# **ABCT** 2021

# 55th Annual Convention

# November 16-21

Championing CBT: Promoting Cognitive and Behavioral Practice and Science in the Context of Public Health, Social Justice, Policy, Research, Practice, and Training

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#### Message From the Program Chairs



**Gregory S. Chasson, Ph.D.,** *Program Chair, Illinois Institute of Technology* 



**Elizabeth C. Katz, Ph.D.,** Associate Program Chair, Towson University

Well, in hindsight, we were overly optimistic. Admittedly, our original ABCT convention welcome message has not aged well. The ABCT Board has decided to shift the hybrid convention in November to a fully virtual format to maximize the health and safety of its members. This is a disappointing—albeit understandable—decision for many members and the Board. Unfortunately, we'll have to wait a bit longer before we can meet up at Café Du Monde or Preservation Hall. But, as they say in NOLA, "Laissez les bon temps roulez!!" So even though we can't be there in person, you can always get into the NOLA Spirit and support their local economy by sipping Café Du Monde coffee, eating beignets and savoring pecan pralines in the comfort of your own home while enjoying the rich convention program in your pajama pants.

Unchanged from the hybrid convention format, the theme of the 55th annual ABCT convention in New Orleans is "Championing CBT: Promoting Cognitive and Behavioral Practice and Science in the Context of Public Health, Social Justice, Policy, Research, Practice, and Training." To highlight aspects of the theme, we are pleased to welcome three esteemed speakers and an invited panel for the convention. First, past ABCT president (1988-89) and Director of the World Food Policy Center, Dr. Kelly Brownell from Duke University's Sanford School of Public Policy will highlight the policy and research component of the convention theme. Second, Canada Research Chair for Mental Health Disparities at the University of Ottawa's School of Psychology, Dr. Monnica Williams, will target the social justice aspect of the convention theme by highlighting ways to reduce racism in cognitive-behavioral interventions and training. Third, the Senior Director of Practice Transformation and Quality for the American Psychological Association (APA), Dr. Lynn Bufka, will provide insights on the APA practice and policy elements of the convention theme. Last, the three addresses will be complemented by an invited panel sponsored by ABCT's Adopting Neurocognitive Methods for the Clinic Think Tank and the Neurocognitive Therapies and Translational Research SIG, chaired by Dr. Angela Fang, and moderated by Dr. Judy Illes. Among other objectives, the panel aims to (1) "describe historical and ongoing barriers that have limited the application of neuroscientific techniques to study mental health disparities in minoritized populations," and (2) "develop an up-to-date conceptualization of how translational neuroscience could serve minoritized stakeholders from bench to bedside." Rounding out the scientific program is an address on the nature and treatment of emotion dysregulation in social anxiety from last year's recipient of the ABCT Lifetime Achievement Award, past ABCT president (2001-02) Dr. Richard Heimberg.

Completing the scientific program for the convention was a considerable challenge, in large part because of the substantial number of high-quality submissions. There is clearly no shortage of innovative and impactful work being done in our field. Indeed, it has been a tremendous privilege to learn about all of the creative and significant projects being carried out. Alas, not all submissions could be accepted into the program given resource limitations. Our decisions for the program were guided by the peer review process, fit with the convention theme, and balance of various topics and their representation. For example, no doubt because of the timing of the submission process, we received such a large pool of COVIDrelated submissions that we could have assembled an entire second convention just on this topic alone. We balanced the need for COVID programming with the need for including non-COVID content. Additionally, continuing the trend from previous ABCT conventions—and in line with ongoing societal shifts pertaining to social justice and ABCT's growing effort to enhance diversity, inclusion, and equity—the scientific program for this year is replete with content intended to facilitate this critical dialogue and action.

We feel honored to serve as your Program Chairs for the 2021 convention. Many thanks to current President Dr. David Tolin and the ABCT Board of Directors for giving us this opportunity. ABCT Central Office staff, especially Mary Jane Eimer and Stephen Crane, have been indispensable throughout this process; we literally could not have done this without you—thank you! Thanks to Grayson Highfield for her assistance with administrative support. We also extend our appreciation to past Program Chairs for the wisdom and resources (Drs. Shannon Wiltsey Stirman, Dan Cheron, Alyssa Ward, Kiara Timpano, Jordana Muroff, and Katharina Kircanski). Dr. Katharina Kircanski gets an extra note of appreciation because of her [often thankless] role as the ABCT Coordinator of Convention and Education Issues, or, in other words, the glue that binds the entirety of the convention each year. We would also like to acknowledge the many Chairs and participants of the Convention and Education Issues Committee for the insights, meeting laughs, and hard work shaping this convention: Drs. Brian Baucom (AMASS), Christina Boisseau (Workshops), Samantha Farris (Institutes), Cole Hooley (Research & Professional Development), Tajal Jakatdar (Master Clinician Seminars), Amanda Raines (Local Arrangements Chair), Patrick McGrath (Sponsorship), Rosaura Orengo-Aguayo (2022 Program Chair), and Emily Kroska (2022 Associate Program Chair). Special thanks to Shireen Rizvi, our Board Liaison. Last, but certainly not least, we extend our deepest thanks to the hundreds of Program Committee members who served as scientific reviewers for the convention, with an extra thanks to those who stepped up as super reviewers. The scientific program was shaped by your critical contribution.

We're excited to see everyone at the virtual convention and look forward to meeting in person in New York City in 2022.

## ANNUAL MEETING of MEMBERS

Saturday, November 20, 2021 3:15–4:15 p.m. EST via Zoom

**All ABCT members** are encouraged to attend this meeting. Learn about the Association's progress on our Strategic Intent, our 2021 accomplishments, and our priorities for 2022. Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT's success over the past year.

#### PRESIDENT'S ADDRESS NOVEMBER 17 | 7:15 PM-8:30 PM



#### Hoarding: Chasing a New Diagnosis Through Brain, Body, and Behavior

David F. Tolin, Ph.D., ABPP, Director, Anxiety Disorders Center, The Institute of Living, Yale University School of Medicine

Participants earn 1 CE credit

Hoarding disorder (HD) is a relatively new diagnosis in DSM-5. Characterized by excessive clutter and difficulty discarding objects, this condition is both common and potentially debilitating. Cognitive-behavioral therapy has been demonstrated to be efficacious, but most patients remain clinically symptomatic after treatment. I suggest that current CBT faces an "efficacy ceiling" due to our currently fragmented understanding of the disorder. I will discuss a body of research aimed at increasing our understanding of central and peripheral nervous system correlates of HD and will describe how those correlates are reflected in behavior. We will also examine current research on neural moderators and mediators of CBT treatment. The ultimate aim of this research is to develop a working model of HD that will inform specific, targeted intervention efforts. To this end, we will review novel interventions that might more specifically target dysfunctional brain mechanisms and provide greater symptom relief.

#### Convention and Education Issues

Coordinator, Convention and Education Issues Katharina Kircanski, Ph.D.

**Program Chair, 2021** Gregory J. Chasson, Ph.D.

Associate Program Chair, 2021 Elizabeth C. Katz, Ph.D.

**Program Chair, 2022** Rosaura Orengo-Aguayo, Ph.D.

Associate Program Chair, 2022 Emily B. Kroska Thomas, Ph.D.

**Continuing Education Issues Chair** Lily Brown, Ph.D.

**Institutes Committee Chair** Samantha Farris, Ph.D.

**Workshop Committee Chair** Christina Boisseau, Ph.D.

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**Research and Professional Development Chair** Cole Hooley, Ph.D.

**Sponsorships Committee** Patrick McGrath, Ph.D.

**Local Arrangements Committee Chair** Amanda Raines, Ph.D

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Lauren Alloy, Temple University
Drew Anderson, University at Albany- SUNY
\*Lisa Anderson, University of Minnesota Medical School
Joye Anestis, Rutgers University
Fabiana Araujo, The University of Chicago
\*David Austern, NYU Langone Health Military Family Clinic
Alisa Bahl, University of Virginia

Amanda Baker, Massachusetts General Hospital/ Harvard Medical School

\*Miya Barnett, University of California, Santa Barbara

\*Kimberly Becker, University of South Carolina

Stephen Becker, Cincinnati Children's Hospital Medical Center

\*Emily Becker-Haimes, University of Pennsylvania

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Kathryn Bell, Acadia University

Christopher Berghoff, University of South Dakota

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\*Timothy Brown, Boston University

\*Wilson Brown, Pennsylvania State University

\*Lily Brown, University of Pennsylvania

Steven Bruce, University of Missouri- Saint Louis

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Teresa Burrell, Emory University School of Medicine

Amber Calloway, University of Pennsylvania

Will Canu, Appalachian State University

\*Nicole Caporino, American University

\*Erin Cassidy-Eagle, Stanford University School of Medicine

Nadine Chang, Gracie Square Hospital

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Kristy Dalrymple, Rhode Island Hospital/Brown University

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Gretchen Diefenbach, Institute of Living

Linda Dimeff, Evidence Based Practice Institute, LLC |

Portland DBT Institute, Inc.

\*Laura Dixon, University of Mississippi

Keith Dobson, University of Calgary

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\*Jamal Essayli, Penn State College of Medicine

Martha Falkenstein, McLean Hospital and Harvard Medical School

Kiki Fehling, New York CBT

 $\label{thm:continuous} \textit{Julianne Flanagan}, \textit{Medical University of South Carolina}$ 

Nicholas Forand, School of Medicine at Hofstra/Northwell

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John Guerry, Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders

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Lindsay Ham, University of Arkansas

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Daniel Hoffman, Northwell Health, Long Island Jewish Medical Center

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\*Carmen McLean, U.S. Department of Veterans Affairs

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Elizabeth Meadows, Central Michigan University

Douglas Mennin, Teachers College, Columbia University

\*Robert Meyers, Private Clinician

Jamie Micco, Massachusetts General Hospital/Harvard Medical School Alec Miller, Cognitive and Behavioral Consultants

John Mitchell, Duke University Medical Center

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\*Michael Moore, Adelphi University

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\*Brad Nakamura, University of Hawaii at Manoa

\*Amie Newins, University of Central Florida

\*Michelle Newman, The Pennsylvania State University

Roisin O'Connor, Concordia University

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\*Thomas Olino, Temple University

\*Camilo Ortiz, Long Island University-Post

Julie Owens, Ohio University

Mandy Owens, University of Washington

\*David Pantalone, University of Massachusetts, Boston

\*Laura Payne, McLean Hospital/Harvard Medical School

\*Andrew Peckham, McLean Hospital/Harvard Medical School

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\*Matthew Young, University of Chicago Medicine

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Laurie Zandberg, University of Pennsylvania School of Medicine

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Rebeca Zapata, The University of Texas Rio Grande Valley

#### ABCT PIONEERS SERIES

https://www.abct.org/membership/cbt-pioneers/



# **Explore**

ABCT's growing CBT Pioneers series: Interviews with CBT's influential thinkers, researchers, and practitioners— Many of the field's first influential thinkers, researchers, and practitioners are among us. We asked them about themselves and their approach to the problems that confront many of us.

**Russell Barkley** 

**David Barlow** 

**Judith Beck** 

**David Burns** 

**Andrew Christensen** 

**Esther Deblinger** 

Steven C. Hayes

Steve Hollon

Alan Kazdin

Phil Kendall

Art Nezu

**Christine Maguth Nezu** 

**Tom Ollendick** 

**Patricia Resick** 

Steven Safren

**Greg Siegle** 

**Gail Steketee** 

**Richard Suinn** 

Maureen Whittal

#### **Continuing Education at ABCT**

ABCT is proud to offer you opportunities to learn from proven educators. Here is an efficient and effective way to hone your clinical skills, learn the results of the latest research, and earn continuing education credits as well.

Continuing Education is offered for a fee of \$99. Access the Cadmium survey magnet from the virtual convention website left navigation menu. Once you log in, you will be able to take the required quiz, complete the session evaluation forms, take the convention overall evaluation, manage your continuing education credits, and print your session certificate.

Ticketed sessions require an additional payment beyond the general registration fee. For ticketed events, attendees must complete an individual evaluation form and a session quiz. Attendees must remain in the virtual session for the entire period in order to receive CE credit and for the live sessions, enter the code APA, NBCC, or CAMFT in the chat box.

#### Psychology

ABCT is approved by the American Psychological Association to sponsor continuing education for psychologists. ABCT maintains responsibility for this program and its content. Attendance at each continuing education session in its entirety is required to receive CE credit. No partial credit is awarded; late arrival or early departure will preclude awarding of CE credit. For ticketed events and general sessions, attendees must complete an individual evaluation form and a quiz with a passing score of 7/10. Attendees may take the quiz a maximum of 2 times.

#### Social Work

ABCT will not be offering continuing education credits for the National Association of Social Workers (NASW) for both the live convention sessions and the on-demand sessions.

#### Counseling

ABCT is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP is solely responsible for all aspects of the program.

#### Marriage & Family Therapy

ABCT is recognized as a California Association of Marriage and Family Therapists (CAMFT)-approved Continuing Education Provider (#133136). The ABCT Annual Convention meets the qualifications for 28 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

#### Registration

To receive member registration fees, members must renew for 2022 before completing their registration process or to join as a New Member of ABCT.

Attention registrants outside North America: ABCT is a member of the World Confederation of Cognitive and Behavioral Therapies. WCCBT members can register at the ABCT member rates! If your membership organization is a member of the World Confederation of Cognitive and Behavioral Therapies and you are not an American or Canadian, you are eligible.

Registration for all PRE-Convention Sessions (AMASS, Clinical Intervention Seminars, Institutes) requires an additional fee. Most preconvention sessions will take place on Tuesday, November 16, or Wednesday, November 17.

#### **General Registration**

The general registration fee entitles the registrant to attend all events on November 18–22 except for ticketed sessions. There are additional ticketed events on Tuesday, November 16, and Wednesday, November 17. Your canceled check is your receipt. Email confirmation notices will be generated automatically for online registrations and will be sent via email the same day you register. Email confirmation will be sent within 1 week for faxed and mailed registrations. If you do not receive an email confirmation in the time specified, please call the ABCT central office, (212) 647-1890, or email Tonya Childers at tchilders@abct.org.

All presenters (except for the first two presenters of ticketed CE sessions) must pay the general registration fee. Leaders of ticketed session will receive information regarding their registration procedure from the ABCT Central Office.

Admission to all ticketed sessions is by confirmation only. Ticketed sessions are sold on a first- come, first-served basis. Participants are strongly urged to register by Monday, November 15.

Please note: NO PURCHASE ORDERS WILL BE ACCEPTED.

To register, please choose one format:

#### Registering On-Line

The quickest method is to register on-line (go to abct.org and click on the convention banner on the home page or go to www.abct.org/-convention/registraion). Use this method for immediate feedback on which ticketed sessions you will be attending. To receive members' discounted rates, your ABCT dues must be up to date. If your membership has lapsed, use this opportunity to renew.

To get member rates at this conference, your ABCT dues must be paid through October 31, 2022. The ABCT membership year is November 1, 2021–October 31, 2022. To renew, go to abct.org.

REGISTER ONLINE: https://www.abct.org/2021-convention/registration/

#### Registering by Fax

You may fax your completed registration form, along with credit card information and your signature, to (212) 647-1865. If you choose this method, please DO NOT send a follow-up hard copy. This will cause double payment.

#### Registering by Mail

All preregistrations that are paid by check must be mailed to ABCT, 305 Seventh Avenue, 16th Floor, New York, NY, 10001.

#### Refund Policy

There are no refunds for the 2021 ABCT virtual convention.

#### **Payment Policy**

All fees must be paid in U.S. currency on a U.S. bank. Any bank fees charged to the Association will be passed along to the attendee. Please make checks payable to ABCT.

# ABCT ONLINE WEBINARS

Learning doesn't need to stop at the Convention! ABCT is proud to provide webinars for psychologists and other mental health professionals. Our webinars can be attended live or viewed online at your convenience. Visit our website (abct.org) to view live, recorded, or archived webinars. CE opportunities are available for many! E-mail Dakota at DMcPherson@abct.org for more information.

#### Upcoming Webinar

**STEFAN HOFMANN** (December 10, 2021 | member price: \$25) Process-Based Therapy

#### Recorded Webinars

#### **BITA GHAFOORI**

A Review of Mental Health Needs and Trauma Treatment in Human Trafficking Survivors

#### **CHARITY GRIFFIN**

Clinical Considerations for Racial Stress and Trauma in School-Based Settings

#### **ISHA METZGER**

Culturally Affirming Cognitive Behavioral Therapy to Heal Interpersonal and Racial Trauma: The Importance of Racial Socialization for Black Youth

#### **IENNIFER HUGHES**

Youth Suicide Risk Assessment in Research and Clinical Care: Safety and Ethical Considerations

**Anti-Racism Panel**: Enough Talk, More Action: Exploring Ways to Be Actively Antiracist Across Professional Domains in Our Work as Mental Health Professionals

>>> and many more, at https://services.abct.org/i4a/ams/amsstore/store.cfm

## **ABCT Membership**

**Please join us!** Accessing the benefits of your membership with ABCT has never been easier with the reimagined **abct.org** 

Your annual ABCT membership gives you the most from your dues dollars for all stages of your career. Members receive more than just the lowest registration rates at the 2021 Virtual Convention:

- Stay connected and updated with your colleagues and the latest developments in mental health research through the brand new ABCT Forums, the ABCT membership directory, and our online resources. Join one of 40+ SIGs, "like" us on Facebook, and follow us on Twitter! Share photos on our Instagram account and sign up for the convention app.
- Participate in our Find-a-CBT-Therapist online referral network at www.findcbt.org. It continues to be our most frequently visited web page. To expand your listing and include your practice particulars, pay just \$50 more per year.
- FREE on-line access to all issues of the Behavior Therapist, featuring articles and reviews of research and clinical import, and our outstanding journals Cognitive and Behavioral Practice (4 times per year/ impact factor: 2.946) and Behavior Therapy (6 issues per year; the Institute for Scientific Information now ranks us 13th out of 121 clinical psychology journals, with an impact factor of 4.183).
- Expand your skill sets and earn CE with our growing list of webinars—attend live sessions or view online at your convenience. Planning for 2022 sessions is under way! Let us know what you'd like to see by responding to the survey right after our November virtual convention. And keep in mind that the 2021 ABCT convention will be available on-line for several months after the convention, giving you another opportunity to earn ce credits.
- Refer to our website for a growing list of resources on Coping with COVID-19;
   Resources to Combat Racism; Information on Opioids and the Opioid Crisis;
   Information on Seasonal Depression and more.
- Enrich the training growth of others by participating in our Mentorship Directory, where students in graduate programs can learn from your experiences as a mentor.
- Participate in the new ABCT Forums, connecting you to like-minded professionals around the globe!. ABCT members can share job/internship opportunities, seek or provide clinical referrals to other members, get advice from colleagues on challenging client issues.
- Our on-line Job Bank connects job seekers with the best employment opportunities in CBT. Reasonable rates for employer listings.
- Access our growing library of syllabi and other teaching tools for the latest techniques and principles among CBT teaching resources.

# A M B

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#### Recognition

- Be recognized as a role model who has had a positive impact on colleagues, students, and community by encouraging participation and membership within ABCT
- Help your students and colleagues understand more about ABCT and supporting your professional home
- Be the local resource of association knowledge and be "in-the-know"

#### Student Ambassador Program

- Be the first to know upcoming deadlines for convention submissions and the student award programs
- Build your cv by being active in your professional organization
- · Build your own professional network

Interested? Contact Dan Hoffman, Ph.D., at dhoffman7@northwell.edu

#### Rewards

- Be listed as an Ambassador on our website and listed in *tBT*
- Give back to your professional home

Join a growing group of members and convention attendees who support the association by renewing their memberships, attending annual conventions, and providing related information. The time commitment is small, no more than 30 minutes per month.

#### It's easy to become an ABCT ambassador

Learn more at:

http://www.abct.org/membership/abct-ambassador-andstudent-ambassador-programs

#### **Call for Continuing Education Ticketed Sessions**

#### 56th Annual Convention • November 17–20, 2022 | NYC

Submissions will be accepted through the online submission portal, which will open after January 1, 2022. Submit a 250-word abstract and a CV for each presenter. For submission requirements and information on the CE session selection process, please visit www.abct.org and click on "Convention and Continuing Education."

**Workshops & Mini Workshops** | Workshops cover concerns of the practitioner/ educator/researcher. Workshops are 3 hours long, are generally limited to 60 attendees, and are scheduled for Friday and Saturday. Please limit to no more than 4 presenters. Mini Workshops address direct clinical care or training at a broad introductory level. They are 90 minutes long and are scheduled throughout the convention. Please limit to no more than 4 presenters. When submitting for Workshops or Mini Workshop, please indicate whether you would like to be considered for the other format as well.

► For more information or to answer any questions before you submit your abstract, contact the Workshop Committee Chair, workshops@abct.org

**Institutes** | Institutes, designed for clinical practitioners, are 5 hours or 7 hours long, are generally limited to 40 attendees, and are scheduled for Thursday. Please limit to no more than 4 presenters.

For more information or to answer any questions before you submit your abstract, contact the **Institute Committee Chair**, **institutes@abct.org** 

**Master Clinician Seminars** | Master Clinician Seminars are opportunities to hear the most skilled clinicians explain their methods and show taped demonstrations of client sessions. They are 2 hours long, are limited to 40 attendees, and are scheduled Friday through Sunday. Please limit to no more than 2 presenters.

► For more information or to answer any questions before you submit your abstract, contact the Master Clinician Seminar Committee Chair, masterclinicianseminars@abct.org

**Research and Professional Development** | Presentations focus on "how to" develop one's own career and/or conduct research, rather than on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public). Submissions will be of specific preferred length (60, 90, or 120 minutes) and format (panel discussion or more hands-on participation by the audience). Please limit to no more than 4 presenters, and be sure to indicate preferred presentation length and format.

► For more information or to answer any questions before you submit your abstract, contact the Research and Professional Development Chair researchanddevelopmentseminars@abct.org

# **Understanding**

#### the ABCT Convention

The ABCT Annual Convention is designed for practitioners, students, scholars, and scientists. All of the ABCT members involved in making the convention have as their central goals the provision of opportunities to meet the needs of the diverse audiences interested in the behavioral and cognitive therapies. Attendees have varying disciplines, varying levels of experience, varying theoretical orientations, as well as special clinical concerns. Just as important are the opportunities to meet people with similar interests for social as well as professional networking.

Some presentations will offer the chance to see and hear what is new and exciting in behavioral and cognitive work from our dynamic and vibrant presenters. Other presentations will address the clinical-scientific issues of how we develop empirical support for our work.

#### **General Sessions and Ticketed Events**

#### • GENERAL SESSIONS

**Symposia:** Presentations of data, usually investigating efficacy of treatment protocol or particular research. Symposia are either 60 minutes or 90 minutes in length. They have one or two chairs, one discussant, and between three and five papers.

**Panel Discussions and Clinical Round Tables:** Discussions (sometimes debates) by informed individuals on an important topic. These are organized by a moderator and have between three and six panelists who bring differing experience and attitudes to the subject matter.

**Membership Panel Discussions:** Organized by representatives of the Membership and Student Membership Committees, these events generally have a particular emphasis on training or career development.

**Special Sessions:** Designed to provide useful information regarding professional, rather than scientific, issues. For more than 25 years our Internship Overview and Postdoctoral Overview have been helping people find their educational paths.

Research and Professional Development (RPD): Presentations explicitly focused on broad-based research issues (e.g., a methodological or design issue, grantsmanship, manuscript review) and/or professional development topics (e.g., evidence-based supervision approaches, establishing a private practice, academic productivity, publishing for the general public).

**Mini Workshops:** Mini Workshops address direct clinical care or training at a broad, introductory level. They are 90 minutes in length and occur throughout the meeting.

**Spotlight Research:** This format provides a forum to debut new findings considered to be groundbreaking or innovative for the field. A limited number of extended-format sessions consisting of a 45-minute research presentation and a 15-minute question-and-answer period allows for more in-depth presentation.

# **ABCT's Itinerary Planner**



After reviewing the 2021 Program, we hope you will turn to the online Itinerary Planner and begin to build your ultimate ABCT convention experience!

- ► SEARCH by topic, presenter, session, type, day/time
- ▶ BROWSE by day and view the entire program in time/day order
- ▶ DEVELOP your personal ABCT convention schedule

#### www.abct.org/2021-convention/

Clinical Grand Rounds: Master-level clinicians give simulated live demonstrations of therapy. Clients may be portrayed by graduate students studying with the presenter and specializing in the problem area to be treated.

**Poster Sessions:** One-on-one discussions between researchers, who display graphic representations of the results of their studies, and interested attendees. Because of the variety of interests and research areas of the ABCT attendees, between 1,200 and 1,500 posters are presented each year.

**Special Interest Group Meetings:** Nearly 40 SIGs meet each year to renew relationships, accomplish business (such as electing officers), acknowledge excellence through the awards program, and often offer presentations. SIG talks are not peerreviewed by the Association, nor are they eligible for CE credit.

• **TICKETED EVENTS** These listings—located throughout the program book—include a level of experience to guide attendees and offer CE credit.

**Workshops:** Covering concerns of the practitioner/educator/researcher, Workshops are an anchor of the Convention. These sessions are 3 hours long and are generally limited to 60 attendees.

**Master Clinician Seminars:** The most skilled clinicians explain their methods and show video demonstrations of client sessions. Offered throughout the Convention, these seminars are 2 hours long and are generally limited to 40 attendees.

**Advanced Methodology and Statistics Seminars:** Designed to enhance researchers' abilities, these are 4 hours long and limited to 40 attendees.

**Institutes:** Leaders and topics for Institutes are taken from previous ABCT Workshop and Master Clinician Seminar presentations in which a longer format is beneficial. They are offered as 7-hour or 5-hour sessions on Thursday, and are generally limited to 40 attendees.

**Clinical Intervention Training:** One-day event emphasizing the "how-to" of clinical intervention. The extended length allows for exceptional interaction. Participants attending a full-day session can earn 7 continuing education credits.

# AWARDS & RECOGNITION

Career/Lifetime Achievement

Patricia A. Resick, Ph.D., ABPP, Duke Medical

**Outstanding Training Program** 

Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

Outstanding Contribution by an Individual for Research Activities

Timothy A. Brown, Psy.D., Boston University

Francis Cecil Sumner Excellence Award

Isha Walwina Metzger, Ph.D., Georgia State University

Anne Marie Albano Early Career Award for the Integration of Science and Practice

Christian A. Webb, Ph.D., Harvard Medical School

The Michael J. Kozak Critical Inquiry and Analytical Thinking Award Craig Rodriguez-Seijas, Ph.D., University of Michigan

**Outstanding Service to ABCT** 

Shannon M. Blakey, Ph.D., Durham VA Health Care System

Distinguished Friend to Behavior Therapy

Bivian "Sonny" Lee III, Founder and Executive Director of Son of a Saint, New Orleans, LA

Virginia A. Roswell Student Dissertation Award

Katherine Musacchio Schafer, M.Ed., M.S., Florida State University

Leonard Krasner Student Dissertation Award

Chelsea F. Dale, M.S., Florida International University

2021 Student Research Grant

Quyen A. Do, M.Ed., *University of Texas at San Antonio Honorable Mention:* Kathryn Coniglio, M.S., *Rutgers University* 

2021 President's New Researcher Award

Jonathan P. Stange, Ph.D., University of Southern California

# AWARDS & RECOGNITION

Awards Ceremony: Friday, 7:30 p.m. - 8:30 p.m.

#### Student Travel Award

Nur Hani Zainal, M.S., *The Pennsylvania State University*"A Randomized Controlled Trial of a 14-Day Mindfulness
Ecological Momentary Intervention for Generalized Anxiety
Disorder"

Cindy Chang, Psy.D., Rutgers University

"Feeling Like Burden: Perceived Burdensomeness Mediates the Associations Between Bisexual-Specific Minority Stressors and Suicidal Ideation"

#### Elsie Ramos Award

Rachel Butler, M.A., Temple University

"Imaginal Exposure for Disordered Eating Related Fears:

A Pilot Randomized Controlled Trial"

Lily Assaad, M.S., Purdue University

"Disorders Relate Differently to Actors' and Partners' Romantic Relationship Satisfaction: A Meta-Analysis"

Nathan L. Hollinsaid, Harvard University

"Structural Transphobia and the Availability of Gender Affirmative Mental Health Providers"

#### Champions

Maria Contreras, M.A., Training Coordinator, Los Angeles Country Department of Mental Health

Laura Danna, LCSW, Project Director, Project Fleur-de-lis of Mercy Family Center

Beth Cooney, LCSW-BACS, Director of Evidence-Based Practice, Project Fleur-de-lis of Mercy Family Center

Chris McMahon, CEO, Passages Hospice-New Orleans

Lesley Slavin, Chief Psychologist, Hawaii State Department of Health Child and Adolescent Mental Health Division

## Mark Your Calendars

| November 1  | 2022 Membership year begins   |
|-------------|---|
| January 3   | Submission portal opens for submitting<br>Continuing Education ticketed sessions  |
| January 31  | Deadline for 2022 membership renewal without late fee penalty   |
| February 2  | Call for General Sessions<br>(Symposia, Panel Discussions, Clinical<br>Roundtables)   |
| February 7  | Deadline for CE Submissions (AMASS,<br>Mini-Workshops, Workshop, Institute,<br>Master Clinician Seminars, Research &<br>Professional Development) |
| March 1     | Deadline for ABCT award nominations   |
| March 7     | Deadline for Call for General Sessions<br>(Symposia, Panel Discussions, Clinical<br>Roundtables, Posters, Spotlight Research)                     |
| September 3 | B Deadline for ABCT officer nominations   |
| November    | Election month: time to vote!   |
| November 1  | <b>7-20</b> 56th Annual Convention, New York City   |
|             |   |

Learn more about ABCT Visit www.abct.org

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# Welcome to the 55th Annual ABCT Convention

Promoting Cognitive and Behavioral Practice and Science in the Context of Public Health, Social Justice, Policy, Research, Practice, and Training

David F. Tolin, Ph.D., President Gregory S. Chasson, Ph.D., Program Chair Elizabeth C. Katz, Ph.D., Associate Program Chair

Descriptions follow of a few hundred events to be presented November 16–21, 2021. There are sessions on a large array of topic areas and all familiarity levels. If this is your first ABCT Convention, join Gregory S. Chasson and Elizabeth C. Katz, ABCT's Program Chairs, at 6:15 P.M. on Wednesday, November 17, to learn how to navigate the virtual platform and make the most of the virtual convention experience this year. Whether you are a new member, first-time convention attendee, or just want to learn how to navigate the convention, all are welcome. Discover the electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Discover networking opportunities, gain insights into the convention electronic program and how to plan your itinerary.



# **Thursday, October 21**

AMASS #2



# Community-based Participatory Research in Psychology: An Overview of Emerging Best Practices, Challenges, and Ethical Considerations

12:00 p.m. - 4:00 p.m. **Earn 4 continuing education credits** 

Patricia Rodriguez Espinosa, Stanford University School of Medicine Eleanor F. Gil-Kashiwabara, Luminosa Psychological Services

> All level of familiarity with the material Primary Category: Research Methods and Statistics

Key Words: Research Methods, Underserved Populations, Community Identified Problems

Over the past few decades, psychologists have increasingly embraced the concepts of patient centered care and community involvement in both research and practice. One application of a more community-driven and patient-centered approach is community-based participatory research (CBPR), an innovative research paradigm that combines knowledge and action to improve community health and reduce health inequities. CBPR provides a framework to equitably involve community members, researchers and other partners in the research process, recognizing and maximizing the importance of their diverse contributions. CBPR can enhance the practice of psychology by providing an inclusive and differentiated framework that allows for more holistic, flexible, patient-centered, transformative and pragmatic approaches to clinical and community practice as well as to research design, implementation, analysis, interpretation and dissemination. That said, CBPR is often un-

derutilized in mainstream psychology. In this workshop, we introduce CBPR to a general psychology audience and show applications in research and practice. Specifically, we will: a) review some historical highlights of CBPR, b) define its key principles, c) differentiate it from traditional, researcher-centered practice, and d) highlight evidence-based partnering practices shown to improve both partnership dynamics and outcomes. Participants will also have time to brainstorm their own proposal development or a research idea and develop an initial outline of a project that integrates CBPR principles and practices. We will also emphasize important ethical and practical considerations specific to the practice of CBPR in psychology. We believe that CBPR offers a useful framew ork for building bridges between social justice, research, and practice. This workshop aims at increasing participants' knowledge of CBPR, potential applications relevant to their area of work, known best practices, tools for addressing ethical considerations and provide attendees with additional resources to pursue more in-depth knowledge and increase chances of future utilization. Outline: 1. Definition of CBPR and discussion of strengths compared to traditional research frameworks 2. Brief overview of historical developments of CBPR 3. Overview of CBPR core principles with examples of applications 4. Differentiation between CBPR and traditional research approaches 5. Interactive exercise applying CBPR principles and emerging best practices to participants' own research, teaching, or practice 6. Discussion of key ethical considerations and other challenges in this work Long-term goals: • Enhance understanding of CBPR core values and principles. • Apply CBPR principles and practices in your own research, teaching and practice, including written development of a CBPR project outline.

At the end of the session, the learner will be able to:

- Define historical highlights of CBPR
- List 2-3 key principles of CBPR
- Differentiate CBPR from traditional, researcher-centered practice
- Apply CBPR principles and practices in your own research, teaching and practice, including written development of a CBPR project outline
- List and discuss at least 2 ethical and other challenges related to implementation of CBPR projects

Recommended Readings: Collins, S. E., Clifasefi, S. L., Stanton, J., The LEAP Advisory Board, Straits, K. J. E., Gil Kashiwabara, E., Rodriguez Espinosa, P., Nicasio, A. V., Andrasik, M. P., Hawes, S. M., Miller, K. A., Nelson, L. A., Orfaly, V. E., Duran, B. M., & Wallerstein, N. (2018). Community-based participatory research (CBPR): Towards eq. uitable involvement of community in psychology research. American Psychologist, 73(7), 884-898. http://dx.doi.org/10.1037/amp0000167Israel, B.A., Eng, E., Schulz, A. J., & Parker, E. A. (2013). Methods for community-based participatory research for health. San Francisco, CA: John Wiley & Sons, Inc. Wallerstein, N., Duran, B., Oetzel, J. G., & Minkler, M. (2018). Community-based participatory research for health: Advancing social and health equity. San Francisco, CA: Jossey-Bass, a Wiley Brand.Bromley, E., Mikesell, L., & Khodyakov, D. (2017). Ethics and Science in the Participatory Era: A Vignette-Based Delphi Study. J Empir Res Hum Res Ethics, 12(5): 295-309. doi:10.1177/1556264617717828. Wallerstein, N., Muhammad, M., Sanchez-Youngman, S., Rodriguez Espinosa, P., Avila, M., Lucero, J., ... Duran, B. (2019). Power dynamics in Community Based Participatory Research: A multi-case study analysis partnering contexts, histories and practices. Health Education and Behavior, 46(1\_suppl): 19S-32S. doi:10.1177/1090198119852998

## Tuesday, October 26, 2021

#### **ABCT Student Membership Committee 2021 Convention Panel**

# Predoctoral and Early Career Training Grants: The What, Who, Why, and How

MODERATOR: Shannon M. Blakey, Ph.D., Durham VA Health Care System/

VA Mid-Atlantic Mental Illness Research, Education &

Clinical Center (MIRECC)

Panelists: Donte Bernard, Ph.D., Medical University of South Carolina

Sarah Campbell, Ph.D., VA Puget Sound Health Care

System - Seattle

Angela Fang, Ph.D., University of Washington

Antonio Polo, Ph.D., DePaul University

Primary Category: Professional/interprofessional issues

Key Words: Professional Development, Student Issues

Agencies like the Ford Foundation, National Institutes of Health (NIH), National Science Foundation (NSF), and U.S. Department of Veterans Affairs (VA) strive to attract, develop, and retain talented mental health scientists through the administration of research training grants. To this end, agencies invest in promising predoctoral, postdoctoral, and early career scientists by awarding grants to not only support the execution of an important research project, but also the awardee's professional advancement. Such training grants are highly competitive, however, and not all eligible candidates are equipped or empowered to submit a successful application.

This panel, sponsored by the ABCT Student Membership Committee, will provide students and postgraduate trainees insight into the purpose, advantages, and challenges of predoctoral and early career training grants. Panelists include recipients of select student grants (NSF and Ford Foundation awards), postdoctoral training grants (NIH T32 and VA Mental Illness Research and Treatment fellowships), and early career research training grants (NIH K and VA Career Development Awards). The panel additionally includes an established faculty member who regularly reviews and mentors predoctoral training grant applications. Panelists will highlight the specific advantages of various training grants, describe their experiences drafting/evaluating training grant applications, offer recommendations for making the most of training grant, and share other "lessons learned" during their predoctoral and early career research development. There will be ample opportunity for attendee participation in addition to moderated Q&A.

#### You will learn:

- Explain the purpose and professional development value of predoctoral and early career training grants.
- Define the eligibility and application requirements for various predoctoral and early career training grants.
- Describe what applicant- and application-related factors strengthen the competitiveness of a predoctoral and early career training grant candidate.

# Thursday, November 4, 2021

#### Master Clinician 05



# Using Virtual Reality (VR) to Treat Anxiety Disorders

1:00 p.m. – 3:00 p.m. Earn 2 continuing education credits

Elizabeth McMahon, Ph.D., Independent Practice

Moderate to Advanced level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: Anxiety, CBT, Technology / Mobile Health

Virtual reality (VR) has unique benefits in treating anxiety. VR is increasingly affordable, available, intuitive, and evidence-based. Clients are actively searching for therapists who offer VR therapy (VRT). Attendees will see examples of VR scenarios and products and will learn how VR can be used for various therapeutic purposes, including VR exposure therapy. Benefits, risks, and research support will be reviewed. Attendees will learn the strengths and limitations of VR exposure compared to imaginal exposure and in vivo exposure. The timing and uses of VR will be discussed in the context of an overall model of anxiety disorders and their treatment.

#### Outline:

- What VR is and what equipment is needed.
- Key research findings supporting the use of VR in psychotherapy.
- Clinical applications of VR.
- Advantages and disadvantages of in virtuo exposure compared with imaginal
  exposure or in vivo exposure.
- Risks when using VR for exposure therapy.
- Choosing the most appropriate VR product(s) for attendees' practices.

#### Long-term goals:

- Assess whether to add VR as a clinical tool his/her/their practice.
- Select the appropriate VR product(s) for his/her/their practice.

#### You will learn:

- Describe two uses of virtual reality (VR) in psychotherapy.
- List two research findings supporting the use of VR in psychotherapy.
- Name one advantage of VR exposure over imaginal exposure.
- Explain two advantages of VR exposure over in vivo exposure.
- Identify two risks of using VR for exposure therapy.

Recommended Readings: Riva, G., Wiederhold, B. K., & Mantovani, F. (2019). Neuroscience of Virtual Reality: From Virtual Exposure to Embodied Medicine. Cyberpsychology, behavior and social networking, 22(1), 82–96. https://doi.org/10.1089/cyber.2017.29099.griMaples-Keller, J. L., Bunnell, B. E., Kim, S. J., & Rothbaum, B. O. (2017). The Use of Virtual Reality Technology in the Treatment of Anxiety and Other Psychiatric Disorders. Harvard review of psychiatry, 25(3), 103–113. https://doi.org/10.1097/HRP.0000000000000138Fernández-Álvarez, J., Di Lernia, D., & Riva, G. (2020). Virtual Reality for Anxiety Disorders: Rethinking a Field in Expansion. Advances in experimental medicine and biology, 1191, 389–414. https://doi.org/10.1007/978-981-32-9705-0\_21Carl, E., Stein, A. T., Levihn-Coon, A., Pogue, J. R., Rothbaum, B., Emmelkamp, P., Asmundson, G., Carlbring, P., & Powers, M. B. (2019). Virtual reality exposure therapy for anxiety and related disorders: A meta-analysis of randomized controlled trials. Journal of anxiety disorders, 61, 27–36. https://doi.org/10.1016/j.janxdis.2018.08.003McMahon, E. (2017). Virtual Reality Exposure Therapy: Bringing 'in vivo' Into the Office. Journal of Health Serv Psychol 43, 46–49. https://doi.org/10.1007/BF03544649

# **Tuesday, November 16**

1:00 p.m. - 6:00 p.m.

Earn 5 continuing education credits

#### Institute 6



#### Motivational Interviewing in Diverse Healthcare Settings

Daniel W. McNeil, Ph.D., West Virginia University Trevor A A. Hart, Ph.D., CPsych, Ryerson University

Moderate level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Motivational Interviewing, Health Psychology, Treatment

This institute involves development of intermediate skills in Motivational Interviewing (MI) and applying MI in diverse health care contexts (e.g., substance use clinics, sexual behavior problem programs, community-based settings, hospital settings with medical patients). This training is designed for helping professionals and students who are interested in learning additional MI skills to increase patients' motivation to make changes in cognitive, emotional, and behavioral functioning, and to engage in promoting healthy behaviors. The training is provided by experienced trainers in MI, including one who is a member of the Motivational Interviewing Network of Trainers (MINT). Participants will learn and practice methods to assist patients regarding the promotion of healthy lifestyle behaviors (e.g., diet and exercise, medication adherence, tobacco cessation, oral health promotion). This session will review the conceptual model for understanding MI, identify the key principles and processes of MI, provide an operational definition of "MI spirit," and describe the evidence base for the use of MI for promoting health behaviors. Using demonstrations and role-play, the application of specific techniques to increase patient motivation (and respond to resistance) will be covered. Eliciting, identifying, and responding to health-related "change talk" (in contrast to "sustain talk" and avoidance) will be demonstrated and practiced. The training will include experiential components in which participants work in dyads and small groups, and with the trainers, to practice skills in a comfortable, interactive, safe, and supportive learning environment. Integrating MI in primary care and other health care settings will be addressed, including how to utilize brief interventions.

#### Outline:

- Description of the MI model and methods applied to diverse health care settings
- View examples of MI with various patient groups and types of problems
- Practice MI core skills in an interactive, supportive, and growth-oriented atmosphere
- Consolidation of existing MI skills and stepwise development of them for use with and for a diversity of patients and settings

#### You will learn:

- Describe the MI model and the evidence base for the use of MI in health behavior change with patients in diverse health care settings.
- Demonstrate the 5 core MI skills.
- Explain MI "spirit" and the four key MI processes.
- Apply specific MI interventions to increase patient motivation for healthy behavior change, including brief interventions.
- Utilize MI in primary care and other health care settings in working with adult, adolescent, and older adult patients.

#### Long-term goals:

- Participants will articulate a deeper understanding of MI and its application in diverse health care settings.
- Participants will evidence greater confidence in using MI with a diverse clientele
  and in diverse health care settings.

Recommended Readings: Magill, M., Gaume, J., Apodaca, T. R., Walthers, J., Mastroleo, N. R., Borsari, B., & Longabaugh, R. (2014). The technical hypothesis of Motivational Interviewing: A meta-analysis of MI's key causal model. Journal of Consulting and Clinical Psychology, 82(6), 973-83. Martins, R. K., & McNeil, D. W. (2009). Review of Motivational Interviewing in promoting health behaviors. Clinical Psychology Review, 29, 283-293. McNeil, D. W., Addicks, S. H., & Randall, C. L. (2017). Motivational Interviewing and Motivational Interactions for health behavior change and maintenance. Oxford Handbooks Online. Miller, W. R., & Rollnick, S. (2013). Motivational Interviewing: Helping people change (3rd ed.). Guilford.Miller, W. R., Rollnick, S., & Butler, C. C. (2008). Motivational Interviewing in health care: Helping patients change behavior. Guilford.

#### Earn 5 continuing education credits

#### Institute 4

Trauma-informed Mindfulness: Integrating Mindfulness-based Practices into Psychotherapy with Traumatized Clients

Terri L. Messman, Ph.D., Miami University Noga Zerubavel, Ph.D., Duke University Medical Center

Basic level of familiarity with the material Primary Category: Trauma and Stressor Related Disorder and Disasters

\*\*North Month Low Trauma Alexa (Malaustrus)\*\*

 $Key\ Words:\ Mindfulness,\ Trauma,\ Abuse\ /\ Maltreatment$ 

This training will provide participants with an understanding of how to integrate mindfulness into psychotherapy with trauma survivors safely and effectively. Trauma occurs as a result of violence, abuse, neglect, loss, disaster, war, and other emotionally harmful experiences, and the impact often endures long past the event through a variety of sequelae. Traumatized individuals vacillate between experiences of hyperarousal. emotional reactivity, and intrusive imagery, and hypoarousal, dissociation, and numbing of emotions. Mindfulness can provide clients with specific techniques for enhancing self-awareness, emotion regulation, distress tolerance, and attentional control, while also cultivating qualities of acceptance, compassion, and cognitive flexibility. Meditation and other mindfulness practices can promote optimal arousal and provide traumatized clients emotion regulation strategies. Evidence-based mindfulness interventions, such as Mindfulness-Based Cognitive Therapy (MBCT), are widespread. However, mindfulness practices can trigger traumatic memories or physiological arousal in some trauma survivors. Emerging evidence suggests mindfulness exercises may need to be modified for traumatized clients. Trauma-sensitive mindfulness interventions titrate the client's arousal to maintain a window of tolerance, which facilitates psychotherapy and general well-being. In this training, Dr. Messman and Dr. Zerubavel will provide guidance on how to integrate mindfulness-based practices into psychotherapy with traumatized clients. Participants will learn to teach mindfulness as a way to reduce traumatic sequelae and improve emotion regulation. Discussion will emphasize both formal meditative practices and informal mindfulness practice. The training will involve learning through various methods, including lecture, experiential practice of guided mindfulness meditation, and small group work. No prior knowledge of mindfulness is assumed.

#### Outline:

#### Setting the Frame

- Practicing self-care during this training
- Practicing self-awareness

- Practicing responsiveness, with discernment between self-care and avoidance
- Beginner's mind
- Experiential processes to attend to during this training
- Emphasis on experiencing
- Resourcing
- Pacing
- Responsiveness
- Mindfulness practices & clinician experience
- Ethical responsibility to engage in self-assessment of competence

#### Mindfulness Foundations

- What is mindfulness?
- Formal & informal mindfulness practice
- Integration into psychotherapy
- Therapist mindfulness
- Mindfulness-informed psychotherapy
- Mindfulness-based psychotherapy

#### Trauma Foundations

- What is trauma?
- Trauma is not defined by PTSD
- Types of traumatic events and DSM 5: Trauma-Related Distress
- Developmental and complex trauma
- Minority Stress: Oppression & racism as trauma
- Denial of Trauma
- Individual level
- Societal level (e.g., DARVO)
- Psychological Adaptation
- Trauma-related problematic beliefs & shattered assumptions
- TRASC (altered consciousness)
- Psychophysiology 101: Trauma & dysregulation
- Psychophysiological arousal & window of tolerance
- Evolutionary motivational process & emotion regulation
- Fight, flight, fawn, & freeze
- Polyvagal Theory

#### Mechanisms of Mindfulness in Support of Trauma Therapy

- Attention
- Nonjudgmental awareness
- Cognitive flexibility
- Radical acceptance
- Self-compassion
- Embodiment and Body Awareness

#### Integrating Trauma-Informed Mindfulness Techniques into Practice

- Psychoeducation about the functions of emotions
- Grounding activities
- Attention-focused practices
- Acceptance-based practices

#### Actions to Reduce Adverse Outcomes

- The trauma-sensitive provider
- Collaboration
- Understanding
- Power dynamics and offering
- Distinguish adverse from expected reactions

- Interoceptive awareness and trauma in the body
- Recognizing overwhelm
- Strategies for addressing overwhelm

#### You will learn:

- Describe three ways that mindfulness practice can benefit the treatment of trauma-related mental health issues.
- Identify two mindfulness techniques that foster body awareness and explain how they can contribute to emotion regulation and self-awareness in trauma-survivors.
- Describe one mechanism that explains how traumatic experience dysregulates physiological arousal and how mindfulness practices foster physiological regulation.
- Identify three signs of client overwhelm and describe three responsive strategies you would offer to modify mindfulness practices in order to reduce dysregulation.
- Utilize the three levels of inquiry following any mindfulness practice in order to facilitate processing, generalizing, and consolidating.

#### Long-term Goals:

- Identify three signs of client overwhelm and describe strategies to modify mindfulness practices and reduce dysregulation that is tailored to your practice.
- Identify and describe three types of mindfulness practice, including specific mindfulness exercises, to fit meet your client's needs and integrate into your treatment conceptualization.

Recommended Readings: Bermudez, D., Benjamin, M. T., Porter, S. E., Saunders, P. A., Laurenzo Myers, N. A., & Dutton, M. A. (2013). A qualitative analysis of beginning mindfulness experiences for women with post-traumatic stress disorder and a history of intimate partner violence. Complementary Therapies in Clinical Practice, 19, 104-108. http://dx.doi.org/10.1016/j.ctcp.2013.02.00Boughner, E., Thornley, E., Kharlas, D., & Frewen, P. (2016). Mindfulness-related traits partially mediate the association between lifetime and childhood trauma exposure and PTSD and dissociative symptoms in a community sample assessed online. Mindfulness, 7, 672-679. https://doi.org/10.1007/s12671-016--0502-3Colgan, D. D., Christopher, M., Michael, P., & Wahbeh, H. (2016). The body scan and mindful breathing among veterans with PTSD: Type of intervention moderates the relationship between changes in mindfulness and post-treatment depression. Mindfulness, 7, 372-383. https://doi.10.1007/s12671-015-0453-0Gerge, A. (2020). What neuroscience and neurofeedback can teach psychotherapists in the field of complex trauma: Interoception, neuroception and the embodiment of unspeakable events in treatment of complex PTSD, dissociative disorders and childhood traumatization. European Journal of Trauma & Dissociation, 4, 100164. https://doi.org/10/1016/j.ejtd.2020.100164Hopwood, T. L. & Schutte, N. S. (2017). A meta-analytic investigation of the impact of mindfulness-based interventions on posttraumatic stress. Clinical Psychology Review, 57, 12-20. https://doi. org/10.1016/j.cpr.2017.08.002

#### Earn 4 continuing education credits

Clinical Intervention Training 2 – (Part I)

## Culturally Responsive, Anti-racist Cognitive Behavioral Therapeutic Practice: Awareness, Knowledge, and Skills

Jessica LoPresti, Ph.D., Suffolk University Tahirah Abdullah, Ph.D., University of Massachusetts Boston

All levels of familiarity with the material level of familiarity with the material

Primary Category: Treatment-CBT

Key Words: CBT, Evidence-Based Practice, Race

While racial diversity grows in the U.S., stark disparities in access to quality, effective mental healthcare grow in tandem, debilitating people and communities of color (Cook et al., 2017; Creedon & Cook, 2016). Even after surmounting barriers to accessing mental healthcare, people of color frequently experience negative outcomes related to mental health treatment experiences. Research has suggested several reasons for the decreased likelihood of receiving quality, effective mental health services for people of color, including lack of culturally responsive mental healthcare (American Psychiatric Association, 2017). Further, racism has been and continues to be pervasive in U.S. society, contributing to increased racism-related stress, psychological distress, anxiety, depression, and trauma symptoms (Abdullah et al., in press: Brown et al. 2000: Hwang & Goto, 2008: Pieterse et al., 2010; Whitbeck et al., 2002). Cognitive behavioral therapy has long been considered a gold standard, evidence-based best practice for the treatment of many psychological challenges (David et al., 2018). Therefore, it is imperative that CBT clinicians are antiracist in their work and workplaces and are trained in the provision of culturally responsive CBT. This workshop will present some background knowledge and foundational skills for being an antiracist therapist and implementing culturally responsive cognitive behavioral interventions.

#### Outline:

- Awareness and knowledge needed for culturally-responsive, anti-racist CBT
  - Defining racism at the individual, interpersonal, and institutional and systemic levels
  - Foundational understanding of racism and mental health care, cultural humility, and anti-racist mental health care
  - Awareness of the practices related to the mental health care process that could contribute to marginalization and self-reflection related to how these may occur in one's own workplace or therapy practice





JESSICA LoPresti

Tahirah Abdullah

- Understanding one's own positionality as it relates to power and privilege in the context of the therapist role, one's other identities, and the client's identities
- Knowledge of the assumptions of cognitive-behavioral therapies and ways that these assumptions could contribute to marginalization if applied inappropriately
- Skills needed for culturally-responsive, anti-racist CBT
  - Development of skills related to culturally-responsive and anti-racist mental health care, including the policies and procedures in the therapy office and the process in the therapy room
  - Appropriate application of CBT in the context of racism-related stress
  - Specific skills to enhance, frame, and contextualize psychoeducation, cognitive restructuring, exposure, acceptance, and other cognitive-behavioral interventions
  - Develop individual plan for engaging in the continued learning and self-reflection needed to be a culturally-responsive/humble and anti-racist therapist.

#### You will learn:

- Consider and describe positionality as it relates to engaging in anti-racist CBT.
- Identify and describe how racism-related stressors impact the development, course, and treatment of people of color experiencing psychological distress.
- Increase awareness and understanding of ways CBT's assumptions may further marginalize clients of color when applied to experiences of racism.
- Describe, understand, and develop skills related to providing anti-racist, culturally responsive CBT.

#### Long-term Goal:

 Develop a plan with accountability for how you will work towards a more antiracist therapy practice

Recommended Readings: Graham-LoPresti, J. R., Gautier, S. W., Sorenson, S., & Hayes-Skelton, S. A. (2017). Culturally sensitive adaptations to evidence-based cognitive behavioral treatment for social anxiety disorder: A case paper. Cognitive and Behavioral Practice, 24(4), 459-471. http://dx.doi.org/10.1016/j.cbpra.2016.12.003Harrell, S. (2010). A multidimensional conceptualization of racism-related stress: Implications for the well-being of people of color. Journal of Orthopsychiatry, 70, 42-57. https://doi.org/10.1037/h0087722Hinton, D. and Patel, A. (2017). Cultural adaptations of cognitive behavioral therapy. Psychiatric Clinics of North America, 40, 1-14. https://doi.org/10.1016/j.psc.2017.08.006Iwamasa, G. Y., & Hays, P. A. (2019). Culturally responsive cognitive be-

havior therapy: Practice and supervision, 2nd ed. American Psychological Association. Graham-LoPresti J.R., Abdullah T., Calloway A. (2020) Culturally Responsive Assessment and Treatment of Generalized Anxiety Disorder. In: Benuto L., Gonzalez F., Singer J. (eds) Handbook of Cultural Factors in Behavioral Health. Springer, Cham. https://doi.org/10.1007/978-3-030-32229-8\_17

### Wednesday, November 17

Institute 1

10:30 a.m. – 7:00 p.m. Earn 7 continuing education credits



# Organization and Executive Function Skills Interventions for Children and Adolescents with ADHD

Margaret H. Sibley, Ph.D., University of Washington School of Medicine Richard Gallagher, Ph.D., New York University School of Medicine

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: ADHD, Evidence-Based Practice

Two efficacious psychosocial interventions are available for treating the challenging difficulties that youth with attention-deficit/hyperactivity disorder (ADHD) have in managing home and school demands. One is for children and their parents (Organization Skills Training, OST; Abikoff et al., 2013) and one is for teens and their parents (Supporting Teens' Autonomy Daily, STAND; Sibley et al., 2016). Participants will learn how deficits in organizational skills and executive functioning hinder school productivity, school performance, and contribute to documented conflicts in family relationships and emotional distress in children and adolescents. Instruction is given on the details of the two interventions and how to implement components of the interventions. Special therapeutic techniques are incorporated, including motivational interviewing and how to view skill deficits as problems to manage, rather than defining personal character flaws. Participants learn how to deliver the interventions in clinical settings and how to select youth for whom the interventions are most appropriate.

#### Outline:

- Setting the Agenda
- Executive Function and Organizational Skills Issues ADHD in general and pre-teen children
- Executive Function and Developmental Considerations for Treatment in teens
- Empirical Support and Foundation of Organizational Skills Training
- Organizational Skills Training Overview
- Organizational Skills Training Detailed Session Review and Practice/Demonstration
- OST Implementation Questions
- STAND
- Conclusion and Questions

#### Long-term goals:

- Conduct manualized, empirically tested treatments to improve organization, time management, planning, and executive functions skills, which are proven to have positive effects on family functioning and academic productivity and performance.
- Utilize best practices to promote youth skill application outside of session, including engaging the parent in contingency management to promote skill practice.

#### You will learn:

- Identify three common organization, time management, and planning deficits in children and adolescents with ADHD and list how they impact home and family.
- Know how to conduct a systematic evaluation for identifying up to four organizational, time management, planning, and executive function deficits through the use of questionnaires or functional interviews.
- Identify the key components of the Organization Skills Training treatment.
- Identify the key components of the Supporting Teens' Autonomy Daily Program.
- Integrate motivational techniques into treatment to engage parents and youth.

Recommended Readings: Abikoff, H., Gallagher, R., Wells, K. C., Murray, D. W., Huang, L., Lu, F., & Petkova, E. (2013). Remediating organizational functioning in children with ADHD: immediate and long-term effects from a randomized controlled trial. Journal of Consulting and Clinical Psychology, 81(1), 113-128.Gallagher, R., Abikoff, H. B., & Spira, E. G. (2014). Organizational skills training for children with ADHD: An empirically supported treatment. Guilford Press.Nigg, J. T. (2017). Getting Ahead of ADHD: What Next-Generation Science Says about Treatments That Work? and How You Can Make Them Work for Your Child. Guilford Press.Sibley, M.H., Graziano, P.A., Kuriyan, A.B., Coxe, S., Pelham, W.E., Rodriguez, L.M. et al., (2016). Parent-Teen Behavior Therapy + Motivational Interviewing for Adolescents with ADHD. Journal of Consulting & Clinical Psychology, 84, 699-712.Sibley, M.H. (2016). Parent-Teen Therapy for Executive Function Deficits and ADHD: Building Skills and Motivation.

## Culturally Responsive, Anti-racist Cognitive Behavioral Therapeutic Practice: Awareness, Knowledge, and Skills

Wednesday, 12:30 p.m. – 4:30 p.m. Earn 3 continuing education credits (Participants must take part I and II)

Jessica LoPresti, Ph.D., Suffolk University Tahirah Abdullah, Ph.D., University of Massachusetts Boston

All levels of familiarity with the material level of familiarity with the material Primary Category: Treatment-CBT

Key Words: CBT, Evidence-Based Practice, Race

While racial diversity grows in the U.S., stark disparities in access to quality, effective mental healthcare grow in tandem, debilitating people and communities of color (Cook et al., 2017; Creedon & Cook, 2016). Even after surmounting barriers to accessing mental healthcare, people of color frequently experience negative outcomes related to mental health treatment experiences. Research has suggested several reasons for the decreased likelihood of receiving quality, effective mental health services for people of color, including lack of culturally responsive mental healthcare (American Psychiatric Association, 2017). Further, racism has been and continues to be pervasive in U.S. society, contributing to increased racism-related stress, psychological distress, anxiety, depression, and trauma symptoms (Abdullah et al., in press; Brown et al. 2000; Hwang & Goto, 2008; Pieterse et al., 2010; Whitbeck et al., 2002). Cognitive behavioral therapy has long been considered a gold standard, evidence-based best practice for the treatment of many psychological challenges (David et al., 2018). Therefore, it is imperative that CBT clinicians are antiracist in their work and workplaces and are trained in the provision of culturally responsive CBT. This workshop will present some background knowledge and foundational skills for being an antiracist therapist and implementing culturally responsive cognitive behavioral interventions.

#### Outline:

- Awareness and knowledge needed for culturally-responsive, anti-racist CBT
  - Defining racism at the individual, interpersonal, and institutional and systemic levels
  - Foundational understanding of racism and mental health care, cultural humility, and anti-racist mental health care
  - Awareness of the practices related to the mental health care process that could contribute to marginalization and self-reflection related to how these may occur in one's own workplace or therapy practice





JESSICA LoPresti

Tahirah Abdullah

- Understanding one's own positionality as it relates to power and privilege in the context of the therapist role, one's other identities, and the client's identities
- Knowledge of the assumptions of cognitive-behavioral therapies and ways that these assumptions could contribute to marginalization if applied inappropriately
- Skills needed for culturally-responsive, anti-racist CBT
  - Development of skills related to culturally-responsive and anti-racist mental health care, including the policies and procedures in the therapy office and the process in the therapy room
  - Appropriate application of CBT in the context of racism-related stress
  - Specific skills to enhance, frame, and contextualize psychoeducation, cognitive restructuring, exposure, acceptance, and other cognitive-behavioral interventions
  - Develop individual plan for engaging in the continued learning and self-reflection needed to be a culturally-responsive/humble and anti-racist therapist.

#### You will learn:

- Consider and describe positionality as it relates to engaging in anti-racist CBT.
- Identify and describe how racism-related stressors impact the development, course, and treatment of people of color experiencing psychological distress.
- Increase awareness and understanding of ways CBT's assumptions may further marginalize clients of color when applied to experiences of racism.
- Describe, understand, and develop skills related to providing anti-racist, culturally responsive CBT.

#### Long-term Goal:

 Develop a plan with accountability for how you will work towards a more antiracist therapy practice

Recommended Readings: Graham-LoPresti, J. R., Gautier, S. W., Sorenson, S., & Hayes-Skelton, S. A. (2017). Culturally sensitive adaptations to evidence-based cognitive behavioral treatment for social anxiety disorder: A case paper. Cognitive and Behavioral Practice, 24(4), 459-471. http://dx.doi.org/10.1016/j.cbpra.2016.12.003Harrell, S. (2010). A multidimensional conceptualization of racism-related stress: Implications for the well-being of people of color. Journal of Orthopsychiatry, 70, 42-57. https://doi.org/10.1037/h0087722Hinton, D. and Patel, A. (2017). Cultural adaptations of cognitive behavioral therapy. Psychiatric Clinics of North America, 40, 1-14. https://doi.org/10.1016/j.psc.2017.08.006Iwamasa, G. Y., & Hays, P. A. (2019). Culturally responsive cognitive be-

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1:00 p.m. - 6:00 p.m.

Earn 5 continuing education credits

#### Institute 5



## Health Improvement Practitioners: Using Focused ACT in the Primary Care Behavioral Health Model

Patti J. Robinson, Ph.D., Mountainview Consulting Group, Inc. Kirk D. Strosahl, Ph.D., Heart Matters Consulting

Basic to Moderate level of familiarity with the material

Primary Category: Primary Care / Integrated Care

Key Words: ACT (Acceptance & Commitment Therapy), Health Care System, Primary

Care

In 2017, New Zealand (NZ) initiated a pilot study to explore the impact of integrating behavioral health care into primary care to improve behavioral health access and outcomes for all NZ citizens. In the pilot study and in a National Demonstration project that followed it, all staff recruited to work as Health Improvement Practitioners (HIPs) were trained to work in the Primary Care Behavioral Health Model (PCBH; Robinson & Reiter, 2016) and to use Focused Acceptance and Commitment Therapy (Focused ACT) (Robinson, 2020) to inform assessment and intervention development. A review of 29 studies found that the PCBH model offers an effective population health approach to behavioral health service delivery and that it is associated with positive patient and implementation outcomes. Focused ACT is a brief intervention approach that developed in parallel with ACT. In this institute, Robinson and Strosahl introduce key components of the PCBH model and the Focused ACT approach and describe procedures used in training NZ HIPs. Findings of the NZ experiment included improved access and clinical outcomes for patients, including Maori and Pacific Islanders—a giant step toward realization of health equity. Other findings included improved patient and physician satisfaction and a trend toward lower rates of prescribing antidepressants. The NZ Ministry of Health made a policy decision to expand HIP services in 2019, with a goal of making HIP services available to all citizens. Participants will view a role-play demonstration of a Focused ACT visit and review handouts that support rapid development of foundational skills. Participants will also be invited to think through issues related to scaling up HIP services, training HIP trainers, and developing a national registry of HIP outcomes. The institute will conclude with small group work centering on participant plans to use PCBH and Focused ACT strategies in their practice and to identify actions they might take to promote transformation in their communities based on the New Zealand integrated care experiment.

#### You will learn:

- Describe the PCBH model using the GATHER acronym.
- List areas of assessment typically included in the Focused ACT approach.
- Define the intended outcome of every Focused ACT visit.
- List the components of a Focused ACT follow-up visit.
- Describe what happens when a HIP receives a "warm handover".

#### Long-term goals:

This institute offers you the opportunity to learn about cutting-edge dissemination of behavior change interventions that:

- Address both medical and psychological health
- Improve patient or client access to health care
- Improve patient engagement.
- Empower greater equity in use of and benefit from behavioral health services.

Recommended Readings: Dobmeyer, A. C., Hunter, C. L., Corso, M. L., Nielsen, M. K., Corso, K. A., Polizzi, N. C., & Earles, J. E. (2016). Primary care behavioral health provider training: Systematic development and implementation in a large medical system. Journal of Clinical Psychology in Medical Settings, 23, 207-224.Robinson, P. J. (2020). Basics of Behavior Change in Primary Care. Springer.Robinson, P. J., Oyemaja, J., Beachy, B., Goodie, J., Bell, J., Sprague, L., Maples, M. & Ward, C. (2018). Creating a primary care workforce: Strategies for leaders, clinicians, and nurses. Journal of Clinical Psychology in Medical Settings, 20(3). DOI: 10.1007/s10880-017-9530-yRobinson, P. J., & Reiter, J. T. (2016). Behavioral consultation and primary care: A guide to integrating services(2nd ed.). Springer.Robinson, P. J., Von Korff, M., Bush, T., Lin, E. H. B., & Ludman, E. J. (2020). The impact of Primary Care Behavioral Health services on patient behaviors: A randomized controlled trial. Family Systems and Health, 38(1), 6-15.

#### Earn 5 continuing education credits

#### Institute 7



## The CALM Program: Treating Early Childhood Anxiety Using PCIT

Anthony Puliafico, Ph.D., Columbia University Irving Medical Center Jami M. Furr, Ph.D., Florida International University Jonathan S. Comer, Ph.D., Florida International University

> Basic to Moderate level of familiarity with the material Primary Category: Child / Adolescent - Anxiety

Key Words: Child, Anxiety, PCIT (Parent Child Interaction Therapy)

Over the last two decades, parent- and family-based approaches to treat early childhood anxiety have garnered increasing evidence (e.g., Carpenter et al., 2014). One such promising intervention is the CALM Program (Puliafico et al., 2013), which is an adaptation of Parent Child Interaction Therapy (PCIT) to treat anxiety in children ages 3-8. In the CALM Program, caregivers learn skills to more effectively guide and reinforce their child in approaching anxiety-provoking situations and to extinguish avoidance patterns via selective attention, modeling and effective instruction given in caregiver-only "teach" sessions. During "coach" sessions, caregivers receive live, in-session coaching in the application of these skills while leading their child through graded exposure exercises. As in standard PCIT, therapists conduct live coaching unobtrusively, often from behind a one-way mirror, which facilitates generalization to other settings. Coaching sessions continue until caregivers exhibit skill mastery and exposure goals are consistently met. A recently completed RCT evaluating a telehealth format of the CALM Program (i.e., iCALM) demonstrated initial efficacy in reducing early anxiety problems and associated family impairment, particularly among families presenting with high levels of baseline accommodation (Comer et al., 2021). Such support has been particularly encouraging in the context of the COVID-19 pandemic and the sharp rise in telehealth service utilization This session is intended to familiarize attendees with the CALM Program and to teach specific skills associated with the treatment. The rationale for applying PCIT-based treatment principles to treating early child anxiety will be reviewed. A session-by-session description of the treatment will be provided. Key treatment components will be demonstrated and role-played, including live bug-in-the-ear parent coaching of child exposures. The presenters will also review strategies for effectively applying the CALM Program over telehealth using the iCalm intervention.

#### Outline:

- Rationale for treating early childhood anxiety with PCIT
- Developmental considerations that influence treatment modality and structure
- Brief review of PCIT for early childhood disorders

- Review of existing research supporting parent-based interventions for early child-hood anxiety
- Review of existing research supporting the CALM Program and iCALM for early childhood anxiety
  - Overview of the CALM Program treatment approach
- Review of behavioral approaches emphasized throughout CALM Program treatment (e.g., selective attention, parent modeling, graded exposure)
- Discussion of the role of caregivers in treatment
- Rationale for the use of live in-session coaching of skills
- Review of assessments used to assess child anxiety and treatment progress
  - Session-by-session description of the CALM Program
- Teaching caregivers CDI skills and providing anxiety psychoeducation
- Coaching caregivers in use of CDI skills
- Role-play demonstrating use of CDI skills to shape child approach behavior
- Teaching DADS skills to caregivers
- Coaching caregivers in use of DADS skills during exposures with children
- Role-play/video demonstrating use of DADS skills
  - Applying the CALM Program to telehealth using iCALM
- Rationale for use of iCALM treatment approach
- Treatment modifications when providing iCALM via telehealth
- Video demonstrating iCALM intervention
  - Audience Question & Answer

#### You will learn:

- Discuss the rationale for adapting PCIT to the treatment of anxiety in young children.
- Describe the role of parental attention in maintaining anxiety symptoms in young children.
- Identify 3 developmentally appropriate treatment strategies when working with young children with anxiety disorders.
- Explain the 4 steps of the DADS sequence of behaviors used to promote approach behavior.
- Identify 2 factors to help determine if the iCALM telehealth format should be considered.

#### Long-term goals:

- Demonstrate how to use selective attention to shape a child's approach and avoidance behavior.
- Coach caregivers in leading their children in exposure-based interventions.

Recommended Readings: Carpenter, A.L., Puliafico, A., & Kurtz, S., Pincus, D.B., & Comer, J.S. (2014). Adapting Parent-Child Interaction Therapy for mood and anxiety problems in young children: New advances for an overlooked population. Clinical Child and Family Psychology Review, 17(4), 340-356. doi: 10.1007/s10567014-0172-4Comer, J.S., Furr, J.M., del Busto, C., Silva, K., Hong, N., Poznanski, B., Sanchez, A., Cornacchio, D., Herrera, A., Coxe, S., Miguel, E., Georgiadis, C., Conroy, K., & Puliafico, A.C. (2021). Therapist-led, family-based treatment for early child social anxiety: A waitlist-controlled evaluation of the iCALM Telehealth Program. [Advance online]. https://doi.org/10.1016/j.beth.2021.01.004Comer, J.S., Puliafico, A.C., Aschenbrand, S.G., McKnight, K., Robin, J.A., Goldfine, M.E., & Albano, A.M. (2012). A pilot feasibility evaluation of the CALM Program for anxiety disorders in early childhood. Journal of Anxiety Disorders, 26(1), 40-49. doi: 10.1016/j.janxdis.2011.08.011Puliafico, A. C., Comer, J. S., & Albano, A. M. (2013). Coaching approach behavior and leading by modeling: Rationale, principles, and a session-by-session description of the CALM program for early childhood anxiety. Cognitive and Behavioral Practice, 20(4), 517-528. https://doi.org/10.1016/j.cbpra.2012.05.002

#### Earn 5 continuing education credits

#### Institute 3



#### Treating Transdiagnostic Sleep and Circadian Problems in Clinical Practice: Basics & Beyond

Allison G. Harvey, Ph.D., University of California Berkeley Emma Agnew, LCSW, LCSW, University of California, Berkeley Marlen Diaz, B.A., University of California, Berkeley

> Basic level of familiarity with the material Primary Category: Transdiagnostic Key Words: CBT, Sleep, Transdiagnostic

Sleep and circadian problems are among the most prevalent problems. They undermine our emotional functioning, our health, and our cognition, and they contribute to behavioral problems such as risk taking and substance use. Much research on sleep and circadian problems has been disorder-focused—treating a specific sleep problem (e.g., insomnia) in a specific diagnostic group (e.g., depression). However, real-life sleep and circadian problems are not so neatly categorized. Insomnia often overlaps with hypersomnia, delayed sleep phase and irregular sleep-wake schedules. This core observation was one of the factors that motivated the development of the Transdiagnostic Sleep and Circadian Intervention (TranS-C). The goal of TranS-C is to provide a treatment approach for a variety of sleep problems comorbid with a variety of psychological and physical disorders, and that can be used confidently by a variety of mental health professionals. TranS-C draws from and combines CBT-I with elements from three existing evidence-based treatments: Interpersonal and Social Rhythm Therapy, chronotherapy, and Motivational Enhancement (Miller & Rollnick, 2012). TranS-C is a modular approach to reversing and maintaining psychosocial, behavioral, and cognitive processes via four cross-cutting modules, four core modules, and seven optional modules. The four cross-cutting modules are: case formulation; education; behavior change and motivation; goal setting. The four core modules are: establishing regular sleep-wake times, including learning a wind-down and wake-up routine; improving daytime functioning; correcting unhelpful sleep-related beliefs; and maintenance of behavior change. The optional modules are: improving sleep efficiency; reducing time in bed; dealing with delayed or advanced phase; reducing sleep-related worry/vigilance; promoting compliance with CPAP/exposure therapy for claustrophobic reactions to CPAP; negotiating sleep in a complicated environment and reducing nightmares.

#### Outline:

- Assessment
- Sleep and circadian functioning across the lifespan
- Rationale for TranS-C and evidence base.

- Crossing cutting modules
  - case formulation
  - education
  - behavior change and motivation
  - goal setting
- Core modules
  - establishing regular sleep-wake times including learning a wind-down and wake-up routine
  - improving daytime functioning
  - correcting unhelpful sleep-related beliefs
  - maintenance of behavior change
- Brief overview of the Optional Modules fuller description of two commonly used optional modules:
  - improving sleep efficiency
  - reducing sleep-related worry/vigilance
- Adapting TranS-C for various people and contexts

#### You will learn:

- Gain understanding of the key aspects of the biology, psychology and social context of the sleeper.
- Acquire skills to assess sleep and circadian functioning.
- Acquire skills in completing a case conceptualization.
- Acquire skills in delivering the core modules of TranS-C.
- Gain understanding on how to adapt CBT-I for teens and comorbid cases, particularly people diagnosed with a mood disorder.

Recommended Readings: Condon, H. E., Maurer, L. F., & Kyle, S. D. (2020). Reporting of adverse events in cognitive behavioural therapy for insomnia: A systematic examination of randomised controlled trials. Sleep Medicine Reviews, 101412. Edinger, J. D., Arnedt, J. T., Bertisch, S. M., Carney, C. E., Harrington, J. J., Lichstein, K. L., ... Martin, J. L. (2021). Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine systematic review, meta-analysis, and GRADE assessment. Journal of Clinical Sleep Medicine, 17(2), 263-298. Harvey, A. G., & Buysse, D. J. (2017). Treating sleep problems: A transdiagnostic approach. Guilford Publications. Harvey, A. G., Dong, L., Hein, K., Yu, S., Martinez, A., Gumport, N., et al. (in press). A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) to improve serious mental illness outcomes in a community setting. Journal of Consulting and Clinical Psychology. Harvey, A. G., Hein, K., Dolsen, M. R., Dong, L., Rabe-Hesketh, S., Gumport, N. B., et al. (2018). Modifying the impact of eveningness chronotype ("night-owls") in youth: A randomized controlled trial. Journal of the American Academy of Child & Adolescent Psychiatry, 57(10), 742-754.

#### **Special Session - Orientation to the Virtual Convention**

Gregory S. Chasson, Ph.D., Illinois Institute of Technology Elizabeth C. Katz, Ph.D., Towson University

Join Gregory Chasson and Elizabeth Katz, ABCT's Program Chair and Associate Program Chair at 6:15 pm to learn how to navigate the virtual platform and make the most of the virtual convention experience this year. Whether you are a new member, first-time convention attendee, or just want to learn how to navigate our virtual convention, all are welcome. Take full advantage of earning continuing education credits. Discover the new electronic evaluation forms, CE certificates, attendee quizzes, and the credit tracking system. Enjoy networking opportunities, gain insights into the convention electronic program and learn how to plan your itinerary. Keep in mind that we begin each day with an invited address. Plan to stay connected to ABCT throughout the year via our website, Facebook page, Twitter, Instagram, Special Interest Groups, and other networking opportunities. Next up, ABCT President David Tolin welcomes you to ABCT's virtual convention and presents his Presidential Address, "Hoarding: Chasing a New Diagnosis Through Brain, Body, and Behavior"

#### Earn 1 continuing education credit

#### Presidential Address

## Hoarding: Chasing a New Diagnosis Through Brain, Body, and Behavior

David F. Tolin, Ph.D., ABPP, Anxiety Disorders Center, Institute of Living Adjunct Professor of Psychiatry, Yale University School of Medicine 2021 President, Association for Behavioral and Cognitive Therapies



David F. Tolin

Dr. Tolin is the Founder and Director of the Anxiety Disorders Center at the Institute of Living, and an Adjunct Professor of Psychiatry at Yale University School of Medicine. He is the President of the Association for Behavioral and Cognitive Therapies and the Past-President of the Clinical Psychology Division of the American Psychological Association. His research is funded by the National Institutes of Health. He received the Award for Lifetime Contribution to Psychology from the Connecticut Psychological Association. Dr. Tolin is the author of over 200 scientific journal articles, as well as several books including Doing CBT: A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions, and Buried in Treasures: Help for Compulsive Acquiring, Saving, and Hoarding. Dr. Tolin has been featured on the reality TV series Hoarders and The OCD Project and has been a recurrent guest on The Oprah Winfrey Show and The Dr. Oz Show.

All levels of familiarity level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: *Hoarding*, *Psychophysiology*, *Neuroscience* 

Hoarding disorder (HD) is a relatively new diagnosis in DSM-5. Characterized by

excessive clutter and difficulty discarding objects, this condition is both common and potentially debilitating. Cognitive-behavioral therapy has been demonstrated to be efficacious, but most patients remain clinically symptomatic after treatment. I suggest that

current CBT faces an "efficacy ceiling" due to our currently fragmented understanding of the disorder. I will discuss a body of research aimed at increasing our understanding of central and peripheral nervous system correlates of HD and will describe how those correlates are reflected in behavior. We will also examine current research on neural moderators and mediators of CBT treatment. The ultimate aim of this research is to develop a working model of HD that will inform specific, targeted intervention efforts. To this end, we will review novel interventions that might more specifically target dysfunctional brain mechanisms and provide greater symptom relief.

#### Outline:

- 1. Review of HD symptoms and prevalence
- 2. Efficacy and limitations of CBT for HD
- 3. Understanding poor insight through blunted responding
- 4. Understanding decision-making deficits through central and peripheral hyperactivation
- 5. Discussion of novel interventions targeting biological dysfunction

#### You will learn:

- Review the efficacy and limitations of CBT for HD.
- Discuss how HD is associated with abnormalities of peripheral physiology.
- Describe the neural correlates of HD and its treatment.

#### Long-Term Goal

Discuss an emerging biopsychosocial model of HD.

Recommended Readings: Tolin, D. F., Wootton, B. M., Levy, H. C., Hallion, L. S., Worden, B. L., Diefenbach, G. J., . . . Stevens, M. C. (2019). Efficacy and mediators of a group cognitive-behavioral therapy for hoarding disorder: A randomized trial. Journal of Consulting and Clinical Psychology, 87(7), 590-602. doi: 10.1037/ccp0000405Stevens, M. C., Levy, H. C., Hallion, L. S., Wootton, B. M., & Tolin, D. F. (2020). Functional neuroimaging test of an emerging neurobiological model of hoarding disorder. Biological Psychiatry: Cognitive Neuroscience and Neuroimaging, 5, 68-75. doi: 10.1016/j. bpsc.2019.08.010Levy, H. C., Nett, A., & Tolin, D. F. (2019). Discarding personal possessions increases psychophysiological activation in patients with hoarding disorder. Psychiatry Research, 272, 499-506. doi: 10.1016/j.psychres.2018.12.163

### **Thursday, November 18**

10:30 a.m. – 12:00 p.m. Earn 1.5 continuing education credits

#### Clinical Round Table 1

#### Moving Towards Culturally Informed and Antioppressive, Trauma-focused Care

MODERATORS: Samantha N. Hellberg, B.A., University of North Carolina at

Chapel Hill

Casey D. Calhoun, Ph.D., Department of Psychiatry, University of North Carolina at Chapel Hill

PANELISTS: Molly Cevasco, Ph.D., Seattle Children's Hospital

Isha W. Metzger, Ph.D., University of Georgia Kimberlye E. Dean, Ph.D., Massachusetts General

Hospital; Harvard Medical School

Jillian Shipherd, Ph.D., Veterans Health Administration Central Office; National Center for PTSD Women's Health Sciences Division at VA Boston Healthcare

System; Boston University

Rosaura Orengo-Aguayo, Ph.D., Medical University of

South Carolina

Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: Trauma, Underserved Populations, Evidence-Based Practice

Individuals from historically disadvantaged and marginalized groups are disproportionately exposed to trauma and stress and are thus at greater risk of posttraumatic stress (PTS) and stress-related mental health conditions. Despite the clear need for trauma-informed interventions that accommodate experiences of oppression, disadvantage, and mistreatment, sparse literature exists to guide clinicians in adapting trauma-focused care to better meet the needs of diverse clients. The use of culturally informed assessments of trauma and PTS are critical for addressing structural oppression and clinician biases that could result in misdiagnosis, insufficient conceptualization of risk and resiliency factors, and ineffective treatment planning. Such approaches would align with public health initiatives centered on reducing the toll of historical and current oppression and trauma on minority mental and physical health. Expert panelists will share research evidence and anecdotal accounts relevant to the provision of culturally informed and anti-oppressive care for patients who have experienced cultural oppression or mistreatment. PTS and stressor-related disorders will be explored, with an emphasis on cultural factors to consider in assessment, case conceptualization, diagnostic formulations, and treatment planning. Panelists will share information about how oppression contributes to trauma-related psychopathology and ways clinicians can adapt CBT-based trauma interventions to improve outcomes for patients holding identities linked with oppression (e.g., race/ethnicity, sexual orientation, gender, ability). Panelists will also highlight key research gaps and crucial next steps in optimizing trauma-focused care for oppressed individuals. A handout of resources will be provided to support continued learning.

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Clinical Round Table 3

## Using Technology to Improve Access, Engagement, Research, and Outcomes with Cognitive Behavioral Therapy

MODERATORS: J. Ryan Fuller, Ph.D., My Best Practice

Jacqueline B. Persons, Ph.D., Oakland Cognitive Behavior

Therapy Center

PANELISTS: Lindsay A. Bornheimer, Ph.D., University of Michigan

Douglas W. Woods, Ph.D., Marquette University

Nicole A. Stadnick, Ph.D., University of California San

Diego

Alex R. Dopp, Ph.D., RAND

Andrea K. Graham, Ph.D., Northwestern University

Feinberg School of Medicine

Primary Category: Technology

Key Words: Technology / Mobile Health, CBT, Treatment

Despite advances in evidence-based therapies and technology, many continue to suffer with behavioral health issues. A number of barriers limit access to EBP, and many people are unresponsive to treatment. The COVID-19 pandemic has exacerbated some of these issues, especially for many minorities.

Seven panelists will describe and discuss the way they use existing technologies and have developed new ones to overcome some of the hurdles of access and to improve clinical care

Jacqueline B. Persons will describe web-based tools and other technology she uses as part of her practice infrastructure, which she has designed to support data collection for both clinical and research purposes.

Lindsay Bornheimer will describe the utility and scalability of an innovative technology-assisted and simulation-based CBT skill evaluation program, developed by SIMmersion, to disseminate evidence-based care.

Doug Woods will describe how <a href="www.tichelper.com">www.tichelper.com</a>, an online self-help website for families of children with tics, can increase the accessibility of behavior therapy. He will also describe how wearable technologies can be integrated with traditional behavioral interventions.

J. Ryan Fuller will explain how evidence-based practices can be integrated into a webbased electronic-health record (My Best Practice) to improve clinical outcomes, enhance client engagement, and reach underserved populations. Nicole Stadnick will share her work on how electronic health record platforms and other digital mental health technologies can expand access to care and reduce disparities to that access for underserved communities.

Alex Dopp will describe how to optimize the use of video-conferencing technology to deliver psychological services, as well as the application of implementation science and human-centered design strategies to increase the use of video-conferencing by mental health professionals.

Andrea Graham will discuss the best methods to design, test, and implement digital mental health interventions, with a particular focus on their integration in health care settings.

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Clinical Round Table 2

## **CBT & ACT for the People: Adapting Group Treatments for a True Clinical Population**

MODERATORS: Lynn M. McFarr, Ph.D., Harbor-University of California, Los

Angeles Medical Center

Anne Marie Albano, ABPP, Ph.D., Modern Minds

PANELISTS: Zachary Blumkin, Psy.D., Columbia University Medical Center

Erica Gottlieb, Ph.D., Columbia University Medical

Center

Elizabeth Ellman, Psy.D., Columbia University Medical

Center

Jared O'Garro-Moore, Ph.D., Columbia University Medical

Center

Constance Abruzzese, Ph.D., Columbia University Medical

Center

Primary Category: Treatment - CBT

Key Words: CBT, ACT (Acceptance & Commitment Therapy), Group Therapy

Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT) have demonstrated strong empirical support for treatment of anxiety and depression (Forman et al., 2007; Hofmann & Smits, 2008; Zettle, 2015). However, these interventions are primarily conducted in individual, in-person settings, increasing costs and reducing accessibility compared to telehealth group therapy. There is concrete evidence that group approaches are efficacious for anxiety (Norton & Barrera, 2012) and depression (Thimm & Antonssen, 2014). Nevertheless, a significant limitation of the current research is the diagnostic homogeneity of its participants (Norton & Barrera, 2012).

In order to reach larger populations, our field must continue to create, evaluate, and promote the most effective therapeutic groups designed for patients with significant comorbidities. To enhance the impact of cognitive and behavior therapies across populations and systems, this panel will discuss the effectiveness and efficacy of telehealth CBT and 3<sup>rd</sup> wave groups modernized (utilizing an inhibitory learning model) for individ-

uals with multiple diagnoses and symptom presentations; including, but not limited to, personality disorders and substance use disorders.

The panelists have successfully developed and implemented these groups at an Intensive Outpatient Program for an acute patient population with comorbid diagnoses. Outcome data, which will be presented, demonstrate a statistically significant reduction in self-reported symptoms over a two-month period in both CBT and ACT groups. The panelists will discuss how these groups target symptoms of anxiety and depression; including the most effective mechanisms of change. The panelists will also address effective clinician strategies for challenging clinical moments in addition to telehealth adaptations created during the COVID-19 pandemic. Existing research on barriers to group-based CBT and 3<sup>rd</sup> wave interventions will also be reviewed. Finally, implications for future research and practice will be discussed.

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 1

## Training and Implementation of CBT for Psychosis in Clinical Services to Improve Equity and Quality of Care for Veterans

Moderator: Yuliana Gallegos Rodriguez, Ph.D., VA San Diego Healthcare

System; University of California, San Diego

PANELISTS: Colin J. Carey, Ph.D., VA San Diego Healthcare System;

University of California, San Diego

Samantha J. Reznik, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Yulia Landa, M.S., Psy.D., Icahn School of Medicine at Mount Sinai; Veteran's Affairs VISN 2 Mental Illness Research Education and Clinical Center (MIRECC)

Joseph Deluca, Ph.D., Icahn School of Medicine at Mount Sinai; Veteran's Affairs VISN 2 Mental Illness Research

Education and Clinical Center (MIRECC)

Shirley M. Glynn, Ph.D., UCLA

Primary Category: Schizophrenia / Psychotic Disorders Key Words: Psychosis / Psychotic Disorders, CBT, Implementation

Individuals living with a serious mental illness (SMI) often lack access to evidence-based treatments. Although there is substantial evidence that Cognitive Behavior Therapy for Psychosis (CBTp) can improve outcomes for individuals with SMI, many clinical settings serving this population do not provide or have training in this modality. However, a new postdoctoral specialty in SMI has recently been approved by the American Psychological Association, so developing effective trainings in evidence-based treatments for SMI, such as CBTp, as well as presenting advances in the practice of CBTp, has become especially timely. Panelists were chosen to discuss their efforts toward training and implementation of CBTp in VA clinical settings from local to national levels. Initial discussion

will focus on the research supporting CBTp and the potential benefits of its implementation for individuals with SMI. Next, panelists will describe several CBTp training and implementation projects, including developing a novel CBTp group for ethnic/minority Veterans, delivering culturally adapted CBTp, training and implementation projects at two large VAs, and pilot-testing a training package as part of the development of a national VA CBTp training program. After describing the projects, panelists will describe their experiences with systemic and clinician-cited barriers to training and implementation, including time, funding, and established practices. Second, they will describe creative solutions to such barriers, emphasizing the importance of multidisciplinary partnership and sustainability. Informally, this diverse panel, consisting of early career professionals and established leaders in the field, will discuss the research-practice gap in CBTp and future directions for reducing this gap at each career stage. Finally, panelists will end with a call to action for CBTp implementation and training on local and national levels.

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 3

## Moving Beyond the Therapy Room to Examine Internal and External Influences in Tourette Syndrome

CHAIR: Brianna Wellen, M.S., The University of Utah
DISCUSSANT: Michael B. Himle, Ph.D., The University of Utah

Basic to Moderate level of familiarity with the material Primary Category: Tic and Impulse Control Disorders Key Words: Tic Disorders, Tourette Syndrome

#### Tics and Hiring Decisions: The Impact of Tic Severity and Disclosure

Emily I. Braley, M.S., The University of Utah Michael B. Himle, Ph.D., The University of Utah Jordan Stiede, B.S., Marquette University Bridget O'Brien, B.A., Marquette University Douglas W. Woods, Ph.D., Marquette University

### Twitter Chatter About Tourette Syndrome: What's Being Said, Who's Saying It, and What Draws Attention?

Serina Weiler, San Jose State University
Isaac P. Seneca, B.A., San Jose State University
Kalina Regnier, BA, San Jose State University
Anjelica M. Martinez, B.S., San Jose State University
Matthew Capriotti, Ph.D., San Jose State University

#### Modeling the Process Underlying Behavior Therapy for Persistent Tic Disorders

Brianna Wellen, M.S., The University of Utah Priya Ramanujam, Ph.D., Children's Program Michael B. Himle, Ph.D., The University of Utah

## Pairing CBT with Transcranial Magnetic Stimulation: Lessons Learned in Targeting Tics

Jennifer Alexander, Ph.D., University of Minnesota Katie Beard, B.S., University of Minnesota Marwa Ibrahim, B.S., University of Minnesota Suma Jacob, M.D., Ph.D., University of Minnesota Christine Conelea, Ph.D., University of Minnesota

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 5

## Expanding the Implementation of Evidence-based Diagnostic Assessment: Methods to Enhance the Feasibility and Applicability of the Evidence-based Assessment (EBA) Model

CHAIRS: Amanda Jensen-Doss, Ph.D., University of Miami

Elizabeth Casline, M.S., University of Miami

DiscussanT: Bryce McLeod, Ph.D., Virginia Commonwealth University

Moderate level of familiarity with the material Primary Category: Assessment Key Words: Assessment, Diagnosis, Child

#### Shinvdlrs: A Dashboard to Facilitate Evidence-based Assessment

Zachary Goodman, M.A., University of Miami Elizabeth Casline, M.S., University of Miami Amanda Jensen-Doss, Ph.D., University of Miami Jill Ehrenreich-May, Ph.D., University of Miami Sierra Bainter, Ph.D., University of Miami

## Diagnostic Accuracy of the CASI- 4R and the YI Substance Use Subscale, and ASEBA in Detecting Substance Use Disorders (SUDs) in Youths

Angelina Pei-Tzu Tsai, M.S., University of North Carolina at Chapel Hill

Eric A. Youngstrom, Ph.D., University of North Carolina Chapel Hill/Helping Give Away Psychological Science

Jennifer Youngstrom, Ph.D., Department of Psychology & Neuroscience, University of North Carolina at Chapel Hill

The LAMS Group, Ph.D.s, M.D.s, Multiple organizations

Robert L. Findling, M.D., MBA, Virginia Commonwealth University

## Exploring the Application of the Evidence-based Assessment (EBA) Model to a Randomized Controlled Trial for Youth Anxiety and Depression

Elizabeth Casline, M.S., University of Miami

Zachary Goodman, M.A., University of Miami

Sierra Bainter, Ph.D., University of Miami

Jill Ehrenreich-May, Ph.D., University of Miami

Golda Ginsburg, Ph.D., University of Connecticut School of medicine

Amanda Jensen-Doss, Ph.D., University of Miami

## Establishing Clinical Significance Benchmarks and Minimally Important Difference for 17 Industry Standard Measures

Caroline G. Vincent, B.S., University of North Carolina at Chapel Hill

Eric A. Youngstrom, Ph.D., University of North Carolina Chapel Hill/Helping Give Away Psychological Science

Joshua Langfus, M.A., Department of Psychology & Neuroscience, University of North Carolina at Chapel Hill

Jennifer Youngstrom, Ph.D., Department of Psychology & Neuroscience, University of North Carolina at Chapel Hill

Robert L. Findling, M.D., MBA, Virginia Commonwealth University

#### Earn 1.5 continuing education credits

#### Symposium 8

## Impact of the covid-19 Crisis on Individuals with OCD and the Providers Who Treat Them: Challenging Assumptions About How, for Whom, and Why Effects Exist

CHAIR: Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical

School

DISCUSSANT: Jonathan S. Abramowitz, Ph.D., University of North Carolina at

Chapel Hill

Basic to Moderate level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: OCD (Obsessive Combulsive Disorder), Anxiety, Treatment

## Impact of the COVID-19 Pandemic on Exposure and Response Prevention Outcomes in Adults and Youth with Obsessive-compulsive Disorder

Eric A. A. Storch, Ph.D., Baylor College of Medicine Jessica Sheu, B.A., Baylor College of Medicine Andrew Guzick, Ph.D., Baylor College of Medicine Sophie Schneider, Ph.D., Baylor College of Medicine Sandra Cepeda, M.A., Baylor College of Medicine Bianca Rombado, B.A., Baylor College of Medicine Rohit Gupta, B.A., Baylor College of Medicine Connor Hoch, M.D., Baylor College of Medicine Wayne Goodman, M.D., Baylor College of Medicine

## This Is What We've Been Training For! Patients' Challenges and Resiliency During and Following Treatment for OCD in the covid-19 Pandemic

Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical School Meghan Schreck, Ph.D., McLean Hospital/Harvard Medical School Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical School Jason Krompinger, Ph.D., McLean Hospital/Harvard Medical School Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School Jacob Nota, Ph.D., McLean Hospital/Harvard Medical School

#### OCD and Anxiety in the Time of COVID-19: A Global Pandemic's Impact on Mental Health Patients and Their Treatment Providers

Bradley Riemann, Ph.D., Rogers Behavioral Health System Caitlin M. Pinciotti, Ph.D., Rogers Behavioral Health System Kelly Piacsek, Ph.D, Rogers Behavioral Health System Brian Kay, M.A., Rogers Behavioral Health System Brenda Bailey, Ph.D., Rogers Behavioral Health System

#### The Behavioral Immune System and Conducting Exposure and Response Prevention for Contamination Fear During COVID-19

Charlene Minaya, B.A., Fordham University Dean McKay, ABPP, Ph.D., Fordham University Eric A. A. Storch, Ph.D., Baylor College of Medicine

Intolerance of Uncertainty as a Factor Linking Obsessive-compulsive Symptoms, Health Anxiety and Concerns About the Spread of the Novel Coronavirus (COVID-19) in the United States

Michael G. Wheaton, Ph.D., Barnard College

Gabrielle R. Messner, B.A., Columbia University/New York State Psychiatric Institute Jenna Marks, B.A., Barnard College

#### Earn 1.5 continuing education credits

#### Symposium 1

#### Overcoming Barriers to Care for LGBTQA+ Communities: Successes and Opportunities

CHAIR: Debra A. Hope, Ph.D., University of Nebraska-Lincoln

DISCUSSANT: Jae A. Puckett, Ph.D., Michigan State University

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Evidence-Based Practice, Treatment

#### Testing Affirmative Principles of Care for Transgender and Gender Diverse Adults

Allura L. Ralston, M.A., University of Nebraska-Lincoln

Sage A. Volk, B.A., University of Nebraska-Lincoln

Alex Farguhar-Leicester, M.A., University of Nebraska-Lincoln

Christen Seyl, University of Nebraska-Lincoln

T. Zachary Huit, M.A., University of Nebraska-Lincoln

Hannah M. Coffey, M.A., University of Nebraska-Lincoln

Richard Mocarkski, Ph.D., University of Nebraska at Kearney

Nathan Woodruff, University of Nebraska-Lincoln

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

## Participant- and Clinician-identified Barriers and Facilitators to Provision of an Affirmative Cognitive Behavioural Group Intervention to LGBTQ+ Youth and Young Adults

Shelley L. Craig, Ph.D., LCSW, University of Toronto

Rachael Pascoe, MSW, Ph.D.(c), University of Toronto

## Getting a Letter: Exploring the Process of Psychosocial Evaluation Prior to Gender Affirming Care

Sharon N. Obasi, Ph.D., University of Nebraska at Kearney

Brenna Lash, MA, University of Nebraska-Lincoln

Allura L. Ralston, M.A., University of Nebraska-Lincoln

T. Zachary Huit, M.A., University of Nebraska-Lincoln

Natalie Holt, M.A., University of Nebraska-Lincoln

Richard Mocarkski, Ph.D., University of Nebraska at Kearney

Nathan Woodruff, University of Nebraska-Lincoln

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

## Current Capacity and Future Implementation of mental Health Services in US LGBTQ Community Centers

John Pachankis, Ph.D., Yale School of Public Health Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health Skyler D. Jackson, Ph.D., Yale School of Public Health

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 4

## Protecting the Most Vulnerable: Suicide Prevention in the Justice System

CHAIR: Brittany Rudd, Ph.D., University of Illinois at Chicago DISCUSSANT: Jennifer Johnson, Ph.D., Michigan State University

Basic to Moderate level of familiarity with the material Primary Category: Suicide and Self-Injury Key Words: Suicide, Criminal Justice, Implementation

## Initial Findings from the Suicide Prevention Intervention for At-risk Individuals in Transition (SPIRIT) Study

Lauren Weinstock, Ph.D., Alpert Medical School of Brown University Jennifer Johnson, Ph.D., Michigan State University

Gregory Brown, Ph.D., University of Pennsylvania, Perelman School of Medicine

Barbara Stanley, Ph.D., Columbia University

Richard Jones, ScD, Brown University

Ted miller, Ph.D., Pacific Institute for Research and Evaluation

Ivan Miller, Ph.D., Brown University

#### Suicide Prevention in Juvenile Justice Using the Sequential Intercept Model

Kathleen Kemp, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

#### E-connect: Harnessing Technology to Identify Suicidal Behavior in Youth on Probation and Effectively Link Them to Care

Katherine Elkington, Ph.D., Columbia University

Katherine Elkington, Ph.D., Columbia University

Faye Taxman, Ph.D., George Mason University

Michael Dennis, Ph.D., Chestnut health Systems

Corianna E. Sichel, Ph.D., Columbia University/New York State Psychiatric Institute

Margaret Ryan, MPH, Columbia University

Gail Wasserman, Ph.D., Columbia University

## Implementation and Quality of Suicide Prevention Guidelines in Juvenile Detention: A Qualitative Inquiry with Juvenile Detention Directors

Sean Snyder, LCSW, LCSW, MSW, Penn Medicine

Charlotte Goff, AM, University of Illinois at Chicago

Emily Potter, B.A., University of Pennsylvania

Brittany Rudd, Ph.D., University of Illinois at Chicago

## The Zero Suicide Model for Juvenile Detention: Leadership, Training, and Staff Attitudes Matter

Brittany Rudd, Ph.D., University of Illinois at Chicago Danielle Stern, M.D., University of Illinois at Chicago Emily Potter, B.A., University of Pennsylvania

Charlotte Goff, AM, University of Illinois at Chicago

10:30 a.m. - 12:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 2

#### Innovations in the Role of Hormones in Exposure-based Therapy for Anxiety Disorders

CHAIR: Hannah Levy, Ph.D., Anxiety Disorders Center, The Institute

of Living

DISCUSSANT: Stefan G. Hofmann, Ph.D., Boston University

Moderate level of familiarity with the material Primary Category: Adult Anxiety

Key Words: Anxiety, PTSD (Posttraumatic Stress Disorder), Exposure

## Does Low Estradiol Reduce the Efficacy of Interoceptive Exposure Therapy for Women with Panic Disorder?

Hannah Levy, Ph.D., Anxiety Disorders Center, The Institute of Living Anishka Jean, B.A., Anxiety Disorders Center, institute of living jessica mullins, M.D., Obstetrics & Gynecology, Hartford Hospital David F. Tolin, Ph.D., ABPP, Anxiety Disorders Center, Institute of Living

## Estradiol and Treatment Response in Prolonged Exposure Therapy for Women with PTSD

Jessica Maples-Keller, Ph.D., Emory University School of Medicine

Vasiliki Michopoulos, Ph.D., Emory University School of Medicine

Jennifer Stevens, Ph.D., Emory University School of Medicine

Carly Yasinski, Ph.D., Emory University School of Medicine

Mansi Mehta, Ph.D., Emory University School of Medicine

Seth Norrholm, Ph.D., Wayne State University

Tanja Jovanovic, Ph.D., Wayne State University

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

Barbara Rothbaum, Ph.D., ABPP, Emory University School of Medicine

## Translational Approach Towards Understanding the Impact of Sex Hormones on Fear Conditioning and Its Extinction: Implications to Psychopathology and Its Treatment

Mohammed R. Milad, Ph.D., New York University School of Medicine

## Neuroendocrine Biomarkers of Prolonged Exposure Treatment Response in Military-related PTSD

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

Rebecca K. Sripada, Ph.D., University of Michigan

Mark S. Burton, Ph.D., Emory University

Vasiliki Michopoulos, Ph.D., Emory University School of Medicine

Kimberly Kerley, Emory University School of Medicine

Christine Marx, M.D., Duke University School of Medicine

Jason Kilts, Ph.D., Duke University School of Medicine

Jennifer Naylor, Ph.D., Duke University School of Medicine

Barbara Rothbaum, Ph.D., ABPP, Emory University School of Medicine

Carmen P. McLean, Ph.D., National Center for PTSD

Alicia Mmith, Ph.D., Emory University School of Medicine

Seth Norrholm, Ph.D., Wayne State University

Tanja Jovanovic, Ph.D., Wayne state University

Israel Liberzon, M.D., Texas A&M University

Douglas williamson, M.D., Duke University School of Medicine

Jeffrey Yarvis, Ph.D., Carl R. Darnall Army Medical Center

Katherine Dondanville, Ph.D., University of Texas Health Science Center at San Antonio

Stacey Young-McCaughan, Ph.D., University of Texas Health Science Center at San Antonio and South Texas Veterans Health Care System

Terence Keane, Ph.D., VA Boston Healthcare System

Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio

#### Earn 1.5 continuing education credits

#### Symposium 7

## Cultivating Religiosity and Spirituality (R/S): Spiritual Bypass and External Locus of Control as Barriers to Better Mental Health

CHAIR: Salman S. Ahmad, M.S., University of Miami

DISCUSSANT: Stevan L. Nielsen, Ph.D., Brigham Young University

All level of familiarity with the material Primary Category: Spirituality and Religion Key Words: Spirituality and Religion, Coping, College Students

Spiritual Bypass: Context, Measurement, and New Horizons *Jesse Fox, Ph.D.*, Stetson University

The Relationship of Spiritual Bypass to an External Locus of Control and Scrupulosity in Muslims Living in the United States: A Follow-up Study Salman S. Ahmad, M.S., University of Miami Merranda McLaughlin, B.A., University of Miami Amy Weisman de Mamani, Ph.D., University of Miami

Religious Coping and Free Will Perceptions as Predictors of Expressed Emotion (EE) in Caregivers of Individuals with Dementia

Amy Weisman de Mamani, Ph.D., University of Miami

Cultivating Sacred Moments: Evaluating a Pilot Program to Foster Psychospiritual Wellbeing
Serena Wong, M.A., Bowling Green State University

Kenneth Pargament, Ph.D., Bowling Green State University

#### Earn 1.5 continuing education credits

#### Symposium 9

#### Anxiety in Children with Autism Spectrum Disorder: Enhancing Treatment Effects by Targeting Neural and Behavioral Mechanisms

CHAIR: Denis Sukhodolsky, Ph.D., Yale University School of Medicine

DISCUSSANT: Matthew D. Lerner, Ph.D., Stony Brook University

Moderate level of familiarity with the material
Primary Category: Autism Spectrum and Developmental Disorders
Key Words: Autism Spectrum Disorders, Translational Research, Emotion Regulation

## Six-month Follow-up of Standard-practice CBT and Adapted CBT for Anxiety in Youth with Autism: A Multisite Randomized Clinical Trial

Jeffrey Wood, Ph.D., University of California, Los Angeles

Philip C. Kendall, ABPP, ABPP, Ph.D., Temple University

Karen Wood, Ph.D., University of California, Los Angeles

Connor Kerns, Ph.D., University of British Columbia

Brent Small, Ph.D., University of South Florida School of Aging Studies

Adam Lewin, Ph.D., ABPP, University of South Florida

Eric A. A. Storch, Ph.D., Baylor College of Medicine

### The Contributions of ADHD to the Severity and Functional Impact of Anxiety in Autistic Children

Elise Ng-Cordell, B.A., The University of British Columbia

Eric A. A. Storch, Ph.D., Baylor College of Medicine

Philip C. Kendall, ABPP, ABPP, Ph.D., Temple University

Jeffrey Wood, Ph.D., University of California, Los Angeles

Connor Kerns, Ph.D., University of British Columbia

## Aggressive Behavior Is Associated with Reduced Social Adaptive Functioning in Children with Autism and Anxiety

Carla Kalvin, Ph.D., Yale University School of Medicine

Rebecca Jordan, B.A., Yale Child Study Center

Sonia Rowley, B.A., Yale Child Study Center

Karim Ibrahim, Psy.D., Yale University School of Medicine, Child Study Center

Denis Sukhodolsky, Ph.D., Yale University School of Medicine

## Atypical Neural Mechanisms of Emotion Regulation in Children with ASD and Co-occurring Anxiety Disorders

Denis Sukhodolsky, Ph.D., Yale University School of Medicine
Carla Kalvin, Ph.D., Yale University School of Medicine
Rebecca Jordan, B.A., Yale Child Study Center
Karim Ibrahim, Psy.D., Yale University School of Medicine, Child Study Center
Wan-Ling Tseng, Ph.D., Yale Child Study Center

## Amygdala-prefrontal Connectivity in Children with Autism Spectrum Disorder and Co-occurring Anxiety and Disruptive Behavior

Karim Ibrahim, Psy.D., Yale University School of Medicine, Child Study Center Sonia Rowley, B.A., Yale Child Study Center Rebecca Jordan, B.A., Yale Child Study Center Gregory McCarthy, Ph.D., Yale University, Department of Psychology Denis Sukhodolsky, Ph.D., Yale University School of Medicine

#### Earn 1.5 continuing education credits

#### Symposium 6

## CBT in Context: Exploring the Role of Social and Environmental Contextual Factors in the Course and Outcome of Youth Depression Treatment and Prevention

CHAIR: Rachel A. Vaughn-Coaxum, Ph.D., University of Pittsburgh

School of Medicine

DISCUSSANT: Laura G. McKee, Ph.D., Ph.D., University of Georgia

Basic to Moderate level of familiarity with the material Primary Category: Child / Adolescent - Depression Key Words: Depression, CBT, Child

#### Sleep and Social Media as Contextual Factors to Consider in Treatment for Adolescents with Depression and Suicidality

Jessica Hamilton, Ph.D., Rutgers University

Candice Biernesser, Ph.D., University of Pittsburgh

Rachel A. Vaughn-Coaxum, Ph.D., University of Pittsburgh School of Medicine

Giovanna Porta, M.S., University of Pittsburgh

Edward Hamilton, University of Pittsburgh

Kelsey Johnson, LPC, University of Pittsburgh

Dara Sakolsky, M.D., University of Pittsburgh

Kimberly Poling, LCSW, University of Pittsburgh

David Brent, M.D., University of Pittsburgh

Peter Franzen, Ph.D., University of Pittsburgh

Tina Goldstein, Ph.D., University of Pittsburgh

#### Social Support and Parental Conflict as Predictors of Response to Group Cognitive Behavior Therapy for Adolescent Depression

Lisa Venanzi, M.Ed., Vanderbilt University

Autumn Kujawa, Ph.D., Vanderbilt University

#### The Influence of Childhood Adversity on Youth Depression Outcomes: Secondary Analysis of a Randomized Controlled Effectiveness Trial Comparing CBT to Usual Care

Rachel A. Vaughn-Coaxum, Ph.D., University of Pittsburgh School of Medicine John R. R. Weisz, Ph.D., ABPP, Harvard University

#### Predictors of Response to a Family Group-based Cognitive Behavioral Preventive Intervention in an Ethnically Diverse Sample of Children of Depressed Mothers

Ariela J. Kaiser, M.A., University of Illinois at Chicago

Bruce Compas, Ph.D., Vanderbilt University

Alison Calentino, B.A., University of Illinois at Chicago

Katie L. Burkhouse, Ph.D., University of Illinois at Chicago

## Behaviorally Enhancing Adolescents' Mood in Schools (BEAM-S): Contextual Factors at Play in Preventing Depression in Teens with ADHD During COVID-19

Karen Schwartz, Ph.D., University of Maryland Sha Raye Horn, MPS, University of Maryland, College Park Andrea M. Chronis-Tuscano, Ph.D, University of Maryland Patricia Triece, B.A., University of Maryland, College Park Michael C. Meinzer, Ph.D., University of Illinois at Chicago

12:15 p.m. - 1:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 11

## Mind-body Interventions for Emotional and Behavioral Disorders

CHAIR: Stefan G. Hofmann, Ph.D., Boston University DISCUSSANT: Stefan G. Hofmann, Ph.D., Boston University

All level of familiarity with the material Primary Category: Treatment - Mindfulness & Acceptance

Key Words: Mindfulness, Clinical Trial, Randomized Controlled Trial

#### Kundalini Yoga as Treatment for Generalized Anxiety Disorder

Danielle M. Moskow, M.A., Boston University

Stefan G. Hofmann, Ph.D., Boston University

Naomi Simon, M.D., NYU Langone Health, New York University School of Medicine David Rosenfield, Ph.D., Southern Methodist University

Susanne S. Hoeppner, Ph.D., M.Ap.Stat., Massachusetts General Hospital

Elizabeth Hoge, M.D., Georgetown University Medical Center

Eric Bui, MD, Ph.D., Massachusetts General Hospital/Harvard Medical School

Sat Bir Khalsa, Ph.D., Brigham and Women's Hospital, Harvard Medical School

#### Comparison of a Mindfulness-based Intervention and Cognitive Behaviour Therapy for Social Anxiety Disorder

Diana Koszycki, Ph.D., University of Ottawa

Jacques Bradwejn, M.D., FRCPC, University of Ottawa

Eva Guérin, Ph.D., Department of National Defence, Government of Canada

Julia DiMillo, Ph.D., University of Ottawa

#### Yoga May Aid Smoking Cessation Efforts

Beth C. Bock, Ph.D., Alpert Medical School of Brown University

Herpreet Thind, Ph.D., University of Massachusetts

Rochelle Rosen, Ph.D., Brown University School of Public Health

Shira Dunsiger, Ph.D., Brown University

### Impact of Digitally Delivered Online Mindfulness-based Cognitive Therapy on Suicidal Ideation

Joseph Levy, B.A., University of Colorado Boulder

Sona Dimidjian, Ph.D., University of Colorado Boulder

Julia Kaufman, B.A., University of Colorado Boulder

Robert Gallop, Ph.D., West Chester University

Natalie Coleman, B.A., University of Colorado Boulder

Arne Beck, Ph.D., Kaiser Permanente Colorado - Institute for Health Research

Jennifer Boggs, Ph.D., MSW, Kaiser Permanente Colorado - Institute for Health Research

Zindel Segal, Ph.D., University of Toronto Scarborough

### Mindful Yoga for Young Women with Major Depressive Disorder: A Randomized Controlled Trial

Nina Vollbehr, M.S., Lentis (Center for Integrative Psychiatry) and University of Groningen

Rogier Hoenders, M.D., Ph.D., Lentis

Agna Bartels-Velthuis, Ph.D., Lentis

Maaike Nauta, Ph.D., University of Groningen

Stynke Castelein, Ph.D., Lentis

Maya Schroevers, Ph.D., University Hospital Groningen

Dennis Stant, Ph.D., Zovon

Casper Albers, Ph.D., University of Groningen

Peter de Jong, Ph.D., University of Groningen

Brian Ostafin, Ph.D., University of Groningen

#### Symposium 19

## Innovations in Service Delivery to Promote Health Equity for Children with ADHD

CHAIRS: Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of

Philadelphia/Perelman School of Medicine at University

of Pennsylvania

Thomas J. Power, ABPP, Ph.D., Children's Hospital of Philadelphia, Perelman School of Medicine at University

of Pennsylvania

DISCUSSANT: Heather A. Jones, Ph.D., Virginia Commonwealth University

Moderate level of familiarity with the material Primary Category: ADHD - Child

Key Words: ADHD, Community-Based, Treatment

### Revising the Community-based Implementation Model for STAND: An Evidence-based Behavior Therapy for Adolescent ADHD

Margaret H. Sibley, Ph.D., University of Washington School of Medicine

Leonard Bickman, Ph.D., Florida International University

Paulo Graziano, Ph.D., Florida International University

Mercedes Ortiz, B.A., Seattle Children's Hospital

Alexandria Rios-Davis, B.A., Florida International University

Courtney A. Zulauf-McCurdy, Ph.D., University of Washington School of Medicine

#### Promoting Equity in Implementation of an Organizational Skills Intervention in Diverse Schools

Phylicia F. Fleming, Ph.D., Children's Hospital of Philadelphia

Theresa Egan, Ph.D., Children's Hospital of Philadelphia

Cristin Montalbano, Ph.D., New Jersey Coalition for Inclusive Education, Children's Hospital of Philadelphia

Howard Abikoff, Ph.D., Hassenfeld Children's Hospital at New York University Langone

Richard Gallagher, Ph.D., New York University School of Medicine

Thomas J. Power, ABPP, Ph.D., Children's Hospital of Philadelphia, Perelman School of Medicine at University of Pennsylvania

Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/Perelman School of Medicine at University of Pennsylvania

Jenelle Nissley-Tsiopinis, Ph.D., Children's Hospital of Philadelphia

### Leveraging Workforces and Service Delivery Platforms to Expand Access to Evidence-based Parent Training for ADHD

Anil Chacko, Ph.D., New York University

### Supporting Behavioral Parent Training Engagement in Urban Pediatric Primary Care Settings

Alex Holdaway, Ph.D., Children's Hospital of Philadelphia

Billie Schwartz, Ph.D., Children's Hospital of Philadelphia

Bridget Poznanski, M.S., Children's Hospital of Philadelphia

Thomas J. Power, ABPP, Ph.D., Children's Hospital of Philadelphia, Perelman School of Medicine at University of Pennsylvania

Jennifer A. Mautone, ABPP, Ph.D., Children's Hospital of Philadelphia/Perelman School of Medicine at University of Pennsylvania

12:15 p.m. - 1:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 12

#### Recent Developments in Studying Fear and Avoidance Learning as Mechanisms for Understanding and Treating Anxiety Disorders

CHAIR: Tomer Shechner, Ph.D., University of Haifa DISCUSSANT: Tomer Shechner, Ph.D., University of Haifa

All level of familiarity with the material Primary Category: Adult Anxiety Key Words: Fear, Anxiety, Adolescents

#### Avoidance Learning from a Developmental Perspective

Zohar Klein, B.A., M.A., University of Haifa Gil Shner, School of Psychological Sciences, University of Haifa Smadar Berger, B.A., University of Haifa Bram Vervliet, Ph.D., Ku Leuven Tomer Shechner, Ph.D., University of Haifa

### Development of Safety Cue Learning and Alterations in Pediatric Anxiety Disorders

Dylan Gee, Ph.D., Yale University

Anita Harrewijn, Ph.D., National Institute of Mental Health (NIMH)

Kitt Elizabeth, B.S., National Institute of Mental Health (NIMH)

Rany Abend, Ph.D., National Institute of Mental Health (NIMH)

Chika Matsumoto, B.S., National Institute of Mental Health (NIMH)

Paola Odriozola, Ph.D., Yale University

Anderson Winkler, Ph.D., Yale University

Ellen Leibenluft, Ph.D., National Institute of Mental Health (NIMH)

Daniel Pine, Ph.D., National Institute of Mental Health (NIMH)

#### Low-cost and Costly Avoidance in Anxiety Disorders

Andre Pittig, Ph.D., Wurzburg University

Juliane M. Boschet, M.Sc., University of Wuerzburg

Valentina Glück, M.Sc., University of Wuerzburg

Kristina Schneider, M.A., University of Wuerzburg

### Heightened Threat Reactivity to Safe Stimuli Predict Longitudinal Increases in GAD and SAD Symptoms over the First Year of College

Christopher Hunt, B.A., M.A., University of Minnesota

Shmuel Lissek, Ph.D., University of Minnesota

12:15 p.m. - 1:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 18

# Leveraging Human Support for the Dissemination of Cognitive-behavioral Skills Through Technology-delivered Interventions

CHAIR: Maya Hareli, B.A., Loyola University Chicago
DISCUSSANT: Emily G. Lattie, Ph.D., Northwestern University

All level of familiarity with the material

Primary Category: Technology

Key Words: Technology / Mobile Health, Dissemination, Implementation

### A Preliminary Measure of the Supportive Accountability Model for Coached Digital Interventions

Jonah Meyerhoff, Ph.D., Northwestern University Feinberg School of Medicine Shefali Haldar, Ph.D., Northwestern University

### Lessons Learned: Providing Supportive Accountability to Individuals Enrolled in an Online Anxiety Intervention

Alexandra Werntz, Ph.D., University of Virginia & UMass Boston

Alexandra L. Silverman, M.A., University of Virginia

Henry Behan, M.A., University of Virginia

Miranda L. Beltzer, M.A., University of Virginia

Mehdi Boukhechba, Ph.D., University of Virginia

Laura Barnes, Ph.D., University of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

#### Implementation of Peer Supportive Accountability in a Randomized Controlled Trial of a Mindfulness App for Depressed College Students

Carol Hundert, M.A., Loyola University Chicago

Rebecca Silton, Ph.D., Loyola University Chicago

Colleen Conley, Ph.D., Loyola University Chicago

# Challenges and Recommendations from Piloting a Supportive Accountability-based Technology-delivered Intervention (TDI) for Adult Mentor-youth Mentee Dyads

Vincent Donofrio, B.S., Fordham University

Maya Hareli, B.A., Loyola University Chicago

Jeremy Astesano, B.A., University of Massachusetts Boston

Alexandra Werntz, Ph.D., University of Virginia & UMass Boston

Elizabeth Raposa, Ph.D., Fordham University

Colleen Conley, Ph.D., Loyola University Chicago

Jean Rhodes, Ph.D., University of Massachusetts Boston

#### Symposium 15

### Addressing Social Determinants of Health in Cognitive and Behavioral Treatments for Trauma Survivors

CHAIR: Joah Williams, Ph.D., University of Missouri-Kansas City DISCUSSANT: Alyssa A. Rheingold, Ph.D., Medical University of South

Carolina

Basic to Moderate level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: Trauma, Treatment/ Program Design, Early Intervention

### Responsive Individualized Support and Early Intervention for Nonfatal Shooting Victims: A Hospital-based, Stepped-care Program

Joah Williams, Ph.D., University of Missouri-Kansas City Madeleine Hardt, M.A., University of Missouri - Kansas City Aisling V. Henschel, M.S., University of Missouri-Kansas City Rosemary Friend, RN, BSN, Truman Medical Centers Jennifer Schrag, LSCSW, LCSW, Truman Medical Centers Michael Moncure, M.D., Truman Medical Centers

### Targeting Skills for Psychological Recovery: Patient Endorsed Psychosocial and Health-related Needs After Gunshot Wound

Madeleine Hardt, M.A., University of Missouri - Kansas City Aisling V. Henschel, M.S., University of Missouri-Kansas City Joah Williams, Ph.D., University of Missouri-Kansas City

### Implementing Behavioral Activation and Therapeutic Exposure (BA-TE) via Home-based Telehealth in an Urban Treatment-seeking Sample

Aisling V. Henschel, M.S., University of Missouri-Kansas City Madeleine Hardt, M.A., University of Missouri - Kansas City Jennifer Osborne, Ph.D., Truman Medical Center Joah Williams, Ph.D., University of Missouri-Kansas City

# The Community Outreach Program-esperanza (COPE): Contextualizing Social Determinants of Health in a Community Outreach Program for Trauma-exposed Populations

Meg M. Wallace, Medical University of South Carolina Rosaura Orengo-Aguayo, Ph.D., Medical University of South Carolina Alyssa A. Rheingold, Ph.D., Medical University of South Carolina Michael A. de Arellano, Ph.D., Medical University of South Carolina

### Enhancing Community Response for Disaster-affected Youth and Families Using the ECHO Training Model

Erin Hambrick, Ph.D., University of Missouri, Kansas City Joah Williams, Ph.D., University of Missouri, Kansas City Eve-Lynn Nelson, Ph.D., University of Kansas Medical Center Madeleine Hardt, M.A., University of Missouri, Kansas City Jen Collins, M.A., University of Missouri, Kansas City Leni Swails, Ph.D., University of Kansas Medical Center Sklyar Bellinger, Ph.D., University of Kansas Medical Center Alice Zhang, Ph.D., University of Kansas Medical Center Ashley Fowler, Ph.D., University of Kansas Medical Center Melissa Maras, Ph.D., University of Missouri Kristi Gagnon, B.A., University of Kansas Medical Center Robert Stiles, MPH, University of Kansas Medical Center

12:15 p.m. - 1:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 14

#### What Happens After People Leave Treatment? Examining Transdiagnostic Illness Trajectories and Transitions During Critical Periods

CHAIRS: Rowan A. Hunt, B.A., University of Louisville, Department of

Psychological & Brain Sciences

Shirley B. Wang, M.A., Harvard University

DISCUSSANT: Matthew K. Nock, Ph.D., Harvard University

Basic to Moderate level of familiarity with the material Primary Category: Transdiagnostic

Key Words: Relapse, Recovery, Change Process / Mechanisms

### Using Real-time Monitoring of Emotion Regulation Skills During Mealtimes to Understand Illness Trajectories in Eating Disorders

Rowan A. Hunt, B.A., University of Louisville, Department of Psychological & Brain Sciences

Ani Keshishian, B.A., University of Louisville

Stephanie Fan, B.A., University of Louisville

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

### Idiographic Prediction of Suicidal Thoughts After Discharge from Psychiatric Hospitalization

Shirley B. Wang, M.A., Harvard University

Ruben van Genugten, A.M., Harvard University

Maha Al-Suwaidi, B.A., Harvard University

Kate H Bentley, Ph.D., Department of Psychiatry, Massachusetts General Hospital

Dylan DeMarco, B.A., Harvard University

Walter Dempsey, Ph.D., University of Michigan

Rebecca G Fortgang, Ph.D., Harvard University

Erin Kilbury, M.A., Harvard University

Evan M M. Kleiman, Ph.D., Rutgers University

Hye-In Lee, B.S., Harvard University

Alexander Millner, Ph.D., Franciscan Children's

Jordyn R. Ricard, B.A., Harvard University

Kelly Zuromski, Ph.D., Harvard University

Matthew K. Nock, Ph.D., Harvard University

#### The Addictions Neuroclinical Assessment Negative Emotionality Domain Among Treatment-seekers with Alcohol Use Disorder: Implications for Precision Medicine

Victoria R. Votaw, M.S., University of New Mexico

Elena Stein, M.S., University of New Mexico

Katie Witkiewitz, Ph.D., University of New Mexico

### Emotion Regulation Processes in Adolescents Following Psychiatric Hospitalization

Alexandra Bettis, Ph.D., Vanderbilt University Medical Center

Taylor Burke, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Jaqueline Nesi, Ph.D., Brown University

Richard Liu, Ph.D., Brown University

#### Symposium 20

#### Designing Personalized Cognitive-behavioral Treatments for Youth: Approaches to Guide Clinical Decision Making Across Various Stages of Intervention

CHAIRS: Natalie Hong, M.S., Florida International University

Lesley A. Norris, M.A., Temple University

DISCUSSANT: Jill Ehrenreich-May, Ph.D., University of Miami

Basic to Moderate level of familiarity with the material

Primary Category: Program / Treatment Design

Key Words: Clinical Decision Making, Treatment, Psychotherapy Outcome

### Leveraging Early Treatment Progress Data to Detect Risk of Ultimate PCIT Nonresponse

Natalie Hong, M.S., Florida International University Adela Timmons, Ph.D., Florida International University Timothy Hayes, Ph.D., Florida International University Kristina Conroy, M.S., Florida International University Daniel Bagner, Ph.D., Florida International University Jonathan S. Comer, Ph.D., Florida International University

### Person-centered Profiles Among Treatment-seeking Children and Adolescents with Anxiety Disorders

Lesley A. Norris, M.A., Temple University
Thomas Olino, Ph.D., ABPP, Temple University
Philip C. Kendall, ABPP, ABPP, Ph.D., Temple University

### Using Empirically-derived Profiles and Measurement-based Care to Guide Transdiagnostic Treatment Personalization

Sarah M. Kennedy, Ph.D., University of Colorado School of Medicine Niza Tonarely, M.S., University of Miami Elizabeth Halliday, B.A., University of Miami

### Leveraging Sequential Multiple Assignment Randomized Trials (SMARTs) to Empirically Guide Clinical Decision-making

Matthew W. Southward, Ph.D., University of Kentucky Shannon Sauer-Zavala, Ph.D., University of Kentucky

#### Symposium 13

#### Military Couple Health Across the Deployment Cycle

CHAIR: Christina Balderrama Durbin, Ph.D., Binghamton University DISCUSSANT: David S. Riggs, Ph.D., Uniformed Services University of the

health sciences

All level of familiarity with the material Primary Category: Couples / Close Relationships Key Words: Couples / Close Relationships, Military, Risk / Vulnerability Factors

### Predicting Marital Health from Adverse Childhood Experiences Among United States Air Force Active Duty Personnel

Jeffrey A. Cigrang, ABPP, Ph.D., Wright State University School of Professional Psychology

Christina Balderrama-Durbin, Ph.D., Binghamton University

Douglas Snyder, Ph.D., Texas A&M University

Aleja Parsons, Ph.D., New York University

Kelsey Lorko, Psy.M., Wright State University

Avantika Gupta, B.A., Wright State University

Amy Smith-Slep, Ph.D., New York University

Richard Heyman, Ph.D., New York University

Danielle Mitnick, Ph.D., New York University

Kati Wijdenes, Ph.D., 48 Medical Group

Courtney Yahle, Psy.M., Wright State University

#### The Link Between Individual Health, Relationship Health and Suicide Risk Among United States Air Force Active Duty Personnel

Aleja Parsons, Ph.D., New York University

Aleja Parsons, Ph.D., New York University

Amy Slep, Ph.D., NYU

Sangwon Kim, Ph.D., NYU

Kelsey Lorko, Psy.M., Wright State University

Avantika Gupta, B.A., Wright State University

Danielle Mitnick, Ph.D., New York University

Christina Balderrama-Durbin, Ph.D., Binghamton University

Jeffrey A. Cigrang, ABPP, Ph.D., Wright State University School of Professional Psychology

Richard Heyman, Ph.D., New York University

Douglas Snyder, Ph.D., Texas A&M University

Courtney Yahle, Psy.M., Wright State University

### Trajectories of Relational Turbulence and Affectionate Communication Across the Post-deployment Transition

Lynne M. Knobloch-Fedders, Ph.D., Marquette University

Leanne Knobloch, Ph.D., University of Illinois

Jeremy Yorgason, Ph.D., Brigham Young University

Erin Wehrman, Ph.D., Missouri State University

J. Kale Monk, Ph.D., University of Missouri

### Psychological and Relationship Distress in Military Partners: Associations with Service Members' PTSD, Deployment Stress and Military Life Stress

Sissi Ribeiro, M.A., George Mason University

Keith Renshaw, Ph.D., George Mason University

Elizabeth Allen, Ph.D., University of Colorado Denver

### Changes in Parenting over the Course of Deployment for National Guard Parents: Predictors and Implications

Christopher Erbes, ABPP, Ph.D., Minneapolis VAMC/CCDOR/University of MN Christopher Erbes, ABPP, Ph.D., Minneapolis VAMC/CCDOR/University of MN Jessica Hill, M.A., University of Minnesota

Melissa Polusny, Ph.D. LP, Minneapolis VA/University of Minnesota

#### Symposium 17

## Not Just a Young Girl's Struggle: Body Image and Eating Disorders in Midlife and Older Women

CHAIRS: Lisa S. Kilpela, Ph.D., UT Health San Antonio Barshop

Institute for Longevity and Aging Studies Kerstin K. Blomquist, Ph.D., Furman University

DISCUSSANT: Pamela Keel, Ph.D., Florida State University

Basic to Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: Body Image, Eating, Aging

#### A 30-year Longitudinal Study of Body Weight, Dieting, and Eating Pathology Across Women and Men from Late Adolescence to Later Mid-life

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

K. Jean Forney, Ph.D., Ohio University

Kelly Klein, Ph.D., VA Boston Healthcare System, Brockton Division; Harvard Medical School

Charlotte Grillot, M.A., M.S., Florida State University

Pamela Keel, Ph.D., Florida State University

### A Network Investigation of Body Image and Eating Disorder Symptoms During Midlife and Young Adulthood

Jessica Baker, Ph.D., University of North Carolina at Chapel Hill

Ziqian Xu, University of North Carolina At Chapel Hill

Susan Girdler, Ph.D., University of North Carolina At Chapel Hill

#### Aging-related Factors Associated with Binge Eating Among Older Women

Lisa S. Kilpela, Ph.D., UT Health San Antonio Barshop Institute for Longevity and Aging Studies

Victoria Marshall, B.A., UT Health San Antonio Barshop Institute for Longevity and Aging Studies

Robina Sandhu, M.P.H., University of Texas Health Science Center at San Antonio Pamela Keel, Ph.D., Florida State University

Andrea LaCroix, D. Phil., M.P.H., University of California San Diego

Sara Espinoza, M.D., UT Health San Antonio Barshop Institute for Longevity and Aging Studies

Nicolas Musi, M.D., UT Health San Antonio Barshop Institute for Longevity and Aging Studies

Dissemination of a Dissonance-based Body Image Promotion Program in Church Settings: A Preliminary Controlled Pilot Study with Adult Women

Kerstin K. Blomquist, Ph.D., Furman University

Katherine Hirsch, M.H.K., Department of Kinesiology, University of Windsor

Elizabeth Lomas, B.A., Vanderbilt University

Kathryn Montgomery, Furman University

Carolyn Becker, Ph.D., Trinity University

12:15 p.m. - 1:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 16

# Looking Beyond the End of Treatment: Examining Maintenance and Predictors of Maintenance Following Treatment with the Unified Protocol

CHAIR: Elizabeth H. Eustis, Ph.D., Boston University DISCUSSANT: Todd Farchione, Ph.D., Boston University

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Transdiagnostic, Anxiety

#### The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Compared with Single-disorder Protocols for Anxiety Disorders: 12-month Follow-up

Elizabeth H. Eustis, Ph.D., Boston University

Matthew Gallagher, Ph.D., University of Houston

Julianne Wilner Tirpak, M.A., Boston University

Maya Nauphal, M.A., Center for Anxiety and Related Disorders, Boston University Todd Farchione, Ph.D., Boston University

David H. Barlow, ABPP, Ph.D., Center for Anxiety and Related Disorders, Boston University

### Efficacy of the Unified Protocol in Group Format in Public Health Settings in Spain: Preliminary Results at 12-months Follow-up

Jorge Osma, Ph.D., Universidad de Zaragoza

Oscar Peris-Baquero, M.S., Universidad de Zaragoza

Alba Quilez-Orden, M.S., Universidad de Zaragoza

María Vicenta Navarro-Haro, Ph.D., Universidad de Zaragoza

Carlos Suso-Ribera, Ph.D., Universitat Jaume I

Laura Martínez-García, M.S., Universidad de Zaragoza

#### Long-term Effects of an Internet-based Transdiagnostic Protocol for the Regulation of Positive and Negative Affect in Emotional Disorders

Amanda Diaz-Garcia, Ph.D., Universidad de Zaragoza Alberto Gonzalez-Robles, Ph.D., Universidad de Zaragoza Azucena Garcia-Palacios, Ph.D., Universitat Jaume I Diana Castilla, Ph.D., Universidad de Valencia Cristina Botella, Ph.D., Universitat Jaume I

### Adapting the Unified Protocol to an Online Setting: Results on Efficacy and Follow-up

Carmen Schaeuffele, M.A., Freie Universitaet Berlin Carmen Schaeuffele, M.A., Freie Universitaet Berlin Christine Knaevelsrud, Prof., Freie Universitaet Berlin Babette Renneberg, Prof., Freie Universitaet Berlin Johanna Boettcher, Prof., Psychologische Hochschule Berlin

### Predicting Long-term Outcomes Following CBT in Adults with Anxiety Disorders: The Role of Homework Practice and the Working Alliance

Maya Nauphal, M.A., Center for Anxiety and Related Disorders, Boston University Elizabeth H. Eustis, Ph.D., Boston University

Andrew Curreri, M.A., Center for Anxiety and Related Disorders, Boston University Todd Farchione, Ph.D., Boston University

David H. Barlow, ABPP, Ph.D., Center for Anxiety and Related Disorders, Boston University

#### Panel Discussion 2

### Predicting Suicide Risk Using Non-obvious/indirect Methods

MODERATOR: Christopher D. Hughes, Ph.D., Alpert Medical School of Brown

University

PANELISTS: Michael F. Armey, Ph.D., The Alpert Medical School of Brown

University

Heather Schatten, Ph.D., Butler Hospital & Brown

Medical School

Nicole Nugent, Ph.D., Brown Med School

Tony T. Wells, Ph.D., Oklahoma State University

Jennifer Barredo, Ph.D., Alpert Medical School of Brown

University

Taylor Burke, Ph.D., Rhode Island Hospital/Alpert

Medical School of Brown University

Primary Category: Suicide and Self-Injury

Key Words: Suicide, Methods, Technology / Mobile Health

Despite being a major focal point of research over the past 50 years, rates of suicide have continued to rise and our ability to predict suicide remains only slightly better than chance (Franklin et al., 2017). This poor predictive ability may be due, in part, to an overreliance on self-reports, which are limited in two major ways (Glenn et al., 2017). First, due to the stigma and potential loss of autonomy associated with suicide, individuals at greatest risk may be motivated to intentionally deceive healthcare providers (e.g., to avoid involuntary admission to psychiatric hospital; Busch et al., 2003). Second, even when intending to be fully transparent and honest, individuals may lack the ability to accurately assess their own suicide risk, either due to a lack of awareness or to the transient nature of suicidal ideation (i.e., they are genuinely absent at the time of assessment but return later on). Accordingly there is a pressing need to identify methods of suicide risk assessment that do not rely exclusively on self-report.

