It is clear that the corona virus (COVID-19) is having a devastating health, economic, and social impact on our international communities. What is less clear are the short- and long-term mental health repercussions of exposure and fear of exposure to the virus, illness and death of loved ones, prolonged social isolation, and financial strain. Some members of our community, such as older adults, may be experiencing greater social isolation and have unique concerns related to the uptake of technology that younger populations may not have. There are also equally alarming disparities in impact among racially defined and culturally defined groups.

As countries around the world grapple with the immediate issues of preserving life, sustaining their economies, and supporting the wellbeing of their citizens, mental health professionals will be needed more than ever.

Evidence based psychotherapies can help us to shine a light through these dark times.

The goal of this special series in Cognitive and Behavioral Practice is to bring together guidance that is practically useful for clinicians in supporting the community’s response to COVID-19. Consistent with the aims, scope, and mission set by Dr. Brian Chu’s Editorial team, we are interested in studies of innovative treatments and service delivery modes in response to the pandemic (i.e., development, feasibility, acceptability, initial outcomes). C&BP is a practitioner-oriented journal; we are interested in studies of treatment outcome and other data-based manuscripts as long as these are presented in the context of rich clinical descriptions (e.g., case vignettes, video demonstrations, and therapist guidelines). We also encourage review articles and commentaries with focus on clinical practice implementation that compliment empirical submissions.
Our goal is to represent the perspectives of research-focused, education-focused, and practice-focused readers of the journal. Authors or author groups with questions about potential submissions are invited to contact the Guest Editor team identified above.

Those manuscripts selected for further consideration will be peer reviewed and fast-tracked for publication if accepted. We will strive to provide editorial decision letters (i.e., first decision of revise and resubmit, accept, reject) within two weeks of completed submission. Authors will be expected to revise manuscripts promptly. Accepted articles will be posted online within a short time frame and prioritized for publication.

Topics may include:
- Development, feasibility, acceptability, or initial outcomes of specific CBT interventions for COVID-19 impact
- Applications of CBT to videoconference or telephone delivered care
- Innovative e-health platforms for CBT interventions
- Work with disadvantaged communities, including recommendations for overcoming inequalities among community groups that may be defined by their gender, racial, and cultural identification, or sexual orientation
- Dissemination of CBTs to support persons across the lifespan (e.g., older adult populations) as well as specialty populations (e.g., emergency responders)

Manuscript submission portal: https://www.editorialmanager.com/candbp
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