<table>
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<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>10:30</td>
<td>Institute #1: Desirable Difficulties: Optimizing Exposure Therapy for Anxiety</td>
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<td>Through Inhibitory Learning</td>
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<td>10:30 am - 5:00 pm</td>
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<tr>
<td>10:30</td>
<td>MCS 1: The Stanley-Brown Safety Planning Intervention to Reduce Suicide Risk</td>
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<td>10:30 AM - 12:30 PM</td>
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<td></td>
<td>WRK 8: Engaging Teenagers With ADHD in Therapy: Motivational Strategies,</td>
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<td>Turning Skills into Habits, and Partnering With Parents</td>
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<td>1:45 pm - 4:45 pm</td>
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<tr>
<td>11:00</td>
<td>CIT # 1: Mobile Apps for Mental Health: Understanding Technologies for Use</td>
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<td>and Application in Cognitive and Behavioral Therapies</td>
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<td>11:00 AM - 5:00 PM</td>
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<tr>
<td>10:30</td>
<td>WRK 11: Improving Treatment For Impulsive, Addictive, and Self-Destructive</td>
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<td>Behaviors: Strategies From Mindfulness and Modification Therapy</td>
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<td>10:30 AM - 1:30 PM</td>
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<td>10:30</td>
<td>WRK 13: Preparing Students as the Workforce of the Future: Managing and</td>
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<td>Adapting Practice (MAP) as a Comprehensive Model For Training in Evidence-</td>
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<td>Informed Services For Youth Mental Health</td>
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<td>1:45 PM - 4:45 PM</td>
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<td>11:00</td>
<td>WRK 14: Rediscovering Exposure: Enhancing the Impact of Cognitive Behavioral</td>
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<td>Therapy For Eating Disorders</td>
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<td>5:00 PM - 8:00 PM</td>
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### Wednesday, November 18

**MCS 2: Envy: A Cognitive Behavioral Approach**

**MCS 3: Conceptualization and Treatment of Disgust in Anxiety and Obsessive-Compulsive Disorders**

**MCS 4: Whether We 'Like' it or Not, Psychologists Need to Embrace Social Media**  1:00 pm - 3:00 pm

**AMASS #1: Analyzing Longitudinal Data Collected During the Coronavirus Pandemic**

**AMASS #2: Encore AMASS back by popular demand from 2019**

Open Science Practices for Clinical Researchers: What You Need to Know and How to Get Started

**MCS 6: Everything Old is New Again: The Role of Worksheets in Growing (and Measuring) CBT Competence**

**Institute #5: Everything You Always Wanted to Know About Interpersonal Psychotherapy for Adolescents (IPT-A) and Never Had the Chance to Ask**  1:00 pm - 6:00 pm

**Institute #8: Improving Access to Teen Sleep Treatments: How to Deliver Evidence-based Techniques to Help Young Adults Sleep Better and Feel Better**  1:00 pm - 6:00 pm

**CIT #2: SPACE: Parent Based Treatment for Childhood Anxiety and OCD**  10:30 am - 7:00 pm

**WRK 9: Evidence-based Treatment For Prolonged Grief Disorder**  3:30 pm - 6:30 pm

**Presidential Address**

Martin M. Antony, Ph.D.

**Institute #4: Introduction to Process-based CBT**  1:00 pm - 6:00 pm

**Institute #6: Everything Old is New Again: The Role of Worksheets in Growing (and Measuring) CBT Competence**

**ABCT Orientation to the Virtual Convention**

**Institute #7: Whether We 'Like' it or Not, Psychologists Need to Embrace Social Media**

**MCS 5: Envy: A Cognitive Behavioral Approach**

**MCS 7: Conceptualization and Treatment of Disgust in Anxiety and Obsessive-Compulsive Disorders**

**MCS 8: Introduction to Process-based CBT**

**MCS 9: Whether We 'Like' it or Not, Psychologists Need to Embrace Social Media**

**Institute #5: Everything You Always Wanted to Know About Interpersonal Psychotherapy for Adolescents (IPT-A) and Never Had the Chance to Ask**  1:00 pm - 6:00 pm
### Friday, November 20

**Program Overview**

**10:30 am - 11:00 am**
- Welcome Address
- Awards Address: 
  - Dr. C. Kendall, Dr. Ph.D.

**11:00 am - 11:45 am**
- Wheat Achievement Award
- Break

**11:45 am - 12:30 pm**
- MWK 6: Strategies for Engaging in Advocacy as a Psychological Professional: A Skills-based Approach
- MWK 7: Developing Academic Careers in Psychology: Female-Specific Challenges and Solutions
- MWK 8: Applying Cognitive-behavioral Therapy Principles to Avoidance/Inhibition: Food Intake Disorders: Children, Adolescents, and Adults