The panel will discuss their research investigating various indirect/non-obvious predictors of suicide risk across a range of settings affiliated with the Brown Medical School (e.g., adolescent and adult psychiatric hospitals & the Veterans Affairs hospital system). Panelists will begin by providing a brief overview of their background, research, and setting. Initial discussions will focus on how they got interested in/why they value indirect/non-obvious predictors of suicide risk. Next, panelists will share their experiences implementing indirect methodology (e.g., eye tracking, speech analysis, neuro-imaging, social media use, sleep patterns, & digital phenotyping) in greater detail. We will discuss the pros and cons of various methodologies used, challenges and lessons learned, as well as how these indirect methods are used in conjunction with other risk assessment/prediction methods. Finally, panelists will discuss future directions and clinical implications of this research before opening up to questions from the audience.

#### Clinical Round Table 4

## Approaching the Conversation of Race and Diversity in the Therapy Room: What to Say and How to Say It

MODERATORS: Hollie Granato, Ph.D., UCLA

Jamie Schumpf, Psy.D., Yeshiva University - Ferkauf

Graduate School of Psychology

PANELISTS: Mudita Bahadur, Ph.D., Private Practice

Lizbeth Gaona, Ph.D., LCSW, California Baptist

University

Lisa Bolden, M.A., Psy.D., University of California, Los

Angeles School of Medicine

Primary Category: Culture / Ethnicity / Race

Key Words: Race, Competence, Culture

Discussions of race, power, privilege, and discrimination can be difficult, both in and out of the therapy room. Therapists might find themselves unsure about how and when to broach the topics with a client. This process can be hindered by both lack of knowledge how to do this and/or hesitation and avoidance on the part of the therapist. This can hold true, even when the therapist and client are from similar socio-demographic backgrounds. This Round Table will feature CBT therapists and trainers discussing real world experiences and sharing specific, usable strategies and techniques. The Round Table is composed of therapists of diverse identities who practice and train in various settings, including public mental health, community mental health agencies, private practice, and other underserved settings. The panelists will discuss the successes and challenges of approaching race and diversity in the therapy room, supervision, and training. Panelists will discuss broaching, repairs, and incorporating key cross-cultural conceptual frameworks as considerations in individualized treatment conceptualization and group treatment models. Principles of cross-cultural competence in the training and supervision of therapists will be discussed. Furthermore, there will be discussions about self-work, self-practice, and self-care, such as recognizing implicit biases and microaggressions. This Clinical Round Table is intended for therapists, trainers, allies, and administrators.

This Clinical Round Table is sponsored by the Diversity Action Committee of the Academy of Cognitive and Behavioral Therapies. All speakers are active members of this Committee.

#### Symposium 27

### Sexual Assault Among College Students: From Risk Factors to Post-assault Outcomes

CHAIRS: Laura C. Wilson, Ph.D., University of Mary Washington

Amie R. Newins, Ph.D., University of Central Florida

DISCUSSANT: Patricia A. Resick, Ph.D., ABPP, Ph.D., Duke University

Medical Center

Basic to Moderate level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: *Trauma*, *College Students* 

#### The Impact of Victim-blaming and Locus of Control on Sexual Assault Survivors

Laura C. Wilson, Ph.D., University of Mary Washington

Sierra Horton, B.S., University of Mary Washington

Abigail Farley, B.S., Virginia Commonwealth University

#### Gender Differences in Sexual Assault Disclosure

Amie R. Newins, Ph.D., University of Central Florida

Laura C. Wilson, Ph.D., University of Mary Washington

### Substance Use, Risky Sex, and Peer Interactions Predict Sexual Assault Among College Women: An Ecological Momentary Assessment (EMA) Study

Elizabeth A. Yeater, Ph.D., University of New Mexico

Katie Witkiewitz, Ph.D., University of New Mexico

Maria Testa, Ph.D., University at Buffalo

Angela Bryan, Ph.D., University of Colorado Boulder

#### Clarifying the Association Between Alcohol-involved Sexual Assault and Distress: Distinguishing Individual from Situational Differences in Revictimized College Students

Anna E. Jaffe, Ph.D., University of Nebraska-Lincoln

Shaina Kumar, M.A., University of Nebraska-Lincoln

Jessica Blayney, Ph.D., University of Washington

Madison Edwards, B.A., University of nebraska-Lincoln

David DiLillo, Ph.D., University of Nebraska-Lincoln

#### Symposium 29

#### Here a Fear, There a Fear, Everywhere an Eating Disorder Fear: Heterogeneity and Treatment of Eating Disorder Fears

CHAIR: Mackenzie L. Brown, B.A., University of Louisville
DISCUSSANT: Cheri A. A. Levinson, Ph.D., University of Louisville,
Department of Psychological & Brain Sciences

All level of familiarity with the material Primary Category: Eating Disorders Key Words: Eating, Fear, Treatment

Core Eating Disorder Fears: An Examination of Prevalence Rates and Differences in Eating Disorder Fears Across Eating Disorder Diagnoses

Mackenzie L. Brown, B.A., University of Louisville

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

Feared Foods and Frightening Bodies: An Examination of Cue-specific Fear Reactivity in Treatment-seeking Women with Eating Disorders

Lisa M. Anderson, Ph.D., University of Minnesota Medical School Carol Peterson, Ph.D., University of Minnesota Medical School Scott Crow, M.D., University Minnesota Medical School

The Influence of Differential Fear Components on Cognitive Behavioral Treatment Outcomes for Eating Disorders in a Residential Sample

Nicholas Farrell, Ph.D., Rogers Behavioral Health Brittni Marshall, M.S., Rogers Memorial Hospital Maxine Cimperman, M.S., Rogers Memorial Hospital Brad Smith, M.D., Rogers Memorial Hospital

Outcomes of Children and Adolescents with Avoidant/restrictive Food Intake Disorder (ARFID) Six Months Following an Exposure-based Partial Hospitalization Program

Jamal H. Essayli, Ph.D., Penn State College of Medicine Susan Lane-Loney, Ph.D., Penn State College of Medicine

#### Symposium 31

## Recent Advances in Decision-making as a Factor in Hoarding Disorder Symptoms

CHAIRS: Michael G. Wheaton, Ph.D., Barnard College

Kiara R. Timpano, Ph.D., University of Miami

DISCUSSANT: Randy O. Frost, Ph.D., Smith College

Moderate to Advanced level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders

Key Words: Hoarding, Cognitive Vulnerability, OCD (Obsessive Compulsive Disorder)

#### Maximizing Decision-making Style and Hoarding Disorder Symptoms

Michael G. Wheaton, Ph.D., Barnard College

Kimberly Topilow, PsyD, Yeshiva University

### A Neuroeconomic Perspective on Inter-temporal Decision-making Deficits in Hoarding

Kiara R. Timpano, Ph.D., University of Miami

Caitlin A. Stamatis, M.S., New York-Presbyterian Hospital/Weill Cornell Medical College

Ashley Shaw, Ph.D., Florida International University

Jennifer Britton, Ph.D., University of Miami

#### Attention to Reward: The Case for Hoarding Disorder

Melissa M. Norberg, Ph.D., Centre for Emotional Health, Macquarie University

#### Investigating Empathy and Prosocial Responding in Hoarding

Wenting Chen, UNSW Sydney

Skye McDonald, BSc (Hons), MSc (Clinical Neuropsychology), Ph.D., University of New South Wales, Sydney

Travis Wearne, BPsych(Hons), MClinNeuro, Ph.D., University of New South Wales, Sydney

Jessica Grisham, B.A., Ph.D., University of New South Wales, Sydney

#### Symposium 21

# The Kids Are Not Alright: The Emergence and Treatment of Sexual and Gender Minority Mental Health Disparities in Children and Adolescents

CHAIRS: Ilana Seager van Dyk, Ph.D., Yale School of Public Health

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public

Health

DISCUSSANT: Michael E. Newcomb, Ph.D., Northwestern University

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Longitudinal, Risk / Vulnerability Factors

### The Emergence of Internalizing Psychopathology in Childhood and Adolescence: The Role of Sexual Orientation and Informant

Ilana Seager van Dyk, Ph.D., Yale School of Public Health

Mary A. Fristad, Ph.D., Nationwide Children's Hospital Big Lots Behavioral Health Services

L. Eugene Arnold, M.D., M.Ed., The Ohio State University Wexner Medical Center Robert L. Findling, M.D., MBA, Virginia Commonwealth University The LAMS Research Group

### The Early Sexual Orientation Disparity in Internalizing Psychopathology: Timing and Determinants

Lea R. Dougherty, Ph.D., University of Maryland, College Park

Lea R. Dougherty, Ph.D., University of Maryland, College Park

John Pachankis, Ph.D., Yale School of Public Health

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Daniel Klein, Ph.D., Stony Brook University

### Quantifying the Prevalence of Bullying Among LGBTQ Youth Who Died by Suicide

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Susan Cochran, Ph.D., M.S., University of California, Los Angeles Fielding School of Public Health

Anthony Maiolatesi, B.A., Yale School of Public Health John Pachankis, Ph.D., Yale School of Public Health

# Delivering AFFIRM Online: Utilizing an Affirmative Cognitive-behavioral Digital Intervention to Improve Mental Health Among LGBTQA+ Youth and Young Adults

Shelley L. Craig, Ph.D., LCSW, University of Toronto Rachael Pascoe, MSW, Ph.D.(c), University of Toronto Vivian W. Y. Leung, MSW, M.A., Ph.D.(c), University of Toronto

### Online Lgbtq-affirmative CBT: A Randomized Control Trial with LGBTQ Youth Across the US

John Pachankis, Ph.D., Yale School of Public Health Zachary A. Soulliar, Ph.D., Yale School of Public Health Kriti Behari, M.A., Yale School of Public Health Faithlynn Morris, M.A., Yale School of Public Health Zachary Rawlings, Psy.D., Yale School of Public Health Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health Ilana Seager van Dyk, Ph.D., Yale School of Public Health Josefin Särnholm, MSc, Karolinksa Institutet Johan Bjureberg, Ph.D., Stanford University & Karolinska Institutet Brjánn Ljótsson, Ph.D., Karolinska Institutet

#### Symposium 26

# Addressing the Real-world Complexity of Mental Illness: Cognitive Behavioral Approaches to Comorbidity and Transdiagnostic Treatments

CHAIR: Laurel Sarfan, Ph.D., University of California at Berkeley

DISCUSSANT: David H. Barlow, ABPP, Ph.D., Center for Anxiety and Related

Disorders, Boston University

All level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: Transdiagnostic, Comorbidity, Translational Research

#### A Transdiagnostic Minority Stress Intervention for Gender Diverse Sexual Minority Women's Depression, Anxiety, and Unhealthy Alcohol Use: A Randomized Controlled Trial

Jillian R. Scheer, Ph.D., Syracuse University

Erin McConocha, MPH, University of Tennessee

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Katie Wang, Ph.D., Yale School of Public Health

Kriti Behari, M.A., Yale School of Public Health

Benjamin Fetzner, B.A., Silberman School of Social Work, Hunter College, CUNY

Cal Brisbin, B.A., University of California Los Angeles School of Social Work

Keren Lehavot, Ph.D., VA Puget Sound Health Care System

John Pachankis, Ph.D., Yale School of Public Health

### A SMART Approach to Personalizing Transdiagnostic CBT: How to Sequence Skills and When to Discontinue Care?

Shannon Sauer-Zavala, Ph.D., University of Kentucky

Matthew W. Southward, Ph.D., University of Kentucky

Stephen Semcho, M.A., University of Kentucky

Nicole Stumpp, B.A., University of Kentucky

Caitlyn Hood, M.S., University of Kentucky

Anna Garlock, B.A., University of Kentucky

Alex Urs, B.A., University of Kentucky

### Transdiagnostic Sleep and Circadian Intervention Outcomes in a Community Setting: Unpacking Comorbidity

Laurel Sarfan, Ph.D., University of California, Berkeley Heather Hilmoe, B.A., University of California, Berkeley Nicole B. Gumport, M.A., University of California, Berkeley Caitlin Gasperetti, M.A., University of California, Berkeley Allison G. Harvey, Ph.D., University of California, Berkeley

### Alcohol Use as Affect Regulation: Associations Between Positive Affect, Negative Affect, and Drinking Urges in a Transdiagnostic Sample

Andrew Curreri, M.A., Center for Anxiety and Related Disorders, Boston University Elizabeth H. Eustis, Ph.D., Boston University Erin Ward-Ciesielski, Ph.D., Boston University Stephen Allen, B.A., Boston University Todd Farchione, Ph.D., Boston University

### Targeting Distress Disorders Through Emotion Regulation Therapy: A Randomized Controlled Trial of an 8-session versus 16-session Format

Megan E. Renna, Ph.D., University of Southern Mississippi Jeannie Quintero, M.A., Teachers College, Columbia University Phillip Spaeth, B.A., Teachers College, Columbia University Christina Sandman, M.A., University of California Los Angeles David Fresco, Ph.D., University of Michigan Douglas Mennin, Ph.D., Teachers College, Columbia University

1:55 p.m. - 3:25 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 22

## Refining Exposure Therapy in the Clinic and the Laboratory: Underlying Neural Mechanisms

Chair: Lily Brown, Ph.D., University of Pennsylvania

DISCUSSANT: Sheila Rauch, ABPP, Ph.D., Emory University School of

Medicine

Basic to Moderate level of familiarity with the material

Primary Category: Adult Anxiety Key Words: Anxiety, Exposure, FMRI

Deficits in Extinction Learning in the Laboratory: What Have We "learned"? Lily Brown, Ph.D., University of Pennsylvania

#### Clinical Considerations for Augmenting Prolonged Exposure Therapy

Edna B. Foa, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Impact of Estradiol Administration on the Neural Correlates of Fear Extinction: Implications to the Treatment of PTSD

Mohammed R. Milad, Ph.D., New York University School of Medicine

1:55 p.m. - 3:25 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 23

### Novel Approaches to Implementing Evidence-based Practices in Schools

CHAIRS: Jacqueline R. Anderson, Ph.D., UT Southwestern Medical

Center

Jennifer Hughes, M.P.H., Ph.D., UT Southwestern Medical

Center

DISCUSSANT: Courtney Benjamin Wolk, Ph.D., University of Pennsylvania

Basic to Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Implementation, Child, School

### Interconnected Systems Framework: Prevention, Screening, and Treatment of Depression

Jacqueline R. Anderson, Ph.D., University of Texas Southwestern Medical Center Jennifer Hughes, M.P.H., Ph.D., University of Texas Southwestern Medical Center Madhukar Trivedi, M.D., University of Texas Southwestern

### Translating the Research on Implementation Strategies into Usable Tools for Teams

Clayton Cook, Ph.D., University of Minnesota Gazi Azad, Ph.D., Columbia University Madeline Larson, Ed.S., University of Minnesota

### Advancing Mental Health Screening in Schools: Innovative, Field-tested Practices and Observed Trends During a 15-month Learning Collaborative

Elizabeth H. Connors, Ph.D., Yale University

Kathryn Moffa, Ph.D., Boston Children's Hospital

Taneisha Carter, B.A., National Center for School Mental Health

Jill Bohnenkamp, Ph.D., National Center for School Mental Health

John Crocker, MEd, Methuen Public Schools

Nancy Lever, Ph.D., National Center for School Mental Health

Sharon Hoover, Ph.D., National Center for School Mental Health

### Innovations to Support Teachers' Adoption, Implementation and Sustainment of Evidence-based Practices for Youth with or at Risk for ADHD

Julie S. Owens, Ph.D., Ohio University

Mary Lee, M.S., Ohio University

Hannah Kassab, M.S., Ohio University

1:55 p.m. - 3:25 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 24

### Behavioral, Social and Emotional Consequences of COVID-19 Stress

CHAIR: Dean McKay, ABPP, Ph.D., Fordham University DISCUSSANT: Gordon Asmundson, Ph.D., University of Regina

Basic to Moderate level of familiarity with the material
Primary Category: Adult Anxiety
Key Words: Anxiety, Culture, Health Anxiety

### Understanding the Complexities of Pandemics: Network Analyses from the COVID Stress Study

Steven Taylor, Ph.D., The University of British Columbia Gordon Asmundson, Ph.D., University of Regina Michelle Paluszek, B.A., University of Regina Geoffrey Rachor, B.A., University of Regina Caeleigh Landry, B.A., University of Regina

### Pandemic-related Anxiety, Online Racism, Racial Identity, and Mental Health Among Black Young Adults

Henry A. Willis, Ph.D., University of North Carolina at Chapel Hill Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill Enrique Neblett, Ph.D., University of North Carolina Chapel Hill

#### Medical Mistrust and COVID-19 Stress in Ethnoracial Minority Groups

Charlene Minaya, B.A., Fordham University Azizi Seixas, Ph.D., New York University Langone Medical Center

### Predicting COVID-19-related Anxiety: The Role of Obsessive-compulsive Symptom Dimensions, Anxiety Sensitivity, and Body Vigilance

Heidi J. Ojalehto, B.S., University of North Carolina Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Megan Butcher, B.S., University of North Carolina Chapel Hill Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill

### COVID-19 Stress and Substance Use in the General Population and Healthcare Workers: A Profile Analysis

Dean McKay, ABPP, Ph.D., Fordham University Charlene Minaya, B.A., Fordham University Gordon Asmundson, Ph.D., University of Regina Jon Elhai, Ph.D., University of Toledo

1:55 p.m. - 3:25 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 28

#### Championing the Science of CBT: Identifying Which Treatments Work and Which Treatments Harm

CHAIR: Yevgeny Botanov, Ph.D., The Pennsylvania State University -

York

DISCUSSANT: Shireen L. Rizvi, ABPP, Ph.D., Rizvi

Basic level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Evidence-Based Practice, Suicide, ACT (Acceptance & Commitment Therapy)

### Evaluating the Evidential Value of Empirically Supported Psychological Treatments (ESTs): A Meta-scientific Review

John Sakaluk, Ph.D., Western University
Alexander Williams, Ph.D., University of Kansas
Robyn E. Kilshaw, M.S., University of Utah
Kathleen Rhyner, Ph.D., Canandaigua VA Medical Center

#### Potentially Harmful Therapies: A Meta-scientific Review of Evidential Value

Robyn E. Kilshaw, M.S., University of Utah Ryan Wong, M.S., University of Victoria

### The Potential Iatrogenic Effects of Inpatient Hospitalization for Suicidal Behavior

Erin Ward-Ciesielski, Ph.D., Boston University Shireen L. Rizvi, ABPP, Ph.D., Rizvi

### A Meta-scientific Review of Acceptance and Commitment Therapy for Depression

Alexander Williams, Ph.D., University of Kansas

1:55 p.m. - 3:25 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 32

## Behavioral Interventions to Support Healthy Early Childhood: Home, Classroom, and Zoom-room

CHAIR: Katherine E. Hess, B.A., The University of Texas at Austin DISCUSSANT: Alice S. Carter, Ph.D., University of Massachusetts, Boston

Basic level of familiarity with the material

Primary Category: Prevention

Key Words: Evidence-Based Practice, Early Intervention, Technology / Mobile Health

## What Evidence-informed Practices Do Teachers Deliver to Support Children at Risk for Emotional and Behavioral Disorders in Business as Usual Preschool Classrooms?

Navneet Kaur, B.S., Virginia Commonwealth University Kevin Sutherland, Ph.D., Virginia Commonwealth University Bryce McLeod, Ph.D., Virginia Commonwealth University

### A Systematic Review of Interventions to Promote Parent-teacher Relationships in Early Childhood Education

Courtney A. Zulauf-McCurdy, Ph.D., University of Washington School of Medicine Mischa McManus, M.A., University of Washington Angel Fettig, Ph.D., University of Washington

### Adapting the Infant Behavior Program for Remote Delivery During the COVID-19 Pandemic

Perrine Heymann, M.S., Florida International University Enid Moreira, B.A., Florida International University Maria Wilson, B.A., Florida International University Brynna Heflin, M.S., Florida International University Mary Hagan, B.A., Florida International University Caroline Gillenson, B.S., Florida International University Keara Neuman, B.S., Florida International University Daniel Bagner, Ph.D., Florida International University

# Building Bridges Program: Evaluating the Acceptability, Feasibility, and Initial Efficacy of a Brief School Readiness Intervention for Children Transitioning to Preschool During COVID-19

Katherine A. Zambrana, M.S., Florida International University/ Center for Children and Families

Isabel Guaragna, B.A., Florida International University/ Center for Children and Families

Akira Gutierrez, M.A., Florida International University/ Center for Children and Families

Katie Hart, Ph.D., Florida International University/ Center for Children and Families

### Parentcorps During the Pandemic: Engaging Teachers and Parents from a Distance

Katherine E. Hess, B.A., The University of Texas at Austin Megan McBride, B.S., The University of Texas at Austin Sydney Pauling, Ed.S., The University of Texas at Austin Wendy Haber, Psy.D., NYU Langone Health Michelle Mondesir, MPH, NYU Langone Health Esther Calzada, Ph.D., The University of Texas at Austin Sarah Kate Bearman, Ph.D., The University of Texas at Austin

#### Symposium 30

# The Potential of Machine Learning and Artificial Intelligence in the Delivery of Cognitive Behavioral Therapy

CHAIRS: Steven Hollon, Ph.D., Vanderbilt University

Shiri Sadeh-Sharvit, Ph.D., Center for m2Health, Palo Alto

University and Eleos health

DISCUSSANT: Steven Hollon, Ph.D., Vanderbilt University

All level of familiarity with the material

Primary Category: Technology

Key Words: Technology / Mobile Health, Implementation, Therapy Process

### Neither a Silver Bullet nor the Emperor's New Clothes: The Current Evidence for the Value of Machine Learning in Psychotherapy Personalization

Zachary Cohen, Ph.D., University of California, Los Angeles Jaime Delgadillo, Ph.D., University of Sheffield Robert DeRubeis, Ph.D., University of Pennsylvania

### Can Machine Learning and Artificial Intelligence Drive Better, Quicker Outcomes for Behavioral Interventions?

Shiri Sadeh-Sharvit, Ph.D., Center for m2Health, Palo Alto University and Eleos health Steven Hollon, Ph.D., Vanderbilt University

### Digital Therapeutic Alliance: Is Bond with a Relational Conversational Agent Possible?

Alison Darcy, Ph.D., Woebot Labs Inc Jade Daniels, PGdip, Woebot Labs David Salinger, BAA, Woebot Labs Paul Wicks, Ph.D., Wicks Digital Health Athena Robinson, Ph,D., Woebot Labs

#### Symposium 25

#### Behavioral Economics for Suicide Prevention Public Health Initiatives and Clinical Practice

Chair: Brian W. Bauer, M.S., University of Southern Mississippi
Discussant: Craig Bryan, ABPP, Psy.D., The Ohio State University Wexner
Medical Center

Basic level of familiarity with the material Primary Category: Suicide and Self-Injury

Key Words: Behavioral Economics, Clinical Decision Making, Public Health

### Towards Evidence-based Messaging: Increasing the Effectiveness of Nudges in Public Health Messaging

Brian W. Bauer, M.S., University of Southern Mississippi Patrick Fagan, MSc, Goldsmiths, University of London Aleksandrs T. Karnick, M.P.H., University of Southern Mississippi Michael Carter, M.S., University of California - Davis Raymond Tucker, Ph.D., Louisiana State University Shawn Gilroy, Ph.D., Louisiana State university Daniel W. Capron, Ph.D., University of Southern Mississippi

#### Hopelessness Does Not Predict Future Mood or Symptom-severity in Patients Presenting with High Risk for Suicide: Initial Evidence of Affective Forecasting Biases in Suicidal Individuals

Aleksandrs T. Karnick, M.P.H., University of Southern Mississippi
Brian W. Bauer, M.S., University of Southern Mississippi
Melanie Hom, Ph.D., McLean Hospital/Harvard Medical
Caroline Charpentier, Ph.D., California Institute of Technology
Lucas Keefer, Ph.D., University of Southern Mississippi
Daniel W. Capron, Ph.D., University of Southern Mississippi
Michael David Rudd, Ph.D., University of Memphis
Craig Bryan, ABPP, Psy.D., The Ohio State University Wexner Medical Center

### Evaluating the Choice to Participate in Safety Planning: An Evaluation of How Risk and Delay Influence Treatment-related Choice

Raymond Tucker, Ph.D., Louisiana State University
Shawn Gilroy, Ph.D., Louisiana State university
Brian W. Bauer, M.S., University of Southern Mississippi

### People Assess Formidable Male Faces as Being More Resilient to Mental Distress and Less Likely to Need a Suicide Risk Assessment

Daniel W. Capron, Ph.D., University of Southern Mississippi Brian W. Bauer, M.S., University of Southern Mississippi Mitch Brown, Ph.D., University of Arkansas Donald Sacco, Ph.D., University of Southern Mississippi

### Opportunities at Center for Anxiety in New York and Boston

Nicole Drago, LMSW - Clinical Outreach Coordinator, Center for
Anxiety
David H. Rosmarin, ABPP, Ph.D. - Assistant Professor, Harvard Medical
School; Founder/Director, Center for Anxiety, Harvard Medical
School
Aliza Shapiro, LCSW - Center for Anxiety
Lisa Chimes, PsyD - Center for Anxiety
Thanos Nioplias, LMHC, ACT - Center for Anxiety
Alexandra Bishop, B.A. - Assistant Operations Manager, Center for
Anxiety

3:35 p.m. - 5:05 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 38

# Innovative and Accessible Mobile Apps Addressing the Effects of Trauma in Unique Populations: Approaches and Outcomes

CHAIR: Kevin O. Narine, B.A., William James College, Graduate

Education in Psychology

DISCUSSANT: Josef I. Ruzek, Ph.D., Palo Alto University

All level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: Trauma, Technology / Mobile Health, Underserved Populations

A Picture Is Worth a 1,000 Words: Development and Preliminary Evaluation of NESTT, a Language-free Mhealth Application for Refugee Mental Health Matthew Price, Ph.D., University of Vermont Marguerite Dibble, B.S., Game Theory

Emily Mazzulla, Ph.D., Marquette University Karen Fondacaro, Ph.D., University of Vermont

### A Pilot Randomized Controlled Trial of Renew: An Exposure-based Mobile App for Posttraumatic Stress

Carmen P. McLean, Ph.D., National Center for PTSD

Adrian Davis, M.S., National Center for PTSD Dissemination and Training Division Madeleine Miller, B.S., National Center for PTSD Dissemination and Training Division

Eric Neri, B.S., Stanford University

### Usage and Preliminary Efficacy of Bounceback Now: A Mobile Self-help Application for Disaster Victims

Sandra M. Estrada Gonzalez, B.A., University of Nebraska-Lincoln Tatiana M. Davidson, Ph.D., Medical University of South Carolina James Kyle Haws, M.A., University of Nebraska-Lincoln Gregory Cohen, M.S., Boston University Sandro Galea, M.D., MPH, Dr.PH, Boston University Kenneth Ruggiero, Ph.D., Medical University of South Carolina

#### THRIVE: An App-based Early Intervention for Sexual Assault

Emily Dworkin, Ph.D., University of Washington School of Medicine Macey Schallert, B.A., University of Washington School of Medicine Debra Kaysen, ABPP, Ph.D., Stanford University

#### Symposium 37

# The Value of Targeting Mechanisms: The Science of Behavior Change (SOBC) Method and Recent Mechanistic Wins for Sleep, Pain, and Smoking Cessation

CHAIR: Michael W. Otto, Ph.D., Boston University

DISCUSSANT: Lisa Onken, Ph.D., National Institute on Aging, NIH

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: Behavioral Medicine

### Applying the Mechanism-focused Approach of the NIH Science of Behavior Change to Overcome Hurdles in Behavior Research

Jeffrey L. Birk, Ph.D., Columbia University Medical Center Talea Cornelius, Ph.D., Columbia University Irving Medical Center Lilly Derby, B.A., Columbia University Irving Medical Center Luis Blanco, B.A., Columbia University Irving Medical Center Donald Edmondson, Ph.D., Columbia University Irving Medical Center

### Addressing Relatively Immutable Stressors: The Value of Identifying Amplifying Factors Impacting Racial Disparities in Sleep and Cardiovascular Health

Michael W. Otto, Ph.D., Boston University Irving Medical Center Keith Diaz, Ph.D., Columbia University Irving Medical Center Ari Shechter, Ph.D., Columbia University Irving Medical Center Jeffrey L. Birk, Ph.D., Columbia University Medical Center Donald Edmondson, Ph.D., Columbia University Irving Medical Center

### Re-energizing the Exercise-for-smoking Agenda: The Value of Targeting Mood and Anxiety Sensitivity Within a Mediating-moderator Framework

Jasper Smits, Ph.D., The University of Texas at Austin Michael J. Zvolensky, Ph.D., University of Houston David Rosenfield, Ph.D., Southern Methodist University Michael W. Otto, Ph.D., Boston University Christy Dutcher, M.Ed, The University of Texas at Austin Annabelle DiVita, B.A., The University of Texas at Austin

#### Which Exercise for Chronic Pain? Elucidation of a Novel Mechanistic Target Supporting High Intensity Exercise Prescriptions for Pain and Posttraumatic Stress Symptoms

Erica Scioli, Ph.D., VA Boston Healthcare System James Whitworth, Ph.D., VA Boston Healthcare System Avron Spiro, Ph.D., VA Boston Healthcare System Michael Esterman, Ph.D., VA Boston Healthcare System Alex Eld, B.S., V.A. Boston Healthcare System Sanjay Advani, M.A., VA Boston Healthcare System Ann Rasmusson, M.D., VA Boston Healthcare System

3:35 p.m. - 5:05 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 36

#### More Frequent Assessments, More Problems? Methodological and Ethical Considerations in Ecological Momentary Assessment Research

CHAIRS: Daniel Coppersmith, M.A., Harvard University

Kate H Bentley, Ph.D., Massachusetts General Hospital

DISCUSSANT: Aidan Wright, Ph.D., University of Pittsburgh

All level of familiarity with the material Primary Category: Assessment

Key Words: Assessment, Technology / Mobile Health, Longitudinal

### It's Difficult to Improve Compliance in Intensive Longitudinal Studies: Results from a Set of Not-very-successful Mini-experiments

Evan M M. Kleiman, Ph.D., Rutgers, The State University of New Jersey John Kellerman, B.A., Rutgers, The State University of New Jersey April Yeager, B.A., Rutgers, The State University of New Jersey Jeremy Grove, Ph.D., Duke University
Rachel Rosen, B.S., Rutgers, The State University of New Jersey Joanne S. Kim, B.A., Rutgers, The State University of New Jersey

# Optimizing Adolescents' Compliance During Ecological Momentary Assessment (EMA) Data Collection: A Structured Approach to Engaging and Giving Back to Participants

Sharon Chen, B.S., Stony Brook University Akash Shroff, BS, Stony Brook University Julia Fassler, B.A., Stony Brook University Jessica L. Schleider, Ph.D., Stony Brook University

### Compliance Thresholds in Intensive Longitudinal Data: Worse Than Listwise Deletion: A Call for Change

Nicholas C. Jacobson, Ph.D., Dartmouth College

Fallon R. Goodman, Ph.D., University of South Florida

Damien Lekkas, M.S., Dartmouth College

Matthew Nemesure, M.S., Dartmouth College

### Frequent Assessment of Suicidal Thinking Does Not Increase Suicidal Thinking: Evidence from a High-resolution Real-time Monitoring Study

Daniel Coppersmith, M.A., Harvard University

Rebecca G Fortgang, Ph.D., Harvard University

Evan M. M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

Alexander Millner, Ph.D., Franciscan Children's

April Yeager, B.A., Rutgers, The State University of New Jersey

Patrick Mair, Ph.D., Harvard University

Matthew K. Nock, Ph.D., Harvard University

### Intervening in Response to Incoming Data on Suicide Risk in EMA Research: Preliminary Evidence of Reactivity

Kate H Bentley, PhD, Massachusetts General Hospital

Alexander Millner, Ph.D., Franciscan Children's

Evan M M. Kleiman, Ph.D., Rutgers University

Daniel Coppersmith, M.A., Harvard University

Rebecca G Fortgang, Ph.D., Harvard University

Kelly Zuromski, Ph.D., Harvard University

Matthew K. Nock, Ph.D., Harvard University

3:35 p.m. - 5:05 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 39

# Positive Body Image as Social Justice: Cognitive Behavioral Applications to Socioculturally Diverse Groups

CHAIR: Zachary A. Soulliar, Ph.D., Yale School of Public Health

DISCUSSANT: Tracy L. Tylka, Ph.D., Department of Psychology, The Ohio

State University

Primary Category: Eating Disorders

Key Words: Eating Disorders

#### #bopo: Can Social Media Help to Promote Positive Body Image?

Rachel F. Rodgers, Ph.D., Northeastern University Elisa Kodama, M.S., Northeastern University

Susan Paxton, Ph.D., LaTrobe University

Eleanor Wertheim, Ph.D., LaTrobe University

#### Body Appreciation and Sexual Identity: A Measurement Invariance Study Between Sexual Minority and Heterosexual Women

Zachary A. Soulliar, Ph.D., Yale School of Public Health

Jillon Vander Wal, Ph.D., Saint Louis University

### Body Appreciation and Eating Pathology Among Racially/ethnically Diverse Women

Alice S. Lowy, Ph.D., Boston Children's Hospital/Harvard Medical School

Grace Jhe, Ph.D., Boston Children's Hospital

Debra Franko, Ph.D., Northeastern University

Jennifer Webb, Ph.D., University of North Carolina-Charlotte

Rachel F. Rodgers, Ph.D., Northeastern University

#### Cultural Differences in Body Appreciation and Health Correlates Among Adults Seeking Cognitive Behavioral Treatment for Weight and Stigma

Rebecca Pearl, Ph.D., University of Florida

Janet Latner, Ph.D., University of Hawaii at Manoa

Thomas Wadden, Ph.D., Perelman School of Medicine at the University of Pennsylvania

### Examining Body Appreciation as a Correlate of Adaptive Eating Behaviors Among Youth in Eight Countries

Charlotte H. Markey, Ph.D., Rutgers University

#### Symposium 33

# Identifying and Mitigating the Effects of Stigma on the Health of Marginalized and Underserved Populations: Implications for Developing Cognitive Behavioral Interventions in Local and Global Contexts

CHAIR: Amelia M. Stanton, Ph.D., Massachusetts General Hospital/

Harvard Medical School

DISCUSSANT: Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

Basic to Moderate level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Stigma, Behavioral Medicine, Treatment Development

### Stigma as a Barrier to Engagement in Medication Treatment for Opioid Use Disorder

Mary B. Kleinman, M.P.H., M.S., University of Maryland, College Park Morgan Anwari, B.A., University of Maryland, College Park Ebonie Massey, M.A., University of Maryland, College Park Valerie Bradley, MPS, University of Maryland, College Park CJ Seitz-Brown, Ph.D., University of Maryland, College Park Julia Felton, Ph.D., Henry Ford Health Systems Aaron Greenblatt, M.D., University of Maryland, Baltimore Melanie Bennett, Ph.D., University of Maryland, Baltimore Jessica F. Magidson, Ph.D., University of Maryland-College Park

### Hiv-related Discrimination, Acceptance Coping, and Sex in the Context of Substance Use Among Sexual Minority Men Living with HIV

Matthew C. Sullivan, M.S., Massachusetts General Hospital, Department of Psychiatry Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

### Perceived Discrimination, Resiliency, and Cardiovascular Disease Risk Factors Among Sexual Minority Women

Jacklyn D. Foley, Ph.D., Massachusetts General Hospital
Amelia M. Stanton, Ph.D., Massachusetts General Hospital/Harvard Medical School
Caleigh Shepard, B.A., The Fenway institute
Jennifer Morris, M.D., University of Rochester Medical Center
Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

Understanding the Relationship Between Depression Symptom Severity and Antiretroviral Therapy Adherence Among People Living with HIV in South Africa: The Role of Internalized HIV Stigma

Lena S. Andersen, Ph.D., University of Copenhagen

Amelia M. Stanton, Ph.D., Massachusetts General Hospital/Harvard Medical School Jasper Lee, M.S., University of Miami

John Joska, MBChB, FC, MMed, Ph.D., University of Cape Town

Conall O'Cleirigh, Ph.D., Harvard Medical School

Jessica F. Magidson, Ph.D., University of Maryland-College Park

Ashraf Kagee, M.P.H., Ph.D., Stellenbosch University

Steven A. Safren, Ph.D., ABPP, University of Miami

How to Reduce Mental Health and Substance Use Stigma Among Community Health Workers in the HIV Care System in South Africa: Stakeholder Perspectives

Alexandra Rose, M.S., University of Maryland-College Park Nonceba Ciba, B.A., South African Medical Research Council Sibabalwe Ndamase, B.A., South African Medical Research Council Kim Johnson, M.A., South African Medical Research Council Kristen Regenauer, B.A., University of Maryland Jennifer M. Belus, Ph.D., Swiss Tropical and Public Health Institute Carrie Brooke-Sumner, Ph.D., South African Medical Research Council

Bronwyn Myers, Ph.D., South African Medical Research Council

Jessica F. Magidson, Ph.D., University of Maryland-College Park

#### Symposium 35

#### Advances in the Assessment and Treatment of Suicidal Adolescents During and After Psychiatric Hospitalization

CHAIR: Hannah R. Lawrence, Ph.D., McLean Hospital/Harvard

Medical School

DISCUSSANT: Regina Miranda, Ph.D., Hunter College, City University of

New York

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Adolescents, Assessment

### Risk Factors for Suicide Among Adolescents Who Have and Have Not Attempted Suicide: A Network Analysis

Chelsey R. Wilks, Ph.D., University of Missouri, St. Louis Shannon Vondras, MPH, Missouri Institute of Mental Health Hannah Schleicher, B.S., Missouri Institute of Mental Health Liz Sale, Ph.D., Missouri Institute of Mental Health

### Suicidal Mental Imagery in Adolescence: Prevalence and Associations with Risk for Suicidal Behavior

Hannah R. Lawrence, Ph.D., McLean Hospital/Harvard Medical School Jaqueline Nesi, Ph.D., Brown University

Taylor Burke, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Richard Liu, Ph.D., Massachusetts General Hospital

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

Jeffrey Hunt, M.D., Brown University

Jennifer Wolff, Ph.D., Warren Alpert School of Medicine, Brown University

#### Lock to Protect: A Parent Decision Aid to Support Lethal Means Counseling

Lucas Zullo, Ph.D., University of California, Los Angeles

Stephanie Ernestus, Ph.D., Stonehill College

Erica Rozmid, Ph.D., University of California, Los Angeles, Semel

Chase Venables, B.A., University of California, Los Angeles

Joan Asarnow, Ph.D., University of California, Los Angeles

### Objective and Subjective Sleep Problems as Proximal Risk Factors for Suicidal Thoughts and Behaviors in High-risk Adolescents

Kelly Zuromski, Ph.D., Harvard University

Alexander Millner, Ph.D., Franciscan Children's

Rebecca G Fortgang, Ph.D., Harvard University

Kate H Bentley, Ph.D., Massachusetts General Hospital

Victoria Joyce, B.A., Franciscan Children's

Carol Nash, M.S., Franciscan Children's

Ralph Buonopane, Ph.D., Franciscan Children's

Evan M M. Kleiman, Ph.D., Rutgers University

Matthew K. Nock, Ph.D., Harvard University

### Affective and Cognitive Processes of Risk and Resilience in Parents of High-risk Teens

Alexandra Bettis, Ph.D., Vanderbilt University Medical Center

Taylor Burke, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Jaqueline Nesi, Ph.D., Brown University

Richard Liu, Ph.D., Massachusetts General Hospital

3:35 p.m. - 5:05 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 40

#### Mobile Apps for Depression and Anxiety Disorders: Promises and Pitfalls

CHAIRS: Nur Hani Zainal, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State

University

DISCUSSANT: Sabine Wilhelm, Ph.D., Harvard Medical School

Basic to Moderate level of familiarity with the material

Primary Category: Technology

Key Words: Randomized Controlled Trial, CBT, Mindfulness

### A Randomized Controlled Trial of a 14-day Mindfulness Ecological Momentary Intervention for Generalized Anxiety Disorder

Nur Hani Zainal, M.S., The Pennsylvania State University Michelle G. Newman, Ph.D., The Pennsylvania State University

### Upregulating Positive Emotion in Generalized Anxiety Disorder: A Randomized Controlled Trial of the Skilljoy Ecological Momentary Intervention

Lucas S. LaFreniere, Ph.D., Skidmore College

Michelle G. Newman, Ph.D., The Pennsylvania State University

### Imexposure Smartphone Application: Brief Imaginal Exposure Exercises for Avoidance in Socially Anxious Individuals

Jeremy Schwob, M.A., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

### A Randomized Controlled Trial of Smartphone-accessible Online Self-help for Stress Related to COVID-19

Gavin N. Rackoff, M.S., The Pennsylvania State University Michelle G. Newman, Ph.D., The Pennsylvania State University

### Chicken or the Egg: Exploring the Interplay Between Depression and Adherence to a Mindfulness App

Brynn Huguenel, M.A., Loyola University Chicago Carol Hundert, M.A., Loyola University Chicago Ian Kahrilas, M.A., Loyola University Chicago Rebecca Silton, Ph.D., Loyola University Chicago Colleen Conley, Ph.D., Loyola University Chicago

3:35 p.m. - 5:05 p.m.

#### Earn 1.5 continuing education credits

#### **Research & Professional Development 1**

# Assembling a Dream Team: Innovative Approaches to Improving Quality, Access, and Impact of Mentorship in Clinical Psychology

Panelists: Kathryn A. Coniglio, M.S., Rutgers, The State University of

New Jersey

Shirley B. Wang, M.A., Harvard University

Bethany A. Teachman, Ph.D., University of Virginia Ann F. Haynos, Ph.D., University of Minnesota

Basic to Moderate level of familiarity with the material Primary Category: Professional / Interprofessional Issues

Key Words: Career Development, Education and Training, Professional Development

Mentorship is a critically important element in academic career development, yet the nature and availability of mentorship varies considerably by career stage. Further, even for individuals whose career stage affords more formalized, built-in mentorship (i.e., during graduate school), mentors are often expected to meet all the needs of their mentee, which

can reduce the overall utility of the mentorship as a result. Finally, given the inequities and marked lack of diversity in the behavioral sciences, novel mentorship approaches are needed to recruit and retain traditionally underrepresented individuals. This panel will describe existing nontraditional mentorship models in the field of clinical psychology that have the potentially to significantly expand the reach and impact of mentorship within the field. The panel will begin with brief didactic presentations; Ms. Coniglio and Dr. Haynos will describe the structure and initial outcomes of a vertical peer mentorship program that has been successfully implemented with promising outcomes within the eating disorders field. Ms. Wang will discuss her participation in this vertical peer mentorship program and will additionally detail an approach recently employed by Harvard University to mentor historically underrepresented and marginalized individuals as they apply to early career milestones in psychology. Dr. Teachman will share insights about novel strategies for mentoring PhD students in a university psychology department setting and will discuss an initiative from University of Virginia to actively recruit individuals from minoritized backgrounds to graduate programs in psychology. Next, Ms. Coniglio (moderator) will lead a discussion between panelists and the audience about innovative and impactful strategies for addressing the limitations of traditional mentorship approaches and how others can implement similar programs in other institutions and organizations. The overarching goal of this panel will be to advance the field's conceptualization of how, to whom, and by whom mentorship should be delivered in order to expand opportunities for professional development and decrease mentorship inequities.

#### You will learn:

- Understand how to set up non-traditional or expansive mentorship programs in other labs, departments, or professional societies to which they belong.
- Describe the utility of nontraditional mentorship models.
- Explain how pre-graduate school mentorship programs for underrepresented individuals can help promote diversity and inclusion within clinical psychology.

Recommended Readings: Gruber, J., Borelli, J. L., Prinstein, M. J., Clark, L. A., Davila, J., Gee, D. G., et al. (2020). Best practices in research mentoring in clinical science. Journal of Abnormal Psychology, 129, 70-81. Callahan, J. L., & Watkins, C. E., Jr. (2018). Evidence-based training: The time has come. Training and Education in Professional Psychology, 12, 211–218.Bardone-Cone, A. (2018). Mentoring in clinical psychology. The Behavior Therapist, 4, 264-267.

#### Panel Discussion 3

### Family Involvement in the Treatment of Youth Opioid Use Disorders

MODERATOR: Michael A. Southam Gerow, Ph.D., Virginia Commonwealth

University

PANELISTS: Craig Henderson, PhD, Sam Houston State University

Aaron Hogue, Ph.D., Partnership to End Addiction Sara Becker, Ph.D., Brown University School of Public

Health

Marc Fishman, M.D., Maryland Treatment Centers Kevin Wenzel, PhD, Maryland Treatment Centers Nicole P. Porter, M.A., Partnership to End Addiction

Primary Category: Addictive Behaviors

Key Words: Addictive Behaviors, Families, Treatment

In recent years, transition-age youth have experienced unprecedented levels of substance-related consequences in general and opioid-related consequences in particular. According to the latest national data, about 6.4 million youth under the age of 26 meet diagnostic criteria for a substance use disorder (SUD) and over 300,000 youth meet criteria for an opioid use disorder (OUD). Improving the quality of treatment and recovery support services for transition-age youth (ages 15-26) with SUD remains an urgent national health priority. Both empirical and developmental research indicate that families are powerful resources for enhancing treatment and recovery success among youth with SUD. Yet, families are not routinely targeted or systematically included in clinical practice. The Family Involvement in Recovery Support and Treatment (FIRST) Research Network is a NIDA-funded multidisciplinary collaborative (Grant # R24 DA051946) dedicated to promoting family integration in treatment and recovery support services for youth with SUD. The proposed panel comprises members of the FIRST Research Network steering committee and will focus discussion on five pertinent contemporary topics faced by clinical researchers and practitioners serving youth with SUD and OUD: (1) evidence-based intervention; (2) telehealth innovations necessitated by the COVID-19 pandemic; (3) family-decision making around medications for OUD; (4) family involvement in primary care; and (5) leveraging recovery support services to support a recovery maintenance plan. Presenters will be Aaron Hogue, PI of the FIRST Research Network and Vice-President, Partnership to End Addiction; Sara Becker, Brown University, Northeast ATTC; Marc Fishman and Kevin Wenzel, Mountain Manor Treatment Center; and Craig Henderson, Sam Houston State University. The panel will be moderated by Michael Southam-Gerow, Chair, FIRST Research Network National Advisory Board.

#### Symposium 34

# Relationship Health and COVID-19: Identifying and Reducing Maladaptive Relationship Behaviors Across Diverse and Underserved Populations During a Public Health Emergency

CHAIR: Judith Biesen, Ph.D., University of New Mexico Health

Sciences Center

DISCUSSANT: Brandi C. Fink, Ph.D., The University of New Mexico

All level of familiarity with the material

Primary Category: Couples / Close Relationships

Key Words: Couples / Close Relationships, Risk / Vulnerability Factors, Underserved
Populations

#### Romantic Relationship Experiences Among Sexual and Gender Minorities During the COVID-19 Pandemic

Sarah W. Whitton, Ph.D., University of Cincinnati

Shariell Crosby, B.A., Institute for Sexual and Gender Minority Health and Wellbeing, Northwestern University

Michael E. Newcomb, Ph.D., Northwestern University

### Intimate Partner Aggression During the COVID-19 Pandemic: Effects of Stress and Heavy Drinking

Dominic J. Parrott, Ph.D., Georgia State University Miklós Halmos, M.A., Georgia State University Cynthia Stappenbeck, Ph.D., Georgia State University Kevin Moino, M.A., Georgia State University

### Relationship Outcomes Among Patients in an Integrated Substance Use Treatment Program During the COVID-19 Pandemic

Judith Biesen, Ph.D., University of New Mexico Health Sciences Center Lori Keeling, Ph.D., University of New Mexico Health Sciences Center Larissa Maley, Ph.D., University of New Mexico Health Sciences Center Brandi C. Fink, Ph.D., University of New Mexico

### Translating Alcohol Behavioral Couple Therapy Delivery to Home-based Telehealth in Response to the COVID-19 Pandemic

Julianne C. Flanagan, Ph.D., Medical University of South Carolina; Ralph H. Johnson VAMC

Jasara N. Hogan, Ph.D., Medical University of South Carolina

Stacey Sellers, M.S., Medical University of South Carolina

Alex Melkonian, Ph.D., Ralph H. Johnson vAMC

Amber Jarnecke, Ph.D., Medical University of South Carolina

Delisa Brown, Ph.D., Medical University of South Carolina

Jessica L. Brower, M.A., Medical University of South Carolina

Charli Kirby, B.A., Medical University of South Carolina

Kristen L. Mummert, B.S., Medical University of South Carolina

Elizabeth Santa Ana, Ph.D., Ralph H. Johnson vAMC; Medical University of South Carolina

Brian Lozano, Ph.D., Ralph H. Johnson vAMC; Medical University of South Carolina Kathryn Bottonari, Ph.D., Medical University of South Carolina

Barbara McCrady, Ph.D., University of New Mexico

### Impacts of COVID-19 on Veterans and Partners in a Couple-based PTSD Treatment Trial

Kayla Knopp, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Chandra E. Khalifian, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Janina Schnitzer, B.A., VA San Diego Healthcare System

Alexandra Macdonald, Ph.D., The Citadel

Candice M. Monson, Ph.D., Ryerson University

Leslie Morland, Psy.D., VA San Diego Healthcare System/University of California San Diego

#### Clinical Round Table 6

## Adapting Interventions for Individuals with Intellectual Disability: Considerations and Challenges

MODERATOR: Jonathan Weiss, Ph.D., York University

PANELISTS: Caitlin M. Conner, Ph.D., University of Pittsburgh School of

Medicine

Audrey Blakeley-Smith, Ph.D., University of Colorado

School of Medicine

Andrew Jahoda, Ph.D., University of Glasgow Kelly Vinquist, Ph.D., university of Iowa

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: Developmental Disabilities, Comorbidity, Evidence-Based Practice

Individuals with Intellectual Disability (ID) comprise 1-2% of the population <sup>1</sup>. Estimates of co-occurring mental health conditions are between 30-40% for adults <sup>2,3</sup> and children and adolescents <sup>4</sup>. Despite a higher prevalence of mental health conditions such as depression and anxiety disorders, individuals with ID lack access to psychotherapies to manage and treat these conditions. Instead, reliance upon polypharmacy is prevalent, which can result in unwanted side effects. Furthermore, little research on psychotropic medication focuses on ID specifically, so little is known about effectiveness of medication in this group <sup>5-7</sup>. Families voice dissatisfaction with an overreliance on medication and reduced psychotherapy treatment options <sup>8</sup>.

A significant barrier for psychotherapeutic treatment for those with ID is limited evidence-based, manualized interventions available to community clinicians <sup>9</sup>, further reducing treatment access solely to "specialized" providers. Yet a growing body of evidence suggests that adapting evidence-based treatments can be effective for those with ID and can result in increased access to much needed care.

The primary goal of this clinical roundtable is to discuss psychotherapy adaptations for ID as well as challenges to adaptations for diverse psychotherapies for a range of ages (children and adults). Panelists have developed and researched the following: behavioral activation for adults with ID (AJ), CBT for anxiety with teens with both ID and autism (ABS), DBT for adults with ID (KV), and mindfulness for teens/young adults with ID and autism (CC). Panelists will discuss how they address factors such as varying verbal ability, developmental considerations between youth and adults, the role of parent/caregivers in treatments, treatment duration and frequency, differences between individuals with ID versus ID and autism, and use of homework. The panelists will also turn to discuss how those adaptations can be accomplished outside of research settings. Inclusivity of individuals with ID in mental health care is needed to address the lack of access to mental health services that many individuals with ID and co-occurring psychiatric diagnoses experience and to reduce the marginalization of this underserved population.

#### **Clinical Round Table 7**

# Expanding Access to Care for Youth with ASD: Supervision and Treatment Considerations for the "non-asd Expert" CBT Provider

MODERATOR: Rebecca Sachs, ABPP, Ph.D., CBT Spectrum

PANELISTS: Anne Marie Albano, ABPP, Ph.D., Modern Minds

Dena Gassner, MSW, Adelphi University

Matthew D. Lerner, Ph.D., Stony Brook University Lauren Moskowitz, Ph.D., St. John's University Sandra Pimentel, Ph.D., Montefiore Medical Center/

Albert Einstein College of Medicine

Tamara Rosen, Ph.D., JFK Partners, Section of

Developmental Pediatrics

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: Autism Spectrum Disorders, Underserved Populations, Adolescents

One in 54 children are identified with autism spectrum disorder (ASD), cutting across all racial, ethnic, and socioeconomic groups. Children and teens with ASD are more likely to develop co-occurring psychiatric conditions but are less likely to have access to evidence-based first line treatments for these conditions. The COVID-19 pandemic has amplified mental health concerns and simultaneous challenges to accessing care, especially for those with ASD. While autistic youth are increasingly seeking out treatment in multiple settings, there is a knowledge and confidence gap amongst providers when working with this population. Misguided beliefs that treating autistic youth fall out of the bounds of competency can result in those with ASD being inappropriately turned away by providers and training clinics with qualified and affordable CBT therapists. We will address knowledge gaps and anxieties experienced by students and early clinicians, as well as experienced CBT supervisors. Roleplay of specific cases, including those encountered this year during the Covid-19 pandemic, will illustrate how core CBT interventions with some modifications can be applied to this group. We will demonstrate how case conceptualization integrating CBT within a behavior analytic framework and incorporating common thinking differences characteristic of ASD can aid in the treatment and supervision of these cases. Roleplays will show how treatment of some comorbidities can be addressed in therapy. One panelist, with both professional expertise and the experience of being autistic, will reflect on roleplays connecting her experience with CBT to the above concepts. Panelists, CBT experts from both ASD and non-ASD backgrounds, will discuss how to address training/supervision issues of those working with ASD patients in various settings. Panelists will discuss how all CBT practitioners at every level of training and career development can capitalize on CBT expertise to treat those with ASD better than previously believed. We will also provide resources so attendees leave more confident in treating this group, able to leverage treatment skills they already possess and more willing to accept clients with ASD into their practice settings and expand access to evidence-based care.

#### Symposium 42

## The Role of Repetitive Thinking in Depression Within the Autistic Community

CHAIR: Katherine O. Gotham, Ph.D., Rowan University

DISCUSSANT: Greg J. Siegle, Ph.D., University of Pittsburgh School of

Medicine

Basic to Moderate level of familiarity with the material Primary Category: Autism Spectrum and Developmental Disorders Key Words: Autism Spectrum Disorders, Depression, Rumination

A Novel Network Analysis of Repetitive Thinking in Autistic Adults Zachary Williams, M.S., Vanderbilt University

Indirect Effect of Repetitive Thinking on Depressive Symptoms Through Brooding in Autistic Adults

Steven M. Brunwasser, Ph.D., Rowan University

Modeling Repetitive Thinking as a Prospective Predictors of Depressive Symptoms Across the First Semester of College Erin McKenney, B.A., Rowan University Katherine O. Gotham, Ph.D., Rowan University

#### Symposium 52

# Advancements in Understanding Disruptions in Sleep and Circadian Rhythms for Individuals with Obsessive Compulsive Disorder

CHAIR: Meredith E. Coles, Ph.D., Binghamton University

DISCUSSANT: Katherine Sharkey, M.D., Warren Alpert medical School of

Brown University

Basic to Moderate level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: OCD (Obsessive Compulsive Disorder)

Insomnia and Circadian Rhythms Have Separable Effects on Repetitive Negative Thinking

Meredith E. Coles, Ph.D., Binghamton University

Understanding the Link Between Obsessive-compulsive and Insomnia Symptoms: A Network Approach

Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill Megan Butcher, B.S., University of North Carolina at Chapel Hill Bradley Riemann, Ph.D., Rogers Behavioral Health Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

Sleep Duration and Obsessive-compulsive Disorder Symptom Changes Are Bidirectionally Related in Intensive Residential Treatment

Jacob Nota, Ph.D., McLean Hospital/Harvard Medical School

#### Symposium 50

#### Models of Risk and Resilience Applied to Children, Adolescents, Emerging Adults, and Caregivers During COVID-19: Identification of Components for Preventive Interventions

CHAIR: Elissa Brown, Ph.D., St. John's University, Child HELP

Partnership

DISCUSSANT: Michael A. de Arellano, Ph.D., Medical University of South

Carolina

Basic to Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Trauma / Maltreatment
Key Words: Child. PTSD (Posttraumatic Stress Disorder). Risk / Vulnerability Factors

## Trauma and COVID Exposure in Youth: Incremental Impact of Risk and Protective Factors in the Prediction of Mental Health Problems

Komal Sharma-Patel, Ph.D., St. John's University, Child HELP Partnership Elissa Brown, Ph.D., St. John's University, Child HELP Partnership

### Predictors of Mental Health Outcome During COVID-19 for Emerging Adult College Students

Andrea Bergman, Ph.D., St. John's University
Ayelet Hochman, B.A., St. John's University
Danielle Citera, B.S., St. John's University
Michelle Cusumano, B.A., St. John's University
Miranda Levy, M.A., St. John's University
Cameron Haslip, M.S., St. John's University
Dominique Giroux, B.S., St. John's University
Elissa Brown, Ph.D., St. John's University, Child HELP Partnership

### Impact of COVID-19 Stressors on Mothers' Mental Health: Risk and Resilience Factors

Annette La Greca, Ph.D., University of Miami Evan Burdette, M.S., University of Miami Kaitlyn Brodar, MPH, M.S., University of Miami

#### Symposium 45

#### Applications and Considerations for Datadriven Personalized Treatments Across Forms of Psychopathology

CHAIR: Caroline Christian, M.S., University of Louisville DISCUSSANT: Matthew K. Nock, Ph.D., Harvard University

All level of familiarity with the material Primary Category: Program / Treatment Design Key Words: Treatment, Statistics, Transdiagnostic

#### Physiological Subtypes in DSM-5 Anxiety, Depressive, and Traumatic Disorders

Aaron Fisher, Ph.D., University of California, Berkeley Esther Howe, B.A., University of California, Berkeley Zoe Zong, University of California, Berkeley

#### Developing a Personalized Network Intervention for Addiction

Alessandra Mansueto, M.S., University of Amsterdam Barbara Schouten, Ph.D., University of Amsterdam Julia Van Weert, Ph.D., University of Amsterdam Sacha Epskamp, Ph.D., University of Amsterdam Reinout Wiers, Ph.D., University of Amsterdam

### Uncovering When Dynamic Variables Optimally Predict One Another in Intensive Longitudinal Data Using Novel Personalized Modeling Strategies

Nicholas C. Jacobson, Ph.D., Dartmouth College Lili Liu, M.S., Dartmouth College

#### Network-informed Personalized Treatment for Eating Disorders

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

Brenna Williams, M.S., University of Louisville

Irina Vanzhula, M.S., University of Louisville

Caroline Christian, M.S., University of Louisville

Ani Keshishian, B.A., University of Louisville

Rowan A. Hunt, B.A., University of Louisville, Department of Psychological & Brain Sciences

Leigh Brosof, M.S., University of Louisville

#### Illustrating the Promise and Challenge of Precision Clinical Trials with a Mobile Health Mindfulness-based Depression Treatment for Older Adults

Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis Ginger Nicol, M.D., Washington University School of Medicine eric Lenze, M.D., Washington University School of Medicine

5:15 p.m. - 6:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 48

# Assessing and Understanding Fidelity to Interventions for Individuals with PTSD or Trauma Exposure in Public Mental Health Settings

CHAIR: Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD

and Stanford University

DISCUSSANT: Cassidy A. Gutner, Ph.D., BU School of Medicine/ViiV

Healthcare

Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Implementation, PTSD (Posttraumatic Stress Disorder)

Rising from the Ashes by Expanding Access to Community Care: Lessons Learned from Dissemination and Implementation of Skills for Psychological Recovery After the Northern California Wildfires

Adrienne J. Heinz, Ph.D., VA National Center for PTSD, Stanford University Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University Theresa Sharin, MSW, Stanford University

Taylor Loskot, B.A., VA National Center for PTSD and Stanford University Debbie Mason, CFRE, APR, CPRC, Fellow PRSA, Tidewell Foundation

Beth K. Jaworski, Ph.D., National Center for PTSD - Dissemination and Training Division

Mark McGovern, Ph.D., Stanford University

#### Treatment Length and Outcome in Written Exposure Therapy

Syed Aajmain, B.A., National Center for PTSD

Courtney Worley, Ph.D., National Center for PTSD, Dissemination and Training Division

Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University Stefanie LoSavio, Ph.D., Duke University Medical Center

Craig Rosen, Ph.D., National Center for PTSD, Dissemination and Training Division Denise Sloan, Ph.D., National Center for PTSD, Behavioral Science Division

### An Evaluation of a Clinician-rated Measure of Fidelity to Written Exposure Therapy

Nicole B. Gumport, M.A., University of California, Berkeley

Syed Aajmain, B.A., National Center for PTSD

Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University

Denise Sloan, Ph.D., National Center for PTSD, Behavioral Science Division

Stefanie LoSavio, Ph.D., Duke University Medical Center

Courtney Worley, Ph.D., National Center for PTSD, Dissemination and Training Division

Craig Rosen, Ph.D., National Center for PTSD, Dissemination and Training Division

### Identifying Scalable Strategies to Assess Fidelity: The Innovative Methods of Assessing Psychotherapy Practice (imApp) Study

Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University

Samantha Hernandez, B.A., National Center for PTSD

Jiyoung Song, B.A., University of California: Berkeley

Clara Johnson, B.A., University of Washington, Seattle

Amber Calloway, Ph.D., Center for Anxiety and Behavior Therapy

Kimberlye E. Dean, Ph.D., Massachusetts General Hospital; Harvard Medical School

Taylor Loskot, B.A., VA National Center for PTSD and Stanford University

Syed Aajmain, B.A., National Center for PTSD

Jansey Lagdamen, B.S., National Center for PTSD

Luana Marques, Ph.D., Harvard Medical School

Torrey A. Creed, Ph.D., University of Pennsylvania

### Sustainment of Cognitive Processing Therapy: Fidelity Across Mental Health Systems

Jansey Lagdamen, B.S., National Center for PTSD

Jiyoung Song, B.A., University of California, Berkeley

Kera Swanson, MPH, University of California, Irvine

Syed Aajmain, B.A., National Center for PTSD

Heidi La Bash, Ph.D., National Center for PTSD

Michael Suvak, Ph.D., Suffolk University

Fiona Thomas, Ph.D., Ryerson University

Vanessa Ramirez, MFT, San Antonio Behavioral Healthcare Hospital

Tasoula Masina, Ryerson University

Jeanine Lane, Ph.D., Ryerson University

Norman Shields, Ph.D., Royal Canadian Mounted Police

Erin Finely, Ph.D., South Texas Veterans Health Care System

Candice M. Monson, Ph.D., Ryerson University

Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University

#### Symposium 53

## Features of Misophonia (Selective Sound Sensitivity): Psychopathology Bases and Treatment Developments

CHAIR: Dean McKay, ABPP, Ph.D., Fordham University

DISCUSSANT: Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical

School

Basic to Moderate level of familiarity with the material Primary Category: Tic and Impulse Control Disorders Key Words: Anxiety, Anger / Irritability, CBT

### Treatment of Adult Misophonia Symptoms Using Exposure Therapy and Stress Management

Lauryn Garner, B.A., M.A., Fordham University Emily Steinberg, M.A., Fordham University Ana Rabasco, M.A., Fordham University Lauren Mancusi, Ph.D., Fordham University Julia Phillips, B.A., Fordham University Dean McKay, ABPP, Ph.D., Fordham University

### Therapeutic Skills for Children with Misophonia: A Single Case Design *Joseph F. McGuire, Ph.D.*, Johns Hopkins University School of Medicine

Different Psychopathological Mechanisms Underlie Aversive Emotional Experience vs Impulsive Response in Misophonia Amitai Abramovitch, Ph.D., Texas State University

### Combating the Scream: Preliminary Data on Treatment of Youth Misophonia Symptoms Through Cognitive-behavior Therapy

Charlene Minaya, B.A., Fordham University
Emily Steinberg, M.A., Fordham University
Lauryn Garner, B.A., M.A., Fordham University
Ana Rabasco, M.A., Fordham University
Olivia Youngblood, Undergraduate Student (BS), Fordham University
Dean McKay, ABPP, Ph.D., Fordham University

#### Symposium 47

## Cognitive Behavioral Therapy for Obsessive-compulsive and Related Disorders: How, When, and Why It Works

CHAIR: Emily E. Bernstein, Ph.D., Massachusetts General Hospital

DISCUSSANT: Sabine Wilhelm, Ph.D., Harvard Medical School

Moderate level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: OCD (Obsessive Compulsive Disorder), Body Dysmorphic Disorder, CBT

### Different Treatment Pathways of Cognitive Behavioral Therapy and Supportive Psychotherapy for Body Dysmorphic Disorder

Emily E. Bernstein, Ph.D., Massachusetts General Hospital

Katharine A. Phillips, M.D., Weill Cornell Medicine & New York-Presbyterian Hospital Jennifer L. Greenberg, Psy.D., Massachusetts General Hospital / Harvard Medical School

Joshua E. Curtiss, Ph.D., Massachusetts General Hospital

Susanne S. Hoeppner, Ph.D., M.Ap.Stat., Massachusetts General Hospital

Sabine Wilhelm, Ph.D., Harvard Medical School

#### Remission After Psychotherapy for Body Dysmorphic Disorder: Data from a Randomized Controlled Trial of Cognitive Behavioral Therapy versus Supportive Psychotherapy for Body Dysmorphic Disorder

Hilary Weingarden, Ph.D., Massachusetts General Hospital

Susanne S. Hoeppner, Ph.D., M.Ap.Stat., Massachusetts General Hospital

Ivar Snorrason, Ph.D., Massachusetts General Hospital / Harvard Medical School

Jennifer L. Greenberg, Psy.D., Massachusetts General Hospital / Harvard Medical School

Katharine A. Phillips, M.D., Weill Cornell Medicine & New York-Presbyterian Hospital Sabine Wilhelm, Ph.D., Harvard Medical School

### What Predicts Outcome from Cognitive Behavioral Therapy for Adults with Obsessive Compulsive Disorder?

Helen Blair Simpson, M.D., Ph.D., Columbia University/New York State Psychiatric Institute

### Association Between Genetic Risk Scores and Symptom Change in Cognitive Behavioural Therapy for Obsessive-compulsive Disorder

Julia Boberg, Psy.M., Karolinska Institutet

Christian Rück, M.D., Ph.D., Karolinska Insitutet

#### Panel Discussion 4

## Beyond the Day Job: Championing CBT with Meaningful Side Projects

Moderators: Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety

and Stress Management

Amelia Aldao, Ph.D., Together CBT

PANELISTS: Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for Anxiety

and Stress Management

Amelia Aldao, Ph.D., Together CBT

Jelena Kecmanovic, Ph.D., Arlington/DC Behavior

Therapy Institute

Stephanie Zerwas, Ph.D., Zerwas

Kathryn H. Gordon, Ph.D., Sanford Health

Primary Category: Dissemination & Implementation Science

Key Words: Dissemination, Professional Development, Professional Issues

Treatment dissemination has long been a challenge for champions of CBT: how can we get our effective strategies into the hands of more people (especially recently, with the increased need for mental health services)? Some clinicians and researchers have attempted to address this issue by pursuing less traditional side projects in addition to their main "day job" responsibilities. Such side projects confer two key benefits: they allow us to add variety to our workdays by pursuing opportunities that are values-consistent; and they enable us to promote CBT among significantly larger and more diverse populations, including those who don't often have access to evidence-based care. It can however be difficult to know how to go about pursuing such "side gigs," as graduate programs typically only prepare students for pursuing traditional full-time roles. In this panel, professionals with CBT "side gigs" will discuss their career trajectories and offer guidance for those looking to pursue similar paths. Questions for the panelists will be solicited ahead of time and in real time on ABCT's social media platforms, which will allow panelists to tailor the discussion to the specific needs of the audience. Panelists include a consultant for mental health start-ups (Dr. Amelia Aldao); a popular press writer and blogger (Dr. Ilyse Dobrow DiMarco); a podcaster (Dr. Kathryn Gordon); a Washington Post contributor (Dr. Jelena Kecmanovic); and the founder of Project Parachute, an organization that provides free therapy for frontline workers (Dr. Stephanie Zerwas). We will discuss: 1) how "side gigs" can help you champion CBT in novel ways; 2) how you can identify your strengths and the side project(s) that best fits them; 3) concrete steps you can take to pursue a number of different types of side projects; and 4) the pros and cons of adding a "side gig" to an already full workload.

#### Symposium 49

#### Advancing Relationship Science and Countering Stigma: Understanding Relationship Diversity Through the Study of Consensual Non-monogamy

CHAIRS: Ellora Vilkin, M.A., Stony Brook University

Cara Herbitter, M.P.H., Ph.D., VA Boston Healthcare

System

DISCUSSANT: Rhonda N. Balzarini, Ph.D., Texas State University

All level of familiarity with the material Primary Category: Couples / Close Relationships Key Words: Couples / Close Relationships, Sexuality, Stigma

#### Characteristics of Relationship Agreements Among Monogamous and Consensually Non-monogamous People of Diverse Sexual Orientations

Ellora Vilkin, M.A., Stony Brook University Gabriella Catanuto, B.A., Stony Brook University Joanne Davila, Ph.D., Stony Brook University

### Embracing Diversity in Relationship Structures Beyond Monogamy: Examining the Triple-c Model Across Two Online Samples

Ronald D. Rogge, Ph.D., University of Rochester Forrest Hangen, B.A., Northeastern University Amanda Shaw, Ph.D., Private Practice

#### Measuring Attitudes Toward Consensual Non-monogamy

Shayna Skakoon-Sparling, Ph.D., Ryerson University Trevor A. Hart, Ph.D., C.Psych., Ryerson University

### Enacted and Anticipated Stigma Related to Consensual Non-monogamy Among LGBTQ+ Adults: Implications for Practice and Research

Christopher B. Stults, Ph.D., Baruch College, City University of New York Roberto Abreu, Ph.D., University of Florida
Leonore Tjia, B.A., California Institute of Integral Studies
Stephan Brandt, M.A., Stony Brook University
Diana Malave, B.A., New York University
Michael Chumpitaz, New York University

### Assessing Mental Health Provider Biases Against Clients Who Practice Consensual Non-monogamy

Cara Herbitter, M.P.H., Ph.D., VA Boston Healthcare System Ellora Vilkin, M.A., Stony Brook University Michelle Vaughan, Ph.D., Wright State University Alice S. Carter, Ph.D., Ph.D., Department of Psychology David Pantalone, Ph.D., University of Massachusetts Boston

5:15 p.m. - 6:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 43

# Relevance, Training, and Feasibility of Virtual Dialectical Behavior Therapy Skills Groups to Support Mental Health of Emerging Adults in India During COVID-19

CHAIRS: Vaishali V. Raval, Ph.D., Miami University

Elizabeth Thomas, Ph.D., Christ University

DISCUSSANT: Linda Dimeff, Ph.D., Jaspr Health, Inc.

Basic to Moderate level of familiarity with the material Primary Category: Global Mental Health

Key Words: Global Mental Health, DBT (Dialectical Behavior Therapy), Underserved Populations

#### Prevalence of Anxiety and Depressive Symptoms and Associations with Emotion Dysregulation and Dysfunctional Coping Among Emerging Adults in India During COVID-19

Vaishali V. Raval, Ph.D., Miami University Elizabeth Thomas, Ph.D., Christ University Anjali Jain, M.A., Miami University Tony Sam George, Ph.D., Christ University Annie James, M.A., Christ University

### Exploring the Relevance of Dialectical Behavior Therapy and Evaluating DBT Training of Masters-level Student Therapists in India During COVID-19

Nikhil Singh, B.A., Miami University Anjali Jain, M.A., Miami University Pankhuri Aggarwal, M.A., Miami University April R. Smith, Ph.D., Miami University Vaishali V. Raval, Ph.D., Miami University

## Evaluating Feasibility, Acceptance, and Effectiveness of Virtually Delivered Dialectical Behavior Therapy Skills Groups Among Emerging Adults in India During COVID-19

Elizabeth Thomas, Ph.D., Christ University Annie James, M.A., Christ University Sameeha Sharma, M.A., Christ University Mahika Bakshi, M.A., Christ University Ananya Sinha, Ph.D., Christ University Anjali Jain, M.A., Miami University April R. Smith, Ph.D., Miami University Vaishali V. Raval, Ph.D., Miami University

#### Symposium 51

# Disseminating CBT Principles Through Mobile Mental Health Apps: An Evaluation of Self-management Apps from VA's National Center for PTSD

CHAIR: Haijing W. Hallenbeck, Ph.D., National Center for PTSD -

Dissemination and Training Division

DISCUSSANT: Eric Kuhn, Ph.D., VA Palo Alto Health Care System/Stanford

All level of familiarity with the material

Primary Category: Technology

Key Words: Technology / Mobile Health, PTSD (Posttraumatic Stress Disorder), Veterans

### PTSD Coach Version 3.1: A Closer Look at the Reach, Use, and Clinical Impact of This Updated Mobile Health App in the U.S. Population

Haijing W. Hallenbeck, Ph.D., National Center for PTSD - Dissemination and Training Division

Beth K. Jaworski, Ph.D., National Center for PTSD - Dissemination and Training Division

Joseph Wielgosz, Ph.D., VA Palo Alto Health Care System/Stanford

Eric Kuhn, Ph.D., VA Palo Alto Health Care System/Stanford

Kelly Ramsey, B.A., National Center for PTSD - Dissemination and Training Division, VA Palo Alto Health Care System

Katie Taylor-Lynch, Ph.D., Dissemination and Training Division, National Center for PTSD

Katherine Juhasz, M.S., National Center for PTSD - Dissemination and Training Division, VA Palo Alto Health Care System

Pearl McGee-Vincent, Psy.D., National Center for PTSD - Dissemination and Training Division, VA Palo Alto Health Care System

Margaret-Anne Mackintosh, Ph.D., National Center for PTSD - Dissemination and Training Division, VA Palo Alto Health Care System

Jason E. Owen, Ph.D., MPH, National Center for PTSD - Dissemination & Training Division

#### Mobile-based Self-guided Mindfulness Training for Veterans with PTSD: Preliminary Findings from a Pilot Randomized Trial

Joseph Wielgosz, Ph.D., VA Palo Alto Health Care System/Stanford

Joseph Wielgosz, Ph.D., VA Palo Alto Health Care System/Stanford

Robyn D. Walser, Ph.D., National Center for PTSD

Beth K. Jaworski, Ph.D., National Center for PTSD - Dissemination and Training Division

Craig Rosen, Ph.D., National Center for PTSD, Dissemination and Training Division Eric Kuhn, Ph.D., VA Palo Alto Health Care System/Stanford

Jason E. Owen, Ph.D.; MPH, National Center for PTSD - Dissemination & Training Division

### Participant Experiences Using a Mobile Mental Health Application to Manage Posttraumatic Stress Symptoms

Madeleine Miller, B.S., National Center for PTSD - Dissemination and Training Division

Adrian Davis, M.S., National Center for PTSD Dissemination and Training Division Carmen P. McLean, Ph.D., National Center for PTSD

#### Insomnia Coach Mobile App for Insomnia Self-management: A Pilot Randomized Controlled Trial to Assess Feasibility, Acceptability, and Potential Efficacy

Katherine E. Miller, Ph.D., Philadelphia VA Medical Center

Eric Kuhn, Ph.D., VA Palo Alto Health Care System/Stanford

Deloras Puran, MPH, Dissemination and Training Division, National Center for PTSD

Joseph Wielgosz, Ph.D., VA Palo Alto Health Care System/Stanford

Sophie York Williams, M.A., VA Palo Alto Healthcare System

Jason E. Owen, PhD; MPH, National Center for PTSD - Dissemination & Training Division

Beth K. Jaworski, Ph.D., National Center for PTSD - Dissemination and Training Division

Haijing W. Hallenbeck, Ph.D., National Center for PTSD - Dissemination and Training Division

Shannon McCaslin, Ph.D., Dissemination and Training Division, National Center for PTSD

Katie Taylor-Lynch, Ph.D., Dissemination and Training Division, National Center for PTSD

### COVID Coach: Examining Uptake and Usage of a Public Mental Health App for the COVID-19 Pandemic

- Beth K. Jaworski, Ph.D., National Center for PTSD Dissemination and Training Division
- Beth K. Jaworski, Ph.D., National Center for PTSD Dissemination and Training Division
- Katie Taylor-Lynch, Ph.D., Dissemination and Training Division, National Center for PTSD
- Kelly M. Ramsey, B.A., National Center for PTSD Dissemination & Training Division
- Adrienne J. Heinz, Ph.D., VA National Center for PTSD, Stanford University
- Sarah Steinmetz, Ph.D., National Center for PTSD Dissemination & Training Division
- Jason E. Owen, Ph.D.; MPH, National Center for PTSD Dissemination & Training Division

5:15 p.m. - 6:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 46

#### Novel Analytic Approaches to Clinical Science: Integrating Recent Advances to Statistical Methodology

CHAIRS: Duncan G. Jordan, Ph.D., Murray State University

Gemma T. Wallace, M.S., Colorado State University

DISCUSSANT: Craig Henderson, Ph.D., Sam Houston State University

Moderate to Advanced level of familiarity with the material Primary Category: Research Methods and Statistics Key Words: Research Methods, Statistics, Assessment

### Data Pollution in Mental Health Research: Underreported Contamination of Study Results

Alessandro S. De Nadai, Ph.D., Texas State University

Jean Hu, Ph.D., Texas State University

Wesley K. Thompson, Ph.D., Herbert Wertheim School of Public Health and Human Longevity Science, University of California, San Diego

### Emotion Network Density as a Potential Clinical Marker: Comparison of Ecological Momentary Assessment and Daily Diary

Ki Eun Shin, Ph.D., Teachers College, Columbia University

Michelle G. Newman, Ph.D., The Pennsylvania State University

Nicholas C. Jacobson, Ph.D., Dartmouth College

### Patterns of Impulsivity and Perfectionism and Associations with Psychiatric Symptoms: A Three-step Latent Profile Analysis

Zoe Bridges-Curry, M.S., University of Louisville

Caroline Christian, M.S., University of Louisville

Rowan A. Hunt, B.A., University of Louisville, Department of Psychological & Brain Sciences

Anna Marie Ortiz, M.S., University of Kentucky

Jordan Drake, Undergraduate Student, University of Louisville

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

### Controllability Centrality as a New Tool for Selecting Targets for Eating Disorder Intervention

Irina Vanzhula, M.S., University of Louisville

Teague Henry, Ph.D., University of Pittsburgh

Claire Cusack, M.A., University of Louisville

Brenna Williams, M.S., University of Louisville

Ani Keshishian, B.A., University of Louisville

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

#### A Multiverse Approach to Analyzing Data from Clinical Trials

Alexander O. Crenshaw, Ph.D., Ryerson University

Nicole D. Pukay-Martin, Ph.D., Cincinnati VA Medical Center

Anne C. Wagner, Ph.D., Remedy & Ryerson University

Richard P. Schobitz, Ph.D., Brooke Army Medical Center, JBSA-Fort Sam

Stacey Young-McCaughan, Ph.D., University of Texas Health Science Center at San Antonio and South Texas Veterans Health Care System

Jim M. Mintz, Ph.D., University of Texas Health Science Center at San Antonio and South Texas Veterans Health Care System

Brett T. Litz, Ph.D., Boston University

David S. Riggs, Ph.D., Uniformed Services University of the health sciences

Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio

Candice M. Monson, Ph.D., Ryerson University

#### Symposium 55

## Father Engagement: Understanding and Overcoming Barriers in Multiple Treatment Settings

CHAIR: Juan Carlos Gonzalez, M.A., University of California, Santa

Barbara

DISCUSSANT: Gregory A. Fabiano, Ph.D., Florida International University

Basic to Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: Parent Training, PCIT (Parent Child Interaction Therapy), ADHD

#### Father Engagement in Behavioral Parent Training: Predictors and Perspectives

Corinna C. Klein, LCSW, University of California, Santa Barbara Juan Carlos Gonzalez, M.A., University of California, Santa Barbara Madeleine Tremblay, High School Diploma, University of California Santa Barbara Miya Barnett, Ph.D., University of California Santa Barbara

Patterns of Father Engagement to Parenting Intervention in Head Start: Anil Chacko, Ph.D., New York University

### School-based Program to Increase Father Engagement in Behavioral Parenting Training for Children with Attention-deficit/hyperactivity Disorder

Nicole Schatz, Ph.D., Florida International University

Gregory A. Fabiano, Ph.D., Florida International University

Nicole Schatz, Ph.D., Florida International University

Kellina Pyle, PhD, Florida International University

Chanelle Gordon, Ph.D., Boys Town National Research Hospital

Timothy Hayes, Ph.D., Florida International University

Devon Tower, MS, Florida International University

Tamara Santos Soto, M.A., Florida International University

Fiona Machhee, M.S., Florida International University

William E. Pelham Jr., Ph.D., Center for Children and families, Florida International University

Karen Hulme, MPH, Roswell Park Cancer Institute

### Engaging Fathers in the COVID Era: PCIT Therapist Reports Following Transition to Telehealth

Juan Carlos Gonzalez, M.A., University of California, Santa Barbara Corinna C. Klein, LCSW, University of California, Santa Barbara Madeleine Tremblay, High School Diploma, University of California Santa Barbara Miya Barnett, Ph.D., University of California Santa Barbara

7:00 p.m. - 8:30 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 54

# Invisible, yet Stigmatized: Conceptual and Methodological Innovations in Research on Bisexual Stigma and Mental Health

CHAIR: Brian Feinstein, Ph.D., Rosalind Franklin University of

Medicine and Science

DISCUSSANT: Christina Dyar, Ph.D., Ohio State University

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Vulnerable Populations, Stigma

#### A Latent Profile Analysis of the Minority Stress Experiences of Bi+ Women

Lisa M. Godfrey, M.A., University of Cincinnati Sarah W. Whitton, Ph.D., University of Cincinnati

### Bi+ Identity Visibility and Psychological Well-being: Differences Between Bi+ Individuals in Same-gender vs. Different-gender Relationships

Emma L. McGorray, B.A., Northwestern University Eli Finkel, Ph.D., Northwestern University

### The Affective Consequences of Bisexual-specific Minority Stress: A Daily Diary Study

Brian Feinstein, Ph.D., Rosalind Franklin University of Medicine and Science Christina Dyar, Ph.D., Institute for Sexual and Gender Minority Health and Wellbeing at Northwestern University

Jennifer Poon, Ph.D., Brown University

Fallon R. Goodman, Ph.D., University of South Florida

Joanne Davila, Ph.D., Stony Brook University

#### Feeling Like a Burden: Perceived Burdensomeness Mediates the Associations Between Bisexual-specific Minority Stressors and Suicidal Ideation

Cindy J. Chang, Psy.M., Rutgers University, The State University of New Jersey Brian Feinstein, Ph.D., Rosalind Franklin University of Medicine and Science Brian C. Chu, Ph.D., Rutgers University, The State University of New Jersey Edward Selby, Ph.D., Rutgers University, The State University of New Jersey

7:00 p.m. - 8:30 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 59

## Out of the Laboratory, and into the Clinic: Measuring and Testing Novel Mechanistic Theories of Exposure

CHAIR: Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical

School

DISCUSSANT: Eric A. A. Storch, Ph.D., Baylor College of Medicine

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Exposure, Change Process / Mechanisms, Anxiety

### The Assessment of Expectancy Violation Using a Lab-based Paradigm in an Analogue OCD Sample

William Taboas, Ph.D., Center for Understanding and Treating Anxiety, San Diego State University

William Taboas, Ph.D., Center for Understanding and Treating Anxiety, San Diego State University

Alexis Cruz, B.A., Temple University

Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical School

Nader Amir, Ph.D., Joint Doctoral program at the San Diego State University / University of California, San Diego

### The Effects of Confronting the Feared Outcome During Exposure Therapy on the Return of Fear: An Analogue Study

Sarah C. Jessup, B.S., Vanderbilt University

Bunmi Olatunji, Ph.D., Vanderbilt University

Variability in Uncertainty During Exposure as a Predictor of Exposure Outcomes Kelly A. Knowles, M.A., Vanderbilt University

Bunmi Olatunji, Ph.D., Vanderbilt University

#### Different Processes of Change with Traditional and Act-enhanced ERP for OCD

Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Heidi J. Ojalehto, B.S., UNC Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill Michael Twohig, Ph.D., Utah State University

### Cross-theoretical Exposure Therapy Mechanisms in Real World Treatment for OCD

Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical School Jason Krompinger, Ph.D., McLean Hospital/Harvard Medical School Martha Falkenstein, Ph.D., McLean Hospital/Harvard Medical School Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School Jacob Nota, Ph.D., McLean Hospital/Harvard Medical School Meghan Schreck, Ph.D., McLean Hospital

7:00 p.m. - 8:30 p.m.

#### Earn 1.5 continuing education credits

**Research & Professional Development 2** 

## What Does It Mean to Dress "professionally" as a Therapist?

Panelists: Jennifer C. Veilleux, Ph.D., University of Arkansas Rebecca A. Schwartz-Mette, Ph.D., University of Maine

Basic to Moderate level of familiarity with the material Primary Category: Professional / Interprofessional Issues Key Words: Professional Issues, Training / Training Directors

Dressing "professionally" is a component of most clinic handbooks or organization guidelines. But what does it truly mean to dress "professionally" as a therapist, when our jobs do not technically require any specialized uniform? With the recognition that professionalism is a foundational competency in our field, the time has come for us to carefully articulate how authenticity, identity and professionalism intersect when considering our dress codes. This workshop will highlight some of the issues that are implicitly embedded into perceptions of professional appearance, including reviewing work from related fields (medicine, teaching, nursing, business, sports) suggesting that perceptions of competence based on appearance are often rooted in systemic biases toward marginalized groups (including women). We will also model strategies for having difficult conversations within programs and clinics around dress codes, and use experiential strategies to facilitate self-reflection in the service of helping attendees understand their attitudes about professional appearance and competence. Finally, we will focus on helping trainers (program faculty, supervisors, etc.) broach conversations with trainees and with clients about professional-ism expectations around professional dress. The time has come for psychology as a field to

understand how we define professional dress considering that many clinics and graduate training programs are struggling with how to attend to issues of equity and inclusion in a practical manner. This workshop is geared primarily toward training faculty, clinic directors, supervisors and administrators (i.e., those in positions of power over front-line clinicians), but front-line clinicians are also welcome. This workshop will focus on strategies for initiating conversations around professional dress within programs and organizations, and strategies for helping clinicians discussing authentic dress decisions with clients. Experiential methods of learning will be emphasized.

#### You will learn:

- Critically examine traditional ideals of professionalism in clinical psychology.
- Explore how one-dimensional conceptualizations of professional appearance may further marginalize underrepresented groups.
- Actively construct concrete ideas for revising policy and training with regard to professionalism.

Recommended Readings: Veilleux, J. C., & Schwartz-Mette, R. A. (2021). Pink hair, don't care? Unpacking the concept of professional appearance for modern therapists. The Behavior Therapist, 44(2), 80-84. Available at: https://www.abct.org/docs/PastIssue/44n2. pdfGrus, C. L., Shen-Miller, D., Lease, S. H., Jacobs, S. C., Bodner, K.E., Van Sickle, K. S., Veilleux, J. C, & Kaslow, N. J. (2018). Professionalism: A competency cluster whose time has come. Ethics & Behavior, 28, 450-464. doi: https://doi.org/10.1080/10508422.2017. 1419133Petrilli, C. M., Mack, M., Petrilli, J. J., Hickner, A., Saint, S., & Chopra, V. (2015). Understanding the role of physician attire on patient perceptions: a systematic review of the literature—targeting attire to improve likelihood of rapport (TAILOR) investigators. BMI Open, 5, e006578. doi:10.1136/bmjopen-2014-006578

#### Panel Discussion 6

# Working with Minoritized Veterans: The Intersection of Military Culture with Racial, Ethnic, Sexual, and Gender Identity

MODERATOR: Alexandra M. King, M.S., Rutgers University

PANELISTS: Juliette McClendon, Ph.D., Boston University School of

Medicine

Jessica Stern, Ph.D., New York University Langone Health Colleen A. Sloan, Ph.D., VA Boston HCS & Boston

University School of Medicine

Maurice Endsley, Jr., Ph.D., US Department of Veterans

Affairs

Primary Category: Military and Veterans Psychology

Key Words: Veterans, Culture, LGBTQ+

Millions of US Veterans have minoritized identities. Racial and ethnic minorities account for 23.7% of all Veterans and 59% of those enrolled in the Veterans Health Administration. Additionally, it is estimated that 2 million Veterans are women and 1 million Veterans are sexual minorities; and twice as many transgender and gender-diverse people are Veterans (15%) than in the general population (8%). Research demonstrates that attending to the intersection of clients' identities is critical to providing effective services, yet little attention has been paid to treating individuals at the intersection of minoritized identity and military identity. Veterans may have had negative experiences as minorities in the military and/or being military members in minoritized communities. On the other hand, Veterans may also have had positive experiences with these intersecting identities and hold deep pride in them. As mental health providers, it is our responsibility to acknowledge Veterans as members of multiple cultures and communities as well as individuals with their own personal relationships to their identities. This panel aims to discuss common difficulties that Veterans from racial, ethnic, sexual, and gender minorities may face in treatment and how to provide care with cultural humility to prevent (and repair for) these difficulties. Panelists were chosen for their expertise in caring for such Veterans. Dr. Juliette McClendon, PhD will discuss the impact of racial stress and trauma on the mental health of Veterans of Color. Dr. Jessica Stern, PhD will share her perspective from working with Veterans and military families experiencing substance use disorders with a particular focus on substance use disparities and associated treatment implications across sociodemographics. Dr. Colleen Sloan, PhD will share from experience as a clinician working within a women's trauma recovery clinic, as LGBT Veteran Care Coordinator, and director of an interdisciplinary transgender and gender diverse health team. Dr. Maurice Endsley, PhD will discuss approaches for addressing race-based stress/ trauma in psychotherapy. The panel will discuss important practical considerations for working effectively and supportively with Veterans with minoritized identities.

#### Panel Discussion 5

### Climate Change, Mental Health and Evidence-based Practice

MODERATOR: Katherine Crowe, Ph.D., Home for Anxiety, Repetitive

Behaviors, OCD, and Related Disorders (HARBOR)

Panelists: R. Eric Lewandowski, Ph.D., New York University Langone

Health

Dean McKay, ABPP, Ph.D., Fordham University
Jura Augustinavicius, Ph.D., Johns Hopkins Bloomberg

School of Public Health

Sarah Lowe, Ph.D., Yale School of Public Health

Sarah Schwartz, Ph.D., Suffolk University

Lena Verdeli, Ph.D., Teachers College, Columbia

University

Primary Category: Global Mental Health

Key Words: Public Health, Vulnerable Populations, Evidence-Based Practice

Emerging evidence indicates that climate change has significant mental health impacts, though this area has received relatively little scientific attention. As climate change is expected to intensify, there is a critical need to understand the related mental health impacts and to identify optimal strategies for supporting mental health in affected groups, including the role of CBT practitioners. This panel will detail the direct and indirect mental health effects of climate change, highlighting challenges of construct definition and measurement as well as limitations of current nosology for characterizing these impacts. Panelists will review evidence on interventions that hold promise for supporting mental health in the context of climate change, including a synthesis and application of CBT approaches to address these circumstances which range from acute weather-related disasters to chronic climate change events and climate change anxiety. The panel will then review considerations and approaches for equitable engagement and partnership with affected communities and vulnerable populations in collaborative efforts to address mental health needs, including collective action and advocacy, attending in particular to concerns of environmental justice. Finally, the panel will present future directions for research and clinical engagement for CBT scientists and practitioners.

#### Symposium 56

## Eye Tracking Without the Eyes: A Mouse-based Measure of Attentional Bias Inspired by the COVID-19 Pandemic

CHAIR: Thomas R. Armstrong, Ph.D., Whitman College DISCUSSANT: Yair Bar-Haim, Ph.D., Tel Aviv University

Moderate level of familiarity with the material Primary Category: Research Methods and Statistics

Key Words: Attention, Measurement, Emotion

### Mouseview.js: Reliable and Valid Attention Tracking for Web-based Clinical Affective Research Using a Cursor-directed Aperture

Alexander L. Anwyl-Irvine, B.S., St Catharine's College, University of Cambridge Edwin Dalmaijer, Ph.D., MRC Cognition and Brain Sciences Unit, University of Cambridge

Thomas R. Armstrong, Ph.D., Whitman College

#### How and When Do Women and Men Differ in Their Attentional Biases for Preferred Sexual Cues?: A Multi-method Approach

Samantha J. Dawson, Ph.D., University of British Columbia

Sonia Milani, B.A., University of British Columbia

Meredith Chivers, Dr., Queen's University

Zoe Brown, BA in progress, Whitman College

Thomas R. Armstrong, Ph.D., Whitman College

### The Application of Innovative Measures of Attention to Capture Individual Differences in Recent Suicidal Thoughts

Jeremy G. Stewart, Ph.D., Queen's University

Megan Rowe, B.A. (hons), Queen's University

Ibukunoluwa Okusanya, Queen's University

Ashley Filion, Queen's University

Jessica Mahadeo, Queen's University

Edwin Dalmaijer, Ph.D., MRC Cognition and Brain Sciences Unit, University of Cambridge

Thomas R. Armstrong, Ph.D., Whitman College

Perceptual Avoidance in Multiple Specific Phobias Is Associated with Symptom Levels and Emotional Responses: Evidence from Eye Tracking and Mouseview.js Kathleen A. Koval, B.S., The University of Utah Shari A. Steinman, Ph.D., West Virginia University sohrab ghassemieh, B.S., University of British Columbia

7:00 p.m. - 8:30 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 7

#### Successful Mentorship for Women and Underrepresented Groups

Thomas R. Armstrong, Ph.D., Whitman College

Moderators: Larissa A. McGarrity, Ph.D., University of Utah School of

Medicine

Lane L. Ritchie, Ph.D., VA Greater Los Angeles

Healthcare System

PANELISTS: David A. Haaga, Ph.D., American University

Khiela J. Holmes, Ph.D., Shalom Wellness Services, LLC

Ricardo F. Munoz, Ph.D., Palo Alto University Bethany A. Teachman, Ph.D., University of Virginia

Primary Category: Women's Issues

Key Words: Women's Issues, Career Development, Education and Training

The inspiration for this proposed panel is the recent controversy surrounding an article published in Nature in November 2020 and then subsequently retracted: https:// www.nature.com/articles/s41467-020-19723-8. This article investigated scientific mentor relationships and found worse productivity outcomes for mentees who were supervised by female mentors, as well as for mentors who supervised female mentees. The authors discussed implications for programs in which mentees are intentionally matched with mentors based on shared identity. The controversy surrounding this paper has focused on methodology, definitions of mentor relationships, and interpretation of the findings. This article—and its retraction—has sparked broader conversations around optimizing mentor relationships, including those pairings in which mentor and mentee share identity characteristics and those pairings in which they differ (based on gender but also based on racial/ethnic, socioeconomic, and other dimensions of diversity). Panelists are experienced and recognized mentors in the field. The panel will include discussion about reactions to this article and the subsequent controversy and retraction. The panel will focus on how to interpret research on mentorship for women and individuals from underrepresented groups, factors influencing productivity of mentees, and experiences with successful mentoring relationships characterized by shared and divergent identities and experiences.

### Earn 1.5 continuing education credits

### Symposium 62

### Identifying Mechanisms of Effective Treatment: Transparency and Experimental Therapeutics in Intervention Research

CHAIR: Susan W. White, ABPP, Ph.D., The University of Alabama DISCUSSANT: Joel Sherrill, Ph.D., National Institute of Mental Health

Basic to Moderate level of familiarity with the material Primary Category: Program / Treatment Design Key Words: Translational Research, Methods, Clinical Trial

The Development of Psychosocial Therapeutic and Preventive Interventions for Mental Disorders (R61/R33): A User's Guide

Judy Garber, Ph.D., Vanderbilt University

Preventing Mental Health Problems in Adolescents Living in Poverty: targeting Stress-adapted Coping and Physiologic Mechanisms

Martha E. Wadsworth, Ph.D., Penn State University Jarl Ahlkvist, Ph.D., Pennsylvania State University Damon Jones, Ph.D., Penn State University

### Facial Affect Sensitivity Training for Young Children with CU Traits: An Experimental Therapeutics Approach

Bradley A. White, Ph.D., The University of Alabama Susan W. White, ABPP, Ph.D., The University of Alabama Breanna Dede, M.A., The University of Alabama Meagan Heilman, M.S., The University of Alabama Rebecca Revilla, B.S., The University of Alabama John Lochman, Ph.D., The University of Alabama Caitlin Hudac, Ph.D., The University of Alabama Chuong Bui, Ph.D., The University of Alabama

### Neural Mechanisms of Facial Emotion Recognition in Autism Spectrum Disorder

John Richey, Ph.D., Virginia Tech

Denis Gracanin, Ph.D., Virginia Tech

Stephen Laconte, Ph.D., Virginia Tech

Jonathan Lisinski, Ph.D., Virginia Tech

Inyoung Kim, Ph.D., Virginia Tech

Ligia Antezana, M.S., Virginia Tech

Corinne N. Carlton, M.S., Virginia Polytechnic Institute and State University

Katelyn Garcia, B.A., Virginia Tech

Susan W. White, ABPP, Ph.D., University of Alabama

### Moderating Effects of Premorbid Sociality on Social Adjustment Change During a Randomized Trial of Cognitive Enhancement Therapy for Early Course Schizophrenia

Ana T. Flores, MSW, University of Pittsburgh

Jessica Wojtalik, Ph.D, Case Western Reserve University, Jack, Joseph and Morton Mandel School of Applied Social Sciences

Matcheri Keshavan, M.D., Harvard Medical School

Shaun Eack, Ph.D, University of Pittsburgh School of Social Work

### Earn 1.5 continuing education credits

### Symposium 58

### "An Unprecedented Time": Understanding the Public Health Consequences of the COVID-19 Pandemic

CHAIRS: Brianna J. Turner, Ph.D., University of Victoria

Katherine Dixon-Gordon, Ph.D., University of

Massachusetts Amherst

DISCUSSANT: Bunmi Olatunji, Ph.D., Vanderbilt University

All level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: Longitudinal, Stress

### COVID-19 Risk Perceptions and Mental Health of Healthcare Profession Students

Matthew T. Tull, Ph.D., University of Toledo

Tara L. Spitzen, M.A., University of Toledo

Lori Deshetler, Ph.D., University of Toledo

April Lynn Gardner, PA-C, University of Toledo Medical Center

Kathleen Mitchell, University of Toledo

Kim L. Gratz, Ph.D., University of Toledo

### "Pandemic Brain"? Relationships Between Mental Health and Perceived Cognitive Function in the COVID-19 Pandemic Context

Theone S. Paterson, Ph.D., University of Victoria Brianna J. Turner, Ph.D., University of Victoria

### "A Perfect Storm?" Disparities in Pandemic-related Stressors and Suicidal Thinking During the COVID-19 Pandemic

Brianna J. Turner, Ph.D., University of Victoria

Theone S. Paterson, Ph.D., University of Victoria

### Trajectories of Mental Health and Relations with Coronavirus-related Responses Across the Pandemic: A Representative Survey

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

Allecia Reid, Ph.D., University of Massachusetts Amherst

Ezra Markowitz, Ph.D., University of Massachusetts Amherst

Tatishe Nteta, Ph.D., University of Massachusetts Amherst

Joel Ginn, B.A., University of Massachusetts Amherst

Min Suh, B.A., University of Massachusetts Amherst

Brian Lickel, Ph.D., University of Massachusetts Amherst

### Adolescent Mental Health and Related COVID-19 Stressors: A Cohort Comparison from Early to Mid-pandemic

Stephanie Craig, Ph.D., York University Megan Ames, Ph.D., University of Victoria

7:00 p.m. - 8:30 p.m.

### Earn 1.5 continuing education credits

### Symposium 57

### Advances in the Assessment and Treatment of Hoarding Disorder

CHAIR: Caitlin A. Stamatis, M.S., New York-Presbyterian Hospital/

Weill Cornell Medical College

DISCUSSANT: Jordana Muroff, Ph.D., Boston University School of Social

Work

Moderate level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: Hoarding, Treatment, Assessment

### Comparison Between Compassion-focused Therapy and Cognitive Behavioral Therapy for Hoarding in a Clinical Setting

Chia-Ying Chou, Ph.D., The San Francisco Center for Compassion-Focused Therapies Troy DuFrene, M.A., San Francisco Center for Compassion-Focused Therapy Joyleen Huang, M.A., San Francisco Center for Compassion-Focused Therapy Susie DuBois, LMFT, Private Practice Martha Shumway, Ph.D., University of California, San Francisco Elizabeth Barr, B.A., Mental Health Association at San Francisco

### In-person and Online-delivered Acceptance and Commitment Therapy for Hoarding Disorder: A Multiple Baseline Study

Clarissa Ong, M.S., McLean Hospital/Harvard Medical School Jennifer Krafft, M.S., Utah State University Franchessca Panoussi, B.S., Utah State University Julie Petersen, B.S., Utah State University Michael Levin, Ph.D., Utah State University Michael Twohig, Ph.D., Utah State University

### Initial Efficacy and Acceptability of an ACT Self-help Website for Hoarding

Julie Petersen, B.S., Utah State University Jennifer Krafft, M.S., Utah State University Michael Twohig, Ph.D., Utah State University Michael Levin, PhD, Utah State University

### A Spanish Translation of the Hoarding Rating Scale: Differential Item Functioning and Convergent Validity

Caitlin A. Stamatis, M.S., New York-Presbyterian Hospital/Weill Cornell Medical College

Jordana Muroff, Ph.D., Boston University School of Social Work Elizabeth Bocanegra, B.A., University of California, Los Angeles Carolyn Rodriguez, M.D., Ph.D., Stanford University Kiara R. Timpano, Ph.D., University of Miami

7:00 p.m. - 8:30 p.m.

### Earn 1.5 continuing education credits

### Symposium 60

## Predictors of Observed Community Provider Fidelity to Evidence-based Interventions for Children and Associations with Child Outcomes

CHAIR: Barbara Caplan, Ph.D., University of California, San Diego,

Child and Adolescent Services Research Center

DISCUSSANT: Ann Garland, Ph.D., University of San Diego

Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Adherence, Child, Evidence-Based Practice

Predictors of Observed Evidence-based Strategy Use in the Context of a Large-scale Implementation of Multiple Child Evidence Based Interventions (EBIs)

Teresa Lind, Ph.D., San Diego State University, Child and Adolescent Services Research Center

Anna S. Lau, Ph.D., University of California, Los Angeles Julia Cox, Ph.D., University of California, Los Angeles Mojdeh Motamedi, Ph.D., Rady Children's Hospital Joyce Lui, Ph.D., University of Maryland, College Park Lauren Brookman-Frazee, Ph.D., University of California San Diego

### Association Between Teacher Fidelity to Classroom Pivotal Response Teaching and Student Outcomes

Allison S. Nahmias, Ph.D., Stony Brook University Aubyn Stahmer, Ph.D., University of California, Davis Jessica Suhhreinrich, Ph.D., San Diego State University Sarah Reith, Ph.D., San Diego State University Scott Roesch, Ph.D., San Diego State University Sarah Vejnoska, M.A., University of California, Davis Janice Chan, M.A., University of California, San Diego Tiffany Wang, M.A., University of California, San Diego

### Measuring Treatment Fidelity in a CBT Implementation Trial in Schools for Students with Autism Spectrum Disorders: Successes and Challenges

Audrey Blakeley-Smith, Ph.D., University of Colorado School of Medicine
Allison Meyer, Ph.D., JFK Partners, University of Colorado School of Medicine
Richard Boles, Ph.D., University of Colorado School of Medicine
Katherine Pickard, Ph.D., Emory University School of Medicine
Lisa Havutin, Ph.D., University of Colorado Denver - Anschutz Medical Campus
Caitlin Middleton, Ph.D., University of Colorado Anschutz Medical Campus
Judy Reaven, Ph.D., JFK Partners and University of Colorado Anschutz Medical
Campus

### Community Therapist-reported Adaptations to a Mental Health Intervention for ASD and Observed Therapist Delivery of Caregiver-focused EBI Strategies

Barbara Caplan, Ph.D., University of California, San Diego, Child and Adolescent Services Research Center

Colby Chlebowski, Ph.D., University of California, San Diego Lauren Brookman-Frazee, Ph.D., University of California, San Diego

# Harnessing Research for Social and Policy Change: Thinking Differently About Impact

10:30 a.m. – 11:30 a.m. Earn 1 continuing education credit

Kelly Brownell, Ph.D., Professor of Psychology and Neuroscience, Director of the World Food Policy Center, Duke University



Kelly Brownell

Basic level of familiarity with the material

Primary Category: Public Policy

Key Words: Impact, Policy

Kelly Brownell is Robert L. Flowers Professor of Public Policy, Professor of Psychology and Neuroscience, and Director of the World Food Policy Center at Duke University. From 2013-2018 he served as Dean of the Sanford School of Public Policy at Duke. Prior to joining the faculty at Duke, Brownell was at Yale University where he was the James Rowland Angell Professor of Psychology, Professor of Epidemiology and Public Health, and Director of the Rudd Center for Food Policy and Obesity. While at Yale he served as Chair of the Department of Psychology and as Head of Silliman College. Brownell was elected to membership in the National Academy of Medicine (formerly the Institute of Medicine) in 2006 and that same year Time magazine listed Kelly Brownell among "The World's 100 Most Influential People" in its special Time 100 issue featuring those "... whose power, talent or moral example is transforming the world." He has received numerous awards and honors for his work, including the Lifetime Achievement Award from the

American Psychological Association, Graduate Mentoring Award from Yale, the James McKeen Cattell Award from the New York Academy of Sciences, the Distinguished Alumni Award from Purdue University, the Lifetime Achievement Award from Rutgers University, and the Distinguished Scientific Award for the Applications of Psychology from the American Psychological Association. Dr. Brownell has published 15 books and more than 350 scientific articles and chapters. He has served as President of several national organizations including AABT now known as ABCT from 1988-1989 and has advised the White House, members of congress, governors, state attorneys general, world health and nutrition organizations, and media leaders on issues of nutrition, obesity, and public policy.

People in research careers hope their work has impact on the world, yet models of training and criteria for career advancement can impede this ambition. This is especially true given how the academic community conceptualizes inward-looking definitions and measures of impact that do not account for what the world might view as a more sensible definition – whether lives improve, problems get prevented, and social and policy changes occur. This traditional academic approach leads to programmatic research, which produces useful but typically incremental information. A "strategic science" model might be considered as a companion to programmatic research and might broaden how the field conceptualizes impact. The model involves the identification of change agents, designing research to address strategic gaps in information, and communication of the research back to the change agents. A model for harnessing science to create social and policy change will be presented with a number of concrete examples.

### Outline:

- How the academic world defines impact.
- The limiting nature of this definition.
- A conceptual model of strategic science.
- Relationship of strategic to programmatic science.
- Examples of strategic science to create social and policy change.
- Is this legitimate work for scientists?

### You will learn:

- Present a model for conceptualizing research impact.
- Provide concrete examples of the use of the conceptual model in research settings.
- Discuss how the model can apply in traditional research settings.

### Long Term Goal:

 Recognition that there are alternatives to traditional ways of conceptualizing research impact

Recommended Readings: Brownell, K.D., & Roberto, C.A. (2015). Strategic science with policy impact. Lancet, 385, 2445-2446. Jacobson, M.F., Krieger, J., & Brownell, K.D. (2018). Potential policy approaches to address diet-related diseases. JAMA, 340, 341-342. Brownell, K.D., Farley, T., Willett, W.C., Popkin, B.M., Chaloupka, F.J., Thompson, J.W., & Ludwig, D.S. (2009). The public health and economic benefits of taxing sugar-sweetened beverages. New England Journal of Medicine, 361, 1599-1605.

### Earn 3 continuing education credits

### **Traditional Workshop 1**



Lives

### ACT for Life: Using Acceptance and Commitment Therapy to Prevent Suicide and Build Meaningful

Sean M. Barnes, Ph.D., Rocky Mountain MIRECC Lauren M. Borges, Ph.D., Rocky Mountain MIRECC

> All level of familiarity with the material Primary Category: Suicide and Self-Injury

Key Words: ACT (Acceptance & Commitment Therapy), Suicide, Recovery

Nazanin H. Bahraini, Ph.D., Rocky Mountain MIRECC Robyn D. Walser, Ph.D., National Center for PTSD

Suicide is a leading cause of death, and competency in suicide risk assessment and prevention is a vital component of clinical practice. Yet responding to suicide risk can be a tremendous source of stress and place therapists at odds with their clients. Acceptance and Commitment Therapy (ACT) provides a powerful and balanced approach to suicide prevention by promoting life in addition to preventing suicidal behavior. The workshop will begin with a concise review of the literature on ACT and suicide. Then participants will learn to apply key components of ACT for Life, a brief empirically-based intervention developed via a formative evaluation with ACT and suicide prevention experts (Barnes et al., 2021). Case examples and experiential exercises will be used to build skills for working effectively and compassionately with clients at risk of suicide, while still maintaining best practices for suicide prevention. We will identify therapist challenges to working with clients considering suicide and discuss methods for overcoming these barriers. Participants will learn how to maintain an ACT therapeutic stance when conducting suicide risk assessment, practice emphasizing function over form when identifying drivers of suicidal thoughts and behaviors and create an ACT-consistent safety plan. We will demonstrate how to join with clients in acknowledging and accepting the pain that leads them to desire death, while still empowering them to engage in values-consistent behavior, building a meaningful life of their choosing. This workshop will not include a comprehensive introduction to ACT and is recommended for attendees with at least some previous ACT training and experience.

#### Outline:

- Challenges of working with clients considering suicide
- Phenomenon of suicide from a contextual behavioral perspective
- Brief review of empirical support for using ACT to prevent suicide

- Introduction to ACT for Life protocol
- Functional suicide risk assessment
- Undermining the control agenda and turning toward values-based living
- Engaging mindfulness processes with clients thinking of suicide
- Engaging behavior change processes with clients thinking of suicide
- ACT-consistent safety planning
- Discussion and questions

### You will learn:

- Conceptualize suicidal behavior from a contextual behavioral perspective.
- Describe one tool for assessing the function of suicidal behavior.
- Identify at least two strategies for using ACT to reduce suicide risk.
- Help clients create ACT-consistent safety plans.

Recommended Readings: Barnes, S. M., Borges, L. M., Smith, G. P., Walser, R. D., Forster, J. E., & Bahraini, N. H. (2021). Acceptance and Commitment Therapy to promote recovery from suicidal crises: a randomized controlled acceptability and feasibility trial of ACT for Life. Journal of Contextual Behavioral Science, 20, 35-45. Walser, R. D., Gavert, D. W., Karlin, B. E., et al. (2015). Effectiveness of Acceptance and Commitment Therapy in treating depression and suicidal ideation in Veterans, Behavior Research and Therapy, 74, 25-31. Bahraini, N. H., Devore, M. D., Monteith, L. L., Forster, J. E., Bensen, S., & Brenner, L. A. (2013). The role of value importance and success in understanding suicidal ideation among Veterans. Journal of Contextual Behavioral Science, 2 (1), 31-38. Luoma, J.B. & Vilatte, J.L. (2012). Mindfulness in the treatment of suicidal individuals. Cognitive and Behavioral Practice, 19 (2), 265-276.

### Earn 3 continuing education credits

### **Traditional Workshop 2**

## Advanced Training in Trauma Focused Cognitive Behavioral Therapy: Applications to Developmental Disabilities

Peter J. D'Amico, ABPP, Ph.D., Northwell Health Long Island Jewish Medical
Center
Daniel Hoover, ABPP, Ph.D., Center for Child and Family Traumatic Stress,
Kennedy Krieger Institute

Moderate level of familiarity with the material Primary Category: Autism Spectrum and Developmental Disorders Key Words: Autism Spectrum Disorders, Trauma, Treatment

Neurodiverse youth are exposed to maltreatment, bullying, abuse, potentially traumatizing medical and restraint procedures, and other adverse childhood experiences at approximately be 2-3 times that of their neurotypical peers. Despite this prevalence, neurodiverse youth are an underserved and poorly understood group among mental health clinicians and those who treat traumatic stress, in part due to being underrepresented in both the treatment literature and in graduate training programs. However, clinicians have implemented Trauma-Focused Cognitive Behavior Therapy (TF-CBT) with them. For over two decades, many children with trauma related symptoms have been effectively treated due to model's flexibility and applicability to both single and complex trauma, as well as cultural backgrounds. The efficacy of TF-CBT has been demonstrated in almost two dozen randomized controlled trials and across the developmental spectrum for many types of trauma and settings. Significant progress has been made in adapting TF-CBT to meet the needs of youth and caregivers with significant limitations in cognitive, language, and other executive functions. The growing evidence base in the literature about the effectiveness of CBT for anxiety in (high-functioning) autism spectrum disorders is used as a guide for adapting EBT's for a wider range of neurodiversity. Our presenters, who include a certified TF-CBT trainer, and a director of a trauma clinic serving neurodiverse youth, will describe the problems of bias and diagnostic overshadowing, in the assessment of trauma in neurodiverse youth. An initial focus is the importance of child self-report, and the current state of the literature in this area. A formal model is presented based on a "matrix" implementing TF-CBT modules, using performance and self-report measures, while accounting for youths' and caregivers' a) verbal comprehension; b) visual-spatial skills; c) sensory differences; d) motivation for treatment; and e) ability to generalize skills learned in therapy. Recommendations for treatment structure, process, and supplemental resources from neurodiversity literature will be provided, to apply TFCBT flexibly within fidelity. The steps and approach will be illustrated by clinical case examples.

