children’s Hospital Colorado, 2. Children’s Hospital Colorado/University of Colorado, School of Medicine

(PS3-D77) Implementation of Mindfulness for Teachers and Students in an Urban Elementary School

(PS3-D78) Implementation Intention, Perceived Barriers, and Feedback for Translating an In-person Bystander Bullying Intervention to a Technology-based Platform: Perspectives from Key School Personnel
Aida Midgett, Ed.D., Diana Doumas, Ph.D., Valerie H. Myers, Ph.D., 1. Boise State University, 2. Klein Buendel, Inc.

(PS3-D79) Promoting Hopeful Thinking in Victimized Youth
Miriam Crinion, B.A., Susan M. Swearer, Ph.D., Taylor Morris, B.A., Raul A. Palacios, II, Ed.S., Cara Jack, University of Nebraska-Lincoln

(PS3-D80) Measurement of Self-regulation in Children and Evaluation in a Yoga Intervention Program
Jennifer Ishaq, BA, Liz Goncy, Ph.D., Shereen Naser, Ph.D., Cleveland State University

(PS3-D81) A Randomized Controlled Trial of the Impact of an Advocacy Intervention on Adolescent Girls’ School Discipline and Disengagement
Megan Granski, M.A., Shabnam Javdani, Ph.D., NYU Steinhardt School of Culture, Education, and Human Development

(PS3-D82) School Refusal in a Treatment-seeking Pediatric Sample: An Investigation of Individual and Maternal Characteristics

(PS3-D83) Promoting Positive Skills in Children and Adolescents Through School-based Yoga Intervention
Jennifer Ishaq, BA, Liz Goncy, Ph.D., Shereen Naser, Ph.D., Cleveland State University

(PS3-D84) The Topography of Bullying Experiences for Youth with ASD or ADHD
Hannah Morton, M.S., Raymond Romanczyk, Ph.D., Jennifer Gillis, Ph.D., Binghamton University
(PS3-D86) Interrelations of Therapeutic Alliance in Novel Exposure-based Cognitive Behavioral Therapy with and Parent Training for Irritability in Youth
Courtney A. Agorsor, M.A., Ramaris E. German, Ph.D., Kelly Dombek, M.A., Melissa A. Brotman, Ph.D., National Institute of Mental Health

(PS3-D87) Evaluating Factors Related to Parent-teacher Reporting Discrepancy of Head Start Preschoolers’ Aggressive Behaviors
Sarah C. Boland, B.A., Austin F. Lau, M.S., Tammy D. Barry, Ph.D., Washington State University

(PS3-D88) Latent Profiles of Youth Problem Behaviors Using Multi-informant Approach in a High Risk Sample
Jenika Hardeman, M.S., Deborah Drabick, Ph.D., Temple University

(PS3-D89) Social-emotional Learning Moderates Relationship Between Program Implementation Quality and Student Mental Health in School-wide Social-emotional and Character Development Intervention
Arielle V. Linsky, M.S.¹, Maurice J. Elias, Ph.D.¹, Caryn Rodgers, Ph.D.², 1. Rutgers University, 2. Albert Einstein College of Medicine

(PS3-D90) Disruptive Mood Dysregulation Disorder Symptoms and Emotional/behavioral Problems in a Japanese Community Sample Aged 6 to 18
Fumito Takahashi, Ph.D.¹, Kohei Kishida, M.A.², 1. Shinshu University, 2. Doshisha University

(PS3-D91) Adolescents’ Experiences of Discrimination in High Achieving Settings: Internalizing Mental Health Risk and School Mental Health Help Seeking
Aijah Goodwin, M.A., Anna C.J. Long, Ph.D., Louisiana State University

(PS3-D92) Academic and Self-regulatory Functioning of Upper Elementary Students Enrolled in Organizational Skills Training
Cristin Montalbano, Ph.D., Phylicia Fitzpatrick-Fleming, Ph.D., Theresa Egan, Ph.D., Thomas Power, ABPP, Ph.D., Jennifer A. Mautone, ABPP, Ph.D., Katie Tremont, M.S., Ami Kumar, M.S., Jaclyn Cacia, M.S., Jenelle Nissley-Tsioipinis, Ph.D., Children’s Hospital of Philadelphia/University of Pennsylvania

(PS3-D93) Do Internalizing Symptoms Mediate the Relation Between Anxiety Sensitivity and Peer Victimization?
Jake C. Steggerda, B.A.¹, Juventino Hernandez Rodriguez, Ph.D.², Timothy A. Cavell, Ph.D.¹, 1. University of Arkansas, 2. University of Texas Rio Grande Valley

(PS3-D94) Does Peer Acceptance Moderate the Relation Between Anxiety Sensitivity and Peer Victimization?
Jake C. Steggerda, B.A.¹, Freddie A. Pastrana, Ph.D.², Juventino Hernandez Rodriguez, Ph.D.³, Timothy A. Cavell, Ph.D.¹, 1. University of Arkansas, 2. Medical University of South Carolina, 3. University of Texas Rio Grande Valley

(PS3-D95) The Role of Classroom Environment on Prosocial Behavior in Emotional Support Classrooms

(PS3-D96) Rejection Sensitivity and Social Support as Predictors of Peer Victimization Among Youth with Psychiatric Illness
Katherine Hyde, B.A., Timothy A. Cavell, Ph.D., University of Arkansas
(PS3-D97) Rejection Sensitivity and Peer Victimization as Predictors of Internalizing Problems Among Adolescents with Psychiatric Illness
   Katherine Hyde, B.A., Timothy A. Cavell, Ph.D., University of Arkansas

(PS3-D98) Peer Victimization and Internalizing Distress in Youth: The Moderating Role of Mindfulness and Self-compassion

(PS3-D99) Identifying Protective Factors for School Absenteeism
   Mirae J. Fornander, M.A., Victoria Bacon, Melanie Rede, B.A., University of Nevada, Las Vegas

(PS3-D100) Student Perceptions of School Staff’s Respect for Diversity Is Related to Bullying and Feelings of Safety
   Victoria Bacon, Melanie Rede, B.A., Zuzana Warhola, Mirae J. Fornander, M.A., University of Nevada, Las Vegas

6:00 p.m. – 8:00 p.m.

PS4: ADULT DEPRESSION; ANGER; CRIMINAL JUSTICE/FORENSICS; CULTURE/ETHNICITY/RACE

Poster Session 4A

Key Words: Emotion Regulation, Depression, Ethnicity

(PS4-A1) Cultural Variation in Emotion Regulation Strategy Adaptiveness
   Kelsey M. Irvin, M.A., Madison N. Beedon, B.A., Debora J. Bell, Ph.D., University of Missouri-Columbia

(PS4-A2) Differences in the Perception of Effectiveness of Depression Treatments for Self and Others
   Megan L. Sullivan, M.A.1, Kaylin Jones, B.A.1, Ashley Baratz, Ph.D.1, Yan Leykin, Ph.D.2, 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco

(PS4-A3) Poor Early Symptom Reduction Is Okay: An Examination of Cognitive Behavioral Therapy Skills Developments
   Samuel T. Murphy, B.S., Daniel R. Strunk, Ph.D., The Ohio State University

(PS4-A4) Relationships Among Sleep, Anhedonia, and Anticipatory and Consummatory Reward Responsivity
   Sarah T. Wieman, B.A.1, Alora A. Rando, M.S.1, Helen Z. MacDonald, Ph.D.2, Kimberly A. Arditte Hall, Ph.D.3, Michael Swak, Ph.D.3, Gabrielle I. Liverant, Ph.D.1, 1. Suffolk University, 2. Emmanuel College, 3. Framingham State University
(PS4-A5) Heightened Depression Predicts Increased Alcohol Use During Two Major Hurricanes
Kristen Van Swearingen, B.S., Faith S. Crews, B.S., Matison W. McCool, M.A., Melissa Urch, M.A., Maria G. Espinosa-Hernandez, Ph.D., Nora E. Noel, Ph.D., University of North Carolina Wilmington

(PS4-A6) Depression Moderates the Association Between Fixed vs. Malleable Mindsets of Mental Health and Prognostic Pessimism
Kristen P. Howard, M.A., Samantha B. Wick, Jennifer Cheavens, Ph.D., The Ohio State University

(PS4-A7) The Role of Emotion Regulation as a Mediator Between Social Problem Solving and Depression
Jade Perry, B.A., Michelle L. Buffie, M.A., Douglas W. Nangle, Ph.D., University of Maine

(PS4-A8) Relationship of Reward Responsiveness to Severity and Course Features of Major Depressive Disorder
Auburn R. Stephenson, B.A., Elizabeth C. Wade, M.A., Ayelet M. Ruscio, Ph.D., University of Pennsylvania

(PS4-A9) Linkages Between Experiential Avoidance, Brooding Rumination, and Depression Severity Within a Clinical Sample: An Examination of Prospective and Indirect Effects

(PS4-A10) The Effectiveness of a Brief Online Mindful Breathing Intervention on Decreasing Attentional Difficulties and Maladaptive Thought Patterns Associated with Depression
Teal Raffaele, M.A., Katherine McMorrnan, Ph.D., Nancy E. Adleman, Ph.D., The Catholic University of America

(PS4-A11) Dampening Decreases During Brief Psychiatric Treatment for Individuals with Bipolar Disorder and Major Depressive Disorder
Ramya S. Ramadurai, B.A.1, Andrew D. Peckham, Ph.D.2, Thröstur Bjorgvinsson, Ph.D.2, Courtney Beard, Ph.D.2, 1. American University, 2. McLean Hospital/Harvard Medical School

(PS4-A12) Body Mass Index and Atypical Balance as Predictors of Seasonal Affective Disorder Treatment Outcomes
Praise Iyiewuare, M.P.H., Kelly J. Rohan, Ph.D., University of Vermont

(PS4-A13) Treatment Outcomes in Depressed Patients Who Do Not Believe They Deserve to Get Better
Douglas Terrill, B.A., Mark Zimmerman, M.D., Rhode Island Hospital/Alpert Medical School of Brown University

(PS4-A14) Emotion Regulation Repertoires in Those Who Use Substances to Cope with Depression
Elizabeth A. McDermott, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University
(PS4-A15) Predicting Depression Treatment Response in a Naturalistic Clinical Setting Using EEG and Cognitive Control Measures
Nathaniel M. Lovell-Smith, B.A., Nainika Vaidya, Elana S. Israel, B.A., Courtney Beard, Ph.D., Kirsten Christensen, B.S., Thórrður Bjorgvinsson, Ph.D., Christian Webb, Ph.D., Mclean Hospital/Harvard Medical School

(PS4-A16) The Impact of Cognitive Distortions on Negative Social Comparisons and Depressive Symptoms: A Six-month Longitudinal Study
Adam Iskric, M.A., Hofstra University

(PS4-A17) Inflammatory Signaling Is Associated with Distinct Neural Reward Anticipation in Individuals with vs. Without a Depression History
Iris K. Chat, M.A.¹, Marin M. Kautz, M.A.¹, Christopher Coe, Ph.D.², Lyn Y. Abramson, Ph.D.², Thomas M. Olino, Ph.D.¹, Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin - Madison

(PS4-A18) Depression Moderates the Relationship Between Objective Sleep Indicators and Next-day Experiences of Anger
Elijah R. Murphy, B.A., Feven Fisseha, B.A., Kathleen C. Gunthert, Ph.D., Amanda Chue, Ph.D., American University

(PS4-A19) The Relationship Between Childhood Trauma and Seasonal Affective Disorder Symptom Severity: Insomnia and Hypersomnia as Mediators
Yuqi Wang, B.S., Delainey L. Wescott, B.S., Kathryn A. Roecklein, Ph.D., University of Pittsburgh

(PS4-A20) Depressive Realism, Attributional Style, and Response to a Negative Mood Induction
Sayde L. Ackerman, B.A., Fernando Krause, M.A., Zoren Degtyarev, B.S., Michael Moore, Ph.D., Adelphi University

(PS4-A21) The Role of Dysfunctional Sleep Cognitions in Nightly Perceptions of Sleep Quality
Delainey L. Wescott, B.S., Kathryn A. Roecklein, Ph.D., University of Pittsburgh

(PS4-A22) A Machine Learning Approach to Predicting Depression Symptom Improvement over the Course of Cognitive-behavioral Therapy
Christina S. Galiano, M.A., Alexandra M. Andrea, M.S., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS4-A23) Magnetoencephalographic Correlates of Reward Processing and Depression Severity in Mood Disorders
Christina Wusinich, M.S., Jessica Gilbert, Ph.D., Carlos A. Zarate, Jr., M.D., National Institute of Mental Health

(PS4-A24) Effect of Demographic and Clinical Factors on Depression Self-efficacy
Kaylin Jones, B.A.,¹ Ricardo Munoz, Ph.D.¹, Yan Leykin, Ph.D.², 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco

(PS4-A25) Depression Symptoms Relate to Reduced Eye Gaze During a Live Webcam Interaction, Beyond Social Anxiety: An Eye-tracking Study
Ashley N. Howell, Ph.D., University of Tennessee at Chattanooga
(PS4-B26) Walking on the Bright Side: Relations Between Affective States, Depression, and Gait Parameters
Divya Kumar, B.A., Ashlynn Joseph, Hannah Dart, Alicia E. Meuret, Ph.D., Southern Methodist University

(PS4-B27) Relationship Between Social Support and Depression in Bisexual Women
Susan Wenze, PhD, Julia H. Howard, B.A., Lafayette College

(PS4-B28) Anhedonia, Depression, and Diurnal Reward Seeking
Erick A. Rogers, B.A., Andrew Freeman, Ph.D., University of Nevada, Las Vegas

(PS4-B30) Cingulate Prediction of Response to Antidepressant and Cognitive Behavioral Therapies for Depression: Theory, Meta-analysis, and Empirical Application
Marlene V. Strege, M.S.¹, Greg J. Siegle, Ph.D.², Kymberly Young, Ph.D.², ¹Virginia Tech, ²University of Pittsburgh School of Medicine

(PS4-B31) Daily Weight Increases Prospectively Predict Reduced Dietary Self-monitoring for Participants Enrolled in a Behavioral Weight Loss Program
Michael P. Berry, B.S., Evan Forman, Ph.D., Drexel University

(PS4-B32) The Impact of Negative Problem Orientation on Depressive Symptoms Depends on Emotion Regulation
Michelle L. Buffie, M.A., Jade Perry, B.A., Douglas W. Nangle, Ph.D., University of Maine

(PS4-B33) Purpose in Life as a Moderator of the Concurrent and Long-term Relationships Between Depression and Chronic Health Conditions
Diana J. Cox, B.S., Kathleen C. Gunthert, Ph.D., American University

(PS4-B34) A Novel Approach for Disengagement from Rumination: A Replication and Extension
Curtis Wojcik, B.A., Eve Rosenfeld, M.A., John Roberts, Ph.D., University at Buffalo

(PS4-B35) Experimentally Examining Aversive Tendencies in Individuals Who Fear Happiness
Amanda C. Collins, M.S., E. Samuel Winer, Ph.D., Mississippi State University

(PS4-B36) Emotion Reactivity and Momentary Subjective Reactivity to Negative Stimuli: The Moderating Role of Depression
Katherine G. Sheehan¹, Caroline S. Holman, Ph.D.², Gracie A. Jenkins, B.S.¹, HaeJoon Kim, M.A.¹, ¹Fordham University, ²Brown University & Providence VA Medical Center, ³Bradley Hospital and Brown University

(PS4-B37) Adapting Cognitive Behavioral Therapy for Depression After TBI: Two Case Studies
Sylvie Tuchman, B.A.¹, Lauren Fisher, Ph.D.¹, Ross Zafonte², Maurizio Fava, M.D.¹, Paola Pedrelli, Ph.D.¹, ¹Massachusetts General Hospital, ²Spaulding Rehabilitation Network

(PS4-B38) Beliefs About Emotions and Non-acceptance of Emotion in Major Depressive Disorder
Natasha H. Bailen, M.A., Renee Thompson, Ph.D., Washington University in St. Louis
(PS4-B39) Does Self-compassion Moderate the Association Between Negative Life Events and Depressive Symptoms?
Julia M. Salinger, M.A., Mark A. Whisman, Ph.D., University of Colorado Boulder

(PS4-B40) Cognitive and Behavioral Avoidance Coping Strategies Differentially Predict Stress Generation
Amanda Lewis, B.A., Thomas J. Harrison, B.A., Josephine Shih, Ph.D., Saint Joseph’s University

(PS4-B41) Virtual Reality Reward Training: Autobiographical Memory Changes Correlate with Improved Anhedonia
Emmily Hovhannisyan1, Christina F. Sandman, M.A.1, Anastassia V. Costello, B.A.1, Kelly Chen, B.S.2, Michael Sun, Ph.D.3, Halina Dour, Ph.D.4, Michael Treanor, Ph.D.1, Michelle Craske, Ph.D., 1. University of California Los Angeles, 2. University of Arizona, 3. Dartmouth College, 4. Orlando VA Healthcare System

(PS4-B42) Feeling More Joy Than You Should: Predictors of Joy and Sadness After a Mood Induction Procedure of Sadness Through Virtual Reality
Jessica Navarro-Siurana, M.S.1, Marta Miragall, Ph.D.2, Javier Fernández-Álvarez, M.S.3, Lorena Desdentado, M.S.1, Jaime Navarrete, M.S.1, Rosa M. Baños, Ph.D.4, 1. University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Università Cattolica del Sacro Cuore, 4. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain

(PS4-B43) Availability of Empirically-supported Internet-based Cognitive-behavioral Therapy (iCBT) for Depression: A Systematic Review
John Buss, B.S., Indiana University

(PS4-B44) Maladaptive Emotion Regulation and the Development of Depressive Symptoms in Individuals Perceiving High Stress Levels
Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS4-B45) Assessing Self-referent Processing in Comparison to Depressive Symptoms: What Does Reaction Time Gain?
Justin Dainer-Best, Ph.D., Bard College

(PS4-B46) Comparison of Common Self-report Measures of Anhedonia and Depression in a Clinician-assessed Group of Anhedonic vs. Non-anhedonic Adults, with and Without Depression
Kathleen H. Maloney, M.A., Kari Eddington, Ph.D., Paul Silvia, Ph.D., University of North Carolina at Greensboro

(PS4-B47) The Associations Among Savoring Beliefs, Cognitive Reappraisal, and Depressive Symptoms in a Community Sample of Emerging Adults
Sarah E. Moran, B.A., Laura McKee, Ph.D., Georgia State University

(PS4-B48) Network Analysis of Depressive Symptoms and Substance Use Among Veterans Seeking Treatment for Substance Use Disorders
Benjamin Pfeifer, Ph.D., Joseph W. VanderVeen, Ph.D., Jamie J. Winters, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry
Examining the Clinical Implications of Anger Assessment Among Patients in Treatment for Depression
Annaileis K. Giovanetti, B.A., Stephanie E. Punt, M.A., Haley Hart, B.A., Stephen S. Ilardi, Ph.D., University of Kansas

Being a Master of My Feelings: Emotional Self-efficacy Predicts Lower Negative but Higher Positive Affect in Daily Life Across Clinical and Community Samples
Stanley Seah, M.A., Karin G. Coifman, Ph.D., Kent State University

Poster Session 4C

Key Words: Depression, Social Anxiety, Abuse / Maltreatment

The Roles of Social Anxiety and Self-esteem on the Relationship Between Bullying Victimization and Depression: A Mediation Analysis
Maria C. DiFonte, M.A., Ellen Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island

Effects of LKM on Anger, Arousal, and Empathic Concern
Shelley L. Kind, M.S. 1, Cecelia Buckley, B.S. 2, Gabrielle I. Liverant, Ph.D. 2, 1. Suffolk University, UCSD/VA San Diego, 2. Suffolk University

Looking Beyond Depression: A Meta-analysis of the Effect of Behavioral Activation on Depression, Anxiety, and Activation
Aliza T. Stein, M.A. 1, Emily Carl, M.A. 1, Pim Cuijpers, Ph.D. 2, Eirini Karyotaki, Ph.D. 3, Jasper Smits, Ph.D. 1, 1. The University of Texas at Austin, 2. Vrije Universiteit Amsterdam, 3. Harvard Medical School

Thoughts About past and Future Negative Experiences and Emotions Incrementally Predicts Depression over Cognitive Vulnerabilities

Rumination on Problems: A New Scale to Broaden Our Understanding of Depressive Rumination in the Prediction of Depression, Anxiety, and Stress
Clorinda E. Velez, Ph.D. 1, Kim Ngan Hoang, B.A. 2, Elizabeth Krause, Ph.D. 2, Jane Gillham, Ph.D. 2, 1. Quinnipiac University, 2. Swarthmore College

How Individual Differences in Psychosocial Factors Affect Interrogative Suggestibility and False Memory
Amanda N. Raymond, M.A. 1, Eunyoe Ro, Ph.D. 2, Sarah Love 2, Lisa Wood 2, 1. Sam Houston State University, 2. Southern Illinois University Edwardsville

Testing Rumination and Impulsivity as Predictors of Stress Generation in Men
Thomas J. Harrison, B.A., Amanda Lewis, B.A., Josephine Shih, Ph.D., Saint Joseph’s University

Family Environment and Mental Health Problems: Differences Across Sex and Culture
Sadie Saleem, Ph.D., Sissi Ribeiro, M.A., Keith D. Renshaw, Ph.D., Sarah T. Giff, M.A., George Mason University
(PS4-C60) Parental Stress in Immigrant and Cultural Minority Families of Preschoolers with Developmental Delay: Examining the Roles of Acculturation, Enculturation, and Child Problem Severity
Kristina Conroy, B.A., Natalie Frech, B.A., Amanda Sanchez, M.S., Daniel Bagner, Ph.D., Jonathan Comer, Ph.D., Florida International University

(PS4-C61) Persistence of Suicidal Ideation Is Associated with Impulsivity and Sensation Seeking in Court-involved, Non-incarcerated (CINI) Youth
Margaret Webb, B.S., B.A.¹, Alyssa Vieira, B.S.², Kathleen Kemp, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Rhode Island Hospital, Lifespan.

(PS4-C62) Examining Perceptual and Structural Barriers as Moderators on the Relationship Between Psychological Distress and Mental Health Service Use
Daniel H. Saravia¹, Patricia Orozco¹, Isabel López, M.A.², Miguel Palacios³, Stephen Gonzalez¹, Jonathan Martinez, Ph.D.¹, 1. California State University, Northridge, 2. University of California, Santa Barbara

(PS4-C63) An Examination of Ethnic Differences in Parental Monitoring Among Court Involved, Non-incarcerated Youth
Nazaret C. Suazo, B.A.¹, Lauren Micalizzi, Ph.D.², Aya Cheaito, B.S.³, Kara A. Fox, B.A.⁴, Margaret Webb, B.S., B.A.⁵, Gabriela Aisenberg, B.S.¹, Sara Becker, Ph.D.⁶, Anthony Spirito, Ph.D.¹, Kathleen Kemp, Ph.D.⁴, 1. Alpert Medical School of Brown University, 2. University of Saint Joseph, 3. University of Vermont, 4. Brown University Warren Alpert Medical School, 5. Warren Alpert Medical School of Brown University, 6. Brown University School of Public Health

(PS4-C64) The Effects of Acculturation Stress, Life Events, and Daily Hassles on Automatic Thoughts in Latinx Children
Karina Tuohy, M.S., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University

(PS4-C65) Does Perceived Social Support Moderate the Relationship Between Stressful Life Events and Suicidality in Incarcerated Individuals?
Shania Siebert, M.S.¹, Kelly Moore, Ph.D.¹, Jennifer Johnson, Ph.D.², 1. East Tennessee State University, 2. Michigan State University

(PS4-C66) Proposed Subtypes of Anger Rumination: Brooding and Reflection and Their Associations with Aggression
Fayth Walbridge, B.A., Kathleen L. Ramsey, M.A., Stephanie D. Smith, Ph.D., Tiffany G. Harris, M.S., University of Southern Mississippi

(PS4-C67) The Cognitive Process Influencing Anger in Children and Adolescents
Kohei Kishida, M.A.¹, Masaya Takebe, Ph.D.², Chisato Kuribayashi, Ph.D.³, Yuichi Tanabe, M.A.⁴, Shin-ichi Ishikawa, Ph.D.⁵, 1. Doshisha University, 2. Faculty of Psychology, Rissho University, 3. Faculty of Education, Shinshu University, 4. Takarazuka Board of Education, 5. Faculty of Psychology, Doshisha University

(PS4-C68) Individual's Sensitivity to Manipulation in Decisions to Join Clinical Trials
Erica F. Hamlin, M.S.¹, Jamie Giglio, M.S.¹, Laura Dunn, M.D.², Ricardo Munoz, Ph.D.¹, Yan Leykin, Ph.D.³, 1. Palo Alto University, 2. Stanford University, 3. Palo Alto University & University of California, San Francisco
PS4-C69 Psychometric Properties of the Late Positive Potential in Adult Women

PS4-C70 Structural and Attitudinal Barriers to Seeking Treatment for Anger: Analysis from the National Comorbidity Survey-replication Data
Lynette C. Krick, B.A., Jennifer R. Fanning, Ph.D., McLean Hospital

PS4-C71 Association Between Stress and Depression: The Mediating Role of Emotion Regulation
Kellyann M. Navarre1, Kelsey J. Pritchard, M.A.2, Peter G. Mezo, Ph.D.1, 1. University of Toledo, 2. The University of Toledo

PS4-C72 Autonomy & Motivation in Drug Treatment Court Clients Who Are Parents
Christian N. Sanders, B.A., Sally MacKain, Ph.D., University of North Carolina Wilmington

PS4-C73 Emotion Regulation in College Students with Self-reported Risky Behavior
Rachelle H. Kromash, Hannah G. Mitchell, M.A., Thalia P. Sullivan, B.A., Meredith K. Ginley, Ph.D., Kelly Moore, Ph.D., East Tennessee State University

PS4-C74 Adolescent Profiles of Responses to Anger, Sadness, and Worry: Concurrent and Longitudinal Associations with Psychopathology
Valerie Scelsa, M.S., Aaron Luebbe, Ph.D., Miami University

PS4-C75 Safety Findings from a Randomized Controlled Trial (RCT) of Heated Yoga for Depression
Richard Norton, B.S.1, Megha Nagaswami, B.A.1, Ashley K. Meyer, B.A.1, Chris C. Streeter, M.D.2, David Mischoudon, M.D., Ph.D.1, Maren Nyer, Ph.D.1, 1. Massachusetts General Hospital, 2. Boston University School of Medicine & National Center for PTSD

Poster Session 4D

Key Words: Trauma, Underserved Populations, Ethnicity

PS4-D76 Therapists’ Adherence to and Feasibility of CBT for Undocumented Immigrants and Their Families
Desiree L. Cuervo, M.S.1, Kayla D. Sanchez, M.S.1, Tara Larsen, B.S.1, Brittany Bonasera, M.A.2, Subasri Ashok, B.S.1, Melyssa M. Mandelbaum, M.S.1, Carly Stern, B.A.1, Anders Chan, M.S.1, Weiyi Liao, B.S.1, Mary Elsharouny, M.S.1, Yaakov Wenick, M.S.1, 1. Long Island University, 2. Hofstra University

PS4-D77 Acculturation and Loneliness: Does Anxiety Sensitivity Have a Role?
Alexandra K. Gold, M.A.1, Taylor Duncan, M.A.1, Michael J. Zvolensky, Ph.D.2, Michael Otto, Ph.D.1, 1. Boston University, 2. University of Houston

PS4-D78 Overview of Cultural Immersion Opportunities in Clinical Psychology Training
Eva L. Feindler, Ph.D., Subasri Ashok, B.S., Long Island University
(PS4-D79) Reliability and Validity of the Perceived Asian and Western Media Appearance Pressure Scales: A Chinese Developed Measure
Katrina Obleada, M.A.,1 Si Woo Chae, B.A.,1 Thomas Le, M.S.,2 Kelly Vitousek, Ph.D.,1 1. University of Hawai‘i at Manoa, 2. University of Maryland, College Park

(PS4-D80) We Are Family: Family Clinicians’ Perspectives on Sibling Therapy in Individualistic and Collectivistic Cultures
Melyssa M. Mandelbaum, M.S., Subasri Ashok, B.S., Allison Rumelt, M.S., Allison Schwab, M.S., Sarah C. Immerman, M.S., Erica Pazmino, M.S., Sophie Strauss, B.A., Eva L. Feindler, Ph.D., Long Island University

(PS4-D81) The Relationship Between Acculturative Stress and Depression, Anxiety, and Suicide Ideation in International Students
Jingyan Gu, B.A., Janelle Y. Wee, B.S., Keyne C. Law, Ph.D., Seattle Pacific University

(PS4-D82) Experiences of Receiving Mental Health Support - The Do’s and Don’ts for Mental Healthcare Providers and Trainees
Pankhuri Aggarwal, B.A., M.A.,1 McKenna Freeman, B.A.,1 Baiju Gopal, Ph.D.,2 Vaishali V. Raval, Ph.D.,1 1. Miami University, 2. Christ University

(PS4-D83) Cultural Variability in Sociobehavioral Correlates of Depression: A Daily Diary Investigation
Ti Hsu, M.S.,1 Elizabeth B. Raposa, Ph.D.,2 1. The University of Iowa, 2. Fordham University

(PS4-D84) Clients of Color and Emotional Schemas: Effects on Mental Health
Jenny E. Mitchell, M.A., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York

(PS4-D85) Knowledge and Attitudes About Psychotherapy: Perspectives from Mexican and Mexican American Adults in Treatment
Isabel López, M.A., Andrés J. Consoli, Ph.D., University of California, Santa Barbara

(PS4-D86) Self-affirmation Effects on Subsyndromal Depression
Daniel N. Like, Stanley J. Huey, Jr., Ph.D., Crystal X. Wang, B.A., M.A., University of Southern California

(PS4-D87) Social Anxiety and the Relationship Between Discrimination and Internalized Racism in Black Young Adults
Emily A. Kline, M.A., Carrie Masia, Ph.D., Sally L. Grapin, Ph.D., Jazmin Reyes-Portillo, Ph.D., Michael T. Bixter, Ph.D., Jamaal Matthews, Ph.D., DeVanté Cunningham, M.P.H., M.A., Farah Mahmud, M.S., Cody Weeks, M.A., Tanya Singh, M.A., Montclair State University

(PS4-D88) Perceived Racism and Neighborhood Ethnic Composition
Brandilynn Knapp, James Anderson, Ph.D., Southeastern University

(PS4-D89) Acculturative Stress and Anxiety in Latinx Youth: Uncovering Factors Associated with Differential Experiences
Christopher Gomez, B.A., Omar G. Gudiño, ABPP, Ph.D., University of Kansas

(PS4-D90) Racial Differences in Youth Reporting on Depressive Symptoms and Negative Cognitions
Paige F. Adenuga, B.A., Thompson E. Davis, III, Ph.D., Louisiana State University
(PS4-D91) Racial Differences in Youth Reporting on Anxious and Depressive Symptoms and Anxiety Sensitivity
Paige F. Adenuga, B.A., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS4-D92) Examining the Role of Race and Socioeconomic Status on the Relationship Between Potentially Traumatic Events and BPD Features in College Students
Nichita Parulkar, B.S., Grace Y. Cho, Katherine L. Dixon-Gordon, Ph.D., The University of Massachusetts, Amherst

(PS4-D93) Generational Differences in Perceptions of Depression Among South Asian American Immigrants
Meghana Nallajerla, B.A.¹, Paul Roizin, Ph.D.², Robert J. DeRubeis, Ph.D.³, 1. Stanford University, 2. University of Pennsylvania, 3. Department of Psychology, University of Pennsylvania

(PS4-D94) Comparing White and Non-white Clinical Outcomes in a Heated Yoga Intervention for Depression
Megha Nagaswami, B.A., Richard Norton, B.S., Maren Nyer, Ph.D., David Mischoulon, M.D., Ph.D., Massachusetts General Hospital

(PS4-D95) The Link Between Cultural Orientation and Psychological Help Seeking in an Asian and Asian American Undergraduate Sample
Linsey R. Mathew, B.A., Rebecca K. Browne, B.S., Laura J. Austin, M.S., Sarah Schwartz, Ph.D., Jessica R. Graham-LaPresti, Ph.D., Suffolk University

(PS4-D96) “Who’s This Person I’m Talking To?”: The Meaning and Impact of Personalismo for Latinx Sexual Minority Men’s Health Care Access and Outcomes
Daniel Mayo, B.S.¹, Rosana Smith-Alvarez, B.A.¹, Daniel Hernandez Altamirano, B.S.¹, Brooke G. Rogers, M.P.H., Ph.D.², Steven Safren, Ph.D.³, Audrey Harkness, Ph.D.¹, 1. University of Miami, 2. Brown University Medical School

(PS4-D97) The Lived Experiences of Second-generation Chinese American College Students Seeking Mental Health Services
Wei-Ting Rachel Chang, Psy.D., Nataliya Zelikovsky, Ph.D., Sarah Scalese, M.A., Gregory Roth, Ph.D., Sharon Lee Armstrong, Ph.D., La Salle University

(PS4-D98) Relations Between Online Racial and Ethnic Discrimination and Mental Health Among Latinx Young Adults: The Protective Role of Social Support
Nora L. Portillo, B.A., Sally L. Grapin, Ph.D., Carrie Masia, Ph.D., Michael T. Bixter, Ph.D., Jazmin Reyes-Portillo, Ph.D., Montclair State University

(PS4-D99) Using a Mentorship CBT Consultation Model with International Psychologists in Training to Enhance Multicultural Competencies
Sarah C. Immerman, M.S., Erica Pazmino Koste, M.A., M.S., Eva L. Feindler, Ph.D., Long Island University

(PS4-D100) Discriminatory Acts and Racial/ethnic Identity of Perpetrators: Are Microaggressions Reframed When an Ingroup Member Is the Perpetrator?
Christin A. Mujica, B.S, Ana J. Bridges, Ph.D., University of Arkansas
Friday, November 20, 2020

11:30 a.m. – 1:30 p.m.

PS5: ASSESSMENT; BEHAVIOR ANALYSIS; PROGRAM TREATMENT DESIGN; RESEARCH METHODS & STATISTICS; TREATMENT- MINDFULNESS & ACCEPTANCE; TREATMENT-OTHER; WORKFORCE DEVELOPMENT/ TRAINING/SUPERVISION

Poster Session 5A

Key Words: Anger / Irritability, Adolescents, Assessment

(PS5-A1) A Preliminary Examination of a New Social Frustration Paradigm to Assess Youth Irritability

(PS5-A2) What’s the Problem? Therapists’ Use of Idiographic and Nomothetic Assessment to Plan Youth Psychotherapy
Katherine Corteselli, M.A., Spencer C. Evans, Ph.D., Elizabeth Wolock, B.A., John Weisz, Ph.D., Harvard University

(PS5-A3) A Meta-analytic Review of Personality Traits and Their Associations with Treatment Outcomes: Implications for Improving Outcomes in Cognitive-behavioral Therapies
Meredith A. Bucher, M.A., Douglas B. Samuel, Ph.D., Purdue University

(PS5-A4) Reliability and Validity of the Beck Scale for Suicide Ideation (BSS): A Cross-cultural Application Among Korean Adults
Young-hwan Choi, M.A., Eun-Ho Lee, M.A., Soon-Taeg Huang, Ph.D., Sang-Hwang Hong, Ph.D., Ji-Hae Kim, Ph.D., 1. Department of Psychiatry, Samsung Medical Center, 2. Depression Center, Department of Psychiatry, Samsung Medical Center, 3. Chungbuk National University, 4. Chinju National University of Education, 5. Samsung Medical Center
(PS5-A5) Japanese Version of a Revised Short Version of Working Alliance Inventory (J-WAI-SR): Development and Examination of Psychometric Properties

Asaka Kawamura, M.A.1, Yoshitake Takebayashi, Ph.D.2, Tomonari Irie, Ph.D.3, Mayu Sekiguchi, Ph.D.1, Suguru Iwano, Ph.D.4, Yuji Sakano, Ph.D.5, 1. Health Sciences University of Hokkaido, 2. Department of Health Risk Communication, School of Medicine, Fukushima Medical University, 3. Hokusho University, 4. Oita University, 5. Health Science University of Hokkaido

(PS5-A6) Diagnostic Accuracy of the Child and Adolescent Symptom Inventory (CASI-4R) Substance Use Subscale in Detecting Substance Use Disorders in Youths

Angelina Pei-Tzu Tsai, M.S.1, Eric A. Youngstrom, Ph.D.1, Kenneth D. Gadow, Ph.D.2, Andrea S. S. Young, Ph.D.3, The LAMS Group 4, 1. University of North Carolina at Chapel Hill, 2. Department of Psychiatry Center for Understanding Biology using Imaging Technology (CUBIT), 3. Johns Hopkins University, 4. The LAMS Group

(PS5-A7) Assessing the Utility of Ecological Momentary Assessment in Measuring Change in an Adult ADHD Treatment Study


(PS5-A8) Youth Self-report Psychometric Properties of the Strengths and Difficulties Questionnaire with an Ethnically Diverse Sample

Marina M. Matsui, B.S., Tommie M. Laba, M.A., Katherine-Anne Kimura, B.S., Brad J. J. Nakamura, Ph.D., University of Hawai‘i at Manoa

(PS5-A9) Questionnaire Development for Assessing Youth Utilization of 13 Practice Elements Distilled from the Evidence-base

Marina M. Matsui, B.S., Matthew Milette-Winfree, Ph.D., Brad J. J. Nakamura, Ph.D., University of Hawai‘i at Manoa

(PS5-A10) Diagnostic Accuracy of ASEBA Scales Across Informants: A Meta-analysis

Joshua Langfus, B.A., Jacquelyne Genzlinger, M.A., Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill

(PS5-A11) Treatment Sensitivity of the STICSA in Anxiety and Related Disorders


(PS5-A12) Informant Reported Difficulties with Emotion Regulation

Melanie F. Midkiff, M.S.1, James Gerhart, Ph.D.1, Kim L. Gratz, Ph.D.2, 1. Central Michigan University, 2. University of Toledo

(PS5-A13) Exploration of the Psychometric Properties of the Emotionality, Activity, Sociability, and Impulsivity (EASI) Scale in Preoperative Pediatric Populations

Shelby M. Shivak, B.A.1, Kirstie L. Walker, Ph.D.1, Donald Sharpe, Ph.D.1, Stuart Wilson, Ph.D.1, Jennifer M. O’Brien, Ph.D.2, Mateen Raazi, M.D.2, Kristi D. Wright, Ph.D.3, 1. University of Regina, 2. University of Saskatchewan

(PS5-A14) An Examination of the Factor Structure of the Multidimensional Psychological Flexibility Inventory

Kelsey Thomas, M.A., Joseph R. Bardeen, Ph.D., Tracy K. Witte, Ph.D., Travis Rogers, M.S., Natasha Benfer, M.S., Kate Clauss, M.A., Auburn University
(PS5-A15) Preliminary Results of a Spanish Adaptation and Validation of the Fear of Spiders Questionnaire for Fear of Cockroaches
Maria Palau-Batet, Jorge Grimaldos, Sonia Mor, Sara Nebot, Juana Breton-Lopez, Ph.D., Soledad Quero, Ph.D., 1. Universitat Jaume I, 2. ITA PREVI Castellon

(PS5-A17) A Taxometric Analysis of Experiential Avoidance
Alex Kirk, M.A., Joshua J. Broman-Fulks, Ph.D., Joanna Arch, Ph.D., 1. University of Colorado Boulder, 2. Appalachian State University

(PS5-A18) Measurement of Tinnitus Distress: Confirmatory Factor Analysis of the Tinnitus Handicap Inventory and Tinnitus Functional Index and Development of a Combined Short Form
Madelyn Frumkin, M.A., Donna Kallogjeri, M.P.H., M.D., Jay Piccirillo, M.D., Eldre Beukes, Ph.D., Vinay Manchaiah, Ph.D., Gerhard Andersson, Ph.D., Thomas L. Rodebaugh, Ph.D., 1. Washington University in St. Louis, 2. Washington University School of Medicine, 3. Lamar University, 4. Linkoping University

(PS5-A19) The Ohio Scales, Short Form, Problem Severity Domain: A Psychometric Study Using a Large Community Mental Health Caregiver Sample Within Hawai'i's Youth System of Care
Tommie M. Laba, M.A., Amanda M. Vincent, B.A., Taylor A. Stacy, B.S., David S. Jackson, Ph.D., Brad J. J. Nakamura, Ph.D., 1. University of Hawai'i at Manoa, 2. University of Hawai'i at Manoa, State of Hawai'i Child & Adolescent Mental Health Division

(PS5-A20) Personal Goals and Standards: Evaluating Distinctive Relationships with Mood and Anxiety Symptoms
Blake A. Mallory, B.S., Walter D. Scott, Ph.D., Washington State University

(PS5-A21) Foreseeing Problems down the Line: Broad-spectrum Predictive Utility of Brief, Early Screening for Clinically Significant Irritability
Ana M. Urena Rosario, Jillian L. Wiggins, Ph.D., Cassidy E. Owen, Justin Smith, Ph.D., Lauren S. Wakschlag, Ph.D., 1. Alliant International University - California School of Professional Psychology, 2. San Diego State University, 3. Northwestern University Feinberg School of Medicine, 4. Northwestern University

(PS5-A22) Discrepancies Between Parent and Adolescent Mental Health Presenting to an Adolescent Partial Hospitalization Program
Daniella Gelman, B.A., Abby J. de Steiguer, MSc, Molly Hedrick, Ph.D., Emma Pendleton Bradley Hospital/Warren Alpert Medical School of Brown University

(PS5-A23) Diagnostic Likelihood Ratios of the SCARED in Predicting Childhood Anxiety Disorders
Zachary Goodman, M.A., Elizabeth Casline, M.S., Amanda Jensen-Doss, Ph.D., Jill Ehrenreich-May, Ph.D., Sierra Bainter, Ph.D., 1. University of Miami, 2. Kristi House Children’s Advocacy Center

(PS5-A24) The Impact of Involuntary Transport on Patients’ Reporting of Psychiatric Symptoms
Linda Ruan, Doug Chod, Rebecca S. Saison, Tita Atte, M.P.H., Guy S. Diamond, Ph.D., Guy M. Weissinger, Ph.D., 1. Drexel University, 2. Newport Academy, 3. Center for Family Intervention Science, Drexel University
Key Words: DBT (Dialectical Behavior Therapy), Mindfulness, Clinical Utility

(PS5-B26) I’m Suicidal: How Could Mindfulness Possibly Help?

(PS5-B27) Patterns of Adverse Childhood Experiences Across Multiple States: A Latent Class Analysis
Holly Turner, B.S., Austen Taylor K. Matro, B.A., University of Hawai‘i at Manoa

(PS5-B28) The Therapeutic Alliance: A Nonspecific or Specific Mediator of Change in Psychotherapy?
Alexandra Bowling, B.A., Allison L. Baier, M.A., Norah C. Feeny, Ph.D., Case Western Reserve University

(PS5-B29) A Needs Assessment of Community Health Workers Who Work with Underserved Children and Families in the United States
Dina Bashoura, B.A., Diane G. Marin, B.A., Maya M. Boustan, Ph.D., Loma Linda University

(PS5-B30) Addressing Emergent Life Events with CBT: Does Treatment Focus Matter?
Vanessa Perez, Karen Guan, Ph.D., Bruce F. Chorpita, Ph.D., University of California, Los Angeles

(PS5-B31) The Factor Structure of the Mood and Anxiety Symptom Questionnaire (MASQ): Associations with Symptoms of Depression, Pessimism, and Response to a Negative Mood Induction
Fernando Krause, M.A., Michael Moore, Ph.D., Adelphi University

(PS5-B32) Relationship and Demographic Predictors of Dropout from Partner-assisted versus Individual Smoking Cessation Treatment Programs
Zane M. Fechter, Lisa M. Godfrey, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati

(PS5-B33) Pilot Data on the Habit-based Sleep Health Intervention (‘HABITs’) via Low-cost, Efficient Health Promotion Intervention
Vera Portnova, B.A., University of California at Berkeley

(PS5-B34) Gender as a Moderator on the Relationship Between Alcohol Use and Protective Behavioral Strategies
Hannah B. Sawyer ¹, Maria Folkerth ¹, Isabel Augur, B.S.¹, Kayla M. Ford, B.S.¹, Lindsay S. Ham, Ph.D.¹, Byron L. Zamboanga, Ph.D.², 1. University of Arkansas, 2. Smith College

(PS5-B35) Personalized Feedback for Smoking and Anxiety Sensitivity: A Randomized Controlled Trial
Tanya Smit, B.S., Clayton Neighbors, Ph.D., Matthew W. Gallagher, Ph.D., Michael J. Zvolensky, Ph.D., Lorra Garey, Ph.D., University of Houston
(PS5-B36) Addressing Parent-adolescent Relationship Quality in the Treatment of Adolescent Depression: Development and Piloting of a Novel Intervention
Madison Aitken, Ph.D., 1, Brendan F. Andrade, Ph.D., 1, Wei Wang, Ph.D., 1, Darren Courtney, M.D., 1, Daphne Korczak, M.D., M.S., 1, Ameeta Sagar, MSW, 1, Peter Szatmari, M.D., 1, 1. Centre for Addiction and Mental Health, 2. Hospital for Sick Children

(PS5-B37) DBT in a Partial Hospital Program Shows Promising Outcomes for Reducing Depression, Anxiety, Hopelessness, and Suffering

(PS5-B38) Confirmatory Factor Analysis and Estimator Comparison of Two Short Forms of and Irrational and Rational Beliefs Scale
Joanne Raptis, M.A., 1, Ray DiGuiseppe, ABPP, Ph.D., 2, Bernard Gorman, Ph.D., 3, William F. Chaplin, Ph.D., 1, 1. St. John’s University, 2. St. John’s University – Psychology Department, 3. Adelphi University

(PS5-B39) Factor Structure and Measurement Invariance of the CCAPS-34 and CCAPS-62
Meredith S. Pescatello, M.S., 1, Scott Baldwin, Ph.D., 1, Brigham Young University

(PS5-B40) The Breath-counting Task and Interoceptive Sensibility
Justin R. Leiter-McBeth, B.S., Madiana Rangel, Jason Liou, B.S., Hannah C. Herc, M.A., Peter G. Mezo, Ph.D., University of Toledo

(PS5-B41) Examining the Psychometric Properties of the Children’s Emotion Management Scales Within a Psychiatric Sample
Feven A. Ogbaselase, M.A., 1, Valerie Scelsa, M.S., 1, Laura Stoppelbeen, Ph.D., 2, Leilani Greening, Ph.D., 3, Paula J. Fite, Ph.D., 4, Stephen P. Becker, Ph.D., 5, Aaron Luebbe, Ph.D., 1. 1. Miami University, 2. The University of Alabama, 3. Glenwood, Autism & Behavioral Health Center, 4. University of Kansas, 5. Cincinnati Children’s Hospital Medical Center

(PS5-B42) Feasibility and Acceptability of a One-session Behavioral Activation Intervention for Medical Hospital Patients
Courtney Forbes, M.A., 1, Cheryl Mccullumsmith, M.D., Ph.D., 1. University of Toledo, 2. University of Toledo Medical Center

(PS5-B44) Feasibility of Idiographic Network Models for Personalised Clinical Practice
Alessandra C. Mansueto, M.S., Reinout W. Wiers, Ph.D., Julia C.M. van Weert, Ph.D., Barbara C. Schouten, Ph.D., Sacha Epskamp, Ph.D., University of Amsterdam

(PS5-B45) Nontraditional Mental Healthcare Service Preferences Among Generation Zs and Millennials
Katherine A. Cohen, M.A., 1, Emily G. Lattie, Ph.D., 1. Northwestern University Feinberg School of Medicine, 2. Northwestern University

(PS5-B46) Integrating Evidence Based Practice with Co-designed Mental Health Services for Young People
Jessica Stubbing, B.A., Auckland University
(PS5-B47) Specific Mindfulness Factors Predict Expressive Suppression and Cognitive Reappraisal
Allison M. Sylvia, B.S., Lynley Turkelson, M.A., Natalie Madl, Caleb Hendrix, Quintino Mano, Ph.D., University of Cincinnati

(PS5-B48) The Effects of Social Support on Treatment Outcomes in a Cbt/dbt-based Intensive Outpatient Program
Hillary Cohen, B.A., David H. Rosmarin, ABPP, Ph.D., Jacob Arett, B.S., 1. Center for Anxiety, 2. McLean Hospital/Harvard Medical School

(PS5-B49) Using Reliable Change Index at a Community-based Clinic for Meaningful Evaluation of Treatment Outcomes
Phuc T. Nguyen, B.A., Nancy H. Liu, Ph.D., University of California, Berkeley

Poster Session 5C

Key Words: Perinatal, Mindfulness, Depression

(PS5-C51) Take a Step Back: Examining Regulatory Strategies in the Face of Future Threats
Lena Etzel, B.A., Sara Levens, Ph.D., Jennifer B. Webb, Ph.D., Jaime Bochantin, Ph.D., University of North Carolina at Charlotte

(PS5-C52) Flourishing Mindfully: Mindfulness Moderates the Associations of Stress, Psychopathology, and Grit with Flourishing
Lucas S. LaFreniere, Ph.D., Sarah E. Lord, Ph.D., 1. Skidmore College, 2. Center for Technology and Behavioral Health, Dartmouth College

(PS5-C53) Mindful Men May Suffer More: Gender Differences in Mindfulness Moderate the Impact of Anxiety and Depression on Functioning
Lucas S. LaFreniere, Ph.D., Sarah E. Lord, Ph.D., 1. Skidmore College, 2. Center for Technology and Behavioral Health, Dartmouth College

(PS5-C54) Preliminary Evaluation of a Mindfulness Training Course for Medical Students

(PS5-C55) The Impact of Comorbid Depression on Emotion Regulation Therapy for Generalized Anxiety
Michal E. Clayton, B.A., Megan E. Renna, Ph.D., Richard G. Heimberg, Ph.D., David Fresco, Ph.D., Douglas Mennin, Ph.D., 1. Teachers College, Columbia University, 2. The Ohio State University College of Medicine, 3. Temple University, 4. University of Michigan

(PS5-C56) Reduction in Avoidance Mediates the Impact of Transdiagnostic Brief Behavioral Therapy for Youth Anxiety and Depression
Selena A. Baca, B.S., Pauline Goger, M.S., Merissa Kado, M.A., V. Robin Weersing, Ph.D., 1. San Diego State University, 2. SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology, 3. SDSU-UCSD JDP in Clinical Psychology
(PS5-C57) Treatment of Misophonia Using an Acceptance- and Mindfulness-based Approach: A Case Study
Lindsay Fruehauf, M.S., Kat Green, Ph.D., Brigham Young University

(PS5-C58) Loving-kindness Meditation Promotes Mental Health in University Students
Christina Totzeck, Ph.D.,1 Stefan G. Hofmann, Ph.D.,2 Jürgen Margraf, Ph.D.,1 1. Ruhr University Bochum, 2. Boston University

(PS5-C59) Pathways to Enhancing Outcomes of School-based Mindfulness Intervention Programming: Parental Mindfulness and Experiential Avoidance
Emily A. Meadows, M.A., Sarah E. Francis, Ph.D., The University of Toledo

(PS5-C60) Cognitive Fusion Mediates the Relationship Between Mindfulness and Anxiety
Christian A. Hall, B.S., Kimberly Holt, Esther C. Killius, B.A., Joshua J. Broman-Fulks, Ph.D., Appalachian State University

(PS5-C61) Cognitive Fusion and Stigma: Exploring Perceived Stigma and Attitudes Toward Mental Illness
Grace A. Lyons, B.A., Amanda B. Chamberlain, B.A., Chad E. Drake, Ph.D., Southern Illinois University

(PS5-C62) A Mixed-methods Analysis of Mobile ACT Microintervention Responses from Two Cohorts
Sydney Hoel, B.S.,1 Amanda Victory, B.A.,2 Zachary Stowe, M.D.,1 Melvin McInnis, M.D.,2 Amy Cochran, Ph.D.,1 Emily Kroska, Ph.D.,3 1. University of Wisconsin - Madison, 2. University of Michigan, 3. University of Iowa

(PS5-C63) Evaluating the Relationship Between Mindfulness and Response to a Single-session Repetitive Negative Thinking Intervention
Molly E. St. Denis, Christopher D. Hughes, Maria C. Alba, Psy.M., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS5-C64) Predictors of Skills Use in Dialectical Behavior Therapy Clients
Alexandra M. King, M.S., Rutgers University

(PS5-C65) Single Session Mindfulness, Emotion Education, and Distress Tolerance in an Emerging Adult Sample: Preliminary Findings
Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami

(PS5-C66) Improving Self-compassion Among People with Social Anxiety Disorder: Direct vs. Indirect Compassion Exercises
Nancy Kocovski, Ph.D.,1 Jan Fleming, M.D.,2 1. Wilfrid Laurier University, 2. The Mindfulness Clinic

(PS5-C67) Self-compassion, Valued Action, and Quality of Life: Identifying Reciprocal Mediation Paths
Emily A. Kalantar, B.A., Jennifer Kuo, M.A., Rachel C. Bock, B.S., Ashmirta Ghosh, Joel C. Stroman, Christopher R. Berghoff, Ph.D., University of South Dakota
(PS5-C68) Mindfulness-based Intervention for Students with ASD and Challenging Behavior
Monica Shah, Psy.D.,1 Lauren Moskowitz, Ph.D.,2 Joshua C. Felver, ABPP, Ph.D.,3 1. St. John’s University, Center for Anxiety, 2. St. John’s University, 3. Syracuse University, College of Arts and Sciences, Department of Psychology, School Psychology Program

(PS5-C69) The Effect of Mindfulness on Depression and Cortisol Responses in Youth Exposed to Childhood Maltreatment: Findings from a Pilot Randomized Clinical Trial
Zsofia P. Cohen, B.S.,1 Elisabeth Akeman, M.S.,1 Robin L. Aupperle, Ph.D.,1 Kent Teague, Ph.D.,2 Jennifer Hays-Grudo, Ph.D.,3 Martin Paulus, M.D.,3 Namik Kirlic, Ph.D.,1 1. Laureate Institute for Brain Research, 2. University of Oklahoma, 3. OSU Center for Health Sciences

(PS5-C70) Factors of Mindfulness and Adherence to Meditation: Deficits in Non-reactivity May Influence Decision to Quit the Practice
Brooke A. Duarte, M.S., Gina Falcone, M.S., Ph.D., Matthew Jerram, Ph.D., Suffolk University

(PS5-C71) A New Brief Mindfulness Training Program for Teachers: Examining Self-reported Correlates and Observed Group Differences Among Elementary Teachers Who Did and Did Not Participate
Emily Hershorn, B.A.1, Emily Marks1, Stevie N. Grasseti, Ph.D.2, 1. West Chester University, 2. West Chester University of Pennsylvania

(PS5-C72) The Effects of Mindfulness and Modification Therapy on General Psychopathology
John E. Engle, B.S., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York

(PS5-C73) ACT for actors: testing the Feasibility and Acceptability of a Group Protocol Intended to Treat Audition Anxiety in Musical Theater Performers
Michael Jacobs, M.A.,1 Sarah A. Novak, Ph.D.,1 Shaynna N. Herrera, Ph.D.,2 Anne R. Limowski, M.A.,1 1. Hofstra University, 2. Icahn School of Medicine at Mount Sinai

(PS5-C74) Stress, Mindfulness, Self-compassion, and Alcohol Use in College Students: A Meditational Model
John Buell, B.A., Jennifer E. Phillips, Ph.D., Nicholas L. Salsman, ABPP, Ph.D., Xavier University

Poster Session 5D

Key Words: Group Therapy, Psychoeducation, Culture

(PS5-D75) The Role of Group Cohesion in Psychoeducational Groups with Latino College Students
(PS5-D76) Therapist Perceptions of Modular Treatment Fit for White Youth vs. Youth of Color
Alexis N. Jankowski, B.A. 1, Katherine Corteselli, M.A. 2, John Weisz, Ph.D. 2, 1. Boston College, 2. Harvard University

(PS5-D77) Differential Associations Between Change in Functioning and Symptoms
Simone I. Boyd, M.A. 1, Mark Zimmerman, M.D. 2, 1. Rhode Island Hospital Department of Psychiatry, 2. Rhode Island Hospital/Alpert Medical School of Brown University

(PS5-D78) Older and More Impaired Youth Have Less Focused Treatment Than Others in Children’s Public Mental Health
Rachelle L. Podhorzer, Kalyn L. Holmes, M.A., Charles W. Mueller, Ph.D., University of Hawai’i at Manoa

(PS5-D79) Asking for Help: Predictors and Barriers to Psychological Help-seeking in a Diverse College Sample
Laura J. Austin, M.S., Sarah Schwartz, Ph.D., Suffolk University

(PS5-D80) Split Alliance in Family Therapy: Differences Across Treatment Model and Phase
Nicole P. Porter, M.A. 1, Aaron Hogue, Ph.D. 1, Alice Pope, Ph.D. 2, Sarah Dauber, Ph.D. 1, Molly Bobek, LCSW 1, 1. Center on Addiction, 2. St. John’s University

(PS5-D81) A Review of Parent Child Interaction Therapy (PCIT): Applications for Youth Anxiety
Sharon T. Phillips, B.S. 1, Matthew Mychailyszyn, Ph.D. 2, 1. Kennedy Krieger Institute, 2. Towson University

(PS5-D82) Pre- vs. Post-treatment Outcomes for Adolescents Participating in Dialectical Behavior Therapy
Lena L. DeYoung, B.S. 1, Anna C. Gilbert, B.S. 1, Christine M. Barthelemy, B.S. 1, Gracie A. Jenkins, B.S. 1, Jennifer A. Poon, Ph.D. 2, Kerri L. Kim, Ph.D. 1, 1. Bradley Hospital and Brown University, 2. Alpert Medical School of Brown University

(PS5-D83) Effects of Self-stigma on Help-seeking Intent in a University Population
Allison B. Duncan, B.A., Elizabeth A. Garcia, M.A., Madison Crowder, B.S., Susan L. Kenford, Ph.D., Xavier University

(PS5-D84) Common Clinical Challenges in Learning and Implementing Structured Evidence-based Psychotherapies: A Mixed Methods Investigation

(PS5-D85) Training Psychiatry Residents in Evidence-based Psychotherapy: Relationships Between Theoretical Orientations, Attitudes Towards CBT, and Knowledge of CBT Principles
Sonia Matwin, Ph.D., Jolene Jacquart, M.A., Vanderbilt University Medical Center
(PS5-D86) Do Treatment Dropouts Benefit from Prematurely-terminated Courses of Dialectical Behavior Therapy (DBT)?

