gun violence

in America

briefing books

policy recommendations

Unbiased information on the contributing factors to gun violence in America.
PEMD
Public Education and Media Dissemination

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CUN VIOLENCE IN AMERICA

BRIEFING BOOKS

ABC is dedicated to bridging communication between scientific and clinical members and the media as well as the public.
The Briefing Books initiative is the brainchild of David Teisl, CAE, Director of Communications & Deputy Director at ABCT, and Emily L. Filseth, Ph.D., ABPP, of the Public Education and Media Dissemination (PEMD) committee.

The Briefing Books project provides journalists and members of the public with accessible and evidence-based information. PEMD The committee is responsible for all ABCT outreach to public and journalists.

In addition, it coordinates projects with the Publications Committee and handles press relations for ABCT.

The driving force behind Briefing Books was the desire to provide resources for media and the public who want quick access to materials that explain surrounding evidence-based treatments for recommendations relating to major topics of mental health.
LOVE
SHOULDN'T
HURT
ABOUT US

A premier organization for everything CBT 65 years of evidence-based research and practice. Welcome to the Association for Behavioral and Cognitive Therapies (ABCT). ABCT and its members strive to alleviate human suffering through the application of scientific principles.

The Association for Behavioral and Cognitive Therapies (ABCT) is a multidisciplinary organization committed to the enhancement of health and well-being by advancing the scientific understanding, assessment, prevention, and treatment of human problems through the global application of behavioral, cognitive, and biological evidence-based principles.

ABCT is committed to a policy of equal opportunity in all its activities, including employment. ABCT does not discriminate based on race, color, creed, religion, national or ethnic origin, sex, sexual orientation, gender identity or expression, age, disability, or veteran status.
We support our mission by

- responding to media inquiries about CBT-related topics by connecting interested journalists, writers, and producers with relevant ABCT experts.
- develop initiatives to assist ABCT members in communicating with the public about science and evidence-based practice. Possible videos.
- develop resources to help communicate with the media for ABCT members, journalists, and the public at large offer compendiums of relevant resources ("Briefing Books") that provide information about the current science presented in layman’s terms.
NO HUMAN BEING IS ILLEGAL
Association for Behavioral and Cognitive Therapies (ABCT) would like to thank our dedicated contributors without whom this project could not have happened. Our organization is strengthened by your contribution and commitment to supporting our mission and vision.

The wider community benefits daily from your efforts to support evidence-based research and your commitment to those in your care.
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BRIEFING BOOK 2021
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- ABCT.ORG
Welcome to the 2021 edition of the Briefing Books (BB) initiative. The BB initiative is an effort by the Association for Behavioral and Cognitive Therapies (ABCT) to provide easily accessible information on a range of temporally sensitive topics that affect everyone.

Following on from our 2020 edition on Suicide Across the Lifespan, this year we are exploring another sensitive and sensitive topic - gun violence.

ABCT will look to add additional topics in the coming months and years on topics that are of interest to our community.
Community violence is exacerbated by firearm policies that facilitate access to guns and perpetuate gun violence.
SYSTEM CHANGE
NOW
Our second Briefing Book is being released at a time when our communities continue to experience unprecedented turmoil. The global coronavirus persists, and although the availability of vaccination has enabled many restrictions that were in place in 2020 to be lifted, all Americans are trying to make sense of the amplified political, economic, social, and racial tensions of the last few years.

Underfunded schools, cuts in healthcare, social and economic inequalities, paired with discriminatory policies, exclusionary social zoning, and financial redlining, have created a perfect storm for civil unrest and violence.

The violence is exacerbated by firearm policies that facilitate access to guns and perpetuate gun violence.

Regrettably every year thousands of Americans die from firearms, be it through suicide, police brutality, or the headline-grabbing mass shootings including the Tree of Life synagogue on my birthday in 2018.

As a mother, the statistics that every day 50 American children aged 0 to 17 years are shot with a firearm and that every 2 hours and 36 minutes a child dies, is heartbreaking.

The widespread nature of gun violence, and the urgent need for unbiased information on the contributing, exacerbating, and perpetuating factors for gun violence, we decided to devote the topic of our 2021 Briefing Books series to gun violence in America.
A Legacy of Systemic Discriminatory Policies

Racial Inequity

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#BLACK LIVES MATTER
COMMUNITY IMPACT

RACIAL INEQUITY

LEGACIES OF A BRUTAL PAST

Any discussion on the consequences of changes to gun legislation is not comprehensive without a discussion on the impact on communities.

In essence, community gun violence refers to any form of interpersonal gun-related violence that occurs between individuals that are not intimately related.

In the United States, community gun violence is regrettable routine in communities already struggling with economic and social inequalities, that result in unsafe housing, impoverished school systems, and a failing economy.

In many instances, these inequalities are a result of systemic discriminatory policies, exclusionary social zoning, financial redlining, and racial inequality. Moreover, these under-resourced neighborhoods predominantly include Hispanic/Latino residents.

In the US, community gun violence is regrettable routine in many under-resourced Hispanic/Latino communities. Most community homicides are a result of gun violence, and they occur in parks, on street corners, and on front porches across the US.

Despite efforts to address firearm homicide rates, they remain at historic highs: 2017 was the deadliest year, followed by 2016, 2019, and 2018.
FIREARMS DEATHS

Associated with close to half of all deaths

Although community gun violence occurs across the US, the prevalence is higher in a small group of 117 cities, which represent 50% of all firearm homicides. The idea that community gun violence only occurs in large cities is inaccurate.

The murder rate in New York City, with a population of 8.49 million, is 3.4 per 100,000 people. In comparison, St. Louis, Missouri has a murder rate of 68.4 per 100,000.

Urbanization does not appear to be a contributing factor to the homicide rate, as 70% of counties with the highest homicide rate are classified as rural, and 80% as metropolitan.

When the population size is taken into account, the homicide rate is greatest in sparsely populated rural counties. To underscore the association between race and homicide rates, 85% are in the South, where racial inequities are more prominent.
The CDC reports that the likelihood of homicide for a Black American is 10x greater than for a White American. Young Black males aged 15 to 34 years represent 2% of the US population but represent 37% of all firearm homicides. Gun homicide is the leading cause of death for young Black males. Young Hispanic/Latino Americans are 2x more likely to die from gun-related homicide than White. Firearm homicide is the second leading cause of mortality for Hispanic/Latino males aged 15 to 34 years.
Communities with high gun violence have a range of systemic adversities, including unemployment rates close to 70%, compared to the national average of 8%. The lack of employment opportunities is exacerbated by the absence of professional or vocational training due to chronic underinvestment. School districts in communities of color receive less local and state government funding than the majority of white districts, estimated at $23 billion less annually, which serves to perpetuate socioeconomic equality across generations.
Although firearm homicide is almost exclusively a male phenomenon, Black females are 4x more likely to be killed than White females, but if aged 15 to 24 years, Black females are 7x more likely to die from gun violence than a White female teen or young adult. Young Hispanic/Latino Americans are 2x as likely to die from gun-related homicide than Whites. Like Black females, the risk of firearm homicide is impacted for Hispanic/Latina females aged 15 to 24 years, with a 2x greater risk than White females.
EROSION OF TRUST

BIASED LAW ENFORCEMENT LEADING TO QUESTIONABLE POLICE LEGITIMACY

Police brutality refers to police action that dehumanizes the victim. It includes psychological intimidation, verbal assault, and physical violence.

For communities to thrive a trust in community infrastructure critical. That infrastructure includes law enforcement.

In communities where trust in law enforcement and police legitimacy is part of the fabric of its society, citizens are more willing to involve formal channels to feel protected, support conflict resolution, and ward off potential criminal activity.

In communities that are disproportionately exposed to police intimidation, violence, and brutality, and where law enforcement is associated with discriminatory behaviors, the consequence is hesitation to seek support from the police, increasing odds of community gun violence.

These practices serve to perpetuate a vicious cycle of overly aggressive policing and greater distrust and decreased cooperation with law enforcement.
Research has shown that Black males are more likely to experience prejudiced behavior and attitudes by police compared to Whites, including more frequent stoppage, the likelihood of being shot, arrests, and denial of bail. This does not occur in a vacuum. During the period of American slavery, it was crucial for the institution to prevent enslaved Africans from fleeing.