#### Outline:

- Scope of the Problem
- Assessment and diagnosis with IDD + Trauma
- Trauma Response & Neurodiversity
- Results of TF-CBT Therapist Survey
- Treatment considerations tailoring TF-CBT to children and families with IDD
- Applications of Adaptations to PRACTICE Modules

#### You will learn:

- Determine the appropriateness of TF-CBT for my clients based on evidence-based assessments of both ASD and PTSD.
- Explain the need to adapt standard assessment and TF-CBT techniques to the special needs of youth with developmental disabilities who have been traumatized.
- Flexibly tailor TFCBT PRACTICE modules while keeping fidelity, taking into account developmental needs.
- Describe variations of trauma narration modified for youth with ASD.

### Long-term Goal:

 To identify and implement best fit accommodation strategies when tailoring TF-CBT for youth with Intellectual and Developmental Disabilities

Recommended Readings: Cohen, J.A., Mannarino, A.P., & Deblinger, E. (2017). Treating Trauma and Traumatic Grief in Children and Adolescents. Second Edition. New York: Guilford.Grosso, C. A. (2012). Children with developmental disabilities. Trauma-focused CBT for children and adolescents: treatment applications, 149-174.Cohen, J.A., Mannarino, A.P., Kliethermes, M., &. Murray, L.A. (2012). Trauma-focused CBT for youth with complex trauma. Child Abuse & Neglect, 36, 528-541.Hoover, D. W. (2015). The effects of psychological trauma on children with autism spectrum disorders: a research review. Review Journal of Autism and Developmental Disorders, 2(3), 287-299.

### Earn 2 continuing education credits

#### Master Clinician 1



### Within Six Feet: Treating Childhood Anxiety Disorders During the COVID Pandemic

Deborah Roth Ledley, Ph.D., Children's and Adult Center for OCD and Anxiety

Basic to Moderate level of familiarity with the material
Primary Category: Child / Adolescent - Anxiety
Key Words: Anxiety, Parenting, CBT

The COVID-19 pandemic has kept families home for over a year, preventing children from regularly attending school, spending time with friends, and pursuing extracurricular interests. Although we have all become accustomed to staying 6 feet apart from others when out in the world, parents have expressed frustration with the forced closeness that the pandemic has wrought. In fact, many parents have said that when their families are at home, their children are always within 6 feet of them! Limited research suggests that the COVID pandemic has had "a devastating impact on many young people with a history of mental health needs" (Young Minds Survey, 2021). Although we do not yet have research on the long-term impact of the pandemic on anxious youth, clinical experience suggests that factors related to the pandemic are increasing parental accommodation of anxiety while limiting opportunities for skill-building and independence. As these interesting effects are unfolding before our eyes, clinicians have had to learn to effectively implement exposures when parents and children rarely have time apart. In this seminar, attendees will learn how to effectively implement cognitive behavioral strategies for anxiety disorders during the COVID pandemic, with special attention paid to creatively using telehealth. How can we treat separation anxiety when children are not going to school, friends' houses, or activities? How can we work on sleep difficulties when parents are already so overtaxed by the stress of the past year? What are the best ways to treat social anxiety when parents and siblings might be our only "real life" companions? We will consider how to balance the comfort and protection children need right now during this prolonged time of stress without engaging in undue family accommodation that can maintain anxiety-disordered behaviors. Furthermore, attention will be paid to how to use CBT strategies to help children transition back to "normal life" as pandemic restrictions are lifted. During this presentation, we will also consider how to attend to parental needs given that stress levels during the pandemic have been particular high for parents of children under the age of 18.

Outline:

- The COVID-19 pandemic has kept families home for over a year, preventing children from regularly attending school, spending time with friends, and pursuing extracurricular interests.
- Clinical experience suggests that the forced familial closeness wrought by the pandemic might be increasing parental accommodation of anxiety (Lebowitz, 2019) while concurrently limiting opportunities for skill-building and independence.
- attendees will learn how to effectively implement cognitive behavioral strategies for anxiety disorders during the COVID pandemic, with special attention paid to creatively using telehealth.
- Attention will be also be paid to how to use CBT strategies to help children transition back to "normal life" as pandemic restrictions are lifted and how to take what we have learned from our experiences with telehealth into the future of anxiety disorder treatment for anxious youth.

### Long-term goals:

- Use cognitive-behavioral strategies to address "re-entry anxiety" as the world emerges from the pandemic.
- Creatively use a blend of in-person and telehealth sessions as the world emerges from the pandemic to best address anxiety in youth.

#### You will learn:

- Understand how the COVID-19 pandemic has impacted the presentation of anxiety disorders in youth and their families.
- Conceptualize cases of anxiety disorders in youth during the COVID pandemic, taking into account the effects of stay-at-home orders and inability to participate in school, social activities, and extracurricular activities.
- Implement cognitive-behavioral strategies to address separation anxiety, social anxiety, sleep issues, and other anxiety disorders during the COVID pandemic.
- Recognize the crucial role of family accommodation in the maintenance and treatment of anxiety disorders, particularly during stay-at-home orders.
- Creatively use telehealth platforms to engage children and families in treatment for anxiety disorders.

Recommended Readings: Alvord, M. K., Zucker, B., & Grados, J. J. (2011). Resilience Builder Program for children and adolescents: Enhancing social competence and self-regulation—A cognitive-behavioral group approach. Research Press. Chansky, T. E. (2004). Freeing your child from anxiety: Powerful, practical strategies to overcome your child's fears, phobias, and worries. Harmony Books. Gruber, J., Prinstein, M. J., Clark, L. A., Rottenberg, J., Abramowitz, J. S., Albano, A. M., ... Weinstock, L. M. (2020). Mental health and clinical psychological science in the time of COVID-19: Challenges, opportunities, and a call to action. American Psychologist. Khanna, M. S., & Ledley, D. R. (2018). The Worry Workbook for Kids: Helping Children to Overcome Anxiety and the Fear of Uncertainty. New Harbinger Publications. Lebowitz, E. R. (2019). Addressing parental accommodation when treating anxiety in children. Oxford University Press.

### Special Session: - Internship Training Site Overview

Crystal S. Lim, Ph.D., University of Mississippi Medical Center

The Internship Training Site Overview is designed to help graduate students learn about the internship application and selection process, including what to look for when applying to or selecting an internship, how to prepare for internship interviews, and how to find a good internship "fit." The program will consist of two parts. The first 90 minutes will feature a panel discussion by behaviorally oriented internship directors from American and Canadian institutions. These presenters will address both the training director and the student perspectives of the application process, including the criteria used to assess applicants and suggestions for successful virtual interviewing. Questions from the audience will be accepted at the end of the segment. The second section will consist of informal meetings between internship site representatives and prospective internship applicants. If you are a student and are either just beginning to learn about internships and the application process or are in the process of applying for internship now, we encourage you to attend. Internship sites that would like to be represented at this event should contact Dakota McPherson at the ABCT Central Office: dmcpherson@abct.org.

11:30 a.m. - 1:30 p.m.

Earn 2 continuing education credits

**Master Clinician 6** 

Everything Old Is New Again: The Role of Worksheets in Growing (and Measuring) CBT Competence

Torrey A. Creed, Ph.D., University of Pennsylvania

Basic to Moderate level of familiarity with the material Primary Category: Treatment - CBT

Key Words: Competence, Treatment, Implementation

Consider the CBT worksheet — a simple clinical tool that some clinicians may brush aside in efforts to ensure that therapy is engaging, skill-based, and tailored to an individual's

goals and challenges. These client-focused goals are central to high-quality CBT, and use of CBT worksheets may facilitate, rather than hinder, the clinician and client's success. In this Master Clinician Seminar, Dr. Creed reintroduces CBT worksheets with a three-fold purpose. First, worksheets are framed as a direct clinical tool to help clients scaffold their learning of CBT strategies so that they can ultimately use them fluidly and naturally (i.e., without a worksheet). Discussion will include how to engage clients in this process, how to integrate worksheets in telehealth, and how to support clients in transitioning to a paperless version of skill use. Second, a parallel process is described for training and supervising new CBT therapists, as clinicians rely on CBT worksheets to build their own growing competence and confidence. Finally, Dr. Creed will present a method for rating completed CBT worksheets to evaluate clinician competence, based on preliminary findings from an ongoing NIMH-funded R01 research study (Stirman, PI, Creed, Co-I).

#### Outline:

- (Re)-introduction of worksheets as tools to teach skills to clients and support growing clinician skills
- Providing a rationale for clients to build engagement with worksheets
   Scaffolding client skills
- Cueing steps in an intervention strategy
- Worksheets as a support during distress
- Using worksheets to examine clinician fidelity

#### You will learn:

- Demonstrate 2 strategies for engaging clients in the use of CBT worksheets to help them integrate CBT skills into their daily lives.
- Identify at least 1 way in which the use of CBT worksheets can scaffold news clinicians in building their confidence and CBT skills.
- Describe 1 strategy for leveraging CBT worksheets to evaluate clinician competence.
- Identify 2 ways in which integrating worksheets into their practice can enhance their professional growth.

#### Long-term goals:

- Employ at least one strategy to integrate worksheets into their CBT clinical practice.
- Teach trainees how to build their own CBT skills through the use of worksheets in their clinical practice.

Recommended Readings: Affrunti, N.W., & Creed, T.A. (2019). The factor structure of the Cognitive Therapy Rating Scale (CTRS) in a sample of community mental health clinicians. Cognitive Therapy and Research. https://doi.org/10.1007/s10608-019-09998-7Creed, T.A., Benjamin, C., Feinberg, B., Evans, A.C., & Beck, A.T. (2016). Beyond the Label: Relationship between community therapists' self-report of a cognitive-behavioral therapy orientation and observed skills. Administration and Policy in Mental Health Services Research, 43, 36-43. doi 10.1007/s10488-014-0618-5Creed, T.A., Frankel, S.A., German, R., Green, K.L., Jager-Hyman, S., Pontoski, K., Adler, A., Wolk, C.B., Stirman, S.W., Waltman, S.H., Williston, M.A., Sherrill, R., Evans, A.C., & Beck. A.T. (2016). Implementation of transdiagnostic cognitive therapy in diverse community settings: The Beck Community Initiative. Journal of Consulting and Clinical Psychology. http://dx.doi.org/10.1037/ccp0000105Waltman, S.H., Hall, B., McFarr, L., Beck, A.T., & Creed, T.A. (2017). In-session stuck points and pitfalls of community clinicians learning CBT: A qualitative investigation. Cognitive and Behavioral Practice, 24, 256-267 http://doi:10.1016/j.cbpra.2016.04.002Wiltsey Stirman, S., Marques, L., Creed, T.A., Gutner, C.A., DeRubeis, R., Barnett, P.G., Kuhn, E., Suvak, M., Owen, J., Vogt, ., Schoenwald, S., Johnson, C., Mallard, K., Beristianos, M., & LaBash, H. (2018). Leveraging routine clinical materials and mobile technology to assess CBT fidelity: the Innovative Methods to Assess Psychotherapy Practices (imAPP) study. (2018). Implementation Science, 13, 69. https://doi.org/10.1186/s13012-018-0756-3

### Lifetime Achievement Award Address: Social Anxiety Disorder: The Role of Emotion (Dys) Regulation in Its Nature and Treatment

11:45 a.m. - 12:45 p.m.

Earn 1 continuing education credit

Richard G. Heimberg, Ph.D., Thaddeus L. Bolton Professor Emeritus, Department of Psychology, Temple University



RICHARD G. HEIMBERG

Rick Heimberg received his Ph.D. from Florida State University in 1977. He was, until his recent retirement, Thaddeus L. Bolton Professor of Psychology at Temple University, where he also directed the Adult Anxiety Clinic of Temple. For the past four decades, he has been one of the world's most prominent researchers in the study of the nature and treatment of social anxiety disorder and his Managing Social Anxiety program (coauthored with Debra Hope and Cynthia Turk) is a one of the leading approaches to its treatment. Dr. Heimberg has also made contributions to the study of generalized anxiety disorder and anxiety about going to the dentist. Together with his several collaborators, postdoctoral fellows, and doctoral students at Temple University and the University at Albany, SUNY, he has published 14 books and nearly 500 articles and chapters on these topics. His work has been cited more than 60,000 times. His research accomplishments have been recognized by Lifetime Achievement Awards from the Academy of Cognitive and Behavioral Therapies and the Philadelphia Behavior Therapy Association, as well as awards from the American Society for Group Work and Temple and Florida State

Universities. He also received the Jerilyn Ross Clinician Advocate Award from the Anxiety and Depression Association of America.

Dr. Heimberg first came to the ABCT convention in 1976, and he has been an involved member ever since. Among numerous other posts, he has served as President, Representative-at-Large, Chair of the Continuing Education Committee, Workshop Coordinator, and as Editor of *Behavior Therapy* (for which he received ABCT's Outstanding Service Award). He also served as President of the Society for a Science of Clinical Psychology (SSCP). He was the first recipient of ABCT's Outstanding Mentor Award, and he has received similar awards from the Society of Clinical Psychology, SSCP, and the American Psychological Association of Graduate Students for his commitment to the education and training of doctoral students in clinical psychology.

Primary Category: Adult Anxiety, Treatment - CBT, Treatment - Mindfulness & Accep-

Key Words: Adult, CBT, Mindfulness, Social Anxiety

Social anxiety disorder (SAD) is highly prevalent and associated with significant impairment. It is, by definition, associated with an excess of anxiety, but it is also associated with other difficulties in the regulation of emotion, which have received much less attention. Primarily using data from two randomized controlled trials evaluating Cognitive Behavioral Therapy for the treatment of SAD (one versus Waiting List and the other versus Mindfulness-Based Stress Reduction and Waiting List), I will describe the relationships of several emotion variables, including cognitive reappraisal, expressive suppression, emotion theory, empathy, and anger to SAD and its treatment.

#### Outline:

- Acknowledgements and disclosures
- Definition of social anxiety disorder (SAD), prevalence, impairment, comorbidity
- SAD and anger
- Anger and anger suppression in SAD
- Latent anger profiles in patients with SAD
- Emotion regulation
- Gross's Process Model
- Emotion Regulation Interview
- First randomized controlled trial CBT vs waiting list
- CBT efficacy
- Role of cognitive reappraisal self-efficacy
- Weekly changes in emotion regulation and social anxiety
- Second randomized controlled trial CBT vs MBSR vs WL
- CBT/MBSR efficacy
- Similarities and differences in outcome
- Role of cognitive reappraisal self-efficacy and frequency
- Weekly changes in cognitive reappraisal, mindfulness, and acceptance
- Entity vs incremental theory of emotion in SAD
- Decrease in entity beliefs predicts reduction of social anxiety in CBT
- Deficits in positive affective empathy in SAD
- Increases in positive affective empathy in CBT, but not MBSR/WL
- Changes in positive affective empathy mediated improvements in social anxiety in CBT
- SAD treatment and anger redux
- Anger suppression and expression moderate effects of CBT vs MBSR
- CBT greater efficacy at higher levels of anger suppression (post-treatment) and anger expression (follow-up)

- Effects of CBT on neural dynamics of cognitive reappraisal of negative self-beliefs (First RCT)
- Task description react vs reappraise
- Emotion ratings
- Change in BOLD response in DMPFC and left DLPFC in CBT but not WL
- Regions implicated in cognitive control of emotion/downregulating negative emotion
- DMPFC increased early response in CBT group after treatment (enhanced ability to access and implement appraisal strategies?)

#### You will learn:

- Define social anxiety disorder and describe its prevalence and associated impairment.
- Describe patterns of emotion dysregulation (cognitive reappraisal, expressive suppression, entity theory of emotion) demonstrated by individuals with social anxiety disorder.
- Describe the potential role of emotion (dys)regulation in the outcome of cognitive-behavioral treatment for social anxiety disorder.

Recommended Readings: Heimberg, R.G., Brozovich, F.A., & Rapee, R.M. (2014). A cognitive-behavioral model of social anxiety disorder. In S.G. Hofmann & P.M. DiBartolo (Eds.). Social anxiety: Clinical, developmental, and social perspectives (3rd edition, pp. 705-728). Waltham, MA: Academic Press. doi:10.1016/B978-0-12-394427-6.00024-8 Goldin, P.R., Ziv, M., Jazaieri, H., Werner, K., Kraemer, H., Heimberg, R.G., & Gross, J.J. (2012). Cognitive reappraisal self-efficacy mediates the effects of individual cognitive-behavioral therapy for social anxiety disorder in a randomized controlled trial. Journal of Consulting and Clinical Psychology, 80, 1034-1040. doi: 10.1037/a0028555Goldin, P.R., Morrison, A., Jazaieri, H., Brozovich, F., Heimberg, R.G., & Gross, J.J. (2016). Group CBT versus MBSR for social anxiety disorder: A randomized controlled trial. Journal of Consulting and Clinical Psychology, 84, 427-437. doi: 10.1037/ccp0000092Goldin, P.R., Morrison, A.S., Jazaieri, H., Heimberg, R.G., & Gross, J.J. (2017). Trajectories of social anxiety, cognitive reappraisal and mindfulness during an RCT of CBGT versus MBSR for social anxiety disorder. Behaviour Research and Therapy, 97, 1-13. doi:10.1016/j. brat.2017.06.001Kuo, J.R., Zeifman, R.J., Morrison, A.S., Heimberg, R.G., Goldin, P.R., & Gross, J.J. (2021). The moderating effects of anger suppression and anger expression on cognitive behavioral group therapy and mindfulness-based stress reduction among individuals with social anxiety disorder. Journal of Affective Disorders, 287, 127-135. doi:10.1016/j.jad.2021.02.022

### Earn 1.5 continuing education credits

### Symposium 41

## Enhancing the Precision and Impact of Cognitive and Behavioral Therapies with Neuroscience: New Predictors and New Approaches

CHAIR: Andrada D. Neacsiu, Ph.D., Duke University Medical Center

DISCUSSANT: Stefan G. Hofmann, Ph.D., Boston University

Moderate level of familiarity with the material Primary Category: Treatment - CBT

Key Words: Neuroscience, Treatment, Transdiagnostic

### Changing Transdiagnostic Emotional Dysregulation with Neurostimulationenahanced Cognitive Restructuring: Two Randomized Controlled Trials

Andrada D. Neacsiu, Ph.D., Duke University Medical Center

Lysianne Beynel, Ph.D., NIMH

john P. Powers, Ph.D., University of Denver

Steven T. Szabo, MD, Ph.D., Duke University Health System

Lawrence G. Appelbaum, Ph.D., Duke University Health System

Moria J. Smoski, Ph.D., Duke University

Kevin LaBar, Ph.D., Duke University

### Moment-to-moment Brain Signal Variability Reliably Predicts Psychiatric Treatment Outcome

Kristoffer Månsson, Ph.D., Karolinska Institutet; Max Planck Institute for Human Development

Kristoffer Månsson, Ph.D., Karolinska Institutet; Max Planck Institute for Human Development

Leonhard Waschke, PhD, Max Planck Institute for Human development

Amirhossein Manzouri, MSc, Stockholm University

Tomas Furmark, Ph.D., Uppsala University

Håkan Fischer, Ph.D., Stockholm University

Douglas Garrett, Ph.D., Max planck institute for human development

### Multilevel Growth Curve Analyses of Behavioral Activation for Anhedonia and Mindfulness-based Cognitive Therapy Effects on Anhedonia and Resting-state Functional Connectivity

Paul Cernasov, M.A., University of North Carolina at Chapel Hill Erin Walsh, Ph.D., University of North Carolina at Chapel Hill Jessica Kinard, Ph.D., University of North Carolina at Chapel Hill Rachel Phillips, B.A., University of North Carolina at Chapel Hill Moria J. Smoski, Ph.D., Duke University Gabriel Dichter, PhD, University of North Carolina at Chapel Hill

### The Neural Pathways Underlying Negative Self-referential Processing: An Experimental Investigation Using Neuromodulation in the Fmri Scanner

Rudi De Raedt, Ph.D., Ghent University
Josefien Dedoncker, Ph.D., Ghent University Hospital
Marie-Anne Vanderhasselt, Ph.D., Ghent University
Jonathan Remue, Ph.D., Ghent University Hospital
Tom Loeys, Ph.D., Ghent University
Sara De witte, MSc, Ghent University
Guo-Rong Wu, Ph.D., Southwest University
Jill Hooley, Ph.D., Harvard University
Chris Baeken, Ph.D., M.D., Ghent University

### 11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

#### Clinical Round Table 8

### How to Apply Dialectical Behavior Therapy (DBT) When Working with Minoritized People

MODERATOR: Cindy J. Chang, Psy.M., Rutgers, The State University of New Jersey

Panelists: Colleen A. Sloan, Ph.D., VA Boston HCS & Boston University

School of Medicine

Kelci C. Flowers, Ph.D., Atlanta VA Health Care System Alexandra Canetti, M.D., Columbia University Medical

Center

Jeffrey M. Cohen, Psy.D., Columbia University Vinushini Arunagiri, Ph.D., McLean Hospital

Primary Category: Treatment - CBT

Key Words: DBT (Dialectical Behavior Therapy), Underserved Populations, Oppression

Racial, ethnic, sexual, and gender minority people are disproportionately affected by discrimination, marginalization, and oppression. These stressors make minoritized individuals, especially those with intersecting identities, more susceptible to negative mental health outcomes. Dialectical Behavior Therapy (DBT) is an evidence-based treatment for

emotion dysregulation, which acknowledges the negative impact of an invalidating environment. Given this framework, DBT lends itself well toward working with individuals who have experienced invalidation due to a group identity (e.g., racism, heterosexism, transphobia). As the APA ethical Guidelines Principal D states, all persons have a right to equal quality in the services being provided by psychologists, making it an ethical obligation to adapt treatments to meet the unique features of minority mental health. With growing attention towards anti-racism, equity and inclusion, recent work on tailoring DBT to queer, transgender, and BIPOC clients arrives at a timely moment and is essential to providing effective, fair treatment to minoritized populations.

This clinical roundtable focuses on implementing standard DBT (i.e., individual psychotherapy, skills training group, consultation team, and phone coaching) in a culturally sensitive way with minoritized populations, including those at the intersection of multiple marginalized identities. Panelists will discuss ways to infuse anti-racism and social justice into their practice of DBT to enhance treatment outcomes. First, the presenters will discuss how to integrate minority stress theories with the biosocial model of emotion dysregulation for clinical work with these communities. Then, they will discuss ways to tailor DBT strategies and skills (e.g., chain analysis, validation) toward addressing experiences of racism, heterosexism, and transphobia. The presenters will draw upon clinical examples from all modes of DBT treatment to discuss common therapist therapy-interfering stigmatizing behavior. The session will conclude with questions from the audience. Overall, this clinical roundtable will contribute to discussion about promoting cognitive and behavioral practice, specifically DBT, in the context of social justice.

### Earn 1.5 continuing education credits

### Mini Workshop 2

# Flexible Applications of CBT for Emerging Adults in Crisis: Lessons Learned from a Multimodal Approach to Outreach, Training, and Treatment for Emerging Adults During COVID-19

Andrea B. Temkin, Psy.D., Weill Cornell Medicine
Shannon M. Bennett, Ph.D., Weill Cornell Medical School
Lauren Hoffman, Psy.D., Columbia University College of Physicians and Surgeons
Anne Marie Albano, ABPP, Ph.D., Modern Minds

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Anxiety, CBT, Technology / Mobile Health

Rates of reported anxiety and depression in emerging adults (EAs; ages 18-25) nearly doubled from 2008 to 2018 (Goodwin et al., 2020) and have significantly worsened during COVID-19. A recent national survey shows 6 to 10 fold increases in depression, anxiety, and thoughts of self-harm in youth during the pandemic (Perlis et al., 2020), with significant challenges for EAs across nearly all domains of functioning, stalling progress toward key developmental milestones, and necessitate a reimagining of traditional care delivery models to best meet the emotional needs of youth. Consequently, these challenges have pushed the psychological community to adapt and amplify efforts to intervene, providing lessons for novel models of intervention. This mini workshop will outline the significant impact of COVID-related stress on EAs and provide information on how core developmental milestones (e.g., independence, self-care, relationships) are being stalled by the pandemic and related socioeconomic and educational problems. We will discuss how to flexibly apply and optimize the use of CBT strategies to mitigate the growing mental health needs of EAs by expanding outreach and care through a multimodal approach that leverages technology. Specifically, we will discuss increasing access to CBT- through interactive webinars for emerging adults, parents, and providers, and train-the-trainer models of dissemination for mental health professionals in higher education. Participants will also learn concrete strategies for adapting individual and group therapy, including clinical modifications and creative approaches to telehealth treatment, and ways to incorporate existing apps and websites to facilitate an integrated focus on mental and physical health while connecting to peers and communities. Ultimately, the aims of this workshop are to review the amplified mental health challenges experienced by EAs as a result of COVID-19, and to teach participants ways to apply and scale core CBT strategies to meet this elevated need through outreach, training, and treatment.

#### You will learn:

- Explain the impact of pandemic related stressors on mental health for emerging adults and its unique impact on developmental milestones.
- Use technology to increase access to CBT strategies for young adults and their families.
- Describe ways to improve dissemination of CBT through community outreach and train-the-trainer efforts.

Recommended Readings: Arnett, J. J., & Eisenberg, N. (2007). Introduction to the special section: Emerging adulthood around the world. Child Development Perspectives, 1(2), 66-67. Hoffman, L. J., Guerry, J. D., & Albano, A. M. (2018). Launching anxious young adults: A specialized cognitive-behavioral intervention for transitional aged youth. Current psychiatry reports, 20(4), 1-8. Goodwin, R. D., Weinberger, A. H., Kim, J. H., Wu, M., & Galea, S. (2020). Trends in anxiety among adults in the United States, 2008–2018: Rapid increases among young adults. Journal of psychiatric research, 130, 441-446.

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Symposium 63

## Provider Attitudes Toward Rapid Telemental Health Implementation During the COVID-19 Pandemic: Lessons Learned and Paths Forward

CHAIRS: Jessica M. Lipschitz, Ph.D., Brigham and Women's Hospital /

Harvard Medical School

Samantha L. Connolly, Ph.D., VA Boston Healthcare

System / Harvard Medical School

DISCUSSANT: Stephen M. Schueller, Ph.D., University of California, Irvine

All level of familiarity with the material

Primary Category: Technology

Key Words: Technology / Mobile Health, Implementation

### Provider Perspectives on Telehealth During the COVID-19 Pandemic: A Qualitative Study of Outpatient Mental Health Clinicians

Jessica M. Lipschitz, Ph.D., Brigham and Women's Hospital / Harvard Medical School Samantha L. Connolly, Ph.D., VA Boston Healthcare System / Harvard Medical School Rachel A. Van Boxtel, B.S., Brigham and Women's Hospital / Harvard Medical School Julia R. Potter, B.A., Brigham and Women's Hospital / Harvard Medical School

### Mental Health Provider Perceptions of Telehealth During COVID-19: A Multidisciplinary Survey Study Within the Department of Veterans Affairs

Samantha L. Connolly, Ph.D., VA Boston Healthcare System / Harvard Medical School Christopher Miller, Ph.D., VA Boston Healthcare System

Mark Bauer, M.D., Harvard Medical School

Allen Gifford, M.D., VA Boston Center for Healthcare Organization and Implementation Research

Lisa Lehmann, M.D., VA New England Healthcare System Michael Charness, M.D., VA Boston Healthcare System

Applying Behavior Change Theory to Psychologists' Telemental Health Use During the COVID-19 Pandemic: A National, Cross-sectional Study

Grace McKee, Ph.D., Central Virginia VA Medical Center

Bradford Pierce, M.S., Virginia Commonwealth University

Emily Donovan, M.S., Virginia Commonwealth University

Paul Perrin, Ph.D., Virginia Commonwealth University

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

Virtual

Mini Workshop 1

### A Clinician's Guide to Sexual Assault Disclosure

Amie R. Newins, Ph.D., University of Central Florida Laura C. Wilson, Ph.D., University of Mary Washington

Basic to Moderate level of familiarity with the material Primary Category: Trauma and Stressor Related Disorder and Disasters Key Words: Violence / Sexual Assault, PTSD (Posttraumatic Stress Disorder)

Sexual assault is a worldwide public health concern, as it occurs to people of all genders at alarming rates and results in serious physical and mental health sequelae. The reactions survivors receive from formal and informal supports can significantly influence survivors' recovery. Given the prevalence of sexual assault, all providers need to be prepared to handle disclosures of sexual assault from clients. In this mini-workshop, the presenters will provide guidance on how to interact with survivors of sexual assault, which is defined as sexual contact or penetration without the explicit consent of the victim. This presentation will begin with a brief overview of the research on sexual assault labels and sexual assault disclosure. Then, the presenters will provide recommendations for assessing

history of sexual assault in mental health settings. Finally, guidance on how to approach labels and disclosure issues during cognitive-behavioral therapy will be provided. We will also highlight that there are particular populations (e.g., racial, sexual minorities) and settings (e.g., military, higher education) that require particular considerations when discussing sexual violence, and we provide recommendations for providers in those settings. Case examples will be used to help illustrate specific recommendations for working with survivors of sexual assault. Overall, professionals have an instrumental role in facilitating survivor recovery, and this presentation will provide information about best practices for providing services in an affirming manner.

#### You will learn:

- Describe the research literature regarding sexual assault labels and disclosure.
- Identify assessment measures for history of sexual assault.
- Explain how clinician language may affect sexual assault disclosure.
- Describe how clinician language during treatment may influence survivor outcomes.
- Identify best practices regarding language when implementing CBT with survivors of sexual assault.

Recommended Readings: Newins, A. R., & Wilson, L. C. (2021). Talking about Sexual Assault: What to Do When A Client Discloses Sexual Assault. Oxford University Press. Littleton, H. L., Axsom, D., Radecki Breitkopf, C., & Berenson, A., (2006). Rape acknowledgment status relates to disclosure, coping, worldview, and reactions received from others. Violence and Victims, 21(6), 761–778. https://doi.org/10.1891/0886-6708.21.6.761Orchowski, L. M., & Gidycz, C. A. (2014). To whom do college women confide following sexual assault? A prospective study of predictors of sexual assault disclosure and social reactions. Violence Against Women, 18(3), 264-288. https://doi.org/10.1177/1077801212442917

### Earn 1.5 continuing education credits

### Symposium 64

### Innovative Cognitive Behavioral Treatment Approaches for ARFID

CHAIR: Cate Morales, B.A., Hofstra University DISCUSSANT: Erin E. Reilly, Ph.D., Hofstra University

Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: Feeding Problems, Evidence-Based Practice, Treatment Development

### Case Formulation-driven CBT for Avoidant/restrictive Food Intake Disorder in Adults: Naturalistic Treatment Outcomes

Nicholas Farrell, Ph.D., Rogers Behavioral Health Brittni Marshall, M.S., Rogers Memorial Hospital Maxine Cimperman, M.S., Rogers Memorial Hospital Brad Smith, M.D., Rogers Memorial Hospital

### Efficacy and Long -Term Outcomes of a Partial Hospital Treatment Program for Children with Avoidant/restrictive Food Intake Disorder

Jessie Menzel, Ph.D., University of California, San Diego

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Tana Luo, Ph.D., Equip Behavioral Health

Taylor Perry, B.A., State University of New York (SUNY), Albany

Audrey Nunez, B.A., University of California, San Diego; Eating Disorders Center for Treatment and Research

Walter H. Kaye, M.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

### The Autism Managing Eating Aversion and Limited Variety (MEAL) Plan: Understanding the Treatment Model and Indicators of Treatment Success

Teresa Burrell, Ph.D., Emory University School of Medicine William Sharp, Ph.D., Emory University School of Medicine Scott Gillespie, MSPH, Emory University School of Medicine Lawrence Scahill, Ph.D., Emory University School of Medicine

### A Pcit-flexeat Clinical Case Series: Examining a Novel Adaptation of Treatment for Problematic Eating and Disruptive Behaviors in Childhood

Lauren E. Webb, M.A., Hofstra University Annie Fraiman, M.A., Hofstra University Jamie Scharoff, M.A., Hofstra University Julia Weisman, M.A., Hofstra University Cate Morales, B.A., Hofstra University Phyllis Ohr, Ph.D., Hofstra University Erin E. Reilly, Ph.D., Hofstra University

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Panel Discussion 8

### If Not Now, When?: Trainee and Supervisor Experiences Providing Treatment for Suicidal Populations

MODERATORS: Katharine Bailey, Psy.M., Rutgers University - GSAPP Maria C. Alba, Psy.M., Rutgers University - GSAPP

PANELISTS: Shireen L. Rizvi, ABPP, Ph.D., Rutgers, The State University of

New Jersey

David A. Jobes, Ph.D., Catholic University of America

Marjan G. Holloway, Ph.D., Uniformed Services

University of the Health Sciences

Mariam Gregorian, Ph.D., American University

Matthew Thompson, M.S., Uniformed Services University

of the Health Sciences

Primary Category: Workforce Development / Training / Supervision

Key Words: Suicide, Competence, Training / Training Directors

Despite decades of research on risk factors and prevention, rates of suicide in the US have risen over the past two decades¹. Suicide risk is often encountered in clinical settings and can be anxiety-provoking for mental health practitioners including psychologists-in-training. One study estimated that 40% of trainees will treat someone who attempts suicide (29.1%) or dies by suicide (11.3%) over the course of their training². Yet, graduate students typically receive little formal training on applying CBT principles and evidence-based methods to effectively mitigate suicide risk³. Furthermore, APA guidelines require accredited psychology programs to make training "sequential, cumulative, and graded in complexity," which suggests that students should not work with high-risk individuals until later in their training. Given that graduate school is the primary opportunity to receive clinical training under high levels of supervision, panelists will assert that students should receive more training and direct experience applying CBT with suicidal individuals. Evidence-based approaches to establish student training competencies and meet the immediate and long-term needs of high risk individuals will be discussed.

Panelists were chosen to discuss their research, share clinical expertise, and highlight the challenges and benefits of students working with suicidal clients early in their training. Drs. Shireen Rizvi, David Jobes, and Marjan Holloway will present on their experiences of training and supervising students using specific approaches of expertise (i.e. Dialectical Behavior Therapy, Collaborative Assessment and Management of Suicidality (CAMS) framework, and CBT for suicide prevention with military personnel, respectively). Student panelists will discuss their training experiences directly treating clients experiencing chronic suicidality under the supervision of the licensed panelists.

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 12

## Masters-level Clinical Training as an Avenue to Championing CBT: Opportunities Rewards, and Challenges

MODERATORS: Georganna R. Sedlar, Ph.D., University of Washington School of Medicine

Matthew Capriotti, Ph.D., San Jose State University

Panelists: Georganna R. Sedlar, Ph.D., University of Washington School

of Medicine

Matthew Capriotti, Ph.D., San Jose State University Stacy S. Forcino, Ph.D., California State University, San

Bernardino

Bita Ghafoori, Ph.D., California State University Long

Beach (CSULB)

Caleb W. Lack, Ph.D., University of Central Oklahoma Maria M. Santos, Ph.D., California State University San

Bernardino

Primary Category: Workforce Development / Training / Supervision

Key Words: Training / Training Directors, Education and Training

As the vast majority of direct psychological services are provided by graduates of Masters' level training programs (MLP), they provide a landscape in which to cultivate and promote cognitive behavioral intervention skills. MLPs also offer a valuable opportunity to produce CBT practitioners who can expand the reach and use of CBT, and thereby have a significant positive impact on psychological outcomes for the public. Yet, to date there has been limited attention to such programs within ABCT and similar professional associations. This year's convention theme provides a fitting backdrop to highlight the impact that MLPs can play in widening the implementation of CBT worldwide.

Center for Disease Control, 2017

<sup>&</sup>lt;sup>2</sup> Kleepsies, Penk, & Forsyth, 1993

<sup>&</sup>lt;sup>3</sup>Oordt, Jobes, Fonseca, & Schmidt, 2009

This panel discussion is assembled to highlight the key role that MLPs play in promoting the use of CBT. Panelists will be composed of faculty from various Masters' level programs and will share their current efforts towards developing student competencies in CBT principles and interventions. The discussion will include successes and unique obstacles faced at their respective programs and strategies for overcoming such obstacles. Attention to diversity, equity and inclusion in these efforts will be highlighted. This panel discussion will culminate in an overview of future goals and objectives for MLPs both within and outside of ABCT. This panel discussion should be of interest to anyone involved in or interested in MLP training, e.g., faculty in MLPs, training directors, clinical supervisors of Masters-level clinicians, Masters-level practitioners, current MLP graduate students, undergraduate students interested in pursuing MLPs, or others who want to learn more about this often overlooked opportunity to "champion CBT" enhance and expand CBT delivery.

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Panel Discussion 10

## The Perfect Storm: Experiences of Racism, Political Strife, and Public Health Stressors During the COVID-19 Pandemic in Asian American and Pacific Islander Communities

MODERATOR: *Janie J. Hong, Ph.D.*, Stanford University School of Medicine and Redwood Center for CBT and Research

Panelists: Vaishali V. Raval, Ph.D., Miami University

Adriana Miu, Ph.D., University of Texas Southwestern

Medical Center

Lorraine U. Alire, B.S., M.A., University of Massachusetts

Boston

Charles Liu, Ph.D., Wheaton College Anu Asnaani, Ph.D., University of Utah

Primary Category: Culture / Ethnicity / Race

Key Words: Asian Americans, Public Health, Oppression

Racism against Asian American and Pacific Islander (AAPI) communities has always been present but often invisible and unheard. The COVID-19 public health crisis has further exacerbated these racialized ethnic disparities. The uncertainty, social isolation, health anxiety, and abrupt changes to our daily routines have created a significant mental health burden. For AAPIs, this has been further compounded by an alarming and ongoing increase in racism. For example, in the two weeks following the community spread of the virus in the United States in 2020, over 1100 reports of hate crimes towards Asian Americans were documented (Asian Pacific Policy and Planning Council, 2021). Furthermore, there is an additional strain on mental health providers from AAPI communities due to a greater pull for their resources from communities that are struggling with these issues and their own concurrent race-based stress. Finally, an overarching atmosphere of xenophobia,

racism, and intolerance has made navigating one's own self-care and prioritizing one's mental health an even more uphill task.

This panel aims to provide a spotlight on AAPI communities and their distinct experiences of racism and sociopolitical stressors in the time of the pandemic, from community member, researcher, and mental health provider perspectives. The panelists represent a variety of AAPI backgrounds themselves and work with individuals across AAPI communities. Speakers conduct work related to the development and dissemination of racially and ethnoculturally responsive evidence-based treatments specifically in these communities, assessments and interventions directly related to the impacts of COVID-19, political strife, and AAPI race-based discrimination, and examinations into the impacts of these ongoing societal stressors on the well-being of mental health professionals of color over the course of the pandemic.

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 11

### Bridging the Gap Between Research and Practice: Improving Implementation of EBI Through the Use of Transdiagnostic and Principles-based Interventions

MODERATORS: Michael Friedman, PsyM, Rutgers University

Melissa Pedroza, PsyM, Rutgers University, The State

University of New Jersey

PANELISTS: Sarah Kate Bearman, Ph.D., The University of Texas at Austin

Brian C. Chu, Ph.D., Rutgers University, The State

University of New Jersey

Jill Ehrenreich-May, Ph.D., University of Miami

Melanie Harned, Ph.D., VA Puget Sound Health Care

System and University of Washington

Primary Category: Dissemination & Implementation Science

Key Words: Dissemination, Implementation, Transdiagnostic

Challenges related to acceptability, training, and flexibility contribute to the underutilization of evidence-based interventions (EBI) and the ongoing gap between research and practice. Existing research highlights how transdiagnostic and principles-based interventions can address these issues and improve the implementation of EBI. An alternative approach to traditional single-disorder protocols, transdiagnostic and principles-based interventions reduce the amount of time and effort required for adequate training while allowing clinicians to flexibly and creatively treat the complex presentations commonly found in clinical settings. Panelists will present their research and expertise on the dissemination and implementation of transdiagnostic and principles-based interventions. Dr. Sarah Kate Bearman will discuss the dissemination and implementation of principles-based interventions that target causal and maintenance factors of more than one disorder as well as modular approaches to comorbid presentations. Dr. Brian Chu will describe the implementation of transdiagnostic interventions that flexibly target common underlying

etiological and maintaining mechanisms of diverse presenting problems in youth. Dr. Jill Ehrenreich-May will explore unified treatments that flexibly address higher order factors shared among internalizing disorders and the implementation of these protocols in community mental health settings. Dr. Todd Farchione will consider the development of the Unified Protocol and its utility in addressing barriers to dissemination and implementation of EBI. Dr. Melanie Harned will present on stage-based transdiagnostic treatments used to improve the implementation of EBI as well as increase adherence and quality outcomes in the treatment of comorbid presentations. These experts will discuss the effectiveness and application of transdiagnostic and principles-based interventions and consider implications for guiding future research, training, and clinical practice. They will also identify ways in which these interventions can ease implementation barriers, improve training of and access to Cognitive-Behavioral Therapy in public health settings, and begin to close the research-practice gap.

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Panel Discussion 9

## Advocating for and Supporting Emerging Adults with Autism: needs, Challenges, Clinical Considerations, and Approaches

MODERATOR: Susan W. White, ABPP, Ph.D., University of Alabama

PANELISTS: Ashleigh Hillier, Ph.D., University of Massachusetts, Lowell

Laura G. Klinger, Ph.D., University of North Carolina at

Chapel Hill

Brenna Maddox, Ph.D., University of North Carolina at

Chapel Hill

Cara Pugliese, Ph.D., Children's National Hospital,

George Washington University

Carol Schall, Ph.D., Virginia Commonwealth University

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: Autism Spectrum Disorders, Adult, Community-Based

The Interagency Autism Coordinating Committee, a coordinating body for ASD services research convened by the US Department of Health and Human Services, identified the need for developing services to support the transition to adulthood as its first objective within the domain of lifespan research (Interagency Autism Coordinating Committee, 2016). Approximately 1 in 54 youth have a diagnosis of autism spectrum disorder (ASD) based on CDC estimates (Maenner et al., 2020). This means that upwards of 70,000 teens with ASD enter adulthood every year (Shattuck et al., 2012), and there will be more than a half-million more adults with ASD each decade, leading some to refer to the rise in this segment of the population as the 'autism tsunami'. Considering this in the context that just 2% of all ASD-related research focuses on transition and adult outcomes (U.S. Department of Health and Human Services, 2017), the inadequacies of our current supports, and resulting strain on service delivery systems, will become even more problematic. We need

research-supported programming to address barriers that inhibit healthy adult transitions and improve outcomes for emerging adults with ASD - a growing, high-needs population. Collectively, our goal is to facilitate the implementation of research-supported approaches to serving emerging adults with ASD. Panelists represent diverse viewpoints and research expertise, although all work with this population clinically. We will review extant research on the needs and challenges faced by this population, and describe some of the evidence-based approaches and programs currently being used to facilitate postsecondary education, competitive integrated employment, support independent living, and improve quality of life. In this panel discussion, we describe empirically supported school-based services, mental health supports, and treatment strategies based in cognitive-behavioral therapy, mindfulness, and family systems approaches.

1:00 p.m. - 2:00 p.m.

### **Special Session - Internship Meet & Greet**

Crystal S. Lim, Ph.D., University of Mississippi Medical Center For description please see "Internship Training Site Overview" at 11:30 a.m.

### Earn 1.5 continuing education credits

#### Clinical Grand Round 1

### How to Develop and Optimize Anti-racism Efforts in Research and Clinical Settings: Live Demonstration

CHAIR: Kevin O. Narine, B.A., William James College, Graduate

Education in Psychology

PANELISTS: Lauren P. Wadsworth, Ph.D., Genesee Valley Psychology

Colleen A. Sloan, Ph.D., VA Boston HCS & Boston

University School of Medicine

Stephanie Pinder-Amaker, Ph.D., McLean Hospital/

Harvard Med School

Amber Calloway, Ph.D., Center for Anxiety and Behavior

Therapy

Jessica LoPresti, Ph.D., Suffolk University

Primary Category: Workforce Development / Training / Supervision

Key Words: Race, Ethnicity, Education and Training

In response to recent tragedies, the American Psychological Association has classified racism as a "pandemic." Racism exists in many forms and advances the harmful notion that the white race is superior to non-white people on an individual, institutional, and systemic level. Racism is associated with trauma, anxiety, and mood-related disorders, and poor physical health (Kirkinis et al., 2018; Paradies, 2006; Williams, 2003). Racism has persisted over time in institutional processes, including clinical practice and research in mental health disciplines (Fernando, 2017). These factors are related to inadequate training on addressing racism and taking a practical approach to eliminating racism in research and clinical settings (Cénat, 2020).

Anti-racism focuses on actionable strategies to reduce and prevent racism embedded in workplace settings. Thus, anti-racism promotes a paradigm shift to address the challenges of Black, Indigenous, and other People of Color (BIPOC) professionals, trainees, and staff in clinical and research settings. Furthermore, BIPOC colleagues often express the need for allies to spearhead anti-racism in their workplace (Paulraj, 2016). Thus, it is essential to take a collaborative anti-racist approach to identify racism-related concerns, address isolated and chronic racism-related experiences, and establish and sustain an inclusive, diverse, and equitable workplace.

This clinical grand round focuses on implementing effective anti-racism in clinical and research settings. Researchers/clinicians will teach and demonstrate anti-racism skills that can enhance safety and satisfaction in the workplace. The session will begin with an overview of racism and anti-racism, including a discussion on 1) how to have conversations about racism/anti-racism, 2) how to initiate and engage in anti-racism, 3) effective allyship, and 4) considerations for intersectional anti-racism. The session will include live roleplay demonstrations of typical situations of racism and appropriate/responsive actions. Presenters will also conduct a roleplay on initiating and sustaining anti-racism efforts in the absence of a racist event or related negative experiences. The session will conclude with questions from the audience.

### You will learn:

- Describe racism and anti-racism
- Discuss potential advantages of using an anti-racist approach
- Provide a framework for culturally sensitive and responsive strategies to address racism in clinical and research settings
- Identify strategies to initiate and sustain actionable strategies on anti-racism
- Apply effective allyship in clinical and research settings

1:30 p.m. - 3:00 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 14

### The Founding and Vision of a New International Consortium to Advance Research on Exposure Therapy

Moderators: *Jasper Smits, Ph.D.*, The University of Texas at Austin *Kiara R. Timpano, Ph.D.*, University of Miami

Panelists: Joanna J. Arch, Ph.D., University of Colorado Boulder

Jonathan S. Abramowitz, Ph.D., University of North

Carolina at Chapel Hill

Jonathan D. Huppert, Ph.D., The Hebrew University of

Jerusalem

Jurgen Margraf, Ph.D., Ruhr University-Bochum

Primary Category: Treatment - CBT

Key Words: Exposure, Treatment, Transdiagnostic

Exposure therapy remains one of the most effective treatments for fear-based disorders and has recently been leveraged to treat additional forms of psychopathology. Research to improve the outcomes, delivery, and mechanistic understanding of exposure therapy remains vital for advancing this form of therapy. Research efforts to date, however, have generally remained limited to individual laboratories, hampering efforts to conduct large-scale, well-powered studies that generalize across diverse sites. To advance research on exposure therapy, over the past year we have established an international research consortium toward the goal of conducting large-scale, multi-site studies on novel outcomes, delivery, and mechanisms of exposure therapy. To date, the consortium consists of >10 sites spanning the North America, Europe, and Australia. On the panel, we will present on the founding of this consortium, its goals and vision, and its structure and organization. Panelist will discuss the sort of clinical studies that have been difficult to run as single-site trials, and underscore the type of clinical science that can be pursued in a consortium framework. Next, we will share obstacles and facilitators to its formation and maintenance. Finally, we will present the consortium's first multi-site project - a study on the large-scale group delivery of exposure therapy for individuals with high anxiety sensitivity. Discussion will include the consortium's innovative approach to constructing a "study in a box" for standardization and dissemination across diverse sites, initial findings from piloting and initially collecting data on this study, and lessons learned thus far. Informally, we will discuss our individual and collective motivations for investing in the consortium and our visions for the future. We will also discuss how to become involved in

the consortium. Panelists were chosen on the basis of their experience in the founding of the consortium and designing and executing its first multi-site study, as well as on the basis of their experience collaborating internationally within the consortium.

1:30 p.m. - 3:00 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 13

## Multicultural Considerations for Integrating Positive Psychology and Strengths-based Approaches into Mental Health Treatment

MODERATOR: Adam P. McGuire, Ph.D., VISN 17 Center of Excellence for Research on Returning War Veterans

PANELISTS: Katherine A. Lenger, Ph.D., Alpert Medical School of Brown

University

Marianna Graziosi, M.A., Hofstra University

Chardée Galán, Ph.D., University of Southern California Broderick Sawyer, Ph.D., Genesee Valley Psychology Sarah W. Whitton, Ph.D., University of Cincinnati Cameron L. Gordon, Ph.D., Vancouver Island University

Primary Category: Positive Psychology

Key Words: Culture, Underserved Populations, Treatment Development

Interest in the field of positive psychology has grown since its inception, which includes increased attempts to integrate core positive principles into psychotherapy and amplify strengths-based approaches within mental health care. However, these efforts are in the nascent stage and to date, it's unclear whether novel strengths-based approaches adequately account for multicultural considerations. Further, it's unclear what efforts are being made, if any, to ensure these approaches are appropriately tailored and disseminated to marginalized communities.

The purpose of this panel is to discuss necessary multicultural considerations for positive psychology integration and strengths-based approaches as it relates to 1) treatment research and development, and 2) the implementation and dissemination of these approaches to underserved communities. The discussion will feature a diverse panel with experience using or studying strengths-based approaches in a wide range of multicultural domains including income (Katherine Lenger), race (Broderick Sawyer, Chardée Galán), and sexual orientation (Sarah Whitton), along with expertise in applying positive psychology to clinical challenges, broadly (Cameron Gordon, Marianna Graziosi). This panel also features diversity in career stages including a graduate student, postdoctoral fellow, assistant professor, full professors, and a professional consultant; thus, offering unique perspectives about how panelists have encountered and attempted to address this topic across different career stages.

First, we will present a case study that highlights the importance of multicultural considerations in positive psychology-based treatment development. We will then discuss how positive constructs (e.g., gratitude, elevation, hope) and strengths-based approaches

(e.g., values identification, mindfulness, compassion) could differentially map onto various domains of diversity and marginalization. Last, we will discuss efforts to balance broad inclusivity versus tailored idiographic approaches to implementing and disseminating these techniques.

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 78

#### Treatments That Work for Childhood ADHD: Diversity in the Evidence-base and Strategies to Improve Treatment Equity, Inclusion, and Cultural Fit

CHAIRS: Brittany M. Merrill, Ph.D., Florida International University

Jennifer Piscitello, Ph.D., Florida International University

DISCUSSANT: Heather A. Jones, Ph.D., Virginia Commonwealth University

Basic to Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: ADHD, Treatment, Underserved Populations

## Evidence-based Treatment Research for Childhood ADHD: Reporting and Representation of Minoritized and Marginalized Youth

Brittany M. Merrill, Ph.D., Florida International University

Megan Hare, M.S., Florida International University

Erica Wells, Ph.D., Florida International University

Jennifer Piscitello, Ph.D., Florida International University

Nicole Schatz, Ph.D., Florida International University

Gregory A. Fabiano, Ph.D., Florida International University

### Equity in Behavioral Treatment, Referral, and Engagement: Barriers to Access for Racial and Ethnic Minority Children with ADHD

Phylicia F. Fleming, Ph.D., Children's Hospital of Philadelphia

Thomas J. Power, ABPP, Ph.D., Children's Hospital of Philadelphia, Perelman School of Medicine at University of Pennsylvania

Jenelle Nissley-Tsiopinis, PhD, Children's Hospital of Philadelphia

## A Meta-analysis of Classroom Management for Ethnic-racial Minority Students: Decriminalizing Minoritized Student Behavior

Anna Long, Ph.D., Louisiana State University

#### Framework for and Pilot Results from Adapting, Implementing, and Evaluating School-home Intervention for Latinx and Mexican Youth with ADHD and Related Difficulties

Lauren Haack, Ph.D., University of California, San Francisco Eva Araujo, Ph.D., University of Sinaloa Linda Pfiffner, Ph.D., University of California, San Francisco

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 67

## Racial/ethnic Disparities in Mental Health Services for Youth at Risk for Suicide: Findings from Across the Continuum of Care

CHAIRS: Belinda Chen, B.A., University of California, Los Angeles

Tamar Kodish, M.A., University of California, Los

Angeles

DISCUSSANT: Kiara Alvarez, Ph.D., Massachusetts General Hospital/

Harvard Medical School

All level of familiarity with the material Primary Category: Culture / Ethnicity / Race Key Words: Underserved Populations, Race, Suicide

## Common Elements in Treatments for Youth Suicide Attempts and Self-harm: A Cross-study Approach to Within-study Analyses

Jocelyn Meza, Ph.D., University of California San Francisco Lucas Zullo, Ph.D., University of California, Los Angeles Sylvanna M. Vargas, M.P.H., Ph.D., University of California, Los Angeles Joan Asarnow, Ph.D., University of California, Los Angeles

## Closing the Care Gap for Youth at Risk for Suicide: Examining Disparities and Determinants in Follow-up Care

Belinda Chen, B.A., University of California, Los Angeles Belinda Chen, B.A., University of California, Los Angeles Joyce H.L. Lui, Ph.D., University of Maryland, College Park Anna S. Lau, Ph.D., University of California, Los Angeles

Reducing Disparities in Linkage to Care for Ethnic Minority Youth at Risk for Suicide: The Safe Alternatives for Teens & Youths - Acute (SAFETY-A) Intervention

Tamar Kodish, M.A., University of California Los Angeles Anna S. Lau, Ph.D., University of California, Los Angeles Thomas Belin, Ph.D., University of California, Los Angeles Lingqi Tang, Ph.D., University of California, Los Angeles Joan Asarnow, Ph.D., University of California. Los Angeles

Tailoring Variables for Implementation of the Safe Alternatives for Teens and Youth-acute to Enhance Racial Equity in School-based Suicide Prevention: School Stakeholder Perspectives

Stephanie Yu, M.A., University of California Los Angeles Tamar Kodish, M.A., University of California Los Angeles Laurel Bear, Ed.D., Los Angeles County Department of Mental Health J. Conor O'Neill, Ph.D., Duke University Joan Asarnow, Ph.D., University of California, Los Angeles David Goldston, PhD, Duke University Anna S. Lau, Ph.D., University of California, Los Angeles

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 15

## Is There a Yellow Brick Road?: Lessons Learned from Mid-career Women in Academic Medicine

MODERATOR: Victoria E. Cosgrove, Ph.D., Stanford University School of

Medicine

PANELISTS: Victoria E. Cosgrove, Ph.D., Stanford University School of

Medicine

Amy E. West, Ph.D., Children's Hospital Los Angeles/

University of Southern California

Louisa G. Sylvia, Ph.D., Massachusetts General Hospital Caryn R.R. Rodgers, Ph.D., Albert Einstein College of

Medicine

Lori Eisner, Ph.D., Needham Psychotherapy Associates,

LLC

Primary Category: Professional/ Interprofessional Issues

Key Words: Career Development, Professional Issues, Women's Issues

Women constitute 30% of biomedical researchers worldwide. Underrepresentation is in part due to discrimination and stereotyping. Faculty members routinely rate male candidates as more competent and hirable than females. Individual factors, including childbearing, child rearing, and external pressure to nurture rather than achieve career

success undeniably affect advancement of female faculty across academic lines. Mid-career female academics regularly leave academia for more attractive careers in industry or other paths. Barriers include subtle and non-subtle gender discrimination in the workplace; gender-based pay gaps; coping with gender bias; balancing family and work in the career building years; managing the burden of work and family "mental load," etc. The protracted impact of the pandemic has further aggravated impediments for many females. Four times as many women as men dropped out of the labor force in September, 2020 (i.e., 865,000 women v. 216,000 men) to assume caretaking responsibilities, amounting to \$64.5 billion per year in lost wages and economic activity. The NIH has largely taken the approach of addressing advancement gaps via policy changes (i.e., reducing mean age of first-time R01s favoring young investigators) with hope to accelerate their independence, although little success has been realized. These initiatives are in direct conflict with a disproportionate increase in delayed childbearing nationally and the inverse relationship between academic advancement and childrearing. Past or present, Drs. Cosgrove, Eisner, Rodgers, Sylvia, and West all have pursued academic careers while simultaneously serving in other personally demanding life roles. The aims of this Panel Discussion will be to (1) increase awareness about the underrepresentation of women in biomedical science, with a specific emphasis on inclusion of women scientists in biopsychosocial clinical research; (2) understand personal and professional challenges that often influence a woman's decision to pursue a career in biopsychosocial clinical research; and (3) brainstorm successful strategies to increase the representation of women on a local and national level.

#### Symposium 68

#### Incorporating Underexplored Emotions and Bodily Experiences into Eating Disorder Research and Treatment

CHAIRS: Tiffany A. Brown, Ph.D., University of California, San Diego,

Eating Disorders Center for Treatment & Research Christina Ralph-Nearman, M.S., Ph.D., University of

Louisville

DISCUSSANT: Cheri A. A. Levinson, Ph.D., University of Louisville,

Department of Psychological & Brain Sciences

All level of familiarity with the material Primary Category: Eating Disorders Key Words: Emotion, Treatment, Eating

## Testing Longitudinal Relations Between Anger Variability and Eating Disorder Symptoms in a Military Sample

April R. Smith, Ph.D., Miami University

Lauren N. Forrest, Ph.D., Yale University School of Medicine

Shruti S. Kinkel-Ram, B.S., Miami University

Jacob M. Chamberlin, M.S., Miami University

## Gross Foods and Icky Bodies: Examining the Associations Between Subjective Disgust Reactivity and Eating Disorder Symptoms in Young Adults

Lisa M. Anderson, Ph.D., University of Minnesota Medical School Drew A. Anderson, Ph.D., University at Albany, State University of New York Erin E. Reilly, Ph.D., Hofstra University

### Impact of Body Trust, Alexithymia, and Emotion Regulation on Eating Disorder Severity

Carina S. Brown, B.A., San Diego State/University of California San Diego Joint Doctoral Program in Clinical Psychology

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Christina E. Wierenga, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

## Early Change in Gastric-specific Anxiety Sensitivity as a Predictor of Eating Disorder Treatment Outcome

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Christina E. Wierenga, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Walter H. Kaye, M.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

## Dynamic Relationships Among Feeling Fat, Fear of Weight Gain, and Eating Disorder Symptoms in an Eating Disorder Sample

Christina Ralph-Nearman, M.S., Ph.D., University of Louisville

Rowan A. Hunt, B.A., University of Louisville, Department of Psychological & Brain Sciences

Cheri A. A. Levinson, Ph.D., University of Louisville, Department of Psychological & Brain Sciences

While it is increasingly recognized that Anxiety disorders and OCD are more prevalent in youth with Autism (ASD) than the general population, these individuals are often unable to access Cognitive Behavior Treatment (CBT) for Anxiety/OCD. Many clinicians and trainees want to use CBT tools to address mental health problems in ASD youth but may incorrectly believe ASD is inherently different and that they cannot effectively treat or supervise trainees working with this population. Our workshop is designed to bridge this knowledge and confidence gap. Intended audience is those with basic knowledge of ASD and some direct clinical experience with Anxiety/OCD. With an emphasis on supervision, we will explore advanced topics such as navigating diagnosis and psychoeducation of these co-morbidities, developing case conceptualizations that integrate ASD core challenges/differences with anxiety+OCD symptomology, and applying CBT strategies within a behavior analytic framework. Research suggests CBT is efficacious in reducing anxiety/OCD symptoms in ASD youth (Wood et al., 2020; Ung et al., 2015), yet its use in community settings is limited (Reaven et al., 2014). Youth with ASD are significantly more at risk of not receiving needed therapy, in part because they struggle to find providers with the requisite skills (Chiri & Warfield, 2012). Further, autistics receive care from multiple systems. These service systems, however, typically operate in a siloed fashion, distinguishing care for core symptoms: ASD symptoms in DD services and MH conditions in MH services. Research suggests symptoms are difficult to disentangle and should be conceptualized collectively, requiring cross-fertilization between DD and MH services for provider training and treatment of individuals (Brookman-Frazee et al., 2018). Our goal is to empower more clinicians to treat and train individuals to treat this underserved population. Through case vignettes, roleplay and audience participation we aim to help CBT practitioners feel equipped to treat anxiety/OCD in ASD youth. This workshop will foster a new mindset, moving participants away from an idea that "the one ASD therapist or supervisor" should be responsible for providing/supervising all ASD-related treatment.

Recommended Readings: Ung, D., Selles, R., Small, B. J., & Storch, E. A. (2015). A systematic review and meta-analysis of cognitive-behavioral therapy for anxiety in youth with high-functioning autism spectrum disorders. Child Psychiatry and Human Development, 46,533-547. Wood, J. J., & Gadow, K. D. (2010). Exploring the nature and function of anxiety in youth with autism spectrum disorders. Clinical Psychology: Science and Practice, 17, 281-292. Wood, J. J., Kendall, P. C., Wood, K. S., Kerns, C. M., Seltzer, M., Small, B. J., Lewin, A. B., & Storch, E. A. (2020). Cognitive Behavioral Treatments for Anxiety in Children With Autism Spectrum Disorder: A Randomized Clinical Trial. JAMA Psychiatry, 77(5), 474-483. Brookman-Frazee, L., Stadnick, N., Chlebowski, C., Baker-Ericzén, M.,

& Ganger, W. (2018). Characterizing psychiatric comorbidity in children with autism spectrum disorder receiving publicly funded mental health services. Autism, 22(8). 938–952. Koegel, L. K. & Lazebnik, C. (2004). Overcoming autism. New York, NY: Penguin Group

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 69

## Innovative Multimethod Approaches to Disentangling the Interplay of Emotions and Impulsive Behaviors in BPD: Finetuning Treatment Targets

CHAIRS: Elinor E. Waite, B.A., University of Massachusetts Amherst

Katherine Dixon-Gordon, Ph.D., University of

Massachusetts Amherst

DISCUSSANT: Kim L. Gratz, Ph.D., University of Toledo

All level of familiarity with the material Primary Category: Personality Disorders

Key Words: Borderline Personality Disorder, Emotion Regulation, Risky Behaviors

Emotion-related Impulsivity, State-based Difficulties in Emotion Regulation, and Borderline Personality Disorder Symptoms: Associations in the Context of Experimentally Induced Emotional Distress

Michael J. McDermott, Ph.D., University of Louisiana at Lafayette Christopher Berghoff, Ph.D., University of South Dakota

### Multidimensional Assessment of Impulsivity in BPD: The Role of Emotion Dysregulation

Elinor E. Waite, B.A., University of Massachusetts, Amherst Sherry Woods, M.S., University of Massachusetts, Amherst Katherine Dixon-Gordon, Ph.D., University of Massachusetts, Amherst

## BPD Traits Moderate the Association Between Hot and Cold Risk Taking and Engagement in Risky Behaviors

Nicole K. Legg, M.S., University of Victoria Carolyn Helps, B.A., University of Victoria Christina Robillard, MSc, University of Victoria Brianna J. Turner, Ph.D., University of Victoria

#### Applying a Reinforcement Learning Perspective to Understanding Decisionmaking in BPD: The Influence of Social Stimuli and Emotional State

Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst Elinor E. Waite, B.A., University of Massachusetts, Amherst Andrew Cohen, Ph.D., University of Massachusetts, Amherst

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Mini Workshop 3

#### One in Fifty-four: Supervision Considerations for Utilizing CBT in Cases Involving Autism and Co-morbid Anxiety and OCD

Rebecca Sachs, ABPP, Ph.D., CBT Spectrum Lauren Moskowitz, Ph.D., St. John's University

Basic to Moderate level of familiarity with the material Primary Category: Autism Spectrum and Developmental Disorders

#### You will learn:

- Help therapists/trainees in centers that do not specialize in ASD to more confidently work with ASD patients and advocate to include ALL trainees as therapists for cases involving ASD+ anxiety/OCD.
- Understand and convey importance of diagnostic clarification when ASD is suspected, and how to navigate steps to diagnosis and psychoeducation for AS-D+anxiety/OCD.
- Formulate and teach how to develop case conceptualizations that integrate ASD core challenges/characteristics with comorbid anxiety and/or OCD symptomology.
- Integrate principles and procedures from cognitive behavioral therapy (CBT)
  within a behavior analytic framework when developing and implementing of
  treatment plans.
- Provide supervision in adapting and applying behavioral and cognitive interventions (e.g. exposure, differential reinforcement of behavior, family reinforcement, cognitive restructuring) to treat ASD and Anxiety/OCD.

While it is increasingly recognized that Anxiety disorders and OCD are more prevalent in youth with Autism (ASD) than the general population, these individuals are often unable to access Cognitive Behavior Treatment (CBT) for Anxiety/OCD. Many clinicians and trainees want to use CBT tools to address mental health problems in ASD youth but may incorrectly believe ASD is inherently different and that they cannot effectively treat

or supervise trainees working with this population. Our workshop is designed to bridge this knowledge and confidence gap. Intended audience is those with basic knowledge of ASD and some direct clinical experience with Anxiety/OCD. With an emphasis on supervision, we will explore advanced topics such as navigating diagnosis and psychoeducation of these co-morbidities, developing case conceptualizations that integrate ASD core challenges/differences with anxiety+OCD symptomology, and applying CBT strategies within a behavior analytic framework. Research suggests CBT is efficacious in reducing anxiety/OCD symptoms in ASD youth (Wood et al., 2020; Ung et al., 2015), yet its use in community settings is limited (Reaven et al., 2014). Youth with ASD are significantly more at risk of not receiving needed therapy, in part because they struggle to find providers with the requisite skills (Chiri & Warfield, 2012). Further, autistics receive care from multiple systems. These service systems, however, typically operate in a siloed fashion, distinguishing care for core symptoms: ASD symptoms in DD services and MH conditions in MH services. Research suggests symptoms are difficult to disentangle and should be conceptualized collectively, requiring cross-fertilization between DD and MH services for provider training and treatment of individuals (Brookman-Frazee et al., 2018). Our goal is to empower more clinicians to treat and train individuals to treat this underserved population. Through case vignettes, roleplay and audience participation we aim to help CBT practitioners feel equipped to treat anxiety/OCD in ASD youth. This workshop will foster a new mindset, moving participants away from an idea that "the one ASD therapist or supervisor" should be responsible for providing/supervising all ASD-related treatment.

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#### Symposium 65

## Dating in the Online Era: Implications for Mental Health and Relational Outcomes

CHAIR: Ariella P. Lenton-Brym, M.A., Ryerson University

DISCUSSANT: Jeff Temple, Ph.D., University of Texas Medical Branch

Basic level of familiarity with the material

Primary Category: Technology

Key Words: Social Relationships, Technology / Mobile Health

### Negative Affect Following Dating Application Use Is Predicted by Social Anxiety Symptoms and Match Rate

Ariella P. Lenton-Brym, M.A., Ryerson University Candice M. Monson, Ph.D., Ryerson University Julia Spaniol, Ph.D., Ryerson University Martin M. Antony, Ph.D., Ryerson University

## Swipe Right! a Mixed Methods Exploration of the Relationships Between Online Dating and Body Image in College Students

Rachel F. Rodgers, Ph.D., Northeastern University Jenna Campagna, M.A., Northeastern University Raihaan Attawala, M.S., Northeastern University Chloe Richard, M.S., Northeastern University Christopha Kafka, M.S., Northeastern University Christie J. Rizzo, Ph.D., Northeastern University

#### Digital Disembodiment: Measuring the Impact of Online Objectification on Selfesteem and Body Satisfaction Among App-using Sexual Minority Men Aaron Breslow, Ph.D., Albert Einstein College of Medicine

Initiating Contact on a Dating App Is Predicted by Gender, Experiences of

Everyday Discrimination, and Fetishization Vincent A. Santiago, M.A., Ryerson University Ariella P. Lenton-Brym, M.A., Ryerson University Beverley K. Fredborg, M.A., Ryerson University Martin M. Antony, Ph.D., Ryerson University

### The Interplay of Coercion and Intimate Partner Aggression in Perceived Consequences of Consensual Sexting

Tylor Kistler, B.A., Grand Valley State University Tara L. Cornelius, Ph.D., Grand Valley State University Kathryn M. Bell, Ph.D., Acadia University Michelle Drouin, Ph.D., Purdue University, Fort Wayne

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 66

# Expanding Access to Care for Individuals with Autism: Understanding Clinician Attitudes, Support Needs, and Treatment Decision Making

CHAIR: Teresa Burrell, Ph.D., Emory University School of Medicine DISCUSSANT: Lauren Brookman-Frazee, Ph.D., University of California San

Diego

Moderate level of familiarity with the material Primary Category: Autism Spectrum and Developmental Disorders Key Words: Autism Spectrum Disorders, Community-Based, Implementation

### Gatekeeping Decisions for Offering Parent Training Interventions to Medicaidenrolled Children with ASD

Diondra Straiton, M.A., Michigan State University Brooke Ingersoll, Ph.D., BCBA-D, Michigan State University

## Community Providers Perspectives on Treating Feeding Problems in Children with Autism Spectrum Disorder

Teresa Burrell, Ph.D., Emory University School of Medicine Katherine Pickard, Ph.D., Emory University School of Medicine Susan Brasher, Ph.D., Emory University Derianne Buckley, B.S., Emory University Scott Gillespie, MSPH, Emory University School of Medicine William Sharp, Ph.D., Emory University School of Medicine Lawrence Scahill, PhD, Emory University School of Medicine

Training Interdisciplinary School Providers to Deliver CBT for Anxiety in Students with Autism Spectrum Disorder: Impact on Knowledge and Self-efficacy

Lisa D. Yankowitz, M.A., University of Colorado, School of Medicine

Katherine Pickard, Ph.D., Emory University School of Medicine

Allison Meyer, Ph.D., JFK Partners, University of Colorado School of Medicine

Audrey Blakeley-Smith, Ph.D., University of Colorado School of Medicine

Caitlin Middleton, Ph.D., University of Colorado Anschutz Medical Campus

Lisa Hayutin, Ph.D., University of Colorado Anschutz Medical Campus

Nuri Reyes, Ph.D., University of Colorado Anschutz Medical Campus

Tanea Tanda, B.S., Children's Hospital Colorado

Richard Boles, Ph.D., University of Colorado School of Medicine

Aubyn Stahmer, Ph.D., University of California, Davis

Judy Reaven, Ph.D., JFK Partners and University of Colorado Anschutz Medical Campus

### Training Community Mental Health Clinicians to Deliver CBT to Autistic Adults

Brenna Maddox, Ph.D., University of North Carolina at Chapel Hill Samantha Crabbe, MS.Ed, University of Pennsylvania David Mandell, Center for Mental Health

1:30 p.m. - 3:00 p.m.

# ABCT Membership Committee Convention Panel: Work-life "balance" in Clinical Practice: Tips, Challenges, and Ways to Live Life to the Fullest

CHAIR: Rebecca Skolnick, Ph.D., Licensed Clinical Psychologist, Co-

founder, Mindwell NYC

PANELISTS: Regine Galanti, Ph.D., Long Island Behavioral Psychology

Janie J. Hong, Ph.D., Stanford University School of Medicine and Redwood Center for CBT and Research Mitchell L. Schare, ABPP, Ph.D., Hofstra University

Nehal P. Vadhan, Ph.D., Northwell Health Zucker Hillside

Hospital

Key Words: Professional Development, Cognitive-Behavioral Career, Private Practice

Becoming a clinician takes years of hard work, school, and training. This can be very rewarding and intellectually stimulating. However, mental health clinicians spend so much time working and thinking about work that it can be challenging to take breaks, go on vacation, start a family, raise children, and find time to explore outside interests and hobbies. Furthermore, spending a great deal of time working can lead to burn out, which can in turn make it even harder to be present with friends and family outside of work. Panelists will discuss challenges and practical tips on how to "balance" clinical work and life in order to make the most of both and live life to the fullest. The panelists have varying degrees of experience in developing and maintaining private practices as well as supervis-

ing clinicians and working in other settings. There will be ample opportunity for attendee participation in addition to moderated Q&A.

2:00 p.m. - 4:00 p.m.

#### Earn 2 continuing education credits

## Providing Care for the Unvaccinated: Psychological Approaches to Address Anger and Frustration

#### Sponsored by APA

Brad J. Bushman, Ph.D., Professor of Communication and Psychology, The Ohio State University

Deborah R. Glasofer, Ph.D., Associate Professor of Clinical Medical Psychology (in Psychiatry) at the Columbia University Irving Medical Center (CUIMC), Clinical psychologist at the Columbia Center for Eating Disorders at the New York State Psychiatric Institute J. Kim Penberthy, Ph.D., ABPP, Chester F. Carlson Professor of Psychiatry and Neurobehavioral Sciences, University of Virginia School of Medicine

Basic to moderate level of familiarity

Anger, Professional/ Interprofessional Issues, Treatment - CBT  $\,$ 

Key Words: Anger / Irritability, Coping, Stress

Healthcare workers are increasingly facing stressors in their environments that they may be ill-equipped to handle. Such ongoing stress can negatively impact mood states and functioning, increasing frustration and anger in providers. In this Master Clinician series, we discuss the unprecedented stressors impacting healthcare workers and the negative impact of chronic stress from the ongoing pandemic, including providing care for the unvaccinated. We will present the stress continuum concept including the five human needs in times of stress. This continuum provides a way to conceptualize stress behaviors and describe the additional roles of bias, discrimination, and other system/ environmental issues in stress vulnerability. We will then describe and demonstrate specific effective strategies to help promote resilience and wellbeing that grow out of these needs, including anger management skills and how to use these with teams and in the workplace. Finally, we present examples of successful application of techniques, including results of implementation and lessons learned in healthcare institutions.

• Dr. Penberthy:

- Introduction to the current state of stress in healthcare, including information about levels of stress pre an post COVID and the impacts of such.
- Check-in with participants on their current level of stress
- Present and discuss the stress continuum and its background and application, including the concept of 5 human needs during times of stress.
- Present and discuss strategies for addressing these 5 human needs, with some practice of 4-square breathing, etc.

#### Dr. Bushman:

- Present and discuss the scientific research that debunks ineffective strategies for managing angry feelings.
- Present and discuss the scientific research that supports effective strategies for managing angry feelings.

#### Dr. Glasofer:

- Present and discuss additional strategies for addressing the needs of healthcare teams and institutions along with examples of implementation.
- Describe themes encountered at different stages of the ongoing pandemic.
- Discuss how to apply evidence-based psychotherapeutic interventions in a peer-support. model, highlighting how cognitive strategies and professional values clarification can be applied to the unique stressors associated with being a healthcare worker during COVID-19.
- Invite participant reflection on strategies they used (1) to cope with unhelpful thoughts during the pandemic and (2) to maintain connection to their professional values.

#### Long-term Goals:

- Describe and disseminate knowledge about the stress continuum and the impact
  of stressors on mood and behavior in yourself, others, the workplace, and teams.
- Describe, implement, and disseminate effective strategies for addressing stress and stress behaviors, specifically focusing on addressing the five human needs during times of stress and reducing frustration and anger.

#### You will learn:

- Describe the stress continuum, impact of chronic stress, types of stressors, and the five human needs in times of stress and effective strategies to address these needs.
- Describe and demonstrate specific effective strategies that grow out of addressing these needs that help promote resilience and reduce frustration and anger.
- Discuss examples of successful application of techniques, including results of implementation and lessons learned in other institutions and health systems.

Recommended Readings: Mischkowski, D., Kross, E., & Bushman, B. J. (2012). Flies on the wall are less aggressive: Self-distanced reflection reduces angry feelings, aggressive thoughts, and aggressive behaviors. *Journal of Experimental Social Psychology*, 48(5), 1187-1191. DOI: 10.1016/j.jesp.2012.03.012. Penberthy, J. K., Chhabra, D., Ducar, D. M., Avitabile, N., Lynch, M., Khanna, S., ... & Schorling, J. (2018). Impact of coping and communication skills program on physician burnout, quality of life, and emotional flooding. *Safety and health at work*, 9(4), 381-387. Mellins, C.A., Mayer, L.E.S., Glasofer, D.R., Devlin, M.J., Albano, A.M., Nash, S.S., Engle, B., Cullen, C., Ng, W.Y.K., Allman, A., Fitelson, E.M., Vieira, A., Baptista-Neto, L. (2020) Supporting the well-being of health care providers during the COVID-19 pandemic: The CopeColumbia response. *General Hospital Psychiatry*, 67, 62-69.

#### **Traditional Workshop 4**



## Family Based Interpersonal Psychotherapy (FB-IPT) for Preadolescent Depression

Laura J. Dietz, Ph.D., University of Pittsburgh

Basic to Moderate level of familiarity with the material Primary Category: Child / Adolescent - Depression Key Words: Child, Depression, Evidence-Based Practice

Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents is a primary intervention to reduce the burden of early-onset depressive disorders in children between the ages of 8-12 years, with a secondary focus on preventing or delaying depression recurrence in adolescence for this high-risk group. FB-IPT directly addresses two domains of interpersonal impairment associated with preadolescents' depressive symptoms: parent-child conflict and peer impairment. FB-IPT focuses on improving communication and problem solving skills in the parent-child relationship, the primary context for children's social and emotional development to improve the quality of the parent-child relationship and to buffer depressed preadolescents from the effects of peer stress, as well as to rehearse effective interpersonal behavior with peers, Adapted from IPT-A, FB-IPT includes several developmental modifications for 8-12 year-olds: 1) increased parental involvement and structured dyadic sessions, with individual meetings with parents and parent-child sessions for teaching and role-playing communication and problem solving skills, 2) an expanded Limited Sick Role, to shape parental expectations for depressed preadolescents' performance across contexts and provide parenting strategies for decreasing conflict, and 3) an increased focus on comorbid social anxiety, to decrease depressed preadolescents' interpersonal avoidance and to enhance their communication and interpersonal problem solving skills with peers. As in adult and adolescent protocols, FB-IPT structures treatment around an identified "problem areas" temporally associated with the onset of depressive symptoms (loss, disputes, transitions, and interpersonal deficits) and structures treatment into 3 phases. To date, FB-IPT is one of the few psychosocial interventions for depression in preadolescent children that has demonstrated superior outcomes when compared to an active comparison treatment condition. As such, FB-IPT has promise as an efficacious intervention with readily measurable targets and mechanisms of action.

#### Outline

Background/ Rationale for FB-IPT for Depressed Preadolescents Overview of FB-IPT/ Developmental Modifications to IPT-A • Initial Phase of FB-IPT – a) Preadolescent Interpersonal Inventory Mood Thermometer & Closeness Circle b) Initial Phase of FB-IPT – Expanded Limited Sick Role (LSR) and Parent Tips Role play of Expanded LSR and Introducing Parent Tips c) Presentation of Family Based Problem Areas and Formulation • Break, Questions

BREAKOUT 1: Small groups practice of Expanded LSR with Parent • Middle Phase of FB-IPT – Overview and Problem Area Strategies for Preadolescents and Parents Middle Phase Techniques (Tween Tips) a) Depression Circle (Communication Analysis) b) Suggesting Solutions / Interpersonal Problem Solving (Decision Analysis) c) Experiments for Decreasing Interpersonal Avoidance Role Play Middle Phase Session with Problem Area (Disputes/ Transition)

BREAKOUT 2: Small groups practice of Depression Circle/ Communication Analysis with Preteen and Parent- • Termination Phase of FB-IPT • Discussion Long-term Goal: • Improve general clinical efficacy when working with depressed preadolescents who likely have a parent(s) with a history of depression.

#### You will learn:

- Describe the theoretical framework and 3 developmental adaptations in Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents.
- Explain the differences in structuring individual and dyadic meetings with preadolescents and parents in all three phases of FB-IPT.
- Identify the 4 Tween and Parent Tips introduced when delivering FB-IPT to preadolescents and parents.
- Demonstrate effective use of key clinical techniques in FB-IPT with role-plays and case examples.
- Integrate strategies specific to FB-IPT into psychotherapy for depressed preadolescents and their parents.

Recommended Readings: Dietz L. J. (2020). Family-Based Interpersonal Psychotherapy: An Intervention for Preadolescent Depression. American journal of psychotherapy, 73(1), 22-28. https://doi.org/10.1176/appi.psychotherapy.20190028Dietz L. J. (2017). Family-Based Interventions for Childhood Depression. Journal of the American Academy of Child and Adolescent Psychiatry, 56(6), 464-465. https://doi.org/10.1016/j. jaac.2017.03.019Shomaker, L. B., Tanofsky-Kraff, M., Matherne, C. E., Mehari, R. D., Olsen, C. H., Marwitz, S. E., Bakalar, J. L., Ranzenhofer, L. M., Kelly, N. R., Schvey, N. A., Burke, N. L., Cassidy, O., Brady, S. M., Dietz, L. J., Wilfley, D. E., Yanovski, S. Z., & Yanovski, J. A. (2017). A randomized, comparative pilot trial of family-based interpersonal psychotherapy for reducing psychosocial symptoms, disordered-eating, and excess weight gain in at-risk preadolescents with loss-of-control-eating. The International journal of eating disorders, 50(9), 1084-1094. https://doi.org/10.1002/eat.22741Dietz, L. J., Weinberg, R. J., Brent, D. A., & Mufson, L. (2015). Family-based interpersonal psychotherapy for depressed preadolescents: examining efficacy and potential treatment mechanisms. Journal of the American Academy of Child and Adolescent Psychiatry, 54(3), 191-199. https://doi.org/10.1016/j.jaac.2014.12.011

## **Special Session: - Postdoctural Paths for Professional Development**

Jessica Lohnberg, Ph.D., Clinical Psychologist, Behavioral Medicine Program, Acting Director of Postdoctural Training, Psychology Service, VA Palo Alto Health Care System

Shona N. Vas, Ph.D., ABPP, Associate Professor; Director CBT Program & Psychology Training, The University of Chicago Debra Kaysen, ABPP, Ph.D., Professor, Stanford University

Panelists will address important issues for interns and others considering applying to a postdoctoral residency training program and those who are interested in postdoctoral research funding. Topics to be addressed include: what applicants should look for in a postdoctoral training program; the differences between research and clinical postdoctoral training, including how training is funded; the advantages or disadvantages of following a postdoctoral path in terms of professional development; how best to find and select a program that fits the applicant's needs; the impact of APA accreditation in the postdoctoral arena; what training sites are looking for in evaluating applications; tips on how to prepare for the interview; and how postdoctoral offers are made and the process of accepting an offer. There will be time for questions from the audience during the panel presentation. After the panel, prospective postdoctoral applicants will be able to meet with representatives from postdoctoral programs. Postdoctoral sites that would like to be represented in this event should contact Dakota McPherson at the ABCT Central Office:dmcpherson@ abct.org.

#### Panel Discussion 18

# Seeking Diversity, Equity and Inclusion: Perspectives and Concerns of ABCT's Minority Special Interest Groups

MODERATOR: Janie J. Hong, Ph.D., Stanford University School of Medicine and Redwood Center for CBT and Research

PANELISTS: Janie J. Hong, Ph.D., Stanford University School of Medicine

and Redwood Center for CBT and Research Ashleigh Coser, Ph.D., Cherokee Nation of OK Jeffrey M. Cohen, Psy.D., Columbia University Alexandria N. Miller, M.S., Suffolk University

Juventino Hernandez Rodriguez, Ph.D., The University of

Texas Rio Grande Valley

Destiny Printz Pereira, M.S., University of Connecticut

Primary Category: Oppression and Resilience Minority Health

Key Words: Underserved Populations, Culture, LGBTQ+

Within the ABCT, there are six special interest groups (SIGs) focused on minority mental health and research. They are the Sexual and Gender Minority SIG, Oppression and Resilience: Minority Mental Health SIG, Native American Issues in Behavior Therapy and Research SIG, Black Americans in Research and Behavior Therapy SIG, Latinx SIG, and Asian American Issues in Behavior Therapy and Research SIG. These SIGs offer a professional space of inclusion for those who identify with the needs of their respective minority groups and/or minority health concerns. They provide space to promote the research and work of their members. They provide space for members to connect within a larger group.

Aligned with the conference theme of situating cognitive behavioral practice and science in the context of social justice and ABCT's recent Equity, Inclusion, and Access report, the current leaders of the six SIGs will come together from their separate spaces to have an open conversation about 1) noticeable and persistent gaps in diversity, equity, and inclusion; 2) solutions to bridge these gaps; and 3) increasing inclusion within ABCT. The SIG leaders represent the collective voice of their members and aim to have their perspectives heard. In this panel, the SIG leaders will discuss the unique and shared concerns of their members and will tackle tough questions related to intersectionality and identity, allyship, marginalization and burnout, and diversity representation as well as their experiences of racism, heterosexism, and transphobia within ABCT. They will also share past and current efforts to raise awareness of diversity issues and advocate for the needs of their members and represented groups. Throughout the session, the panelists will focus on operationalizing issues raised and specifying clear, concrete steps and solutions for the problems identified. Audience members will be encouraged to ask questions and contribute to the discussion.

#### **Special Session - Postdoctural Meet and Greet**

Please see description under "Postdoctural Paths for Professional Development" at 2:15p.m.

3:15 p.m. - 4:45 p.m.

Earn 1.5 continuing education credits

#### Panel Discussion 20

#### Preparing Future Psychologists: Centering the Experience of Underrepresented Groups in Graduate and Undergraduate Clinical Training Opportunities

MODERATOR: CJ Fleming, Ph.D., Elon University PANELISTS: CJ Fleming, Ph.D., Elon University

Patti A. Timmons, Fritz, Ph.D., University of Windsor Tamara Del Vecchio, Ph.D., St. John's University

Shelby B. Scott, Ph.D., University of Texas at San Antonio Miguel T. Villodas, Ph.D., San Diego State University

Aleja Parsons, Ph.D., New York University

Primary Category: Culture / Ethnicity / Race

Key Words: Training / Training Directors, Underserved Populations, Supervision

In 2017, the APA published an updated set of multicultural guidelines to "reconsider diversity and multicultural practice within professional psychology at a different period in time." The need to reevaluate our practices and to increase training and expertise in diversity has never been higher as we have so clearly seen the critical role that both the science and practice of psychology have to play in advancing social justice. One major entry point for this work is through our training opportunities for undergraduate and graduate psychology students. This panel will address the purposeful inclusion of multicultural theories, cultural humility, and discussions of privilege, power, and intersectionality in clinical training opportunities. The panel is composed of diverse scholars in terms of racial and ethnic identity, gender, and sexual orientation.

CJ Fleming will moderate the panel and will speak on her experience supervising undergraduate internships in the mental health field, with a focus on access and curricular issues. Tamara Del Vecchio will speak from her experience as a department chair and former director of clinical training to discuss incorporating diversity issues throughout the graduate curriculum. Patti Timmons Fritz will discuss her experience supervising an undergraduate practicum that addresses the interplay between culture and well-being as students work with recent immigrants, youth with developmental disabilities, and marginalized youth. Aleja Parsons will speak from her experience teaching graduate level courses on power, privilege, and oppression and her work supporting African-American families,

as well as her experience as a past trainee in advocating for more inclusive training culture and supervision. Shelby Scott will address clinical and supervisory considerations for working with LGBTQ+ populations, addressing power dynamics between supervisors and trainees, and how to integrate multicultural theories into clinical work with underrepresented groups. Miguel Villodas will discuss his experience in developing practicum experiences for beginning graduate students that address multiculturalism and developing a sense of cultural humility rather than cultural competence.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 17

#### Spreading the Word: How Graduate Students Can Leverage Social Media for #scicomm and Professional Development

MODERATOR: Stephanie Y. Wells, Ph.D., Durham VA Health Care System

PANELISTS: Gabriella T. Ponzini, M.S., West Virginia University

Karen T. Tang, B.A., Dalhousie University Eve A. Rosenfeld, M.A., Stony Brook University

Renaissance School of Medicine Margaret Crane, M.A., Temple University Perri Tutelman, B.S., Dalhousie University

Perri Tutelman, B.S., Dalhousie University Kathryn A. Coniglio, M.S., Rutgers University

Primary Category: Workforce Development / Training / Supervision

Key Words: Career Development, Dissemination, Student Issues

Social media use has increased 10-fold in the last decade, and millions of lay and professional users attend to these platforms daily. With both colleagues and community members available at the click of a button, graduate students have a unique opportunity for social engagement, professional development, and information dissemination through social media platforms. This panel will feature a cohort of graduate students from across the United States and Canada to share their experiences, expertise, and discuss strategies for clinical trainees to effectively use social media. Panelists will specifically discuss how fellow graduate students can leverage social media to benefit their professional careers, connect with peers, and disseminate psychological science to the general public. Initial discussions will focus on the panelists' personal experiences with social media, including ways that panelists have used their social media presence to disseminate their research and connect with collaborators or other professionals. Next, panelists will make suggestions for curating a social media presence, effectively utilizing hashtags (#CBTWorks), following relevant accounts, and generating content that enhances science communication and stimulates evidence-based discussions about psychological science. Although this panel will focus on using Twitter, panelists also will review ways other social media platforms (e.g., Instagram, TikTok, Clubhouse, and Facebook) can be used for professional development and science communication. The panel will also discuss ethical considerations for clinical trainees, graduate student advocacy efforts outside of clinical psychology (e.g.,

#BLM, #GREExit), and the increased importance of social media during and after the COVID-19 pandemic.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 22

## Promoting Health and Wellness Among Psychology Graduate Students: Considerations and Paths Forward

Moderator: Natalie Hong, M.S., Florida International University

PANELISTS: Mary Fernandes, M.A., Georgia State University

Molly Bowdring, B.S., M.S., University of Pittsburgh and

VA Palo Alto Health Care System

Jacqueline O. Moses, M.S., University of California, San

Francisco

Nabil H. El-Ghoroury, Ph.D., California Association of

Marriage and Family Therapists

Primary Category: Workforce Development / Training / Supervision

Key Words: Professional Development, Education and Training, Professional Issues

Graduate students experience concerning levels of stress, anxiety, depression, sleep difficulties, and poor life satisfaction (El-Ghoroury et al., 2012; Evans et al., 2018; The Graduate Assembly, 2014; Levecque et al., 2017). Psychology graduate students are no exception, perhaps unsurprisingly given the multiple demanding professional roles they hold-e.g., researcher, teacher, student, clinician, professional service member. Moreover, these roles are often accompanied by evaluative stress, challenging advisor-advisee relations, financial hardship, and limited organizational value placed on self-care practices (Bamonti et al., 2014; Campoli & Cummings, 2019; Myers et al., 2012; Richardson et al., 2020; Rummell, 2015; Zahniser et al., 2017). These challenges are further exacerbated by the dual pandemics of COVID-19 and systemic racism (American Psychological Association, 2020; Chirikov et al., 2020; Clark & Hurd, 2020; Galán et al., 2020). If we expect psychology trainees to succeed professionally, it is imperative that their personal wellness is supported in myriad ways (e.g., individual interactions, program or departmental initiatives, federal advocacy). This panel includes a diverse group of individuals whose perspectives reflect both their lived experiences and professional efforts focused on psychology graduate student wellness. Specifically, the panel includes a past Executive Director of the American Psychological Association of Graduate Students (APAGS) and the current APAGS chair, as well as advanced clinical psychology doctoral students involved in a) founding a psychology department graduate student health and wellness committee, b) initiating and summarizing results from a survey of trainee wellness initiatives across Psychological Clinical Science Accreditation System (PCSAS) Programs, c) federal advocacy to strengthen support (e.g., financial relief) for psychology trainees during COVID-19, and d) developing calls to action addressing systemic racism in clinical science programs. This discussion will highlight lessons learned from past experiences, as well as recommended strategies for continued efforts to assess and address barriers to wellness among psychology trainees across various settings.

#### Panel Discussion 16

# Technology-based Interventions for Black, Indigenous, and People of Color (BIPOC): A Strategy to Reduce Disparities and Promote Mental Health Equity

MODERATOR: Giovanni Ramos, M.A., University of California Los Angeles

PANELISTS: Adrian Aguilera, Ph.D., UC Berkeley

Jonathan S. Comer, Ph.D., Florida International University Tatiana M. Davidson, Ph.D., Medical University of South

Carolina

Armando A. Pina, Ph.D., Arizona State University Jessica L. Schleider, Ph.D., Stony Brook University Stephen M. Schueller, Ph.D., University of California,

Irvine

Primary Category: Technology

Key Words: Technology / Mobile Health, Underserved Populations, Culture

In the United States, Black, Indigenous, and people of color (BIPOC) present with similar, and in some instances, higher prevalence rates of mental health disorders than their non-Latinx White (NLW) counterparts (Vilsaint et al., 2019). Nevertheless, compared to NLWs, BIPOC are less likely to seek or receive care even after accounting for socioeconomic status and disorder severity (Cook, McGuire, & Miranda, 2007; Dobalian & Rivers, 2008). Although no single approach will address all disparities in care, the use of technology to provide mental health interventions represents a paradigmatic shift in service delivery that could reduce unmet mental health need (Ramos & Chavira, 2019; Schueller, Hunter, Figueroa, & Aguilera, 2019). The feasibility of employing technology to disseminate psychological services is supported by the widespread ownership of technological devices and use of the internet in BIPOC households (Pew Research Center, 2018; U.S. Census Bureau, 2018). To date, there is a significant lack of BIPOC representation in research examining the efficacy of technology-based interventions (Ramos & Chavira, 2019).

Aligned with this year's theme of promoting CBT in the context of public health and social justice, this panel seeks to 1) review the current evidence supporting the feasibility and effectiveness of technology-based approaches with BIPOC samples; 2) share implementation experiences in BIPOC communities, including commonly encountered barriers and strategies to overcome them; and 3) discuss the need (or lack thereof) to culturally adapt technology-based interventions for BIPOC. Discussants bring extensive expertise in the use of a wide range of technological supports and treatments with BIPOC, such as text-based CBT interventions (Aguilera), parent training via videoconference (Comer), web-based interventions for PTSD and depression (Davidson), adaptive digital exposure-based interventions for anxiety (Piña), single-session interventions via virtual reality and online platforms (Schleider), as well as design, evaluation, and implementation of app-based in-

terventions (Schueller). Panelists will also provide actionable strategies to promote the use and sustainability of these approaches in everyday clinicians' work

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 19

# Parent Training for Children with Autism and Disruptive Behavior: Adaptations and Innovations to Enhance Dissemination, Training, and Access to Care

Moderator: Elisabeth H. Sheridan, Ph.D., Drexel University/A.J. Drexel Autism Institute

PANELISTS: Andrea T. Wieckowski, Ph.D., A.J. Drexel Autism Institute

Stewart Pisecco, Ph.D., Attend Behavior, Inc.

Eric M. Butter, Ph.D., Nationwide Children's Hospital;

The Ohio State University College of Medicine Cy Nadler, Ph.D., Children's Mercy Kansas City Teresa Burrell, Ph.D., Emory University School of

Medicine

Karen Elizabeth. Bearss, Ph.D., University of Washington,

Seattle

Primary Category: Autism Spectrum and Developmental Disorders

Key Words: Parent Training, Autism Spectrum Disorders, Externalizing

Serving the growing number of children diagnosed with Autism Spectrum Disorder (ASD) is a rising challenge for community-based behavioral health providers. One scalable approach to addressing this need is through community implementation of parent training (PT) programs, which are empirically supported, time-limited, and cost-effective. Manualized interventions can provide a structured approach for community clinicians who have less training in treating children with ASD. The RUBI PT program (Bearss et al., 2015) is a manualized PT program for children with ASD and disruptive behavior that can increase access to care through community implementation. The goal of this panel is to review principles of PT for children with ASD and disruptive behavior and to discuss novel approaches to dissemination and training. Specifically, the panelists will review methods to increase access to high quality care by building capacity to deliver parent training, including expanding intervention modalities (telehealth, group formats) and service access points (schools, digital health technologies) that effectively extend reach to providers. In addition, panelists will discuss systems that improve dissemination efforts, such as the use of Project ECHO (Extension for Community Healthcare Outcomes) to facilitate training of interdisciplinary behavioral health providers to improve clinicians' comfort and knowledge. Through this panel discussion, we hope to highlight how PT can address the unmet needs in the community and advance dissemination in order to increase access to care for individuals with ASD and their families.

#### Mini Workshop 6

#### Deliberate Practice for Cognitive-behavioral Therapy: Training Methods to Enhance Acquisition of CBT Skills

James F. Boswell, Ph.D., University at Albany, State University of New York Tony Rousmaniere, Psy.D., University of Washington, Seattle

> Basic level of familiarity with the material Primary Category: Workforce Development / Training / Supervision Key Words: Education and Training, Supervision

Psychotherapists credit effective supervision as the single most important contributor to their professional development (Orlinsky & Rønnestad, 2005), and experienced therapists continue to seek supervision and consultation even when they are no longer required to do so (Lichtenberg, et al., 2014). However, as currently practiced, effective supervision is not necessarily common. For example, supervisees report that a large proportion of their supervisors are ineffective and occasionally harmful (Ellis et al., 2014), and the success of supervision, as evidenced by improved client outcomes, is yet to be convincingly established (Watkins, 2011). In fact, Rousmaniere et al. (2016) found that supervision accounted for less than 1% of the variance in treatment outcomes in one large clinic. Addressing this gap, this workshop aims to improve the effectiveness of CBT supervision and clinical training via a model for using deliberate practice to enhance trainee's acquisition of core CBT skills. Deliberate practice proffers that the quality of practice is just as important as the quantity-expert-level performance is primarily the result of expert-level practice. Backed by decades of research on a wide range of other professions—from sports to math, medicine, and the arts-deliberate practice may help CBT clinicians achieve higher levels of skill mastery. More specifically, deliberate practice is a highly structured, intentional activity with the specific goal of improving performance through behavioral rehearsal and graded stimuli, combined with immediate feedback (e.g., Rousmaniere, 2016, 2018). As noted, the present workshop centers on deliberate practice exercises to enhance development of CBT skills. These exercises address the two major domains of psychotherapy skills: interpersonal (with the client) and intrapersonal (within the therapist). The exercises are appropriate for supervision, graduate coursework, and career-long professional development. The model is intended to be used throughout psychologists' career-span, from beginning trainee to experienced clinicians (Goodyear & Rousmaniere, 2017).

#### You will learn:

- Describe the research support for, and basic principles of, implementing deliberate practice in CBT.
- Apply deliberate practice principles in the CBT training and supervision process.

Demonstrate flexible application of CBT-focused deliberate practice that meets the needs of the individual trainee.

Recommended Readings: Rousmaniere, T.G. (2019). Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook. Seattle, WA: Gold Lantern Press.Rousmaniere, T.G. (2016). Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness. New York, NY: Routledge Press (Taylor & Francis). Tolin, D.F. (2016). Doing CBT: A comprehensive guide to working with behaviors, thoughts, and emotions. New York: Guilford Press.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

Mini Workshop 5

#### Culturally Responsive CBT for Later-life Depression

Ann M. Steffen, ABPP, Ph.D., University of Missouri-St. Louis

Moderate level of familiarity with the material Primary Category: Adult Depression

Key Words: Underserved Populations, Aging, Depression, Cognitive Therapy, Behavioral Activation

Depression is the second leading cause of disability in the US. Specific subgroups of middle-aged and older adults are at risk but underserved due to the national workforce shortage of behavioral health providers trained in aging. Middle-aged and older adults are also impacted by a number of family stressors that increase risk for depression, including being primary caretakers for a spouse, grandchildren or disabled adult children. This workshop trains clinicians to identify and respond to age-related challenges in depression assessment and intervention, using culturally responsive cognitive behavioral strategies of change. This approach includes common modifications to CBT that have been demonstrated to be effective with culturally diverse middle-aged and older adults. Further, training will address ways to use printed aids provided at the workshop to help with communication, structuring sessions and maintaining focus - all critical to effective and professionally rewarding treatment with this complex population.

#### Outline:

- Features of Later-Life Depression across diverse populations
- Culturally responsive modifications of CBT for later-life depression
- Professional Development Resources
- Q&A

You will learn:

- Demonstrate an understanding of the attitude, knowledge and skill competencies for evidence-based assessment of depression in older adults.
- Identify key considerations in the application of culturally-responsive CBT for later-life depression.
- Describe the Fiske et al (2009) behavioral model for the treatment of depression in later life.
- Explain the relevance of behavioral activation as a culturally-responsive change strategy.
- Describe and implement at least one evidence-based modification of behavioral activation with middle-aged and older adults.

Recommended Readings: Bilbrey, A. C., Laidlaw, K., Cassidy-Eagle, E., Thompson, L. W., & Gallagher-Thompson, D. (2020). Cognitive Behavioral Therapy for Late-Life Depression: Evidence, Issues, and Recommendations. Cognitive and Behavioral Practice, https://doi.org/10.1016/j.cbpra.2020.03.003. Haigh, E. A., Bogucki, O. E., Sigmon, S. T., & Blazer, D. G. (2018). Depression among older adults: a 20-year update on five common myths and misconceptions. The American Journal of Geriatric Psychiatry, 26(1), 107-122. Moye, J. et al. (2019). Workforce analysis of psychological practice with older adults: Growing crisis requires urgent action. Training and Education in Professional Psychology, 13(1), pp. 46–55. doi: 10.1037/tep0000206.

#### Symposium 71

# Drivers of Substance Use Among Populations of Sexual Minority Men and Women: Social Determinants of Substance Use Disparities and Indications for Culturally Informed Practice

CHAIRS: Graham W. Berlin, B.A., Ryerson University

Trevor A A. Hart, Ph.D., CPsych, Ryerson University

DISCUSSANT: David Pantalone, Ph.D., University of Massachusetts Boston

All level of familiarity with the material Primary Category: LGBQT+

Key Words: LGBTQ+, Substance Abuse, Stigma

## The Association Between Bi+ Stigma and Problematic Cannabis Use: Testing Coping Motives as an Underlying Mechanism

Christina Dyar, Ph.D., Ohio State University Brian Feinstein, Ph.D., Rosalind Franklin University of Medicine and Science

Michael E. Newcomb, Ph.D., Northwestern University Sarah W. Whitton, Ph.D., University of Cincinnati

Gender Presentation Disparities in Alcohol and Other Substance Use Severity Among Sexual Minority Women

Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

Exploring the Intimacy and Relationship Benefits of Substance Use in the Context of Sexual Activity Among Men Who Have Sex with Men and Are Living with HIV: A Qualitative Analysis

Amelia M. Stanton, Ph.D., Massachusetts General Hospital/Harvard Medical School Megan R. Wirtz, B.A., Massachusetts General Hospital

Conall O'Cleirigh, Ph.D., Harvard Medical School

Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

### Examining Social and Psychological Pathways to Methamphetamine Use in a Large Multi-site Sample of Sexual Minority Men

Graham W. Berlin, B.A., Ryerson University

Syed noor, Ph.D., Louisiana State University Shreveport

Shayna Skakoon-Sparling, Ph.D., Ryerson University

Kiffer Card, University of Victoria

Nathan Lachowsky, Ph.D., University of Victoria

Joseph Cox, M.D., McGill University

David Moore, MDCM, MHSc, University of British Columbia and Centre for Excellence in HIV/AIDS

Gilles Lambert, M.D., Direction Regionale de Sante Publique

Jordan Sang, Ph.D., British Columbia Centre for Excellence in HIV/AIDS

Mark Gaspar, Ph.D., University of Toronto

Jody Jollimore, MPP, Community Based Research Centre for gay men's health

Daniel Grace, Ph.D., University of Toronto

Trevor A A. Hart, Ph.D., CPsych, Ryerson University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 70

## Doing What Works: Predictors, Correlates, and Outcomes of Skills Use Across Transdiagnostic Cbts

CHAIR: Matthew W. Southward, Ph.D., University of Kentucky

DISCUSSANT: Shireen L. Rizvi, ABPP, Ph.D., Rutgers, State University of New

Jersey

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Change Process / Mechanisms, Transdiagnostic, CBT

## Homework Completion in Behavioral Activation and MBCT Treatments for Transdiagnostic Anhedonia

Moria J. Smoski, Ph.D., Duke University

Paul Cernasov, M.A., University of North Carolina at Chapel Hill

Erin Walsh, Ph.D., University of North Carolina at Chapel Hill

Gabriel Dichter, Ph,D,, University of North Carolina at Chapel Hill

## Mechanisms of Change in Dialectical Behavior Therapy: An Examination of Mindfulness and Emotion Regulation

Philippa Hood, M.A., Simon Fraser University Alexander Chapman, Ph.D., Simon Fraser University Michael Maraun, Ph.D., Simon Fraser University Shelley McMain, Ph.D., CAMH Janice Kuo, Ph.D., Palo Alto University

## Cognitive Reappraisal and Emotional Suppression as Mechanisms of Change in Guided Self-help Cognitive-behavioral Therapy (CBT)

Jacqueline Howard, B.A., Indiana University Bloomington Robinson De Jesús-Romero, M.S., Indiana University Allison Peipert, B.S., Indiana University John F. Buss, B.S., Indiana University Lorenzo Lorenzo-Luaces, Ph.D., Indiana University

## Within-person Skillfulness, Not Alliance, Predicts Session-to-session Changes in Anxiety and Depression in the Unified Protocol

Matthew W. Southward, Ph.D., University of Kentucky Anna Garlock, B.A., University of Kentucky Shannon Sauer-Zavala, Ph.D., University of Kentucky

#### Symposium 75

## Mind-body-behavior: Cognitive-behavioral and Related Processes at the Intersection of Medical and Mental Health

CHAIR: Shannon M. Blakey, Ph.D., Durham VA Health Care System/

VA Mid-Atlantic MIRECC

DISCUSSANT: Alicia E. Meuret, Ph.D., Southern Methodist University

Moderate level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Integrated Care, Transdiagnostic, Risk / Vulnerability Factors

## Experiential Avoidance Is Associated with Medical and Mental Health Outcomes in a National Sample of Deployed Gulf War Veterans

Shannon M. Blakey, Ph.D., Durham VA Health Care System/VA Mid-Atlantic MIRECC

Tate Halverson, Ph.D., Durham VA Health Care System

Mariah K. Evans, B.A., Duke University Medical Center

Tapan Patel, M.S., CRC, LCMHCA, Durham VA Health Care System

Lauren Hair, MS, LCMHC, Durham VA Health Care System

Jean Beckham, Ph.D., Durham VA Health Care System

Patrick Calhoun, Ph.D., VA Mid-Atlantic Mental Illness Research, Education and Clinical Center

Nathan Kimbrel, Ph.D., Duke University Department of Psychiatry and Behavioral Sciences

### Understanding the Impact of Chronic Pain: the Role of Behavioral Activation and Inhibition

Aaron Turner, ABPP, Ph.D., University of Washington, Seattle

Mark Jensen, Ph.D., University of Washington

Rhonda Williams, Ph.D., VA Puget Sound Health Care System

Melissa Day, Ph.D., University of Queensland

## Testing Alcohol-specific Reward as a Mediator of a Behavioral Activation Intervention to Reduce Problematic Substance Use in People Living with HIV in South Africa

Jennifer M. Belus, Ph.D., Swiss Tropical and Public Health Institute Hongjie Ke, MSc, University of Maryland
Tianzhou (Charles) Ma, Ph.D., University of Maryland
Alexandra Rose, M.S., University of Maryland-College Park
Kristen Regenauer, B.A., University of Maryland
Lena S. Andersen, Ph.D., University of Copenhagen
John Joska, MBChB, FC, MMed, Ph.D., University of Cape Town
Steven A. Safren, Ph.D., ABPP, University of Miami
Bronwyn Myers, PhD, South African Medical Research Council
Jessica F. Magidson, Ph.D., University of Maryland-College Park

#### Feasibility and Refinement of Interoceptive Exposure Practice in Older Adults Attending Cardiac Rehabilitation

Samantha G. Farris, Ph.D., Rutgers, State University of New Jersey Mindy Kibbey, M.S., Rutgers, State University of New Jersey

#### Symposium 76

## Increasing Access and Equity Through Innovation: Preliminary Groundwork from the Weissman Children's Foundation Equity and Effectiveness Scientific Council

CHAIR: Adam S. Weissman, Ph.D., The Child & Family Institute and

Weissman Children's Foundation

DISCUSSANT: Brian C. Chu, Ph.D., Rutgers University

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: CBT, Health Care System, Underserved Populations

### Creating Innovative Pathways to Effective, Equitable Mental Healthcare for all: introducing the Weissman Children's Foundation

- Adam S. Weissman, Ph.D., The Child & Family Institute and Weissman Children's Foundation
- J. Ryan Fuller, Ph.D., My Best Practice
- Sara Schreiber, LCSW, The Child & Family Institute and Weissman Children's Foundation
- Michele Barton, Ph.D., The Child & Family Institute and Weissman Children's Foundation
- Lexi Wernick, LCSW, The Child & Family Institute and Weissman Children's Foundation
- Christina Athineos, Ph.D., The Child & Family Institute and Weissman Children's Foundation
- Emily Becker-Weidman, Ph.D., The Child & Family Institute and Weissman Children's Foundation
- Dominique Pagano, LCSW, The Child & Family Institute and Weissman Children's Foundation
- Emma Romey, LMSW, The Child & Family Institute and Weissman Children's Foundation
- Kendra Plummer, B.S, The Child & Family Institute and Weissman Children's Foundation
- Lauren Ciubotaru, B.A, The Child & Family Institute and Weissman Children's Foundation
- Emily Johnson, B.A, The Child & Family Institute and Weissman Children's Foundation
- Jessica Schwartz, M.A, The Child & Family Institute and Weissman Children's

Foundation

Laura Grashow, Psy.D, The Child & Family Institute and Weissman Children's Foundation

Melissa Braunstein, Psy.D, The Child & Family Institute and Weissman Children's Foundation

Preeti Saigal, Ph.D., The Child & Family Institute and Weissman Children's Foundation

Kristi Hoffmann, Psy.D, The Child & Family Institute and Weissman Children's Foundation

Rachel Middendorf, M.A, The Child & Family Institute and Weissman Children's Foundation

Sarina Hilowitz, The Child & Family Institute and Weissman Children's Foundation Daniella Abekassis, The Child & Family Institute and Weissman Children's Foundation

Daphna Ziffer, The Child & Family Institute and Weissman Children's Foundation William Chaplin, Ph.D., St. Johns

#### The Cooperation Chart

Cheryl B. McNeil, Ph.D., West Virginia University

#### One Session Treatment for Specific Phobia

Thomas Ollendick, Ph.D., Virginia Polytechnic Institute and State University

#### Five-day Group Intensive Treatment for Anxiety and OCD

Stephen Whiteside, ABPP, Ph.D., Mayo Clinic

#### Assessment and Treatment Protocol for Childhood Misophonia

Dean McKay, ABPP, Ph.D., Fordham University

#### **Clinical Round Table 9**

#### Is It Working? Routine Outcome Monitoring in Practice, Supervision and Training

MODERATOR: Julie L. Ryan, Ph.D., William James College, Boston Child Study Center

PANELISTS: Julie L. Ryan, Ph.D., William James College, Boston Child

Study Center

Ilana Luft-Barrett, Ph.D., Saint Louis Children's Hospital,

Washington University School of Medicine

Jennifer Malatras, Ph.D., University at Albany, State

University of New York

Lyndsey Moran, Ph.D., Boston Child Study Center

Primary Category: Treatment - CBT

Key Words: Evidence-Based Practice, Assessment, Clinical Decision Making

One of the critical ways CBT can be differentiated from other mental health practices and theoretical orientations is the use of evidence-based assessment and routine outcome monitoring (ROM). Evidence-based interventions are established for a wide range of psychological problems, however not all patients respond to treatment equally. In clinical practice, ROM helps address the question, "Do we have evidence that our evidence-based intervention is working for this patient at this time?"

Promoting ROM as a CBT priority in the training of future researchers and practitioners is critical to dissemination and application of evidence-based practice. Research shows ROM decreases risk of patient deterioration and enhances treatment effect sizes. In line with this year's conference theme this clinical round table aims to promote ROM implementation in different settings and reduce barriers to ROM utilization. The presenters are involved in direct patient care and training at Boston Child Study Center, St. Louis Children's Hospital, University at Albany, SUNY, and William James College. Discussion will include how ROM is being used in practice settings, including inpatient and outpatient pediatric psychology, large outpatient group practice and clinical training settings. Presenters will also share approaches to assessment (e.g., medical indicators as ROM for treatment adherence), implications of ROM for CBT with historically marginalized populations, use of technology in ROM administration, and data related to ROM implementation. This round table offers a unique opportunity to share challenges faced in ROM implementation and suggestions for overcoming barriers to successful implementation, benefitting clinicians looking to increase ROM adherence, as well as clinical training faculty and supervisors.

Mini Workshop 7

## **Evidence-based Strategies to Increase Substance Use Treatment Engagement with Limited Resources**

Adam Rubenis, Psy.D., Turning Point, Eastern Health, Victoria, Australia Shalini Arunogiri, M.D., Ph.D., Turning Point; Monash University Jennifer A. Nation, Psy.D., LaTrobe University Elizabeth Katz, Ph.D., Towson University

Basic level of familiarity with the material Primary Category: Addictive Behaviors

Key Words: Addictive Behaviors, Treatment, Early Intervention

A range of psychosocial interventions are highly effective for treating substance use disorders. However, therapeutic outcomes are often compromised by clients terminating treatment early. Despite the importance of keeping clients in treatment, there is a lack of literature specifically addressing the available evidence-based approaches to treatment retention. There is evidence that Contingency Management (CM) and Motivational Interviewing (MI) improve retention. However, the cost of CM and extensive training and fidelity monitoring required for MI reduces the feasibility of widespread implementation of these interventions. Low cost interventions requiring minimal training represent an opportunity to improve retention with negligible clinician and organizational burden. As such, this workshop will cover a toolbox of simple, time-efficient, inexpensive and evidence-based approaches to treatment engagement and retention that can feasibly be implemented in a busy community treatment program. The workshop will begin with a brief overview of the evidence-base supporting brief, early engagement and retention strategies, primarily focused on pre-treatment strategies (e.g., Role Induction); strategies designed to enhance ease of access to services; between-session prompts and reminders (e.g., SMS text messages); and combined approaches. Attendees will then be trained in the use of a checklist developed by the authors and co-designed with clinicians. This checklist includes specific strategies that have the most empirical support, integrating findings from the addiction literature and the 'common factors' model of psychotherapy engagement/ outcomes. A strength of this checklist is that it includes a menu of strategies that can be used to enhance treatment retention and engagement while allowing for flexibility in how and when those strategies are implemented. In addition, clinician input into the development of the checklist was sought to ensure its feasibility for use by busy clinicians in community-based treatment clinics. By the end of the workshop, attendees will have begun to develop ideas about how they might integrate the checklist into their own practices.

#### You will learn:

- At the end of the session, the learner will be able to describe the evidence base for an array of early engagement and retention strategies.
- List the specific early engagement and retention strategies that have empirical support.
- Apply specific strategies for enhancing retention and engagement through the use of an early engagement/retention strategy checklist.
- Describe how they can make use of the checklist in their own practice.

Recommended Readings: Katz EC, Brown BS, Schwartz R, Weintraub E, Barksdale W, & Robinson R (2004). Role induction: A strategy for improving retention in outpatient drug-free treatment. Journal of Consulting and Clinical Psychology, 72, 227-234. Milward, J., Lynskey, M., & Strang, J. (2014). Solving the problem of non-attendance in substance abuse services. Drug and Alcohol Review, 33(6), 625–636. Wampold, B. E. (2015). How important are the common factors in psychotherapy? An update. World Psychiatry, 14(3), 270–277.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Mini Workshop 8

#### A Transdiagnostic Approach to Caregiver Intervention Using the Unified Protocols for Children and Adolescents

Sarah M. Kennedy, Ph.D., University of Colorado School of Medicine Jill Ehrenreich-May, Ph.D., University of Miami

Basic to Moderate level of familiarity with the material

Key Words: Parenting, Child, Transdiagnostic

Primary Category: Transdiagnostic

In contrast to treatments for externalizing concerns, treatments for youth anxiety and depression have traditionally focused on youth-directed interventions, with caregivers playing more of a supportive role in treatment. However, newer approaches have increasingly recognized the importance and impact of intervening with caregivers more directly, in tandem with or even in lieu of intervening with youth (e.g., Lebowitz et al., 2020). Transdiagnostic interventions, such as the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A; Ehrenreich-May et al., 2018), address core dysfunctions maintaining emotional disorders in youth through a unified treatment approach. These core dysfunctions include a set of "emotional caregiver behaviors," or transdiagnostic, caregiver-level risk and maintaining factors such as

criticism, inconsistency, overprotection/accommodation, and modeling of maladaptive emotional behaviors. The UP-C and UP-A include interventions that teach caregivers to recognize, monitor, and replace these less helpful behaviors with "opposite caregiver behaviors," framed as opposite actions to emotional caregiver behaviors. In this workshop, we will introduce participants to the transdiagnostic approach to addressing emotional caregiver behaviors in the UP-C and UP-A. After discussing the rationale for a transdiagnostic approach to intervention for caregivers of youth with emotional disorders, presenters will review each of the four emotional caregiver behaviors and their opposite caregiver behaviors, as well as differences in intervention delivery for children versus adolescents. We will provide an overview of how these caregiver-directed interventions can be adapted to address the role of parenting in maintaining different diagnoses or symptom clusters (e.g., anxiety, depression, irritability) and diverse populations of youth, and we will discuss their use as both a stand-alone intervention and as an adjunctive intervention to youth-focused treatment. The workshop will include video demonstration, live role-play and will briefly review evidence supporting the impact of UP-C and UP-A caregiver interventions on child- and parent-level outcomes.

#### You will learn:

- Describe the rationale and evidence for a transdiagnostic approach to intervening with caregivers of youth with emotional disorders.
- Explain the four emotional caregiver behaviors targeted in the UP-C and UP-A and describe intervention strategies that encourage caregivers to "act opposite" to these emotional caregiver behaviors.
- Apply UP-C and UP-A caregiver-directed interventions to caregivers of youth with differing emotional disorder presentations, as well as diverse populations, and as stand-alone and adjunctive interventions.

Recommended Readings: Ehrenreich-May, J., Kennedy, S. M., Sherman, J. A., Bilek, E. L., Buzzella, B., Bennett, S., & Barlow, D. H. (2018). Unified protocols for transdiagnostic treatment of emotional disorders in children and adolescents: Therapist guide. New York: Oxford University Press.Marchette, L. K., & Weisz, J. R. (2017). Practitioner Review: Empirical evolution of youth psychotherapy toward transdiagnostic approaches. Journal of Child Psychology and Psychiatry, 58(9), 970-984.Lebowitz, E. R., Marin, C., Martino, A., Shimshoni, Y., & Silverman, W. K. (2020). Parent-based treatment as efficacious as cognitive-behavioral therapy for childhood anxiety: A randomized noninferiority study of supportive parenting for anxious childhood emotions. Journal of the American Academy of Child & Adolescent Psychiatry, 59(3), 362-372.

### Symposium 73

### Psychopathology in College Students: Implications for Research, Theory, and Public Health Policies

Kiara R. Timbano, Ph.D., University of Miami CHAIRS:

Amitai Abramovitch, Ph.D., Texas State University

DISCUSSANT: Richard J. McNally, Ph.D., Harvard University

Moderate to Advanced level of familiarity with the material Primary Category: Student Issues Key Words: College Students, Student Issues, Public Health

### Comparison of Student and Treatment-seeking GAD Populations: Similarities and Differences in Pathological Worry and Comorbidities

Hanjoo Kim, Ph.D., Michigan Medicine Ki Eun Shin, Ph.D., Teachers College, Columbia University

Nur Hani Zainal, M.S., The Pennsylvania State University

Michelle G. Newman, Ph.D., The Pennsylvania State University

#### An Examination of Dimensions of Perfectionism and Psychopathology in College Students

Anthony Robinson, M.A., Louisiana State University

Sara Stasik-O'Brien, Ph.D., Knox College

Matthew Calamia, Ph.D., Louisiana State University

### Is Hoarding Disorder a Unique Late-life Psychiatric Condition? Investigation of Saving and Acquiring Symptoms in Young Adults Compared to Older Adults Kiara R. Timpano, Ph.D., University of Miami

### OCD Is OCD: Examining the Clinical Profile of OCD in College Students

Amitai Abramovitch, Ph.D., Texas State University Matthew Buckely, B.A., Texas State University

Anthony Robinson, M.A., Louisiana State University

laura de Putter, Ph.D., Ghent University

### Symposium 72

## Utilizing Stakeholder Input to Improve Quality of and Access to Evidence-based Practices

CHAIRS: Amber Calloway, Ph.D., Center for Anxiety and Behavior

Therapy

Amanda Sanchez, Ph.D., University of Pennsylvania

School of Medicine

DISCUSSANT: Torrey A. Creed, Ph.D., University of Pennsylvania

Moderate to Advanced level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Implementation, Stakeholder Relevant, Technology / Mobile Health

### What Really Matters in Community Mental Health Implementation? Insight and Recommendations from Clients, Providers, and Intermediaries

Amber Calloway, Ph.D., Center for Anxiety and Behavior Therapy

Amber Calloway, Ph.D., Center for Anxiety and Behavior Therapy

Vanesa Mora Ringle, Ph.D., The Penn Collaborative for CBT and Implementation Science, University of Pennsylvania

Arielle Walzer, Psy.D., The Penn Collaborative for CBT and Implementation Science, University of Pennsylvania

Danielle Reich, MA, The Penn Collaborative for CBT and Implementation Science, University of Pennsylvania

Rebecca Oziel, B.S., The Penn Collaborative for CBT and Implementation Science, University of Pennsylvania

Torrey A. Creed, Ph.D., University of Pennsylvania

### Community Clinician Attitudes Toward and Experiences with Delivering TF-CBT to Low-income Youth of Color

Amanda Sanchez, Ph.D., University of Pennsylvania School of Medicine

Simone Schriger, M.A., University of Pennsylvania

Christina Kang-Yi, Ph.D., University of Pennsylvania, Perelman School of Medicine

Sara Fernandez-Marcote, LPC, Community behavioral Health

Natalie Dallard, M.A., Community Behavioral Health

Bryanna Jones, B.A., Community Behavioral Health

Rinad Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine

### Community Mental Health Clinicians' Perspectives on Telehealth During the COVID-19 Pandemic

Simone Schriger, M.A., University of Pennsylvania

Melanie Klein, Ph.D., University of Pennsylvania Perelman School of Medicine

Briana S. Last, M.A., University of Pennsylvania

Sara Fernandez-Marcote, LPC, Community behavioral Health

Natalie Dallard, M.A., Community Behavioral Health

Bryanna Jones, B.A., Community Behavioral Health

Rinad Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine

### Community Clinician Adaptations to Parent-child Interaction Therapy During the Rapid Transition to Telehealth

Erika Luis Sanchez, M.A., University of California Santa Barbara

Frederique Corcoran, B.A., University of California Santa Barbara

Medini Rastogi, B.A., University of California Santa Barbara

Madeleine Tremblay, High School Diploma, University of California Santa Barbara

Miya Barnett, Ph.D., University of California Santa Barbara

### Acceptability and Feasibility of Using an Online Digital Health Agent to Deliver MI to Treat Alcohol Abuse: Consumer Perspectives

Maya M. Boustani, Ph.D., Loma Linda University

#### Panel Discussion 23

### Prioritizing Underserved and Marginalized Communities in the Design of Digital Mental Health Interventions

MODERATOR: Ashley A. Knapp, M.A., Ph.D., Northwestern University

Feinberg School of Medicine

PANELISTS: Heather Davis, Ph.D., University of Chicago Medicine

Jennifer Duffecy, Ph.D., University of Illinois - Chicago Ashley A. Knapp, M.A., Ph.D., Northwestern University

Feinberg School of Medicine

Emily G. Lattie, Ph.D., Northwestern University

Terika McCall, M.P.H., Ph.D., Yale University School of

Medicine

Kofoworola Williams, M.P.H., Ph.D., Northeastern

University

Primary Category: Technology

Key Words: Technology / Mobile Health, Vulnerable Populations, Underserved Populations

There is incredible public health potential for developing digital mental health (MH) tools. Such tools can be easily integrated into people's lives, emphasizing its potential to extend reach, maximize impact, and overcome health inequities. However, underserved and marginalized populations are not well represented in the digital MH research to date, and thus, many digital MH tools have not been designed to meet the needs of individuals who could benefit most from increased access to MH care. Additionally, underserved and marginalized populations experience unique barriers to accessing and benefitting from digital MH tools, ranging from inconsistent access to internet to limited health and technological literacy. It is clear that the potential of digital MH tools and services has not yet been fully realized. To increase access and equity, it is critical that we partner with underserved communities to understand what access barriers exist, work with those communities to overcome these barriers and co-create digital MH tools that meet their needs.

