GRS PS 993: Clinical Supervision of Psychotherapy Syllabus  
Fall 2012  
Variable Credit

Location: 648 Beacon St, room 602  
Time: Mondays 2-4:00  
Instructor: Lisa Smith, Ph.D.,  
Clinical Associate Professor, Dept. of Psychology  
Boston University  
Office Phone: 617-353-9610  
Office Hours: by appointment  
Email: smithl@bu.edu

Course Description:  
This course is designed to acquaint the senior level student with the research, theory, and practice of supervision. Students will have the opportunity to read extensively and develop a knowledge base regarding supervisory issues and theory. The didactic component of the course will help prepare students for their transition into the role of supervisor both in the program’s affiliated practicum and/or for subsequent supervisory roles after graduate school has ended. This course will also provide a small group forum in which students will present case material from their actual supervision of 2\textsuperscript{nd} year novice clinicians and receive supervision on their own supervision by a senior licensed clinician. Small group discussion of the actual supervision will allow for a fuller exploration of the theory and research of supervision and its application to actual clinical content.

Pre-requisites:  
All participants must have completed both 2\textsuperscript{nd} and 3\textsuperscript{rd} year practicum placements required by the BU Clinical program. Participants must also be able to demonstrate a familiarity with the theory and delivery of evidence-based approaches to psychotherapy.

Grading Policy:  
Course grades will be dependent on informed (i.e., based on reading the assignment in advance) and active participation in class.

1. Each student will be responsible for the supervision of a junior student’s clinical caseload. This will include the supervision of up to 5 individual psychotherapy cases, with the provision of ongoing live or recorded supervision for one weekly case. Students will provide a minimum of two hours/week of individual supervision to the novice clinician. Case material from your supervisory work will be presented every week to a two-hour small group lecture/supervision seminar. The supervisory component of the course makes full and timely attendance mandatory in addition to full participation in discussions. You are expected to attend every class; missing one class due to illness or other personal emergencies may be accepted without penalty. Evaluation will be based on the student’s ability to present case material, ability to make case formulations, and ability to design supervisory interventions. (Total of 50%)

2. Each student will be responsible for completing the assigned readings in a manner that allows a sophisticated lecture and discussion of the course topics. Students will be evaluated according to the degree of preparation and familiarity with the material assigned for the week. The instructor will note each week your apparent knowledge
of the assigned material separately from degree of engagement in discussion or activity. (Total of 20%)

3. Each student will make a formal summative presentation of their supervision at the end of the semester. The presentation will include material taken from recordings of actual supervision meetings. (Total of 20%)

4. Each student is responsible for knowing current clinic policy and practices including but not limited to: appropriate professional conduct, proper scheduling methods, and the initiation and maintenance of case files. (10%)

**Academic Conduct:**
Students should know and understand the CAS Academic Conduct Code. Copies of the CAS Academic Conduct Code are available in room CAS 105. Any suspected academic misconduct will be reported to the Dean’s Office.

**Course Outline:**

1. **8/9/11 Overview of the course and the topic of supervision.**
   **Readings:**

2. **9/10/12 Issues in live supervision.**
   **Readings:**


3. 9/17/12 Cognitive-Behavioral model of supervision.

Readings:


4. 9/24/12 Developmental and social role models of supervision.

Readings:


5. 10/12 Learning processes in supervision.
   **Readings:**

6. 10/15/12 Legal and ethical issues in supervision.
   **Readings:**

7. 10/22/12 Issues of Diversity in supervision.
   **Readings:**


8. **10/29/12 Working alliance and supervision.**

   **Readings:**


9. **11/5/12 Counterproductive events in supervision.**

   **Readings:**


10. **11/12/12 Trainees with professional competence problems**

    **Readings:**


11. 11/19/12 Supervision and treatment efficacy

**Readings:**


12. **11/26/12 Readings on supervision research:**


13. **12/3/12 Student presentations.**

14. **12/10/12 Student presentations.**

Schedules and topics are subject to change, in which case, announcements will be made in class as appropriate.

**Books**