Slave patrols were organized groups of armed men who had the formal responsibility to routinely police enslaved persons using whippings, castrations, and lynchings. Indeed, present-day routine searching, questioning, and arresting of Black and Latinx persons are an extension of our country’s history. Distrust in the police is deeply rooted in this history.
The inherent distrust in law enforcement extends to the judicial system, and Black males are more likely to be wrongly convicted and receive longer sentences. In communities where policy legitimacy comes into question and homicides occur due to racism, an erosion of trust follows and has been shown to lead to a reduction in the number of 911 calls by residents and a 32% increase in homicides. In 45% of Black and Hispanic/Latino neighborhoods, gun violence is a concern, compared to 27% of predominantly White communities. Exposure to violence has been shown to be a strong predictor of subsequent engagement in gun-related criminal activity.
Community gun violence perpetuates and exacerbates pre-existing disadvantages both in terms of community resources and health inequity.

Research shows that gun violence has a significant negative impact on health and wellbeing. The physical injuries associated with bullet wounds are frequently fatal, but the long-term morbidity in many ways is far more insidious as it affects not just the individual, but their families, and all those living in its vicinity.

Experiencing community gun violence directly or indirectly poses substantial psychological strain and is strongly correlated with a range of psychiatric disorders such as anxiety, depression, and post-traumatic stress disorder.
COMMUNITY GUN VIOLENCE LEADS TO SIGNIFICANT PSYCHOLOGICAL DISTRESS

In 2020, an average of 358 Americans was impacted daily by gun violence - 316 adults and 22 children, with Black and Hispanic/Latino making up the majority. The impact of gun violence includes physical, emotional, sexual violence, verbal, and psychological intimidation. In Black and Hispanic/Latino communities, 27% of adults have witnessed a shooting, and 29% lost a loved one to a firearm.

Exposure to gun violence, including witnessing an assault, shooting, hearing gunshots, or losing a loved one to a firearm, is associated with a negative impact on short- and long-term health and wellbeing. Up to 95% of children in under-resourced communities have experienced gun violence, and 65% report significant levels of distress.

Violence or the fear of violence causes significant levels of stress, and chronic stress is associated with abnormal brain maturation and neuronal pruning that results in impaired cognitive and emotional development.

Untreated chronic stress is a strong risk factor for a range of psychiatric disorders - depression, anxiety, post-traumatic stress (PTSD), alcohol, and substance use.

In addition, chronic stress is associated with a higher prevalence of lifestyle disorders such as cardiovascular disease, type II diabetes, stroke, cancer, premature aging, and mortality. Gun violence leads to children being fearful of leaving their homes, avoiding public places like parks, limiting their physical activity, avoiding travel that may lead to low school attendance and performance.

Fear generates aggressive attitudes, antisocial behaviors, and demeanor that lead to poor neighborhood relationships and isolation. An environment that prevents the development of social connection, civic involvement, and community building serves to exacerbate the impact of chronic stress, violence, and poverty.

The lack of trust in institutions leads some residents to opt to carry guns to mitigate their level of fear and anxiety, further perpetuating the potential for gun-related violence.
ON AVERAGE DAILY

338

Americans are impacted by gun violence. Experiencing physical, emotional, sexual, verbal, and psychological intimidation, with the majority being Black and Hispanic/Latino.
PSYCHOLOGICAL IMPACT

MENTAL HEALTH NEEDS

The strong association between police brutality, gun violence, and stress has led some researchers to suggest that police brutality is a social determinant of health.

The anger, grief, and hopelessness that Black and Hispanic/Latino Americans feel further amplify the impact of stress on health and wellbeing.

The lack of social discourse and predominant underreporting to police brutality cause additional burden, even if the experiences are not happening in the community but are being reported in the media.

Furthermore, gun violence and brutality directed primarily at non-White communities serve to perpetuate racism and rekindle the history of racial oppression.

Police encounters have an impact on mental health, and negative encounters with police are associated with a greater prevalence of depression and anxiety.

The impact of negative police encounters is more pronounced in Blacks and Latinxs than Whites. Some researchers have highlighted the negative impact of the anticipatory stress associated with the potential for police brutality amongst Black and Hispanic/Latino Americans. The fear of becoming a victim of police brutality is powerful enough to be associated with a greater likelihood of depression and anxiety.

An important indicator of mental health status is the perception of how mental health needs were met by mental health services; if the perception is negative and that mental health needs were not met, the experience may become a barrier to accessing care in the future.

The impact of unmet health needs extends to reduced quality of life, greater healthcare utilization, particularly emergency room visits, substance use, and related psychiatric disorders.

In addition, unmet health care needs are correlated with loss in productivity and reduced life expectancy.

Research has shown that necessary policy exchanges that resulted in negative police encounters were associated with increased odds of reported unmet needs compared to Americans with no experiences of negative police encounters.

The odds were even greater in circumstances where negative police encounters were a result of unnecessary police encounters.

In contrast, when police encounters were positive, even if they were unnecessary, the odds of unmet needs being reported were reduced.

Unnecessary police encounters that resulted in negative encounters were associated with medical mistrust, highlighting the impact of police mistrust on the likelihood of seeking and trusting doctors and allied medical professionals.
UP TO 95% of children in under-resourced communities have experienced gun violence

AND 65% report significant levels of distress
SUMMARY

POLICE BRUTALITY BLACK AND LATINX HEALTH

COMMUNITIES WITH FEW RESOURCES AND OPPORTUNITIES ARE PREDOMINANTLY BLACK AND LATINX

The root causes of gun violence are predicated on access to a gun, with factors such as underfunded public housing, underperforming schools, lack of opportunities for employment and training, leading to economic inequality and concentrated poverty further amplifying the problem.

Neighborhoods with a lack of resources and opportunities are disproportionately composed of Black and Latinx residents because of racial residential segregation that has its origins in racialized economic and housing policies.

Movements like Black Lives Matter and Black Lives Matter have highlighted inherent racial biases by police and racism within the law enforcement and criminal justice system.

But they have not been able to erase the feelings of powerlessness that affect well-being in Black communities. Organizations like the American Public Health Association have urged federal, state, and local governments to demilitarize and prevent policing that perpetuates racial inequalities such as racialized stop and frisk and decriminalized loitering and minor traffic violations.

Distrust of police is associated with distrust of other government institutions, including health care, and serves to inhibit communities of color from seeking medical care and assistance for fear of the same behavior.

GUN VIOLENCE PREDICATED ON ACCESSIBILITY AND PERPETUATED BY UNDERFUNDED COMMUNITY ORGANIZATIONS, SCHOOLS, AND ECONOMIC INEQUALITY
RECOMMENDATIONS

RESEARCH URGENTLY NEEDED AND COLLECTION OF COMMUNITY VIOLENCE STATISTICS ACROSS ALL US STATES

The lack of clear data on the impact of police brutality and gun violence is a factor that is contributing to the lack of effective lobbying and policy change. The National Violent Death Reporting System (NVDRS) adopted by some states, is making considerable efforts to estimate the mortality, injury, and disability rates associated with the use of excessive force by the police.

The hope is that more states will participate in the NVDRS process and join federal agencies like the Bureau of Justice Statistics and the National Center for Health Statistics are starting to invest in active and passive data collection on police use of force, to promote fair policing, justice, and population health.

In tandem, qualitative and ethnographic research is critical to further elucidate the impact of gun violence and police brutality. Advocacy and policy development that addresses gun violence and should confront oppression in all its forms and its impact on the health and wellbeing of current and future generations is paramount to promote health equity for all Americans.
CONTACT ABCT PRESS OFFICE

Responsible for all ABCT publications and ABCT's website. Coordinates projects with the Publications Committee.

Handles press relations for ABCT. In Executive Director's extended absence serves as Deputy Director.

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MEDIA FINDING EXPERTS

ABCT has a list of speakers and subject matter experts on topics such as PTSD, anxiety, suicide, and more. Further details are available on the website or by contacting the ABC Press Office.