(PS5-D87) Effectiveness of DBT Skills Group for Emotion Regulation and Coping Skills Acquisition in Patients with Psychosis
Alix Simonson, M.S.1, Alexis Moore, M.S.1, Sanno Zack, Ph.D.2, 1. PGSP-Stanford PSY. D. Consortium, 2. Stanford University

(PS5-D88) Extending Project ECHO to Schizophrenia Spectrum Disorders: Assessing Consultation Needs of Multi-disciplinary Teams
Chris McCain, B.S.1, Cameron Michels, M.A.2, Jennifer Blank, B.A.1, 1. University of Washington School of Medicine, 2. University of Washington, Seattle

(PS5-D89) Training Pediatric Care Coordinators in Motivational Interviewing

(PS5-D90) Dialectical Behavior Therapy Adapted for a Partial Hospital and Intensive Outpatient Program

(PS5-D91) Therapist and Patient Attitudes Toward Client Independent Review of Psychotherapy Sessions

(PS5-D92) Working with High-risk Families: Preliminary Outcomes from a Pilot Domestic Violence Intervention for Court Referred Mothers
Sarah Danzo, M.A., Hope Vaccaro, B.A., Samuel B. Seidman, B.A., Arin Connell, Ph.D., Case Western Reserve University

(PS5-D93) Practice and Dissemination of Screening Brief Intervention and Referral to Treatment: Integrating Psychology Interns into Medical Student Education
Julie A. Schumacher, Ph.D.1, Daniel C. Williams, Ph.D.1, Nicholas McAfee, Ph.D.1, Michael B. Madson, Ph.D.2, Crystal S. Lim, Ph.D.1, 1. University of Mississippi Medical Center, 2. University of Southern Mississippi

(PS5-D94) Improving Evidence-based Psychotherapy Training Using Patient Reported Outcome Measures
Jolene Jacquart, M.A., Sonia Matwin, Ph.D., Vanderbilt University Medical Center
PS5-D95 A Qualitative Analysis of Patient Attitudes Regarding the Use of Provider Track Records for Patient-therapist Matching
Carly M. Schwartzman, M.A.¹, Adela Scharff, B.A.¹, Averi N. Gaines, B.A.², Heather J. Muir, M.A.², Brittany R. King, M.A.¹, James F. Boswell, Ph.D.¹, Michael Constantino, Ph.D.², 1. University at Albany, State University of New York, 2. University of Massachusetts Amherst

PS5-D96 Effect of Self-reported Symptom Severity and Perceived Need for Treatment on Session Attendance at University Psychology Clinic
Elizabeth A. Garcia, M.A., Allison B. Duncan, B.A., Madison Crowder, B.S., Susan L. Kenford, Ph.D., Xavier University

PS5-D97 Motivational Interviewing Training Alters Caregiver Attitudes Towards Substance Abuse
Karl W. Vosatka, B.S., Mark Lukowitsky, Ph.D., Victoria Balkoski, M.D., Patricia Gallagher, B.S., Nicole Bromley, Psy.D., Albany Medical Center

PS5-D98 Does Self-kindness Moderate the Relationship Between Borderline Symptoms and Feelings of Shame and Disgust?
Jyotsna Panthee, M.A, Taylor Pitcher, B.A., Nicholas L. Salsman, ABPP, Ph.D., Xavier University

PS5-D99 Rehabilitative and Augmentative Benefits of Heated Yoga for Electroconvulsive Therapy-resistant Major Depressive Disorder: A Case Report
Ashley K. Meyer, B.A.¹, Richard Norton, B.S.¹, Hitoshi Sakurai, M.D., Ph.D.¹, Chris C. Streeter, M.D.², David Mischoulon, M.D., Ph.D.¹, Maren Nyer, Ph.D.¹, 1. Massachusetts General Hospital, 2. Boston University School of Medicine & National Center for PTSD

PS5-D100 Green Mental Health: Promoting Social-emotional Skills via Outdoor Physical Activities in Park-based After-school Programs
Enid A. Moreira, B.A., Allison C. Goodman, B.A., Stacy Frazier, Ph.D., Florida International University
PS6: COGNITIVE SCIENCE/COGNITIVE PRACTICES; TRAUMA AND STRESSOR-RELATED DISORDERS AND DISASTERS

Poster Session 6A

Key Words: PTSD (Posttraumatic Stress Disorder), Suicide, Prolonged Exposure

(PS6-A1) Changes in Suicidal Ideation in Prolonged Exposure for PTSD versus Prolonged Exposure Plus Sertraline
Kathy Benhamou, B.A.¹, Alexandra B. Klein, M.A.¹, Allison L. Baier, M.A.¹, Peter L. Rosencrans, M.S.², Rosemary S. Walker, M.S.², Lori A. Zoellner, Ph.D.², Norah C. Feeny, Ph.D.¹, 1. Case Western Reserve University, 2. University of Washington

(PS6-A2) Trauma Center-based Early Risk-reduction Intervention for Patients with Violent and Non-violent Injuries in the Context of a Stepped-care Clinical Service
Yulia Gavrilova, Ph.D., Naomi Ennis, M.A., Meagan Mack, M.A., Margaret T. Anton, Ph.D., Leigh E. Ridings, Ph.D., Kenneth Ruggiero, Ph.D., Tatiana Davidson, Ph.D., Medical University of South Carolina

(PS6-A3) Evaluating Algorithms for Case Identification of Posttraumatic Stress Disorder Within Veterans Affairs Medical Records
Samantha Moshier, Ph.D.¹, Brian Marx, Ph.D.², Terence Keane, Ph.D.³, 1. Emmanuel College, 2. Behavioral Science Division, NCPTSD, 3. Boston University School of Medicine & National Center for PTSD

(PS6-A4) Investigating the Interactions Between State and Trait Anxiety on Task Switching: Effects of Anxiety Irrespective of Worry and Depression
Abigail L. Barthel, M.A.¹, Idan M. Aderka, Ph.D.², Tory Drescher, B.S.³, Andrew Byrne, B.A.³, Stefan G. Hofmann, Ph.D.³, 1. Center for Anxiety and Related Disorders, Boston University, 2. University of Haifa/Boston University, 3. Boston University

(PS6-A5) “I've Had to Bury a Lot of Kids over the Years...”: Violence Prevention Streetworkers’ Exposure to Trauma
Helen Z. MacDonald, Ph.D., Janese Free, Ph.D., Emmanuel College

(PS6-A6) Trait Mindfulness and Attention to Emotional Information: An Eye Tracking Study
Morganne A. Kraines, Ph.D.¹, Lucas Kelberer, Ph.D.², Cassandra P. Krug Marks, M.S.³, Tony T. Wells, Ph.D.³, 1. Alpert Medical School of Brown University/Butler Hospital, 2. Kansas City VA Medical Center, 3. Oklahoma State University

(PS6-A7) Posttraumatic Stress Disorder Symptom Severity and Eating Pathology: The Role of Emotion Regulation Difficulties
Ariana G. Vidaña, B.S., Tara L. Spitzen, M.A., Kylee A. Spencer, Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo
(PS6-A8) The Role of Drinking to Cope as a Mechanism Between Sleep Problems and Heavy Episodic Drinking Among Trauma Survivors: A Longitudinal Test
Alexandra N. Brockdorf, B.S.¹, James Kyle Haus, M.A.¹, Kim L. Gratz, Ph.D.², Terri L. Messman-Moore, Ph.D.³, David DiLillo, Ph.D.¹, 1. University of Nebraska-Lincoln, 2. University of Toledo, 3. Miami University

(PS6-A9) Remembering the Neutral: How Depression and Anhedonia Impact Source Memory
Nathan M. Hager, M.A., Matthew R. Judah, Ph.D., Old Dominion University

(PS6-A10) Worry and Mindfulness’ Effect on Working Memory
Robinson De Jesus Romero, M.S.¹, Giovannì Tirado-Santiago, Ph.D.², Lydia Rodríguez Corcelles ², 1. Indiana University, 2. University of Puerto Rico-Rio Piedras

(PS6-A11) Distress Intolerance and Executive Function in a Youth Clinical Sample
Hillary L. Ditmars, M.A.¹, Alex E. Keller, M.A.², Jonathan Comer, Ph.D.³, Donna B. Pincus, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. Florida International University

(PS6-A12) Self-report Measures of Our Stream of Consciousness: Does the Method of Assessment Matter?
Tina Chou, Ph.D.¹, Anish Kanabar, B.A.¹, Marta Migó, B.A.¹, Darin D. Dougherty, M.D.¹, Jill Hooley, Ph.D.², 1. Massachusetts General Hospital/Harvard Medical School, 2. Harvard University

(PS6-A13) An Examination of the Structure of Cognitive Control Using Six Abbreviated Task Paradigms
Emily M. Bartholomay, M.A.¹, Sarah J. Kertz, Ph.D.², 1. Southern Illinois University Carbondale, 2. Southern Illinois University

(PS6-A14) “We Can Make It a Happier day:” What Predicts Trauma Anniversary Reactions Marked by Growth?
Madeline J. Bruce, M.S., Terri L. Weaver, Ph.D., Saint Louis University

(PS6-A15) Mnemonic Discrimination and Social Anxiety: The Role of State Anxiety
Gabriella T. Ponzini, M.S., Sarah Segear, Julean Bender, Shari Steinman, Ph.D., West Virginia University

Madeleine Miller, B.S., Carmen P. Mclean, Ph.D., Adrian Davis, M.A., National Center for PTSD

(PS6-A17) A Person-centered Exploration of Dissociative Experiences and Facets of Mindfulness
Annie-Lori C. Joseph, B.A., Brooke A. Duarte, M.S., Gina Falcone, M.S., Ph.D., Matthew Jerram, Ph.D., Suffolk University

(PS6-A18) Can We See It to Believe It? Comparing Observational and Direct Fear Extinction Learning Among Adults
Yael Skversky-Blocq, M.A., Shahar Shmuel, B.A., Tomer Shechner, Ph.D., University of Haifa
(PS6-A19) Sex Differences in Stress, Trauma, and Relationship to Alcohol Use Severity in a Community Sample of Non-disordered Individuals
Katie N. Kim, MSW, Rajita Sinha, Ph.D., Dongju Soo, Ph.D., Department of Psychiatry, Yale School of Medicine

(PS6-A20) Evaluating the Impact of a Pilot Empowerment Self-defense Program Integrated in a University Counseling Center
Maiya Hotchkiss, B.A.¹, Jessica B. Palatnik ¹, Lisa Weinberg, Ph.D.², Danielle S. Berke, Ph.D.³, ¹. Hunter College, City University of New York, 2. Montclair State University, 3. Hunter College of The City University of New York, CUNY Graduate Center

(PS6-A21) Concurrent Validity of the Peritraumatic Distress Inventory (PDI) in Relation to Physiological Indicators of Peritraumatic Distress in Trauma Center Patients
Aizara Ermekbaeva ¹, Kenneth Ruggiero, Ph.D.², Tatiana Davidson, Ph.D.², Margaret T. Anton, Ph.D.², Janelle F. Barrera, M.P.H.¹, Brian E. Bunnell, Ph.D.¹, ¹. University of South Florida, 2. Medical University of South Carolina

(PS6-A22) Military Sexual Trauma: Treatment Outcomes of Veterans and Service Members with Military Sexual Trauma in a Two-week Intensive Program for PTSD
Lauren Gibson, B.A., Ph.D.¹, Elyse Lynch, B.A.², Cory Stasko, M.S.², Elizabeth Goetter, Ph.D.², Yijie Han, M.S.², Kalo Tanev, M.D.¹, Thomas Spencer, M.D.², Edward C. Wright, ABPP, Ph.D.², ¹. Harvard Medical School, 2. Massachusetts General Hospital

(PS6-A23) Examining the Relationship Between Childhood Trauma and Complicated Grief After Loss: The Mediating Role of Difficulties in Emotion Regulation
Stephanie X. Wu, B.A.¹, Matteo Malgaroli, Ph.D.¹, Samrachana Adhikari, Ph.D.¹, Bryana Schantz, B.A.², Carly Miron, B.A.², Madeleine Rassaby, B.A.², Alan Chen, M.S.³, Rebecca R. Suzuki, B.A.¹, Emma Toner, B.A.⁴, Donald J. Robinaugh, Ph.D.⁴, Naomi M. Simon, M.D., M.S.³, ¹. New York University School of Medicine, 2. NYU Langone Medical Center, 3. NYU Langone, Dept. of Population Health, 4. Massachusetts General Hospital

(PS6-A24) Predictors of Community Helping Behavior After Hurricane Harvey
Bailey R. Pascuzzi, B.S, Behnaz Darban, M.A., Megan Millmann, M.S., Ellie Ramón, Hollie Box, M.A., Malena Gimenez-Zapiola, B.A., Mary Short, Ph.D., Steven L. Bistricky, Ph.D., University of Houston- Clear Lake

(PS6-A25) Advancing Our Understanding of Complicated Grief Treatment by Examining Change in Intra-individual Symptom Dynamics
Daniella Levine, B.A.¹, Eric Bui, M.D., Ph.D.², Donald J. Robinaugh, Ph.D.¹, ¹. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School
Poster Session 6B

Key Words: PTSD (Posttraumatic Stress Disorder), Emotion Regulation, Cognitive Therapy

(PS6-B26) Improvements in Emotion Regulation as a Predictor of Change in PTSD Symptoms Following Cognitive Processing Therapy
Gillian M. Alcolado, Ph.D., Natalie Wright, B.S., Ronak Patel, Ph.D., Sarah J. Chaulk, Psy.D., Natalie P. Mota, Ph.D., David J. Podnar, Ph.D., Ji Hyun Ko, Ph.D., University of Manitoba

(PS6-B27) Trauma Timing Moderates the Link Between Social Support and PTSD Symptoms in Survivors of Interpersonal Violence
Kelci Straka, B.A.¹, Alyson Zalta, Ph.D.¹, Vanessa Tirone, Ph.D.², Daria Orlowska³, Rebecca Blais, Ph.D.⁴, Ashton Lofgreen, Ph.D.², Brian Klassen, Ph.D.², Philip Held, Ph.D.², Natalie Stevens, Ph.D.², Elizabeth Adkins, Ph.D.⁵, Amy Dent, Ph.D.¹, 1. University of California Irvine, 2. Rush University Medical Center, 3. Western Michigan University, 4. Utah State University, 5. Northwestern University Feinberg School of Medicine

(PS6-B28) Using Network Analysis to Deepen Understanding of Posttraumatic Stress After Intimate Partner Abuse
Zoe Bridges-Curry, M.A., Tamara Newton, Ph.D., The University of Louisville

(PS6-B29) Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD
Naju J. Madra, M.A.¹, Kristen H. Walter, Ph.D.¹, Casey B. Kohen, M.A.¹, Cameron McCabe, Ph.D.¹, Jessica Watrous, Ph.D.¹, Justin Campbell, Ph.D.², Cynthia Thomsen, Ph.D.¹, 1. Naval Health Research Center, 2. Naval Medical Center San Diego

(PS6-B30) Computer Gameplay Is Associated with Increased Intrusion Distress Following an Analogue Trauma
Christopher R. DeJesus, M.A., Brittany Bonasera, M.A., Mitchell L. Schare, ABPP, Ph.D., Hofstra University

(PS6-B31) Giving Thanks Is Associated with Lower PTSD Severity: A Meta-analytic Review of Gratitude and PTSD
Angela L. Richardson, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS6-B32) Do Certain Characteristics of Intimate Partner Violence Differentially Predict Post Traumatic Stress Symptoms?
Rimsha Majeed, M.S.¹, Bre’Anna L. Free, B.A.¹, Alexandra J. Lipinski, M.S.², Rivian K. Lewin, M.S.², J. Gayle Beck, Ph.D.¹, 1. University of Memphis, 2. The University of Memphis

(PS6-B33) The Effects of Racial Diversity on PTSD Treatment Outcomes in Group Cognitive Processing Therapy
(PS6-B34) Increasing Cognitive Load Attenuates the Moderating Effect of Attentional Inhibition on the Relationship Between Posttraumatic Stress Symptoms and Threat-related Attention Bias Variability
Kate Clauss, M.A.1, Thomas A. Daniel, Ph.D.2, Robert Gordon, Ph.D.1, Kelsey Thomas, M.A.1, Joseph R. Bardeen, Ph.D.1, 1. Auburn University, 2. Westfield State University

(PS6-B35) The Bidirectional Relationship Between Parent and Child Psychological Functioning Following a Natural Disaster
Jennifer Piscitello, M.A., Emily L. Robertson, M.A., Mary Lou Kelley, Ph.D., Louisiana State University

(PS6-B36) Not All Traumas Are Created Equal: differential Risk and Phenotypic Expression of PTSD in Relation to Index Traumatic Life Events in U.S. Military Veterans
Lorig Kachadorian, Ph.D.1, Ilan Harpaz-Rotem, Ph.D.2, Steven M. Southwick, M.D.2, Robert Pietrzak, Ph.D.2, 1. VA Connecticut Healthcare System, 2. Yale University School of Medicine

(PS6-B37) Double Dipping: Depression Symptoms Among Incarcerated Women Who Completed Two Rounds of Exposure-based Trauma Focused Group Therapy
Roselee J. Ledesma, M.A., Ana J. Bridges, Ph.D., University of Arkansas

(PS6-B38) Associations Between Rape Myths, Post-trauma Cognitions, and Growth in Sexual Assault Survivors
Nicole J. Barlé, M.A., Sin-Ying Lin, M.A., K. Daniel O’Leary, Ph.D., Stony Brook University

(PS6-B39) Examining Associations Between Posttraumatic Stress Disorder Symptoms and Deliberate Self-harm Through Emotion Dysregulation
Alexa M. Raudales, B.A.1, Svetlana Goncharenko, M.A.1, Shannon R. Forkus, M.A.1, Ateka Contractor, Ph.D.2, Nicole H. Weiss, Ph.D.1, 1. University of Rhode Island, 2. University of North Texas

(PS6-B40) Sleep-related Anxiety and Sleep State Misperception in Women with Posttraumatic Stress Disorder
Kimberly A. Arditte Hall, Ph.D.1, Kimberly B. Werner, Ph.D.2, Michael G. Griffin, Ph.D.2, Tara E. Galowski, Ph.D.2, 1. Framingham State University, 2. University of Missouri St. Louis, 3. Women’s Health Sciences Division, VA National Center for PTSD

(PS6-B41) An Interaction Model of Hurricane Michael Experience, Posttraumatic Stress Symptoms, Experiential Avoidance, and Trauma-related Sleep Disturbance
Samantha M. Nagy, M.S., Daniel J. Gildner, M.S., Scott M. Pickett, Ph.D., Florida State University

(PS6-B42) Maternal Trauma: Proximal and Distal Outcomes in the Perinatal Period
Laura C. Curren, M.A.1, Shea E. Gold, B.A.1, Tithi D. Baul, M.P.H.2, Martha C. Tompson, Ph.D.1, 1. Boston University, 2. Boston Medical Center

(PS6-B43) Reductions in Shame as a Potential Mediator Between Increased Access to Emotion Regulation Strategies and Reductions in PTSD Severity
Aidan J. Flynn, M.S., Alexander A. Puhalla, M.A., Amanda S. Vaught, Psy.D., Coatesville VAMC
(PS6-B44) Components of Shame as Moderators Between Emotion Dysregulation and PTSD Severity in a Combat Veteran Population
Aidan J. Flynn, M.S., Alexander A. Puhalla, M.A., Amanda S. Vaught, Psy.D., Coatesville VAMC

(PS6-B45) There Once Was a Road Through the Woods: An Examination of Trauma Disclosure Beliefs and Attitudes Towards Support Utilization Using Random Forests
Kenneth McClure, B.S.¹, Ryan Mathew. Kozina, M.S.², Layla M. Elmi, B.S.², Alicia Bachtel, M.A.², Joshua D. Clapp, Ph.D.². 1. University of Notre Dame, 2. University of Wyoming

(PS6-B47) Discrepancies Between Veteran-self-report and Partner-report of PTSD Symptoms: Association with Relationship Satisfaction
Bingyu Xu, B.A., Elyse Lynch, B.A., Edward C. Wright, ABPP, Ph.D., Thomas Spencer, M.D., Bonnie Ohye, Ph.D., Massachusetts General Hospital

(PS6-B48) Social Behavior and Emotional Experiences Among Bereaved Adults with and Without Complicated Grief: An Ecological Momentary Assessment Study
Ilana Ander, B.A.¹, Emma Toner, B.A.¹, Nicole J. Leblanc, Ph.D.¹, Eric Bui, M.D., Ph.D.², Donald J. Robinaugh, Ph.D.¹. 1. Massachusetts General Hospital, 2. Massachusetts General Hospital, Harvard Medical School

(PS6-B49) Revisiting the Predictive Value of Heart Rate Relative to PTSD and Depression in Trauma Center Patients: Does It Matter When It’s Measured?
Aizara Ermekbaeva ¹, Kenneth Ruggiero, Ph.D.², Tatiana Davidson, Ph.D.², Margaret T. Anton, Ph.D.², Janelle F. Barrera, M.P.H.¹, Brian E. Bunnell, Ph.D.¹. 1. University of South Florida, 2. Medical University of South Carolina

(PS6-B50) The Bidirectional Relationship Between Health-promoting Behaviors and Post-traumatic Stress Disorder
Xiaochen Luo, Ph.D., Genna Hymowitz, Ph.D., Brittain Mahaffey, Ph.D., Lucero Molina, B.A., Adam Gonzalez, Ph.D., Stony Brook University

Poster Session 6C

Key Words: Trauma, PTSD (Posttraumatic Stress Disorder), Experiential Avoidance

(PS6-C51) Extending the Relationship Between the Behavioral Inhibition System and Posttraumatic Stress Symptoms in a Sample of Trauma-exposed, U.S. Mturk Workers
Daniel J. Gildner, M.S.¹, Scott M. Pickett, Ph.D.², 1. Oakland university, 2. Florida State University

(PS6-C52) Evaluation of PTSD Symptoms and Subjective Distress Tolerance: Impact on Quality of Life
Emily Ahles, B.A., Lisa S. Elwood, Ph.D., University of Indianapolis

(PS6-C53) Predictors of Complicated Grief and Posttraumatic Growth in Young Adults with Parental Bereavement During Adolescence
Jieun Kwon, M.A., Sungeun You, Ph.D., Chungbuk National University
(PS6-C54) Hope in the Acute Aftermath of Trauma in the Emergency Department
Kathy Benhamou, B.A.¹, Alex O. Rothbaum, M.A.¹, Alexandra B. Klein, M.A.¹, Allison L. Baier, M.A.¹, Alexander Vu, M.A.¹, Andrew A. Cooper, Ph.D.², John J. Como, M.P.H., M.D.³, Norah C. Feeny, Ph.D.¹, 1. Case Western Reserve University, 2. University of Toronto, 3. Case Western Reserve University School of Medicine

(PS6-C55) Protective Factor of Resilience Between Adverse Childhood Experiences and Anxiety and Dissociative Symptoms in Emerging Adulthood
Taylyn J. Jameson, B.A., Ellen Jopling, M.A., Joelle LeMoult, Ph.D., University of British Columbia

(PS6-C56) Does Social Support Moderate the Association Between Elapsed Time Since Leaving an Abusive Romantic Partner and Mental Health Symptoms: An Investigation of Women Exposed to Intimate Partner Violence
Bre’Anna L. Free, B.A., Rimsha Majeeed, M.S., Alexandra J. Lipinski, M.S., Rivian K. Lewin, M.S., J. Gayle Beck, Ph.D., University of Memphis

(PS6-C57) Posttraumatic Stress Symptoms and Processing of Emotional Stimuli
Hannah C. Espeleta, Ph.D., Danielle Taylor, Ph.D., Jacob D. Kraft, M.S., DeMond Grant, Ph.D., Oklahoma State University

(PS6-C58) Self- and Self-blame Posttraumatic Cognitions Significantly Predict Depression Symptoms for Patients with a Military Sexual Trauma (MST) History
Michelle Fernando, M.S.¹, Ellen I. Koch, Ph.D.¹, Lance R. Roehl, B.S.¹, Karen Saules, Ph.D.¹, Stephen Jefferson, Ph.D.¹, Joseph Tu, B.A.¹, Minden B. Sexton, Ph.D.², 1. Eastern Michigan University, 2. Ann Arbor Veterans Healthcare System

(PS6-C59) The Indirect Effect of Trauma-related Shame on Scrupulosity and Trauma-related Mental Contamination
Alyssa C. Jones, M.A., Audra Goodley, Sarah Hayden, Chrystal Badour, Ph.D., University of Kentucky

(PS6-C60) Effect of an Internet-based Intervention for Adjustment Disorder on the Purpose in Life
Soledad Quero, Ph.D.¹, Cintia Tir,¹, Sonia Mor ¹, Daniel Campos, Ph.D.¹, Iryna Rachyla, Ph.D.¹, Helio Marco, Ph.D.², 1. Universitat Jaume I, 2. Universidad de Valencia

(PS6-C61) A Network Analysis of Two Conceptual Approaches to the Etiology of PTSD
Natasha Benfer, M.S., Travis Rogers, M.S., Joseph R. Bardeen, Ph.D., Auburn University

(PS6-C63) Obsessive Beliefs in the Prediction of Posttraumatic Stress Symptoms
Caleigh Koppelmann, Heidi J. Ojalehto, B.S., Peyton Miyares , Emma DeMartino, Samantha N. Hellberg, B.A., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS6-C64) Factors Related to Post-traumatic Growth in Survivors of Intimate Partner Violence
Korine Cabrera, M.A., Nora K. Kline, M.A., Kathleen M. Palm Reed, Ph.D., Clark University

(PS6-C65) Negative Social Reactions Following Disclosure: Comparisons of Survivors’ Experiences and Posttraumatic Stress Following Different Forms of Victimization
Catherine M. Reich, Ph.D., Alixandra Johnson, Grace Pegel, B.S., Jeremy Jamieson, B.S., University of Minnesota Duluth
(PS6-C66) The Moderating Role of Perceived Social Support in the Relation Between Posttraumatic Stress Disorder and Substance Misuse Among Black College Students
Miranda E. Reyes, M.A., Joseph S. Rossi, Ph.D., Emmanuel D. Thomas, B.A., Nicole H. Weiss, Ph.D., University of Rhode Island

(PS6-C67) PTSD, TBI, and Alcohol Use Among Active Duty Service Members Who Deployed to Combat Zones
Margaret A. Caruso, B.A.¹, Jennifer L. Robinson, Ph.D.¹, Jeffrey S. Katz, Ph.D.¹, Michael Dretsch, Ph.D.², Christopher J. Correia, Ph.D.¹, 1. Auburn University, 2. US Army Medical Research Directorate-West, Walter Reed Army Institute for Research

(PS6-C68) The Relationship Between Substance-related Campus Sexual Assault, Substance Use Coping, and Posttraumatic Stress Symptoms
Elijah B. Buckwalter, Olivia A. Ortelli, Joanna L. Herres, Ph.D., The College of New Jersey

(PS6-C69) Mental Health Stigma and Trauma in Latino/as
Cassandra Hernandez, B.A.¹, Sean A. Lauderdale, Ph.D.², 1. Texas A&M University-Commerce, 2. A&M-Commerce

(PS6-C70) Applying an Altruistic Positive Writing for Psychological Distress Caused by COVID-2019: An On-going Intervention Study
Bingsu Wang, Ph.D.¹, Muyang Li, B.S.², Yinyin Zang, Ph.D.², Jie Zhong, Ph.D.³, 1. School of Psychological and Cognitive Sciences and Beijing Key Laboratory of Behavior and Mental Health, Peking University, Beijing, China, 2. Peking University, 3. Clinical and Health Psychology Department, School of Psychological and Cognitive Sciences, Peking University

(PS6-C71) Social Reactions to Substance-related Campus Sexual Assault Depend on Who You Tell
Olivia A. Ortelli, None, Joanna L. Herres, Ph.D., The College of New Jersey

(PS6-C72) The Moderating Effect of Emotion Dysregulation in Childhood Victimization and Depersonalization Symptoms
Rhiannon Gibbs, M.A., Sara C. Haden, Ph.D., Long Island University

(PS6-C73) Prolonged Exposure for Treating PTSD Among Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder
Kelly R. Peck, Ph.D., Danyelle Pagan, B.S., B.A., Elias Klemperer, Ph.D., Gary Badger, M.S., Stacey C. Sigmon, Ph.D., University of Vermont

(PS6-C74) PTSD Severity as a Predictor of Treatment Outcomes in a Partial Hospital Program
Erin E. Beckham, B.A.¹, Kaitlyn R. Wellcome, M.A.², Antonia V. Seligowski, Ph.D.³, Kirsten Christensen, B.S.¹, Throstur Bjorgvinsson, Ph.D.³, Courtney Beard, Ph.D.³, 1. McLean Hospital, 2. University of Massachusetts. Boston, 3. McLean Hospital/Harvard Medical School

(PS6-C75) Fear of Pain as a Predictor of Concurrent and Downstream PTSD Symptoms
Anna C. Barbano, B.S.¹, Matthew T. Tull, Ph.D.¹, Nicole M. Christ, M.A.¹, Hong Xie, M.D., Ph.D.², Brian Kaminski, Xin Wang, M.D., Ph.D.¹, 1. University of Toledo, 2. ProMedica Toledo Hospital
(PS6-D76) Everyday Moral Injury: Can MI Result from Common Violations in the Workplace?
Ryan Smout, M.A., Anthony H. Ahrens, Ph.D., American University

(PS6-D77) Exploring Treatment Retention for Skills Training in Affective and Interpersonal Regulation (STAIR) Group in a Substance Use Disorder Outpatient Clinic
Alessandra DeFonzo, B.S., Nina Z. Dadabhoy, M.A., Rachel Proujansky, Psy.D., Jeffrey Foote, Ph.D., Carrie Wilkens, Ph.D., Center for Motivation and Change

(PS6-D78) The Prevalence of Guilt in the Development of Posttraumatic Stress Disorder
Victoria Argento, M.A., Christopher R. DeJesus, M.A., Mitchell L. Schare, ABPP, Ph.D., Hofstra University

(PS6-D79) Sexual Trauma and Negative Posttraumatic Cognitions Among Veterans Seeking Treatment for Posttraumatic Stress Disorder (PTSD) and Alcohol Use Disorder (AUD)
Emily R. Wilhite, Ph.D., Michelle Pitts, Ph.D., Moira Haller, Ph.D., Sonya Norman, Ph.D., 1. VA San Diego Healthcare System, 2. VA San Diego Healthcare System/University of California, San Diego, 3. University of California San Diego

(PS6-D80) The Value of Trauma-focused Cognitive Behavioral Therapy (TF-CBT) in Addressing the Therapeutic Needs of Trafficked Youth: A Case Study
Yahaira Marquez, Ph.D., Allison T. Dovi, Ph.D., 1. Rowan University, 2. Nemours/Al DuPont Hospital for Children

(PS6-D81) The Relationship Between Posttraumatic Stress and Posttraumatic Growth in Cancer Survivors
Laura J. Long, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS6-D82) Posttraumatic Stress Disorder Modulates Avoidance of Positive Emotions Among Trauma-exposed Military Veterans in the Community

(PS6-D83) Associations Among Sexual Assault Characteristics and Social Reactions to Disclosure in a Sample of Undergraduate Women
Danielle S. Citera, B.A., Shira Falk Ritholtz, Ph.D., Andrea Bergman, Ph.D., Elissa J. Brown, Ph.D., St. John’s University

(PS6-D84) Posttrauma Symptoms and Interpersonal Functioning: The Moderating Role of Empathy
Layla M. Elmi, B.S., Joshua D. Clapp, Ph.D., University of Wyoming

(PS6-D85) Guilt and Shame Proneness Predicts Growth in Sexual Assault Survivors
Nicole J. Barlé, M.A., Sin-Ying Lin, M.A., K. Daniel O’Leary, Ph.D., Stony Brook University
(PS6-D86) Examining Associations Between Moral Binding Values and Interpersonal Trauma Survivors’ Blame Attributes
Catherine M. Reich, Ph.D.,1 Erin Casanova 1, Stephanie A. Sacks, Ph.D.,2 Naseem Farahid 1, Tanya Mulzon 3, Grace Pegel, B.S.,1 Jeremy Jamieson, B.S.,1 1. University of Minnesota Duluth, 2. Cognitive Behavioral Therapy Center of the Palm Beaches, 3. Lake Superior College

(PS6-D87) Are Trauma Anniversaries Simply PTSD Reminders?
Madeline J. Bruce, M.S., Terri L. Weaver, Ph.D., Saint Louis University

(PS6-D88) PTSD and Migraine in College Students: Examining the Mediating Role of Pain-related Anxiety
Patricia J. Mejia, B.S., Morgan Maples, B.S., Madison Istre, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette

(PS6-D89) Adverse Childhood Experiences (ACES), Posttraumatic Stress, Drug-alcohol Use, Mindfulness, and Academic Performance Among College Students
Lexi Kearns 1, Daniel Loomis, B.A.1, Rebecca L. Laconi, B.S.2, Zachary Getz, B.S.1, Mikaela Armao 1, Tyler Healy 1, Elizabeth Gillooly 1, Michael J. Gawrysiak, Ph.D.1, 1. West Chester University of Pennsylvania, 2. West Chester University

(PS6-D90) The Relationship Between Adverse Childhood Experiences and Risky Sexual Behavior Among College Students
Kyle Neubert, Hannah Grigorian, M.A., Gregory Stuart, Ph.D., Klara P. Houck, University of Tennessee - Knoxville

(PS6-D91) The Role of Forgiveness and Ethnic Differences
Kacie E. Hester1, Kimberly Taylor, B.S.2, David T. Solomon, Ph.D.1, 1. Western Carolina University, 2. Western Carolina University Psychology Department

(PS6-D92) Sex Differences in Posttraumatic Stress Disorder: Implications for Diagnosis and Treatment
Carolina Gutierrez, B.S., Ty Schepis, Ph.D., Alessandro S. De Nadai, Ph.D., Texas State University

Allison Rozovsky, M.S., Ashley DeBlasi, M.S., Julie Stout, M.S., Corrie Jackson, Ph.D., Scott Browning, Ph.D., Chestnut Hill College

(PS6-D94) The Impact of PTSD Hyperarousal Symptoms on Reaction Time
Rachel M. Ahrenholtz, B.S., Marisa C. Ross, B.S., Josh Cisler, Ph.D., University of Wisconsin - Madison

(PS6-D95) Male and Female Perceptions of Group Cohesion in an Intensive Treatment Setting for PTSD: Implications for Military and Trauma-informed Treatment Centers
Elyse Lynch, B.A.1, Bingyu Xu, B.A.1, Edward C. Wright, ABPP, Ph.D.1, Kalo Tanev, M.D.2, Elizabeth Goetter, Ph.D.1, 1. Massachusetts General Hospital, 2. Harvard Medical School

(PS6-D96) The Effects of Trauma Type on Subsequent Alcohol Use and PTSD Symptomology
Olivia A. Ortelli , Meagan F. McDowell, B.A., Joanna L. Herres, Ph.D., The College of New Jersey
(PS6-D97) A Longitudinal Investigation of the Meaning-making Model in Middle-aged Adults Who Have Experienced Trauma
Reagan E. Fitzke, B.S.¹, Dylan Marsh, B.S.², Mark A. Prince, Ph.D.², 1. University of Southern California, 2. Colorado State University

(PS6-D98) Adaptations to Consider When Transitioning the Delivery of TF-CBT from Face-to-face to Telehealth Overnight: What We Learned During COVID-19
Allison T. Dovi, Ph.D., Elizabeth A. Gravallese-Anderson, Psy.D., Nemours/AI DuPont Hospital for Children

(PS6-D99) The Mediating Role of Maladaptive Emotion Regulation Between PTSD Symptoms and Alcohol Use
Elizabeth A. McDermott, B.A., Joseph H. Lancaster, Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS6-D100) Consequences of Rumination and Stress on Individuals with PTSD Symptoms
Elizabeth A. McDermott, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

4:00 p.m. – 6:00 p.m.

### PS7: AGING AND OLDER ADULTS; COMORBIDITY; GLOBAL MENTAL HEALTH; HEALTH CARE SYSTEM/PUBLIC POLICY; IMPROVED USE OF RESEARCH EVIDENCE; POSITIVE PSYCHOLOGY; PREVENTION; PRIMARY CARE/INTEGRATED CARE; TRANSDIAGNOSTIC

**Poster Session 7A**

Key Words: Aging, Depression

(PS7-A1) Age and Depression: A Comparison of Depressive Symptoms Across Young, Middle-age, and Older Adults
Alexandra Laffer, M.A., Joe Fulton, B.A., M.A., University of Kansas

(PS7-A2) Emotion Regulation in Aging: Investigating Emotion Regulation and Depression in Older Adults, Using Indices of Mood, Cognitive, and Cardiovascular Reactivity/recovery in Response to Sad Mood Induction

(PS7-A3) Influence of Co-morbid Mental Health Diagnosis on Substance Use Outcomes in a Dual-diagnosis Group Treatment Program
Megan D. McCarthy, B.S., Bingyu Xu, B.A., Elizabeth Goetter, Ph.D., Thomas Spencer, M.D., Rene’ Lento, Ph.D., Massachusetts General Hospital
(PS7-A4) Skills-based Outpatient Addiction Recovery (SOAR) Program: Feasibility and Effectiveness of a Dual-diagnosis Harm Reduction Intensive Outpatient Program for Veterans
Rene’ Lento, Ph.D., Megan D. McCarthy, B.S., Thomas Spencer, M.D., Elizabeth Goetter, Ph.D., Massachusetts General Hospital

(PS7-A5) The Overlap Between Psychotic Disorders, Substance Use, and Adversity: A Systematic Review of the Literature and Clinical Implications
Victoria C. Paterson, B.A.1, Alissa Pencer, Ph.D.1, Philip Tibbo, M.D.2, Amira Hmidan, B.A., 1. Dalhousie University, 2. Nova Scotia Health Authority

(PS7-A6) Well-being in Action: Examining the Impact of Acceptance and Commitment Training in Community-dwelling Older Adults
Anne I. Roche, M.A., Emily Kroska, Ph.D., Marcie King Johnson, M.A., Holly Sesker, Monee’ Turner, B.A., Julian van Heukelum, Regan Fleisher, Natalie Denburg, Ph.D., University of Iowa

(PS7-A7) Mental Health Literacy Among Indian School Teachers: Results from a Single-day Psychoeducational Intervention
Tanya Singh, M.A., Jazmin Reyes-Portillo, Ph.D., Montclair State University

(PS7-A8) Examination of Identity Continuity and Pre-loss Grief in Family Members with a Terminal Illness: An Exploratory Study
Madeline K. Wilson, Miles Neilson, Elisabeth McLean, B.A., Lori A. Berg, Giana M. Azizeh, Emily E. Laurita, Erik Anderson, B.A., Anthony Papa, Ph.D., Jonathan Singer, M.A., University of Nevada, Reno

(PS7-A9) The Relationship Between Stigma, Mental Health, and Mindfulness
Genesis M. Saenz, Olivia Altamirano, M.S., Amy Weisman de Mamani, Ph.D., University of Miami

(PS7-A10) Social Relationships, Substance Use, and HIV Care in a Resource-limited Setting in South Africa

(PS7-A11) Age Predicts Remission from Depression in a Partial Hospitalization Program
Isabel Benjamin, B.A.1, Madeline Ward, B.A.1, Mark Zimmerman, M.D.2, 1. Alpert Medical School of Brown University, 2. Rhode Island Hospital/Alpert Medical School of Brown University

(PS7-A12) Increasing Reach: Enhancing Aging-related CE Interests of Master’s Level Clinicians
Kelly A. Bergrstrom, M.A., Ann M. Steffen, Ph.D., Selmi Kallmi, M.A., University of Missouri-St. Louis
(PS7-A13) Understanding How Clinicians Treat Children with Comorbid Diagnoses in Public Mental Health Following a Cognitive-behavioral Therapy Training Approach
Grace S. Woodard, B.S.¹, Rashed AlRasheed ², Wilson Sheffield, B.A.², Lucy Berliner, LICSW³, Shannon Dorsey, Ph.D.², 1. University of Miami, 2. University of Washington, 3. Harborview Abuse and Trauma Center

(PS7-A14) Patient with Dementia Distress and Caregiver Positive Relationship Quality: An Auto-residual Cross-lag Analysis
McKenzie K. Roddy, M.S.¹, Mark E. Kunik, M.P.H., M.D.², Amber B. Amsperger, Ph.D.², 1. Baylor College of Medicine, 2. Center for Innovations in Quality, Effectiveness, and Safety

(PS7-A15) Gender Differences in Social Problems, Anxiety, and Depression in ASD and ADHD
Allison B. Ratto, Ph.D., Alyssa D. Verbalis, Ph.D., A. Chelsea Armour, M.A., Lauren Kenworthy, Ph.D.³, Children’s National Hospital

(PS7-A16) Emotion Socialization as a Moderator of the Relation Between Neural Activity During Frustration and Later Emotion Regulation Difficulties
Shannon Gair, M.S.¹, Hallie Brown, M.S.¹, Rosanna Breaux, Ph.D.², Claudia Lugo-Candela, Ph.D.³, Jennifer M. McDermott, Ph.D.¹, Elizabeth Harvey, Ph.D.¹, 1. University of Massachusetts Amherst, 2. Virginia Polytechnic Institute and State University, 3. Columbia University/New York State Psychiatric Institute

(PS7-A17) Does Therapist Adherence Predict Perinatal Depression Treatment Outcomes in the Mom’s Good Mood Ibct Program?
Keith S. Dobson, Ph.D.¹, Jessica Y. Li, B.Sc.¹, Beibei Zhu, Ph.D.², Shanshan Shao, Ph.D.², Fangbiao Tao, Ph.D.², Shahirose Premji, Ph.D.³, 1. University of Calgary, 2. Anhui Medical University, 3. University of Toronto

(PS7-A18) Profiles of Conduct Problems, Callous-unemotional Behaviors, and Anxiety: Associations with Neighborhood Factors and Peer Processes
Lindsay B. Myerberg, M.A., Priscila Colon, B.A., Deborah Drabick, Ph.D., Temple University

(PS7-A19) Dementia Cognitive Symptomology in Relation to Caregiver Depression and Anxiety
Olivia Altamirano, M.S., Amy Weisman de Mamani, Ph.D., University of Miami

(PS7-A20) Post-traumatic Stress Disorder and Eating Disorder Symptoms: A Network Analysis
Jillian D. Nelson, M.A.¹, Sarah Fischer, Ph.D.¹, Joanna Marino, Ph.D.², Rebecca Hardin, Psy.D.², 1. George Mason University, 2. Potomac Behavioral Solutions

(PS7-A21) A Mindfulness Intervention for Older Adults in Skilled Nursing Facilities
Christian R. Terry, M.A., Alissa Dark-Freudeman, Ph.D., Sally MacKain, Ph.D., University of North Carolina Wilmington
FRIDAY POSTER SESSIONS

(PS7-A22) Assessing Openness to Implementation of an Evidence-based Intervention: A Preliminary Investigation in Kyiv, Ukraine
Kimberly Hook, M.A., Ph.D.¹, Milana Opanasenko, B.A.², Evelina Goncharenko, B.A.², Vitalii Kodovbetskyi, B.A.², Andrii Kopytko, B.A.², Olga Kovalchuk, B.A.², Julia Kozishkurt, B.A.², Andriy Girnyk, Ph.D.², Sergiy Bagdanov, Ph.D.², 1. Boston University School of Medicine/Boston Medical Center/Massachusetts General Hospital, 2. National University of Kyiv-Mohyla Academy

(PS7-A23) An Experiential Momentary Assessment of the Differential Impacts of General and Daily Sleep Quality on Variation in Daily Affect Using the Beiwe Research Platform
Colin M. Bosma, M.A., Evan Vidas, B.A., Ethan Seymour, None, Emily A. Haigh, Ph.D., University of Maine

(PS7-A24) Associations Between Lifetime Posttraumatic Stress Disorder and Obsessive-compulsive Symptomatology: Evidence from the National Comorbidity Survey Replication
Rose E. Luehrs, M.A., M.S., Virginia K. McCaughey, B.A., Amy K. Marks, Ph.D., Suffolk University

(PS7-A25) Drinking and Affective Outcomes of a Small Randomized Control Trial for Hazardous Drinkers with Negative Affect: A Comparison of Three Treatment Conditions
Giao Q. Tran, Ph.D., University of Cincinnati

Poster Session 7B

Key Words: Global Mental Health, Adolescents, Depression

(PS7-B26) Depressed with High Well-being? Examining Patterns of Depression and Well-being Among Indian Adolescents
Rose E. Franzen, B.S.¹, Akash Wasil, M.A.², 1. Children’s Hospital of Philadelphia, 2. University of Pennsylvania

(PS7-B27) The Associations Between Social Media and Mental Health Constructs in Predominantly Hispanic College Students
Marcos Lerma, B.S., Joshua Torres, Carlos Portillo, Jr., B.S., Kevin Sandoval, Roberto Sagaribay, B.A., Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS7-B28) Effects of Adverse Childhood Experiences Among Predominantly Hispanic College Students Living on the U.S./Mexico Border
Mariany G. Perez, B.S., Claudia J. Woloshchuk, B.A., Sandra Sierra, Luis F. Corona, Christopher Marquez, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS7-B29) Understanding Therapist Drift
Andrew J. Speers¹, Navjot Bhullar, Ph.D.¹, Suzanne M. Cosh, Ph.D.², Bethany Wootton, Ph.D.³, 1. University of New England, NSW, Australia, 2. University of New England, 3. University of Technology, Sydney
(PS7-B30) Does Negative Emotion Differentiation Influence Daily Self-regulation? A 4-year Daily Diary Study
Brad Brown, B.S., David Disabato, Ph.D., Fallon Goodman, Ph.D., Todd B. Kashdan, Ph.D., 1. University of South Florida, 2. Kent State University, 3. George Mason University

(PS7-B31) Treatment Practices Associated with Suicide Treatment Progress in Children’s Public Mental Health

(PS7-B32) Patterns of Practice-based Evidence in a Statewide Youth Public Mental Health System

(PS7-B33) Resilience-promoting Factors and Psychological Distress in an Anxiety Treatment Seeking Sample
Danielle A. A. Uy, MA, Ariella P. Lenton-Brym, M.A., Karen Rowa, Ph.D., Randi E. McCabe, Ph.D., Martin M. Antony, Ph.D., 1. Ryerson University, 2. McMaster University, St. Joseph’s Healthcare Hamilton, 3. McMaster University

(PS7-B34) Change in Treatment-seeking for Health-related Anxiety Following the COVID-19 Pandemic
Julianne W. Tirpak, M.A., Lisa Smith, Ph.D., 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS7-B35) The Impact of Mental Health Clinic Relocation on New Patient Demographics: A Geographic Information Systems Analysis
Julianne W. Tirpak, M.A., Lisa Smith, Ph.D., 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS7-B36) Barriers Accessing Mental Health Treatment Amongst Underrepresented First-Generation College Students Predicts Depressive Symptoms
Kate Bartolotta, B.A., Caitlin Rodgers, Roscoe Garner, IV, Elizabeth B. Raposa, Ph.D., Fordham University

(PS7-B37) Impact of Partial Hospitalization and Intensive Outpatient Programs for Children and Adolescents: A Systematic Review
Tara A. Von Mach, M.P.H., MSW, Kelly Walker Lowry, Ph.D., Andrea J. Fawcett, Nicholas Hatzis, M.D., 1. Ann & Robert H. Lurie Children’s Hospital of Chicago, 2. Partial Hospitalization & Intensive Outpatient Programs, Lurie Children’s Hospital; Northwestern University, 3. Ann & Robert H Lurie Children’s Hospital, 4. Northwestern University Feinberg School of Medicine
(PS7-B38) State Mental Health Authority Officials’ Perceptions of Barriers to Using Children’s Mental Health Research
Julia J. Spandorfer, B.A.¹, Katherine Nelson ², Jonathan Purtle ³, Rozhan Ghanbari ², Mary McKay, Ph.D.⁴, Kimberly Hoagwood, Ph.D.⁵, 1. New York University Langone Health, 2. Drexel University, 3. Drexel University Dornsife School of Public Health, 4. Washington University in St. Louis, 5. New York University School of Medicine

(PS7-B39) Burning up or Burning Out? How Different Types of Stress Affect Levels of Self-compassion
Leah Brassard, B.A., Nancy Kocovski, Ph.D., Wilfrid Laurier University

(PS7-B40) Burnout, Job Satisfaction, and Work-family Conflict Among Rural Medical Providers
Danielle L. Terry, ABPP, PhD, Guthrie Family Medicine

(PS7-B41) Does Vividness of Visual Imagery Buffer Against the Negative Consequences of Experiential Avoidance on Ability to Savor Positive Emotions?
Sarah Dreyer-Oren, M.A., Rachel Geyer, B.A., Akanksha Das, B.S., Elise M. Clerkin, Ph.D., Miami University

(PS7-B42) Hope Attenuates the Negative Impact of Stress and Depressive Symptoms on Goal Striving
Sara Moss, M.A.¹, Matthew W. Southward, Ph.D.², Logan Wahl, B.A.¹, Jennifer Cheavens, Ph.D.³, 1. The Ohio State University, 2. University of Kentucky

(PS7-B43) Practices Predicting Progress in Manualized and Non-manualized Youth Community Mental Health Services

(PS7-B44) Examining Treatment Foster Care Through a Practice Element, Treatment Target and Progress Lens

(PS7-B45) Development and Initial Validation of the Adult Coping Inventory
Kristen Hollas, B.A., Kelsey G. Coulthard, B.A., Jennifer Piscitello, M.A., Mary Lou Kelley, Ph.D., Louisiana State University

(PS7-B46) Comparing Detrending to Time-varying Vector Autoregressive Modeling in Comorbid ADHD and Depression
(PS7-B47) Shift-and-persist Coping as a Protective Factor Among African American Youth
Olutosin Adesogan, B.S., Justin Lavner, Ph.D., Steven R. Beach, Ph.D., University of Georgia

(PS7-B48) Understanding Medical Care of Ex-guerillas in Colombia: Cognitive and Emotional Predictors of Healthcare Workers’ Perception and Avoidance

(PS7-B49) You Can Sometimes Get What You Want: Exploring Parent and Youth Psychosocial Treatment Knowledge of and Preferences for Evidence-based Approaches
Jennifer S. Schild, B.S., David A. Langer, ABPP, Ph.D., Suffolk University

(PS7-B50) Clarifying Links Between Emotion Beliefs and Regulatory Strategy Use: An Idiographic, Multimethod Assessment of Emotion Regulation
Gabriella Silva, B.S., Julie Monsees, Fallon Goodman, Ph.D., University of South Florida

Poster Session 7C

Key Words: CBT, Primary Care, Integrated Care

(PS7-C51) Let’s Talk: A Study Measuring Patient Receptivity and Comprehension of Cognitive Behavior Therapy
Marin G. Olson, M.A., Ralph L. Olson, Ph.D., Laura VandenAvond, Ph.D., 1. Minnesota State University, Mankato, 2. Marquette Family Medicine Residency, 3. Northern Michigan University