**12:30 pm - 1:15 pm**
- Break

**1:15 pm - 2:00 pm**
- PD 18: Taking the Road Less Trodden: Increasing Access to CBT via Unique Vocations
- MWK 3: Using Acceptance-based Treatment Approaches to Enhance Therapy for Eating Disorders
- MWK 4: Accessing and Training Misophonic Cognitive Considerations for a Novel Condition

**2:00 pm - 2:45 pm**
- Break
- PD 19: Can a Brief Vacation Fix Your Problems? Let Me Count the Ways
- MWK 5: What We Didn’t Learn in Graduate School: Lessons Learned from Real World Practice
- MWK 6: Assessing and Treating Misophonic Cognitive Considerations for a Novel Condition

**2:45 pm - 3:30 pm**
- Break
- PD 20: Expanding Access to Treatment Through Cognitive Behavioral Peer Support
- MWK 12: Enhancing Access to CBT with Spirituality
- MWK 13: From Theory to Practice: Applying Minority Stress and the Psychological Mechanism Framework to Genders+ Populations

**3:30 pm - 4:15 pm**
- Break
- SYM 60: A Close Examination of Interpersonal Behavior Associated with Intimate Partner Violence
- SYM 61: Novel avenues in the study of fear learning mechanisms: implications for pediatric anxiety and its treatment

**4:15 pm - 5:00 pm**
- Break
- PD 22: Strategies for Identifying Key Intervention Components for Sexual and Gender Minority Populations
- MWK 14: Alliances for Intervention: Adapting the Unified Protocols for Children and Adolescents to Non-Internalizing Disorders and Alternative Treatment Delivery Formats
- MWK 15: Cost-effectiveness and Cost-benefit Analyses of CBT

**5:00 pm - 5:45 pm**
- Break

**5:45 pm - 6:30 pm**
- PD 23: When It’s Not Over: Understanding, Preventing, and Treating Ongoing and Pervasive Anxiety and its treatment
- SYM 62: Making Distress Tolerance a Focal Point of Prevention and Treatment Models for Diverse Mental Health Conditions
- SYM 63: A Close Examination of Interpersonal Behavior Associated with Intimate Partner Violence

**6:30 pm - 7:15 pm**
- Break

**7:15 pm - 8:00 pm**
- PD 24: When Small Effects Leave Big Problems: Examining the Impact of Evidence-based Treatments in a Community Behavioral Health System
- MWK 5: Cognitive Therapy for Suicide Prevention
- SYM 64: Cost-effectiveness and Cost-benefit Analyses of CBT

**8:00 pm - 9:15 pm**
- Break

**9:15 pm - 10:00 pm**
- PD 25: Connecting the Dots: Understanding and Augmenting the Impact of Evidence-based Treatments for Youth Depression
- MWK 6: Coordinated Interventions for School Refusal: Advanced Skills for Working With Families and Schools
- SYM 65: Youth-Global Mental Health and Implementation Science: Past Evidence and Future Directions

**10:00 pm - 10:45 pm**
- Break

**10:45 pm - 11:30 pm**
- MWK 7: Deliberate Practice for Cognitive-behavioral Therapy: Training Methods to Enhance Acquisition of CBT Skills
- SYM 66: Minority Stress and the Psychological Mechanism Framework to Genders+ Populations
- SYM 67: Expanding the Reach of Transdiagnostic Interventions: Adapting the Unified Protocols for Children and Adolescents to Non-Internalizing Disorders and Alternative Treatment Delivery Formats

**11:30 pm - 12:15 am**
- Break

**12:15 am - 1:00 am**
- PD 26: Conflict Around Treatment Design, Research Methods & Statistics; Mindfulness & Acceptance; Workforce Development
- MWK 8: Applying Cognitive-behavioral Therapy Principles to Avoidance/Inhibition: Food Intake Disorders: Children, Adolescents, and Adults
- MWK 9: What We Didn’t Learn in Graduate School: Lessons Learned from Real World Practice