Central Office
Association for Behavioral and Cognitive Therapies
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Phone: (212) 647 - 1890
FAX: (212) 647-1865
About: Brady Organization research and statistics on gun violence in America and conducts research, community, and community organizing on issues around gun control.
Learn more: www.brady.org

About: Wear Orange raises awareness of the impact of gun violence on communities by calling attention to the impact of guns.
Learn more: www.wearorange.org

About: Everytown for Gun Safety is an American nonprofit organization that advocates for gun control and against gun violence.
Learn more: www.everytown.org

About: Amnesty International is a global organization that campaigns for global human rights, by investigating and exposing the facts of abuse whenever and wherever abuses happen.
Learn more: www.amnesty.org

About: The Educational Fund to Stop Gun Violence is an affiliate charitable organization of the Coalition to Stop Gun Violence. EFSGV identifies and implements evidence-based policy solutions and programs to reduce gun violence in all its forms.
Learn more: www.efsgv.org

About: The Child Welfare League of America is a coalition of private and public agencies that serve children and families across America who are vulnerable. CWLA provides expertise, leadership, and innovation on policies, programs, and practices.
Learn more: www.cwla.org
COMMUNITY RESOURCES

About: Children’s Defense Fund support policies and programs that lift children out of poverty; protect them from abuse and neglect; and ensure their access to health care, quality education and a moral and spiritual foundation.
Learn more: www.childrensdefense.org

About: HealthyChildren.org provides the American Academy of Pediatrics (AAP) approved information on issues relevant to children's development and physical and psychological wellbeing.
Learn more: www.healthychildren.org

About: Firearm Safety Among Children and Teens (FACTS) at the University of Michigan supports research focused on the prevention of firearm injury in children and teens.
Learn more: www.icpsr.umich.edu/web/pages/facts/index.html
JOURNALISTS RESOURCES

About: New Jersey Gun Violence Research Center, Rutgers School of Public Health, provides high-quality, multi-disciplinary research on gun violence causality and prevention and translates this research into clear and actionable policies and programs.
Learn more: gunviolenceresearchcenter.rutgers.edu

About: Centers for Disease Control, conducts research and disseminates information on firearm violence and prevention.
Learn more: www.cdc.gov/violenceprevention/firearms/

About: Prevention Institute is a national nonprofit whose mission is to build prevention and health equity to ensure the places where all people live, work, play, and learn foster health, safety, and wellbeing.
Learn more: www.preventioninstitute.org

About: The American Academy of Child and Adolescent Psychiatry provides a range of resources on the psychiatric impact of stressful circumstances for children, including an extensive library on guns and violence.
Learn more: www.aacap.org

About: The RAND Corporation provides research data and an extensive library on guns and violence. RAND's reports are free to download from anywhere in the world.
Learn more: www.aacap.org

About: The Gun Violence Archive (GVA) provides freely accessible research data and reports on gun violence, including mass shootings and Police related fatalities.
Learn more: www.gunviolencearchive.org
GUN VIOLENCE

STATISTICS

The association of suicidal ideation with firearm purchasing during a firearm purchasing surge

Michael D. Anestis, PhD, Shelley L. Bandel, MS, Allison E. Bond, MPH. The association of suicidal ideation with firearm purchasing during a firearm purchasing surge. JAMA Network Open, 2021, 4(10), e2132111-e2132111.

RUTGERS UNIVERSITY
New Jersey Gun Violence Research Center

An examination of preferred messengers on firearm safety for suicide prevention

What was found?

- Firearm owners and non-firearm owners:
  - Top three most credible sources to discuss firearm safety for suicide prevention: law enforcement, current military personnel, and medical professionals.

- Least credible sources to discuss firearm safety for suicide prevention: celebrities, acquaintances, and religious leaders.

- Additional findings:
  - Women and Black respondents significantly differed on their average ratings of law enforcement, current military personnel, the national rifle association, and friends or counselors as credible messengers.

What does it mean?

The similar ranking of the top three sources shows that the groups agree on the relative credibility of many sources, but the average level of credibility for particular sources varies. The findings highlight that the effectiveness of messaging on firearm safety for suicide prevention may depend on the identity of the individual delivering the message. Not every individual will find the same messenger equally credible, even if the message itself remains the same. It is vital to ensure that both the content of the message and the individual delivering the message reflect the needs and perspective of the intended audience.
Firearm type and number: Examining differences among firearm owning suicide decedents

Among firearm owners, are the type of firearm owned and the number of firearms owned associated with dying by suicide using a firearm rather than by another method?

Participants

112 suicide decedents who owned at least one firearm

91.7% male

88.8% of handgun owning suicide decedents died by self-inflicted gunshot wound

What was found?

Handgun ownership was associated with having died by suicide using a firearm.

51.8% of shotgun owning suicide decedents died using a firearm and the large majority of shotgun owners also owned handguns. The number of firearms owned was inversely associated with dying by suicide using a firearm.

What do the findings mean?

For example... If handguns are owned primarily for protection, they may be stored unused, and therefore be more easily accessible during a time of crisis. Safe storage of all firearms should be encouraged in order to put time and distance between an individual in crisis and the most lethal method for suicide.

Conclusions

The findings suggest that firearm ownership in our sample involved an increased risk rather than decreased risk. Even for all firearm owners who died by suicide using a firearm. It appears that handgun ownership is particularly relevant to the decision to use a firearm, perhaps because they are more easily accessible, or are in a state of acute mental illness, and are likely more likely to make a suicide attempt with them than with another weapon. It is important to understand the reasons for ownership and how it may affect access to a firearm.

Please cite this article as: Bond, A. E., & Anestis, M. D. (2021). Firearm type and number: Examining differences among firearm owning suicide decedents. Archives of Suicide Research.
Firearm Safety for Families

Studies show children are naturally curious, even about a firearm they’ve been warned not to touch. Kids are safer when: Firearms are in a lockbox or safe, unloaded. Ammunition is locked away separately. Kids are safest when: firearms are stored outside the home.

Keep the “safe” in firearm safety

Hiding a gun is not enough! Kids are curious, and studies show they usually know where a family keeps a gun.

Gun safes can lower the risk a curious child will be hurt:

- Safe or lockbox for handguns
- Locked gun safe for rifles
- Gun trigger locks—ineffective and effective
- Lock box for ammo

Fast Facts: 2019 and 5-Year Averages

Gun Deaths, 2019

In 2019, nearly 40,000 Americans were killed by gun violence, including over 14,400 by homicide and nearly 24,000 by suicide. Gun violence killed nearly 109 Americans daily, including 39 by homicide and 66 by suicide. This is a horrifying reality for our country -- one we must change.

<table>
<thead>
<tr>
<th></th>
<th>Gun deaths total, 2019</th>
<th>Average daily gun deaths, 2019</th>
<th>Gun death rate, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homicide</td>
<td>14,414</td>
<td>39</td>
<td>4.59</td>
</tr>
<tr>
<td>Suicide</td>
<td>23,941</td>
<td>66</td>
<td>6.84</td>
</tr>
<tr>
<td>Unintentional</td>
<td>486</td>
<td>1</td>
<td>0.16</td>
</tr>
<tr>
<td><strong>Legal Intervention</strong></td>
<td>520</td>
<td>1</td>
<td>0.17</td>
</tr>
<tr>
<td>Undetermined Intent</td>
<td>346</td>
<td>1</td>
<td>0.09</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>39,707</td>
<td>109</td>
<td>11.86</td>
</tr>
</tbody>
</table>

Note: Rates listed are age-adjusted to allow for accurate comparisons between populations with different age distributions.
**A cautionary note about “legal intervention” data: Strong evidence shows that the government’s data (including the CDC data presented here) likely undercounts police-involved injuries and deaths.** To address this gap, several media outlets have tracked police-involved shootings in recent years, most notably the Washington Post’s Fatal Force database, finding more than double the number of police-involved fatal shootings than are reported in FBI and CDC databases. The Fatal Force database reported that 999 and 1,000 Americans were shot and killed by police in 2019 and 2020 respectively, nearly double the number that the CDC reported. Ultimately, better data on police-involved injuries and deaths are sorely needed. Compilatory and comprehensive data collection at the local level, reporting to the federal government, and transparency in the public dissemination of data will be critical for understanding this unique kind of gun violence and developing evidence-based solutions to minimize police-involved shootings.

Gun Deaths Among Children and Teens, 2019

Tragically, more than 3,300 children and teens (ages 0-19) were killed by gun violence in 2019, including over 2,000 by homicide and 1,100 by suicide. An average of nine children and teens were killed by gun violence daily in 2019, including six by homicide and three by suicide.

<table>
<thead>
<tr>
<th></th>
<th>Child and teen gun deaths total, 2019</th>
<th>Average daily child and teen gun deaths, 2019</th>
<th>Child and teen gun death rate, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homicide</td>
<td>2,023</td>
<td>6</td>
<td>2.48</td>
</tr>
<tr>
<td>Suicide</td>
<td>1,167</td>
<td>3</td>
<td>1.43</td>
</tr>
<tr>
<td>Unintentional</td>
<td>117</td>
<td>&lt;1</td>
<td>0.14</td>
</tr>
<tr>
<td><strong>Legal Intervention</strong></td>
<td>19</td>
<td>&lt;1</td>
<td>Unreliable</td>
</tr>
<tr>
<td>Undetermined Intent</td>
<td>64</td>
<td>&lt;1</td>
<td>0.08</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>3,390</td>
<td>9</td>
<td>4.15</td>
</tr>
</tbody>
</table>

The following averages are based on the most recent five years of CDC data, 2015-2019.