(PS7-C52) An Investigation of Caregiver Age, Education, and Baseline Knowledge as Predictive Barriers to Completion of a Community-based Child Abuse and Bullying Prevention Program

(PS7-C53) Feasibility and Acceptability of an Asthma Coping Skills Intervention for Low-ses Latino Families
Julia George-Jones, B.A., Catherine Esperanza, B.A., Cinthia Alvarado, B.A., Erin M. Rodriguez, Ph.D., University of Texas at Austin

(PS7-C54) Explicit and Implicit Biases Toward Patients with Mental Health and Substance Use Conditions in a Sample of Emergency Department Providers

(PS7-C55) Efficacy Analysis of Child Sexual Abuse, Physical Abuse and Bullying Modules in an Accessible Community Based Prevention Program
PS7-C56 Sociodemographic and Clinical Factors Associated with Patient Engagement in Outpatient Mental Health Services Following Referral from Primary Care
Angela A. Song, B.A.¹, David W. Oslin, Ph.D.², Courtney Wolk, Ph.D.³, 1. Perelman School of Medicine, University of Pennsylvania, 2. University of Pennsylvania and CMC VA Medical Center, 3. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania

PS7-C57 Adverse Childhood Experiences and Healthcare Usage in Pediatric Primary Care: Implications for Healthcare Practitioners
Nicole Fleischer, Psy.D., Eboni Winford, Ph.D., Caleb Corwin, Ph.D., Cherokee Health Systems

PS7-C58 Relationship Between Motivation for and Level of Physical Activity, and Eudaimonic Wellbeing: A SMART Platform Study
Danielle M. Caissie, B.A., Hilary A. Power, M.A., Kristi D. Wright, Ph.D., Tarun Katapally, Ph.D., University of Regina

PS7-C59 The Status of SBIRT Training in Medical Education: A Cross-discipline Review and Evaluation of SBIRT Curricula and Educational Research
Nicholas McAfee, Ph.D.¹, Julie A. Schumacher, Ph.D.¹, Michael B. Madson, Ph.D.², Margo Hurlocker, Ph.D.³, Daniel C. Williams, Ph.D.¹, 1. University of Mississippi Medical Center, 2. University of Southern Mississippi, 3. University of New Mexico

PS7-C60 Efficacy of Collaborative Care in Addressing Adolescent Anxiety, Depression, and Suicidal Ideation in Pediatric Primary Care
Farah Mahmud, M.S.¹, Carrie Masia, Ph.D.¹, Virginia Twersky, LCSW, MSW ², Karimi Mailath, M.P.H., M.D.³, Alan Meltzer, M.D.³, Susan Scherer, M.D.³, Walter Rosenfeld, M.D.², Thomas Zaubler, M.D.³, 1. Montclair State University, 2. Atlantic Health System, 3. Atlantic Medical Group

PS7-C61 Psychometric Properties of Various Measures of Subjective Well-being
Lauren Linford, M.S., Jared Warren, Ph.D., Brigham Young University

PS7-C62 Barriers to and Facilitators of Delivering CBT Anxiety Interventions in Integrated Primary Care
Robyn L. Shepardson, Ph.D.¹, Terri L. Fletcher, Ph.D.², Jennifer S. Funderburk, Ph.D.¹, Risa B. Weisberg, Ph.D.³, Gregory Beehler, Ph.D.³, Stephen A. Maisto, Ph.D.⁴, 1. VA Center for Integrated Healthcare, 2. VA South Central MIRECC, 3. VA Boston Healthcare System, 4. Syracuse University

PS7-C63 The Collegiate Optimism Orientation Test
Conner L. Deichman, Emilia M. Bingham, B.S., Rachel L. Hileman, Libby Evans, B.S., Charlotte R. Esplin, M.S., Scott R. Braithwaite, Ph.D., Brigham Young University

PS7-C64 The Allostatic Load of Adverse Events and Its Impact on Youth Mental Health

PS7-C65 Mental Health Correlates of Pragmatic Prospection
Ryan Sharetts, Tiffany Schell, Abigail Laver, Alana Adams, Ayelet M. Ruscio, Ph.D., University of Pennsylvania
(PS7-C66) Investigating Risk Compensation as a Moderator in the Relation Between Sensation Seeking and Injury-related Outcomes
Megan M. Gardner, B.A., Jeff Grimm, B.S., Bradley T. Conner, Ph.D., Colorado State University

(PS7-C67) Strength-focused Treatment in Multi-systemic Therapy for Youth in Public Mental Health Care
Emilee H. Turner, M.A., Kalyn L. Holmes, M.A., Charles W. Mueller, Ph.D., University of Hawai‘i at Mānoa

(PS7-C68) Intervention Strategies in PCBH: Relation to Follow-up Attendance and Symptom Improvement
Ana J. Bridges, Ph.D., Linda E. Guzman, M.A., Meredith Scafe, M.A., LCSW, Ayla R. Mapes, M.A., University of Arkansas

(PS7-C69) Self-compassion and Self-forgiveness as Predictors of Mental Health
Kayla A. Lord, M.S., Hannah Cunningham, Kathrine Jankowska, Vanessa Alvarez, Ph.D., Michael Suvak, Ph.D., Suffolk University

(PS7-C70) Effectiveness of Evidence-based CBT for Anxiety Disorders: Using Technology to Evaluate a Multisite Primary Care Integrated Behavioral Health Program
Olivia E. Bogucki, Ph.D., Dagoberto Heredia, Jr., Ph.D., Julia R. Craner, Ph.D., Summer L. Berg, LICSW, Carol Goulet, Ph.D., Nathaniel J. Lombardi, Ph.D., Michelle A. LeRoy, ABPP, Ph.D., Sydney S. Kelpin, M.S., Craig N. Sauchuk, ABPP, Ph.D., 1. Mayo Clinic, 2. Mary Free Bed, 3. Mayo Clinic Health System

(PS7-C71) Purpleone: An Effective Domestic Violence Bystander Intervention Training for Community Members

(PS7-C72) To Intervene or Not: A Thematic Analysis of Bystander Decision Making in Response to Sexual Risk

(PS7-C73) Exploring Changes in Self-compassion Following Group Intervention for Veterans with PTSD Symptoms
Mara Sindoni, B.A., Alyson Coffey, B.S., Shannon M. Mckenzie, B.A., Kyle Possemato, Ph.D., Abigail Ramon, Ph.D., Syracuse VA Center for Integrated Healthcare

(PS7-C74) Honesty on Electronic Mental Health Screening for College Students
Rebecca S. Saionz, B.A., Guy M. Weissinger, Ph.D., Guy S. Diamond, Ph.D., Center for Family Intervention Science, Drexel University

(PS7-C75) A Preliminary Analysis of the Association Between Lower-order Grit Scales and Pleasant, Neutral, and Unpleasant Images Lpps
Catherine Accorso, M.A., Ohio University
(PS7-D76) A Latent Profile Analysis of the Ohio Scales, Problem Severity Domain, Short Form
Holly Turner, B.S., Joshua J. Kim, David S. Jackson, Ph.D., Charles W. Mueller, Ph.D., University of Hawai’i at Manoa, State of Hawaii Child & Adolescent Mental Health Division

(PS7-D77) Symptom-relevant Autobiographical Memories: A Potential Treatment Target
M. Alexandra Kredlow, Ph.D.¹, Hayley E. Fitzgerald, M.A.², Joseph K. Carpenter, M.A.², Megan A. Pinaire, B.S.², Eugenia Zhukovsky, B.S.³, Michael Otto, Ph.D.², Stefan G. Hofmann, Ph.D.², Elizabeth Phelps, Ph.D.¹, 1. Harvard University, 2. Boston University, 3. New York University

(PS7-D78) Investigating the Relative Specificity and Strength of Associations Among Emotion Regulation Difficulties and Various Mental Health Symptoms
Joe Friedman, Samantha N. Hellberg, B.A., Emily Walsh, B.A., Kenan Sayers, Peyton Miyares, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS7-D79) Quality of Life Changes at 12-months Follow-up After the Unified Protocol Delivered in Group Format in Public Mental Health Settings in Spain
Jorge Osma, Ph.D.¹, Oscar Peris-Baquero ², Carlos Suso-Ribera, Ph.D.³, Alba B. Quilez-Orden, M.A.², María Vicenta Navarro-Haro, Ph.D.⁴, Cristina Acuses, ⁵, 1. Universidad de Zaragoza, 2. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza, 3. Jaume I University, 4. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza., 5. Instituto de investigación Sanitaria de Aragón y Universidad de Zaragoza

(PS7-D80) I Think, Therefore...: Commonalities and Distinctions in Appraisals of Intrusive Thoughts
Abigail Szkutak, B.A.¹, Sabine Wilhelm, Ph.D.¹, Ryan J. Jacoby, Ph.D.¹, Jin Shin, B.A.², 1. Massachusetts General Hospital, 2. Washington University in St. Louis

(PS7-D81) Active Ingredients for Meaningful Impact: Exploring the Relationship Between CBT Components and Functional Outcomes for High-risk Young Men
Anna D. Bartuksa, B.S., B.A.¹, Kimberly E. Dean, Ph.D.¹, Lillian Blanchard, B.S.¹, Juliana Ison, B.A.¹, Soo Jeong Youn, Ph.D.², E. David Zepeda, Ph.D.³, Derri Shtasel, M.D.¹, Luana Marques, Ph.D.⁴, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Boston University School of Public Health, 4. Harvard Medical School

(PS7-D82) Youth Top Problems and Early Treatment Response to the Unified Protocols for the Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents
Lauren Milgram, B.A.¹, Niza A. Tonarely, M.S.², Jill Ehrenreich-May, Ph.D.², 1. Pediatric Anxiety Research Center, Brown University Medical School, 2. University of Miami
(PS7-D83) Perceived Ability to Tolerate Distress as a Moderator on the Relationship Among Stress, Depressive Symptoms, Anxiety Symptoms, and Unhelpful Coping
Alisson N. Lass, M.S., E. Samuel Winer, Ph.D., Mississippi State University

(PS7-D84) Building a Multidimensional Measurement Model of Emotion Regulation
Esther S. Tung, M.A., Grace N. Anderson, B.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS7-D85) Does Rumination Mediate the Influence of Positive Affect on Depression?
An Investigation of Hierarchical Models of Vulnerability
Brandon Kosinski, M.A., Christa Burton, Nicholas Allan, Ph.D., Ohio University

(PS7-D86) Impact of a Brief Web-based Intervention for Anxiety Sensitivity on Social Functioning
Danielle M. Morabito, B.A., Norman B. Schmidt, Ph.D., Florida State University

(PS7-D87) The Impact of Parent Psychopathology on Parenting Practices and Self-efficacy
Kristen A. Torres, B.S.¹, Lauren Henry, Ph.D.¹, Jessica Hawks, Ph.D.², Megan Hennessy, B.A.¹, 1. Children’s Hospital Colorado, 2. Children’s Hospital Colorado/University of Colorado, School of Medicine

(PS7-D88) Convergent Validity of the Multidimensional Emotional Disorder Inventory Across Cognitive Behavioral Therapy
Andrew J. Curreri, M.A.¹, Omid V. Ebrahimi, M.S.², Anthony J. Rosellini, Ph.D.¹, Todd Farchione, Ph.D.¹, David H. Barlow, ABPP, Ph.D.¹, 1. Boston University Center for Anxiety and Related Disorders, 2. University of Oslo

(PS7-D89) Implicit Beliefs About Emotions Are Related to Emotion Regulation Strategies in College Students with Social Anxiety Symptoms
Anne R. Limowski, M.A., Olenka S. Olesnycky, M.A., William C. Sanderson, Ph.D., Hofstra University

(PS7-D91) Experiential Avoidance as a Moderator of the Relationship Between Alcohol Consumption and Depression
Andres Roque, M.A.¹, Noelle Smith, Ph.D.², Alicia E. Meuret, Ph.D.¹, 1. Southern Methodist University, 2. Yale University School of Medicine; Northeast Program Evaluation Center, VA Central Office

(PS7-D92) Differential Associations of Emotion Regulation Facets and Emotional Disorder Symptom Dimensions
Grace N. Anderson, B.A., Esther S. Tung, M.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS7-D93) Baseline Trait Mindfulness May Predict RSA Reactivity in Response to Sad Mood Induction
Alora A. Rando, M.S., Sarah T. Wieman, B.A., Michael Suvak, Ph.D., Gabrielle I. Liverant, Ph.D., Suffolk University
PS7-D94) EMA Predictors of Treatment Response in Anhedonia
Angela M. Pisoni, M.A., Macey L. Arnold, B.A., Jessica Kinard, Ph.D., Paul M. Cernasov, B.A., Rachel Phillips, B.S., Delia Kan, B.S., McRae Scott, Louise Freeman, Courtney Pfister, Lisalynn Kelley, Kevin Haworth, Ph.D., Gabriela A. Nagy, Ph.D., Jason A. Oliver, Ph.D., Erin Walsh, Ph.D., Stacey B. Daughters, Ph.D., Gabriel S. Dichter, Ph.D., Moria J. Smoski, Ph.D., 1. Duke University Medical Center, 2. University of North Carolina at Chapel Hill

PS7-D95) Diminished Positivity Is Key to Understanding Conflicted Shyness in Children
Phebe Albert, M.A., Erin M. McDonald, B.A., Erin C. Tully, Ph.D., Georgia State University

PS7-D96) Relationships Between Anhedonia, Interpretation Bias, and Thoughts of Suicide and Self-harm in an Acute Psychiatric Sample
Daniel S. Johnson, B.S., Andrew D. Peckham, Ph.D., Kirsten Christensen, B.S., Thröstur Bjorgvinsson, Ph.D., Courtney Beard, Ph.D., 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School, 3. McLean Hospital & Harvard Medical School

PS7-D97) Regulatory Focus and the P Factor: Evidence for Self-regulation as a Transdiagnostic Feature of Psychopathology
Adrienne Romer, Ph.D., Ahmad Hariri, Ph.D., Timothy Strauman, Ph.D., 1. McLean Hospital/Harvard Medical School, 2. Duke University

PS7-D98) Exploring the Feasibility of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents with Autism Spectrum Disorder Symptoms
Ashley R. Karlovich, B.A., Elizabeth Halliday, B.S., Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami

PS7-D99) Applying Computational Modeling of Attentional Threat Bias to Improve Insight on Mechanism and Individual Differences
Reut Naim, Ph.D., Simone P. Haller, Ph.D., Julia Linke, Ph.D., Katharina Kircanski, Ph.D., Allison Jaffe, B.S., Melissa A. Brotman, Ph.D., 1. National Institute of Mental Health, 2. NIMH

PS7-D100) Development and Validation of the Repetitive Negative Thoughts Questionnaire (RNTQ)
Zoe E. Stout, M.A., Nicholas Van Dam, Ph.D., 1. Hofstra University, 2. Ichan School of Medicine

6:30 p.m. – 8:30 p.m.

SIG POSTER EXPO
ADDICTIVE BEHAVIORS SIG

(ABSIG-01) Development and Deployment of Integrated Alcohol-hiv Training Services to Frontline Healthcare Providers in a Global Priority Setting
Morayo Akande, Brown University School of Public Health
(ABSIG-02) Affective Mediators of the Relation Between Perceived Discrimination and Substance-related Problems Among Black Young Adults
Nina Glover, Louisiana State University

(ABSIG-03) Psychosocial Factors Related to Greater Context-specific Drinking Among Socially Anxious Drinkers
Jackson C. Green, Louisiana State University

(ABSIG-04) Social Support as a Protective Factor for Risky Drinking Motives for Adolescents with Anxious Attachment
Faraha Hasan, University of North Texas

(ABSIG-05) Racial/ethnic Differences in Prevalence Trends for Hallucinogen Use by Age Cohort: Findings from the 2018 National Survey on Drug Use and Health
Zoe Jahn, University of Ottawa

(ABSIG-06) Short-term Mating Orientation as a Predictor of Alcohol-related Risky Sexual Behavior Among College Students
Susanna Lopez, M.S., Oklahoma State University

(ABSIG-07) Social Anxiety’s Relation to Smoking E-cigarettes Prior to Smoking Combustible Cigarettes Among Dual Smokers: The Impact of E-cigarette Outcome Expectancies
Paige E. Morris, Louisiana State University

(ABSIG-08) Drug Use Concordance and Dyadic Adjustment in Couples with Substance Misuse Across Drug Types and Measurement Methods
Kristen L. Mummert, Medical University of South Carolina

(ABSIG-09) Cannabis-related and Cannabis–free Reinforcement Predict CUD in College Students Above and Beyond Depressive Symptoms
Ricarda K. Pritschmann, University of Florida

(ABSIG-10) Reliability of a Timeline Followback Measure of Caffeinated Coffee Consumption
Linda C. Sobell, ABPP, Ph.D., Nova Southeastern University

(ABSIG-11) Pain-related Fears May Predict Subsequent Alcohol and Non-medical Prescription Drug Use Among Adolescents
McKenzie Watson, University of North Texas

ANXIETY DISORDERS SIG

(ADSIG-01) Are We Really Measuring Trait Anxiety? Meta-analyses of the State-trait Anxiety Inventory in Individuals with Anxiety and Depressive Disorders
Kelly A. Knowles, M.A., Vanderbilt University

(ADSIG-02) Does Intolerance of Uncertainty Play a Role in the Relationship Between OCD, Health Anxiety, and Coronavirus-specific Anxiety?
Gabrielle R. Messner, B.A., Barnard College Psychology Department
(ADSIG-03) The Relationship Between Anxiety Sensitivity and Self-compassion Among OCD Patients
Alicia Lopez, M.A., Elizabeth McIngvale, Ph.D., Throstur Björgvinsson, Ph.D., McLean OCD Institute// Houston

(ADSIG-04) The Unique Contribution of Perfectionistic Cognitions to Anxiety Disorder Symptoms in a Treatment-seeking Sample
Jesse McCann, B.S., University of Pennsylvania

(ADSIG-05) Attention Shifting and Worry
Kathleen Caulfield, B.A., Department of Psychology, University of Pittsburgh

(ADSIG-06) Associations Between Academic Satisfaction and Mental Health Among College Students
Tracy Neville, Emmanuel College

(ADSIG-07) The Association Between Posttraumatic Cognitions and Depression on Physical Health Among Sexual Minority Men Living with HIV and Histories of Trauma Who Are Poorly Engaged in HIV Care
Megan Wirtz, B.A., Massachusetts General Hospital/Harvard University

(ADSIG-08) COVID-19 and the Variability of Fear by Sexuality, Political Ideology, and Anxiety
Camron Williams, Western Carolina University

ATTENTION DEFICIT/HYPERACTIVITY DISORDER SIG

(ADHDSIG-01) Exploring Student-teacher Relationships and Praise as Predictors of Student Rule Violations
Hannah Grace Rew, Regent University

(ADHDSIG-02) ADHD Symptoms and Emotion Reactivity in Adolescent Girls: Associations with Depression, Anxiety, and Suicidality
Melissa Wei, M.A., Harvard University

(ADHDSIG-03) Children’s ADHD Symptoms and Friendship Patterns Across a School Year
Yeeun Lee, University of British Columbia

(ADHDSIG-04) Investigating the Contribution of Partner ADHD Symptoms to Self-reported Impairment
Levi Toback, Ohio University

(ADHDSIG-05) Risky Sexual Behavior in College Student Drinkers with ADHD: Patterns, Correlates, and Gender Differences
Lauren E. Oddo, B.A., University of Maryland, College Park

(ADHDSIG-06) Examining Effects of Parental Engagement in an STP Home-based Reward Contingency Plan
Madeline DeShazer, Ohio University

(ADHDSIG-07) Seeking to Identify Malleable Factors Explaining Why Adult ADHD Increases Risk of Intimate Partner Violence
Sangha Park, Ohio University
(ADHDSIG-08) Emotion Regulation as a Mediator of the Relation Between ADHD Symptoms and Self-esteem in College Students
Elizabeth Bodalski, University of South Carolina

(ADHDSIG-09) Is Sluggish Cognitive Tempo a Relevant Risk Factor for Functional Impairment in Young Adults Beyond ADHD and Internalizing Disorders?
Nicole Duby, Ohio University

(ADHDSIG-10) Prospective Impact of COVID-19 on Mental Health Functioning in Adolescents with and Without ADHD
Delshad Shroff, Virginia Tech

(ADHDSIG-11) Examination of ADHD Symptom Severity, Depression Symptoms, and Alcohol Related Negative Consequences in College Students with ADHD
Ariela Kaiser, University of Illinois at Chicago

(ADHDSIG-12) Examining the Differential Effect of Parental Involvement to Inattention and Hyperactivity-impulsivity Symptoms to Academic Achievement for Children with ADHD
Jaida Condo, Florida State University

AUTISM SPECTRUM AND DEVELOPMENTAL DISABILITIES SIG

(ASDDSIG-01) Parent Perspectives on the Active Ingredients of a Parent-implemented Naturalistic Developmental Behavioral Intervention
Kyle M. Frost, B.A., Michigan State University

(ASDDSIG-02) Predictors of Dropout in Augmented Group-based Pivotal Response Treatment: Evidence from a Randomized Control Trial
Tyler C. McFayden, M.S., Virginia Polytechnic Institute and State University

(ASDDSIG-03) Virtual Social Skills Camp for Adolescents on the Autism Spectrum During COVID-19
Mariani Weinstein, B.A, University of North Carolina at Greensboro

(ASDDSIG-04) Impact of the covid-19 Pandemic on People with Autism: The COPE Study
Hunter Scott, B.S., The University of Alabama

(ASDDSIG-05) An EEG Metric of Face Processing Indexes Informant Discrepancy of Autism Symptoms in Adolescents with ASD
Isha Malik, Stony Brook University

(ASDDSIG-06) The Relationship Between Vocal Emotion Recognition and Autism Symptoms: Moderation by Cognitive Abilities
Talena C. Day, B.A., Stony Brook University

(ASDDSIG-07) Single-session Growth-mindset Intervention Improves Perceived Control and Depression in Youth with ASD: A Pilot RCT
Alan H. Gerber, M.A., Stony Brook University
(ASDDSIG-08) A Preliminary Psychometric Analysis of the Difficulties with Emotion Regulation Scale (DERS) Among Autistic Youth and Adults: Factor Structure, Reliability, and Validity
Alana J. McVey, M.S., Marquette University

(ASDDSIG-09) In Pursuit of the Golden Egg: Utility of Difference Scores in an Observational Social Skill Assessment
Grace Lee Simmons, B.S., The University of Alabama

(ASDDSIG-10) Neurodevelopment and Quality of Life: ASD and ADHD Associated with Lower Self-reported Quality of Life in Children
Elizabeth A. DeLucia,

(ASDDSIG-11) The Relationship Between Parent-reported Symptomatology and Observed Peer interaction Among Autism Spectrum Disorder
Khushi S. Narvekar,

(ASDDSIG-12) Lessons Learned at a Multidisciplinary Pediatric Feeding Disorders Clinic Serving Patients with and Without Autism
Anne S. Morrow, Ph.D., Nova Southeastern University (where work was conducted) & South Florida Integrative Medicine (current)

(ASDDSIG-13) Validation of the Levels of Emotional Awareness in Children Scale in Children with Autism
Shelley Randall, Cincinnati Children’s Hospital Medical Center

BEHAVIORAL MEDICINE AND INTEGRATED PRIMARY CARE SIG

(BMIPCSIG-01) Greater Levels of Prosocial Emotions Are Associated with Fewer Depressive Symptoms in Patients After Acute Coronary Syndrome
Sydney Crute, BS, MGH

(BMIPCSIG-02) Prep Awareness, Uptake, and Related Psychosocial Factors Among Sexual Minority Men Amid an HIV Epidemic
Tiffany R. Glynn, M.S., University of Miami

(BMIPCSIG-03) Rural vs. Urban Primary Care Patients’ Utilization of Integrated Primary Care Services
Meredith Scafe, M.A., LCSW, University of Arkansas

(BMIPCSIG-04) Differences in Initial Satisfaction with Psychiatry Meetings as a Function of Sexual Orientation, Gender Diversity, and Racial and Ethnic Minority Status
Isabel Benjamin, B.A., Alpert Medical School of Brown University

(BMIPCSIG-05) Evaluation of a Pilot Psychoeducational Intervention for Subjective Cognitive Concerns in Older Adults
Annika S. Goldman, B.S., Miami University
(BMIPCSIG-06) Coldness, Isolation, and Over-identification with Emotions: Indirect and Direct Associations with Minority Stress and Depression Symptoms Among Gender and Sexual Minority Adults
Julia Lynch, Department of Psychology, University of Montana

(BMIPCSIG-07) Clearing the Fog: Correlations Between Depression and Cannabis Misuse Among Cisgender, Binary-transgender, and Non-binary Individuals
Olivia Hamblin, University of Montana

(BMIPCSIG-08) The Effects of Maternal Depressive Symptoms on Pediatric Asthma Outcomes Amongst Latinx and Black Children
Sheena Starr, Ferkauf Graduate School of Psychology, Yeshiva University

(BMIPCSIG-09) Couples with MS Coping with Uncertainty: A Qualitative Study
Kaitlin McGarragle, Ryerson University

(BMIPCSIG-10) Pathways to Health and Optimal Engagement in HIV Care Among SMM with Trauma Histories: Relationships with Coping, Mental Health, and Substance Use
Samantha M. McKetchnie, LCSW, Massachusetts General Hospital

(BMIPCSIG-11) Internalized Homonegativity Predicts COVID-19 Preventative Behaviors
Kasey Morey, Western Carolina University

(BMIPCSIG-12) The Dysmorphic Concern Questionnaire: Measurement Invariance by Gender and Race/ethnicity Among Sexual Minority Adults
Kaitlin Rozzell, M.A., University of Hawai`i at Manoa

BEHAVIORAL SLEEP MEDICINE SIG

(BSMSIG-01) Sleep, Anxiety, Depression, and Pain Catastrophizing in Treatment Seeking Veterans and Veteran Family Members with Chronic Pain and Opioid Misuse
Abagail Ault, Allison Wilkerson, Shayla Lester, Georgia Mappin, Elizabeth J. Santa Ana, Lillian Christon, Sharlene Wedin, Kathryn Bottonari, Wendy Balliet, Lauren Carter, Wendy Muzzy, M.S., Jenna McCauley, Mark George, Jeffrey Borckardt, Medical University of South Carolina

(BSMSIG-02) An Exploratory Study: Environmental Influence of Light and Noise on Young Adult Sleep Quality
Kathy Sexton-Rack, Elmhurst University

(BSMSIG-03) Sleep Characteristics, Fatigue, and Academic Performance in College Students with Morning, Intermediate, and Evening Chronotypes
Kelly Kim, Alisa Huskey, Sarah Emert, Jessica Dietch, Daniel Taylor, 1. University of Arizona, 2. Stanford University of Medicine; VA Palo Alto Health Care System

(BSMSIG-04) Evaluation of Sleep and Circadian Diagnoses and Transdiagnostic Treatment Modules Received in a Community Mental Health Setting
Heather Hilmore, Nicole B. Gumport, M.A., Allison Harvey, Ph.D., University of California, Berkeley
(BSMSIG-05) The Effects of Alcohol Consumption and Stress on Insomnia Symptoms in Nurses
Odalis G. Garcia¹, Danica Slavish¹, Jessica Dietch², Daniel Taylor³, Sophie Wardle-Pinkston, Camilo J. Ruggero, Kimberly Kelly, 1. University of North Texas, 2. Stanford University of Medicine; VA Palo Alto Health Care System, 3. University of Arizona

(BSMSIG-06) The Impact of Work, Socioeconomic Status, and Sleep Characteristics on Academic Performance in College Students
Raizel Esguerra-Wong¹, Jessica Dietch², Daniel Taylor¹, 1. University of Arizona, 2. Stanford University of Medicine; VA Palo Alto Health Care System

(BSMSIG-07) The Role of Fatigue in the Congruency of Insomnia Complaint and Sleep Disturbance After Cognitive Behavioural Therapy for Insomnia
Onkar S. Marway, M.S., Olya Bogouslavsky, Colleen E. Carney, Ph.D., Ryerson University

(BSMSIG-08) Actigraphy-based Sleep Quality Components as Predictors of Changes in Negative Affect and Stress: Examining the Moderating Role of Asthma
Hannah Nordberg, B.A.¹, Chloe Raines¹, Melina Corriveau¹, María M. Berthet-Mirón¹, Margot L. Salsman¹, Colette Bice², Juliet Kroll, M.A.¹, Denise C. Park³, Sherwood Brown², Thomas Ritz, Ph.D.¹, 1. Southern Methodist University, 2. UT Southwestern Medical Center, 3. University of Texas at Dallas

(BSMSIG-09) An Investigation of Medication Use on Dysfunctional Beliefs and Treatment Recovery in Cognitive Behavioural Insomnia Therapy
Parky H. Lau, B.A., Maya Amestoy, Colleen E. Carney, Ph.D., Ryerson University

(BSMSIG-10) An Invitation to Test a Direct, Self-observation Approach to Reduce Sleep-related “thinking Too Much”
Sidney Nau, Insomnia Research Project

BIPOLAR DISORDERS SIG

(BIPOLARSIG-01) The Impact of Long-term Verbal Memory and Response to Treatment for Adolescents With Symptoms of Bipolar Disorder
Jason Tinero, M.S., Alaina Baker M.S., Shauna Geraghty, Psy.D., Victoria Cosgrove, Ph.D., Prevention & Intervention Lab, Stanford University School of Medicine

(BIPOLARSIG-02) Mania Symptom Dimensions and Suicidal Risk in Bipolar Disorder
Evan A. Albury, Amy T. Peters, Nevita George, Noah J. French, Audrey R. Stromberg, Alec P Shannon, Louisa G. Sylvia, Andrew A. Nierenberg, Massachusetts General Hospital

(BIPOLARSIG-03) Emotion Differentiation in Young Adults at Risk for Bipolar Disorder Disturbance During the First Year of College
Cynthia M. Villanueva, Stevi Ibonie, Emily Jensen, Lucca Eloy, Sidney D’Mello, & June Gruber, University of Colorado, Boulder

(BIPOLARSIG-04) Positive Social Side of Bipolar Disorder? Examining Associations between Social Networks and Connectedness with Bipolar Risk and Mood Disturbance Dimensions among First-Year College Students
Stevi G. Ibonie, Montana L. Ploe, Gabrielle Kizeev, Cynthia M. Villanueva, Liza Silverman, & June Gruber, University of Colorado, Boulder
(BIPOLARSIG-05) Associations Between Emotion Interpretation Bias, Social Support, and Mood Symptoms in Young Adults With Bipolar Disorder
Ellen Anderson1,2, Emily Mintz4, Anna Van Meter1,2,3 1. Department of Psychiatry Research, Zucker Hillside Hospital; 2. The Feinstein Institutes for Medical Research, Institute for Behavioral Science; 3. The Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, 4. Barnard University

(BIPOLARSIG-06) Bipolar I Disorder Associated with Decreased Eudaimonia
Douglas Katz1, Ph.D., Maya Kuperberg1, M.D., Nevita George1, Masoud Kamali, M.D.1, Daniel Mroczek, Ph.D.2, Emily Bastarache, Ph.D.2, 1. Massachusetts General Hospital, 2. Northwestern University

(BIPOLARSIG-07) Measuring Therapeutic Alliance in Adolescents at High Risk of Mood Disorder Undergoing Family-Focused Therapy
Nicole Wong B.S, Kayla Carta B.S., David J. Miklowitz Ph.D., University of California, Los Angeles

(BIPOLARSIG-08) Bipolar Disorder Risk and Emotion-Related Impulsivity in Emerging Adults During the First-Year of College
Elizabeth Hoelscher1, Cynthia M. Villanueva1, Liza Silverman1, Angela Bryan1, Melissa A. Cyders2, Ph.D., Lauren Weinstock1, Ph.D., Sheri Johnson, Ph.D.4, Jessica Borelli5, Michelle Shiota6, June Gruber1, 1. University of Colorado, Boulder, 2. Indiana University-Purdue University, Indianapolis, 3. Brown University, 4. University of California, Berkeley, 5. University of California, Irvine, 6. Arizona State University

BLACK AMERICANS IN RESEARCH AND BEHAVIOR THERAPY SIG

(BARBTSIG-01) The Intergenerational Effect of African American Mother’s Experiences of Racial Discrimination on Children’s PTSD Symptoms While Living in Trauma-exposed Environments
Ashanti Brown, Post-Bac Research Assistant, Georgia State University

(BARBTSIG-02) Impact of Personality Traits on the Association Between Race-related Stress, Psychological and Suicide Outcomes in Black/African Americans: A Moderated Mediation Model
Jasmine Phillips, M.A., Sam Houston State University

(BARBTSIG-03) Unicorns, Leprechauns, and White Allies: Much Discussed but Rarely Seen
Noor Sharif, B.A, Ph.D. candidate, University of Ottawa

(BARBTSIG-04) The Moderating Role of Resiliency in the Relationship Between Emotion Regulation and Trauma Symptoms Among a Community Sample of African American Men with High Levels of Trauma Exposure
Devon Slaughter, AS, B.S., Georgia State University

(BARBTSIG-05) The Racial Trauma Scale: Seeing Trauma in Colour
Jade Gallo, BSc., University of Ottawa
(BARBTSIG-06) Social Reactions to Disclosure of Campus Sexual Assault and PTSD Symptoms Among Black Female Undergraduates
Isabel Rodriguez, The College of New Jersey

CHILD & ADOLESCENT ANXIETY SIG

(CAASIG-01) Behavioral Traps of Anxious and Depressed Youth: The Relationship between Life Stressors and Negative Avoidance Responses
Sanjna Nandal, Rutgers University

(CAASIG-02) Brief Behavioral Therapy for Anxiety and Depression in Pediatric Primary Care: Group Differences in Secondary Outcomes at Week 32
Karen Schwartz, Ph.D., University of Maryland, College Park
John F. Dickerson, Ph.D., Center for Health Research- Kaiser Northwest

(CAASIG-03) Community Therapists’ Attitudes and Beliefs about Exposure
Anna Charlton, Brown University

(CAASIG-04) State Space Grids to Study Change in Youth Receiving Treatment for Anxiety Disorders
Matthew Carper, Ph.D., Brown University

(CAASIG-05) Impact of Parenting Style on Youth Anxiety and Depression
Hye Yoon Jeong, Ph.D., Rutgers University

CHILD & ADOLESCENT DEPRESSION SIG

(CADSIG-01) Investigating Whether Depressed Youth Exhibiting Elevated Inflammation Perform Worse on Measures of Executive Functioning, Verbal Fluency and Episodic Memory in a Large, Population Based Sample of Dutch Adolescents
Naoise Mac Giollabhui, M.A.¹, Lauren B. Alloy, Ph.D.¹, Catharina Hartman, Ph.D.², 1. Temple University, 2. University Medical Center Groningen, the Netherlands

(CADSIG-02) Treatment Planning Method and Therapeutic Alliance in Cognitive-Behavioral Treatment for Youths
Daniel Farina, Jennifer S. Schild, B.S., David A. Langer, ABPP, Ph.D., Suffolk University

(CADSIG-03) Parenting, Anxiety, and Depression in Adolescent Inpatients
Carly Maitlin, B.A.¹, Rachel Y. Levin, B.A.², Christina M. Sanzari, B.A.¹, Alexandra Bettis, Ph.D.¹, Richard Liu, Ph.D.¹, 1. Alpert Warren Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School

(CADSIG-04) Long Term Verbal Memory and Learning: Is Adolescent Depression Associated With Neurocognitive Functioning
Alaina Baker, M.S., Jason Tinero, M.S. Shauna Geraghty, Psy.D., Victoria E. Cosgrove, Ph.D., Stanford University
CLINICAL PSYCHOLOGY AT LIBERAL ARTS COLLEGES SIG

(CPLACSIG-01) #bopo: The Effect of Body Positive Social Media Content on Women’s mood and Self-compassion
Hope Rutter, Kaley Michael, Brittany Repak, Cindy Campoverde, Thao Hoang, Kathy Berenson, Gettysburg College

(CPLACSIG-02) Media Effects on Concerns About the Spread of the Novel Coronavirus
Phoebe Sanders¹, Haley Ward¹, Jane Reel¹, Anna Van Meter, Ph.D.², Michael Wheaton, Ph.D.³, 1. Barnard College, Columbia University, 2. Feinstein Institute

(CPLACSIG-03) Intolerance of Uncertainty and Obsessive-compulsive Personality Disorder
Haley Ward, Michael Wheaton, Ph.D., Barnard College, Columbia University

(CPLACSIG-04) How Is the COVID-19 Pandemic Affecting Individuals with OCD?
Alana Silber, Haley Ward, Michael Wheaton, Ph.D., Barnard College, Columbia University

(CPLACSIG-05) Adolescent Mental Health Changes Associated with Initial School Closures During the COVID-19 Pandemic
Courtney Wilmington, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University

(CPLACSIG-06) Investigating the Role of Rumination in Brief Interventions to Reduce Depressive Symptoms in Adolescents
El Horner, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University

(CPLACSIG-07) Attention Symptoms as a Possible Risk Factor to Consider for Referrals Related to Suicide Concerns
Andrea Lara, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University

(CPLACSIG-08) The Mediating Role of Emotion Regulation in the Relationship Between Adverse Childhood Experiences and Depression
Miranda M. Thompson, Kristjen Lundberg, Laura Knouse, Ph.D., University of Richmond

(CPLACSIG-09) A Dissonance-based Body Image Program for Mothers and Daughters in Church Settings: A Pilot Study
Kate Montgomery, Sofia Siddiqui, Kerstin K. Blomquist, Ph.D., Furman University

(CPLACSIG-10) The Moderating Role of Social Support and Avoidant Coping in the Relationship Between Racial-ethnic Stress and Depression in Emerging Adults
Margaret Azu, Jonathan Paul, Cas Meade, Julia D. McQuade, Ph.D., Amherst College

(CPLACSIG-11) Identifying Predictors of Victim Blaming in a Sexual Assault Scenario
Emma Knowles, Robert Askew, Danielle Lindner, Ph.D., Stetson University

(CPLACSIG-12) 30 Years of Women’s Underrepresentation in ABCT Leadership
Catie Holshouser, Laura E. Sockol, Ph.D., Davidson College
CLINICAL PSYCHOLOGICAL SCIENCE SIG

(CPSSIG-01) Investigating the Dynamics of Repetitive Negative Thought in Posttraumatic Stress Disorder: An Ecological Momentary Assessment Study
Cameron P. Pugach, M.A., Casey May, B.S., Blair Wisco, Ph.D., I. University of North Carolina at Greensboro

(CPSSIG-02) Emotion Regulation Repertoires in Trauma-exposed College Students: Associations with PTSD Symptoms and Emotional Awareness
Cameron P. Pugach, M.A., Blair Wisco, Ph.D., University of North Carolina at Greensboro

(CPSSIG-03) C-reactive Protein as a Biomarker for Anhedonia in Treatment-resistant Depression
Caroline Wendzel, B.A., AmeriCorps

CHILD MALTREATMENT AND INTERPERSONAL VIOLENCE SIG

(CMIVSIG-01) Parent-child Concordance and Discordance in Family Violence Reporting: A Descriptive Analysis of a Nationally Representative Sample
Jasara Hogan, Medical University of South Carolina

(CMIVSIG-02) Child Maltreatment and Observed Parenting as Predictors of Suicidal Ideation in Adolescent Inpatients
Rachel Y. Levin, B.A., Massachusetts General Hospital and Harvard Medical School

(CMIVSIG-03) Mindfulness Promotes Resilience Among Childhood Sexual Abuse Survivors: Emotion Dysregulation, Depression, and Anxiety
Shaina A. Kumar, M.A., University of Nebraska-Lincoln

(CMIVSIG-04) Enhanced Vagal Tone and Extinction Learning as Potential Transdiagnostic Protective Factors Among Youth Exposed to Violence
Eli Susman, The Stress and Development Lab, Psychology Department, Harvard University

(CMIVSIG-05) The Moderating Role of Service Utilization in the Association Between Early Childhood Abuse and Verbal and Nonverbal Abilities
Monica Martinez, M.A., University of Houston – Clear Lake

(CMIVSIG-06) Using Virtual Reality to Assess the Efficacy of a Motivational Interviewing Bystander Intervention
Hanna M. Grandgenett, M.A., University of Nebraska-Lincoln

(CMIVSIG-07) Risk Factors and Target Audiences in Statewide Rape Prevention Efforts: An Archival Analysis
Agnes Rieger, University of Illinois at Urbana-Champaign

(CMIVSIG-08) Parents’ Negative Expectations for Child Sexual Abuse Victim Recovery: Influence of Child-related Factors
Chelsey Wisehart, UNL Child Maltreatment Lab
**FRIDAY POSTER SESSIONS**

(CMIVSIG-09) Stalking Victimization: Analysis of Co-occurring Violence Against Animal Companions, Perpetrator-victim Relationship Effects, and Emotional Impact
Patti Timmons Fritz, Ph.D., C. Psych., University of Windsor

(CMIVSIG-10) Shame Frequencies in Relation to Gender and Trauma Type in Trauma-exposed Youth
Hannah Sebald, B.A., Medical University of South Carolina

**COGNITIVE THERAPY SIG**

(COGTSIG-01) Differential Effects of Training in the Memory Support Intervention on Therapist Use of Individual Memory Support Strategies
Krista Fisher, University of California, Berkeley

(COGTSIG-02) Late Positive Potential Indexes Baseline and Treatment-related Changes in Anxiety Sensitivity
Faviana Bautista, University of Maryland

**CLINICAL RESEARCH METHODS AND STATISTICS SIG**

(CRMSSIG-01) Emotion Network Density as a Potential Clinical Marker: Comparison of Ecological Momentary Assessment and Daily Diary
Ki Eun Shin¹, Michelle G. Newman, Ph.D.², Nicholas Jacobson, Ph.D.³, 1. SUNY Upstate Medical University, 2. The Pennsylvania State University, 3. Geisel School of Medicine, Dartmouth College

(CRMSSIG-02) Personality Factors of Psychopathy to Inform Treatment Planning
Thomas DiBlasi, M.A., Hofstra University

(CRMSSIG-03) Reliability and Validity Practices in Randomized Controlled Trials: Current Trends and Recommendations
Jennifer A Z Romano, M.S., Meredith S. Pescatello, M.S., Scott Baldwin, Ph.D., Brigham Young University

(CRMSSIG-04) Vector Autoregressive Models of Discrete Physiological States: An Idiographic Examination of Autonomic Nervous System Regulation in Mood and Anxiety Disorders
Esther Howe, B.A., Aaron J. Fisher, Ph.D., University of California, Berkeley

(CRMSSIG-05) Vector Autoregressive Models of Avoidance: an Idiographic Approach to Behavioral Avoidance in GAD and MDD
Julia M. Levitan, Aaron J. Fisher, Ph.D., University of California, Berkeley

(CRMSSIG-06) Using Exploratory Structural Equation Modeling with Probit Regression to Model the Latent Structure of Emotion Regulation Strategies
Gemma T. Wallace, M.S., Mark A. Prince, Ph.D., Kimberly L. Henry, Ph.D., Karen C. Barrett, Ph.D., Bradley T. Conner, Ph.D., Colorado State University
(CRTSIG-01) Effects and Mechanisms of a Web-based Single Session Savoring Intervention for Partnered Individuals
Binghuang A. Wang, M.S., Hannah Siegel, Melissa Gates, B.S., Xinni Wang, BS, BA., Christina Balderama-Durbin, Ph.D., Binghamton University - State University of New York

(CRTSIG-02) The Impact of Adaptive and Maladaptive Cognitive Processing Strategies on Trauma Disclosure Avoidance in Couples
Kaitlyn McCarthy, Binghamton University - SUNY

(CRTSIG-03) Effects of Online OurRelationship & ePREP Programs for Couples With Severe Intimate Partner Violence
Rebecca Dominguez, B.S., University of Miami

(CRTSIG-04) The Presence of Forgiveness: Which Facets of Mindfulness Predict Forgiveness in Couples?
Matthew D. McCall, B.S., University of Tennessee, Knoxville

Iris Fraude, B.S., Laura M. Armstrong, Ph.D., Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte

(CRTSIG-06) Identifying Assimilated Core Beliefs After Infidelity
Victoria L. O’Connor, M.A., Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte

(CRTSIG-07) Love in the Time of COVID-19: An Examination of Relationship and Individual Functioning Among Committed Couples in the United States While Under Shelter-in-place Orders
Danielle M. Weber, M.A., University of North Carolina at Chapel Hill

(CRTSIG-08) Variety Is the Spice of Life: Sex, Long-distance and Relationship Satisfaction
Heather Chamberland, Psy.D.1, Bahareh Sahebi, Psy.D.1, Molly Neuhaufen, M.S.2, Tamara G. Sher, Ph.D.1, 1. The Family Institute at Northwestern University, 2. Solid Foundations Therapy Group

(CRTSIG-10) Honey, i’m at My Respective Home: Exploring Long-distance Relationships Against Geographically Close Relationships
Helena Ojarovsky, Triston Li, Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University

(CRTSIG-11) Coupling with COVID-19: A Mixed Methods Study of Couples Coping with the Pandemic
Christen Abraham, Charles Giraud, B.A., Michelle Leonard, Ph.D., University of Michigan - Dearborn

(CRTSIG-12) Exposure to Violence and Attitudes Toward Drinking
Jae Eun Park, B.S., B.A., Tulane University
(CRTSIG-13) Emotion Regulation as a Mediator of Childhood Trauma Exposure and Dyadic Adjustment in Substance-misusing Couples

Jessica Brower, M.A., Medical University of South Carolina

DISSEMINATION AND IMPLEMENTATION SCIENCE SIG

(DISSIG-01) Engagement Factors Related to Research Participation in a Clinical Trial on Engaging Youth and Caregivers in Mental Health Services

Celine Lu, B.A., University of Pittsburgh

(DISSIG-02) School Mental Health Providers Perspectives on School Ecology: Understanding Context to Improve Mental Health Services

Wendy Chu, B.A., University of California, Los Angeles

(DISSIG-03) An Examination of Changes in Attitudes and Competence Throughout a Transdiagnostic Cognitive Behavioral Therapy Training in Community Mental Health

Margaret Crane, M.A., Temple University

(DISSIG-04) Youth Trauma Exposure and Under-treatment of Co-occurring Mental Health Concerns

Katherine Wislocki, B.A., University of Pennsylvania School of Medicine

(DISSIG-05) Latinx Sexual Minority Mens Access to Hiv-prevention and Behavioral Health Services During COVID-19: Opportunities for Improved Implementation

Eliott Weinstein, MPH, Health Promotion and Care Research Lab, University of Miami

(DISSIG-06) Use of Evidence-based Practices Under Treatment-as-usual and Evidence-based-practice-initiatives

Siena Tugendrajch, M.A., University of Missouri-Columbia

(DISSIG-07) Therapist Participation in Community-based Research: What Factors May Impact the Decision to Enroll?

Carlin Hoffacker, University of Pennsylvania

(DISSIG-08) Routine Progress Monitoring in Behavioral Parent Training Programs; A Mixed-methods Study of Clinician Attitudes

Corinna Klein, MSW, University of California Santa Barbara

(DISSIG-09) Does Telecoaching Engagement Differ Based on the Gender and Age of the Telecoach or Intervention User?

