Behavioral Medicine
PSYC 6050

Instructor
Rachel A. Annunziato, Ph.D.
Dealy 336
718-817-3796 & annunziato@fordham.edu
Office hours: Thursdays 2:00-3:30

Goals

1. To learn how to provide clinical services within a medical setting
2. To gain competency treating patients presenting with a range of medical conditions (as primary or secondary diagnoses)
3. To develop an understanding of interactions between mental and physical health
4. To develop skills for designing and implementing research involving medically-ill patients
5. To gain awareness of ethical and sociocultural considerations in behavioral medicine

Required texts


Course requirements

- Attendance and participation in class discussion (15%)
- Journal club (15%): You will be asked to present an article from the field to the class for discussion.
- Treatment plan (20%): A treatment plan prepared for a patient presenting with a medical condition.
- Short grant proposal (20%): A brief (4-6 pages) mock funding application proposing to study a topic within the field of behavioral medicine.
- Final paper (30%): You may choose either a research or clinical focus. You may choose a topic different from the original assignment for the final paper.  
  a) An extension of the treatment plan into a case study with a comprehensive review of appropriate intervention methods.
  b) An extension of the grant proposal into a comprehensive introduction and methods section.
<table>
<thead>
<tr>
<th>Date</th>
<th>Class schedule</th>
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| 1/19 | Introduction  
Service provision in medical settings  
Introduction (K)  
| 1/26 | Ethical considerations in behavioral medicine  
Research methods in behavioral medicine  
Chapter 1 (C/A)  
*Journal club sign-up* |
| 2/2 | Psychological symptoms in medically-ill patients  
Part II (CBT)  
| 2/9 | Psychological symptoms in medically-ill patients:  
Medical trauma  
*Journal club* |
| 2/16 | Guest lecture  
Psychological symptoms in medically-ill patients:  
Medical trauma (Dr. Eyal Shemesh) |
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>References</th>
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<tbody>
<tr>
<td>2/23</td>
<td>Treatment modalities</td>
<td>Part III, Section 1 (CBT)</td>
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<td>Treatment plan due</td>
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<tr>
<td>3/15</td>
<td>Spring break</td>
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<tr>
<td>3/22</td>
<td>Diabetes continued, Cardiac Disease</td>
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<td>3/29</td>
<td>Asthma, Arthritis</td>
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<td>4/5</td>
<td>Easter break</td>
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<td>4/12</td>
<td>HIV/AIDS, GI Disease</td>
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<td>4/19</td>
<td>Cancer</td>
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<tr>
<td>5/10</td>
<td>Final paper due</td>
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*Electronic Reserves

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