### Average Number of Gun Deaths, 2015-2019

Every year from 2015 through 2019, an average of nearly 40,000 Americans were killed by guns, including over 14,000 by homicide and 23,000 by suicide. This totals more than 100 gun deaths every single day.

<table>
<thead>
<tr>
<th></th>
<th>Average annual gun deaths, 2015-2019</th>
<th>Average daily gun deaths, 2015-2019</th>
<th>Average gun death rate, 2015-2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homicide</td>
<td>14,062</td>
<td>39</td>
<td>4.51</td>
</tr>
<tr>
<td>Suicide</td>
<td>23,437</td>
<td>64</td>
<td>6.80</td>
</tr>
<tr>
<td>Unintentional</td>
<td>483</td>
<td>1</td>
<td>0.15</td>
</tr>
<tr>
<td>Legal Intervention</td>
<td>521</td>
<td>1</td>
<td>0.17</td>
</tr>
<tr>
<td>Undetermined Intent</td>
<td>324</td>
<td>&lt;1</td>
<td>0.09</td>
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<tr>
<td><strong>Total</strong></td>
<td>38,826</td>
<td>106</td>
<td>11.73</td>
</tr>
</tbody>
</table>

Note: Rates listed are age-adjusted to allow for accurate comparisons between populations with different age distributions.

### Average Number of Gun Deaths Among Children and Teens, 2015-2019

On average, over 3,200 children and teens (ages 0-19) were killed by guns annually from 2015-2019, including over 1,800 by homicide, 1,100 by suicide, and 115 unintentionally. Nine children and teens died from gun violence every day.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Homicide</td>
<td>1.855</td>
<td>5</td>
<td>2.26</td>
</tr>
<tr>
<td>Suicide</td>
<td>1.176</td>
<td>3</td>
<td>1.43</td>
</tr>
<tr>
<td>Unintentional</td>
<td>115</td>
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Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
Gun Deaths in the United States: 2019 and Trends Over Time

Gun violence was a leading cause of death in 2019. On average, 109 individuals died from gun violence every day in 2019. For the year in total:

- 39,707 people died from gun violence in the U.S., a small decrease of 39 gun deaths from 2018. 2,112 more Americans died by gun violence (39,707) than by car crashes (37,595).

- It was the third consecutive year of nearly 40,000 gun deaths, capping a decade during which the overall gun death rate increased 17% (10.1 to 11.86 deaths per 100,000, age-adjusted, 2010-2019).

- Males were disproportionately impacted across all forms of gun violence and accounted for 86% of gun death victims. Black males were at especially high risk, with the highest rate of gun death among demographic groups (43.09 deaths per 100,000).

Gun violence comes in many forms and that was true in 2019:

- The proportion of homicides upticked slightly as compared to the previous year, representing 36% of all gun deaths. More than 14,400 individuals were firearm homicide victims in 2019, including 2,023 children and teens (ages 0-19). This equated to an average of 39 firearm homicides every day.

- Suicides continued to make up 60% of all gun deaths. Nearly 24,000 individuals died by firearm suicide, including 1,167 children and teens (ages 0-19). This equated to an average of 66 lives lost every day.

- While the majority of gun deaths are homicides and suicides (combined 96%), people died by other forms of gun violence too, including unintentional, legal intervention, and undetermined intent.

![Figure 1: Number of Gun Deaths by Intent, 2019]

- 60.3% Suicide
- 36.3% Homicide
- 1.2% Unintentional
- 0% Undetermined
- 1.3% Legal Intervention

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
The Lethality and Accessibility of Firearms Drives Up Homicides and Suicides

Due to their high lethality and ease of accessibility, firearms are often the method of choice for both homicides and suicides.

FIGURE 2
Homicide and Suicide by Injury Method (Firearm v. Non-Firearm), 2019

In 2019, 75% of all homicides were committed by firearm:

- While only 22% of attempted homicides with a gun are lethal, guns are still an incredibly lethal means that may also result in nonfatal but very serious injuries.⁵
- Guns are used in homicides nearly nine times more than the second most common method of homicide (cutting/piercing) and more than 30 times more than suffocation.

In 2019, 50% of all suicides involved firearms:

- While poisoning is the most commonly used suicide attempt method (used in approximately 60% of all suicidal acts), firearms, which account for less than 10% of all suicidal acts,⁶ account for half of all suicide deaths.
- While poisoning is lethal less than 3% of the time, 90% of suicide attempts involving firearms are lethal.⁷
- The second most lethal suicide attempt method is drowning (56% of suicidal acts by drowning result in death), yet it is far less likely to happen.⁸ There were nearly 46 times more firearm suicide deaths than deaths by drowning in 2019.

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⁷ Ibid.
⁸ Ibid.
FIGURE 3
Homicide Rates, by Method, 2019

- Firearm
- Cut/Pierce
- Unspecified Injury
- Specified (not elsewhere classified) Injury
- Suffocation
- Other specified, classifiable injury
- Struck by or against
- Poisoning
- Fire/Flame
- Drowning
- Other land transport

Age adjusted rate per 100,000

FIGURE 4
Suicide Rates, by Method, 2019

- Firearm
- Suffocation
- Poisoning
- Fall
- Cut/Pierce
- Other specified, classifiable Injury
- Drowning
- Other land transport
- Fire/Flame
- Specified (not elsewhere classified) Injury

Age adjusted rate per 100,000

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
Two Decades of Gun Violence

One way to better understand gun violence is to explore its changes and impacts on communities over time. By examining the last two decades of gun death data, we see that gun violence deaths have escalated in recent years, driven by a significant spike in firearm homicides and steady growth in firearm suicides.

**Gun Violence Trends, 2000-2019**

Nearly 40,000 people died by gun violence in 2019, part of a three-year-cluster in which there were nearly 40,000 annual gun deaths. This capped a two-decade period during which nearly 570,000 lives were lost to gun violence—similar to the entire population of Wyoming.

- Over the last 20 years, the most recent five years have been the deadliest. The highest gun death rate occurred in 2017, followed by 2018, 2019, 2016, and 2015.
- The largest single-year increase in the overall gun death rate was from 2014 to 2015; this substantial 7.3% jump can be directly attributed to the astronomical increase in the firearm homicide rate that year.
- The lowest gun death rate over the last 20 years occurred in 2004, 13 years prior to the peak. The next lowest gun death rates occurred in 2009, 2010, 2000, and 2011.
- The increase from the lowest to highest gun death rate (occurring in 2004 and 2017, respectively) was 20%.

**Firearm Homicide Trends, 2000-2019**

More than 14,000 people were killed by firearm homicide in 2019, capping two decades during which more than 200,000 lives were lost to firearm homicide, more Americans than were lost in World War I and Vietnam combined.

- After years of decline (from 2006-2011), the firearm homicide rate fluctuated before an astronomical rise from 2014 to 2015.
- Over the last 20 years, the most recent four years have been the deadliest. The highest firearm homicide rate occurred in 2017, followed by 2016, 2019, 2018, and 2006.
- The largest single-year increase in the firearm homicide rate was from 2014 to 2015, when the rate increased 18%. Another substantial jump in the firearm homicide rate occurred the following year, from 2015 to 2016, when the rate increased 11%.
- The lowest firearm homicide rate over the last 20 years was in 2014, three years prior to the peak. The next lowest firearm homicide rates occurred in 2011, 2013, 2010, and 2000.
- The increase from the lowest to highest firearm homicide rate (occurring in 2014 and 2017, respectively) was 31%.

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV). 2021
Firearm Suicide Trends, 2000-2019

Nearly 24,000 Americans died by firearm suicide in 2019, capping two decades during which more than 340,000 people were lost to firearm suicide, 50,000 more than the number of U.S. troops killed in World War II.

- Overall, the firearm suicide epidemic has been growing, despite the year 2019 showing a slight reprieve, with the rate dropping by nearly 3% from 2018.
- Over the last 20 years, the most recent five years have been the deadliest. The highest firearm suicide rate occurred in 2018, followed by 2017, 2019, 2016, and 2015.
- The largest single-year increase in the firearm suicide rate was from 2015 to 2016, when the rate increased 3.7%. The single-year increase was similar (3.6%) from 2007 to 2008. The change in the firearm suicide rate from year to year has been consistently and steadily increasing, with only a few exceptions.
- The lowest firearm suicide rate over the last 20 years occurred in 2006, 12 years prior to the peak. The next lowest gun death rates occurred at the start of the new millennium, in 2007, 2004, 2005, and 2003.
- The increase from the lowest to highest firearm suicide rate (occurring in 2006 and 2018, respectively) was 27%.