Suraj Patel, University of Virginia

(DISSIG-10) Scaling-up Child and Youth Mental Health Services: Assessing Coverage of a County-wide Prevention and Early Intervention Initiative During One Fiscal Year

Cole Hooley, Ph.D., LCSW, Brigham Young University

(DISSIG-11) Mixed Methods Evaluation of a Hybrid Measurement Feedback System for Treatment Integrity and Client Progress Monitoring

Jack Andrews, B.S., University of Missouri
FRIDAY POSTER SESSIONS

FORENSIC ISSUES AND EXTERNALIZING BEHAVIORS SIG

(FORSIG-01) Opportunities to Improve Parent Training Interventions for School-age Children with Disruptive Behavior Problems
Siena Tugendrajch, M.A., University of Missouri-Columbia

(FORSIG-02) Preliminary Comparative Effectiveness of Brief Cognitive Processing Therapy Compared to Traditional Cognitive Processing Therapy on Reducing PTSD Symptom Severity and Externalizing Behaviors
Allison M. Sylvia, B.S., University of Cincinnati

(FORSIG-03) The Impact of General Counseling Services on the Likelihood of Adult Arrest in Externalizing Youth: Lessons from the National Longitudinal Study of Adolescent to Adult Health
Cameron Perrine, M.A., University of Arkansas

(FORSIG-04) The Influence of Conduct Disorder Symptoms on Intimate Partner Violence Perpetration and Victimization and Relationship Functioning
Charli M. Kirby, B.A., Department of Psychiatry & Behavioral Sciences, Medical University of South Carolina

LATINX SIG

(LATINXSIG-01) Latinx Representation in Anxiety/OCD Services Versus Other Psychiatric Hospital Services
Elena Schiavone, B.A., Bradley Hospital

(LATINXSIG-02) Idiographic Family, Peer, and School Problems Among Low-income Latinx Youth Receiving Depression Treatment
Haedy Gorosteta, Depaul University

(LATINXSIG-03) Comparing English and Spanish Speaking Therapists’ Coaching Behaviors
Yessica Green Rosas, University of California, Santa Barbara

(LATINXSIG-04) Social Support and Mental Health Outcomes Among LGB People of Color
Jessica Ruiz, University of Central Florida

(LATINXSIG-05) Acculturation Status Differences Between Latinx Immigrants, Their Parents, and Their Children: Association with Mental Health
Camryn Shepard, University of Arkansas

(LATINXSIG-06) Shared-decision Making with Caregivers of Latinx Youth Following a Large-scale EBP Implementation Effort in Publicly-funded Children’s Mental Health Services
Blanche Wright, M.A., University of California, Los Angeles

(LATINXSIG-07) Testing Dual Paths of Discrimination-related Health Effects Among Immigrant and Us-born Latinxs
Sara Reyes, B.A., University of Nebraska-Lincoln
(LATINXSIG-08) Exploring Research Trust Among Racial and Sexual Minority Research Participants
Wilmer A. Rivas, University of Southern California

MILITARY PSYCHOLOGY SIG

(MVPSIG-01) Permanent Change of Station Moves and Disordered-eating Attitudes and Behaviors in Prevention-seeking Adolescent Military Dependents
M.K. Higgins Neyland, Ph.D.¹, Lisa Shank, Ph.D.¹, Jason Lavender, Ph.D.¹, Alexander Rice, Ph.D.¹, Kathrin Hennigan, B.S.¹, Senait Solomon, B.A.¹, Phillip Kroke, B.S.¹, Natasha Schvey, Ph.D.¹, Tracy Sbrocco, Ph.D.¹, Denise Wilfley, Ph.D.², Sarah Jorgensen, D.O³, Jack Yanovski, M.D., Ph.D.⁴, Cara Olsen, Dr.P.H.¹, Mark Haigney, M.D.¹, David Klein, M.D.⁵, Jeffrey D. Quinnlan, M.D.¹, Marian Tanofsky-Kraff, Ph.D.¹, Rachel Schindler, B.A.¹, 1. Uniformed Services University of the Health Sciences, 2. Washington University School of Medicine, 3. Fort Belvoir Community Hospital, 4. Eunice Kennedy Shriver National Institute of Child Health and Human Development, 5. Joint Bases Andrews and Anacostia-Bolling

MINDFULNESS & ACCEPTANCE SIG

(MASIG-01) Parenting Styles and Trait Mindfulness in Youth: Does It Matter?
Veronica L. O'Brien, LCMHC¹, Tabitha Ostrout, B.A.², Alexa Barrett¹, Christin Collie¹, Nicole Dennis¹, Anna Johnson¹, Brittany Shearer, M.S.¹, Salli Lewis, Ph.D.¹, 1. Center for Research, Assessment, and Treatment Efficacy, 2. Center for Research Assessment, and Treatment Efficacy (CReATE)

(MASIG-02) Cardiovascular Recovery from Emotional Stress: Operationalizing Equanimity Following Mindfulness-based Stress Reduction
Emma E. McBride, M.A., Jeffrey M. Greeson, Ph.D., Rowan University

(MASIG-03) Improvement in Social Anhedonia Is Mediated by Improvement in Mindfulness
Corinne N. Carlton, B.S.¹, Ligia Antezana, M.S.², Katelyn Garcia, B.A.¹, John Richey, Ph.D.¹, 1. Virginia Tech, 2. Virginia Polytechnic Institute and State University

(MASIG-04) Moderating Effect of Trait Mindfulness on Acute Changes in Emotion
Jacqueline K. Douglas, M.S., M.P.S., Peggilee Wupperman, Ph.D., John Jay College of Criminal Justice, City University of New York

(MASIG-05) Trait Mindfulness Predicts Neurocognitive Functioning in University Students
Gabrielle R. Chin, M.A., Jeffrey M. Greeson, PhD, Emma E. McBride, M.A., Hana H. Lee, B.A., Amanda P. Colangelo, Rowan University

(MASIG-06) Mindfulness and Affect: A Network Analytic Approach
Grant Jones, B.A.¹, Matthew Nock, Ph.D.¹, Richard J. McNally, Ph.D.¹, Amanda Shallcross, MPH, ND ², Harvard University, 2. New York University
(MASIG-07) Understanding the Relationship Between Trait Mindfulness, Psychopathology, and Suicidal Ideation Among Ruminative Adolescents
Morgan E. Fisher, Caroline Swords, Lori M. Hilt, Ph.D., Lawrence University

NATIVE AMERICAN ISSUES IN BEHAVIOR THERAPY AND RESEARCH SIG

(NAIBTRSIG-01) The Relationship of Historical Loss and Acculturation with Alcohol Expectancies and Alcohol Use Among Native American People
Melanie Cain, B.A., Carrie Winteroud, Ph.D., Aisha Farra, Oklahoma State University

OBESITY AND EATING DISORDERS SIG

(OEDSIG-01) Validation the Nine Item ARFID Screen (NIAS) Subscales For Distinguishing ARFID Profiles and Differentiating ARFID From Other Eating Disorders
Melissa Dreier 1, B.A., Helen B. Murray 1,2, Ph.D., Kendra R. Becker 1,2, Ph.D., Hana F. Zickgraf 3, Ph.D., Kamryn T. Eddy 1,2, Ph.D., Jennifer J. Thomas 1,2, Ph.D., 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. University of South Alabama

(OEDSIG-02) Disinhibited-Eating and Mood Symptoms in Youth at Risk for Type 2 Diabetes
Taylor Swanson 1,2,3, B.A., Marian Tanofsky-Kraff 1,2,3, Ph.D., Megan N. Parker 1,2, M.S., Eliana Ramirez 1, B.A., Anna Zenno 1, M.D., Sarah LeMay-Russel 1,2, M.S., Meghan E. Byrne 1,2, M.S., Sheila M. Brady 1, MSN, CRNP, Lisa M. Shank 1,2, Ph.D., MPH, Lauren B. Shomaker 4, Ph.D., Jack A. Yanovski 1, M.D., Ph.D., 1. Eunice Kennedy Shriver National Institute of Child Health and Human Development, NIH, 2. Uniformed Services University of the Health Sciences, 3. Metis Foundation and Department of Medicine, Military Cardiovascular Outcomes Research (MiCOR) Program, USU, 4. Colorado State University, College of Health and Human Services

(OEDSIG-03) The Temporal Relationship Between Eating Disorder and Obsessive-Compulsive Disorder Symptoms
Shruti Shankar Ram, B.S., Shelby Ortiz, M.A., Joshua Magee, Ph.D., April R. Smith, Ph.D., Miami University

Kelsey N. Seiter 1, M.S., Katherine E. Belon 2, Ph.D., Jane Ellen Smith 1, Ph.D., 1. University of New Mexico, 2. Raymond G. Murphy VA Medical Center

(OEDSIG-05) Exploring Mindfulness as a Bridge Between Eating Disorder and Post-Traumatic Stress Disorder Symptoms: A Network Analysis
Emma Grace Roberts, Brenna M. Williams, B.A., Cheri A. Levinson, Ph.D., University of Louisville

(OEDSIG-06) The Unique Contribution of Positive Affect on Body Dissatisfaction
Gabriella Pucci, B.A., Emma Harris, B.A., Sarah Horvath, M.S., K. Jean Forney, Ph.D., Ohio University
(OEDSIG-07) An Examination of Appetite Hormones and Cognitive and Behavioral Bulimic Symptomatology
Emily Presseller, B.A., Kelsey Clark, M.S., Caroline Fojtu, (undergraduate), Adrienne Juarascio, Ph.D., Drexel University

(OEDSIG-08) Sexual Minority Stress and Sexual Objectification increase risk for Disordered Eating in Bisexual Women
Shelby Ortiz, B.A., Selime Salim, M.A., April Smith, Ph.D, Terri Messman-Moore, Ph.D., Miami University

(OEDSIG-09) Perceptions of Professional Competence and Trustworthiness: The Influence of Weight
Hannah Fitterman-Harris, B.A., Ruth Shach, M.S., M.P.H., Katrina Friedrich, B.A., Jillon S. Vander Wal, Ph.D., Saint Louis University

(OEDSIG-10) A Craving State of Mind: Examining State- and Trait-based Predictors of Food Consumption
Molly Fennig 1, B.A., Julia M. Hormes 2, Ph.D., Drew A. Anderson 2, Ph.D., Lisa M. Anderson 1, Ph.D., 1. University of Minnesota, 2. University at Albany, State University of New York

OPPRESSION AND RESILIENCE SIG

(ORSIG-01) Examining Treatment Outcomes in an Acute Clinical Care Setting at the Intersection of Racial/ethnic and Sexual/gender Minority Status
Simone Imani Boyd, M.A. 1, Isabel K. Benjamin, B.A., Craig Rodrigues-Seijas, Ph.D. 1, Mark Zimmerman, M.D. 2 1. Rhode Island Hospital. 2. Warren Alpert Medical School of Brown University

(ORSIG-02) Assessing the Toll of Racism in Francophone Communities: Development of the French Version of the University of Connecticut Racial/Ethnic Stress & Trauma Scale (UnRESTS)
Josee-Michele Richer, M.Ed., Monnica T. Williams, Ph.D., Sara de la Salle, B.Sc., Noor Sharif, B.A., University of Ottawa

(ORSIG-03) PrEP Knowledge as a Protective Factor for Intent to Use PreP Among Latinx Sexual Minority Men in Miami
Daniel Hernandez Altamirano, B.S., Daniel Mayo, B.S., Bill Chan, B.S., Steven A. Safren, Ph.D., Audrey Harkness, Ph.D., University of Miami

PARENTING AND FAMILIES SIG

(PFSIG-01) Addressing Black Infant Mortality: Evaluating a Safe Sleep Train-the-trainer Program
Kalani Gates, M.A. 1, Tabitha Dibacco, M.A. 1, Summer Chahin, M.A. 1, Alex Hamilton, M.A. 2, Cheryl Dickson, M.D. 2, Amy Damashek, Ph.D. 1, 1. Western Michigan University, 2. Western Michigan University Homer Stryker School of Medicine
(PFSIG-02) ADHD as a Moderator of Treatment Outcomes for the Multiple Family Group Service Model
Meredith Cohen, Amrita Ramakrishnan, Melinda Stewart, Lia Iwai, Anil Chacko, Ph.D., New York University Department of Applied Psychology

(PFSIG-03) Cultural Socialization Practices Among Parents of Black Children: Exploring Patterns Across International Borders
Ayanda Chakawa, Ph.D., Children’s Mercy Hospital and University of Missouri Kansas City School of Medicine

(PFSIG-04) Predictors of Parent Psychopathology During the COVID-19 Pandemic
Courtney S. Swanson¹, Rosanna Breau, Ph.D.¹, Tyler C. McFayden, M.S.¹, Thomas H. Ollendick, ABPP, Ph.D.², 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech

(PFSIG-05) Parents’ Preferred Sources of Information on Their Children’s Mental Health
Sarah Rabbitt, Ph.D.¹, Olivia Canning², 1. Oberlin College, 2. Rhode Island Hospital

(PFSIG-06) The Moderating Role of Supportive Parenting on the Relation Between Child Irritability and Solitary Play Behaviors
Stephanie N. Pham¹, Kelly A. Smith, B.A.¹, Lindsay R. Druskin², Hailey M. Fleece¹, Kenneth H. Rubin, Ph.D.¹, 1. University of Maryland, College Park, 2. West Virginia University

(PFSIG-07) Testing Gender as a Moderator of the Association Between Direct Inhibitory Control Tasks and Teacher Ratings
Stephanie Burns, Christie Pickel, Darcey M. Allan, Ph.D., Ohio University

PSYCHOSIS AND SCHIZOPHRENIA SPECTRUM SIG

(PSSSIG-01) “Mini-quits” for Enhancing Smoking Cessation for Persons with Comorbid Serious Mental Illness and Tobacco Dependence: A Mixed Methods Study
Diana Arntz*, Ph.D., Kristina Schnitzer¹, ³, M.D., Nathaniel Phillips, B.A.¹, Melissa Culhane Maravic¹, Ph.D., MPH, Sally Reyering⁴, M.D., Michael Fetters⁵,⁶, M.D., MPH, Gladys N. Pachas¹, ³, M.D., Bianca Deeb¹, MSW, Sarah Pratt⁸, Ph.D., Corinne Cather*,¹,²,³, Ph.D., A. Eden Evins¹,²,³, M.D., MPH, 1. Center for Addiction Medicine, Department of Psychiatry, Massachusetts General Hospital, 2. Center of Excellence for Psychosocial & Systemic Research, Massachusetts General Hospital, 3. Department of Psychiatry, Harvard Medical School, 4. Massachusetts Psychiatric Society, Waltham, MA, 5. Mixed Methods Research & Scholarship Program, University of Michigan, Ann Arbor, 6. Department of Family Medicine, University of Michigan, Ann Arbor, 7. Bay Cove Human Services, 8. Department of Psychiatry, The Dartmouth Institute, Concord

(PSSSIG-02) Person-first Language, Identify-first Language and Their Effect on People with Serious Mental Illness: A Scoping Study
Robert Mercado, B.S.¹, Shelly Ben- David, Ph.D.², Emily B.H. Treichler¹,³, Ph.D., 1. VA San Diego Mental Illness Research, Education, and Clinical Center (MIRECC), 2. University of British Columbia, 3. University of California, San Diego
(PSSSIG-03) The Impact of Recovery-oriented Cognitive Therapy on Improving Agency and Temporal Self-evaluations
Ivy R. Tran 1, M.A., Mark Serper 1, Ph.D., Nicholas Forand 2, Ph.D., Whitney Muscat 1, M.A., Ecem Demirli 1, M.A., Elisa Nelson 3, Ph.D., Nina Bertolami 3, B.A., Paul Grant 3, Ph.D., 1. Hofstra University, 2. Northwell Zucker Hillside Hospital, 3. Beck Institute

(PSSSIG-04) Potential of Priming Effects to Enhance the Efficacy of a Simple Behavioral Intervention on Attenuated Psychotic Symptoms in an Undergraduate Population
Katie Beck-Felts, B.A.1, Rebecca M. Wolfe, M.A.2, Jessica Stinson, M.A.2, Elaine F. Walker, Ph.D.1, Charlie A. Davidson, Ph.D.*1,2 1. Department of Psychology, Emory University, 2. Department of Psychology, University of Nebraska – Lincoln, 3. ABCT Member

(PSSSIG-05) An Estimated Prevalence of Cognitive Behavioral Therapy for Psychosis (CBTp) Providers in the U.S. and Canada
Elizabeth Nutting, Sarah Kopelovich, Ph.D., Clarence Spigner, MPH, DrPH, Helen Teresa Buckland, Ph.D., Jennifer Blank, B.A., University of Washington

(PSSSIG-06) Motivation and Psychotic Symptoms as Predictors of Role Functioning in First Episode Psychosis
Nicole R. DeTore, Ph.D.*1,2, Oyenike Balogun-Mwangi, Ph.D.3, Miriam Tepper, M.D.2,4, Samantha Hines, B.A.1, Corinne Cather, Ph.D.*1,2, Zlatka Russinova, Ph.D.5, & Kim T. Mueser, Ph.D.*5 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. Salve Regina University, 4. Cambridge Health Alliance, 5. Boston University

(PSSSIG-07) Helping Young Adults Succeed at Work and School Through IPS Supported Employment
Gary Bond, Deborah Becker, Sarah Swanson, Jessica Marbacher, Daniel Ressler, Robert Drake, Westat

SEXUAL AND GENDER MINORITY SIG

(SGMSIG-01) Non-binary Assigned Male at Birth Individuals Report the Highest Odds of Suicidal and Self-harm Ideation Relative to Other Patients: Findings from a Large Community Health Sample
Norik Kirakosian, B.S., Massachusetts General Hospital, Behavioral Medicine Program

(SGMSIG-02) Sexual Assault Revictimization Among Sexual Minority Individuals: A Systematic Review and Meta-analysis
Allyson Blackburn, B.A., University of Illinois at Urbana-Champaign

(SGMSIG-03) Whose Side am I On? Examining Conflicts in Allegiances as a Mediator Between Intersectional Discrimination and Mental Health Among Latinx Sexual Minority Adults
Benjamin F. Shepherd, Nova Southeastern University

(SGMSIG-04) Sexual Minority Stress Across Different Racial/ethnic Groups: The Role of Parental Rejection
Kathleen K. Little, B.S., University of Miami
(SGMSIG-05) Childhood Adversity and Adult Somatic Symptoms Among Latinx Sexual Minority Men: The Moderating Role of Stigma-related Mental Health Knowledge
Daniel Mayo, B.S., University of Miami

(SGMSIG-06) Impact of Social Support and Social Stress on the Psychosocial Functioning of Transgender Youth
Nicole D. Cardona, M.A., Boston University, Department of Psychological and Brain Sciences

(SGMSIG-07) Expanding the Spectrum: The Sexual Identity, Behavior, and Attraction of Transgender and Gender Diverse People
Kalei Glozier, B.A., Michigan State University

(SGMSIG-08) Relationship Between Childhood Sexual Abuse, Trauma Symptoms, and Risky Sexual Behaviors Among Men Who Have Sex with Men
Sara Rodriguez, B.A., The Fenway Institute

(SGMSIG-09) Testing Minority Stress Theory: A Systematic Review of Minority Stress Factors and Suicide Ideation and Attempt in Sexual Minorities
Shayan Asadi, B.A., Centre for Addiction and Mental Health

(SGMSIG-10) Serving Queer People of Color: A National Peer Support Helpline by and for LGBTQ+ South Asians
Kevin Narine, B.A., Perelman School of Medicine at the University of Pennsylvania

(SGMSIG-11) Latino Sexual Minority Men’s Sexual and Behavioral Health During COVID-19: A Syndemic Perspective
Elliott Weinstein, MPH, Health Promotion and Care Research Lab, University of Miami

(SGMSIG-12) Sexual Orientation-based Victimization and Suicidality: How Race Matters
Ashley Pate, M.S., Mississippi State University

SUICIDE AND SELF-INJURY SIG

(SSISIG-01) The Frequency of Suicidal Thoughts Prior to Treatment Influences Resolution of Suicidal Ideation During Treatment
Douglas Terrill, B.A., Rhode Island Hospital/Alpert Medical School of Brown University

(SSISIG-02) The Impact of Adolescent and Adult Social Functioning on Self-injurious Thoughts and Behaviors
Simone I. Boyd, M.A., Rhode Island Hospital Department of Psychiatry

(SSISIG-03) Exploring the Relationship Between Functions of Non-suicidal Self-injury and the Self-injury Implicit Association Test
Nigel Jaffe, Williams College

(SSISIG-04) Suicidal Ideation During the COVID-19 Pandemic: Examining a Diverse Sample of Adolescents and Young Adults
Ilana Gratch, B.A., Teachers College, Columbia University
(SSISIG-05) The Relationship Between Disclosure of Suicidality and Suicide Attempt History Among Young Adults  
Lauren Richardson, Texas Tech University

(SSISIG-06) The Decision to Help-seek Immediately Following a Suicide Attempt: Prevalence and Correlates Within an Emergency Department Sample  
Anne Knorr, B.A., Geisinger Medical Center

(SSISIG-07) Does Impulsivity Differentiate College Students with Increasing Severity of Suicidality over and Above Ideation-to-action Theories?  
Lourah M. Kelly, Ph.D., University of Connecticut, School of Medicine

(SSISIG-08) Comparing Outcomes of a Suicide Risk Reduction Intensive Outpatient Program to an Adapted Version for Low Income Community Health Settings  
Megan Lacritz, University of Texas Southwestern and Children’s Health

(SSISIG-09) Feedback Processing as It Relates to Suicidal Ideation and Suicidal Behavior  
Asha Pavuluri, B.S., M.S., University of Maryland, College Park

(SSISIG-10) Factors Associated with Non-suicidal Self-injury in an Undergraduate Academically-at-risk Sample  
Lia Follet, B.S., University of Maryland at College Park

(SSISIG-11) Does Social Media Use Confer Suicide Risk? A Systematic Review of the Evidence  
Jose Menjivar, Hunter College

(SSISIG-12) Family Emotional Functioning as a Longitudinal Predictor of Adolescent Suicidal Ideation  
Katherine Sarkisian, M.S., University of Wisconsin-Madison

(SSISIG-13) Clinical Severity and Internet Behaviors in an Online Non-suicidal Self-injury Sample: A Gender Status Comparison  
Vincent P. Corcoran, M.A., Fordham University

**STUDENT SIG**

(STUDENTSIG-01) Trainee Attitudes Towards Evidence-based Practice Before Training Predict Their Post-training Skill Acquisition  
Mariah McIntosh, University of Arkansas

(STUDENTSIG-02) Insecure Attachment Explains the Relationship Between Intimate Partner Violence Victimization and Depressive Symptoms  
Blake S. Farrell, University of Tennessee - Knoxville

(STUDENTSIG-03) My Name Is My Identity: Understanding Conceptualizations of Gender Identity to Improve Measurement  
Sage Volk, University of Nebraska-Lincoln

(STUDENTSIG-04) A Review of Diagnostic Instruments for Children on the Autism Spectrum: Methodological and Gender Considerations  
Rebecca Bradley1, Ayla R. Mapes, M.A.1, Hannah N. Booker2, Lauren B. Quetsch, Ph.D.1,  
1. University of Arkansas, 2. Harding University, Department of Behavioral Sciences
(TOCRDSIG-01) Diurnal Tic Frequency in Adults with Tourette’s Disorder

(TOCRDSIG-02) The Relationship Between Insight into OCD Symptoms and Psychiatric Comorbidity Among Patients Seeking Intensive/residential Treatment for OCD
Andreas Bezahler, B.S.1, Devin Dattolico, B.S.2, Martha Falkenstein, Ph.D.2, Jason Krompinger, Ph.D.3, 1. OCD Institute, Office of Clinical and Assessment Research, McLean Hospital/Harvard Medical School, 2. McLean Hospital, 3. McLean Hospital OCD Institute; Harvard Medical School.

(TOCRDSIG-03) Homelessness Risk in a Sample of Low-income Older Adults with Hoarding Disorder

(TOCRDSIG-04) Response Inhibition in Youth with OCD and Comorbid Tics, Hair-pulling, and Skin-picking
Erin M. Mamaril, B.S.1, Kristen G. Benito, Ph.D.1, Sarah H. Morris, Ph.D.1, Christine Conelea, Ph.D.2, Nicole McLaughlin, Ph.D.3, Anna S. Charlton, B.S.3, Brady Case, M.D.3, Abbe Garcia, Ph.D.3, 1. Alpert Warren Medical School of Brown University, Pediatric Anxiety Research Center, Bradley Hospital, 2. University of Minnesota, 3. Alpert Warren Medical School of Brown University, Butler Hospital.

(TOCRDSIG-05) OCD Symptom Severity and Quality of Life 1 Year Following Intensive/residential Treatment
Caroline Strang1, Martha Falkenstein, Ph.D.2, 1. Scripps College, 2. McLean Hospital.

(TOCRDSIG-06) Utility of Emotion Regulation Strategies in Intensive Treatment of Obsessive-compulsive Disorder
Melissa Wei, M.A.1, Nathaniel Van Kirk, Ph.D.2, Adam M. Reid, Ph.D.3, 1. Harvard University, 2. McLean Hospital/Harvard Medical School, 3. CBTeam, LLC.

(TOCRDSIG-07) Content Analysis of Twitter Chatter About Tic Disorders
Serina E. Weiler, Kalina Regnier, Isaac P. Seneca, Anjelica M. Martinez, Matthew Capriotti, Ph.D., San Jose State University.
**TRAUMA AND PTSD SIG**

**(TPTSDSIG-01)** Bystander Attitudes and Efficacy: Links to PTSD Symptoms and Type of Trauma Exposure  
Erika Boohar, B.A., Elizabeth Otto, B.A., Hanna M. Grandgenett, M.A., Shaina A. Kumar, M.A., David DiLillo, Ph.D., University of Nebraska-Lincoln

**(TPTSDSIG-02)** Assessing Trauma History Using Self-report: The Misclassification of Trauma Exposure Status  
Mryannda Cook, B.A., Dane Rivers, Cameron P. Pugach, M.A., Blair Wisco, Ph.D., The University of North Carolina at Greensboro

**(TPTSDSIG-03)** Trauma and Emotional Difficulties in Active-duty Soldiers  
Arielle Hershkovich, B.A.¹, Faigy Mandelbaum, M.A.², Mitchell L. Schare, ABPP, Ph.D.³, Oren Hason, B.A.⁴, Laura Rabin, Ph.D.⁵, 1. Montclair State University, 2. Brooklyn College of CUNY, 3. Hofstra University, 4. Lone Soldier Center, Jerusalem, Israel

**(TPTSDSIG-04)** Do Social Skills Protect Against Internalizing and Externalizing Symptoms in Youth Exposed to Violence in Multiple Contexts?  
Emily Hockenberry, B.A., Amy H. Lee, M.A., Elissa J. Brown, Ph.D., St. John’s University

**(TPTSDSIG-05)** Characterizing the Trauma and Trauma Treatment Experiences of Unaccompanied Migrant Children (UAC) in the United States  
Zabin S. Patel, M.P.H., M.S.¹, Elizabeth Casline, M.S.¹, Vanessa Ramirez, Psy.D.², Amanda Jensen-Doss, Ph.D.², 1. University of Miami, 2. Kristi House Children’s Advocacy Center

**(TPTSDSIG-06)** Types of Trauma-related Blame and Posttraumatic Distress  
Catherine M. Reich, Ph.D.¹, Kelly McKnight¹, Stephanie A. Sacks, Ph.D.², Naseem Farahid, Other¹, Tanya Mulzon,³, Grace Pegel, B.S.¹, Jeremy Jamieson, B.S.¹, 1. University of Minnesota Duluth, 2. Cognitive Behavioral Therapy Center of the Palm Beaches, 3. Lake Superior College

**(TPTSDSIG-07)** Post-traumatic Growth After Sexual Assault: Associations with Romantic Partner Disclosure  
Emily Turner, Anais Ortiz, Sarah T. Giff, M.A., Keith D. Renshaw, Ph.D., Jennifer DiMauro, George Mason University

**(TPTSDSIG-08)** The Relationship Between Perfectionistic Cognitions and Posttraumatic Stress Symptom Change During CBT in a Treatment-seeking Trauma-exposed Sample  
Eirini Zoupou,¹, Reem AlRabiah, B.A.¹, Jesse McCann, B.S.¹, Jeremy Tyler, Psy.D.², 1. University of Pennsylvania, 2. University of Pennsylvania School of Medicine

**TECHNOLOGY AND BEHAVIOR CHANGE SIG**

**(TECHSIG-01)** The Supporting Providers and Reaching Kids Toolkit: A Tablet-based Tool to Promote Delivery of Trauma-focused Cognitive Behavioral Therapy  
Nicole Litvitskiy, Medical University of South Carolina
(TECHSIG-02) The Ethical Implications of Using Social Media to Retain Justice-involved Youth in Behavioral Health Research
Christopher Rodriguez, University of California San Francisco

(TECHSIG-03) Introducing “ruminaid”: The Development of an Evidence-based Intervention App for Depressive Rumination
Eve Rosenfeld, M.A., University at Buffalo

(TECHSIG-04) How Has COVID-19 Impacted College Students’ Perceptions of Intellicare, A Digital Stress Management App?
Emily Hersch, Northwestern University

(TECHSIG-05) Multidisciplinary Iterative Design Process of Supporting Providers and Reaching Kids Toolkit
Gabriela Becerra, Medical University of South Carolina

WOMEN’S ISSUES IN BEHAVIOR THERAPY SIG

(WIBTSIG-01) Shame and Guilt as Moderators for the Relationship Between Rape Attributions and Posttraumatic Growth in Sexual Assault Survivors
Emily Turner, Sarah T. Giff, M.A., Keith D. Renshaw, Ph.D., Anais Ortiz, George Mason University

(WIBTSIG-02) The Processes Operating Between Women’s Body Image and Sexual Outcomes to Target in Clinical Intervention
Kasey Morey, Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Kendall N. Poovey, B.A., Western Carolina University

(WIBTSIG-03) Beliefs About Alcohol’s Role in Sexual Consent and Consent Behaviors Among College Students
Cari B. Lee, B.A., Shawn P. Cahill, Ph.D., Benjamin W. Katz, B.A., University of Wisconsin - Milwaukee

(WIBTSIG-04) Women’s Sexual Pleasure: Roles of Dissociation and Partner Responsiveness During Sexual Assault Discussions
Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Kasey Morey, Kendall N. Poovey, B.A., Western Carolina University

(WIBTSIG-05) Heavy Episodic Drinking and Sexual Victimization in White and Asian College Women
Aria Wiseblatt, B.A., Maria Testa, Ph.D., Jennifer P. Read, Ph.D., University at Buffalo, State University of New York

(WIBTSIG-06) Does Previous Help-seeking Moderate the Association Between Positive Problem Solving and PTSD Symptoms in Adult Women Survivors of Intimate Partner Violence
Katherine Nesbitt, Bre’Anna L. Free, B.A., Rivian K. Lewin, M.S., Rimsha Majeed, M.S., Nicollette Dwyer, Sam Brackens, J. Gayle Beck, Ph.D., University of Memphis
(WIBTSIG-07) Racial Differences in Socioecological Resources Among Treatment-seeking Female Veterans Endorsing Assaultive Military Sexual Trauma

Michelle Fernando, M.S.¹, Shelly Thornton, Lisa Valentine, Ph.D.², Erin Smith, Ph.D.³, Natalie Wilver, Minden B. Sexton, Ph.D.³, 1. Eastern Michigan University, 2. Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry, 3. Ann Arbor Veterans Healthcare System
Saturday, November 21, 2020

PS 8: MILITARY AND VETERANS PSYCHOLOGY; SUICIDE AND SELF-INJURY

Poster Session 8A

Key Words: Veterans, Suicide, Translational Research

(PS8-A1) White Matter Integrity, Suicidal Ideation, and Executive Dysfunction in Veterans: Targets for Future Treatment

(PS8-A2) Examining the Role of Income and Employment on Digital Monitoring Studies with Psychiatric Patients
Maha Al-Suwaidi, B.A.1, Franckie Ramirez, M.A.1, Rebecca Fortgang, Ph.D.1, Dylan DeMarco1, Hye In Lee, B.S.1, Daniel Coppersmith, M.A.1, Shirley B. Wang, M.A.1, Evan Kleiman, Ph.D.2, Kate Bentley, Ph.D.3, Alexander Millner, Ph.D.1, Kelly Zuromski, Ph.D.1, Jeffrey Huffman, M.D.4, Matthew Nock, Ph.D.1, 1. Harvard University, 2. Rutgers, The State University of New Jersey, 3. Massachusetts General Hospital/Harvard Medical School, 4. Massachusetts General Hospital (MGH)

(PS8-A4) Differences in Cognitive and Emotional Responses Across Moral Injury Types in Veterans
Candice L. Hayden, B.A.1, Adam P. McGuire, Ph.D.2, 1. University of Texas at Tyler, 2. VISN 17 Center of Excellence for Research on Returning War Veterans

(PS8-A5) Risk and Resilience Correlates with Non-suicidal Self-injury Among Left Behind Adolescents in Rural China
Carly Maitlin, B.A.1, Rachel Y. Levin, B.A.2, Richard Liu, Ph.D.1, Xiangru Zhu, Ph.D.3, Christina M. Sanzari, B.A.1, 1. Warren Alpert Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School, 3. Henan University
(PS8-A6) The Impact of Resilience and Social Support on the Relationship Between PTSD and Eating Disorders Among Veterans
Megan Sienkiewicz, B.S.¹, Sabrina L. Hardin, B.A.¹, Erika J. Wolf, Ph.D.², Karen Mitchell, Ph.D.¹. 1. National Center for PTSD Women’s Health Sciences Division, VA Boston Healthcare System, 2. National Center for PTSD Behavioral Science Division, VA Boston Healthcare System

(PS8-A7) Variability in Attitudes Towards Safety Planning Across Provider Type
Katherine Wislocki, B.A.¹, Emily Becker-Haines, Ph.D.², Courtney Wolk, Ph.D.³, Molly Davis, Ph.D.⁴, Shari Jager-Hyman, Ph.D.⁴, Anne Futterer, B.A., M.S.⁴, Darby Marx, B.A.⁴, Jami Young, Ph.D.⁵, Jennifer A. Maurine, ABPP, Ph.D.⁶, Rinad S. Beidas, Ph.D.². 1. University of Pennsylvania School of Medicine, 2. University of Pennsylvania, 3. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania, 4. Perelman School of Medicine at the University of Pennsylvania, 5. Children’s Hospital of Philadelphia, University of Pennsylvania Perelman School of Medicine, 6. Children’s Hospital of Philadelphia/University of Pennsylvania

(PS8-A8) Fear of Negative Evaluation and Impulsivity-like Traits: Independent and Interactive Effects on Suicidal Ideation Among College Students
Emma G. Preston, B.A.¹, Adrian Bravo, Ph.D.², Margo Hurlocker, Ph.D.³, Elizabeth B. Raposa, Ph.D.². 1. University of Southern California, 2. College of William & Mary, 3. University of New Mexico, 4. Fordham University

(PS8-A9) Sexual Minority Status and NSSI History Within Emerging Adults and Adolescents
Meredith B. Whitfield, B.S.¹, Amy M. Brausch, Ph.D.¹, Jennifer J. Muehlenkamp, Ph.D.². 1. Western Kentucky University, 2. University of Wisconsin - Eau Claire

(PS8-A10) Body Investment as a Protective Factor in the Relationship Between Acquired Capability for Suicide and Suicidal Behavior
Amy M. Brausch, Ph.D., Paige Nichols, B.A., Eliza Laves, B.S., Rebekah Clapham, B.A., Western Kentucky University

(PS8-A11) Clarifying the Role of Emotion Dysregulation in the Relationship Between Childhood Maltreatment and NSSI
Sherry E. Woods, M.S., Lauren Haliczer, M.A., Nathan Fitzgerald, Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts, Amherst

(PS8-A12) Disordered Eating Behaviors and Acquired Capability for Suicide Among Women Who Engage in Non-suicidal Self-injury
Chelsea R. Ennis, Ph.D.¹, Allison Daurio, B.A.², Kimberly M. Martinez, B.A.³, Jeanette Taylor, Ph.D.². 1. Southeast Louisiana Veterans Health Care System, 2. Florida State University, 3. University at Albany, State University of New York

(PS8-A13) Association Between Anxiety and Suicidality in College Students
Danielle M. Moskow, M.A.¹, Sarah K. Lipson, Ph.D.², Martha C. Tompson, Ph.D.¹. 1. Boston University, 2. Boston University School of Public Health

(PS8-A14) A Systematic Review of Posttraumatic Stress and Resilience Trajectories and Covariates in Veterans and Service Members
Jeffrey M. Pavlacic, M.A.¹, Erin M. Buchanan, Ph.D.², Shannon McCaslin, Ph.D.³, Stefan E. Schulenberg, Ph.D.¹. 1. University of Mississippi, 2. Harrisburg University, 3. National Center for PTSD
(PS8-A15) In-theater Diagnostic Rates of Anxiety Disorders Among US Army Soldiers Between 2008 and 2013
Larissa Tate, M.S., Maegan M. Paxton Willing, M.S., David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences

(PS8-A16) Affect Intensity and Non-suicidal Self-injury: The Moderating Role of Emotional Avoidance
Nazaret C. Suazo, B.A.¹, Svetlana Goncharenko, M.A.², Alexa M. Raudales, B.A.², Ateka Contractor, Ph.D.¹, Nicole H. Weiss, Ph.D.¹, 1. Alpert Medical School of Brown University, 2. University of Rhode Island, 3. University of North Texas

(PS8-A17) The Impact of the Military Lifestyle on Alexithymia in Adult Military Children
Brianne Freeman, M.S., Emily Georgia Salivar, Ph.D., Nova Southeastern University

(PS8-A18) Testing Racial and Ethnic Differences Across Specific Features of Nonsuicidal Self-injury
Kerri-Anne Bell, M.A., Zareen Mir, B.A., Eleonora M. Guzmán, Christine B. Cha, Ph.D., Teachers College, Columbia University

(PS8-A19) Incidence Rates of Sleep Diagnoses in Deployed Service Members from 2008 to 2013
Maegan M. Paxton Willing, M.S., Larissa Tate, M.S., David S. Riggs, Ph.D., Uniformed Services University of the Health Sciences

(PS8-A21) Examining the Interplay of Military Sexual Trauma and Emotion Dysregulation on Alcohol Misuse Among US Military Veterans
Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas

(PS8-A22) Morally Injurious Experiences and Alcohol Misuse: The Moderating Role of Positive Emotion Dysregulation
Shannon R. Forkus, M.A.¹, Melissa Schick, M.A.¹, Svetlana Goncharenko, M.A.², Emmanuel D. Thomas, B.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas

(PS8-A23) Self-efficacy and Coping Style in Iraq and Afghanistan-era Veterans with and Without Mild Traumatic Brain Injury and Posttraumatic Stress Disorder
McKenna S. Sakamoto, B.A.¹, Victoria C. Merritt, Ph.D.¹, Sarah M. Jurick, Ph.D.¹, Laura D. Crocker, Ph.D.¹, Samantha N. Hoffman, B.S.², Amy J. Jak, Ph.D.¹, 1. VA San Diego Healthcare System, 2. San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology

(PS8-A24) Examining Quality of Life in Veterans with PTSD: The Potential Roles of Mental Health Symptoms and Protective Factors
Binh An Howard, B.A., Christina Burns, B.A., Taeja Mitchell, M.S., Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans

Emma A. Archibald, B.A., Amy E. Street, Ph.D., Jaimie L. Gradus, D. Phil., M.P.H., National Center for PTSD
Poster Session 8B

Key Words: Adolescents, Self-Injury, Suicide

(PS8-B26) Distress Tolerance: A Protective Factor for Emotionally Dysregulated Adolescents with NSSI
Emma Smith, B.A.¹, Ibukun Olabinjo, B.A.², Alissa Ellis, M.A., Ph.D.³, Jocelyn Meza, Ph.D.³, Joan Asarnow, Ph.D.³, 1. University of California, Los Angeles, University of California, Davis, 2. UCLA Semel Institute of Neuroscience, 3. UCLA School of Medicine

(PS8-B27) Mechanisms of Fear of Missing out in Relation to Thwarted Belongingness and Perceived Burdensomeness: Role of Anxiety and Self-esteem
Natasaha Basu, M.A., Phillip M. Smith, Ph.D., University of South Alabama

(PS8-B28) Treatment Expectations, Rejection Sensitivity and Suicidality in Acute Psychiatric Treatment
Jessica M. Duda, B.A.¹, Hans S. Schroder, Ph.D.², Inga D. Wessman, M.S.³, Ivar Snorrason, Ph.D.⁴, Kirsten Christensen, B.S.¹, Thóroður Bjorgvinsson, Ph.D.⁵, 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School, 3. University of Iceland, 4. Harvard Medical School, 5. McLean Hospital & Harvard Medical School

(PS8-B29) Somatic Symptoms of Depression Predict Self-injurious Behavior in Adolescent Girls

(PS8-B30) Suicide Prevention via Social Cognitive Theory: Mediating Effect of Stigma on Mental Health Attitudes and Help-seeking Behavior Among Youth
Ariel M. Domlyn, M.A.¹, Darien Collins, B.A.¹, Hunter Bury, B.A.¹, Paige Selking, B.A.², Bill Lindsey, Mark Weist, Ph.D.¹, 1. University of South Carolina, 2. National Alliance on Mental Illness of South Carolina

(PS8-B31) The Impact of NSSI and Sexual Assault Co-occurrences on Disclosure Characteristics
Keely Thornton, Brooke Ammerman, Ph.D., University of Notre Dame

(PS8-B32) Assessing Mental Health Risk Factors for Suicidal Ideation Among Hispanic Youth in the Juvenile Justice System
Sheiry Soriano, M.A., Elizabeth Thompson, Ph.D., Kara A. Fox, B.A., Anthony Spirito, Ph.D., Kathleen Kemp, Ph.D., Warren Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior

(PS8-B33) The Impact of State Anti-discrimination Laws on the Relationship Between Minority Stressors and Suicide Attempts Among Transgender and Gender Diverse Adults
Ana Rabasco, M.A., Margaret Andover, Ph.D., Fordham University
(PS8-B34) Self-esteem Partially Mediates the Relationship Between Internalized Racism, Internalized Heterosexism, and Suicidal Ideation Among Latino Gay Men
Andrew M. Huckins-Noss, B.A.¹, Nestor Noyola, B.S., M.A.², 1. Harvard University, 2. Clark University

(PS8-B35) Development and Validation of the Expectancies for Body-focused Coping Questionnaire
Courtney Forbes, M.A., Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo

Matison W. McCool, M.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington

(PS8-B37) Suicidal Thoughts and Behaviors in Preadolescent Children: Findings and Replication in Two Population-based Samples
Rachel Walsh, B.S.¹, Ana E. Sheehan, B.A.², Richard Liu, Ph.D.³, 1. Temple University, 2. University of Delaware, 3. Alpert Warren Medical School of Brown University

(PS8-B38) Using Natural Language Processing to Examine Suicide Attempt Narratives Among Adults Admitted to Inpatient Psychiatry
Jaclyn C. Kears, M.A.¹, Catarina L. Carosa, B.A.², Sarah E. Pursell ¹, Edmund Pizzarello, B.A.³, Kenneth R. Conner, M.P.H., Psy.D.³, 1. University of Rochester, 2. Butler Hospital, 3. University of Rochester Medical Center

(PS8-B39) Reducing Suicide Risk After Psychiatric Hospitalization: Improving Valued Living May Target Hopelessness Among Veterans
Caroline S. Holman, Ph.D.¹, Melanie L. Bozzay, Ph.D.¹, Ivan W. Miller, III, Ph.D.², Jennifer Primack, Ph.D.³, 1. Brown University & Providence VA Medical Center, 2. Brown University & Butler Hospital

(PS8-B40) High Betrayal Trauma and Suicide Risk and Resilience: Does Timing Matter?
Holly R. Gerber, M.S., Arthur M. Nezu, MA, PhD, DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Drexel University

(PS8-B41) Effects of Residential Dialectical Behavioral Therapy on Emotion Dysregulation and Risk-taking Behaviors for Suicidal/Self-harming Adolescents
Emily A. Kumpf, B.A., Luciana G. Payne, Ph.D., Alan Fruzzetti, Ph.D., Cynthia Kaplan, Ph.D., McLean Hospital and Harvard Medical School

(PS8-B42) Emotion Regulation as a Mediator Between Physical Aggression and the Frequency of Lifetime Suicide Attempts
Catarina L. Carosa, B.A.¹, Alyson B. Randall, B.A.², Jessica F. Sandler, B.A.², Heather Schatten, Ph.D.², Ivan W. Miller, III, Ph.D.², Michael F. Armey, Ph.D.², 1. Butler Hospital, 2. Brown University & Butler Hospital
(PS8-B43) Psychometric Properties of an Updated Self-injurious Thoughts and Behaviors Interview: Reliability and Inter-informant Agreement of Suicide Attempt Among Adolescents

(PS8-B44) Assessing Nonsuicidal Self-injury in Adolescents: Reliability and Inter-informant Agreement of an Updated Self-injurious Thoughts and Behaviors Interview

(PS8-B45) Social Support and Nonsuicidal Self-injury Among Adolescent Psychiatric Inpatients
John Kellerman, B.A., Alexander Millner, Ph.D., Victoria Joyce, B.S., Carol Nash, M.S., Ralph Buonopane, Ph.D., Matthew Nock, Ph.D., Evan Kleiman, Ph.D., 1. Rutgers University, The State University of New Jersey, 2. Harvard University, 3. Franciscan Children’s Hospital

(PS8-B46) Differences in Nonsuicidal Self-injury Functions Among Heterosexual and Sexual Minority Groups

(PS8-B47) Does Sexual Minority Identity Differentiate Risk for Suicidal Thoughts and Behaviors Among Those Who Engage in NSSI?
Ava K. Ferguson, B.S., M.S., Meredith B. Whitfield, B.S., Eliza Laves, B.S., Jennifer J. Muehlenkamp, Ph.D., Amy M. Brausch, Ph.D., 1. Western Kentucky University, University of Southern Mississippi, 2. Western Kentucky University, 3. University of Wisconsin - Eau Claire

(PS8-B48) An Experimental Approach to Assess Stigmatizing Attitudes Towards Persons Who Die by Suicide and Their Loved Ones
Hannah R. Krall, B.A., Casey A. Schofield, Ph.D., Skidmore College

(PS8-B50) Perceived Burden Among Adult Medical Patients: Associations with Liability, Self-hate, and Suicide Risk
Annabelle M. Mournet, B.A., Ian H. Stanley, M.S., Deborah J. Snyder, LCSW, MSW, Maryland Pao, M.D., Lisa M. Horowitz, M.P.H., Ph.D., 1. National Institute of Mental Health, 2. VA Boston Healthcare System
Poster Session 8C

Key Words: Emotion Regulation, Suicide, Adolescents

(PS8-C51) Emotion Regulation Problems and Suicidality Among Adolescent Psychiatric Inpatients
Megan E. Rech, B.A., Michelle A. Patriquin, ABPP, Ph.D., The Menninger Clinic

(PS8-C52) Emotion Regulation Deficits and Their Physiological Substrates Predict Suicide Risk
Zachary DeMoss, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS8-C53) Perceived Social Support as Moderator for Non-suicidal Self-injury Frequency Among Emerging Adults: Type of Social Support Matters
Li Shen Chong, B.S., Rachel Clegg, M.A., Edward C. Merritt, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York

(PS8-C54) Exploration of the Potential Impact of a Resilience-based Intervention on Suicidal Ideation and Positive Affect During the First Semester of College
Elisabeth Akeman, M.S., Namik Kirlic, Ph.D., Kelly T. Cosgrove, M.A., Danielle Deville, M.A., Timothy J. McDermott, M.A., Robin L. Auperle, Ph.D., Laureate Institute for Brain Research

(PS8-C55) Social Problem-Solving Moderates Perceived Stress and Emotion Reactivity in Predicting Suicide Ideation Among College Students
Arthur M. Nezu, MA, Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Holly R. Gerber, M.S., Jenna Damico, B.S., Dicle Ozel, B.S., Drexel University

(PS8-C56) The Moderating Effect of Social Support on the Association Between Emotion Dysregulation and Non-suicidal and Suicidal Behavior
Amy M. Brausch, Ph.D., Eliza Laves, B.S., Western Kentucky University

(PS8-C57) Evaluating an Acceptance and Commitment Group Intervention for Suicidal Individuals with Emotional Pain

(PS8-C58) History of Non-suicidal Self-injury Moderates the Relation of Rejection Distress to Increased Risk for Eating Disorder Urges: A Daily Diary Study

(PS8-C59) Social Problem Solving Mediates the Relationship Between Sexual Harassment and Suicide Ideation
Jenna Damico, B.S., Arthur M. Nezu, M.A., Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Holly R. Gerber, M.S., Dicle Ozel, B.S., Drexel University

(PS8-C60) Family Support and Peer Support Moderate the Relationship Between Distress Tolerance and Suicide Risk in Black College Students
Anisha L. Thomas, M.A., Amy M. Brausch, Ph.D., 1. Mississippi State University, 2. Western Kentucky University
(PS8-C61) Suicide Intervention Practices of Community Mental Health Care Providers
Hannah Tyler, Ph.D.¹, Brooke Fina, LCSW¹, John Moring, Ph.D.², Katherine Dondanville, ABPP, Psy.D.¹, David Rozek, Ph.D.³, 1. University of Texas Health Science Center at San Antonio, 2. University of Texas Health, 3. University of Central Florida

(PS8-C62) Cross-sectional Analysis of LGBTQ and Non-LGBTQ Adolescents Entering a Suicide Prevention Intensive Outpatient Program
Molly Michaels, M.A.¹, Jessica King, Ph.D.², Graziela Solomon, M.S.², Sunita M. Stewart, ABPP, Ph.D.³, 1. UT Southwestern, 2. Children’s Medical Center Dallas, 3. UT Southwestern and Children’s Health, Dallas

(PS8-C63) Examining the Relationship Between an Interpersonal Stressor, Dissociation, and Negative Affect Among Those with and Without NSSI
Elizabeth Eberlin, B.A., Lauren Halicer, M.A., Katherine L. Dixon-Gordon, Ph.D., University of Massachusetts Amherst

(PS8-C64) Examining the Different Effects of Sources of Social Support on the Relationship Between Non-Suicidal Self-injury and Suicide Risk Among LGBTQ-identifying Youth

(PS8-C65) Delayed Reward Discounting in High and Low Lethality Suicide Attempts
Jessica L. Gerner, B.A., Dede K. Greenstein, Ph.D., Laura Waldman, LCSW, Carlos A. Zarate, Jr., M.D., Elizabeth D. Ballard, Ph.D., National Institute of Mental Health

(PS8-C66) Time Spent with Peers and Technology Use Predicting Prospective Suicidal Ideation in Adolescent Girls: An Ecological Momentary Assessment Study
Emily A. Hutchinson, B.S.¹, Jessica L. Hamilton, Ph.D.², Jessica Mak ¹, Jennifer Silk, Ph.D.¹, 1. University of Pittsburgh, 2. University of Kansas Medical Center

(PS8-C67) The Role of Emotion Dysregulation in the Relationship Between Emotional Intensity and Deliberate Self Harm in a Community Sample of United States Military Veterans
Svetlana Goncharenko, M.A.¹, Alexa M. Raudales, B.A.¹, Shannon R. Forkus, M.A.¹, Ateka Contractor, Ph.D.², Nicole H. Weiss, Ph.D.¹, 1. University of Rhode Island, 2. University of North Texas

(PS8-C68) The Relationship Between Risky Behavior Engagement and Related Distress with Past-year Suicidal Ideation
Rachel Glein, B.S.¹, Caitlin M. O’Loughlin, B.A., M.A.¹, Brooke Ammerman, Ph.D.², 1. ASSIST Lab, University of Notre Dame, 2. University of Notre Dame

(PS8-C69) The Four-function Model and Its Relationship to Stress Reactivity Among Individuals Who Reported Non-suicidal Self-injury
Aubrey J. Legasse, B.S., B.A., Victoria E. Quinones, M.A., Colin M. Bosma, M.A., Lydia Lavoie, Doreen Baudewyns, Ethan Seymour, Emily A. Haigh, Ph.D., University of Maine
(PS8-C70) Resting-state Functional Network Coherence in Children with Early Emerging Suicidal Thoughts and Behaviors
Andrea Wiglesworth, B.S.¹, Kathryn R. Cullen, M.D.², Conner Falke, B.S., B.A.³, Bonnie Klimes-Dougan, Ph.D.⁴, 1. University of Minnesota- Twin Cities, Department of Psychology, 2. University of Minnesota, Department of Psychiatry, 3. University of Minnesota, School of Public Health Biostatistics, 4. University of Minnesota, Department of Psychology

(PS8-C71) The Mediating Role of Normalization of Suicide on the Relationship Between Suicide Bereavement and Suicidality
Gabby M. Zeller, M.S., Carolyn Pepper, Ph.D., Kandice Perry, M.S., Alejandra Reyna, M.S., Lara Glenn, University of Wyoming

(PS8-C72) Context of Engagement in Valued Action in Reducing Likelihood of Passive Suicidal Ideation in College Students
Lourah M. Kelly, Ph.D.¹, Kristin Serowik, Ph.D.², Virginia K. McCaughey, B.A.³, Jennifer C. Wolff, Ph.D.⁴, Lance Swenson, Ph.D.⁵, 1. University of Connecticut, School of Medicine, 2. Yale University/ West Haven Veterans Affairs, 3. Suffolk University, 4. Brown Medical School/Rhode Island Hospital

(PS8-C73) Suicide Risk Among Persons Living with HIV
Jesse McCann, B.S.¹, Lily A. Brown, Ph.D.², Wenting Mu, Ph.D.³, Ifrah Majeed, B.A.¹, Stephen Durborow, B.S.¹, Song Chen, Ph.D.², Michael Blank, Ph.D.¹, 1. University of Pennsylvania, 2. University of Wisconsin - La Crosse

(PS8-C74) Cultural Protective and Risk Factors for Suicidal Ideation in College Students on the U.S./Mexico Border
Claudia J. Woloshchuk, B.A., Maríany G. Perez, B.S., Jennifer De Alba, Nallely Ramírez, B.S., Andrea Rodriguez-Crespo, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS8-C75) Suicide Risk, Reasons for Living, and Protective Factors in Individuals with Disabilities
Katelyn McKinney, Amy M. Brausch, Ph.D., Western Kentucky University

Poster Session 8D

Key Words: Suicide, Substance Abuse, Alcohol

(PS8-D76) Substance Use Frequency Relates to Suicidal Ideation Through Perceived Burdensomeness and to Suicide Attempts Through Capability for Suicide
Margaret Baer, B.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo

(PS8-D77) Understanding Risk for Suicide: The Role of Social Anxiety Disorder
Julia S. Yarrington, M.A.¹, Richard T. LeBeau, Ph.D.¹, Julian E. Ruiz, B.A.¹, Joseph A. Himle, Ph.D.², Michelle Caske, Ph.D.¹, 1. University of California Los Angeles, 2. University of Michigan

(PS8-D78) Does Over-general Autobiographical Memory Mediate the Association Between Child Abuse and Suicidal Ideation Among Adolescents?
Brianna Meddaoui, B.A., Ilana Gratch, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University
(PS8-D79) Heavy Episodic Drinking and Suicidal Behaviors in College Students with Depressive Symptoms: Implications for Risk-assessment and Treatment
Emma R. Hayden, B.S., Paola Pedrelli, Ph.D., Massachusetts General Hospital

(PS8-D80) Veteran and Partner Interest in a Couples-based Suicide Intervention

(PS8-D81) Jaspr Health: Reimagining Care for Suicidal Patients in Emergency Departments
Tia Tyndal, B.A.1, Irene Zhang, M.A.1, Nadia Kako, B.A.2, Linda A. Dimeff, Ph.D.3, Topher Jerome 2, David A. Jobes, ABPP, Ph.D.1, 1. The Catholic University of America, 2. Evidence-Based Practice Institute, 3. Jaspr Health, Inc.

(PS8-D82) Fmri Correlates of Suicidal Ideation in Adolescents During the First 90 Days of Residential Care
Amanda Schwartz, B.S., Matthew Dobbertin, Joseph M. Aloj, Ph.D., Johannah Bashford-Largo, Ru Zhang, Ph.D., Erin Carollo, B.S., Sahil Bajaj, Ph.D., James Blair, Ph.D., Karina Blair, Ph.D., Boys Town National Research Hospital, Center for Neurobehavioral Research

(PS8-D83) Understanding Comfort with and Engagement in Assessing Suicide Risk and Asking About Firearm Safety for Suicide Prevention Among Mississippi Health Care Providers
Allison E. Bond, B.A., Michael D. Anestis, Ph.D.,The University of Southern Mississippi

(PS8-D84) Utilizing Suicide Status Form Core Construct Ratings to Predict Post-treatment Self-reported Suicide Risk in Crisis Stabilization Consumers
Ethan W. Graure, M.A.1, Victoria A. Colborn, M.A.1, Amy Miller, LCSW 2, David A. Jobes, ABPP, Ph.D.1, 1. The Catholic University of America, 2. Commonwealth of Virginia

(PS8-D85) Suicide Planning in Adolescents: Assessing Reliability, Validity, and Inter-informant Agreement of an Updated Self-injurious Thoughts and Behaviors Interview (SITBI–R)
Olivia H. Pollak, B.S.1, Ilana Gratch, B.A.1, Sara N. Fernandes, M.A.2, Kerri-Anne Bell, M.A.1, Kathryn Fox, Ph.D.3, Christine B. Cha, Ph.D.1, 1. Teachers College, Columbia University, 2. Columbia University/New York State Psychiatric Institute, 3. University of Denver

(PS8-D86) Self-discrepancy and Suicidal Ideation
Eric Uhl, B.A.1, Anna S. Freedland, M.S.1, Yan Leykin, Ph.D.2, Jedidiah Siev, Ph.D.3, Rachel Hechinger 3, 1. Palo Alto University, 2. Palo Alto University & University of California, San Francisco, 3. Swarthmore College

(PS8-D87) Interoceptive Deficits Moderate the Relationship Between Bulimia Symptoms and Suicide Behavior
Amy M. Brausch, Ph.D., Rebekah Clapham, B.A., Eliza Laves, B.S., Paige Nichols, B.A., Western Kentucky University
(PS8-D88) Benefits and Barriers to Suicidal Behavior in First-year College Students: The Role of Stigma
Melissa S. Jankowski, M.A., Cynthia Erdley, Ph.D., University of Maine

(PS8-D90) Examining the Temporal Stability of Suicide Capability: A Latent Growth Analysis
Kaitlyn R. Schuler, M.A.1, Katrina Rufino, Ph.D.2, Caitlin Wolford-Clevenger, Ph.D.3, Phillip M. Smith, Ph.D.1, 1. University of South Alabama, 2. University of Houston, 3. University of Alabama at Birmingham

(PS8-D91) The Protective Effects of Female Gender on Suicidal Ideation in Psychiatric Inpatients with Severe Alcohol Use
Kaitlyn R. Schuler, M.A., Phillip M. Smith, Ph.D., University of South Alabama

(PS8-D92) Indicators of Suicidal Outcomes Among 6 to 12-year-old Treatment Seeking Youth
Rachel L. Doyle, B.A., Paula J. Fite, Ph.D., University of Kansas

(PS8-D93) An Exploratory Investigation of the Emotional Cascade Theory in Adults with Non-suicidal Self-injury and Suicidal Ideation
Juliana M. Holcomb, B.A.1, Peter J. Franz, M.A.2, Matthew Nock, Ph.D.3, 1. Harvard University & Massachusetts General Hospital, 2. Harvard University

(PS8-D94) Examining the Interaction of Momentary Agitation with IPTS Constructs to Predict Short-term Changes in Suicidal Ideation
Joseph S. Maimone, B.A.1, Kate Bentley, Ph.D.2, Matthew Nock, Ph.D.3, Evan Kleiman, Ph.D.4, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/ Harvard Medical School, 3. Harvard University, 4. Rutgers, The State University of New Jersey

(PS8-D95) Emotion Reactivity, Emotion Regulation, and Suicidality Among Those with a Recent History of Nonsuicidal Self-injury
Caitlin M. O’Loughlin, B.A.1, Brooke Ammerman, Ph.D.2, 1. ASSIST Lab, University of Notre Dame, 2. University of Notre Dame

(PS8-D96) Acquired Capability of Suicide and Suicidal Imagery in Suicide Ideators and Attempters
Ju Su Ko, B.S., Sungeun You, Ph.D., Chungbuk National University

(PS8-D97) Perceived Public Stigma of Suicide Attempters and Help Seeking in Suicidal Individuals on Amazon Mturk
Samantha E. Jankowski, M.A.1, Olivia Peros, M.A.1, Erin F. Ward-Ciesielski, Ph.D.2, 1. Hofstra University, 2. Boston University Center for Anxiety and Related Disorders

(PS8-D98) How Components of Social Anxiety Relate to the Interpersonal Theory of Suicide
John E. Bogucki, Keyne C. Law, Ph.D., Seattle Pacific University
(PS8-D99) Asking About past Suicide Attempts in a General Hospital Setting: A Comparison of Pediatric and Adult Medical Inpatients
Annabelle M. Mournet, B.A.1, Maryland Pao, M.D.1, Abigail Ross, M.P.H., Ph.D., MSW 2, Daniel Powell, B.A.1, Sandra McBeef-Strayer, Ph.D.3, Elizabeth Wharff, Ph.D., LICSW, MSW 2, Colin Harrington, M.D.4, June Cai, M.D.5, Cynthia Claassen, Ph.D.6, Deborah J. Snyder, LCSW, MSW1, Lisa M. Horowitz, M.P.H., Ph.D.1, Jeffrey A. Bridge, Ph.D.3, 1. National Institute of Mental Health, 2. Boston Children’s Hospital, 3. Nationwide Children’s Hospital, 4. Rhode Island Hospital/Alpert Medical School of Brown University, 5. Walter Reed National Medical Military Center, 6. John Peter Smith Health Network

1:45 p.m. – 3:45 p.m.