Panelists will discuss subpopulations in the US who face access barriers from a social demographic lens as well as from an individual lens. Panelists will also discuss ways in which they partner with communities in the design and evaluation of digital MH tools. Work on centering and elevating the voices of young Black men, Black women, older adults with comorbid mental and physical health conditions, and medical students in designing digital MH tools will be presented. We will explore vulnerable populations, including people experiencing food insecurity, and discuss how researchers can engage with them to identify appropriate methods for their needs. Panelists will bring in their perspectives from partnering with organizations who serve vulnerable populations (e.g. local jails and public libraries' teen services) and support underserved communities (e.g., organization that focuses on uplifting Black women) to design and evaluate digital MH tools tailored to meet the needs of these communities.

#### Panel Discussion 24

# Promoting Cognitive-behavioral Therapy (CBT) Principles and Interdisciplinary Collaboration Through Multidisciplinary Learning & Supervisory Experiences

MODERATOR: Kristin S. Vickers, ABPP, Ph.D., Mayo Clinic

PANELISTS: Elle Brennan, Ph.D., Mayo Clinic

Olivia E. Bogucki, Ph.D., Mayo Clinic Jarrod M. Leffler, ABPP, Ph.D., Mayo Clinic Craig N. Sawchuk, ABPP, Ph.D., Mayo Clinic Eleshia J. Morrison, ABPP, Ph.D., Mayo Clinic

Primary Category: Workforce Development / Training / Supervision

Key Words: Education and Training, Supervision, CBT

Clinical psychologists in academic medical settings are increasingly involved in training as interdisciplinary collaboration between medical and behavioral health disciplines has become the norm. Attention to the benefits of multidisciplinary learning has burgeoned, particularly in the context of promoting patient care through cognitive-behavioral interventions. Accordingly, this panel aims to describe and discuss advances in psychology-driven programmatic approaches to multidisciplinary CBT learning within a large academic medical center that: 1) incorporate psychologist-driven educational programs into the required coursework for medical students and psychiatric residents (e.g., didactics, role play); 2) integrate psychology and psychiatry postdoctoral fellows in collaborative learning efforts (e.g., case discussion, team huddles); and 3) facilitate supervision and teaching for psychology fellows working with psychiatry residents and fellows (e.g., co-therapy, umbrella supervision). These efforts serve dual functions of promoting CBT practices and perspectives in emerging medical professionals and facilitating structured training opportunities to encourage the professional development of psychology fellows' competencies in pedagogic and supervisory skills. Panelists were selected based on their expertise in programmatic development and implementation. Procedures and data from several programs that align within the aforementioned approaches will be discussed, including a simulation education Cross-Cultural Communication workshop to practice cultural humility skills in the delivery of patient care for psychiatry/psychology trainees; an Integrated Case Presentation Seminar where psychiatry/psychology trainees present and discuss challenging clinical cases; a simulation education Pain & Opioid Workshop for medical students to promote biopsychosocial pain assessment and treatment planning; and a monthly CBT Seminar presented to psychiatry residents which focuses on the theory, principles, and practice of CBT. The creation and expansion of a pilot "near peer" supervision program with psychology fellows providing umbrella supervision to psychiatry residents and fellows will also be detailed.

### Symposium 74

## Cultural Factors Affecting Individuals' Health Across the Illness Trajectory

CHAIR: Daisy Lopez, M.S., University of Miami

DISCUSSANT: Shirley M. Glynn, Ph.D., UCLA

Moderate level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: Psychosis / Psychotic Disorders, Culture, Hispanic American/Latinx

### The Relationship Between Cultural Integration and Suicidal Ideation Among Minorities with Schizophrenia

Daisy Lopez, M.S., University of Miami

### Determinants and Correlates of the Duration of Untreated Psychosis Among U.S. Latinxs

Maria M. Santos, Ph.D., California State University San Bernardino

Maya Kratzer, B.A., Boston University

Jacqueline Zavala, B.A., University of Southern California

Daisy Lopez, M.S., University of Miami

Jodie Ullman, Ph.D., California State University San Bernardino

Alex Kopelowicz, M.D., University of California, Los Angeles

steven Lopez, Ph.D., University of Southern California

### Demographic and Clinical Profiles of Individuals Admitted to an Inpatient Asian Psychiatry Program in New York City

Nadine A. Chang, Ph.D., Gracie Square Hospital

### The Role of Acculturation and Enculturation on Symptoms of Anxiety in Hispanic/latinx Individuals with Schizophrenia

Amy Weisman de Mamani, Ph.D., University of Miami

Daisy Lopez, M.S., University of Miami

### Using Multifamily Groups to Improve Family-centered Self-management of Type 2 Diabetes Among Mexican Americans

Alex Kopelowicz, M.D., University of California, Los Angeles

### **Special Interest Group Poster Exposition**

View nearly 300 posters in the gallery and listen to the individual recordings. Some posters have QR codes imbedded with more information. Each SIG selects poster presentations submitted by their members on their topic or population. SIG posters feature young researchers doing the most up-to-the-minute studies. Browse the virtual website for a complete listing of title and authors.

7:30 p.m. - 8:30 p.m.

### **Award Ceremony**

### Congratulations to the 2021 ABCT Award Recipients

#### Career/Lifetime Achievement

Patricia A. Resick, Ph.D., ABPP, Duke Medical

### **Outstanding Training Program**

Judith S. Beck, Ph.D., Beck Institute for Cognitive Behavior Therapy

### **Outstanding Contribution by an Individual for Research Activities**

Timothy A. Brown, Psy.D., Boston University

#### Francis Cecil Sumner Excellence Award

Isha Walwina Metzger, Ph.D., Georgia State University

### Anne Marie Albano Early Career Award for the Integration of Science and Practice

Christian A. Webb, Ph.D., Harvard Medical School

### The Michael J. Kozak Critical Inquiry and Analytical Thinking Award

Craig Rodriguez-Seijas, Ph.D., University of Michigan

### **Outstanding Service to ABCT**

Shannon M. Blakey, Ph.D., Durham VA Health Care System

### **Distinguished Friend to Behavior Therapy**

Bivian "Sonny" Lee III, Founder and Executive Director of Son of a Saint, New Orleans, LA

### Virginia A. Roswell Student Dissertation Award

Katherine Musacchio Schafer, M.Ed., M.S., Florida State University

### **Leonard Krasner Student Dissertation Award**

Chelsea F. Dale, M.S., Florida International University

#### 2021 Student Research Grant

Quyen A. Do, University of Texas at San Antonio

Honorable Mention: Kathryn Coniglio, M.S., Rutgers University

### 2021 President's New Researcher Award

Jonathan P. Stange, Ph.D., University of Southern California

#### **Student Travel Award**

Nur Hani Zainal, *The Pennsylvania State University* "A Randomized Controlled Trial of a 14-Day Mindfulness Ecological Momentary Intervention for Generalized Anxiety Disorder"

Cindy Chang, Psy.D., Rutgers University
Feeling Like Burden: Perceived Burdensomeness Mediates the
Associations Between Bisexual-Specific Minority Stressors and
Suicidal Ideation"

### **Elsie Ramos Award**

Rachel Butler, M.A., Temple University

"Imaginal Exposure for Disordered Eating Related Fears: A Pilot Randomized Controlled Trial"

Lily Assaad, M.S., Purdue University

"Disorders Relate Differently to Actors' and Partners' Romantic Relationship Satisfaction: A Meta-Analysis"

Nathan L. Hollinsaid, Harvard University

"Structural Transphobia and the Availability of Gender Affirmative Mental Health Providers"

### Champions

Maria Contreras, M.A., Training Coordinator, Los Angeles County, Department of Mental Health

Laura Danna, LCSW, Project Director, Project Fleur-de-lis of Mercy Family Center

Beth Cooney, LCSW-BACS, Director of Evidence-Based Practice, Project Fleur-de-lis of Mercy Family Center

Chris McMahon, CEO, Passages Hospice–New Orleans Lesley Slavin, Chief Psychologist, Hawaii State Department of Health Child and Adolescent Mental Health Division

### Saturday, November 20

**Invited Address 2:** 

### Civil Courage for Racial Justice: A Behavioral Prescription for Change

10:30 a.m. – 11:30 a.m. Earn 1 continuing education credit

Monnica T. Williams, ABPP, Ph.D., Canada Research Chair in Mental Health Disparities, Associate Professor, Clinical Psychology Program, School of Psychology, University of Ottawa



Monnica T. Williams

Primary Category: Culture/Ethnicity/Race

Key Words: Race, Professional Issues, Adult Anxiety

Dr. Monnica T. Williams is a board-certified licensed clinical psychologist and Associate Professor at the University of Ottawa, in the School of Psychology, where she is the Canada Research Chair in Mental Health Disparities. She is also the Clinical Director of the Behavioral Wellness Clinic in Connecticut, where she provides supervision and training to clinicians for empirically-supported treatments. Prior to her move to Canada, Dr. Williams was on the faculty of the University of Pennsylvania Medical School (2007-2011), the University of Louisville in Psychological and Brain Sciences (2011-2016), where she served as the Director of the Center for Mental Health Disparities, and the University of Connecticut (2016-2019) where she had appointments in both Psychological Science and Psychiatry. Dr. Williams' research focuses on BIPOC mental health, culture, and psychopathology, and she has published over 100 scientific articles on these topics. Current projects include the assessment of race-based trauma, unacceptable thoughts in OCD, improving cultural competence in the delivery of mental health care services, and

interventions to reduce racism. This includes her work as a PI in a multisite study of MD-MA-assisted psychotherapy for PTSD for people of color. She also gives diversity trainings nationally for clinical psychology programs, scientific conferences, and community organizations. She has served as the African American SIG leader for Association of Behavioral and Cognitive Therapies (ABCT), and currently is Chair of their Academic Training & Education Standards Committee (ATES). She serves as an Associate Editor of Behavior Therapy. She also serves on the editorial board of Cognitive Behaviour Therapy, Canadian Psychology, International Journal of Mental Health, Journal of Psychedelic Studies, and the Journal of Obsessive Compulsive and Related Disorders. She is a member of the Scientific Advisory Board of the International OCD Foundation and co-founded their Diversity Council. Her work has been featured in several major media outlets, including NPR, CBS, Huffington Post, and the New York Times.

In racialized societies, race divides people, prioritizes some groups over others, and directly impacts opportunities and outcomes in life. Racial problems cannot be corrected merely by good wishes of individuals – purposeful actions and interventions are required. To create equitable systems, civil courage is vital. Civil courage differs from other forms of courage, as it is directed at social change. People who demonstrate civil courage are aware of the negative consequences and social costs but choose to persist based on a moral imperative. After defining allyship and providing contemporary and historical examples of civil courage, this presentation explains the difficulties and impediments inherent in implementing racial justice. Dr. Williams will describe exercises based on cognitive and behavioral approaches to help individuals increase their awareness and ability to demonstrate racial justice allyship in alignment with valued behaviors. She explains how these approaches can be utilized, how they can help individuals grow, why they can be difficult, and how psychologists might make use of them.

#### Outline:

- Overview of race and racial justice
- The importance of civil courage
- The problem of in-group solidarity
- The assumption of a just society validates its rules
- The behavioral prescription for change
- Identifying avoidance and taking risks in the services of social justice values

#### You will learn:

- Define allyship in the context of racial justice
- Describe civil courage and why it is an important in psychology
- Describe CBT-based techniques for developing civil courage in ones self and fostering it in others

#### Long Term Goals:

- Identify key areas for personal growth around racial justice.
- Develop an anti-racist approach in personal and professional life.
- Become a better ally to people of color in the service of social justice values.

Recommended Readings: Williams, M. T., Sharif, N., Strauss, D., Gran-Ruaz, S., Bartlett, A., & Skinta, M. D. (2021). Unicorns, leprechauns, and White allies: Exploring the space between intent and action. The Behavior Therapist. [in press]Williams, M. T. & Sharif, N. (2021). Racial allyship: Novel measurement and new insights. New Ideas in Psychology, 62, 100865. https://doi.org/10.1016/j.newideapsych.2021.100865Staub, E. (2019). Witnesses/bystanders: The tragic fruits of passivity, the power of bystanders, and promoting active bystandership in children, adults, and groups. Journal of Social Issues, 75(4), 1262-1293. https://doi.org/10.1111/josi.12351

### **Traditional Workshop 6**

# How to Apply Dialectical Behavior Therapy When Treating Emotion Dysregulation Complicated by Sexual and Gender Minority Stress

Colleen A. Sloan, Ph.D., VA Boston HCS & Boston University School of Medicine

Jeffrey M. Cohen, Psy.D., Columbia University

Basic to Moderate level of familiarity with the material

Primary Category: LGBTQ+

Key Words: DBT (Dialectical Behavior Therapy), LGBTQ+, Stigma

Dialectical Behavior Therapy (DBT) is an evidence-based treatment for emotion dysregulation. DBT conceptualizes emotion dysregulation as a reasonable outcome of a transactional process between biological temperament and an invalidating environment. Additionally, it has been proposed that individuals with little biological vulnerability may experience emotional and behavioral dysregulation in the context of chronic and pervasive invalidation. Sexual and gender minority (SGM) people may experience chronic invalidation of their identities in the form of societal stigma, discrimination, marginalization, and other oppressive social forces. These examples of invalidation contribute to well-documented mental health disparities for SGM people including elevated rates of suicide, substance use, and depression, indicative of emotional and behavioral dysregulation. While many mental health professionals are motivated to use interventions like DBT to treat these problems, many less are adequately prepared to comprehensively treat emotional and behavioral dysregulation impacted by minority stress in SGM people. With this in mind, disparities for this marginalized group will persist and the impact and outcomes of evidence-based practice, particularly DBT, will be limited. This workshop is designed to provide some basic knowledge regarding mental health problems and minority stress in SGM populations along with strategies to conceptualize and intervene in these problems, utilizing DBT and minority stress (Meyer, 2003) frameworks. Attention to intersecting identities (e.g., Black transgender women) will be integrated throughout this workshop. Presenters will demonstrate how to effectively apply DBT strategies and teach DBT skills to address presenting problems and symptoms of SGM clients. The workshop aims to develop and/or enhance application of basic DBT strategies and tools to the needs of a marginalized community. Specific application of DBT skills from each skills module will also be included. Case vignettes, experiential exercises and role-plays, will be embedded throughout this workshop. The broader implications as they relate to public health and social justice will be integrated throughout this workshop.

#### Outline:

- DBT is a treatment option when working with sexual and gender minority (SGM) people who evidence emotional and behavioral dysregulation.
- SGM people may experience chronic and pervasive invalidation of their identities and experiences in the form of stigma, discrimination, and oppression.
- SGM may be more likely than non SGM people to experience and evidence emotional and behavioral dysregulation patterns as a reasonable response to chronic invalidation. Mental health professionals may be motivated to help SGM clients improve their lives but may not be adequately prepared to comprehensively treat emotional and behavioral dysregulation.
- Gaps in mental health treatment options will persist
- Mental health disparities for SGM people will continue DBT can be tailored to address the unique needs of marginalized people, particularly SGM people.
- DBT can be integrated minority stress frameworks.
- DBT skills training can be adapted to attend to minority stress
- Cultural humility can be incorporated into the provision of DBT when working
  with marginalized people This workshop will demonstrate application of DBT
  skills training and individual psychotherapy tools when treating SGM individuals.

#### Long-term Goals:

- Learners will be able to describe how to integrate biosocial formulation of emotion dysregulation with minority stress frameworks to more effectively conceptualize presenting problem for SGM clients.
- Learners will utilize affirming case formulations to tailor DBT skills training and strategies to treat clinical distress when working with SGM clients.

#### You will learn:

- Articulate case conceptualizations of emotional and behavioral dysregulation using an integration of dialectical behavior therapy and SGM stress frameworks.
- Utilize at least two specific DBT strategies and skills (e.g., chain analysis) to address emotion dysregulation in SGM individuals.
- Apply at least three validation strategies to address clinical distress in SGM individuals.
- Demonstrate cultural humility and affirmation when conducting effective DBT skills training when treating SGM individuals.
- Apply change-based strategies in DBT to promote social justice for SGM communities.

Recommended Readings: Cohen, J. M., Norona, J. C., Yadavia, J. E., & Borsari, B. (2020). Affirmative dialectical behavioral therapy skills training with sexual minority veterans. Cognitive and Behavioral Practice. https://doi-org.ezproxy.bu.edu/10.1016/j. cbpra.2020.05.008Meyer, I. H. (2003). Prejudice, social stress, and mental health in lesbian, gay, and bisexual populations: Conceptual issues and research evidence. Psychological Bulletin, 129(5), 674-697. https://doi-org.ezproxy.bu.edu/10.1037/0033-2909.129.5 .674Pantalone, D. W., Sloan, C. A., & Carmel, A. (2019). Dialectical behavior therapy for borderline personality disorder and suicidality among sexual and gender minority individuals. In S. A. Safren & J. E. Pachankis (Eds.), The Handbook of Evidence-Based Mental Health Practice with Sexual and Gender Minorities. New York: Oxford.Rizvi, S. L., Steffel, L. M., & Carson-Wong, A. (2013). An overview of dialectical behavior therapy for professional psychologists. Professional Psychology: Research and Practice, 44(2), 73-80. https://doi-org.ezproxy.bu.edu/10.1037/a0029808Sloan, C. A., Berke, D. S., & Shipherd, J. C. (2017). Utilizing a dialectical framework to inform conceptualization and treatment of clinical distress in transgender individuals. Professional Psychology: Research and Practice, 48(5), 301–309. https://doi-org.ezproxy.bu.edu/10.1037/pro0000146

### **Traditional Workshop 5**

Healing Interpersonal & Racial Trauma: Cultural Considerations for Integrating Racial

Socialization in TF-CBT for Black Children & Families

Isha W. Metzger, Ph.D., University of Georgia

Moderate level of familiarity with the material Primary Category: Culture / Ethnicity / Race

Key Words: African Americans / Black Americans, Trauma, Treatment

The negative consequences of interpersonal trauma (e.g., physical abuse) take a disproportionate toll on Black youth due to the compounding stress of experiencing unique race related stressors both directly (e.g., microaggressions) and vicariously (e.g., witnessing police brutality in the media). Children's Advocacy Centers (CACs) are part of the acute response after a concern for trauma to provide community-based services to children and families to help prevent and treat negative sequelae. However, these organizations do not systematically consider racial stress and trauma in their intakes, assessment, or treatments. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an efficacious evidence-based trauma treatment for youth who experienced trauma. To increase their utility in responding to and treating interpersonal trauma, both CACs and TF-CBT, should integrate and address cultural factors (e.g., system mistrust) that are likely to influence Black families' willingness to engage in treatment for trauma. In addition, Black youth rely on particular assets and strengths in their families and communities to reduce negative mental and behavioral health outcomes from interpersonal and race-related stressors. For instance, racial socialization is the protective process of transmitting cultural behaviors, attitudes, and values to prepare youth to cope with racial stressors, and is associated with positive outcomes including increased resilience, coping abilities, and decreased problem behaviors and anxiety in Black youth. This workshop will provide an overview of the impact of interpersonal and racial stress and trauma on mental health and behavioral outcomes for Black youth. This workshop will also present qualitative research on organizational barriers and facilitators to service utilization and engagement for ethnic minority caregivers referred for treatment at CACs. Last, a focus of this workshop will be on providing participants an overview of groundbreaking research, applied strategies, and resources for utilizing racial socialization and other cultural considerations to deliver TF-CBT in a culturally affirming and validating manner for Black youth and families who are healing from interpersonal and racial trauma.

#### Outline:

Interpersonal and Racial Trauma: Statistics and Outcomes

- Resilience through Racial Socialization and Racial Identity
- Results from Community Based Participatory Research at Children's Advocacy Center's
- Trauma Focused Cognitive-Behavior Therapy Putting it all together: PRAC-TICE in Response to Interpersonal and Racial Stressors
- Psychoeducation
- Relaxation
- Affect Identification and Emotion Regulation
- Cognitive Restructuring
- Trauma Narrative
- In-Vivo Exposure
- Conjoint Parent-Child Sessions
- Enhancing Safety Resource Sharing Q&A

#### Long-term Goal:

 Contribute to multidisciplinary teams to make culturally informed decisions pertaining to client engagement, assessment, and treatment.

#### You will learn:

- Identify ways that interpersonal and racial stress and trauma impact Black youth development.
- Describe research on barriers and facilitators to trauma treatment utilization for ethnic minority youth and families.
- Discuss the protective role of racial socialization on behavioral and mental health outcomes for Black youth.
- Demonstrate the ability to utilize 2-3 strategies towards integrating racial socialization as a culturally specific cognitive-behavioral treatment strategy for Black clients.

Recommended Readings: Metzger, I., Anderson, R., Are, F., & Ritchwood, T (in press, 2020). Healing interpersonal and racial trauma: Integrating Racial Socialization into TF-CBT for African American Youth. Child Maltreatment. https://doi. org/10.1177/1077559520921457. Wang, M.-T., Henry, D. A., Smith, L. V., Huguley, J. P., & Guo, J. (2020). Parental ethnic-racial socialization practices and children of color's psychosocial and behavioral adjustment: A systematic review and meta-analysis. American Psychologist, 75(1), 1-22. https://doi.org/10.1037/amp0000464Anderson, R., Metzger, I., Applewhite, K., Sawyer, B., Jackson, W., Flores, S., McKenny, M., & Carter, R. (2020). Hands Up, Now What?: Participant Reactions to Family and School Racial Socialization Interventions to Reduce Racial Stress for Black Youth, Journal of Youth Development. 93-109. https://doi.org/10.5195/jyd.2020.755.Coard, S. I., Wallace, S. A., Stevenson, H. C., & Brotman, L. M. (2004). Towards culturally relevant preventive interventions: The consideration of racial socialization in parent training with African American families. Journal of Child and Family Studies, 13(3), 277-293. https://doi. org/10.1023/B:JCFS.0000022035.07171.f8Neblett, E. W., White, R. L., Ford, K. R., Philip, C. L., Nguyên, H. X., & Sellers, R. M. (2008). Patterns of racial socialization and psychological adjustment: Can parental communications about race reduce the impact of racial discrimination?. Journal of Research on Adolescence, 18(3), 477-515. https://doi. org/10.1111/j.1532-7795.2008.00568.x

### Mini Workshop 9

### Got a Client Afraid of Puke?: This Workshop Is for You!

David Yusko, Psy.D., Center for Anxiety & Behavior Therapy
Dara Lovitz

Basic to Moderate level of familiarity with the material

Primary Category: Adult Anxiety

Key Words: Phobias, Exposure, Anxiety

More than 387 million people in the world suffer from emetophobia. 195 million more than those who suffer from the fear of flying. 118 million more than those who fear spiders. Emetophobia is the most common disorder that no one talks about. The workshop will first differentiate emetophobia from other disorders like obsessive compulsive disorder, generalized anxiety disorder, and illness anxiety disorder. The main focus of the workshop will be on the theoretical underpinnings of exposure therapy and how to effectively describe, implement, and utilize this powerful technique to ameliorate the often-debilitating symptoms associated with this phobia. A description of the four core components of exposure therapy will be included: in vivo exposure, imaginal exposure, processing of the exposure experiences, and safety behavior elimination. The successful implementation of these four components of exposure therapy provide an effective treatment plan that explains how the phobia is maintained, how it can be treated, and how those treatment gains can be maintained. Case examples will be discussed in order to better demonstrate the implementation of these treatment components. Additionally, the personal experience of a person who has lived with emetophobia her whole life will describe the impact of this phobia on her life, how she chose an exposure therapist to treat her fear, and what it took for her to overcome her chronic and disabling fear of vomit. Questions from the participants and discussion of their patients will be encouraged.

#### You will learn:

- How to distinguish emetophobia from other disorders with similar characteristics
- How to implement exposure therapy effectively for each individual client.
- What it is like to live with emetophobia and go through exposure therapy.

Recommended Readings: Antony, M. M., Craske, M. G., & Barlow, D. H. (2006). Treatments that work. Mastering your fears and phobias: Workbook (2nd ed.). Oxford University Press. Abramowitz, J. S., Deacon, B. J., & Whiteside, S. P. (2019). Exposure therapy for anxiety: Principles and practice. Guilford Publications. Boschen, M. J. (2007). Reconceptualizing emetophobia: A cognitive–behavioral formulation and research agenda. Journal of anxiety disorders, 21(3), 407-419.

#### Panel Discussion 26

# Towards a More Inclusive Clinical Science: How to Fight for Systemic Changes to Increase the Impact of Behavioral and Cognitive Therapies

MODERATOR: Allura L. Ralston, M.A., University of Nebraska-Lincoln Panelists: Allura L. Ralston, M.A., University of Nebraska-Lincoln

Todd J. Caze, II, II, Ph.D., UTSW/Children's Health

Andrew's Institute

Broderick Sawyer, Ph.D., Genesee Valley Psychology

Sarah A. Hayes-Skelton, Ph.D., University of Massachusetts

Boston

Primary Category: Professional/ Interprofessional Issues

Key Words: Career Development, Education and Training, Professional Development

The importance of social justice, advocacy, and activism have become of central focus within the United States in the past year. The sociocultural impacts of COVID-19, the Black Lives Matter Movement, and threats to women's' and LGBT rights have emphasized the necessity of equitable opportunities for traditionally marginalized communities. Several professional organizations have emphasized the importance of advocacy in the past decade. Despite this, training programs provide few formal opportunities for training about advocacy. This lack of training often leaves trainees and early career professionals unsure of how to engage in advocacy within clinical, research, institutional, and community contexts. Calls from professional organizations in support of advocacy and for recruiting and retaining professionals from underrepresented backgrounds necessitates engaging in advocacy within institutional contexts. Without consideration of advocacy in various contexts, mental health professionals are likely missing critical opportunities for increasing dissemination of, access to, and engagement in CBTs. Consistent with the convention theme, championing CBT, the goal of this panel is to discuss how individuals at various stages of training and early career can utilize advocacy as a tool for improving the impact of clinical psychological science by a) increasing recruitment and retention of trainees and professionals from underrepresented groups and b) increasing dissemination of and engagement in treatment interventions with clients from underrepresented groups. Panelists have extensive advocacy experience across various stages of their training and careers (graduate training, internship, post-doc, early career, mentorship), with a wide range of communities (e.g., SGM, racial/ethnic minorities, athletes, underrepresented students), and in diverse settings (e.g., universities, academic medical centers, professional organizations). Discussion will include: a description of the importance of engaging in advocacy, panelists' experiences with advocacy at different stages of career, barriers to engaging in advocacy, methods to overcome these barriers, and ways to find and provide support for advocacy work.

### Symposium 77

# From Minority Stress to Minority Strengths: The Role of Identity Pride, Community, and Social Support on LGBTQ+ Mental Health

CHAIRS: Cindy J. Chang, Psy.M, Rutgers, State University of New Jersey

Nicole D. Cardona, M.A., Boston University

DISCUSSANT: Michael E. Newcomb, Ph.D., Northwestern University

All level of familiarity with the material

Primary Category: LGBQT+

Key Words: LGBTO+, Resilience

### The Role of LGBTQ Identity Pride in the Associations Among Discrimination, Social Support, and Depression in a Sample of LGBTQ Adolescents

Cindy J. Chang, PsyM, Rutgers, State University of New Jersey Brian Feinstein, Ph.D., Rosalind Franklin University of Medicine and Science Steven Meanley, Ph.D., University of Pennsylvania School of Nursing Dalmacio Flores, Ph.D., University of Pennsylvania School of Nursing Ryan J. Watson, Ph.D., University of Connecticut

## Differential Association of Peer Relationships and School Environment with Depression, Suicidal Ideation, and Other Psychosocial Problems in Transgender and Gender Diverse Youth

Nicole D. Cardona, M.A., Boston University

Maya Nauphal, M.A., Center for Anxiety and Related Disorders, Boston University Emily Pariseau, M.A., Boston University

Rebekah Clapham, B.A., Western Kentucky University

Laura Edwards-Leeper, Ph.D., Pacific University

Amy Tishelman, Ph.D., Boston Children's Hospital

### Transgender and Gender Diverse Affirming and Marginalizing Cognitive Behavioral Therapy: Benefits of Resilience May Be Time Sensitive

Sage A. Volk, B.A., University of Nebraska-Lincoln

T. Zachary Huit, M.A., University of Nebraska-Lincoln

Allura L. Ralston, M.A., University of Nebraska-Lincoln

Hannah M. Coffey, M.A., University of Nebraska-Lincoln

Christen E. Seyl, University of Nebraska-Lincoln

Richard Mocarkski, Ph.D., University of Nebraska at Kearney

Nathan Woodruff, University of Nebraska-Lincoln

Debra A. Hope, Ph.D., University of Nebraska-Lincoln

### Symposium 80

# **Building Community Capacity for Evidence-based Trauma Services: Processes and Outcomes of a Trauma- focused Learning Collaborative**

CHAIR: Elizabeth Casline, M.S., University of Miami

DISCUSSANT: Michael A. de Arellano, Ph.D., Medical University of South

Carolina

Basic to Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Implementation, Trauma, Evidence-Based Practice

### Implementing a Community-based Learning Collaborative: Training Outcomes and Lesson Learned

Zabin S. Patel, M.S., MPH, University of Miami Elizabeth Casline, M.S., University of Miami Vanessa Ramirez, Psy.D., Kristi House Children's Advocacy Center Amanda Jensen-Doss, Ph.D., University of Miami

### Examining Changes in Clinician TF-CBT Stuck Points During a Community-based Learning Collaborative and Their Relationship to Training Outcomes

Dominique Phillips, B.S., University of Miami Elizabeth Casline, M.S., University of Miami Zabin S. Patel, M.S., MPH, University of Miami Vanessa Ramirez, Psy.D., Kristi House Children's Advocacy Center Amanda Jensen-Doss, Ph.D., University of Miami

### Leveraging Measurement-based Care to Improve Evaluation of Client Outcomes During a Community-based Learning Collaborative

Zabin S. Patel, M.S., MPH, University of Miami Elizabeth Casline, M.S., University of Miami Vanessa Ramirez, Psy.D., Kristi House Children's Advocacy Center

Amanda Jensen-Doss, Ph.D., University of Miami

### The Sustainability of Trauma-informed Evidence-based Practices Following a Community-based Learning Collaborative

Elizabeth Casline, M.S., University of Miami

Teresa Toranzo, B.S., University of Miami

Zabin S. Patel, M.S., MPH, University of Miami

Vanessa Ramirez, Psy.D., Kristi House Children's Advocacy Center

Amanda Jensen-Doss, Ph.D., University of Miami

#### 11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Symposium 82

## **Busting Myths and Addressing Suicidality Across PTSD Treatments and Populations**

CHAIR: Kathy Benhamou, M.A., Case Western Reserve University

DISCUSSANT: Craig Bryan, ABPP, Psy.D., The Ohio State University Wexner

Medical Center

Moderate level of familiarity with the material Primary Category: Suicide and Self-Injury

Key Words: Suicide, PTSD (Posttraumatic Stress Disorder), Treatment

### Trajectories and Predictors of Suicidal Ideation in Psychological and Pharmacological Treatments for PTSD

Kathy Benhamou, M.A., Case Western Reserve University

Mark S. Burton, Ph.D., Emory University

Norah C. Feeny, Ph.D., Case Western Reserve University

Lori A. Zoellner, Ph.D., University of Washington

### Impact of Intensive Treatment Programs for Posttraumatic Stress Disorder on Suicidal Ideation in Veterans and Service Members

Loren M. Post, Ph.D., McLean Hospital/Harvard Medical School

Philip Held, Ph.D., Rush University Medical Center

Dale Smith, Ph.D., Rush University Medical Center

Kathryn Black, M.P.H., Emory University School of Medicine

Rebecca Van Horn, M.D., Rush University Medical Center

Mark Pollack, M.D., Myriad Neuroscience

Barbara Rothbaum, Ph.D., ABPP, Emory University School of Medicine

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

### Cognitive Processing Therapy for Veterans with PTSD and at Risk for Suicide: Is It Safe, Can They Tolerate It, and Does It Work?

David C. Rozek, ABPP, Ph.D., University of Central Florida

Erika M. Roberge, Ph.D., Salt Lake City VA Healthcare System & The University of Utah

Julia Harris, M.S., University of Utah

Harrison Weinstein, Ph.D., Salt Lake City VA Healthcare System & The University of Urah

### The Temporal Patterns Between PTSD Symptoms and Suicidal Ideation over the Course of Cognitive Processing Therapy

Clara Johnson, B.A., University of Washington, Seattle

Samantha Holmes, Ph.D., City College of New York: College of Staten Island

Michael Suvak, Ph.D., Suffolk University\*

Jiyoung Song, B.A., University of California: Berkeley

Norman Shields, Ph.D., Royal Canadian Mounted Police

Jeanine Lane, Ph.D., Ryerson University

Iris Sijercic, M.A., Ryerson University

Zachary Cohen, Ph.D., University of California., Los Angeles

Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD and Stanford University Candice M. Monson, Ph.D., Ryerson University

### Change in Suicidal Ideation in a Transdiagnostic Sample: PTSD, Depression, and Insomnia as Predictors

Lily Brown, Ph.D., University of Pennsylvania Jeremy Tyler, Psy.D., University of Pennsylvania

### Symposium 83

# In the Here and Now: Using Smartphones and Wearable Sensor Technology to Study Anxiety and Emotion Regulation in Daily Life

CHAIRS: Katharine E. Daniel, M.A., University of Virginia

Allison E. Meyer, Ph.D., Michigan Medicine

DISCUSSANT: Michelle G. Newman, Ph.D., The Pennsylvania State University

Moderate level of familiarity with the material
Primary Category: Adult Anxiety
Key Words: Anxiety, Measurement, Clinical Utility

### Developing a Transdiagnostic Psychopathology EMA Questionnaire from Scratch

Alberto Jover Martínez, M.S., Maastricht University

Lotte Lemmens, Ph.D., Maastricht University

Eiko Fried, Ph.D., Leiden University

Anne Roefs, Ph.D., Maastricht University

### Affect and Emotion Regulation Dynamics in the Daily Lives of People High in Trait Social Anxiety

Katharine E. Daniel, M.A., University of Virginia

Robert Moulder, Ph.D., University of Virginia

Steven Boker, Ph.D., university of Virginia

Bethany A. Teachman, Ph.D., University of Virginia

### Deconstructing Regulatory Flexibility in Daily Life: Social Anxiety Disorder as an Exemplar

Fallon R. Goodman, Ph.D., University of South Florida

### Reassurance Seeking as an Emotion Regulation Strategy in Anxiety:

#### Contributions to Stress Generation

Allison E. Meyer, Ph.D., Michigan Medicine

Susan Silva, Ph.D., Duke University School of Nursing

John Curry, Ph.D., Duke University

### Using Wearable Movement Data Captured in Daily Life and Deep Learning to Predict Deterioration in Anxiety Disorders Across 17-18 Years

Nicholas C. Jacobson, Ph.D., Dartmouth College

#### **Clinical Round Table 10**

## Advancing Couple Therapy for Low-income Relationships: A Discussion of Intervention and Policy

MODERATOR: Alexandra K. Wojda, M.A., University of North Carolina at

Chapel Hill

Panelists: McKenzie K. Roddy, Ph.D., VA Tennessee Valley Healthcare

System

Kristina Gordon, Ph.D., University of Tennessee,

Knoxville

Anthony L. Chambers, ABPP, Ph.D., The Family Institute

at Northwestern University

Shalonda Kelly, Ph.D., Rutgers University

Mariana K. Falconier, Ph.D., University of Maryland

Primary Category: Couples / Close Relationships

Key Words: Couples / Close Relationships, Vulnerable Populations, Treatment

Economic inequality continues to grow rapidly in the United States. Approximately 93.6 million individuals in the U.S. currently live in households that fall below twice the poverty line (U.S. Census Bureau, 2020), with countless more experiencing economic strain as a result of the COVID-19 pandemic. Thus, a substantial portion of individuals, couples, and families currently live among the lowest rungs of the socioeconomic ladder, facing conditions that increase their exposure to chronic stress and a range of poor health outcomes (e.g., depression, anxiety). Importantly, these statistics represent a clarion call to the field of couple therapy to determine the best ways of supporting relationship health among low-income couples. Given the central role that close relationships play in our lives and the increasing number of partners suffering from financial difficulties and relationship strain, couple therapists need to take appropriate steps toward addressing the needs of low-income couples at the levels of intervention and treatment dissemination. As such, this clinical roundtable brings together a panel of experts on culturally-sensitive couple therapy (including low income) and relationship science to discuss how to meet these needs. Consistent with the conference theme, this widely-experienced panel will (a) discuss the unique challenges of couples who have struggled with low-income for many years and/or for the first time in their relationship, (b) address the ways in which these difficulties interact with other aspects of a couple's identity (e.g., race/ethnicity), and (c) identify ways of adapting current interventions to help low-income couples address treatment barriers and bolster relationship resilience. This timely discussion will also aim to highlight necessary policy changes that would support the overall quality of life of low-income couples. Ultimately, the panel will strive toward providing a multifaceted clinical framework for working with one of the largest underserved groups in this country.

### Symposium 81

## Internalizing Symptoms in Latinx Families: Identifying Treatment Targets Through Translational and Intervention Research

CHAIRS: Giovanni Ramos, M.A., University of California, Los Angeles

Carolyn Ponting, M.A., University of California, Los

Angeles

DISCUSSANT: Denise Chavira, Ph.D., University of California Los Angeles

Basic to Moderate level of familiarity with the material Primary Category: Culture / Ethnicity / Race

Key Words: Hispanic American/Latinx, Risk/Vulnerability Factors, Families

### Discrimination and Internalizing Symptoms in Rural Latinx Adolescents: The Protective Role of Family Resilience

Giovanni Ramos, M.A., University of California Los Angeles Carolyn Ponting, M.A., University of California, Los Angeles Elizabeth Bocanegra, B.A., University of California, Los Angeles Gia Chodzen, M.A., University of California, Los Angeles Desiree Delgadillo, B.A., University of California. Los Angeles Amy Rapp, Ph.D., University of California, Los Angeles Emily Escovar, Ph.D., University of California, Los Angeles Denise Chavira, Ph.D., University of California, Los Angeles

### Gender Differences in Discrimination as a Predictor of Suicide Risk Among Latinx adolescents

Sylvanna M. Vargas, M.P.H., Ph.D., University of California, Los Angeles

Vanessa Calderon, MA MPH, University of California, Los Angeles

Christopher Beam, Ph.D., University of Southern California

Yolanda Cespedes-Knadle, Ph.D., Alliant International University, California School of Professional Psychology

Stanley J. Huey, Jr., Ph.D., University of Southern California

### Cognitive Behavioral Stress Management Effects on Prenatal Anxiety Among Low-income Latinas

Carolyn Ponting, M.A., University of California, Los Angeles Denise Chavira, Ph.D., University of California Los Angeles Christine Dunkel Schetter, Ph.D., University of California, Los Angeles Guido Urizar, Ph.D., California State University, Long Beach

### Language Matters: Parent-child Spanish-english Proficiency Profiles and Their Psychosocial Predictors

Jesus E. Solano, B.A., DePaul University Antonio Polo, Ph.D., DePaul University

### Linguistic Analysis of Latino Patients' Responses to a Text Messaging Adjunct for Cognitive Behavioral Therapy

Rosa Hernandez-Ramos, B.A., University of California at Berkeley Edgar Altszyler, Ph.D., Investigación en Ciencias de la Computación, CONICET-UBA Caroline Figueroa, Ph.D., M.D., University of California, Berkeley Adrian Aguilera, Ph.D., University of California, Berkeley

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Symposium 85

## Sociocultural Considerations for Assessment and Treatment of OCD Among Diverse Groups

CHAIRS: Jennifer Buchholz, M.A., University of North Carolina at

Chapel Hill

Henry A. Willis, Ph.D., University of North Carolina at

Chapel Hill

DISCUSSANT: Monnica Williams, ABPP, Ph.D., University of Ottawa

Moderate level of familiarity with the material Primary Category: Culture / Ethnicity / Race

Key Words: OCD (Obsessive Compulsive Disorder), Culture, African Americans / Black Americans

### Validation of the Dimensional Obsessive-compulsive Scale in African American Young Adults

Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill Henry A. Willis, Ph.D., University of North Carolina at Chapel Hill Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

The Associations Between Online Racial Discrimination Experiences and Obsessive-compulsive Symptoms Among Black Youth and Young Adults Henry A. Willis, Ph.D., University of North Carolina at Chapel Hill Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill Enrique Neblett, Ph.D., University of North Carolina at Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

### Piloting the 'ADDRESSING Identities' Group Within an Intensive Residential Treatment Program for Adults with Severe OCD

Meghan Schreck, Ph.D., McLean Hospital Lauren P. Wadsworth, Ph.D., Genesee Valley Psychology Jeff Winer, Ph.D., Boston Children's Hospital Thea Cawley, LICSW, McLean Hospital Dorothy Booth, LMHC, McLean Hospital

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Symposium 84

## Psychophysiology of Emotion Regulation: Leveraging Multiple Units of Analysis to Advance Cognitive and Behavioral Science

CHAIR: Akanksha Das, B.S., Miami University
DISCUSSANT: Sheila Crowell, Ph.D., University of Utah

All level of familiarity with the material Primary Category: Transdiagnostic

Key Words: Psychophysiology, Emotion Regulation, Transdiagnostic

### Testing the Longitudinal, Bidirectional Relation Between Respiratory Sinus Arrhythmia and Perceived Emotion Regulation

Akanksha Das, B.S., Miami University Elizabeth J. Kiel, Ph.D., Miami University Joshua Magee, Ph.D., Miami university Elise M. Clerkin, Ph.D., Miami University

### Respiratory Sinus Arrhythmia, Effortful Control, and Children's Social Anxiety Symptoms

Elizabeth J. Kiel, Ph.D., Miami University Elizabeth Aaron, B.A., Miami University

### Acute Stress Exposure Predicts Increased Negative Affect Independent of Heart Rate

Katherine Knauft, M.A., Miami University Vrinda Kalia, Ph.D., Miami University

### Low Estradiol May Not Impede Cognitive Restructuring in Women with Anxiety Disorders

Hannah Levy, Ph.D., Anxiety Disorders Center, The Institute of Living Anishka Jean, B.A., Anxiety Disorders Center, institute of living Terence Ching, M.S., Anxiety Disorders Center, Institute of Living Alyssa Nett, M.A., Anxiety Disorders Center, Institute of Living Jessica Mullins, M.D., Obstetrics & Gynecology, Hartford Hospital David F. Tolin, Ph.D., ABPP, Anxiety Disorders Center, Institute of Living

### Psychophysiological Assessment of Stress Reactivity and Recovery and Treatment Outcome Among Patients with Anxiety Disorders

Benjamin W. Katz, B.A., University of Wisconsin-Milwaukee David F. Tolin, Ph.D., ABPP, Anxiety Disorders Center, Institute of Living Eric Lee, Ph.D., Southern Illinois University

Hannah Levy, Ph.D., Anxiety Disorders Center, The Institute of Living Akanksha Das, B.S., Anxiety Disorders Center/institute of Living Liya Mammo, B.A., Anxiety Disorders Center/institute of Living

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

### Symposium 79

### Understanding Mechanisms That Underlie Disparities Among Black Americans with Schizophrenia Spectrum Disorders

CHAIR: Bryan J. Stiles, B.A., University of North Carolina at Chapel

Hill

DISCUSSANT: Donte Bernard, Ph.D., Medical University of South Carolina

Basic to Moderate level of familiarity with the material Primary Category: Schizophrenia / Psychotic Disorders Key Words: African Americans / Black Americans, Schizophrenia

### Factors Influencing Black Americans' (Dis)Comfort with Seeking Emergency Psychiatric Services

Olivia Altamirano, M.S., University of Miami Amy Weisman de Mamani, Ph.D., University of Miami

### Black Families Pathways to Coordinated Specialty Care for First Episode Psychosis

Oladunni Oluwoye, Ph.D., Washington State University Elson S. Floyd College of Medicine Black Americans and Clinical Outcomes in the Recovery After an Initial Schizophrenia Episode Early Treatment Program (RAISE-ETP) Study Arundati Nagendra, Ph.D., Massachusetts General Hospital

### Black Americans and Schizophrenia: Understanding Racial Disparities in Functioning

Carrington C. Merritt, M.A., University of North Carolina at Chapel Hill Tate Halverson, M.A., University of North Carolina at Chapel Hill Arundati Nagendra, Ph.D., Massachusetts General Hospital David Penn, Ph.D., University of North Carolina at Chapel Hill

### Demographic Composition of Authors in Leading Schizophrenia Journals: Current State and Recommendations for the Field

Maku Orleans-Pobee, M.A., University of North Carolina at Chapel Hill Carrington C. Merritt, M.A., University of North Carolina at Chapel Hill Chaz Crosby, University of North Carolina at Chapel Hill Jasmine Padgett, University of North Carolina at Chapel Hill Caroline G. Vincent, B.S., University of North Carolina at Chapel Hill Kate Welch, University of North Carolina at Chapel Hill Arundati Nagendra, Ph.D., Massachusetts General Hospital

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Clinical Round Table 11

# Increasing Access to Evidence-based Treatments for Underserved and Diverse Populations: creative, Innovative, Real-world Solutions

MODERATORS: Janie J. Hong, Ph.D., Stanford University School of Medicine and Redwood Center for CBT and Research

Quyen A. Do, M.Ed., University of Texas at San Antonio

PANELISTS: Adrian Aguilera, Ph.D., UC Berkeley

Tara Mehta, Ph.D., University of Illinois at Chicago Kevin O. Narine, B.A., William James College, Graduate

Education in Psychology

Nadine A. Chang, Ph.D., Gracie Square Hospital

Primary Category: Culture / Ethnicity / Race Key Words: Culture, Treatment, Vulnerable Populations

As the need for mental health services has risen, existing disparities in treatment access for ethnic minority, underserved, and other diverse populations have become more pronounced. This roundtable will showcase innovative solutions addressing treatment barriers and features a discussion of solutions and future directions in improving care access. Dr. Aguilera will share the development and testing of mobile phone and text messaging interventions for underserved and Spanish speaking populations. Dr. Mehta will

discuss her work focused on developing mental health service models designed to support underserved children and families in urban settings in collaboration with community partners. These service models leverage natural resources (teachers, staff) in settings critical to children (school, after-school) and engage paraprofessionals to promote culturally responsive services. Kevin Narine will describe a national implementation project that offers free, confidential, culturally responsive peer support for LGBTQ+ South Asians. Dr. Chang will present a pilot program utilizing iPad technology to meet the treatment needs of culturally diverse, non-English speaking patients at an Asian inpatient psychiatric program. Dr. Hong will highlight her work with neurodiverse (e.g., those with an autism spectrum disorder) and culturally diverse individuals, and how she uses chat messaging, video clips, and other clinical strategies to improve learning among those who are more nonverbal and struggle to engage in standard psychotherapy contexts. Quyen Do will serve as a moderator and facilitate the discussion by describing her research on within-group care access disparities, experiences of discrimination within the healthcare system, and health outcomes in Asian American women.

#### **Invited Panel:**

Toward an Intersectional Model of Translational Neuroscience: Engaging Marginalized Community Partners to Adopt Neuroscience in Psychology Clinics

Sponsored by: ABCT's Neurocognitive Methods for the Clinic Think Tank and the Neurocognitive Therapies/ Translational Research Special Interest Group

CHAIR: Angela Fang, Ph.D., University of Washington MODERATOR: Judy Illes, Ph.D., University of British Columbia

Riana Anderson, Ph.D., University of Michigan Sierra Carter, Ph.D., Georgia State University Kristen Eckstrand, M.D., Ph.D., University of Pittsburgh Kean Hsu, Ph.D., University of California, Los Angeles Ryan J. Jacoby, Ph.D., Massachusetts General Hospital Shawn Jones, Ph.D., Virginia Commonwealth University Maria Kryza-Lacombe, M.A., San Diego State University/ University of California, San Diego, Joint Doctoral Program in Clinical Psychology Andrew D. Peckham, Ph.D., McLean Hospital/Harvard Medical School Greg J. Siegle, Ph.D., University of Pittsburgh School of Medicine Mary L. Woody, Ph.D., University of Pittsburgh Mariann Weierich, Ph.D., University of Nevada, Reno Lucina Uddin, Ph.D., University of Miami

Primary Category: Neuroscience / Translational

Key Words: Neurocognitive therapies, Neuroscience, Translational Research

The COVID-19 pandemic and Black Lives Matter movement together have brought our collective attention to widespread disparities in the access, provision, and outcomes of healthcare services, as well as the lack of research participant and workforce representation and inclusivity of minoritized populations within clinical psychological science. Clinical translational neuroscience is an emerging field that is at even greater risk of excluding the voices of minoritized researchers, clinicians, and patients, given that it requires the integration of two disciplines (clinical psychology and neuroscience) that each often lack appropriate representation and inclusivity of Black, Indigenous, People of Color (BIPOC) and additionally marginalized voices. At the same time, this interdisciplinary field is also well-positioned to question basic assumptions about emotions, cognitions, behavior, and brain development due to strong cross-fertilization between different scientific disciplines.

In line with this year's conference theme, in this invited panel, we aim to assess the basic assumptions and practices of relevant stakeholders in choosing to adopt or not adopt neuroscientific principles into clinical practice, through an intersectional framework.

#### Outline:

- Ethical considerations related to bringing neuroscience to psychology clinics
  - Integrate the scholarship and lived experience of marginalized scholars and clinicians to identify additional nuances in understanding how, why, for whom and for whom not to translate neuroscience to psychology clinics
  - Provide updated data on racial disparities in the biomedical and academic workforce and patient populations not represented in existing studies, as well as the impact of racism on driving those disparities.
- Barriers to adoption of neuroscience in psychology clinics from a critical lens
  - Define neuroscience and provide example neuroscientific research that can be integrated into psychology clinics
  - Identify barriers to building trust between relevant stakeholders in the
    adoption of neuroscientific principles into psychology clinics, including
    knowledge gaps about (1) the effects of interlocking systems of oppression
    on different intersectionalities and consequences for seeking treatment,
    and (2) the biomedical ethics of integrating neuroscience in clinical care
    settings.
  - Examine the role of racism in perpetuating myths about biological measures, driving racial disparities in health outcomes, and systematically oppressing disadvantaged groups through coercion and exploitation in research both historically and in the present
- Frameworks to understand how translational neuroscience could better serve minoritized population

Discuss previous efforts to translate scientific principles into the community by discussing relevant psychological theories and frameworks related to dissemination, implementation, bioethics, minority stress, and intersectionality that may be applicable to the neuroscience-psychology translational gap.

- Actionable solutions to bridge the translational gap
  - Learn from clinician scientists who conduct research on behavioral interventions, mental health disparities, and neuroscience on how to maximize the broader impact of their science.
  - Evaluate potential solutions toward improved clinical and research practices by developing sustainable and meaningful community partnerships to enhance BIPOC representation within research and within the workforce/training programs.

#### Goals:

- Showcase the work of BIPOC scholars, as well as scholars who hold additional minoritized identities, in the areas of mental health disparities/behavioral interventions and neuroscience.
- Examine the role of racism in perpetuating myths about biological measures, driving racial disparities in health outcomes, and systematically oppressing disadvantaged groups through coercion and exploitation in research both historically and in the present.
- Identify barriers to building trust between relevant stakeholders in the adoption
  of neuroscientific principles into psychology clinics, including knowledge gaps
  about (1) the effects of interlocking systems of oppression on different intersectionalities and consequences for seeking treatment, and (2) the biomedical ethics
  of integrating neuroscience in clinical care settings.

 Evaluate potential solutions toward improved clinical and research practices by developing sustainable and meaningful community partnerships to enhance BIPOC representation within research and within the workforce/training programs.

#### You will learn:

- Describe historical and ongoing barriers that have limited the application of neuroscientific techniques to study mental health disparities in minoritized populations.
- Develop an up-to-date conceptualization of how translational neuroscience could serve minoritized stakeholders from bench to bedside.
- Uplift the work and voices of BIPOC and additionally marginalized scholars and clinicians
- Engage with community partners to understand and heal potential distrust of (neuro)scientists and clinical trials in local communities.

Recommended Readings: Racine, E., Bar-Ilan, O., & Illes, J. (2005). fMRI in the public eye. Nat Rev Neurosci, 6(2), 159-164. doi:10.1038/nrn1609.Illes, J., Lombera, S., Rosenberg, J., & Arnow, B. (2008). In the mind's eye: provider and patient attitudes on functional brain imaging. J Psychiatr Res, 43(2), 107-114. doi:10.1016/j.jpsychires.2008.02.008. Abiodun, S. J. (2019). "Seeing Color," A Discussion of the Implications and Applications of Race in the Field of Neuroscience. Front Hum Neurosci, 13, 280. doi:10.3389/fn-hum.2019.00280.Carter, R. T. (2007). Racism and psychological and emotional injury: Recognizing and assessing race-based traumatic stress. The Counseling Psychologist, 35(1), 13-105.McFarlane, J. & Illes, J. (2020). Neuroethics at the interface of machine learning and schizophrenia. Nature Schizophrenia, 6, 18.

### Symposium 90

# Loving from a Distance: An Examination of Unique Challenges and Coping Strategies in Long-distance Relationships

CHAIR: Emily A. Carrino, B.A., University of North Carolina at

Chapel Hill

DISCUSSANT: Tamara Sher, Ph.D., Rosalind Franklin University of Medicine

and Science

Basic level of familiarity with the material Primary Category: Couples / Close Relationships

Key Words: Couples / Close Relationships, Coping, Underserved Populations

## Communicating at a Distance: A Mixed-methods Approach to Understanding Differences in Remote and In-person Communication in Long-distance and Geographically-close Relationships

Emily A. Carrino, B.A., University of North Carolina at Chapel Hill Danielle M. Weber, M.A., University of North Carolina at Chapel Hill Donald Baucom, Ph.D., University of North Carolina at Chapel Hill Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill Abigail Boggins, University of North Carolina at Chapel Hill Steve Du Bois, Ph.D., Illinois Institute of Technology Tamara Sher, Ph.D., Rosalind Franklin University of Medicine and Science

### Understanding Transitions Between Reunion and Separation in Long-distance and Geographically-close Relationships

Danielle M. Weber, M.A., University of North Carolina at Chapel Hill Donald Baucom, Ph.D., University of North Carolina at Chapel Hill Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill Emily A. Carrino, B.A., University of North Carolina at Chapel Hill Steve Du Bois, Ph.D., Illinois Institute of Technology Tamara Sher, Ph.D., Rosalind Franklin University of Medicine and Science

### What's Stress Got to Do with It? No Significant Partner-effects of Stress on Health Among Dyads in Long Distance Relationships

Steve Du Bois, Ph.D., Illinois Institute of Technology

Humza Khan, B.S., Illinois Institute of Technology

Frane Santic, M.S., Illinois Institute of Technology

Honor Woodward, B.A., Illinois Institute of Technology

Kelly Manser, M.S., Illinois Institute of Technology

Steve Du Bois, Ph.D., Illinois Institute of Technology

Good Night and Sleep Tight: An Analysis of Copresence, Sleep Quality, and Relationship Satisfaction Among Long Distance Relationship Couples *Jacinda Lee*, M.S., Rosalind Franklin University of Medicine and Science

1:30 p.m. - 3:00 p.m.

### Earn 1.5 continuing education credits

### Symposium 88

## Implementation of Evidence-based Treatment at Acute Levels of Pediatric Psychiatric Care

CHAIR: Rebecca E. Ford-Paz, Ph.D., Northwestern University Feinberg

School of Medicine, Ann & Rober H. Lurie Children's

Hospital of Chicago

DISCUSSANT: Jill Ehrenreich-May, Ph.D., University of Miami

Moderate to Advanced level of familiarity with the material

Primary Category: Program / Treatment Design

Key Words: Treatment/ Program Design, Child, Evidence-Based Practice

Evidence-based Assessment in Intensive Care Settings for Youth Psychopathology *Tara S. Peris*, *Ph.D.*, University of California, Los Angeles

Danielle Cornacchio, Ph.D., University of California, Los Angeles Geffen School of Medicine

Ruben Martinez, Ph.D, University of California, Los Angeles Geffen School of Medicine

Preliminary Findings from the Implementation of Behavioral Parent Training in a Partial Hospitalization Program (PHP)

Elizabeth K. Reynolds, Ph.D., Johns Hopkins School of Medicine Jessie Schulman, Psy.D., Johns Hopkins School of Medicine Juliana Yanguas, PsyD, Johns Hopkins School of Medicine Mackenzie Sommerhalder, Ph.D., University of Maryland

Adapting the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents for Partial Hospitalization: Adaptations, Modifications, and Initial Effectiveness

Sarah M. Kennedy, Ph.D., University of Colorado School of Medicine

The Adaptation and Preliminary Outcomes an Evidence-based Transdiagnostic Intervention for a Pediatric Intensive Outpatient Program

Kelly W. Lowry, Ph.D., Ann & Robert H Lurie Children's Hospital of Chicago Shelby Romano, B.A., Ann & Robert H Lurie Children's Hospital of Chicago Rebecca E. Ford-Paz, Ph.D., Northwestern University Feinberg School of Medicine, Ann & Rober H. Lurie Children's Hospital of Chicago

Development of an Intensive Outpatient Program Using Evidence-based Treatment Principles for Youth OCD

Rebecca L. Schneider, Ph.D., Emory University School of Medicine

1:30 p.m. - 3:00 p.m.

### Earn 1.5 continuing education credits

### **Panel Discussion 27**

# Copecolumbia: Rapid Development and Deployment of an Evidence-based Program of Support for Health Care Workers During COVID-19

MODERATOR: Deborah R. Glasofer, Ph.D., NY State Psychiatric Institute/

Columbia

PANELISTS: Colleen C. Cullen, Psy.D., Columbia University Medical Center

Patrice K. Malone, M.D., Ph.D., Columbia University

Medical Center

Laurel Mayer, M.D., Columbia University/New York

State Psychiatric Institute

Claude A. Mellins, Ph.D., Columbia University/New York

State Psychiatric Institute

Erin K. Engle, Psy.D., Columbia University Medical

Center

Primary Category: Program / Treatment Design

Key Words: Treatment/ Program Design, Health Care System, Treatment Development

An unprecedented international public health crisis, COVID-19 overwhelmed medical centers and psychologically affected health care workers (HCW). Although the emotional toll of epidemics and risk for HCW burnout are well documented, HCW wellbeing during prolonged, potentially lethal crises like COVID-19 required novel evidence-based paradigms. Responding quickly to the NYC pandemic surge, psychologists and psychiatrists in the Department of Psychiatry at Columbia University Irving Medical Center developed CopeColumbia, an innovative peer support program designed to boost HCW's emotional wellbeing and professional resilience, and prevent adverse mental health dis-

tress in an easily accessible, non-stigmatized manner. Grounded in evidence-based CBT and ACT practice, CopeColumbia offered peer support groups, individual sessions, and interactive town halls. An interdisciplinary team created a Facilitator's Guide and an online platform to disseminate vetted, psychoeducational resources and serve as a referral resource. In this panel discussion, we will (1) share our experience of this collaboration, (2) provide an overview of the resources created (e.g., Facilitator's Guide, online platform), (3) describe the application of evidence-based strategies to address pandemic-related stressors, (4) review program feedback data, (5) summarize the main themes raised by HCWs as the pandemic unfolded, and (6) highlight ways in which our team responded to the important themes of racial and social injustice reawakening in the national consciousness. We will identify anticipated challenges to HCW and support staff wellbeing as the pandemic continues to evolve (e.g., emergence of variants, vaccine availability and hesitancy), and share ways in which CopeColumbia envisions its future. We will share lessons learned, including the benefits of this model for the prevention of acute HCW distress and burnout, the continuous need for wellbeing programs and effective linkages to mental health services to sustain our workforce and provide optimal care, the benefit of multidisciplinary teams supporting a diverse corps of HCW, and the need for organizational support, leadership, and advocacy to sustain programs like CopeColumbia.

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Spotlight Research 1

#### Championing CBT with a Research Framework for Investigating the Cost-effectiveness and Cost-benefit of Different Delivery Systems for CBTs

Basic to Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Clinical Utility, Implementation, Technology / Mobile Health

Research on CBT and related therapies (e.g., DBT, ACT) continues to improve the effectiveness of new techniques for treatment and prevention of psychological problems and enhancement of human potential. However, most research on these cognitive-behavioral therapies (CBTs) uses a remarkably limited set of delivery systems, often limited to one-on-one or small group formats. Holding the delivery system relatively constant is understandable while comparing effectiveness of different therapies. However, continuing to limit the generalizability of research findings to a few resource-intensive delivery systems risks perpetuating financial and racial inequities in access to CBTs.

Whether via computer screen or clinical office, our most-used and most-researched delivery systems are centuries old. They require much provider time, client time, and other limited resources to help those who need our help the most and can afford it the least.

In this Research Spotlight, we assemble methods and findings in a framework to guide research on the wide variety of delivery systems for CBTs that promise to be more cost-effective and cost-beneficial, from apps to self-guided interventions using well-tested

manuals, online resources, and apps, to single-sessions therapies, to stepped-care systems with multi-level provider hierarchies.

The last delivery system can minimize costs via a network of paraprofessionals managed by MA and MSW providers, each supervised by PhD or PsyD experts. Continuous monitoring of client progress and rapid deployment of just-in-time interventions can use data from apps on client devices.

We propose a program of research that would establish the costs, cost-effectiveness, benefits, and cost-benefit of CBTs when provided by these different delivery systems for clients with varying needs and resources. We then combine the relatively rare findings of actual cost-effectiveness and cost-benefit analyses of different delivery systems for CBTs and other therapies with estimates of the likely costs of those delivery systems.

By minimizing the necessary provider and client costs of delivering effective CBTs, we hope to help many more people than we currently can, at much lower costs than we currently require of our clients and ourselves.

#### You will learn:

- Describe 3 delivery systems for CBT that promise high fidelity with low cost
- Explain a major difference between research measures of cost and cost-effectiveness
- Explain a major difference between cost-effectiveness and cost-benefit comparisons
- Design a study to compare cost-effectiveness or cost-benefit of alternative delivery systems for CBT
- Explain how research on delivery system cost-effectiveness could reduce inequities in treatment accessibility

Recommended Readings: Yates, B. T. (2020). Research on improving outcomes and reducing costs of psychological interventions: Toward delivering the best to the most for the least. In T. Widiger (Ed.), Annual Review of Clinical Psychology, 16, 125-150. Palo Alto, CA: Annual Reviews. https://doi.org/10.1146/annurev-clinpsy-071519-110415Kacmarek, C. N., et al. (in press March 8, 2021). A pilot economic evaluation of computerized cognitive behavioral therapy for alcohol use disorder as an addition and alternative to traditional therapy. Alcoholism: Clinical and Experimental Research. Kiluk, B. D.et al. (2016). Randomized trial of computerized cognitive behavioral therapy for alcohol use disorders: efficacy as a virtual stand-alone and treatment add-on compared with standard outpatient treatment. Alcoholism: Clinical and Experimental Research, 40(9), 1991-2000.

#### Earn 1.5 continuing education credits

Mini Workshop 12

## Integrating the Menstrual Cycle into Assessment and Treatment: A Practical Overview

Jessica R. Peters, Ph.D., Alpert Medical School of Brown University Tory Eisenlohr-Moul, Ph.D., University of Illinois at Chicago Katja Schmalenberger, M.A., Heidelberg University

> Basic to Moderate level of familiarity with the material Primary Category: Women's Issues

Key Words: Women's Health, Assessment, Evidence-Based Practice

While the majority of female/assigned female at birth individuals do not experience significant menstrual cycle effects on their mood, approximately 5% experience intense and debilitating changes (i.e., premenstrual dysphoric disorder, PMDD) and at least 50% of those with mood disorders and other forms of psychopathology experience cycle-based worsening of their symptoms (i.e., premenstrual exacerbation, PME). These cyclical disorders are not caused by hormonal abnormalities, but rather by abnormal neural sensitivity to normal hormone changes. Accordingly, it is imperative that clinicians understand how to assess and treat menstrual cycle-related effects on mood and psychopathology. Our workshop, led by two licensed clinical psychologists and an advanced trainee with expertise in conducting assessments and treatment with this population, will cover the following topics: Psychoeducation: We will provide an overview of the menstrual cycle, including how changes in hormones can affect mood and behavior, including the difference between PMDD and PME and variant effects of the cycle on symptoms (e.g., periovulatory effects). Participants will learn how to provide psychoeducation and a broad range of resources to clients. Assessment: Participants will be taught how to validly assess menstrual cycle effects, including reviewing the rationale behind prospective assessment and how to measure daily DSM-5 PMDD symptoms over two cycles. We will present available tools for easy tracking and calculation of clinically significant cycle effects. Interdisciplinary Treatment Collaboration: Participants will be introduced to strategies for establishing relationships and collaborating with other types of treatment providers (e.g., psychiatry, gynecology) who specialize in pharmacological, medical, and surgical treatments of evidence-based treatment of PMDD/PME. Skills Training: Introduce CBT strategies for management of PMDD/PME, how to integrate this knowledge into existing therapy approaches like DBT. Topics include how to utilize increased awareness of symptom flux and applying specific distress tolerance and interpersonal skills. The session will conclude with Q&A about the menstrual cycle and PMDD/PME.

#### You will learn:

- Describe the basic mechanisms of how the menstrual cycle can affect mood and behavior.
- Provide psychoeducation and a wide range of resources about the menstrual cycle to clients.
- Assess the effects of the menstrual cycle on symptoms using validated, prospective methods and accurately diagnose clients with PMDD or PME.
- Collaborate effectively with other types of treatment providers in providing care for management of menstrual cycle effects.
- Adapt CBT approaches for management of menstrual cycle-based exacerbation of symptoms.

Recommended Readings: Eisenlohr-Moul, T. (2019). Premenstrual Disorders: A primer and research agenda for psychologists. The Clinical Psychologist. Spring 2019Weise, C., Kaiser, G., Janda, C., Kues, J. N., Andersson, G., Strahler, J., & Kleinstäuber, M. (2019). Internet-based cognitive-behavioural intervention for women with premenstrual dysphoric disorder: a randomized controlled trial. Psychotherapy and psychosomatics, 88(1), 16-29. Schmalenberger, K. M., Tauseef, H. A., Barone, J. C., Owens, S. A., Lieberman, L., Jarczok, M. N., ... & Eisenlohr-Moul, T. A. (2020). How to study the menstrual cycle: Practical tools and recommendations. Psychoneuroendocrinology, 104895.

1:30 p.m. - 3:00 p.m.

Earn 1.5 continuing education credits

Mini Workshop 10

## Implementing Cognitive-behavioral Therapy for Adults and College Students with ADHD

Mary V. Solanto, Ph.D., Zucker School of Medicine at Hofstra/Northwell

Moderate level of familiarity with the material

Primary Category: ADHD - Adult

Key Words: ADHD, Cognitive Therapy, College Students

Executive dysfunction is a major cause of educational and occupational impairment in adults with ADHD. Cognitive-Behavioral Therapy (CBT) has been shown to be efficacious in remediating executive dysfunction in randomized clinical trials in adult ADHD in both group and individual modalities. This workshop will review the foundations, treatment parameters, and specific components of a well-validated CBT intervention (Solanto et al, Amer J of Psychiatry, 2010) as it is being implemented in adults with ADHD and, more recently, tailored to the needs of college students with ADHD. Specific CBT intervention methods include: (1) Effective use of daily planners and organizers; (2) Contingent self-reinforcement; (3) "Chunking" of complex tasks into manageable parts; (4)

Minimization of external distractors, (5) Use of a matrix to differentiate "urgent" from "important" tasks: (6) Flow-charting of goals and sub-components: (7) Visualization of long-term rewards and consequences (8) "Cognitive reframing" to target dysfunctional "automatic thoughts" that engender anxiety and depression, which are more prevalent in ADHD. Various "mantras" that encompass adaptive cognitive self-instructions are repeated strategically throughout the program in order that they may be internalized as guides to behavior. Generalization and maintenance of gains are fostered by weekly "home exercises" which are structured opportunities to practice the new cognitive and behavioral habits outside the session. New modules (mindfulness, sleep) that have been added to the core program, and guidelines for adapting the group program for individual therapy will also be reviewed. College students with ADHD have higher rates of course failures and incompletes and lower GPAs, and are less likely to graduate than their non-ADHD peers. The workshop will include description and discussion of modifications of the adult CBT program as it has been tailored to the contexts, cues, and consequences experienced by college students with ADHD. The results of a pilot study of this intervention with college students in the Netherlands will be presented

#### You will learn:

- Describe the principles upon which CBT for executive dysfunction in ADHD is based.
- Describe the specific therapeutic components of CBT for executive dysfunction in adults/college students.
- Describe the evidence-base for the efficacy of CBT for Executive dysfunction in Adults.
- Describe the rationale for a cognitive-behavioral intervention to address executive dysfunction in college students with ADHD.
- Describe modifications of group CBT for individual psychotherapy with adults with ADHD.

Recommended Readings: Solanto, M. V. (2011). Cognitive-Behavioral Therapy for Adult ADHD: Targeting Executive Dysfunction. Guilford Press.Solanto, M. V., Marks, D. J., Wasserstein, J., Mitchell, K., Abikoff, H., Alvir, J. M., & Kofman, M. D. (2010, Aug). Efficacy of meta-cognitive therapy for adult ADHD. Am J Psychiatry, 167(8), 958-968. https://doi.org/10.1176/appi.ajp.2009.09081123Solanto, M. V., & Scheres, A. (2020, Sep 3). Feasibility, Acceptability, and Effectiveness of a New Cognitive-Behavioral Intervention for College Students with ADHD. J Atten Disord, 1087054720951865. https://doi.org/10.1177/1087054720951865Ramsay, J. R., & Rostain, A. L. (Eds.). (2014). Cognitive-Behavioral Therapy for Adult ADHD: An Integrative Psychosocial and Medical Approach (Second ed.). Routledge.Brown, T. E. (2013). A New Understanding of ADHD in Children and Adults: Executive Function Impairments. Routledge.

#### Earn 1.5 continuing education credits

#### Mini Workshop 11

#### **Improving Treatment for Hoarding Disorder**

Gail Steketee, Ph.D., MSW, Boston University Randy O. Frost, Ph.D., Smith College

Moderate to Advanced level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: *Hoarding, Treatment, CBT* 

This mini-workshop will provide a brief review of hoarding symptoms, including excessive acquisition, difficulty organizing, and clutter in the home, as well as concurrent problems such as health and mental health comorbidity, limited insight, family conflict and safety in the home. Methods for cross-disciplinary assessment for practitioners in mental health and social service sectors will be provided. We will describe the CBT model of hoarding and how it links to treatment components. Empirically tested CBT interventions for hoarding disorder include motivation enhancement, psychoeducation, skills training for sorting and organizing objects, behavioral practice for non-acquiring and discarding, as well as cognitive strategies to alter beliefs about and attachment to about possessions. We will consider newer strategies that may improve outcomes and require further testing in outcome trials.

#### You will learn:

- Recognize the features and concurrent problems associated with a diagnosis of hoarding disorder.
- Utilize cross disciplinary tools to assess hoarding severity and associated features.
- Identify CBT strategies that reduce acquisition, improve organizing skills, and reduce clutter, as well as additional methods to enhance gains.

Recommended Readings: Steketee, G., & Frost, R.O. (2014). Treatment of compulsive hoarding: Therapist guide. New York: Oxford University Press. Tolin, D., Frost, R.O., & Steketee, G. (2014). Buried in treasures: Help for compulsive acquiring, saving and hoarding. New York: Oxford University Press. Steketee, G. & Bratiotis, C. (2020). Hoarding: What everyone needs to know. New York: Oxford University Press.

#### Earn 1.5 continuing education credits

#### Symposium 89

#### Expanding the Evidence Base: Transdiagnostic Treatments Across the Lifespan

CHAIR: Laurel Sarfan, Ph.D., University of California at Berkeley DISCUSSANT: Allison G. Harvey, Ph.D., University of California Berkeley

All level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: Transdiagnostic, Evidence-Based Practice, Treatment Development

#### Transdiagnostic Treatment of Mental Health Disorders in Children and Young People with Long-term Physical Conditions

Roz Shafran, Ph.D., University College London, Great Ormond Street Institute of Child Health

Sophie Bennett, Ph.D., D.Clin.Psy, University College London Great Ormond Street Institute of Child Health

Matteo Catanzano, Ph.D., M.D., University College London Great Ormond Street Institute of Child Health

## Adolescent Engagement in a Transdiagnostic Mental Health Treatment Delivered in Indian Schools

Resham Gellatly, M.A., University of California, Los Angeles

Maya M. Boustani, Ph.D., Loma Linda University

Kanika Malik, Ph.D., Sangath India

Daniel Michelson, D.ClinPsy, University of Sussex

Kimberly Becker, Ph.D., University of South Carolina

Rujuta Mahajan, M.A., Sangath India

Abhijeet Jambhale, M.A., Sangath India

Rooplata Sahu, M.A., Sangath India

Pooja Nair, Sangath India

Vikram Patel, Ph.D., Harvard Medical School

Bruce F. Chorpita, B.A., M.A., Ph.D., University of California, Los Angeles

## School-based Acceptance and Commitment Therapy for Adolescents with Anxiety

Julie Petersen, B.S., Utah State University

Michael Twohig, Ph.D., Utah State University

### Examining an Online Self-help Process-based Intervention for Clinical Perfectionism

Clarissa Ong, M.S., McLean Hospital/Harvard Medical School

Eric Lee, Ph.D., Southern Illinois University

Michael Levin, Ph.D., Utah State University

Michael Twohig, Ph.D., Utah State University

## Serious Mental Illness and Sleep and Circadian Dysfunction: Exploring Trans-c Outcomes for Mid-life to Older Adults

Laurel Sarfan, Ph.D., University of California at Berkeley

Caitlin Gasperetti, M.A., University of California at Berkeley Nicole B. Gumport, M.A., University of California, Berkeley

Allison G. Harvey, Ph.D., University of California Berkeley

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 87

#### Integrating Longitudinal Designs Across Multiple Timescales and Demographics to Improve the Prediction and Prevention of Suicidal Ideation

CHAIRS: Gemma T. Wallace, M.S., Colorado State University

Kimberly L. Henry, Ph.D., Colorado State University

DISCUSSANT: E David Klonsky, Ph.D., University of British Columbia

Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Suicide, Longitudinal, Risk / Vulnerability Factors

## How Universal Childhood Prevention Can Reduce Suicidal Ideation: Results from the Seattle Social Development Project Intervention

Jennifer A. Bailey, Ph.D., University of Washington, Seattle

Rick Kosterman, Ph.D., University of Washington

Marina Epstein, Ph.D., University of Washington

Karl Hill, Ph.D., University of Colorado Boulder Kevin Haggerty, Ph.D., University of Washington

Trajectories of Suicidal Ideation Across Adolescence and Emerging Adulthood: Multisystemic Antecedents and Functional Outcomes Within a Racially and

Socioeconomically Diverse Sample

Gemma T. Wallace, M.S., Colorado State University

Kimberly L. Henry, Ph.D., Colorado State University

### A Longitudinal Study of the Relationship Between Psychological Pain and Suicidal Desire

Mikayla C. Pachkowski, M.A., The University of British Columbia Paul Hewitt, Ph.D., University of British Columbia E David Klonsky, Ph.D., University of British Columbia

Differential Time Varying Associations Among Affective States and Suicidal Ideation Among Adolescents Following Hospital Discharge

Heather Schatten, Ph.D., Butler Hospital & Brown Medical School Leslie Brick, Ph.D., Alpert Medical School of Brown University Caroline Holman, Ph.D., Providence Veterans Affairs Medical Center Ewa Czyz, Ph.D., University of Michigan

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 86

#### Innovations and Updates to Early Intervention Treatment in Psychosis

CHAIR: Alia R. Warner, ABPP, Ph.D., University of Texas Health

Science Center at Houston

DISCUSSANT: David Penn, Ph.D., University of North Carolina at Chapel

Hill

Moderate level of familiarity with the material Primary Category: Schizophrenia / Psychotic Disorders Key Words: Schizophrenia, Early Intervention, Psychosis / Psychotic Disorders

Treatment Outcomes Following the Early Onset Treatment Program (EOTP): Rehospitalization and Legal Involvement

Alia R. Warner, ABPP, Ph.D., University of Texas Health Science Center at Houston

Implementation of Early Psychosis Intervention Coordination (EPIC) Teams in the VA

Shirley M. Glynn, Ph.D., University of California, Los Angeles Nicholas Bowersox, Ph.D., ABPP, Department of Veteran Affairs Daniel Bradford, M.D., MPH, Department of Veteran Affairs

The Early Psychosis Intervention Network (EPINET): Utilizing the Core Assessment Battery to Inform Clinical Practice Piper Meyer-Kalos, Ph.D., University of Minnesota Susan Azrin, Ph.D., National Institute of Mental Health

2:00 p.m. - 4:00 p.m.

#### Earn 2 continuing education credits

#### Master Clinician 7



## Treating OCD in Children and Adolescents: A Cognitive-behavioral Approach

Martin E. Franklin, Ph.D., Rogers Behavioral Health

Basic to Moderate level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: ERP (Exposure and Response Prevention), Child, Adolescents

In the last 25 years, the evidence base for cognitive behavioral therapy involving exposure plus response prevention for treating youth with OCD has grown substantially. Treatment typically involves in vivo and imaginal exposure to situations and thoughts that provoke obsessional anxiety, along with response prevention, which is aimed at reducing and ultimately eliminating compulsions and other more passive forms of avoidance. Randomized controlled trials conducted around the world now support the efficacy of exposure-based interventions, and effectiveness trials have since provided evidence that robust and durable outcomes can be achieved outside the academic medical contexts in which these treatments were developed and validated. These advances notwithstanding, response to treatment is still neither universal nor complete, and subspecialty expertise in OCD and related disorders remains difficult to find in many, if not most, clinical settings. This seminar will focus on common issues that arise in providing CBT for children and adolescents, and clinical strategies to address these challenges will be presented. Psychiatric comorbidity, family accommodation, motivational readiness, and other challenges to within- and between-session protocol adherence will be addressed in turn, and ample time will be made available for discussion of clinical cases in which optimal outcomes are proving difficult to achieve.

#### Outline:

- Welcome and speaker introduction
- Review of the efficacy and effectiveness literature on CBT, pharmacotherapy, and their combination for pediatric OCD
- Discussion of moderators and mediators of outcome, and their implications for clinical practice Clinical management of:
- Psychiatric comorbidity
- Motivational issues
- Family accommodation

- Clinical case examples of common and less common presentations
- Solicitation of audience case examples Moderated Q&A Where to get additional information on this topic

#### Long-term goals:

- To master the presentation of the treatment rationale to patients and their families who are considering a course of CBT for pediatric OCD.
- To develop clinical facility with the core techniques of CBT for pediatric OCD, including in vivo exposure imaginal exposure, response prevention, and the management of family accommodation.

#### You will learn:

- List at least five of the seminal trials examining the efficacy and effectiveness of CBT, pharmacotherapy, and their combination in the treatment of pediatric OCD.
- Identify the four core CBT techniques for children and adolescents with OCD, including in vivo exposure, imaginal exposure, response prevention, and motivational interviewing.
- Identify three techniques used in the clinical management of common problems encountered in CBT for youth with OCD and their families, including the clinical management of psychiatric comorbidity, procedures to address family accommodation, and pharmacotherapy augmentation strategies.

Recommended Readings: Franklin, M. E., Dingfelder, H. E., Coogan, C. G., Garcia, A. M., Sapyta, J. J., & Freeman, J. (2013). Cognitive behavioral therapy for pediatric obsessive-compulsive disorder: Development of expert-level competence and implications for dissemination. Journal of Anxiety Disorders 27, 745-753. Franklin, M. E., Freeman, J. B., & March, J. S. (2019). Treating OCD in children and adolescents: A cognitive-behavioral approach. New York, NY: Guilford Press.Franklin, M., Sapyta, J., Freeman, J., Khanna, M., Compton, S., Almirall, D., et al. (2011). Cognitive behavior therapy augmentation of pharmacotherapy in pediatric obsessive-compulsive disorder: The Pediatric OCD Treatment Study II (POTS II). Journal of the American Medical Association 306, 1224-1232. Leonard, R. C., Franklin, M. E., Wetterneck, C. T., Riemann, B. C., Simpson, H. B., Kinnear, K., . . . Lake, P. M. (2016). Residential treatment outcomes for adolescents with obsessive-compulsive disorder. Psychotherapy Research, 26, 727-736. Wetterneck, C. T., Leonard, R. C., Adams, T. G., Riemann, B. C., Grau, P., & Franklin, M. E. (2020). The effects of depression on the treatment of OCD in a residential sample. Bulletin of the Menninger Clinic, 84, 12-33. doi:http://dx.doi.org.proxy.library.upenn.edu/10.1521/ bumc.2020.84.suppA.12

#### Earn 2 continuing education credits

#### Master Clinician 8

# OCD and Comorbidity: When Does Treatment Need to Be Modified Because of Other Problems and How Do You Do It?

Jonathan B. Grayson, Ph.D., University of Southern California

Moderate to Advanced level of familiarity with the material Primary Category: Obsessive Compulsive and Related Disorders Key Words: OCD (Obsessive Compulsive Disorder), Comorbidity, Tic Disorders

Designing a treatment of exposure and response prevention is relatively simple, but obtaining compliance is an art. For many sufferers, complying with treatment feels impossible. There are a number of different factors that can impede treatment, including failure to properly identify the feared consequences of exposure, issues of denial/acceptance, and comorbid merged problems (when OCD and non-OCD problems share the same feared consequences). Not all comorbid issues require a modification of exposure and response prevention for OCD. This presentation will explain when and how these issues can interfere with treatment and how to modify treatment when necessary.

- Introduction
  - Forms of Treatment Resistance
    - Poor readiness
    - Focus upon the wrong feared consequences
    - Merged cases
      - Definition of merge: A problem is considered merged when the feared consequences (FCs) of their OCD problems overlap with the FCs of other issues, problems or diagnoses.
    - Merged and Co-Morbidity
      - Deciding when and how to treat co-morbid issues.
        - Unmerged or Simple OCD
        - Merged OCD
- The Model
  - Adapting the model to the patient's problems
    - Feared consequences (FC) the avoidance/compulsion "fixes"
      - Will be idiosyncratic to individual and as it relates to OCD will be driven by intolerance of uncertainty.
        - Further elaboration of FC's and uses of ACT and CT and different paths of treatment resistance
  - Merged OCD

- A more complicated and thorough case conceptualization resulting from the interplay of merged issues
- 2 Case examples to illustrate the difference between merged and unmerged problems.
  - Ex. # 1 Unmerged: OCD and Borderline Personality Disorder (BPD)
  - Ex # 2 -Merged: OCD and Borderline Personality Disorder
    - Ramifications of how this modifies therapy.
- Case Examples: PTSD & OCD: Unmerged and Merged
  - Both women suffered from sexual trauma and both came to treatment with PTSD and OCD.
- Summary
  - These cases are important for two reasons. The first is the one that appeals
    to us and many other clinicians B sufferers who come to us are individuals,
    there problems may be complex, so that cookie-cutter approaches won't
    work.
  - The second is that we aren't presenting a new cookie cutter.
    - Not every patient is going to need or will benefit from simultaneously attacking treating all problems simultaneously
    - For OCD, however, it is our opinion that E+RP will probably always be a part, but when it is done is the question.
    - Resistance has many forms, we've just focused on one.

#### You will learn:

- Identify roadblocks to E&RP treatment of OCD.
- Describe how comorbid non-OCD issues can interfere with treatment.
- Create the initial steps for attacking treatment roadblocks.
- Differentiate merged vs unmerged OCD.
- Modify an ERP program for merged OCD presentation.

Recommended Readings: Abramowitz, J. (2004). Treatment of Obsessive-Compulsive Disorder in Patients Who Have Comorbid Major Depression. Journal of Clinical Psychology, 60(11), 1133-1141. https://onlinelibrary.wiley.com/doi/epdf/10.1002/jclp.20078Grayson, J.B. (2010). OCD and Intolerance of Uncertainty: Treatment Issues. Journal of Cognitive Psychotherapy, , 24, 3-15.Olatunji, B.M., Cisler, J.M. & Tolin, D.F. (2010). A meta-analysis of the influence of comorbidity on treatment outcome in the anxiety disorders. Clinical Psychology Review, 30, 642-654. https://www.sciencedirect.com/science/article/pii/S0272735810000711Pallanti, S., Grassi, G., Sarrecchia, E.D., Cantisani, A. & Pellegrini, M. (2011). Obsessive-Compulsive Disorder and Comorbidity: Clinical Assessment and Therapeutic Implications. Frontiers in Psychiatry, 21. https://doi.org/10.3389/fpsyt.2011.00070Ruscio, A., Stein, D., Chiu, W., & Kessler, R. (2010). The epidemiology of obsessive-compulsive disorder in the National Comorbidity Survey Replication. Molecular Psychiatry, 15, 53-63. https://doi.org/10.1038/mp.2008.94

#### Earn 3 continuing education credits

#### Traditional Workshop 8

# Upgrading Our Toolkit for Assessment and Treatment of Mood Problems and Bipolar Disorder

PRESENTER: Eric A. Youngstrom, Ph.D., Professor/Executive Director, UNC

Chapel Hill/Helping Give Away Psychological Science

Co-Authors: Caroline G. Vincent, B.S., Undergraduate Research Assistant,

HGAPS and University of North Carolina at Chapel

Hill

Joshua Langfus, M.A., Graduate Student, Department of Psychology & Neuroscience, University of North

Carolina at Chapel Hill

Moderate level of familiarity with the material
Primary Category: Bipolar Disorders

Key Words: Assessment, Bipolar Disorders, Implementation

Mood problems are common and can be debilitating or dangerous. They are one of the main issues we work with clinically. Yet they can have many different causes and supporting factors, and benefit from different treatments. Fortunately, there has been a surge of evidence about the validity of carefully diagnosed mood disorders, and better understanding of how sleep and other factors may be pieces of the puzzle. This workshop discusses key assessment and therapy issues, including: how bipolar and other mood disorders manifest clinically, similarities and differences in youths versus adults, how to use self-report and other-report measures to aid case formulation and treatment, and ideas about well-supported specific treatment strategies. The workshop blends lecture, case presentations, and links to a wealth of free assessments and information, as well as question-and-answer interactions. Often challenging conventional wisdom, the workshop presents new evidence that can be applied immediately in practice.

#### You will learn:

- Describe the use of evidence-based assessment methods that aid in differential diagnosis and measuring treatment response.
- Find free, easy to use tools to aid case formulation and measured treatment progress
- Explain how to integrate a conceptual model for working within systems-of-care into your practice with cases dealing with mood problems.
- Explain how many points of change would be a sign of improvement or worsening on short, free scales to track progress.
- Use TRIP Database to quickly gauge the support for different psychological and non-psychological (e.g., yoga, CBD oil...) options.

Recommended Readings: Fristad, M. A., & Roley-Roberts, M. E. (2019). Bipolar disorder. In M. I. Prinstein, E. A. Youngstrom, E. I. Mash, & R. Barkley (Eds.), Treatment of Disorders in Childhood and Adolescence (4th ed., pp. 212-257). Guilford Press, Youngstrom, E. A., & Prinstein, M. J. (2020). Introduction to Evidence-Based Assessment: A Recipe for Success. In E. A. Youngstrom, M. J. Prinstein, E. J. Mash, & R. Barkley (Eds.), Assessment of Disorders in Childhood and Adolescence (5th ed., pp. 3-29). Guilford Press, Youngstrom, E. A., Van Meter, A., Frazier, T. W., Hunsley, J., Prinstein, M. J., Ong, M.-L., & Youngstrom, J. K. (2017). Evidence-Based Assessment as an integrative model for applying psychological science to guide the voyage of treatment. Clinical Psychology: Science and Practice, 24(4), 331 - 363. https://doi.org/10.1111/cpsp.12207Youngstrom, E.A., Choukas-Bradley, S., Calhoun, C.D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. Cognitive and Behavioral Practice, 22, 20-35. doi: 10.1016/j.cbpra.2013.12.005Becker-Haimes, E. M., Tabachnick, A. R., Last, B. S., Stewart, R. E., Hasan-Granier, A., & Beidas, R. S. (2020). Evidence Base Update for Brief, Free, and Accessible Youth Mental Health Measures. Journal of Clinical Child & Adolescent Psychology, 49(1), 1-17. https://doi.org/10.1080/15374416.2019.16 89824

2:00 p.m. - 5:00 p.m.

Earn 3 continuing education credits

**Traditional Workshop 9** 

What to Do When Therapy Isn't Working: A Transdiagnostic Model for Assessing Progress, Changing Course, and Improving Outcomes in the Treatment of Anxiety and Its Related Problems

Rochelle I. Frank, Ph.D., University of California, Berkeley & The Wright Institute

Joan Davidson, Ph.D., San Francisco Bay Area Center for Cognitive Therapy

Basic to Moderate level of familiarity with the material Primary Category: Adult Anxiety

Key Words: Anxiety, Treatment, Transdiagnostic

Therapists often feel "stuck" when trying to figure out why their anxious patient's presenting problems are not resolving. This can be a demoralizing experience for both clinician and client. In this workshop, we offer an in-depth look at ten pivotal explanations that will help therapists more accurately assess actual and perceived treatment failure, and guide them in modifying therapy to facilitate achievement of client goals and improve outcomes. Transdiagnostic case formulation sheds light on what might be driv-

ing patients' problems, and on possibilities for resolving treatment impasses. Using the presenters' roadmap (Frank & Davidson, 2014) specifying a methodology for categorizing and identifying transdiagnostic mechanisms (TDMs), and targeting them in individualized treatment plans, participants will learn to reassess and modify their case formulations when patients seem to not be improving. For example, the TDMs originally identified may not be correct, and new hypotheses about clients' underlying vulnerabilities and coping responses may need to be explored. Alternatively, clients may struggle with motivation and willingness to change - especially if they must modify or relinquish long-held and valued coping behaviors in order to get better. Case conceptualization models also are useful in helping therapists consider potential problems when treatment appears to not be working. Specifically, and perhaps most importantly, how is progress being measured, and is it appropriate to both the client and the difficulties for which they are seeking therapy? Also, are there family or cultural considerations that potentially impede - or could improve - therapeutic gains? Similarly, the client may have specific concerns they have not yet revealed due to feelings of shame which, undetected and unaddressed, could negatively impact treatment outcomes. Ruptures in the therapeutic alliance, as well as the therapist's own TDM-driven limitations (e.g., perfectionistic strivings that convey pressure or are perceived as judgmental by the client) also can result in premature termination or treatment failure. Video demonstrations and group discussion will augment didactic instruction to illustrate both identification and resolution of these problems.

#### Outline:

- Audience survey re: experiences of treatment failure
- Overview of 10 pivotal reasons why clients are not, or may not appear to be, improving
- Overview of transdiagnostic formulation model to guide investigation and resolution of potential reasons for actual and perceived lack of client progress
- Illustrate how to use the transdiagnostic model when identifying and revising conceptualizations about what's not working in therapy
- Illustrate how to use components of general case conceptualization models to further explicate and resolve potential obstacles to progress
- Address discrepancies between therapist and client perceptions of treatment progress
- Wrap-up and review

#### Long Term Goals:

- Discuss 2 possible problems in the therapeutic alliance to consider that might be interfering with patents' progress.
- Assess their TDMs that might be negatively impacting clients' motivation, engagement in, and response to treatment.

#### You will learn:

- Identify 5 core components of the TDM case formulation model to reconsider when a patient does not appear to be making progress in treatment.
- Identify 3 problems when setting treatment goals that might be interfering with patients' progress.
- Identify 5 progress monitoring problems to consider when a patient does not appear to be making progress in treatment.

Recommended Readings: Frank, R. I., & Davidson, J. (2014). The transdiagnostic road map to case formulation and treatment planning: Practical guidance for clinical decision making (Oakland, CA: New Harbinger)Persons, J. B. (2016). Science in practice in cognitive behavior therapy. Cognitive and Behavioral Practice, 23, 454-458.Persons, J. B., Beckner, V. L., & Tompkins, M. A. (2013). Testing case formulation hypotheses in psychotherapy: Two case examples. Cognitive and Behavioral Practice, 20, 399 – 409.Lloyd,

C. E., Duncan, C., & Cooper, M. (2019). Goal measures for psychotherapy: A systematic review of self-report, idiographic instruments. Clinical Psychology Science and Practice, https://doi.org/10.1111/cpsp.12281.American Psychological Association, APA Task Force on Race and Ethnicity Guidelines in Psychology. (2019). Race and ethnicity guidelines in psychology: Promoting responsiveness and equity. Retrieved from http://www.apa.org/about/policy/race-and-ethnicity-in-psychology.pdf.

2:00 p.m. - 5:00 p.m.

#### Earn 3 continuing education credits

#### **Traditional Workshop 7**



## Supporting Caregivers of Children with ADHD: An Integrated Parenting Program

Christina Danko, Ph.D., University of Maryland, College Park Andrea M. Chronis-Tuscano, Ph.D., University of Maryland

Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: ADHD, Parent Training, Evidence-Based Practice

Parent mental health is often not addressed in evidence-based interventions for children with disruptive behavior disorders, such as Attention-Deficit/Hyperactivity Disorder (ADHD). Many evidence-based programs for children with ADHD rely on parents to implement treatment. This can be particularly difficult for parents who struggle with their own depression, executive functioning deficits, emotion dysregulation, or other mental health symptoms. Parent mental health impacts the trajectory of children with ADHD and ADHD treatment outcomes, pointing to the importance of providing parents with their own skills so they can better support their child with ADHD. This workshop will present on a flexible parenting program that integrates cognitive, behavioral, and emotion-focused intervention components. Supporting Caregivers of Children with ADHD incorporates a focus on parent mental health within a behavioral parenting intervention. Presenters will utilize case examples, interactive role plays, and video to engage clinicians in learning skills to intervene with children with ADHD and their parents. The presenters will discuss approaches to target parent factors within behavioral parent training to increase treatment engagement and improve treatment outcomes.

#### Outline:

- Rationale for addressing parent mental health in Behavioral Parent Training
- Considerations that influence child developmental trajectory and treatment outcome
- Brief review of the Transactional Model of ADHD in Families

- Review of existing research pertaining to Supporting Caregivers of Children with ADHD: An Integrated Parenting Program
- Overview of the Integrated Parenting Program
- Overview of program content
- Discussion of session structure
- Considerations when using the manual
- Description of selected modules from the Integrated Parenting Program
- Module 2: Special Time and Pleasant Activities
- Practice activity and discussion Module 3: Maintaining a Consistent Schedule and Time Management
- Case example
  - Module 4: Praise and Positive Thinking
- Video and Role play: Using positive thinking to support effective parenting Module 5: Ignoring and Relaxation
- Module 6: Time Out and Privilege Removal
- Role play: Addressing caregiver cognitions and coping skills
   Module 8: Working Effectively with the Schools and Assertiveness
- Module 9: Emotion Coaching
- Video, Practice activity and discussion Case example Audience Question & Answer

#### Long-term Goal:

Use CBT strategies to collaboratively address parent mental health concerns that are impacting behavioral parent training with a client's caregiver.

#### You will learn:

- Describe 3 reasons why integrating a focus on parent mental health yields optimal benefit of parenting interventions for children with ADHD.
- List principles of cognitive-behavioral therapy and organizational skills training that should be used in behavioral parent training, using a flexible and idiographic approach.
- Use 2 CBT components, such as behavioral activation and cognitive restructuring, with parents to address parent mental health symptoms and support effective parenting.
- Use 3 organizational skills training strategies with parents to support their ability to implement behavioral parent training skills.

Recommended Readings: Chronis-Tuscano, A., O'Brien, K., & Danko, C. M. (2020). Supporting Caregivers of Children with ADHD: An Integrated Parenting Program, Therapist Guide. Oxford University Press. Chronis-Tuscano, A., Clarke, T. L., O'Brien, K. A., Raggi, V. L., Diaz, Y., Mintz, A. D., ... & Lewinsohn, P. (2013). Development and preliminary evaluation of an integrated treatment targeting parenting and depressive symptoms in mothers of children with attention-deficit/hyperactivity disorder. Journal of Consulting and Clinical Psychology, 81(5), 918. Harold, G. T., Leve, L. D., Barrett, D., Elam, K., Neiderhiser, J. M., Natsuaki, M. N., ... & Thapar, A. (2013). Biological and rearing mother influences on child ADHD symptoms: revisiting the developmental interface between nature and nurture. Journal of Child Psychology and Psychiatry, 54(10), 1038-1046. Johnston, C., & Chronis-Tuscano, A. (2015). Families and ADHD. In R. A. Barkley (Ed.), Attention-deficit/hyperactivity disorder: A handbook for diagnosis and treatment (4th ed.). New York, NY: Guilford.Mazursky-Horowitz, H., Felton, I. W., MacPherson, L., Ehrlich, K. B., Cassidy, J., Lejuez, C. W., & Chronis-Tuscano, A. (2015). Maternal emotion regulation mediates the association between adult attention-deficit/hyperactivity disorder symptoms and parenting. Journal of Abnormal Child Psychology, 43(1), 121-131.

#### **Annual Meeting of Members**

All ABCT members are encouraged to attend this meeting. Learn about the Association's progress on our Strategic Intent, our 2021 accomplishments, and our priorities for 2022.

Meet the newest members to the ABCT governance and help thank your colleagues who have contributed so much to ABCT's success over the past year.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 99

## Geographical Disparities in Mental Health Information and Care

CHAIRS: Xin Zhao, M.S., Florida International University

Adela Timmons, Ph.D., Florida International University

DISCUSSANT: Jessica L. Schleider, Ph.D., Stony Brook University

Moderate level of familiarity with the material Primary Category: Vulnerable Populations

Key Words: Community-Based, Public Health, Vulnerable Populations

#### State Variation in Online Information-seeking About ADHD

Xin Zhao, M.S., Florida International University Wensong Wu, Ph.D., Florida International University Adela Timmons, Ph.D., Florida International University Stacy Frazier, Ph.D., Florida International University

Prevalence and Disparities in Mental and Developmental Health and Treatment Service Among Mississippi Children 0-5 Years

Dustin E. Sarver, Ph.D., University of Mississippi Medical Center

The Impact of Geographic Disparity on Healthcare Utilization Among Patients with Depression

Yilu Lin, M.P.H., Tulane University School of Public Health and Tropical Medicine Lizheng Shi, Ph.D., Tulane University School of Public Health and Tropical Medicine

#### Earn 1.5 continuing education credits

#### Symposium 98

#### Unified Protocol for Transdiagnostic Treatment and Prevention of Emotional Disorders in Health Conditions

CHAIRS: Jorge Osma, Ph.D., Universidad de Zaragoza

Todd Farchione, Ph.D., Boston University

DISCUSSANT: Elizabeth H. Eustis, Ph.D., Boston University

Basic to Moderate level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Health Psychology, Transdiagnostic, Emotion Regulation

#### Unified Protocol to Prevent Emotional Symptoms in Women with Infertility Problems and to Treat Emotional Disorders in People After Bariatric Surgery: Two Pilot Studies in Public Health Settings

Jorge Osma, Ph.D., Universidad de Zaragoza

Vanesa Ferreres-Galan, M.S., Hospital Comarcal de Vinaròs

Verónica Martínez-Borba, M.S., Universitat Jaume I

Alba Quilez-Orden, M.S., Universidad de Zaragoza

Laura Andreu-Pejó, Ph.D., Universitat Jaume I

Elena Crespo-Delgado, M.S., Universitat Jaume I

Óscar Peris-Baquero, M.S., Universidad de Zaragoza

Laura Martínez-García, M.S., Universidad de Zaragoza

## Treating Depression and Anxiety Disorders in Patients with Cardiovascular Diseases Utilizing the Unified Protocol

Phillip J. Tully, Ph.D., The University of Adelaide

## Application of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Type 2 Diabetes

Stephanie L. Leung, Ph.D., Montefiore Medical Center

Todd Farchione, Ph.D., Boston University

Jeffrey Gonzalez, Ph.D., Ferkauf Graduate School of Psychology

## Adaptation of the Unified Protocol for an Intervention to Prevent Depression After Breast Cancer

Karen L. Weihs, M.D., University of Arizona

Mairead McConnell, M.A., Yale University School of Medicine

Karen L. Weihs, M.D., University of Arizona

## Efficacy and Clinical Application of the Unified Protocol for Depression and Anxiety in Parkinson's Disease

Ryan J. Piers, M.A., Boston University Gretchen Reynolds, Ph.D., Brigham and Women's Hospital Todd Farchione, Ph.D., Boston University Bonnie Wong, Ph.D., Boston University Alice Cronin-Golomb, Ph.D., Boston University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 93

# Cognitive Behavioral and Acceptance and Commitment Based Therapy Approaches in the Context of Integrated Health Models: Addressing Multidimensional Health Outcomes

CHAIRS: Naomi Ennis, Ph.D., Medical University of South Carolina

Anne Marie Albano, ABPP, Ph.D., Modern Minds

DISCUSSANT: Steven C. Hayes, Ph.D., University of Nevada, Reno

Moderate level of familiarity with the material Primary Category: Treatment - Mindfulness & Acceptance

Key Words: ACT (Acceptance & Commitment Therapy), Integrated Care, Treatment/ Program Design

An Acceptance and Commitment Therapy-based Integrated Mental Health and Wellness Model for Adults with Depression and Anxiety: Overview and Preliminary Findings

Naomi Ennis, Ph.D., Medical University of South Carolina Anne Marie Albano, ABPP, Ph.D., Modern Minds Kevin Gray, M.D., Medical University of South Carolina

Multi-model ACT for Anxious and Depressed Adults with Metastatic Cancer

Joanna J. Arch, Ph.D., University of Colorado Boulder

Jill Mitchell, Ph.D., MSW, LCSW, Rocky Mountain Cancer Centers

Michael Levin, Ph.D., Utah State University

David Andorsky, M.D., Rocky Mountain Cancer Centers

Jean Kutner, M.D., MPH/MSPH, University of Colorado Anschutz School of Medicine

## Effectiveness of Transdiagnostic ACT: Preliminary Results and Processes of Change from the "choose Change" Controlled Effectiveness Trial

Andrew Gloster, Ph.D., University of Basel Victoria Block, M.S., University of Basel Jeanette Villanueva, Ph.D., University of Basel Andrea Meyer, Ph.D., University of Basel Elisa Haller, Ph.D., University of Basel

## Metta-based Group Meditation and Individual CBT (Metta-CBT) for Chronic Depression

Ulrich Stangier, Ph.D., Goethe Universitat Artjom Frick Frick, M.Sc., Goethe Universistat Isable Thinnes, M.Sc., Goethe Universistat Elisabeth Arens, Ph.D., Goethe Universistat Stefan G. Hofmann, Ph.D., Boston University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

Mini Workshop 14

#### Mindfulness Techniques for Distress Reduction and Emotion Regulation

Lynn C. Waelde, Ph.D., Palo Alto University Sarah M. DeLuca, Ph.D., Kaiser Permanente, San Rafael, CA

All level of familiarity with the material Primary Category: Treatment - Mindfulness & Acceptance Key Words: Mindfulness, Emotion Regulation, CBT

A variety of techniques are incorporated into CBT for distress reduction, including grounding, safe space imagery, breath-focused attention, and letting go. Although often collectively referred to as mindfulness practices, these techniques reflect diverse strategies for distress reduction and emotion regulation. This workshop will address these four different techniques and examine the evidence for their short- and long-term effects as emotion regulation strategies. Participants will actively engage in this workshop (in recorded or live format) by rating four recorded actor-portrayed clinical vignettes of these techniques according to their perceived immediate effects on distraction, distress, and experiential engagement and long-term effects on self-monitoring, mindfulness, and experiential avoidance. The role of each of these techniques will be discussed with reference to their implementation in CBT and mindfulness-based interventions for the development of flexible emotional regulation skills.

You will learn:

- Identify four different distress reduction techniques and their relations to mindfulness practice.
- Discuss the impact of different forms of distress reduction on distraction, distress, experiential engagement, self-monitoring, and experiential avoidance.
- Describe how to flexibly implement different forms of distress reduction in CBT.

Recommended Readings: Lutz, A., Slagter, H. A., Dunne, J. D., & Davidson, R. J. (2008). Attention regulation and monitoring in meditation. Trends in Cognitive Sciences, 12, 163–9. https://doi.org/10.1016/j.tics.2008.01.005Sheppes, G., Scheibe, S., Suri, G., & Gross, J. J. (2011). Emotion-regulation choice. Psychological Science, 22, 1391–1396. https://doi.org/10.1177/0956797611418350Waelde, L. C. (in press). Mindfulness and meditation for stress and trauma: A therapist guide. Guilford Press.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

Mini Workshop 15

#### Movement, Speed and Flow: A Live, Annotated Demonstration of Dialectical and Stylistic Strategies in Adolescent DBT

Ashley Maliken, Ph.D., University of California San Francisco Maggie Gorraiz, Ph.D., McClean Hospital & Harvard Medical School Alison Yaeger, Psy.D., McLean Hospital Esme A L. Shaller, Ph.D., University of California San Francisco

> Moderate level of familiarity with the material Primary Category: Suicide and Self-Injury Key Words: Suicide, Adolescents, Treatment

Mental health treatment with multi-problem adolescents requires both adherent execution of evidence-based treatment and delivery of that treatment in a way that is acceptable to the teen – if teens do not engage with treatment, the treatment cannot work. Dialectical behavior therapy (DBT), an efficacious and effective treatment originally designed for the treatment of suicidal and self-injurious behavior in adults (e.g., Linehan et al., 2015), elegantly synthesizes these two goals. First, there is a growing body of literature demonstrating its effectiveness with chronically suicidal and self-harming adolescents (e.g., McCauley et al., 2018), a population for whom to date there are no other evidence-based treatments. Second, adherent delivery of DBT requires the use of specific skills and strategies that represent a departure from how clinicians raised in standard CBT or other therapies were trained. The dialectical strategies and stylistic strategies reflect what the lim-

ited research has told us is important when working with youth – that having a therapist who is nonjudgmental, collaborative and authentic is crucial to alliance and subsequent engagement in treatment (Thompson et al., 2007; Creed & Kendall, 2005). While DBT is a well-known empirically-supported treatment, the nuances of implementation can be difficult for novices to recognize and master, especially in the context of working with adolescents with severe emotion dysregulation, a population that can feel intimidating even to seasoned DBT clinicians. This mini workshop will incorporate three components: didactic teaching, a live role play of an adolescent DBT session, and facilitated discussion with an opportunity for audience questions. During the role play, we will label the different strategies being used by the clinician as they occur in real-time. Having given similar (and very well attended) DBT demonstrations at ABCT in 2018 and 2019, we found students and experienced clinicians alike appear hungry for demonstrations that provide context and clear learning goals. By framing ahead of time and annotating throughout, we hope to deepen the experience of the workshop participant so that they leave confident they could begin to use the dialectical and stylistic strategies immediately.

#### You will learn:

- Name the 8 DBT dialectical strategies.
- Name the 11 DBT stylistic strategies.
- Accurately identify irreverent strategies used during the role play.

Recommended Readings: McCauley, E., Berk, M.S., Asarnow, J.R., Adrian, M., Cohen, J., Korslund, K., Avina, C., Hughes, J., Harned, M., Gallop, R., & Linehan, M.M. (2018). Efficacy of Dialectical Behavior Therapy for adolescents at high risk for suicide: A randomized clinical trial. JAMA Psychiatry, 75(8), 777-785. Doi: 10.1001/jamapsychiatry.2018.1109Creed, T.A., & Kendall, P.C. (2005). Therapist alliance-building behavior within a cognitive-behavioral treatment for anxiety in youth. Journal of Consulting and Clinical Psychology, 73(3), 498-505. Doi: 10.1037/0022-006X.73.3.498Shaller, E.A.L. (2019). 5 tips for practicing irreverence: A guide to becoming the ultimate irreverence champion. DBT Bulletin: 2nd Volume, 1st Issue. Los Angeles, CA.

#### Earn 1.5 continuing education credits

#### Mini Workshop 13

## Intensive Exposure-based Therapy in Acute Care Settings for Children and Adolescents

Rachel L. Goldman, Ph.D., Weill Cornell Medicine Abby Bailin, Ph.D., Weill Cornell Medicine Avital Falk, Ph.D., Weill Cornell Medicine Jessica Simberlund, M.D., New York-Presbyterian/Weill Cornell Medicine

Basic to Moderate level of familiarity with the material

Primary Category: Child / Adolescent - Anxiety

Key Words: Exposure, Child, Anxiety

Acute care settings, including Partial Hospitalization Programs (PHPs) and inpatient units, often lack specialized, evidence-based psychotherapeutic interventions such as exposure-based therapy. The absence of such interventions may limit the effectiveness of these higher levels of care for youths with anxiety disorders exhibiting significantly impairing symptoms. There is growing evidence that suggests that intensive exposure-based treatment reduces barriers to care and improves treatment outcomes in shorter duration compared to traditional once weekly services. Therefore, adapting an intensive exposure-based approach within an insurance-based acute care setting offers a promising opportunity to increase access to evidence-based services at no additional cost to meet acute care needs for youth with anxiety disorders. This workshop will illustrate how to implement intensive exposure-based services in acute care settings. It will demonstrate the use of intensive cognitive behavioral therapy (CBT) with exposure and Exposure and Response Prevention (ERP) for youth with moderate to severe anxiety disorders. Special focus will be paid to youth-focused and parent-focused interventions delivered in person and in a virtual format. We will provide opportunities for experiential learning with in-vivo modeling and role-plays (e.g., developing a fear hierarchy, implementing ERP in an intensive and group format) to support participant learning. To illustrate this model, we will present case examples and clinical outcomes from the Pediatric OCD, Anxiety, and Tic disorders (POCAT) Program's OCD treatment track within the insurance-based adolescent PHP at NewYork-Presbyterian Hospital/Weill Cornell Medicine. By implementing CBT and exposure therapy in ways that depart from traditional weekly therapy sessions, the intensive model in acute care settings allows youth and families to benefit from a greater reduction in impairing symptoms over the course of a few weeks. This approach has the potential to be transformative in addressing the significant limitations that patients with anxiety disorders face.

You will learn:

- Develop an intensive exposure-based treatment plan for an acute care setting.
- Develop a fear hierarchy appropriate within an acute care setting.
- Implement exposure therapy for youth with moderate to severe anxiety disorders.
- Identify adjunctive cognitive-behavioral strategies (e.g., mindfulness, cognitive restructuring) to support treatment for youth with anxiety disorders in an acute care setting.
- Identify evidence-based practices within an intensive exposure-based model.

Recommended Readings: Storch, Eric A, Geffken, Gary R, Merlo, Lisa J, Mann, Giselle, Duke, Danny, Munson, Melissa, Adkins, Jennifer, Grabill, Kristen M, Murphy, Tanya K, and Goodman, Wayne K. Family-based Cognitive-behavioral Therapy for Pediatric Obsessive-compulsive Disorder: Comparison of Intensive and Weekly Approaches. Journal of the American Academy of Child and Adolescent Psychiatry 46.4 (2007): 469-78. Jónsson, Hjalti, Kristensen, Maria, and Arendt, Mikkel. Intensive Cognitive Behavioural Therapy for Obsessive-compulsive Disorder: A Systematic Review and Meta-analysis. Journal of Obsessive-compulsive and Related Disorders 6 (2015): 83-96.Riise, Eili N, Kvale, Gerd, Öst, Lars-Göran, Skjold, Solvei Harila, Hansen, Hans, and Hansen, Bjarne. Concentrated Exposure and Response Prevention for Adolescents with Obsessive-compulsive Disorder: An Effectiveness Study. Journal of Obsessive-compulsive and Related Disorders 11 (2016): 13-21.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 94

#### Innovations in Emotion Regulation Research: Examining Understudied Emotion Regulation-related Factors

CHAIR: Tara L. Spitzen, M.A., University of Toledo

DISCUSSANT: Jennifer S. Cheavens, Ph.D., Ohio State University

Basic to Moderate level of familiarity with the material

Primary Category: Transdiagnostic

Key Words: Emotion Regulation, Emotion, Risk / Vulnerability Factors

Increasing Anger as an Emotion Regulation Strategy: Development of the Anger Upregulation Scale

Jessica R. Peters, Ph.D., Alpert Medical School of Brown University

Does Negative Emotion Differentiation Protect Against Inflexible Avoidance of Valued Goal Pursuit? A Daily Diary Study

Bradley A. Brown, B.S., University of South Florida

Jessica A. Birg, M.A., University of South Florida

Michelle Hua, B.A., University of South Florida

Fallon R. Goodman, Ph.D., University of South Florida

The Unique Effects of Unified Protocol Skill Frequency and Repertoire on Session-to-session Changes in Anxiety, Depression, and Loneliness

Matthew W. Southward, Ph.D., University of Kentucky Shannon Sauer-Zavala, Ph.D., University of Kentucky

Extending Research on Emotion Regulation: Development and Initial Validation of the Perceived Efficacy for Emotion Regulation Scale

Tara L. Spitzen, M.A., University of Toledo Matthew T. Tull, Ph.D., University of Toledo Kim L. Gratz, Ph.D., University of Toledo

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 28

# Moving from Awareness to Action: Building an Intentionally Anti-racist Clinical Training Program in an Academic Medical Center

MODERATOR: Courtney A. Smith, Ph.D., University of Louisville School of

Medicine

PANELISTS: Kristie V. Schultz, Ph.D., University of Louisville School of

Medicine

Jennifer F. Le, M.D., University of Louisville School of

Medicine

Kelly E. Slaughter, M.S., University of Louisville School of

Medicine

Primary Category: Culture / Ethnicity / Race

Key Words: Training / Training Directors, Instructional models, Race

In response to racial trauma and the cultural climate in Louisville, Kentucky, the University of Louisville has made a commitment to become a "premier anti-racist metropolitan research university," to include building intentionally anti-racist curriculums across disciplines. While many national organizations are encouraging the further integration of diversity training and awareness into education and clinical practice, psychologists and psychiatrists are left without a blueprint for accomplishing this very complex, yet ethically imperative, task. At the University of Louisville School of Medicine, we are uniquely positioned within the Department of Pediatrics to provide collaborative, integrated training to psychology interns and psychiatry fellows within the Division of Child and Adolescent Psychiatry and Psychology, creating a rich environment for bidirectional learning. With contributions from divisional leadership, psychology and psychiatry training directors, and a current psychology trainee, initial discussions will focus on emerging training curriculums used within our university and state, as well as importance for inclusion of both faculty and trainees. Next, we will engage in a more in-depth discussion of didactic and experiential learning for trainees through the lens of cultural humility, including providing evidence-based care to diverse populations and applying Cognitive Behavioral Therapy to address internalized racism and prejudice reduction with patients and families. We will then discuss additional learning opportunities, such as in-vivo experiences, small group processing, and engagement with community partners. Finally, we will discuss barriers to implementation and opportunities for others to incorporate anti-racist curriculums into their own academic environments.