FIGURE 6

Gun Death Rates by Intent, 2000-2019

Disproportionate Impacts

**Gun Violence Overall by Demographics**

While nobody is immune from gun violence, some demographic groups are at much higher risk than others:

- **By sex:**
  - Males are six times more likely to die by gun violence (any intent) than females, making up 86% of U.S. firearm deaths in 2019 (84% of homicides and 87% of suicides).

- **By age:**
  - Gun deaths impact both younger and older generations. In fact, the age groups most impacted by gun deaths are young adults (ages 15-34) followed by older adults (ages 75 and older). This is primarily due to homicide victims being disproportionately young and suicide decedents skewing more elderly.

- **By race/ethnicity among males:**
  - Black males are disproportionately impacted and have by far the highest rate of gun death, nearly twice as high (1.8x) as the second-highest (and also disproportional) rate of gun death among American Indian/Alaska Native males. Continuing in order descending by rate are White, Latino/Hispanic, and Asian/Pacific Islanders. Black males were more than twice as likely to die by firearms than White males in 2019.

- **By race/ethnicity among females:**
  - The highest firearm death rate is among American Indian/Alaska Natives, followed closely by Black females. Continuing in order descending by rate are White, Latino/Hispanic, and Asian/Pacific Islanders. American Indian/Alaska Native females were 1.4 times more likely to die by firearms than the White females in 2019.

To stop gun violence in all its forms, broad prevention efforts to reduce risk to the population as a whole must be implemented together with tailored solutions for high-risk populations. Understanding how risk differs across the population by sex, race/ethnicity, and age, and broken down by gun death intent (homicide and suicide), is critical for designing these interventions.

**Demographic categories:**
The CDC WONDER database allows mortality data to be broken down into the following demographic categories: age, sex, race, and Hispanic origin. The four race categories are American Indian or Alaskan Native, Asian or Pacific Islander, Black or African American, and White. Hispanic origin is considered an ethnicity, which is why it is not considered a race category. For example, a person may be classified as American Indian/Alaskan Native and Hispanic, Asian and Hispanic, Black and Hispanic, or White and Hispanic. Hispanic origin is classified as "Hispanic or Latino" or "Not Hispanic or Latino."

For our analysis, we chose to use "Hispanic or Latino" as a distinct category regardless of race, and selected "Not Hispanic or Latino" for each of the race categories. This ensured that individuals were not counted twice in different demographic groups and follows common practice used by the CDC for data analyses.

Sources: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
Homicide by Demographics

There was a 66x difference in risk of firearm homicide between Black males and Asian females (the highest and lowest risk demographics, respectively). A closer look at demographic data reveals:

By sex:
- More than eight in ten U.S. firearm homicide victims were male (84%) in 2019. Males were five times more likely to be victims than females.

By age:
- Firearm homicide victims are disproportionately young. Across the population -- all races combined, all sexes -- the highest risk age for dying by firearm homicide was 15-24 years old. Separated by race/ethnicity, this young age (15-24) is the highest risk age for Black, Hispanic/Latino, and Asian/Pacific Islanders, but the risk is highest at slightly older ages for American Indian/Alaska Native (25-34) and White (35-44) populations.

By race/ethnicity among males:
- Fifty-three % of all firearm homicide victims (63% of male victims) in 2019 were Black males. Across all ages, Black men were nearly 8 times more likely to die by firearm homicide than the general population (all sexes) and 14 times more likely to die by firearm homicide than White men. Black males were followed by (in order of decreasing risk): American Indian/Alaska Native, Latino/Hispanic, White, and Asian/Pacific Islander males.

- Young Black males (15-34) are especially disproportionately impacted, making up 2% of the population but accounting for 57% of all gun homicide fatalities in 2019. Their rate of firearm homicide was more than 20 times higher than White males of the same age group.

By race/ethnicity among females:
- Black females had the highest risk of firearm homicide among females of all other races and ethnicities, followed by (in order of decreasing risk): American Indian/Alaska Native, Latino/Hispanic, White, and Asian/Pacific Islander females. Black females and American Indian/Alaska Native females also were both at greater risk of firearm homicide than both White and Asian/Pacific Islander males. Black females were more than four times more likely to be firearm homicide victims than White females.

Source: A Public Health Crisis Decades in the Making. Educational Fund to Stop Gun Violence (EFSGV), 2021
Suicide by Demographics

There was a 38.5x difference in firearm suicide risk between White men and Asian women (the highest and lowest risk demographics, respectively). A closer look at demographic data reveals:

By sex:
- Nearly nine in ten U.S. firearm suicide decedents are male (87% in 2019), reflecting the increased risk of firearm suicide for males as compared to females across all races/ethnicities and age groups. Males were nearly seven times more likely to die by firearm suicide than females.

By age:
While the overall data shows that firearm suicide victims were disproportionately elderly (75+ is the highest risk age group for the population as a whole), this was skewed by White men, the highest risk demographic.
- The risk for White males increased across the lifespan and peaked at ages 75+.
- Among males of each racial and ethnic identity other than White, the risk of suicide by firearm peaked much younger, among men ages 15-34.
- The risk of firearm suicide for White females peaked at ages 45-54 in 2019.
- Among females of each racial and ethnic identity other than White, the risk of suicide by firearm peaked younger, among women ages 25-34.

By race/ethnicity among males:
- The majority of all firearm suicide decedents are White males (73%). White males had the highest firearm suicide rate overall, followed by (in order of decreasing risk): American Indian/Alaska Native, Black, Latino/Hispanic, and Asian/Pacific Islander males.
- Across all ages, White men were more than twice as likely to die by firearm suicide than the general population (all sexes). American Indian/Alaska Native males also have a disproportionately high rate of firearm suicide (11.16 deaths per 100,000), although there are far fewer suicide deaths among this demographic due to the smaller size of the population as a whole. In 2019, 17,427 White males and 152 American Indian/Alaska males died by firearm suicide.
- White males were at the highest risk for firearm suicide at all ages except 15-34, during which the risk was highest for American Indian/Alaska Native males.

By race/ethnicity among females:
- The majority of all female firearm suicide decedents are White females (86%). White females had the highest firearm suicide rate both overall and within each age group, followed by (in order of decreasing risk): American Indian/Alaska Native, Black, Latino/Hispanic, and Asian/Pacific Islander females.

FIGURE 7
Gun Death Rates by Demographic Groups, 2019

Source: A Public Health Crisis Decades in the Making. Educational Fund to Stop Gun Violence (EFSGV), 2021
Geographic Variations

Overall gun death rates at the state level show substantial variation, such as the seven-fold difference in risk between the states with the lowest and highest overall gun death rates (Massachusetts and Alaska in 2019, respectively). In 2019, by urbanization level:

- The total gun death rate was highest in the most rural counties, driven largely by having the highest rate of firearm suicide as compared to other urbanization levels.
- Homicide rates, on the other hand, were highest in urban counties (large central metro and medium metro counties), but much more evenly distributed across urbanization levels, with a smaller spread between the lowest and highest rates.
- The total gun death rate was lowest in the suburbs (large fringe metro counties), a combination of having the lowest homicide rate and second-lowest suicide rate.

A person’s geographic location is directly connected to the risk of gun violence. For example, in Maryland in 2019, someone living in Baltimore City was 13 times more likely to die by firearm than someone living 40 miles down the road in Montgomery County. Understanding these differences adds critical context to gun violence prevention efforts.

Why use rates of deaths?

While numbers of gun deaths can help illustrate the burden of gun violence in a particular community, because the total population varies significantly by geographic area, firearm death rates (the number of gun deaths per 100,000 total population) provide an important measure for comparison. For example, Cook County (Chicago), Illinois has by far the highest number of firearm homicides out of any county in the country, averaging over 600 each year. However, because Cook County has a population of 5.2 million residents, the firearm homicide rate is lower than many other large metro counties with smaller populations. In fact, Cook County’s firearm homicide rate is, on average, 12.12 deaths per 100,000 people — ranking it 72nd in the country and a fraction of the homicide rate in the highest rate counties, such as Macon County, Alabama, which had the highest firearm homicide rate from 2015-2019 — 44.44 deaths per 100,000 people — an average of eight gun homicides per year in a population less than 20,000 people. Clearly, the sheer number of firearm homicides illustrates that Cook County is in the midst of a gun violence crisis, but this crisis is not unique to Chicago; it is equally devastating in cities across the United States and among more rural counties as well.