PS9: LGBTQ+; PARENTING/FAMILIES; SEXUAL FUNCTIONING; SPORTS PSYCHOLOGY

Poster Session 9A

Key Words: LGBTQ+, Gender, Sexuality

(PS9-A1) Service Provider Identities and the Associated Comfort Level of Sexual and Gender Minority Clients
Thomas Schlechter, B.A., Amy Przeworski, Ph.D., Case Western Reserve University

(PS9-A2) Suicidal Behaviors in Rural Sexual Minorities: Examining Desire for Death and Positive Emotions
Sunia H. Choudhury, M.A., M.S., Jeff Klibert, ABPP, Ph.D., Georgia Southern University

(PS9-A3) The Relationship Between Sexual Position Preference and Consent Communication Among Sexual Minority Cisgender Men
John L. McKenna, M.S., Susan M. Orsillo, Ph.D., Suffolk University

(PS9-A4) Peer Victimization and Dating Anxiety in LGB Youth
Kathleen K. Little, B.S., Kristin M. Lindahl, Ph.D., University of Miami

(PS9-A5) The Psychometric Development of a Gender Diversity Screening Measure to Assess Across the Full Gender Spectrum (Binary and Nonbinary)
Amber Song, B.A.1, Andrew Freeman, Ph.D.2, Blythe A. Corbett, Ph.D.3, Eleonora Sadikova, B.A.4, Lauren Kenworthy, Ph.D.1, Alyssa D. Verbalis, Ph.D.1, Sara Shakin, B.A.1, Madison Mohajerin, B.A.1, John Strang, Psy.D.1, 1. Children’s National Hospital, 2. University of Nevada Las Vegas, 3. Vanderbilt University Medical Center, 4. University of Virginia

(PS9-A6) Differences in Identity Salience, Centrality, and Concealment Among Heterosexuals, Sexual Minorities, and Heterosexuals Who Report Same-sex Behavior and Attraction
John Kellerman, B.A.1, Cindy J. Chang, PsyM 1, Brian Feinstein, Ph.D.2, Kara B. Feiling, Ph.D.3, Evan Kleiman, Ph.D.1, Edward Selby, Ph.D.1, 1. Rutgers University, The State University of New Jersey, 2. Rosalind Franklin University of Medicine and Science, 3. NYCBT
(PS9-A7) Intersectional Discrimination, Identity Commitment, and Mental Health Among Latinx Sexual Minorities
Roberto Renteria, M.A., Cristalis Capielo, Ph.D., Arizona State University

(PS9-A8) Perceptions and Experiences of Sexual Healthcare in Urban versus Rural Young Men Who Have Sex with Men
Kyle Jozsa, M.A., Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine

(PS9-A9) Marginalization Stress and Social Support Among Transgender and Gender Diverse Adults
Hannah M. Coffey, B.A., Brenna Lash, M.P.H., Allura L. Ralston, M.A., Debra Hope, Ph.D., University of Nebraska-Lincoln

(PS9-A10) Differences in Physiological and Psychological Indices of Emotion Regulation Between Sexual Minority and Heterosexual Youth
Roberto López, Jr., M.A., Stefanie Gonçalves, M.A., Tara M. Chaplin, Ph.D., George Mason University

(PS9-A11) Mental Health Disparities Between Cisgender and Gender Diverse Youth Seeking Treatment at an Urban Community Mental Health Center
Roberto López, Jr., M.A.¹, Jason Feinberg, M.A.¹, Richard N. Leichtweis, Ph.D.², Christianne Esposito-Smythers, Ph.D.¹, 1. George Mason University, 2. Inova Kellar Center

(PS9-A12) Exclusive and Non-exclusive Sexual Minorites: Coming out Stress
Camron Williams, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University

(PS9-A13) Identifying School-based Intervention Targets for the Risk of Suicide Attempt Amongst Gender Questioning Youth
Ya-Wen Chang, B.A., Shou En Chen, B.S., Teachers College, Columbia University

(PS9-A14) Risk Factors for Obesity Among Sexual and Gender Minority Assigned Female at Birth Youth
Emily Devlin, B.A., Sarah W. Whitton, Ph.D., University of Cincinnati

(PS9-A15) Help-seeking for IPV from Mental Health Providers: Desires for and Barriers to Care Among SGM-AFAB Young Adults
Margaret Lawlace, B.A¹, Emily Devlin, B.A.¹, Lisa M. Godfrey, M.A.¹, Michael E. Newcomb, Ph.D.², Sarah W. Whitton, Ph.D.¹, 1. University of Cincinnati, 2. Northwestern University Feinberg School of Medicine

(PS9-A16) Negative Reactions to Assault Disclosure and Posttraumatic Stress and Alcohol Use Among Bisexual Women: Consideration of Anti-bisexual Stigma
Selime R. Salim, M.A.¹, Terri L. Messman-Moore, Ph.D.², 1. Miami University, Oxford, 2. Miami University

(PS9-A17) Are We Using Evidence-based Practice? A Systematic Review of Clinical Literature for Working with Transgender and Gender Diverse Adults
Natalie R. Holt, M.A.¹, Allura L. Ralston, M.A.¹, Debra Hope, Ph.D.¹, Richard Mocarski, Ph.D.², Nathan Woodnuff ³, 1. University of Nebraska-Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations
(PS9-A18) “You’re a Wall, and Any Weakness Is Emasculating:” Exploring Machismo, Gender Expression, and Healthcare Service Use Among Latino Sexual Minority Men
Rosana Smith-Alvarez, B.A., Daniel Hernandez Altamirano, B.S., Daniel Mayo, B.S., Brooke G. Rogers, M.P.H., Ph.D., Steven Safren, Ph.D., Audrey Harkness, Ph.D., 1. University of Miami, 2. Brown University Medical School

(PS9-A19) A Deeper Understanding of Adaptive Responses to Minority Stress Experiences in Marginalized Sexual Identities
Dana Ergas, M.S., Christina Balderrama-Durbin, Ph.D., Binghamton University, State University of New York

(PS9-A20) Naturalistically-observed vs. Self-reported Social Predictors of Self-injurious Thoughts and Behaviors Among Sexual and Gender Minority Youth

(PS9-A21) Transgender Veteran’s Access to Gender-related Health Care Services: The Role of Minority Stress
Hillary A. Powell, M.A., Rebecca Stinson, Ph.D., Christopher Erbes, Ph.D., 1. The University of Montana; Minneapolis VAMC, 2. Minneapolis VAMC, 3. Minneapolis VAMC, University of Minnesota

(PS9-A22) AWARENESS: A Pilot I-CBT Program on Intersectional Minority Stress for SGM Populations

(PS9-A23) Acceptability and Feasibility of a Brief Mental Health Prevention Workshop for LGBTQ Youth and Young Adults
Christen Seyl, Natalie R. Holt, M.A., Debra Hope, Ph.D., University of Nebraska-Lincoln

(PS9-A24) Using a Comprehensive Gender Minority Stress Model to Predict Problematic Alcohol Use
Louis Lindley, M.A., Loren Bauerband, Ph.D., M. Paz Galupo, Ph.D., 1. Towson University, 2. University of Missouri

(PS9-A25) The Impact of Social Support on the Relationship Between Social Anxiety and Sexual Identity Disclosure Among Sexual Minorities
Justin T. Miller, B.S., Michaela D. Simpson, B.A., Brandon J. Weiss, Ph.D., Georgia Southern University
(PS9-B26) Bi-negativity and Social Support: Exploring Queer and Non-queer Social Support Among Nonexclusively-oriented Women
Kinsie J. Dunham, B.A., Kelly Davis, M.A., Bryan Cochran, Ph.D., University of Montana

Hannah Haskell, B.A., Emily G. Hichborn, B.S., James Craig, Ph.D., Dartmouth

(PS9-B28) Relational Ambiguity in Same-gender versus Different-gender Emerging Adult Relationships
Simon F. Abimasleh, B.S., Neslihan James-Kangal, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati

(PS9-B29) LGBTQ+ Individuals and the Effects of Religion on Homonegativity and Self Esteem
Maria L. Miller, David T. Solomon, Ph.D., Sara E. Roles, B.S., Western Carolina University

(PS9-B30) Is Dialectical Behavior Therapy (DBT) a Good Fit for Transgender and Gender Non-binary (TGNB) Patients?

(PS9-B31) “it Doesn’t Matter If I’m on Prep or Not, I’m Still Going to Contract HIV Somehow:” HIV-related Fatalistic Beliefs Among Latino Sexual Minority Men in Miami
Daniel Hernandez Altamirano, B.S., Daniel Mayo, B.S., Rosana Smith-Alvarez, B.A., Brooke G. Rogers, M.P.H., Ph.D., Steven Safren, Ph.D., Audrey Harkness, Ph.D., University of Miami, 2. Brown University Medical School

(PS9-B32) Effects of Parental Emotion Regulation on Transmission of Affective Instability
Courtney Weaver, B.A., Tannaz Mirhosseini, M.A., Anna Olczyk, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS9-B33) Case Study: Adapting Evidence-based Group Interventions to Address Emotional Distress in Transgender and Nonbinary Youth and Their Caregivers
Claire A. Coyne, Ph.D., Diane Chen, Ph.D., Jonathan Poquiz, Ph.D., Paige Ryan, LCSW, Northwestern University Feinberg School of Medicine

(PS9-B34) Masculine of Center Gender Expression, Not Gender Identity, Labels as a Risk Factor for Obesity Among Sexual and Gender Minorities Assigned Female at Birth
Emily Devlin, B.A., Sarah W. Whitton, Ph.D., University of Cincinnati

(PS9-B35) Predictors of Parental Perceptions of Treatment Barriers to Utilizing Evidence-based Services Among a Large Diverse Multiethnic Sample
Spencer Choy, B.A., Maya Waldrep, Brad J. J. Nakamura, Ph.D., University of Hawaii at Manoa
(PS9-B36) Children’s Empathic Emotions Are Associated with Strong Parent-child Relationships When Parents Use Regulated Discipline
Kyrsten A. Buote, B.A., Erin C. Tully, Ph.D., Georgia State University

(PS9-B37) Evidence-based Treatments in Non-traditional Settings: Examining a Mobile Unit vs. Outpatient Services for Children and Families
Ayla R. Mapes, M.A.¹, Lauren B. Quetsch, Ph.D.¹, Kathryn Parisi, M.A.¹, Kate Moeller, None¹, Emma I. Girard, Psy.D.², Cheryl B. McNeil, Ph.D.³, 1. University of Arkansas, 2. University of California, Davis, 3. West Virginia University

(PS9-B38) Pretty and Witty and Gay: Positive Affect Regulation Mediates the Relationship Between Queer Identity Factors and Psychological Distress
Alexandra D. Long, M.A.¹, Ilana Seager van Dyk, M.A.², 1. American University, 2. The Ohio State University

(PS9-B39) Inconsistent Bedtime Routines Mediates the Relationship Between Parenting Stress and Bedtime Resistant Behaviors
Kristy L. Larsen, M.A., Sara Jordan, Ph.D., University of Southern Mississippi

(PS9-B40) Right Wing Authoritarianism and Beliefs in Personal Control: How Do These Factors Interact to Predict Sexual Prejudice?
Jessica L. Grom, M.A., Daniel J. Lanni, M.A., Dominic J. Parrott, Ph.D., Georgia State University

(PS9-B41) Executive Functions, Harsh Parenting, and Coercion in Mothers of Preschoolers
Rachel K. Zukerman, B.A., Brooke Edelman, B.A., Tamara Del Vecchio, Ph.D., St. John’s University

(PS9-B42) Exclusive and Non-exclusive Sexual Minorities: Differences in Depression, Anxiety, and Stress
Sara E. Roles, B.S., Camron Williams, David T. Solomon, Ph.D., Western Carolina University

(PS9-B43) The Impact of Internalized Homonegativity Facets on PTSD Symptomology Following Sexual Trauma
David T. Solomon, Ph.D., Elizabeth Combs, M.A., Western Carolina University

(PS9-B44) Religious Upbringing and the LGBTQ+ Community
Brittney Collins, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University

(PS9-B45) Incorporating Health Behaviors and Mindfulness into Behavioral Parent Training for ADHD
Nguyen Tran, B.S.¹, Michelle Kuhn, Ph.D.¹, Mark Stein, Ph.D.¹, Jason Mendoza, M.P.H., M.D.¹, Tyler Sasser, Ph.D.¹, Patrick A. LaCount, Ph.D.², Pooja Tandon, M.P.H., M.D.³, Cindy Ola, Ph.D.¹, Erin Schoenfelder Gonzalez, Ph.D.³, 1. Seattle Children’s Hospital, 2. Seattle Children’s Research Institute, 3. University of Washington School of Medicine

(PS9-B46) Sex, Drugs, and Therapy: A Critical Examination of Moderating Factors Affecting CBT Treatment Outcomes for Reducing HIV and SUD Risk Behaviors Among Gay and Bisexual Men
Neil D. Schwartz, B.S., Benjamin F. Shepherd, Thomas C. Ingram, M.A., Nova Southeastern University
(PS9-B47) Sexual Minority Individuals, Adverse Childhood Experience and Substance Use
Kyle Eyman, B.A., Liz Goncy, Ph.D., Cleveland State University

(PS9-B48) Is Family Support Enough? Exploring the Role of Perceived Support for LGBQ Youth When Coping with Bullying Victimization
Catherine M. Jones, B.A., Samantha A. Kesselring, B.A., Susan M. Swearer, Ph.D., Raul A. Palacios, II, Ed.S., University of Nebraska-Lincoln

(PS9-B49) Differences in Homonegativity in Heterosexual and Sexual Minority Communities
Ashley M. Hosey, M.A., Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University

(PS9-B50) A Conjoint Experiment to Understand Spanish Speaking Parents’ Preferences for Prevention Programs in Head Start
Gillian Sternheim, M.S., Sara Mollins, M.S., Erica Hoffman, M.S., Aria Grillo, M.S., Lee Cohen, M.S., Sara Guttentag, B.A., Greta L. Doctoroff, Ph.D., Frances Wymbs, Ph.D., Anil Chacko, Ph.D., Yeshiva University - Ferkauf Graduate School of Psychology, Ohio University, 3. New York University

Poster Session 9C

Key Words: Parenting, Sleep, Adolescents

(PS9-C51) Understanding the Impact of Parenting on Adolescent Sleep: A Machine Learning Analysis
Caitlin E. Gasperetti, M.A., Katherine A. Kaplan, Ph.D., University of California at Berkeley, Stanford University

(PS9-C52) Exploratory Analysis of Adversity, Treatment Outcome, and the Role of the Parent-child Relationship
Simone Chad-Friedman, B.A., Hannah Brockstein, B.S., Irene Zhang, M.A., Nina Shiffrin, Ph.D., Colleen Cummings, Ph.D., M K. Alvord, Ph.D., Brendan Rich, Ph.D., Catholic University of America, Alvord, Baker & Associates, LLC

(PS9-C53) Parent Intention to Engage in an Online Healthy Lifestyle Intervention for Their Youth Treated with Psychotropic Medications and Who Are Overweight or Obese: An Elicitation Study
Kathryn A. Richardson, B.A., Christine L. McKibbin, Ph.D., University of Wyoming

(PS9-C54) Helicopter Parenting: Exploring the Motivations and Defining Behaviors of Parents Who Hover
Karina A. Turner, M.A., Christine Walther, Ph.D., Sara R. Elkins, Ph.D., University of Houston – Clear Lake

Jennifer Lent, M.A., Erin A. McLean, M.A., Caroline Mazzer, M.A., Anne Fraiman, B.S., Jamie Scharoff, B.A., Julia Weisman, B.A., Phyllis S. Ohr, Ph.D., Hofstra University
(PS9-C56) The Mediating Role of Emotion Socialization in Maternal and Child Depressive Symptoms
Kayley Morrow, B.A., Queen B. Do, B.A., Cecile D. Ladouceur, Ph.D., Jennifer Silk, Ph.D., 1. University of Pittsburgh, 2. University of Pittsburgh School of Medicine

(PS9-C57) Maternal Cognitions About Their Parenting Contextualize the Relation Between Maternal Physiology and Overprotective Parenting
Elizabeth M. Aaron, B.A., Elizabeth Kiel, Ph.D., Miami University

(PS9-C58) The Impact of Parental Depression on Positive Parenting Behaviors Across Time

(PS9-C59) Perceptions of Infant Simulators Influenced by Caregivers’ Depressive Symptoms
Sarah Altman-Ezzard, B.A., Debra Zeifman, Ph.D., 1. New York State Psychiatric Institute/Columbia University Irving Medical Center, 2. Vassar College

(PS9-C60) Demographics, Subjective Social Status, and Stigma as Barriers of Use of Youth Mental Health Referrals from Primary Care
Rebecca Revilla, B.A., Abbey Gregg, M.P.H., Ph.D., Jenny Cundiff, Ph.D., Bradley White, Ph.D., The University of Alabama

(PS9-C61) Maternal Depression, Parenting Stress, and Sibling Conflict
Stacy S. Forcino, Ph.D., Emily-Anne S. del Rosario, Michelle Grimes, Ph.D., 1. California State University, San Bernadino, 2. Southern Utah University

(PS9-C62) Maternal Depression, Parenting Stress, and Sibling Conflict
Stacy S. Forcino, Ph.D., Emily-Anne S. del Rosario, Michelle Grimes, Ph.D., 1. California State University, San Bernadino, 2. Southern Utah University

(PS9-C63) The Moderating Effect of Accommodation on Emotional Warmth in Youth Anxiety
Theresa R. Gladstone, B.A., Emily P. Wilton, B.A., Sydney D. Biscarri Clark, B.S., Ashley A. Lahoud, B.A., Christopher A. Flessner, Ph.D., Kent State University

(PS9-C64) Parental Depression, Adolescent Attachment, and Adolescent Mental Health Outcomes: A Systematic Review of the Literature
Sherene Balanji, B.A. (Hons), Marlene M. Moretti, Ph.D., Simon Fraser University

(PS9-C65) Testing BSF Intervention Effects on Co-parenting – a Latent Variable Approach with Destructive Conflict as a Mediator
Alexa B. Chandler, M.A., Melissa A. Curran, Ph.D., David A. Sbarra, Ph.D., Heidi A. Hamann, Ph.D., Mary-Frances O’Connor, Ph.D., The University of Arizona

(PS9-C66) Adolescent Engagement in Parent-adolescent Interactions
Molly E. Hale, M.S., Janice L. Zeman, Ph.D., Audrey L. Bell, B.A., 1. University of Georgia, 2. College of William & Mary

Molly E. Hale, M.S., Zoe Nelson, B.S., Emma Shahin, Janice L. Zeman, Ph.D., 1. University of Georgia, 2. College of William & Mary
(PS9-C68) Examining Elaborative Co-reminiscing as a Protective Factor in the Intergenerational Transmission of Psychopathology
Caroline Swetlitz, M.A.¹, Sarah Lynch, B.A.¹, Cathi Propper, Ph.D.², Nicholas J. Wagner, Ph.D.¹, 1. Boston University, 2. University of North Carolina at Chapel Hill

(PS9-C69) Building Early Connections: Increasing the Reach of Evidence-based Psychosocial Interventions for Young Children on Chicago’s West Side
Emily Wolodiger, Ph.D., Christina Iyengar, M.P.H., Caitlin Otwell, M.A., Diamond Phillips, B.S., Latha Soorya, Ph.D., Jennifer Moriuchi, Ph.D., Cynthia Pierre, Ph.D., Niranjian Karnik, M.D., Ph.D., Allison Wainer, Ph.D., Rush University Medical Center

(PS9-C70) Examining Caregiver Strain Within Community Mental Health Services for Children with Autism Spectrum Disorder
Gina C. May, B.A.¹, Kassandra Martinez, B.A.¹, Eliana Hurwich-Reiss, Ph.D.¹, Barbara Caplan, Ph.D.², Colby Chlebowski, Ph.D.¹, Lauren Brookman-Frazee, Ph.D.¹, 1. University of California, San Diego, 2. UC San Diego

(PS9-C71) Let’s Talk About Safe Sex: A Multi-wave Assessment of Adolescents’ Sexual Communication with Parents and Peers
Emily S. Bibby, B.A.¹, Laura Widman, Ph.D.², Caitlin Turpyn, Ph.D.¹, Eva H. Telzer, Ph.D.¹, Jacqueline Nesi, Ph.D.³, Sophia Choukas-Bradley, Ph.D.⁴, Mitchell J. Prinstein, ABPP, Ph.D.⁵, 1. University of North Carolina at Chapel Hill, 2. North Carolina State University, 3. Alpert Medical School of Brown University, 4. University of Pittsburgh, 5. University of North Carolina at Chapel Hill

(PS9-C72) Relationship Between Separation Anxiety and Family Accommodation in a Treatment Seeking Sample
Alex E. Keller, M.A.¹, Donna B. Pincus, Ph.D.², 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders

(PS9-C73) Exploratory and Confirmatory Factor Analysis of the Stress Index for Parents of Adolescents Among adolescents with Psychiatric Disorders
Francesca Penner, M.A., Kiana Wall, M.A., Carla Sharp, Ph.D., University of Houston

(PS9-C74) Moment-to-moment Affect Synchrony in Caregiver-child Interactions
Lauren M. Henry, M.S.², Sofia Torres, B.A.², Kelly H. Watson, Ph.D.², Jon Ebert, Psy.D.³, Tarah Kuhn, Ph.D.³, Meredith Gruhn, M.S.², Allison Vreeland, M.S.³, Rachel Siciliano, M.S.², Allegra S. Anderson, M.S.², Abigail Ciriegió ², Bruce Comps, Ph.D.², 1. Children’s Hospital Colorado, 2. Vanderbilt University, 3. Vanderbilt University Medical Center

(PS9-C75) Enhancing Parent-child Interaction Therapy in Rural Kentucky by Accounting for Effects of Parent-reported Reactivity on Parent and Child Behaviors During an Analog Behavior Observation
Tim Thornberry, Jr., Ph.D., Western Kentucky University

Poster Session 9D
Key Words: Child, Families, Externalizing

(PS9-D76) Differential Role of Family Cohesion, Expressiveness, and Control on Child Internalizing and Externalizing Problems
Allison C. Smith, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University
(PS9-D77) The Influence of Sexual Victimization History on the Sexual Consent Process
Paige Szarafin, Rachael Shaw, B.A., Jennifer P. Read, Ph.D., University at Buffalo, SUNY

(PS9-D78) A Qualitative Analysis of Attrition in Parent-child Interaction Therapy

(PS9-D79) Paternal Perceptions of Maternal Roles and Parenting Confidence and Involvement During the Transition to Parenthood
Miriam Zegarac, B.A., Violeta J. Rodriguez, M.S., Dominique La Barrie, B.A., Anne Shaffer, Ph.D., University of Georgia

(PS9-D80) Parent-child Role Confusion: How Family Processes Influence Caretaking Behaviors in Children of Parents with a History of Depression
Karissa A. DiMarzio, B.A.¹, Jennifer Thigpen, Ph.D.², Juliana Acosta, M.S.¹, Chelsea Dale, M.S.¹, Rex Forehand, Ph.D.³, Bruce Compas, Ph.D.⁴, 1. Florida International University, 2. PP, 3. University of Vermont, 4. Vanderbilt University

(PS9-D81) Relationship Between Respiratory Sinus Arrhythmia and Affective Ratings
Courtney Weaver, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS9-D82) Women's Experiences of Sex in Romantic Relationships
Erin A. Van Gorkom, B.S., David de Jong, Ph.D., Western Carolina University

(PS9-D83) What Is the Longitudinal Relationship Between Pornography Use and Sexual Esteem?
Meghan Maddock, MS, Scott R. Braithwaite, Ph.D., Brigham Young University

(PS9-D84) Sexual Risk and Emergency Contraception in Hispanic College Students
Luis F. Corona, Carlos Portillo, Jr., B.S., Roman Fregoso, B.S., Sandra Sierra, Andrea Rodriguez-Crespo, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS9-D85) Finding Congruence: Investigating the Validity of the Pornography Incongruence Model
Dorian Hatch, None¹, S. Gabe Hatch, B.S.², Conner L. Deichman ¹, Charlotte R. Esplin, M.S.¹, Scott R. Braithwaite, Ph.D.¹, 1. Brigham Young University, 2. University of Miami

(PS9-D87) What Motives Drive Pornography Use?
Charlotte R. Esplin, M.S.¹, S. Gabe Hatch, B.S.², Dorian Hatch, None¹, Conner L. Deichman, None¹, Scott R. Braithwaite, Ph.D.¹, 1. Brigham Young University, 2. University of Miami

(PS9-D88) Should Self-compassion Be a Target for Preventing Overcontrol with Anxious Children?
Lauren B. Jones, M.A., Elizabeth Kiel, Ph.D., Miami University

(PS9-D89) Various Aspects of Parent Stress on Child Self-esteem
Jerrica R. Guidry, M.A., Thompson E. Davis, III, Ph.D., Louisiana State University
(PS9-D90) Alcohol-related Sexual Expectancies Link College Students’ Alcohol Use and Hookup Behaviors
Alisa Garner, M.A.¹, Autumn Rae Florimbio, M.A.¹, Hannah Grigorian, M.A.¹, Meagan Brem, M.A.², Gloria Romero, M.S.⁵, Tara L. Cornelius, Ph.D.³, Ryan C. Shorey, Ph.D.⁴, L. Christian Elledge, Ph.D.⁵, Gregory Stuart, Ph.D.¹. 1. University of Tennessee - Knoxville, 2. University of Tennessee, Knoxville, 3. Grand Valley State University, 4. University of Wisconsin - Milwaukee, 5. The University of Tennessee, Knoxville

(PS9-D91) Pornography Consumption and Sexual Satisfaction: Longitudinal Differences Between Biological Sexes
Elena K. Henderson, M.A., M.S., Scott R. Braithwaite, Ph.D., Brigham Young University

(PS9-D92) Impact of Prevention Efforts on Self-injurious Thoughts and Behaviors During College
Rebecca Hammond, None¹, Yeonsoo Park, M.A.¹, Caitlin M. O’Loughlin, B.A., M.A.², Brooke Ammerman, Ph.D.¹. 1. University of Notre Dame, 2. ASSIST Lab, University of Notre Dame

(PS9-D93) Impact of Mindfulness on Emotion Regulation and Anxiety in Sport
Hannah M. Thomas, B.A.¹, Carol R. Glass, Ph.D.¹, Thomas O. Minkler, B.A., M.A.², Megan Hut, M.A.¹, Caroline H. Weppner ¹. 1. The Catholic University of America, 2. West Virginia University

(PS9-D94) Qualitative Experiences of Receiving Unsolicited Parenting Advice with Academic Mothers of Toddlers
Elizabeth S. Weinstein, M.A., Kayla DeFazio, M.A., Sarah A. Novak, Ph.D., Hofstra University

(PS9-D95) Evaluating the Importance of Risk-benefit Analysis for Risky Behaviors Among Individuals with non-suicidal Self-injury
Kathryn T. Evans, Vincent P. Corcoran, M.A., Margaret Andover, Ph.D., Fordham University

(PS9-D96) Negative Emotional States and Experiential Avoidance in Sport: What Role Does Mindfulness Play?
Caroline H. Weppner, B.A.¹, James D. Doorley, M.A.², Carol R. Glass, Ph.D.¹, Megan Hut, M.A.¹, Thomas O. Minkler, B.A., M.A.³. 1. The Catholic University of America, 2. George Mason University, 3. West Virginia University

(PS9-D97) Executive Functioning, Emotion Control, and Discipline in Mothers of Preschoolers
Brooke Edelman, B.A., St. John’s University

(PS9-D98) Examining the Relationship Between Components of Mindfulness and Free Throw Shooting in Men’s and Women’s Collegiate Basketball Players
Daniel R. Cohn, M.A., M.S., LeeAnn Cardaciotto, Ph.D., Andrew Wolanin, Psy.D., Daniel Rodriguez, Ph.D., Sharon Lee Armstrong, Ph.D., La Salle University

(PS9-D99) Improving Youth’s Access to the Benefits of Mindfulness Through Youth Sport: Mindfulness and Its Effect on Sports Anxiety, Self-efficacy, and General Well-being
Kaylynn R. Frantz, Hannah C. Herc, M.A., Cassidy Serr, Sarah E. Francis, Ph.D., Mojisola Tiamiyu, Ph.D.¹, Peter G. Mezo, Ph.D., The University of Toledo
(PS9-D100) Examining Mediating Processes of the Association Between Body Image and Sexual Pleasure to Target in Clinical Intervention
Kendall N. Poovey, B.A., David de Jong, Ph.D., Western Carolina University

4:00 p.m. – 6:00 p.m.

ADULT ANXIETY; HEALTH PSYCHOLOGY/BEHAVIORAL MEDICINE- CHILD

Poster Session 10A

Key Words: Social Anxiety, Mindfulness, Adult

(PS10-A1) The Impact of Mindfulness Training on Post-event Processing Among Individuals with Clinically Elevated Social Anxiety
Shayon Tayebi 1, Elizabeth M. Lewis, B.S. 1, Richard G. Heimberg, Ph.D. 2, Julia D. Buckner, Ph.D. 1, 1. Louisiana State University, 2. Temple University

(PS10-A2) Comparisons on Phobic Fear and Anxiety Symptoms Across Hispanic, Asian, and White Americans
Elizabeth N. Hernandez, B.A., Isabel G. Aguirre, B.A., Michiyo Hirai, Ph.D., The University of Texas Rio Grande Valley

(PS10-A3) The Role of Perceived Anxiety Control in Relation to Social Anxiety Symptoms: A Short-term Longitudinal Study
Isabel G. Aguirre, B.A., Elizabeth N. Hernandez, B.A., Michiyo Hirai, Ph.D., University of Texas Rio Grande Valley

(PS10-A4) Using Machine Learning to Identify Predictors of Symptom Improvement in Social Anxiety Disorder
Alexandra M. Andrea, M.S., Christina S. Galiano, M.A., Timothy A. Brown, Psy.D., Anthony J. Rosellini, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS10-A5) General Belongingness but Not Hurricane-specific Social Support Buffers the Relationship Between Cognitive Vulnerabilities and Mental Health Outcomes Following a Hurricane
Hannah C. Broos, B.A., Kiara R. Timpano, Ph.D., Maria M. Llabre, Ph.D., University of Miami

(PS10-A6) Anticipatory Processing Manipulations Influences Neural Mechanisms of Self-imagery Processing
Jacob D. Kraft, M.S., Danielle E. Deros, B.S., Kaitlyn Nagel, B.A., Danielle Taylor, Ph.D., Kristen Frosio, M.S., DeMond Grant, Ph.D., Oklahoma State University

(PS10-A7) Exploring the Dynamic Structure of Contextual Emotion Regulation in the Daily Lives of Socially Anxious People
Katharine E. Daniel, M.A., Miranda L. Beltzer, M.A., Hudson Golino, Ph.D., Laura E. Barnes, Ph.D., Bethany A. Teachman, Ph.D., University of Virginia
(PS10-A8) Hope, Optimism, and Self-efficacy Predicting Mental Health & Illness in a Community Sample Exposed to Hurricane Harvey
Johann M. D’Souza, M.A., Matthew W. Gallagher, Ph.D., University of Houston

(PS10-A9) Treatment Effects on Fear of Negative Evaluation and the Moderating Roles of Cognitive Distortions and Mindfulness Facets on the Relationship Between Fear of Negative Evaluation and Social Anxiety
Brennah V. Ross, B.S.², Emily B. O’Day, M.A.¹, Amanda S. Morrison, Ph.D.², Philippe R. Goldin, Ph.D.³, James Gross, Ph.D.⁴, Richard G. Heimberg, Ph.D.¹. 1. Temple University, 2. California State University, East Bay, 3. Betty Irene Moore School of Nursing, University of California, Davis, 4. Stanford University

(PS10-A10) Social Anxiety Symptoms and Performance Monitoring Brain Activity
Danielle Taylor, Ph.D.¹, Jacob D. Kraft, M.S.¹, Danielle E. Deros, B.S.¹, Kaitlyn Nagel, B.A.¹, Kristen Frosio, M.S.¹, Evan White, Ph.D.², DeMond Grant, Ph.D.¹. 1. Oklahoma State University, 2. Laureate Institute for Brain Research

(PS10-A11) Immune Response to Phobic Fear
Alex Kirk, M.A., Raeghan Mueller, M.A., Kent Hutchison, Ph.D., Joanna Arch, Ph.D., University of Colorado Boulder

(PS10-A12) Do the Data Support Clinical Intuitions About Barriers to Cognitive-behavioral Therapy for Panic Disorder?
Rachel A. Schwartz, M.A.¹, Dianne L. Chambless, Ph.D.¹, Jacques P. Barber, Ph.D.², Barbara Milrod, M.D.³. 1. University of Pennsylvania, 2. Adelphi University, 3. Weill Cornell Medical College

(PS10-A13) Obsessive Beliefs and Anxiety Symptoms Predict Vigilance-, Health-, and Social-related Safety Behaviors
Meghan W. Cody, Ph.D.¹, Jessica R. Beadel, Ph.D.², Emily M. O’Bryan, Ph.D.³, Alison C. McLeish, Ph.D.⁴. 1. W.G. (Bill) Hefner VA Medical Center, 2. Dayton Veterans Affairs Medical Center, 3. Anxiety Disorders Center, The Institute of Living, 4. The University of Louisville

(PS10-A14) Cognitive Distortions and the Use of Mindfulness Skills in the Relationship Between Loneliness and Social Anxiety
Emily B. O’Day, M.A.¹, Brennah V. Ross, B.S.², Amanda S. Morrison, Ph.D.², Philippe R. Goldin, Ph.D.³, James Gross, Ph.D.⁴, Richard G. Heimberg, Ph.D.¹. 1. Temple University, 2. California State University, East Bay, 3. Betty Irene Moore School of Nursing, University of California, Davis, 4. Stanford University

(PS10-A15) Psychometric Properties of a Novel Computer-based Measure of Outcome Probability Bias for Social Anxiety
Amanda A. Draheim, M.A., Page Anderson, Ph.D., Georgia State University

(PS10-A16) Examining the Effects of the Therapeutic Alliance on Long-term Outcomes Following CBT in Adults with Anxiety Disorders
Maya Nauphal, M.A.¹, Erin F. Ward-Giesielski, Ph.D.¹, Elizabeth H. Eustis, Ph.D.², Jacqueline R. Bullis, Ph.D.³, Todd Farchione, Ph.D.¹. 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University, 3. McLean Hospital/Harvard Medical School
(PS10-A17) Group Cohesion in Cognitive-behavioral Therapy for Anxiety and Related Disorders
Virginia Tsekova, B.A.¹, Olivia Provost-Walker, MA¹, Karen Rowa, Ph.D.², Ashleigh Elcock, B.A.³, Randi E. McCabe, Ph.D.², Martin M. Antony, Ph.D.¹, 1. Ryerson University, 2. McMaster University, St. Joseph’s Healthcare Hamilton, 3. St. Joseph’s Healthcare Hamilton

(PS10-A18) Cognitive Restructuring Skill Acquisition in Anxiety Disorders: The Role of Emotion Dysregulation
Benjamin W. Katz, B.A.¹, Hannah Levy, Ph.D.², Anishka Jean, B.A.², Jessica Mullins, M.D.³, David F. Tolin, ABPP, Ph.D.⁴, 1. University of Wisconsin-Milwaukee, 2. Anxiety Disorders Center, The Institute of Living, 3. Department of Obstetrics and Gynecology, Hartford Hospital, 4. Institute of Living

(PS10-A19) Experiential Avoidance as a Mediator in the Relationship Between Childhood Trauma and Anxiety in College Students
Rebecca Michel, B.A., Maria C. DiFonte, M.A., Katharine E. Musella, B.A., Ellen Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island

(PS10-A20) Anxiety Sensitivity Predicts Anxiety Through Reduced Exposure to Exercise
Christian A. Hall, B.S., Elijah J. Richardson, B.A., Joshua J. Broman-Fulks, Ph.D., Appalachian State University

(PS10-A21) Toward Just-in-time Interventions: Detecting Different Temporal Stages of State Social Anxiety
Maria A. Larrazabal, M.S.¹, Ilana Ladis, B.A.¹, Haroon Rashid, Ph.D.¹, Katharine E. Daniel, M.A.¹, Miranda L. Belzer, M.A.¹, Mehdi O. Boukhechba, Ph.D.², Laura E. Barnes, Ph.D.¹, Bethany A. Teachman, Ph.D.¹, 1. University of Virginia, 2. Engineering Systems and Environment, University of Virginia

(PS10-A22) Ethnic Identity and Its Relationship to Constructs of Social Anxiety
Jin Shin, B.A., Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

(PS10-A23) Cancer Worry and Anxiety in Women Undergoing Mastectomy with Breast Reconstruction: A Prospective Study
Zoë E. Laky, B.A.¹, William G. Austen, Jr., M.D.¹, Hilary Weingarden, Ph.D.², Sabine Wilhelm, Ph.D.¹, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital; Harvard Medical School

(PS10-A24) An Examination of the Relationship Between Anxiety Sensitivity and Fear of Cancer Recurrence in Breast Cancer Survivors
Carly Miron, B.A.¹, Matteo Malgaroli, Ph.D.², Kristin L. Szuhany, Ph.D.², Emma L. Jennings, B.S.¹, Madeleine Rassaby, B.A.¹, Samrachana Adhikari, Ph.D.², Bryana Schantz, B.A.¹, Rebecca R. Suzuki, B.A.², Rebecca E. Lubin, B.A.¹, Rachel Eakley, M.A., M.S., RN, Other¹, Gabriella Riley, M.D.¹, Abraham Chachoua, M.D.¹, Marleen Meyers, M.D.¹, Jane Rosenthal, M.D.¹, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. New York University School of Medicine, 3. Boston University

(PS10-A25) Repetitive Negative Thinking Explains the Relationship Between Attentional Control and Anxiety
Bryant Stone, B.S.¹, Emily M. Bartholomay, M.A.², 1. Southern Illinois University, 2. Southern Illinois University Carbondale
(PS10-B26) Are Gains in Mindfulness Maintained 3 Years Following Acute Treatment with the Unified Protocol?
Brittany Woods Burns, M.A.,1 Jacqueline R. Bullis, Ph.D.,2 Todd Farchione, Ph.D.,3 David H. Barlow, ABPP, Ph.D.,3 1. Boston University, 2. McLean Hospital/Harvard Medical School, 3. Boston University Center for Anxiety and Related Disorders

(PS10-B27) Associations Between Procrastination and Anxiety Disorders and the Impacts of Cognitive Behavioral Therapy
Stephen Allen, B.A., Erin F. Ward-Ciesielski, Ph.D., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS10-B28) The Role of Financial Anxiety in Hispanic College Students’ Current and Future Academic Performances
Isabel G. Aguirre, B.A.,1 Elizabeth N. Hernandez, B.A.,2 Michiyo Hirai, Ph.D.,2 1. University of Texas Rio Grande Valley, 2. The University of Texas Rio Grande Valley

(PS10-B29) Using Trial-level Bias Scores to Examine Attention Bias and Attention Bias Variability Among People with and Without Social Anxiety Disorder
Praful R. Gade, None, Anthony Molloy, M.A., Page Anderson, Ph.D., Georgia State University

(PS10-B30) Implicit Assessment of Emotions in Specific Phobia: Experiential, Physiological, and Behavioral Correlates
Gregory Bartoszek, Ph.D.,1 Daniel Cervone, Ph.D.,2 Erin R. Fitzsimmons, B.A.,1 Irena Curanovic, B.A.,1 1. William Paterson University, 2. University of Illinois at Chicago

(PS10-B32) Understanding Fomo: The Role of Anxiety Sensitivity, Rumination, and Loneliness

(PS10-B33) Mediators and Moderators of the Relationship Between Social Anxiety and Co-morbid Depression: Loneliness, the Need to Belong, and Perceived Social Support
Alison Manning, M.A.,1 Lata McGinn, Ph.D.,2 1. Ferkauf Graduate School of Psychology, 2. Yeshiva University

(PS10-B34) Understanding the Impact of Maternal Parenting Practices on College Students’ Experiences of Social Anxiety Through Emotion Regulation
Megan M. Perry, B.A., Mary J. Schadegg, M.A., Laura J. Dixon, Ph.D., University of Mississippi

(PS10-B35) When Two Hearts Beat as One: Heart-rate Synchrony in Social Anxiety Disorder
Abigail L. Barthel, M.A.,1 Maya Asher, Ph.D.,2 Idan M. Aderka, Ph.D.,3 Stefan G. Hofmann, Ph.D.,4 1. Center for Anxiety and Related Disorders, Boston University, 2. Private Practice, 3. University of Haifa/Boston University, 4. Boston University
(PS10-B36) The Effect of Sexual Harassment Experience on the Relationship Between Rumination and Social Anxiety
Sebastian Szollos, B.A., Jessica R. Winder, M.A., Dylan Pencakowski, B.A., David P. Valentiner, Ph.D., Northern Illinois University

(PS10-B37) Examining Interpersonal and Intrapersonal Emotion Regulation as Mediators in Interpersonal Stress and Affective Symptoms
Kelsey J. Pritchard, M.A., Kellyann M. Navarre, Peter G. Mezo, Ph.D., The University of Toledo

(PS10-B38) Thoughts About past and Future Negative Experiences and Emotions Incrementally Predicts Anxiety over Cognitive Vulnerabilities
Sean A. Lauderdale, Ph.D., Kelli Lahman, B.A., Ray Daniel, B.A., Texas A & M University, Commerce

(PS10-B39) Heterogeneity of the Anxiety-related Attention Bias Is Predicted by Individual Differences in Threat-safety Discrimination and Cognitive Control
Wai Man Wong, Elizabeth Davis, Sarah Myruski, Ph.D., Tracy A. Dennis-Tiwary, Ph.D., Hunter College, City University of New York

(PS10-B40) Agreeableness Relates to Arousal-related Distress During a Laboratory-based Task
Alex Meyers, B.A., Thomas Fergus, Ph.D., Baylor University

(PS10-B41) Intolerance of Uncertainty and Anxiety Sensitivity as Predictors of Treatment Outcome in Adults with Anxiety-related Disorders
Anishka Jean, B.A.¹, Emily M. O’Bryan, Ph.D.¹, Kimberly T. Stevens, Ph.D.¹, Jessica G. Bimstein, B.S.¹, David F. Tolin, ABPP, Ph.D.², 1. Anxiety Disorders Center, The Institute of Living, 2. Institute of Living

(PS10-B42) Investigating the Role of Emotion Dysregulation in Anxiety and Chronic Disease Self-management Among Adults with Skin Disease
Mary J. Schadegg, M.A., Laura J. Dixon, Ph.D., University of Mississippi

(PS10-B43) Examining the Relationship Between Emotion Regulation, Quality of Sleep and Anxiety Disorder Diagnosis
Bryana Schantz, B.A.¹, Kristin L. Szuhany, Ph.D.², Samrachana Adhikari, Ph.D.², Alan Chen, M.S.³, Joseph H. Grochowski, Ph.D.³, Rebecca R. Suzuki, B.A.², Carly Miron, B.A.¹, Madeleine Rassaby, B.A.¹, Emma L. Jennings, B.S.¹, Mackenzie L. Brown, B.A.⁵, Susanne S. Hoeppner, Ph.D.³, Eric Bui, M.D., Ph.D.⁷, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. NYU School of Medicine, 3. NYU Langone, Dept. of Population Health, 4. New York University, 5. Massachusetts General Hospital, 6. Massachusetts General Hospital, Harvard Medical School

(PS10-B44) Incremental Predictive Utility of AAQ-II Scores for Anxiety Disorder Symptomology
Christian A. Hall, B.S., Danielle E. Drury, B.S., Megan L. keough, Joshua J. Broman-Fulks, Ph.D., Annie Dephouse-Student, B.S., Appalachian State University

(PS10-B45) Evaluating the Acceptability of Common Humanity Enhanced Exposure for Individuals with Social Anxiety
Elizabeth Slivjak, B.A., Joanna Arch, Ph.D., University of Colorado, Boulder

(PS10-B46) The Affective Consequences of Co-rumination and Co-distraction
Ashley M. Battaglini, M.A., Joelle LeMoult, Ph.D., The University of British Columbia
(PS10-B47) Mediation Effects of Emotional Control on the Relationship Between Emotion Regulation and Positive Affect
Bethany A. Harris, B.A., Maya Nauphal, M.A., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS10-B48) The Impact of Daily Emotion Regulation Strategy Use on Worry and Rumination
Michal E. Clayton, B.A., Megan E. Renna, Ph.D., David H. Klemanski, M.P.H., Psy.D., Caroline E. Kerns, Ph.D., Katie A. McLaughlin, Ph.D., Douglas Menin, Ph.D., Teachers College, Columbia University, 1. The Ohio State University College of Medicine, 2. Yale University School of Medicine, 3. Northwestern University Feinberg School of Medicine, 4. Harvard University

(PS10-B49) The Relationship Between Perceptions of Interoceptive Accuracy and Alexithymia in Social Anxiety
Alicia Kruzeloock, B.S., B.A., Matthew R. Judah, Ph.D., Old Dominion University

(PS10-B50) Moderators of the Relationships Between State and Trait Anxiety and Depersonalization
Noah J. French, B.A., Jeremy W. Eberle, M.A., Bethany A. Teachman, Ph.D., University of Virginia

Poster Session 10C

Key Words: Social Anxiety, Distress Tolerance, Social Relationships

(PS10-C51) The Relationship Between Perceived Social Support and Distress Tolerance in Individuals with Social Anxiety Disorder Compared to Generalized Anxiety Disorder
Madeleine Rassaby, B.A., Kristin L. Szuhany, Ph.D., Carly Miron, B.A., Emma L. Jennings, B.S., Susanne S. Hoepner, Ph.D., Mackenzie L. Brown, B.A., Bryana Schantz, B.A., Rebecca R. Suzuki, B.A., Rachel Eakley, M.A., M.S., RN, Stephanie X. Wu, B.A., Camille Johnson, Eric Bu, M.D., Ph.D., Naomi M. Simon, M.D., M.S., NYU Langone Medical Center, 2. NYU School of Medicine, 3. Massachusetts General Hospital, 4. New York University School of Medicine, 5. Massachusetts General Hospital, Harvard Medical School

(PS10-C52) The Neural Impact of Excessive Reassurance Seeking in Social Anxiety
Christian L. Lunsford, B.S., Danielle E. Deros, B.S., Jacob D. Kraft, M.S., Kaitlyn Nagel, B.A., Danielle Taylor, Ph.D., Kristen Frosio, M.S., DeMond Grant, Ph.D., Oklahoma State University

(PS10-C53) Generating Anxiety Sensitivity Profiles Using Profile Analysis via Principal Component Analysis
Charlene Minaya, B.A., Se-Kang Kim, Ph.D., Dean McKay, ABPP, Ph.D., Fordham University

(PS10-C54) Shyness Mindset and Sexual Harassment Responses Among Female College Students
Jessica R. Winder, M.A., David P. Valentiner, Ph.D., Northern Illinois University
(PS10-C55) The Effects of Age and Trait Anxiety on the Generalization of Contextual Fear and Avoidance
Zohar Klein, B.A., M.A.1, Smadar Berger, B.A.1, Bram Vervliet, Ph.D.2, Tomer Shechner, Ph.D.3, 1. School of Psychological Sciences, University of Haifa, Israel., 2. Laboratory for Biological Psychology, KU Leuven, Belgium. Leuven Brain Institute, KU Leuven, Belgium., 3. University of Haifa

(PS10-C56) Cannabis Use Patterns in Those Seeking Cognitive Behaviour Therapy for Social Anxiety Disorder
Melise Ouellette, B.S.1, Karen Rowa, Ph.D.2, Randi E. McCabe, Ph.D.1, 1. McMaster University, 2. St. Joseph’s Healthcare Hamilton

(PS10-C57) Social Anxiety and Dissociation: The Moderating Role of Emotion Regulation
Matthew A. Cook, M.S., Amie R. Newins, Ph.D., University of Central Florida

(PS10-C58) The Impact of Transdiagnostic Risk Factors on the Relationship Between Social Anxiety and Social Safety Behaviors
Jessica R. Beadel, Ph.D1, Meghan W. Cody, Ph.D.2, Emily M. O’Bryan, Ph.D.3, Alison C. McLeish, Ph.D.4, 1. Dayton Veterans Affairs Medical Center, 2. W.G. (Bill) Hefner VA Medical Center, 3. Anxiety Disorders Center, The Institute of Living, 4. The University of Louisville

(PS10-C59) The Role of Social Interaction Anxiety on Mood Disturbance Following a Discussion of Emotional Events in Individuals with Generalized Anxiety Disorder
Alex H. Buhk, M.A., Pallavi V. Babu, M.A., Amy L. Capparelli, Ph.D., Jason C. Levine, Ph.D., University of Toledo

(PS10-C60) Examining the Relation of Intolerance of Uncertainty to Other Correlates of Social Anxiety Disorder
Yasunori Nishikawa, M.A.1, Katie Fracalanza, Ph.D.2, Neil A. Rector, Ph.D.3, Judith Laposa, Ph.D.4, 1. Centre for Addiction & Mental Health, 2. Stanford University, Department of Psychiatry & Behavioral Neurosciences, 3. Sunnybrook Health Sciences Centre and University of Toronto, 4. Centre for Addiction and Mental Health

(PS10-C61) Changes in Anxiety and Depression Scores of College Freshmen over the Last 10 Years: evidence for Increased Severity of Symptoms
Sarah Robertson, Ph.D, College of Charleston

(PS10-C62) The Relationship Between Symptoms and Social Functioning over the Course of Cognitive-behavioral Therapy for Social Anxiety Disorder
Sei Ogawa, Ph.D.1, Risa Imai, Ph.D.2, Masako Suzuki, Ph.D.2, Tatsuo Akechi, Ph.D.2, Toshi A. Furukawa, Ph.D.3, 1. Nagoya City University Graduate School of Humanities and Social Sciences, 2. Department of Psychiatry and Cognitive-Behavioral Medicine, Nagoya City University Graduate School of Medical Sciences, 3. Department of Health Promotion and Human Behavior, Kyoto University Graduate School of Medicine / School of Public Health
(PS10-C63) Assessing for Differences in Fear Conditioning Among Socially Anxious Individuals with Comorbid Anxiety or Depression

(PS10-C64) Shared and Unique Contributions of Anxiety and Depression to Mind-wandering Thoughts
Marta Migó, B.A., Tina Chou, Ph.D., Darin D. Dougherty, M.D., Jill Hooley, Ph.D., 1. Massachusetts General Hospital/Harvard Medical School, 2. Harvard University

(PS10-C65) Anxiety Sensitivity and Poor Physical Health: Examining the Role of State Emotion Dysregulation When Distressed
Patricia J. Mejia, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette

(PS10-C66) The Relationship Between Self-disclosure and Intimate Relationship Satisfaction Among Individuals with Social Anxiety Disorder and Healthy Controls
Ariella P. Lenton-Brym, M.A., Danielle A. A. Uy, MA, Candice M. Monson, Ph.D., Martin M. Antony, Ph.D., Ryerson University

(PS10-C67) The Indirect Role of Perseverative Thinking in the Association Between Perceived Stress and Sleep Disturbance Among Adults with Skin Disease Symptoms
Heather L. Clark, M.S., Laura J. Dixon, Ph.D., University of Mississippi

(PS10-C68) Emotion Regulation as a Mediator in the Relationship Between Childhood Trauma and Symptoms of Social Anxiety Among College Students
Katharine E. Musella, B.A., Maria C. DiFonte, M.A., Rebecca Michel, B.A., Ellen Flannery-Schroeder, ABPP, Ph.D., 1. The University of Rhode Island, 2. University of Rhode Island

(PS10-C69) A Translational Study: The Role of Safety Learning and Cue Saliency on Anxiety-related Overgeneralized Fear and Subjective Anxiety
Hyein Cho, M.A., Boyang Fan, B.A., Qin Lin, B.A., Tracy A. Dennis-Tiwary, Ph.D., 1. The Graduate Center, The City University of New York, 2. Hunter College, the City University of New York

(PS10-C70) Motivational Underpinnings of Alcohol Use in People with Social Anxiety disorder: a Daily Diary Study
Brad Brown, B.S., Gabriella Silva, B.S., Fallon Goodman, Ph.D., University of South Florida

(PS10-C71) Relationships Between Rumination, Emotion Regulation and Trait-anxiety in Healthy Volunteers
Mayu Naruse, Ph.D., Shuntaro Aoki, Ph.D., Takeshi Inoue, M.D., Ph.D., 1. Faculty of psychology, Mejiro University, 2. Fukushima Medical University, 3. Tokyo Medical University

(PS10-C72) Self-imagery: Neural Indices of Emotional Processing Among Worriers
Kaitlyn Nagel, B.A., Jacob D. Kraft, M.S., Danielle E. Deros, B.S., Kristen Frosio, M.S., Danielle Taylor, Ph.D., DeMond Grant, Ph.D., Oklahoma State University
(PS10-C73) The Effect of Intolerance of Uncertainty and Spider Fear on Gaze
Kathleen A. Koval, B.S.¹, Thomas Armstrong, Ph.D.², Shari Steinman, Ph.D.¹, 1. West Virginia University, 2. Whitman College

(PS10-C74) Psychological Inflexibility and Anxiety: Do Rigid Behavioral Repertoires Play a Role in the Relationship Between Anxiety Sensitivity and Anxiety Outcomes?
Bennett P. Armand, B.S., Jessica M. Criddle, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette

(PS10-C75) The Influence of Interoceptive Awareness on Emotion Regulation and Anxiety
Lorena Desdentado, M.S.¹, Marta Miragall, Ph.D.², Javier Fernández-Alvarez, M.S.³, Jessica Navarro-Siurana, M.S.¹, Jaime Navarrete, M.S.¹, Rosa M. Baños, Ph.D.⁴, 1. University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Università Cattolica del Sacro Cuore, 4. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain

**Poster Session 10D**

Key Words: Anxiety, Fear, Panic

(PS10-D76) Functional Relationships Between Safety Behaviors and Safety Signals
Juan C. Restrepo-Castro, Ph.D.¹, Leonidas Castro-Camacho, ABPP, Ph.D.², 1. Universidad de La Sabana, 2. Universidad de los Andes

(PS10-D77) Examining Correlations Between the Beads Task and Intolerance of Uncertainty
Emma R. Pino, Miranda N. Signorelli, Ivy M. Keen, Shari Steinman, Ph.D., Amber L. Billingsley, M.S., West Virginia University

(PS10-D78) Coping Strategies Associated with Agoraphobic Cognitions and Bodily Sensations in a Hispanic Sample: A Longitudinal Study
Elizabeth N. Hernandez, B.A., Isabel G. Aguirre, B.A., Michiyo Hirai, Ph.D., University of Texas Rio Grande Valley

(PS10-D79) The Association of Nocturnal Panic Attacks with Suicidal Thoughts and Behaviors
Nicole S. Smith, M.A., Rachel L. Martin, M.A., Brian W. Bauer, M.S., Shelby L. Bandel, M.S., Daniel Capron, Ph.D., University of Southern Mississippi

(PS10-D80) Using Fear of Sleep and Responsibility for Harm to Differentiate Nocturnal and Daytime Panic
Nicole S. Smith, M.A., Daniel Capron, Ph.D., University of Southern Mississippi