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 97

# From Neurological Processes to Implementation: Targets and Strategies for Adaptations Across the Translational Spectrum to Advance the Reach of Effective Treatment for Anxiety

CHAIRS: Emily M. Haimes, Ph.D., Perelman School of Medicine at the

University of Pennsylvania

Hannah E. Frank, Ph.D., Alpert Medical School of Brown

University

DISCUSSANT: Kristen Benito, Ph.D., The Warren Alpert Medical School of

Brown University

Basic to Moderate level of familiarity with the material Primary Category: Child / Adolescent - Anxiety Key Words: Anxiety, Treatment, Translational Research

### Using Neural Reward Function to Understand Heterogeneity in Youth Anxiety Treatment Outcome

Stefanie L. Sequeira, M.S., University of Pittsburgh
Stefanie L. Sequeira, M.S., University of Pittsburgh
Jennifer Silk, Ph.D., University of Pittsburgh, Department of Psychology
Cecile Ladouceur, Ph.D., University of Pittsburgh, Department Of Psychiatry
Jamie Hanson, Ph.D., University of Pittsburgh, Department Of Psychology
Neal Ryan, M.D., University of Pittsburgh, Department of Psychiatry
Judith Morgan, Ph.D., University of Pittsburgh, Department of Psychiatry
Dana McMakin, Ph.D., Florida International University, Department of Psychology
Philip C. Kendall, ABPP, ABPP, Ph.D., Temple University
Ronald Dahl, M.D., University of California, Berkeley, School of Public Health
Erika Forbes, Ph.D., University of Pittsburgh, Department of Psychiatry

#### Using a Community-engaged Approach to Adapting and Implementing Evidencebased Treatments for Generalized Anxiety: Development of a Treatment

#### Framework Across Culturally Diverse Communities

Anu Asnaani, Ph.D., The University of Utah

Kiran Kaur, M.S., The University of Utah

Manuel Gutierrez Chavez, B.S., The University of Utah

Ana Sanchez-Birkhead, Ph.D., The University of Utah

Sheila Crowell, Ph.D., The University of Utah

### Three-year Outcomes of a Free Online Toolkit to Support Exposure Therapy Implementation for Anxious Youth

Emily M. Haimes, Ph.D., Perelman School of Medicine at the University of Pennsylvania Katherine Wislocki, B.A., University of Pennsylvania

Hilary Kratz, Ph.D., LaSalle University

Simone Schriger, M.A., University of Pennsylvania

Amanda Sanchez, Ph.D., University of Pennsylvania School of Medicine

Hannah E. Frank, Ph.D., Alpert Medical School of Brown University

## The Importance of Attending to Organizational Context to Support Exposure Therapy Implementation in Private Practice: A Mixed Methods Study

Hannah E. Frank, Ph.D., Alpert Medical School of Brown University

Kristen Benito, Ph.D., The Warren Alpert Medical School of Brown University

Emily Becker-Haimes, Ph.D., University of Pennsylvania Perelman School of Medicine

Kaitlyn Schneider, M.S., Northeastern University

Lauren Milgram, B.A., Bradley Hospital

Jennifer Freeman, Ph.D., The Warren Alpert Medical School of Brown University

#### Earn 1.5 continuing education credits

#### Symposium 91

#### Advancing Knowledge About Intimate Partner Violence Among Sexual and Gender Minorities: Prevalence, Risk Factors, and Barriers to Care

CHAIR: Sarah W. Whitton, Ph.D., University of Cincinnati

DISCUSSANT: Jennifer Langhinrichsen-Rohling, Ph.D., University of North

Carolina at Charlotte

All level of familiarity with the material

Primary Category: LGBQT+

Key Words: LGBTQ+, Intimate Partner Aggression, Couples / Close Relationships

#### Rates of Lifetime Intimate Partner Violence in a National Sample of Latinx Sexual Minority Men in the US: A Cause for Concern

Gabriel Robles, Ph.D., Rutgers University
Stephan, Stephan, M.A., The Graduate Center of the City University of New York

Stephan Stephan, M.A., The Graduate Center of the City University of New York Tyrel J. Starks, Ph.D., Hunter College, CUNY

### Intimate Partner Violence Among Sexual and Gender Minorities Assigned Female at Birth: Rates and Risk Factors

Sarah W. Whitton, Ph.D., University of Cincinnati

Jeffrey Welge, Ph.D., University of Cincinnati

Michael E. Newcomb, Ph.D., Northwestern University

#### Minority Stress and Intimate Partner Violence Among Male Same-sex Couples: The Moderating Role of Positive and Negative Communication

Elissa L. Samo, Ph.D., Northwestern University Feinberg School of Medicine Casey Xavier Hall, Ph.D., MPH, Northwestern University

Michael E. Newcomb, Ph.D., Northwestern University

#### Problematic Drinking, Sexual Minority Stress, and Psychological Intimate Partner Aggression Perpetration in Sexual and Gender Minority Couples: A Dyadic Analysis

Dominic J. Parrott, Ph.D., Georgia State University Konrad Bresin, Ph.D., Georgia State University Amy Hequembourg, Ph.D., University of Buffalo Kevin Swartout, Ph.D., Georgia State University Cynthia Stappenbeck, Ph.D., Georgia State University Katherine Masyn, Ph.D., Georgia State University

### Help-seeking and Its Barriers Among Young SGM-AFAB Victims of Intimate Partner Violence

Emily Devlin, B.A., University of Cincinnati Margaret Lawlace, M.A., University of Cincinnati Michael E. Newcomb, Ph.D., Northwestern University Sarah W. Whitton, Ph.D., University of Cincinnati

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 92

# Examining the Effect of ADHD on Parent and Adolescent Mental Health Outcomes and the Parent-adolescent Relationship

CHAIR: Nellie Shippen, B.S., M.A., University of Illinois at Chicago
DISCUSSANT: Erin Schoenfelder Gonzalez, Ph.D., University of Washington
School of Medicine

Moderate level of familiarity with the material

Primary Category: ADHD - Child

Key Words: Parenting, ADHD, Adolescents

## Longitudinal Impact of ADHD Symptoms in the Trajectory of Maternal Depression Symptoms

Nellie Shippen, B.S., M.A., University of Illinois at Chicago Julia Felton, Ph.D, Michigan State University Anne Stevens, Ph.D, University of Illinois at Chicago Meisa Khaireddin, B.A., University of Illinois at Chicago Carl Lejuez, Ph.D, University of Connecticut Andrea M. Chronis-Tuscano, Ph.D, University of Maryland Michael C. Meinzer, Ph.D., University of Illinois at Chicago

# Examining Negative Relationship Quality Between Adolescents and Their Best Friends and Parents in Relation to Adolescent Depression: The Role of ADHD Symptoms

Michael C. Meinzer, Ph.D., University of Illinois at Chicago Julia Felton, Ph.D., Michigan State University Lauren Oddo, M.S., University of Maryland Kenneth Rubin, Ph.D., University of Maryland Andrea M. Chronis-Tuscano, Ph.D, University of Maryland

## Mediators of Psychosocial Treatment for Adolescent ADHD: The Role of the Parent-teen Relationship

Margaret H. Sibley, Ph.D., University of Washington School of Medicine

Stefany Coxe, Ph.D, Florida International University

Courtney A. Zulauf-McCurdy, Ph.D., University of Washington School of Medicine

#### The Impact of ADHD on Maternal Quality of Life

Jennifer Piscitello, Ph.D., Florida International University

Amy R. Altszuler, Ph.D., Center for Children and families, Florida International University

Jessica Robb Mazzant, Ph.D., Center for Children and families, Florida International University

Dara E. Babinski, Ph.D., Penn State University

Elizabeth M. Gnagy, B.S., Center for Children and families, Florida International University

Timothy F. Page, Ph.D., Nova Southeastern University

Brook S. G. Molina, Ph.D., University of Pittsburgh

William E. Pelham Jr., Ph.D., Center for Children and families, Florida International University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 95

#### Results of a Randomized Controlled Trial of the Cannabis Echeckup TO GO Intervention

CHAIR: Mark A. Prince, Ph.D., Colorado State University

DISCUSSANT: Kara Thompson, Ph.D., St. Francis Xavier University

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: Randomized Controlled Trial, Addictive Behaviors, College Students

Differences in Cannabis Use Patterns and Negative Consequences in Youth Wanting to Change: A Cross-national Comparison

Alejandra Contreras, M.S., UVIC

Bonnie Leadbeater, Ph.D., University of Victoria

Results of a Randomized Controlled Trial of the Cannabis Echeckup TO GO Personalized Normative Feedback Intervention on Reducing Cannabis Use,

Cannabis Consequences, and Descriptive Norms

Bradley T. Conner, Ph.D., Colorado State University

Mark A. Prince, Ph.D., Colorado State University

Olivia Bolts, M.A., Colorado State University

Kara Thompson, Ph.D., St. Francis Xavier University

nathaniel Riggs, Ph.D., Colorado State University

Alejandra Contreras, M.S., UVIC

Bonnie Leadbeater, Ph.D., University of Victoria

Comparing the Comparison Condition: Differences in the Effects of Two Cannabis Echeckup TO GO Intervention Trials

Nathaniel Riggs, Ph.D., Colorado State University

Protective Behavioral Strategies in the Context of a Brief Web-based Intervention for Cannabis Use and Among College Students

Olivia Bolts, M.A., Colorado State University

Mark A. Prince, Ph.D., Colorado State University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 96

# Adolescent Suicide, Self-injury, and Rdoc: Advancing Understanding of Adolescents' Self-injurious Thoughts and Behaviors Across Multiple Rdoc Domains

CHAIR: Olivia H. Pollak, B.S., University of North Carolina at Chapel

Hill

DISCUSSANT: Catherine Glenn, Ph.D., Old Dominion University

Basic to Moderate level of familiarity with the material Primary Category: Suicide and Self-Injury Key Words: Suicide, Self-Injury, Adolescents

An Rdoc-based Approach to Adolescent Self-injurious Thoughts and Behaviors: The Interactive Role of Social Affiliation and Cardiac Arousal Benjamin W. Nelson, Ph.D., University of North Carolina at Chapel Hill

Olivia H. Pollak, B.S., University of North Carolina at Chapel Hill Matthew Clayton, M.S., University of North Carolina at Chapel Hill Mitchell Prinstein, Ph.D., University of North Carolina at Chapel Hill Eva Telzer, Ph.D., University of North Carolina at Chapel Hill

## Fluctuations in Affective States and Suicidal Ideation Across the Menstrual Cycle in Adolescents and Adults Recently Discharged from Psychiatric Hospitalization

Azure Reid-Russell, B.S., Harvard University

Maha Al-Suwaidi, B.A., Harvard University

Kate H Bentley, Ph.D., Massachusetts General Hospital

Dylan DeMarco, B.A., Harvard University

Rebecca G Fortgang, Ph.D., Harvard University

Erin Kilbury, M.A., Harvard University

Evan M. M. Kleiman, Ph.D., Rutgers University, The State University of New Jersey

Hye-In Lee, B.S., Harvard University

Alexander J Millner, Ph.D., Harvard University

Jordyn R. Ricard, B.A., Harvard University

Kelly Zuromski, Ph.D., Harvard University

Matthew K. Nock, Ph.D., Harvard University

# Defeat, Entrapment, and Positive Future Thinking: Examining Patterns of Future-oriented Thinking as a Novel Cognitive Predictor of Suicidal Ideation Among Adolescents

Olivia H. Pollak, B.S., University of North Carolina at Chapel Hill

Eleonora Guzman, M.Phil., Teachers College, Columbia University

Ki Eun Shin, Ph.D., Teachers College, Columbia University

Christine Cha, Ph.D., Teachers College, Columbia University

#### Negative Valence Systems and Suicide: Recent Suicidal Ideation and in vivo Feelings of Guilt in Children and Adolescents

Anastacia Y. Kudinova, Ph.D., Alpert Medical School of Brown University

Leslie Brick, Ph.D., Alpert Medical School of Brown University

Christine Barthelemy, B.S., Harvard Medical School

Heather MacPherson, Ph.D., Warren Alpert Medical School of Brown University

Gracie Jenkins, B.S., Harvard Medical School

Lena DeYoung, B.S., Harvard Medical School

Anna Gilbert, B.S., Harvard Medical School

Petya Radoeva, M.D., Ph.D., Warren Alpert Medical School of Brown University

Kerri Kim, Ph.D., Warren Alpert Medical School of Brown University

Michael F. Armey, Ph.D., The Alpert Medical School of Brown University

Daniel Dickstein, M.D., Harvard Medical School

## Cognitive Vulnerability Predicts Suicidal Behavior in Adolescents Following Psychiatric Emergency Care

Ki Eun Shin, Ph.D., Teachers College, Columbia University

Argelinda Baroni, M.D., NYU Grossman School of Medicine

Ruth Gerson, M.D., NYU Grossman School of Medicine

Kerri-Anne Bell, M.A., Teachers College, Columbia University

Olivia H. Pollak, B.S., University of North Carolina at Chapel Hill

Katherine Tezanos, M.S., Teachers College, Columbia University

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

Christine Cha, Ph.D., Teachers College, Columbia University

#### Earn 1.5 continuing education credits

#### Symposium 105

## Leveraging Mindfulness, Acceptance, and Values-based Strategies to Promote Adherence to Health Behaviors

CHAIR: Joanna J. Arch, Ph.D., University of Colorado Boulder

DISCUSSANT: Evan Forman, Ph.D., Drexel University

All level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: ACT (Acceptance & Commitment Therapy), Adherence, Medication

A Mindfulness Intervention to Address Medication Adherence and Substance Use for People Living with HIV in South Africa: Comparative Usefulness, Mindfulness Practice, and Impact on Negative Thinking

Jennifer M. Belus, Ph.D., Swiss Tropical and Public Health Institute

Kristen Regenauer, B.A., University of Maryland

Alexandra Rose, M.S., University of Maryland- College Park

Lena S. Andersen, Ph.D., University of Copenhagen

John Joska, MBChB, FC, M.Med., Ph.D., University of Cape Town

Steven A. Safren, Ph.D., ABPP, University of Miami

Bronwyn Myers, Ph.D., South African Medical Research Council

Jessica F. Magidson, Ph.D., University of Maryland- College Park

#### An Online Values-based Intervention ('REACH') to Promote Endocrine Therapy Adherence Among Breast Cancer Survivors: Randomized Controlled Pilot Trial Findings

Joanna J. Arch, Ph.D., University of Colorado Boulder Michael Levin, Ph.D., Utah State University Jill Mitchell, Ph.D., MSW, LCSW, Rocky Mountain Cancer Centers Sarah Genung, B.A., University of Colorado Boulder Catherine Crespi, Ph.D., University of California, Los Angeles Madeline Nealis, MPH, University of Colorado Boulder Ami Sheth, B.A., University of California, Los Angeles Jessica F. Magidson, Ph.D., University of Maryland-College Park Annette Stanton, Ph.D., University of California, Los Angeles

## Video-delivered Mind-body Resiliency Training to Reduce Health Anxiety in Adults with Congenital Heart Disease: A Proof-of-concept RCT

Christina M. Luberto, Ph.D., Massachusetts General Hospital/Harvard Medical School Amy Wang, B.A., Massachusetts General Hospital/Harvard Medical School Runnan Li, B.A., Massachusetts General Hospital/Harvard Medical School Jaclyn Pagliaro, B.A., Massachusetts General Hospital/Harvard Medical School Elyse Park, Ph.D., MPH, Massachusetts General Hospital/Harvard Medical School Ami Bhatt, M.D., Massachusetts General Hospital/Harvard Medical School

## The Values Interview: Developing and Validating a New Measure of Values Clarity and Values Awareness

Diane H. Dallal, M.S., Drexel University Evan Forman, Ph.D., Drexel University

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 102

#### Public Attitudes, Beliefs and Knowledge About Evidence-based Treatments

CHAIR: Alexandra L. Silverman, M.A., University of Virginia

DISCUSSANT: Sara Becker, Ph.D., Brown University School of Public Health

Basic level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Dissemination, Stakeholder Relevant, Evidence-Based Practice

### Measuring an Understudied Treatment Barrier: Knowledge About Therapy That Works

Casey A. Schofield, Ph.D., Skidmore College Gabriella T. Ponzini, M.S., West Virginia University Jeffrey Girard, Ph.D., University of Kansas Shari A. Steinman, Ph.D., West Virginia University Bethany A. Teachman, Ph.D., University of Virginia

## I Know CBT Would Benefit Me, But...: Stakeholder Attitudes on Therapy for Anxiety

Alexandra Werntz, Ph.D., University of Virginia & University of Massachusetts, Boston Bethany A. Teachman, Ph.D., University of Virginia

## Implicit and Explicit Beliefs About the Effectiveness of Psychotherapy vs. Medication

Alexandra L. Silverman, M.A., University of Virginia Bethany A. Teachman, Ph.D., University of Virginia

Asian and Native Hawaiian/pacific Islander Parents and Their Attitudes Towards and Intentions to Use Youth Mental Health Services

Spencer K. Choy, M.A., University of Hawai'i at Manoa Brad Nakamura, Ph.D., University of Hawai'i at Manoa

What Might Work?: Caregiver Attitudes and Preferences for Interventions to Increase Knowledge of Children's Mental Health Problems and Treatments

Jennifer Gamarra, Ph.D., University of California, Los Angeles Katherine Barnes, BA, University of California, Los Angeles Stephanie Lo, BA, University of California, Los Angeles Bruce F. Chorpita, B.A., M.A., Ph.D., University of California, Los Angeles

5:00 p.m. - 6:30 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 30

## Towards Creating an Inclusive, Equitable, and Culturally Responsive Clinical Environment for Doctoral Trainees of Color

MODERATOR: Alexandria N. Miller, M.S., Suffolk University
PANELISTS: Jessica LoPresti, Ph.D., Suffolk University

Jennifer Martinez, Ph.D., Northwestern University

Feinberg School of Medicine

Christian N. Adames, M.A., Columbia University

Lauren Toben, Ph.D., Miami University

Jamilah R. George, M.S., University of Connecticut

Anu Asnaani, Ph.D., University of Utah

Primary Category: Student Issues

Key Words: Student Issues, Supervision, Training / Training Directors

Students from underrepresented racial and ethnic minority groups (URM) are enrolling in doctoral programs at increasing rates, yet their average time to completion of doctoral degree requirements is longer, and attrition higher, than their White peers. Exposure to racial stressors and microaggressions in predominately White doctoral programs can reduce URM students' sense of belonging, impair psychosocial functioning, and interfere with academic performance (Miller & Orsillo, 2020; Clark et al., 2012). Unfortunately, clinical training sites are not immune from these types of racial stressors; graduate students of color often report microaggressions and racism perpetrated by supervisors, team members, and clients. Systemic changes are needed to correct injustices and provide access and opportunity to students of color.

This panel brings together graduate students, faculty, and clinical supervisors to share personal and professional experiences, and to brainstorm ways to address the inequities faced by URM students within psychology training sites. Based on audience questions and comments, panelists will share practical suggestions for how psychology programs and clinical training sites can move forward.

Panelists will (1) share their experiences in clinical supervisory relationships with, or as, students of color, (2) explore a supervisor's role in creating a safe, welcoming environment and interrupting racism within the clinical site, and (3) provide practical suggestions about how psychology graduate programs can be more involved in assessing and monitoring clinical training sites to ensure URM students can thrive.

Questions and comments will be solicited from the audience to foster a collaborative approach to navigating these barriers.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 29

## Stepping out on Your Own and into the Community: Launching a Community-engaged Research Program

MODERATOR: Blanche Wright, M.A., University of California Los Angeles
PANELISTS: Miya Barnett, Ph.D., University of California Santa Barbara

Miya Barnett, Ph.D., University of California Santa Barbara Kelsie H. Okamura, Ph.D., Hawaii Pacific University

Maya M. Boustani, Ph.D., Loma Linda University

Davielle Lakind, Ph.D., Mercer University Alayna Park, Ph.D., Palo Alto University

Primary Category: Dissemination & Implementation Science

Key Words: Community-Based, Implementation, Professional Development

One of the greatest challenges facing the mental health field is the gap between clinical science and practice. Community-academic partnerships offer a valuable avenue for bridging this gap and enhancing the accessibility, effectiveness, and sustainability of evidence-based psychotherapy practices (EBPs) in the community. Yet, it can be difficult for students, early-career professionals, or researchers transitioning into community-engaged research to figure out where to start. Additionally, navigating the time-intensive process of building an community-academic partnership in a system that rewards research productivity can prove challenging. The goal of this panel is to provide a forum for discussion on launching a career as a community-engaged researcher. Panelists will: (1) share their experiences initiating partnerships with various community stakeholders while developing independent research programs; (2) present examples of their community-engaged research, including their collaborative process of identifying and refining ideas; and (3) discuss lessons they have learned conducting community-engaged research, as well as strategies for cultivating mutually beneficial community-academic partnerships. Panelists bring experience partnering with a variety of organizations and stakeholders including: government agencies, community- and school-based mental health agencies, juvenile drug courts, community health workers, schools, afterschool programs, public libraries, and community centers. Their community-academic partnerships have sought to enhance access to behavioral health resources for historically underserved youth and families, widely disseminate EBPs, evaluate and improve the quality of existing mental health services, and increase organizational capacity to meet the mental health needs of local communities. Directly aligned with the convention theme of promoting cognitive behavioral science and practice, attendees will gain ideas and considerations for building a productive and impactful program of community-engaged research.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 31

## How to Translate Mental Health Research into Policy: A Discussion with International Policy Advocates

MODERATOR: Margaret Crane, M.A., Department of Psychology, Temple University

PANELISTS: Lynn F. Bufka, Ph.D., American Psychological Association

Matthew Sanders, Ph.D., School of Psychology, The

University of Queensland

Roz Shafran, Ph.D., University College London, Great

Ormond Street Institute of Child Health

Sarah Walker, Ph.D., Department of Psychiatry and Behavioral Science, University of Washington School of

Medicine

Casey Trupin, Raikes Foundation

Jonathan Purtle, D.Phil., Department of Health

Management & Policy, Dornsife School of Public Health

Primary Category: Dissemination & Implementation Science

Key Words: Public Policy, Dissemination, Implementation

Despite advancements in dissemination and implementation science, few youth receive evidence-based treatments in community settings. Policy that promotes evidence-based treatments and mental health funding more broadly can help improve youth mental health services. Unfortunately, evidence about mental health treatments often does not weigh heavily in policy-making processes, especially in legislative branches of government. Dissemination research investigates strategies to increase the distribution of evidence-based information to the public, including policy makers. However, it is unclear whether dissemination research is relevant to stakeholders involved in policy advocacy. Our panel will bring together five experts involved in policy advocacy: Sarah Walker (Washington state policy), Casey Trupin (Washington state and American national policy through philanthropy), Lynn Bufka (American national policy through the American Psychological Association), Matthew Sanders (Australian national policy through the Parent and Family Research Alliance), and Roz Shafran (Improving Access to Psychological Therapies in the United Kingdom). These experts are involved in state and national policy through universities, professional groups, and foundations. Jonathan Purtle (Drexel University) also will provide insights about dissemination strategies for policymakers from a research perspective. We will discuss what information policy advocates want to receive

about evidence-based interventions, how they would prefer to have that information presented, and other reflections about how research can be more applicable to policymakers. Further, we will review strategies that researchers and practitioners can use when engaging with policymakers. By bringing together perspectives from individuals involved with policy making, we hope to increase the relevance of dissemination and clinical research for policy advocates.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

## Symposium 103

## Diversifying Well-established Frameworks for Suicide: Applications to Sexual and Gender Minority Populations and the Importance of Intersectionality

CHAIRS: Cindy J. Chang, Psy.M., Rutgers University

Benjamin F. Shepherd, Nova Southeastern University

DISCUSSANT: Raymond Tucker, Ph.D., Louisiana State University

All level of familiarity with the material Primary Category: Suicide and Self-Injury Key Words: Suicide, LGBTO+

A Longitudinal Examination of the Interpersonal Theory of Suicide for Predicting Suicidal Ideation Among LGBTQ+ Youth Who Utilize Crisis Services: The Moderating Effect of Gender

Cindy J. Chang, PsyM, Rutgers University

Brian Feinstein, Ph.D., Rosalind Franklin University of Medicine and Science

Anthony Fulginiti, Ph.D., University of Denver

Christina Dyar, Ph.D., Institute for Sexual and Gender Minority Health and Wellbeing at Northwestern University

Edward Selby, Ph.D., Rutgers University

Jeremy Goldbach, Ph.D., University of Southern California

The Role of Minority-specific and Non-minority-specific Stressors in Predicting Suicide Risk Among Trauma-exposed Sexual Minority Women

Ava K. Fergerson, M.S., University of Southern Mississippi

Aleksandrs T. Karnick, M.P.H., University of Southern Mississippi

Nicole Caulfield, M.A., University of Southern Mississippi

Daniel W. Capron, Ph.D., University of Southern Mississippi

## Uncovering Lgbtq-specific Features of the Acquired Capability for Suicide: Voices from LGBTQ Survivors of Near-fatal Suicide Attempts

Kirsty A. Clark, M.P.H., Ph.D., Yale School of Public Health

Travis Salway, Ph.D., MSc, Simon Fraser University

Erin McConocha, MPH, University of Tennessee

John Pachankis, Ph.D., Yale School of Public Health

## Suicide Attempt Disparities at the Intersection of Age, Sexual Orientation, and Race/ethnicity

Eric K. Layland, Ph.D., Yale School of Public Health

Cara Exten, Ph.D., MPH, The Pennsylvania State University

Allen Mallory, Ph.D., The Ohio State University

Natasha Williams, M.S., University of Maryland College Park

Jessica Fish, Ph.D., University of Maryland College Park

## Multiple Mediation of Theory-based Suicide Risk Factors in College Students with Multiple Marginalized Identities

Benjamin F. Shepherd, Nova Southeastern University

Lourah Kelly, Ph.D., University of Connecticut School of Medicine

Paula Brochu, Ph.D., Nova Southeastern University

Jennifer Wolff, Ph.D., Warren Alpert School of Medicine, Department of Psychiatry, Brown University

Lance Swenson, Ph.D., Department of Psychology, Suffolk University

## Symposium 101

## Does Stigma Moderate the Efficacy of Mental Health Interventions Among Marginalized Groups? A Multigroup, Multi-level Perspective

CHAIR: Mark L. Hatzenbuehler, Ph.D., Harvard University

DISCUSSANT: Anna S. Lau, Ph.D., University of California, Los Angeles

Basic to Moderate level of familiarity with the material
Primary Category: Vulnerable Populations
Key Words: Stigma, Vulnerable Populations, Treatment

## The Effectiveness and Acceptability of Empirically Supported Treatments with Gender Minority Youth Across Four Randomized Controlled Trials

Nathan L. Hollinsaid, B.S., Department of Psychology, Harvard University John R. R. Weisz, Ph.D., ABPP, Harvard University Bruce F. Chorpita, Ph.D., University of California Los Angeles Hilary Skov, B.A., Tulane University

Maggi A. Price, Ph.D., Boston College

## Experiences of Stigma Moderate Intervention Efficacy for Sexual and Gender Minorities: Evidence from Three Randomized Controlled Trials

John Pachankis, Ph.D., Yale School of Public Health

Kriti Behari, M.A., Yale School of Public Health

Jack Keefe, Ph.D., Weill Cornell

Brett Millar, Ph.D., PRIDE, Hunter College, CUNY

Katie Wang, Ph.D., Yale School of Public Health

Stacey Williams, Ph.D., East Tennessee State University

Stephenie Chaudoir, Ph.D., College of the Holy Cross

Steven A. Safren, Ph.D., ABPP, University of Miami

Mark L. Hatzenbuehler, Ph.D., Harvard University

Structural Stigma Moderates Treatment Efficacy for Girls and Black Youth: Results from Two Spatial Meta-analyses

Maggi A. Price, Ph.D., Boston College

Sarah McKetta, M.P.H., M.S., Mailman School of Public Health, Columbia University

John R. R. Weisz, Ph.D., ABPP, Harvard University

Nathan L. Hollinsaid, B.S., Harvard University

Hilary Skov, B.A., Tulane University

Jessie Ford, Ph.D., Columbia University Mailman School of Public Health

Elizabeth Wolock, B.A., University of Florida

Micah Lattanner, Ph.D., Harvard University

Allecia Reid, Ph.D., University of Massachusetts-Amherst

Mark L. Hatzenbuehler, Ph.D., Harvard University

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

Mini Workshop 18

## Screens, School, and Suicidality: Borrowing Strategies from Acute Care Settings to Help Parents of Anxious Teens Avoid Landmines

Arielle Claire V. Linsky, Ph.D., Weill Cornell Medicine
Paul Sullivan, Ph.D., New York University Langone Medical Center/
Bellevue Hospital Center
Stephanie N. Rohrig, Ph.D., Weill Cornell Medicine/NewYork -Presbyterian
Hospital
Angela W. Chiu, Ph.D., Weill Cornell Medicine / New York Presbyterian
Hospital

Moderate level of familiarity with the material Primary Category: Child / Adolescent - Anxiety Key Words: Parent Training, Anxiety, Suicide

We know how to treat youth anxiety and related disorders in the best of circumstances: evidence-based treatments using cognitive behavioral interventions in family-based formats abound. Yet, many clinicians can feel lost when circumstances change. Few treatment protocols offer explicit guidance for providers to navigate issues such as the onset of physical aggression, defiance, suicidality and other safety concerns that frequently emerge, particularly when limits are set around school and screen time, and often derail treatment. In other words, how do we support families of teens when crises arise, when

the house is, metaphorically, on fire, and the standard treatment does not suffice? In this mini-workshop, four clinicians experienced in implementing EBTs for anxiety aim to answer this question. Drawing from our collective expertise building parenting programming in inpatient and partial hospital programs, we will present frequently implemented parenting strategies for crisis management. Aligned with the conference theme, we aim to leverage cognitive-behavioral therapy tools from acute care settings to address increases in symptom acuity and prevent the need for higher levels of care. Specifically, we will introduce attendees to four key strategies: 1. The 6-Point Safety Plan, adapted from the SAFETY program (Asarnow, Berk, Hughes, & Anderson, 2015), fosters communication between family members around how to manage suicidality risk. 2. The Escalation Curve, inspired by literature illustrating the relationship between parental emotion dysregulation and poor treatment outcomes (i.e. Maliken & Katz, 2013) and derived from Parent Management Training principles, coaches parents to effectively ride the wave when their teen's emotions and behavior escalates. 3. Empathize and Encourage helps parents to decrease parental accommodation, increase teen's self-esteem, and encourage positive action. 4. Parent Coping addresses a parent's tendency to resort to more avoidant forms of coping (Craig et al., 2020) during a crisis by outlining a plan to refuel and recharge. Attendees will have the opportunity to practice each of these strategies and to discuss implementation approaches relevant to their treatment setting.

#### You will learn:

- Develop collaborative safety plans to foster communication between parents and teens about suicidal risk using the 6-Point Safety Plan.
- Support parents in managing their adolescent's emotional and behavioral escalations using the Escalation Curve tool.
- Teach parents to validate and model confidence in their teen using the Empathize and Encourage strategies.
- Provide guidance and specific strategies for parents to increase their coping skills using the Parent Coping strategy.

Recommended Readings: Asarnow, J. R., Berk, M., Hughes, J. L., & Anderson, N. L. (2015). The SAFETY Program: a treatment-development trial of a cognitive-behavioral family treatment for adolescent suicide attempters. Journal of Clinical Child & Adolescent Psychology, 44(1), 194-203. https://doi.org/10.1080/15374416.2014.940624Maliken, A. C., & Katz, L. F. (2013). Exploring the impact of parental psychopathology and emotion regulation on evidence-based parenting interventions: A transdiagnostic approach to improving treatment effectiveness. Clinical Child and Family Psychology Review, 16(2), 173-186. https://doi.org/10.1007/s10567-013-0132-4Craig, F., Savino, R., Fanizza, I., Lucarelli, E., Russo, L., & Trabacca, A. (2020). A systematic review of coping strategies in parents of children with attention deficit hyperactivity disorder (ADHD). Research in Developmental Disabilities, 98(103571). https://doi.org/10.1016/j.ridd.2020.103571

## Symposium 100

## Addressing Gaps in Clinical Science for Sexual and Gender Minority Behavioral Health: Lessons from the Translational Research Spectrum

CHAIRS: Craig Rodriguez-Seijas, Ph.D., University of Michigan

Alex R. Dopp, Ph.D., RAND

DISCUSSANT: Steven A. Safren, Ph.D., ABPP, University of Miami

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Translational Research, Underserved Populations

## Do Common Measures of Minority Stress Cover All Who Fall Under the LGBTQ+ Umbrella? A Measurement Invariance Study

Howard Huang, M.A., Stony Brook University Timothy J. Sullivan, M.A., Stony Brook University

Ellora Vilkin, M.A., Stony Brook University

Stephan Brandt, M.A., Stony Brook University Joanne Davila, Ph.D., Stony Brook University

## Exploring Factorial Invariance of the Personality Inventory for DSM-5 Across Sexual and Gender Minority Status

Shayan Asadi, B.A., University of Michigan

Theresa A. Morgan, Ph.D., Brown University

Mark Zimmerman, M.D., Brown University

Craig Rodriguez-Seijas, Ph.D., University of Michigan

## Scientific Equity in SGM Health Research: Who Are We Missing and Why?

Audrey Harkness, Ph.D., University of Miami

Brooke Rogers, M.P.H., Ph.D., Brown University

Raymond Balise, Ph.D., University of Miami

Daniel Mayo, B.S., University of Miami

Rosana Smith-Alvarez, B.A., University of Miami

Elliott R. Weinstein, M.P.H., University of Miami

Steven A. Safren, Ph.D., ABPP, University of Miami

John Pachankis, Ph.D., Yale School of Public Health

Translating Evidence-based Treatment for Substance Use in Men Who Have Sex with Men into Clinic and Community Settings: An Implementation Research Logic Model Approach

Brooke Rogers, M.P.H., Ph.D., Brown University Sabrina H. Strong, MPH, The Miriam Hospital Siena Napoleon, MPH, The Miriam Hospital Trisha Arnold, Ph.D., Brown University Ryan Rahm-Knigge, M.S., Brown University Anna Schierberl Scherr, Ph.D., Brown University Philip A. Chan, M.D., M.S., Brown University Megan Pinkston-Camp, M.A., Ph.D., Brown University

Barriers and Facilitators to Behavioral Health Services in Supportive Housing for Sexual and Gender Minority Individuals: Qualitative Findings from Housing Providers and Clients

Alex R. Dopp, Ph.D., RAND Corporation Sean McKenna, B.S., RAND Corporation Marylou Gilbert, J.D., M.A., RAND Corporation Sarah Hunter, Ph.D., RAND Corporation

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

## Symposium 104

## Nuanced Mechanisms Underlying Developmental Psychopathology: How Vicarious Learning, Irritability, Culture, and Interpretation Bias Influence the Emergence of Anxiety Disorders

CHAIR: Tomer Shechner, Ph.D., University of Haifa DISCUSSANT: Tomer Shechner, Ph.D., University of Haifa

All level of familiarity with the material Primary Category: Child / Adolescent - Anxiety Key Words: Child, Anxiety, Etiology

Vicarious Fear Learning Across Development: Comparing Children, Adolescents, and Adults in Observational Fear Acquisition and Extinction

Yael Skwersky-Blocq, B.S., M.A., University of Haifa Shahar Shmuel, B.A., University of Haifa Oded Cohen, B.A., University of Haifa Tomer Shechner, Ph.D., University of Haifa

## A 12-year Prospective Study: Preschool Irritability Predicts Adolescent Psychopathology and Functional Impairment

Lea R. Dougherty, Ph.D., University of Maryland, College Park Leah Sorcher, B.S., University of Maryland, College Park Gabrielle Carlson, M.D., Stony Brook University School of Medicine Daniel Klein, Ph.D., Stony Brook University

## Situating Neurobiological Risk Factors Within Lived Social Experiences in Studies of Childhood Anxiety

Kalina Michalska, Ph.D., University of California Riverside

#### Interpretation Bias Across Development in Anxiety

Michelle Rozenman, Ph.D., University of Denver Anni Subar, B.A., University of Denver Emily jones, B.A., University of Denver Tara S. Peris, Ph.D., University of California, Los Angles Araceli Gonzalez, Ph.D., California State University, Long Beach

Saturday, 6:45 p.m. - 7:45 p.m.

## Earn 1.5 continuing education credits

#### Spotlight Research 2

# Early Phases of the Acceptance Based Coping (ABaCo) Skills Program: A Community Health Worker-delivered Intervention for Hispanic/latinx Patients with Type 2 Diabetes

Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Underserved Populations, ACT (Acceptance & Commitment Therapy), Implementation

Rates of type 2 diabetes (T2DM) are disproportionately high among Hispanic/Latinx people in the U.S. (ADA, 2016) and access to appropriate healthcare is challenging (Cusi & Ocampo, 2012). Research suggests participation in low-intensity versions of Acceptance and Commitment Therapy (ACT) is associated with improved diabetes self-management and biomarkers (e.g., Gregg et al., 2007), but ACT is most often delivered by specialists, further compounding accessibility barriers. However, an established method for expanding care to underserved populations is task-shifting, whereby non-specialists deliver evidence-based interventions (Barnett et al., 2018). Community health workers (also known as *promotores*; CHW/Ps) can expand the reach of brief behavioral interventions such as ACT while addressing social determinants of health, potentially advancing health equity.

Following Replicating Effective Programs, a structured, evidence-based strategy for intervention tailoring (Kilbourne et al., 2007), our study is developing a scalable CHW/P-delivered Acceptance Based Coping (ABaCo) skills program to improve glycemic control and quality of life for Hispanic/Latinx patients with T2DM. For 7 months, we have partnered with a virtual CHW/P Translational Advisory Board in culturally/contextually tailoring the ABaCo program, and are about to interview patients in our target population. Be-

ta-testing of the ABaCo program will begin in 2 months, providing preliminary data by November.

We will present an overview of early study phases, including collaborative adaptations in tailoring brief ACT interventions (i.e., Focused ACT) so that it is feasible and acceptable for delivery by CHW/Ps. We will also review preliminary data, lessons learned, and next steps in this telephone-based, task-shifted intervention. This line of research could bridge a critical care gap and provide access to an evidence-based and culturally appropriate T2DM intervention, thus helping address a major health disparity in Hispanic/Latinx communities.

#### You will learn:

- Discuss the health disparity of type 2 diabetes in Hispanic/Latinx communities in the US
- Explain how task-shifting can increase dissemination of evidence-based psychological interventions
- Identify components of the Acceptance Based Coping (ABaCo) skills program
- Identify primary steps involved in Replicating Effective Programs (REP), a structured, evidence-based strategy for intervention tailoring
- Discuss potential benefits of task-shifting ACT for underserved communities

Recommended Readings: Barnett ML, Lau AS, Miranda J. Lay health worker involvement in evidence-based treatment delivery: a conceptual model to address disparities in care. Annual review of clinical psychology 2018;14:185-208.Kazdin AE, Blase SL. Rebooting psychotherapy research and practice to reduce the burden of mental illness. *Perspectives on psychological science* 2011;6(1):21-37. Gregg JA, Callaghan GM, Hayes SC, et al. Improving diabetes self-management through acceptance, mindfulness, and values: a randomized controlled trial. *Journal of consulting and clinical psychology* 2007;75(2):336.

#### Panel Discussion 34

# One Community at a Time: Trainee-led Activism That Harnesses Evidence-based Approaches in Partnering with Community Organizations for Positive Social Change

MODERATOR: Laura G. McKee, Ph.D., University of Georgia

PANELISTS: Nada M. Goodrum, Ph.D., Medical University of South

Carolina

Meghan S. Goyer, M.A., Georgia State University

April Highlander, M.A., University of North Carolina at

Chapel Hill

Sarah E. Moran, B.A., Georgia State University

Jacqueline O. Moses, M.S., University of California, San

Francisco

Ifrah Sheikh, M.S., Georgia State University

Primary Category: Dissemination & Implementation Science Key Words: Community-Based, Student Issues, Underserved Populations

Student activism is almost as old as the university, itself, and has changed the course of social, political, environmental, educational, and economic history. Despite APA's unfortunate history of prioritizing neutrality over social justice (Payton, 1984), student trainees in psychology have worked in and outside the institution via identity-based activism, advocating for decolonized classrooms and against racial injustice. Likewise, student members of ABCT in training programs across the country have been harnessing evidence-based training in research and practice to partner with communities for social change. This panel highlights the work of 6 trainee psychologist-activists, the partnerships they have brokered and the initiatives led across contexts. Panelists will: 1) discuss principles of community psychology woven into clinical training that forge partnerships, 2) provide evidence-based strategies for engaging in social justice work, 3) share successes and challenges of leading initiatives with community partners, 4) consider the overlap of personal, political and psychological landscapes, and 4) discuss next steps in trainee activism. Nada Goodrum describes partnering with a church community to provide psychoeducation, connect church members with evidence-based mental health services, and provide assistance for counseling-related expenses. Meghan Goyer discusses partnering with urban neighborhood units to reduce stigma around mental health in African American communities. April Highlander shares her work collaborating with faculty and administration to diversify psychology and increase representation. Sarah Moran reviews her approach to assessing school-based social/emotional outcomes for children experiencing homelessness via comprehensive research review, stakeholder interviews, and logic models. Jacqueline Moses describes her work supporting youth workforce to infuse mental health tools into everyday routines in juvenile detention facilities and afterschool programs. Ifrah Sheikh discusses her research efforts and involvement with the Muslim Mental Health Initiative of Atlanta, a community organization that uses dialogue, education, research, and training to increase access to mental health care.

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 110

## Emotion Dysregulation in Repetitive-negative Thinking: Investigating the Role of Emotional Contrast Avoidance

CHAIRS: Sandra Llera, Ph.D., Towson University

Hanjoo Kim, Ph.D., Michigan Medicine

DISCUSSANT: Thane Erickson, Ph.D., Seattle Pacific University

Moderate level of familiarity with the material Primary Category: Adult Anxiety

Key Words: Emotion Regulation, Worry, Rumination

## Differentiating the Unique Effects of Positive Emotional Contrasts in an Eightweek Prospective Study of Worry

Evan Caulley, Seattle Pacific University

Mackenzie Cummings, Seattle Pacific University

Rebecca Banning B.A., Seattle Pacific University

Janarthan Sivaratnam, M.S., Seattle Pacific University

LeChara Pryor, Seattle Pacific University

Thane Erickson, Ph.D., Seattle Pacific University

## Discriminant Validity of the Contrast Avoidance Questionnaires in a Sample of High Worriers

Katherine McDermott, M.S., Florida State University

Jesse Cougle, Ph.D., Florida State University

## Incremental Validity of the Contrast Avoidance Model: A Comparison with Intolerance of Uncertainty and Negative Problem Orientation

Sandra Llera, Ph.D., Towson University

Michelle G. Newman, Ph.D., The Pennsylvania State University

## Rumination Uniquely Avoids Negative Emotional Contrast to Sadness: An Analysis Using Emotional Facial Expressions

Hanjoo Kim, Ph.D., Michigan Medicine

Michelle G. Newman, Ph.D., The Pennsylvania State University

#### Symposium 111

## Seeking Help While Being Othered: The Effect of Islamophobia and Discrimination on Muslims Living in the United States

CHAIR: Merranda McLaughlin, B.A., University of Miami DISCUSSANT: Ayse S. Ikizler, Ph.D., St. Mary's College of Maryland

> Basic level of familiarity with the material Primary Category: Oppression and Resilience Minority Health Key Words: Culture, Oppression, Spirituality and Religion

A Model of Help-seeking for Muslims in the US: Islamophobia Indirectly Contributes to Poor Help-seeking Attitudes Through Self-stigma of Seeking Help Merranda McLaughlin, B.A., University of Miami Amy Weisman de Mamani, Ph.D., University of Miami Salman Ahmad, M.A., University of Miami

Wearing Hijab Moderates the Relationship Between Solo Status and the Psychological Impact of Discrimination Among Muslim Women Hanan Hashem, M.A., The University of Texas at Austin Germine Awad, Ph.D., University of Texas

The Mental Health Outcomes of Islamophobia and Therapeutic Implications for Muslims Clients

Rania Awaad, M.D., Stanford University

Working with Gender and Sexual Minorities in the Context of Islamic Culture: A Queer Muslim Behavioral Approach

Khashayar Farhadi Langroudi, Psy.D., American Psychological Association

#### Panel Discussion 32

## **Bringing Evidence-based Practices to the Community: An Implementation Science Approach**

Moderator: Erica A. Mitchell, Ph.D., The University of Tennessee,

Knoxville

PANELISTS: Kristina Gordon, Ph.D., University of Tennessee, Knoxville

Timothy A. Cavell, Ph.D., University of Arkansas Erika Lawrence, Ph.D., The Family Institute at

Northwestern University

Michael A. Southam-Gerow, Ph.D., Virginia

Commonwealth University

Primary Category: Dissemination & Implementation Science

Key Words: Implementation, Community-Based, Evidence-Based Practice

Implementation science aims to translate evidence-based practices developed in controlled settings, such as a university laboratory, into real-world settings, such as a community agency (Aldridge et al., 2016). This model allows researchers to adapt evidence-based practices to better meet the needs of specific populations and promotes social justice by making effective programs more accessible to marginalized groups. The proposed panel brings together family researchers and implementation science experts to discuss their experiences using implementation science principles to disseminate evidence-based practices to create meaningful change across diverse communities. Initially, members of the panel will describe the principles of implementation science. Next, members of the panel will describe their own research using the principles of implementation science, highlighting both the shared and unique aspects of their work. Dr. Timothy Cavell will present on utilizing a community-based participatory research framework to promote the involvement of low-income parents in connecting their children with mentors in the community. Dr. Kristina Coop Gordon will present on the application of implementation science principles to strengthen university-church partnerships to deliver evidence-based relationship education programs to underserved couples in the community. Dr. Erika Lawrence will present on the application of implementation/effectiveness hybrid models to reduce intimate partner violence in Department of Corrections settings. Dr. Michael Southam-Gerow will present the mental health services ecological model, which contends that interventions should be developed in consideration of diverse stakeholders, including individual, family, and system levels. Dr. Southam-Gerow will describe how existing behavioral health interventions for children and families with unmet need can be designed, modified, or adapted with these levels in mind. Members of the panel will also reflect on the difficulties that they have experienced with translating evidence-based practices into community settings and the lessons that they have learned through their research.

#### Panel Discussion 35

## Money Makes the World Go Round: Creating and Implementing Equitable Policies Within Your CBT Practice

MODERATOR: Alexandria N. Miller, M.S., Suffolk University Panelists: Jeffrey M. Cohen, Psy.D., Columbia University

Kevin Chapman, Ph.D., The Kentucky Center for Anxiety

and Related Disorders

Lauren P. Wadsworth, Ph.D., Genesee Valley Psychology

Monica Shah, Psy.D., Center for Anxiety

Colleen C. Cullen, Psy.D., Columbia University Medical

Center

Primary Category: Culture / Ethnicity / Race

Key Words: CBT, Professional Issues, Therapeutic Relationship

Managed care reimbursements for mental health services in the US may not be high enough for a clinician to earn a livable wage; a recent analysis of reimbursement rates found psychological services are reimbursed at just \$0.83 for every \$1 primary care services are reimbursed (Melek et al., 2017). Clinicians who do participate in managed care plans report obtaining payment from insurance companies to be difficult and time consuming (e.g., Gasquoine, 2010, NAMI, 2016). Given these realities, many mental health providers do not participate.

One in four patients don't have an in-network mental health provider (NAMI, 2016) and patients often try low-cost, non-evidence-based therapies before turning to costlier, evidence-based interventions (Lawrence, 2020). As a result, many who receive mental health care end up paying out of pocket for evidence-based treatments. A fee-for-service model means those who can afford the fees often come from higher Socio-Economic Status (SES), privileged statuses. Thus, BIPOC clinicians offering evidence-based treatments are likely to provide care to highly privileged clients. Highly privileged clients (e.g., White, high SES) can bring challenges to the therapeutic relationship, especially for clinicians with minoritized identities. What happens when a client makes racist, heterosexist, or transphobic remarks in therapy? How much autonomy do clinicians have to terminate with clients who make these comments? What policies could a clinic have in place to address clients who make derogatory remarks about people with minoritized identities?

Additionally, some clinics designate clients as a "Very Important Person" (VIP) based on specific identities (i.e., celebrity status, politically powerful; Davies, 2016). VIP status implies that person should be treated preferentially (i.e., skip the waitlist, receive more attention/care). If some clients receive preferential care, how does this impact the care of less privileged clients within a clinic? What policies and procedures can a clinic with "VIP" patients put in place to ensure all patients receive equitable care?

Panelists will focus on how capitalist society creates systems within our field that are inequitable and how they can be adapted through a social justice lens.

#### **Research & Professional Development 3**

# Developing an Evidence-based Specialization and Private Practice: Practical Tools and Insights into Building and Growing a Private Practice from Masters' Level Clinicians

PANELISTS: Loren E. Prado, Center for Dialectical and Cognitive

Behavioral Therapies

Sarah Nadeau, MFT, Private Practice & San Jose State

University

Kelly Turner, LCSW, Tampa Bay DBT Counseling Center

Basic to Moderate level of familiarity with the material Primary Category: Professional / Interprofessional Issues

Key Words: Professional Development, Evidence-Based Practice, Implementation

The primary goal of this Research and Professional Development seminar is to help licensed clinicians establish, develop, and maintain a successful private practice by discussing the challenges and steps required for running an adherent, evidence-based practice. This workshop is designed to help those who aspire to open a private practice as well as those who are currently in private practice and may want to refine and grow their business. In a Masters' program in graduate school, instruction is broad and students rarely work to develop a specialty - that work is done after graduation. Realistically, graduation is not the end, but the first step, of training. There is not a blueprint for how to develop a specialty: graduates who wish to pursue private practice in evidence-based care must seek relevant post-graduate training and certification, seek supervision within their specialty, and learn to run and manage a business. It can be difficult to find resources or know what questions to ask to get started. The workshop is designed to be very engaging, with a combination of teaching, personal reflection, hands-on collaborative assignments, and discussion. Attendees will explore their own vision and plan for opening or developing their private practice. Presenters will discuss different models of pursuing an evidence-based private practice career and share lessons learned along the way. Three Master's level clinicians who own different types of private practices and with different roads to developing their specialties and practices will facilitate this workshop. Each panelist brings a depth of knowledge from diverse frames of experience, including research, single and multi-member practices, app development, and teaching as well as a variety of specialties.

#### You will learn:

 Identify their own practice values and develop or refine the scope and mission for their practice.

- Learn practical steps for creating both development and adherence plans for their evidence-based private practices.
- Learn insights from current private practice owners on maintaining a healthy team and managing things we did not study in school, like hiring and firing, marketing, and managing a business.
- Develop an action plan for further growth of each participant's own private practice.

6:45 p.m. - 8:15 p.m.

### Earn 1.5 continuing education credits

#### Panel Discussion 33

## Developing Culturally Inclusive Digital Tools in Partnership with Stakeholders to Promote Emotional Well-being in Children and Youth

Moderators: Angela W. Chiu, Ph.D., Weill Cornell Medicine / New York

Presbyterian Hospital

Jennifer Kaminski, Ph.D., Centers for Disease Control and

Prevention

PANELISTS: Angela W. Chiu, Ph.D., Weill Cornell Medicine / New York

Presbyterian Hospital

Ricardo F. Munoz, Ph.D., Palo Alto University Nicole F. Kahn, Ph.D., Seattle Children's Hospital

Kimberly Hoagwood, Ph.D., New York University School of

Medicine

Sonya Mathies Dinizulu, Ph.D., University of Chicago

Medicine

Primary Category: System Stakeholder Issues

Key Words: Stress, Stakeholder Relevant, Public Health

The impacts of COVID-19 are broad and include increased anxiety, stress and depression in the general population. Children and adolescents, though typically resilient to everyday stressors, are especially vulnerable to anxiety and depression during this crisis. In addition to the impact on the broader population of children and youth, pandemic-related stress could trigger the onset of anxiety and depression for those who are at elevated risk. Thus, the disproportionate impact of COVID-19 on Black, Latinx, and American Indian communities is likely to exacerbate existing mental health disparities in children and youth from these communities.

The National Academies of Sciences, Engineering, and Medicine (NASEM), with funding from the CDC, convened an expert panel to develop a suite of free tools focused on building cognitive behavioral skills for coping with anxiety, stress and depressive symptoms among children and youth. Drawing from the evidence base on treatments for youth, the experts developed graphic-novel style educational materials and web-based micro-learnings centered on therapeutic strategies. These tools, available in English and

Spanish, teach belly breathing, mindfulness, increasing pleasant activities, and navigating negative thinking traps.

Although the COVID-19 pandemic was the key motivator behind this project, the group of experts took care to create evergreen tools. The materials depict stories that children and youth may cope with every day, such as transitioning to a new school or feeling lonely.

The panel – including members from the team of experts and representatives from the CDC and NASEM – will describe how the project was conceived and how the cooperation of academic scientists, practicing clinical psychologists, stakeholders, and family advocates resulted in the creation of products that are grounded in the evidence base, inclusive and representative of today's children and youth. Panelists will discuss the decision-making process with respect to use of gender-neutral language, identity and cultural representation in the materials, adaptation for Spanish speakers, and dissemination to a wide audience. Panelists will discuss how future projects can learn from these lessons.

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 109

## Leveraging Digital Single-session Interventions for Public Mental Health: Innovations from Large-scale Clinical Trials

CHAIRS: Jessica L. Schleider, Ph.D., Stony Brook University

DISCUSSANT: Sara Becker, Ph.D., Brown University School of Public Health

Basic to Moderate level of familiarity with the material

Primary Category: Treatment - Other

Key Words: Technology / Mobile Health, Clinical Trial, Underserved Populations

Testing Scalable Single-session Interventions for Adolescent Depression in the Context of COVID-19: A Nationwide Randomized Controlled Trial

Jessica L. Schleider, Ph.D., Stony Brook University Kathryn R. Fox, Ph.D., University of Denver Akash Shroff, B.S., Stony Brook University Chantelle Roulston, B.A., Stony Brook University

## A Scalable, Single Session Intervention for Perceived Control over Anxiety During COVID-19

Jessica L. Schleider, Ph.D., Stony Brook University

Mallory L. Dobias, B.S., Stony Brook University

Jenna Y. Sung, B.A., Stony Brook University

Isaac Ahuvia, BA, Stony Brook University

Jason Shumake, Ph.D., University of Texas at Austin

Christopher Beevers, Ph.D., University of Texas at Austin

Jessica L. Schleider, Ph.D., Stony Brook University

## Evaluating an Online Single-session Intervention for College Students in India: Outcomes of a Randomized Controlled Trial

Akash Wasil, M.A., University of Pennsylvania

Tanvi Malhotra, Student, Ashoka University

Nivedita Nandakumar, Student, Ashoka University

Nandita Tuteja, Student, Ashoka University

Ashna Sethi, Student, University of Pennsylvania

Jessica L. Schleider, Ph.D., Stony Brook University

Pulkit Khanna, Ph.D., O.P. Jindal Global University

Ruchi Gautam, Ph.D., Sharda University

Avantika Bhatia, Ph.D., Ashoka University

Robert DeRubeis, Ph.D., University of Pennsylvania

## Results from a Randomized Trial Testing an Online, Single-session Intervention Targeting Adolescent Self-injurious Thoughts and Behaviors

Mallory L. Dobias, B.S., Stony Brook University

Jessica L. Schleider, Ph.D., Stony Brook University

Laura Jans, Undergraduate Student, Stony Brook University

Kathryn R. Fox, Ph.D., University of Denver

## Empowering Anxious Parents to Manage Child Avoidance Behaviors: Randomized Trial of a Single-session Intervention Targeting Parent Accommodation

Jenna Y. Sung, B.A., Stony Brook University

Emma Mumper, Ph.D., Stony Brook University

Jessica L. Schleider, Ph.D., Stony Brook University

Virtual Clinical Round Table 12

# Covid Crises and CBT: Mobilizing Cognitive Behavioral Interventions to Meet the Psychological Needs of Hospital Patients, Staff, and Health Workers During COVID-19

MODERATOR: Andrea B. Temkin, Psy.D., Weill Cornell Medicine
PANELISTS: Shannon M. Bennett, Ph.D., Weill Cornell Medicine

JoAnn Difede, Ph.D., Weill Cornell Medicine Corinne Catarozoli, Ph.D., Weill Cornell Medicine Victoria M. Wilkins, Ph.D., Weill Cornell Medicine/New

York-Presbyterian Hospital

Abhishek Jaywant, Ph.D., Weill Cornell Medicine Dora Kanellopoulos, Ph.D., Weill Cornell Medicine

Primary Category: Treatment - CBT

Key Words: CBT, Treatment/Program Design, Health Care System

The COVID-19 pandemic created huge global challenges, including sickness and loss of life, disruptions to school, work, and home life, and an overwhelming sense of uncertainty about the future. The impact of the pandemic has been disproportionately worse for socioeconomically disadvantaged populations, for whom additional stressors (e.g., limited access to health care, food and housing insecurity) have compounded already negative outcomes. The weight of these realities has had a devastating impact on mental health. Grief, stress, and lack of social support are felt by many. Patients recovering from COVID must cope with the aftermath of isolating hospital stays, medical interventions, and longterm health implications. Health care workers are battling the emotional consequences of caring for a surge of sick patients without adequate resources. Mental health clinicians are feeling burnt out trying to manage the growing psychological needs of the public. The aim of this clinical round table is to explore how one large New-York based hospital system responded to the heightened needs of its community during the COVID crisis. Specifically, panelists will outline the cognitive behaviorally-based programs that were rapidly enacted to mitigate the mental health consequences of the pandemic for hospital patients, staff, faculty. Panelists will also discuss specific strategies used to meet the needs of the mental health clinicians delivering psychological care. Among the programs discussed will be two free virtual crisis helplines. The first offers brief psychological first aid for frontline workers while the second provides short-term support and skill building for youth and their families who are receiving hospital care. Presenters will also introduce a model for a psychiatry liaison program that supported medical staff on their units, building social support and community throughout the crisis. Panelists will further discuss a number of COVID rehab programs created to help patients manage the neurocognitive and emotional effects of COVID-19. Discussion will focus on ways CBT helped meet public health needs, as well as patient and provider experiences, and lessons learned from this trying time. Some outcome data from these programs will also be shared.

#### Symposium 108

## Cognitive Behavioral Couple Focused Interventions to Prevent Suicide

CHAIR: Feea Leifker, M.P.H., Ph.D., University of Utah DISCUSSANT: Brian R. Baucom, Ph.D., University of Utah

Basic to Moderate level of familiarity with the material

Primary Category: Suicide and Self-Injury

Key Words: Couples / Close Relationships, Suicide, Treatment Development

## Development and Evaluation of Treatment for Relationships and Safety Together (TR&ST), a Novel Couple-based Suicide Intervention for Veteran Couples

Chandra E. Khalifian, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Feea Leifker, M.P.H., Ph.D., University of Utah

Kayla Knopp, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Katerine Rashkovsky, B.S., VA San Diego Healthcare System

Colin Depp, Ph.D., VA San Diego Healthcare System

Shirley M. Glynn, Ph.D., University of California, Los Angeles

Leslie Morland, PsyD, VA San Diego Healthcare System/University of California, San Diego

## The Couples Crisis Response Plan (CCRP) for Suicide Prevention: Rationale and Design

Alexis M. May, Ph.D., Department of Psychology, Weslevan University

## A Couple Treatment for Individuals with Suicidal and Self-injurious Thoughts and Behavior and Their Partners: Development and Preliminary Findings

Skye Fitzpatrick, Ph.D., York University

Rachel Liebman, Ph.D., York University

Sonya Varma, BSc, York University

Alyssa Di Bartolomeo, B.A. in progress, York University

David Chafe, M.A., York University

Nikoo Norouzian, M.A., York University

Candice M. Monson, Ph.D., Ryerson University

## A Brief Intervention Targeting Suicide-related Communication to Reduce Suicide Risk

Brooke Ammerman, Ph.D., University of Notre Dame Heather Gebhardt, Ph.D., VA Puget Sound; University of Washington Sarah Carter, Ph.D., Uniformed Services University of the Health Sciences

6:45 p.m. - 8:15 p.m.

## Earn 1.5 continuing education credits

#### Symposium 107

## Body Image and Eating Pathology in Sexual and Gender Minority Individuals: Risk and Protective Factors

CHAIR: Alexandra D. Convertino, M.S., San Diego State University/

University of California, San Diego Joint Doctoral

Program in Clinical Psychology

DISCUSSANT: Aaron J. J. Blashill, Ph.D., San Diego State University

All level of familiarity with the material

Primary Category: LGBTQ+

Key Words: LGBTQ+, Body Image, Eating

## Prevalence of Within-group Sizeism Among Gay Men at the Intersection of Race/ethnicity, Weight, and Age

Benjamin F. Shepherd, Nova Southeastern University Paula Brochu, Ph.D., Nova Southeastern University Justin Maki, Ph.D., Deloitte

Body Image Concerns, Correlates, and Community Connectedness Among Black and Latinx Sexual Minority Men and Trans/gender Non-conforming People

Eric K. Layland, Ph.D., Yale School of Public Health Justin Smith, M.S., MPH, Positive Impact Health Centers Zachary A. Soulliar, Ph.D., Yale School of Public Health Michele Kipke, Ph.D., Children's Hospital Los Angeles Bethany Bray, Ph.D., The University of Illinois at Chicago

## Associations Between Emotion Regulation and Eating Pathology in Sexual Minorities with Eating Disorders

Anthony DeBenedetto, M.A., University of California San Diego

Christina E. Wierenga, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Walter H. Kaye, M.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

## Internalization of Muscularity and Thinness: Associations with Body Dissatisfaction, Cognitive Restraint, and Muscle Dysmorphic Symptoms in Sexual Minority Men

Alexandra D. Convertino, M.S., San Diego State University /University of California, San Diego Joint Doctoral Program in Clinical Psychology

Tiffany A. Brown, Ph.D., University of California, San Diego, Eating Disorders Center for Treatment & Research

Jerel Calzo, PhD, MPH, San Diego State University

Jamie-Lee Pennesi, Ph.D., San Diego State University

Aaron J. J. Blashill, Ph.D., San Diego State University

## LGBTQ-specific Factors Related to Sexual and Gender Minority Adolescents' Disordered Eating

Savannah R. Roberts, B.S., University of Delaware

Anne J. Maheux, M.S., University of Delaware

Ryan J. Watson, Ph.D., University of Connecticut

Rebecca Puhl, Ph.D., University of Connecticut

Sophia Choukas-Bradley, Ph.D., University of Delaware

8:30 p.m. - 10:30 p.m.

#### **Special Session**

## Saturday Night Virtual Party

While we can't be together in person during this year's annual convention, we can relive past years' fun!

Registered convention attendees will be sent an email invitation to our Saturday night virtual party scheduled for November 20th from 8:30-10:30 PM EST. The event will be hosted through Remo and will include music, the slideshow, and most importantly an opportunity to connect socially in small groups with fellow convention attendees. Be sure to check out this tutorial on registering and joining live events through Remo. We hope to see you there!

## Sunday, November 21

**Invited Address 3** 

## Translating Psychological Science for Public Action: Lessons, Assumptions and Moving Forward

10:30 a.m. – 11:30 a.m. Earn 1 continuing education credit

Lynn F. Bufka, Ph.D., Senior Director, Practice Transformation and Quality, American Psychological Association



Lynn F. Bufka

Lynn F. Bufka, Ph.D., is Senior Director, Practice Transformation and Quality, at the American Psychological Association. The Practice Transformation and Quality Department focuses on the development and implementation of programs and policies related to supporting and expanding opportunities for professional psychology. Current areas of emphasis are evidence-based practice, clinical practice guideline development and defining the direction of the future of psychology education and practice. Dr. Bufka is an advocate for science to support practice and practice-based evidence to inform research and policy. Dr. Bufka frequently serves as a media spokesperson for APA on these topics as well as clinical topics, stress, telepsychology and other policy matters relevant to professional practice. Prior to coming to APA, she was affiliated with Boston University and the Center for Anxiety and Related Disorders (CARD) (1996-2002), serving as Associate

Director of the doctoral clinical training program and Director of Practica Training at CARD. Additionally, Dr. Bufka is a Maryland licensed psychologist and continues to provide treatment and clinical consultation on a limited basis. Dr. Bufka received her PhD in psychology from Boston University. She is a Fellow of APA's Division 12 (Society of Clinical Psychology) and a Fellow of the Association for Behavioral and Cognitive Therapies.

Primary Category: Improved Use of Research Evidence, Health Care System/ Public Policy,
Dissemination and Implementation Science

Key Words: Dissemination, Public Policy, Evidence-Based Practice

Many of us started graduate school with a desire to 'do good' and a fascination for our discipline and the science. Upon graduation, we often follow one of two paths- we deliver great services or we develop an area of research. Both paths are important- society needs talented providers of behavioral health services and at the same time, many pressing questions can be addressed by psychological science. Yet, too often, our science is used primarily within psychology and never makes it out of our circles. Societal challenges could be significantly informed by psychological science yet a disconnect exists between what the science can tell us and the decisions that are made. We need to find and create opportunities to engage and educate the public and decision makers. To be successful in this domain, several key communication lessons need to be applied. Additionally, assumptions need to be questioned in order to identify missing knowledge and appropriately address pressing societal problems. Finally, clear priorities can help us to focus our message and effectively address significant societal challenges.

#### Long Term Goals:

- Attendees will understand the critical need to clearly communicate and present the science undergirding their practice and research in order to advance quality, equity, and access.
- Attendees will take up the mantle of speaking to public audiences from a scientific base regarding their areas of expertise.

#### Outline:

- Importance of owning our expertise and effectively communicating it.
  - Little 'e' expert relative to big 'E' Expert
  - Caution and nuance pitted against pressing needs
- Outline several significant societal issues whose solutions will benefit from psychological knowledge.
  - Primary anchor: Behavioral health problems and population health
- Present several communication lessons and relevance to this audience.
  - Language use
  - Audience needs and expectations
  - Policy makers in politicized discourse
- Describe gaps in research and assumptions that need to be questioned to truly address matters of quality, equity, and access.
  - Needs regarding different populations
  - Transparency and rigor in research
  - Challenges in fitting current research into current healthcare system problems
    - Little research on length of treatment session, for instance

#### You will learn:

- Summarize several strategies to effectively communicate science to the public.
- Describe two assumptions that interfere with science effectively being used to address societal challenges.
- Explain how knowledge of psychological science can advance quality, equity, and access in behavioral health services.

Recommended Readings: Evans, A.C. & Bufka, L. F. (2020). The critical need for a population health approach: Addressing the nation's behavioral health during the COVID-19 pandemic and beyond. Preventing Chronic Disease Journal, 17(200261). https://doi.org/10.5888/pcd17.200261Halfond, R. W., Wright, C. V., & Bufka, L. F. (2020). The role of harms and burdens in clinical practice guidelines: Lessons learned from the American Psychological Association's guideline development. Clinical Psychology: Science and Practice, e12343. Advance online publication. https://doi.org/10.1111/cpsp.12343Purtle, J., Marzalik, J. S., Halfond, R. W., Bufka, L. F., Teachman, B. A., & Aarons, G. A. (2020). Toward the data-driven dissemination of findings from psychological science. American Psychologist, 75(8), 1052–1066. https://doi.org/10.1037/amp0000721

11:45 a.m. - 1:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 117

## We'll Keep This Short: The Developing and Testing of Brief Interventions for Borderline Personality Disorder

CHAIR: Skye Fitzpatrick, Ph.D., York University

DISCUSSANT: Jennifer S. Cheavens, Ph.D., Ohio State University

Basic to Moderate level of familiarity with the material Primary Category: Personality Disorders

Key Words: Borderline Personality Disorder, Emotion Regulation, Self-Injury

## Forgiveness and Emotion Regulation: Comparing Two Brief Interventions for Interpersonal Conflict in Borderline Personality Disorder

Julianne W. Tirpak, M.A., Boston University Shannon Sauer-Zavala, Ph.D., University of Kentucky

## Overcoming Borderline Personality Disorder as a Team: Refinement and Initial Testing of a Brief Couple Intervention for Borderline Personality Disorder

Skye Fitzpatrick, Ph.D., York University
Rachel Liebman, Ph.D., York University
sonya Varma, BSc, York University
Alyssa Di Bartolomeo, B.A. in progress, York University
nikoo Norouzian, M.A., York University
David Chafe, M.A., York University
Candice M. Monson, Ph.D., Ryerson University

## SUNDAY

## BPD Compass: Development of a Short-term, Customizable Treatment for Borderline Personality Disorder

Shannon Sauer-Zavala, Ph.D., University of Kentucky Matthew W. Southward, Ph.D., University of Kentucky Caitlyn Hood, M.S., University of Kentucky Julianne Wilner Tirpak, M.A., Boston University

#### Mapping Treatment Components to Targets in Dialectical Behavior Therapy

Katherine Dixon-Gordon, Ph.D., University of Massachusetts, Amherst Elinor E. Waite, B.A., University of Massachusetts, Amherst Lauren Haliczer, M.A., M.S., University of Massachusetts, Amherst Sherry Woods, M.S., University of Massachusetts, Amherst Nikita Parulkar, B.A., University of Massachusetts, Amherst Kim L. Gratz, Ph.D., University of Toledo

11:45 a.m. - 1:15 p.m.

### Earn 1.5 continuing education credits

## Symposium 118

## Sociocultural Factors in PTSD: Improving Treatment Outcomes and Dissemination

CHAIR: Katherina Arteaga, B.S., Texas State University

DISCUSSANT: Dean G. Kilpatrick, Ph.D., Medical University of South

Carolina

All level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters

Key Words: PTSD (Posttraumatic Stress Disorder), Treatment, Dissemination

## PTSD Treatment Utilization: Does Insurance Buffer Racial and Ethnic Differences?

Katherina Arteaga, B.S., Texas State University Ty Schepis, Ph.D., Texas State University Alessandro S. De Nadai, Ph.D., Texas State University

Is Lack of Attention to Socio-environmental Factors a Barrier to Engagement in Evidence-based PTSD Treatment for Sexual, Gender, Racial and Ethnic Minority Clients?

Gia Chozden, M.A., University of California, Los Angeles Lauren Ng, Ph.D., University of California, Los Angeles

## Mental Health Treatment Barriers and Preferences in Relation to PTSD Severity Among an Asian Indian Sample

Sidonia E. Compton, M.S., University of North Texas Hanan Rafiuddin, B.A., University of North Texas Ateka Contractor, Ph.D., University of North Texas

## Longitudinal Results of a One-day Evidence-based Trauma Education and Skills-building Workshop with Front Line Providers in the Caribbean

Manuel Gutierrez Chavez, B.S., The University of Utah S. Robyn Charlery White, Ph.D., HERstoire Collective Ifrah Majeed, B.A., University of Utah Alexandra S. Askew, B.S., B.A., University of Utah Anu Asnaani, Ph.D., University of Utah

11:45 a.m. - 1:15 p.m.

#### Earn 1.5 continuing education credits

## Symposium 119

## Identifying and Addressing Psychological and Behavioral Risk Factors for Cardiovascular Disease in Underserved Women: Implications for Cognitive and Behavioral Intervention Development

Chairs: Jacklyn D. Foley, Ph.D., Massachusetts General Hospital

Amelia M. Stanton, Ph.D., Massachusetts General

Hospital/Harvard Medical School

DISCUSSANT: Christina Psaros, Ph.D., Harvard Medical School,

Massachusetts General Hospital

Basic to Moderate level of familiarity with the material Primary Category: Health Psychology / Behavioral Medicine - Adult Key Words: Women's Health, Underserved Populations, Treatment Development

## Gender Minority Stress and Cardiovascular Disease Risk Among Transgender Women

Tiffany R. Glynn, M.S., University of Miami
Nicho Herrera, B.S., University of Miami Miller School of Medicine
Claudia Martinez, M.D., University of Miami Miller School of Medicine
Adam Carrico, Ph.D., University of Miami Miller School of Medicine
Don Operario, Ph.D., Brown University School of Public Health
Steven A. Safren, Ph.D., ABPP, University of Miami

## Self-medication in Response to Daily Minority Stress Among Trauma-exposed Sexual Minority Adults: Implications for Stress-related Illness

Madalyn M. Liautaud, B.A., The Graduate Center, The City University of New York Danielle Berke, Ph.D., Hunter College, The City University of New York

## A Structural Equation Model of Discrimination, Coping and HIV Medication Adherence Among Black Women Living with HIV

Rachelle Reid, B.S., M.S., University of Miami Sannisha Dale, Ph.D., University of Miami

## Perceived Discrimination, Resiliency, and Cardiovascular Disease Risk Factors Among Sexual Minority Women

Jacklyn D. Foley, Ph.D., Massachusetts General Hospital
Amelia M. Stanton, Ph.D., Massachusetts General Hospital/Harvard Medical School
Caleigh Shepherd, B.A., The Fenway Institute/Fenway Health
Jennifer Morris, M.D., University of Rochester Medical Center
Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

## Developing a Resiliency Intervention for Older Women Living with HIV: Feasibility, Acceptability, and Preliminary Efficacy Data from a Pilot Randomized-controlled Trial

Amelia M. Stanton, Ph.D., Massachusetts General Hospital/Harvard Medical School Abigail P. Blyler, B.A., Massachusetts General Hospital Georgia Goodman, B.S., Brigham and Women's Hospital Mark Vangel, Ph.D., Massachusetts General Hospital/Harvard Medical School Gregory Robbins, M.D., M.P.H., Massachusetts General Hospital Elyse Park, Ph.D., M.P.H., Massachusetts General Hospital/Harvard Medical School Christina Psaros, Ph.D., Harvard Medical School, Massachusetts General Hopsital

## SUNDAY

### Earn 1.5 continuing education credits

#### Symposium 115

# Designing Digital Mental Health Interventions for Suicide and Self-injurious Thoughts and Behavior: Incorporating Lived Experience and Multiple Stakeholder Perspectives

CHAIRS: Kaylee P. Kruzan, Ph.D., Northwestern University

Jonah Meyerhoff, Ph.D., Northwestern University Feinberg

School of Medicine

DISCUSSANT: Sarah E. Victor, Ph.D., Texas Tech University

Basic to Moderate level of familiarity with the material
Primary Category: Suicide and Self-Injury
Key Words: Self-Injury, Suicide, Treatment

## Cultural-social Engagement and the Use of Smartphone Technology in Suicide Prevention for Hispanic Adults

Caroline Silva, Ph.D., University of Rochester School of Medicine Involving LGBTQ+ and QTPOC Adolescents to Adapt Online Interventions Kathryn R. Fox, Ph.D., University of Denver Alex Rubin, B.S., University of Denver Jessica L. Schleider, Ph.D., Stony Brook University

## Developing Text-based Support for Parents of Adolescents at Elevated Suicide Risk: Critical Role of Caregiver Stakeholders

Ewa Czyz, Ph.D., University of Michigan Christina Magness, MSW, University of Michigan Valerie Micol, M.S., University of Michigan Nadia Al-Dajani, Ph.D., University of Michigan Cheryl King, Ph.D., University of Michigan Victor Hong, M.D., University of Michigan Cynthia Ewell-Foster, Ph.D., University of Michigan

#### Symposium 113

## Self-advocacy as an Essential Tool for Recovery for People with Psychosis in the Clinic and in the Community

CHAIR: Emily Treichler, Ph.D., University of California, San Diego and

Veterans Affairs San Diego Healthcare System

DISCUSSANT: Shirley M. Glynn, Ph.D., University of California, Los Angeles

All level of familiarity with the material
Primary Category: Schizophrenia / Psychotic Disorders
Key Words: Psychosis / Psychotic Disorders, Treatment Development, Veterans

## Empowering Veterans with Psychosis to Meaningfully Engage in Treatment Decision-making: Results of an Open Trial of Collaborative Decision Skills Training

Emily Treichler, Ph.D., University of California, San Diego and Veterans Affairs San Diego Healthcare System

Robert N. Mercado, B.S., VA San Diego Mental Illness research, Education, and Clinical Center (MIRECC)

Eric Granholm, Ph.D., University of California, San Diego

Borsika Rabin, Ph.D., University of California, San Diego

Gregory Light, Ph.D., University of California, San Diego

## Supporting Self-determination and Self-advocacy Within Early Intervention in Psychosis Services: Results from a Pilot Evaluation of Peer Decision Coaching

Elizabeth C. Thomas, Ph.D., Temple University College of Public Health

Alicia Lucksted, Ph.D., University of Maryland School of medicine

Mark Salzer, Ph.D., Temple University

## Developing a Novel Intervention to Increase Veteran Advocacy in the Community: Service and Leadership Team (SALT)

Samantha J. Reznik, Ph.D., VA San Diego Healthcare System/University of California, San Diego

Erin Kennedy, Peer Support Specialist, NAMI San Diego

Yuliana Gallegos Rodriguez, Ph.D., VA San Diego Healthcare System; University of California, San Diego

## Symposium 121

## Toward Streamlined Psychotherapies: Understanding the Role of Specific Youth Psychotherapy Elements in Clinical Practice and Outcomes

CHAIRS: Katherine E. Venturo-Conerly, B.A., Harvard University

Olivia M Fitzpatrick, B.A., Harvard University

DISCUSSANT: Christian Webb, Ph.D., Harvard Medical School & McLean

Hospital

Basic to Moderate level of familiarity with the material

Primary Category: Program / Treatment Design

Key Words: Clinical Decision Making, Evidence-Based Practice, Child

Which Therapeutic Elements Best Predict Youth Psychotherapy Outcomes? A Machine Learning Analysis of the MATCH Randomized Controlled Trials

Katherine E. Venturo-Conerly, B.A., Harvard University

Rachel L. Horn, M.A., Harvard University

John R. R. Weisz, Ph.D., ABPP, Harvard University

## Examining Principles of Therapeutic Change in Youth Psychotherapy: A Metaanalysis

Olivia M Fitzpatrick, B.A., Harvard University

Evelyn Cho, M.A., University of Missouri

John R. R. Weisz, Ph.D., ABPP, Harvard University

## Effective Therapeutic Processes in Parenting Programs for Disruptive Child Behavior

Patty Leijten, Ph.D., University of Amsterdam Frances Gardner, D.Phil., University of Oxford

G.J. Melendez-Torres, D.Phil., University of Exeter

## Latent Profile Analysis of Youth Mental Health Providers' Assessment and Treatment Practices

Evelyn Cho, M.A., University of Missouri Kristin Hawley, Ph.D., University of Missouri

Mini Workshop 19

## The New Normal: Coping with Uncertainty and Mitigating Anxiety in an Age of "unprecedented" Local, National, and Global Challenges and Crises

Rochelle I. Frank, Ph.D., University of California, Berkeley & The Wright
Institute
Joan Davidson, Ph.D., San Francisco Bay Area Center for Cognitive Therapy

Basic level of familiarity with the material Primary Category: Adult Anxiety

Key Words: Anxiety, Change Process / Mechanisms, Global Mental Health

Daily reports of unprecedented events that reduce our sense of predictability and safety in the world continue, with no protocol to navigate such challenging times. Pandemic-related stressors such as social distancing and isolation and the overwhelming uncertainty of daily life yielded a surge of mental health problems across the globe (Smith, Twohy, & Smith, 2020). The pandemic also has highlighted disparities in healthcare systems for people of color, thereby placing them at heightened risk for physical and emotional problems (Fortuna et al., 2020). Environmental disasters repeatedly set new records and threaten lives, homes, and businesses, while political events and racial injustices spark national polarization and social unrest. As the crises persist, with staggering loss of life, so do uncertainties about health, finances, work, education, and childcare. Coping with such uncertain times includes decreasing catastrophic thinking, creating daily routines, and utilizing technology to decrease social isolation. Identifying vulnerabilities (e.g., negative problem orientation, intolerance of uncertainty, distress intolerance) can shed light on clients' response to stressors and guide clinicians in helping clients cope with pervasive uncertainty (Frank & McKay, 2020). This workshop will demonstrate how to identify individual differences in coping by assessing the psychological processes driving and maintaining those patterns, and how to help clients improve their ability to deal with global challenges in living. Individualized formulations (e.g., help with organization and time management for clients with executive functioning deficits struggling to work from home and oversee children's remote learning; implement cognitive restructuring and behavioral experiments for clients with a negative problem orientation who believe they're incapable of solving current challenges) will guide treatment, including how to help people of color cope with disparities in healthcare delivery, social injustices, and race-related trauma. Clinicians' own vulnerabilities will be addressed to improve how we cope with unrelenting crises and uncertainties to stay emotionally resilient and effective with clients.

#### You will learn:

- Identify key psychological processes driving crisis-related anxiety, depression, post-traumatic stress, and related functional difficulties.
- Identify problematic coping and implement effective strategies to reduce client-specific vulnerabilities and increase emotional resilience.
- Improve coping with real-life stressors for people of color and other clients facing high-risk situations.
- Implement self-care strategies to reduce vulnerabilities and improve clinicians' coping and therapeutic effectiveness.

Recommended Readings: Frank, R. I., & McKay, M. (2020). Psychological vulnerabilities and coping responses: An innovative approach to assessment and treatment planning in the age beyond DSM-5. In Hayes, S. C., & Hofmann, S. G. (Eds.), Beyond the DSM: Toward a process-based alternative for diagnosis and mental health treatment, pp. 73-96 (Oakland, CA: Context Press). Fortuna, L. R. et al. (2020). Inequity and the disproportionate impact of COVID-19 on communities of color in the United States: The need for a trauma-informed social justice response. Psychological Trauma: Theory, Research, Practice, and Policy, 12, 443-445. Smith, B. M., Twohy, A. J., & Smith, G. S. (2020). Psychological inflexibility and uncertainty moderate the relationship between social isolation and mental health outcomes during COVID-19. Journal of Contextual Behavioral Science, 18, 162-174.

#### 11:45 a.m. - 1:15 p.m.

#### Earn 1.5 continuing education credits

#### **Panel Discussion 36**

## Maximizing the Societal Value of CBT: How Economic Evaluations Can Improve the Implementation and Dissemination of Cognitive and Behavioral Therapies

Moderators: Corinne N. Kacmarek, M.A., American University
Akash Wasil, M.A., University of Pennsylvania

PANELISTS: Zuleyha Cidav, Ph.D., University of Pennsylvania

Alex R. Dopp, Ph.D., RAND

Alessandro S. De Nadai, Ph.D., Texas State University

Brian T. Yates, Ph.D., American University

Primary Category: Dissemination & Implementation Science

Key Words: Service Delivery, Dissemination, Implementation

Although cognitive behavioral therapies (CBTs) are gold-standard treatments for a variety of mental health problems, the dissemination of CBTs has been limited. One major barrier is the cost of CBTs: providers and patients cite resource constraints as a major barrier to providing and accessing CBTs. Delivery systems, including the vehicle (e.g., internet, trained provider) and setting (e.g., school, outpatient clinic), can affect the cost and dissemination of CBTs. Additional research on the costs, effectiveness, and implementation of scalable CBT delivery systems is needed to guide the optimal investment of limited resources. Economic evaluations of CBT interventions, which address cost- and

resource-related implementation needs, can be useful in identifying and disseminating high-value treatments. This panel aims to describe a variety of economic evaluation methods, highlight findings from economic evaluations of diverse CBT delivery systems, and illustrate how economic evaluations can improve the implementation and dissemination of CBT interventions.

Panelists were chosen to present their diverse experiences using economic evaluation methods in pursuit of a shared goal: to inform the implementation of evidence-based CBTs that produce the greatest benefits to clients using the fewest resources. Initial discussions will define various evaluation inputs such as costs and resources, as well as outcomes, such as monetary benefits and cost-effectiveness. Next, panelists will share examples of economic evaluations for weight-loss, alcohol use disorder, youth behavior problems, traumatic stress, and school-based interventions. Panelists will highlight the consequences of excluding costs from CBT research: such treatments will remain inaccessible to many of the patients and systems that could most benefit from them. Panelists will also provide recommendations for how to develop the capacity to conduct economic evaluations in CBT research through training opportunities, community partnerships, and transdisciplinary team science. Within these conversations, panelists will describe common pitfalls that occur when conducting economic evaluations, along with lessons learned.

#### 11:45 a.m. - 1:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 116

# Implementing Dialectical Behavior Therapy in the Department of Veterans Affairs: Challenges and Successes

CHAIR: Melanie Harned, Ph.D., VA Puget Sound Health Care System

and University of Washington

DISCUSSANT: Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD

and Stanford University

All level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: DBT (Dialectical Behavior Therapy), Veterans, Implementation

## Facilitators to Dialectical Behavior Therapy Skills Groups in the Veterans Health Administration

Suzanne E. Decker, Ph.D., VA Connecticut Healthcare System & Yale School of Medicine

Monica Matthieu, Ph.D., LCSW, Central Arkansas Veterans Healthcare System Brandy Smith, B.A., Central Arkansas Veterans Healthcare System Sara Landes, Ph.D., Central Arkansas Veterans Healthcare System

#### Provider Perspectives on Providing Dialectical Behavior Therapy via Telehealth During COVID-19 in the Department of Veterans Affairs

Sara Landes, Ph.D., Central Arkansas Veterans Healthcare System

Jeffery Pitcock, MPH, Central Arkansas Veterans Healthcare System

Melanie Harned, Ph.D., VA Puget Sound Health Care System and University of Washington

 $Samantha\ L.\ Connolly,\ Ph.D.,\ VA\ Boston\ Healthcare\ System\ /\ Harvard\ Medical\ School\ Laura\ Meyers,\ ABPP,\ Ph.D.,\ Orlando\ VA\ Healthcare\ System$ 

Ciara Oliver, B.S., Central Arkansas Veterans Healthcare System

## Treatment Engagement in Dialectical Behavior Therapy: Comparing Pre- and Post-transition to Telemental Health Services Due to COVID-19 at the Orlando VA Health Care System

Danielle R. Jahn, Ph.D., Orlando VA Health Care System Laura Meyers, ABPP, Ph.D., Orlando VA Healthcare System

## Delivering DBT with DBT PE to High-risk Veterans with BPD and PTSD in a VA Outpatient Program $\,$

Melanie Harned, Ph.D., VA Puget Sound Health Care System and University of Washington

Samantha Yard, Ph.D., VA Puget Sound Health Care System

Natalia Garcia, Ph.D., VA Puget Sound Health Care System

## Treating Veterans with PTSD and Borderline Personality: Follow up Results from a DBT PE Intensive Outpatient Program

Laura Meyers, ABPP, Ph.D., Orlando VA Healthcare System

Emily Voller, Ph.D., Minneapolis VA Healthcare System

Ethan McCallum, Ph.D., Allina Health

Matthew Kaler, Ph.D., Minneapolis VA Healthcare System

Paul Thuras, M.A., Ph.D., Minneapolis VA Healthcare System

#### Earn 1.5 continuing education credits

#### Symposium 120

## Predicting, Preventing and Addressing Perinatal Mental Health Concerns

CHAIRS: Mira Snider, M.S., West Virginia University

Shari A. Steinman, Ph.D., West Virginia University

DISCUSSANT: Amy Wenzel, ABPP, Ph.D., Main Line Center for Evidence-

Based Psychotherapy

Moderate level of familiarity with the material Primary Category: Women's Issues Key Words: Perinatal, Women's Health

## Understanding the Trajectory of Obsessive-compulsive and Depressive Symptoms from Pregnancy to Postpartum

Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill Megan Butcher, B.S., University of North Carolina at Chapel Hill Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill Kiara R. Timpano, Ph.D., University of Miami

### Prospective Predictors of Postpartum Obsessive-compulsive Symptoms in First-time Parents

Heidi J. Ojalehto, B.S., University of North Carolina at Chapel Hill Samantha N. Hellberg, B.A., University of North Carolina at Chapel Hill Megan Butcher, B.S., University of North Carolina at Chapel Hill Jennifer Buchholz, M.A., University of North Carolina at Chapel Hill Kiara R. Timpano, Ph.D., University of Miami Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

## Why Do Pregnant Women Use Cannabis?: An Examination of Cannabis Use Motives and Consideration of Novel Intervention Strategies

Cynthia L. Battle, Ph.D., Alpert Medical School of Brown University. Jenny McManus, M.D., Alpert Medical School of Brown University Ana Abrantes, Ph.D., Alpert Medical School of Brown University

#### Preventing Perinatal Anxiety: An Open Trial Pilot Study

Shari A. Steinman, Ph.D., West Virginia University Cierra Edwards, M.S., West Virginia University Brian Doss, Ph.D., University of Miami Kiara R. Timpano, Ph.D., University of Miami

## Demonstrating Stigma Impacting Women with Postpartum Psychological Disorders: An Experimental Test

Casey A. Schofield, Ph.D., Skidmore College Sophie Brown, B.A., Skidmore College Corrine Moss-Racusin, Ph.D., Skidmore College

11:45 a.m. – 1:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 114

#### Substance Misuse and Suicidal Thoughts and Behaviors: Understanding Shared Risk

CHAIRS: Margaret Baer, M.A., University of Toledo

Matthew T. Tull, Ph.D., University of Toledo

DISCUSSANT: Paul Nestadt, M.D., Johns Hopkins School of Medicine

All level of familiarity with the material Primary Category: Addictive Behaviors Key Words: Substance Abuse, Suicide, Alcohol

#### Emotion-related Impulsivity and Suicidality in Opioid Use Disorder

Andrew D. Peckham, Ph.D., McLean Hospital/Harvard Medical School Blake T. Hilton, Psy.D., Harvard Medical School Elizabeth Daskalakis, B.A., McLean Hospital/College of the Holy Cross Roger D. Weiss, M.D., McLean Hospital/Harvard Medical School R. Kathryn R. McHugh, Ph.D., Harvard Medical School

The Impact of Opioid Misuse Relative to Alcohol Misuse and No Substance Misuse on Suicidal Thoughts and Behaviors: An Examination of Underlying Mechanisms

Margaret Baer, M.A., University of Toledo Matthew T. Tull, Ph.D., University of Toledo Kim L. Gratz, Ph.D., University of Toledo

Substance Use, Current Criminal Justice Involvement, and Lifetime Suicidal Thoughts and Behaviors History: The Moderating Role of Thwarted Belonging

Nikki La Rosa, M.A., Texas Tech University
Julianne Cary, M.A., Texas Tech University
Sarah Sparks, M.Sc., Texas Tech University
Sean Mitchell, Ph.D., Texas Tech University
Sarah Brown, Ph.D., University of Pittsburgh School of Medicine
Kenenth Conner, Psy.D., University of Rochester Medical School

## The Role of Opioid Use in Distinguishing Between Suicidal Ideation and Attempts

Claire Houtsma, Ph.D., South Central MIRECC; Southeast Louisiana Veterans Health Care System

11:45 a.m. - 1:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 112

# Risk, Resilience, or Both? Towards a More Nuanced Understanding of Stress and Relationship Functioning Among Sexual Minorities to Facilitate Strengths-based Approaches

CHAIR: Timothy J. Sullivan, M.A., Stony Brook University DISCUSSANT: Sarah W. Whitton, Ph.D., University of Cincinnati

Basic to Moderate level of familiarity with the material

Primary Category: LGBQT+

Key Words: LGBTQ+, Couples / Close Relationships, Stress

## Individual and Relationship Functioning of Sexual Minority Couples Compared to Heterosexual Couples During Early COVID-19

Emily A. Carrino, B.A., University of North Carolina at Chapel Hill Danielle M. Weber, M.A., University of North Carolina at Chapel Hill Donald Baucom, Ph.D., University of North Carolina at Chapel Hill Alexandra K. Wojda, M.A., University of North Carolina at Chapel Hill

## Does Accommodation Moderate the Association Between Emotion Regulation and Mental Health Among Partnered Sexual Minority Men?

Trey Dellucci, M.S., City University of New York
Kendell Doyle, M.A., City University of New York
Tyrel J. Starks, Ph.D., Hunter College, City University of New York

## A Multimethod Examination of Stress and Support Among Sexual Minority Couples

Timothy J. Sullivan, M.A., Stony Brook University K. Daniel O'Leary, Ph.D., Stony Brook University Joanne Davila, Ph.D., Stony Brook University

## Effects of Discrimination and Dyadic Coping on Sexual Minority Couples' Response to Relationship Conflict

Nicholas Perry, Ph.D., Alpert Medical School of Brown University

#### Clinical Round Table 16

## Challenges and Opportunities in Promoting Cognitive Behavioral Therapies for Social Anxiety Disorder

MODERATOR: Daniel Chazin, Ph.D., Center for Anxiety, OCD, and

Cognitive Behavioral Therapy & National Social Anxiety

Center Philadelphia Clinic

PANELISTS: David M. Clark, D. Phil., University of Oxford

Richard G. Heimberg, Ph.D., Temple University Torrey A. Creed, Ph.D., University of Pennsylvania Stefan G. Hofmann, Ph.D., Boston University Anu Asnaani, Ph.D., University of Utah

Primary Category: Adult Anxiety

Key Words: Social Anxiety, CBT, Implementation

The last decade has seen significant advancements in knowledge about social anxiety disorder (SAD) and exposure-based cognitive-behavioral therapies. These therapies are now widely recognized as the gold-standard SAD treatments. Yet multiple CBT approaches have proven efficacious for SAD, and they vary in their treatment targets, structure, and methods. Moreover, some uncertainty and differences of opinion still surround important questions, including how best to apply these treatments when working with diverse populations and how to promote their use within healthcare systems.

This clinical roundtable will offer the unique opportunity to hear from preeminent experts in social anxiety and implementation as they discuss the nuances of existing treatment approaches and key advancements in the field. Discussion will begin by considering lingering questions regarding appropriate treatment targets and strategies. Panelists will offer their perspectives regarding issues such as the proper use and objectives of exposures or behavioral experiments (and relevance of hierarchies, SUDS ratings, habituation, and fearful predictions to this work); "social mishap" or "decatastrophizing" experiments; how and when to use cognitive restructuring; and treatment innovations relating to goal-setting, safety behaviors, attention training, video feedback, core beliefs, and work with families. They will also address various challenges in this work and multicultural considerations in working with minority and marginalized group members (including BIPOC and LGBTQ patients). Finally, panelists will discuss challenges related to training and promoting use of these treatments in public health and private practice settings.

Specifically, the panelists and moderator include: the three developers of the leading evidence-based treatments for social anxiety (Drs. Heimberg, Clark, and Hofmann), a community-based researcher examining social anxiety outcomes in diverse populations (Dr. Asnaani), an implementation science expert who has also trained and worked in a public mental health setting (Dr. Creed), and an anxiety treatment specialist on the board of a national organization that promotes evidence-based therapies for social anxiety (Dr. Chazin).

#### Symposium 122

# Addressing Interpersonal and Systemic Experiences of Minority Stress in Cognitive Behavioral Therapy with Sexual and Gender Minority Clients

CHAIR: Jae A. Puckett, Ph.D., Michigan State University DISCUSSANT: Ethan H. Mereish, Ph.D., American University

Basic to Moderate level of familiarity with the material  $Primary\ Category:\ LGBTQ+$ 

Key Words: LGBTQ+, Oppression, Treatment

## Experiences of Mental Health Treatment for Suicidal LGBTQ+ Youth: A Qualitative Study

Jessica R. Peters, Ph.D., Alpert Medical School of Brown University Ethan H. Mereish, Ph.D., American University Matthew Killiam, B.A., Alpert Medical School of Brown University Katie Chiou, B.A., Alpert Medical School of Brown University Kathleen Wu, B.A., Alpert Medical School of Brown University Shirley Yen, Ph.D., Alpert Medical School of Brown University

### Responding to Sociopolitical Events Impacting Transgender and Gender Diverse Clients

Jae A. Puckett, Ph.D., Michigan State University Devon Kimball, B.A., Michigan State University Kalei Glozier, B.A., Michigan State University Debra A. Hope, Ph.D., University of Nebraska-Lincoln Richard Mocarkski, Ph.D., University of Nebraska at Kearney Zachary DuBois, Ph.D., University of Oregon

## Development of a Group Therapy Model for Queer and Trans Communities of Color

Lauren O. Wiklund, M.A., Michigan State University Courtney Louis, M.A., MSU Jae A. Puckett, Ph.D., Michigan State University

Integrating Socio-cultural-political Content into Assessment, Conceptualization, and Intervention When Working with Transgender and Gender-diverse Clients Colleen A. Sloan, Ph.D., VA Boston HCS & Boston University School of Medicine

#### Earn 1.5 continuing education credits

#### Symposium 130

## **Examination of Implementation Processes, Intervention Adaptation and Outcomes for Children with Autism**

CHAIR: Kelsey S. Dickson, Ph.D., San Diego State University

DISCUSSANT: Renna Maddox, Ph.D., University of North Carolina at Chapel

Hill

All level of familiarity with the material Primary Category: Autism Spectrum and Developmental Disorders Key Words: Autism Spectrum Disorders, Implementation, Evidence-Based Practice

## Caregiver Feedback to Inform the Adaptation of a School-based EBI for Implementation in Children's Mental Health Settings

Kelsey S. Dickson, Ph.D., San Diego State University
Megan Ledoux, M.A, Child and Adolescent Services Research Center
Tana Holt, B.A., San Diego State University
Laura Anthony, Ph.D., University of Colorado Denver
Lauren Kenworthy, Ph.D., Children's National Hospital
Lauren Brookman-Frazee, Ph.D., University of California San Diego

## Dissemination and Implementation of a Multi-component Autism Friendly Health System Initiative Within a Children's Hospital

Nicole A. Stadnick, Ph.D., University of California San Diego Kristin Gist, M.S., Rady Children's Hospital, San Diego Jeannie Huang, M.D., University of California, San Diego Dayna Stout, B.A., Rady Children's Hospital, San Diego Abbey Hye, M.A., BCBA, Rady Children's Hospital, San Diego Cynthia Kuelbs, M.D., University of California, San Diego Lauren Brookman-Frazee, Ph.D., University of California San Diego

## Implementing CBT in Public Schools to Students with ASD and Anxiety via a Train the Trainer Model: Results from an RCT

Judy Reaven, Ph.D., JFK Partners and University of Colorado Anschutz Medical Campus

Katherine Pickard, Ph.D., Emory University School of Medicine

Allison Meyer, Ph.D., JFK Partners, University of Colorado School of Medicine

Richard Boles, Ph.D., University of Colorado School of Medicine

Caitlin Middleton, Ph.D., University of Colorado Anschutz Medical Campus

Lisa Hayutin, Ph.D., University of Colorado Anschutz Medical Campus

Nuri Reyes, Ph.D., University of Colorado Anschutz Medical Campus

Erin Engstrom, Ph.D., UC Davis MIND Institute

Tanea Tanda, B.S., UC Davis MIND Institute

Connor Kerns, Ph.D., University of British Columbia

Aubyn Stahmer, Ph.D., University of California, Davis

Audrey Blakeley-Smith, Ph.D., University of Colorado School of Medicine

## Adapting the "PUENTE" Promotora Program to Increase Reach and Sustainment

Elizabeth Rangel, B.A., San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology

Elizabeth Rangel, B.A., San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology

Sarah Rieth, Ph.D., San Diego State University

Laura Cervantes, B.A., Exceptional Family Resource Center

diane Storman, B.A., Exceptional Family Resource Center

Ron Plotkin, Ph.D., San Diego Regional Center

Lauren Brookman-Frazee, Ph.D., University of California, San Diego

#### A Mixed-method Evaluation of the EQUIPO Tooklit to Increase Parent Engagement and Provider Competence in an Individualized Mental Health Intervention for ASD (AIM HI): Caregiver Insights

Kassandra Martinez, M.S., San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology

Colby Chlebowski, Ph.D., University of California, San Diego

Eliana Hurwich-Reiss, Ph.D., University of California, San Diego

Lauren Brookman-Frazee, Ph.D., University of California San Diego

#### Symposium 123

#### Task-shifting as an Implementation Strategy to Improve Access and Enhance Engagement with Cognitive and Behavioral Interventions

CHAIR: Robert E. Brady, Ph.D., Geisel School of Medicine at

Dartmouth

DISCUSSANT: Laura K. Murray, Ph.D., Johns Hopkins University School of

Public Health

Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Anxiety, Depression, Implementation

## A Randomized Clinical Trial of Brief Cognitive-behavioral Therapy for Health Anxiety Delivered by Medical Assistants in Primary Care

Robert E. Brady, Ph.D., Geisel School of Medicine at Dartmouth Geoffrey Curran, Ph.D., University of Arkansas for Medical Sciences Mark Hegel, Ph.D., Geisel School of Medicine at Dartmouth Gordon Asmundson, Ph.D., University of Regina Martha Bruce, Ph.D. MPH, Geisel School of Medicine at Dartmouth

## Stay Connected: An Intervention to Address Covid-related Social Isolation in Older Adults

Patrick J. Raue, Ph.D., University of Washington School of Medicine Patricia Arean, Ph.D., University of Washington School of Medicine

Peer Led Interventions as a Strategy to Enhance Attitudes, Intentions and Engagement in Mental Health Treatment Among Older Adults with Depression Kyaien O. Conner, M.P.H., Ph.D., LCSW, University of South Florida

#### Behavioral Activation for Orthopedic Trauma Patients After Discharge: An Open-label, Prospective Observational Pilot Study

Terence H. Ching, M.S., University of Connecticut, Dartmouth-Hitchcock Medical Center

Leah Gitajn, M.D., Geisel School of Medicine at Dartmouth Sivan Rotenberg, Ph.D., Geisel School of Medicine at Dartmouth Kathleen Lyons, ScD, Geisel School of Medicine at Dartmouth Robert E. Brady, Ph.D., Geisel School of Medicine at Dartmouth

#### Panel Discussion 37

#### Recovery-oriented Cognitive Therapy as a Game Changer for Municipal and State Forensic Systems: Lessons Learned and Future Directions

MODERATOR: Paul M. Grant, Ph.D., Beck Institute
PANELISTS: Shelby Arnold, Ph.D., Beck Institute

Joe Keifer, Psy.D., Beck Institute

Christy Giallella, Ph.D., Philadelphia Department of Behavioral Health and Intellectual disAbility Services

(DBHIDS)

Chris von Zuben, Ph.D., Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)

James Beacher, Psy.D., New York Office of Mental Health Stella Keitel, Psy.D., New York Office of Mental Health

> Primary Category: Schizophrenia / Psychotic Disorders Key Words: Schizophrenia, Criminal Justice, Recovery

Forensic mental health settings encounter challenges trying to incorporate recovery-oriented treatment principles, a mandate for care since The President's New Freedom Commission on Mental Health (2005) report. This panel discussion will present Recovery-Oriented Cognitive Therapy (CT-R) as an approach that improves care by operationalizing recovery principles in forensic settings. Guided by Dr. Aaron T. Beck's cognitive model, CT-R is an evidence-based practice that provides concrete, actionable steps to promote recovery, and resiliency. It has been successfully implemented along the continuum of care for forensically-involved individuals, improving transitions, continuity of care, and empowerment for individuals and staff. This panel will include an originator of the approach (Dr. Grant), experts in its implementation into forensic systems (Drs. Arnold and Keifer), as well as partners in Philadelphia (Drs. Giallella and von Zuben) and New York (Drs. Beacher and Keitel) who have experienced success implementing CT-R in forensic settings.

CT-R originator will moderate and provide a brief overview of the CT-R model, its utility in forensic settings, and the importance of cognitive formulation to both understand challenges and develop ways individuals can flourish and take steps towards a desired life. The two CT-R experts will discuss forensically-minded implementation strategies, and how these fit with prevailing forensic practices while addressing risk. Panelists will describe CT-R practice in a variety of contexts: from forensic assessment and continuity in community reentry to navigating challenges (e.g., aggression, determination of incompetent to proceed, NGRI) in a secure forensic hospital. The discussion will focus on success experiences – increased engagement, connection, and empowerment and lessons learned. Speakers will also share insight on large implementation projects, and sustainability within forensic systems. Audience members will leave the panel with rich examples

of how a recovery-oriented cognitive-behavioral approach can be disseminated within settings that have been traditionally seen as more challenging, and an appreciation for how CT-R can provide a more equitable and destignatizing approach to care.

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 125

# Increasing Engagement in Evidence-based Suicide Prevention Interventions: Considering Patients, Providers, and Organizations

CHAIRS: Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA

Medical Center

Courtney N. Forbes, M.A., University of Toledo

DISCUSSANT: Sara Landes, Ph.D., Central Arkansas Veterans Healthcare

System

Basic to Moderate level of familiarity with the material Primary Category: Suicide and Self-Injury

Key Words: Suicide

#### Behavioral Economics Intervention to Increase Treatment Seeking in National Guard Personnel at Risk for Suicide

Daniel W. Capron, Ph.D., University of Southern Mississippi

## Organizational Factors Influencing the Engagement of Suicidal Clients in Outpatient Mental Health Treatment

Christa D. Labouliere, Ph.D., Columbia University, Dept. of Psychiatry Haitisha Mehta, M.A., New York State Psychiatric Institute

Maureen Monahan, Ph.D., New York State Psychiatric Institute

Kelly Green, Ph.D., University of Pennsylvania, Perelman School of Medicine

Gregory Brown, Ph.D., University of Pennsylvania, Perelman School of Medicine

Molly Finnerty, M.D., Bureau of Evidence-Based Practices, New York State Office of Mental Health

Barbara Stanley, Ph.D., Columbia University

## Using Financial Incentives to Increase Engagement in Lethal Means Counseling: Surveying Patients and Providers

Gabriela K. Khazanov, Ph.D., Corporal Michael J. Crescenz VA Medical Center Michelle Gordon, MPH, Penn Center for the Prevention of Suicide, University of Pennsylvania, Perelman School of Medicine

Shari Jager-Hyman, Ph.D., Perelman School of Medicine at the University of Pennsylvania

Joseph Simonetti, M.D., MPH, Rocky Mountain Mental Illness Research, Education and Clinical Center (MIRECC) for Suicide Prevention, Veterans Health Administration

James McKay, Ph.D., University of Pennsylvania, Perelman School of Medicine Gregory Brown, Ph.D., University of Pennsylvania, Perelman School of Medicine Michael Thase, M.D., University of Pennsylvania, Perelman School of Medicine

### Motivational Interviewing to Address Suicidal Ideation: Treatment Engagement as a Potential Mechanism

Peter Britton, Ph.D., Center of Excellence for Suicide Prevention, VA Finger Lakes Healthcare Center

Kenneth Conner, Psy.D., MPH, Department of Emergency Medicine, Center for the Study and Prevention of Suicide, University of Rochester Medical Center

Stephen Maisto, Ph.D., Department of Clinical Psychology, Syracuse University; Center of Integrated Healthcare, Syracuse VA Medical Center

#### Earn 1.5 continuing education credits

#### Symposium 124

# Advances in the Understanding and Treatment of Cannabis Use Disorder: Co-use, Comorbidities, and Transdiagnostic Mechanisms

CHAIR: Kate Wolitzky-Taylor, Ph.D., University of California, Los

Angeles School of Medicine

DISCUSSANT: Michael J. Zvolensky, Ph.D., University of Houston

Basic to Moderate level of familiarity with the material
Primary Category: Addictive Behaviors

Key Words: Transdiagnostic, Comorbidity, Addictive Behaviors

## Does Tobacco Use Affect the Relationship Between Anxiety Sensitivity and Cannabis Use Problems Among Cannabis Users?

Michael F. Orr, M.A., University of Houston

Nirivi Mehta, M.A., University of Houston

Jacob Moya, M.A., University of Houston

Lorra Garey, Ph.D., University of Houston

Marcel deDios, Ph.D., University of Houston

Michael J. Zvolensky, Ph.D., University of Houston

#### Alcohol-only Users and Alcohol and Marijuana Co-users: Differences in Substance Use and Coping Motives and Moderation of Mood-motive-use Relations by User Group

 ${\it Casey Guillot, Ph.D., University of North Texas}$ 

Daniel Cole, B.S., University of North Texas

Nathan Kearns, Ph.D., Brown University

Heidemarie Blumenthal, Ph.D., University of North Texas

Renee Cloutier, Ph.D., Pennsylvania State University

#### Depression and Simultaneous Alcohol and Marijuana Use: The Roles of Eventspecific Protective Behavioral Strategies

Elizabeth M. Lewis, M.A., Louisiana State University

Christina Abarno, M.A., Louisiana State University

Julia Buckner, Ph.D., Louisiana State University

## Targeting Maladaptive Reactivity to Negative Affect in Young Adults with Cannabis Use Disorder

Kate Wolitzky-Taylor, Ph.D., University of California, Los Angeles School of Medicine Suzette Glasner, Ph.D., University of California, Los Angeles Department of Psychiatry and Biobehavioral Sciences

Alexandra Tanner, Ph.D., University of California Los Angeles Department of Psychiatry and Biobehavioral Sciences

## Impact of a Facebook Intervention on Alcohol and Cannabis Co-use and Suicidality Among Adults with Cannabis Use Disorder and Depression

Anne B. Lee, LICSW, MSW, University of California, Los Angeles School of Medicine Helene Chokron Garneau, Ph.D., Stanford University

Danielle Ramo, Ph.D., University of California, San Francisco

Frances Kay-Lambkin, Ph.D., University of Newcastle

Alan Budney, Ph.D., Dartmouth University

Suzette Glasner, Ph.D., University of California, Los Angeles Department of Psychiatry and Biobehavioral Sciences

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 38

## Looking Forward to Liberation: Creating Inclusive Environments for Diverse Professionals

MODERATOR: Alexandria N. Miller, M.S., Suffolk University Panelists: Alexandria N. Miller, M.S., Suffolk University

Broderick Sawyer, Ph.D., Genesee Valley Psychology Taryn A. Myers, Ph.D., Virginia Wesleyan University Charlie A. Davidson, Ph.D., Atlanta Center for Cognitive

Therapy; Emory University

Ilana Seager van Dyk, Ph.D., Yale School of Public Health

Darlene M. Davis, Ph.D., Parents Zone, LLC

Primary Category: Program / Treatment Design

Key Words: Health Care System, Professional Issues

The pandemic has exacerbated preexisting systemic inequities, particularly racial, socioeconomic, and mental health disparities inherent in our predominantly white field of psychology. From the widely publicized videos of murders of unarmed Black people in 2020 to the drastic rise of Anti-Asian racialized violence and hate, discussions about the mistreatment of Black, Indigenous, and People of Color (BIPOC) individuals are back in the spotlight. As a result, organizations have taken a renewed interest in ensuring that their policies and procedures encourage diversity, equity and inclusion for their marginalized members who face these disparities daily. Although adaptations to organizational policies are widely discussed, the implementation of these policies is often impeded by obstacles.

In line with the convention's theme, this panel brings together SIG leaders whose goal is to improve the psychological well-being of members of their SIGs who hold minoritized identities through responsive, evidence-based mental healthcare and equity. Those on this panel encompass a breadth of intersectionally marginalized and privileged identities. On the same journey of cultural responsiveness and advocacy, panelists will share their expertise about making these changes within their membership-driven organizations and challenges inherent in effective activism for social justice.

Panelists will (1) share their experiences leading and making sustainable changes within their SIGs, (2) discuss challenges they faced when making those changes and which made the biggest impact on their membership, (3) discuss what changes are still needed to be made within ABCT to continue to create safe, equitable spaces, and 4) model and discuss the meaning of coalition building, affinity, and allyship to advocate for collective systemic change for their SIG members and the communities they represent in our privileged, predominantly white, cis, and hetero field of psychology.

Questions and comments will be solicited from the audience to foster a collaborative approach to navigating these barriers.

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

Mini Workshop 20

#### Treating Existential & Spiritual Struggles with CBT

David H. Rosmarin, ABPP, Ph.D., Harvard Medical School

Basic level of familiarity with the material Primary Category: Spirituality and Religion

Key Words: Spirituality and Religion, Case Conceptualization / Formulation

In addition to increasing prevalence and severity of mental disorders worldwide (Winkler et al., 2020), the events of the past two years have raised significant societal concerns regarding equity, fairness, and the trustworthiness of cherished social institutions. These weighty matters, as well as the widespread and tragic loss of life, have naturally raised existential and spiritual questions for many individuals (Bentzen, 2020). Cognitive Behavioral Therapy (CBT) has historically shied away from spiritual matters, leaving most of its practitioners without core competencies to address this important aspect of diversity clinical practice (Green et al., 2013). This workshop will address how to identify, conceptualize, and help patients who are experiencing existential and spiritual struggles, using a CBT framework. Attendees will learn how to inquire about this area of life, how to validate and respond to existential concerns when raised by patients, and how to help patients access spiritual resources such as gratitude, acceptance of uncertainty, and meaning-making, in the context of evidence-based care.

You will learn:

- Describe how existential and spiritual struggles can impact symptoms and treatment.
- Competently inquire/assess for existential and spiritual struggles in the context
  of CBT.
- Help patients address existential and spiritual struggles in treatment.

Recommended Readings: Rosmarin, D. H. (2018). The Dark Side of Spirituality. In D. H. Rosmarin (Ed.), Spirituality, religion, and cognitive-behavioral therapy: A guide for clinicians. (pp. 50-72). New York, NY: Guilford Publications. Pargament, K.I. (2007). Spiritually integrated psychotherapy: Understanding and addressing the sacred. New York, NY: Guilford Press. Raines, A. M., Currier, J., McManus, E. S., Walton, J. L., Uddo, M., & Franklin, C. L. (2017). Spiritual struggles and suicide in veterans seeking PTSD treatment. Psychological trauma: theory, research, practice, and policy, 9(6), 746.

1:30 p.m. - 3:00 p.m.

#### Earn 1.5 continuing education credits

#### **Research & Professional Development 5**

#### Practice-based Research Methods Bootcamp: Learn How to Conduct and Publish Research in a Private Practice Setting

PANELISTS: Scott H. Waltman, ABPP, Psy.D., Center for Dialectical and

Cognitive Behavior Therapies

John Lothes, II, University of North Carolina Wilmington Kirk D. Mochrie, Ph.D., Triangle Area Psychology (TAP)

Clinic

Basic to Moderate level of familiarity with the material Primary Category: Research Methods and Statistics

Key Words: Research Methods, Professional Development, Stakeholder Relevant

Are you interested in conducting research in your practice-based setting, but are unsure how to get started? Recently ABCT started a new special interest group (SIG) focused on research in clinical practice settings, and a few members of that SIG are running a bootcamp to help get you started. This mini workshop will be applied and experiential. Ideally, participants would come with a research area of interest in mind. We will be actively discussing your research ideas and applying a framework for conducting research in practice-based settings. We will be actively workshopping and problem-solving ways in which you can begin to take your research ideas into actual practice by collecting and analyzing clinical data. In addition, clinical outcome data collection will be discussed including preferred measures within the public domain to help answer your important research questions. This mini workshop will comprise active participation and small group work if the pandemic situation allows for this. Practice-based research (PBR) is ideally suited for inves-

tigating real-world practice including: (1) identifying and clarifying barriers and problems in routine clinical practice, (2) testing program and treatment improvement initiatives, and (3) Program evaluation including evaluating process, adherence, competence, and clinical effectiveness of evidence-based psychotherapies when delivered in real-world clinical settings. Practice-based or naturalistic research can be conducted with or without the collaboration of academic researchers, with corresponding pros and cons. This mini-workshop is designed for the semi-reluctant practice-based researchers who are working without the aid of academic researchers and is intended to be a kickstart to your project. Our aim is to help you create a research plan, so you can join us in our practice-based research revolution. Joining our new SIG will allow for continued consultation, support, and learning.

#### You will learn:

- Describe a general research methodology.
- Select a specific research question.
- Analyze clinic needs to identify research questions to improve clinical practice and overall functioning of clinical programs (e.g., groups, individual therapy, etc.).
- Identify outcome measures that can be incorporated into routine clinical practice
- Seek consultation for ongoing support with your practice-based research project.

Recommended Readings: Codd III, R. T. (Ed.). (2018). Practice-based research: A guide for clinicians. New York: Routledge. Dodd, S. J., & Epstein, I. (2012). Practice-based research in social work: A guide for reluctant researchers. Routledge. Persons, J. B., Osborne, T. L., & Codd III, R. T. (2020). Ethical and Legal Guidance for Mental Health Practitioners Who Wish to Conduct Research in a Private Practice Setting. Behavior Therapy.

#### Symposium 127

#### Identifying Strengths for Better Health: Resilience Factors in Borderline Personality Disorder and Nonsuicidal Self-injury

CHAIR: Matthew W. Southward, Ph.D., University of Kentucky DISCUSSANT: E David Klonsky, Ph.D., University of British Columbia

Basic to Moderate level of familiarity with the material Primary Category: Personality Disorders

Key Words: Resilience, Borderline Personality Disorder, Self-Injury

#### Getting a Good Night's Sleep to Promote Resilience Against Suicidal and Nonsuicidal Self-injury Urges in Borderline Personality Disorder: An Experimental Study

Skye Fitzpatrick, Ph.D., York University sonya Varma, BSc, York University Jennifer Ip, M.A., Ryerson University

## Protective Factors of Non-suicidal Self-injury During the Transition to College: The Roles of Well-being, Coping, and Sleep Quality

Nicole K. Legg, M.S., University of Victoria Christina Robillard, MSc, University of Victoria Zack Senay, B.A., University of Victoria Brianna J. Turner, Ph.D., University of Victoria

## Examining Emotion Regulation Self-efficacy as a Protective Factor for NSSI in Borderline Personality

Tara L. Spitzen, M.A., University of Toledo Matthew T. Tull, Ph.D., University of Toledo Lori Deshetler, Ph.D., University of Toledo April Lynn Gardner, PA-C, University of Toledo Medical Center Kathleen Mitchell, University of Toledo Kim L. Gratz, Ph.D., University of Toledo

## Conscientiousness Is a Unique Deficit in Borderline Personality Disorder, but Self-compassion Predicts Change over Time

Matthew W. Southward, Ph.D., University of Kentucky Kristen Howard, M.A., The Ohio State University Kara Christensen, Ph.D., University of Kansas Jennifer S. Cheavens, Ph.D., Ohio State University

#### Earn 1.5 continuing education credits

#### Symposium 129

#### Delivering Complementary and Integrative Therapies Alongside CBT for PTSD in Military Samples: research and Clinical Implications

CHAIR: Elizabeth M. Goetter, Ph.D., Massachusetts General Hospital

DISCUSSANT: Rachel A. Millstein, Ph.D., MGH/Home Base

Moderate level of familiarity with the material Primary Category: Military and Veterans Psychology Key Words: Veterans, Compassion / Empathy, Resilience

#### Presence of Psychiatric Assistance Dogs and Relation to PTSD Treatment Outcomes: A Nonrandomized, Observational Study in a Military Sample

Elizabeth M. Goetter, Ph.D., Massachusetts General Hospital Louisa G. Sylvia, Ph.D., Massachusetts General Hospital Kaloyan Tanev, M.D., Massachusetts General Hospital Bingyu Xu, B.A., Massachusetts General Hospital Edward Wright, Ph.D., Massachusetts General Hospital

#### A Stress Management Program for Incarcerated Veterans

Louisa G. Sylvia, Ph.D., Massachusetts General Hospital
Rana Chudnofsky, MEd, Massachusetts General Hospital
Stacie Fredriksson, Massachusetts General Hospital
Bingyu Xu, B.A., Massachusetts General Hospital
Megan McCarthy, B.S., Massachusetts General Hospital
Jacque Francona, Massachusetts General Hospital
Sara Hart, Massachusetts General Hospital
Rachel A. Millstein, Ph.D., Massachusetts General Hospital/Home Base
Darshan Mehta, M.D., Massachusetts General Hospital
Elyse Park, PhD, MPH, Massachusetts General Hospital/Harvard Medical School
Gregory Fricchione, M.D., Massachusetts General Hospital

## Greater At-home Meditation Practice Associated with More Substantive Clinical Benefits Among Veterans with PTSD Following Cognitively-based Compassion Training

Anne Malaktaris, Ph.D., VA San Diego Healthcare System, VA Center of Excellence for Stress and Mental Health

Matthew Herbert, Ph.D., VA San Diego Center of Excellence for Stress and Mental Health

Pollyanna Casmar, PhD, VA San Diego Healthcare System

Ariel Lang, M.P.H., Ph.D., VA San Diego Center of Excellence for Stress and Mental Health

Lin Liu, Ph.D., University of California, San Diego

1:30 p.m. - 3:00 p.m.

#### Symposium 126

#### What Is Psychological Pain? A Transdiagnostic Examination of the Nature and Correlates of Pain Affect Arising from Psychological or Social Stimuli

CHAIR: Madelyn Frumkin, M.A., Washington University in St. Louis

DISCUSSANT: Matthew K. Nock, Ph.D., Harvard University

All level of familiarity with the material Primary Category: Transdiagnostic Key Words: Pain, Transdiagnostic, Mood

#### The Dynamics of Psychological Pain and Suicidal Thinking

Daniel Coppersmith, M.A., Harvard University

Alexander Millner, Ph.D., Franciscan Children's

Rebecca G Fortgang, Ph.D., Harvard University

Evan M M. Kleiman, Ph.D., Rutgers University, The State University of New Jersey Matthew K. Nock, Ph.D., Harvard University

## Psychological Pain and Social Anxiety: A Conceptual Model of Social Pain Theory

Madelyn Frumkin, M.A., Washington University in St. Louis

Marilyn Piccirillo, Ph.D., University of Washington

Thomas L. Rodebaugh, Ph.D., Washington University in St. Louis

## The Pain of Grief: Exploring the Concept of Psychological Pain and Its Relation to complicated Grief, Depression, and Risk for Suicide in Bereaved Adults

Donald Robinaugh, Ph.D., Massachusetts General Hospital/Harvard Medical School Madelyn Frumkin, M.A., Washington University in St. Louis

Nicole LeBlanc, Ph.D., Massachusetts General Hospital/Harvard Medical School

Zeba Ahmad, M.A., The Graduate Center and Hunter College, City University of New York

Eric Bui, MD, Ph.D., Massachusetts General Hospital/Harvard Medical School Matthew K. Nock, Ph.D., Harvard University

Naomi Simon, M.D., New York University Langone Health, New York University School of Medicine

Richard J. McNally, Ph.D., Harvard University

## The Development and Application of the Mee-bunney Psychological Pain Assessment Scale

Steven Mee, M.D., Aspera LLC

Blynn Bunney, Ph.D., University of California, Irvine

William Bunney, M.D., University of California, Irvine

Ken Fujimoto, Ph.D., Loyola University

Christopher Reist, M.D., MBA, University of California, Irvine/VA Long Beach Healthcare System

#### Symposium 136

## Breaking the Cycle: Behavioral Health Prevention and Treatment in the Juvenile Justice System

CHAIR: Sarah Helseth, Ph.D., Brown University School of Public

Health

DISCUSSANT: Kathleen Kemp, Ph.D., Rhode Island Hospital/Alpert Medical

School of Brown University

All level of familiarity with the material Primary Category: Criminal Justice / Forensics Key Words: Adolescents, Criminal Justice, Treatment

#### Prescription Opioid Misuse in Juvenile Justice-involved Adolescents: Open Trial Results of a Family-based Prevention Program

Sarah Helseth, Ph.D., Brown University School of Public Health

A. Rani Elwy, Ph.D., Alpert Medical School of Brown University

Sara Becker, Ph.D., Brown University School of Public Health

Kathleen Kemp, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Anthony Spirito, Ph.D., Alpert Medical School of Brown University

## Date SMART: An Efficacious Dating Violence Intervention for Justice-involved Girls

Christie J. Rizzo, Ph.D., Northeastern University, Dept. of Applied Psychology

Charlene Collibee, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

David Barker, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Kathleen Kemp, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

## Family CONNECT: A Family-based Approach to Linking Youth on Probation to Treatment

Corianna E. Sichel, Ph.D., Columbia University/New York State Psychiatric Institute Katherine Elkington, Ph.D., Columbia University

Long-term Outcomes of Family-based Approaches for Justice-involved Adolescents Receiving Treatment for Substance Use

Craig Henderson, Ph.D., Sam Houston State University

Gayle Dakof, Ph.D., MDFT International

Trent Foulkrod, M.A., Sam Houston State University

Cindy Rowe, Ph.D., University of Miami Miller School of Medicine

Linda Alberga, M.A., University of Miami Miller School of Medicine

Howard Liddle, Ed.D., University of Miami Miller School of Medicine

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Clinical Round Table 14

# Family Feud: A Clinician's Guide to Navigating Challenging Family Dynamics and Awkward Conversations in Youth-focused Treatment

MODERATOR: Andrea B. Temkin, Psy.D., Weill Cornell Medicine

PANELISTS: Shannon M. Bennett, Ph.D., Weill Cornell Medical School

Anthony Puliafico, Ph.D., Columbia University Irving

Medical Center

Samuel Fasulo, Ph.D., New York University School of

Medicine

Primary Category: Parenting / Families

Key Words: Parenting, Clinical Decision Making, Treatment

Cognitive behavioral treatments for youth and young adults often call for clinicians to work with parents and caregivers in the family system. Beyond needing to help parents build skills to help their struggling child, a large portion of working with families involves understanding how to navigate a minefield of interpersonal dynamics that exists between parent and child, different caregivers, and with the clinician. The aim of this clinical grand rounds is to explore how to translate evidence-based strategies outside of the manual and into the room with real families in order to best serve youth in need of care. Experts in cognitive-behavioral therapy, dialectical behavior therapy, parent management training, and acceptance and commitment therapy will present on their strategies to approaching child and parent work. The presentation will include discussions around topics such as when and how to focus on using traditional behavioral strategies vs. centering on communications and family relationships, managing confidentiality for adolescent and young adult patients, and how best to address problematic parent behavior and increase parent buy-in in treatment. Role-plays will allow audience members to see how clinicians from different backgrounds handle the same clinical situations. Presenters will aim to highlight the best that these different theoretical frameworks have to offer in treating youth and their parents, and audience members will leave armed with new ideas and increased confidence around how to help the families they work with.

#### Clinical Round Table 13

# How Does CBT Translate to Real-world Settings? A Discussion on Implementing CBT Online, in Community Mental Health Clinics, and in Prison

MODERATOR: Louisa G. Sylvia, Ph.D., Massachusetts General Hospital Panelists: Douglas Katz, Ph.D., Dauten Family Center for Bipolar

Treatment Innovation, Massachusetts General Hospital Aaron Katz, Ph.D., Eliot Community Health Services Lauren Weinstock, Ph.D., Alpert Medical School of Brown

University

Primary Category: Technology Key Words: CBT. Detression

The World Health Organization estimated that depression accounts for 40% of disability worldwide (WHO Report, 2001). This is due to a number of factors, but one important one is the lack of access to evidence-based treatments for depression. For example, only about 40% of patients with mood or anxiety disorders receive any treatment and data suggest that psychotherapies proven to be effective for depression are still not practiced widely in community settings (Goisman et al., 1999; Wang et al., 2002). Moreover, practicing psychologists in the United States reported using variety of approaches with only 4% stating that they used one model exclusively; however, 69% of respondents (N=2281) reported using cognitive behavioral therapy (CBT) at least part-time or in combination with other therapies (https://www.psychotherapynetworker.org/). This clinical round table will discuss implementation challenges and solutions of in-person CBT in the community as well as the prison and jail settings as well as offered remotely online to offer guidance on dissemination of CBT across settings. Specifically, Dr. Sylvia will moderate the discussion as well as share her extensive experience with disseminating CBT via asynchronous online programming. Dr. Doug Katz will describe the work of the MGH Dauten Family Center for Bipolar Treatment Innovations to create a comprehensive stepped care approach to increase access to CBT and other evidence-based treatments for depression. Dr. Weinstock will share her experience conducting CBT in a setting that often receives very minimal mental health care, or in prisons and jails. Dr. Aaron Katz, who serves as the Vice President of Behavioral Health Services for a large community mental health, will discuss implementing CBT in an urban setting that is socioeconomically and ethnically diverse. Together, these experts will highlight the challenges of implementing CBT in real-world settings as well as lead a discussion with the audience on solutions to implementing CBT, including adaptions and modifications to the treatment and its training, to generate new ideas to further promote and disseminate CBT.

#### Mini Workshop 21

#### Using a Standardized Supervisee Framework for Experiential Training in Competent Clinical Supervision

Jennifer C. Veilleux, Ph.D., University of Arkansas Rebecca A. Schwartz-Mette, Ph.D., University of Maine Samantha Gregus, Ph.D., Wichita State University

Moderate level of familiarity with the material Primary Category: Workforce Development / Training / Supervision

#### You will learn:

- Articulate knowledge about the standardized supervisee framework and how it can be used for supervision training.
- Increase proficiency in delivering feedback to supervisor trainees learning to provide competent supervision.
- Problem solve implementation of the standardized supervisee framework within varying training facilities.
- Understand strategies for training clinicians to serve as mock therapists using the standardized supervisee framework.
- Articulate competent levels of performance within all four standardized supervisee scenarios.

#### Symposium 131

## Understanding Links Between Trauma, PTSD, and OCD: From Conceptualization to Treatment

CHAIRS: Heidi J. Ojalehto, B.S., University of North Carolina at Chapel

Hill

Jonathan S. Abramowitz, Ph.D., University of North

Carolina at Chapel Hill

DISCUSSANT: Jesse Cougle, Ph.D., Florida State University

Moderate level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders

Key Words: OCD (Obsessive Compulsive Disorder), Trauma, PTSD (Posttraumatic Stress Disorder)

## Does Stressful or Traumatic Life Events Thematically Related to Obsessive-compulsive and Related Disorders Predict Their Related Disorder?

Leonardo F. Fontenelle, M.D., Ph.D., Institute of Psychiatry of the Federal University of Rio de Janeiro & D'Or Institute for Research and Education (IDOR)

Louise Destrée, Hons, Monash University

Mary-Ellen Brierley, Hons, Monash University

Emma Thompson, Hons, Monash University

Lucy Albertella, Ph.D., Monash University

### OCD and PTSD in Women with Mental Contamination Resulting from Sexual Trauma

Christal Badour, Ph.D., University of Kentucky

C. Alex Brake, Ph.D., Brown University & Providence VA Medical Center

Jordyn Tipsword, M.S., University of Kentucky

Alyssa Jones, M.A., University of Kentucky

Sophia Alvarran, B.A., University of Kentucky

Caitlyn Hood, M.S., University of Kentucky

Jesse McCann, B.S., University of Kentucky

### Obsessive-compulsive Disorder and Trauma: A Review and Treatment Recommendations

Dean McKay, ABPP, Ph.D., Fordham University Lewis Leone, M.S., University of Texas At Austin

### Evaluating the Impact of PTSD Symptoms on Intensive/residential OCD Treatment: A Discussion of Treatment Process and Outcome

Nathaniel Van Kirk, Ph.D., McLean Hospital/Harvard Medical School

## Preliminary Evidence for the Effectiveness of Concurrent Exposure and Ritual Prevention for OCD and Prolonged Exposure for PTSD

Caitlin M. Pinciotti, Ph.D., Rogers Behavioral Health Dean McKay, ABPP, Ph.D., Fordham University Chad Wetterneck, Ph.D., Rogers Behavioral health Lynsey Miron, Ph.D., Rogers Behavioral Health Loren M. Post, Ph.D., McLean Hospital/Harvard Medical School Bradley Riemann, Ph.D., Rogers Behavioral Health

3:15 p.m. - 4:45 p.m.