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
FIGURE 8
Gun Death Rates by State, Ranked Lowest to Highest, 2019

[Bar chart showing suicide, homicide, and other gun death proportions by state]

Overall Gun Violence Rates Across the States

The five states with the highest overall gun death rates in 2019 were Alaska, Mississippi, Wyoming, New Mexico, and Alabama. Alaska had the highest gun death rate for 7 of the last 10 years, which in 2019 was seven times higher than Massachusetts, which had the lowest rate. Mississippi ranked in the five highest overall gun death rates in the country every year in the last decade, while Alabama and Louisiana did so for all but one year.

On the other end of the spectrum, the five states with the lowest overall gun death rates in 2019 were Massachusetts, New York, New Jersey, Hawaii, and Rhode Island. Hawaii, Massachusetts, New York, and Rhode Island each ranked in the five lowest overall gun death rates for all of the last 10 years.

Figure 8 displays how the 50 states and District of Columbia fared with gun deaths in 2019, ranking them from lowest to highest gun death rate. It additionally shows the proportion of deaths attributed to homicide, suicide, and other intents (law enforcement intervention, unintentional, and unclassified).

**FIGURE 9**

*Gun Death Rates by State, 2019*
A Closer Look: Gun Violence by Intent Across Counties and Urbanization Levels

Looking more closely at gun violence at the county level, separated by intent (homicide and suicide), helps to better understand the burden of gun violence in a specific community. We looked at 2019 data by county urbanization level and individual county data using five-year averages from 2015-2019 (just one year of data would not produce a reliable rate of gun homicide or suicide for comparison).

While county-level data layers valuable context on top of state data, data at an even more local level -- census tracts -- is much needed to truly understand concentrations of gun violence. Because county size varies significantly within and between states, data at this level does not consistently portray the most accurate representation of the local areas most impacted by gun violence. Taking a closer look at Los Angeles (LA) County, CA, which has a population of 10 million, we find that it had 670 firearm homicides in 2019, a rate of 6.47 deaths per 100,000 people, which is above the national average but below the state average. Stopping here, however, would be insufficient, as LA County county comprises neighborhoods and cities with populations larger than many U.S. counties and extremely disparate firearm homicide rates. For example, Burbank and Compton, cities in LA County with populations of approximately 100,000 each, had one and sixteen firearm homicides in 2019, respectively. They shoulder very different burdens of gun violence and require different approaches to prevention.

About urbanization levels:

The CDC classifies counties by level of urbanization using a six-level urban-to-rural classification scheme. The most urban category consists of "central" counties of large metropolitan areas and the most rural category consists of nonmetropolitan "noncore" counties. The six classification levels for counties from most urban to most rural are: large central metro (≥1 million population and covers a principal city), large fringe metro (≥1 million population but does not cover a principal city, akin to suburbs), medium metro (≥250,000 but <1 million population), small metro (<250,000 population), micropolitan (nonmetro; has an urban cluster of ≥10,000 but <50,000 population), and noncore (nonmetro; most rural). See the Glossary for formal definitions of each.

FIGURE 10
Gun Death Rates by Urbanization, 2019

![Graph showing gun death rates by urbanization level in 2019](image)


Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFS GV), 2021
Figure 11

Counties with the Highest Rates of Firearm Homicide and Suicide, 2015-2019

Counties with the Highest Firearm Suicide Rates, 2015-2019

- Park County, CO
- La Paz County, AZ
- Sevier County, UT
- Morgan County, WV
- Lincoln County, MT
- Elko County, NV
- Duchesne County, UT
- Humboldt County, NV
- Silver Bow County, MT
- McDowell County, WV
- Uinta County, WY
- Curry County, OR
- Marion County, AR
- Gunnison County, CO
- Lumpkin County, GA
- Park County, WY
- Macon County, TN
- Dawson County, GA
- Idaho County, ID
- Polk County, AR

Counties with the Highest Firearm Homicide Rates, 2015-2019

- Macon County, AL
- Petersburg City, VA
- St. Louis City, MO
- Phillips County, AR
- Baltimore City, MD
- Dallas County, AL
- Washington County, MS
- Orleans Parish, LA
- Holmes County, MS
- Coahoma County, MS
- Jefferson County, AR
- Leflore County, MS
- Adams County, MS
- Hinds County, MS
- Darville City, VA
- Mississippi County, AR
- Vance County, NC
- Colleton County, SC
- Robeson County, NC
- Hampton County, SC

See appendix 6 for the list of counties with the highest firearm homicide rates and suicides with accompanying data.

Geography of Homicide

By urbanization level:
When clustered by urbanization level, the highest rate of firearm homicide in 2019 was in large central metro counties (most urban), 1.3 times higher than the national average and 1.8 times higher than large fringe metro counties (suburbs), where the homicide rate is lowest. The next highest rates were in medium metro and then noncore metro (most rural) counties. As compared to firearm suicide rates, the firearm homicide rate was more evenly distributed across all types of counties; the difference between the most urban and most rural counties was much smaller, and there was no clear trend to track rates as counties became more rural or urban. Because of their higher rates and large populations, the vast majority — 89% — of firearm homicides occur in metropolitan areas (large, medium, and small metro and large fringe metro).

Looking at specific counties:
When looking at individual counties rather than consolidated by urbanization, a different pattern emerges. Of the 20 counties with the highest rates of firearm homicide, the majority are rural (14/20 were noncore or micropolitan non-metro) and only the remaining 6 are metropolitan (large, medium, and small metro, and large fringe metro). While high rates in sparsely populated counties represent small total numbers of deaths, these rates are alarmingly high and indicate a significant burden on communities. Notably, 19 of the top 20 are in the South.

FIGURE 12
Proportion of Firearm Homicides by Urbanization Level, 2019

- 42.7% Large Central Metro
- 17.7% Large Fringe Metro
- 20.7% Medium Metro
- 7.5% Small Metro
- 6.7% Micropolitan (Nonmetro)
- 4.7% NonCore (Nonmetro)

Sources: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
Geography of Suicide

By urbanization level:
The firearm suicide rate increases as counties become more rural. When clustered by urbanization level, in 2019, noncore (non-metro, most rural) counties had the highest rate of firearm suicide, 1.7 times higher than the national average and 2.6 times higher than large central metro (urban, big city) counties, where the firearm suicide rate was lowest. Because the total population is concentrated in cities and large suburbs as compared to more rural areas, the majority of firearm suicides — 78% — still occur in metropolitan areas (large, medium, and small metro, and large fringe metro), despite the lower rates.

Looking at specific counties:
The 20 counties with the highest rates of firearm suicide from 2015-2019 were mostly rural (17/20 were noncore or micropolitan nonmetro) and nearly all clustered in the Mountain West (12/20) and South (7/20).

See appendix 7 for the list of counties with the highest firearm suicide rates.

FIGURE 13
Proportion of Firearm Suicides by Urbanization Level, 2019

- 20.5% Large Central Metro
- 21.7% Large Fringe Metro
- 23.3% Medium Metro
- 12.4% Small Metro
- 12.1% Micropolitan (Nonmetro)
- 9.9% Noncore (Nonmetro)

Gun Violence as a Leading Cause of Death

A Leading Cause of Death Among Young People

Unlike other leading causes of death, such as cancer or heart disease, gun violence disproportionately impacts children and young adults.

Children and teens 1-19 years:

Firearms were the leading cause of death in 2019 for American children and teens ages 1-19, prematurely taking the lives of nearly 3,400 Americans -- the second-highest total in twenty years -- and accounting for nearly one in ten deaths in this age group. Of these youngest victims, 44% were Black. More than half of all Black teens (15-19) who died in 2019 — a staggering 57% — were killed by gun violence. While suicides are 60% of all gun deaths across the whole U.S. population, homicides are the most common type of gun death among children and teens -- 60% of child and teen gun deaths were homicides and 34% were suicides.

Young adults 20-39 years:

Firearms are the leading cause of death for young adults ages 20-24 as well, accounting for almost one in four deaths in this age group and over half of the deaths among young Black men, specifically. While firearms drop to be the second leading cause of death for the general population for ages 25-34, they hold their position as the leading cause of death among Black men through age 39.

Total population under 40 years:

In total, 19,524 Americans under the age of 40 died by gun violence in 2019 -- 49% of all gun deaths. But while we know the numbers, the loss is immeasurable. When a young person is shot and killed, they lose decades of potential: the potential to grow up, have a family, contribute to society, and pursue their passions in life. Families lose a child, parent, or other loved one; the loss is felt across neighborhoods and communities. Despite the enormous toll gun violence inflicts on Americans, scant attention and only minimal funding is allocated to study and prevent this leading cause of death among young people.