(PS10-D81) Improving Communication in Individuals with Social Anxiety Disorder Through Animal Assisted Intervention
Alex H. Buhk, M.A., Amy L. Capparelli, Ph.D., Pallavi V. Babu, M.A., Jason C. Levine, Ph.D., University of Toledo
(PS10-D82) The Effects of Social Anxiety Safety Behavior Fading on Negative Social Interpretation Bias
Lauren A. Stentz, B.A., Haley Michael, Jesse R. Cougle, Ph.D., Florida State University

(PS10-D83) Panic Symptoms Moderate the Relation of Anxiety Sensitivity Facets and Anxiety Medication Use Among Psychotherapy-seeking Adults
Rachel C. Bock, B.S.¹, Joel C. Stroman¹, Ashmita Ghosh¹, Jasmine M. Schneider¹, Christopher R. Berghoff, Ph.D.¹, Matthew T. Tull, Ph.D.², Kim L. Gratz, Ph.D.², 1. University of South Dakota, 2. University of Toledo

(PS10-D84) Pediatric Chronic Conditions and Parental Monitoring in the Adolescent Brain Cognitive Development Study
Mikela Murphy, B.A.¹, Joshua C. Gray, Ph.D.², 1. Department of Medical & Clinical Psychology, Uniformed Services University, Bethesda, MD, 2. Uniformed Services University of the Health Sciences

(PS10-D85) Do Implicit Negative Appraisals of Anxiety Moderate the Relationship Between Anxiety and Depression?
Hannah Duttweiler, B.A., Emma Cho, B.S., Lisa Starr, Ph.D., University of Rochester

(PS10-D86) A Friend for You: Reliance on Surrogates Among Socially Anxious Individuals
Nick Zabara, B.A., M.A., David A. Moscovitch, Ph.D., University of Waterloo

(PS10-D87) When Instability Presents Benefits: Sudden Gains and Losses in Attention Bias Modification
Hyein Cho, M.A.¹, Yue Li, B.A.², Tracy A. Dennis-Tiwary, Ph.D.³, 1. The Graduate Center, The City University of New York, 2. Teachers College, Columbia University, 3. Hunter College, City University of New York

(PS10-D88) Clinical vs. Subclinical Anxiety Levels in Adults: Are the Differences Meaningful?
Austin A. Shell¹, Hannah Hunter, B.S.¹, Kristy B. Allen, Ph.D.¹, Thomas H. Ollendick, ABPP, Ph.D.², 1. The University of Tennessee, Knoxville, 2. Virginia Tech

(PS10-D89) Differential Response to Errors and Its Implications for Anxiety Disorders
Amanda N. Holbrook, B.A.¹, Nader Amir, Ph.D.², 1. University of San Diego, 2. San Diego State University

(PS10-D90) Distress Tolerance Mediates the Relationship Between Anxiety Sensitivity and Social Anxiety
Kevin Narine, B.A., Edna Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania

(PS10-D91) Physical Activity as a Health Goal and Mhealth Target in Adolescent/young Adult Survivors of Childhood Cancer
Sara King-Dowling, Ph.D.¹, Katie Darabos, Ph.D.¹, Alexandra M. Psihogios, Ph.D.¹, Bridget O’Hagan, M.S.¹, Christine Hill-Kayser, M.D.², Dava Szalda, M.D.¹, Wendy Hbbie, R.N., Other¹, Jill P. Ginsberg, M.D.¹, Lamia P. Barakat, Ph.D.¹, Lisa Schwartz, Ph.D.¹, 1. The Children’s Hospital of Philadelphia, 2. Perelman School of Medicine at the University of Pennsylvania
(PS10-D92) Planning for Implementation: Stakeholder Identified Barriers and Facilitators of Survivorship Care Plans for Adolescent and Young Adult Survivors of Childhood Cancer
Bridget O’Hagan, M.S.1, Courtney Wolk, Ph.D.2, Janet Deatrick, Ph.D.3, Katie Darabos, Ph.D.1, Sara King-Dowling, Ph.D.1, Anna Campbell, R.N.1, Victoria Rio, B.S.1, Dava Szalda, M.D.1, Christine Hill-Kayser, M.D.2, Wendy Hobbie, R.N.1, Lamia P. Barakat, Ph.D.1, Lisa Schwartz, Ph.D.1, 1. The Children’s Hospital of Philadelphia, 2. Perelman School of Medicine, University of Pennsylvania, 3. University of Pennsylvania Perelman School of Nursing

(PS10-D93) Cognitive Reappraisal and Intrapersonal Goal Attainment Among Adolescents and Young Adults with a History of Cancer
Katie Darabos, Ph.D.1, Carole Tucker, Ph.D.2, Lamia P. Barakat, Ph.D.1, Sara King-Dowling, Ph.D.1, Lisa Schwartz, Ph.D.1, 1. The Children’s Hospital of Philadelphia, 2. Temple University

(PS10-D94) Investigating the Moderating Impact of Worry on Perfectionism and Anxiety Disorders
Christa Burton, Brandon Koscinski, M.A., Nicholas Allan, Ph.D., Ohio University

(PS10-D95) Evaluating Child Dental Fear, Child Behavior, and Caregiver-child Interactions During Pediatric Dental Appointments
Christopher K. Owen, M.S.1, Christa Lilly, Ph.D.1, Kelly Hickey, M.A.2, Lauren B. Quetsch, Ph.D.3, Masahiro Heima, Ph.D., Other4, Cheryl B. McNeil, N/A, Ph.D.1, Daniel W. McNeil, Ph.D.1, 1. West Virginia University, 2. Case Western Reserve University, 3. University of Arkansas, 4. Kagoshima University

(PS10-D96) Exploring the Impact of Waiting Time on Child Behavior During Healthcare Appointments
Sarah M. Lipinski1, Morgan Simpson1, Hannah E. Brown1, Christopher K. Owen, M.S.1, Lauren B. Quetsch, Ph.D.2, Kelly Hickey, M.A.3, Kelsey R. Eackles, B.S.4, Christa Lilly, Ph.D.1, Masahiro Heima, Ph.D.5, Cheryl B. McNeil, Ph.D.1, Daniel W. McNeil, Ph.D.1, 1. West Virginia University, 2. University of Arkansas, 3. Case Western Reserve University, 4. Ohio University, 5. Kagoshima University

(PS10-D97) Examining Personality Characteristics and Negative Emotionality in Misophonia: Implications for Treatment of This New Condition
Rachel E. Guetta, B.A.1, Deepika Anand, Ph.D.1, Clair Cassiello-Robbins, Ph.D.2, Jacqueline Trumbull, B.A.1, M. Zachary Rosenthal, Ph.D.3, 1. Duke University, 2. Duke University Medical Center, 3. Duke University School of Medicine

(PS10-D98) Cognitive Fusion’s Mediating Role Between Types of Repetitive Thinking and Anxiety
Shannon B. Underwood, B.S., Eric D. Tifft, M.A., Max Z. Roberts, M.A., John P. Forsyth, Ph.D., University at Albany, State University of New York

(PS10-D99) Intolerance of Uncertainty, Negative Reinforcement Drinking Motives, and Alcohol Use in College Students with Clinically Elevated Worry
Jessica G. Bimstein, B.S.1, Anishka Jean, B.A.1, Emily M. O’Bryan, Ph.D.1, Alison C. McLeish, Ph.D.2, 1. Anxiety Disorders Center, The Institute of Living, 2. The University of Louisville
PS 11: CHILD/adolescent depression; neuroscience; obsessive compulsive and related disorders; student issues

Poster Session 11A

Key Words: Child, Depression, Emotion

(PS11-A1) The Impact of Emotion Differentiation on Adverse Childhood Experiences (ACES) and Depressive Symptoms in Preschool Aged Children
Ella S. Sudit, BA, Kirsten Gilbert, Ph.D., Joan Luby, M.D., Washington University in St. Louis

(PS11-A2) Life Stress, Early Maltreatment, and Prospective Associations with Depression and Anxiety in Preadolescent Children: A Six-year Multi-wave Study
Rachel Y. Levin, B.A., Carly Maitlin, B.A., Christina M. Sanzari, B.A., Richard Liu, Ph.D., Massachusetts General Hospital and Harvard Medical School

(PS11-A3) Testing the Replicability of Internalizing Symptom Network Structure in Youth with Subclinical Symptoms of Anxiety and Depression
Jennifer Frederick, B.A., Mei Yi Ng, Ph.D., Kathrine Black, B.A., Samuel Hawes, Ph.D., Raul Gonzalez, Ph.D., Florida International University

(PS11-A4) Motivation to Change Depressive Behaviors: Alexithymia, Attentional Impulsivity, and Sensation Seeking Traits Inhibit Improved Performance on Reward Contingent Tasks
Kevin Petranu, B.A., Lauren Ehret, Ph.D., Rogers Memorial Hospital

(PS11-A5) Maternal Depression Is Associated with Enhanced Threat Sensitivity When Parental Involvement Is Low: An ERP Study
Samuel B. Seidman, B.A., Hope Vaccaro, B.A., Sarah Danzo, M.A., Arin Connell, Ph.D., Case Western Reserve University

(PS11-A6) Depression, Anxiety Sensitivity, and Drinking Motives in an Adolescent Sample
Caroline Lee, B.A., Banan Ramadan, B.S., Hannah Kelm, Ashlynn Smart, Heidemarie Blumenthal, Ph.D., University of North Texas

(PS11-A7) Maternal and Paternal Behaviors as Potential Moderators of the Relation Between Peer Victimization and Depression and Overt Aggression in Male and Female Latino Adolescents
Emily A. Velandia, B.A., Vladyslav Naumov, B.A., Clare T. Wilkes, B.A., Scott Plunkett, Ph.D., California State University, Northridge
PS11-A8 Prospective relations between maternal Depression and Adolescents’ sleep-problem Trajectories
Abigail E. Pine, B.A., Susanna Sutherland, M.S., Bridget A. Nestor, M.S., Judy Garber, Ph.D., Vanderbilt University

PS11-A9 Children with Moderate Regulation Are Most Physiologically Engaged While Witnessing Their Parents’ Emotions
Arden M. Cooper, B.S.¹, Alyssa Ames-Sikora, Ph.D.², Erin C. Tully, Ph.D.¹, 1. Georgia State University, 2. Columbia University Clinic for Anxiety and Related Disorders, Westchester

PS11-A10 Individual Differences in Social Media Use Among Psychiatrically Hospitalized Adolescents
Kara A. Fox, B.A.¹, Jacqueline Nesi, Ph.D.¹, Alexandra Bettis, Ph.D.¹, Jennifer C. Wolff, Ph.D.², Mitchell J. Prinstein, ABPP, Ph.D.³, 1. Warren Alpert Medical School of Brown University, 2. Brown Medical School/Rhode Island Hospital, 3. University of North Carolina Chapel Hill

PS11-A11 Social Reward Responsivity as a Neurobiological Marker of Resilience to Depression Among Adolescents Exposed to Child Adversity
Marin M. Kautz, M.A., Iris K. Chat, M.A., Mora Grehl, B.A., Thomas M. Olino, Ph.D., Lauren B. Alloy, Ph.D., Temple University

PS11-A12 Language Indicating Sadness During Problem-talk Moderates the Association Between Co-rumination and Depression in Adolescents
Emily Scarpulla, M.A., Helen Day, Ph.D., Cynthia Erdley, Ph.D., University of Maine

PS11-A13 Negative Inferential Style Mediates the Association Between Racial Identity and Depressive Symptoms Among African American Adolescents
Amber A. Graham, M.A.¹, Naoise Mac Giollabhui, M.S.¹, Allison Stumper, M.A.¹, Lyn Y. Abramson, Ph.D.², Lauren B. Alloy, Ph.D.¹, 1. Temple University, 2. University of Wisconsin-Madison

PS11-A14 Emotion Regulation Difficulties Mediate the Relationship Between Sleep Problems and Suicidal Ideation in Adolescent Inpatient Population
Afsoon Gazor, M.Ed.¹, William D. Brown, Ph.D.², S. Kamal Naqvi, M.D.², Sunita M. Stewart, ABPP, Ph.D.³, 1. UT Southwestern Medical Center, 2. Children’s Health – Children’s Medical Center/University of Texas Southwestern Medical Center, 3. UT Southwestern and Children’s Health, Dallas

PS11-A15 Co-rumination as a Predictor of Depression Continuity Among Adolescents
Meghan Huang, M.A., Lisa Starr, Ph.D., University of Rochester

PS11-A16 Attention, Rumination, and Depression in Youth with Negative Inferential Styles: A Prospective Study
Lara S. Rifkin, M.A., Naoise Mac Giollabhui, M.A., Philip C. Kendall, ABPP, Ph.D., Lauren B. Alloy, Ph.D., Temple University

PS11-A17 Mapping the Course of Emotion Intensity and Lability During the Month Following Inpatient Discharge: A Daily Diary Study of Suicidal Teens
Katherine M. Tezanos, B.A., Christine B. Cha, Ph.D.¹, Shirley Yen, Ph.D.², 1. Teachers College, Columbia University, 2. Harvard Medical School and Warren Alpert Medical School of Brown University

486 • Saturday Poster Sessions
(PS11-A18) Can’t Get You out of My Mind: Does Social Support Moderate the Repetitive Negative Thinking-depression Relationship in Diverse Adolescents?
Naomi Tarlow, M.S., Annette M. La Greca, Ph.D., ABPP, Ph.D., University of Miami

(PS11-A19) Depression and Difficulties with Emotion Dysregulation: Concurrent Trajectories of Change in Adolescents

(PS11-A20) Sex Differences in the Relation Between Pubertal Synchrony and Depressive Symptoms
Allison Stumper, M.A., Lauren B. Alloy, Ph.D., Temple University

(PS11-A21) Depressive Symptoms Are Associated with the Interaction of Negative Cognitive Style, Acute Life Stressors, and Cumulative HPA Axis Exposure
Erin E. Curley, M.A., Benjamin G. Shapero, Ph.D., Lauren B. Alloy, Ph.D., 1. Temple University, 2. Massachusetts General Hospital

(PS11-A22) Children’s Risk for Depression Predicts Differential Activation of Reward Structures When Losing for Another versus Oneself
Erin M. McDonald, B.A., Sarah E. Garcia, Ph.D., Jackson Gray, M.A., Erin C. Tully, Ph.D., 1. Georgia State University, 2. Georgia State University, University of Denver

(PS11-A23) Parental Positive and Negative Affect in Parent-child Interactions as Moderators in the Longitudinal Link Between Family Stressors and Depressive Symptoms in Adolescent Girls
Yuqi Wang, B.S., Rosalind Butterfield, M.S., Cecile D. Ladouceur, Ph.D., Jennifer Silk, Ph.D., University of Pittsburgh School of Medicine

(PS11-A24) Examining Neighborhood Stress and Parental Expressed Emotion in Children’s Depressive Symptoms
Phoebe Brosnan, M.A., Sakshi Shah, Martha C. Tompson, Ph.D., Gail N. Kemp, M.P.H., Ph.D., Joan Asarnow, Ph.D., 1. Boston University, 2. University of Scranton, 3. University of California, Los Angeles School of Medicine

(PS11-A25) Co-rumination and Beliefs About Co-rumination in College Students: Tradeoffs Between Friendship Closeness and Depressive Symptoms
(PS11-B26) Examining Clinician Experience as a Predictor of Exposure Exercise Use in Obsessive-compulsive Disorder
Christina Puccinelli, B.Sc., Dubravka Gavric, Ph.D., Irena Milosevic, Ph.D., Randi E. McCabe, Ph.D., Noam Soreni, M.D., Duncan Cameron, Ph.D., Gillian M. Alcolado, Ph.D., Karen Rowa, Ph.D., 1. McMaster University, St. Joseph’s Healthcare Hamilton, 2. McMaster University, 3. University of Manitoba

(PS11-B27) Emotion Regulation Difficulties as a Potential Mediator Linking Sleep Disturbance to Obsessive Compulsive Symptoms
Joe Friedman, Samantha N. Hellberg, B.A., Megan Butler, Emily Walsh, B.A., Kenan Sayers, Peyton Miyares, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-B28) Examining the Interacting Roles of Sleep Disturbance and Distress Tolerance in Predicting Depressive Symptoms Among Individuals with Elevated Obsessive-compulsive Symptoms (OCS)
Dana Nguyen, Samantha N. Hellberg, B.A., Megan Butler, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A. Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-B29) Negative Interactions with Peers and Parents Predict Adolescent Depression
Alexandra M. Gray, Emily S. Bibby, B.A., Eva H. Telzer, Ph.D., University of North Carolina at Chapel Hill

(PS11-B30) Affective Reactivity to Positive Daily Events in Adolescence
Katherine S. Benjamin, B.A., Sarah Chun, B.S., Amy H. Mezulis, Ph.D., Seattle Pacific University

(PS11-B31) Time to Response to Cognitive Behavioral Therapy versus Supportive Psychotherapy in Body dysmorphic Disorder
Marc Hiramandani, Sabine Wilhelm, Ph.D., Katharine A. Phillips, M.D., Jennifer L. Greenberg, Psy.D., Susanne S. Hoepner, Ph.D., 1. Massachusetts General Hospital, 2. Weill Cornell Medical College

(PS11-B32) Course and Clinical Correlates of Obsessive-compulsive Disorder with or Without Comorbid Personality Disorder
Clara Law, M.A., Gina M. Belli, B.A., Christina Boisseau, Ph.D., Maria C. Mancebo, Ph.D., Jane L. Eisen, Ph.D., Steven A. Rasmussen, M.D., 1. Northwestern University Feinberg School of Medicine, 2. Butler Hospital & Brown University, 3. McLean Hospital, 4. Brown Medical School

(PS11-B33) Early Childhood Self and Other Directed Violence Links with Adult Cortical Thickness
Ana E. Sheehan, B.A., Nadia Boumova, M.A., Rickie L. Miglin, B.S., Naomi Sadeh, Ph.D., Jeffrey Spielberg, B.A., University of Delaware

(PS11-B34) How Has CBT Been Adapted for Adolescents with Depression and a Chronic Illness? A Scoping Review
Maria Loades, Psy.D., Alice Morey, B.A., 1. University of Bristol & University of Bath, 2. University of Bath
(PS11-B35) The Role of Avoidance in Behavioral Activation Outcomes for Adolescents with Major Depressive Disorder
Madeline R. Pike, B.A.¹, Yinghao Zhang, B.S.¹, Ellen M. Andrews, B.A.², Allison LoPilato, Ph.D.¹, Brittany DeVries, B.S.¹, Michael Treadway, Ph.D.¹, W E. Craighead, ABPP, Ph.D.¹, 1. Emory University, 2. University of Texas Southwestern Medical Center

(PS11-B36) Stability of Emotion-based and Intentional Hair-pulling over Time
Allison F. Coyne, B.A., Emily Carlson, M.A., Elizabeth Malloy, Ph.D., David Haaga, Ph.D., American University

(PS11-B37) Win, Lose, or Draw: Refining Measurement of the Reward Positivity in Depression
Nathan M. Hager, M.A., Matthew R. Judah, Ph.D., Old Dominion University

(PS11-B38) Could Healthy Eating Aid in Cbt’s Treatment of Adolescent Depression? Food for Thought
Kyler Lehrbach, B.A.¹, Anthony Spirito, Ph.D.², Shira Dunsiger, Ph.D.², Megan Ranney, M.P.H., M.D.², 1. Lifespan/Rhode Island Hospital, 2. Warren Alpert Medical School of Brown University

(PS11-B39) Pediatric Obsessive-compulsive Symptoms over Time
Emily P. Wilton, B.A.¹, Anna K. Luke, M.A.², Rachel Ankney, M.A.³, Theresa R. Gladstone, B.A.¹, Kristoffer S. Berlin, Ph.D.³, Christopher A. Flessner, Ph.D.¹, 1. Kent State University, 2. Boston Children’s Hospital/Harvard Medical School, 3. University of Memphis

(PS11-B40) Secondary Outcomes for a Group Intensive Outpatient Program for Pediatric OCD
Oxana L. Stebbins, M.S.¹, Alyssa M. Nevell, Ed.S.², Thomas M. Pankau, M.S.³, Rachel S. Ryan, B.A.², Nayara Aparecida Da Costa Silva Beall, B.A.², Jiayi K. Lin, Psy.D.², Thane M. Erickson, Ph.D.³, Geoffrey A. Wiegand, Ph.D.², Anna L. Villavicencio, Ph.D.⁴, Kendra L. Read, Ph.D.², 1. Ann Arbor VA & Seattle Pacific University, 2. University of Washington & Seattle Children’s Hospital, 3. Seattle Pacific University, 4. Seattle Children’s Hospital

(PS11-B41) Parental Emotion Socialization Predicts Adolescent Internalizing Symptomatology: The Influence of Emotion Regulation and Peer Socialization
Molly E. Hale, M.S.¹, Janice L. Zeman, Ph.D.², 1. University of Georgia, 2. College of William & Mary

(PS11-B42) The Effects of Parent-child Dysfunctional Interactions on Child Internalizing Problems Related to Negative Mood
Jerrica R. Guidry, M.A., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS11-B43) Relationships Between Experiential Avoidance, Depression, and Severe OCD in an Intensive/residential Treatment Sample
Morgan E. Browning, B.A., B.S.¹, Nathaniel P Van Kirk, Ph.D.², Jacob A. Nota, Ph.D.², Martha Falkenstein, Ph.D.¹, Jason Krompinger, Ph.D.², 1. McLean Hospital, 2. McLean Hospital OCD Institute; Harvard Medical School

(PS11-B44) The Relationship Between Parent Childhood Trauma and Child Depression Symptoms: Parental Acceptance as a Mediator
Yuqi Wang, B.S., Rosalind Butterfield, M.S., Cecile D. Ladouceur, Ph.D.², Jennifer Silk, Ph.D., University of Pittsburgh
(PS11-B45) Validation of a Brief Screening Measure for Depression in Adolescents and Young Adults with Substance Use Disorders  
Kelsey Louman, B.A.,1 Kate Bentley, Ph.D.,2 Hitoshi Sakurai, M.D., Ph.D.,1 Lisa Rines-Toth, M.A.,1 James McKown, Ph.D.,2 Amy Yule, M.D.,3 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Boston Medical Center

(PS11-B46) The Clinical Profile of Obsessive-compulsive Disorder in College Students  
Matthew Buckley, B.S.,1 Anthony Robinson, M.A.,2 Amitai Abramovitch, Ph.D.,1 1. Texas State University, 2. Louisiana State University

(PS11-B47) Sexual Functioning and Quality of Life Across Symptom Dimensions in Obsessive Compulsive Disorder  
Gina M. Belli, B.A.,1 Clara Law, MA1, Christina Boisseau, Ph.D.,1 Maria C. Mancebo, Ph.D.2, Jane L. Eisen, Ph.D.3, Steven A. Rasmussen, M.D.,4 1. Northwestern University Feinberg School of Medicine, 2. Butler Hospital & Brown University, 3. McLean Hospital, 4. Brown Medical School

(PS11-B48) Neurocognitive Predictors of Treatment Outcomes in Psychotherapy for Comorbid PTSD and Substance Use Disorders  

(PS11-B49) Less Attention to Neutral Stimuli Is Associated with Greater Depressive Symptoms  
Erick Fedorenko, M.S., Patrick Barnwell, Richard Conrrada, Ph.D., Rutgers University

(PS11-B50) Anthropomorphism Within the Obsessive-compulsive Spectrum: Examining Potential Links Between Hoarding and Obsessive Compulsive Symptoms  
Dakota McNamara, M.A.,1 Katie Kriegshauser, Ph.D.2, Andrew D. Wiese, M.A.,3 1. Kansas City University of Medicine and Biosciences, 2. Kansas City Center for Anxiety Treatment (KCCAT), 3. University of Missouri Kansas City

**Poster Session 11C**

Key Words: OCD (Obsessive Compulsive Disorder), Anxiety, Emotion

(PS11-C51) Examining Associations Between Shame and Not Just Right Experiences  
Zoe Trout, B.A., Thomas Fergus, Ph.D., Baylor University

(PS11-C52) Likelihood Estimates Moderate the Impact of a Thought-action Fusion Task on Anxiety  
Sindhu Shivaji, M.S.C.P., Thomas Fergus, Ph.D., Baylor University

(PS11-C53) Religiosity, OCD Tendencies, and Appraisals of Intrusive Thoughts  
Kyle Surace, M.A., Debbie M. Warman, ABPP, Ph.D., University of Indianapolis
(PS11-C54) The Relation Between Recollections of Early Life Attachment with Primary Caregivers, Childhood Saving Behaviors, and Current Hoarding Severity in a Sample of Adults with Hoarding Disorder
Catharine E. Hamilton, M.S., Maria I. Lockwood, B.S., Sage Bates, M.S., Gregory S. Chasson, Ph.D., Illinois Institute of Technology

(PS11-C55) Sensory Processing Sensitivity in the Prediction of Obsessive Compulsive Symptoms
Maria Carvajal, Samantha N. Hellberg, B.A., Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS11-C56) Does Ruminative Thinking Play a Role in Contamination-related Distress?
Gabrielle R. Messner, B.A., Michael Wheaton, Ph.D., Barnard College

(PS11-C58) Relationship Between Thought-action Fusion and the Sentence Task
Samuel R. Cares, MSW, Katie H. Mangen, B.S., Kevin D. Wu, Ph.D., Northern Illinois University

(PS11-C59) Learning from Experience: Do Consequences of Heavy Alcohol Use Predict Future Engagement in the Behavior Among Students Transitioning to University?
Christina L. Robillard, M.Sc., Carolyn E. Helps, M.S., Cassandra Turner, B.A., Brianna J. Turner, Ph.D., University of Victoria

(PS11-C60) Using Unsupervised Machine Learning to Generate Clinically Actionable Information in Excoriatio n Disorder
Carolina Gutierrez, B.S., Suzanne Mouton-Odum, Ph.D., Zehlia Bicak, B.S., Kevin Patyk, B.A., Alessandro S. De Nadai, Ph.D., 1. Texas State University, 2. Baylor College of Medicine

(PS11-C61) OCD Symptoms in Trauma-exposed Individuals with and Without Probable PTSD
Heidi J. Ojalehto, B.S., Kenan Sayers, Emma DeMartino, Tamira Daniely, Samantha N. Hellberg, B.A., Jennifer L. Buchholz, M.A., Jon Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Sarah R. Lee, M.A., Johanna A. Younce, M.A., Samuel R. Cares, MSW, Kevin D. Wu, Ph.D., Northern Illinois University

(PS11-C63) Perfectionism and Risk in Intimacy in Trichotillomania
Meghan K. Flannery, B.A., David Haaga, Ph.D., Martha Falkenstein, Ph.D., 1. American University, 2. McLean Hospital

(PS11-C64) Impact of Comorbid Depression Severity on Imaginal Exposure Outcomes for Patients with OCD
Noah C. Berman, Ph.D., Dianne Hezel, Ph.D., Molly Nadel, Sabine Wilhelm, Ph.D., 1. College of the Holy Cross, 2. Columbia University Medical Center, 3. Massachusetts General Hospital

(PS11-C65) Probabilistic Reasoning and Levels of OC Beliefs
(PS11-C66) Obsessive Compulsive Tendencies and Attitudes Towards Violent Intrusive Thoughts
Debbie M. Warman, ABPP, Ph.D., Jennifer Cole, M.A., University of Indianapolis

(PS11-C67) Obsessive Compulsive Tendencies and Delusion Proneness
Debbie M. Warman, ABPP, Ph.D., University of Indianapolis

(PS11-C68) Saving Inventory-revised: Differential Item Functioning by Gender
Stephanie E. Hudiburgh, M.S., Kiara R. Timpano, Ph.D., University of Miami

(PS11-C69) An Experimental Examination of the Relationship Between Religion and Moral Thought-action Fusion
Johanna A. Younce, M.A., Sarah R. Lee, M.A., Kevin D. Wu, Ph.D., Northern Illinois University

(PS11-C70) Personality Characteristics in Persons with Body-focused Repetitive Behavior Disorders
Jennifer R. Alexander, M.S.¹, David C. Houghton, Ph.D.², Christopher C. Bauer, M.S.³, Douglas Woods, Ph.D.¹, 1. Marquette University, 2. University of Texas Medical Branch, 3. Medical College of Wisconsin

(PS11-C71) Examining the Impact of Obsessive-compulsive Symptomology on Delay Discounting
Cierra Edwards, M.S., Shari Steinman, Ph.D., West Virginia University

(PS11-C72) Scrupulosity and Reassurance-seeking: An Examination of the Association Between Obsessive-compulsive Symptom Dimensions and Urges to Seek Reassurance in Response to a Behavioral Task
Katie H. Mangen, B.S., Samuel R. Cares, MSW, Kevin D. Wu, Ph.D., Northern Illinois University

(PS11-C73) Validity of the Compulsivity (CMP) Scale of the MMPI-3
Jelani Daniel, M.A., Jessica Reyes, B.A., Steven L. Bistricky, Ph.D., Ryan J. Marek, Ph.D., University of Houston, Clear Lake

(PS11-C74) Assessing Pre-commitment Readiness for Clients with Obsessive Compulsive Disorder and Co-occurring Conditions: A Decision Making Model and Case Example
Craig A. Gordon, II, M.A.¹, Alexandra Gasbarro, M.A.¹, Sarah Fischer, Ph.D.², Victoria Wendell, B.S.¹, Rebecca Hardin, Psy.D.¹, Joanna Marino, Ph.D.¹, 1. Potomac Behavioral Solutions, 2. George Mason University

(PS11-C75) P600 as a Biomarker of Negative Interpretation Bias in Obsessive-compulsive Disorder
Alexis M. Cruz, B.A., William Taboas, Ph.D., Nader Amir, Ph.D., San Diego State University
Key Words: Student Issues, Social Relationships, Change Process / Mechanisms

(PS11-D76) The Role of Faculty in Students’ Well-being in Higher Education
Kelley M. Wick, B.A., Tyler L. Stevenson, M.S., Ellice R. Ramm, M.A., Linnea R. Swanson, B.A., Samantha A. Kesselring, B.A., Susan M. Swearer, Ph.D., Caron C. Clark, Ph.D., University of Nebraska-Lincoln, 2. Arizona State University, 3. California State University, Sacramento

(PS11-D77) A Systematic Review of the Effectiveness of Cognitive Behavioral Therapy with Asian American Youth
Rongyu Xin, B.S., Olivia M. Fitzpatrick, B.A., Harvard University

(PS11-D78) Evaluation of the Koru Mindfulness Program on Emerging Adult Mental Health
Kimberly Holt, Esther C. Killius, B.A., Christian A. Hall, B.S., Joshua J. Broman-Fulks, Ph.D., Elisabeth Cavallaro, M.P.H., Alex F. Howard, M.P.H., Appalachian State University

(PS11-D79) Differences Between Self-oriented Perfectionism and Socially Prescribed Perfectionism in Predicting Functions of Self-damaging Behaviors
Christina L. Robillard, M.Sc., Nicole K. Legg, M.S., Tristen Lozinski, Brianna J. Turner, Ph.D., University of Victoria

(PS11-D80) Brooding Rumination, Emotional Distress, and Sleep Disturbance Among Undergraduates Who Engage in Hazardous Drinking Behavior: Findings from a Two-week Daily Diary Study

(PS11-D81) Interventions Have a Moderate Effect in Increasing Physical Activity in University Students, a Meta-analysis
Francesca Favieri, Psy.D., Melanie N. French, M.A., Maria Casagrande, Ph.D., Eunice Y. Chen, Ph.D., 1. Department of Psychology, “Sapienza” University of Rome, 2. Temple University

(PS11-D82) Reward Probability and Mindfulness Predict Posttraumatic Stress Severity Among College Students
Michael B. Quin, Jr., Daniel Loomis, B.A., Rebecca L. Laconi, B.S., Zachary Getz, B.S., Michael J. Gawrysiak, Ph.D., West Chester University of Pennsylvania

(PS11-D83) When Perfect Is Never Good Enough: Investigating the Predictive Role of Discrepancy Perfectionism on Task-related Anxiety and Overall Psychological Well-being
Madeleine Rassaby, B.A., Clair Cassiello-Robbins, Ph.D., Shannon Sauer-Zavala, Ph.D., 1. NYU Langone Medical Center, 2. Duke University Medical Center, 3. University of Kentucky

(PS11-D84) Does Method Matter in Mindfulness Teaching? examining Outcomes of an Experienced, Novice and Online Mindfulness Teachings on Anxiety and Mindfulness
John Lothes, II, M.A., Sara C. Matney, University of North Carolina Wilmington
(PS11-D85) The Apple Doesn't Fall Far from the Tree: Familial Influences on Psychological Treatment Seeking  
Rae D. Drach, M.A., Jaime A. Coffino, M.P.H., M.A., Lauren E. Blau, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS11-D86) College Student Attitudes Towards Women’s Heavy Drinking on Instagram  
Catherine B. Schuler, M.A., Madison Crowder, B.S., Allison B. Duncan, B.A., Susan L. Kenford, Ph.D., Xavier University

(PS11-D87) An Examination of the Effect of Color-coding on the Comprehension and Retention of Social Skills in an Orthodox Jewish Sample of 9-14-year-old Girls  
Devora Samet, Psy.D., Camilo Ortiz, Ph.D., Long Island University - Post

(PS11-D88) Developing and Evaluating a Single-session Online Mental Health Promotion Intervention for Elite College Students: Findings from Interviews and a Randomized Controlled Trial  

(PS11-D89) A Preliminary Examination of the Relationship Between Generalized Problematic Internet Use, Rumination, Perceived Burdensomeness, and Thwarted Belongingness  

(PS11-D90) Reward Probability Uniquely Accounts for Cannabis Use Severity Among Trauma-exposed Individuals After Controlling for Posttraumatic Stress  
Daniel Loomis, B.A., Rebecca L. Laconi, B.S., Zachary Getz, B.S., Michael J. Gawrysiak, Ph.D., West Chester University of Pennsylvania

(PS11-D91) The Effect of a Three-week Stress Mindset Intervention with First-year College Students  
Caitlyn Loucas, M.A., Laura H. Taouk, B.S., Kathleen C. Gunthert, Ph.D., American University

(PS11-D92) Effects of a Combination of Mindfulness Stress Reduction and Behavioral Activation on Mental Health in College Students: A Feasibility Study  
Tomonari Irie, Ph.D., Asaka Kawamura, M.A., 1. Hokusho University, 2. Health Sciences University of Hokkaido

(PS11-D93) Creating an Accessible Autonomous Motivation Intervention for College Students  
Chan N. To, Anthony H. Ahrens, Ph.D., American University

(PS11-D94) Childhood Exposure to Maternal Threatening Behaviors and Depression, Worry, and ADHD Symptoms in Young Adults: The Mediating Role of Perceived Anxiety Control  
Reagan M. Hylton, B.A., Erika S. Trent, M.A., Andres G. Viana, ABPP, Ph.D., University of Houston
(PS11-D95) Motive and Gender as Factors in College Students’ Views of Nonmedical 
Prescription Stimulant Use
Alynna G. Summit, B.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington

(PS11-D96) “strategic Mindsets Overcome Obstacles to Health”: Preliminary Results 
of the SMOOTH Resiliency Training Program
Alicia Klanecky Earl, Ph.D., Thomas L. Budesheim, Ph.D., Erin Budesheim, B.S., Matt 
Steranka, B.S., Sophia Daley, Romi Dazzio, Hannah Milius, Hannah Mulholland, Creighton University, 2. University of Illinois Urbana-Champaign

(PS11-D97) Identity in Conflict: The University as Source of Discord
Angelica Riveros, Ph.D., Elena Camarena, Ph.D., Luz Iturbe, Ph.D., Karina Leon, B.A., 
Michelle Teran, M.A., National University of Mexico

(PS11-D98) Dating in College: The Dark Side of Romantic Relationships
Angelica Riveros, Ph.D., Fernanda Ledesma, M.A., Felipe Navarro, M.P.H., Blanca Elizabeth 
Jiménez-Cruz, Ph.D., National University of Mexico

(PS11-D99) Developing and Evaluating a Single-session Intervention for Indian 
College Students: Findings from Focus Groups and Preliminary Data from a 
Randomized Controlled Trial
Bhatia, Ph.D., Akash Wasil, M.A., Robert J. DeRubeis, Ph.D., 1. Ashoka University, 2. University of Pennsylvania

(PS11-D100) Crowdsourcing Indian College Students to Identify Mental Health 
Promotion Strategies
Bhatia, Ph.D., Akash Wasil, M.A., Robert J. DeRubeis, Ph.D., 1. Ashoka University, 2. University of Pennsylvania
Sunday, November 22, 2020

11:30 a.m. – 1:30 p.m.

**PS 12: COUPLES/CLOSE RELATIONSHIPS; SUICIDE AND SELF-INJURY; VIOLENCE/AGGRESSION**

**Poster Session 12A**

**Key Words:** Couples / Close Relationships, Sexuality, Technology / Mobile Health

**(PS12-A1) Variety Is the Spice of Life: Sex, Long-distance and Relationship Satisfaction**
Heather Chamberland, Psy.D.¹, Bahareh Sahebi, Psy.D.¹, Molly Neuhaus, M.S.², Tamara G. Sher, Ph.D.¹, 1. The Family Institute at Northwestern University, 2. Solid Foundations Therapy Group

**(PS12-A2) Romantic Relationships Problems in a Sample Suicidal Military Personnel**
Samantha A. Chalker, Ph.D.¹, Chandra E. Khalifian, Ph.D.², Robert Milano³, Jacqueline Dende³, 1. UCSD and VA San Diego Center for Stress and Mental Health, 2. University of California San Diego, 3. The Catholic University of America

**(PS12-A3) Do Your Friends and Family Contribute to Attachment Security, Above and Beyond Your Partner?**
Xinni Wang, B.S., B.A., Allison M. McKinnon, M.S., Samantha A. Wagner, M.S., Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University

**(PS12-A4) Observed Interpersonal Predictors and Manifestations of Romantic Relationship Jealousy**
Corey Pettit, B.A., Meghan Costello, B.A., Jessica Kansky, M.A., Joseph P. Allen, Ph.D., University of Virginia

**(PS12-A5) Attitudinal Acceptance of Intimate Partner Violence: The Role of Person-level Factors**
Angela G. Candrilli, Maggie M. Parker, M.S., Richard E. Mattson, Ph.D., Binghamton University

**(PS12-A6) Relational Pornography Use and Longitudinal Individual Outcomes: Does Watching Porn Together Affect Subsequent Perception of Problematic Porn Use and Depressive Symptoms?**
Elena K. Henderson, M.A., M.S., William Crosland, Adriana Guittierez, Scott R. Braithwaite, Ph.D., Brigham Young University

**(PS12-A7) Examining the Correlates of Psychological Flexibility in Romantic Relationship and Family Dynamics: A Meta-analysis**
Ronald D. Rogge, Ph.D., Jennifer S. Daks, M.A., University of Rochester
(PS12-A8) Patterns of Emotional Communication in Same-sex Female Couples Before and After Couple Therapy

(PS12-A9) Back and Forth: Predictors of Conflict Avoidance in Long-distance Romantic Relationships Across Periods of Separation and Reunion

(PS12-A10) Turning Towards Inclusivity: An Adaptation of the Relationship Checkup for Same-sex Couples
Tatiana D. Gray, Ph.D., Taylor Dovala, M.A., James Cordova, Ph.D., 1. Springfield College, 2. Clark University

(PS12-A11) Predictors of Paternal Postpartum Depression: A Meta-analysis
Zachary J. Blackhurst, Ph.D., Scott R. Braithwaite, Ph.D., Brigham Young University

(PS12-A12) Marital Status, Close Relationships, and All-cause mortality: results from a 10-year Study of Nationally Representative Older Adults
Atina Manvelian, M.A., David A. Sharr, Ph.D., University of Arizona

(PS12-A13) Potential for High Prevalence of Intimate Partner Violence Among Sexual Minority Couples to Bias Couples-based Research
Nicholas S. Perry, Ph.D., Brian R. Baucom, Ph.D., David Huebner, M.P.H., Ph.D., 1. Warren Alpert Medical School of Brown University, 2. University of Utah, 3. Milken Institute School of Public Health

(PS12-A14) Unmet Need for Couple Therapy and Barriers to Treatment-seeking in a Community Sample of Married Adults
Anna L. Gilmour, M.A., Mark A. Whisman, Ph.D., University of Colorado Boulder

(PS12-A15) “Honey, We’re Doing Our Thing Again!”: The Influence of Relationship Pattern Labeling on Intimacy and Relationship Satisfaction in Couples’ Relationships
Jenna Rice, B.A., James Cordova, Ph.D., Clark University

(PS12-A16) Insight into OCD in an Interpersonal Context: Associations with Perceived Criticism and Partners’ Symptom Accommodation
Melanie Fischer, Ph.D., Alexandra K. Wojda, M.A., Donald Baucom, Ph.D., Selina Ludwig, M.S., Jon Abramowitz, Ph.D., 1. Heidelberg University Hospital; University of Heidelberg, 2. University of North Carolina at Chapel Hill, 3. University of Heidelberg

(PS12-A17) Early Maladaptive Schemas Uniquely Predict Unidirectional versus Bidirectional Unwanted Pursuit Behaviors via Motivations to Initiate Contact with Ex-partner
Fallon J. Richie, B.A., Iris Fraude, B.S., Victoria L. O’Connor, M.A., Deana Celaj, Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina at Charlotte
(PS12-A18) Respiratory Sinus Arrhythmia in Couples’ Stress Recovery: The Role of Support and Relationship Health
Leanna Z. Poole, B.A., Binghuang A. Wang, M.S., Eileen Barden, M.S., Christina Balderrama-Durbin, Ph.D., Binghamton University

(PS12-A19) Interpersonal Trauma Histories and Accommodation Among LGBQ Veterans and Partners Seeking Couples-based PTSD Treatment
Ingrid Solano, Ph.D., MFT1, Kayla Knopp, Ph.D.1, Katerine Rashkovsky2, Leslie Morland, Psy.D.2, 1. VA San Diego Healthcare System, 2. VA San Diego Healthcare System/University of California, San Diego

(PS12-A20) Gender Differences in Links Between PTSD and Relationship Functioning

(PS12-A21) Short and Sweet: The Effects of a Brief Relationship Education Program on Depression and Relationship Satisfaction
Michaela J. DiPillo, B.A.1, Patricia Roberson, Ph.D.1, Erica A. Mitchell, Ph.D.1, James Cordova, Ph.D.2, Kristina Coop Gordon, Ph.D.1, 1. The University of Tennessee, Knoxville, 2. Clark University

(PS12-A22) Effect of Alcohol and Substance Use Discordance on Relationship Functioning
Sabrina Bothwell, B.S.1, Dominic J. Parrott, Ph.D.1, Konrad Bresin, Ph.D.1, Christopher I. Eckhardt, Ph.D.2, 1. Georgia State University, 2. Purdue University

(PS12-A23) Psychopathology Relates Differently to Actors’ and Partners’ Romantic Relationship Satisfaction: A Meta-analysis
Lily Assaad, M.S., Douglas B. Samuel, Ph.D., Purdue University

(PS12-A24) Investigating Actor-partner Effects in Intimate Partner Violence in Female Same-sex Relationships
Quyen A. Do, M.Ed, Shelby B. Scott, Ph.D., University of Texas at San Antonio

(PS12-A25) Race Matters in Assessment of Expressed Emotion

Poster Session 12B

Key Words: Intimate Partner Aggression, Clinical Utility, Assessment

(PS12-B26) Men’s Positive and Negative Outcome Expectancies for Partner Abuse: Confirmatory Factor Analysis and Clinical Utility
Haley A. Miles-McLean, M.A., Adam D. LaMotte, M.A., Christopher M. Murphy, Ph.D., University of Maryland, Baltimore County
(PS12-B27) When You’re Not Sure You’re the Only One: Examining Suspicions of Infidelity and Their Impact on Relationship Functioning
Triston Li, Maggie M. Parker, M.S., Helena Ojarovsky, Richard E. Mattson, Ph.D., Binghamton University

(PS12-B28) Couples’ Social Skills: Analyzing Repertoires in Heterosexual and Homosexual Couples
Bruno Luiz Avelino Cardoso, Ph.D.¹, Zilda Aparecida Pereira Del Prette, Ph.D.¹, Sheila Giardini Murta, Ph.D.², 1. Federal University of Sao Carlos, 2. University of Brasilia

(PS12-B29) The Associations Between Cultural Values and Intimate Relationship Functioning
Saily Gomez Batista, B.A.¹, Andrew Lee, B.A.², Robin A. Barry, Ph.D.¹, 1. University of Wyoming, 2. University of Maryland, Baltimore

(PS12-B30) Aggression in the Digital Era: Assessing the Validity of the Cyber-mad Questionnaire
Dominick F. DeMarsico, B.A., Nadia Bounoua, M.A., Rickie L. Miglin, B.S., Naomi Sadeh, Ph.D., University of Delaware

(PS12-B31) An Exploratory Analysis of the Five Factor Personality Dimensions in Intermittent Explosive Disorder

(PS12-B32) Inventory of Dating Stress: Preliminary Factor Structure and Initial Construct Validity
Timothy J. Sullivan, B.A., Joanne Davila, Ph.D., Stony Brook University

(PS12-B33) Is Early Substance Use Initiation Related to Increased Revictimization Risk in Young Adult Dating Relationships?
Evan J. Basting, B.A., Nicole P. Wolf, B.S., Liz Goncy, Ph.D., Cleveland State University

(PS12-B35) Predictors of Relationship Pathways for Cohabiting Parents Expecting a Baby
Maggie O’Reilly Treter, M.A., Scott Stanley, Ph.D., Galena Rhoades, Ph.D., University of Denver

(PS12-B36) A Meta-analytic Review of Neuroticism and Marital Satisfaction
Charlotte R. Esplin, M.S., Scott R. Braithwaite, Ph.D., Alan Hawkins, Ph.D., Dorian Hatch, None, Conner L. Deichman, Brigham Young University

(PS12-B37) Romantic Relationship Behaviors and Attitudes Among Adults Reporting Unwanted First Sexual Intercourse
Charlie Huntington, M.A., Scott Stanley, Ph.D., Galena Rhoades, Ph.D., University of Denver

(PS12-B38) Expected Reactions to Cyber Abuse Victimization in Adult Romantic Relationships
Penny A. Leisring, Ph.D., Quinnipiac University

(PS12-B39) Sexual Assault Victimization and Perpetration Among Those Involved in Greek Life and Varsity Athletics: A Large National Study
Kate W. Hamilton, M.A., Stephanie Ward, B.A., Emily Matis, B.A., Kate Walsh, Ph.D., Yeshiva University - Ferkauf Graduate School of Psychology
(PS12-B40) Relationship Satisfaction and Depression After Traumatic Brain Injury: An Actor-partner Interdependence Model of Patients and Caregivers in Latin America
Grace B. McKee, Ph.D.1, Paul Perrin, Ph.D.2, Yaneth Rodriguez Agudelo, Ph.D.3, Silvia Leonor Olivera Plaza, M.S.4, Maria Cristina Quijano, M.S.5, Chimdindu Ohayagha, M.S.6, Duygu Kiez, Ph.D.7, Anna Cariello, M.A.8, Juan Carlos Arango-Lasprilla, Ph.D.9, 1. Hunter Holmes McGuire VA Medical Center, 2. Virginia Commonwealth University, 3. National Institute of Neurology and Neurosurgery, Mexico, 4. Universidad Surcolombiana, 5. Departamento de Ciencias Sociales, Edificio El Samán, Colombia, 6. BioCruces Health Research Institute, Cruces University Hospital

(PS12-B41) An Examination of the Associations Between Discrepant Relationship Satisfaction and Partner Depression and Anxiety
Alexandra K. Wojda, M.A.1, Donald Baucom, Ph.D.1, Melanie Fischer, Ph.D.2, 1. University of North Carolina at Chapel Hill, 2. Heidelberg University Hospital; University of Heidelberg

(PS12-B42) Broken Sexual Agreements Associated with Lower Relationship Quality but Not Mental Health Among Sexual Minority Men
Lisa M. Godfrey, M.A.1, Sarah W. Whitton, Ph.D.1, Michael E. Newcomb, Ph.D.2, 1. University of Cincinnati, 2. Northwestern University Feinberg School of Medicine

(PS12-B43) Broader Autism Phenotype and Relationship Satisfaction in Parents of a Child with Autism: The Role of Partner Discrepancy
Chelsea N. Carson, M.A.1, Naomi Ekas, Ph.D.2, Chrystyna Kouros, Ph.D.3, 1. Southern Methodist University, 2. Texas Christian University

(PS12-B44) Bi-directional Effects of Observed Romantic Relationship Quality and Mental Health from Adolescence to Adulthood
Jessica Kansky, M.A., Joseph P. Allen, Ph.D., University of Virginia

(PS12-B45) Subgroup Differences in Prevalence and Correlates of Extramarital Sex in a Probability Sample of Married Latinx Adults
Lizette Sanchez, B.A.1, Mark A. Whisman, Ph.D.1, Kristina Coop Gordon, Ph.D.2, Jessica A. Hughes, Ph.D.3, 1. University of Colorado Boulder, 2. University of Tennessee, Knoxville, 3. University of California, San Diego

(PS12-B46) Zen and Religiosity: Intrinsic Religiosity Matters When Considering Mindfulness in Romantic Relationships
Shayla A. Wieser, B.A.1, Katherine A. Lenger, M.A.1, Matthew D. McCall, B.S.1, Alexander Khaddouma, Ph.D.2, Jennifer Bolden, Ph.D.1, Kristina Coop Gordon, Ph.D.1, 1. University of Tennessee, Knoxville, 2. University of Hawai’i at Manoa

(PS12-B47) Direct and Indirect Associations Between Adverse Childhood Events, PTSD, Alcohol Misuse, and Intimate Partner Violence in a Sample of U.S. Military Couples
Mollie E. Shin, B.A., Elizabeth S. Allen, Ph.D., University of Colorado Denver

(PS12-B48) Household Division of Labor and Decision Making, Attitudes Toward Women, and Relationship Satisfaction
Bailey A. Steele, B.A., Mark A. Whisman, Ph.D., University of Colorado at Boulder
(PS12-B49) Rethinking Global Measures of Marital Quality to Explain Variance in Depressive Symptoms and Diagnoses  
Bailey A. Steele, B.A., Mark A. Whisman, Ph.D., University of Colorado at Boulder

(PS12-B50) Preliminary Exploration of EA Task Segments and Their Association to Relationship Satisfaction  
Charles Giraud, B.A., Christen Abraham, Michelle Leonard, Ph.D., University of Michigan Dearborn

**Poster Session 12C**

Key Words: Resilience, Social Relationships, Clinical Decision Making

(PS12-C51) The Impact of Frames Depicting Bullying: Unpacking Differences Across Gender  
Abigail M. Stark, M.S., Sarah W. Hopkins, M.S., Gary D. Fireman, Ph.D., Suffolk University

(PS12-C52) Title: Narrative Influence: Autobiographical Stories of past Bullying, Social Risk Taking, and Emotions  
Sarah W. Hopkins, M.S., Abigail M. Stark, M.S., Gary D. Fireman, Ph.D., Suffolk University

(PS12-C53) The Role of Problematic Pornography and Victim Blaming on Lower Support for Victims of Sexual Assault  
Klara P. Houck, Kyle Neubert, Hannah Grigorian, M.A., Gregory Stuart, Ph.D., Autumn Rae Florimbio, M.A., University of Tennessee-Knoxville

(PS12-C54) Harsh Parenting and Later Aggression: Ethnicity as a Moderator  
Li Shen Chong, B.S., Edward C. Merritt, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York

(PS12-C55) The Role of Social Problem Solving and Gender Role Ideologies on Attitudes Toward Sexual Aggression  
Dicle Ozel, B.S., Arthur M. Nezu, M.A., Ph.D., DHL, ABPP, Christine M. Nezu, ABPP, Ph.D., Drexel University

(PS12-C56) Antisocial Personality Traits Link College Students’ Family of Origin Violence and Emotional Partner Abuse  
Blake S. Farrell, Gloria Romero, M.S., Alisa Garner, M.A., Gregory Stuart, Ph.D., University of Tennessee-Knoxville

(PS12-C57) Protective Behavioral Strategies for Reducing Sexual Aggression, Risky Sex, and Heavy Drinking Among College Men  
Olivia R. Westemeier¹, Teresa A. Treat, Ph.D.¹, William R. Corbin, Ph.D.², Richard J. Viken, Ph.D.³, ¹, University of Iowa, 2. Arizona State University, 3. Indiana University

(PS12-C58) Differential Associations Between Physical, Psychological and Sexual IPV on Personal Values, Self-efficacy, Empowerment and PTSD Symptoms in a Sample of Treatment-seeking Women  
Sara B. Danitz, Ph.D., Danielle Shayani, B.S., Katherine M. Iverson, Ph.D., National Center for PTSD
(PS12-C59) Alcohol Use and Aspects of Emotion Dysregulation Relate to Cyber Dating Abuse Perpetration
Alisa Garner, M.A.¹, Rebecca M. Skadberg, M.A.¹, Meagan Brem, M.A.¹, Tara L. Cornelius, Ph.D.², Michelle Drouin, Ph.D.³, Todd Moore, Ph.D.¹, Gregory Stuart, Ph.D.¹, 1. University of Tennessee, Knoxville, 2. Grand Valley State University, 3. Purdue University-Fort Wayne

(PS12-C60) Linking Corporal Punishment Approval and Dating Abuse Perpetration Among Young Adults: The Effect of Catastrophizing and Trait Forgiveness
Evan J. Basting, B.A., Liz Goncy, Ph.D., Cleveland State University

(PS12-C61) Internalizing and Externalizing Symptoms Stemming from Regretted Sexual Experiences of College Students in the United States
Roselyn Peterson, M.S., Robert D. Dvorak, Ph.D., University of Central Florida

(PS12-C62) Alcohol Intoxication Impairs Emotion Differentiation to Potentiate Intimate Partner Aggression
Molly A. Maloney, M.S.¹, Sean Lane, Ph.D.¹, Christopher I. Eckhardt, Ph.D.¹, Dominic J. Parrott, Ph.D.², 1. Purdue University, 2. Georgia State University

(PS12-C63) The Impact of a Guided Mood-induction in Inducing and Modifying Symptoms of Sadness Among Adolescents
Lianna Trubowitz, M.A., Lata McGinn, Ph.D., Yeshiva University, Ferkauf Graduate School of Psychology

(PS12-C64) Within-couple Trait Anger Discrepancies, Alcohol Misuse, and Physical IPA Perpetration
Andrea A. Massa, M.S.¹, Christopher I. Eckhardt, Ph.D.¹, Dominic J. Parrott, Ph.D.², 1. Purdue University, 2. Georgia State University

(PS12-C65) The Indirect Effects of Disinhibition on Physical Aggression Through Cognitive Concerns Across Genders
Brian A. Bulla, M.A., Joye C. Anestis, Ph.D., Nicole S. Smith, M.A., Olivia C. Preston, M.A., Daniel Capron, Ph.D., University of Southern Mississippi

