PSYC 3443 - ABNORMAL PSYCHOLOGY Sections 001, 002, & 003 (Section ABW in D2L) FALL 2011 MW 9:30-10:20 LWS 202 & Discussion Sections (see schedule)

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Course Description

Review of major approaches to conceptualizing abnormal behavior including biological, social and learning-based theories, and in the context of culture. Discussion and illustration of the major forms of mental illness. This course provides a broad survey of abnormal behavior, including clinical descriptions, epidemiology, etiology, approaches to treatment and prevention.

Prerequisite

Psych 1113 Introductory Psychology.

Textbooks

Both required books are available for this course. All students should purchase the required books because readings will be required from each on a weekly basis as a supplement to lecture and discussion sections. Information from both will be on the exams, even if not discussed in lecture or sections. All books are available at the University Bookstore, and may be available at off-campus or on-line booksellers.

Required Books

Durand, V. M. & Barlow, D. H. (2006). Abnormal psychology: An integrative approach (6th ed.) Stamford, CT: Wadsworth.

Brown, T. A. & Barlow, D. H. (2011). Casebook in abnormal psychology (4th ed.). Stamford, CT: Wadsworth.

Electronic Resources

Web Sites

There is a D2L web site for the course that includes course information and copies of handouts, class notes (slides), and relevant internet links. Outline slides used in lecture will be available for download on the website one week before a scheduled lecture. Grades will also be posted on this website. Important dates are also contained in the OSU Fall 2011 Enrollment Guide (see registrar.okstate.edu).

There is a web site for the text through *Psychology* CourseMate (www.cengagebrain.com) which includes a number of useful learning resources. The *Abnormal Psychology Videos* are video clips of actual clients discussing their disorders, and contain specific questions for each video. This website also includes interactive teaching and learning tools, such as an integrated eBook, quizzes, flashcards and video quizzes. CengageNOW is an online resource to help students study through a personalized study program.

Discussion Sections

This class uses discussion sections to add to your learning in the class. The discussion sections will be used for a variety of purposes including answering questions about lecture content, discussion of case examples from the required casebook, viewing and discussing relevant videos, discussing relevant controversies or current events, and reviewing for exams. A short quiz will be distributed at the scheduled starting time of each section and collected 5 minutes after the scheduled starting time of your section, without exception. You must be present for the entire discussion section in order for the completed quiz to count towards your grade. The schedule for discussion sections is as follows:

Section	Location	Time
001	CLB 217	F 9:30A - 10:20A
002	CLB 217	F 10:30A - 11:20A
003	CLB 217	F 11:30P - 12:20P

Grading

Exams

Exams will be held on the scheduled dates. Exams will be distributed immediately at the scheduled class time (9:30a.m.) and collected at the end of class (10:20a.m.). Each of the first 3 exams will consist of 45 multiple-choice questions (worth 2 points each) and one short-answer question (worth 10 points). Partial credit will be offered for the short-answer question. Prior to the exam, a list of potential short-answer questions will be distributed and the question on the exam will be selected from these questions. Each exam is worth a total of 100 possible points.

The final exam is scheduled for Monday, December 12, at 8:00 AM. No early final exams will be given except for those students who have 2 other exams schedule on 12/12. The final exam is NOT comprehensive or cumulative, and will only include information covered since Exam #3. It will consist of 50 multiple choice questions. Important: You must bring an orange scantron sheet and a #2 pencil to each exam.

Ouizzes

A short quiz with five multiple-choice questions will be distributed at the start of each discussion section. Each quiz is worth 10 points and a total of 15 quizzes will be given. We will drop your 3 lowest quiz scores, to arrive at 12 quiz scores for a total of 120 possible points for your final grade.

No make-up quizzes will be given. Missed quizzes will be assigned a score of zero. In calculating your grade you are allowed to have 3 quizzes with a score of zero without penalty to your grade. Do not waste these early in the semester, because it is designed to prevent penalty for missing quizzes due to unforeseen emergencies or absences. The only exception to "no make-up quizzes" rule is in the case of documented illness/excused absence for more than 3 weeks, with special permission of Dr. Sullivan.