#### Symposium 135

# The Effectiveness of Youth Psychotherapy over the past 50 Years: Results from Four Specialized Meta-analyzes on Depression, Autism, and Remotely Delivered Therapies

CHAIR: Ana M. M. Ugueto, Ph.D., ABPP, University of Texas Health

Science Center, McGovern Medical School

DISCUSSANT: V. Robin Weersing, Ph.D., San Diego State University/

University of California, San Diego Joint Doctural

Program in Clinical Psychology

Moderate level of familiarity with the material

Primary Category: Treatment - CBT

Key Words: Psychotherapy Outcome, Depression, Autism Spectrum Disorders

## How Does Psychotherapy Improve Youth Depression? Applying Meta-analytic Structural Equation Modeling to Three Decades of Randomized Trials

Mei Yi Ng, Ph.D., Florida International University Katherine A DiVasto, B.A., Columbia University Nazcaru Gonzalez, EdM, Harvard University Samantha Cootner, B.A., Harvard University Mark W. Lipsey, Ph.D., Vanderbilt University John R. R. Weisz, Ph.D., ABPP, Harvard University

#### A Meta-analysis of Psychotherapy Effects for Youth Depression

Dikla Eckshtain, Ph.D., Massachusetts General Hospital

Sofie Kuppens, Ph.D., KU Leuven Karel de Grote University College

Ana M. M. Ugueto, Ph.D., ABPP, University of Texas Health Science Center, McGovern Medical School

Mei Yi Ng, Ph.D., Florida International University

Rachel A. Vaughn-Coaxum, Ph.D., University of Pittsburgh School of Medicine

Katherine Corteselli, Ed.M., Harvard University

John R. R. Weisz, Ph.D., ABPP, Harvard University

#### Meta-analysis of the Effects of Psychotherapy for Youth with Autism

Kashia A. Rosenau, Ph.D., University of California, Los Angeles

Jeffrey Wood, Ph.D., University of California, Los Angeles

#### A Meta-analysis of the Effectiveness of Remotely Delivered Youth Psychotherapies

Katherine E. Venturo-Conerly, B.A., Harvard University

Olivia M Fitzpatrick, B.A., Harvard University

Rachel L. Horn, M.A., Harvard University

Ana M. M. Ugueto, Ph.D., ABPP, University of Texas Health Science Center, McGovern Medical School

John R. R. Weisz, Ph.D., ABPP, Harvard University

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 137

#### From Trauma to Resilience

CHAIR: Richard J. McNally, Ph.D., Harvard University

Moderate to Advanced level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: Longitudinal, Trauma, Methods

## A Dynamic Network Analysis of Posttraumatic Stress Disorder Symptoms and Positive Affect

Shaan McGhie, B.A., Harvard University Richard J. McNally, Ph.D., Harvard University

## Danger! Negative Memories Ahead: The Effect of Warnings on the Reactions to and Recall of Negative Memories

Victoria Bridgland, B.A., Flinders University Melanie Takarangi, Ph.D., Flinders University

## Why Self-trigger? A Mixed-methods Analysis of Motives for Seeking Reminders of Trauma in Non-therapeutic Contexts

Benjamin Bellet, M.S., Harvard University

Claire Hotchkin, B.S., Harvard University

Richard J. McNally, Ph.D., Harvard University

## Adaptation to Limb Amputation: Trajectories of Depression and Resilience Predict Posttraumatic Stress

Jed N. McGiffin, Ph.D., Rusk Rehabilitation, New York University Langone Health Dawn M. Ehde, Ph.D., Department of Rehabilitation Medicine, University of Washington School of medicine

Rhonda Williams, Ph.D., VA Puget Sound Health Care System

Joseph Rath, Ph.D., Department of Rehabilitation medicine, New York University school of medicine

George A. Bonanno, Ph.D., Department of Counseling and Clinical Psychology, Teachers College, Columbia University

#### Symposium 139

# Applying Minority Stress Theory to Community-based Approaches to Prevent and Respond to Sexual Violence Among SGM Communities

CHAIRS: Daniel W. Oesterle, B.S., Purdue University

Allyson Blackburn, B.A., University of Illinois at Urbana-

Champaign

DISCUSSANT: Lindsay Orchowski, Ph.D., Rhode Island Hospital/Alpert

Medical School of Brown University

Advanced level of familiarity with the material

Primary Category: Violence / Aggression

Key Words: Violence / Sexual Assault, LGBTQ+, Community-Based

Sexual Assault Perpetration Likelihood Among Sexual and Gender Minority College Students: The Roles of Daily Heterosexist Experiences, Incapacitated Rape Victimization, and Sex-related Social Norms

Benjamin W. Katz, B.A., University of Wisconsin-Milwaukee

Daniel W. Oesterle, B.S., Purdue University

Ruschelle Leone, Ph.D., Georgia State University

Kelly Davis, Ph.D., Arizona State University

Lindsay Orchowski, Ph.D., Rhode Island Hospital/Alpert Medical School of Brown University

Amanda Gilmore, Ph.D., Georgia State University

### A Mixed Methods Examination of Sexual Assault Among LGBTQIA+ College Students

Daniel W. Oesterle, B.S., Purdue University

Molly Maloney, M.S., Purdue University

Andrea Massa, M.S., Medical University of South Carolina

Christopher Eckhardt, Ph.D., Purdue University

The Relationship Between Sexual Stigma and Sexual Victimization Among Bi+ Women and Nonbinary Individuals: Evidence from Longitudinal Research

RaeAnn Anderson, Ph.D., University of North Dakota

Corey Flanders, Ph.D., Mount Holyoke College

Margaret Robinson, Ph.D., Dalhousie University

Nicole VanKim, Ph.D., University of Massachusetts Amherst

Mya Wright, Research Assistant, Mount Holyoke College

Conceptualizing Sexual Violence Risk and Prevention Among Sexual and Gender Minority Communities: Perspectives from Preventionists Pushing to the Outer-layer

Allyson Blackburn, B.A., University of Illinois at Urbana-Champaign Agnes Rieger, B.A., University of Illinois at Urbana-Champaign Breana Griffin, B.A., University of Illinois at Urbana-Champaign Nicole E. Allen, Ph.D., University of Illinois at Urbana-Champaign

A Statewide Assessment of Disparities in Violence Among LGBTQ Adolescents: Recommendations for State and Community Responses to Violence

Rachel Garthe, Ph.D., University of Illinois at Urbana-Champaign

Agnes Rieger, B.A., University of Illinois at Urbana-Champaign

Allyson Blackburn, B.A., University of Illinois at Urbana-Champaign

Matthew Saxsma, in Bachelor's Degree program, University of Illinois at Urbana-Champaign

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 133

## Engaging "hard-to-reach" Populations in Psychological Research and Intervention

CHAIR: Crystal X. Wang, M.A., University of Southern California
DISCUSSANT: Stanley J. Huey, Jr., Ph.D., University of Southern California

All level of familiarity with the material Primary Category: Culture / Ethnicity / Race

Key Words: Culture, Underserved Populations, Community-Identified Problems

Depression at the Intersection of Race/ethnicity, Sexual Orientation, and Income Sylvanna M. Vargas, M.P.H., Ph.D., University of California, Los Angeles Olivia Sugarman, MPH, Louisiana State University
Lingqi Tang, Ph.D., University of California, Los Angeles

Jeanne Miranda, Ph.D., University of California, Los Angeles

Bowen Chung, M.D., University of California, Los Angeles

Peer Coach Training for Disruptive Middle School Youth: A Mixed Methods Pilot Study

Katharine Galbraith, M.A., University of Southern California Stanley J. Huey, Jr., Ph.D., University of Southern California

## Straight to the Source: NSSI E-communities and the Emerging Case for Harm Reduction in the Treatment of Non-suicidal Self-injury

Emma G. Preston, B.A., University of Southern California

Amy E. West, Ph.D., Children's Hospital Los Angeles/University of Southern California

## Social Norms Intervention to Promote Help-seeking Attitudes and Behaviors in Depressed Asian and European Americans

Crystal X. Wang, M.A., University of Southern California Stanley J. Huey, Jr., Ph.D., University of Southern California

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 132

# Emphasizing the "cultural" in Sociocultural: Western Values of Appearance and Eating Pathology in Ethnic Minority Women and Men

CHAIRS: Liya M. Akoury, Ph.D., Aviva Psychology Services

Cortney S. Warren, ABPP, Ph.D., Choose Honesty, LLC

DISCUSSANT: Marisol Perez, Ph.D., Arizona State University

All level of familiarity with the material Primary Category: Eating Disorders Key Words: Body Image, Ethnicity, Race

## Examining Links Between Acculturation and Thin-ideal Internalization for US Ethnic Minority Women and Men: A Systematic Review

Cortney S. Warren, ABPP, Ph.D., Choose Honesty, LLC Liya M. Akoury, Ph.D., Aviva Psychology Services

## Body Image and Eating Disorders Among South Asian American Women: What Are We Missing?

Neha J. Goel, M.S., Virginia Commonwealth University Suzanne Mazzeo, Ph.D., Virginia Commonwealth University

#### Examining the Tripartite Influence Model in Caribbean Women

Genicelle Barrington, B.S., Stetson University Danielle Lindner, Ph.D., Stetson University

Testing the Sociocultural Model of Eating Disorders: Group Differences in Body Dissatisfaction and Disordered Eating Behavior in American Indian, Latina, and White College Women

Kelsey N. Serier, M.S., University of New Mexico Jamie Smith, M.S., University of New Mexico Jane Ellen Smith, Ph.D., University of New Mexico Elizabeth McLaughlin, Ph.D., Brown University Katherine Belon, Ph.D., University of New Mexico Jeremiah Simmons, Ph.D., University of New Mexico Katherine Kelton, M.A., Saint Louis University Clare Arroyo, B.S., University of New Mexico Harold Delaney, Ph.D., University of New Mexico

3:15 p.m. - 4:45 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 134

## The Impact of Multi-level Implementation Factors on School-based ASD Evidence-based Interventions

CHAIR: Allison Jobin, Ph.D., California State University, San Marcos DISCUSSANT: Jill Locke, Ph.D., University of Washington School of

Medicine

All level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Evidence-Based Practice, Implementation, Autism Spectrum Disorders

Examining Provider Implementation Factors in a School-based Executive Function Intervention for Transition-age Youth with ASD

Cara Pugliese, Ph.D., Children's National Hospital, George Washington University Lauren Kenworthy, Ph.D., Children's National Hospital Laura Anthony, Ph.D., University of Colorado Denver

## Examining School- and Provider-level Factors Impacting the Implementation of a Group CBT Program for Youth with ASD and Anxiety Within Public Schools

Katherine Pickard, Ph.D., Emory University School of Medicine

Audrey Blakeley-Smith, Ph.D., University of Colorado School of Medicine

Richard Boles, Ph.D., University of Colorado School of Medicine

Aubyn Stahmer, Ph.D., University of California, Davis

Allison Meyer, Ph.D., JFK Partners, University of Colorado School of Medicine

Nuri Reyes, Ph.D., University of Colorado Anschutz Medical Campus

Lisa Hayutin, Ph.D., University of Colorado Anschutz Medical Campus

Caitlin Middleton, Ph.D., University of Colorado Anschutz Medical Campus

Tanea Tanda, B.S., Children's Hospital Colorado

Judy Reaven, Ph.D., JFK Partners and University of Colorado Anschutz Medical Campus

### The Use of Implementation Strategies to Promote the Use of Evidence Based Practices for Individuals with ASD in Schools

Allison S. Nahmias, Ph.D., Stony Brook University

Patricia Schetter, M.A., BCBA, University of California, Davis MIND Institute

Melina Melgarejo, Ph.D., San Diego State University

Tana Holt, B.A., San Diego State University

Jennica Li, B.S., University of California, Davis MIND Institute

Aubyn Stahmer, Ph.D., University of California, Davis

Jessica Suhrheinrich, Ph.D., San Diego State University

## Testing the Effectiveness of an Organizational Implementation Strategy for Two Evidence-based Autism Interventions in School and Mental Health Services: Implementation Mechanisms of the TEAMS Trials

Allison Jobin, Ph.D., California State University, San Marcos

Aubyn Stahmer, Ph.D., University of California, Davis

Allison S. Nahmias, Ph.D., Stony Brook University

Jasper Estabillo, Ph.D., University of California, Los Angeles

Anna S. Lau, Ph.D., University of California, Los Angeles

Lauren Brookman-Frazee, Ph.D., University of California San Diego

#### Symposium 138

## Promoting the Use of Evidence-based Practices Through Provider Training

CHAIR: Nicole P. Porter, M.A., Partnership to End Addiction

DISCUSSANT: Shannon Wiltsey-Stirman, Ph.D., VA National Center for PTSD

and Stanford University

All level of familiarity with the material

Primary Category: Dissemination & Implementation Science Key Words: Training / Training Directors, Competence, Dissemination

## Online Training of Community Therapists in Observational Coding of Family Therapy Techniques: Reliability and Accuracy

Nicole P. Porter, M.A., Partnership to End Addiction Aaron Hogue, Ph.D., Partnership to End Addiction Molly Bobek, LCSW, Partnership to End Addiction Alexandra MacLean, M.A., Partnership to End Addiction Lila Bruynesteyn, B.A., Partnership to End Addiction Amanda Jensen-Doss, Ph.D., University of Miami Sarah Dauber, Ph.D., Partnership to End Addiction Craig Henderson, Ph.D., Sam Houston State University

#### Clinicians' Perceived Competence in Delivering Trauma-focused Cognitive Behavioral Therapy Following a Statewide Learning Collaborative

Brigid Marriott, M.A., Medical University of South Carolina Shelby Wade, B.A., Medical University of South Carolina Rochelle Hanson, Ph.D., Medical University of South Carolina

#### Identifying Components of Cultural Competence Trainings for Mental Health Providers: A Systematic Review

Wendy Chu, B.A., University of South Carolina Guillermo Wippold, Ph.D., University of South Carolina Kimberly Becker, Ph.D., University of South Carolina

#### Symposium 146

# The Importance of Parenting During the COVID-19 Pandemic for Child and Adolescent Well-being

CHAIR: Rosanna Breaux, Ph.D., Virginia Polytechnic Institute and

State University

DISCUSSANT: Thomas Ollendick, Ph.D., Virginia Polytechnic Institute and

State University

Basic to Moderate level of familiarity with the material Primary Category: Parenting / Families Key Words: Parenting, Stress, Emotion Regulation

# Maternal Distress and Insensitive Parenting Interact to Predict Youth's Depressive Symptoms and Coping During COVID-19

Maria Granros, B.S., B.A., University of Illinois at Chicago Jennifer H. Suor, Ph.D., University of Illinois at Chicago Abigail Ayemoba, B.A., University of Illinois at Chicago Katie L. Burkhouse, Ph.D., University of Illinois at Chicago

## Parenting During COVID-19 Stay-at-home Orders: Impacts on Pre-existing Child Symptoms

Jennifer R. Bertollo, M.S., Virginia Polytechnic Institute
Tyler McFayden, M.S., Virginia Polytechnic Institute
Rosanna Breaux, Ph.D., Virginia Polytechnic Institute and State University
Thomas Ollendick, Ph.D., Virginia Polytechnic Institute and State University

# Examining Daily Relations Between Parent Emotion Regulation and Emotion Socialization Practices with Child Difficulties During the COVID-19 Pandemic

Courtney Swanson, B.S., Virginia Polytechnic Institute and State University Jasmine Lewis, M.S., Virginia Polytechnic Institute
Annah R. Cash, B.S., Virginia Polytechnic Institute
Delshad Shroff, MA, Virginia Polytechnic Institute and State University
Rosanna Breaux, Ph.D., Virginia Polytechnic Institute and State University

# Maternal Empathic Accuracy and Posttraumatic Growth Promote Latina Girls' Altruistic Giving During the COVID-19 Pandemic

Kalina Michalska, Ph.D., University of California Riverside Jordan Mullins, B.A., University of California Riverside Elayne Zhou, B.A., University of California Riverside

# UNDAY

#### Earn 1.5 continuing education credits

#### Symposium 142

# COVID Risk and Protective Factors in Latinx Communities: From Infections to Vaccination

CHAIR: Ana Bridges, Ph.D., University of Arkansas

DISCUSSANT: Cristina Lopez, Ph.D., Medical University of South Carolina

Basic level of familiarity with the material

Primary Category: Culture / Ethnicity / Race

Key Words: Ethnicity, Hispanic American/Latinx, Health Care System

## Latinx Immigrants and the Rapid Spread of COVID in Arkansas: Understanding Infection Disparities

Ana Bridges, Ph.D., University of Arkansas Tori Moore, B.A., University of Arkansas

# Sociocultural and Behavioral Correlates of Perceived Risk of COVID-19, Fear of COVID-19, and Adherence to COVID-19 Guidelines in Latinx College Students

Theodore V., Ph.D., The University of Texas at El Paso Precious Mathis, B.A., University of Texas at El Paso

Luis Corona Quezada, University of Texas at El Paso

Mariany Gainza Perez, B.A., University of Texas at El Paso

Andrea Rodriguez-Crespo, B.S., University of Texas at El Paso

Joshua Torres, B.S., University of Texas at El Paso

Theodore Cooper, Ph.D., University of Texas at El Paso

## Predictors of COVID-19 Vaccine Distrust and Uptake in Latinxs in the Rural Midwest

Sandra M. Estrada Gonzalez, B.A., University of Nebraska-Lincoln Vanessa Dominguez, B.A., University of Nebraska-Lincoln Sara Reyes, B.A., University of Nebraska-Lincoln Laura Acosta, M.A., University of Nebraska-Lincoln

Arthur Andrews, Ph.D., University of Nebraska-Lincoln

#### Identifying COVID-19 Vaccination Attitudes Among Latinx University Students

Miriam Ortiz, B.S., The University of Texas Rio Grande Valley

Nancy Nien-Tsu Chen, Ph.D., California State University Channel Islands

Hyesum Lee, Ph.D., California State University Channel Islands

Kimmy Kee-Rose, Ph.D., California State University Channel Islands

Bianca Villalobos, Ph.D., The University of Texas Rio Grande Valley

# SUNDAY

#### Earn 1.5 continuing education credits

#### Symposium 141

# High-risk, yet Understudied: Disordered Eating and Body Dysmorphic Symptoms in Asian American Women

CHAIR: Liya M. Akoury, Ph.D., Aviva Psychology Services

DISCUSSANT: Janie J. Hong, Ph.D., Stanford University School of Medicine

and Redwood Center for CBT and Research

Basic to Moderate level of familiarity with the material

Primary Category: Eating Disorders

Key Words: Asian Americans, Body Dysmorphic Disorder, Eating

## Disordered Eating and Eurocentric Body Dysmorphic Concerns in Asian American Women: Sociocultural and Culture-specific Predictors

Liya M. Akoury, Ph.D., Aviva Psychology Services Cortney S. Warren, ABPP, Ph.D., Choose Honesty, LLC Kristen Culbert, Ph.D., Wayne State University

# The Value of Beauty: Development of an Asian Beauty Measure as a Possible Contributor to Disordered Eating

Katrina Obleada, M.A., University of Hawai'i at Manoa Kelly Vitousek, Ph.D., University of Hawai'i

# The Role of Racial Objectification on Asian American Women's Disordered Eating and Depression: A Person-centered Approach

Jennifer King, Ph.D., Rider University
Derek Iwamoto, Ph.D., University of Maryland, College Park

#### "what Will People Say?": Barriers to and Facilitators of Eating Disorders Treatment Uptake for South Asian American Women

Neha J. Goel, M.S., Virginia Commonwealth University Suzanne Mazzeo, Ph.D., Virginia Commonwealth University

#### Symposium 140

# Innovations in the Study and Treatment of Obsessive-compulsive Disorder

CHAIR: Richard J. McNally, Ph.D., Harvard University DISCUSSANT: Richard J. McNally, Ph.D., Harvard University

Moderate level of familiarity with the material

Primary Category: Obsessive Compulsive and Related Disorders Key Words: OCD (Obsessive Compulsive Disorder), Cognitive Biases / Distortions,

Cognitive Processes

### Examining the Links Between Retroactive Jealousy and Obsessive-compulsive Disorder

Michael A. Osorio, M.A., Harvard University Richard J. McNally, Ph.D., Harvard University

### Neurocognitive Endophenotypes in Pediatric OCD Probands, Their Unaffected Parents and Siblings

Amitai Abramovitch, Ph.D., Texas State University Alessandro S. De Nadai, Ph.D., Texas State University daniel Geller, M.D., Harvard Medical School

# Augmentation of Cognitive Behavioral Therapy with Attention Modification in a Severe OCD Sample

Bradley Riemann, Ph.D., Rogers Behavioral Health

Sara Conley, Ph.D., rogers Behavioral Health System

Caitlin M. Pinciotti, Ph.D., Rogers Behavioral Health

Timothy Grinwald, B.A., Rogers Behavioral Health System

Jill Riemann, M.B.A., Rogers Behavioral Health System

Brenda Bailey, Ph.D., Rogers Behavioral Health System

Nader Amir, Ph.D., Joint Doctoral program at the San Diego State University / University of California, San Diego

#### Modulation of Expectancies in Individuals with Obsessive Compulsive Symptoms

Nader Amir, Ph.D., Joint Doctoral program at the San Diego State University / University of California, San Diego

William Taboas, Ph.D., Center for Understanding and Treating Anxiety, San Diego State University

Jennie M. Kuckertz, Ph.D., McLean Hospital/Harvard Medical School

#### Panel Discussion 39

#### Now Streaming: Disseminating CBT Through Publicfacing Platforms

Moderators: Tommy Chou, Ph.D., Alpert Medical School of Brown

University

Xin Zhao, M.S., Florida International University

Panelists: Tommy Chou, Ph.D., Alpert Medical School of Brown

University

Riana Anderson, Ph.D., University of Michigan Maya M. Boustani, Ph.D., Loma Linda University Anne S. Morrow, Ph.D., South Florida Integrative

Medicine

Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill/Helping Give Away Psychological Science

Primary Category: Dissemination & Implementation Science Key Words: Career Development, Dissemination, Stakeholder Relevant

Despite decades of treatment efficacy and effectiveness research, epidemiological data point to escalating unmet mental illness burden, low service utilization, and persistent disparities that highlight need for increasing public access to cognitive and behavioral science and practice. Direct-to-consumer communication about of evidence-based mental health tools may help to facilitate science-informed decision-making by providers, policymakers and the public. Effective communication may promote media attention, public health initiatives, funding opportunities, and legislative changes of particular importance to communities where historic and ongoing racism within public systems have limited access to mental health information, resources and care. However, there are few opportunities to practice dissemination in graduate training programs, and public-facing platforms have become increasingly complex. Panelists, representing diverse identities and career stages, have utilized various platforms to disseminate CBT kernels and content. Chou designed and published an emotion-enhanced children's book to promote socioemotional learning, synthesizing scientific evidence with community partners' insights. Morrow hosts the Queen Behavior Change podcast to inform the public about science-based psychological assessment and treatment. Anderson co-founded Our Mental Health Minute, a YouTube series to reduce mental health stigma and support Black communities. Boustani has contributed to policy briefs distributed to 7,000 state and national legislators via research2policv.org. Youngstrom co-founded Helping Give Away Psychological Science, a student-based non-profit organization that builds and revises Wiki pages on mental health with scientific content. Panelists will share their journey leveraging public-facing platforms and provide insights towards (1) developing digestible content for publishers, policymakers, and community stakeholders; (2) assessing and improving public engagement; and (3) relevant professional development for investigators at different stages in their careers.

#### Panel Discussion 40

#### Working Effectively with Criminal Legal System Partners to Conduct Research and Implement CBT and Other Empirically-supported Treatments

MODERATOR: Mandy Owens, Ph.D., University of Washington

PANELISTS: Jeffrey Gepner, SCORE Jail

Elizabeth L. Jeglic, Ph.D., John Jay College

Kelly E. Moore, Ph.D., East Tennessee State University Catalina Ordorica, University of California, San Francisco Brittany A. Soto, Psy.D., South Carolina Department of

Corrections

Lauren Weinstock, Ph.D., Alpert Medical School of Brown

University

Primary Category: Criminal Justice / Forensics

Key Words: Forensic Psychology, Community-Based, Evidence-Based Practice

The United States has been in a mass incarceration crisis for decades, a crisis that incurs substantial costs to individuals, families, and communities. More than ever there is a need to work effectively with law enforcement, jails, prisons, and juvenile justice partners to study and implement policy and empirically-supported treatments (ESTs). There are existing models for collaborating with community partners, including Community-Based Participatory Research. However, there are additional nuances to working with criminal legal partners and supervising trainees in these settings. This panel addresses this issue and is comprised of individuals with a range of experiences working with criminal legal partners. We will share our experiences with: a) conducting research on CBT and other ESTs in jails, prisons, and community supervision settings; b) training police officers and corrections staff in CBT and other ESTs; c) working with criminal legal partners and policy makers to implement ESTs; and d) supervising trainees working in corrections settings. A Lieutenant from a Washington jail also will share how he works with academic partners and policy makers to provide ESTs for people with substance use and other mental health disorders at his facility. Discussions will include barriers working across academic and criminal legal settings, such as navigating political difficulties and gaining access to jails and prisons. Finally, panelists will share strategies we have learned, including evidence-based dissemination and implementation science frameworks best suited for these settings. We will explore how we collaborate with partners to create research, clinical, and educational materials appropriate for corrections staff, policy makers, trainees, and scientific and public audiences. This panel provides a roadmap for how psychologists can promote CBT and other ESTs in the criminal legal system to improve public health.

#### Research & Professional Development 07

#### Using Media as a Tool for Social Good: Disseminating Cognitive Behavioral Science and Practice Online with a Social Justice Lens

PANELISTS: Ilana Seager van Dyk, Ph.D., Yale School of Public Health

Kevin Chapman, Ph.D., The Kentucky Center for Anxiety

and Related Disorders

Juliette McClendon, Ph.D., Boston University School of

Medicine

Jessica L. Schleider, Ph.D., Stony Brook University Jeffrey M. Cohen, Psy.D., Columbia University Broderick Sawyer, Ph.D., Genesee Valley Psychology

All level of familiarity with the material Primary Category: Professional / Interprofessional Issues Key Words: Professional Issues, Professional Development, Dissemination

The COVID-19 pandemic and Black Lives Matter protests have highlighted the im-

mense systemic inequities endemic to healthcare systems across the country. As members of these systems, it is imperative that mental health providers actively adopt anti-racist and anti-stigma practices in order to reduce healthcare inequities. Amidst these two era-defining movements, a growing community of researchers, clinicians, and advocates are not only making mental health services more accessible by migrating to online platforms, but also are tackling various forms of stigma (e.g., racism, mental health, anti-LGBT) that impede access to and use of these services. Such media appearances/posts employ empirically supported strategies such as psychoeducation to normalize and inform the public about mental health symptoms and evidence based care, thereby empowering individuals to seek out the care they may need. In this session, organized by ABCT's Public Education and Media Dissemination Committee, we hope to arm attendees with the communication tools they need to contribute to this dissemination and anti-stigma effort. This panel discussion will feature expert clinicians and researchers who have extensive experience using a wide range of media platforms (from Twitter to television interviews) to communicate with the broader public about cognitive behavioral science and practice using a social justice lens. The panel will share wisdom about communicating effectively across various media environments, while maintaining the standards and ethics of evidence-based research and practice. The panelists will highlight ways to intentionally use media platforms to advance social justice and anti-stigma messages and consider questions about when to use one's own voice vs. amplifying others'. The panel will also discuss effective strategies for talking about highly politicized topics.

#### You will learn:

- Describe how the media dissemination of cognitive behavioral practice can go hand-in-hand with social justice and anti-stigma efforts.
- Identify at least one goal for their own media efforts related to CBT dissemination and social justice.
- Describe at least three characteristics of effective communication in media.

Recommended Readings: Tutelman, P. R., Dol, J., Tougas, M. E., & Chambers, C. T. (2018). Navigating your social media presence: Opportunities and challenges. Clinical Practice in Pediatric Psychology, 6(3), 289.Dingfelder, S. D. (2009, June). Stigma: Alive and Well. Monitor on Psychology. https://www.apa.org/monitor/2009/06/stigmaCrew, B. (2019, May 9). 10 tips for tweeting research. Retrieved from https://www.natureindex.com/news-blog/ten-tips-tweeting-research-academic

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Mini Workshop 22

Yo Graduate Students!! Yeah, You over There. Come Learn How to Actually Apply What You Just Learned: Helping Your Anxious Patients Without Being Totally Anxious While Doing It

Patrick B. McGrath, Ph.D., NOCD

Moderate level of familiarity with the material Primary Category: Workforce Development / Training / Supervision Key Words: Career Development, Dissemination, Anxiety

OK, so you are getting ready to go out there in the world and start seeing patients. 1. Congrats. 2. Feeling ready? Wishing that you had some tips from someone who has been there and who is willing to share with you some real simple and straightforward wats to disseminating everything thing you know in clear, concise, and understandable language? Well, come to this talk and steal all my stuff! From simple charts, diagrams, examples and stories, you will learn ways to explain CBT and ERP to patients in such a way that they will not only get it, they will be motivated to use it.

#### You will learn:

- Identify simple ways to explain to anxious patients how to identify Safety Seeking Behaviors.
- Motivate patients to push themselves to try ERP and face their fears while actually looking forward to the process.

 Utilize simple stories and lessons to effectively explain the basics of CBT and ERP.

Recommended Readings: McGrath, P.B., (2007). The OCD Answer Book. Sourcebooks, Naperville, IL. Abramowitz, J., Deacon, B.J., & Whiteside, S. (2019). Exposure Therapy for Anxiety: Principles and Practice (2nd. Ed.). Guilford Press, New York. Burns, D. (1999). Feeling Good. Harper Collins, New York.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Clinical Round Table 15

# Group Telehealth CBT and DBT Treatments for Adolescents: Benefits, Challenges, and Special Considerations for Implementation

Moderators: Laura Cyran, M.S., Cognitive & Behavioral Consultants

Lata K. McGinn, Ph.D., Yeshiva University/Cognitive &

Behavioral Consultants

PANELISTS: Magdalena Buczek, Psy.D., Cognitive & Behavioral

Consultants

Tali Wigod, Psy.D., Cognitive Behavioral Consultants Anthony Puliafico, Ph.D., Columbia University Irving

Medical Center

Sandra Pimentel, Ph.D., Montefiore Medical Center/

Albert Einstein College of Medicine

Jill Ehrenreich-May, Ph.D., University of Miami

Primary Category: Treatment - CBT

Key Words: Adolescents, Group Therapy, Implementation

Telehealth interventions have gained attention in recent years because of their potential to increase access to evidence-based treatments. Over the past year, the focus on telehealth has intensified as mental health providers adapted quickly to continue providing high quality treatment to the community during the COVID-19 pandemic. Emerging evidence suggests that outcomes from group-based teletherapy are comparable to those from face-to-face therapy (Gentry et al., 2019); however, this treatment modality is still developing and methods to successfully modify cognitive and behavioral treatments for teletherapy are still relatively unexplored. Providing group-based virtual treatment for adolescents in particular has come with unique benefits, challenges, and considerations. While adolescents tend to have a facility for the virtual format, bringing them together for group treatment virtually can present challenges. Logging in from electronic devices can bring distraction, the ability to turn off the screen or leave the room, privacy concerns, and opportunities for anxious avoidance. The purpose of this clinical roundtable is to facilitate a discussion with clinical experts who will share their experiences, strategies, lessons learned, and future directions in providing group-based virtual treatments for adolescents. Five expert clinicians representing diverse clinical settings will come together to discuss

these issues across a wide range of adolescent presentations. Panelists bring expertise in providing intensive group teletherapy for OCD, daily comprehensive treatment for severe anxiety, DBT multifamily skills groups, and dedicated group treatments for social anxiety, depression, and school refusal. Special attention will be paid to adapting specific aspects of cognitive and behavioral therapy, such as exposures and response prevention, to telehealth given the limitations and potential benefits of videoconferencing. Recognizing that virtual treatment may become an essential component of our mental health practices going forward, we believe that collaborating in this process is critical as we continue to adapt to meet the needs of our patients.

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 143

#### Engagement, Skills Practice, and Response to Smartphone and Internet CBT

CHAIR: Hilary Weingarden, Ph.D., Massachusetts General Hospital DISCUSSANT: Jonathan S. Comer, Ph.D., Florida International University

Basic to Moderate level of familiarity with the material
Primary Category: Technology
Key Words: Technology / Mobile Health, Clinical Trial

Internet-delivered CBT for Obsessive-compulsive Disorder (OCD-NET): Results from a Large Implementation in the United Kingdom

Oskar Flygare, PsyM, Karolinska Institutet Christian Rück, M.D., Ph.D., Karolinska Insitutet

Efficacy of App-based Cognitive Behavioral Therapy for Body Dysmorphic Disorder with Coach Support: a Randomized Clinical Trial

Sabine Wilhelm, Ph.D., Harvard Medical School

Hilary Weingarden, Ph.D., Massachusetts General Hospital

Jennifer L. Greenberg, Psy.D., Massachusetts General Hospital / Harvard Medical School

Susanne S. Hoeppner, Ph.D., M.Ap.Stat., Massachusetts General Hospital Ivar Snorrason, Ph.D., Massachusetts General Hospital / Harvard Medical School Thomas McCoy, M.D., Massachusetts General Hospital / Harvard Medical School Oliver Harrison, M.A., MBBS, MPH, Koa Health

# SUNDAY

## Naturalistic Engagement Patterns with Smartphone CBT: What Can We Learn About Optimizing Treatment?

Hilary Weingarden, Ph.D., Massachusetts General Hospital

Aleksandar Matic, Ph.D., Koa Health

Jennifer L. Greenberg, Psy.D., Massachusetts General Hospital / Harvard Medical School

Roger Garriga Calleja, M.S., Koa Health

Susanne S. Hoeppner, Ph.D., M.Ap.Stat., Massachusetts General Hospital

Oliver Harrison, M.A., MBBS, MPH, Koa Health

Sabine Wilhelm, Ph.D., Harvard Medical School

### Linguistic Analysis of Anxiety Language in a Mobile CBT-based Weight Loss Program

Christine May, Ph.D., Noom, Inc

Qiuchen Yang, M.S., Noom, Inc

Annabell Ho, Ph.D., Noom, Inc

Siobhan Mitchell, Ph.D., Noom, Inc

Heather Behr, Ph.D., Noom, Inc.

Andreas Michaelides, Ph.D., Noom, Inc

## Smartphone-prompted CBT Skills Practice: Insights into Skills Use, Emotional Responses, and the Relationship to Clinical Outcomes

Emily E. Bernstein, Ph.D., Massachusetts General Hospital

Kate H Bentley, Ph.D., Massachusetts General Hospital

Matthew K. Nock, Ph.D., Harvard University

Michelle Stein, Ph.D., Massachusetts General Hospital

Stuart Beck, Ph.D., Massachusetts General Hospital

Evan M M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

#### Symposium 144

# Understanding and Treating Trauma-related Guilt and Shame in PTSD

CHAIR: Jesse McCann, B.S., University of Kentucky
DISCUSSANT: Christal Badour, Ph.D., University of Kentucky

Moderate level of familiarity with the material

Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: Emotion, PTSD (Posttraumatic Stress Disorder), Trauma

#### Trauma-related Shame and Guilt as Prospective Predictors of Daily Mental Contamination and PTSD Symptoms in Survivors of Sexual Trauma

Jesse McCann, B.S., University of Kentucky

C. Alex Brake, Ph.D., Brown University & Providence VA Medical Center Christal Badour, Ph.D., University of Kentucky

# Behavioral Disengagement Mediates the Association Between Trauma-related Guilt and Mental Health Problems in a Sample of OEF/OIF/OND Veterans

Christy Capone, Ph.D., Brown University & Providence VA Medical Center

Kaitlyn Panza, Ph.D., VA San Diego Healthcare System

Matthew Luciano, Ph.D., VA San Diego

Ariel Lang, M.P.H., Ph.D., VA San Diego Center of Excellence for Stress and Mental Health

Sonya Norman, Ph.D., National Center for PTSD

#### Relationship Between Trauma-related Guilt, Moral Injury, and PTSD Symptom Severity in a Treatment Seeking Sample of Veterans Who Served in Iraq and Afghanistan

Sonya Norman, Ph.D., National Center for PTSD

Matthew Luciano, Ph.D., VA San Diego

Kaitlyn Panza, Ph.D., VA San Diego Healthcare System

Ariel Lang, M.P.H., Ph.D., VA San Diego Center of Excellence for Stress and Mental Health

Paula Schnurr, Ph.D., National Center for PTSD

Abigail Angkaw, Ph.D., University of California, San Diego

Brittany Davis, Ph.D., VA Tampa

Moira Haller, Ph.D., University of California, San Diego

Kendall Browne, Ph.D., VA Puget Sound

Christy Capone, Ph.D., Brown University & Providence VA Medical Center

# SUNDAY

# The Role of Posttraumatic Guilt in Integrated Treatment for PTSD and Cooccurring Substance Use Disorders

Tanya C. Saraiya, Ph.D., Medical University of South Carolina

Christal Badour, Ph.D., University of Kentucky

Alyssa Jones, M.A., Medical University of South Carolina

Amber Jarnecke, Ph.D., Medical University of South Carolina

Delisa Brown, Ph.D., Medical University of South Carolina

Julianne C. Flanagan, Ph.D., Medical University of South Carolina; Ralph H. Johnson VAMC

Therese Killeen, Ph.D., Medical University of South Carolina

Sudie Back, Ph.D., Medical University of South Carolina/Ralph H. Johnson VA Medical Center

5:00 p.m. - 6:30 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 145

# Examining the Public Health Impact of COVID-19 on College Student Health

CHAIRS: Emily G. Lattie, Ph.D., Northwestern University

Emily Hersch, M.A., Northwestern University Feinberg

School of Medicine

DISCUSSANT: Emily G. Lattie, Ph.D., Northwestern University

Basic to Moderate level of familiarity with the material Primary Category: Student Issues

Key Words: Student Issues, Stress, Anxiety

## Benefits and Challenges of Remote-delivered College Mental Health Services: A Mixed-methods Evaluation

Emily Hersch, M.A., Northwestern University Feinberg School of Medicine

Katherine Cohen, M.A., Northwestern University

Kofoworola Williams, M.P.H., Ph.D., Northeastern University

Anjay Saklecha, High School Diploma; Current Undergraduate Student, Northwestern University

Emily G. Lattie, Ph.D., Northwestern University

#### Linking Contamination Fear and COVID-19 Health Behaviors in College Students: The Mediating Role of Disgust Proneness

Kelly A. Knowles, M.A., Vanderbilt University

Bunmi Olatunji, Ph.D., Vanderbilt University

# Which Undergraduates Are Most Likely to Comply with COVID-19 Public Health Guidelines and What Are the Implications for Their Mental Health?

Kristy Benoit Allen, Ph.D., The University of Tennessee, Knoxville Jacqueline Sullivan, M.A., The University of Tennessee, Knoxville

Hannah Hunter, M.A., University of Tennessee

Megan Baumgardner, M.Ed., University of Tennessee

Samantha Noose Glovak, M.A., University of Tennessee

# The Impact of Brief DBT Skills Videos on College Students Experiencing Stress Allison K. Ruork, Ph.D., Graduate School of Applied and Professional Psychology, Rutgers University

Jesse Finkelstein, M.A., Rutgers, The State University of New Jersey Evan M M. Kleiman, Ph.D., Rutgers, The State University of New Jersey Shireen L. Rizvi, ABPP, Ph.D., Rutgers, The State University of New Jersey

#### Associations Between Morality, Trust in Science, Other Characteristics and covid-19-related Behaviors in Undergraduates

Will H. Canu, Ph.D., Appalachian State University Kristen Glaeser, B.S., Appalachian State University Bilowus Madison, B.S., Appalachian State University Justin McMurray, B.S., Appalachian State University Kalei Handy, B.S., Appalachian State University Nick Little, B.S., Appalachian State University Margaret McLean, B.S., Appalachian State University Toria Davenport, B.S., Appalachian State University Maggie Witherspoon, B.A., Appalachian State University

#### Symposium 150

#### Comprehensive Behavioral Intervention for Tics: Exploring the Mechanisms, Longitudinal Outcomes, and the Potential Benefit of Early Intervention

CHAIR: Flint M. Espil, Ph.D., Stanford University School of Medicine DISCUSSANT: Alan L. Peterson, ABPP, Ph.D., University of Texas Health

Science Center at San Antonio

Basic to Moderate level of familiarity with the material Primary Category: Tic and Impulse Control Disorders Key Words: Tourette Syndrome, Tic Disorders, Early Intervention

### Determining the Long-term Effects of Comprehensive Behavioral Intervention for Tics (CBIT)

Douglas W. Woods, Ph.D., Marquette University

Flint M. Espil, Ph.D., Stanford University School of Medicine

Matthew Specht, Ph.D., Weil Cornell Medicine

Shannon M. Bennett, Ph.D., Weill Cornell Medical School

John Walkup, M.D., Ann and Robert H. Lurie Children's Hospital of Chicago

Emily Ricketts, Ph.D., University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior

Joseph F. McGuire, Ph.D., Johns Hopkins University School of Medicine

Jordan Stiede, B.S., Marquette University

Jennifer Schild, B.S., Suffolk University

Susanna Chang, Ph.D., University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior

Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio

Lawrence Scahill, Ph.D., Emory University School of Medicine

Sabine Wilhelm, Ph.D., Harvard Medical School

John Piacentini, Ph.D., University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior

# Behavior Therapy for Adults with Tourette's Disorder: Effects on Psychiatric Symptoms and Functioning

Joseph F. McGuire, Ph.D., Johns Hopkins University School of Medicine

Emily Ricketts, Ph.D., University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior

Lawrence Scahill, Ph.D., Emory University School of Medicine

Sabine Wilhelm, Ph.D., Harvard Medical School

Douglas W. Woods, Ph.D., Marquette University

John Piacentini, Ph.D., University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior

John Walkup, M.D., Ann and Robert H. Lurie Children's Hospital of Chicago

Alan L. Peterson, ABPP, Ph.D., University of Texas Health Science Center at San Antonio

## Neural Correlates of Behavior Therapy for Tics in Youth Using a Novel Imaging Approach

Flint M. Espil, Ph.D., Stanford University School of Medicine

Aaron Piccirilli, B.A., Stanford School of Medicine

audrey Ho, M.S., Stanford School of Medicine

Allan Reiss, M.D., Stanford School of Medicine

#### Patient Centered Research Planning and Prioritization for Comprehensive Behavior Therapy for Tics

Shannon M. Bennett, Ph.D., Weill Cornell Medical School

Matthew Capriotti, Ph.D., San Jose State University

Christine Conelea, Ph.D., University of Minnesota

Sara hamilton, B.A., Sara Hamilton

Michael B. Himle, Ph.D., University of Utah

Diana Shineman, Ph.D., Tourette Association of America

#### **Research & Professional Development 8**

#### Sharing Our Psychological Science Better: How to Use Creative Commons Licensing, Social Media, Open Science, and Wiki to Reach the Biggest Audience

Panelist: Eric A. Youngstrom, Ph.D., University of North Carolina at Chapel Hill/Helping Give Away Psychological Science

Co-Authors: Emma G. Choplin, B.S., Research Coordinator, University of Miami

Elizabeth D. Wilson, B.S., Project Coordinator in Mitch Prinstein's Peer Relations Lab, UNC Chapel Hill John V. Miller, JD, Research Intern, Helping Give Away Psychological Science Hannah Kim, B.S., Post-Bacc Research Assistant, Helping Give Away Psychological Science

Joshua Langfus, M.A., Graduate Student, Department of Psychology & Neuroscience, University of North Carolina at Chapel

Basic to Moderate level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Dissemination, Professional Development, Professional Issues

Traditional publishing and copyright have evolved to protect the rights of the owners of the property. For academics, the peer review and publication process usually has involved signing copyright over to the publisher, who then charges others for access to the work. This has become a major problem as publishers charge high rates (with huge profit margins) while library funding is declining. The charges are often prohibitive for practitioners, let alone the public. This contributes to the science-practice gap as the results are trapped behind a paywall. We can do better. Creative Commons (CC) licensing was invented to make it easier to share things while retaining strengths of copyright. Copyright defines ownership. Licensing specifies what people who are not the owner are allowed to do. CC makes it easy to titrate permissions and label things so that all parties know what is permitted. This leverages the distribution power of social networks. When we see a cool figure, fact, or quote on social media, are we allowed to use it in our work? If it had a CC license, we would know immediately what would be copacetic. When we want to share, using a CC license maximizes the uptake. CC also lets us use the material on Wikipedia, Wikiversity, and Wikidata, which are vital components of the online information system. By the end of this session, participants will know how to apply Creative Commons to their own work, understand how to combine this with their own social media, and have exposure to ways that all of this is connecting to Wiki to increase the accessibility of psychology to the local and global community.

#### You will learn:

- Put a Creative Commons license on files that you intend to share.
- Use pre-prints and diamond open access to leverage peer-reviewed work (no publication fee, no access fee).
- Better understand the different Wiki projects and how they can improve public awareness of CBT and psychology as a resource.
- Become a more sophisticated and efficient user of Google searches.
- Gain familiarity with how to edit or make suggestions to improve Wikipedia and Wiki tools.

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 152

# Ties That Bind: Addressing the Needs of Siblings of Chronically Suicidal and Emotionally Dysregulated Clients

CHAIR: Lauren B. Yadlosky, Ph.D., McLean Hospital / Harvard

Medical School

DISCUSSANT: Alan E. Fruzzetti, Ph.D., McLean Hospital/Harvard Medical

School

Basic to Moderate level of familiarity with the material

Primary Category: Parenting / Families

Key Words: Families, Prevention, DBT (Dialectical Behavior Therapy)

### Siblings in Need: Synthesizing Existing Empirical Evidence with Lived Experience

Lauren B. Yadlosky, Ph.D., McLean Hospital / Harvard Medical School Emma Pierce, B.S., McLean Hospital / Harvard Medical School

#### The Invisible Connection: A Qualitative Analysis of the Experience of Supportseeking Siblings of Individuals with Emotion Dysregulation

Joanna Watson, Ph.D., Evidence Based Treatment Centers of Seattle
Sarah Huffman, B.A., Evidence Based Treatment Centers Seattle
Marie-Paule de Valdivia, M.B.A., LCSW, Families on the Line, LLC / Yale School of
Medicine

Larry Davidson, Ph.D., Yale University School of Medicine Seth Axelrod, Ph.D., Yale University School of Medicine

# SUNDAY

## Quantitative Findings of Needs Assessment of Youth with Siblings with Chronic Suicidality/emotion Dysregulation

Luciana G. Payne, Ph.D., Mclean Hospital / Harvard Medical School

Kelly V. Klein, B.S., McLean Hospital/Harvard Medical School

Lauren B. Yadlosky, Ph.D., McLean Hospital / Harvard Medical School

Joanna Watson, Ph.D., Evidence Based Treatment Centers of Seattle

# The Dialectical Behavior Therapy (DBT) Sibling Support Group: A Pilot Study Assessing the Impact of Teaching DBT Skills to Siblings Embedded in a Dbt-informed Family System

Chad Brice, Ph.D., Cognitive and Behavioral Consultants of Westchester and Manhattan

Chad Brice, Ph.D., Cognitive and Behavioral Consultants of Westchester and Manhattan

Joanna Watson, Ph.D., Evidence Based Treatment Centers of Seattle

Alec Miller, Psy.D., Cognitive and Behavioral Consultants of Westchester and Manhattan

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 151

# Implementing Evidence-based Treatment for PTSD in Non-traditional Mental Health Settings

CHAIR: Rebecca K. Sripada, Ph.D., University of Michigan DISCUSSANT: Carmen P. McLean, Ph.D., National Center for PTSD

Moderate level of familiarity with the material Primary Category: Trauma and Stressor Related Disorders and Disasters Key Words: PTSD (Posttraumatic Stress Disorder), Evidence-Based Practice, Implementation

#### Expanding Availability of CPT Psychotherapy Services in Eastern DRC

Debra Kaysen, ABPP, Ph.D., Stanford University
Sarah Murray, Ph.D., Johns Hopkins School of Public Health
Jura Augustinavicius, Ph.D., Johns Hopkins Bloomberg School of Public Health
Alice Mudekereza, M.D., Interchurch Medical Assistance (IMA) World Health
Ivan Molton, Ph.D., University of Washington
Cynthia Stappenbeck, Ph.D., Georgia State University
Judy Bass, Ph.D., Johns Hopkins School of Public Health

### Comparing In-person to Virtual Exposure-based Group Therapy in a Carceral Setting

Ana Bridges, Ph.D., University of Arkansas

Ayla Mapes, M.A., University of Arkansas

Roselee Ledesma, M.A., University of Arkansas

Marie Karlsson, Ph.D., Malmö University

Melissa Zielinski, Ph.D., University of Arkansas for Medical Sciences

#### Predictors of Response to Prolonged Exposure for Primary Care in VA

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

Margaret Venners, MSW, National Center for PTSD Dissemination & Training Division, VA Palo Alto Health Care System

Carly Ragin, B.S., Atlanta VA Health Care System

Gretchen Ruhe, B.S., Atlanta VA Medical Center

Kristen Lamp, Ph.D., Atlanta VA Healthcare System

Mark S. Burton, Ph.D., Emory University

Andrew Pomerantz, M.D., VACO & Dartmouth Geisel School of Medicine

Nancy Bernardy, Ph.D., National Center for PTSD

Paula Schnurr, Ph.D., National Center for PTSD

Jessica Hamblen Hamblen, Ph.D., National Center for PTSD

Kyle Possemato, Ph.D., Syracuse VA Medical Center

Rebecca K. Sripada, Ph.D., University of Michigan

Laura Wray, Ph.D., Syracuse VA Medical Center

Michael Wade, MS, Syracuse VA Medical Center

Millie Astin, Ph.D., Atlanta VA Health Care System

Jeffrey A. Cigrang, ABPP, Ph.D., Wright State University School of Professional Psychology

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

## Establishing the Feasibility of a Training Program in Trauma-focused Treatment for Counselors in Healthcare System Employee Assistance Programs

Rebecca K. Sripada, Ph.D., University of Michigan

Heather Walters, MSW, VA Center for Clinical Management Research

Sheila Rauch, ABPP, Ph.D., Emory University School of Medicine

#### Symposium 148

# Supporting Providers Who Support Kids: Exploring the Roles of Training, Supervision, Secondary Traumatic Stress, and Financial Strain

CHAIR: Corinna C. Klein, LCSW, University of California, Santa

Barbara

DISCUSSANT: Tara Mehta, Ph.D., University of Illinois at Chicago

Basic level of familiarity with the material Primary Category: Dissemination & Implementation Science Key Words: Community-Based, Service Delivery, Underserved Populations

#### Helping Those Who Help Others: A Qualitative Analysis of Community Health Workers' Training and Supervision Needs

Maya M. Boustani, Ph.D., Loma Linda University

Diane G. Marin, M.A., Loma Linda University

Dina Bashoura, B.A., Loma Linda University

Chris Blank, M.A., Loma Linda University

# "9 to 5, for Service and Devotion": A Survey of Therapist Burnout, Financial Strain, and Secondary Traumatic Stress in Publicly Funded Mental Health Centers in Philadelphia

Briana S. Last, M.A., University of Pennsylvania

Simone Schriger, M.A., University of Pennsylvania

Emily Becker-Haimes, Ph.D., University of Pennsylvania Perelman School of Medicine Melanie Klein, Ph.D., University of Pennsylvania Perelman School of Medicine

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Christina Johnson, B.A., University of Pennsylvania Perelman School of Medicine

Sara Fernandez-Marcote, LPC, Community Behavioral Health

Carrie Comeau, LCSW, Department of Behavioral Health and Intellectual Disability Services

Sosunmolu Shoyinka, M.D., Department of Behavioral Health and Intellectual disAbility Services

Rinad Beidas, Ph.D., University of Pennsylvania Perelman School of Medicine

#### Secondary Impacts of Evidence-based Treatment Training and Provision

Corinna C. Klein, LCSW, University of California, Santa Barbara

Medini Rastogi, B.A., University of California Santa Barbara

Miya Barnett, Ph.D., University of California Santa Barbara

### Expect the Unexpected: Ripple Effects of EBT Implementation on Children's Mental Health Providers

Michael D. Pullmann, Ph.D., University of Washington School of Medicine Ian Muse, B.A., University of Washington School of Medicine Cathy Corbin, Ph.D., University of Washington School of Medicine Chay Davis, Ph.D., University of Washington School of Medicine Shannon Dorsey, Ph.D., University of Washington

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 42

# Representation Matters: Diversity, Equity, and Inclusion in ADHD Research and Practice

MODERATOR: *Phylicia F. Fleming, Ph.D.*, Children's Hospital of Philadelphia PANELISTS: Heather A. Jones, Ph.D., Virginia Commonwealth University

Yamalis Diaz, Ph.D., NYU School of Medicine

Amori Y. Mikami, Ph.D., University of British Columbia

Primary Category: Culture / Ethnicity / Race Key Words: Culture, ADHD, Professional Issues

Representation of minoritized people within the field of psychology has been historically low. In 2019, 83% of psychologists in the U.S. workforce were White, 4% were Asian, 7% were Hispanic, 3% were Black/African-American and 2% were multiracial or from other racial/ethnic groups (APA, 2020). Despite nominal increases in the number of racial/ethnic minorities working in the field and earning psychology doctorates, these numbers continue to be less diverse than the larger US population. This panel aims to highlight effective strategies for promoting diversity, equity, and inclusion by exploring the lived experiences of individuals working within the field of ADHD research and practice. Panelist will interweave their personal experiences with relevant research to describe and address the unique challenges diverse individuals have in entering and navigating the field of ADHD research and practice. Using ADHD research and practice as a framework, panelist will discuss factors contributing to the underrepresentation of minoritized people working in clinical child psychology and the ways in which it impacts research development and patient care. Each panelist will tell their career story and discuss the ways in which their specific identities have informed these stories. Additionally, panelist will describe the mechanisms they employ to promote diversity, equity, and inclusion in their current research and/or practice. Strategies to help increase diversity, equity, and inclusion in ADHD work and behavioral health more broadly will also be discussed.

#### Panel Discussion 43

#### How to Discuss and Promote CBT with Different Constituencies: Lessons Learned from Engaging with the Medical Staff, Parents, and the General Public

MODERATOR: Jelena Kecmanovic, Ph.D., Arlington/DC Behavior Therapy Institute

PANELISTS: Anne Marie Albano, ABPP, Ph.D., Modern Minds

Sandra Pimentel, Ph.D., Montefiore Medical Center/

Albert Einstein College of Medicine

Deborah Roth Ledley, Ph.D., Children's and Adult Center

for OCD and Anxiety

Jill Stoddard, Ph.D., The Center for Stress and Anxiety

Management

Ilyse Dobrow DiMarco, Ph.D., North Jersey Center for

Anxiety and Stress Management Amelia Aldao, Ph.D., Together CBT

Primary Category: Professional/ Interprofessional Issues

Key Words: Stakeholder Relevant, CBT, Community-Based

In spite of the recognition of the science-practice gap in Cognitive Behavioral Therapy (CBT) dating back to the 1980s, our field is still struggling with dissemination and broad acceptance. CBT has amassed an impressive empirical base for its many methods over the last four decades, but our public image has lagged behind. A way to ameliorate this problem is to cross-pollinate accumulated knowledge that comes from different contexts in which CBT professionals communicate with non-professionals, spreading the CBT message.

This panel will bring together CBT practitioners and scholars who write for and speak to the general public, those in administrative positions in medical settings, and those who routinely communicate with parents of children with psychological problems. We will illuminate the best practices for talking about CBT so that non-CBT experts are likely to listen, understand, and accept.

#### Panel members:

- Dr. Anne Marie Albano, the founder of Columbia University Clinic for Anxiety
  and Related Disorders and Clinical Director of Youth Anxiety Center at New
  York Presbyterian Hospital, the author of "You and your anxious child" and
  other books, and a TED speaker
- Dr. Sandra Pimentel, Chief of Child and Adolescent Psychology at Montefiore Medical Center/ Albert Einstein College of Medicine and Director of Anxiety and Mood Program at their Child Outpatient Psychiatry Division
- Dr. Deborah Roth Ledley, a psychologist at the Children's Center for OCD and Anxiety, the author of "Becoming a calm mom," co-author of "The Worry workbook for kids" and other books

- Dr. Jill Stoddard, founding director of The Center for Stress and Anxiety Management, the author of "Be Mighty," a TEDx speaker, and co-host of the "Therapists off the clock" podcast
- Dr. Ilyse Dobrow DiMarco, founding director of North Jersey Center for Anxiety and Stress Management, popular press writer and blogger, and the author of an upcoming book, "Mom Brain"
- Dr. Amelia Aldao, founder of Together CBT, consultant for mental health startups and a regular presenter on NPR and webinars for the general public
- Dr. Jelena Kecmanovic, founding director of the Arlington/DC Behavior Therapy Institute, Washington Post contributor, popular press writer, and presenter to corporate and nonprofit audiences

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Panel Discussion 41

# What Are We Missing? Carving a Path Forward to Improve Health Disparities That Impact Cognitive-behavioral Approaches to Research and Treatment for Eating Disorders

Moderators: Sasha Gorrell, Ph.D., University of California, San Francisco Kathryn M. Huryk, Ph.D., University of California, San

Francisco

PANELISTS: Carolyn Becker, Ph.D., Trinity University

Natasha L. Burke, Ph.D., Fordham University Amy H. Egbert, Ph.D., The Miriam Hospital/Alpert

Medical School of Brown University

Neha J. Goel, M.S., Virginia Commonwealth University Colleen Stiles-Shields, Ph.D., Rush University Medical

Center

Primary Category: Eating Disorders

Key Words: Eating, Underserved Populations, Evidence-Based Practice

Eating disorders (ED) are pernicious illnesses with significant morbidity and mortality, considerable distress and impairment, and high costs. Increasing interest has been devoted to improving understandings of ED, specifically in efforts to improve cognitive-behavioral treatment outcomes. However, two critical perspectives have largely been missing from this discourse: (1) the intersectionality of minoritized identities (e.g., sexual orientation, race, ethnicity, socioeconomic status) and weight stigma that contribute to significant eating and weight-related health disparities; and (2) a solution-focused approach.

Thanks to the advocacy of many, our awareness of the numerous obstacles that thwart equity and inclusion is heightened, along with greater desire to learn how our collective efforts might best be channeled to optimize change. To move forward with effective actions that promote and uphold optimal equity and inclusion, we must engage in discussion both regarding "what has worked," but also critically examine how future efforts can

be made to engage diverse and representative stakeholders to promote inclusive practices from conception through dissemination and implementation. This panel, focused on "missing factors" in the ED field, is a critical step to informing the future of our research and cognitive-behavioral treatment approaches.

We have gathered five panelists with distinguished backgrounds in research, practice, and advocacy, all of whom have unique insight related to increasing equity and diversity in their respective milieus. Each will speak to positive changes both evidenced, and still needed, in their collective experience. Topics of the panel will include recent work that has shown benefit from the use of inclusive approaches and methodologies in improving reach and outcomes for more individuals. Panelists will also explore ways in which barriers to equity and inclusion have been overcome, allowing for cultural shifts in promoting marginalized groups both within the ED field and beyond. In addition to generating viable solutions, the panel aims to provide researchers and clinicians alike with suggestions for how to "bring it home," carving a path forward in promoting equity on a local level.

6:45 p.m. - 8:15 p.m.

Earn 1.5 continuing education credits

Mini Workshop 23

Youth Opioid Recovery Support (YORS) Intervention: Combining Family Involvement, Assertive Outreach, Home Delivery of Medications, and Contingency Management for Young Adults with Opioid Use Disorder

> Kevin Wenzel, Ph.D., Maryland Treatment Centers Marc Fishman, M.D., Maryland Treatment Centers

Moderate to Advanced level of familiarity with the material

Primary Category: Addictive Behaviors

Key Words: Substance Abuse, Families, Recovery

The proposed session will begin by briefly discussing the great need for improved CBT based treatments for opioid use disorder (OUD) in young adults, who are disproportionately affected by the current opioid epidemic in the USA. We will introduce the Youth Opioid Recovery Support (YORS) approach as one such intervention. YORS combines the following behavioral strategies: 1) family involvement, 2) assertive outreach, 3) home delivery of injectable opioid relapse prevention medications, and 4) contingency management for medication adherence to enhance treatment adherence and prevent relapse to opioids in young adults with OUD. We will summarize existing research support for YORS before shifting to the main focus of the mini-workshop which will cover concrete

guidelines, suggested interventions, and practical considerations that would be particularly relevant to psychotherapists or prescribers treating opioid use disorder in youth. YORS utilizes behavioral strategies to reduce barriers to care such as assertively reaching out to patients and families rather than passively waiting for young adults to reach out for help; home delivered and observed administration of injectable medications for OUD; behavioral treatment agreements between the young adult, family member, and treatment team; family and parent coaching on applying the principles of operant conditioning and other relevant skills, and contingency management incentives for medication adherence. We will discuss practical implementation of these strategies supported by actual case examples encountered by our clinical team. We will provide patient facing handouts/worksheets for young adults and their families and printed materials for practitioners. We will also address barriers to YORS implementation such as ethical concerns relevant to patient confidentiality. Our experience is that involving and empowering families is fully compatible with patient-centered care, respecting confidentiality, and improving self-efficacy. The overall goal of this session is to aid clinicians who are treating OUD in young adults and considering additional behavioral strategies to improve retention and prevent relapse for this challenging to treat disorder.

#### You will learn:

- Describe rationale for YORS strategies in treating opioid use disorder in young adults.
- Identify and anticipate challenges and barriers to implementing YORS strategies in treating opioid use disorder in young adults.
- Implement some YORS strategies into routine clinical practice for treating opioid use disorder in young adults.

Recommended Readings: Fishman, M., Wenzel, K. R., Vo, H., Wildberger, J., & Burgower, R. (2020). A pilot randomised controlled trial of assertive treatment including family involvement and home delivery of medication for young adults with opioid use disorder, Addiction. doi:10.1111/add.15181Wenzel, K., Selby, V., Wildberger, J., Lavorato, L., Thomas, J., & Fishman, M. (2021). Choice of extended release medication for OUD in young adults (buprenorphine or naltrexone). A pilot enhancement of the Youth Opioid Recovery Support (YORS) intervention. In Press: Journal of Substance Abuse TreatmentWenzel, K. Fishman, M., Vo, H., Wildberger, J., Burgower, R. (2020). An assertive outreach intervention for treatment of opioid use disorder in young adults. In Press: Heroin Addiction and Related Clinical Disorders

# SUNDAY

#### Earn 1.5 continuing education credits

#### Symposium 149

# Situational Vulnerabilities and Their Impact on Treatment Uptake and Adherence Among Marginalized Groups: Implications for Cognitive and Behavioral Practice and Science in the Context of Social Justice

CHAIR: Samantha M. McKetchnie, LCSW, Massachusetts General

Hospital

DISCUSSANT: Trevor A A. Hart, Ph.D., CPsych, Ryerson University

All level of familiarity with the material Primary Category: Vulnerable Populations Key Words: Behavioral Medicine, Vulnerable Populations

The Relationships of Trauma, Discrimination, and HIV Stigma with Attitudes to Prep Among Prep-eligible Men Who Have Sex with Men in a Community Health Setting: Analogs to Nascent HIV Prevention Efforts

Samantha M. McKetchnie, LCSW, Massachusetts General Hospital

Conall O'Cleirigh, Ph.D., Harvard Medical School

Abigail W. Batchelder, M.P.H., Ph.D., Harvard Medical School

Daniel Provenzano, M.A., University of Windsor

Steven A. Safren, Ph.D., ABPP, University of Miami

Julia Tomassilli, Ph.D., California State University, Sacramento

Aaron J. J. Blashill, Ph.D., San Diego State University

Calvin Fitch, Ph.D., Massachusetts General Hospital

Kenneth H. Mayer, M.D., Fenway Health

### Life Instability Is Associated with Poor Hiv-related Health Outcomes in Older Adults with HIV

Elliott R. Weinstein, M.P.H., University of Miami Audrey Harkness, Ph.D., University of Miami Gail Ironson, M.D., Ph.D, Department of Psychology Cho-Hee Shrader, M.S., Department of Public Health Sciences Dustin Duncan, ScD, Mailman School of Public Health Steven A. Safren, Ph.D., ABPP, University of Miami

### Measuring Insomnia in Cancer Survivors: A Population-based Analysis of Black Women

Miryam Yusufov, Ph.D., Dana-Farber Cancer Institute/Harvard Medical School Christopher Recklitis, Ph.D., MPH, Dana Farber Cancer Institute

Eric Zhou, Ph.D., Boston Children's Hospital

Traci Bethea, Ph.D., Georgetown University

Julie Palmer, ScD, Boston University

Lynn Rosenberg, ScD, Boston University

## A Pilot RCT of Smoking Cessation at Release from an Urban, Pre-trial Jail: An Opportunity for Cessation Among Those with Behavioral Health Conditions

Andrew M. Busch, Ph.D., Hennepin Healthcare/University of Minnesota

Becky Ford, Ph.D., Hennepin Healthcare

Shira Dunsiger, Ph.D., Brown University

Michelle Michelle, MPH, Hennepin Healthcare

Sarah Cameron, M.S., Hennepin Healthcare

Ella Strother, B.A., Hennepin Healthcare

Tyler Winkelman, M.D., Hennepin Healthcare

6:45 p.m. - 8:15 p.m.

#### Earn 1.5 continuing education credits

#### Symposium 147

# Beyond Retrospective Self-report Questionnaires: Novel Methods for Assessing Affect

CHAIR: Christopher D. Hughes, Ph.D., Alpert Medical School of Brown

University

DISCUSSANT: Heather Schatten, Ph.D., Butler Hospital & Brown Medical

School

All level of familiarity with the material Primary Category: Research Methods and Statistics Key Words: Technology / Mobile Health, Emotion, Behavior Experiments

Ecological Momentary Assessment: Experienced Affect in Daily Life Christopher D. Hughes, Ph.D., Alpert Medical School of Brown University Michael F. Armey, Ph.D., The Alpert Medical School of Brown University Heather Schatten, Ph.D., Butler Hospital & Brown Medical School Catarina Carosa, BA, Butler Hospital

Expressed Affect in Daily Life: Using the Electronically Activated Recorder (EAR) to Study Daily Emotion

Deanna M. Kaplan, Ph.D., Brown University

How Are Sleep and Aggression Related? Using Psychophysiology and Laboratory Paradigms to Disentangle Associated Cognitive and Affective Processes Melanie Bozzay, Ph.D., Brown University & Providence VA Medical Center Edelyn Verona, Ph.D., University of South Florida

Changes in Client Affect Assessed Within the Therapy Session Alexandra M. King, M.S., Rutgers, The State University of New Jersey Qingqing Yin, M.S., Rutgers, The State University of New Jersey Shireen L. Rizvi, ABPP, Ph.D., Rutgers, The State University of New Jersey

### Thursday, November 18, 2021

10:30 a.m. - 12:30 p.m.

#### **POSTER SESSION 1**

#### Poster Session 1A

Key Words: Health Psychology, Sexuality, Risky Behaviors

## (PS1-A1) Impulsivity, Executive Functioning, and Risky Sexual Behavior in Young Adults

Daniel Sullivan, M.A., Stephanie J. Grimaldi, M.A., Erin A. McLean, M.A., Mitchell L. Schare, ABPP, Ph.D., Chuck A. Dill, Ph.D., Emily Barkley-Levenson, Ph.D., Hofstra University

- (PS1-A2) The Influence of Race on the Appraisal of Intrusive Thoughts

  Isabella Arackal, M.A., Debbie M. Warman, ABPP, Ph.D., University of Indianapolis
- (PS1-A3) Depression and Stress Generation: A Systematic Review and Meta-analysis Angela C. Santee, M.A., Katharine K. Chang, B.A., Rachel X. Chen, Olivia G. Brynes, Paige L. Taylor, Lisa R. Starr, Ph.D., University of Rochester
- (PS1-A4) Hope, Purpose, and Acceptance: Vicarious Post-traumatic Growth in Child Trauma Work

Marissa Falcone, B.A.<sup>1</sup>, Susan Wenze, Ph.D.<sup>2</sup>, 1. Yale Child Study Center, 2. Lafayette College

## (PS1-A5) Adolescent Reluctance to Express Emotion: Links to Internalizing Symptomology

Daniel J. McNeil, B.S.<sup>1</sup>, Janice L. Zeman, Ph.D.<sup>2</sup>, 1. Marshall University Medical School, 2. College of William & Mary

# (PS1-A6) Negative Cognitions About Self and Intrusive Ruminations Are Predictive of PTSD Symptom Severity

Marika R. Stanford-Moore, M.A.<sup>1</sup>, Kennedy Chatman,<sup>2</sup>, Claudia Cucchiara,<sup>2</sup>, Courtney B. Saulsman,<sup>2</sup>, Madison W. Silverstein, Ph.D.<sup>2</sup>, 1. University of California, San Francisco, 2. Loyola University New Orleans

- (PS1-A7) Decentering as a Correlate of Behavioral Action in Social Anxiety Ken Schultze, Carol S. Lee, Ph.D., Nevada State College
- (PS1-A8) Dimensionality of the Posttraumatic Stress Disorder Checklist for DSM-5 (PCL-5) in a Trauma-exposed Undergraduate Sample Kayla A. Lord, M.S.<sup>1</sup>, Sarah T. Wieman, M.S.<sup>1</sup>, Helen Z. MacDonald, Ph.D.<sup>2</sup>, Gabrielle I. Liverant, Ph.D.<sup>1</sup>, 1. Suffolk University, 2. Emmanuel College

(PS1-A9) Risk and Protective Factors in the Development of COVID-19 Stress Syndrome

Hannah Hightower, B.S.<sup>1</sup>, Sean A. Lauderdale, Ph.D.<sup>2</sup>, 1. Texas A&M University-Commerce, 2. A&M-Commerce

- (PS1-A10) Does the Acquisition of Cognitive-behavioral Skills Mediate Change in Functioning and Distress for Adults with ADHD?
  - Kaley A. Roberts, M.A., Texas Tech University
- (PS1-A11) Structural Equation Modeling of the Home Environment on Internalizing and Externalizing Child Mental Health

Alicia M. Chunta, B.A., Grace Caskie, Ph.D., Lehigh University

(PS1-A12) Associations Between Challenging Behavior Types and Parent-reported Generalized Anxiety Symptoms in ASD Youth

Kelly A. Buchanan, M.A.<sup>1</sup>, Jenny Li<sup>1</sup>, Deborah L. Best, Ph.D.<sup>2</sup>, Jennifer Gillis Mattson, Ph.D.<sup>1</sup>, Raymond G. Romanczyk, Ph.D.<sup>1</sup>, 1. Binghamton University, 2. Wake Forest University

(PS1-A13) The Impact of Hurricane Harvey on Mental Health in Children and Adolescents

Savannah M. Kaye, M.A.<sup>1</sup>, Cory Knight, M.S.<sup>1</sup>, Betty S. Lai, Ph.D.<sup>2</sup>, Sara R. Elkins, Ph.D.<sup>1</sup>, G. Thomas Schanding, Jr., Ph.D.<sup>1</sup>, Mary Short, Ph.D.<sup>1</sup>, 1. University of Houston, Clear Lake, 2. Boston College

(PS1-A14) Insecure Adult Attachment Style and PTSD Symptom Severity Among Firefighters: The Role of Distress Tolerance

Samuel J. Leonard, M.A., Maya Zegel, M.A., Amanda Venta, Ph.D., Anka A. Vujanovic, Ph.D., University of Houston

- (PS1-A15) Sudden Gains in Cognitive-behavioral and Light Treatments for Winter Depression
  - Kelly J. Rohan, Ph.D.<sup>1</sup>, Jessica Perez, M.A.<sup>1</sup>, Praise Iyiewuare, M.P.H., M.A.<sup>1</sup>, Julia M. Terman, B.A.<sup>1</sup>, Richard J. Norton, B.S.<sup>1</sup>, Pamela M. Vacek, Ph.D.<sup>2</sup>, Michael J. DeSarno, M.S.<sup>2</sup>, 1. University of Vermont, 2. University of Vermont Larner College of Medicine
- (PS1-A16) Preliminary Effectiveness of Humor- and Play-infused Exposure Therapy for Fears and Phobias of Young Children with Williams Syndrome

Brianna N. Young, B.A.<sup>1</sup>, Karen Levine, Ph.D.<sup>2</sup>, Kenia Rivera, B.A.<sup>3</sup>, E.J. Miecielica, B.A.<sup>1</sup>, Brianna Yund, Ph.D.<sup>4</sup>, Sydni French<sup>1</sup>, Bonita Klein-Tasman, Ph.D.<sup>1</sup>, 1. University of Wisconsin-Milwaukee, 2. Harvard Medical School, 3. University of Denver, 4. University of Minnesota

(PS1-A17) Examining the Relationship of Social Support and Internalizing Symptoms During COVID-19

Emily Jones, B.A., Anni Subar, B.A., Avery Stackle, B.A., Michelle Rozenman, Ph.D., University of Denver

(PS1-A18) The Effect of Covid-focused Expressive Writing on Symptoms of Anxiety in College Students

Sarah M. Robertson, Ph.D., Liz Auger, Mari Murray, College of Charleston

(PS1-A19) Using Ecological Momentary Assessment to Understand the Relationship Between Affective States and Emotion Dysregulation in a Transdiagnostic Sample of Youth

Shannon Shaughnessy, B.A., Reut Naim-Aricha, Ph.D., Christian Botz-Zapp, B.S., Kelly Dombek, Jennifer Meigs, B.A., Katharina Kircanski, Ph.D., Melissa A. Brotman, Ph.D., National Institute of Mental Health

- (PS1-A20) School Climate Factors as Correlates of School Absences
  - Michael Fensken, B.S., Victoria Bacon, M.A., Melanie Rede, B.S., Mirae J. Fornander, M.A., Christopher Kearney, Ph.D., University of Nevada, Las Vegas
- (PS1-A21) Cognitive Flexibility as a Mediator of the Relationship Between Race and Perceived Moral Transgressions

Kelci A. A. Straka, B.A., Hajra Usman, B.A., Katy Dang, B.A., Alyson Zalta, Ph.D., University of California, Irvine

(PS1-A22) Delineating the Relationship Between Childhood Emotional Abuse, Emotion Dysregulation, and BPD

Danielle N. Esses, B.S., Janice Kuo, Ph.D., PGSP-Stanford PSY. D. Consortium

(PS1-A23) Do Psychedelic Guides Need Direct Experience with the Molecule? Importance Ratings for Guides Who Have Used Psilocybin in Psilocybin-assisted Treatment for Depression

Fiona Low, B.A.<sup>1</sup>, Brianna R. Altman, M.A.<sup>1</sup>, Joseph DeLeo, Ph.D.<sup>2</sup>, Mitch Earleywine, Ph.D.<sup>1</sup>, 1. University at Albany, State University of New York, 2. Centre for Compassionate Care

(PS1-A24) Eating Disorders and Communication Patterns in Romantic Relationships:
Differences Between Anorexia Nervosa and Binge-eating Disorder

Emily A. Carrino, B.A.¹, Donald H. Baucom, Ph.D.¹, Danielle M. Weber, M.A.¹, Cynthia M. Bulik, Ph.D., Jennifer Kirby, Ph.D., Brian R. Baucom, Ph.D.², 1. University of North Carolina at Chapel Hill, 2. University of Utah

(PS1-A25) Perceived Helpfulness of Alcohol Protective Behavioral Strategies and Consequence Severity: A Person-centered Analysis

Olivia L. Bolts, M.A.<sup>1</sup>, Samuel Davis, M.S.<sup>1</sup>, Morgan A. Boyle, M.S.<sup>1</sup>, Kirstyn N. Smith-LeCavalier, B.S.<sup>2</sup>, Mark A. Prince, Ph.D.<sup>1</sup>, 1. Colorado State University, 2. University of Washington

#### **Poster Session 1B**

Key Words: Technology / Mobile Health, Addictive Behaviors, Treatment

(PS1-B26) Exploring Factors Associated with Mobile Phone Behaviors and Attitudes Toward Technology Among Adults with Alcohol Use Disorders

Marie A. Sillice, Ph.D.¹, Cynthia L. Battle, Ph.D.², Michael Stein, M.D.³, Lidia Meshesha, Ph.D.⁴, Ana Abrantes, Ph.D.⁵, 1. City University of New York, School of Public Health & Health Policy, 2. Department of Psychiatry & Human Behavior at Alpert Medical School of Brown University, 3. Boston University School of Public Health Dept of Health Law, Policy & Management, 4. University of Central Florida, 5. Psychiatry & Human Behavior at Alpert Medical School of Brown University.

- (PS1-B27) Using the Classroom to Promote Evidence-based Digital Mental Health Tools on College Campuses
  - Sarah Stanger, Ph.D., Allegheny College
- (PS1-B28) Daily Use of Metacognitive Strategy for Worry, Functional Behavior, and Attention Control Ability Predicts Well-being in High Worrier

Minori Machida, M.A.<sup>1</sup>, Kaho Tanobe, M.A.<sup>1</sup>, Jun Tayama, Ph.D.<sup>1</sup>, Kenji Sato, Ph.D.<sup>2</sup>, 1. Graduate School of Human Sciences, Waseda University, 2. Graduate School of Technology, Industrial and Social Sciences, Tokushima University

- (PS1-B29) Socially Distanced Social Anxiety: The Association of pre-covid-19 Social Anxiety and Anxiety with Videoconferencing During the Pandemic Taylor L. Myers, B.A., Timothy A. Brown, Psy.D., Anthony J J. Rosellini, Ph.D., Boston University
- (PS1-B30) Emotion Dysregulation Dimensions as Individual Moderators in the Relationships Between Internalizing and Externalizing Symptoms and Suicide Ideation in Adolescents

Rebekah B. Clapham, B.A.<sup>1</sup>, Amy M. Brausch, Ph.D.<sup>2</sup>, 1. University of Illinois Urbana-Champaign, 2. Western Kentucky University

(PS1-B31) Individual and Psychological Predictors of Health Anxiety in Medical Students

Megan Butcher, B.S., Heidi J. Ojalehto, B.S., Shirin Ataei, B.A., Samantha N. Hellberg, B.A., Chase M. DuBois, B.A., Lily Al-Omari, Jennifer L. Buchholz, M.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

- (PS1-B32) Disgust Proneness and the Encouragement of COVID-19 Safety Behaviors in a Parent Sample
  - Maxwell J. Luber, B.A., Hannah P. Friedman, M.A., Sarah A. Bilsky, Ph.D., University of Mississippi
- (PS1-B33) The Relationship Between Self-management and Optimism Mediated by Worry

Jason Liou, B.S., Peter G. Mezo, Ph.D., University of Toledo

- (PS1-B34) Emotion Elicitation Using 360 Videos

  Jason Liou, B.S., Justin R. Leiter-Mcbeth, B.S., M.A., Kaylynn Frantz, Peter G. Mezo, Ph.D.,

  University of Toledo
- (PS1-B35) The Potential Mechanistic Role of Anxiety Sensitivity in the Relation Between Positive Emotion Dysregulation and Posttraumatic Stress Disorder Among Sexual Assault Survivors

Alexa M. Raudales, B.A.<sup>1</sup>, Reina Kiefer, B.A.<sup>1</sup>, Shannon R. Forkus, M.A.<sup>1</sup>, Ateka Contractor, Ph.D.<sup>2</sup>, Nicole H. Weiss, Ph.D.<sup>1</sup>, 1. University of Rhode Island, 2. University of North Texas

(PS1-B36) PTSD Symptoms and Alcohol-related Consequences: Do Motives for Alcohol Use Matter?

Samantha K. Berg, B.S., Matthew A. Cook, M.S., Amie R. Newins, Ph.D., University of Central Florida

## (PS1-B37) The OCI-4: An Ultra-brief Screening Scale for Obsessive-compulsive Disorder

Akuekegbe Uwadiale, B.S.<sup>1</sup>, Amitai Abramovitch, Ph.D.<sup>1</sup>, Jonathan S. Abramowitz, Ph.D.<sup>2</sup>, Bowie Duncan, B.S.<sup>1</sup>, Dean McKay, ABPP, Ph.D.<sup>3</sup>, 1. Texas State University, 2. University of North Carolina at Chapel Hill, 3. Fordham University

# (PS1-B38) Fidelity to the Inhibitory Learning Model, Functionality, and Availability of Free Anxiety Treatment Apps

Dana B. Borkum, M.A., Luisa de Mello Barreto, M.A., Bridget Gertsel, M.A., Rachel Kanen, M.A., Alba Kola, M.A., Brian D. Ott, Ph.D., William James College

# (PS1-B39) A Meta-analysis of the Impact of Sexual Assault Interventions on Knowledge/identification of Sexual Consent Lawina Y. Ho, M.A., University of Mississippi

#### (PS1-B40) Changes in Positive and Negative Affect During Acute Psychiatric Treatment in Individuals with Social Anxiety Disorder

Emily M. Bowers, B.S.<sup>1</sup>, Melanie A. Hom, Ph.D.<sup>1</sup>, Andrew D. Peckham, Ph.D.<sup>2</sup>, Fallon R. Goodman, Ph.D.<sup>3</sup>, Throstur Bjorgvinsson, ABPP, Ph.D.<sup>2</sup>, Courtney Beard, Ph.D.<sup>2</sup>, 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School, 3. University of South Florida

# (PS1-B41) Digital Mental Health Interventions for Sexual and Gender Minorities: A Systematic Review

Bridget Wallace, B.A., Michael Pittman, B.A., Paola Pedrelli, Ph.D., Massachusetts General Hospital

# (PS1-B42) Healing Through Helping: An Experimental Investigation of Kindness, Social Activities, and Cognitive Reappraisal as Well-being Interventions David R. Cregg, Ph.D.<sup>1</sup>, Jennifer S. Cheavens, Ph.D.<sup>2</sup>, 1. South Texas Veterans Health Care System, 2. Ohio State University

#### (PS1-B43) Psychosocial Correlates of Serostatus Disclosure Among Pregnant Women Living with HIV in South Africa: Implications for Stress and Coping Intervention

Lucy Finkelstein-Fox, M.S.¹, C. Andres Bedoya, Ph.D.¹, Nzwakie Mosery,¹, Abigail P. Blyler, B.A.¹, Lynn Matthews, M.P.H., M.D.², Jennifer A. Smit, Ph.D.³, Christina Psaros, Ph.D.¹, 1. Massachusetts General Hospital/Harvard Medical School, 2. University of Alabama at Birmingham, 3. University of the Witwatersrand

# (PS1-B44) Predictors of Anxiety and Depression Treatment Response in a Primary Care Integrated Behavioral Health Program: Different for Anxiety and Depression?

Sydney Kelpin, Ph.D.<sup>1</sup>, Olivia E. Bogucki, Ph.D.<sup>1</sup>, Julia R. Craner, ABPP, Ph.D.<sup>2</sup>, Anne I. Roche, M.A.<sup>1</sup>, Craig N. Sawchuk, ABPP, Ph.D.<sup>1</sup>, 1. Mayo Clinic, 2. Mary Free Bed Rehabilitation Hospital

## (PS1-B45) The Impact of Video Telehealth on Utilization of Evidence-based Psychotherapy Among Rural Veterans

Anthony H. Ecker, Ph.D., Julianna Hogan, Ph.D., Jan Lindsay, Ph.D., Baylor College of Medicine

- (PS1-B46) Associations Between Perceived Discrimination and Suicidal Ideation and Behavior in Youth
  - Arielle T. Pearlman, B.A., Natasha Schwey, Ph.D., Mikela A. Murphy, B.A., Nia Johnson, B.S., David A. Klein, M.P.H., M.D., Joshua C. Gray, Ph.D., Uniformed Services University of the Health Sciences
- (PS1-B47) The Associations Between Social Media and Cultural Risk and Protective Factors in Latinx College Students
  - Marcos Lerma, B.S., Carlos Portillo Jr., B.S., Kevin Sandoval Medina, Joshua Torres, B.S., Ana Carreon, Theodore V. Cooper, Ph.D., The University of Texas at El Paso
- (PS1-B48) Creating Positive, Negative, and Neutral God Concept Primes and Their Impact on Scrupulosity Relevant Tasks and Symptoms
  Kelsey Evey, M.S., Shari A. Steinman, Ph.D., West Virginia University
- (PS1-B49) Does Negative Emotion Differentiation Protect Against Inflexible Avoidance of Valued Goal Pursuit? A Daily Diary Study Bradley A. Brown, B.S., Jessica A. Birg, M.A., Michelle Hua, B.A., Fallon R. Goodman, Ph.D., University of South Florida
- (PS1-B50) Motivation Decreases over Time for Adolescents with and Without Attention-deficit/hyperactivity Disorder: Associations with Academic Outcomes Zoe R. Smith, Ph.D.<sup>1</sup>, Cathrin D. Green, M.S.<sup>2</sup>, Caroline N. Cusick, M.S.<sup>2</sup>, Stephen P. Becker, Ph.D.<sup>3</sup>, Joshua Langberg, Ph.D.<sup>2</sup>, 1. Loyola University Chicago, 2. Virginia Commonwealth University, 3. Cincinnati Children's Hospital Medical Center

#### **Poster Session 1C**

Key Words: Borderline Personality Disorder, LGBTQ+, Stress

- (PS1-C51) The Relationship Between Minority Stress Exposures and Borderline Personality Disorder Symptoms: The Mediating Role of Distress Tolerance Dominic M. Denning, B.A.<sup>1</sup>, Rory Newlands, Ph.D.<sup>2</sup>, Lorraine Benuto, Ph.D.<sup>2</sup>, 1. University of California San Diego, 2. University of Nevada-Reno
- (PS1-C52) Social Distancing Measures During COVID-19 and Mental Health
  Tamara R. Oppliger, M.A., Michele Carter, Ph.D., Elijah R. Murphy, M.A., American
  University
- (PS1-C53) Depression Symptoms Mediate the Relation of COVID-19 Stress and Quality of Life: A Conditional Process Analysis Across Levels of Rumination Rachel C. Bock, M.A., Emily A. Kalantar, M.A., Lucas D. Baker, M.A., Jennifer L. Kuo, M.A., Christopher R. Berghoff, Ph.D., University of South Dakota
- (PS1-C54) Which Components of Working Memory Are Involved in Math Performance in Children with and Without ADHD? Fatou Gaye, B.S., Nicole B. Groves, M.S., Elizabeth SM Chan, M.A., M.S., Alissa M. Cole, B.S., Michael J. Kofler, Ph.D., Florida State University
- (PS1-C55) Beliefs About Emotion Malleability and the Causes of Depression Influence Perceptions of Depression Among Individuals with Depressive Symptoms Lauren E. Simpson, B.A.<sup>1</sup>, Elizabeth T. Kneeland, Ph.D.<sup>2</sup>, 1. University of Nebraska-Lincoln, 2. Amherst College

(PS1-C56) Posttraumatic Stress Symptoms Are a Risk Factor for Police Officer Suicidal Ideation

Lucas D. Baker, M.A., Rachel C. Bock, M.A., Jennifer L. Kuo, M.A., Emily A. Kalantar, M.A., Christopher R. Berghoff, Ph.D., University of South Dakota

(PS1-C57) How Are Adult ADHD Symptoms Dynamically Interrelated with Symptoms of Distress: A Case Study

Kaley A. Roberts, M.A., Texas Tech University

(PS1-C58) Experiences of Discrimination and Substance Use Behaviors in College Students

Sage R. Feltus, B.A., Ariadne Lyon, M.A., Nadine R. Mastroleo, Ph.D., Binghamton University

(PS1-C59) Direct and Interactive Effects of Personality and Changes in Relationships on Anxiety and Depression During the COVID-19 Pandemic

Christina S. Galiano, M.A.<sup>1</sup>, Alexandra M. Andrea, M.A.<sup>1</sup>, Grace N. Anderson, B.A.<sup>2</sup>, Timothy A. Brown, Psy.D.<sup>1</sup>, Anthony J. Rosellini, Ph.D.<sup>1</sup>, 1. Boston University, 2. Fordham University

(PS1-C60) Nonsuicidal Self-injury Disorder, Borderline Personality Disorder, and Lifetime History of Suicide Attempts Among Male and Female Veterans with Mental Health Disorders

Tapan A. Patel, M.S.¹, Katherine Cunningham, Ph.D.², Frances M. Aunon, Ph.D.³, Adam J. Mann, M.S.⁴, Bryann B. Debeer, Ph.D.⁵, Eric Meyer, Ph.D.⁶, Sandra B. Morissette, Ph.D.७, Paul J. Silvia, Ph.D.⁶, Kim L. Gratz, Ph.D.⁴, Patrick S. Calhoun, Ph.D.⁶, Jean C. Beckham, Ph.D.⁶, Nathan A. Kimbrel, Ph.D.⁶, 1. Florida State University, 2. Salem VA Medical Center, 3. VA Connecticut, 4. University of Toledo, 5. Rocky Mountain MIRECC, 6. University of Pittsburgh, 7. University of Texas at San Antonio, 8. University of North Carolina Greensboro, 9. Duke University Medical Center

(PS1-C61) An Exploration of Sexual Assault, Sexual Minority Stigma, and Psychopathology

Emily J. Mellen, M.A., Mark L. Hatzenbuehler, Ph.D., Harvard University

(PS1-C62) PTSD Symptom Severity as a Predictor of Barriers to Mental Health Treatment Among Students in Healthcare Fields

Anna C. Barbano, B.S.<sup>1</sup>, Tara L. Spitzen, M.A.<sup>1</sup>, Malaikah D. Davis, <sup>1</sup> Lori Deshetler, Ph.D.<sup>1</sup>, April Gardner <sup>2</sup>, Kathleen Mitchell, <sup>1</sup> Kim L. Gratz, Ph.D.<sup>1</sup>, Matthew T. Tull, Ph.D.<sup>1</sup>, 1. University of Toledo, 2. University of Toledo Medical Center

(PS1-C63) Patients' Judgments of the Importance of Treatment-induced Reductions in Symptoms of Depression: The Role of Specific Symptoms, Magnitudes of Change, and Post-treatment Levels

Thomas Kim, M.A., Colin Xu, M.A., Robert J. DeRubeis, Ph.D., University of Pennsylvania

(PS1-C65) A Systematic Review of Mindfulness-based Interventions in Low-income Schools

Shira Segal, M.A., Shruti Vyas, M.A., Ryerson University

(PS1-C66) Understanding the Association Between Household Income and Relationship Behaviors During the COVID-19 Pandemic

Alexandra K. Wojda, M.A., Emily A. Carrino, B.A., Danielle M. Weber, M.A., Donald H. Baucom, Ph.D., University of North Carolina at Chapel Hill

THURSDAY

- (PS1-C67) Adverse Childhood Experiences and Symptoms of Posttraumatic Stress: The Moderating Role of Strong Black Woman/superwoman Schema Jared L. Fisse<sup>1</sup>, Tamara Nelson, M.P.H., Ph.D.<sup>2</sup>, 1. Bentley University, 2. Rutgers University
- (PS1-C68) Treatment Dropout from an Intensive Augmented DBT Program for **Emerging Adults: A Qualitative Analysis** Joy Shen, B.S.<sup>1</sup>, Tali Wigod, Psy.D.<sup>1</sup>, Dina Siegel, Psy.D.<sup>1</sup>, Joseph Talercio, Ph.D.<sup>1</sup>, Lauren Yang, M.A.<sup>2</sup>, Alec L. Miller, Psy.D.<sup>1</sup>, Lata K. McGinn, Ph.D.<sup>2</sup>, 1. Cognitive Behavioral
- (PS1-C69) Improving Depression Screening Rates in Primary Care Adolescent Patients: Five-year Results from a Quality Improvement Initiative Ayla R. Mapes, M.A., Meredith J. Scafe, M.S., MSW, Linda E. Guzman, M.A., Ana J. Bridges, Ph.D., University of Arkansas
- (PS1-C70) Can Emerging Adults' Dating Psychological Aggression Be Explained by Family-of-origin Psychological Aggression, Emotion Dysregulation, and Drinking?

Consultants, 2. Yeshiva University/Cognitive Behavioral Consultants

Deepali Dhruve, B.S., M.S., Arazais D. Oliveros, Ph.D., Mississippi State University

- (PS1-C71) Mindfulness-based Approaches to Peer Victimization, Peer Aggression and the Cycle of Bullying for Youth and Schools Sarah W. Hopkins, M.S.<sup>1</sup>, G. Alice Woolverton, M.S.<sup>1</sup>, Abigail M. Stark, Ph.D.<sup>2</sup>, Amy K. Marks, Ph.D.<sup>1</sup>, Gary D. Fireman, Ph.D.<sup>1</sup>, 1. Suffolk University, 2. McLean Hospital/ Harvard Medical School
- (PS1-C72) Reconstructing Reality: Counterfactual Thinking Is Associated with Core Features of Prolonged Grief Disorder Alexa Skolnik, B.A.<sup>1</sup>, Emma Toner, B.A.<sup>2</sup>, Nicole J. LeBlanc, Ph.D.<sup>3</sup>, Naomi M. Simon, M.D.<sup>4</sup>, Donald J. Robinaugh, Ph.D.<sup>3</sup>, 1. Massachusetts General Hospital, 2. University of Virginia, 3. Massachusetts General Hospital/Harvard Medical School, 4. NYU Grossman School of Medicine
- (PS1-C73) The "Masked" Burnout: Male Clinicians' Masculine Norm Adherence and **Burnout Symptoms**

Tristan P. Patterson, M.S.<sup>1</sup>, Craig A. Warlick, Ph.D.<sup>2</sup>, Nicole Farmer, Ph.D.<sup>3</sup>, Abby Armstrong, M.S.<sup>2</sup>, Rachel Lawrence, M.S.<sup>2</sup>, Mary Parker Raley <sup>2</sup>, Niusha Karki <sup>2</sup>, Aaron Van Gorp, Ph.D.<sup>4</sup>, 1. University of Kansas, 2. University of Southern Mississippi, 3. Southern Arizona VA Health Care System, 4. University of Missouri

- (PS1-C74) Thinking Less of Yourself Because of Your Emotions: Development and Validation of the Self-invalidation Due to Emotion Scale (SIDES) Regina E. Schreiber, B.S., Jennifer C. Veilleux, Ph.D., University of Arkansas
- (PS1-C75) Theta Oscillation in Children Predicts Less Anxiety and Depression 12 to 14 Months Later During COVID-19 Pandemic Lockdown Gil Shner, B.A., Zohar Klein, B.A., M.A., Shaked Rosenblum, B.A., Tomer Shechner, Ph.D., University of Haifa

Key Words: Eating, Cognitive Processes, Risk / Vulnerability Factors

- (PS1-D76) Exploring the Interactions of Thinness/restriction Expectancies and Eating to Manage Negative Affect on Disordered Eating Behaviors
  - Cody Staples, M.A., Madeline Palermo, M.S., Allison Cunning, M.A., Diana Rancourt, Ph.D., University of South Florida
- (PS1-D77) Examining Weekly Relationships Between Eating Disorder and Obsessive-compulsive Symptoms
  - Shruti S. Kinkel-Ram, B.S.<sup>1</sup>, William Grunewald, M.A.<sup>2</sup>, Shelby Ortiz, M.A.<sup>1</sup>, April R. Smith, Ph.D.<sup>1</sup>, Joshua C. Magee, Ph.D.<sup>1</sup>, 1. Miami University, 2. Auburn University
- (PS1-D78) The Importance of Classroom Context in Behavior Change for Youth with EBD

Sara Franklin-Gillette, B.A., Other<sup>1</sup>, George J. DuPaul, Ph.D.<sup>1</sup>, Qiong Fu, Ph.D.<sup>1</sup>, Julie B. Fogt, Other<sup>2</sup>, 1. Lehigh University, 2. Centennial School of Lehigh University

(PS1-D79) Children with Sexual Behavior Problems: Ties to Child Maltreatment, Family Functioning, and Service Use

Claudia Campbell, B.A., Rachel Wamser, Ph.D., University of Missouri St. Louis

(PS1-D80) Family Check-in: An Assessment, Feedback, and Referral Service for Families with Young Children

Morgan Weinstein, B.A.<sup>1</sup>, Hilary B. Vidair, Ph.D.<sup>1</sup>, Tali Wigod, Psy.D.<sup>2</sup>, Emma Bernstein, B.S.<sup>1</sup>, Miriam Korbman, Psy.D.<sup>3</sup>, Danielle S. Virgadamo, Psy.D.<sup>4</sup>, 1. Long Island University, 2. Cognitive Behavioral Consultants, 3. LIU Post / CCDBT, 4. Kennedy Krieger Institute

(PS1-D81) Assessing the Need for Family Planning Education in a Low-income Helpseeking Sample for Relationship Distress

Karen Rothman, Ph.D.<sup>1</sup>, Emily Georgia Salivar, Ph.D.<sup>2</sup>, McKenzie K. Roddy, Ph.D.<sup>3</sup>, Brian Doss, Ph.D.<sup>4</sup>, 1. Together CBT, 2. Nova Southeastern University, 3. VA Tennessee Valley Healthcare System, 4. University of Miami

(PS1-D82) LGBTQ Status Is Associated with Substance Use Above and Beyond Transdiagnostic Mechanisms of Psychopathology

Leo Miller, B.S., Stephen A. Semcho, M.A., Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky

(PS1-D83) A Measurement Invariance Analysis of the SCOPI Across Four Racial Groups

Johanna A. Younce, M.A.<sup>1</sup>, Jessica R. Winder, M.A.<sup>1</sup>, Katherine P. Mangen, M.A.<sup>1</sup>, Samuel R. Cares, M.A., MSW<sup>1</sup>, Thomas A. Fergus, Ph.D.<sup>2</sup>, Kevin Wu, Ph.D.<sup>1</sup>, 1. Northern Illinois University, 2. Baylor University

(PS1-D84) Worry Across Four Racial Groups: A Measurement Invariance Analysis

Jessica R. Winder, M.A.<sup>1</sup>, Samuel R. Cares, M.A., MSW<sup>1</sup>, Johanna A. Younce, M.A.<sup>1</sup>,

Katherine P. Mangen, M.A.<sup>1</sup>, Thomas A. Fergus, Ph.D.<sup>2</sup>, Kevin Wu, Ph.D.<sup>1</sup>, 1. Northern

Illinois University, 2. Baylor University

(PS1-D85) Identifying Correlates of Anxiety in Autism Spectrum Disorder Using a Transdiagnostic Symptom Model

Tamara Rosen, Ph.D.<sup>1</sup>, Craig Rodriguez-Seijas, Ph.D.<sup>2</sup>, Kenneth Gadow, Ph.D.<sup>3</sup>, Matthew D. Lerner, Ph.D.<sup>3</sup>, 1. University of Colorado School of Medicine, JFK Partners, 2. University of Michigan, 3. Stony Brook University

- (PS1-D86) Harsh Parenting and Later Anxiety: Interactions Between Parasympathetic and Sympathetic Nervous System
  - Li Shen Chong, M.A., Kate L. Senich, B.S., Elana Gordis, Ph.D., University at Albany, State University of New York
- (PS1-D87) Do Gut Reactions Matter? How Individuals with and Without Gastrointestinal Symptoms Respond to Emotional Stimuli Sara M. Witcraft, M.A., Logan K. Niehaus, McCall A. Schruff, Laura J. Dixon, Ph.D., University of Mississippi
- (PS1-D88) Do Mindfulness and Acceptance Based Treatment Skills Moderate the Relationship Between Body Dissatisfaction and Eating Behaviors?: Findings from an Ecological Momentary Assessment Study

Claire M. Trainor, B.A., Paakhi Srivastava, Ph.D., Adam Payne-Reichert, B.S., Adrienne S. Juarascio, Ph.D., Stephanie M. Manasse, Ph.D., Drexel University, WELL Center

(PS1-D89) The Relationship Between Trait Impulsivity, State Negative Affect, and Eating Behavior in Young Adults with Loss-of-control Eating: A Multi-method Experimental Study

Ayla N. Gioia, B.S., M.A.<sup>1</sup>, Erin E. Reilly, Ph.D.<sup>1</sup>, Drew A. Anderson, Ph.D.<sup>2</sup>, Lisa M. Anderson, Ph.D.<sup>3</sup>, 1. Hofstra University, 2. University at Albany, State University of New York, 3. University of Minnesota Medical School

- (PS1-D90) Trajectories of Psychological Functioning in International Students During the COVID-19 Pandemic
  - Jeffrey M. Pavlacic, M.A.<sup>1</sup>, Marcela C. Weber, M.A.<sup>1</sup>, Victoria A. Torres, M.A.<sup>1</sup>, Erin M. Buchanan, Ph.D.<sup>2</sup>, Stefan E. Schulenberg, Ph.D.<sup>1</sup>, 1. University of Mississippi, 2. Harrisburg University of Science and Technology
- (PS1-D91) Child Anxiety at Bedtime and Sleep Quality Serially Mediate the Relationship Between Bedtime Routines and Parenting Stress Kristy L. Larsen, M.A., Lauren Short, B.S., Sara Jordan, Ph.D., University of Southern Mississippi
- (PS1-D92) What We Measure When We Measure Depression: Severity, Frequency, and Change

Daniel Cohen, B.A.¹, Eiko I. Fried, Ph.D.², Madison Schmidt, B.S.³, Zachary Cohen, Ph.D.⁴, 1. Columbia University/New York State Psychiatric Institute, 2. Leiden University, 3. Northwestern University, 4. University of California, Los Angeles

- (PS1-D94) Facilitators and Barriers to Evidence-based Professional Practice in Schools Lindsay G. Flegge, Ph.D., LCSW, Mary Free Bed Rehabilitation Hospital
- (PS1-D95) Emotional Dysregulation Mediates the Association Between Attachment and Prosocial Behavior in Middle Childhood Sohayla Elhusseini, B.A., Kyle Rawn, B.S., Peggy Keller, Ph.D., University of Kentucky

- (PS1-D96) A Meta-analytic Review Comparing Types of Eating Disorder Treatment Programs for Adolescents and Young Adults
  - Abigail L. Blum, B.A.<sup>1</sup>, Alexandra C. Kirsch, Ph.D.<sup>2</sup>, Margaret Meagher, B.A.<sup>3</sup>, Alexander Karl, B.S.<sup>4</sup>, Colleen Conley, Ph.D.<sup>4</sup>, 1. Northwestern University, 2. NorthShore University Health System, 3. University of California San Diego, 4. Loyola University Chicago
- (PS1-D97) Brief Intervention for Caregivers During the COVID-19 Pandemic Rinatte L. Gruen, B.A.<sup>1</sup>, David Lindenbach, Ph.D.<sup>2</sup>, Gina Dimitropoulos, Ph.D., MSW<sup>2</sup>, Jill Ehrenreich-May, Ph.D.<sup>1</sup>, 1. University of Miami, 2. University of Calgary
- (PS1-D98) The Mediating Role of Mindfulness in Associations Between Intolerance of Uncertainty and Perinatal Mental Health During COVID-19

  Marissa D. Sbrilli, M.S., University of Illinois at Urbana-Champaign
- (PS1-D99) Examining the Effects of COVID-19 Infection on Mental Health in a Sample of Young Adults

Olivia Dick, B.S., Chloe Benningfield, B.S., Emma Mills, B.S., Kelsey Woodward, M.S., Sarah E. Cotney, B.S., Matt J. Woodward, PhD, Western Kentucky University

(PS1-D100) Individualistic Growth After Coming out as a Gender Minority in Regard to Stigma Consciousness

Megan Moomaw, B.A., Western Carolina University

1:00 p.m. - 3:00 p.m.

### **POSTER SESSION 2**

#### **Poster Session 2A**

Key Words: LGBTQ+, Stigma, Women's Health

- (PS2-A1) Evaluating the Relative Predictive Power of General Sexual Minority Stress and Bi-specific Stress on Relationship Quality and Mental Health Outcomes Among Bi+ Women
  - Lisa M. Godfrey, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS2-A2) Self-efficacy as a Predictor Outcome in the Resilience Builder Program® *Joanne P. Lim, B.S.*<sup>1</sup>, *Hannah M. Thomas, B.A.*<sup>1</sup>, *Mary K. Alvord, Ph.D.*<sup>2</sup>, *Brendan Rich, Ph.D.*<sup>1</sup>, 1. The Catholic University of America, 2. Alvord, Baker & Associates, LLC
- (PS2-A5) Structural Transphobia and the Availability of Gender-affirming Mental Health Providers

Nathan L. Hollinsaid, B.S.¹, Ibtihal Aboussad ¹, Annabelle Lim¹, Maggi A. Price, Ph.D.², 1. Harvard University, 2. Boston College

(PS2-A6) Peer Disapproval Protects Against Illicit Use of Prescription Stimulants Among Fraternity/sorority Members

Justin Mendonca, B.S., Kevin J. Armstrong, Ph.D., Mississippi State University

- (PS2-A7) County-level Prevalence Estimates of ADHD Among Children Ages 5-17 in the United States: Overlay of Race/ethnicity and SES Distributions

  Kate Flory, Ph.D., Alexis Federico, B.S., Anja Zgodic, M.S., Jan M. Eberth, Ph.D., Jessica Bradshaw, Ph.D., Alexander McLain, Ph.D., University of South Carolina
- (PS2-A8) The Effectiveness and Acceptability of Culturally Adapted Digital Mental Health Interventions Among Racial and Ethnic Minorities: A Systematic Review Donovan Ellis, M.A., Page Anderson, ABPP, Ph.D., Georgia State University
- (PS2-A9) The OCI-12: A Syndromally Valid Modification of the Obsessive-compulsive Inventory-revised

Tanya A. Herrera, B.A.<sup>1</sup>, Amitai Abramovitch, Ph.D.<sup>1</sup>, Jonathan S. Abramowitz, Ph.D.<sup>2</sup>, Dean McKay, ABPP, Ph.D.<sup>3</sup>, 1. Texas State University, 2. University of North Carolina at Chapel Hill, 3. Fordham University

(PS2-A10) Assisting Healthcare Workers Whose Mental Health Has Been Negatively Impacted During the COVID19 Pandemic

Judith Laposa, Ph.D.<sup>1</sup>, Stephanie Carter<sup>2</sup>, Natalie Quick, M.S.<sup>2</sup>, Vanessa A. Saldanha<sup>3</sup>, Adele Efendov, Ph.D.<sup>2</sup>, karen E. Fournier, MSW, Jenna Hitchcox<sup>4</sup>, Jasmine Ahmadinia, B.S.<sup>2</sup>, Helena Roche, RN<sup>2</sup>, Lakshmi N. Ravindran, M.D.<sup>5</sup>, Vicky Stergiopoulos, M.D.<sup>5</sup>, 1. Centre for Addiction and Mental Health, University of Toronto, 2. Centre for Addiction and Mental Health, 3. Centre for Addiction and Mental Health (CAMH), 4. Centre for Addition and Mental Health (CAMH), 5. University of Toronto

(PS2-A11) Microaggressions Experienced by Black Undergraduates Across the United States: Risk and Resilience

Allegra S. Anderson, M.S.<sup>1</sup>, Shannon E. Grogans, B.A.<sup>2</sup>, Jazmine E. Wedlock, B.A.<sup>2</sup>, Kathryn A. DeYoung, M.A.<sup>2</sup>, Alexander J. Shackman, Ph.D.<sup>2</sup>, 1. Vanderbilt University, 2. University of Maryland

- (PS2-A12) Adolescent Girls' Regulation of Anger in an Ecological Context: The Impact of Neighborhood Crime Exposure and Parenting Practices

  Elena Cannova, B.S.¹, Irene Tung, Ph.D.¹, Johnny Berona, Jr., Ph.D.², Alison Hipwell, Ph.D.,

  Psy.D.¹, Kate Keenan, Ph.D.², 1. University of Pittsburgh, 2. University of Chicago Medicine
- (PS2-A13) Alcohol and Cannabis Cross Motives, Class Analysis, and Substance Use Among Concurrent Users

  Jordan Gette, M.A., Tre D. Gissandaner, M.A., Andrew Littlefield, Ph.D., Texas Tech University
- (PS2-A14) Using Network Analysis to Examine the Interrelation of COVID-19
  Concerns and Mental Health Symptoms in Parents and Children
  Hannah Grassie, B.A.<sup>1</sup>, Jonathan S. Comer, Ph.D.<sup>2</sup>, Angela Evans, Ph.D.<sup>3</sup>, Tara Peris,
  Ph.D.<sup>4</sup>, Donna B. Pincus, Ph.D.<sup>5</sup>, Ashley R. Karlovich, B.A.<sup>1</sup>, Hanan Salem, B.A.<sup>2</sup>, Estefany
  Saez-Clarke, M.S.<sup>1</sup>, Jill Ehrenreich-May, Ph.D.<sup>1</sup>, Lindsay Malloy, Ph.D.<sup>6</sup>, 1. University of
  Miami, 2. Florida International University, 3. Brock University, 4. University of
  California, Los Angeles, 5. Boston University, 6. Ontario Tech University
- (PS2-A15) Training and Supervision Increase the Frequency with Which Therapists Attend to Social Risk Factors in Therapy

Clara Johnson, B.A.<sup>1</sup>, Julie K. Nguyen, B.S.<sup>1</sup>, Lucy Liu<sup>1</sup>, Devin N. Kennedy<sup>1</sup>, Hoang Le<sup>1</sup>, Lucy Berliner, LICSW<sup>2</sup>, Shannon Dorsey, Ph.D.<sup>1</sup>, 1. University of Washington, Seattle, 2. University of Washington School of Medicine

### (PS2-A16) Problem Gambling and Heavy Smoking Is Associated with Decoupling Between the HPG and HPA Axes

Stephanie E. Wemm, Ph.D.<sup>1</sup>, Cathryn G. Glanton Holzhauer, Ph.D.<sup>2</sup>, Luke Harrison, B.A.<sup>1</sup>, Verica Milivojevic, Ph.D.<sup>1</sup>, Zhimin T. Cao, M.D., Ph.D.<sup>3</sup>, Edelgard Wulfert, Ph.D.<sup>4</sup>, 1. Yale School of Medicine, 2. Center for Motivation and Change, 3. Upstate Medical University, 4. SUNY Albany

(PS2-A17) Severity Benchmarks and Contemporary Clinical Norms for the Obsessive-compulsive Inventory-revised (OCI-R)

Sara Wilkerson, B.A.<sup>1</sup>, Mia Weed, B.A.<sup>1</sup>, Amitai Abramovitch, Ph.D.<sup>2</sup>, Jonathan S. Abramowitz, Ph.D.<sup>3</sup>, Brad C. Riemann, Ph.D.<sup>4</sup>, Dean McKay, ABPP, Ph.D.<sup>1</sup>, 1. Fordham University, 2. Texas State University, 3. University of North Carolina at Chapel Hill, 4. Rogers Memorial Hospital

(PS2-A18) Contraindications in Therapy: Impact on Youth Engagement in Schoolbased Mental Health Services

Hyun Seon Park, B.S.<sup>1</sup>, Kendal Reeder, B.S.<sup>1</sup>, Kimberly D. Becker, Ph.D.<sup>2</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>1</sup>, 1. University of California, Los Angeles, 2. University of South Carolina

(PS2-A19) Parental Acculturation Moderates Cognitive Behavioral Therapy Outcome in a Hispanic/latino Sample of Youth with Anxiety Disorders

Guadalupe C. Patriarca, B.A.<sup>1</sup>, Jeremy W. Pettit, Ph.D.<sup>1</sup>, Yasmin Rey, Ph.D.<sup>1</sup>, Carlos E. Yeguez, M.S.<sup>1</sup>, Carla E. Marin, Ph.D.<sup>2</sup>, Wendy K. Silverman, Ph.D.<sup>3</sup>, 1. Florida International University, 2. Yale University School of Medicine, 3. Yale University

(PS2-A20) PTSD Treatment Session Attendance and Positive Affect Relate to Fractional Anisotropy in the Fornix Stria Terminalis

Sophie Haven, M.A.<sup>1</sup>, Robert Graziano, Ph.D.<sup>2</sup>, Wilson J. Brown, Ph.D.<sup>3</sup>, Steven E. Bruce, Ph.D.<sup>1</sup>, 1. University of Missouri St. Louis, 2. Durham VA, 3. Penn State Erie, The Behrend College

(PS2-A21) Alcohol to Down-regulate Negative and Positive Emotions: Extending Our Understanding of the Functional Role of Alcohol in Relation to Posttraumatic Stress Disorder

Nicole H. Weiss, Ph.D., Svetlana Goncharenko, M.A., Alexa M. Raudales, B.A., Shannon R. Forkus, M.A., Emmanuel D. Thomas, M.A., Reina Kiefer, B.A., University of Rhode Island

(PS2-A22) Is State-level Anti-black Cultural Racism Associated with Black Youth's Mental Health?

Nathan L. Hollinsaid, B.S.¹, John R. Weisz, Ph.D.¹, Mark L. Hatzenbuehler, Ph.D.¹, Sarah McKetta, M.P.H., M.S.², Maggi A. Price, Ph.D.², 1.Harvard University, 2. Department of Epidemiology, Mailman School of Public Health, Columbia University, 3. Boston College

(PS2-A23) Insomnia, Social Vigilance, and Cardiovascular Health Correlates in Nurses Samantha M. Nagy, M.S.¹, Riley M. O'Neill, B.S.¹, Daniel J. Taylor, Ph.D.¹, John Ruiz, Ph.D.¹, Jessee Dietch, Ph.D.², Danica Slavish, Ph.D.³, Brett Messman, B.A.³, Camilo Ruggero, Ph.D.³, Kimberly Kelly, Ph.D.³, 1. University of Arizona, 2. Oregon State University, 3. The University of North Texas

### (PS2-A24) Community Mental Health Clinicians' Perspectives on Consultation Following CBT Training

Julie K. Nguyen, B.S.<sup>1</sup>, Rashed AlRasheed, M.S.<sup>1</sup>, Phuong (Ailee) Vu<sup>1</sup>, Yasmin C. Garfias<sup>1</sup>, Lucy Berliner, LICSW<sup>2</sup>, Shannon Dorsey, Ph.D.<sup>1</sup>, 1. University of Washington, Seattle, 2. University of Washington School of Medicine

(PS2-A25) Associations Between Insomnia and Psychosocial, Mental, and Physical Health Correlates in Nurses

Samantha M. Nagy, M.S.¹, Riley M. O'Neill, B.S.¹, Daniel J. Taylor, Ph.D.¹, John Ruiz, Ph.D.¹, Jessee Dietch, Ph.D.², Danica Slavish, Ph.D.³, Brett Messman, B.A.³, Camilo Ruggero, Ph.D.³, Kimberly Kelly, Ph.D.³, 1. University of Arizona, 2. Oregon State University, 3. The University of North Texas

#### **Poster Session 2B**

Key Words: Clinical Utility, Measurement, Therapeutic Relationship

- (PS2-B26) Ratings of Dimensional Traits in Clinical Practice: Comparing Therapist and Client Perspectives
  - Caroline E. Balling, B.S., Doug B. Samuel, Ph.D., Sean Lane, Ph.D., Purdue University
- (PS2-B27) Characterizing Eating Disorder Specific Interoceptive Concerns Among Individuals with Anorexia Nervosa, Bulimia Nervosa, and Other-specified Feeding and Eating Disorder

  Claire E. Cusack, B.A., Cheri A. Levinson, Ph.D., University of Louisville
- (PS2-B28) An Investigation of Interpretation Bias and Perceived Parental Psychological Control on Anxiety Across Development Anni Subar, B.A., Emily Jones, B.A., Avery Stackle, B.A., Timothy Sweeny, Ph.D., Michelle Rozenman, Ph.D., University of Denver
- (PS2-B29) Identity, Social Pressure, and Body Image in the Development of Disordered Eating Behaviors Among Pre-professional Adolescent Ballet Dancers Yuri-Grace B. Ohashi, B.A., Shirley B. Wang, M.A., Rebecca Shingleton, Ph.D., Matthew K. Nock, Ph.D., Harvard University
- (PS2-B30) Changes in Pediatric Primary Care Providers' Use of Stimulant Diversion Prevention Strategies: Results from a Cluster-randomized Controlled Trial Elizabeth A. McGuier, Ph.D.¹, David J. Kolko, ABPP, Ph.D.¹, Heather M. Joseph², Heidi Kipp, LPC¹, Rachel Lindstrom, Ph.D.², Sarah Pedersen, Ph.D.¹, Geetha Subramaniam, M.D.³, Brooke Molina, Ph.D.¹, 1. University of Pittsburgh School of Medicine, 2. University of Pittsburgh, 3. National Institute of Drug Abuse
- (PS2-B31) The Role of Friends' Prosocial and Delinquent Behavior in Urban Middle School Students' Substance Use and Delinquent Behavior Kelly E. O'Connor, M.S., Albert D. Farrell, Ph.D., Virginia Commonwealth University
- (PS2-B32) High Vagal Tone as a Potential Transdiagnostic Mechanism of Resilience to Stress During the COVID-19 Pandemic
  - Eli S. Susman, B.A.¹, David G. Weissman, Ph.D.², Katie A. McLaughlin, Ph.D.², 1. University of California, Berkeley, 2. Harvard University

- (PS2-B33) A Longitudinal Study on the Relation Between School Bullying and Children's Internalizing Symptoms: The Moderating Role of Social Status Ishan Vengurlekar, Cydnee J. Mathis, Meredith J. Scafe, M.S., MSW, Jake C. Steggerda, M.A., Timothy A. Cavell, Ph.D., University of Arkansas
- (PS2-B34) Improvements in Hedonic Hunger During Behavioral Weight Loss Nicole T. Crane, B.A.<sup>1</sup>, Michael R. Lowe, Ph.D.<sup>1</sup>, Amy Gorin, Ph.D.<sup>2</sup>, Meghan L. Butryn, Ph.D.<sup>1</sup>, 1. Drexel University, 2. University of Connecticut
- (PS2-B35) Timing of Violence Exposure and Changes in Temperament from Childhood to Adolescence

Lindsey P. Battaglia, B.A.<sup>1</sup>, Irene Tung, Ph.D.<sup>1</sup>, Kate Keenan, Ph.D.<sup>2</sup>, Alison Hipwell, Ph.D., Psy.D.<sup>1</sup>, 1. University of Pittsburgh, 2. University of Chicago

- (PS2-B36) Does CBT-I Target Fear and Avoidance of Fatigue? A Longitudinal Examination
  - Nicole E. Carmona, M.A., Alison E. Carney, B.A., Colleen E. Carney, Ph.D., Ryerson University
- (PS2-B37) Perceived Helpfulness of Previous Therapy as a Predictor of Client Attrition in a Psychology Training Clinic

Danielle Dunn, M.A., Danielle T. (Keenan-Miller), Ph.D., University of California, Los Angeles

(PS2-B38) A Comparison of Interactions Among Children, Parents, and Therapists in Cognitive Behavior Therapy for Children and Adolescents with Anxiety Disorders in Australia and Japan

Shin-ichi Ishikawa, Ph.D.¹, Mia Romano, Ph.D.², Jennifer Hudson, Ph.D.³, 1. Doshisha University, 2. Macquarie University, 3. Black Dog Institute

(PS2-B39) Human Support, Engagement, and Online Depression Prevention for Youth

Julia Rogers, M.S., Eduardo L. Bunge, Ph.D., Palo Alto University

(PS2-B40) Predictors of the Perceived Efficacy and Use of COVID-19 Risk-reduction Behaviors During the COVID-19 Epidemic

Michele L. Hiserodt, M.A., E. Marie Parsons, Ph.D., Rebecca E. Lubin, M.A., Michael W. Otto, Ph.D., Boston University

(PS2-B41) Predicting Peer Processes Among Multiple Profiles of Low-income, Urban Youth with Conduct Problems

Valerie Everett, B.A., Rafaella J. Jakubovic, M.A., Faylyn Kalchthaler, None, Deborah A. Drabick, Ph.D., Temple University

(PS2-B42) Clinician Perspectives on Integrating Mobile Technology into Prolonged Exposure Therapy for PTSD

Delisa G. Brown, Ph.D.<sup>1</sup>, Amber M. Jarnecke, Ph.D.<sup>1</sup>, Tanya C. Saraiya, Ph.D.<sup>1</sup>, Elizabeth J. Santa Ana, Ph.D.<sup>1</sup>, Ron Acierno, Ph.D.<sup>2</sup>, Sudie E. Back, Ph.D.<sup>1</sup>, 1. Medical University of South Carolina, 2. University of Texas

(PS2-B43) Gastric Interception Predicts Weight Loss in a Behavioral Weight Loss Program

Sophie R. Abber, B.A.<sup>1</sup>, Shannon R. Smith<sup>1</sup>, Stephanie M. Manasse, Ph.D.<sup>2</sup>, Evan Forman, Ph.D.<sup>1</sup>, 1. Drexel University, 2. WELL Center, Drexel University

- (PS2-B44) The Relation Between Identity Congruence in Therapy Relationship and Perceived Cultural Competency in a Black American Sample
  - Molly Sawdy, B.A.<sup>1</sup>, Shannon Hughley, M.A.<sup>2</sup>, Linsey R. Mathew, B.A.<sup>1</sup>, Tahirah Abdullah, Ph.D.<sup>2</sup>, Jessica LoPresti, Ph.D.<sup>1</sup>, 1. Suffolk University, 2. University of Massachusetts Boston
- (PS2-B45) Understanding the Associations Between Childhood Trauma, Dampening, and Perceptions of Social Support in a Psychiatric Sample

Erin E. Beckham, B.A.¹, Andrew D. Peckham, Ph.D.², Emily M. Bowers, B.S.¹, Throstur Bjorgvinsson, ABPP, Ph.D.², Courtney Beard, Ph.D.², 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

(PS2-B46) Effects of Early Social Skills Training on Expressive Language in Toddlers with Autism Spectrum Disorder

Michelle Grazioli, B.S.<sup>1</sup>, Peter Vietze, Ph.D.<sup>1</sup>, Sadaf Khawar, M.A.<sup>1</sup>, Ghowash Irshad, M.A.<sup>1</sup>, Amelia Yanchik, M.A.<sup>1</sup>, Leah Esther Lax, Ph.D.<sup>2</sup>, Chana Tilson, M.S.<sup>3</sup>, 1. Montclair State University, 2. CARES, 3. Hand in Hand Early Childhood Center

(PS2-B47) Perceived Racial Discrimination and Suicidal Ideation Among Black Young Adults: The Mediating Role of Social Anxiety

Nina I. Glover, B.A., Julia D. Buckner, Ph.D., Louisiana State University

- (PS2-B48) Reduced Social Contact During the COVID-19 Pandemic: Do Relationships with Substance Use, Eating Pathology and Food and Alcohol Disturbance Remain Significant After Accounting for Negative Emotions? Sarah A. Horvath, M.S., Gabriella Pucci, B.S., Jenny Jo, M.S., Emma Harris, B.A., K. Jean J. Forney, Ph.D., Ohio University
- (PS2-B49) Psychometric Properties of the Spanish Child PTSD Symptom Scale for DSM-5 Self-report in El Salvador

Evan Rooney, B.A.<sup>1</sup>, Madeline Pruett, B.A.<sup>1</sup>, Regan Stewart, Ph.D.<sup>2</sup>, Rosaura Orengo-Aguayo, Ph.D.<sup>2</sup>, Sujith Ramachandran, Ph.D.<sup>1</sup>, John Young, Ph.D.<sup>1</sup>, 1. University of Mississippi, 2. Medical University of South Carolina

(PS2-B50) Are Mental Health Disorders Publicly Stigmatized Across Ethnic Groups? Insights into Stigma and the White-latinx Population

Jordan C. Alvarez, B.A.<sup>1</sup>, Monica Abdul-Chani, M.A.<sup>2</sup>, Sarah O'Kelley, Ph.D.<sup>2</sup>, 1. Auburn University, 2. The University of Alabama at Birmingham

#### Poster Session 2C

Key Words: Spirituality and Religion, Evidence-Based Practice, Therapeutic Relationship

- (PS2-C51) Trusting the Evidence: Preferences for Religiosity Matching in Psychotherapy
  - Matan S. Levine-Janach, B.A., Laurie Heatherington, Ph.D., Williams College
- (PS2-C52) Understanding Factors Associated with Intent to Receive the COVID-19 Vaccine

Cory Knight, M.S.<sup>1</sup>, Mary Short, Ph.D.<sup>1</sup>, Ryan J. Marek, Ph.D.<sup>2</sup>, Isabelle S. Kusters, M.P.H., Ph.D.<sup>1</sup>, 1. University of Houston, Clear Lake, 2. Sam Houston State University

### (PS2-C53) Sibling Relationships and ADHD: Reducing Aggression Through an Interpersonal Skills Intervention

Eliana Rosenthal, M.Ed.<sup>1</sup>, Sara Franklin-Gillette, B.A.<sup>1</sup>, Mark Feinberg, Ph.D.<sup>2</sup>, 1. Lehigh University, 2. Penn State University

### (PS2-C54) Protocol for Improving Cultural Sensitivity to Assess and Modify Interpretation Bias in Diverse Populations

Kevin O. Narine, B.A.<sup>1</sup>, Yasaman Salon<sup>2</sup>, Erin E. Beckham, B.A.<sup>2</sup>, Courtney Beard, Ph.D.<sup>3</sup>, 1. William James College, 2. McLean Hospital, 3. McLean Hospital/Harvard Medical School

### (PS2-C55) Do People with Opioid Use Disorder and Posttraumatic Stress Disorder Benefit from Adding Behavior Therapy to Buprenorphine?