(PS12-C66) Sexual Assault Characteristics and Reporting Status Among Men Receiving a Forensic Medical Examination
Daniel W. Oesterle, B.S.¹, Amanda Gilmore, Ph.D.¹, Kathy Gill-Hopple, Ph.D.², Grace Boyers-McKee, Ph.D.³, 1. Georgia State University, 2. Medical University of South Carolina, 3. Virginia Commonwealth University

(PS12-C67) Likelihood for Youth to Report Bias-motivated Victimization to an Adult Professional Is Influenced by Severity Level and Familiarity with the Perpetrator
Shannon G. Litke, B.A.¹, Jenna Kiely, B.S.¹, Michael J. Silverstein, B.A.¹, Sarah Gally, Other¹, Chandler Puhy, M.S.¹, Brian Daly, Ph.D.¹, Lisa Jones, Ph.D.², 1. Drexel University, 2. Crimes Against Children Research Center, University of New Hampshire

(PS12-C68) Problem Alcohol Use and Distress Tolerance in the Perpetration of Controlling Behaviors in Sexual Minority Relationships
Nora K. Kline, M.A., Korine Cabrera, M.A., Kathleen M. Palm Reed, Ph.D., Clark University
(PS12-C69) Psychological Profiles of Court-mandated and Community Samples of Intimate Partner Abusers
Adriana B. Bastardas-Albero, M.A., Julia Babcock, Ph.D., Patricia Warford, Psy.D., 1. University of Houston, 2. Oregon Institute of Technology

(PS12-C70) Depression Symptoms of Victims of Sexual Violence: The Exacerbating Roles of Self-blame and Catastrophizing
Nicole P. Wolf, B.S., Liz Goncy, Ph.D., Cleveland State University

(PS12-C71) Emotional Dysregulation as a Mediator in the Cycle of Physical Violence
Emily S. Miller, M.A., Sara C. Haden, Ph.D., Jake Tempchin, B.A., Rhiannon Gibbs, M.A., 1. Long Island University, Brooklyn, 2. Long Island University, 3. The Graduate Center, CUNY

(PS12-C72) Self-persuasion: An Avenue for Change in Rape Myth Acceptance and Toxic Masculinity Attitudes
Theresa J. Buczek, M.A., Melanie D. Hetzel-Riggin, Ph.D., Penn State Behrend

(PS12-C73) Helping Parents Manage Aggressive and Defiant Behavior in a Sample of Preteens: A Qualitative Analysis of Task-based Grounding as a Disciplinary Strategy
Emily G. Hichborn, B.S., Hannah Haskell, B.A., James Craig, Ph.D., Craig Donnelly, M.D., Dartmouth

(PS12-C74) Associations with Witnessing Domestic Violence Among Predominantly Hispanic Undergraduates Living on the U.S./Mexico Border
Mariany G. Perez, B.S., Claudia J. Woloshchuk, B.A., Neida Amador, Jennifer De Alba, Emilio Posada, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS12-C75) Uncertainty, Jealousy and Aggression in Intimate Relationships
Kathryn M. Bell, Ph.D., Erin Norris, B.A., Acadia University

Poster Session 12D

Key Words: Risky Behaviors, Depression, Emotion

(PS12-D76) Alexithymia, Depression, and Risky and Self-injurious Behaviors: The Effects of Describing One’s Emotions and Emotional States on Behavior
Ashley Wright, B.S., Margaret Andover, Ph.D., HaeJoon Kim, M.A., Ana Rabasco, M.A., Fordham University

(PS12-D77) Analysis of Trait Aggression, Depression, and Gender on Nonsuicidal Self-injury Versatility
Joshua J. DeSon, B.A., Caroline S. Holman, Ph.D., Emily H. Brackman, Ph.D., Justyna Jurska, M.A., Margaret Andover, Ph.D., 1. Fordham University, 2. Brown University & Providence VA Medical Center

(PS12-D78) Would You Intervene? The Relationship Between Individual Personality Traits and Bystander Intervention
Melanie D. Hetzel-Riggin, Ph.D., Cheyenne T. Huellen, B.S., Alexandra Willmes, B.A., Theresa J. Buczek, M.A., Penn State Behrend
(PS12-D79) Assessing Treatment Engagement as a Moderator on the Association Between Childhood Sexual Abuse and Suicidal Ideation
Lindsay E. Abrahams, B.A., Ilana Gratch, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University

(PS12-D80) Are Social Constraints a Predictor of Suicidal Ideation in High Risk Samples?
Rachel Canaffi, B.A., David Disabato, Ph.D., Karin G. Coifman, Ph.D., Kent State University

(PS12-D81) Non-suicidal Self Injury in Asian Americans: Shame as a Potential Moderator

(PS12-D82) Thwarted Belongingness, Perceived Burdensomeness, and Suicide Ideation Among Asian Americans: A Study of Shame as a Mediator
Yu-Chin Lin, M.S., Rocky B. Marks, B.A., Janelle Y. Wee, B.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

(PS12-D83) Drinking in Moderation: How Alcohol Use Moderates the Association Between Panic and IDAS Suicidality Scale
Adrian R. Lopez-Marquez, B.A., Rachel L. Martin, M.A., Daniel Capron, Ph.D., University of Southern Mississippi

(PS12-D84) Exploring the Immediate Suicidal Context via Coding Free-responses of Suicidal Ideators and Attempters
Calvary R. Fielden, Esther C. Park, B.A., Alexandria Hayford, Joe Franklin, Ph.D., Florida State University

(PS12-D85) The Relationship Between Acculturation, Acculturative Stress, and Non-suicidal Self-injury in First- and Second-generation Emerging Adult Immigrants in the United States
Aiyana Rice, B.A.,1, Shaun Cook, Ph.D., Andrew Bland, Ph.D., Aaron Porter, Ph.D., 1. Penn State College of Medicine, 2. Millersville University

(PS12-D86) Does Study Methodology Inflate the Association Between Parent-to-child Aggression and Later Dating Abuse? A Meta-analytic Investigation
Evan J. Basting, B.A.,1, Courtney Dunn, B.A., Liz Goncy, Ph.D., 1. Cleveland State University, 2. Virginia Commonwealth University

(PS12-D87) The Influence of Gender on Acquired Capability for Suicide: Tests of a Parallel Mediation Model
Kandice Perry, M.S., Lara Glenn, Carolyn Pepper, Ph.D., University of Wyoming

(PS12-D88) Prevalence of Non-suicidal Self-injury Among Lesbian, Gay, Bisexual, and Transgender Individuals: A Systematic Review and Meta-analysis

(PS12-D89) Influence of Pain Tolerance on the Relationship Between past NSSI and Acquired Capability for Suicide
Janelle Y. Wee, B.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University
(PS12-D90) Cognitive Flexibility and Its Relations to Persistence of Non-suicidal Self-injury
Yeonsoo Park, M.A., Brooke Ammerman, Ph.D., University of Notre Dame

(PS12-D91) Subscales of the Anger Rumination Scale as Predictors of Aggression
Kathleen L. Ramsey, M.A., Fayth Walbridge, B.A., Tiffany G. Harris, M.S., Stephanie D. Smith, Ph.D., University of Southern Mississippi

(PS12-D92) The Effect of Social Rejection on Risky Decision-making for Individuals with and Without a History of Non-suicidal Self-injury
Alyssa L. Conigliaro, M.A.¹, Jennifer Babekov, M.A.¹, Emily Barkley-Levenson, Ph.D.¹, Erin F. Ward-Ciesielski, Ph.D.², 1. Hofstra University, 2. Boston University Center for Anxiety and Related Disorders

(PS12-D93) A Retrospective Investigation of Adolescent Bullying Involvement and Non-suicidal Self-injury
Grace E. Murray¹, Stephanie Jarvi Steele, Ph.D.², 1. McLean Hospital, 2. Williams College

(PS12-D95) Vulnerability and Resilience Factors Associated with Suicidal Ideation in Left-behind Children in Rural China
Claudia Paszek, B.A.¹, Richard Liu, Ph.D.¹, Xiangru Zhu, Ph.D.², 1. Warren Alpert Medical School of Brown University, 2. Henan University

(PS12-D96) The Role of Interpersonal Emotion Regulation in Differentiating Between Suicide Ideation and Attempts
Mariah Xu, M.A., Regina Miranda, Ph.D., Hunter College, City University of New York

(PS12-D97) The Impact of Social Support, Perceived Stress, and Suicide Bereavement on Suicidal Ideation and Meaning in Life in Emerging Adults
K. Naomi Pak, M.A., Alison Cuellar, Ph.D., Lawrence Cheskin, M.D., Jerome Short, Ph.D., Sarah Fischer, Ph.D., George Mason University

(PS12-D98) Difficulties in Emotion Regulation Moderate the Relation Between Severity of Childhood Sexual Abuse and History of Suicide Attempts
Evelyn M. Hernandez Valencia, B.A., Sarah L. Brown, Ph.D., Lori N. Scott, Ph.D., University of Pittsburgh

(PS12-D99) Examining the Predictive Power of the Big 5 Personality Traits and Cannabis Use on Non-suicidal Self-injury
Monika Sahleen, B.S., Ryan L. Rahm-Knigge, M.S., Bradley T. Conner, Ph.D., Colorado State University
PS 13: EATING DISORDERS; WEIGHT MANAGEMENT

Poster Session 13A

Key Words: Eating, Abuse / Maltreatment

(PS13-A1) The Relationship Between Childhood Maltreatment, Avoidant Coping, and Eating Disorder Symptoms
Diane L. Rosenbaum, Ph.D.,1 Kamila White, Ph.D.,2 Tiffany Artine, Ph.D.3, 1. Penn State Abington, 2. University of Missouri - St. Louis, 3. Pacific Lutheran University

(PS13-A2) The Predictive Value of Marital Status, Parental Status, and Educational Attainment for Men and Women’s Eating Pathology Across 30-year Follow-up
Madeline R. Wick, M.S.,1 Tiffany A. Brown, Ph.D.2, Elizabeth H. Fitzgerald, M.S.3, Pamela K. Keel, Ph.D.3, 1. Florida State University, 2. University of California San Diego

(PS13-A3) Fat Talk Trumps Weight Teasing in Predicting Disordered Eating Behavior
Lauren Francis, M.A.,1 Denise M. Martz, Ph.D.2, M Webb, Ph.D.2, Amy T. Galloway, Ph.D.2, 1. University of North Carolina Wilmington, 2. Appalachian State University

(PS13-A4) Test and Extension of the Dual-pathway Model for Bulimic Pathology and Muscle-building Behavior in Men: A Daily Diary Study
Jamie-Lee Pennesi, Ph.D., Aaron Blashill, Ph.D., Alexandra Convertino, B.S., Jonathan L. Heim, Ph.D., San Diego State University

(PS13-A5) Associations Between the Eating Disorder Flexibility Index (EDFLIX) and Exercise Motives and Behaviors
McKenzie Miller, B.S., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS13-A6) A Moderated Mediation Model of Eating Disorder Severity and Exercise Frequency
McKenzie Miller, B.S., Sydney K. Heiss, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS13-A7) Do the Cognitive Symptoms of Bulimia Nervosa Improve in Cognitive Behavioral Therapy?
Mandy Lin, M.S., Paakhi Srivastava, Ph.D., Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-A8) Examining the Relationship Between Deficits in Self-concept Clarity and Eating Disorder Presentation
Sarrah Ali, B.S., Pamela K. Keel, Ph.D., Florida State University

(PS13-A9) Trajectory of Change in Overevaluation of Shape and Weight and Body Dissatisfaction in Relation to Symptoms of Bulimia Nervosa During Cognitive Behavior Therapy
Paakhi Srivastava, Ph.D., Adrienne S. Juarascio, Ph.D., Drexel University
(PS13-A10) A Naturalistic Examination of the Dual Pathway Model of Binge Eating Using an Ecological Momentary Assessment Approach
Paakhi Srivastava, Ph.D., Christina R. Felonis, B.A., Olivia Wons, B.S., Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-A11) Puberty's Impact on Food Cravings and Loss of Control Eating Among Healthy Youth in the Laboratory and in Daily Life
Megan N. Parker, M.S.¹, Marian Tanofsky-Kraff, Ph.D.¹, Ross Crosby, Ph.D.², Deborah Altman, B.A.³, Taylor Swanson, B.A.³, Eliana Ramirez, B.S.³, Nia Moore, B.A.³, Sarah Rubin, B.A.³, Lisa Shank, Ph.D.¹, Meghan Byrne, M.S.¹, Sarah LeMay-Russell, M.S.¹, Shanna Yang, M.S., Other⁴, Natasha Schvey, Ph.D.¹, Scott Engel, Ph.D.², Sheila Brady, Other³, Susan Yanovski, M.D.³, Jack Yanovski, M.D., Ph.D.³. 1. Uniformed Services University of the Health Sciences, 2. Center for Bio-Behavioral Research, 3. Eunice Kennedy Shriver National Institute of Child Health and Human Development, 4. National Institute of Health, 5. National Institute of Diabetes, Digestive and Kidney Diseases

(PS13-A12) Repetitive Negative Thinking and Emotional Nonacceptance Moderate the Relationship Between Details and Flexibility and OCD but Not Eating Disorders
Sarah E. Ernst, B.S., Leigh Brosof, M.S., Cheri A. Levinson, Ph.D., University of Louisville

(PS13-A13) Evaluation of the Diagnostic Threshold Between Bulimia Nervosa and Sub-threshold Bulimia Nervosa
Sarah Johnson, B.A., Kelsie Forbush, Ph.D., Trevor Swanson, Ph.D., University of Kansas

(PS13-A14) Feasibility and Acceptability of a Body Kindness Guided Self-help Intervention for Emerging Adult Women
Courtney Rogers, M.A., Jennifer B. Webb, Ph.D., Lia Bauert, B.S., Jordan Carelock, B.A., Gretel Maya Farfan, Emore Worthington, University of North Carolina at Charlotte

(PS13-A15) Hedonic Hunger as a Mechanism of Action in Outpatient Cognitive Behavioral Therapy for Bulimia Nervosa
Christina R. Felonis, B.A., Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-A16) Unpacking the Association Between Conformity to Feminine Norms and Disordered Eating: Eating Styles and Emotion Suppression as Mediators
Thomas Le, M.S.¹, Catherine Forestell, Ph.D.². 1. University of Maryland, College Park, 2. College of William & Mary

(PS13-A17) The Impact of Fitspiration Content on Body Satisfaction and Negative Mood: An Experimental Study
Lauren A. Stutts, Ph.D., Emilia G. Rounds, Davidson College

(PS13-A18) Preliminary Results from the Mirror: Functional Appreciated Bodies (IM FAB), a Novel Bodyfunctionality Mirror Exposure Eating Disorder Risk Factor Reduction Program
Antonia Hamilton¹, Meichai Chen, B.A.², D. Catherine Walker, Ph.D.². 1. University at Albany, State University of New York, 2. Union College

(PS13-A19) Differential Impact of Mindful Eating Facets on Obesity-related Eating Behaviors
Jennifer A. Battles, M.S., Carly Carrasco-Wyant, B.S., Tamara Loverich, Ph.D., Eastern Michigan University
(PS13-A20) A Network Analysis Investigation of Disordered Eating Across Demographic and Regional Subpopulations Using a National Epidemiological Sample
Ani C. Keshishian, B.A.¹, Caroline Christian, B.S.¹, Nicholas Peiper, M.P.H., Ph.D.², Cheri A. Levinson, Ph.D.¹, 1. University of Louisville, 2. Pacific Institute for Research and Evaluation (PIRE)

(PS13-A21) Title: Effects of a Brief Dissonance-based Intervention on Affect, Self-objectification, and Muscle Dysmorphia in a Pilot Sample of Men

(PS13-A22) Associations Among Disordered Eating, Transition Milestones, and Gender Identity Congruence in a Nationwide U.S. Sample of Gender Minority Adolescents
Savannah R. Roberts, B.S., B.A., Rachel H. Salk, Ph.D., Madelaine T. Romito, B.A., Brian Thoma, Ph.D., Michele Levine, Ph.D., Sophia Choukas-Bradley, Ph.D., University of Pittsburgh

(PS13-A23) Predictors of Disordered Eating in Undergraduate Students with and Without a History of Nonsuicidal Self-injury
Carolyn E. Helps, M.S., Nicole K. Legg, M.S., Andrew Switzer, M.S., Brianna J. Turner, Ph.D., University of Victoria

(PS13-A24) Happy, Sad or Hungry? Predictors of Emotional Eating in the Context of Emotional Affect
Grace E. Coleman, B.A., Bridget A. Hearon, Ph.D., Albright College

(PS13-A25) Expecting Results: Parental Expectation and Early Weight Gain in the Treatment of Adolescents with Anorexia Nervosa (AN)
Connor Mears, B.A.¹, Sonakshi Negi, B.A.¹, Veronica Kreter, B.S.¹, Anushua Bhattacharya, B.A.¹, C. Alix Timko, Ph.D.², 1. Children’s Hospital of Philadelphia, 2. University of Pennsylvania School of Medicine / Children’s Hospital of Philadelphia

**Poster Session 13B**

Key Words: Motivation, Change Process / Mechanisms, Eating

(PS13-B26) Motivation to Change Predicts Naturalistic Changes in Binge Eating and Purging, but Not Fasting, Exercise, or Changes in Body Weight
Paraskevi E. Kambanis, B.A., Angeline R. Bottera, M.S., Christopher J. Mancuso, B.S., Kyle P. De Young, Ph.D., University of Wyoming

(PS13-B27) Unintentional Weight Suppression: Do Volitional and Non-volitional Weight Loss Have Similar Effects?
Joanna Y. Chen, B.S., Elin L. Lesser, Ph.D., Amani D. Piers, M.S., Michael R. Lowe, Ph.D., Drexel University

(PS13-B28) Emotion Differentiation Promotes Less Restrictive Eating in a Binge Eating Sample
Christina Chwyl, B.A.¹, Evan Forman, Ph.D.¹, Stephanie M. Manasse, Ph.D.², 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center)
PS13-B29) The Role of Distress Intolerance on Maladaptive Coping with Body Dissatisfaction  
Lindsay M. Gillikin, B.A.¹, Stephanie M. Manasse, Ph.D.², Mandy Lin, M.S.¹, Adrienne S. Juarascio, Ph.D.¹, Paakhi Srivastava, Ph.D.¹. 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center)

PS13-B30) Clarifying the Relationship Between Measures of Distress Tolerance and Eating Pathology  
Elizabeth Lampe, B.A.¹, Evan Forman, Ph.D.², Stephanie M. Manasse, Ph.D.¹. 1. WELL Center, Drexel University, 2. Drexel University

PS13-B31) Eating Disorder Symptom Prevalence in People of Color in Randomized Clinical Trials for Full or Sub-threshold Bulimia Nervosa  
Mandy Lin, M.S., Lindsay M. Gillikin, B.A., Adrienne S. Juarascio, Ph.D. Drexel University

PS13-B32) Who Is More Willing to Exert Effort for Food? An Examination of Effort Valuation for Food Rewards in Individuals with Binge Eating  
Megan Michael, B.S., Adrienne S. Juarascio, Ph.D., Drexel University

PS13-B33) Gender Congruence, Minority Stress, and Eating Pathology Among Transgender and Non-binary Individuals  
Claire E. Cusack, B.A.¹, M. Paz Galupto, Ph.D.². 1. Association for Behavioral and Cognitive Therapies, 2. Towson University

PS13-B34) Associations Between Problematic Internet Use and Disordered Eating: It Is Not Simply an Effect of Mood or Loneliness  
Michele L. Hiserodt, B.S., Michael Otto, Ph.D., Alexandra K. Gold, M.A., Boston University

PS13-B35) Social Appearance Anxiety Is Strongly Related to Eating Disorder Symptoms Regardless of Age in Both Clinical Eating Disorder and Nonclinical Cases  
Jordan E. Drake, Caroline Christian, B.S., Cheri A. Levinson, Ph.D., University of Louisville

PS13-B36) Measurement Invariance of the Bulimia Test Revised: An Examination of Non-clinical Latina and Non-latina White Undergraduate Women  
Riley M. Sebastian, B.A., Kelsey N. Serier, M.S., Jamie Smith, M.S., Jane E. Smith, Ph.D., University of New Mexico

PS13-B37) The Role of Body Shame, Body Mass Index and Age in the Eating Disorders Risk: Where and When Should We Intervene? A Moderated Mediation Model  
Diana Burychka, M.S.¹, Marta Miragall, Ph.D.², Rosa M. Baños, Ph.D.³. 1. Polibienestar Institute, University of Valencia, 2. Department of Basic and Clinical Psychology and Psychobiology, Jaume I University, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain, 3. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain
(PS13-B38) Online Dating Experience and Body Dissatisfaction in a Predominantly Hispanic/latinx College Sample
Roberto Sagaribay, B.A., Jennifer De Alba, Emilio Posada, Nallely Ramirez, B.S., Luis F. Corona, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(PS13-B39) Weight Suppression Is Negatively Associated with Bulimic Symptoms Among Individuals with a History of Class 3 Obesity
K. Jean Forney, Ph.D.¹, Megan L. Rogers, M.S.², Charlotte Grillot, M.S.², Thomas Joiner, Ph.D.², Pamela K. Keel, Ph.D.², 1. Ohio University, 2. Florida State University

(PS13-B40) The Moderating Role of Self-compassion Between Emotion-focused Impulsivity and Dietary Restraint
Courtney E. Breiner, B.A., Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York

(PS13-B41) Temporal Trends in Adolescent Problematic Weight Management Behaviors from 1999 Through 2013: A Nationally Representative Study
Christina M. Sanzari, B.A.¹, Carly Maitlin, B.A.¹, Rachel Y. Levin, B.A.², Richard Liu, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Massachusetts General Hospital and Harvard Medical School

(PS13-B42) Social Comparison and Body Dissatisfaction: Moderating Role of Self-compassion
Allison F. Wagner, M.A., Brooke L. Bennett, M.S., Si Woo Chae, B.A., Kaitlin A. Hill, M.A., Kelly Vitousek, Ph.D, University of Hawai’i at Manoa

(PS13-B43) Skepticism Towards Media Messages as a Predictor of Lower Body Dissatisfaction
Brooke L. Bennett, M.S., Allison F. Wagner, M.A., Rachel D. Marshall, M.S., Kaitlin Rozzell, M.A., Janet D. Latner, Ph.D., University of Hawai’i at Manoa

(PS13-B44) Examining Negative Urgency in Women Previously Diagnosed with Bulimia Nervosa or Purging Disorder at 10-year Follow-up
Sarah A. Horvath, M.S., Emma Harris, B.A., Gabriella Pucci, B.S., K. Jean Forney, Ph.D., Ohio University

(PS13-B45) Influence of Perceived Self-competence on Psychological Well-being in Adolescent Cancer Survivors
Jackson M. Hewitt, Ellen Jopling, M.A., Katerina Rnic, Ph.D., Michael Papsdorf, Ph.D., Joelle LeMoult, Ph.D., University of British Columbia

(PS13-B46) General versus Hunger/satiety-specific Interoceptive Awareness in Predicting Disordered Eating
Erica Ahlich, M.A., Sarah Attaway, Diana Rancourt, Ph.D., University of South Florida

(PS13-B47) Establishing a Link Between Compulsive Exercise and Intolerance of Uncertainty
Christina Scharmer, M.A.¹, Sasha Gorrell, Ph.D.², Erin E. Reilly, Ph.D.³, Joseph M. Donahue, M.A.¹, Drew A. Anderson, Ph.D.¹, 1. University at Albany, State University of New York, 2. University of California San Francisco, 3. Hofstra University
(PS13-B48) Examining Heart Rate Variability as an Indicator of Top-down Inhibitory Control over Emotions and Eating Behaviors Among Individuals with and Without Binge Eating
Angeline R. Bottera, M.S., Christopher J. Mancuso, B.S., Paraskevi E. Kambanis, B.A., Kyle P. De Young, Ph.D., University of Wyoming

(PS13-B49) Gender Differences in Body Image Disturbances in Adolescents: Implications for the Tripartite Model of Body Image

(PS13-B50) Coping as a Motivation to Eat Mediates the Relationship Between PTSD and Eating Disorder Symptoms in Trauma-exposed Veterans
Sabrina L. Hardin, B.A., Megan Sienkiewicz, B.S., Erika J. Wolf, Ph.D., Karen Mitchell, Ph.D., National Center for PTSD Women’s Health Sciences Division, VA Boston Healthcare System

Poster Session 13C

Key Words: Eating

(PS13-C51) The Relationship Between Body Mass Index, Weight-related Teasing, Eating Disorder Symptoms, and Weight Bias Internalization
Diane L. Rosenbaum, Ph.D., Michael Bernstein, Ph.D., Paige Sfida, Penn State Abington

(PS13-C52) Momentary Changes in Social-evaluative Fears Predict Momentary Eating Disorder and Social Anxiety Symptoms
Rowan Hunt, B.A., Cheri A. Levinson, Ph.D., University of Louisville

(PS13-C53) Developing and Validating a Paradigm to Measure Fear of Weight Gain
Sophie R. Abber, B.A.1, Elizabeth Lampe, B.A.2, Stephanie M. Manasse, Ph.D.2, 1. Drexel University, 2. WELL Center, Drexel University

(PS13-C54) Peer Recognition of Behavioral Symptoms of Eating Disorders Among College Students
Sarah Blackstone, Ph.D.1, Celeste Sangiorgio, B.A., M.A.2, Aimee Johnson, Ph.D.1, 1. James Madison University, 2. St. John’s University

(PS13-C55) Eating Pathology in Sexual Minority Populations: The Indirect Effect of Emotion Regulation Deficits
Lindsay M. Gillikin, B.A.1, Stephanie M. Manasse, Ph.D.2, Ilana Seager van Dyk, M.A.3, 1. Drexel University, 2. Center for Weight, Eating and Lifestyle Science (WELL Center), 3. Ohio State University

(PS13-C56) Interoceptive Awareness and Suicidal Ideation in a Clinical Eating Disorder Sample: The Role of Body Trust
Taylor Perry, B.A.1, Christina Wierenga, Ph.D.2, Walter H. Kaye, M.D.2, Tiffany A. Brown, Ph.D.2, 1. UC San Diego Eating, 2. University of California San Diego

(PS13-C57) Validity of Two Methods for Determining an Expected Body Weight in Adolescents with Anorexia Nervosa and Atypical Anorexia
Samantha L. Winnie, MSW, Jessica Van Huysse, Ph.D., Natalie Prohaska, M.D., Terrill Bravender, M.P.H., M.D., University of Michigan

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(PS13-C58) A Characterization of Alcohol Consumption During Binge Eating in Individuals with Binge Eating Disorder
Megan Michael, B.S., Caroline Fojtu, Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-C59) Neurobiological Deficits in Inhibition Processing Strengthen the Relationships Between Urges and Binge Eating in Daily Life
Megan N. Parker, M.S.¹, Helen Murry, M.S.², Hasan Ayaz, Ph.D.², Adrienne S. Juarascio, Ph.D.², Stephanie M. Manasse, Ph.D.³, 1. Uniformed Services University of the Health Sciences, 2. Drexel University, 3. Center for Weight, Eating and Lifestyle Science (WELL Center)

(PS13-C60) Family-based Treatment for Anorexia Nervosa: Development and Preliminary Assessment of an Intensive Outpatient Program
Marina Chibazakura, B.S., Samantha Martin, B.S., Katrina Kerrigan, B.A., Alexandra Thiel, Ph.D., Angela Doyle, Ph.D., Alexia Spanos, Ph.D., Emory Strickland, Psy.D., Ariel Ravid, Ph.D., Evidence Based Treatment Centers of Seattle

(PS13-C61) Characterizing Objective and Maladaptive Physical Activity in Individuals with Binge Eating Disorder
Olivia Wons, B.S., Megan Michael, B.S., Adrienne S. Juarascio, Ph.D., Drexel University

(PS13-C62) Examining Disordered Eating and Nonsuicidal Self-injury Through the Lens of Objectification Theory: The Role of Interoceptive Awareness and Emotional Reactivity
Natalie M. Perkins, M.S., Shruti Shankar Ram, B.S., April Smith, Ph.D., Miami University

(PS13-C63) Disordered Eating and Drinking: Examining Drinking Behaviors and Negative Alcohol-related Consequences in a Disordered Eating College Sample
Kristen Van Swearingen, B.S., Nora E. Noel, Ph.D., University of North Carolina Wilmington

(PS13-C64) Femininity and Fasting in African American Women: An Opposite Response
Courtney E. Breiner, B.A., Khrystina Warnstadt, Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York

(PS13-C65) An Integrated Model of Eating Disordered Behavior in Sexual Minority Young Adults
Alexandra D. Convertino, B.S.¹, Jonathan L. Helm, Ph.D.², Jamie-Lee Pennesi, Ph.D.², Manuel Gonzalez IV, B.A.¹, Aaron Blashill, Ph.D.², 1. San Diego State University/University of California, San Diego Joint Doctoral Program in Clinical Psychology, 2. San Diego State University

(PS13-C66) The Influence of External Eating on Binge Eating and High-fat Food Intake in General Population
Tamara Escrivá-Martínez, M.S.¹, Rocío Herrera, Ph.D.¹, Marta Rodríguez-Arias, Ph.D.¹, Rosa M. Baños, Ph.D.², 1. Faculty of Psychology, University of Valencia, 2. Polibienestar Institute, Valencia, Spain; CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Carlos III, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain
(PS13-C67) Avoidance Food Craving: How Does the Dimension of Craving Relate to Mealtime Anxiety in an Eating Disorder Treatment Sample?  
Christina L. Verzijl, M.A.¹, Erica Ahlich, M.A.¹, Joshua Nadeau, Ph.D.², Nicholas R. Farrell, Ph.D.³, Jessica Cook, M.S.³, Diana Rancourt, Ph.D.¹, ¹. University of South Florida, 2. Rogers Memorial Hospital, 3. Rogers Behavioral Health

(PS13-C68) Gender Differences in Clinical Presentation of Treatment Seeking Adolescents with Eating Disorders  
Claire Trainor, B.A.¹, Sasha Gorrell, Ph.D², Erin Accurso, Ph.D.², Daniel Le Grange, Ph.D.³, ¹. Drexel University, 2. University of California San Francisco, 3. University of California San Francisco, University of Chicago Emeritus

(PS13-C69) Emotion and Autonomic Responses During Emotion-eliciting Film Clips in an Eating Disorders Sample  
Eunice Y. Chen, Ph.D., Melanie N. French, M.A., Temple University

(PS13-C71) Effects of Asian Media Consumption on Body Comparisons and Appearance Preferences Among Undergraduate Females  
Si Woo Chae, B.A., Katrina Obleada, M.A., Brooke L. Bennett, M.S., Kelly Vitousek, Ph.D., University of Hawaii‘i at Manoa

(PS13-C72) Athletic Identity in Relation to Compulsive and Excessive Exercise  
Madeline Palermo, M.S., Diana Rancourt, Ph.D., University of South Florida

(PS13-C73) The Effect of Alcohol Consumption During Binge Eating on Impulsivity, Habitual Binge Eating, and Binge Planning in Individuals with Binge Eating Disorder  
Caroline Fojtu, Adrienne S. Juarascio, Ph.D., Megan Michael, B.S., Drexel University

(PS13-C74) Nonsuicidal Self-injury and Suicidality Are Unique Predictors of Eating Disorder Pathology and Behaviors over and Above Negative Urgency  
Alyssa M. Izquierdo, B.S., Sarah Fischer, Ph.D., George Mason University

(PS13-C75) Exploring Symptom Pathology in Men with Eating Disorders: A Latent Profile Analysis  
Natalie A. Babich, B.A.¹, Kara A. Christensen, Ph.D.¹, Kelsey Hagan, Ph.D.², Kelsie Forbush, Ph.D.¹, ¹. University of Kansas, 2. Stanford University

Poster Session 13D

Key Words: Eating, Research Methods, Measurement

(PS13-D76) Implicit Attitudes Toward Eating Disorder Stimuli and Disordered Eating Symptoms  
Shruti Shankar Ram, B.S., Natalie M. Perkins, M.S., April Smith, Ph.D., Miami University

(PS13-D77) Examining the Relative Roles of Weight Suppression and Lifetime Highest Weight in the Maintenance of Bulimic Disorders  
Emma Harris, B.A., Sarah A. Horvath, M.S., Gabriella Pucci, B.S., K. Jean Forney, Ph.D, Ohio University
(PS13-D78) Examining the Impact of Compulsive Exercise on Quality of Life in the Context of Eating Pathology
Kimberly M. Martinez, B.A., Christina Scharmer, M.A., Drew A. Anderson, Ph.D., University at Albany, State University of New York

(PS13-D79) Psychosocial Factors Related to Healthy and Unhealthy Weight Control Behaviors Among Nursing Students
Jennifer Barinas, M.A., Ryon McDermott, Ph.D., Sharon Fruh, Ph.D., RN, University of South Alabama

(PS13-D80) Perfectionism Predicts Exercise Dependency over Time in Adolescent Females
Sarah E. Ernst, B.S., Irina Vanzhula, M.S., Cheri A. Levinson, Ph.D, University of Louisville

(PS13-D81) Examining Delay Discounting as a Predictor of Treatment Outcomes in a Behavioral Weight Loss Program
Mary K. Martinelli, M.A., Meghan L. Butryn, Ph.D., Drexel University

(PS13-D82) Reward Processing, Executive Function, and Physical Activity in a Pilot Text-delivered Intervention for Obese Adolescents
Caroline Cummings, M.A.1, Amy Hughes Lansing, Ph.D.1, Catherine Stanger, Ph.D.2, 1. University of Nevada, Reno, 2. Dartmouth College

(PS13-D83) Emotional Distress Tolerance Moderates the Relation Between Acceptance-based Behavioral Weight Loss Treatment and Long-term Weight Loss Outcomes
Diane H. Dallal, M.S., Michael P. Berry, B.S., Evan Forman, Ph.D., Drexel University

(PS13-D84) Exploring Attitudes Towards Food as a Potential Risk Factor and Treatment Target for Disordered Eating in Adolescents, Emerging Adults, and Adults with Clinically Diagnosed Eating Disorders
Arielle S. Wolinsky, M.A.1, Adrienne S. Juarascio, Ph.D.2, Julia M. Hormes, Ph.D.1, 1. University at Albany, State University of New York, 2. Drexel University

(PS13-D85) The Eating Pathology Symptom Correlates of Gender Performativity in a Cisgender Sample
Samantha P. Spoor, B.S.1, Irina Vanzhula, M.S.1, Lisa P. Michelson, M.A., M.S.2, Mattison Jade Hale, Cheri A. Levinson, Ph.D.1, 1. University of Louisville, 2. University of North Carolina School of Medicine

(PS13-D86) The Role of Grit in Weight Loss Maintenance
Christine C. Call, M.S., Laura D’Adamo, B.A., Nicole T. Crane, B.A., Meghan L. Butryn, Ph.D., Drexel University

(PS13-D87) Differences in Components of Social Anxiety Across Eating Disorder Diagnoses
Brooke L. Bennett, M.S.1, Marlee C. Layh, M.A.2, Sarah E. Reynolds, M.A.3, Jessica L. Luzier, ABPP, Ph.D.4, 1. University of Hawai’i at Manoa, 2. Eastern Carolina University, 3. Marshall University, 4. West Virginia University School of Medicine-Charleston Campus
(PS13-D88) Meeting Clients Where They Are: Acceptability and Efficacy of a Parent Training-focused Weight Management Program for Children That Is Delivered in the Home
Corby K. Martin, Ph.D.¹, Jenelle R. Shanley, Ph.D.², Keely R. Hawkins, Ph.D.³, Shannon R. Self-Brown, Ph.D.⁴, Christoph Hochsmann, Ph.D.², Melissa C. Osborne, M.P.H., Ph.D.⁵, Monique M. LeBlanc, Ph.D.⁶, Amanda E. Staiano, Ph.D.², John W. Apolzan, M.S., Ph.D.², 1. Pennington Biomedical - Louisiana State University, 2. Pacific University Oregon, 3. Pennington Biomedical Research Center, 4. School of Public Health, Georgia State University & National SafeCare Training and Research Center, USA, 5. Georgia State University, 6. Southeastern Louisiana University

(PS13-D89) Increasing Access to Psychological Services Before and After Bariatric Surgery: Predictors of Bariatric Surgery Candidacy and Outcomes
Stephanie E. Punt, M.A.¹, Jessica L. Hamilton, Ph.D.², Stephen S. Ilardi, Ph.D.¹, Ashley C. Rhodes, Ph.D.², Brendon T. Elliot¹, Jeremy L. McLeod¹, Brooke L. Shuey¹, 1. University of Kansas, 2. University of Kansas Medical Center

(PS13-D90) Antifat Attitudes, Weight Bias Internalization, and Age: Do Adults Exhibit More Antifat Attitudes Towards Adults or Children and Does Weight Bias Internalization Moderate This Association?
Monique M. LeBlanc, Ph.D.¹, Corby K. Martin, Ph.D.², 1. Southeastern Louisiana University, 2. Pennington Biomedical, Louisiana State University

(PS13-D92) Gender Differences in the Association Between Emotion Recognition and Disordered Eating
Jumi Hayaki, Ph.D, Noah C. Berman, Ph.D., College of the Holy Cross

(PS13-D93) Neural Predictors of ‘Rapid Response’ in Adolescents with Anorexia Nervosa
Victoria Perko, M.A.¹, Kelsie Forbush, Ph.D.¹, Sara Gould, ABPP, Ph.D.², Brianne Richson, M.A.¹, Kylie Christian, B.A.¹, Danielle Chapa, M.A.¹, Laura Martin, Ph.D.³, 1. University of Kansas, 2. Children’s Mercy Kansas, 3. University of Kansas Medical Center

(PS13-D94) Filling the Empty Spot: Investigating the Link Between Loneliness and Pathological Eating
Hayley E. Fitzgerald, M.A., Taylor Duncan, M.A., Michael Otto, Ph.D., Boston University

(PS13-D95) Predicted and Actual Experience of Exercise and Their Discrepancy Predict Weight Loss and Physical Activity Outcomes
Nicole T. Crane, B.A., Mary K. Martinelli, M.A., Meghan L. Butryn, Ph.D., Drexel University

(PS13-D96) Social Anxiety Moderates the Relation Between Body Mass Index (BMI) and Eating Behaviors
Yvette Karvay, M.A., Johanna Jarcho, Ph.D., Temple University

(PS13-D97) Examining Objectification Theory in Caribbean Women
Genicelle W. Barrington, B.S., Danielle Lindner, Ph.D., Stetson University

(PS13-D99) Exploring the Relationship Between Relative Reinforcing Value of Food and Disordered Eating from a Categorical, Dimensional, and Trait-level Perspective
Mallory M. Moore¹, Hana Zickgraf, Ph.D.², 1. University of Chicago, 2. University of South Alabama
(PS13-D100) When Adolescent Self-report Is Not Enough: A Confirmatory Factor Analysis of the Anorectic Behavior Observation Scale  
Sonakshi Negi, B.A.¹, Connor Mears, B.A.¹, Sydney K. Heiss, M.A.², Rhonda Merwin, Ph.D.³, Nancy Zucker, Ph.D.³, Julia M. Horne, Ph.D.², Rebecka Peebles, M.D.¹, C. Alix Timko, Ph.D.⁴, 1. Children’s Hospital of Philadelphia, 2. University at Albany, State University of New York, 3. Duke University, 4. University of Pennsylvania School of Medicine / Children’s Hospital of Philadelphia

4:00 p.m. - 6:00 p.m.

PS 14: Dissemination & Implementation Science; Technology; Vulnerable Populations; Women’s Issues

Poster Session 14A

Key Words: Treatment, Stakeholder Relevant, Community-Identified Problems

(PS14-A1) Mental Health Providers’ Perceptions of Barriers to Treatment Engagement Among Youth and Caregivers  

(PS14-A2) Participatory Study to Identify Practice-informed Implementation Determinants for Integrating Behavioral Health and Primary Care  
Ariel M. Domlyn, M.A.¹, Abraham Wandersman, Ph.D.², Mark Weist, Ph.D.¹, 1. University of South Carolina, 2. University of South Carolina; Wandersman Center

(PS14-A3) Clinical Supervision: A Potential Strategy to Improve Implementation Climate  
Rashed AlRasheed ¹, Noah S. Triplett, M.S.¹, Grace S. Woodard, B.S.², Rosemary Meza, M.S.¹, Sophia Robinson, B.A.¹, Shannon Dorsey, Ph.D.¹, 1. University of Washington, 2. University of Miami

(PS14-A4) Examining Session Duration, Session Frequency, and Treatment Outcome in Adults with Severe Mental Illness in a Community Setting  
Marlen Diaz, B.A., Nicole B. Gumport, M.A., Allison Harvey, Ph.D., 1. University of California, Berkeley

(PS14-A5) Clinician TF-CBT Stuck Points: Doubts About Trauma-focused Cognitive Behavioral Therapy Among Participants in a Community-based Learning Collaborative  
Elizabeth Casline, M.S.¹, Zabin S. Patel, M.P.H., M.S.¹, Dominique Phillips, B.A.¹, Ashley M. Shaw, Ph.D.², Vanessa Ramirez, Psy.D.¹, Amanda Jensen-Doss, Ph.D.¹, 1. University of Miami, 2. Florida International University, 3. Kristi House Children’s Advocacy Center
(PS14-A6) A Qualitative Examination of a School-based Implementation of Computer-assisted Cognitive-behavioral Therapy for Child Anxiety
Margaret Crane, M.A.1, Katherine E. Phillips, M.A.1, Colleen Maxwell, M.A.1, Lesley A. Norris, M.A.1, Sara S. Rifkin, M.A.1, Jacob Blank1, Sami Sorid2, Kendra L. Read, Ph.D.3, Anna Swan, Ph.D.4, Philip C. Kendall, ABPP, Ph.D.1, Hannah Frank, Ph.D.5, 1. Temple University, 2. College of William & Mary, 3. University of Washington School of Medicine, 4. University of California San Francisco, 5. Warren Alpert Medical School of Brown University

(PS14-A7) A College-based Guided Self-change Program Targeting Problematic Substance Use Among Young Adults
Robbert J. Langwerden, M.S., Michelle Hospital, Ph.D., Staci L. Morris, Psy.D., Eric Wagner, Ph.D., Florida International University

(PS14-A8) Feasibility and Acceptability of a Community-based Participatory Research Approach to Engaging LGBTQ Youth
Cindy J. Chang, Psy.M., Christine J. Laurine, Psy.M., Maria C. Alba, Psy.M., Sheila Rouzitalab, Psy.M., Brian C. Chu, Ph.D., Rutgers University

(PS14-A9) Evidence-based Practice Attitudes Among Preservice Doctoral Training Graduate Students
Tristan J. Maesaka, B.A., Maya Waldrep, Brad J. J. Nakamura, Ph.D., University of Hawai’i at Manoa

(PS14-A10) Acceptability and Feasibility of School-based Mental Health Interventions Implementation and Research: A Qualitative Study of School Staff Perspectives
Rebecca M. Kanine, Ph.D.1, Beatriz Cabello, B.A.1, Courtney Wolk, Ph.D.2, Billie S. Schwartz, Ph.D.1, Jennifer A. Mautone, ABPP, Ph.D.3, 1. Children’s Hospital of Philadelphia, 2. Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania, 3. Children’s Hospital of Philadelphia/University of Pennsylvania

(PS14-A11) Evidence-based Practice Efficiency in Community Mental Health: An Examination of EBP Delivery Length and Client Discharge Rates
Noah S. Triplett, M.S.1, Grace S. Woodard, B.S.2, Rashed AlRasheed 1, Rosemary Meza, M.S.1, Sophia Robinson, B.A.1, Shannon Dorsey, Ph.D.3, 1. University of Washington, 2. University of Miami

(PS14-A12) Subjective Norms and Perceived Behavioral Control: Augmenting Traditional Therapist Attitudinal Research with Theory of Planned Behavior Constructs for Predicting Evidence-based Practice
Taylor A. Stacy, B.S., Da Eun Suh, M.A., Kaitlin A. Hill, M.A., Brad J. J. Nakamura, Ph.D., University of Hawai’i at Manoa

(PS14-A13) Integrating Psychological Services Across a Health Care System: An Implementation Science Pilot Study
Kristen Riley, Ph.D., Sara Ghassemzadeh, B.S., James Terhune, M.S., Melissa Fluehr, B.S., Maia L. Buschmann, M.S., Graduate School of Applied and Professional Psychology, Rutgers University
(PS14-A14) The Financial Climate in Publicly-funded Mental Health Clinics:
Development and Psychometric Evaluation of the Agency Financial Status Scales
Colleen Maxwell, M.A.1, Mark Ehrhart, Ph.D.2, Nathaniel Williams, Ph.D., LCSW,
Tyler Moore, Ph.D.4, Philip C. Kendall, ABPP, Ph.D.1, Rinad S. Beidas, Ph.D.4, 1. Temple
University, 2. University of Central Florida, 3. Boise State University, 4. Perelman
School of Medicine at the University of Pennsylvania

(PS14-A15) Patient Characteristics Affect Providers’ Treatment Choice
Jiyoung Song, B.A.1, Hector A. Garcia, Psy.D.2, Erin P. Finley, M.P.H., Ph.D.2, Shannon W.
Stirman, Ph.D.1, 1. National Center for PTSD, 2. University of Texas Health Science
Center at San Antonio, 3. Association for Behavioral and Cognitive Therapies

(PS14-A16) Youth Outcomes Following Clinical Provider Participation in a
Community Based Learning Collaborative (CBLC)
Zabin S. Patel, M.P.H., M.S.1, Elizabeth Casmune, M.S.1, Vanessa Ramirez, Psy.D.2, Amanda
Jensen-Doss, Ph.D 2, 1. University of Miami, 2. Kristi House Children’s Advocacy Center

(PS14-A17) Changes in the Utilization of Psychological Services in a Diverse Youth
Population
Rebecca K. Browne, B.S.1, Sarah Schwartz, Ph.D.1, Roger Jarjoura, Ph.D.2, Carla Herrera,
Ph.D.3, Manolya Tanyu, Ph.D.2, 1. Suffolk University, 2. American Institutes for
Research, 3. Herrera Consulting Group, LLC

(PS14-A18) A Novel State-funded Cognitive-behavioral Training in Childhood
Depression
Lauren Seibel 1, Kimberly Hoagwood, Ph.D.1, Kara M. Dean-Assael, MSW2, Lydia Franco,
Ph.D., MSW 2, Phuong Tran, B.S.2, Jayson K. Jones, MSW 2, Andrew F. Cleek, Psy.D.2,
Sarah M. Horwitz, Ph.D.1, 1. New York University School of Medicine, 2. New York
University

(PS14-A19) The Role of School Factors on the Implementation of a CBT Program for
Youth with ASD and Anxiety in Public School Settings
Katherine Pickard, Ph.D.1, Caitlin Middleton, Ph.D.2, Richard Boles, Ph.D.3, Audrey Blakeley-
Smith, Ph.D.4, Lisa Hayutin, Ph.D.2, Erin Engstrom, Ph.D.4, Allison Meyer, Ph.D.4, Nuri
Reyes, Ph.D.4, Tanea Tanda, B.S., Ph.D.3, Judy Reaven, Ph.D.1, 1. JFK Partners, University
of Colorado School of Medicine, 2. Children’s Hospital Colorado, University of
Colorado Anschutz Medical Campus, 3. University of Colorado Anschutz Medical
Campus, 4. JFK Partners, University of Colorado Anschutz Medical Campus

(PS14-A20) Parent Management Training Oregon Model and Family-based Services
as Usual for Behavioral Problems in Youth: A National Randomized Controlled
Trial in Denmark
Christoffer Scaevenius, Ph.D.1, Michelle Vardanian, B.A.2, Anil Chacko, Ph.D.2, Megan
Granski, M.A.1, Gwen Anderson, Masters Student, 1. VIVE - The Danish Center for
Social Science Research, 2. New York University, 3. NYU Steinhardt School of
Culture, Education, and Human Development
(PS14-A21) A Novel Application of the Rapid Assessment Procedure Informed Clinical Ethnography in a statewide Mhealth Implementation
Kera N. Mallard-Swanson, M.P.H. 1, Nicole A. Stadnick, M.S., Ph.D. 2, Stephen M. Schueller, Ph.D. 1, Elizabeth V. Eikey, Ph.D. 3, Gloria Mark, Ph.D. 4, Margaret Schneider, Ph.D. 5, Kai Zheng, Ph.D. 6, Dana B. Mukamel, Ph.D. 4, Dana H. Sorkin, Ph.D. 7, University of California Irvine, 2. University of California San Diego, 3. University of California San Diego, Department of Family Medicine and Public Health & The Design Lab, 4. University of California, Irvine, Department of Informatics, School of Information and Computer Sciences, 5. University of California Irvine, Department of Population Health and Disease Prevention, 6. University of California Irvine, Division of General Internal Medicine, 7. University of California Irvine, Department of Medicine

(PS14-A22) Attending to Return on Investment for CBT for MDD as a Strategy for Improved Access
Danielle L. Hoyt, M.A., Michael Otto, Ph.D., Boston University

(PS14-A23) Using the Stages of Implementation Completion (SIC) to Understand Variation in Collaborative Care Implementation
Grace P. Kinkler, B.A. 1, Cecilia Livesey, M.D. 1, David Mandell 2, David W. Oslin, Ph.D. 3, Courtney Wolk, Ph.D. 2, 1. University of Pennsylvania, 2. Perelman School of Medicine at the University of Pennsylvania, 3. University of Pennsylvania and CMC VA Medical Center

Marcella May, M.A. 1, Molly Ream, B.A. 1, Sara Milrad, Ph.D. 1, Dolores Perdomo, Ph.D. 1, Sara Czaja, Ph.D. 1, Mary Ann Fletcher, Ph.D. 4, Devika Jutagir, Ph.D. 3, Daniel Hall, Ph.D. 5, Nancy Klimas, M.D. 5, Michael Antoni, Ph.D. 1, 1. University of Miami, 2. Florida Atlantic University, 3. Weill Cornell Medical College, 4. Nova Southeastern University, 5. Memorial Sloan Kettering Cancer Center, 6. Massachusetts General Hospital

(PS14-A25) Addressing Barriers to Mental Health Service Utilization Among Muslim Youth and Families Using a Community-based Participatory Research Approach
Christine J. Laurine, Psy.M., Sheila Rouzitalab, Psy.M., Cindy J. Chang, Psy.M., Brian C. Chu, Ph.D., Rutgers University

Poster Session 14B

Key Words: Service Delivery, Implementation

(PS14-B26) Measuring Availability and Accessibility to Behavioral Health Services as Part of Scale-up: A Scoping Review, Part 1
Cole Hooley, Ph.D., LCSW, Yerenia Flores, B.S., Kristina Vauch, B.S., Cory Dennis, Ph.D., LCSW, Brigham Young University

(PS14-B27) Treatment Utilization Among Veterans Engaged in Outpatient Group Psychotherapy for Substance Use Disorders via Telemental Health
Benjamin Pfeifer, Ph.D., Lisa Valentine, Ph.D., Jamie J. Winters, Ph.D., Ann Arbor Veterans Healthcare System, University of Michigan Department of Psychiatry
(PS14-B28) Feasibility and Acceptability of the Empatica E4 Sensor to Passively Assess Physiological Symptoms of Depression
Ashley K. Meyer, B.A.¹, Szymon Fedor, Ph.D.², Asma Ghandeharioun, M.S.², David Mischoulon, M.D., Ph.D.¹, Rosalind W. Picard ², Paola Pedrelli, Ph.D.¹, 1. Massachusetts General Hospital, 2. The Media Lab, Massachusetts Institute of Technology

(PS14-B29) Making the Most out of Technology: A Cross-sectional Mixed Methods Survey on Why Consumers Download Mental Health Applications from the Virtual Marketplace
Dylan Fisher, B.S.¹, Brenna N. Renn, Ph.D.², Reza Hosseini Ghomi, M.D., M.S.¹, Andrew D. Carlo, M.P.H., M.D.¹, 1. University of Washington School of Medicine, 2. University of Nevada, Las Vegas

(PS14-B30) A Feasibility Trial of a Texting Intervention for College Students Experiencing Parental Divorce
Alexa E. Freeman, B.A., Caroline E. Shanholdt, M.C., David A. Sbarra, Ph.D., University of Arizona

(PS14-B31) A Randomized Control Trial of Video Modeling versus Script for Enacting Skill Change in a Group of Master’s Level Trainee Clinicians
Brandon Matsumiya, M.S., Clint Bowers, Ph.D., Amie R. Newins, Ph.D., Deborah C. Beidel, ABPP, Ph.D., Sandra Neer, Ph.D., University of Central Florida

(PS14-B32) Examining Therapists’ Attitudes, Subjective Norms, Perceived Behavioral Control, and Behavioral Intentions for the Use of Practices Derived from the Evidence-base with Disruptive Behavior Youth
Albert C. Mah, M.A., Marina M. Matsui, B.S., Kaitlin A. Hill, M.A., Brad J. J. Nakamura, Ph.D, University of Hawai‘i at Manoa

(PS14-B33) Implemented Evidence Based Treatment for Youth Maintains a Narrow Focus of Treatment Than Usual Care
Kalyn L. Holmes, M.A., Tommie M. Laba, M.A., Charles W. Mueller, Ph.D., University of Hawai‘i at Manoa

(PS14-B34) A Call for Community Violence Intervention Programs at Level I Trauma Centers
Tatiana Davidson, Ph.D.¹, Kerry O’Loughlin, B.A.¹, Margaret T. Anton, Ph.D.¹, Leigh E. Ridings, Ph.D.¹, Meagan Mack, M.A.¹, Yulia Gavrilova, Ph.D.¹, Ashley B. Hink, M.D.¹, Rachel Houchins, M.D.², Kenneth Ruggiero, Ph.D.¹, 1. Medical University of South Carolina, 2. Prisma Health - Midlands

(PS14-B35) Are Tech-based Interventions Really Accessible? A Mixed Methods Exploration of Barriers to Compliance with a Smartphone Application for Bulimia Nervosa
Emily K. Presseller, B.A., Adrienne S. Juarascio, Ph.D., Drexel University

(PS14-B36) Clinical Supervision of Mental Health Services: A Systematic Review of Supervision Characteristics and Practice Elements Associated with Formative and Restorative Outcomes
W. Joshua Bradley, B.A., Kimberly D. Becker, Ph.D., University of South Carolina
Vivian Byeon, B.A.¹, Anna Lau, Ph.D.¹, Alison Hamilton, M.P.H., Ph.D.¹, Teresa Lind, Ph.D.², Lauren Brookman-Frazee, Ph.D.², 1. University of California, Los Angeles, 2. University of California, San Diego