Make-up Exams

Make-up exams will be granted only under legitimate unavoidable circumstances such as verifiable illness or injury, personal emergency, or official OSU absence. You must contact Dr. Sullivan within 48 hours of a missed exam and submit documentation of an excused absence. Whenever possible, notify the instructor in advance of such circumstances and make arrangements for the make-up exam. If you feel that circumstances may exist that would limit your performance on an exam, do not wait until you have taken the exam to tell me. *Once you take an exam, that score will count no matter what.*

Research Requirement

Abnormal psychology is a science with a strong research component. In order for you to gain an appreciation of this, you will be required to participate in 2 hours of research activity. You may complete this requirement in several ways, including serving as a participant in a research project, attending Undergraduate Research colloquia, or reviewing a primary research article on an appropriate topic. The details for this are posted on the D2L class website.

Paper Requirement

You must complete a 10-page paper for this course, a case analysis paper. You will select one of the cases posted on the website, which has a description of an individual with a mental health disorder. You are to determine the appropriate diagnosis for the case, and then find at least 4 empirical journal articles (2 articles on the etiology of this disorder and 2 articles on treatment for this disorder). You will outline a fictional history for the client, incorporating information from the article(s) on etiology, and review and summarize the research to support these factors as causal. You will then review and summarize the treatment research articles, and recommend a treatment for this client. Support your selected treatment by reviewing the studies you have included. APA style is required, and additional

information on the paper will be provided. An outline of your paper with 4 references is due in class on Monday, October 3 and the final complete paper is due at the beginning of class on Monday, October 31.

Extra Credit

You may earn up to 10 extra points on your final grade. These opportunities will be explained in the first meeting of your discussion section and a summary of instructions will be provided on the D2L website. No other opportunities will be negotiated or made available, so please don't ask.

Calculation of Grade

Grading in the course will be based on total points earned during the semester. Your final grade will include:

Exams $(4 \times 100 \text{ points ea.})$ 400 points Quizzes $(10 \times 12 \text{ points ea.})$ 120 points Paper 100 points Research $(2 \times 25 \text{ points ea.})$ 50 points Total Possible 670 points

Final grades will be assigned according to the following scale: $\geq 90\%$ (603 points or more) = A, 89% - 80% (536 - 602 points) = B, 79% - 70% (469 - 535 points) = C, 69% - 60% (402 - 468 points) = D, \leq 60% (401 points or fewer) = F. The instructor reserves the right to adjust this scale if it is necessary to achieve an appropriate distribution of grades. However, this is unlikely to occur and you should not expect it to happen.

Honors Credit

It is possible to take this course for honors credit. If you are interested in doing so, please meet with the instructor during the first 2 weeks of class to negotiate requirements for an additional honors project related to the course. I am open to creative options to fulfill the requirements, and these might include writing a research paper or other creative project (website, workshop outline, video, etc.) relevant to the content of the course. According to Honors College guideline, an honors contract must be approved by the instructor and the Arts & Sciences honors director and filed with the Honors College by the end of the third week of class (September 9).

Attendance Policy

Attendance is required and expected at all lectures and discussion sections. However, no explicit requirement for attendance is made because I believe that poor attendance will be reflected in exam and quiz scores. Please note that in order to obtain credit for quizzes, you must be present for the entire class period in your discussion section. Material will be presented in lectures and discussion sections that is not found in the textbooks and this material will be on exams. Attendance will be taken via sign-in sheet at some lectures.

Accommodations

Some students may have physical or learning disabilities that require special accommodations to allow for optimal learning and performance in the course. I am happy to work with students to arrange these accommodations, so please talk with me <u>early</u> in the semester, preferably the first week of class. Students in need of such accommodations should work with the office of Student Disability Services (315 Student Union, 744-7116) to verify the presence of a disability and make arrangements for accommodation. See the Syllabus Attachment for more information.

Academic Integrity and Student Behavior

I expect students to conduct themselves with honesty and integrity at all times. Violations of academic integrity will not be tolerated. The University policy for handling of these situations is available on D2L for the course or at http://academicintegrity.okstate.edu/. Inappropriate, disruptive behavior will not be tolerated. Students in this class will be treated with respect and courtesy, and the same is expected in return. Chit-chat, use of cell phones (either talking or texting), listening to MP3 players, late arrivals, sleeping, or the use of threatening language or profanity are examples of unacceptable behavior. Severe or repeated disruptive behavior will be reported to the Office of Student Conduct for disciplinary action. If you must come late to class, please be sure to take the first available seat at the front of the class so that you minimize disruptions to the ongoing class.

Non-discrimination Policy

I support the University's policies on equal educational opportunity for all. Each student in the course should expect to be treated with respect by the instructor and fellow students at all times, and discriminatory behavior will not be tolerated. If you feel discriminated against in any way, please notify the instructor immediately.