FIGURE 14

Leading Causes of Death for Americans, Ages 1-39

By Injury Mechanism and All Other Leading Causes

Poisoning
Firearm
Motor Vehicle Crash
All other diseases
Cancers
Heart Diseases
Suffocation
Other clinical anomalies
Liver Diseases
Drowning

Number of deaths

Note: We chose not to include infant deaths in our analysis, as infants (under age 1) account for a small share of age-specific causes of death, including perinatal period deaths (stillbirths and deaths in the first 27 days of life) and congenital anomalies (commonly referred to as birth defects). If including infant deaths, the top leading cause of death in 2019 for Americans ages 0-19 is suffocation, starting with the leading cause of death, poisoning, firearm, motor vehicle crash, all other diseases, perinatal period deaths, congenital anomalies, heart diseases, cancers, and other clinical anomalies. In 2019, 12 infant deaths were killed by firearms.

Firearm Fatalities Compared to Other Forms of Fatal Injuries

Injuries make up a substantial burden of premature death in the United States, and among injury mechanisms, firearms are one of the deadliest. In 2019, poisonings, falls, firearms, motor vehicle crashes, and suffocation were the five leading causes of injury-related death. Gun deaths outnumbered all the remaining causes of injury-related death combined.

Compared to car crashes:
The burden of firearm injury is often compared to car crashes, and their numbers are similar. In the last three years, however, for the first time more Americans died by guns than by car crashes (in 2019, 39,707 and 37,595 deaths, respectively). Reducing motor vehicle injuries and their severity has long been a focus of injury prevention policy; while there is clearly more work to do, substantial reductions have been made. A similarly comprehensive approach to gun violence prevention also holds promise.10,11

FIGURE 15
Firearm Deaths and Motor Vehicle Traffic Deaths, 2000-2019

Other notable injury death comparisons:
- 14 times as many Americans died by a gunshot than by cutting/piercing (knife, etc.)
- Nearly 9 times more Americans died by a gunshot than by drowning
- Nearly 13 times more Americans died by a gunshot than in a fire

FIGURE 16
Total Injury Deaths by Mechanism, 2019

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
Policy Recommendations to Stop Gun Violence

Gun violence is an ongoing yet preventable public health tragedy affecting communities all over the United States. It is also a complex issue that requires many approaches to its prevention, starting with the collection and timely dissemination of data. The Coalition to Stop Gun Violence and Educational Fund to Stop Gun Violence are committed to advancing evidence-based policies, programs, and practices and ensuring that these preventative measures are designed and implemented equitably. Fortunately, there are a myriad of effective options at the federal, state, and local levels.

**To improve how firearms data are collected and disseminated, we recommend all levels of government:**

- Collect more comprehensive gun violence data for fatal and non-fatal firearm injuries, shootings that may not involve physical injuries, police-involved shootings, and firearm-involved crimes where no shots were fired, including domestic violence-related threats.
- Make data publicly available where possible, particularly to researchers studying gun violence and its prevention.
- Invest in resources to support the timely release of firearms injury and fatality data.

**To stop gun violence in all its forms, we recommend:**

- Apply the public health approach, with an equity lens, for effective gun violence prevention.\(^\text{12}\)
- Fund and conduct gun violence research, and improve data infrastructure, which is fundamental for effective gun violence prevention.
- Enact and implement a true universal background check law that requires background checks on all gun sales and transfers, including private and online sales, and eliminate “default proceed” sales.
- Enact and implement state firearm licensing laws and support equitable implementation through local, state, and federal funding.
- Enact and implement state extreme risk laws to prevent tragedy before it occurs and support robust implementation through federal funding.
- Invest in community violence intervention and prevention programs and address the underlying social and economic inequalities that drive firearm violence.
- Support implementation of healthcare professional training on lethal means safety counseling so they are prepared to ask patients about firearm access and provide effective and respectful counseling when appropriate.
- Expand both federal and state domestic violence firearm prohibitions to reduce abusers’ access to firearms and improve collection and reporting of domestic violence-related data.

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*Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV). 2021*
- Reinstate the federal ban on assault weapons and large-capacity magazines.
- Prohibit the manufacture, purchase, and possession of "ghost guns."
- Repeal the Protection of Lawful Commerce in Arms Act (PLCAA).
- Require that new semi-automatic pistols manufactured, sold, or imported into the U.S. are equipped with microstamping technology.
- Enact and implement state prohibitions on the open carry of firearms in public and strongly regulate concealed carry of firearms to help protect public safety.
- Repeal state-level stand your ground laws, which run counter to centuries of self-defense doctrine and make it legal for individuals to kill another even when they can easily and safely retreat.
- Improve police accountability and strengthen police legitimacy through procedurally just policing practices.

Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV), 2021
## APPENDIX 1:
United States Gun Deaths by Intent, 2000-2019

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<th>Firearm Suicide Deaths</th>
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**A cautionary note about "legal intervention" data: Strong evidence shows that the government's data (including the CDC data presented here) provide a substantially under-count of police-involved injuries and death. To address this gap, several media sources have tracked police-involved shootings in recent years. Most notably, the Washington Post's Fatal Force database, finding more than double the number of police-involved deaths than are reported in FBI and CDC databases. The Fatal Force database reported that 999 and 1,000 Americans were shot and killed by police in 2019 and 2020, respectively, nearly double the number that the CDC reported. Ultimately, better data on police-involved injuries and deaths are sorely needed. Compulsory and comprehensive data collection at the federal level, reporting to the federal government, and transparency in the public dissemination of data will be critical for understanding this unique form of violence and developing evidence-based solutions to minimize police-involved shootings.**

---


### APPENDIX 2:

*United States Gun Death Rates, by Intent, 2000-2019*

<table>
<thead>
<tr>
<th>Year</th>
<th>Gun Death Rate (age adjusted) per 100,000</th>
<th>Firearm Suicide Rate (age adjusted) per 100,000</th>
<th>Firearm Homicide Rate (age adjusted) per 100,000</th>
<th>Unintentional Gun Death Rate (age adjusted) per 100,000</th>
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*Source: A Public Health Crisis Decades in the Making, Educational Fund to Stop Gun Violence (EFSGV). 2021*
### APPENDIX 3:
United States Gun Death Numbers by Demographic Groups, 2019

<table>
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<tr>
<th>Demographic Group</th>
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<th>Firearm Suicide Deaths</th>
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### APPENDIX 4:
United States Gun Death Rates by Demographic Groups, 2019

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<th>Firearm Suicide Rate (age adjusted) per 100,000</th>
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## APPENDIX 5:
State Variations, 2019

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<th>Child and Teen Gun Death Rate per 100,000</th>
<th>Firearm Homicide Deaths</th>
<th>Firearm Homicide Rate (age adjusted) per 100,000</th>
<th>Ranking, Highest to Lowest Firearm Homicide Rate</th>
<th>Firearm Suicide Deaths</th>
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Source: A Public Health Crisis: Decades in the Making. Educational Fund to Stop Gun Violence (EFSGY), 2021
<table>
<thead>
<tr>
<th>State</th>
<th>Total Gun Deaths</th>
<th>Total Gun Death Rate (age adjusted per 100,000)</th>
<th>Total Gun Deaths Among Children and Teens (Ages 0-19)</th>
<th>Child and Teen Gun Death Rate (per 100,000)</th>
<th>Total Firearm Homicide Deaths</th>
<th>Firearm Homicide Rate (age adjusted per 100,000)</th>
<th>Total Firearm Suicides</th>
<th>Firearm Suicide Rate (age adjusted per 100,000)</th>
<th>Total Firearm Suicide Deaths</th>
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<th>Total Firearm Suicide Deaths</th>
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</tbody>
</table>

*Denotes where the state firearm homicide or suicide rate is unreliable and cannot be compared.