Alexandra R. Chase, B.S.<sup>1</sup>, R. Kathryn R. McHugh, Ph.D.<sup>2</sup>, Blake T. Hilton, Psy.D.<sup>2</sup>, Margaret L. Griffin, Ph.D.<sup>2</sup>, Roger D. Weiss, M.D.<sup>2</sup>, 1. McLean Hospital, 2. Harvard Medical School

### (PS2-C56) Bystander Intervention Behavior in a Sample of High-risk College Men

Cayla M. O'Hair, B.A.<sup>1</sup>, Haley Kolp, M.S.<sup>2</sup>, Lindsay Orchowski, Ph.D.<sup>3</sup>, Christine A. Gidycz, Ph.D.<sup>4</sup>, Ryan C. Shorey, Ph.D.<sup>2</sup>, 1. University of Wisconsin-Milwaukee, 2. University of Wisconsin - Milwaukee, 3. Rhode Island Hospital/Alpert Medical School of Brown University, 4. Ohio University

### (PS2-C57) Pandemic-specific Reasons for Drinking Among College Students

Jennifer L. Shipley, M.P.H.<sup>1</sup>, Douglas J. Glenn, B.A.<sup>2</sup>, Abby L. Braitman, Ph.D.<sup>1</sup>, Cathy Lau-Barraco, Ph.D.<sup>1</sup>, 1. Old Dominion University, 2. Virginia Consortium Program in Clinical Psychology

### (PS2-C58) Mental Health Services for All: Factors Influencing Perceived Need for Mental Health Services Among Low-income Adults During the COVID-19 Pandemic

Fallon J. Richie, M.A.¹, Jennifer Langhinrichsen-Rohling, Ph.D.², Robert J. Cramer, Ph.D.³, Andrea Kaniuka, M.A.², Annelise Mennicke, D. Phil., MSW¹, Corrine Wilsey, Ph.D.², Yu-jay Harris, B.A.⁴, Glori Gray, Psy.D., MSW⁵, Sharon B. Sullivan, M.D.⁶, 1. University of North Carolina at Charlotte, 2. University of North Carolina, Charlotte, 3. University of North Carolina, Charlotte Department of Public Health Sciences, 4. Psychology For All, 5. Central Psych Charlotte, 6. Levine Children's Hospital

### (PS2-C59) Trait Mindfulness and Mind-body Health in College Students: Do Gender, Race, and Ethnicity Matter?

Emma E. McBride, M.A., Gabrielle R. Chin, M.A., Hana H. Lee, B.A., Jeffrey M. Greeson, Ph.D., Rowan University

#### (PS2-C60) Preliminary Effectiveness for an Intervention Combining Mindfulness Training with Cognitive Behavior Therapy for Reducing Opioid Misuse and Suicide Attempt

Megan Chesin, Ph.D.¹, Barbara Stanley, Ph.D.², Anna Kline, Ph.D.³, Miriam Latorre, Psy.D.⁴, Lauren St.Hill, LCSW⁴, Rachael Miller, LCSW⁴, Arlene King, Ph.D.⁴, Dianna Boschulte, Ph.D.⁴, Kailyn Rodriguez, B.A.⁴, Alejandro Interian, Ph.D.⁴, 1. William Paterson University, 2. Department of Psychiatry, Columbia University College of Physicians and Surgeons and New York State Psychiatric Institute, 3. Department of Psychiatry, Robert Wood Johnson Medical School, Rutgers, The State University of New Jersey, 4. Veterans Affairs New Jersey Healthcare System

- (PS2-C61) Impact of Sexual Assault on Comorbid Disturbed Eating and Drinking Behaviors in College Students
  - Maria E. Meinerding, M.S., Lindsay Thomas, B.S., Lindsey Poe, M.S., Jeremiah Weinstock, Ph.D., Saint Louis University
- (PS2-C62) Perceived Interpersonal Support and Loneliness Among Socially Anxious College Students
  - Megan M. Perry, M.A., Tracy Protti, M.S., Laura J. Dixon, Ph.D., University of Mississippi
- (PS2-C63) Liquid Courage? Affective Forecasts and Alcohol Use in Social Anxiety Amelia Dev, B.A., Daniel E. Bradford, Ph.D., Kiara R. Timpano, Ph.D., University of Miami
- (PS2-C64) A History of Early Childhood Trauma Predicts Non-prescription Opioid Use Among College Students: The Mediation Effects of a Desire to Dissociate Breanne Sande-Martin, M.A.<sup>1</sup>, Dennis McChargue, Ph.D.<sup>1</sup>, Antover Tulio, Ph.D.<sup>2</sup>, Alicia Klanecky Earl, Ph.D.<sup>3</sup>, Bernice Landoy, Ph.D.<sup>4</sup>, 1. University of Nebraska-Lincoln, 2. Texas Tech University, 3. Creighton University, 4. University of the Philippines
- (PS2-C65) Black Young Adults Mental Health: Unique Impacts of COVID-19, Political Activism in BLM, and Perceived Microaggressions on Depression Risk in 2021
  - Lindsey B. Stone, Ph.D., Danielle Docka-Filipek, Ph.D., Christopher Newport University
- (PS2-C66) Using Spreading Activation to Understand Repetitive Negative Thinking Aidan J. Flynn, M.S.<sup>1</sup>, Evelyn Behar, Ph.D.<sup>2</sup>, Janette E. Herbers, Ph.D.<sup>1</sup>, Sara A. Kurko, B.S.<sup>1</sup>, Irene P. Kan, D. Phil.<sup>1</sup>, 1. Villanova University, 2. Hunter College, City University of New York
- (PS2-C67) An Examination of Supervisor Level Predictors on Therapist Stress Kaitlyn Pham, None<sup>1</sup>, Meredith Boyd, B.A., M.A.<sup>2</sup>, Kimberly D. Becker, Ph.D.<sup>3</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>2</sup>, 1. UCLA, 2. University of California Los Angeles, 3. University of South Carolina
- (PS2-C68) Does Race Moderate the Relationship Between Negative Affect and Borderline Personality Disorder Features? Kassidie S. Harmon, B.S.<sup>1</sup>, Briana N. Brownlow, M.A.<sup>1</sup>, Jennifer S. Cheavens, Ph.D.<sup>2</sup>, 1. The Ohio State University, 2. Ohio State University
- (PS2-C69) Neural Correlates of Change in Threat-related Attentional Functioning in Youth with Anxiety Disorders Undergoing Psychological Treatment Ajitha Mallidi, B.A.<sup>1</sup>, Simone P. Haller, Ph.D.<sup>1</sup>, Julia Linke, Ph.D.<sup>1</sup>, Anita Harrewijn, Ph.D.<sup>1</sup>, David Pagliaccio, Ph.D.<sup>2</sup>, Lauren White, Ph.D.<sup>3</sup>, Hannah Grassie, B.A.<sup>4</sup>, Emily Jones, B.A.<sup>1</sup>, Krystal Lewis, Ph.D.<sup>1</sup>, Erin Berman, Ph.D.<sup>1</sup>, Katharina Kircanski, Ph.D.<sup>1</sup>, Melissa A. Brotman, Ph.D.<sup>1</sup>, 1. National Institute of Mental Health, 2. New York State
- (PS2-C70) Examining Measurement Invariance of the Adult Hope Scale Across Race/ethnicity and Gender

Psychiatric Institute, 3. Children's Hospital of Philadelphia, 4. University of Miami

- Matthew W. Gallagher, Ph.D., University of Houston
- (PS2-C71) Motivation for Perpetration of Cyber Partner Abuse Among Emerging Adults
  - Penny A. Leisring, Ph.D., Clorinda E. Vélez, Ph.D., Quinnipiac University

- (PS2-C72) Mental Health Court Judges' Perception of PTSD
  - Reem AlRabiah, B.A.<sup>1</sup>, Dominic Sisti, Ph.D.<sup>2</sup>, Lily A. Brown, Ph.D.<sup>1</sup>, Mélanie Terrasse, Ph.D.<sup>3</sup>, 1. Perelman School of Medicine at the University of Pennsylvania, 2. University of Pennsylvania, 3. ScattergoodEthics Program for Applied Ethics of Behavioral Healthcare
- (PS2-C73) Adaptive and Maladaptive Cognitive Emotion Regulation and Intimate Partner Violence Among Conflict-prone Couples with Alcohol Use Disorder Meagan J. Brem, Ph.D.<sup>1</sup>, Jasara N. Hogan, Ph.D.<sup>1</sup>, Jessica L. Brower, MA<sup>1</sup>, Elizabeth J. Santa Ana, Ph.D.<sup>1</sup>, Julianne C. Flanagan, Ph.D.<sup>2</sup>, 1. Medical University of South Carolina, 2. Medical University of South Carolina; Ralph H. Johnson VAMC
- (PS2-C74) Exploring the Role of Social Interaction Anxiety in the Relation Between Generalized Anxiety Disorder and Depression Symptom Severity Alex H. Buhk, M.A., Pallavi V. Babu, M.A., Rachel A. Bond, B.A., Jason C. Levine, Ph.D., University of Toledo
- (PS2-C75) Contextual Predictors of the Perceived Impact of ADHD in College Students with ADHD

Cathrin D. Green, M.S.<sup>1</sup>, Caroline N. Cusick, M.S.<sup>1</sup>, Joshua Langberg, Ph.D.<sup>1</sup>, Arthur D. Anastopoulos, Ph.D.<sup>2</sup>, 1. Virginia Commonwealth University, 2. Association for Behavioral and Cognitive Therapies

#### **Poster Session 2D**

Key Words: Mindfulness, College Students, Prevention

- (PS2-D76) Promoting Mindfulness, Mental Health, and Self-compassion in the Time of COVID-19: Feasibility and Efficacy of an Online Mindfulness-based Stress Reduction Randomized Trial Among College Students

  Helen Z. MacDonald, Ph.D., Tracy Neville, Emmanuel College
- (PS2-D77) Barriers to Bystander Interventions for Sexual Assault: Impact of Personal History of Sexual Victimization

Tara L. Cornelius, Ph.D.<sup>1</sup>, Tylor Kistler, B.A.<sup>1</sup>, Olivia Ours, B.S.<sup>2</sup>, Gregory Stuart, Ph.D.<sup>3</sup>, 1. Grand Valley State University, 2. Indiana University, 3. University of Tennessee, Knoxville

- (PS2-D79) Revising the Inventory of Legal Knowledge to Improve Detection of Honest Responders with Neurological Impairment
  - Kathleen J. Hart, ABPP, Ph.D.¹, Rachel Wolen, M.A.¹, Phillip May, M.A.¹, Michael B. Gaskell, Psy.D.², 1. Xavier University, 2. St. Elizabeth Hospital
- (PS2-D80) Examining Affective Instability and Difficulties with Emotion Regulation in Misophonia: Implications for Treatment of This New Condition

Rachel E. Guetta, B.A.<sup>1</sup>, Jacqueline Trumbull, B.A.<sup>1</sup>, Clair Cassiello-Robbins, Ph.D.<sup>1</sup>, Deepika Anand, Ph.D.<sup>1</sup>, M. Zachary Rosenthal, Ph.D.<sup>2</sup>, 1. Duke University, 2. Duke University Medical Center

(PS2-D81) Child Behavioral Problems on Caregiver Strain: A Moderated Moderation Model of Caregiver Resourcefulness and Emotional Health

Katey Hayes, B.S., M.S., Kimberly Zlomke, Ph.D., Hayes Rossetti, M.S., University of South Alabama

(PS2-D82) A Pilot Study of a Virtual Emotion-focused Prevention Workshop for High School Students

Maya Nauphal, M.A.<sup>1</sup>, Nicole D. Cardona, M.A.<sup>2</sup>, Lauren S. Woodard, B.A.<sup>1</sup>, Saige R. Fong, <sup>1</sup>, Elizabeth H. Eustis, Ph.D., 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University

(PS2-D83) Brain-behavioral Associations During Approach-avoidance Conflict Decision-making in Relation to Generalized Anxiety Disorder (GAD)

Timothy J. McDermott, M.A.¹, Namik Kirlic, Ph.D.¹, Ryan Smith, Ph.D.¹, Elisabeth Akeman, M.S.¹, Jessica Santiago, M.S.¹, James Touthang, B.S.¹, Mallory J. Cannon, B.A.¹, Ashley N. Clausen, Ph.D.², Michelle G. Craske, Ph.D.³, James L. Abelson, M.D., Ph.D.⁴, Jerzy Bodurka, Ph.D.¹, Martin P. Paulus, M.D.¹, Robin L. Aupperle, Ph.D.¹, 1. Laureate Institute for Brain Research, 2. Kansas City VA Medical Center, 3. University of California, Los Angeles, 4. University of Michigan

(PS2-D84) The Effect of Neighborhood Resources on Children's Socioemotional Development: A Mediating Role of Family Income

Rebecca Mirhashem, BS, Daneele Thorpe, M.A., Kristin Bernard, Ph.D., Stony Brook University

(PS2-D85) Prospective Effects of Threat Overestimation on COVID-19 Fear and Safety Behavior Use: does Intolerance of Uncertainty Matter?

Sarah C. Jessup, B.S., Kelly A. Knowles, M.A., Bunmi Olatunji, Ph.D., Vanderbilt University

(PS2-D86) A Person-centered Approach to Investigating Child Maltreatment and Emotion Regulation Patterns in Emerging Adulthood

Jennifer M. Warmingham, M.A.<sup>1</sup>, Erinn B. Duprey, Ph.D.<sup>2</sup>, Elizabeth Handley, Ph.D.<sup>1</sup>, Fred A. Rogosch, Ph.D.<sup>1</sup>, Dante Cicchetti, Ph.D.<sup>3</sup>, 1. Mt Hope Family Center, University of Rochester, 2. University of Rochester School of Medicine, 3. Institute of Child Development, University of Minnesota

(PS2-D87) Predicting Anxiety and Depression During the COVID-19 Pandemic: A Machine Learning Study

Brooklynn Bailey, B.A., Daniel R. Strunk, Ph.D., The Ohio State University

(PS2-D88) Clinical Utility of the "limited Prosocial Emotions" Specifier in a High-risk Preschool Sample

Pevitr S. Bansal, M.S., Michelle M. Martel, Ph.D., Patrick K. Goh, M.A., Ashley G. Eng, M.A., Anjeli Elkins, M.S., Melina Thaxton, B.A., University of Kentucky

(PS2-D89) How Coping Activities Ameliorate the Negative Impact of Lack of Technical Resources on Teen's Mental Health During COVID-19

Nasreen J. Hidmi, M.S., Odette Manresa, M.S., Sarah A. Hartmann, B.A., Matthew T. Sutherland, Ph.D., Elisa Trucco, Ph.D., Florida International University

(PS2-D90) The Impact of Training Doctoral Students in Cbt-based Treatments for Substance Use

Cody M. Dillon-Owens, BS, Jennifer Langhinrichsen-Rohling, Ph.D., Victoria Scott, Ph.D., Aria R. Ruggiero, M.A., Margaret Gigler, M.A., Amy Peterman, Ph.D., University of North Carolina, Charlotte

(PS2-D91) Anxiety Sensitivity, Panic, Distress Tolerance and Alcohol Use Problems: A Moderated Mediation

Rachel Geyer, B.A., Sarah E. Dreyer-Oren, M.A., Akanksha Das, B.S., Elise M. M. Clerkin, Ph.D., Miami University

(PS2-D92) An Exploratory Study of Parent and Youth Treatment Planning Preferences

Jennifer S. Schild, B.S., David A. Langer, ABPP, Ph.D., Suffolk University

(PS2-D93) Burnout During COVID: Implications for Consultation, Supervision, and Transition to Teletherapy Among Mental Health Care Providers

Hollie Granato, Ph.D.<sup>1</sup>, Amanda K. Gilmore, Ph.D.<sup>2</sup>, Sarah Evers, M.P.H.<sup>2</sup>, 1. University of California, Los Angeles, 2. Georgia State University

(PS2-D94) Examination of Coping as a Moderator of the Relation Between COVID-19 Related Worry and Depression, Anxiety, and Stress Symptomatology Grace N. Martin, Danielle L. Hoyt, M.A., Teresa Leyro, Ph.D., Samantha G. Farris, Ph.D.,

(PS2-D95) Concordance Between Objective and Subjective Attentional Control: The Moderating Influence of Social Anxiety

Hannah C. Hamrick, B.S.<sup>1</sup>, Nathan M. Hager, M.S.<sup>2</sup>, Alicia L. Milam, B.S., B.A.<sup>2</sup>, Matt R. Judah, Ph.D.<sup>1</sup>, 1. University of Arkansas, 2. Virginia Consortium Program in Clinical Psychology

(PS2-D96) Influence of Distress Tolerance and Emotional Clarity on State Anxiety Following a Distressing Task

William J. Tanguy, Anu Asnaani, Ph.D., Kiran Kaur, M.S., University of Utah

(PS2-D97) Perceived Stress Trajectories During the Transition to College: Are International Students and Students of Color at Elevated Risk?

Camila C. Mira, Violet Terwilliger, Arianna E. Abulevsko, Nicole Kelso, M.A., Steven M. Brunwasser, Ph.D., Rowan University

(PS2-D98) The Role of Emotional Carryover Effects in Emotional Responding to New Life Events

Rivka Cohen, M.A.<sup>1</sup>, Emma H. Palermo<sup>1</sup>, Gabriela K. Khazanov, Ph.D.<sup>2</sup>, Ayelet M. Ruscio, Ph.D.<sup>1</sup>, 1. University of Pennsylvania, 2. Corporal Michael J. Crescenz VA Medical Center

- (PS2-D99) Comparing Facets of Self-compassion in the Context of Social Judgement Nancy Kocovski, Ph.D., Mila Popovic, Wilfrid Laurier University
- (PS2-D100) The Roles of Alcohol Use and Sleep Quality on the Relationship Between Fear of Missing out and Intimate Partner Violence

Hannah L. Grigorian, M.A., Alyssa M. Medenblik, B.A., Gloria Romero, B.S., M.S., Alisa R. Garner, M.A., Gregory Stuart, Ph.D., University of Tennessee, Knoxville

Rutgers University

### **POSTER SESSION 3**

#### **Poster Session 3A**

Mississippi

Key Words: Anorexia, Bulimia

- (PS3-A1) Interoceptive Sensitivity Among Individuals with Eating Disorders: How Do Specific Interoceptive Concerns Relate to Eating Disorder Symptoms?

  Claire E. Cusack, B.A., Cheri A. Levinson, Ph.D., Irina Vanzhula, M.S., University of
  - Claire E. Cusack, B.A., Cheri A. Levinson, Ph.D., Irina Vanzhula, M.S., University of Louisville
- (PS3-A2) Anorexia Nervosa and Atypical Anorexia Nervosa Do Not Significantly Differ in Dimensions of Perfectionism
  - Brenna M. Williams, M.S., Ani C. Keshishian, B.A., Cheri A. Levinson, Ph.D., University of Louisville
- (PS3-A3) Emotional Reactivity and Regulation: Implications for Heart Rate Variability During an Experimental Worry and Relaxation Induction Michal E. Clayton, B.A.<sup>1</sup>, Megan E. Renna, Ph.D.<sup>2</sup>, Phillip E. Spaeth, B.A.<sup>1</sup>, Douglas S. Mennin, Ph.D., 1. Teachers College, Columbia University, 2. University of Southern
- (PS3-A4) Toward Greater Precision in Measuring Evidence Use in Children's Mental Health Treatment

Kendal Reeder, B.S.<sup>1</sup>, Meredith Boyd, B.A., M.A.<sup>1</sup>, Kimberly D. Becker, Ph.D.<sup>2</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>1</sup>, 1. University of California, Los Angeles, 2. University of South Carolina

- (PS3-A5) Perceived Risk, Attitudes, and Intention: College Student Perceptions of the COVID-19 Vaccine
  - Danielle L. Terry, Ph.D., ABPP<sup>1</sup>, Christopher P. Terry, Ph.D.<sup>2</sup>, Patricia Hui, M.D.<sup>1</sup>, 1. Guthrie Family Medicine, 2. Elmira College
- (PS3-A6) Transdiagnostic Intervention for Sleep and Circadian Dysfunction in Serious Mental Illness Treated in a Community Mental Health Setting: Patient-centered Outcomes
  - Catherine A. Callaway, B.A., Nicole B. Gumport, M.A., Allison G. Harvey, Ph.D., University of California, Berkeley
- (PS3-A8) Imaginal Exposure for Disordered Eating Related Fears: A Pilot Randomized Controlled Trial
  - Rachel Butler, M.A., Richard G. Heimberg, Ph.D., Temple University
- (PS3-A9) Intensive Eating Disorder Treatment Progress Monitoring: Testing a Novel Tool for Measurement Invariance
  - Bethany A. Harris, B.A.¹, James F. Boswell, Ph.D.¹, Hallie M. Espel-Huynh, Ph.D.², Heather Thompson-Brenner, Ph.D.³, 1. University at Albany, State University of New York, 2. Alpert Medical School of Brown University, 3. The Renfrew Center

- (PS3-A10) Fear of Weight Gain Is Associated with Maladaptive, but Not Adaptive, Exercise in Binge-spectrum Eating Disorders
  - Elizabeth W. Lampe, M.S., Olivia B. Wons, B.S., Adam Payne-Reichert, B.S., Adrienne S. Juarascio, Ph.D., Stephanie M. Manasse, Ph.D., Drexel University WELL Center
- (PS3-A11) Body Checking and Body Exposure in Men

Daniel G. DeBonis, D. Catherine U. College, Ph.D., Conor O'Dea, Ph.D., Union College

(PS3-A12) Beyond Focused and Automatic: Principal Components Analysis to Derive Functional Phenotypes in Body-focused Repetitive Behaviors

Kimi A. Skokin, B.S.<sup>1</sup>, Benjamin W. Bellet, M.S.<sup>1</sup>, Ívar Snorrason, Ph.D.<sup>2</sup>, 1. Harvard University, 2. Massachusetts General Hospital

(PS3-A13) Food Insecurity in Bariatric Patients: Associations with Eating Disorder Pathology and Weight Stigma

Aria D. Gastón-Panthaki, B.A., Ana Serrano, B.A., Narmin virani, Carolyn Becker, Ph.D., Trinity University

(PS3-A14) The Association Between Parental Hoarding and Adult Children's Psychosocial Functioning

Caitlyn A. Nix, B.A., Mary E. Dozier, Ph.D., Mississippi State University

(PS3-A15) Interaction with Firearm Relevant Instagram Content Is Associated with Acquired Capability for Suicide

Emma Unruh-Dawes, M.S., Tony T. Wells, Ph.D., Oklahoma State University

(PS3-A16) Black Transgender and Gender Diverse Adolescents' Experiences of Gender-related Stressors and Depressive Symptomatology

Brianna A. Ladd, B.A.<sup>1</sup>, Anne J. Maheux, M.S.<sup>1</sup>, Savannah R. Roberts, B.S.<sup>1</sup>, Brian C. Thoma, Ph.D.<sup>2</sup>, Rachel H. Salk, Ph.D.<sup>2</sup>, Sophia Choukas-Bradley, Ph.D.<sup>1</sup>, 1. University of Delaware, 2. University of Pittsburgh School of Medicine

- (PS3-A17) Reassurance-seeking and Checking in Obsessive-compulsive Symptoms Katherine P. Mangen, M.A., Fiona C. Ball, B.S., Kevin Wu, Ph.D., Northern Illinois University
- (PS3-A18) Mental Health Trajectory and Resilience Factors of College Students Through the COVID-19 Pandemic

Elisabeth Akeman, M.S., Namik Kirlic, Ph.D., Kelly T. Cosgrove, M.A., Timothy J. McDermott, M.A., Danielle C. DeVille, M.A., Evan J. White, Ph.D., Mallory J. Cannon, B.A., Robin L. Aupperle, Ph.D., Laureate Institute for Brain Research

- (PS3-A19) Self-care Practices and Perceived Stress Among Psychology Graduate Students: A Replication and COVID-19 Addendum Ilana Chamdi, M.A., Jonah Lustig, M.A., Kelsey E. Cannamela, M.A., Sarah Levin, I
  - Ilana Chamdi, M.A., Jonah Lustig, M.A., Kelsey E. Cannamela, M.A., Sarah Levin, B.S., Randy Fingerhut, Ph.D., Shannon Virtue, Psy.D., La Salle University
- (PS3-A20) Impact of Stress and Parenting on RSA Trajectories in Early Adolescence Benjamin D. Johnson, M.S., Kenneth Safley, B.S., China R. Bolden, M.S., Ellie Lisitsa, M.S., Amy H. Mezulis, Ph.D., Seattle Pacific University
- (PS3-A21) Exploring Associations Between Exercise Motives and Behaviors and Cognitive and Behavioral Flexibility

McKenzie Miller, M.A., Christina M. Sanzari, B.A., Courtney E. Breiner, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

### (PS3-A22) Disseminating Evidence-based Behavioral Health Practices to Early Childcare Providers on Chicago's West Side

Emily Wolodiger, Ph.D., Caitlin Otwell, LPC, Deanna Doss, MSW, Michelle Greene, Ph.D., Christina Iyengar, M.P.H., Ph.D., Diamond Phillips, B.S., Ashlee Taylor, MSW, Allison Wainer, Ph.D., Rush University Medical Center

### (PS3-A23) Lgbq/tgnb-affirmative Stances in Clinical and Counseling Psychology Training Programs: Views from Graduate Students

Zachary A. Soulliard, Ph.D.<sup>1</sup>, Hannah F. Fitterman-Harris, M.S.<sup>2</sup>, Katherine Zane, Ph.D.<sup>3</sup>, Honore M. Hughes, Ph.D.<sup>2</sup>, 1. Yale School of Public Health, 2. Saint Louis University, 3. OhioHealth, Physician Group

### (PS3-A24) Comparing Help-seeking Attitudes, Stigma, and Intentions Between Parents with and Without Prior Service Use: An Investigation of Measurement Invariance

Spencer K. Choy, M.A., Holly R. Turner, M.A., Tristan J. Maesaka, M.A., Brad Nakamura, Ph.D., University of Hawai'i at Manoa

(PS3-A25) Which Clinicians Engage Youth and Caregivers in Treatment Planning? Examining Clinician Characteristics and Treatment Planning Discussions

Shiba M. Esfand, B.A.¹, Alicia R. Fenley, M.A.¹, Laura J. Nelson Darling, M.A.¹, Caroline Nelson, B.A.¹, Emily Nickson, B.S.², Bruce F. Chorpita, B.A., M.A., Ph.D.³, David A. Langer, ABPP, Ph.D.⁴, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston College, 3. University of California Los Angeles, 4. Suffolk University

#### **Poster Session 3B**

Key Words: Autism Spectrum Disorders, Technology / Mobile Health

#### (PS3-B26) Combining a Virtual Reality Intervention with CBT Strategies to Improve Police Interaction Skills in Autistic Individuals

Meredith Cola, B.A.<sup>1</sup>, Alison Russell, B.A.<sup>2</sup>, Ashley Zitter, M.A.<sup>3</sup>, Kimberly Tena, B.A.<sup>2</sup>, Manisha Udhnani, M.A.<sup>4</sup>, Lucero Cordero, B.A.<sup>2</sup>, Rita Solórzano, M.A.<sup>5</sup>, Sinan Turnacioglu, M.D.<sup>5</sup>, Vijay Ravindran, B.S.<sup>5</sup>, Judith Miller, Ph.D.<sup>2</sup>, Joseph McCleery, Ph.D.<sup>6</sup>, Julia Parish-Morris, Ph.D.<sup>2</sup>, 1. La Salle University, 2. Children's Hospital of Philadelphia, 3. Drexel University, 4. The Ohio State University, 5. Floreo Inc., 6. Saint Joseph's University

### (PS3-B27) Distress Tolerance Predicts Alcohol Use Motives and Severity in Samples from Four Continents

Grace N. Anderson, B.A.<sup>1</sup>, Adrian J. Bravo, Ph.D.<sup>2</sup>, Christopher C. Conway, Ph.D.<sup>1</sup>, 1. Fordham University, 2. College of William & Mary

# (PS3-B28) Exploring covid-19-related Anxiety in an Acute Psychiatric Population Emily M. Bowers, B.S.<sup>1</sup>, Melanie A. Hom, Ph.D.<sup>1</sup>, Throstur Bjorgvinsson, ABPP, Ph.D.<sup>2</sup>, Courtney Beard, Ph.D.<sup>2</sup>, 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

### (PS3-B29) How Has Digital Technology Been Used to Improve Physical Activity and Diet in People with Schizophrenia?: A Scoping Review

Melanie W. Fischer, M.A., M.S., Kyle Minor, Ph.D., Jesse C. Stewart, Ph.D., Michelle Salyers, Ph.D., Indiana University-Purdue University Indianapolis

- (PS3-B30) Relationships Among PTSD Symptom Clusters, Anhedonia, and Reward Responsivity
  - Sarah T. Wieman, M.S.¹, Kayla A. Lord, M.S.¹, Jessica S. Fields, B.A.¹, Alora A. Rando, M.S.¹, Rebecca K. Browne, M.S.¹, Kimberly A. Arditte Hall, Ph.D.², Helen Z. MacDonald, PhD³, Gabrielle I. Liverant, Ph.D.¹, 1. Suffolk University, 2. Framingham State University, 3. Emmanuel College
- (PS3-B31) Feeling Hollow: Examining the Emotional Correlates of Chronic Emptiness in Borderline Personality Disorder

Lindsay Fulham, M.A., Skye Fitzpatrick, Ph.D., York University

(PS3-B32) Does Race Matter? Exploring the Moderating Role of Race in the Association Between Personality Pathology and Arrests

Briana N. Brownlow, M.A.¹, Kassidie S. Harmon, B.S.¹, Jennifer S. Cheavens, Ph.D.¹, Emil F. Coccaro, M.D.², 1. The Ohio State University, 2. The Ohio State University Wexner Medical Center

(PS3-B33) Parental Barriers in Seeking Mental Health Services for Attention Deficit Hyperactivity Disorder in Children: Systematic Review

Amani Kappi, B.S., M.S., RN<sup>1</sup>, Michelle M. Martel, Ph.D.<sup>2</sup>, 1. University of Kentucky, College of Nursing, 2. University of Kentucky

(PS3-B34) Relationship Quality During COVID-19: Role of COVID Stressors and Communication

Laura N. Martin, B.A., Keith D. Renshaw, Ph.D., Sissi Ribeiro, M.A., Sarah A. Giff, M.A., George Mason University

(PS3-B35) Negative Urgency Moderates the Association Between Compulsive Sexual Behaviors and Nonconsensual Sexts Among Men in Residential Treatment for Substance Use Disorders

Alisa R. Garner, M.A.<sup>1</sup>, Alyssa M. Medenblik, B.A.<sup>1</sup>, Gloria Romero, B.S., M.S.<sup>1</sup>, Hannah L. Grigorian, M.A.<sup>1</sup>, Ryan C. Shorey, Ph.D.<sup>2</sup>, Tara L. Cornelius, Ph.D.<sup>3</sup>, Scott Anderson, Ph.D.<sup>4</sup>, Gregory Stuart, Ph.D.<sup>1</sup>, 1. University of Tennessee, Knoxville, 2. University of Wisconsin, Milwaukee, 3. Grand Valley State University, 4. Cornerstone of Recovery

(PS3-B36) Improvements in Aversive Reactions to Negative Emotions Are Associated with Increased Quality of Life in the Unified Protocol

Sohayla Elhusseini, B.A., Lauren Cravens, Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky

(PS3-B37) A Mixed Methods Study of Lay Counselors' Perspectives Delivering a Brief Depression Intervention in the United States

Grace S. Woodard, B.S.<sup>1</sup>, Amanda Mraz, B.A.<sup>2</sup>, Brenna N. Renn, Ph.D.<sup>2</sup>, 1. University of Miami, 2. University of Nevada, Las Vegas

(PS3-B38) Racism, Gender Role Conflict, and Depression in College Men of Color: A Longitudinal Test of the Racist-gender Stress Model

Thomas Le, M.S., Derek Iwamoto, Ph.D., University of Maryland, College Park

(PS3-B39) Impact of a Tf-cbt-focused Learning Collaborative on Supervision Quantity and Quality and Differential Effects on Therapists' General and Protocol-specific Adherence

Christina C. Strauch, B.S., M.S.<sup>1</sup>, Samuel O. Peer, Ph.D.<sup>1</sup>, Rochelle F. Hanson, Ph.D.<sup>2</sup>, 1. Idaho State University, 2. Medical University of South Carolina

- (PS3-B40) Negative Religious Coping and Suicidal Ideation Among Minorities with Schizophrenia
  - Genesis M. Saenz, Daisy Lopez, M.S., Amy Weisman de Mamani, Ph.D., University of Miami
- (PS3-B41) Anxiety Sensitivity as a Treatment Target for Anger Problems: Findings from a Randomized Controlled Trial
  - Justine S. Thompson, B.S., Norman B. Schmidt, Ph.D., Florida State University
- (PS3-B42) The Relative Importance of Self-concept and Disruptive Behavior as Predictors of Depressive Symptoms in Youth with and Without ASD Emma Wilkinson, B.A.<sup>1</sup>, Melissa Rinaldi, Ph.D.<sup>2</sup>, Kristin V. Christodulu, Ph.D.<sup>1</sup>, 1. University at Albany, State University of New York, 2. Center for Autism and Related Disabilities/University at Albany
- (PS3-B43) Centering the Healthcare Experiences of Asian Women in the U.S Quyen A. Do, M.Ed.<sup>1</sup>, Joyce Yang, Ph.D.<sup>2</sup>, Karie A. Gaska, Ph.D., MSW<sup>3</sup>, Shelby B. Scott, Ph.D.<sup>1</sup>, 1. University of Texas at San Antonio, 2. University of San Francisco, 3. Ross University School of Medicine
- (PS3-B44) The Transition to Telehealth-based CBT for Youth Anxiety During the COVID-19 Pandemic
  - Alyssa M. Farley, Ph.D.<sup>1</sup>, Donna B. Pincus, Ph.D.<sup>1</sup>, Rachel Merson, Psy.D.<sup>2</sup>, Kristine Lee, M.A.<sup>2</sup>, 1. Boston University, 2. Boston University Center for Anxiety and Related Disorders
- (PS3-B45) Multi-level Profiles of Conduct Problems Among Low-income Urban Youth Rafaella J. Jakubovic, M.A., Valerie Everett, B.A., Faylyn Kalchthaler, Deborah A. Drabick, Ph.D., Temple University
- (PS3-B46) Impact of a Peer-based Intervention for ADHD on Socioemotional Concerns
  - Thu B. Nguyen, M.A.<sup>1</sup>, Shivani Bathla, B.S.<sup>1</sup>, Sara R. Elkins, Ph.D.<sup>1</sup>, David Curtis, Ph.D.<sup>2</sup>, 1. University of Houston, Clear Lake, 2. University of Texas Dell Medical School
- (PS3-B47) The Relation Between Exposure to Aces and ADHD Symptoms Among Young Adults in College: Perceived Social Support as a Moderator Abigail B. de Arellano, B.A.¹, Elizabeth A. Bodalski¹, Cynthia M. Hartung, Ph.D.², Michael C. Meinzer, Ph.D.³, Kate Flory, Ph.D.¹, 1. University of South Carolina, 2. University of Wyoming, 3. University of Illinois at Chicago
- (PS3-B48) Caregiver Symptomatology as a Potential Mechanism for the Effect of Caregiver Trauma Exposure on Child Symptoms
  - Rebecca L. Skahan<sup>1</sup>, Hillary H. Bush, Ph.D.<sup>2</sup>, Sarah A. Gray, Ph.D.<sup>3</sup>, Abbey S. Eisenhower, Ph.D.<sup>4</sup>, Alice S. Carter, Ph.D.<sup>4</sup>, Nicholas D. Mian, Ph.D.<sup>1</sup>, 1. University of New Hampshire, 2. Independent Practice, 3. Tulane University, 4. University of Massachusetts, Boston
- (PS3-B49) The Association Between Coping Skill Utilization and Loneliness During the COVID-19 Pandemic
  - Clara Law, M.A., Gina M. Belli, B.A., Christina L. Boisseau, Ph.D., Northwestern University Feinberg School of Medicine

(PS3-B50) Emotional Flooding as a Mediator of the Link Between Posttraumatic Stress and Intimate Partner Violence in Early Parenthood

Debra Torok, M.S., Pauline Song-Choi, M.S., Fanie Collardeau, M.S., Erica M. Woodin, Ph.D., University of Victoria

#### **Poster Session 3C**

Key Words: Women's Health, Clinical Utility

(PS3-C52) The Effects of Cannabidiol Isolate on Menstrual-related Symptoms Morgan L. Ferretti, B.S.<sup>1</sup>, Maeve C. Register<sup>1</sup>, Taylor B. Stanley, M.A.<sup>2</sup>, Jessica G. Irons, Ph.D.<sup>1</sup>, 1. James Madison University, 2. Auburn University

(PS3-C53) Trajectories and Adverse Outcomes of Intimate Partner Violence During the COVID-19 Pandemic

Anna C. Barbano, B.S., Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo

(PS3-C54) Anxiety Sensitivity and Body Vigilance Prospectively Predict Health Anxiety

Brad Sievers, B.S., Anne L. Kleinsasser, M.A., Thomas A. Fergus, Ph.D., Baylor University

(PS3-C55) Does Being with Others or Alone in the Experience of Uncertainty Influence How People Higher and Lower in the Propensity to Worry React to Uncertainty?

Kathleen E. Stewart, M.A., Julia Spaniol, Ph.D., Naomi Koerner, Ph.D., Ryerson University

(PS3-C56) Psychological Predictors of COVID-19 Related Anxiety

Kenan G. Sayers, Heidi J. Ojalehto, B.S., Thalia Caridad Rivero Quintana, Maya E. Tadross, Emma C. DeMartino, B.S., Samantha N. Hellberg, B.A., Megan Butcher, B.S., Jennifer L. Buchholz, M.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS3-C57) Beyond Positive Affect: Discrete Positive Emotions Differentiate Social Anxiety Disorder from Major Depression

Angela A. Chin¹, Alison Sweet, B.S.², Charles T. Taylor, Ph.D.², 1. UCSD and VA San Diego Center for Stress and Mental Health, 2. University of California, San Diego

(PS3-C58) Closing the Service Gap: Key Considerations in Students' Plans to Practice as Mental Health Providers in Underserved Areas of Georgia

Amanda E. Halliburton, Ph.D.\, Michele B. Hill, Ph.D.\, Nicholas D. Mian, Ph.D.\, Veronica McClanahan\, 1. University of North Georgia, 2. University of New Hampshire

(PS3-C59) Correlates of Youth Suicide Risk: Assessing Social Determinants of Health in Los Angeles

Victoria Liu, Belinda Chen, B.A., Anna Lau, Ph.D., University of California, Los Angeles

(PS3-C60) Latent Class Analysis of Drinking Game Participants

Dennis Hoyer, M.S., Christopher J. Correia, Ph.D., Auburn University

(PS3-C61) Linguistic Analysis of Health Anxiety During the COVID-19 Pandemic Alexandra D. Peterson, B.S., Mindy M. Kibbey, M.S., Samantha G. Farris, Ph.D., Rutgers, The State University of New Jersey

(PS3-C62) The Impact of Stressful Life Events on Distress Intolerance and Working Memory Capacity in Low-income Youth

Nadine R. Taghian, B.S.<sup>1</sup>, E. Marie Parsons, Ph.D.<sup>1</sup>, Rebecca E. Lubin, M.A.<sup>1</sup>, Eugenia I. Gorlin, Ph.D.<sup>2</sup>, Michael W. Otto, Ph.D.<sup>1</sup>, Stacey Doan, Ph.D.<sup>3</sup>, 1. Boston University, 2. Yeshiva University, Ferkauf Graduate School of Psychology, 3. Claremont McKenna College

(PS3-C63) The Effects of Pre-deployment Single and Co-morbid PTSD, MDD, and GAD on Post-deployment Prevalence Rates, Symptom Severity, and Symptom Presentation in Army Personnel

Michelle K. Jeffers, M.A., Danielle Dgheim, M.A., Ziqiang Lin, Ph.D., Carole Siegel, Ph.D., Charles Marmar, M.D., New York University School of Medicine

- (PS3-C64) Emotional Reactivity in Adolescence Is Related to Less Amygdalar Differentiation Between Negative and Neutral Stimuli
  - Jeremy Rudoler, B.A., Leah D. Church, B.A., Nadia Bounoua, M.A., Kaleigh Wieand, B.S., Jeffrey A. Spielberg, Ph.D., University of Delaware
- (PS3-C65) Can Values-based Interventions Lead to Exposure Therapy Engagement in Individuals with Airplane Phobia?

Danae Papageorgiou, B.S., M.S., Maria Karekla, Ph.D., University of Cyprus

(PS3-C66) Examining the Efficacy of Text-message Reminders to Employ Protective Behavioral Strategies to Reduce Alcohol Use and Consequences Among College Students

Lauren Zimmerman, M.S., Nicholas R. Livingston, B.S., Caitlin A. Falco, B.S., Cody Akin, None, Samuel Benton, Alison Looby, Ph.D., University of Wyoming

(PS3-C67) The Interactive Effects of BDNF Polymorphisms and PTSD on Neurocognitive Functioning in U.S. Military Veterans: Results from the National Health and Resilience in Veterans Study

Colton S. Rippey, B.S.<sup>1</sup>, Thomas G. Adams, Ph.D.<sup>1</sup>, Robert H. Pietrzak, M.P.H., Ph.D.<sup>2</sup>, 1. University of Kentucky, 2. Yale University School of Medicine

(PS3-C68) Improving Measurement of In-session Language: Comparison of the Motivational Interviewing Skill Code to Adapted Measures Integrating Behavioral Economics

Naomi M. McFarland, B.S.<sup>1</sup>, Estella Fox, B.A.<sup>1</sup>, James G. Murphy, Ph.D.<sup>2</sup>, Brian Borsari, Ph.D.<sup>3</sup>, Jon M. Houck, Ph.D.<sup>4</sup>, Benjamin O. Ladd, Ph.D.<sup>1</sup>, 1. Washington State University Vancouver, 2. University of Memphis, 3. University of California San Francisco, 4. University of New Mexico

(PS3-C69) The Effect of Therapist Modeling on Treatment Acceptability and Effectiveness in Exposure Therapy

Jesse Silberstein, M.S., Camilo Ortiz, Ph.D., Long Island University

(PS3-C70) Real-time Fluctuations in Basic Psychological Needs Satisfaction and Frustration

Joanne S. Kim, B.A., John K. Kellerman, B.A., Rachel L. Rosen, M.S., April L. Yeager, B.A., Kaileigh P. P. Conti, B.A., Olivia G. Lozy, B.A., Madison E. Taylor, B.A., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

(PS3-C71) Impact of Heart-focused Anxiety, Coronary Artery Disease Risk Factors, and Sex on Healthcare Utilization in Non-cardiac Chest Pain

Eleanor B. Steffens, MPH, MA<sup>1</sup>, Kamila S. White, Ph.D.<sup>1</sup>, Ernest V. Gervino<sup>2</sup>, 1. University of Missouri, St. Louis, 2. Harvard Medical School, Beth Israel Deaconess Medical Center

#### **Poster Session 3D**

University

Key Words: Anxiety, Cognitive Processes, Cognitive Schemas / Beliefs

(PS3-D72) Positive and Negative Metacognitive Beliefs Potentiate the Effect of Anxiety Sensitivity on Anxiety

Julia Y. Gorday, B.S., Joseph R. Bardeen, Ph.D., Auburn University

- (PS3-D73) The Role of Social Comparisons in the Relationship Between Multidimensional Perfectionism and Social Anxiety: An Indirect Effects Model Danielle A. Uy, M.A., Olivia Provost-Walker, M.A., Virginia Tsekova, M.A., Stephen C. Want, D. Phil., Martin M. Antony, Ph.D., Ryerson University
- (PS3-D74) Exploring Identity as a Cannabis User in a Sample of College Student Cannabis Users Sage R. Feltus, B.A., Alison Brenman, B.A., Nadine R. Mastroleo, Ph.D., 1. Binghamton
- (PS3-D75) Positive Schizotypy and Pattern Recognition

  David W. Rose, III, M.S., Dennis R. Combs, Ph.D., University of Texas, Tyler
- (PS3-D76) The Role of Failure in Paranoia: An Experimental Study
  Dennis R. Combs, Ph.D., David W. Rose, III, M.S., Anwesha Maitra, M.S., Eric Stocks,
  Ph.D., University of Texas at Tyler
- (PS3-D77) Exploring Protective Behavioral Strategies for Hallucinogen Use Fiona Low, B.A., Brianna R. Altman, M.A., Maha N. Mian, M.A., Mitch Earleywine, Ph.D., University at Albany, State University of New York
- (PS3-D78) Can a Computerized Interpretation Bias Training Reduce Anxious Behaviors Among Mothers of Clinically Anxious Youth?: Preliminary Findings Erika S. Trent, M.A., Elizabeth M. Raines, M.A., Haley E. Conroy, B.A., Karina Silva, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston
- (PS3-D79) Sports Betting in the U.S.: Exploring the Demographic, Mental Health, and Gambling Behavior Differences Between Those Who Do and Do Not Bet on Sports

Tori Horn, M.A., James Whelan, Ph.D., Abby McPhail, M.A., M.S., Andrew W. Meyers, Ph.D., University of Memphis

(PS3-D80) How Do Depression and Social Anxiety Co-occur in Daily Life?
Ruba Rum, M.S., Gabriella Silva, B.S., Jessica A. Birg, M.A., Ashly Cobos, Sumeyye Erdem,
None, Fallon R. Goodman, Ph.D., University of South Florida

(PS3-D81) Barriers and Motivators for Ecological Momentary Assessment Engagement Among College Students

Allison K. Ruork, Ph.D., John K. Kellerman, B.A., Qingqing Yin, M.S., Joanne S. Kim, B.A., Evan M. Kleiman, Ph.D., Shireen L. Rizvi, ABPP, Ph.D., Rutgers, The State University of New Jersey

- (PS3-D82) Psychometric Properties of the Short Scale Anxiety Sensitivity Index in Chronic Respiratory Disease Samples
  - Heather L. Clark, M.S., Laura J. Dixon, Ph.D., Aaron Lee, Ph.D., University of Mississippi
- (PS3-D83) Social Anxiety in Clinical and Nonclinical Hair-pulling

Meghan K. Flannery, M.A.<sup>1</sup>, Martha Falkenstein, Ph.D.<sup>2</sup>, David A. Haaga, Ph.D.<sup>1</sup>, 1. American University, 2. McLean Hospital/Harvard Medical School

(PS3-D84) Are Brief Behavioral Parenting Group Interventions Effective in Rural Communities? A Descriptive Pilot Study in Central Appalachia

Dane Hilton, Ph.D.<sup>1</sup>, Chantel Weisenmuller, Ph.D.<sup>2</sup>, Scott A. Fields, Ph.D.<sup>2</sup>, Jessica L. Luzier, ABPP, Ph.D.<sup>2</sup>, Beth B. Emrick, M.D.<sup>2</sup>, 1. Roanoke College, 2. West Virginia University School of Medicine, Charleston

(PS3-D85) Do Parenting Practices Moderate the Relationship Between Anxiety and Peer Relations?

Emily P. Wilton, M.A., Theresa R. Gladstone, B.A., Ashley A. Lahoud, B.A., Sydney D. Biscarri Clark, B.S., Christopher A. Flessner, Ph.D., Kent State University

(PS3-D86) The Effects of ADHD and Anxiety by Way of Regulatory Coping on Parenting Stress  $\,$ 

Anna Olczyk, M.A., Paul J. Rosen, Ph.D., University of Louisville

(PS3-D87) Academic Functioning in Children with and Without SCT: Examining Differences Across Parent and Teacher Ratings, Standardized Achievement Scores, School Observations, and Report Card Grades

Chaya Fershtman, B.A.<sup>1</sup>, Stephen P. Becker, Ph.D.<sup>1</sup>, Leanne Tamm, Ph.D.<sup>1</sup>, Jeffery N. Epstein, Ph.D.<sup>1</sup>, Kiley Yeaman, B.A.<sup>1</sup>, Kandace W. Mossing, B.A.<sup>2</sup>, Allison Zoromski, Ph.D.<sup>1</sup>, Aaron Vaughn, Ph.D.<sup>1</sup>, 1. Cincinnati Children's Hospital Medical Center, 2. University of Cincinnati

- (PS3-D89) Cognitive Predictors of Depressive Symptoms: Cognitive Reactivity, Mood Reactivity, and Dysfunctional Attitudes
  - Jessica Perez Perez, M.A., Kelly J. Rohan, Ph.D., University of Vermont
- (PS3-D90) The Role of Emotion Regulation Difficulties in Predicting Depression and Anxiety in a College-student Sample

Morgan L. Ferretti, B.S.<sup>1</sup>, Taylor B. Stanley, M.A.<sup>2</sup>, Amber M. Henslee, Ph.D.<sup>3</sup>, Jessica G. Irons, Ph.D.<sup>1</sup>, 1. James Madison University, 2. Auburn University, 3. Missouri University of Science and Technology

(PS3-D91) Interoceptive Awareness as a Protective Factor in the Relationship Between Anxiety and Depression Symptoms and the Frequency of Psychotic-like Experiences

Hannah C. Herc, M.A., Noelle Warfford, B.S., Grayling F. Keune, Kaylynn Frantz, Peter G. Mezo, Ph.D., University of Toledo

### (PS3-D92) Effects of Sexual Orientation on Outcomes of Spiritually Integrated Cognitive Behavioral Psychotherapy

Sage Mauri, Poorvi Keshava, M.A., David H. Rosmarin, ABPP, Ph.D., Mia Drury, B.A., Eleanor Schuttenberg, B.S., Alana M. Johnston, B.S., Harvard Medical School

### (PS3-D93) Coping Strategies of Emerging Adults During the COVID-19 Pandemic: A Factor Analysis

Ayelet Hochman, BA<sup>1</sup>, Miranda Levy, M.A.<sup>1</sup>, Andrea Bergman, Ph.D.<sup>1</sup>, Elissa J. Brown, Ph.D.<sup>2</sup>, 1. St. John's University, 2. St. John's University, Child HELP Partnership

6:00 p.m. - 8:00 p.m.

### **POSTER SESSION 4**

#### Poster Session 4A

Key Words: LGBTQ+, Sexuality, Intimate Partner Aggression

### (PS4A1) Differences in Dimensions of LGBTQ+ Identity and Social Support Between Victims and Non-victims of Identity Abuse

Thomas E. Schlechter, B.A.<sup>1</sup>, Emily A. Munoz, M.A.<sup>1</sup>, Gloria Romero, B.S., M.S.<sup>2</sup>, Gregory Stuart, Ph.D.<sup>2</sup>, Ryan C. Shorey, Ph.D.<sup>1</sup>, 1. University of Wisconsin, Milwaukee, 2. The University of Tennessee, Knoxville

### (PS4-A2) The Moderating Role of Sexual Minority Status in the Relations of Distress Intolerance and Self-disgust to Suicide Risk

Adam J. Mann, M.S., Andrew Kurtz, Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo

## (PS4-A4) Interpretations of Perpetrator Alcohol Use in Rape Myth Acceptance Stephanie Rowland, B.A.<sup>1</sup>, Alynna G. Summit, M.A.<sup>2</sup>, Nora E. Noel, Ph.D.<sup>1</sup>, 1. University of North Carolina, Wilmington, 2. Indiana University

### (PS4A5) Cognitive Behavioral Therapy for Insomnia (CBT-I) in an Interdisciplinary Pain Rehabilitation Program (IPRP)

*Julia R. Craner*, ABPP, Ph.D.<sup>1</sup>, Rachel Gabelman, Ph.D.<sup>2</sup>, Lindsay G. Flegge, Ph.D., LCSW<sup>3</sup>, 1. Mary Free Bed Rehabilitation Hospital, 2. Chalmers P. Wylie Veterans Administration Ambulatory Care Center, 3. Mary Free Bed Rehabilitation Hospital

### (PS4-A6) Community Mental Health Clinicians' Perspectives on Transitioning to Telehealth Due to COVID-19

Rashed AlRasheed, M.S.¹, Julie K. Nguyen, B.S.¹, Grace S. Woodard, B.S.², Alayna Daniels, B.S., B.A.¹, Niya J. Park, B.S., B.A.¹, Lucy Berliner, LICSW³, Shannon Dorsey, Ph.D.¹, 1. University of Washington, Seattle, 2. University of Miami, 3. University of Washington School of Medicine

(PS4-A7) Graded Exposure Treatment (GET) for Pediatric Chronic Pain and Its Effect on Parent-child Dyads: The Pain Is Relative

Hannah Toyama, M.S.¹, Laura E. Simons, Ph.D.², Matthew J. Cordova, Ph.D.¹, Hilit Kletter, Ph.D.², Robert D. Friedberg, ABPP, Ph.D.³, 1. Palo Alto University, 2. Stanford University School of Medicine, 3. Center for the Study and Treatment of Anxious Youth at PAU

- (PS4-A8) Episodic and Chronic Stress Among LGBTQ+ Adolescents: Disentangling the Effects of Interpersonal vs. Non-interpersonal Stressors *Katharine K. Chang, B.A., Lisa R. Starr, Ph.D.*, University of Rochester
- (PS4A9) Characterizing Alcohol-related Disordered Eating in Adults with Clinically Significant Binge Eating

Megan Wilkinson, B.S., Alexandra L. Pitts, Adrienne S. Juarascio, Ph.D., Drexel University

(PS4-A10) Negative Life Events and Suicide Risk in Adolescents: A Real-time Monitoring Study During the High-risk Post-hospitalization Period Erika C. Esposito, M.A.<sup>1</sup>, Evan M. Kleiman, Ph.D.<sup>2</sup>, Emily C. Han<sup>1</sup>, Jackyn C.

Erika C. Esposito, M.A.<sup>1</sup>, Evan M. Kleiman, Ph.D.<sup>2</sup>, Emily C. Han<sup>1</sup>, Jaclyn C. Kearns, M.A.<sup>1</sup>, Linda J. Alpert-Gillis, Ph.D.<sup>3</sup>, Elizabeth Handley, Ph.D.<sup>4</sup>, Catherine Glenn, Ph.D.<sup>5</sup>, 1. University of Rochester, 2. Rutgers, The State University of New Jersey, 3. University of Rochester School of Medicine, 4. Mt. Hope Family Center, University of Rochester, 5. Old Dominion University

- (PS4A11) State Attachment in Adults with Anxiety and Prolonged Grief
  Emily Zhang, MD¹, Bryana Schantz, M.A.¹, Emma L. Jennings, B.S.², Alan Chen, M.S.¹,
  Kristin L. Szuhany, Ph.D.³, Donald J. Robinaugh, Ph.D.⁴, Naomi M. Simon, M.D.¹, 1. New
  York University Grossman School of Medicine, 2. New York University Langone
  Medical Center, 3. New York University School of Medicine, 4. Massachusetts
  General Hospital/Harvard Medical School
- (PS4-A12) Screen Time During the COVID-19 Pandemic: Implications for Preadolescent Sleep Functioning

  Amanda K. Nelson, M.A., Jae Hyung Ahn, M.A., George J. DuPaul, Ph.D., Lehigh University
- (PS4-A13) Motives and Barriers to Participation in a DBT-based Video Intervention with College Students

Madison E. Taylor, B.A., Linda Oshin, Ph.D., April L. Yeager, B.A., Evan M. Kleiman, Ph.D., Shireen L. Rizvi, ABPP, Ph.D., Rutgers, The State University of New Jersey

- (PS4A14) The Role of Staff Burnout, Secondary Traumatic Stress, and Compassion Satisfaction on Criminal Record Stigma
  - Shania L. Siebert, M.S., Kelly E. Moore, Ph.D., East Tennessee State University
- (PS4-A15) Factors of Psychosocial Resilience in Youth with Inflammatory Bowel Disease

Jacob Tempchin, B.A.<sup>1</sup>, Barbara Storch, M.A.<sup>2</sup>, Laura C. Reigada, Ph.D.<sup>3</sup>, 1. Mount Sinai Health System, 2. City University of New York Graduate Center and Brooklyn College, 3. Brooklyn College

### (PS4A16) The Effect of Estradiol Administration on Fear Extinction Memory Retrieval as Dependent on the Magnitude of Conditioned Fear Response

Dylan B. Miller, B.A.<sup>1</sup>, Gabriella E. Hamlett, M.A.<sup>2</sup>, Madeleine M. Rassaby, B.A.<sup>3</sup>, Naomi M. Simon, M.D.<sup>3</sup>, Edna B. Foa, Ph.D.<sup>2</sup>, Mohammed R. Milad, Ph.D.<sup>1</sup>, 1. New York University School of Medicine, 2. Perelman School of Medicine at the University of Pennsylvania, 3. New York University Grossman School of Medicine

### (PS4A17) Integrating Telehealth Services for Opioid Replacement Patients at a Local Pain Clinic

Diana Tinsley, M.A., Jeffrey M. Pavlacic, M.A., Madeline Pruett, B.A., John Young, Ph.D., University of Mississippi

### (PS4A18) Gender Identity Outness, Gender-based Bullying, and Substance Use Among Transgender and Nonbinary Youth

Roberto Renteria, M.A.<sup>1</sup>, Brian Feinstein, Ph.D.<sup>2</sup>, Christina Dyar, Ph.D.<sup>3</sup>, Ryan J. Watson, Ph.D.<sup>4</sup>, 1. Arizona State University, 2. Rosalind Franklin University of Medicine and Science, 3. Northwestern University Feinberg School of Medicine, 4. University of Connecticut

### (PS4A19) Co-location Services in Puerto Rico: Facilitators, Barriers, and Recommendations for the Future

Aubrey R. Dueweke, Ph.D.<sup>1</sup>, Andel V. Nicasio, Ph.D.<sup>2</sup>, Rosaura Orengo-Aguayo, Ph.D.<sup>3</sup>, 1. East Tennessee State University, 2. Albizu University, 3. Medical University of South Carolina

# (PS4-A20) Student Clients' Presenting Problems: What Are They? Is Race a Factor? Chayna J. Davis, Ph.D., Michael D. Pullmann, Ph.D., Eric Bruns, Ph.D., Elizabeth McCauley, Ph.D., University of Washington School of Medicine

### (PS4-A21) Application of a Quality Improvement Process to Evaluate Self-directed Therapy for Patients on a Waitlist in an Outpatient Anxiety Disorders Specialty Clinic

David F. Bradley, Ph.D.<sup>1</sup>, Lauren Languido, Ph.D.<sup>1</sup>, Terence H. Ching, M.S.<sup>1</sup>, Robert E. Brady, Ph.D.<sup>2</sup>, 1. University of Connecticut, Dartmouth-Hitchcock Medical Center, 2. Geisel School of Medicine at Dartmouth

### (PS4-A22) The Role of Self-compassion in the Relationship Between Childhood Emotional Maltreatment and Social Anxiety Severity

Caroline H. Armstrong, B.A.<sup>1</sup>, Mihriye Mete, Ph.D.<sup>2</sup>, Emma L. Jennings, B.S.<sup>3</sup>, Ilana Ander, B.A.<sup>4</sup>, Amanda W. Baker, Ph.D.<sup>4</sup>, Eric Bui, M.D., Ph.D.<sup>4</sup>, Naomi M. Simon, M.D.<sup>5</sup>, Elizabeth Hoge, M.D.<sup>1</sup>, 1. Georgetown University Medical Center, 2. MedStar Health Research Institute, 3. New York University Langone Medical Center, 4. Massachusetts General Hospital, 5. New York University Grossman School of Medicine

### (PS4-A23) Reactivity to Specific Emotions Differentially Predicts Risk for Suicidal Thoughts and Behaviors

Elizabeth C. Hoelscher, B.A.<sup>1</sup>, Caroline M. Johnson, B.A.<sup>2</sup>, Catarina L. Carosa, B.A.<sup>2</sup>, Hannah R. Krall, B.A.<sup>2</sup>, Melanie L. Bozzay, Ph.D.<sup>3</sup>, Christopher D. Hughes, Ph.D.<sup>1</sup>, Michael F. Armey, Ph.D.<sup>1</sup>, 1. Warren Alpert Medical School, Brown University, 2. Butler Hospital 3. Brown University & Providence VA Medical Center

(PS4-A24) Racial Differences in Youth Reporting on Depressive Symptoms and Negative Self-cognitions and Self-statements

Paige F. Adenuga, B.S., Paige N. Picou, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS4-A25) Expanding a Cultural Resilience Model to Understand Predictors of Quality of Life for Black Women

Candace A. Koman, M.A., Michele Carter, Ph.D., American University

#### **Poster Session 4B**

Key Words: Eating, Adolescents, Measurement

(PS4-B26) Evaluating the Psychometric Properties of the Fear of Food Measure Among Adolescents in Treatment for an Eating Disorder

Samantha P. Spoor, B.S.<sup>1</sup>, Irina Vanzhula, M.S.<sup>1</sup>, Sarah E. Ernst, B.S.<sup>1</sup>, Nicholas Farrell, Ph.D.<sup>2</sup>, Jamal H. Essayli, Ph.D.<sup>3</sup>, Cheri A. Levinson, Ph.D.<sup>2</sup>, 1. University of Louisville, 2. Rogers Behavioral Health, 3. Penn State College of Medicine

- (PS4-B27) Does Knowing Better Mean Eating Better? Nutrition Literacy and Food Choices in a Cohort of Undergraduates
  - Ruth S. Shach, M.P.H., M.S., Jillon S. Vander Wal, Ph.D., Saint Louis University
- (PS4·B28) The Role of Cognitive Processes in Differentiating Premenstrual Dysphoric Disorder

Mansi H. Mehta, Ph.D.<sup>1</sup>, Jeffrey A. Ciesla, Ph.D.<sup>2</sup>, 1. Emory University School of Medicine, 2. Kent State University

- (PS4-B29) Shame, Guilt, and Pride Moderate the Relationship Between Social Appearance Anxiety and Eating Disorder Symptoms

  Luis E. Sandoval-Araujo, B.A., Cheri A. Levinson, Ph.D., University of Louisville
- (PS4-B30) Biomarker-driven, Technology-enhanced Prolonged Exposure Therapy for PTSD

Hayley Feigl, M.A.<sup>1</sup>, Tanya C. Saraiya, Ph.D.<sup>1</sup>, Bethany Wangelin, Ph.D.<sup>1</sup>, Ron Acierno, Ph.D.<sup>2</sup>, Amber M. Jarnecke, Ph.D.<sup>1</sup>, Delisa G. Brown, Ph.D.<sup>1</sup>, Stacey Sellers, M.S.<sup>1</sup>, Sudie E. Back, Ph.D.<sup>1</sup>, 1. Medical University of South Carolina, 2. University of Texas

- (PS4-B31) Are Minority Stress Experiences Risk Factors for Poor Physical Health Among Sexual and Gender Minorities Assigned Female at Birth? Emily Devlin, B.A., Sarah W. Whitton, Ph.D., University of Cincinnati
- (PS4-B32) Behavior Therapy and Social Skills Training Enhances Precursors of Language in Children with ASD

Peter Vietze, Ph.D.¹, Amelia Yanchik, M.A.,¹, Sadaf Khawar, M.A,¹, Chana Tilson, M.S.², Ghowash Irshad, M.A.¹, Michelle Grazioli, B.S.¹, Leah Esther Lax, Ph.D.³, 1. Montclair State University, 2. Hand in Hand Early Childhood Center, 3. CARES

(PS4-B33) Impact of Diverse Virtual Health Agents on Alcohol Users Engaged in a Motivational Interviewing Intervention: Qualitative Analysis of Semi-structured Interviews

James P. Hodgins, M.A.<sup>1</sup>, Jaynish Hazari, M.P.H., M.A.<sup>1</sup>, Diane G. Marin, M.A.<sup>1</sup>, Maya M. Boustani, Ph.D.<sup>1</sup>, Christine Lisetti, Ph.D.<sup>2</sup>, 1. Loma Linda University, 2. Florida International University

(PS4-B34) Investigating the Contribution of Emotion Dysregulation in Skin Picking Among Adults with Skin Disease

Mary J. Schadegg, M.A., Whitney Shepherd, Laura J. Dixon, Ph.D., University of Mississippi

(PS4-B35) Cross-cultural Psychometric Properties of the Tic Accommodation and Reactions Scale – Parent Report (TARS-PR) and Parent Tic Questionnaire (PTQ)

Jordan T. Stiede, M.S.<sup>1</sup>, Douglas W. Woods, Ph.D.<sup>1</sup>, Seonaid M. Anderson, Ph.D.<sup>1</sup>, Valsamma Eapen, Ph.D.<sup>2</sup>, Ella Gev, Ph.D.<sup>3</sup>, Robyn Latimer, B.A.<sup>4</sup>, Aud Bredesen, M.A.<sup>5</sup>, 1. Marquette University, 2. University of New South Wales, 3. Schneider Children Hospital, 4. Torrens University of Australia, 5. Oslo University

(PS4-B37) The Feasibility and Acceptability of a Brief Behavioral Parent Training Group Delivered Through Telehealth

Jacob Holzman, Ph.D.<sup>1</sup>, Erica L. Gleason, M.A.<sup>2</sup>, Jillian Talley, M.A.<sup>2</sup>, 1. University of Colorado Anschutz Medical Campus, 2. University of Denver

(PS4-B38) The Role of Trust in the Association Between Constructive Communication and Relationship Power in South African Heterosexual Relationships: Implications for HIV Interventions

Yosef N. Bronsteyn, B.A.<sup>1</sup>, Alastair van Heerden, Ph.D.<sup>2</sup>, Lindani Msimango, M.A.<sup>3</sup>, Jessica F. Magidson, Ph.D.<sup>1</sup>, Abigail Hines, B.A.<sup>1</sup>, Valerie Bradley, B.A., M.S.<sup>1</sup>, Heidi van Rooyen, Ph.D.<sup>4</sup>, Ruanne Barnabas, Ph.D.<sup>5</sup>, Jennifer M. Belus, Ph.D.<sup>6</sup>, 1. University of Maryland-College Park, 2. University of Witwatersrand and Human Sciences Research Council, 3. HSRC, 4. Human Sciences Research Council, 5. University of Washington, 6. Swiss Tropical and Public Health Institute

(PS4-B39) An Analysis of Autism Spectrum Disorder, Diagnosis, Severity, and Behavior Treatment in the US and Across States

Mary A. Conner, M.A.<sup>1</sup>, Dustin E. Sarver, Ph.D.<sup>2</sup>, Dustin Brown, Ph.D.<sup>3</sup>, 1. Jackson State University, University of Mississippi Medical Center, 2. University of Mississippi Medical Center, 3. Mississippi State University

(PS4-B40) Natural Language Processing Theme Analysis of Trauma Reactions in Situational Appraised Meaning Narratives

Marin M. Kautz, M.A., Lauren B. Alloy, Ph.D., Temple University

(PS4-B41) Transgender Victimization and Suicidality/self-harm: The Role of Emotion Regulation

Francesca Kassing, Ph.D.<sup>1</sup>, Aaron Mahajan, B.S.<sup>2</sup>, Cameron Mosley, Ph.D.<sup>3</sup>, Lara M. Stepleman, Ph.D.<sup>4</sup>, Christopher F. Drescher, Ph.D.<sup>4</sup>, 1. The University of Nevada, Reno, 2. Medical College of Georgia, 3. Anxiety Specialists of Atlanta, 4. Augusta University

(PS4-B42) A Longitudinal Study of Relationship Dissolution in Female Same-gender Couples

Bryanna Garibay<sup>1</sup>, Quyen A. Do, M.Ed.<sup>1</sup>, Kayla Knopp, Ph.D.<sup>2</sup>, Shelby B. Scott, Ph.D.<sup>1</sup>, 1. University of Texas at San Antonio, 2. VA San Diego Healthcare System/University of California, San Diego

(PS4B43) Moderation Effects of Social Interaction Anxiety on Trichotillomania Severity and Disability

Allison F. Coyne, B.A.<sup>1</sup>, Meghan K. Flannery, M.A.<sup>1</sup>, Martha Falkenstein, Ph.D.<sup>2</sup>, David A. Haaga, Ph.D.<sup>1</sup>, 1. American University, 2. McLean Hospital/Harvard Medical School

(PS4·B44) Clinical Characteristics of Conduct Disorder in Youth with Bipolar Disorder

Diana Woodward, B.A.<sup>1</sup>, Timothy Wilens, M.D.<sup>1</sup>, Amy Yule, M.D.<sup>2</sup>, Daria Taubin, B.A.<sup>1</sup>, Colin Burke, M.D.<sup>1</sup>, 1. Massachusetts General Hospital, 2. Boston Medical Center

(PS4-B45) Overvaluation of Shape and Weight (Not BMI) Associated with Depressive Symptoms and Binge Eating Symptoms Pre- and Post-bariatric Surgery Eliza L. Gordon, M.P.H., Ph.D.<sup>1</sup>, Larissa A. McGarrity, Ph.D.<sup>2</sup>, Anna R. Ibele, M.D.<sup>1</sup>, Alexandra L. Terrill, Ph.D.<sup>1</sup>, Timothy W. Smith, Ph.D.<sup>1</sup>, 1. University of Utah, 2.

(PS4-B47) Can I Get Help Too? Understanding the Needs of the LGBTQAI+ Community and Domestic Violence

University of Utah School of Medicine

Melanie D. Hetzel-Riggin, Ph.D., Francesca M. Giardina, B.A., Elias M. Manjerovic, B.S., Kaylee Larson, B.S., Jacob Huellen

(PS4-B48) The Relationships Between Stress Mindset and Specific Coping Strategies During the COVID-19 Pandemic

Annika Hogan, B.A., Kathleen C. Gunthert, Ph.D., Caitlyn Loucas, M.A., Laura H. Taouk, B.S., American University

(PS4-B49) The Impact of Parental Stress on the Relation Between Observed Parental Control and Negativity

Erinn J. Victory, B.A.<sup>1</sup>, Lindsay R. Druskin, B.A.<sup>1</sup>, Robin Han, M.S.<sup>1</sup>, Christopher K. Owen, B.S., M.S.<sup>1</sup>, Jane R. Kohlhoff, Ph.D.<sup>2</sup>, Cheryl B. McNeil, Ph.D.<sup>1</sup>, 1. West Virginia University, 2. University of New South Wales Sydney

(PS4-B50) Reciprocal Effects of Sleep Quality and Depressive Symptoms in the Wake of COVID-19

Robert J. Zhou, B.A., Brooklynn Bailey, B.A., Daniel R. Strunk, Ph.D., The Ohio State University

#### Poster Session 4C

Key Words: Technology / Mobile Health, College Students, Psychotherapy Process

(PS4-C51) Usage of and Attitudes Toward Teletherapy in a College Sample During COVID-19

Nigel M. Jaffe, Stephanie Jarvi Steele, Ph.D., Williams College

- (PS4-C52) Why Worry About It? Clinicians' Acceptance, Preference, and Use of Imaginal Exposure and Other Techniques to Treat Generalized Anxiety

  Marina E. Ross, Psy.D.<sup>1</sup>, Hilary B. Vidair, Ph.D.<sup>2</sup>, Nathan Fordsham, M.S.<sup>3</sup>, 1. AHRC New York City, 2. Long Island University, Post, 3. Long Island University
- (PS4-C53) Emetophobic and Depressive Symptoms: Could Emotion Dysregulation Play a Role?

Alexandra Gilbert, M.A.<sup>1</sup>, Jennifer A. Petell, M.A.<sup>1</sup>, Danielle Maack, Ph.D.<sup>2</sup>, 1. University of Mississippi, 2. University of Mississippi and Delta Autumn Consulting

(PS4-C54) Pain Anxiety and Fear of Cancer Recurrence Among Adult Cancer Survivors

Jennifer L. Kuo, M.A., Emily A. Kalantar, M.A., Rachel C. Bock, M.A., Lucas D. Baker, M.A., Christopher R. Berghoff, Ph.D., University of South Dakota

(PS4-C55) Associations Between Trauma Type and Obsessive-compulsive Symptom Dimensions

Chase M. DuBois, B.A., Heidi J. Ojalehto, B.S., Lydia Adams,, Aidan Colvin,, Rishab Agarwal, Megan Butcher, B.S., Samantha N. Hellberg, B.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina, Chapel Hill

(PS4-C56) SAGE: Continued Assessment of Treatment Outcomes for an Intensive Augmented DBT Program for Emerging Adults and Families

Joseph R. Taliercio, Ph.D.<sup>1</sup>, Dina Siegel, Psy.D.<sup>1</sup>, Joy Shen, B.S.<sup>1</sup>, Tali Wigod, Psy.D.<sup>1</sup>, Lauren Yang, M.A.<sup>2</sup>, Laura Cyran, M.S.<sup>3</sup>, Evelyn P. Meier, Ph.D.<sup>4</sup>, Suzanne Davino, Ph.D.<sup>1</sup>, Elaina Servidio, Psy.D.<sup>1</sup>, Lata K. McGinn, Ph.D.<sup>5</sup>, Alec L. Miller, Psy.D.<sup>6</sup>, 1. Cognitive Behavioral Consultants, 2. Yeshiva University/Cognitive Behavioral Consultants, 3. Cognitive & Behavioral Consultants, 4. Genesee Valley Psychology, 5. Yeshiva University/Cognitive & Behavioral Consultants, 6. Cognitive Behavioral Consultants, LLP

- (PS4-C57) Age, Cognitive Control/flexibility, and Self-injurious Behavior Dana B. Borkum, M.A., William James College
- (PS4-C58) Virtual Health Agents on Engaging Alcohol Users Through a Motivational Interviewing Intervention: Agent Acceptability

Diane G. Marin, M.A.¹, Jaynish Hazari, M.P.H., M.A.¹, James P. Hodgins, M.A.¹, Maya M. Boustani, Ph.D.¹, Christine Lisetti, Ph.D.², 1. Loma Linda University, 2. Florida International University

(PS4-C59) Social Regulation of the Neural Threat Response Predicts Subsequent Markers of Physical Health

Jingrun Lin, B.A., Nauder Namaky, Ph.D., Meghan A. Costello, Ph.D., James A. Coan, Ph.D., Joseph P. Allen, Ph.D., University of Virginia

(PS4-C60) The Role of Avoidant Coping in the Relationship Between Sleep Disturbance and Emotional and Physical Well-being During COVID-19

Katharine E. Musella, M.A., Hayley Pomerantz, M.S., Elaine Ruiz, M.A., Maria C. DiFonte, M.A., Rebecca Michel, B.S., Ellen C. Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island

THURSDAY

(PS4-C61) Working Memory and Arousal in College Students with and Without Attention-deficit/hyperactivity Disorder (ADHD)

John Vasko, M.S.<sup>1</sup>, Adam Conner, B.S.<sup>1</sup>, Judah W. Serrano, M.S.<sup>1</sup>, Tamara M. Abu-Ramadan, M.A.<sup>1</sup>, Joel Nigg, Ph.D.<sup>2</sup>, Cynthia M. Hartung, Ph.D.<sup>1</sup>, 1. University of Wyoming, 2. Oregon Health & Science University

(PS4-C62) Sleep Disorder Symptoms Amongst Women of Reproductive Age: What Is Normal?

Alison R. Hartman, M.S.<sup>1</sup>, Pamela A. Geller, Ph.D.<sup>1</sup>, Jacqueline D. Kloss, Ph.D.<sup>2</sup>, Michael L. Perlis, Ph.D.<sup>3</sup>, 1. Drexel University, 2. Bryn Mawr Psychological Associates, 3. University of Pennsylvania

(PS4-C63) Engagement in a Fully Remote Trial of a Guided Self-help Transdiagnostic Cognitive-behavioral Therapy (CBT) Intervention

Jacqueline Howard, B.A., Allison Peipert, B.S., Robinson De Jesús-Romero, M.S., John F. Buss, B.S., Lorenzo Lorenzo-Luaces, Ph.D., Indiana University, Bloomington

(PS4-C64) Burning the Candle at Both Ends: Predictors of Parenting Burnout During the COVID-19 Pandemic

Alexandra N. Piedra, M.A., Amy Przeworski, Ph.D., Chelsea Cooper, M.S., Case Western Reserve University

- (PS4-C65) Factors That Contribute to the Relationship Between Borderline Personality Disorder Pathology and Reward Responsiveness Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS4-C66) Evaluating the Competency of Measures of Clinical Competency Mark Terjesen, Ph.D., Rebecca Stock, B.A., St. John's University
- (PS4-C67) Development and Initial Test of an Identity Disturbance Skills Module for

Madison M. Guter, M.A., Alice I. Cohen, B.A., Nathaniel R. Herr, Ph.D., American University

(PS4-C68) To Include or Not to Include?: Clinician Perspectives on Including Parents and Youth in Planning Treatment

Jennifer S. Schild, B.S., Regina Musicaro, M.S., Alora A. Rando, M.S., David A. Langer, ABPP, Ph.D., Suffolk University

(PS4-C69) Examining Online Disclosures of and Peer Responses to Suicide Risk: A Qualitative Analysis of Data from a Military Social Media Platform Daniel Kessler, M.A., Kelly Zuromski, Ph.D., Matthew K. Nock, Ph.D., Harvard University

(PS4-C70) Validation of the Motivational Inventory Underlying Substance Use Engagement (MI-USE)

Rickie L. Miglin, M.A., Leah D. Church, B.A., Nadia Bounoua, M.A., Naomi Sadeh, Ph.D., University of Delaware

(PS4-C71) Oppositional Defiant Disorder, Irritability, and Internalizing Symptoms in College Students

Leonard A. Doerfler, Ph.D.<sup>1</sup>, Alexandra M. Burgess, Ph.D.<sup>1</sup>, Jeanine Skorinko, Ph.D.<sup>2</sup>, 1. Worcester State University, 2. Worcester Polytechnic Institute

- (PS4-C72) Examining the Longitudinal Associations Between Parent Attentional Control and Child ADHD Symptoms in the Context of the COVID-19 Pandemic Kelsey R. Eackles, B.S., Darcey M. Allan, Ph.D., Nicholas P. Allan, Ph.D., Brandon Koscinski, M.A., Catherine Accorso, M.A., Julie S. Owens, Ph.D., Frances A. Wymbs, Ph.D., Ohio University
- (PS4-C73) Differences in Harassment Experienced by Cigarette and E-cigarette Users Under a Campus Smoking Ban

Delaney Dunn, M.S., Susanna V. Lopez, M.S., Emily Warner, B.A., Thad Leffingwell, Ph.D., Oklahoma State University

(PS4-C74) Does Health Anxiety Moderate the Relationship Between Health Selfefficacy and Health Behavior Adherence?

Bailey R. Pascuzzi, B.S.¹, Staci Grant, M.A.¹, Lauren Palmer, B.A.¹, Harleen K. Sandhu, M.P.H., M.D.¹, Steven L. Bistricky, Ph.D.¹, Sara R. Elkins, Ph.D.¹, Ryan J. Marek, Ph.D.², Beth Auslander, M.S., Ph.D.³, 1. University of Houston, Clear Lake, 2. Sam Houston State University, 3. Teen Health Center

(PS4-C75) Does Family Functioning Moderate the Association Between Features of Hopelessness and Suicidal Ideation in Adolescents?

Zareen H. Mir, B.A., Katherine M. Tezanos, M.S., Christine Cha, Ph.D., Teachers College, Columbia University

#### **Poster Session 4D**

Key Words: ACT (Acceptance & Commitment Therapy), Community-Based, Veterans

(PS4-D76) Engaging Rural/minority Women Veterans Through Va-community Partnerships and 1-day Acceptance and Commitment Therapy Workshops: A Pilot Study

Derrecka M. Boykin, Ph.D.<sup>1</sup>, Alicia Mark, M.A.<sup>1</sup>, Aisha Calderon, MSW <sup>2</sup>, Ken Woods, B.S.<sup>3</sup>, Merlyn M. Rodrigues, M.A.<sup>2</sup>, Tracey L. Smith, Ph.D.<sup>2</sup>, Lilian Dindo, Ph.D.<sup>2</sup>, 1. Michael E. DeBakey VA Medical Center, , 2. Baylor College of Medicine, 3. VA South Central MIRECC

- (PS4-D77) Problematic Smartphone, Experiential Avoidance, and Anxiety Julia Y. Gorday, B.S., Joseph R. Bardeen, Ph.D., Auburn University
- (PS4-D78) Parental Accommodation Mediates the Association Between Child Irritability and CBT Outcome for Anxiety Disorders in Children Victoria M. Cabrera, M.S.¹, Victor Buitron, M.S.², Guadalupe C. Patriarca, B.A.¹, Yasmin Rey, Ph.D.¹, Eli R. Lebowitz, Ph.D.³, Wendy K. Silverman, Ph.D.⁴, Jeremy W. Pettit, Ph.D.¹, 1. Florida International University, 2. University of California Los Angeles, 3. Yale Child Study Center, 4. Yale University
- (PS4-D79) Developing a Bilingual Training Program in an Academic Medical Setting Hannah L. Jones, Ph.D., Meena Khowaja, Ph.D., Ashley Marchante-Hoffman, Ph.D., Cheyenne Hughes Reid, Ph.D., Nemours A.I. DuPont Hospital for Children

(PS4-D80) Changes in Negative Affect and the Preliminary Development of Affect Profiles in Adults with Anxiety Disorders Following Cognitive Behavioral Therapy

Saige R. Fong, Maya Nauphal, M.A., Elizabeth H. Eustis, Ph.D., Todd J. Farchione, Ph.D., David H. Barlow, ABPP, Ph.D., Boston University Center for Anxiety and Related Disorders

- (PS4-D81) A Comparison of Approaches to Assess Social Influence on College Drinking: Non-specific Norms versus Specific Social Networks Abby L. Braitman, Ph.D., Megan Strowger, M.S., Jennifer L. Shipley, M.P.H., Jordan A. Ortman, Old Dominion University
- (PS4-D82) Social Impairment in ADHD and ASD: The Role of Emotion Regulation Difficulties

Emma Jaisle, B.S., Nicole B. Groves, M.S., Katie Black, B.S., Michael J. Kofler, Ph.D., Florida State University

(PS4-D83) Dissemination of CBT Training Through an International Mentorship Model

Cheryl Smerling, M.S., Nina Abrahambigio, B.S., Subasri Ashok, B.S., Sidney Perelman, B.S., Angelique Romulus, M.S., Eva L. Feindler, Ph.D., Long Island University

(PS4D84) Daily Associations Between Drinking Intentions, Actual Consumption, and Drinking Consequences

Emily K. Junkin, B.A.<sup>1</sup>, Ryan K. Collier<sup>2</sup>, Cathy Lau-Barraco, Ph.D.<sup>2</sup>, 1. The Virginia Consortium Program in Clinical Psychology, 2. Old Dominion University

(PS4-D85) Individual Differences in the Emotional Impact of COVID-19 on Disinhibited Behaviors

Zhenyu Zhang, M.A., Amy D. Marshall, Ph.D., The Pennsylvania State University

(PS4-D86) The Role of Positive Life Events in Protecting Against Mood and Anxiety Disorders

*Julia S. Yarrington*, M.A.<sup>1</sup>, *Allison Metts*, M.A.<sup>1</sup>, *Richard E. Zinbarg*, Ph.D.<sup>2</sup>, *Robin Nusslock*, Ph.D.<sup>2</sup>, Constance Hammen, Ph.D.<sup>1</sup>, Nicholas Kelley, Ph.D.<sup>3</sup>, Susan Bookheimer, Ph.D.<sup>1</sup>, Michelle G. Craske, Ph.D.<sup>1</sup>, 1. University of California Los Angeles, 2. Northwestern University, 3. University of Southampton

(PS4-D87) Co-occurring Behavioral Symptoms and Peer Rejection in Youth with ASD: A Mediation by Peer Conflict

Rachel G. McDonald, M.S.<sup>1</sup>, Nardin Yacoub, M.S.<sup>1</sup>, Eden Fowler-Benton, B.A.<sup>1</sup>, Matthew D. Lerner, Ph.D.<sup>2</sup>, Erin Kang, Ph.D.<sup>1</sup>, 1. Montclair State University, 2. Stony Brook University

(PS4D88) COVID-19 on Campus: Risk Perceptions and Efficacy Beliefs as Predictors of Undergraduates' Anxiety

Ann F. Bernhardt, None, Laura E. Sockol, Ph.D., Davidson College

(PS4-D89) Socializing After Rejection: An Experience-sampling Investigation of Daily Social Experiences

Gabriella Silva, B.S., Justine Brennan, B.A., Tiago Ferreira, B.S., Fallon R. Goodman, Ph.D., University of South Florida

- (PS4-D90) The Online Social Circle: A Pilot Case Series Examining Cognitive-behavioral Group Therapy via Telehealth for Socially Anxious Adolescents

  Anne Fraiman, M.A.¹, Arielle Snow, M.A.¹, Julia Weisman, M.A.¹, Janice Lu, B.A.¹, Phyllis
  S. Ohr, Ph.D.¹, Anne Marie Albano, ABPP, Ph.D.², 1. Hofstra University, 2. Columbia
  University Medical Center
- (PS4-D91) Utilizing Measurement-based Care to Evaluate Treatment Outcomes for Low-income Patients in a Rural Community Clinic

  Delaney M. Keller, B.S., Katherine M. Murray, Olivia M. Shaw, Alyssa J. Gatto, M.S., Hayoung Ko, M.A., Sydney B. Jones, B.S., Lee D. Cooper, Ph.D., Virginia Polytechnic Institute and State University
- (PS4-D92) Substance Use Outcomes from the Child/adolescent Anxiety Multimodal Extended Long-term Study (CAMELS)

  Jonathan C. Rabner, M.A., Thomas M. Olino, Ph.D., Philip C. Kendall, ABPP, Ph.D.,
  - Jonathan C. Rabner, M.A., Thomas M. Olino, Ph.D., Philip C. Kendall, ABPP, Ph.D., Temple University
- (PS4-D93) Long-term Risk Factors for Anxiety Disorder Emergence in Offspring of Anxious Parents

*Isaac C. Smith, Ph.D.*<sup>1</sup>, *Golda S. Ginsburg, Ph.D.*<sup>2</sup>, 1. University of Connecticut Health Center, 2. University of Connecticut

- (PS4-D94) Trait Disinhibition, Boldness, and Meanness as Risk and Protective Factors to Later Antisocial Personality and ADHD Problems for Youth with ADHD Symptoms: A Triarchic Psychopathy Model Approach

  Elizabeth SM Chan, M.A., M.S.<sup>1</sup>, Emily R. Perkins, M.S.<sup>1</sup>, Bridget M. Bertoldi, M.S.<sup>1</sup>, Kelsey Lowman, B.A.<sup>1</sup>, Catherine Tuvblad, Ph.D.<sup>2</sup>, Laura A. Baker, Ph.D.<sup>2</sup>, Christopher J. Patrick, Ph.D.<sup>1</sup>, 1. Florida State University, 2. University of Southern California
- (PS4-D95) COVID-19 Stress and Interpretation Bias

Allison B. Duncan, B.A., Stephanie G. Holmes, None, Sean J. Walulik, Cynthia L. Dulaney, Ph.D., Xavier University

- (PS4-D96) The Influence of Sexual Assault History and Acute Intoxication on Sexual Assault Risk Detection: A Laboratory Test of Alcohol Myopia Theory Among College Women
  - Alexander Melkonian, Ph.D.<sup>1</sup>, Lindsay S. Ham, Ph.D.<sup>2</sup>, Alita Mobley, M.A.<sup>2</sup>, 1. Ralph H. Johnson VAMC, 2. University of Arkansas
- (PS4-D97) Passing as Non-autistic in Autism Spectrum Disorder: A Systematic Review Erin J. Libsack, M.A.<sup>1</sup>, Elliot G. Keenan, B.A.<sup>2</sup>, Caroline E. Freden, B.S.<sup>1</sup>, Julianne Mirmina, B.A.<sup>1</sup>, Nathaniel Iskhakov, B.A.<sup>1</sup>, Darsiya Krishnathasan<sup>1</sup>, Matthew D. Lerner, Ph.D.<sup>1</sup>, 1. Stony Brook University, 2. University of California, Los Angeles
- (PS4-D98) The Effects of Single-session Mindfulness with recorded Scripts on Evoked Anger: a Randomized Controlled Trial

Haruka Wachi, M.A., Sei Ogawa, PhD, Airi Katsu, M.A., Nagoya City University Graduate School of Humanities and Social Sciences

### (PS4-D99) Anxiety Sensitivity and Cannabis Use Motives Among Trauma-exposed Young Adult Cannabis Users

Nicole A. Short, Ph.D.¹, Mariah K. Evans, B.A.², Alexa M. Raudales, B.A.³, Mary O. Shapiro, Ph.D.⁴, Nicole H. Weiss, Ph.D.³, Norman B. Schmidt, Ph.D.⁵, 1. University of North Carolina at Chapel Hill, 2. Duke University Medical Center, 3. University of Rhode Island, 4. Southeast Louisiana Veterans Health Care System, 5. Florida State University

### Friday, November 19, 2021

11:30 a.m. - 1:30 p.m.

### **POSTER SESSION 5**

#### Poster Session 5A

Key Words: Anxiety, Depression, Race

(PS5-A1) Coping with COVID-19: Predictors and Protectors of Anxiety and Depression During the Pandemic

Nicolette D. Carnahan, M.A.<sup>1</sup>, Michele Carter, Ph.D.<sup>1</sup>, Tracy Sbrocco, Ph.D.<sup>2</sup>, 1. American University, 2. Uniformed Services University

- (PS5-A2) Shutting down During Shutdown? Predictors of Depression and Anxiety in Working Adults During the Early COVID-19 Pandemic CJ Fleming, Ph.D., Elon University
- (PS5-A3) Investigating Sensation Seeking as a Predictor of False Identification Attainment and Associated Risks Among a College Student Sample Madeline G. Foster, B.S., Megan G. Weishaar, M.S., Mark A. Prince, Ph.D., Bradley T. Conner, Ph.D., Colorado State University
- (PS5-A4) Predicting Anxiety and Panic Symptomology: The Incremental Validity of CBT and ACT Processes

Christian A. Hall, M.A.<sup>1</sup>, Joshua J. Broman-Fulks, Ph.D.<sup>2</sup>, 1. Western Michigan University, 2. Appalachian State University

(PS5-A5) Weekly Within-person Increases in Neuroticism Are Associated with Session to-session Increases in Anxiety, but Not Depressive, Symptoms in the Unified Protocol

Nicole Stumpp, B.S., Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky

(PS5-A6) Impact of covid-19 on Community Health Workers: Qualitative Analysis of Semi-structured Interviews

Diane G. Marin, M.A., Dina Bashoura, B.A., Hannah Jutzy, M.A., Maya M. Boustani, Ph.D., Loma Linda University

(PS5-A7) Examining the Daily Effects of Drug Use on Suicidal Ideation in a Dialectical Behavior Therapy Partial Hospital Program

Matison W. McCool, M.A., Nora E. Noel, Ph.D., University of North Carolina

Matison W. McCool, M.A., Nora E. Noel, Ph.D., University of North Carolina Wilmington

- (PS5-A8) The Moderating Role of Anxiety Sensitivity on Change in Denial Coping Predicting COVID-19 Fear in College Students
  - Anni M. Hasratian, M.A., Maria Izaguirre, None, Alicia E. Meuret, Ph.D., Thomas Ritz, Ph.D., Southern Methodist University
- (PS5-A9) Item Content Analysis of Self-report Measures of Anxiety

  Eric Lee, Ph.D., Andy Wall, B.S., Myles Arendtson, B.A., Southern Illinois University
- (PS5-A10) Correlates of Cannabis Product Choice in College Students
  Nicholas R. Livingston, B.S., Caitlin A. Falco, B.S., Lauren Zimmerman, M.S., Alison Looby,
  Ph.D., University of Wyoming
- (PS5-A11) Mindfulness Skills, Emotion Dysregulation, and Coping Motives for Alcohol Use in an Analogue PTSD Sample Rachel Goldblum, B.A.<sup>1</sup>, Emily M. O'Bryan, Ph.D.<sup>1</sup>, Alison C. Mcleish, Ph.D.<sup>2</sup>, Benjamin W. Katz, B.A.<sup>3</sup>, 1. Anxiety Disorders Center, The Institute of Living, 2. University of Louisville, 3. University of Wisconsin-Milwaukee
- (PS5-A12) Positive Interpretation Bias Protects Against the Development of Social Anxiety

Christian A. Bean, M.A.<sup>1</sup>, Jonas Everaert, Ph.D.<sup>2</sup>, Jeffrey A. Ciesla, Ph.D.<sup>1</sup>, 1. Kent State University, 2. Ghent University

(PS5-A13) Does Cognitive Fusion Show up Similarly Across Two Behavioral Health Samples? Psychometric Properties and Invariance of the Greek-cognitive Fusion Questionnaire (G-CFQ)

Marianna Zacharia, M.S.<sup>1</sup>, Myria Ioannou, Ph.D.<sup>2</sup>, Artemis Theofanous, M.A.<sup>2</sup>, Vasilis S. Vasiliou, Ph.D.<sup>3</sup>, Maria Karekla, Ph.D.<sup>1</sup>, 1. University of Cyprus, 2. Private Practice, 3. University College Cork (UCC), School of Applied Psychology

- (PS5-A14) Cognitive and Somatic Symptoms of Depression Differentially Relate to Inflammatory Diet and Inflammatory Biomarkers
  - Danielle B. Hazeltine, B.A.<sup>1</sup>, Ashley R. Polokowski, Ph.D.<sup>2</sup>, Tiara I. Newson, M.A.<sup>3</sup>, Laura C. Reigada, Ph.D.<sup>3</sup>, 1. City University of New York Graduate Center, 2. Northwell Health, 3. Brooklyn College
- (PS5-A15) ADHD, Internet Gaming Disorder, and Alcohol Use in College Men and Women

Helena F. Alacha, M.A., The University of Louisville

(PS5-A16) The Moderating Roles of Family of Origin Violence and Depression on Intimate Partner Violence-linked Drug Use

Mary C. Jensen, Alisa R. Garner, M.A., Gregory Stuart, Ph.D., University of Tennessee, Knoxville

(PS5-A17) Towards Specifying Motives as Treatment Targets to Reduce Non-suicidal Self-injury (NSSI) and Alcohol Use in College Students: conformity Is Negatively Associated with NSSI in Students Who Drink

Megan Chesin, Ph.D., Elisheva Adler, M.A., Megan Sedita, B.A., Tyler Kennedy, M.A., William Paterson University

### (PS5-A18) Representation of Individuals with Comorbidities in Tourette Syndrome Clinical Treatment Studies: A 20-year Systematic Review

Isaac P. Seneca, B.A.<sup>1</sup>, Brianna Sadighian, B.A., None<sup>1</sup>, Ogo Obi, B.A., M.A.<sup>1</sup>, Kianna Vargas, None<sup>1</sup>, Morgan Pangburn, B.S.<sup>2</sup>, Kendall White<sup>1</sup>, Benjamin J. Nash<sup>1</sup>, Anchal Malhotra<sup>1</sup>, Matthew Capriotti, Ph.D.<sup>1</sup>, Kenneth Phelps, Ph.D.<sup>3</sup>, 1. San Jose State University, 2. Arizona State University, 3. University of South Carolina

### (PS5-A19) Understanding Patient Preferences in a Virtual Cognitive Behavioral Therapy Clinic

Sara E. Brown, B.S.<sup>1</sup>, Sara Mei, B.S.<sup>1</sup>, Harris E. Bajwa, B.A.<sup>1</sup>, Jacqueline R. Bullis, Ph.D.<sup>2</sup>, Scott L. Rauch, M.D.<sup>2</sup>, Courtney Beard, Ph.D.<sup>2</sup>, 1. McLean Hospital, 2. McLean Hospital/Harvard Medical School

### (PS5-A20) Effect of Values Clarification on Subjective Units of Distress Before, During, and After Acute Lab Stressor

Rachel A. Bond, B.A., Pallavi V. Babu, M.A., Alex H. Buhk, M.A., Jason C. Levine, Ph.D., University of Toledo

### (PS5-A21) The Temporal and Contemporaneous Dynamics of Mood and Behavior

Amanda N. Holbrook, B.A.<sup>1</sup>, Shaan F. McGhie, B.A.<sup>2</sup>, Ian Shryock, B.S.<sup>3</sup>, Nader Amir, Ph.D.<sup>4</sup>, 1. San Diego State University, 2. Department of Psychology, Harvard University, 3. Department of Psychology, University of Oregon, 4. UCSD/SDSU Doctoral Program

#### (PS5-A22) The Effect of the COVID-19 Pandemic on Telemental Health Practice

Demi Zhu, B.S.¹, Samantha Paige, M.P.H., Ph.D.², Henry Slone, B.S.¹, Arianna Gutierrez, B.S.¹, Caroline Lutzky, B.S.¹, Hannah D. Hedriana, B.S., B.A.³, Janelle F. Barrera, M.P.H.¹, Triton Ong, Ph.D.², Brian E. Bunnell, Ph.D.¹, 1. University of South Florida, 2. Doxy. me, 3. University of San Francisco Morsani College of Medicine

### (PS5-A23) Does Decentering Mediate the Relationship Between Mindfulness and Stress and Anxiety?

Hana H. Lee, B.A., Jeffrey M. Greeson, Ph.D., Rowan University

### (PS5-A24) Evaluating the Acceptability and Efficacy of a Brief Virtual Dialectical Behavioral Therapy Skills Group for College Students

Anjali T. Jain, M.A., Aaron M. Luebbe, Ph.D., April R. Smith, Ph.D., Vaishali V. Raval, Ph.D., Miami University

#### Poster Session 5B

Key Words: PTSD (Posttraumatic Stress Disorder), Technology / Mobile Health, College Students

### (PS5-B25) The Association Between Smartphone Addiction and PTSD Is Mediated by Negative Posttraumatic Cognitions

Sarah E. Cotney, B.S., Makayla Collins, B.S., Kelsey Woodward, M.S., Jenni B. Teeters, Ph.D., Matt J. Woodward, Ph.D., Western Kentucky University

Alicia K. Lopez, M.A., Malena Gimenez-Zapiola, B.A., Alana Egan, M.A., Tarryn B. Pollard, B.A., Lauren Palmer, B.A., Miana Graves, M.P.H., Kenia M. Velasquez, M.A., Steven L. Bistricky, Ph.D., University of Houston, Clear Lake

- (PS5-B28) A Comparison of Administration Modalities of the Sentence Task Samuel R. Cares, M.A., MSW, Katherine P. Mangen, M.A., Kevin Wu, Ph.D., Northern Illinois University
- (PS5-B29) Treatment Effects of a Pilot Dialectical Behavior Therapy Skills Training Group in a Singaporean Psychiatric Outpatient Sample Michelle Y. Tan, PsyM<sup>1</sup>, Rie Kubota, Ph.D.<sup>2</sup>, Joelle Lim, M.A.<sup>2</sup>, Mavis Y. Seow, M.A., M.S.<sup>2</sup>, 1. Institute of Mental Health, Singapore; James Cook University, Singapore,
- (PS5-B30) Interacting with a Friend Following a Trauma Film Clip Is Associated with Greater Reductions in Post-exposure Anxiety

2. Institute of Mental Health, Singapore

Matt J. Woodward, Ph.D.<sup>1</sup>, Joshua D. Clapp, Ph.D.<sup>2</sup>, Sarah E. Cotney, B.S.<sup>1</sup>, Olivia Dick, B.S.<sup>1</sup>, Gayle Beck, Ph.D.<sup>3</sup>, 1. Western Kentucky University, 2. University of Wyoming, 3. University of Memphis

- (PS5-B31) Partner Pronoun Use Predicts Negative Affect and Perceived Partner Support Following Acute Stress Induction in Romantic Relationships Kaitlyn McCarthy, B.A.<sup>1</sup>, Christina Balderrama-Durbin, Ph.D.<sup>2</sup>, 1. Eastern Michigan University, 2. Binghamton University
- (PS5-B32) A Case Study of "self-triggering" in a Veteran with Combat-related PTSD Regina Musicaro, M.S.<sup>1</sup>, Benjamin W. Bellet, M.S.<sup>2</sup>, Richard J. McNally, Ph.D.<sup>2</sup>, 1. Suffolk University, 2. Harvard University
- (PS5-B33) Examining Religious Coping as a Moderator Between Physical and Sexual Abuse and PTSD Symptoms in Women Who Have Experienced Intimate Partner Violence

Mya E. Bowen, B.A., Samuel J. Brackens, Bre'Anna L. Free, M.S., Rimsha Majeed, M.S., Rebecca J. Zakarian, M.S., Gayle Beck, Ph.D., University of Memphis

- (PS5-B34) Stigma and Its Impacts Among Chronic Pain Patients Treated with Opioids: A Systematic Literature Review Anderson B. Rowan, Ph.D., Anna T. Magnante, B.A., M.A., Lindsay Solfelt, M.A., Regent University
- (PS5-B35) Understanding Sexual Assault Disclosure in the LGBTQ+ Community Briana K. Horrock, Caitlin M. Pinciotti, Ph.D., Rogers Behavioral Health
- (PS5-B36) Applying the Uses and Gratifications Theory to Identify Motivational Factors Behind Young Adult's Participation in Viral Social Media Challenges on Tiktok
  - Grace E. Falgoust, B.A., Emma L. Winterland, Alden Parker, B.S., Heidi Zinzow, Ph.D., Kapil Chalil Madathil, Ph.D., Clemson University
- (PS5-B37) Meaning in Life as a Protective Factor Against the Effects of Loneliness on Suicidal Ideation: A Longitudinal Analysis

Bradley A. Brown, B.S., Gabriella Silva, B.S., Fadia Fakhre, Kimberly Davis, B.A., Fallon R. Goodman, Ph.D., University of South Florida

- (PS5-B38) Informing a Population-level Intervention to Improve the Sleep of Airmen *Jordan M. Ellis, Ph.D.*<sup>1</sup>, *La Toya N. Brown, Psy.D.*<sup>1</sup>, *Alyssa V. Joiner, M.A., Ph.D.*<sup>1</sup>, *Jason Ruggieri, Ph.D.*<sup>2</sup>, *Marc A. Patience, Ph.D.*<sup>1</sup>, *John Blue Star, Ph.D.*<sup>1</sup>, *Gerald W. Talcott, ABPP, Ph.D.*<sup>3</sup>, 1. United States Air Force 2. United States Air Force, Biomedical Sciences Corps, 3. University of Virginia
- (PS5-B39) Building Stronger Allies: Efficacy of a Brief Web-based Intervention Targeting Interpersonal Risk Factors for Suicide Among Active-duty Military Danielle M. Morabito, M.S., Norman B. Schmidt, Ph.D., Florida State University
- (PS5-B40) Shame, Suicidal Ideation and Non-suicidal Self-injury: The Mediating Role of Anger

Jessica V. Weatherford, PsyM, Allison K. Ruork, Ph.D., Linda Oshin, Ph.D., Melanie R. Rosen, M.A., Madison E. Taylor, B.A., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS5-B41) Functional Impairment of Children and Adolescents Seeking Treatment at a Hospital-based Outpatient Clinic Serving Military Families

William M. Folberth, Psy.D.<sup>1</sup>, Danielle Bayer, B.A.<sup>1</sup>, Kevin Hardiman, B.S.<sup>2</sup>, Kristin L. Szuhany, Ph.D.<sup>1</sup>, 1. New York University School of Medicine, 2. Yeshiva University, Ferkauf Graduate School of Psychology

(PS5-B42) Inpatient Hospitalization for Suicidality: Serious Mental Illness Diagnoses and the Intersection of Race and Rurality

Shayla R. Moniz, B.S., John Paul Jameson, Ph.D., Adam Hege, Ph.D., Appalachian State University

- (PS5-B43) Rumination and Non-suicidal Self-injury: A Meta-analytic Review Joey C. Cheung, M.A., Kristen M. Sorgi-Wilson, M.A., Nicole K. Ciesinski, B.A., Michael S. McCloskey, Ph.D., Temple University
- (PS5-B44) Problem Solving Approaches of Individuals Experiencing Suicidal Ideation and Behavior

Abby A. Mandel, Ph.D., Catharine Krush, M.S., Stephanie Salmento, Mataya Skraba, B.S., Lizzy Tovar-Martinez, Jaesen Evangelista, The Catholic University of America

(PS5-B45) The Multifinality of Traumatic Brain Injury: Suicide Risk Associated with Symptom Clusters

Keyne C. Law, Ph.D.<sup>1</sup>, Janelle Y. Wee, M.S.<sup>1</sup>, Katherine L. O'Connell, M.S.<sup>1</sup>, Nicole L. Moreira, M.A.<sup>1</sup>, Olivia C. Preston, M.A.<sup>2</sup>, Megan L. Rogers, Ph.D.<sup>3</sup>, Joye Anestis, Ph.D.<sup>4</sup>, 1. Seattle Pacific University, 2. University of Southern Mississippi, 3. Mount Sinai Beth Israel, 4. Rutgers, The State University of New Jersey

(PS5-B46) Suicide Attempt Rates in Asian Countries: A Case of Cultural Discrepancies

Euncie Magat, M.S.<sup>1</sup>, Shaune-Ru Wang, B.A.<sup>1</sup>, Ricardo F. Munoz, Ph.D.<sup>1</sup>, Nancy H. Liu, Ph.D.<sup>2</sup>, Yan Leykin, Ph.D.<sup>1</sup>, 1. Palo Alto University, 2. University of California, Berkeley

- (PS5-B47) Suicide Bereavement as a Potentially Morally Injurious Experience Gabriella M. Zeller, M.S., Carolyn Pepper, Ph.D., Kandice Perry, M.S., Lara Glenn, M.S., Rachael Dumas, B.A., University of Wyoming
- (PS5-B48) Examining Risk and Protective Factors Among Increasingly Suicidal Adolescents in the Community

Emily A. Mueller, B.A., Ki Eun Shin, Ph.D., Christine Cha, Ph.D., Teachers College, Columbia University

### (PS5-B49) The Effect of Social Rejection on Executive Control and Cognitive Reappraisal for Non-suicidal Self-injury

Alyssa L. Conigliaro, M.A., Madison Fitzpatrick, B.A., Emily Barkley-Levenson, Ph.D., Hofstra University

#### Poster Session 5C

Key Words: Mindfulness, Evidence-Based Practice, School

#### (PS5-C50) Assessing School-based Mindfulness Interventions with Evidence-based Guidelines

Mary L. Phan, B.A.<sup>1</sup>, Tyler Renshaw, Ph.D.<sup>1</sup>, Julie Caramanico, M.S.<sup>2</sup>, Jeffrey M. Greeson, Ph.D.<sup>3</sup>, Elizabeth MacKenzie, Ph.D.<sup>4</sup>, Zabryna Atkinson-Diaz, B.A.<sup>2</sup>, Natalie Doppelt<sup>2</sup>, Hungtzu Tai, M.S.<sup>5</sup>, David Mandell<sup>6</sup>, Heather Nuske, Ph.D.<sup>2</sup>, 1. Utah State University, 2. University of Pennsylvania, 3. Rowan University, 4. University of Pennsylvania, Graduate School of Education, 5. University of Edinburgh, 6. Center for Mental Health

# (PS5-C51) Identifying Central Symptoms Among Disgust Sensitivity, Shame, Guilt, Food Avoidance, Body Mass Index, and Eating Disorder Symptoms

Sarah E. Ernst, B.S., Samantha P. Spoor, B.S., Irina Vanzhula, M.S., Cheri A. Levinson, Ph.D., Christina Ralph-Nearman, M.S., Ph.D., University of Louisville

# (PS5-C52) Childhood Gender Nonconformity Has an Indirect Association with BPD Features Through Invalidation for Sexual Minority Men but Not Women: A Moderated Mediation Model

Logan M. Wahl, B.A., Jennifer S. Cheavens, Ph.D., Daniel S. Brunette, B.A., The Ohio State University

### (PS5-C53) Getting Down to Business: An Examination of Occupational Outcomes in Cognitive Behavioral Therapy for Depression

*Iony D. Ezawa, Ph.D.*<sup>1</sup>, *Graham C. Bartels, B.S.*<sup>2</sup>, *Daniel R. Strunk, Ph.D.*<sup>2</sup>, 1. Vanderbilt University, 2. The Ohio State University

### (PS5-C54) Relationships Between Risky Behaviors, Capability for Suicide, and Suicidal Ideation

Logan M. Smith, B.S., Tony T. Wells, Ph.D., Oklahoma State University

### (PS5-C55) Call 911! How Different Demographics May Influence Who Calls for Help During Suicidal Crisis

Katherine L. O'Connell, M.S., Samantha Jacobson, M.S., Andrew Ton, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

#### (PS5-C56) Systemic Factors Predict Self-efficacy for Suicide-related Intervention Among Rural and Urban School Mental Health Providers

Rebekah Smith, M.A.<sup>1</sup>, John Paul Jameson, Ph.D.<sup>2</sup>, Kurt D. Michael, Ph.D.<sup>2</sup>, Jamie L. Yarbrough, Ph.D.<sup>2</sup>, Brittany Foster, B.S.<sup>2</sup>, 1. Etheridge Psychology, 2. Appalachian State University

- (PS5-C57) Personal Gun Ownership by School-based Clinicians Does Not Predict Differential Attitudes Toward or Willingness to Use Means Reduction Strategies in Managing Suicide Risk
  - John Paul Jameson, Ph.D., Shayla R. Moniz, B.S., Kelsey B. Charbeneau, Kurt D. Michael, Ph.D., Appalachian State University
- (PS5-C58) How Does Internet Delivered Dialectical Behavior Therapy Skills Training Reduce Suicide Risk? Examining the Granularity of Suicidal Ideation *Joseph H. Rameer*, Chelsey R. Wilks, Ph.D., University of Missouri, St. Louis
- (PS5-C59) Associations Between Social Media Use and Symptoms of Depression, Anxiety, and Loneliness in a Nationally Representative Sample of Adolescents Jacqueline Howard, B.A., Holly M. Thompson, Tennisha Riley, Ph.D., Robinson De Jesús-Romero, M.S., Lorenzo Lorenzo-Luaces, Ph.D., Lauren A. Rutter, Ph.D., Indiana University Bloomington
- (PS5-C60) Internalized Identity Illegitimacy Mediates the Link Between Antibisexual Stigma and Risk for Sexual Assault in Young Adult Bisexual Women Selime R. Salim, M.A., Seth M. Wilensky, B.A., Terri L. Messman, Ph.D., Miami University
- (PS5-C61) Supporting Local Wellbeing Through University-church Partnerships Matthew D. McCall, B.S., Erica A. Mitchell, Ph.D., Zahra Amer, B.A., Michaela J. DiPillo, B.A., Kristina Gordon, Ph.D., University of Tennessee, Knoxville
- (PS5-C62) Object and Other Interconnectedness in Veterans with Hoarding Disorder Eliza J. Davidson, M.S.<sup>1</sup>, Mary E. Dozier, Ph.D.<sup>2</sup>, Tina L. Mayes, Ph.D.<sup>3</sup>, Catherine R. Ayers, Ph.D.<sup>4</sup>, 1. VA San Diego Healthcare System, 2. Mississippi State University, 3. VA San Diego Healthcare System/University of California, San Diego, 4. University of California, San Diego
- (PS5-C63) Viewing Death as an Escape from Pain Differentiates Between Those with and Without Suicidal Thoughts and Behaviors

  Jayla Melvin, Logan M. Smith, B.S., Emma Unruh-Dawes, M.S., Tony T. Wells, Ph.D., Oklahoma State University
- (PS5-C64) Self-harm Behaviors Before and During the COVID-19 Pandemic Hillary Kingman, M.S.<sup>1</sup>, Ricardo F. Munoz, Ph.D.<sup>1</sup>, Nancy H. Liu, Ph.D.<sup>2</sup>, Suzanne Barakat, M.D.<sup>3</sup>, Yan Leykin, Ph.D.<sup>1</sup>, 1. Palo Alto University, 2. University of California, Berkeley, 3. University of California San Francisco
- (PS5-C65) Adolescents Girls' Close Friendship Dynamics as Prospective Predictors of Self-injurious Thoughts and Behaviors
  - Zelal Kilic, B.A.¹, Olivia H. Pollak, B.S.¹, Jason J. Bendezu, Ph.D.², Casey D. Calhoun, Ph.D.³, Karen Rudolph, Ph.D.⁴, Paul Hastings, Ph.D.⁵, Matthew K. Nock, Ph.D.⁶, Mitch J. Prinstein, ABPP, Ph.D.७, 1. University of North Carolina at Chapel Hill, 2. University of Minnesota, 3. Department of Psychiatry, University of North Carolina, Chapel Hill, 4. University of Illinois at Urbana-Champaign, 5. University of California, Davis, 6. Harvard University, 7. University of North Carolina
- (PS5-C66) The Moderating Effect of Pain Attitudes on Somatization and Acquired Capability for Suicide in an Asian American Sample Janelle Y. Wee, M.S., Yu-Chin Lin, M.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

### (PS5-C67) Skill Acquisition in Parent Child Interaction Therapy Enhanced Teach Group for Fathers

Julia Weisman, M.A., Jamie Scharoff, M.A., Janice Lu, B.A., Vanessa Y. Ng, M.A., M.S., Phyllis S. Ohr, Ph.D., Hofstra University

### (PS5-C68) The Impact of COVID-19 on Dating Among College Students

Destyn Jones, B.A., Ashley Williams, B.A., M.A., Susan L. Kenford, B.A., M.A., Ph.D., Xavier University

### (PS5-C69) Finding a Different Vantage Point: Examining the Impact of Cognitive Distancing from Intrusive Thoughts

Sarah L. Adut, M.A., Kelechi P. Uzoegwu, B.S., Joshua C. Magee, Ph.D., Miami University

### (PS5-C70) Structural Barriers and the Indirect Effect of Depression on Hiv-related Health Outcomes

Noelle A. Mendez, M.S., Steven A. Safren, Ph.D., University of Miami

# (PS5-C71) Excessive Reassurance Seeking, Marital Satisfaction, and Depressive Symptoms: Comparing the Interpersonal and Marital Discord Models of Depression

Bailey A. Steele, B.A., Mark A. Whisman, Ph.D., University of Colorado, Boulder

### (PS5-C72) Suicidal Thoughts and Behaviors in Young Children: Cognitive, Behavioral, and Affective Risk Factors

Anjali Gottipaty, B.A.<sup>1</sup>, Claudia Paszek, B.A.<sup>1</sup>, Lydia Lin, B.A.<sup>2</sup>, Richard Liu, Ph.D.<sup>3</sup>, Sarah Martin, Ph.D.<sup>4</sup>, Anthony Spirito, Ph.D.<sup>1</sup>, John Boekamp, Ph.D.<sup>2</sup>, 1. Brown University and Butler Hospital, 2. Brown University, 3. Harvard University, 4. Simmons College

### (PS5-C73) Trauma and HIV: An Examination of Trauma-focused Interventions for Sexual Minority Men with Histories of Childhood Sexual Abuse

Neil D. Schwartz, B.S.<sup>1</sup>, Victoria Navarro, M.A.<sup>2</sup>, Dianne Gaviria, M.S.<sup>1</sup>, 1. Nova Southeastern University, 2. William Paterson University

#### (PS5-C74) Using Early Childhood Adversity for Short-term Prediction of Suicidal Behavior

Jordyn R. Ricard, B.A., Franckie Castro-Ramirez, M.A., Matthew K. Nock, Ph.D., Harvard University

#### **Poster Session 5D**

Key Words: Stigma, Parent Training, Culture

#### (PS5-D75) Cultural Variation in Parental Attitudes Towards Child Mental Health Services

Kaylena R. Mann, Kaylen Sanchez, B.A., Jordyn Buabeng, Catherine Perez, B.A., Sarah Cabrera, Argero Zerr, Ph.D., California State University, Channel Islands

### (PS5-D76) Shame, Alcohol Intoxication, and Deliberate Self-harm in Men and Women

Lissa N. Mandell, B.S.<sup>1</sup>, Michael S. McCloskey, Ph.D.<sup>2</sup>, Jennifer R. Fanning, Ph.D.<sup>3</sup>, Michael R. Nadorff, Ph.D.<sup>1</sup>, Mitchell E. Berman, Ph.D.<sup>1</sup>, 1. Mississippi State University, 2. Temple University, 3. McLean Hospital, Harvard Medical School

- (PS5-D77) Examining the Indirect Effect of Parental Beliefs About Offspring Anxiety in the Association Between Parental Anxiety and Parenting Behaviors Hannah P. Friedman, M.A., Maxwell J. Luber, B.A., Sarah A. Bilsky, Ph.D., University of Mississippi
- (PS5-D78) Lean on Me: Social Support and Mental Health in the Transition to College

Margaret A. Azu, B.A., Elizabeth T. Kneeland, Ph.D., Amherst College

(PS5-D79) Deliberate Practice to Improve Behavioral Parent Training Skills Among Clinical Trainees

Olivia A. Walsh, BS, Gabrielle Gottschall, B.A., Mark Terjesen, Ph.D., St. John's University

- (PS5-D80) Comparing Mental Health and Self-care Practices of Professional Psychology Program Students and Alumni Based on Sexual Orientation Malena Gimenez-Zapiola, B.A., Bailey R. Pascuzzi, B.S., Tarryn B. Pollard, B.A., Shivani Bathla, B.S., G. Thomas Schanding, Jr., Ph.D., Steven L. Bistricky, Ph.D., University of Houston, Clear Lake
- (PS5-D81) Parent and Teen Perspectives on Communication About Substance Use, Mental Health, and Social Networking Site Use: implications for Parent-based Interventions

Dana M. Litt, Ph.D., Melissa A. Lewis, Ph.D., University of North Texas Health Science Center

(PS5-D82) Investigating the Impact of the COVID-19 Pandemic on Symptom Presentation and Treatment Efficacy of a Suicide Prevention Program for Adolescents

Ellen M. Andrews, B.A., Jessica King, Ph.D., Rebecca J. Wildman, B.A., Alexandra Moorehead, B.S., Beth D. Kennard, ABPP, Psy.D., University of Texas Southwestern Medical Center/Children's Health – Children's Medical Center

(PS5-D83) Rejection Sensitivity and Hoarding Symptoms

Nicole Mejia, Kevin Merideth, M.S., Karly Pyles, Mary E. Dozier, Ph.D., Mississippi State University

- (PS5-D84) Is Hoarding a Problem with Relatedness?: Hoarding and Self-determination Theory
  - Mary E. Dozier, Ph.D., Ben Porter, Ph.D., Mississippi State University
- (PS5-D85) Women Objectifying Women: How Power Predicts the Objectification of Others

Sarah E. Attaway, B.A., Diana Rancourt, Ph.D., University of South Florida

- (PS5-D86) Personal Control Explanatory Style Relates to Increased Emotion Regulation and Resilience Following a Brief Resiliency Training Alicia Klanecky Earl, Ph.D.<sup>1</sup>, Thomas L. Budesheim, Ph.D.<sup>1</sup>, Erin Budesheim, B.S.<sup>2</sup>, Matt Steranka, B.S.<sup>1</sup>, 1. Creighton University, 2. University of Illinois Urbana-Champaign
- (PS5-D87) Terminating Fat Talk While Preserving Friendship: What Works Best? Isabel F. Anderson, Denise M. Martz, Ph.D., Doris G. Bazzini, Ph.D., Appalachian State University

Kirsten R. Bootes, B.A.<sup>1</sup>, Michael B. Himle, Ph.D.<sup>1</sup>, Jordan T. Stiede, M.S.<sup>2</sup>, Douglas W. Woods, Ph.D.<sup>2</sup>, Suzanne Mouton-Odum, Ph.D.<sup>3</sup>, 1. University of Utah, 2. Marquette University, 3. Baylor College of Medicine

- (PS5-D89) A Critical Review of the Use of Acceptance and Commitment Therapy to Treat Adult Obsessive-compulsive Disorder
  - Kelsey Evey, M.S., Shari A. Steinman, Ph.D., West Virginia University
- (PS5-D90) An Evaluation of State and Trait Associations Between Suicide and Executive Functioning Among Preadolescents: A Nationally Representative Study

Rachel F. Walsh, B.S.<sup>1</sup>, Ana E. Sheehan, B.A.<sup>2</sup>, Alexandra Bettis, Ph.D.<sup>3</sup>, Richard Liu, Ph.D.<sup>4</sup>, 1. Temple University, 2. University of Delaware, 3. Vanderbilt University Medical Center, 4. Massachusetts General Hospital

(PS5-D91) Balancing a Clinical Psychology Doctoral Program and Motherhood: Considerations and Recommendations for Doctoral Programs and Clinical Training Sites

Rebecca Lieberman, Psy.D.<sup>1</sup>, Hilary B. Vidair, Ph.D.<sup>2</sup>, Allison Dashow, B.A., M.S.<sup>2</sup>, Subasri Ashok, B.S.<sup>2</sup>, Linnea Mavrides, Psy.D.<sup>2</sup>, Eva L. Feindler, Ph.D.<sup>2</sup>, 1. Northwell Health Zucker Hillside Hospital, 2. Long Island University, Post

- (PS5-D92) Differential Role of Affect Management Skills in Moderating the Sessionby-session Association Between Dietary Restriction and Binge Eating During Behavior Treatments for Bulimia Nervosa
  - Paakhi Srivastava, Ph.D., Adrienne S. Juarascio, Ph.D., Drexel University
- (PS5-D93) Does Skill Utilization During Cognitive Behavior Therapy for Bulimia Nervosa Predict Outcomes?

Paakhi Srivastava, Ph.D., Olivia Clancy, B.S., Adrienne S. Juarascio, Ph.D., Drexel University

- (PS5-D94) A Qualitative Analysis of Barriers and Adaptations to Ongoing Sustainability of DBT in Schools: Implications for Future Research Dina Siegel, Psy.D., Joy Shen, B.S., Tali Wigod, Psy.D., Joseph Talercio, Ph.D., Laura Cyran, M.S., Lauren Yang, M.A., Alycia Dadd, Ph.D., Nora Gerardi, Psy.D., Faith Doughty, Psy.D., Alec L. Miller, Psy.D., Lata K. McGinn, Ph.D., Yeshiva University/ Cognitive
- (PS5-D95) Implementing Research Ethics Training in a Psychology and Neuroscience Research Experience for Undergraduates Program

Behavioral Consultants

Faigy Mandelbaum, M.A.<sup>1</sup>, Arielle Hershkovich, B.A.<sup>2</sup>, Jennifer Drake, Ph.D.<sup>3</sup>, Laura Rabin, Ph.D.<sup>3</sup>, 1. Hofstra University, 2. Montclair State University, 3. City University of New York, Brooklyn College

(PS5-D96) Measurement-based Care with Youth in a Community Clinic: Patterns of Compliance and Effectiveness

Sydney B. Jones, B.S., Alyssa J. Gatto, M.S., Hayoung Ko, M.A., Lee D. Cooper, Ph.D., Delaney M. Keller, B.S., Virginia Polytechnic Institute and State University

(PS5-D97) Social Anhedonia as a Mechanism of Comorbidity Between Social Anxiety and Depression Is Stronger in Remote Learners

Nathan M. Hager, M.S.<sup>1</sup>, Alicia L. Milam, B.S., B.A.<sup>1</sup>, Hannah C. Hamrick, B.S.<sup>2</sup>, Matt R. *Judah*, Ph.D.<sup>2</sup>, 1. Virginia Consortium Program in Clinical Psychology, 2. University of Arkansas

(PS5-D98) Interventions Strategies for Youth Aggression: Multisystemic Therapy Implemented in Publicly-funded Mental Health Care

Kalyn L. Holmes, M.A., Austen Taylor K. Matro, B.A., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa

(PS5-D99) Intentions to Use Evidence-based Practice: Comparing Community Therapists with Therapists Trained in Evidence-based Practice

Taylor A. Stacy, M.A.<sup>1</sup>, Da Eun Suh, M.A.<sup>1</sup>, Kaitlin A. Hill, Ph.D.<sup>2</sup>, Brad Nakamura, Ph.D.<sup>1</sup>, 1. University of Hawai'i at Manoa, 2. Rogers Memorial Hospital

1:45 p.m. - 3:45 p.m.