Calendar

Day	Date	Торіс	Required Reading
Mon	Aug 22	Introduction to Course, Understanding Psychopathology	None
Wed	Aug 24	Historical Context of Abnormal Psychology, Definitions of Psychopathology	Chapter 1
Fri	Aug 26	Introduction to sections	None
Mon	Aug 29	Integrative Approaches to Psychopathology	Chapter 2
Wed	Aug 31	Integrative Approaches to Psychopathology (cont'd)	Chapter 2
Fri	Sep 2	Integrative Model	Case 1: Generalized Anxiety Disorder
Mon	Sep 5	University Holiday - No classes	
Wed	Sep 7	Clinical Assessment & Diagnosis	Chapter 3
Fri	Sep 9	Assessment & Diagnosis	Case 8: Dissociative Identity Disorder
Mon	Sep 12	Research Methods	Chapter 4
Wed	Sep 14	Anxiety Disorders: Description	Chapter 5
Fri	Sep 16	Post-Traumatic Stress Disorder (PTSD)	Case #4: PTSD
Mon	Sep 19	Exam #1 Chapters 1-4; Cases 1, 8	Chapter 5
Wed	Sep 21	Anxiety Disorders: Etiology	Chapter 5
Fri	Sep 23	Panic Disorder	Case #2: Panic Disorder with Agoraphobia
Mon	Sep 26	Anxiety Disorders: Treatment	Chapter 5
Wed	Sep 28	Mood Disorders & Suicide: Description	Chapter 7
Fri	Sep 30	Mood Disorders	Case #9: Major Depression
Mon	Oct 3	Mood Disorders: Etiology PAPER OUTLINE WITH 4 REFERENCES DUE BEGINNING OF CLASS	Chapter 7
Wed	Oct 5	Mood Disorders: Treatment	Chapter 7
Fri	Oct 7	Mood Disorders	Case #10: Bipolar Disorder
Mon	Oct 10	Eating & Sleeping Disorders	Chapter 8
Wed	Oct 12	Eating & Sleeping Disorders	Chapter 8
Fri	Oct 14	FALL BREAK - NO CLASS	
Mon	Oct 17	Substance Related & Impulse-Control Disorders: Description & Etiology	Chapter 11
Wed	Oct 19	Substance Related & Impulse-Control Disorders:	Chapter 11

		Treatment	
Fri	Oct 21	Bulimia Nervosa, Anorexia Nervosa	Case #11 Bulimia Nervosa Case #12 Anorexia Nervosa
Mon	Oct 24	Exam II - Chapters 5, 7, 8; Cases 2, 4, 9, 10, 11 & 12	
Wed	Oct 26	Substance Related & Impulse-Control Disorders	Chapter 11
Fri	Oct 28	Substance Related & Impulse-Control Disorders	Case #14: Alcohol Dependence
Mon	Oct 31	Substance Related & Impulse-Control Disorders	Chapter 11
		Schizophrenia & Other Psychotic Disorders: Description	Chapter 13
		PAPER DUE BEGINNING OF CLASS	
Wed	Nov 2	Schizophrenia & Other Psychotic Disorders: Description	Chapter 13
Fri	Nov 4	Schizophrenia & Other Psychotic Disorders	Case #16 Schizophrenia
Mon	Nov 7	Schizophrenia & Other Psychotic Disorders: Etiology and Treatment	Chapter 13
Wed	Nov 9	Personality Disorders	Chapter 12
Fri	Nov 11	Personality Disorders	Case #15: Borderline Personality Disorder
Mon	Nov 14	Personality Disorders	Chapter 12
Wed	Nov 16	Developmental Disorders	Chapter 14
Fri	Nov 18	Developmental Disorders	Case #17: Autistic Disorder
Mon	Nov 21	Exam III - Chapters 11, 12, 13; Cases 14, 15, 16	
Wed	Nov 23	Thanksgiving Holiday - No class	
Fri	Nov 25	Thanksgiving Holiday - No class	
Mon	Nov 28	Developmental Disorders (cont'd)	Chapter 14
Wed	Nov 30	Cognitive Disorders (cont'd)	Chapter 15
Fri	Dec 2	Cognitive Disorders	
Mon	Dec 5	Cognitive Disorders (cont'd)	Chapter 15
		Mental Health Services: Legal & Ethical Issues	Chapter 16
Wed	Dec 7	Mental Health Services: Legal & Ethical Issues	Chapter 16
Fri	Dec 9	Review for Final Exam	
Mon	Dec 12	FINAL EXAM (EXAM #4)	8:00A, LSW 202