**1:00 am - 1:45 am**
- Break

**1:45 am - 2:30 am**
- PD 27: From Theory to Practice: Applying Minority Stress and the Psychological Mechanism Framework to Genders+ Populations
- MWK 10: Cognitive Therapy targeting fixed delusions Disorder: Children, Adolescents, and Adults
- MWK 11: What We Didn’t Learn in Graduate School: Lessons Learned from Real World Practice

**2:30 am - 3:15 am**
- Break

**3:15 am - 4:00 am**
- PD 28: Expanding Access to Treatment Through Cognitive Behavioral Peer Support
- MWK 12: Enhancing Access to CBT with Spirituality
- MWK 13: From Theory to Practice: Applying Minority Stress and the Psychological Mechanism Framework to Genders+ Populations

**4:00 am - 4:45 am**
- Break

**4:45 am - 5:30 am**
- MWK 14: Alliances for Intervention: Adapting the Unified Protocols for Children and Adolescents to Non-Internalizing Disorders and Alternative Treatment Delivery Formats
- MWK 15: Cost-effectiveness and Cost-benefit Analyses of CBT

**5:30 am - 6:15 am**
- Break

**6:15 am - 7:00 am**
- PD 30: Expanding Access to Treatment Through Cognitive Behavioral Peer Support
- MWK 12: Enhancing Access to CBT with Spirituality
- MWK 13: From Theory to Practice: Applying Minority Stress and the Psychological Mechanism Framework to Genders+ Populations

**7:00 am - 7:45 am**
- Break

**7:45 am - 8:30 am**
- MWK 7: Deliberate Practice for Cognitive-behavioral Therapy: Training Methods to Enhance Acquisition of CBT Skills
- SYM 66: Minority Stress and the Psychological Mechanism Framework to Genders+ Populations
- SYM 67: Expanding the Reach of Transdiagnostic Interventions: Adapting the Unified Protocols for Children and Adolescents to Non-Internalizing Disorders and Alternative Treatment Delivery Formats
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<tbody>
<tr>
<td>10:30 am - 11:30 am</td>
<td><strong>SYM 105:</strong> What’s Love Got to Do with it? Romantic Relationship Risk and Protective Factors for Mental Health and Well-being in Sexual and Gender Minorities of Different Identities</td>
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<tr>
<td>11:30 am - 11:45 am</td>
<td><strong>SYM 116:</strong> Neurocognitive Mechanisms and Applications of Psychological Interventions in Bipolar Disorders Across the Lifespan</td>
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<tr>
<td>11:45 am - 1:15 pm</td>
<td><strong>SYM 113:</strong> Mental Health and Substance Use among Diverse Sexual Minority Men: Diverse Methods to Better Understand How to Increase Treatment Outcomes</td>
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<tr>
<td>1:15 pm - 3:00 pm</td>
<td><strong>SYM 122:</strong> The Role of Religion and Therapeutic Implications for Muslim Americans</td>
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<td>3:00 pm - 4:45 pm</td>
<td><strong>SYM 135:</strong> Innovative Approaches for Advancing Research on Treatment and Prevention of Mood Disorders</td>
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<tr>
<td>4:45 pm - 6:15 pm</td>
<td><strong>SYM 129:</strong> Psychologists as Social Justice Advocates: Intersecting Research and Advocacy to Improve Mental Health and Equity Among Marginalized Groups</td>
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<td>6:15 pm - 8:15 pm</td>
<td><strong>SYM 146:</strong> Extending Our Understanding of Suicidality and Self-harm in Obsessive Compulsive Disorder and Anxiety Related Disorders</td>
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<td>8:15 pm - 10:30 pm</td>
<td><strong>SYM 141:</strong> Paradigm Shift in the Study of Attention Bias from Infancy to Adulthood</td>
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**POSTER SESSIONS:**
- **12A-12D:** 1:30 AM - 3:00 PM: Couples/Collaborative Relationships; Suicide & Self-injury; Violence & Aggression
- **13A-13D:** 1:45 PM - 3:45 PM: Eating Disorders; Weight Management
- **13A-15C:** 4:00 PM - 6:00 PM: Dissemination & Implementation Science; Technology; Vulnerable Populations; Women’s Issues
- **15A-15D:** 6:15 PM - 8:15 PM: Child/Adolescent Trauma; Autism; Health Psychology

**POSTER SESSIONS:**
- **14A-14D:** 4:00 PM - 6:00 PM: Dissemination & Implementation Science; Technology; Vulnerable Populations; Women’s Issues
- **15A-15D:** 6:15 PM - 8:15 PM: Child/Adolescent Trauma; Autism; Health Psychology