## APPENDIX 6:

### Counties with the Highest Firearm Homicide Rates, 2015-2019

<table>
<thead>
<tr>
<th>Ranking, Highest to Lowest Firearm Homicide Rate</th>
<th>County</th>
<th>Urbanization</th>
<th>Firearm Homicide Deaths (2015-2019)</th>
<th>Population (per year)</th>
<th>Firearm Homicide Rate (age adjusted, five-year average) per 100,000</th>
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</thead>
<tbody>
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<td>1</td>
<td>Macon County, AL</td>
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APPENDIX 7:
Counties with the Highest Firearm Suicide Rates, 2015-2019

<table>
<thead>
<tr>
<th>Ranking, Highest to Lowest Firearm Suicide Rate</th>
<th>County</th>
<th>Urbanization</th>
<th>Firearm Suicide Deaths (2015-2019)</th>
<th>Population per year</th>
<th>Firearm Suicide Rate (age adjusted, five-year average per 100,000)</th>
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</thead>
<tbody>
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<td>1</td>
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</table>

OVERVIEW

- Black youth represented less than 15 percent of the total youth population but 32 percent of youth prosecuted in adult criminal court in 2018. Black youth are nine times more likely than white youth to receive an adult prison sentence. American Indian/Alaska Native youth are almost two times more likely, and Hispanic youth are 40 percent more likely.

GUN VIOLENCE: Child and teen gun deaths hit a 19-year high in 2017 and have remained elevated since.
- Gun violence was the leading cause of death for children and teens ages 1-19 in 2018, surpassing motor vehicle accidents for the first time.
- In 2019, 3,371 children and teens were killed with guns—one every 2 hours and 36 minutes.
- Black children and teens had the highest gun death rate, followed by American Indian/Alaska Native children and teens. Black children and teens were 4 times more likely to die from gun violence than their white peers.
- The United States has more guns than people—and nearly 1 in 5 are sold without background checks.

IMMIGRANT CHILDREN: Family separation and anti-immigrant policies are dangerous to children's health, development, and well-being.
- Nearly 1 in 4, approximately 18 million, U.S. children lived with at least one immigrant parent in 2018.
- More than 1 in 4 immigrant children did not have health coverage in 2019. 25.5 percent compared to 5.1 percent of native-born citizen children.
- An estimated 6.9 million children lived with undocumented parents. Chronic uncertainty and distress about the threat of enforcement activity destroy children’s sense of safety and their mental health.

Each Day in America

2 mothers die from complications of childbirth.
5 children are killed by abuse or neglect.
8 children or teens die by suicide.
9 children or teens are killed with a gun.
20 children or teens die from accidents.
46 children or teens are injured with a gun.
59 babies die before their first birthday.
121 children are arrested for violent crimes.
223 children are arrested for drug crimes.
514 public school students are corporally punished.*
678 babies are born without health insurance.
827 babies are born into extreme poverty.
860 babies are born with low birthweight.
1,541 babies are born into poverty.
1,785 children are confirmed as abused or neglected.
1,909 children are arrested.
2,906 high school students drop out.*
14,206 public school students are suspended *

*Based on 180 school days a year
GUN VIOLENCE

IN 2019, A CHILD OR TEEN WAS KILLED WITH A GUN EVERY 2 HOURS AND 36 MINUTES.

Even before COVID-19, another epidemic was killing our children at higher rates: gun violence. Gun violence was the leading cause of death for all children and teens ages 1-19 in 2018, surpassing motor vehicle accidents for the first time in history. Children and teens are far more likely to die from gunfire than COVID-19, yet our leaders continue to allow gun violence to go uncurbed and gun laws to go unchanged.

After years of congressional inaction, a growing number of children are paying with their lives. In 2019, 3,371 American children and teens were killed with guns—enough to fill more than 168 classrooms of 20 (see Table 35).

- Child and teen gun deaths hit a 19-year high in 2017 and have remained elevated since.
- In 2019, nine children and teens were killed with guns each day in America—one every 2 hours and 36 minutes.
- Guns killed more children and teens than cancer, pneumonia, influenza, asthma, HIV/AIDS, and opioids combined.
- While mass shootings grabbed fleeting public and policymaker attention, routine gunfire took the lives of more children and teens every week than the Parkland, Sandy Hook, and Columbine massacres combined.
- Since 1963, nearly 193,000 children and teens have been killed with guns on American soil—more than four times the number of U.S. soldiers killed in action in the Vietnam, Persian Gulf, Afghanistan, and Iraq wars combined.

Shamefully, gun deaths reflect only part of the devastating toll of America’s growing gun violence epidemic. Many more children and teens are injured than killed with guns each day in our nation.

- For every child or teen fatally shot, another 5 suffered non-fatal gunshot wounds.
- An estimated 16,644 children and teens were injured with guns in 2018—one every 32 minutes.

Gun violence affects all children, but children of color, boys, and older youth are at greatest risk.

- Black children and teens had the highest gun death rate in 2019 (11.9 per 100,000) followed by American Indian/Alaska Native children and teens (6.4 per 100,000).
- Although Black children and teens made up only 14 percent of all children and teens in 2019, they accounted for 43 percent of child and teen gun deaths.
- Black children and teens were four times more likely to be killed with guns than their white peers.
- Eighty-six percent of children and teens who died from gunfire in 2019 were boys. Boys were six times more likely to be killed than girls to die in gun homicides. Black boys were 18 times more likely to be killed in gun homicides than white boys.
- Eighty-five percent of child and teen gun deaths occurred among 15- to 19-year-olds, but infants and toddlers were far from immune. Guns killed more preschoolers than law enforcement officers in the line of duty. In 2019, 86 children under 5 were killed with guns compared with 51 law enforcement officers in the line of duty.

No child is safe in a nation with easy access to deadly weapons. Even before the pandemic drove up fear and gun sales, there were too many firearms in our homes and streets—and a shocking number were sold without background checks.

- As of 2017, American civilians owned 393 million firearms—more than one gun per person. In contrast, U.S. military and law enforcement agencies possessed 5.5 million.
GUN VIOLENCE

- Americans accounted for less than five percent of the global population, but owned nearly half (46 percent) of all civilian guns in the world.\textsuperscript{15}
- Nearly 1 in 5 guns are sold without a background check due to a loophole in federal law exempting sales at gun shows, online, or between private individuals.\textsuperscript{16}

Children are learning there are no safe spaces in our gun-saturated nation. Many children even live in homes with loaded, unlocked guns and know where they are kept. Too often, this leads to tragic accidents and preventable deaths. With a growing number of children learning and playing at home during COVID-related closures, the risk of gun accidents and suicides has only increased.

- A third of households with children have a gun and nearly half of gun-owning households with children do not store all of their firearms safely.\textsuperscript{17}
- An estimated 4.6 million children live in homes with at least one unlocked and loaded gun—and most children know where these guns are kept.\textsuperscript{18} About 3 in 4 children ages 5-14 with gun-owning parents know where firearms are stored and more than 1 in 5 have handled a gun in the home without their parents' knowledge.\textsuperscript{19}
- Guns in the home are more likely to endanger than protect loved ones. The presence of a gun in the home makes the likelihood of homicide three times higher, suicide three to five times higher, and accidental death four times higher.\textsuperscript{20}
- Eight children and teens are killed or injured in accidental shootings involving an improperly stored gun each day in America.\textsuperscript{21}

It is long past time for leaders to end America’s gun violence epidemic. Congress must urgently pass common-sense gun safety measures like universal background checks and child access prevention laws to protect children from firearms in their homes, schools, and communities. All children deserve the chance to live, learn, and play safely—free from violence and fear.

COVID-19 is Magnifying Our Gun Violence Epidemic and Highlighting the Need for Immediate Reform

The pandemic has created and exacerbated so many crises for children and families and gun violence is no exception. Unprecedented increases in gun sales—coupled with financial insecurity, social isolation, and other stressors—are magnifying America’s gun violence crisis.

- Nearly two million guns were sold in March 2020 alone—the second highest number of guns ever sold in a single month—and this disturbing trend continued in the months that followed.\textsuperscript{22}
- Even with much of the country on lockdown, mass shootings hit a record high in 2020. Children witnessed, suffered, or died in 611 mass shootings in 2020—up from 417 in 2019.\textsuperscript{23}
- Gun accidents in the home have also surged during the pandemic. School and child care closures have exacerbated children’s risk of dying in gun accidents at home. Between March and May 2020, accidental gun deaths by children increased by 30 percent relative to rates over the past three years.\textsuperscript{24}
- The pandemic has also intensified factors that contribute to gun-related domestic violence and community violence: job losses and financial insecurities have left victims of domestic violence more vulnerable to harm as well as fueling community gun violence.\textsuperscript{25}

The COVID-19 crisis has exposed the consequences of our nation’s longstanding failure to pass policies to keep children safe where they live and learn. Our leaders must not only advance meaningful solutions to address the COVID-19 crisis but also the ongoing gun violence crisis in America. We cannot allow children to die at the hands of these crises.
REFERENCES BY SECTION

LIST OF RESOURCES AND REFERENCES USED BY AUTHORS IN EACH SECTION
Unbiased information on the contributing factors to gun violence in America.
REFERENCES