(PS14-B38) Evaluating Longitudinal Correlates of Treatment Outcome Through Technological Integration
Devin Dattolico, B.S.¹, Nathaniel P Van Kirk, Ph.D.², Jacob A. Nota, Ph.D.², 1. McLean Hospital, 2. McLean Hospital OCD Institute; Harvard Medical School

(PS14-B39) The Influence of Collaboration on Therapeutic Alliance in Youth Mental Health Services
Angelina F. Ruiz, B.A., Meredith R. Boyd, M.A., Bruce F. Chorpita, Ph.D., Kimberly D. Becker, Ph.D., University of California, Los Angeles

(PS14-B40) Mindfulness as a Predictor of Fear of Missing out on Rewarding Experiences (FOMO)
Emily Rooney, M.A.¹, Caleb Hallauer, M.A.¹, Joël Billieux, Ph.D.², Jon D. Elhai, Ph.D.¹, 1. University of Toledo, 2. University of Lausanne

(PS14-B41) Building a Recommender Algorithm for Emotion Regulation Using Contextual Bandits
Miranda L. Beltzer, M.A., Mawudolo K. Ameko, M.S., Mehdi O. Boukhechba, Ph.D., Laura E. Barnes, Ph.D., Bethany A. Teachman, Ph.D., University of Virginia

(PS14-B42) Treatment in Your Pocket: A Randomized Controlled Trial of Smartphone Delivered Cognitive Bias Modification as an Augmentation to Acute Care
Ramya S. Ramadurai, B.A.¹, Erin E. Beckham, B.A.², Kyleigh Watson², Daniel S. Johnson, B.S.², Kirsten Christensen, B.S.², John P. Pollak, Ph.D.³, James Kizer⁴, R. Kathryn R. McHugh, Ph.D.², Thröstur Bjorgvinsson, Ph.D.², Courtney Beard, Ph.D.², 1. American University, 2. McLean Hospital / Harvard Medical School 3. Cornell Tech, 4. Curiosity Health

(PS14-B43) How Do “Real World” Telemental Health Providers Provide Telemental Health Care?
Janelle F. Barrera, M.P.H.¹, Brandon Welch, Ph.D.², Nikolaos Kazantzis, Ph.D.³, Rajvi N. Thakkar¹, Dylan Turner, B.S.⁴, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina, 3. Monash University, 4. Doxy.me LLC

(PS14-B44) Perceptions of Evidence-based Assessment Following Training in the Assessment of Trauma-related Symptoms: A Look at Three Training Modalities
Megan M. Boyd, B.A.¹, Sara Dolan, Ph.D.¹, Jeffrey Wherry, Ph.D.², Stacy Ryan-Pettes, Ph.D.¹, 1. Baylor University, 2. University of Texas

(PS14-B45) Examining the Link Between Caregiver Perceptual Barriers and Perceived Helpfulness of Youth Mental Health Treatment Modalities
Christopher Georgiadis, B.A., Laura Bry, M.S., Daniel Bagner, Ph.D., Jonathan Comer, Ph.D., Florida International University
(PS14-B46) Assessing User Experience During Online Interpretation Training for Anxiety
Henry Behan, M.S., Claudia P. Calicho-Mamani, B.A., Bethany A. Teachman, Ph.D., University of Virginia

(PS14-B47) Innovative Methods for Using Redcap as a Platform to Improve Client Access to Reliable Measurement-based Care in Cbt-related Therapies
Joel G. Sprunger, Ph.D., Claire Rowe, B.S., Erica L. Birkley, Ph.D., Kathleen M. Chard, Ph.D., 1. University of Cincinnati College of Medicine, 2. Cincinnati VA Medical Center

(PS14-B48) Creation and Refinement of a Technology-based Parent Training Program to Reduce Disruptive Behavior Problems in Early Childhood
Lucy McGoron, Ph.D., Florentine Friedrich, B.S., Sharmi Purkayestha, B.S., Elizabeth Towner, Ph.D., Steven Ondersma, Ph.D., Wayne State University

(PS14-B49) Effectiveness of a Transdiagnostic Evidence-based Treatment on Improving Child Clinical Outcomes in Community Mental Health in Washington State Cristian J. Rivera Nales, B.S., University of Washington, Seattle

(PS14-B50) A Market Analysis of Digital Mental Health Products Driven by a Statewide Implementation Project
John Bosco S. Bunyi, M.A., MFT, Martha Neary, B.A., M.S., Stephen M. Schueller, Ph.D., Nicole A. Stadnick, M.S., Elizabeth V. Eikey, Ph.D., Gloria Mark, Ph.D., Margaret Schneider, Ph.D., Kai Zheng, Ph.D., Dana B. Mukamel, Ph.D., Dana H. Sorkin, Ph.D., 1. University of California, Irvine 2. University of California, San Diego

Poster Session 14C

Key Words: Violence / Sexual Assault, Technology / Mobile Health, Women’s Issues

(PS14-C51) Does an Imbedded Bystander Intervention Module Impact Student’s Beliefs and Attitudes?
Melanie D. Hetzel-Riggin, Ph.D., Scott Stroupe, J.D., Other, Elias M. Manjerovic Penn State Erie, The Behrend College

(PS14-C52) Video Game Genre Preference Data of Smokers Interested in Gamified Smoking Cessation Treatments
Caitlyn Upton, M.S., Bethany Raiff, Ph.D., Andrea Sun, Rowan University

(PS14-C53) Differences in Adolescent Messaging Behaviors During School and Non-school Hours in the Acute Post-hospitalization Period
Annie Resnikoff, B.S., Janine Galione, Ph.D., Marisa Marraccini, Ph.D., Jeff Huang, Ph.D., Nicole Nugent, Ph.D., 1. Warren Alpert Medical School of Brown University, 2. Bradley Hospital / Warren Alpert Medical School of Brown University, 3. University of North Carolina at Chapel Hill, 4. Brown University

(PS14-C54) Associations Between Income and Barriers to Mental Health Treatment for Youth
Ellen A. Anderson, B.S., Anna Van Meter, Ph.D., Eric A. Youngstrom, Ph.D., 1. Feinstein Institutes for Medical Research, 2. University of North Carolina at Chapel Hill
(PS14-C55) Participant Experience with and Overall Acceptability of Smartphone-delivered EMA Suicide Assessment
Kyleigh Watson¹, Ramya S. Ramadurai, B.A.², Erin E. Beckham, B.A.¹, Kirsten Christensen, B.S.¹, Thórður Björvinsson, Ph.D.¹, Courtney Beard, Ph.D.¹, 1. McLean Hospital & Harvard Medical School, 2. American University

(PS14-C56) Adapting Measurement-based Care Technology to Support School Mental Health Practice
Samantha Doerr, B.A.¹, Corey Fagan, Ph.D.², A. Paige Peterson, M.S.², Aaron Lyon, Ph.D.², Freda Liu, Ph.D.², 1. Seattle Pacific University, 2. University of Washington

(PS14-C57) Enhancing the Quality of Online Study Data in Clinical Psychology Research: A Comparison of Participant Inattention Measures
Heeyewon Jeong, M.A., Eleonora M. Guzmán, Neha Parvez, B.A., Christine B. Cha, Ph.D., Teachers College, Columbia University

(PS14-C58) Curating the Digital Mental Health Landscape with a Guide to Behavioral Health Apps: A Case Study
Robert M. Montgomery, M.A.¹, Lamar Kerley, MFT², Martha Neary, B.A., M.S.³, Stephen M. Schueller, Ph.D.³, Nicole A. Stadnick, M.S., Ph.D.⁴, Elizabeth V. Eikey, Ph.D.⁴, Gloria Mark, Ph.D.¹, Margaret Schneider, Ph.D.¹, Kai Zheng, Ph.D.³, Dana B. Mukamel, Ph.D.³, Dara H. Sorkin, Ph.D.³, 1. California State University Northridge, 2. Kern Behavioral Health and Recovery Services, 3. University of California, Irvine, 4. University of California, San Diego

(PS14-C59) The Effect of Online Self-help Completion for PTSD in Post-disaster Settings: A Multi-group Comparison Between White and Black Adolescents
Allura L. Ralston, M.A.¹, Laura Acosta, M.A.¹, Arthur “Trey” Andrews, III, Ph.D.¹, Tatiana Davidson, Ph.D.², Kenneth Ruggiero, Ph.D.², 1. University of Nebraska-Lincoln, 2. Medical University of South Carolina

(PS14-C60) Investigation of the Relation Between Cell Phone Use and Facets of Mindfulness
Esther C. Killius, B.A., Elijah J. Richardson, B.A., Elizabeth Pearce, B.S., Joshua J. Broman-Fulks, Ph.D., Appalachian State University

(PS14-C61) The Relationship Between Emotion Dysregulation, Cyber Dating Abuse, and Surveillance of Electronic Communications
Rebecca M. Skadberg, M.A.¹, Alisa Garner, M.A.¹, Meagan Brem, M.A.¹, Tara L. Cornelius, Ph.D.², Michelle Drouin, Ph.D.³, Gregory Stuart, Ph.D.¹, Todd Moore, Ph.D.¹, 1. University of Tennessee-Knoxville, 2. Grand Valley State University, 3. Purdue University-Fort Wayne

(PS14-C62) Theory of Mind and Emotional Understanding in Deaf and Hard of Hearing College Students
Brittany A. Blose, B.S., Kelsey Fisher, B.S., Lindsay S. Schenkel, Ph.D., Rochester Institute of Technology

(PS14-C63) Facial and Body Posture Emotion Identification in Deaf and Hard of Hearing Young Adults
Kelsey Fisher, B.S., Brittany A. Blose, B.S., Lindsay S. Schenkel, Ph.D., Rochester Institute of Technology
(PS14-C64) The Impact of Recommendations on Participation in Psychosocial Services for Breast Cancer Survivors
Rebecca R. Suzuki, B.A.¹, Carly Miron, B.A.², Madeleine Rassaby, B.A.², Samrachana Adhikari, Ph.D.¹, Kristin L. Szehany, Ph.D.³, Emma L. Jennings, B.S.², Bryana Schantz, B.A.², Matteo Malgaroli, Ph.D.¹, Rebecca E. Lubin, B.A.³, Rachel Eakley, M.A., M.S., RN, Other², Camille Johnson, B.A.², Stephanie X. Wu, B.A.¹, Abraham Chachoua, M.D.², Marleen Meyers, M.D.², Jane Rosenthal, M.D.², Naomi M. Simon, M.D., M.S.², 1. New York University School of Medicine, 2. NYU Langone Medical Center, 3. Boston University

(PS14-C65) Stakeholder Perspectives on Using Mobile Technology to Support Patients with Psychosis Post-hospitalization
Hyun Seon Park, B.S.¹, Gloria M. Peters, B.A.¹, Jessica D. Vining, B.A.², Brandon Gaudiano, Ph.D.¹, Ethan Moitra, Ph.D.³, 1. Brown University & Butler Hospital, 2. Stonehill College, 3. Warren Alpert Medical School of Brown University

(PS14-C66) Rumination and Smartphone Use Expectancies Predict Problematic Smartphone Use Severity
Caleb Hallauer, M.A.¹, Emily Rooney, M.A.¹, Joël Billieux, Ph.D.², Jon D. Elhai, Ph.D¹, 1. University of Toledo, 2. University of Lausanne

(PS14-C67) Law Enforcement Well-being: Social Support and the Mediating Role of Psychological Flexibility
Jacey L. Anderberg, Jasmine M. Schneider, Ellie R. Coyle, Rebecca A. Weiland, Lucas D. Baker, Christopher R. Berghoff, Ph.D., University of South Dakota

(PS14-C68) The Acceptability and Working Alliance of Military Families Receiving Treatment via Telehealth
Sharon T. Phillips, B.S., Jaime Benson, Ph.D., Christi Culpepper, Ph.D., Lauren O’Donnell, Psy.D., Michelle G. Bubnik-Harrison, Ph.D., Sara Hinojosa, Ph.D., Jamila Ray, Ph.D., Susan Perkins-Parks, Ph.D., Jennifer Crockett, Ph.D., Kennedy Krieger Institute

(PS14-C69) Characteristics of “real-world” Telemental Health Providers and Their Use and Perspectives on Telemedicine
Janelle F. Barrera, M.P.H.¹, Brandon Welch, Ph.D.², Dylan Turner, B.S.¹, Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Medical University of South Carolina, 3. Doxy.me LLC

(PS14-C70) Parents’ Willingness to Pay for a CBT App for Youth with Disruptive Behaviors
Sarah Rabbitt, Ph.D., Oberlin College

(PS14-C71) Personality Traits and Risky Sexual Behaviors Among Female Adolescent Psychiatric Inpatients: The Role of Sensation Seeking Dimensions, Positive Urgency and Negative Urgency
Elizabeth A. Ballinger-Dix, B.A., Ryan L. Rahm-Knigge, M.S., Shane Kentopp, M.S., Bradley T. Conner, Ph.D., Colorado State University

(PS14-C72) Acceptance and Commitment Therapy Processes and Problematic Use of Mobile Phones
Max Z. Roberts, M.A., Shannon B. Underwood, B.S., Eric D. Tifft, M.A., John P. Forsyth, Ph.D., University at Albany, State University of New York
(PS14-C73) Do Interactive Video Games Change Bystander Beliefs and Attitudes?

(PS14-C74) Weekly Diary Entry as an Indicator of Cognitive and Affective Engagement in a CBM-I Smartphone App

(PS14-C75) Associations Between Perceived Stress, Job Satisfaction and Technology Use Among Rural Medical Providers
Michelle Tolle, Other, Danielle L. Terry, ABPP, Ph.D., Guthrie Family Medicine

Poster Session 14D

Key Words: Perinatal, Assessment, Stakeholder Relevant

(PS14-D76) The Appalachian Provider’s Perspective on Perinatal Mental Health Screening and Referral: Current Practice, Barriers, and Solutions
Mira Snider, M.S., Shari Steinman, Ph.D., West Virginia University

(PS14-D77) The Illinois Rape Myth Acceptance Scale – Subtle Version: The Development of a Subtler Measure of Rape Myth Acceptance
Alexandra Thelan, M.A., Elizabeth A. Meadows, Ph.D., Kelly Mannion, M.S., Central Michigan University

(PS14-D78) A Pilot Study of a Single-session, Internet-based Insomnia Treatment for College Students with Insomnia Symptoms and a History of Suicide Ideation
Eric Crosby, MSW, Tracy K. Witte, Ph.D., Auburn University

(PS14-D79) Engagement, Compliance, and Participation in a Community-based Randomized Clinical Trial Involving Youth with Trauma
Cynthia J. Marquez Miranda, M.A., Sofia Schachner, B.A., Andrea M. Samaya-Sosa, B.A., Flint M. Espil, Ph.D., Victor Carrion, M.D., Stanford University

(PS14-D80) The Impact of Social Support and Pregnancy Planning on Postpartum Anxiety Among Young Mothers
Gabrielle Massi, M.A., Randy Fingerhut, Ph.D., La Salle University

(PS14-D81) Predicting Disclosure Self-efficacy in an HIV Disclosure Intervention for HIV+ Mothers
Marya Schulte, Ph.D., William D. Marelich, Ph.D., Lisa Armistead, Ph.D., Debra Murphy, Ph.D., 1. University of California, Los Angeles, 2. California State University, Fullerton, 3. Georgia State University

(PS14-D82) Is What Happened to Me Rape? understanding the Role of Acknowledgement Status on Self-perceptions Held by Survivors of Rape
Alexandra J. Lipinski, M.S., Rivian K. Lewin, M.S., Bre’Anna L. Free, B.A., Rimsha Majeed, M.S., J. Gayle Beck, Ph.D., University of Memphis
(PS14-D83) Associations Between Posttraumatic Stress Symptoms and Alcohol-related Consequences Among College Women Who Experienced a Sexual Assault
Samantha Berg, B.S., Matthew A. Cook, M.S., Amie R. Newins, Ph.D., University of Central Florida

(PS14-D84) Primary Appraisal, Coping, and Prenatal Depression in Women with High-risk Pregnancy
Molly Norman, M.A., Randy Fingerhut, Ph.D., Sara Naselsky, B.A., La Salle University

(PS14-D85) Sexual Trauma and Sexual Dysfunction in Women
Alexa F. Connors, M.S., Angelica Guerrero, M.S., Gwendolyn McInnes, B.S., University of La Verne

(PS14-D86) A Novel Approach for Treatment-resistant depression: combining Behavioral Activation with Transcranial Magnetic Stimulation
Sabine P. Schmid, Ph.D., Ryan Webler, B.A., Laura Battaglia, LICSW, MSW, Melanie Swanson, R.N., University of Minnesota

(PS14-D87) Emotion Regulation: Does It Predict the Effectiveness of Youth Mentoring Relationships?
Savannah B. Simpson, B.A., Nicola Forbes, B.A., Megan Soukup, Elizabeth B. Raposa, Ph.D., Fordham University

(PS14-D88) Understanding Sex Differences in Physical Activity Behavior: The Role of Anxiety Sensitivity
Gloria J. Gomez, B.A.¹, Emily K. Burr, B.A.², Mindy M. Kibbey, B.A.², Samantha G. Farris, Ph.D.², 1. Rutgers University-New Brunswick, 2. Rutgers University

(PS14-D89) Instagram Use and Sorority Affiliation Do Not Predict Body Dissatisfaction Among Undergraduate Women and Are Not Mediated by Thin-ideal Internalization
Dominique Toscano, B.S., D. Catherine Walker, Ph.D., Union College

(PS14-D90) The Effects of Infertility on Postpartum Adjustment
Amanda J. Slater, M.A., Elana Maurin, Ph.D., Emma Arons, Psy.D., 1. Chicago School of Professional Psychology

(PS14-D91) Pilot Testing of Brief CBT for Chronic Pain and Concurrent Internet-delivered CBT for Insomnia
Lisham Ashrafioun, Ph.D.¹, Gregory Beehler, Ph.D.², Gregory Reeves, MSW ³, Wade Goldstein, M.A.², Todd Bishop, Ph.D.¹, Wilfred Pigeon, Ph.D.¹, 1. VA Center of Excellence for Suicide Prevention, 2. VA Center for Integrated Healthcare

(PS14-D92) Procedural Justice in Restrictive Mental Health Environments: A Gateway to Recovery
Jennifer Blank, B.A.¹, Rebecca M. Wolfe, M.A.², Andrea Avila, Ph.D.³, William Spaulding, Ph.D.², 1. University of Washington School of Medicine, 2. University of Nebraska-Lincoln, 3. University of Nebraska-Lincoln, Patton State Hospital

(PS14-D93) College Student Perceptions of a Moderate and a Heavy Drinking Woman on Instagram
Madison Crowder, B.S., Catherine B. Schuler, M.A., Allison B. Duncan, B.A., Susan L. Kenford, Ph.D., Xavier University
(PS14-D94) Efficacy of Cognitive-behavioral Therapy for Anxiety-related Disorders in Sexual Minorities
Kevin Narine, B.A., Edna Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania

(PS14-D95) “there Is Still a Long Way to go” Women’s Under-representation in Higher-prestige Roles at the 2019 Annual Meeting of the Association for Behavioral & Cognitive Therapies
Emily S. Redler, B.S.¹, Isabella K. Pallotto, B.S.⁵, Mimi Webb, B.S.¹, Brien Culhane¹, Laura E. Sockal, Ph.D.¹, 1. Davidson College, 2. University of North Carolina at Chapel Hill

(PS14-D96) Therapeutic Alliance in Asynchronous, Web-based Psychotherapy
Xiaochen Luo, Ph.D., Brittain Mahaffey, Ph.D., Lucero Molina, B.A., Jacqueline Tilley, Ph.D., Adam Gonzalez, Ph.D., Stony Brook University

(PS14-D97) Characteristics of Homeless Adults Who Improve Housing Status over Time
Gabrielle Sharbin, Lourah M. Kelly, Ph.D., Michael McLaughlin, Carla Rash, Ph.D., University of Connecticut

(PS14-D98) Effectiveness of E-health Interventions for Externalizing Behaviors: A Meta-analysis
Celeste Sangiorgio, B.A., M.A., Tamara Del Vecchio, Ph.D., Kathleen Everson, B.A., Melanthi Parpas, B.A., St. John’s University

(PS14-D99) Women’s Pornography Use and Mental Health Risks: An Evaluation of Objectification Theory
Alexis Adler, B.S., Danielle Lindner, Ph.D., Stetson University

(PS14-D100) Post #metoo: Polyvictimization of Interpersonal Violence and Mental Health in College Women
Amaka Imoh, B.S., Denise M. Martz, Ph.D., Amy D. Page, Ph.D., Appalachian State University

6:15 p.m. – 8:15 p.m.

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**PS 15: Child/Adolescent Trauma; Autism; Health Psychology**

**Poster Session 15A**

Key Words: Autism Spectrum Disorders, Technology / Mobile Health, Assessment

Kathryn Marsh, Ph.D., Jessica J. Capretto, Ph.D., Laura L. Corona, Ph.D., Amy Weitlauf, Ph.D., Jeffrey Hine, Ph.D., Anna Berman, B.S., Alexandra Miceli, B.A., Amy Nicholson, M.A., Caitlin Reichstein, Ph.D., Neill J. Broderick, Ph.D., Sara Francis, Ph.D., Pablo J. Juarez, Other, Alison Vehorn, M.S., Liliana J. Wagner, Ph.D., Zachary Warren, Ph.D., Vanderbilt University Medical Center
(PS15-A2) Parent-child Interaction Therapy for Children with Severe Intellectual Disability: adapted Protocol and Case Study Results
Kathryn Lachance, M.S., Samuel O. Peer, Ph.D., Robert D. Rieske, Ph.D., Karolina Štětinová, B.A., Idaho State University

(PS15-A3) Acceptability of Behavioral Play Therapy for Fears in Children with Williams Syndrome
Brianna N. Young, B.A.¹, Karen Levine, Ph.D.², Brianna Yund, M.S.¹, Bonita Klein-Tasman, Ph.D.¹, 1. University of Wisconsin-Milwaukee, 2. Boston University

(PS15-A4) Stress and Empowerment in Parents of Minimally Verbal Children with ASD Following an Enhanced Pivotal Response Treatment Group
Angela Dahiya, M.S.¹, Angela Scarpa, Ph.D.², Jennifer R. Bertollo, B.A.², Ligia Antezana, M.S.¹, Tyler C. McFayden, M.S.¹, Heather A. Kissel, B.A.¹, Deanna Swain, Ph.D.³, 1. Virginia Tech, 2. Virginia Tech Autism Clinic & Center for Autism Research, 3. Weill Cornell Medical College

(PS15-A5) Predictors of Parental Distress, Parent-child Dysfunctional Interaction, and Difficult Child Stress in Mothers of Children Diagnosed with Autism Spectrum Disorder
Emma Wilkinson, B.A., Kristin V. Christodulu, Ph.D., University at Albany, State University of New York

(PS15-A6) Restricted and Repetitive Behaviors and Social Impairments in Relation to Separation Anxiety in Youth with and Without Autism Spectrum Disorder
Nathaniel Iskhakov, Talena C. Day, B.A., Joseph Giacomantonio, B.S., Erin Libsack, M.A., Matthew D. Lerner, Ph.D., Stony Brook University

(PS15-A7) The Development and Preliminary Effectiveness of a Novel Intervention Aimed to Improve Executive Functioning and Social Skills in Preschools with Autism Spectrum Disorder
Rebecca C. Handsman, B.A.¹, Lauren Kenworthy, Ph.D.², Abigail Brandt, M.A.¹, Robin Han, M.S.¹, Allison B. Ratto, Ph.D.², 1. Children’s National Health System, 2. Children’s National Hospital

Jennifer R. Bertollo, B.A., Megan Fok, B.S., Angela Scarpa, Ph.D., Virginia Tech; Virginia Tech Autism Clinic & Center for Autism Research

(PS15-A10) Adaptive Functioning in Children with ASD Complicated by Anxiety and Aggressive Behavior
Rebecca P. Jordan, B.A., Carla Kalvin, Ph.D., Sonia N. Rowley, B.A., Karim Ibrahim, Psy.D., Denis G. Sukhodolsky, Ph.D., Yale University School of Medicine, Child Study Center

(PS15-A11) Effects of Race on Age at First Diagnosis: The Changing Impacts of IQ and Autism Severity in Childhood
Serene Habayeb, Ph.D., Andrea De La Torre, B.S., Allison B. Ratto, Ph.D., Children’s National Hospital
(PS15-A12) Clinical Indicators of Sibling Relationship Quality in Children with ASD
Cheng Liu, B.A.¹, Saashi Bedford, M.S.¹, Pat Mirenda, Ph.D.¹, Anat Zaidman-Zait, Ph.D.², Teresa Bennett, Ph.D.³, Eric Duku, Ph.D.³, Mayada Elsabbagh, Ph.D.⁴, Stelios Georgiades, Ph.D.³, Isabel M. Smith, M.D.⁵, Peter Szatmari, M.D.⁶, Wendy J. Ungar, Ph.D.⁷, Tracy Vaillancourt, Ph.D.⁸, Charlotte Waddell, M.D.⁹, Lonnie Zwaigenbaum, M.D.¹⁰, Connor M. Kerns, Ph.D.¹, 1. University of British Columbia, 2. Tel-Aviv University, 3. McMaster University, 4. McGill University, 5. DalHousie University, 6. Centre for Addiction and Mental Health, 7. University of Toronto, 8. University of Ottawa, 9. Simon Fraser University, 10. University of Alberta

Anna Milgramm, M.A.¹, Laura L. Corona, Ph.D.², Cortney Janicki-Menzie, M.A.³, Kristin V. Christodulu, Ph.D.¹, 1. University at Albany, State University of New York, 2. Vanderbilt University Medical Center, 3. Center for Autism and Related Disabilities, University at Albany State University of New York

(PS15-A14) Sleep Difficulties Following Child Sexual Abuse
Akemi E. Mii, B.A., Katie Meidlinger, M.A., Kelsey McCoy, B.A., M.A., Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Hannah M. Coffey, B.A., Mary Fran Flood, Ph.D., David J. Hansen, Ph.D., University of Nebraska, Lincoln

(PS15-A15) Community Providers’ Self-reported Use of Evidence-based Practices to Treat Anxiety in Youth with ASD
Lauren Moskowitz, Ph.D.¹, Megan Braconnier, M.A.¹, Iris Garza, B.S.¹, Connor M. Kerns, Ph.D.², Amy Drahota, Ph.D.³, Lattha Soorya, Ph.D.⁴, Allison Wainer, Ph.D.⁴, Elizabeth Cohn, Ph.D.⁵, Matthew D. Lerner, Ph.D.⁶, 1. St. John’s University, 2. University of British Columbia, 3. Michigan State University, 4. Rush University Medical Center, 5. Adelphi University, 6. Stony Brook University

(PS15-A16) Perceptions of Individuals with Intellectual and Developmental Disabilities Regarding Assistance and Helpfulness for Achieving Post High School Success

(PS15-A17) Examining Barriers to Evidence-based Treatments for Disruptive Behavior in Young Children with ASD
Rosmary Ros-Demarize, Ph.D., Laura A. Carpenter, Ph.D., Medical University of South Carolina

Chelsea Day, M.S., Rita Obeid, Ph.D., Elizabeth J. Short, Ph.D., Case Western Reserve University

(PS15-A19) The Effects of Intolerance of Uncertainty and Personal Relevance on Recall of Information
Stephen Costello, B.A.¹, Irena Curanovic, B.A.¹, Gregory Bartoszek, Ph.D.¹, Rachel Ranney, M.A.², Evelyn Behar, Ph.D.³, 1. William Paterson University, 2. University of Illinois at Chicago, 3. Hunter College, City University of New York
(PS15-A20) Examining Behavioral Concerns of Latinx Caregivers of Children with ASD
Casandra J. Gomez Alvarado, B.A.1, Jasper A. Estabillo, Ph.D.1, Blanche Wright, M.A.1, Aubyn Stahmer, Ph.D.2, Lauren Brookman-Frazee, Ph.D.3, Anna Lau, Ph.D.1, 1. University of California, Los Angeles, 2. MIND Institute, University of California, Davis, 3. University of California, San Diego

(PS15-A21) Observed Social Behaviors During a Naturalistic Peer Conversation Task and Internalizing Profiles in Children with Autism Spectrum Disorder
Rachael A. Muscatello, Ph.D., Blythe A. Corbett, Ph.D., Vanderbilt University Medical Center

(PS15-A22) The Relationship Between Parent-report of Atypical Social Behavior and First Impressions Ratings by Peers with ASD
Jessica E. Granieri, M.A.1, Alan H. Gerber, M.A.2, Morgan L. McNair, B.S.2, Matthew D. Lerner, Ph.D.2, 1. Binghamton University, 2. Stony Brook University

(PS15-A23) Investigating Language Skills in Autistic Monolingual and Dual-language Learning Youth
Nicole Nadwodny, B.S.1, Lauren Kenworthy, Ph.D.1, Gabrielle E. Reimann, B.S.2, A. Chelsea Armour, M.A.3, Allison B. Ratto, Ph.D.1, 1. Children’s National Hospital, 2. National Institute of Mental Health, 3. Children’s National Health System

(PS15-A24) Exploring Associations Between Autism Symptoms in Childhood and Later Depression in Autistic Adolescents: Who Is at Risk?
Gabrielle Gunin, B.S.1, Macy G. Turley, B.A.2, Ellen Wilkinson, M.A.1, Vanessa Bal, Ph.D.1, 1. Rutgers University, 2. Rutgers University, New Brunswick

Poster Session 15B

Key Words: Abuse / Maltreatment, Trauma

(PS15-B25) Latent Class Analysis of Adverse Childhood Experiences: Examining Co-occurrence
Rose E. Franzen, B.S.1, Bonnie Bowers, Ph.D.2, 1. Children’s Hospital of Philadelphia, 2. Hollins University

(PS15-B26) Community Violence Exposure and Internalizing Symptoms: Do Callous-unemotional Behaviors Moderate This Relation Among Urban Youth?
Valerie S. Everett, B.A., Deborah Drabick, Ph.D., Temple University

(PS15-B27) Examining the Moderating Role of Positive Emotion Dysregulation in the Relationship Between Childhood Abuse and PTSD in a Sample of United States Military Veterans
Svetlana Goncharenko, M.A.1, Shannon R. Forkus, M.A.1, Alexa M. Raudales, B.A.1, Ateka Contractor, Ph.D.2, Nicole H. Weiss, Ph.D.1, 1. University of Rhode Island, 2. University of North Texas
(PS15-B28) Identifying the Barriers and Pathways of Receiving Mental Health Services Among Undocumented Youths
Hanan Salem, B.A.¹, Natalie Robles, M.S.², Angela Blizzard, Ph.D.³, Betty Alonso², Dainelys Garcia, Ph.D.³, 1. Florida International University, 2. ConnectFamilias, 3. University of Miami

(PS15-B29) Examining Parenting Style as a Mediator in the Relationship Between Childhood Maltreatment and Emotion Regulation
Artemisia Valeri, M.S.¹, Sara C. Haden, Ph.D.², 1. Long Island University, Brooklyn, 2. Long Island University

(PS15-B30) Avoidant Coping Mediates the Link Between Childhood Emotional Abuse and Borderline Personality Disorder Features of Affect Instability and Identity Problems
Jessica A. Seddon, M.S.¹, Anne Shaffer, Ph.D.², Kristel Thomassin, Ph.D.¹, 1. University of Guelph, 2. University of Georgia

(PS15-B31) Adverse Childhood Experiences, Intimate Partner Violence Victimization, and Posttraumatic Stress Disorder Symptoms Among College Students

(PS15-B32) Childhood Maltreatment, Emotion Socialization, and Psychological Distress: A Parallel Multiple Mediation Investigation
Benjamin W. Katz, B.A.¹, Patricia J. Long, Ph.D.², 1. University of Wisconsin-Milwaukee, 2. University of New England

(PS15-B33) Maternal History of Childhood Trauma Predicts Internalizing and Externalizing Symptoms in Offspring: Maternal Emotion Regulation as a Mechanism
Laura Martin, B.A., Keith D. Renshaw, Ph.D., Kelsey L. Mauro, M.A., Tara M. Chaplin, Ph.D., George Mason University

(PS15-B34) Caregiver Reported Emotion Dysregulation as a Mediator Between Threat-specific Maltreatment Exposure and Internalizing, Externalizing, and PTSD Symptoms
Augustine Lombera, III, B.A.¹, Amy H. Lee, M.A.², Komal Sharma-Patel, Ph.D.², Elissa J. Brown, Ph.D.², 1. Child HELP Partnership, 2. St. John’s University

(PS15-B35) Engagement in TF-CBT: Comparison Between Individual and Group Treatment Modalities
Kate Theimer, Ph.D., Juliana R. Soper, B.S., Elizabeth Risch, Ph.D., Oklahoma University Health Sciences Center

(PS15-B36) Using Safecare’s Parent-child Interaction Module with Taiwanese Families at Risk for Physical Abuse: A Pilot Study
Yi-Chuen Chen, Ph.D.¹, Po-Ching Chou, M.D.², Shannon R. Self-Brown, Ph.D.³, Beverly L. Fortson, Ph.D.⁴, 1. Department of Psychology, National Chung Cheng University, Chia-Yi, Taiwan, 2. Department of Pediatrics, Kaohsiung Municipal Ta-Tung Hospital, Kaohsiung, Taiwan., 3. School of Public Health, Georgia State University & National SafeCare Training and Research Center, 4. Sexual Assault Prevention and Response Office, U.S. Department of Defense
(PS15-B37) Comorbid Externalizing Disorders and Suicidality as Predictors of Youth with Posttraumatic Stress Disorder Receiving Treatment Without Traumatic Stress as a Focus
Austen Taylor K. Matro, B.A., Charles W. Mueller, Ph.D., University of Hawai‘i at Manoa

(PS15-B38) Perceptions of Severity of Childhood Sexual Abuse Based on Perpetrator Age and Expectation of Perpetrator Gender
Kalynn C. Gruenfelder, M.S., C. Thresa Yancey, Ph.D., Georgia Southern University

(PS15-B39) Project SAFE: Session Attendance as a Predictor of Outcomes Following Child Sexual Abuse
Kelsey McCoy, B.A., M.A., Hannah M. Coffey, B.A., Katie Meidlinger, M.A., Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Akemi E. Mii, B.A., Mary Fran Flood, Ph.D., David J. Hansen, Ph.D., University of Nebraska-Lincoln

(PS15-B40) Substance Use and PTSD Symptom Trajectories During and After Integrated Treatment in Trauma-exposed Adolescents
Zachary Adams, Ph.D.¹, Elizabeth Kwon, Ph.D.¹, Michael McCart, Ph.D.², Ashli Sheidow, Ph.D.², Jason Chapman, Ph.D.², Michael K. de Arellano, Ph.D.³, Carla K. Danielson, Ph.D.³, 1. Indiana University, 2. Oregon Social Learning Center, 3. Medical University of South Carolina

(PS15-B41) Examining the Role of Caregiver Depressive Symptoms in Adolescents’ Emotion Regulation Difficulties: Preliminary Evidence from an Open Trial of TF-CBT
Amy H. Lee, M.A.¹, Augustine Lombera, III, B.A.², Komal Sharma-Patel, Ph.D.¹, Elissa J. Brown, Ph.D.¹, 1. St. John’s University, 2. Child HELP Partnership

(PS15-B42) Considerations for CBT Intervention Following Child Sexual Abuse: Parental Expectations as a Moderator of Child Internalizing Symptoms
Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Katie Meidlinger, M.A., Kelsey McCoy, B.A., M.A., Akemi E. Mii, B.A., Hannah M. Coffey, B.A., David J. Hansen, Ph.D., Mary Fran Flood, Ph.D., University of Nebraska, Lincoln

(PS15-B43) The Prevalence and Correlates of Trauma Exposure in Justice-involved Adolescents
Cassidy L. Tennity, B.A., Emily L. Feldman, B.A., Stevie N. Grassetti, Ph.D., West Chester University

(PS15-B44) Can Social Support Decrease Anxiety for Survivors of Childhood Psychological Abuse?
Charissa Chamorro, M.A.¹, Sara C. Haden, Ph.D.¹, Nicole Cain, Ph.D.², Linda S. Penn, Ph.D.¹, 1. Long Island University, 2. Rutgers University

(PS15-B45) Community-based Mental Health Effectiveness Trial Utilizing Three Treatment Modalities Indicates Reduction in PTSD Symptoms in Youth
Andrea M. Samayoa-Sosa, B.A.¹, Sofia Schachner, B.A.¹, Cynthia J. Marquez Miranda, M.A.¹, Flint M. Espil, Ph.D.², Victor Carrion, M.D.¹, 1. Stanford University, 2. Stanford University School of Medicine

(PS15-B47) Teacher Exposure to Students’ Traumatic Events and Correlates of Protective Factors Against Teachers’ Secondary Stress
Sarah T. Cohn, M.S., Chelsea Stack-Jew, M.S., Erum Nadeem, Ph.D., Yeshiva University, Ferkauf Graduate School of Psychology
(PS15-B48) Childhood Adversity and Maladaptive Emotion Regulation in a Child Partial Hospital Program
Abby J. de Steiguer, M.Sc., 1 Sarah E. Barnes, Ph.D., 2 Stephanie H. Parade, Ph.D., 1 Anne S. Walters, Ph.D., 1, 1. Emma Pendleton Bradley Hospital/Warren Alpert Medical School of Brown University, 2. Warren Alpert Medical School of Brown University

(PS15-B49) Relative Importance of Concrete, Perceptual, and Trauma-specific Barriers in Completing Trauma-specific Therapy
Tohar Scheininger, B.S., Elissa J. Brown, Ph.D., St. John’s University

Poster Session 15C

Key Words: Exercise, Depression, Health Psychology

(PS15-C50) The Road to Exercise Is Paved with Good Intentions: Evaluating Depressive Symptoms in Relation to Self-selected Exercise Goals
Stephanie Logue, Samantha Moshier, Ph.D., Emmanuel College

(PS15-C51) Youth-parent Trauma Agreement and Youth Reported Trauma Symptoms Within a clinical Sample of Low-income, Ethnic Minority Youths

(PS15-C52) Development of a Retrospective Maternal Support Questionnaire Using Exploratory Factor Analysis
Samantha J. Klaver, M.A., 1 David T. Solomon, Ph.D., 2, 1. University of Central Florida, 2. Western Carolina University

(PS15-C53) Expectations for Opioid Medication in the Dental Setting
Jamey T. Brumbaugh, B.S., Jonathan J. Gore, Isabella Hurley, None, Casey D. Wright, M.S., D. Cade Brawley, Daniel W. McNeil, Ph.D., West Virginia University

(PS15-C54) The Preliminary Efficacy of Expressive Helping for Chinese American Cancer Patients and Survivors
Charlotte Teng, M.A., 1 Sophia Hon, MSW, 1 Angela Wang, B.A., 1 Ruidi Zhu, B.A., 1 Liwei Zhang, Ph.D., 2 Tiffany Wong, 1 William Tsai, Ph.D., 1, 1. New York University, 2. School of Social Work. Rutgers University

(PS15-C55) Acute Orofacial Pain in the Context of Chronic Pain

(PS15-C56) Childhood Neglect and Adulthood Proneness to Guilt or Shame: The Mediating Role of Disconnection Cognitive Schema
Mahsa Mojallal, M.A., Raluca Simons, Ph.D., Jeffrey Simons, Ph.D., Surabhi Swaminath, B.S., University of South Dakota

(PS15-C57) Are More Mindful Students Less Reactive to Acute Emotional Stress?
Amanda P. Colangelo, Gabrielle R. Chin, M.A., Emma E. McBride, MA, Hana H. Lee, B.A., Jeffrey M. Greeson, Ph.D., Rowan University
(PS15-C58) Exercise Identity as a Moderator of Relationships Between Weight Management Motivation and Maladaptive Exercise Behaviors
Cody Staples, B.S., Madeline Palermo, M.S., Christina L. Verzijl, M.A., Diana Rancourt, Ph.D., University of South Florida

(PS15-C59) Typical Stress Eating Response Moderates the Relation of Stress and Caloric Intake
Jennifer Kuo, M.A., Cameron J. Miller, Emily M. Larson, B.S., Lucas D. Baker, Emily A. Kalantar, B.A., Christopher R. Berghoff, Ph.D., University of South Dakota

(PS15-C60) “Walking in Faith” - Positive Religious Coping Associated with Resilience Factors Among Black Women Living with HIV and Histories of Trauma
Sannisha Dale, Ph.D., University of Miami

(PS15-C61) Financial Insecurity and Parental Educational Attainment Moderate the Relationship Between Child Neglect and Youths’ Anxious/depressed Symptoms
Allegra S. Anderson, M.S.,1, Kelly H. Watson, Ph.D.,1, Jon Ebert, Psy.D.,2, Tarah Kuhn, Ph.D.,2, Meredith Gruhn, M.S.,1, Allison Vreeland, M.S.,1, Lauren Henry, Ph.D.,2, Rachel Siciliano, M.S.,1, Abagail Ciriego,1, Sofia Torres, B.A.,1, Bruce Combs, Ph.D.,1,1. Vanderbilt University, 2. Vanderbilt University Medical Center, 3. Children’s Hospital Colorado

(PS15-C62) A Preliminary Randomized Clinical Trial of a Digital CBT APP for Irritable Bowel Syndrome
Melissa G. Hunt, Ph.D., Sofia M. Miguez, Benjamin Dukas, Alejandro Medina, University of Pennsylvania

(PS15-C63) How Does the Patient-provider Relationship Affect the Association Between Perceived Discrimination and Adherence Attitudes?
Alexandra E. Pizzuto, B.A., Mona Clifton, M.A., Keith Sanford, Ph.D., Baylor University

(PS15-C64) Does Depression Predict Outcomes in Behavioral Treatment for Chronic Pain?
Cara L. Dochat, M.S.,1, Matthew Herbert, Ph.D.,2, Niloofar Afari, Ph.D.,2, Julie Wetherell, Ph.D.,2,1. San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology, 2. VA San Diego Healthcare System/University of California, San Diego

(PS15-C65) Concerns About Physical Symptoms Are Associated with Overuse of Health Care and Short-acting Medication Among Individuals with Asthma
Sara Witcraft, M.A., Laura J. Dixon, Ph.D., Aaron Lee, Ph.D., University of Mississippi

(PS15-C66) Divine Spiritual Struggles, Divine Support, and Cognitive Correlates of Suicidal Ideation Among Female Adolescents Who Have Been Sexually Abused
Emily Johnson, M.A.,1, Ernest N. Jouriles, Ph.D.,1, Mindy Jackson,2, Annette Mahoney, Ph.D.,3, Renee McDonald, Ph.D.,1,1. Southern Methodist University, 2. Dallas Children’s Advocacy Center, 3. Bowling Green State University

(PS15-C67) The Impact of Psychological Distress and HIV Stigma on ART Adherence Across Catholic and Nonreligious Individuals
Noelle A. Mendez, B.A., Merranda McLaughlin, B.A., Steven Safren, Ph.D., University of Miami

(PS15-C68) Contrast Avoidance Predicts Pain Interference and Marijuana Problems in Marijuana Users Reporting Pain
Katherine McDermott, M.S., Jesse R. Cougle, Ph.D., Florida State University
(PS15-C70) Current Stress Moderates the Association Between Adverse Childhood Experiences (ACEs) and Symptoms of Anxiety and Depression in Youth
Rachel Siciliano, M.S.¹, Jon Ebert, Psy.D.², Tarah Kuhn, Ph.D.², Kelly H. Watson, Ph.D.¹, Meredith Gruhn, M.S.¹, Allison Vreeland, M.S.¹, Lauren Henry, Ph.D.³, Allegria S. Anderson, M.S.¹, Abagail Ciriegi, M.S.¹, Sofia Torres, B.A.¹, Bruce Compas, Ph.D.¹, 1. Vanderbilt University, 2. Vanderbilt University Medical Center, 3. Children’s Hospital Colorado

(PS15-C71) The Role of Parent-caregiver Engagement During Children’s Emergency Shelter Service Use
Luisa Lopez Mader, B.A.¹, Sara Brammer, Ph.D.², Dennis Meier, Ph.D.², Erin Hambrick, Ph.D.¹, 1. University of Missouri-Kansas City, 2. Synergy Services, Inc.

(PS15-C72) The Relationship Between Pain and Cancer-related Traumatic Distress in Breast Cancer Survivors
Emma L. Jennings, B.S.¹, Carly Miron, B.A.¹, Matteo Malgaroli, Ph.D.², Kristin L. Szuhany, Ph.D.², Samnachana Adhikari, Ph.D.², Madeleine Rassaby, B.A.¹, Rebecca R. Suzuki, B.A.², Bryana Schantz, B.A.¹, Camille Johnson, M.A., M.S., RN¹, Gabriella Riley, M.D.¹, Abraham Chachoua, M.D.¹, Marleen Meyers, M.D.¹, Jane Rosenthal, M.D.¹, Naomi M. Simon, M.D., M.S.¹, 1. NYU Langone Medical Center, 2. New York University School of Medicine

(PS15-C73) Validation of the Valuing Questionnaire in Adults with Cardiovascular Risk
Mindy M. Kibbey, B.A.¹, Angelo M. DiBello, Ph.D.², Anagha A. Babu, B.A.¹, Gloria J. Gomez, B.A.³, Samantha G. Farris, Ph.D.¹, 1. Rutgers University, 2. City University of New York, Brooklyn College, 3. Rutgers University-New Brunswick

(PS15-C74) Self Esteem Moderates the Relationship Between Adverse Life Events and Clinical Diagnoses for Black Women Living with HIV
Sherene Samuels Saunders, M.P.H., Sannisha Dale, Ph.D., University of Miami

Poster Session 15D

Key Words: Behavioral Activation, Anxiety, Depression

(PS15-D75) The Effect of Positive and Negative Affect Treatment on Behavioral Approach and Inhibition Systems
Wendy Huerta, B.A.¹, Yujia Peng, Ph.D.¹, Michelle Craske, Ph.D.¹, Alicia E. Meuret, Ph.D.², Thomas Ritz, Ph.D.², 1. University of California, Los Angeles, 2. Southern Methodist University

(PS15-D76) Reductions in Symptom Severity During Cognitive Behavioral Treatments for Anxiety Disorders: The Role of Emotion Regulation
Emily Meyer, B.A., Maya Nauphal, M.A., Erin F. Ward-Ciesielski, Ph.D., Todd Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

(PS15-D77) Examining the Association of Difficulties in Emotion Regulation and Substance & Medication Use with Underlying Personality Pathology and Mindful Eating Traits Among College Students
Debbie S. Torres, M.A., Hannah Willingham, Emily Tullos, B.A., Chelsea Ratcliff, Ph.D., Sam Houston State University
(PS15-D79) Taking a Break from Social Media: Impact and Gender Differences on College Students’ Body Image and Well-being
Deanne Zotter, Ph.D., Kelsey Blum, B.A., Kelly Bradley, M.A., Erin Walsh, B.A., Sonia Schuler, B.S., Kelly Daudert, Hannah Crespy, West Chester University

(PS15-D80) A Novel Exposure-focused Treatment for Irritability: Parent and Child Reports of Symptom Improvement
Ramaris E. German, Ph.D., Kelly Dombek, M.A., Courtney A. Agorsor, M.A., Katharina Kircanski, Ph.D., Melissa A. Brotman, Ph.D., National Institute of Mental Health

(PS15-D81) Understanding Caregiver Variables That Predict Child Outcomes in Trauma-focused Cognitive Behavioral Therapy
Caroline Canale, B.A., Adele Hayes, Ph.D., University of Delaware

(PS15-D82) Resilience as a Predictor of Successful CBT Outcome for Anxiety-related Disorders in a Naturalistic Treatment Setting
Kevin Narine, B.A., Yinyin Zang, Ph.D., Edna Foa, Ph.D., 1. Perelman School of Medicine at the University of Pennsylvania, 2. Peking University

(PS15-D83) The Unified Protocol for Treatment of Emotional Disorders in the Spanish Public Mental Health System Using a Blended Format: Study Protocol for a Multicenter, Randomized, Superiority, Controlled Trial
Jorge Osma, Ph.D., Oscar Peris-Baquero, Other, Carlos Suso-Ribera, Ph.D., María Vicenta Navarro-Haro, Ph.D., Alba B. Quilez-Orden, M.A., Cristina Acuses, Ignacio Miralles, Psy.D., 1. Universidad de Zaragoza, 2. Instituto de investigación Sanitaria de Aragón; Universidad de Zaragoza, 3. Jaume I University

(PS15-D84) Observation Oriented Modeling of CBT Outcomes for Social Anxiety Disorder
Raymond C. Hawkins, II, Ph.D., ABPP, James W. Grice, Ph.D., 1. Fielding Graduate University, 2. Oklahoma State University

Muyang Li, B.S., Yuxi Wang, M.S., Bingsu Wang, Ph.D., Qiang Chen, M.A., Yixin Zang, Ph.D., 1. Peking University, 2. School of Psychological and Cognitive Sciences and Beijing Key Laboratory of Behavior and Mental Health, Peking University, 3. Depart of Renmin University of China

(PS15-D86) Psychological Flexibility Mediates the Relation of Social Support and Burnout Among Police Officers
Jasmine M. Schneider, Jacey L. Anderberg, Cameron J. Miller, Michaela S. Ahrenholtz, Lucas D. Baker, Christopher R. Berghoff, Ph.D., University of South Dakota

(PS15-D87) The Role of Cognitive Fusion in Relationships Between Mood Symptoms and Smoking in Cancer Survivors
Pallavi V. Babu, M.A., Alex H. Buhek, M.A., Jason C. Levine, Ph.D., University of Toledo

(PS15-D88) Does a Brief Mindfulness Exercise Facilitate Emotional Recovery from Stress in College Students?
Hana H. Lee, B.A., Emma E. McBride, M.A., Gabrielle R. Chin, M.A., Amanda P. Colangelo, Other, Jeffrey M. Greeson, Ph.D., Rowan University
(PS15-D89) Mindfulness in Anti-oppression Pedagogy: Enhancing the Effects of Difficult Intergroup Dialogues
Akanksha Das, B.S., Yue Li, Ph.D., Sarah Dreyer-Oren, M.A., Rachel Geyer, B.A., Elise M. Clerkin, Ph.D., Miami University

(PS15-D90) Do Activation-specific Interventions and Homework Completion Predict Future Depression?
Maria M. Santos, Ph.D. 1, Berenice Rosas 1, Alexander Oseguera-Chavez 1, Arianna Mariano 1, Jonathan Kanter, Ph.D. 2, 1. California State University, San Bernadino, 2. University of Washington

(PS15-D91) Examining the Links Between Sleep Quality and Treatment Outcomes in Depression and Anxiety for an Internet-based Cognitive-behavioral Therapy Program
Kaitlyn Pham, Jennifer M. Gamarra, M.A., Eliza Congdon, Ph.D., Inna Arnaudova, Ph.D., Michelle Craske, Ph.D., University of California, Los Angeles

(PS15-D92) Trainee-delivered Cognitive Behavioral Therapy (CBT): Effects on Life Satisfaction vs. Symptoms of Depression and Anxiety
Allison Peipert, B.S., Lorenzo Lorenzo-Luaces, Ph.D., Indiana University-Bloomington

(PS15-D93) Worry and Rumination Worsen Self-rated Psychological and Physical Health Among Breast Cancer Patients
Megan E. Renna, Ph.D. 1, Rosie Shrou, Ph.D. 1, Annelise A. Madison, B.A. 2, Janice K. Kiecolt-Glaser, Ph.D. 1, 1. Ohio State University College of Medicine, 2. Ohio State University

(PS15-D94) Does Group Size Matter? Group Size and Symptom Reduction in Trauma Treatment
Aubrey R. Dueweke, Ph.D. 1, Danielle E. Baker, M.A. 2, Marie Karlsson, Ph.D. 2, Melissa Zielinski, Ph.D. 2, Ana J. Bridges, Ph.D. 2, 1. Medical University of South Carolina, 2. University of Arkansas

(PS15-D95) Are Prospective Doctoral Students Satisfied with Doctoral Programs’ “visit Days” That Target Underrepresented Student Recruitment?
Brian Wiley, M.S., Stevie N. Grasseti, Ph.D., Fabianne Blake, M.A., West Chester University

(PS15-D96) Social Support Moderates the Relationship Between Substance Use and Medication Adherence Among Black Women Living with HIV
Rachelle Reid, M.S., Sannisha Dale, Ph.D, University of Miami

(PS15-D97) Therapeutic Alliance, Regardless of Rater, Predicts Anger and Aggression Outcomes in Psychotherapy for Intermittent Explosive Disorder

(PS15-D99) Validity of the Somatic Complaints Scales of the MMPI-2-RF in a Chronic Pain Setting
Lauren D. Mickens, B.A. 1, Duyen M. Nghiem, M.A. 1, Dustin B. Wygant, Ph.D. 2, Ryan J. Marek, Ph.D. 1, 1. University of Houston-Clear Lake, 2. Eastern Kentucky University
(PS15-D100) Empathy Enhancement in Young Adult Residential Camp Counselors:
How Campers with Special Needs Help Their Counselors

Eva L. Feindler, Ph.D., Faculty, Long Island University
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ABCT is proud to announce the 2021 convention theme of *Championing CBT: Promoting Cognitive and Behavioral Practice and Science in the Context of Public Health, Social Justice, Policy, Research, Practice, and Training*.

Sometimes it can feel like swimming against a strong current when advocating for cognitive and behavioral science and practice (i.e., henceforth, "CBT") outside of our close professional circles. The international landscape of mental health prevention, intervention, and training is replete with alternative theories, practices, and interests. The 2021 Annual Convention will place a spotlight on success stories, trials, and lessons learned related to promoting CBT and differentiating it from the other mental health worldviews. In doing so, the ABCT community will come together for a rich discussion that facilitates a core component of the organization's mission to facilitate "the global application of behavioral, cognitive, and biological evidence-based principles." Examples of topics consistent with this theme include, but are not limited to, the following (in no particular order):

- Advocating for the value of CBT in the priorities of major funding agencies and organizations (e.g., importance of promoting cognitive and behavioral science within the NIMH RDoC framework).
- Providing a platform for CBT in the context of social justice (e.g., using cognitive and behavioral science and practice to affect change in prejudice and stigma).
- Encouraging CBT with policymakers to enhance public health through science and practice (e.g., adopting cognitive and behavioral science and practice to reduce unhealthy behaviors, like smoking).
- Promoting CBT priorities in the training of the mental health researchers and practitioners of tomorrow (e.g., encouraging CBT principles as part of establishing training competencies and standards).
- Educating the public about CBT on social media and other public-facing platforms (e.g., impacting public perception of CBT via #CBTWorks).
- Supporting dissemination and implementation of CBT (e.g., integrating CBT principles in a population-level health initiative or system).

*Submissions may be in the form of symposia, clinical round tables, panel discussions, and posters. Information about the convention and how to submit abstracts will be on ABCT’s website, www.abct.org, after January 1, 2021. The online submission portal for general submission will open on February 1, 2021.*