#### **POSTER SESSION 6**

#### Poster Session 6A

Key Words: Suicide, Prevention, School

(PS6-A1) A Preliminary Evaluation of Counseling on Access to Lethal Means (CALM)
Training in a Sample of School-based Clinicians

Like Paul Language Ph. D. Viert D. Michael Ph. D. Counter D. William P. S. Prittere

John Paul Jameson, Ph.D., Kurt D. Michael, Ph.D., Courtney P. Whitaker, B.S., Brittany Foster, B.S., Appalachian State University

(PS6-A2) Exploring Difficulties in Emotion Regulation as a Mediator Between Resilience and Symptom Severity in Patients with Depression and Anxiety *Joseph Diehl, B.A.*<sup>1</sup>, *Moria J. Smoski, Ph.D.*<sup>1</sup>, *Mark Zimmerman, M.D.*<sup>2</sup>, 1. Duke University, 2. Warren Alpert Medical School of Brown University

(PS6-A3) Friendship Conflict and Expressive Flexibility Predict Depression in Late Adolescents

Jenna B. Marzougui, B.A.¹, Molly E. Hale, M.S.², Sarah Baldwin¹, Janice L. Zeman, Ph.D.¹, 1. College of William and Mary, 2. University of Georgia

(PS6-A4) Mental Health of Women in Emerging Adulthood: An Assessment of in Person and Technological Sexual Assault

Denise M. Martz, Ph.D., Emma A. Albertino, Twila Wingrove, Ph.D., Appalachian State University

(PS6-A5) Initial Validity Evidence for the Menstrual-related Symptoms Questionnaire in a U.S. College Student Sample

Morgan L. Ferretti, B.S.<sup>1</sup>, Taylor B. Stanley, M.A.<sup>2</sup>, Jessica G. Irons, Ph.D.<sup>1</sup>, 1. James Madison University, 2. Auburn University

### (PS6-A6) Working Together: An Exploration of Adolescent Alliance in Family Therapy

Madeline Little, B.A.<sup>1</sup>, Lila Bruynesteyn, B.A.<sup>2</sup>, Nicole P. Porter, M.A.<sup>2</sup>, Alexandra MacLean, M.A.<sup>2</sup>, Molly Bobek, LCSW<sup>2</sup>, Aaron Hogue, Ph.D.<sup>2</sup>, 1. Fordham University, 2. Partnership to End Addiction

### (PS6-A7) Trait Mindfulness as a Moderator Between Adverse Childhood Experiences and Mental Health Outcomes

Katherine Ranton, B.S., M.S., Stephen Fox, B.S., M.A., Samanthia Harrison, Kristin Montalvo, M.A., Jeeva Babu, M.A., Gerald Strait, Ph.D., Julia Strait, Ph.D., Valerie Morgan, Ph.D., University of Houston, Clear Lake

### (PS6-A8) Psychometric Properties of the Short Health Anxiety Inventory: Factor Structure and Criterion Validity During an Acute Health Risk

Kara L. Buda, M.A., David L. Yap, M.A., Evelyn Behar, Ph.D., Hunter College, City University of New York

- (PS6-A9) Emotion Expressivity in Toddlers with ASD: Observation and Parent Report Andrea T. Wieckowski, Ph.D.<sup>1</sup>, Connor M. Kerns, Ph.D.<sup>2</sup>, Lauren B. Adamson, Ph.D.<sup>3</sup>, Diana L. Robins, Ph.D.<sup>4</sup>, 1. A.J. Drexel Autism Institute, 2. University of British Columbia, 3. Georgia State University, 4. Drexel University
- (PS6-A10) Shared Traumatic Reality: A Qualitative Study of Clinician Experiences

  Providing Mental Health Treatment During COVID-19

  Probability of Non-Royal RS | Sampatha L Compally Ph D | Julia R Potter R A | Justice

Rachel A. Van Boxtel, B.S.¹, Samantha L. Connolly, Ph.D.², Julia R. Potter, B.A.¹, Jessica M. Lipschitz, Ph.D.¹, 1. Brigham and Women's Hospital / Harvard Medical School, 2. VA Boston Healthcare System / Harvard Medical School

### (PS6-A11) Barriers and Facilitators to Assessment of Suicidal Thoughts in Ecological Momentary Assessment Among Undergraduate Students

Joanne S. Kim, B.A., Allison K. Ruork, Ph.D., Shireen L. Rizvi, ABPP, Ph.D., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

### (PS6-A12) Intolerance of Uncertainty During Unprecedented Times: Testing the Moderating Effect of COVID-19 Concerns and Impact on Longitudinal Changes in Contamination Fears

Akanksha Das, B.S., Sarah E. Dreyer-Oren, M.A., Rachel Geyer, B.A., Elise M. M. Clerkin, Ph.D., Miami University

### (PS6-A13) Revisiting Motives for College Student Alcohol Use

Samuel Davis, M.S., Bradley T. Conner, Ph.D., Mark A. Prince, Ph.D., Colorado State University

### (PS6-A14) A Preliminary Study Evaluating the Effects of Trigger Warnings on Sensitive, Survey-based Research Participation

Rebeka Howardson, M.Sc. Student<sup>1</sup>, Kathryn M. Bell, Ph.D.<sup>1</sup>, Tara L. Cornelius, Ph.D.<sup>2</sup>, 1. Acadia University, 2. Grand Valley State University

### (PS6-A15) The Continued Benefit of Distress Tolerance During the COVID-19 Pandemic

Odette Manresa, M.S., Sarah A. Hartmann, B.A., Nasreen J. Hidmi, M.S., Matthew T. Sutherland, Ph.D., Elisa Trucco, Ph.D., Florida International University

- (PS6-A16) Heated Yoga for Depression: Predictors of Class Attendance in a Randomized Controlled Trial
  - Emily K. Tan, B.A., Michael Pittman, B.A., Megha Nagaswami, B.A., David Mischoulon, M.D., Ph.D., Maren B. Nyer, Ph.D., Massachusetts General Hospital
- (PS6-A17) Psychological Correlates of Animal Abuse and Intimate Partner Violence: An Intersectional Analysis
  - Kathleen D. Wilson, M.A., Patti A. Timmons. Fritz, Ph.D., University of Windsor
- (PS6-A18) The Interaction of Anxiety Sensitivity and Sleep Disturbances in Relation to Adolescent Symptoms of Panic Disorder
  - Emily K. Olson, Maxwell J. Luber, B.A., Hannah P. Friedman, M.A., Sarah A. Bilsky, Ph.D., University of Mississippi
- (PS6-A19) The Role of External Weight Bias Through Internalization on Body Shame, Obligatory Exercise, and Eating Disorder Symptoms Across Racial/ethnic Groups Allison Cunning, M.A.¹, Cody Staples, M.A.¹, Diana Rancourt, Ph.D.¹, Rachel F. Rodgers, Ph.D.², 1. University of South Florida, 2. Northeastern University
- (PS6-A20) Effects of Trauma on Spirituality/religion and Outcomes of Spiritually-integrated Cognitive Behavioral Therapy

Alana M. Johnston, B.S., Eleanor Schuttenberg, B.S., Mia Drury, B.A., David H. Rosmarin, ABPP, Ph.D., Harvard Medical School

- (PS6-A21) Maternal Depression, Partner Violence, and Child Developmental Delays in a Child Welfare Sample
  - Jessica R. Winder, M.A., Matthew Skarbek, Psy.D., Kristina Kochanova, M.A., Suvarna Menon, Ph.D., Andria Maxwell, B.A., Julie L. Crouch, Ph.D., Joel S. Milner, Ph.D., Northern Illinois University
- (PS6-A22) Effects of Adolescent Motivation and Personality on Adherence and Success in a Voluntary Residential Bootcamp Program

Lydia Sigurdson, B.A.<sup>1</sup>, Nora E. Charles, Ph.D.<sup>1</sup>, Christopher T. Barry, Ph.D.<sup>2</sup>, 1. University of Southern Mississippi, 2. Washington State University

(PS6-A24) An Investigation of Alcohol and Substance Use Patterns During the COVID-19 Pandemic

Amanda J. Vincent, M.A., Katherine E. Wenger, M.A., Susan L. Kenford, B.A., M.A., Ph.D., Xavier University

(PS6-A25) History of Traumatic Events and Demographic Features of Functional Gastrointestinal Distress Symptom Severity

Jillian B. Berfield, B.A., Steven E. Bruce, Ph.D., University of Missouri, St. Louis

#### **Poster Session 6B**

Key Words: Risky Behaviors, Abuse / Maltreatment, Substance Abuse

(PS6-B26) Effects of a Brief Distress Tolerance Intervention on Cannabis Craving and the Late Positive Potential

Thomas J. Preston, B.S., Richard Macatee, Ph.D., Auburn University

### (PS6-B27) Examining Interrelationships of Syndemic Problems Among People with HIV in South Africa: A Network Analysis

Jasper S. Lee, M.S.<sup>1</sup>, Lena S. Andersen, Ph.D.<sup>2</sup>, Amelia M. Stanton, Ph.D.<sup>3</sup>, Sierra Bainter, Ph.D.<sup>1</sup>, Jessica F. Magidson, Ph.D.<sup>4</sup>, Ashraf Kagee, M.P.H., Ph.D.<sup>5</sup>, Norik Kirakosian, B.S.<sup>6</sup>, John Joska, Ph.D.<sup>7</sup>, Conall O'Cleirigh, Ph.D.<sup>3</sup>, Steven A. Safren, Ph.D.<sup>1</sup>, 1. University of Miami, 2. University of Copenhagen, 3. Massachusetts General Hospital/Harvard Medical School, 4. University of Maryland, College Park, 5. Stellenbosch University, 6. Massachusetts General Hospital, 7. University of Cape Town

- (PS6-B28) A Multi-method Examination of Sluggish Cognitive Tempo in Relation to Sleep and Circadian Function in Adolescents with and Without ADHD Kiley Yeaman, B.A.<sup>1</sup>, Chaya Fershtman, B.A.<sup>1</sup>, Joseph Fredrick, M.A.<sup>1</sup>, Xiaoqian Yu, Ph.D.<sup>1</sup>, Joshua Langberg, Ph.D.<sup>2</sup>, Stephen P. Becker, Ph.D.<sup>1</sup>, 1. Cincinnati Children's Hospital Medical Center, 2. Virginia Commonwealth University
- (PS6-B29) COVID-19 Stress and the Health of Black Americans in the Rural South Olutosin Adesogan, B.S.<sup>1</sup>, Justin Lavner, Ph.D.<sup>1</sup>, Sierra Carter, Ph.D.<sup>2</sup>, Steven R. Beach, Ph.D.<sup>1</sup>, 1. University of Georgia, 2. Georgia State University
- (PS6-B30) Becoming a Therapist: The Lived Experience of Psychiatry Residents Learning CBT

Kenneth Phelps, Ph.D.<sup>1</sup>, Jewel Harvey, M.D.<sup>2</sup>, Ashley Jones, M.D.<sup>1</sup>, 1. University of South Carolina, 2. Prisma Health, University of South Carolina

(PS6-B31) The Effect of Internet Addiction and Telehealth on Anxiety Treatment Outcomes

Molly Friedel, B.S.<sup>1</sup>, Jiaqi Zhou, M.A.<sup>1</sup>, Benjamin D. Johnides, Ph.D.<sup>2</sup>, Alexandra P. Bishop, B.A.<sup>1</sup>, Ethan Chee, B.S.<sup>1</sup>, David H. Rosmarin, ABPP, Ph.D.<sup>3</sup>, 1. Center for Anxiety, 2. Center for Anxiety, Brooklyn, NewYork, 3. Harvard Medical School

(PS6-B32) Associations Between Momentary Internalized Sexual and Gender Minority Stress and Affect in the Daily Lives of Sexual Minority Women

Emily Panza, Ph.D.<sup>1</sup>, Gabriela López, Ph.D.<sup>2</sup>, 1. Warren Alpert Medical School of Brown University, 2. Brown University

(PS6-B33) Validating the Addictions Neuroclinical Assessment Among a Diverse Sample of Drinkers

Elena Stein, M.S.<sup>1</sup>, Eric Claus, Ph.D.<sup>2</sup>, Katie Witkiewitz, Ph.D.<sup>1</sup>, 1. University of New Mexico, 2. The Mind Research Network

(PS6-B34) The Relationship Between Caregiver Factors and Child Mental Health Symptoms Following Child Sexual Abuse

Gina C. May, B.A., Katie Meidlinger, M.A., Akemi E. Mii, M.A., Kelsey McCoy, M.A., Emily A. Sonnen, M.A., T. Zachary Huit, M.A., Hannah M. Coffey, M.A., Mary Fran Flood, Ph.D., MSW, David Hansen, Ph.D., University of Nebraska, Lincoln

(PS6-B35) Families Need Help Too: Exploring the Needs of Families After Child Suicide Attempts

Sara Kimble, B.S., Leila Sachner, B.A., Carey Sevier, B.S., M.S., Kelly V. Klein, B.S., Luciana G. Payne, Ph.D., Alan E. Fruzzetti, Ph.D., Cynthia Kaplan, Ph.D., McLean Hospital/Harvard Medical School

- (PS6-B36) The Role of Race/ethnicity and Gender in College Student Preferences for Therapists and Therapy
  - Adela Scharff, M.A.¹, Arianna L. Cifone, B.A.¹, Emily Ward, B.A.², Jesse Owen, Ph.D.³, Betty Lin, Ph.D.¹, James F. Boswell, Ph.D.¹, 1. University at Albany, State University of New York, 2. Columbia University School of Social Work, 3. University of Denver
- (PS6-B37) Racial Discrimination Moderates the Association Between Alcohol Consumption and Alcohol-related Consequences Among First Nation Youth Tessa Nalven, M.A., Melissa R. Schick, M.A., Michael Crawford, M.A., Nichea Spillane, Ph.D., University of Rhode Island
- (PS6-B38) Relationship Between Caregiver Hopefulness and Youth Mental Health Problems and Functioning in a Large Community Mental Health Sample Within a Youth System of Care

Andrea C. Ng, B.A., Tommie M. Laba, M.A., Brad Nakamura, Ph.D., University of Hawai'i at Manoa

- (PS6-B39) The Impact of Discrimination on General and Covid-related Stress
  Linda Oshin, Ph.D., John K. Kellerman, B.A., Joanne S. Kim, B.A., Qingqing Yin, M.S.,
  Annmarie Wacha-Montes, Psy.D., Shireen L. Rizvi, ABPP, Ph.D., Evan M. Kleiman, Ph.D.,
  Rutgers, The State University of New Jersey
- (PS6-B40) Outness, Social Support, and Mental Health Among Sexual Minority College Students

John K. Kellerman, B.A., April L. Yeager, B.A., Joanne S. Kim, B.A., Rachel L. Rosen, M.S., Kaileigh P. P. Conti, B.A., Olivia G. Lozy, B.A., Madison E. Taylor, B.A., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

- (PS6-B41) Comparing Video-based versus In-person Psychotherapy for Depression: A Meta-analysis of Efficacy and Attrition Risk
  - Annaleis K. Giovanetti, M.A.<sup>1</sup>, Stephanie E. Punt, M.A.<sup>1</sup>, Eve-Lynn Nelson, Ph.D.<sup>2</sup>, Stephen S. Ilardi, Ph.D.<sup>1</sup>, 1. University of Kansas, 2. University of Kansas Medical Center
- (PS6-B42) Changes in Therapist-reported Competence with Trauma-focused Cognitive-behavioral Therapy During a Community-based Learning Collaborative Megan O. Bird, B.S.<sup>1</sup>, Samuel O. Peer, Ph.D.<sup>1</sup>, Rochelle F. Hanson, Ph.D.<sup>2</sup>, 1. Idaho State University, 2. Medical University of South Carolina
- (PS6-B43) Integrating Clinical and Biological Science During the COVID-19 Pandemic: An Empirical Investigation in Early Adolescence Ellen Jopling, M.A., Katerina Rnic, Ph.D., Alison Tracy, M.A., Joelle LeMoult, Ph.D., The University of British Columbia
- (PS6-B44) Examining Preliminary Outcomes for a Virtual Partial Hospital Program for Eating Disorders

Taylor Gardner, B.A., Melanie Smith, Ph.D., Annaika Khoday, B.S., Gayle Brooks, Ph.D., Heather Thompson-Brenner, Ph.D., The Renfrew Center

(PS6-B45) Core Beliefs About Parenting, Autonomy, Relatedness & Competence in Drug Treatment Court Parents

Christian N. Sanders, B.S., B.A., Sally MacKain, Ph.D., University of North Carolina Wilmington

Isaac C. Smith, Ph.D.<sup>1</sup>, Anneliese J. DeVito, B.A.<sup>1</sup>, Thomas J. Harrison, M.S.<sup>1</sup>, Carissa M. Orlando, Ph.D.<sup>1</sup>, Kelly Drake, Ph.D.<sup>2</sup>, Golda S. Ginsburg, Ph.D.<sup>3</sup>, 1. University of Connecticut Health Center, 2. Anxiety Treatment Center of Maryland, 3. University of Connecticut

(PS6-B47) What Affects Child Outcomes? Investigating Additional Factors in a School Nurse-delivered Intervention for Anxious Youth

Carissa M. Orlando, Ph.D.¹, Isaac C. Smith, Ph.D.¹, Anneliese J. DeVito, B.A.¹, Thomas J. Harrison, M.S.¹, Kelly Drake, Ph.D.², Golda S. Ginsburg, Ph.D.³, 1. University of Connecticut Health Center, 2. Anxiety Treatment Center of Maryland, 3. University of Connecticut

- (PS6-B48) Prolonged Exposure Therapy for Treating PTSD Among Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder: A Pilot Study Kelly R. Peck, Ph.D., Nathaniel Moxley-Kelly, B.A., Rebecca Cole, B.A., Gary Badger, M.S., Stacey C. Sigmon, Ph.D., University of Vermont
- (PS6-B49) Factors Associated with Teacher's Sustained Intervention Implementation Following Intensive Consultation

Hannah D. Kassab, B.S., M.S.<sup>1</sup>, Julie S. Owens, Ph.D.<sup>1</sup>, Amori Y. Mikami, Ph.D.<sup>2</sup>, Steven W. Evans, Ph.D.<sup>1</sup>, 1. Ohio University, 2. University of British Columbia

(PS6-B50) Associations Between Standard Dose, Types of Cannabis Use and Cannabis Related Consequences

Alexander J. Tyskiewicz<sup>1</sup>, Morgan A. Boyle, M.S.<sup>1</sup>, Eleftherios Hetelekides, B.S.<sup>2</sup>, Bradley T. Conner, Ph.D.<sup>1</sup>, Mark A. Prince, Ph.D.<sup>1</sup>, 1. Colorado State University, 2. College of William and Mary

#### Poster Session 6C

Key Words: Emotion Regulation, Depression, Trauma

 $(PS6\text{-}C51)\ Emotion\ Regulation\ Difficulties\ Moderate\ the\ Relation\ of\ COVID\text{-}19\ Stress\\ and\ Depression\ Symptoms\ in\ a\ Trauma\ Exposed\ Sample$ 

Emily A. Kalantar, M.A., Rachel C. Bock, M.A., Jennifer L. Kuo, M.A., Lucas D. Baker, M.A., Christopher R. Berghoff, Ph.D., University of South Dakota

(PS6-C52) Investigating Clinical Perfectionism in a Transdiagnostic Eating Disorder Sample Using Network Analysis

Brenna M. Williams, M.S., Christina Ralph-Nearman, M.S., Ph.D., Cheri A. Levinson, Ph.D., University of Louisville

(PS6-C53) Examining the Effects of Self-efficacy and Meaning in Life on Posttraumatic Stress and Depressive Symptoms in US Military Personnel

Ian C. Fischer, M.A.<sup>1</sup>, Louanne Davis, Ph.D.<sup>2</sup>, Michelle Salyers, Ph.D.<sup>1</sup>, Melissa Cyders, Ph.D.<sup>1</sup>, Kevin Rand, Ph.D.<sup>1</sup>, 1. Indiana University/Purdue University at Indianapolis, 2. Roudebush VA Medical center

(PS6-C54) Main and Interaction Effects of Negative Trauma-related Cognitions and Disgust Sensitivity on Daily Experiences of Mental Contamination Following Sexual Trauma

Jordyn M. Tipsword, M.S.<sup>1</sup>, C. Alex Brake, Ph.D.<sup>2</sup>, Christal Badour, Ph.D.<sup>1</sup>, 1. University of Kentucky, 2. Brown University & Providence VA Medical Center

(PS6-C55) Let's Agree to Disagree: The Importance of Multi-informant Reports of Family Processes in Understanding School Refusal in Youth

Emily Badin, PsyM, Hannah Brody, B.A., Tian Saltzman, Brian C. Chu, Ph.D., Rutgers University

(PS6-C56) Tailoring Cognitively-based Compassion Training for Veterans with Chronic Pain and Psychological Comorbidity

Anne Malaktaris, Ph.D.¹, Pollanna Casmar, Ph.D.², Ariel Lang, M.P.H., Ph.D.³, 1. VA San Diego Healthcare System, VA Center of Excellence for Stress and Mental Health, 2. VA San Diego Healthcare System/University of California, San Diego, 3. VA San Diego Center of Excellence for Stress and Mental Health

(PS6-C57) Development and Psychometric Properties of the Functional Impairment Post Sexual Assault Male Assessment

Emily M. Romero, M.S., Cassandra R. Lloyd, M.S., Aaron Baker, Ph.D., University of La Verne

(PS6-C58) Loss of Control Over-Eating and Social Media Behaviors in a Latinx College Student Sample

Roberto Sagaribay, B.A., Marcos Lerma, B.S., Jennifer De Alba, B.S., Nallely Ramirez, B.S., Sandra Sierra, Theodore V. Cooper, Ph.D., The University of Texas at El Paso

(PS6-C59) The Effect of Family Organization on Child Externalizing Problems and Maternal Stress

Allison C. Smith, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS6-C60) Expectancies for Cannabis-induced Emotional Breakthrough, Mystical Experiences and Changes in Dysfunctional Attitudes: Implications for Cannabis-assisted Psychotherapy for Depression

Maha N. Mian, M.A.<sup>1</sup>, Brianna R. Altman, M.A.<sup>1</sup>, Joseph DeLeo, Ph.D.<sup>2</sup>, Mitch Earleywine, Ph.D.<sup>1</sup>, 1. University at Albany, State University of New York, 2. Centre for Compassionate Care

(PS6-C61) Childhood Trauma Exposure and Its Impact on Future Physical and Psychological Intimate Partner Violence

Jessica L. Brower, M.A.<sup>1</sup>, Jasara N. Hogan, Ph.D.<sup>1</sup>, Julianne C. Flanagan, Ph.D.<sup>2</sup>, 1. Medical University of South Carolina, 2. Medical University of South Carolina; Ralph H. Johnson VAMC

(PS6-C62) A Systematic Review of Public Stigma Attributes and Obsessive-Compulsive Disorder Symptom Subtypes

Gabriella T. Ponzini, M.S., Shari A. Steinman, Ph.D., West Virginia University

(PS6-C63) Examining Distress Tolerance and Suicidality Among Patients Seeking Intensive/residential Treatment for OCD

Andreas Bezahler, B.S.¹, Devin Dattolico, B.A.¹, Martha Falkenstein, Ph.D.², 1. OCD Institute, McLean Hospital, 2. McLean Hospital/Harvard Medical School

### (PS6-C64) The Associations Among Parent Anxiety, Emotion Regulation, and Parenting Behaviors

Bethany McCurdy, M.S.<sup>1</sup>, Brandon G. Scott, Ph.D.<sup>2</sup>, Carl Weems, Ph.D.<sup>1</sup>, 1. Iowa State University, 2. Montana State University

#### (PS6-C65) Shorter Might Be Better: Examination of the OBQ-20 in Patients with Obsessive-compulsive Disorder and Anxiety Disorders

Gabrielle R. Messner, B.A.<sup>1</sup>, Sarah V. Rose, B.A.<sup>2</sup>, Helen Blair Simpson, M.D., Ph.D.<sup>1</sup>, Michael G. Wheaton, Ph.D.<sup>3</sup>, 1. Columbia University/New York State Psychiatric Institute, 2. New York State Psychiatric Institute/Columbia University Irving Medical Center, 3. Barnard College

### (PS6-C66) Idealistic Attitudes About the Maternal Body and Perinatal Anxiety and Depression: Development of the Maternal Body Beliefs Scale

Elizabeth D. Krause, Ph.D.<sup>1</sup>, Kim Ngan Hoang, B.A.<sup>1</sup>, Jane Gillham, Ph.D.<sup>1</sup>, Clorinda E. Vélez, Ph.D.<sup>2</sup>, 1. Swarthmore College, 2. Quinnipiac University

#### (PS6-C67) Contextualizing Somatic Problems in Rural Teens Who Regularly Use Cannabis

Tori Humiston, M.S.¹, Caroline Cummings, M.A.², Catherine Stanger, Ph.D.³, Alan Budney, Ph.D.³, Amy Hughes Lansing, Ph.D.¹, 1. University of Vermont, 2. University of Nevada, Reno, 3. Geisel School of Medicine at Dartmouth

### (PS6-C69) The Impact of Executive Functioning on Adaptive Behavior in Autistic Adolescents

Rebecca C. Handsman, B.S.<sup>1</sup>, Lauren Kenworthy, Ph.D.<sup>1</sup>, Cara Pugliese, Ph.D.<sup>2</sup>, 1. Center for Autism Spectrum Disorders, Children's National Hospital, 2. Children's National Hospital, George Washington University

#### (PS6-C70) Trust and Experiential Avoidance on Treatment-seeking and Disclosure Behavior in Mental Health Care

Narise Ramlal, B.A.<sup>1</sup>, Olenka S. Olesnycky, M.A.<sup>2</sup>, William C. Sanderson, Ph.D.<sup>3</sup>, 1. Harvard University, 2. Hofstra University Clinical Psychology Ph.D. Program, 3. Hofstra University

### (PS6-C71) The Effect of Reduced Social Support on Effective Emotion Regulation During the COVID-19 Pandemic

Annie-Lori C. Joseph, M.S., Brooke A. Duarte, M.S., Matthew W. Jerram, Ph.D., Suffolk University

### (PS6-C72) Rape Acknowledgment: Rates and Treatment Seeking in a Nationally Representative Sample of Men and Women

Nicole J. Barle, M.A., Sin-Ying Lin, M.A., K. Daniel O'Leary, Ph.D., Stony Brook University

### (PS6-C73) Body Dissatisfaction and Drive for Muscularity: Correlates of Disordered Eating Pathology in Racial and Ethnic Minority Males

Kimberly Yu, M.A., Taryn Henning, B.S., Juan C. Hernandez, B.A., Jenna Stadheim, B.A., Marisol Perez, Ph.D., Arizona State University

### (PS6-C74) Validation of the Spanish-translated Repetitive Behavior Scale for Early Childhood (RBS-EC)

Gabriela Sepulveda, M.S., Robert D. Rieske, Ph.D., Samuel O. Peer, Ph.D., Megan O. Bird, B.S., Idaho State University

(PS6-C75) The Relationship Between the Timing of a Morally Injurious Event and Current Distress in an Undergraduate Sample

Laura N. Cabebe, B.A., Precious J. Araujo, B.A., Kelci A. A. Straka, B.A., Alyson Zalta, Ph.D., University of California, Irvine

#### **Poster Session 6D**

Key Words: OCD (Obsessive Compulsive Disorder), Stigma

- (PS6-D76) Thought-action Fusion and Attitudes Towards Intrusive Thoughts Debbie M. Warman, ABPP, Ph.D., University of Indianapolis
- (PS6-D77) Obsessive Compulsive Disorder Severity and COVID-19. Increased Severity or Method Variance?

Ryan J. Marek, Ph.D.<sup>1</sup>, Savannah M. Kaye, M.A.<sup>2</sup>, Christopher Baulch, B.A.<sup>2</sup>, Steven L. Bistricky, Ph.D.<sup>2</sup>, 1. Sam Houston State University, 2. University of Houston, Clear Lake

(PS6-D78) Preliminary Effects of Brief RO DBT Intervention on Dyadic Social Interaction and Overcontrol in Young Adults

Jennifer E. Hugg, B.A., University of Maine

(PS6-D79) Trait Mindfulness Predicts Insomnia and Sleep Quality in a Nonclinical Sample

Jessica S. Fields, B.A.<sup>1</sup>, Alora A. Rando, M.S.<sup>1</sup>, Sarah T. Wieman, M.S.<sup>1</sup>, Helen Z. MacDonald, PhD<sup>2</sup>, Gabrielle I. Liverant, Ph.D.<sup>1</sup>, 1. Suffolk University, 2. Emmanuel College

- (PS6-D80) Associations Between Obsessive-compulsive Symptoms and Reasons for Saving Possessions in Hoarding Disorder
  - Weilynn C. Chang, B.S., Nataliya Turchmanovych, B.S., Gregory S. Chasson, Ph.D., Illinois Institute of Technology
- (PS6-D81) Barriers and Facilitators to Mental Health Help-seeking and Resource Utilization for College Students

Suh Jung Park, B.A.<sup>1</sup>, Melissa G. Hunt, Ph.D.<sup>2</sup>, 1. University of Missouri, Columbia, 2. University of Pennsylvania

(PS6-D82) Understanding Emotion Recognition Discrepancies in Body Dysmorphic Disorder

Julia Carrellas, B.A.<sup>1</sup>, Margaret D. Hall, B.A.<sup>1</sup>, Susanne S. Hoeppner, Ph.D.<sup>1</sup>, Hilary Weingarden, Ph.D.<sup>1</sup>, Jennifer L. Greenberg, Psy.D.<sup>2</sup>, Katharine A. Phillips, M.D.<sup>3</sup>, Sabine Wilhelm, Ph.D.<sup>2</sup>, 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. Weill Cornell Medical College

(PS6-D83) Energy Drink Consumption Predicts Future Intentions to Engage in Nonmedical Prescription Stimulant Use Among College Students

Alynna G. Summit, M.A.<sup>1</sup>, Nora E. Noel, Ph.D.<sup>2</sup>, 1. Indiana University, 2. University of North Carolina Wilmington

(PS6-D84) Does Shame Trigger Self-harm? The Interaction of Shame and Urgency Is Associated with More Frequent NSSI (but Not Suicide Attempts) Across Two Samples

Devon B. Sandel, MA<sup>1</sup>, Kiana Modavi, B.A.<sup>1</sup>, Benjamin Swerdlow, M.A.<sup>1</sup>, Jordan A. Tharp, B.A., M.A.<sup>1</sup>, Kiara R. Timpano, Ph.D.<sup>2</sup>, Sheri Johnson, Ph.D.<sup>1</sup>, 1. University of California, Berkeley, 2. University of Miami

- (PS6-D85) It Could Be Worse: COVID-19 Did Not Exacerbate Women's Underrepresentation in Prestigious Conference Roles at ABCT's 2020 Virtual Annual Meeting
  - Laura E. Sockol, Ph.D., Davidson College
- (PS6-D86) Parenting Style Influences the Associations Between Parent Emotion Socialization Strategies and Early Childhood Emotion Regulation Nicolas L. Camacho, B.A., Michael S. Gaffrey, Ph.D., Duke University
- (PS6-D87) Development and Validation of the Self-injury Stigma Scale

  Caitlin M. O'Loughlin, M.A., Brooke Ammerman, Ph.D., University of Notre Dame
- (PS6-D88) Exploring the Effects of Moral Vitalism and Religiosity on Self-reported Obsessive-Compulsive Symptoms
  - Kelechi P. Uzoegwu, B.S., Robert E. Fite, M.A., Joshua C. Magee, Ph.D., Miami University
- (PS6-D89) Cognitive Distortions as a Mediator of the Relationship Between Dispositional Mindfulness and Psychological Distress

Travis I. Schneider, B.A.<sup>1</sup>, Julie N. Kingery, Ph.D.<sup>1</sup>, Jamie S. Bodenlos, Ph.D.<sup>1</sup>, Jack Peltz, Ph.D.<sup>2</sup>, 1. Hobart and William Smith Colleges, 2. Daemen College

(PS6-D90) Associations Between Political Discrimination and Same-day Affect in College Students

Madison E. Taylor, B.A., John K. Kellerman, B.A., Kaileigh P. P. Conti, B.A., Joanne S. Kim, B.A., Olivia G. Lozy, B.A., Rachel L. Rosen, M.S., April L. Yeager, B.A., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

- (PS6-D91) Feasibility and Acceptability of a Short-term Virtual Parenting Program During the COVID-19 Pandemic
  - Josefina M. Toso Salman, M.A., Vanessa Y. Ng, M.A., M.S., Karin T. Wang, M.A., Olenka S. Olesnycky, M.A., Hofstra University, Clinical Psychology Program
- (PS6-D92) Considerations for Improving Counseling Center Staff Buy-in and Engagement with Mental Health Apps

Emily Hersch, M.A.<sup>1</sup>, Katherine Cohen, M.A.<sup>2</sup>, Emily G. Lattie, Ph.D.<sup>2</sup>, 1. Northwestern University Feinberg School of Medicine, 2. Northwestern University

(PS6-D93) Predictors of Treatment Completion in Online Mindfulness-based Interventions for Well-being

Noah J. French, B.A.¹, Audrey R. Stromberg, B.A.¹, Evan A. Albury, B.S.¹, Nicole J. Stephan, B.S.¹, Nevita George, B.S.¹, Alec P. Shannon, B.S.¹, Chu Yu, M.S.², Dustin J. Rabideau, Ph.D.², Lisa Pitch, M.A.³, Mitchell R. Lunn, M.D.⁴, Juno Obedin-Maliver, M.P.H., M.D.⁴, Louisa G. Sylvia, Ph.D.⁵, Andrew A. Nierenberg, M.D.⁶, 1. Dauten Family Center for Bipolar Treatment Innovation, Massachusetts General Hospital, 2. Biostatistics, Massachusetts General Hospital, 3. ImproveCareNow, 4. Stanford University School of Medicine, 5. Massachusetts General Hospital, 6. Dauten Family Center for Bipolar Treatment Innovation

- (PS6-D94) Gender Differences in Response to COVID-19 Among College Students Dominique M. Giroux, B.A.¹, Elissa J. Brown, Ph.D.², Andrea Bergman, Ph.D.¹, 1. St. John's University, 2. St. John's University, Child HELP Partnership
- (PS6-D95) Suicidal Ideation in Sexual Minority Men: Associations of Gender Role Conflict and Internalized Stigma

Joshua J. DeSon, B.A., Margaret Andover, Ph.D., Fordham University

- (PS6-D96) Modular Dialectical Behavior Therapy Skills and Parent Management Training Group for Emotionally Dysregulated Parents Katie H. Fogarty, M.A., Phyllis S. Ohr, Ph.D., Hofstra University
- (PS6-D97) Examining the Relationship Between Parental Control and Internalizing Symptoms

Paul S. Spano, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

(PS6-D98) Cognitive Behavioral Intervention for Limited-income, First Generation and Underrepresented Students in Higher Education

Qshequilla P. Mitchell, Ph.D., Lydia Etheridge, Nick Preston, Jason Perry, Shekinah Lee, University of Montevallo

(PS6-D99) Comparative Effectiveness of Three Psychological Skills on Risk of Dietary Lapse Among Adults in a Behavioral Weight Loss Program: An Ecological Momentary Assessment Study

Eli Forman, Rebecca Crochiere, M.S., Drexel University

4:00 p.m. - 6:00 p.m.

### POSTER SESSION 7

#### **Poster Session 7A**

Key Words: Abuse / Maltreatment, Risky Behaviors, Self-Injury

(PS7-A1) Do Trauma-related Cognitions Predict Indirect Self-injurious Behaviors in Maltreated Youth?

Shadie Burke, B.A., Mallory Constantine, B.A., Amanda Mraz, B.A., Kinsey Ellis, B.S., Amanda Howard, M.A., Christopher A. Kearney, Ph.D., University of Nevada, Las Vegas

(PS7-A2) Mediation of the Relationship Between Child Abuse and Psychological Distress by Emotion Socialization, Masculine Gender Role Stress, and Experiential Avoidance

Benjamin W. Katz, B.A.<sup>1</sup>, Patricia J. Long, Ph.D.<sup>2</sup>, 1. University of Wisconsin, Milwaukee, 2. University of New England

- (PS7-A4) The Role of Insomnia in the Relationship Between PTSD Symptoms and Attentional Control
  - Joelle M. Rodriguez, William Zak, Alex D. Martin, B.S., Norman B. Schmidt, Ph.D., Florida State University
- (PS7-A5) Emotion Regulation Mediates the Relationship Between Anxiety and Specific Eating Disorder Symptoms Dimensions

Peyton E. Miyares, Samantha N. Hellberg, B.A., Chandnee Puri, Dana Nguyen, Megan Butcher, B.S., Heidi J. Ojalehto, B.S., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

- (PS7-A6) Predicting Treatment Use Behaviors in a Short-term, Longitudinal Sample of Depressed College Students: The Role of Internalization and Self-stigma Brittney Golden, M.A., Nicole Morris, M.A., Paul Ingram, Ph.D., Texas Tech University
- (PS7-A7) Associations Among Childhood Sexual Abuse and Disordered Eating: The Moderating Role of Posttraumatic Stress Disorder

  Reina Kiefer, B.A.<sup>1</sup>, Svetlana Goncharenko, M.A.<sup>1</sup>, Ateka Contractor, Ph.D.<sup>2</sup>, Nicole H. Weiss, Ph.D.<sup>1</sup>, 1. University of Rhode Island, 2. University of North Texas
- (PS7-A8) Trauma Group Treatment: Amending the Seeking Safety Protocol for Adult Intensive Outpatient Populations

Faria Kamal, Ph.D., Jared K. O'Garro-Moore, Ph.D., Brian Jo, Ph.D., Columbia University Medical Center

- (PS7-A9) Differential Responses on the Fear of Food Measure Amongst Adolescents with Eating Disorders
  - Marley Billman, B.S., Jamal H. Essayli, Ph.D., Susan Lane-Loney, Ph.D., Penn State College of Medicine
- (PS7-A10) Cross-lagged Analysis of covid-19-related Worry and Media Consumption in a Socioeconomically Disadvantaged Sample of Community Adults Shelly R. Goodling, B.S., Nadia Bounoua, M.A., Naomi Sadeh, Ph.D., University of Delaware
- (PS7-A12) Conceptualization of Attrition: Exploring Differences in PTSD Symptoms and Diffusion Tensor Imaging

Sophie Haven, M.A.<sup>1</sup>, Robert Graziano, Ph.D.<sup>2</sup>, Wilson J. Brown, Ph.D.<sup>3</sup>, Steven E. Bruce, Ph.D.<sup>1</sup>, 1. University of Missouri, St. Louis, 2. Durham VA, 3. Penn State Erie, The Behrend College

- (PS7-A13) Trauma and Physical Health: Examining Neuroticism and Rumination in the Relationship Between Trauma Exposure and Physical Health Symptoms Marissa Yetter, B.A., Sophie Haven, M.A., Steven E. Bruce, Ph.D., University of Missouri, St. Louis
- (PS7-A14) Examining the Influence of Experiential Avoidance and Identity
  Disturbance on Daily Experience in Romantic Relationships
  Ramya Ramadurai, B.A., Nathaniel R. Herr, Ph.D., Vincent A. Barbieri, M.A., American
  University

- (PS7-A15) Exploring Racial and Ethnic Disparities Among Adolescents and Young Adults During the covid-19 Pandemic
  - Kerri-Anne Bell, M.A.<sup>1</sup>, Ilana Gratch, B.A.<sup>1</sup>, Emilia Sherifi, M.S.<sup>2</sup>, Jeremy G. Stewart, Ph.D.<sup>2</sup>, Christine Cha, Ph.D.<sup>1</sup>, 1. Teachers College, Columbia University, 2. Queen's University
- (PS7-A16) The Relationship Between Traumatic Childhood Events and Substance Use Among Female Entertainment Workers in Cambodia

Saankari A. Challa, M.A.<sup>1</sup>, Marissa Yetter, B.A.<sup>1</sup>, Adam Carrico, Ph.D.<sup>2</sup>, Robert H. Paul, Ph.D.<sup>3</sup>, Steven E. Bruce, Ph.D.<sup>1</sup>, Amie Pollack, Ph.D.<sup>4</sup>, Do Khanh Ngoc, Ph.D.<sup>5</sup>, Nil Ean, Ph.D.<sup>6</sup>, 1. University of Missouri, St. Louis, 2. University of Miami, 3. Missouri Institute of Mental Health, 4. Vanderbilt University, 5. Vietnam National University, Hanoi, 6. Royal University of Phnom Penh

- (PS7-A17) Factors Influencing Sleep Disturbance During the COVID-19 Pandemic Rebecca Michel, B.S., Maria C. DiFonte, M.A., Elaine Ruiz, M.A., Katharine E. Musella, M.A., Ellen C. Flannery-Schroeder, ABPP, Ph.D., The University of Rhode Island
- (PS7-A18) Anxiety and Depressive Symptoms Predict Different Subjective Sleep Quality Complaints

Mo Xiong, B.A., Jiyoung Song, B.A., Aaron J. Fisher, Ph.D., University of California, Berkeley

- (PS7-A19) Using Multiple Assessment Methods to Characterize the Effect of Bluelight-blocking Amber Glasses on Sleep & Affect: A Pilot Study Elizabeth D. Wilson, B.S.<sup>1</sup>, Eric A. Youngstrom, Ph.D.<sup>2</sup>, 1. University of North Carolina Chapel Hill, 2. University of North Carolina Chapel Hill/Helping Give Away Psychological Science
- (PS7-A20) The Effect of Sport and Physical Activity-related Concussions Among Youth on Aggression and Mood Disturbances Alexis L. Bailey, Daniel W. Capron, Ph.D., Brian W. Bauer, M.S., University of Southern Mississippi
- (PS7-A21) Examining the Representativeness of Youth Enrolled in an Effectiveness Trial for Emotional Disorders

Zabin S. Patel, M.S.<sup>1</sup>, Amanda Jensen-Doss, Ph.D.<sup>1</sup>, Golda S. Ginsburg, Ph.D.<sup>2</sup>, Jill Ehrenreich-May, Ph.D.<sup>1</sup>, 1. University of Miami, 2. University of Connecticut

- (PS7-A22) How Do I Love Thee? A Latent Mixture Model Analysis of College Dating Relationships
  - Aeriel Halstead, M.S., Scott R. Braithwaite, Ph.D., Brigham Young University
- (PS7-A23) The Influence of the Social Determinants of Health in Viral Load Variance in Men Living with HIV

Natalie Blocher, B.A., M.A.<sup>1</sup>, Shane Bierma, Ph.D.<sup>2</sup>, Todd Moore, Ph.D.<sup>1</sup>, 1. The University of Tennessee, Knoxville, 2. Louisiana State University School of Medicine

(PS7-A24) Our Graduate Students Are Struggling: Pilot Data Assessing Climate of Graduate Student Mental Health in the United States

Molly Wickenhauser, M.A.<sup>1</sup>, Danielle Maack, Ph.D.<sup>2</sup>, 1. University of Mississippi, 2. University of Mississippi and Delta Autumn Consulting

### (PS7-A25) Somatization and Suicidal Ideation in an Asian American Sample: The Moderating Role of Shame

Yu-Chin Lin, M.S., Stephanie Quan, M.S., Janelle Y. Wee, M.S., Jingyan Gu, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

#### **Poster Session 7B**

Key Words: Sexuality, Couples / Close Relationships, Gender

### (PS7-B26) An Exploratory Network Analysis of Sexual Functioning Among Newlywed Couples

Katherine W. Bogen, B.A.<sup>1</sup>, James K. Haws, M.A.<sup>2</sup>, David DiLillo, Ph.D.<sup>1</sup>, 1. University of Nebraska-Lincoln, 2. University of Nebraska

### (PS7-B27) Associations Between PTSD Symptom Clusters and Sleep Quality in a Trauma-exposed College Student Sample

Alora A. Rando, M.S., Sarah T. Wieman, M.S., Gabrielle I. Liverant, Ph.D., Suffolk University

- (PS7-B28) Analysis of Resting State Network Connectivity in Relation to Impaired Inhibitory Control in a Sample of Women Exposed to Interpersonal Violence Marissa Yetter, B.A., Carissa L. Philippi, Ph.D., Steven E. Bruce, Ph.D., University of Missouri-St. Louis
- (PS7-B29) Nonacceptance and Avoidance of Positive Emotions Account for the Association of Borderline Personality Disorder Symptoms to Anhedonia Kayla M. Scamaldo, M.A., Matthew T. Tull, Ph.D., Kim L. Gratz, Ph.D., University of Toledo
- (PS7-B30) Differences in Emotion Regulation with Generalized Anxiety Disorder, Social Anxiety Disorder and Prolonged Grief Disorder

Margot H. Steinberg, B.A.¹, Bryana Schantz, M.A.¹, Kristin L. Szuhany, Ph.D.², Emma L. Jennings, B.S.³, Alan Chen, M.S.¹, Carly Miron, B.S.¹, Madeleine M. Rassaby, B.A.¹, Donald J. Robinaugh, Ph.D.⁴, Naomi M. Simon, M.D.¹, 1. New York University Grossman School of Medicine, 2. New York University School of Medicine, 3. New York University Langone Medical Center, 4. Massachusetts General Hospital/Harvard Medical School

### (PS7-B32) A Psychometric Evaluation of the Competencies of Cognitive Therapy Scale Self-report (CCTS-SR) in a Non-clinical Sample

John F. Buss, B.S.<sup>1</sup>, Lauren A. Rutter, Ph.D.<sup>2</sup>, Lorenzo Lorenzo-Luaces, Ph.D.<sup>1</sup>, Jacqueline Howard, B.A.<sup>2</sup>, 1. Indiana University, 2. Indiana University Bloomington

- (PS7-B34) Modification and Validation of a Measure of Children's Irrational Beliefs Alisa Gudz, MSW, Jessica Levy, B.A., Mark Terjesen, Ph.D., St. John's University
- (PS7-B37) Single-session Intervention as a Precursor to School Mental Health Services for Rural Youth

Emma Walker, B.S., Jacqueline Hersh, Ph.D., Kurt D. Michael, Ph.D., Lisa Curtin, Ph.D., Appalachian State University

(PS7-B38) Preliminary Evidence for the Mediating Role of Self-compassion in the Relationship Between Interoceptive Awareness and Emotion Regulation in Individuals with Acquired Brain Injury

Lorena Desdentado, M.S.<sup>1</sup>, Rosa M. Baños, Ph.D.<sup>2</sup>, Marta Miragall, Ph.D.<sup>3</sup>, Roberto Llorens, Ph.D.4, Tamara Escrivá-Martínez, M.S.5, María Dolores Navarro, Other6, Joan Ferri Campos, Ph.D.6, 1. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain, 2. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain; 3. Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain, 4. Neurorehabilitation and Brain Research Group, Instituto de Investigación e Innovación en Bioingeniería, Universitat Politècnica de València, Valencia, Spain; NEURORHB. Servicio de Neurorrehabilitación de Hospitales Vithas, Fundación Vithas, Valencia, Spain, 5. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain, 6. NEURORHB. Servicio de Neurorrehabilitación de Hospitales Vithas, Fundación Vithas, Valencia, Spain

- (PS7-B39) Associations Between Demographic Characteristics and Psychological Distress in a Sample of New York City Caregivers During COVID-19
  Sophia Miller, B.A., Danielle S. Citera, M.A., Maddi Gervasio, B.S., Emma Joseph, Elissa J. Brown, Ph.D., St. John's University, Child HELP Partnership
- (PS7-B40) The Associated Stigma of Being a Caregiver to Someone with a Mental Illness: Findings in a White-latinx Sample

  Monica Abdul-Chani, M.A.<sup>1</sup>, Jordan C. Alvarez, B.A.<sup>2</sup>, Sarah O'Kelley, Ph.D.<sup>1</sup>, 1. The University of Alabama at Birmingham, 2. Auburn University
- (PS7-B41) Natural Language Synchrony Between Romantic Partners During Interpersonal Stress Regulation
  Binghuang A. Wang, M.S., Melissa V. Gates, B.A., Leanna Z. Poole, B.S., Christina Balderrama-Durbin, PhD, Binghamton University
- (PS7-B42) Core Components of Social Anxiety and Interpersonal Evaluation *Jin Shin, B.A., Thomas L. Rodebaugh, Ph.D.*, Washington University in St. Louis
- (PS7-B43) Emotion Reactivity and Regulation: Influence of Lifetime Posttraumatic Stress Disorder on Responses to a Negative Mood Induction in Individuals with Borderline Personality Disorder

Lauren E. Simpson, B.A.<sup>1</sup>, Elinor E. Waite, B.A.<sup>2</sup>, Katherine Dixon-Gordon, Ph.D.<sup>2</sup>, 1. University of Nebraska, Lincoln, 2. University of Massachusetts, Amherst

- (PS7-B44) Examining Change in Negative Attentional Bias and Anxiety Using K-means Clustering
  - Amanda N. Holbrook, B.A.<sup>1</sup>, Nader Amir, Ph.D.<sup>2</sup>, 1. San Diego State University, 2. University of California, San Diego/San Diego State University Doctoral Program
- (PS7-B45) Independent Validation of the Contrast Avoidance Questionnaires via Bifactor Analysis

Travis A. Rogers, M.S., Joseph R. Bardeen, Ph.D., Natasha Benfer, M.S., Auburn University

### (PS7-B46) Self-blame as a Mediator in the Relationship Between Bystander Presence and Posttraumatic Stress Symptoms

Hannah B. Sawyer, Kayla M. Ford, B.S., Edward Molina, B.A., Lindsay S. Ham, Ph.D., University of Arkansas

#### (PS7-B47) Trauma Anniversary Reactions Marked by Stress Are Evident Across Adverse Experiences

Madeline J. Bruce, M.S., Alexander Chang, B.S., Luke Evans, M.S., Lindsay Thomas, B.S., Paul Handal, Ph.D., Saint Louis University

### (PS7-B48) Optimism as a Moderator of the Relationship Between Perceived Threat and COVID-19 Anxiety Symptoms

Blakely Murphy, B.A., Cynthia A. Rohrbeck, Ph.D., Ashley E. Reed, B.A., Nicholas W. Talisman, M.A., Philip Wirtz, Ph.D., Nazeef Vasaya, B.A., Caitlin Eivers, George Washington University

- (PS7-B49) Separating Positive and Negative Stress Mindsets in Stress Research:
  Different Mood and Personality Correlates of Positive and Negative Stress Beliefs
  Jazmin A. Nieves, B.S., Amanda Chue, Ph.D., Kathleen C. Gunthert, Ph.D., American
  University
- (PS7-B50) Interplay of Verbal Learning Deficits and Reward Sensitivity in Adolescents with Bipolar Disorders

Anusha Duggirala, B.A.¹, Monica Luciana, Ph.D.², Snezana Urosevic, Ph.D.¹, 1. Minneapolis VAMC, 2. University of Minnesota

#### **Poster Session 7C**

Key Words: ADHD, Depression, College Students

### (PS7-C51) ADHD Symptom Severity in Relation to Psychosocial Functioning Within a Sample of ADHD College Students

Peyton E. Miyares<sup>1</sup>, Rebecca L. Harrell, B.A.<sup>2</sup>, Kirk D. Mochrie, Ph.D.<sup>3</sup>, John Lothes, II<sup>4</sup>, 1. University of North Carolina at Chapel Hill, 2. East Carolina University, 3. Triangle Area Psychology (TAP) Clinic, 4. University of North Carolina Wilmington

### (PS7-C52) Psychophysiological Moderators of Treatment Outcome in Positive versus Negative Affect Treatment

Nora Barnes-Horowitz, M.A.¹, Aileen Echiverri-Cohen, Ph.D.¹, Julian Ruiz, B.A.¹, Alicia E. Meuret, Ph.D.², Thomas Ritz, Ph.D.², Michael Treanor, Ph.D.¹, David Rosenfield, Ph.D.², Michaelle G. Craske, Ph.D.¹, 1. University of California Los Angeles, 2. Southern Methodist University

### (PS7-C53) Examining the Effect of Cognitive-behavioral Therapy for Adult ADHD on Comorbid Anxiety and Depression

Kaley A. Roberts, M.A., Texas Tech University

### (PS7-C54) The Combined Role of Negative Self-perception and Non-suicidal Self-injury in Suicidal Ideation-to-action

Kristen M. Sorgi-Wilson, M.A., Joey C. Cheung, M.A., Nicole K. Ciesinski, B.A., Michael S. McCloskey, Ph.D., Temple University

### (PS7-C55) Adolescents with ADHD: Sleep as a Predictor of Academic Treatment Response

Amanda K. Nelson, M.A.<sup>1</sup>, George J. DuPaul, Ph.D.<sup>1</sup>, Steven W. Evans, Ph.D.<sup>2</sup>, Kristina Puzino, Ph.D.<sup>3</sup>, Bridget V. Dever, Ph.D.<sup>1</sup>, 1. Lehigh University, 2. Ohio University, 3. Penn State Hershey Medical Center

#### (PS7-C56) Family Bridger Pilot Program: Feasibility and Acceptability of a Peer Navigator Model of Support for Caregivers of Loved Ones Experiencing Early Psychosis

Matthew H. Christiansen, M.S., Akansha Vaswani-Bye, Ph.D., Maria Monroe-DeVita, Ph.D., University of Washington, Seattle

### (PS7-C57) Perfectionism as a Mediator of the Relation Between ADHD Symptoms and Experiential Avoidance in College Students

Elizabeth A. Bodalski<sup>1</sup>, Kevin Antshel, Ph.D.<sup>2</sup>, Elizabeth K. Lefler, Ph.D.<sup>3</sup>, Tamara M. Abu-Ramadan, M.A.<sup>4</sup>, Michael C. Meinzer, Ph.D.<sup>5</sup>, Kate Flory, Ph.D.<sup>1</sup>, 1. University of South Carolina, 2. Syracuse University, 3. University of Northern Iowa, 4. University of Wyoming, 5. University of Illinois at Chicago

#### (PS7-C58) Differences in Minority Stress Experiences, Relationship Quality, and Mental Health Outcomes Among Women with Bisexual, Pansexual, and Queer Identities

Zane M. Fechter, Lisa M. Godfrey, M.A., Sarah W. Whitton, Ph.D., University of Cincinnati

### (PS7-C59) Infant Nighttime Sleep Trajectories in Northern Appalachia

Jamey T. Brumbaugh, B.S.¹, Matthew C. Arias, M.S.¹, Casey D. Wright, M.S.¹, Katherine Neiswanger, M.A., Ph.D.², John Shaffer, Ph.D.², Betsy Foxman, Ph.D.³, Mary L. Marazita, Ph.D.², Daniel W. McNeil, Ph.D.¹, 1. West Virginia University, 2. University of Pittsburgh, 3. University of Michigan

### (PS7-C60) Mental Health Effects of COVID-19 on Transgender and Gender Diverse People: A Scoping Review and Thematic Analysis

Nathan L. Hollinsaid, B.S., Department of Psychology, Harvard University

### (PS7-C61) Deciding Together: Using a Novel Observational Coding System to Evaluate Shared Decision Making in Youth Mental Health

Laura J. Nelson Darling, M.A.<sup>1</sup>, Alicia R. Fenley, M.A.<sup>1</sup>, Emily Nickson, B.S.<sup>2</sup>, Caroline Nelson, B.A.<sup>1</sup>, Shiba M. Esfand, B.A.<sup>1</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>3</sup>, David A. Langer, ABPP, Ph.D.<sup>4</sup>, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston College, 3. University of California Los Angeles, 4. Suffolk University

#### (PS7-C62) Neutral Is Not Good Enough: Affirming Cognitive Behavioral Therapy Practices Increase Positive Perceptions of the Therapeutic Alliance by Transgender and Gender Diverse Adults

Allura L. Ralston, M.A.¹, Hannah M. Coffey, M.A.¹, Sage A. Volk, B.A.¹, T. Zachary Huit, M.A.¹, Natalie R. Holt, Ph.D.¹, Christen E. Seyl,¹, Alexander L. Farquhar-Leicester, M.A.¹, Richard A. Mocarski, Ph.D.², Nathan Woodruff³, Debra A. Hope, Ph.D.¹, 1. University of Nebraska-Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

(PS7-C63) Effectiveness of Family Based Treatment (FBT) for Pediatric Eating Disorders in an Outpatient Specialty Practice

Alexis T. Torres, B.A.<sup>1</sup>, Amanda Henkel, B.A.<sup>1</sup>, Marina Chibazakura, B.S.<sup>1</sup>, Samantha Martin, B.S.<sup>1</sup>, Jessica A. Cowan, Psy.D.<sup>2</sup>, Travis L. Osborne, ABPP, Ph.D.<sup>3</sup>, Ariel Ravid, Ph.D.<sup>1</sup>, Angela Celio Doyle, Ph.D.<sup>3</sup>, 1. Evidence Based Treatment Centers of Seattle, 2. Eating Disorder Clinic at Evidence Based Treatment Centers of Seattle, 3. Evidence Based Treatment Centers of Seattle (EBTCS)

(PS7-C64) Identifying Behaviors That Influence Sleep Health and Increase Risk for Insomnia Among Airmen in Technical Training

Rosemary Estevez Burns, Ph.D.<sup>1</sup>, Jordan M. Ellis, Ph.D.<sup>2</sup>, Xin Qun Wang, Ph.D.<sup>3</sup>, Marc A. Patience, Ph.D.<sup>2</sup>, John Blue Star, Ph.D.<sup>2</sup>, Chase Aycock, Psy.D.<sup>4</sup>, Daniel G. Cassidy, ABPP, Ph.D.<sup>1</sup>, Gerald W. Talcott, ABPP, Ph.D.<sup>3</sup>, 1. Wilford Hall Ambulatory Surgical Center, 2. United States Air Force, 3. University of Virginia, 4. Wilford Hall Ambulatory Surgical Center, JBSA-Lackland Air Force Base, TX

(PS7-C65) Willingness and Predictors of Mental Health Telehealth Utilization Among College Students

Rebecca Yaklic, B.A., M.A., Phillip May, M.A., Susan L. Kenford, B.A., M.A., Ph.D., Xavier University

(PS7-C66) The Differential Effects of Minority Stressors on Intimate Partner Violence in LGB People of Color

Kevin Moino, M.A., Dominic J. Parrott, Ph.D., Kevin M. Swartout, Ph.D., Georgia State University

(PS7-C67) Assessing Efficacy and Predictors of Two Single Session Interventions for Targeting Distress Tolerance
Niza A. Tonarely, M.S., Jill Ehrenreich-May, Ph.D., University of Miami

(PS7-C68) The Difference Relationship Between Procrastination and Depression and Anxiety Symptoms with ADHD Diagnosed and Undiagnosed Among the

Emerging Adulthood in Online Survey
Mana Oguchi, M.A., Hiroaki Kumano, M.D., Ph.D., Waseda University

(PS7-C69) The Protective Effect of Individual-level Coping on the Association Between Racial Discrimination and Depressive Symptoms Among Black Men Wilson Vincent, Ph.D.<sup>1</sup>, Ana María del Río-González, Ph.D.<sup>2</sup>, Lisa Bowleg, Ph.D.<sup>2</sup>, 1. Temple University, 2. George Washington University

(PS7-C70) Events Are Remembered as Having Occurred More Recently in Paranoia Will N. Koller, M.A.<sup>1</sup>, Joan Danielle K. Ongchoco, M.A.<sup>1</sup>, Michael V. Bronstein, Ph.D.<sup>2</sup>, Brian J. Scholl, Ph.D.<sup>1</sup>, Tyrone D. Cannon, Ph.D.<sup>1</sup>, 1. Yale University, 2. University of Minnesota

(PS7-C71) The Protective Role of Social Coping Strategies on Loneliness

Madeleine M. Rassaby, B.A.<sup>1</sup>, Alan Chen, M.S.<sup>1</sup>, Alexandra Mellis, Ph.D.<sup>2</sup>, Candace Raio, Ph.D.<sup>1</sup>, Samrachana Adhikari, Ph.D.<sup>1</sup>, Kristin L. Szuhany, Ph.D.<sup>3</sup>, Matteo Malgaroli, Ph.D.<sup>4</sup>, Carly Miron, B.S.<sup>1</sup>, Emma L. Jennings, B.S.<sup>4</sup>, Bryana Schantz, M.A.<sup>1</sup>, Dylan B. Miller, B.A.<sup>3</sup>, Paul Glimcher, Ph.D.<sup>1</sup>, Naomi M. Simon, M.D.<sup>1</sup>, 1. New York University Grossman School of Medicine, 2. New York University Langone Health, 3. New York University School of Medicine, 4. New York University Langone Medical Center

(PS7-C72) Temporal Associations of Regretted Sex, Sexual Protective Behavioral Strategies, and Alcohol Use Among High-risk Young Adults: A Multi-group Analysis

Roselyn Peterson, M.S.<sup>1</sup>, Robert Dvorak, Ph.D.<sup>1</sup>, Melissa A. Lewis, Ph.D.<sup>2</sup>, 1. University of Central Florida, 2. University of North Texas Health Science Center

(PS7-C73) Goal-related Distress and Meaning in Life: A Daily Investigation of the Role of Psychological Flexibility

Jessica A. Birg, M.A., Ruba Rum, M.S., Michelle Hua, B.A., Fallon R. Goodman, Ph.D., University of South Florida

(PS7-C74) Use of Self-management Resources for Depressive Symptoms by Veterans in Primary Care

Yvette Rother, B.S., Jacob Scharer, Ph.D., Robyn L. Shepardson, Ph.D., Wilfred Pigeon, Ph.D., Jennifer S. Funderburk, Ph.D., VA Center for Integrated Healthcare

(PS7-C75) Well-being Mediates the Relationship Between Gratitude and PTSD in a Diverse Sample of Women

Angela L. Richardson, M.A., Matthew W. Gallagher, Ph.D., University of Houston

#### **Poster Session 7D**

Key Words: Adolescents, Global Mental Health, Depression

(PS7-D76) Prevalence and Correlates of Depression and Anxiety Among Secondary School Students in India

Suh Jung Park, B.A.<sup>1</sup>, Akash Wasil, M.A.<sup>2</sup>, Sarah Gillespie, B.A.<sup>3</sup>, Robert J. DeRubeis, Ph.D.<sup>2</sup>, 1. University of Missouri, Columbia, 2. University of Pennsylvania, 3. University of Minnesota

(PS7-D77) Mapping the PCL-5 onto State Level Experiences in Veterans Using an Experimental Design

Joanna Fagan, M.S.<sup>1</sup>, Adam P. McGuire, Ph.D.<sup>2</sup>, A. Solomon Kurz, Ph.D.<sup>2</sup>, Austen R. Anderson, Ph.D.<sup>3</sup>, Yvette Szabo, Ph.D.<sup>2</sup>, Sheila Frankfurt, Ph.D.<sup>2</sup>, 1. University of Texas at Tyler, 2. VISN 17 Center of Excellence for Research on Returning War Veterans, 3. VA VISN 17 Center of Excellence for Research on Returning War Veterans

(PS7-D78) Symptoms of Attention-deficit/hyperactivity Disorder, Sluggish Cognitive Tempo, and Internalizing Disorders Predicting Quality of Life in College Students with ADHD: Medication Use as a Moderator

Austin B. Burns<sup>1</sup>, Annie A. Garner, Ph.D.<sup>1</sup>, Stephen P. Becker, Ph.D.<sup>2</sup>, Michael J. Kofler, Ph.D.<sup>3</sup>, Matthew Jarrett, Ph.D.<sup>4</sup>, Aaron M. Luebbe, Ph.D.<sup>5</sup>, G. Leonard Leonard. Burns, Ph.D.<sup>6</sup>, 1. Saint Louis University, 2. Cincinnati Children's Hospital Medical Center, 3. Florida State University, 4. University of Alabama, 5. Miami University, 6. Washington State University

(PS7-D79) An Analysis of the Effects of Natural Environment Training and Discrete Trial Training on Adaptive Skills

Amelia Yanchik, M.A.<sup>1</sup>, Michelle Grazioli, B.S.<sup>1</sup>, Peter Vietze, Ph.D.<sup>1</sup>, Sadaf Khawar, M.A.<sup>1</sup>, Ghowash Irshad, M.A.<sup>1</sup>, Leah Esther Lax, Ph.D.<sup>2</sup>, 1. Montclair State University, 2. CARES

### (PS7-D80) Self-reported Values of At-risk College Student Drinkers and Implications for Intervention Development

Melissa R. Hatch, B.A.<sup>1</sup>, Sayre E. Wilson, M.S.<sup>2</sup>, Nadine R. Mastroleo, Ph.D.<sup>2</sup>, Angelo M. DiBello, Ph.D.<sup>3</sup>, Kate B. Carey, Ph.D.<sup>4</sup>, 1. University of New Mexico, 2. Binghamton University, 3. Rutgers University, 4. Brown University

- (PS7-D81) Impact of Sudden and Temporary School Closure Due to the COVID-19 on Mental Health Problems of Children, Adolescents, and Parents in Japan
  - Kohei Kishida, Ph.D., Masami Tsuda, B.A., Shin-ichi Ishikawa, Ph.D., Doshisha University
- (PS7-D82) Examining Patterns Mental Health Service Utilization Among Adolescents Enrolled in Medicaid

Casey A. Pederson, Ph.D., Allyson Dir, Ph.D., Fangqian Ouyang, M.S., Patrick Monahan, Ph.D., Sarah Weihe, M.P.H., M.D., Matthew Aalsma, Ph.D., Indiana University School of Medicine

- (PS7-D83) Cannabis Consumption While Gambling: Relation of Legal Status Among Frequent Gamblers
  - Abby McPhail, M.A., M.S., Tori Horn, M.A., James Whelan, Ph.D., University of Memphis
- (PS7-D84) Characteristics of Mhealth Therapy App Engagement by Young Adults with **OUD**

Jennifer Stidham, B.A., Jennifer L. Carrano, Ph.D., Kevin Wenzel, Ph.D., Julia Thomas, B.S., Marc Fishman, M.D., Maryland Treatment Centers

(PS7-D85) The Role of Alcohol, Drug Use, and Impulsivity in E-cigarette Use Among Sexual Minority Young Adults

Alyssa M. Medenblik, B.A.<sup>1</sup>, Thomas E. Schlechter, B.A.<sup>2</sup>, Gloria Romero, B.S., M.S.<sup>1</sup>, Alisa R. Garner, M.A.<sup>1</sup>, Hannah L. Grigorian, M.A.<sup>1</sup>, Ryan C. Shorey, Ph.D.<sup>2</sup>, Gregory Stuart, Ph.D.<sup>3</sup>, 1. The University of Tennessee, Knoxville, 2. University of Wisconsin, Milwaukee

(PS7-D86) Distress Tolerance, Coping Motives to Drink, and Alcohol Craving in a Lab-based Experiment

Isabel F. Augur, M.A., Lindsay S. Ham, Ph.D., Noah R. Wolkowicz, M.S., University of Arkansas

(PS7-D87) Neural Response to Emotional Processing Predicts Future PTSD Symptom Severity in Veterans

Morgan E. Marvin, B.A., Jessica Bomyea, Ph.D., Andrea Spadoni, Ph.D., Alan Simmons, Ph.D., VASDC: Center of Excellence for Stress and Mental Health; University of California San Diego Dept of Psychiatry

- (PS7-D88) Recalling Positive Aspects of the Self Reduces Acute Negative Affect Stemming from Negative Autobiographical Memory Recall
  - Chelsea E. Boccagno, M.A., Jill M. Hooley, D. Phil., Harvard University
- (PS7-D89) Emotion Regulation Repertoires in the Relationship Between Borderline Symptoms and Craving

Joseph H. Lancaster, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS7-D90) Effect of DBT Skills Training in Partial Hospital/intensive Outpatient Setting on Post Traumatic Stress Disorder Symptoms

Eric Guendner, M.A.<sup>1</sup>, Zjanya Arwood, M.A.<sup>1</sup>, Rachel Kantor, M.A.<sup>1</sup>, Matison W. McCool, M.A.<sup>1</sup>, John Lothes, II<sup>1</sup>, Kirk D. Mochrie, Ph.D.<sup>2</sup>, Samantha Sirabian<sup>2</sup>, Jane St John, M.A.<sup>3</sup>, 1. University of North Carolina Wilmington, 2. Triangle Area Psychology (TAP) Clinic, 3. Delta Behavioral Health

(PS7-D91) Simultaneous Alcohol and Marijuana Use Motives Moderate the Relationship Between Simultaneous Alcohol and Marijuana Use and High-risk Sexual Behaviors

Haley Kolp, M.S., Emily A. Munoz, M.A., Cayla M. O'Hair, B.A., Lauren Grocott, B.A., Ryan C. Shorey, Ph.D., University of Wisconsin, Milwaukee

(PS7-D92) The Impact of Dialectical Behavior Therapy Phone Coaching on Selfinjurious Thoughts and Behaviors

Melanie R. Rosen, M.A., Allison K. Ruork, Ph.D., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University

(PS7-D93) Comparing the Acceptability of Treatment Rationales for Two Psychotherapies

Marin G. Olson, M.A.<sup>1</sup>, Jeffrey A. Buchanan, Ph.D.<sup>1</sup>, Soultana Mpoulkoura, M.A.<sup>2</sup>, Samuel D. Spencer, M.A.<sup>3</sup>, 1. Minnesota State University, Mankato, 2. The Chicago School of Professional Psychology, 3. University of Hawai'i at Mānoa

- (PS7-D94) Reward Probability Mediates the Relationship Between Posttraumatic Stress and Cannabis Use Among Trauma Exposed College Students Michael J. Gawrysiak, Ph.D., Michael Roche, Ph.D., Daniel R. Loomis, M.A., Stevie N. Grassetti, Ph.D., Zachary Getz, M.A., West Chester University of Pennsylvania
- (PS7-D95) Transdiagnostic Dimensions of Anxiety and Depression Interact to Predict Preferences for Risk During Decision Making Jeffrey A. Spielberg, Ph.D., University of Delaware
- (PS7-D96) Antidepressant Medication Status as a Moderator of Outcomes Following Cognitive-behavioral Therapy and Light Therapy for Winter Depression: Is There Evidence of an Iatrogenic Effect?

Kelly J. Rohan, Ph.D.¹, Pamela M. Vacek, Ph.D.², Julia M. Terman, B.A.¹, Richard J. Norton, B.S.¹, Jessica Perez, M.A.¹, Praise Iyiewuare, M.P.H., M.A.¹, Michael J. DeSarno, M.S.², 1. University of Vermont, 2. University of Vermont Larner College of Medicine

(PS7-D97) Exploring the Relationship Between Schizotypy, Interoceptive Awareness, and Distress from Psychotic-like Experiences

Noelle Warfford, B.S., Mackenzie Cooper, Grayling F. Keune, None, Kellyann M. Navarre, B.A., Peter G. Mezo, Ph.D., University of Toledo

(PS7-D98) Latent Profiles of Parental Responses on the Ohio Scales and Their Associations with Treatment Outcomes

Holly R. Turner, M.A., Tommie M. Laba, M.A., Alex Elefteratos, Spencer K. Choy, M.A., David S. Jackson, Ph.D., Charles W. Mueller, Ph.D., University of Hawai'i at Manoa

(PS7-D99) The Interaction Between Borderline Personality Disorder Symptomology and Stress on Negative Affect: A Daily Diary Study

Haley Hunt, B.A., Madison M. Guter, M.A., Nathaniel R. Herr, Ph.D., American University

### Friday, November 19

6:30 p.m. - 8:30 p.m.

#### SIG POSTER SESSION

#### ADDICTIVE BEHAVIORS SIG

#### (AB-01) Addressing Barriers to Implementation of Contingency Management via a Novel Virtual Fishbowl

Sharon Lang, B.A.<sup>1</sup>, Bryan R. Garner, Ph.D.<sup>2</sup>, Elizabeth L. Ball, B.A.<sup>2</sup>, Nicholas Correia, B.A.<sup>1</sup>, Julia Yermash, B.A.<sup>3</sup>, Bryan Hartzler, Ph.D.<sup>4</sup>, Sara Becker, Ph.D.<sup>1</sup>, 1. Brown University School of Public Health, 2. RTI International, 3. Brown University, 4. Addictions, Drugs, and Alcohol Institute, University of Washington

#### (AB-02) Effect of Baseline BMI on Weight Change During Medication for Opioid Use Disorder Treatment

Julia Yermash, B.A.<sup>1</sup>, Cara M. Murphy, Ph.D.<sup>2</sup>, Sharon Lang, B.A.<sup>2</sup>, Nicholas Correia, B.A.<sup>2</sup>, Kimberly Yap, B.A.<sup>1</sup>, Bryan R. Garner, Ph.D.<sup>3</sup>, Sara Becker, Ph.D.<sup>2</sup>, 1. Brown University, 2. Brown University School of Public Health, 3. RTI International

### (AB-03) CBT Micro-interventions for Alcohol Use Disorder: Gender Differences in Use of Treatment Skills and Outcome

Cathryn Glanton Holzhauer, Ph.D.¹, Elizabeth Epstein, Ph.D.², Gregory J. DiGirolamo, Ph.D.³, Emily L. Starratt, B.A.⁴, 1. VA Central Western Massachusetts/University of Massachusetts Medical School, 2. University of Massachusetts Medical School, 3. College of the Holy Cross , 4. University of New Mexico

### (AB-04) Racial Discrimination and Hazardous Drinking: The Role of Social Anxiety in the Minority Stress Model Among Black Drinkers

Abigail L. Brien<sup>1</sup>, Justin M. Shepherd, M.A.<sup>2</sup>, Michael J. Zvolensky, Ph.D.<sup>2</sup>, Julia D. Buckner, Ph.D.<sup>1</sup>, 1. Louisiana State University, 2. University of Houston

#### (AB-05) Naturalistic Mescaline Use Predicts Lowered Odds of Alcohol Use Disorder Criteria

Grant Jones, M.A, Matthew K. Nock, Ph.D., Harvard University

### (AB-06) Characterological Self-blame and Patients' Genetic Attributions for Their Gambling Problems

Matthew S. Lebowitz, Ph.D., Columbia University

- (AB-07) MET-CBT for Substance Use Disorders with a Diverse Psychiatric Inpatient Sample: The Impact of Suicidal Thoughts and Behaviors
  - Brooks M. O'Dell<sup>1</sup>, Paige E. Morris, B.A.<sup>2</sup>, Raymond Tucker, Ph.D.<sup>2</sup>, Kathleen A. Crapanzano, M.D., Sarah Pardue-Boudeois, M.A.<sup>1</sup>, Julia D. Buckner, Ph.D.<sup>2</sup>, Louisiana State University
- (AB-08) Results of a Pilot Study Testing the Effect of a Positive Psychological Intervention on Cannabis Use and Related Consequences

Melissa R. Schick, M.A.<sup>1</sup>, Katherine L. Hostetler, B.S.<sup>1</sup>, Christopher Kahler, Ph.D.<sup>2</sup>, Nichea Spillane, Ph.D.<sup>1</sup>, 1. University of Rhode Island, 2. Brown University School of Public Health

(AB-09) Opioid and Cannabis Co-use Among Adults with Chronic Pain: The Roles of Anxiety and Coping Motives

Caroline R. Scherzer, B.S.<sup>1</sup>, Andrew H. Rogers, M.A.<sup>2</sup>, Michael J. Zvolensky, Ph.D.<sup>2</sup>, Julia D. Buckner, Ph.D.<sup>1</sup>, 1. Louisiana State University, 2. University of Houston

(AB-10) Changes in Perceptions of College Student Substance Use During the COVID-19 Pandemic

Emily Warner, B.A., Susanna V. Lopez, M.S., Delaney S. Dunn, M.S., Thad Leffingwell, Ph.D., Oklahoma State University

(AB-11) Perceived COVID-19 Outbreak Size Predicts Alcohol Use as Mediated by Anxiety Sensitivity

Savannah J. Woller, B.S., Danielle M. Morabito, M.S., Norman B. Schmidt, Ph.D., Florida State University

(AB-12) The Role of Anxiety Sensitivity in Desire to Drink Following Laboratoryinduced Physical Pain

Jake W. Hanes, B.S.<sup>1</sup>, Heidemaire Blumenthal, Ph.D<sup>1</sup>, Nathan Kearns, Ph.D.<sup>2</sup>, Jakob L. Vingren, Ph.D.<sup>1</sup>, Meredith Hall, B.A.<sup>1</sup>, Alex Baker, B.A.<sup>1</sup>, Zina Trost, Ph.D<sup>3</sup>, 1. University of North Texas, 2. Brown University, 3. Virginia Commonwealth University

### **ANXIETY DISORDERS SIG**

- (AD-01) Restlessness in College Students Heightens Risk of Suicide Attempt Danielle M. Moskow, M.A.<sup>1</sup>, Sarah K. Lipson, Ph.D.<sup>2</sup>, Martha C. Tompson, Ph.D.<sup>1</sup>, 1. Boston University, 2. Boston University School of Public Health
- (AD-02) Identifying Real-world Affective Correlates of Cognitive Risk Factors for Anxiety Disorders

Lara Baez, B.A.<sup>1</sup>, Nicole A. Puccetti, M.S.<sup>1</sup>, Caitlin A. Stamatis, M.S.<sup>2</sup>, Brittany Jaso, M.S.<sup>1</sup>, Kiara R. Timpano, Ph.D.<sup>1</sup>, Aaron Heller, Ph.D.<sup>1</sup>, 1. University of Miami, 2. New York Presbyterian Hospital/Weill Cornell Medical College

- (AD-03) Associations Between Experiences of Racial Victimization by Peers and Anxiety Symptoms Among Asian Ethnic Groups
  - Anna R. C Workman, B.A.<sup>1</sup>, Richard Liu, Ph.D.<sup>2</sup>, 1. Massachusetts General Hospital and Harvard Medical School, 2. Massachusetts General Hospital

#### (AD-04) Online Cognitive Bias Modification for Interpretation to Reduce Anxious Thinking During COVID-19

Maria A. Larrazábal, M.S.<sup>1</sup>, Jeremy W. Eberle, M.A.<sup>1</sup>, Henry C. Behan, M.S.<sup>1</sup>, Angel F. Vela de la Garza Evia<sup>1</sup>, Mehdi O. Boukhechba, Ph.D.<sup>2</sup>, Daniel H. Funk<sup>3</sup>, Laura E. Barnes, Ph.D.<sup>1</sup>, Bethany A. Teachman, Ph.D.<sup>1</sup>, 1. University of Virginia, 2. Engineering Systems and Environment, University of Virginia, 3. Sartography

#### (AD-05) The Role of Intrusive Thought and Concentration Difficulty in Predicting Ruminations: An EMA Study

Daniela Moreno-Duron<sup>1</sup>, Amanda N. Holbrook, B.A.<sup>2</sup>, Nader Amir, Ph.D.<sup>3</sup>, 1. San Diego State University - Center for Understanding and Treating Anxiety, 2. San Diego State University, 3. University of California, San Diego/Sand Diego State University Doctoral Program

- (AD-06) Evaluating the Psychometric Properties of the Subjective Units of Distress Elizabeth F. Mattera, B.S., Brian A. Zaboski, Ph.D., Yale University
- (AD-07) Rethinking Unacceptable Thoughts: validation of an Expanded Version of the Dimensional Obsessive-compulsive Scale (DOCS)

Vera Mackie<sup>1</sup>, Elyssa Faison<sup>2</sup>, Lois Hao<sup>3</sup>, Ann Marie Davis<sup>4</sup>, Chang Liu<sup>5</sup>, Aoi Saito<sup>3</sup>, Chad Wetterneck, Ph.D.<sup>6</sup>, Elizabeth McIngvale, Ph.D.<sup>7</sup>, Thröstur Björgvinsson, Ph.D.<sup>8</sup>, Monnica T. Williams, ABPP, Ph.D.<sup>9</sup>, Eric B. Lee<sup>10</sup>, 1. University of Wollongong, 2. University of Oklahoma, 3. Northwestern University, 4. Ohio State University, 5. Chinese University of Hong Kong, 6. Rogers Behavioral health, 7. McLean OCD Institute, 8. McLean Hospital / Harvard Medical School, 9. University of Ottawa, 10. Southern Illinois University

#### (AD-08) The Moderating Role of Perceived Social Support on the Relationship Between COVID-19 Perceived Threat and Anxiety

Ashley Reed, B.S., Cynthia A. Rohrbeck, Ph.D., Nicholas W. Talisman, M.A., Nazeef Vasaya, Blakely Murphy, Caitlin Eivers, Philip W. Wirtz, Ph.D., The George Washington University

#### (AD-09) Characteristics of OCD with and Without Comorbid Social Phobia

Immanuela C. Obisie-Orlu<sup>1</sup>, Maria C. Mancebo, Ph.D.<sup>2</sup>, Jane L. Eisen, Ph.D.<sup>3</sup>, Steven A. Rasmussen, M.D.<sup>4</sup>, Christina L. Boisseau, Ph.D.<sup>5</sup>, 1. University of Pittsburgh, Northwestern University Feinberg School of Medicine, 2. Butler Hospital & Brown University, 3. McLean Hospital, 4. Brown Medical School, 5. Northwestern University Feinberg School of Medicine

### (AD-10) The Indirect Effect of Mindfulness on Insomnia Symptoms Through Intolerance of Uncertainty

Lauren E. Bernier, Intern Research Assistant

### (AD-11) Is the Problem the Solution: Evaluating Idiosyncratic Treatment Outcomes in a Transdiagnostic Youth Sample

Sharma Anjou, Hannah Grassie, B.A., Jill Ehrenreich-May, Ph.D., University of Miami

### (AD-12) Brief Adjunctive Mindfulness-based Cognitive Therapy via Telehealth for Anxiety During the COVID-19 Pandemic

Rachel S. Goldblum, B.A.<sup>1</sup>, Emily M. O'Bryan, Ph.D.<sup>1</sup>, Elizabeth Davis, Ph.D.<sup>2</sup>, Jessica R. Beadel, Ph.D.<sup>1</sup>, David F. Tolin, ABPP, Ph.D.<sup>2</sup>, 1. Anxiety Disorders Center/Institute of Living, 2. Institute of Living

(AD-13) The Effect of Covid-focused Expressive Writing on Symptoms of Anxiety: durability of Symptom Improvement

Sarah M. Robertson, Ph.D., College of Charleston

# ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD) SIG

(ADHD-01) Impact of COVID-19 on High School Student GPA: Exploration of Factors That Predict Academic Performance

Nicholas C. Dunn, Undergraduate student<sup>1</sup>, Rosanna Breaux, Ph.D.<sup>1</sup>, Joshua Langberg, Ph.D.<sup>2</sup>, Caroline N. Cusick, M.S.<sup>2</sup>, Melissa R. Dvorsky, Ph.D.<sup>3</sup>, Stephen P. Becker, Ph.D.<sup>4</sup>, 1. Virginia Polytechnic Institute and State University 2. Virginia Commonwealth University, 3. Children's National Hospital; George Washington University School of Medicine and Health Sciences, 4. Cincinnati Children's Hospital Medical Center

- (ADHD-02) When Adolescents Experience Co-occurring ADHD and Social Anxiety Symptoms: Links with Social Skills When
  - Alex J. Greenberg, B.A, Andres De Los Reyes, Ph.D., University of Maryland at College Park
- (ADHD-03) ADHD Symptoms Predicting Changes in Friendship Quality over Time Nicole F. Greenberg, M.A.<sup>1</sup>, Matthew Jarrett, Ph.D.<sup>1</sup>, Kristina L. McDonald, Ph.D.<sup>1</sup>, Kenneth H. Rubin, Ph.D.<sup>2</sup>, 1. The University of Alabama, 2. University of Maryland, College Park
- (ADHD-04) Usability and Feasibility of a Cognitive-behavioral Mobile App for ADHD in Adults

*Laura Knouse*, *Ph.D.*<sup>1</sup>, *Xiaodi Hu*, B.S.<sup>2</sup>, *George Sachs*, *Psy.D.*<sup>3</sup>, *Sebastian Isaacs*, M.S.<sup>3</sup>, 1. University of Richmond, 2. University of Maryland, 3. Get Inflow, LTD

- (ADHD-05) Does Stimulant Medication Treatment Status and Telemedicine Delivery Predict Behavioral Treatment Engagement in Families with ADHD Children? Nguyen Tran, B.S.¹, Fiona MacPhee, M.S.², Erin Gonzalez¹, Pooja Tandon, M.P.H., M.D.³, Mark Stein, Ph.D.¹, 1. Seattle Children's Hospital, 2. Florida International University, 3. University of Washington School of Medicine
- (ADHD-06) The Relationship Between ADHD and Internalizing Symptoms and Emotion Dysregulation: Differential Impacts for Freshmen and First-Generation College Students

Logan Tufty, MPS¹, Michael C. Meinzer, Ph.D.¹, Weronika Ptaszek, Anne Stevens, Ph.D¹, Elizabeth A. Bodalski², Tamara M. Abu-Ramadan, M.A.³, Meeta Banerjee, PhD, MSW, Will H. Canu, Ph.D.⁴, Cynthia M. Hartung, Ph.D.⁴, Stephanie D. Smith, Ph.D.⁵, 1. University of Illinois at Chicago, 2. University of South Carolina, 3. University of Wyoming, 4. Appalachian State University, 5. University of Southern Mississippi

(ADHD-07) Examining Discrepancies In Teacher Ratings and Observed Behaviors Among Racially Diverse Elementary School Students

Olivia R. Nazaire, B.A.<sup>1</sup>, Julie S. Owens, Ph.D.<sup>2</sup>, Madeline R. DeShazer, B.S.<sup>2</sup>, Amori Y. Mikami, Ph.D.<sup>3</sup>, 1. University of Massachusetts Lowell, 2. Ohio University, 3. University of British Columbia

(ADHD-08) Alcohol, Marijuana, and Combined Use, Consequences, and Motivations Across College Students with High and Normal-range ADHD Symptoms

Jonah E. Blum, B.A.<sup>1</sup>, Will H. Canu, Ph.D.<sup>1</sup>, Elizabeth A. Bodalski<sup>2</sup>, Alison Looby, Ph.D.<sup>3</sup>, 1. Appalachian State University, 2. University of South Carolina, 3. University of Wyoming

- (ADHD-09) The Role of Impairment in the Pathway from Externalizing Psychopathology to Depressive Symptoms in Young Adolescents with ADHD Elizabeth Capps, M.A.<sup>1</sup>, Elizabeth D. Wilson, B.S.<sup>2</sup>, Steven W. Evans, Ph.D.<sup>1</sup>, Darcey M. Allan, Ph.D.<sup>1</sup>, Joshua Langberg, Ph.D.<sup>3</sup>, 1. Ohio University, 2. University of North Carolina Chapel Hill, 3. Virginia Commonwealth University
- (ADHD-10) An Analysis of Inclusion and Magnitude of Effects for Girls Within ADHD Treatment in Single-subject Design Studies

Tirsa O. Perez, B.A., Xin Zhao, B.A., Natalie Hong, M.S., Amy Altszuler, Ph.D., Leah Ward, Derek B. Rodgers, Zhijiang Liu, Rabia Karatoprak Ersen, Gregory A. Fabiano, Ph.D., Nicole K. Schatz, Ph.D., Ariel Aloe, William E. Pelham, Jr., ABPP, Ph.D., Alyssa C. Smyth, Brittany M. Merrill, Ph.D., Fiona L. Macphee, M.S., Marcela Ramos, Florida International University

(ADHD-11) Identifying ADHD Symptoms Most Important for Predicting Future Impairment in Childhood and Adolescence

Patrick K. Goh, M.A., Anjeli R. Elkins, M.S., Pevitr S. Bansal, M.S., Ashley G. Eng, M.A., Melina Thaxton, B.A., Michelle M. Martel, Ph.D., University of Kentucky

(ADHD-12) Does Concurrent Stimulant Medication During Initial Treatment Have an Adverse Impact on the Effectiveness of Behavioral Intervention for Children with ADHD?

Marcela C. Ramos, B.S., Amy Altszuler, Ph.D., Jennifer Piscitello, Ph.D., Erica Wells, Ph.D., Joseph Raiker, Ph.D., Andrew Greiner, B.S., Elizabeth M. Gnagy, Ph.D., William E. Pelham, Jr., ABPP, Ph.D., Florida International University

## AUTISM SPECTRUM AND DEVELOPMENTAL DISABILITIES SIG

(ASDD-01) The Impact of Adapted Cognitive Behavioral Therapy for School-aged Youth with Autism Spectrum Disorders and Interfering Anxiety on Caregiverdefined Goals

Virginia Sklar, Jeffrey Wood, Ph.D., University of California, Los Angeles

(ASDD-02) Providing Telehealth Support for Parents of Children with Autism: Preliminary Feasibility of a Mobile App

Angela V. Dahiya, M.S.¹, Megan Fok, B.S.², Angela Scarpa, Ph.D.¹, 1. Virginia Polytechnic Institute and State University, 2. Virginia Polytechnic Institute and State University, Department of Psychology; Virginia Tech Autism Clinic & Center for Autism Research

(ASDD-03) A Qualitative Examination of the Impact of the COVID-19 Pandemic on Children and Adolescents with Autism and Their Parents

Jenna Stadheim<sup>1</sup>, Nicole Matthews<sup>2</sup>, 1. Stony Brook University, 2. Southwest Autism Research and Resource Center

### (ASDD-04) Coping with Trauma by Autistic Individuals: A Qualitative Study of Self and Caregiver Perspectives

Anika Rai, B.A., Hira Peracha, B.A., Elise Ng-Cordell, B.A., Connor M. Kerns, Ph.D., The University of British Columbia

#### (ASDD-05) Understanding Barriers to Healthcare for Autistic Youth

Elizabeth A. DeLucia<sup>1</sup>, Angela Scarpa, Ph.D.<sup>1</sup>, Kasey Stanton<sup>2</sup>, Christina G. McDonnell<sup>2</sup>, 1. Virginia Polytechnic Institute and State University, 2. University of Wyoming

# (ASDD-06) Exploring the Impact of Perceived Social Support on Parental Stress: Comparisons Between Mothers and Fathers of Autistic and Neurotypical Youth Harlee Onovbiona<sup>1</sup>, Rebecca Bradley, B.S.<sup>1</sup>, Emily-Anne Del Rosorio<sup>1</sup>, Lauren B. Quetsch, Ph.D.<sup>1</sup>, Cynthia Brown<sup>2</sup>, Lindsey Aloia<sup>1</sup>, Stephen Kanne<sup>3</sup>, 1. University of Arkansas, 2. Pacific University, 3. Weill Cornell Medicine

(ASDD-07) Self-perception of Social Skills & Difficulties Profiles in Autistic Youth Jacquelyn A. Gates, Alan H. Gerber, M.A., Steven Honovic, Matthew D. Lerner, Ph.D., Stony Brook University

#### (ASDD-08) Resilience to Co-occurring Internalizing Symptoms During the COVID-19 Pandemic in Autistic Youth

Talena C. Day, B.A., Morgan McNair, Alan H. Gerber, M.A., Matthew D. Lerner, Ph.D., Stony Brook University

### (ASDD-09) Rural Provider and Caregiver Perspectives of Autism Treatment Targets and Modalities

Jennifer R. Bertollo, B.A.<sup>1</sup>, Angela V. Dahiya, M.S.<sup>2</sup>, Angela Scarpa, Ph.D.<sup>2</sup>, 1. Virginia Polytechnic Institute and State University; Virginia Tech Autism Clinic & Center for Autism Research, 2. Virginia Polytechnic Institute and State University

### (ASDD-10) A Function-based Approach to Understanding Burnout Among Providers Serving Autistic Individuals

Summer Bottini, Ph.D.<sup>1</sup>, Jennifer Gillis<sup>1</sup>, Joanna Lomas Mevers<sup>2</sup>, Mindy Scheithauer, Ph.D<sup>3</sup>., 1. Binghamton University, State University of New York, 2. Emory University School of Medicine, 3. Children's Healthcare of Atlanta

### (ASDD-11) Feasibility of an Integrated Cognitive-behavioral Treatment for Anxiety in Young Children with ASD

Amy Keefer, ABPP, Ph.D., Roma A. Vasa, Center for Autism and Related Disorders, Kennedy Krieger Institute/ Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine

### (ASDD-12) Feasibility of Anxiety Assessment for Minimally-verbal Children with Autism

Ashley Muskett, M.S.<sup>1</sup>, Angela V. Dahiya, M.S.<sup>1</sup>, Elizabeth A. DeLucia<sup>1</sup>, Megan Fok, B.S.<sup>2</sup>, Angela Scarpa, Ph.D.<sup>1</sup>, 1. Virginia Polytechnic Institute and State University, 2. Virginia Polytechnic Institute and State University, Department of Psychology; Virginia Tech Autism Clinic & Center for Autism Research

# BEHAVIORAL MEDICINE AND INTEGRATED PRIMARY CARE SIG

- (BMIPC01) An Exploration of Patient Symptoms and Family Functioning in Primary Care Behavioral Health Patients
  - Meredith J. Scafe, M.S., MSW, M.A., The University of Arkansas
- (BMIPC02) Measuring Coping Among Pregnant Women Living with HIV in South Africa: A Four-factor Structure of the Brief COPE
  - Abigail P. Blyler, B.A., Massachusetts General Hospital/Harvard University
- (BMIPC-03) Factors Associated with HIV Risk Perception Among Men with Histories of Childhood Sexual Abuse Who Have Sex with Men Norik Kirakosian, B.S., University of Miami
- (BMIPC-04) Mental Health, Social Connectedness, and Fear During COVID-19: A Qualitative Perspective from Older Women Living with HIV Georgia Goodman, B.S., Brigham and Women's Hospital
- (BMIPC-05) Depression and Stress Among African American Women in Appalachia: Effects on Healthcare Utilization
  Kaley N. Potter, B.A., West Virginia University
- (BMIPC-06) The Indirect Effect of Mindfulness on Insomnia Symptoms through Intolerance of Uncertainty
  - Lauren E.Bernier, Beth Israel Deaconess Medical Center
- (BMIPC-07) "Symptom Burnout": How Do COVID-19 and Asthma Symptoms Contribute to Emotional Exhaustion in Individuals with Asthma During the COVID-19 Pandemic?
  - Margot L. Salsman, M.S., Southern Methodist University
- (BMIPC-08) The Relationship Between Sleep and Exercise and Their Role as Behavioral Indicators of Affect
  - Jesse Allen-Dicker, M.A., Fairleigh Dickinson University
- (BMIPC09) The Role of Nicotine Dependence in the Selection of Quit Attempt Method
  - Megan R. Wirtz, B.A., City University of New York
- (BMIPC-10) Pilot Case Series of Videoconference-delivered Group Cognitive Behavioral Therapy Plus Light Therapy for Adolescents with Delayed Sleep Wake Phase Disorder
  - Ariel J. Rissman, Ph.D., University of California, Los Angeles
- (BMIPC-11) Sleep Associated with Diabetes Distress and Depressive Symptoms in Adults with Type 2 Diabetes
  - Sam H. Molli, B.A., Vanderbilt University Medical Center

#### BEHAVIORAL SLEEP MEDICINE SIG

(BSM-01) Alexithymic Traits, Sleep Reactivity, and Changes in Sleep Quality During Naturalistic Stress

Hannah Nordberg, M.A., Windsor Hall, Juliet L. Kroll, Ph.D., Thomas Ritz, Ph.D., Southern Methodist University

- (BSM-02) Rate of Relapse After Cognitive Behavioral Therapy for Insomnia Aleksandra Usyatynsky, M.A., Colleen E. Carney, Ph.D., Ryerson University
- (BSM-03) CBT-I Is Not a 'life-sentence': Changes in Sleep Beliefs and Habits in Individuals Remitted from Insomnia

  Parky H. Lau, M.A., Colleen E. Carney, Ph.D., Ryerson University
- (BSM-04) Sleep Efficacy Predicts Next Day Perseverative Thinking but Not Perceived Attention

Emily M. Bartholomay, M.A., Karla Fehr, Ph.D., Southern Illinois University

(BSM-05) Implementation Science: Understanding How Community Providers View Training and Delivery of the transdiagnostic Sleep and Circadian Intervention (TranS-C)

Marlen Diaz, B.A.<sup>1</sup>, Krista R. Fisher, B.A.<sup>2</sup>, Shayna Howlett, B.A.<sup>1</sup>, Emma Agnew, LCSW, LCSW<sup>1</sup>, Allison G. Harvey, Ph.D.<sup>1</sup>, 1. University of California, Berkeley, 2. Golden Bear Sleep and Mood Research Clinic, University of California, Berkeley

(BSM-06) A Review of Smartphone Apps for Collecting Daily Sleep Diaries and Ecological Momentary Assessment (EMA) Data

Sondra Tiab, B.A., Allison G. Harvey, Ph.D., University of California, Berkeley

(BSM-07) Relationship Between Voluntary Disengagement Coping and Sleep Problems Among Trauma-exposed Adolescents

Linda Thompson, M.A., Banan Ramadan, B.S., Jake W. Hanes, B.S., Alexandria A. Baker, B.A., Meredith Hall, B.A., Victoria Stucky, B.A., Heidemarie Blumenthal, Ph.D., University of North Texas

(BSM-08) Attitudes Towards Schedules Predict Insomnia Severity Beyond Chronotype and Unhelpful Beliefs About Sleep

Onkar S. Marway, M.S., Taylor Meiorin, Colleen E. Carney, Ph.D., Ryerson University

(BSM-09) Effects of Provider Attitudes and Clinical Experience on the Implementation of Trans-c in Community-based Settings

Krista R. Fisher, B.A.<sup>1</sup>, Marlen Diaz, B.A.<sup>2</sup>, Shayna Howlett, B.A.<sup>2</sup>, Emma Agnew, LCSW, LCSW<sup>2</sup>, 1. Golden Bear Sleep and Mood Research Clinic, University of California, Berkeley, 2. University of California, Berkeley

(BSM-10) The Lights Are Turned Off, and so am I: Loss of Sexual Desire and Sexual Avoidance in People with Insomnia

Nicole E. Carmona, M.A.<sup>1</sup>, Julia Schaefer<sup>2</sup>, Colleen E. Carney, Ph.D.<sup>1</sup>, Ryerson University

(BSM-11) Social Anxiety and Sleep Disturbance in Adolescence

Banan Ramadan, B.S., Heidemarie Blumenthal, Ph.D., Danica Slavish, Ph.D., Faraha Hasan, M.S., Alexandria A. Baker, B.A., Meredith Hall, B.A., Victoria Stucky, B.A., University of North Texas

Koushik Thudi, Jamie Walker, Alexandria Muench, Michael Perlis, Ivan Vargas, Department of Psychological Services at the University of Arkansas

#### **BIPOLAR DISORDERS SIG**

(BD-01) Sleep Problems Measured on the Adolescent GBI Predict Bipolar Spectrum Disorder Diagnoses

Joshua Langfus, M.A.<sup>1</sup>, Jessica Janos, B.A.<sup>2</sup>, Jennifer K. Youngstrom, Ph.D.<sup>1</sup>, 1. University of North Carolina at Chapel Hill, 2. Massachusetts General Hospital

(BD-02) Examining a Three-factor Model of the Hypomania Checklist (HCL-32) in an International Sample

John V. Miller, Ph.D, Chase M. DuBois, B.A.<sup>1</sup>, Grace A. Little, B.A./B.A.Ed, Rachael M. Kang<sup>1</sup>, Eric A. Youngstrom, Ph.D.<sup>2</sup>, 1. University of North Carolina at Chapel Hill, 2. University of North Carolina at Chapel Hill/Helping Give Away Psychological Science

- (BD-03) Relationship Status Effects on Mindfulness and Wellbeing Matan S. Levine-Janach, B.A., Clinical Research Coordinator
- (BD-04) Which Mood Tracking Apps Do Bipolar Disorder Patients Use Most Consistently?

Audrey R. Stromberg, B.A., Dauten Family Center for Bipolar Treatment Innovation, Massachusetts General Hospital

# BLACK AMERICANS IN RESEARCH AND BEHAVIORAL THERAPY SIG

- (BARBT-01) Race and Ethnicity Significantly Moderate the Associations Between Mdma/ecstasy and Psilocybin Use and Psychological Distress and Suicidality Grant Jones, M.A, Matthew K. Nock, Ph.D., Harvard University
- (BARBT-02) Defeated and Trapped: Risk Factors for Suicide Ideation in Black Women

Deja N. Clement, M.S., Vanessa Oliphant, M.S., LaRicka R. Wingate, Ph.D., Oklahoma State University

(BARBT-03) Implicit Racial Bias Across Ethnoracial Groups in Canada and the United States and Its Impact on Black Americans' Mental Health

Juliane Feliciano<sup>2</sup>, Sophia Gran-Ruaz, BSc.<sup>2</sup>, Amy Barlett, L.L.M.<sup>2</sup>, Jamilah R. George, M.S.<sup>1</sup>,

Terence Ching, Ph.D.<sup>1</sup>, Monnica T. Williams, ABPP, Ph.D.<sup>2</sup>, 1. University of Connecticut,

2. University of Ottawa

#### CHILD AND ADOLESCENT ANXIETY SIG

- (CAA-01) Is the Problem The Solution: Evaluating Idiosyncratic Treatment Outcomes in a Transdiagnostic Youth Sample Sharma Anjou, University of Miami
- (CAA-02) A Multi-informant Approach to Efficiently Screening for Peer-related Impairments Among Socially Anxious Adolescents: Links to Interactions with Unfamiliar Peer Confederates

Lia E. Follet, MPS, Hide Okuno, B.A., Andres De Los Reyes, Ph.D., University of Maryland at College Park

(CAA-03) Independence in Young Adulthood: Preliminary Findings on the Launching Emerging Adults Form ("LEAF") Scale in a Predominantly Latinx Sample

Michelle C. Fenesy, Ph.D.<sup>1</sup>, Heather Makover, M.A.<sup>2</sup>, Carolina Zerrate, M.D.<sup>3</sup>, Cristiane Duarte, M.P.H., Ph.D.<sup>4</sup>, Anne Marie Albano, ABPP, Ph.D.<sup>5</sup>, 1. New York. Presbyterian Hospital ~ Columbia University Irving Medical Center, 2. Temple University, 3. Columbia University Medical Center and New York Presbyterian Hospital, 4. Columbia University - New York State Psychiatric Institute, 5. Columbia University Medical Center

(CAA-05) Trajectories of Internalizing Symptoms and Associated Behaviors Among Clinically Anxious Youth During the Height of the COVID-19 Pandemic

Alyssa M. Farley, Ph.D.¹, Alicia R. Fenley, M.A.¹, Laura J. Nelson Darling, M.A.¹, Natalie French², Hanan Salem, B.A.³, Anne Marie Albano, ABPP, Ph.D.⁴, Jill Ehrenreich-May, Ph.D.⁵, Philip C. Kendall, ABPP, ABPP, Ph.D.⁶, Tara S. Peris, PhD, John Piacentini, ABPP, Ph.D.७, Anthony Puliafico, Ph.D.⁶, Jonathan S. Comer, Ph.D.ゥ, Donna B. Pincus, PhD¹⁰, 1. Boston University Center for Anxiety and Related Disorders, 2. University of Oklahoma Health Sciences Center, 3. University of California, Santa Barbara, 4. Columbia University Medical Center, 5. University of Miami, 6. Temple University, 7. Childhood OCD, Anxiety & Tic Disorders Program, UCLA Jane & Terry Semel Institute for Neuroscience & Human Behavior, 8. Columbia University Irving Medical Center, 9. Florida International University, 10. Boston University

(CAA-06) The Role of Parental Overcontrol in the Relationship between Peer Victimization, Social Threat Cognitions, and Social Anxiety in School-Age Children

Alaina M. Wodzinski, M.A., Jeremy K. Fox, Ph.D., Montclair State University

# CHILD MALTREATMENT AND INTERPERSONAL VIOLENCE SIG

(CMIV-01) Adverse Childhood Experiences and Sexual Health Among Young Adults: Examining the Roles of Regulatory Focus and Patient Activation

Grace Sheila. Hubel., Ph.D.<sup>1</sup>, Nada M. Goodrum.<sup>2</sup>, Beth Sundstrom<sup>1</sup>, 1. College of Charleston. 2. University of South Carolina

(CMIV-02) Applying Attachment Theory to Understand How Family of Origin Violence Exposure Relates to Digital Dating Abuse Perpetration Among College Students

Evan J. Basting, Alisa R. Garner, Hannah L. Grigorian, Alyssa M. Medenblik, Gloria Romero, Gregory L. Stuart, University of Tennessee

(CMIV-03) The Relations Between Childhood Traumas and Adult Depressionexploration of the Mediational Role of interleukin-6

Jasmine Lewis, M.S., Rosanna Breaux, Virginia Polytechnic Institute and State University

(CMIV-04) Women's Disengagement Behaviors Prospectively Predict Physical and Psychological Partner Violence

Madeline A. Smethurst<sup>1</sup>, Molly R. Franz<sup>2</sup>, Robin A. Barry3, Casey T. Taft<sup>1</sup>, 1. National Center for PTSD; Virginia Boston Healthcare System, 2. University of Maryland Baltimore County, 3. University of Wyoming

(CMIV-05) Role of Self-worth on Posttraumatic Cognitions and Resilience After Stressful Life Events

Melanie D. Hetzel-Riggin, Ph.D.<sup>1</sup>, Cheyenne Huellen<sup>1</sup>, Francesca Giardina<sup>1</sup>, Marna Owens<sup>2</sup>, Alexadra Willnes<sup>1</sup>, 1. Penn State Behrend, 2. John Jay College of Criminal Justice

- (CMIV-06) Examining the Association Between Interpersonal Violence Exposures and the Medical Severity of Suicide Attempts Among Adolescents in the US *Juno Pinder, Ilana Gratch, Christine B. Cha,* Teachers College, Columbia University
- (CMIV-07) Does Self-esteem Mediate the Relationship Between Childhood

  Maltreatment and Meaning in Life in Young Adults?

  Kalyn Prothyol Rehecca Resilla 2 Bradley A White2 1 Youth Development

Kalyn Prothro<sup>1</sup>, Rebecca Revilla.<sup>2</sup>, Bradley A. White<sup>2</sup>, 1. Youth Development and Intervention, 2. University of Alabama

(CMIV-08) The Sensitizing Effect of Early Adversity on Daily Stress Exposure and Relationship Closeness as a Protective Factor

Jacqueline Duong, B.A.<sup>1</sup>, Yeshong Kim<sup>2</sup>, Sohyun C. Han<sup>2</sup>, Gayla Margolin<sup>2</sup>, Adela Timmons<sup>1</sup>, 1. Florida International University, 2. University of Southern California

(CMIV-09) The Role of Witnessing Family Violence in Different Developmental Periods on PTSD

Marissa Bauer, Klara Houck, Kyle Neubert, Kalen Sellers, Hannah Grigorian, Gregory L. Stuart, University of Tennessee, Knoxville

(CMIV-10) "Because I Didn't Have the Words for It": Survivors' Reasons for Label Change over Time

Madison E. Edwards, B.A., Rebecca L. Howard, Anna E. Jaffe, University of Nebraska-Lincoln

(CMIV-11) The Impact of Socio-cultural and Place-based Factors on Treatment Engagement in Children Exposed to Violence

Linzy M. Pinkerton, Cassandra Kisiel, Heather Risser, Northwestern University

(CMIV-12) Validation of the Unrealistic Expectations in Relationship Questionnaire and Links to Partner Psychological and Physical Aggression

Mary E. Veneziano<sup>1</sup>, Sandra T. Azar1, Devin J. McGuier2, K. Tracy Barnes3, 1. The Pennsylvania State University, 2. The Children's Hospital of Pittsburgh, 3. Brown University

#### CLINICAL PSYCHOLOGY AT LIBERAL ARTS COLLEGES SIG

- (CPLAC-01) Pathological Conspiracies: The Role of Maladaptive Personality Traits in Qanon Conspiracy Belief
  - Brett Burton, Kathy R. Berenson, Ph.D., Gettysburg College
- (CPLAC-02) The Impact of Curvy Fitspiration and Fitspiration on Body Dissatisfaction and Weight Bias in Women

Hannah Cha,¹, Janina A. Mayers², Lauren A. Stutts, Ph.D.¹, 1. Davidson College, 2. Saint Augustine's University

- (CPLAC-03) Run, Fight, Hide: The Impact of Active Shooter Training on Fear and Anxiety
  - Shannon Curran, Lindsey Walsh, Stephanie Ernestus, Ph.D., Stonehill College
- (CPLAC-04) Young Adults' Eating Habits over Time: Relative Contributions of Perceived Stress, Motivators, and Barriers

  Elizabeth Dalton, Ph.D., Mackenzie Graf, Abdulla Chaudhry, B.A., Elizabethtown College
- (CPLAC05) Self-honesty as a Buffer Against Negative Mental Health Impacts of Covid-related Disruptions in College Students

Eugenia I. Gorlin, Ph.D.<sup>1</sup>, Cynthia Mikula, B.S.<sup>2</sup>, Susan Wenze, Ph.D.<sup>2</sup>, 1. Yeshiva University, Ferkauf Graduate School of Psychology, 2. Lafayette College

(CPLAC-06) Postpartum Psychological Disorders Are Poorly Recognized: Evidence from a Vignette Study

Iris Mann, Casey A. Schofield, Ph.D., Sophie Brown, B.A., Corinne Moss-Racusin, Ph.D., Skidmore College

(CPLAC-07) The Direction of Effects Between Depressive Symptoms and Alcoholrelated Problems in College Students

Bernard Pereda, Jessica Turner, Joanna L. Herres, Ph.D., The College of New Jersey

- (CPLAC-08) The Impact of a Values Affirmation Intervention on Body Dissatisfaction and Negative Mood in Women Exposed to Fitspiration Isabella G. Pilot, Lauren A. Stutts, Ph.D., Davidson College
- (CPLAC-09) Disclosing Campus Sexual Assault to Formal Support Systems Increases Posttraumatic Stress Symptoms Due to More Negative Social Reactions Jessica Turner, Bernard Pereda, Joanna L. Herres, Ph.D., The College of New Jersey
- (CPLAC-10) A Cross Cultural Comparison of Korean and American Students' Body Image Disturbance, Beliefs About Appearance and Attitudes Towards Cosmetic Surgery
  - Olivia Bingyu Wang, Lisa Son, Ph.D., Michael G. Wheaton, Ph.D., Barnard College
- (CPLAC-11) Effects of a Single-session Intervention Targeting Perfectionism in College Students
  - Haley E. Ward, B.A., Michael G. Wheaton, Ph.D., Barnard College
- (CPLAC-12) Personality Matters: How Neuroticism and Conscientiousness Are Associated with College Students' Avoidance in Daily Life

Mamie Ziegler, Junming Zhang, Hoor Ul Ain, Laura Knouse, Ph.D., University of Richmond

- (CRMS-01) Implementing the Kraemer and Colleagues (2003) Satellite Model to Integrate Multi-informant Assessment Batteries of Youth Mental Health Natalie R. Charamut, B.A.<sup>1</sup>, Sarah Racz, Ph.D.<sup>1</sup>, Mo Wong, Ph.D.<sup>2</sup>, Bridget Makol, M.S.<sup>1</sup>, Andres De Los Reyes, Ph.D.<sup>1</sup>, 1. University of Maryland, College Park, 2. University of Florida
- (CRMS-02) Latent Profile Analysis to Examine Drinking Behavior
  Leighann Ashlock, Devon B. Sandel, M.A., Peter D. Soyster, M.A., Sheri Johnson, Ph.D.,
  University of California, Berkeley
- (CRMS-03) A New Lens on Psychotherapy Outcomes: Assessing the Consistency of RCT Outcomes Using Multiple-groups Latent Growth Curves Joel N. Fishbein, Joanna J. Arch, Ph.D., University of Colorado Boulder
- (CRMS-04) Predicting Treatment Utilization: Socioeconomic Factors
  Katherina Arteaga, B.S., Ty Schepis, Ph.D., Alessandro S. De Nadai, Ph.D., Texas State
  University

#### COUPLES RESEARCH AND TREATMENT SIG

(CRT-01) Relational Functioning in Borderline Personality Disorder: A Systematic Review

Alyssa A. Di Bartolomeo, B.A., Ashley N. Siegel, BSc, Lindsay Fulham, M.A., Skye Fitzpatrick, Ph.D., York University

(CRT-02) Pornography Viewing and Romantic Relationship Quality - Exploring the Role of Sex Education

Charlie Huntington, M.A., Galena Rhoades, Ph.D., University of Denver

(CRT-03) Understanding the Impact of Financial Stress on Relationship Quality Among Unmarried Couples

Briana Schubert, B.A., Galena Rhoades, Ph.D., Scott Stanley, Ph.D., University of Denver

- (CRT-04) Synergistic Relationship Between Negative Urgency and Cognitive Reappraisal in Predicting Intimate Partner Violence Emma Poole, Hannah C. Broos, B.A., Amelia Dev, B.A., S. Gabe Hatch, B.S., Brian Doss, Ph.D., Kiara R. Timpano, Ph.D., University of Miami
- (CRT-05) Attachment Insecurity, Relationship Quality, and Therapy Expectations Among Veterans Seeking Couples Therapy

Jessica Kansky, M.A.<sup>1</sup>, Julian Libet, Ph.D.<sup>2</sup>, Karen H. Petty, Ph.D.<sup>3</sup>, Jenna B. Teves, Ph.D.<sup>2</sup>, Grace McKee, M.A.<sup>2</sup>, 1. Medical University of South Carolina/Ralph H Johnson VA, 2. Ralph H. Johnson VA Medical Center, 3. Couples and Family Clinic, Ralph H. Johnson VA Medical Center; Medical University of South Carolina

(CRT-06) Effects of Social Support Type on Relationship Distress in Partnered Individuals with PTSD

Eileen Barden, M.S., Melissa V. Gates, B.A., Xinni Wang, B.S., BA., Julia Schildwachter, B.A., Christina Balderrama-Durbin, Ph.D., Binghamton University, State University of New York

- (CRT-07) Social Network Approval and Network Overlap Independently Associate with Relationship Stability in Long-distance Relationships
  - Xinni Wang, B.S., B.A., Christina Balderrama-Durbin, Ph.D., Binghamton University, State University of New York
- (CRT-08) Can Brief Treatments Be Used with Complex Couples? A Pilot Trial of Brief Relationship Checkups in Veterans with Comorbid Relationship and Mental Health Concerns

Dev Crasta, Ph.D.<sup>1</sup>, Jennifer S. Funderburk, Ph.D.<sup>2</sup>, Tatiana Gray, Ph.D.<sup>3</sup>, James V. Córdova, Ph.D.<sup>4</sup>, Peter C. Britton, Ph.D.<sup>5</sup>, 1. VA VISN2 Center of Excellence for Suicide Prevention, 2. VA Center for Integrated Healthcare, 3. Springfield College, 4. Clark University, 5. Canandaigua VA Medical Center

- (CRT-09) Couples Communication About Pornography Use Elizabeth B. Engelkamp, B.A., James V. Córdova, Ph.D., Clark University
- (CRT-10) Creating a Safe Haven and Secure Base: A Feasibility and Pilot Study of Emotionally Focused Mentoring to Enhance Attachment Security Atina Manuelian, M.A., David A. Sbarra, Ph.D., The University of Arizona
- (CRT-11) Protective Factors of Romantic Relationships in Sexual and Gender Minorities During COVID-19 Pandemic Sabrina Bothwell, B.S., Sarah W. Whitton, Ph.D., University of Cincinnati
- (CRT-12) Internalized Homonegativity and Intimate Partner Violence Perpetration in LGBTQ+ Young Adults: Exploring the Role of Impulse Control Emotion Dysregulation as a Mediator

Katie L. Avery, B.S<sup>1</sup>, Thomas E. Schlecter, B.A.<sup>2</sup>, Gloria Romero, B.S., M.S.<sup>3</sup>, Gregory Stuart, Ph.D.<sup>3</sup>, Ryan C. Shorey, Ph.D.<sup>1</sup>, 1. University of Wisconsin, Milwaukee, 2. Colorado State University, 3. University of Tennessee, Knoxville

(CRT-13) Can We Promote Attachment Security? A Feasibility and Pilot Study of Emotionally Focused Mentoring

Atina Manvelian, M.A., David A. Sbarra, Ph.D., University of Arizona

#### **DISSEMINATION AND IMPLEMENTATION SCIENCE SIG**

- (DIS-01) Therapist Adherence to Modular Cognitive Behavioral Therapy for Children Anna Bartuska, Palo Alto University
- (DIS-02) Discrepancies in Community Mental Health Leader and Therapist Ratings of Psychological Safety Predict Emotional Exhaustion and Turnover Intention Vivian Byeon, B.A., University of California, Los Angeles
- (DIS-03) Feasibility and Acceptability of a Computerized Parenting Intervention Plus Therapist Coaching for Adolescents with Disruptive Behaviors in a Community Practice Setting: A Pilot Open Trial

  Emma DeMartino, Brown University
- (DIS-04) Predicting Continued Delivery of Parent-child Interaction Therapy During COVID-19

Yessica Green Rosas, University of California, Santa Barbara

- (DIS-05) A Pilot Study of Participatory and Rapid Implementation Approaches to Increase Depression Screening in Primary Care

  Briana S. Last, M.A., University of Pennsylvania
- (DIS-06) Evaluating a Large-scale Implementation of Positive Alternative Thinking Strategies (PATHS) Using Data Readily Available to Stakeholders Zachary Meehan, University of Delaware
- (DIS-07) Implementing Vignettes to Assess Gatekeeper Skill Mastery Alexandra Morena, University of Massachusetts, Lowell
- (DIS-08) The Relation Between Organizational Factors and Provider Attitudes Toward Evidence-based Practice: TF-CBT as a Case Example Caroline Shanholtz
- (DIS-09) Treating Trauma in Foster Care Youth: Clinicians' Use of Evidence-based Treatments

Allison B. Smith, M.A., University of Arkansas

- (DIS-10) Making the L.E.A.P. to Parent-child Interaction Therapy Implementation Through Mechanisms of Knowledge, Attitudes, and Skills Mira D. Snider, M.S., West Virginia University
- (DIS-11) Examining Multi-level Stakeholder Perspectives of an Evidence-based Community Health Worker Model

  Kamal Suleiman, University of Pennsylvania
- (DIS-12) Considering Supervision in Context: Examining Associations Between Supervisory Alliance, Supervision Strategies, and Treatment Fidelity Noah S. Triplett, MS, University of Washington

#### FORENSIC ISSUES AND EXTERNALIZING BEHAVIORS SIG

- (FIEB-01) Relationships Between ADHD, Psychopathic Traits, and Antisocial Behavior in College Settings Megan Heilman, M.A., University of Alabama
- (FIEB-02) What Cognitions Best Predict Disturbed Anger in Adults: A Revision of the Anger Cognitions Scale Raymond DiGiuseppe, Ph.D., St. John's University
- (FIEB-03) An Exploratory Analysis of Components of Revenge Experiences Thomas DiBlasi, Ph.D., St. Joseph's College
- (FIEB-04) How Do Callous Unemotional Traits and ADHD Symptoms Impact Risk for Disruptive Behaviors in Youth?

  Breanna Dede, M.A., The University of Alabama
- (FIEB-05) The Chicken or the Egg: Do Borderline Personality Disorder Symptoms Predict Escalations in Substance Misuse, Vice Versa, or Both? A Longitudinal Study of People Formerly Incarcerated in Jail Jennifer Loya, Ph.D., Yale School of Medicine

- (FIEB-06) Examining the Main and Interactive Effects of Psychopathic Traits and ADHD Symptoms on Substance Abuse in College Students Savannah L. King, M.A., The University of Alabama
- (FIEB-07) Does Self-control Inhibit Substance Dependence, Substance Dependence Impair Self-control, or Both? A Longitudinal Study of Formerly Incarcerated People

Shannon Shrader, M.A., George Mason University

- (FIEB-08) Longitudinal Examination of Relationship Between Religious Participation and Substance Dependence Among Previously Incarcerated Individuals Sajida Yasmeen, M.A., George Mason University
- (FIEB-09) Borderline Personality Disorder and Violent Crime: The Moderating Role of Sex and Race

Genevieve Allison, B.S., East Tennessee State University

#### **LATINX SIG**

(LATINX-01) Emotional, Social, and Structural Barriers Among Latinx Participants in the National Diabetes Prevention Program

Monique Chantelle Aguirre, Katherine J. Baucom, Ph.D., Yessica Diaz, Tali Bauman, Yanina Nemirovsky, Manuel Gutierrez Chavez, B.S., Carmen Ramos, Anu Asnaani, Ph.D., Cassidy Gunter, Natalie D. Ritchie, The University of Utah

(LATINX-02) Examining the Factor Structure of Complex PTSD in LGBTQ+ Adults from Spain: Role of Traumatic Events, Identity Abuse During Childhood, and Heterosexist Experiences

Ines Cano-González, Ruby Charak, Ph.D., Rosa Ronzon-Tirado, Aimaloghi Eromosele, University of Texas Rio Grande Valley

(LATINX-03) Examining the Risk and Protective Factors for Anxiety and Depression Among Latinx Adults During the COVID-19 Pandemic

Rebeca I. Zapata, Bianca Villalobos, Ph.D., Juventino Hernandez-Rodriguez, University of Texas-Rio Grande

(LATINX-04) Relationships Between Addictive Behaviors and Psychosocial/ personality Factors in Latinx College Students

Kevin Medine Sandoval, Marcos Lerma, Joshua Torres, B.S., Ariana Cervantes, Miguel Garcia, Theodore V. Cooper, Ph.D., University of Texas at El Paso

(LATINX-05) Expressed Emotion Outcomes Among Latinx Parent-child Acculturative Stress Profiles

Laura Saldana, B.A., Antonio Polo, Ph.D., DePaul University

(LATINX-06) Attention Bias and Anxiety: The Moderating Effect of Sociocultural Variables in Rural Latinx Youth

Elizabeth S. Bocanegra, B.A.<sup>1</sup>, Susanna Chang, Ph.D.<sup>1</sup>, Michelle Rozenman, Ph.D.<sup>2</sup>, Steve Lee, Ph.D.<sup>1</sup>, Denise A. Chavira, Ph.D.<sup>1</sup>, 1. University of California, Los Angeles, 2. University of Denver

(LATINX-07) An Examination of Caregiver Guilt and Familism on Service Usage in Latinx/hispanic Communities

Saily Gomez Batista, B.A., Robin A. Barry, Ph.D., University of Wyoming

#### MENS MENTAL AND PHYSICAL HEALTH

(MMPH-01) Gender Role Discrepancy Strain and Depressive Symptoms in Sexual Minority Men

Jessica Alexander, San Diego State University

#### MILITARY PSYCHOLOGY SIG

- (MP-01) Feasibility of Digital Phenotyping in U.S. Service Members and Veterans Mikela A. Murphy, B.A., Matthew Thompson, M.S., Joshua C. Gray, Ph.D., Uniformed Services University of the Health Sciences
- (MP-02) Caring for Sexual Assault Victims Within the Military Healthcare System: Prevalence, Demographics, and Healthcare Service Utilization

  Amanda L. Murray, M.A.1, Tracey Koehlmoos, Ph.D.1, Amanda Banaag, MPH1,2, Natasha Schwey, Ph.D.1-1. Uniformed Services University of the Health Sciences, 2. Henry M. Jackson Foundation
- (MP-03) Associations Between Mindfulness, Anxiety, and Academic Performance Among Active-duty Medical Students

Kade B. Thornton, Victoria De Hoyos, Layne D. Bennion, Ryan R. Landoll, Uniformed Services University of the Health Sciences

#### MINDFULNESS & ACCEPTANCE SIG

- (MA-01) Evaluating Equivalence of Treatment Outcomes in an Act-based Partial Hospital Program Between Cisgender and Gender Diverse Clients Isabel Benjamin, B.A.<sup>1</sup>, Dana Rosen, M.S.<sup>2</sup>, Leigh Spivey-Rita, Ph.D.<sup>3</sup>, Mark Zimmerman, M.D.<sup>4</sup>, 1. Rosalind Franklin University, 2. University of Pittsburgh, 3. Duke University Medical Center, 4. Warren Alpert Medical School of Brown University
- (MA-02) Introducing an Optional Supplementary Meditation Program to a Partial Hospitalization Program: Demographic, Diagnostic, and Treatment Outcome Differences

Joseph Diehl, B.A.<sup>1</sup>, Matthew Multach, Ph.D., Brian Pilecki, Ph.D., Moria J. Smoski, Ph.D.<sup>1</sup>, Mark Zimmerman, M.D.<sup>2</sup>, 1. Duke University, 2. Warren Alpert Medical School of Brown University

(MA-03) Development and Mixed Methods Evaluation of a Mindful Parenting Intervention for Children with Disruptive Behavioral Problems

Victoria Dahl, B.A., Anil Chacko, Ph.D., New York University

#### (MA-04) Mindful, Intuitive, and Loss of Control: An Examination of Associations Between Adaptive and Pathological Eating

Brooke L. Bennett, Ph.D.<sup>1</sup>, Janet D. Latner, Ph.D.<sup>2</sup>, 1. Yale University, 2. University of Hawai'i at Manoa

# (MA-05) Improvement in Nonjudgment During the First Week of Treatment as a Predictor for Reduced State and Trait Anxiety over Time

Lori Eickleberry, Ph.D., Benjamin Shepherd, M.Ed., Institute for Life Renovation and Nova Southeastern University

# (MA-06) Do Yoga and Meditation Experience Relate to Dispositional Mindfulness in College Students?

Kora Clauser, Emma E. McBride, M.A., Jeffrey M. Greeson, Ph.D., Rowan University

# NATIVE AMERICAN ISSUES IN BEHAVIOR THERAPY AND RESEARCH SIG

### (NAIBTR-01) Childhood Trauma Is Associated with Neuroticism and Poorer Physical Outcomes Within an American Indian Sample

Mara J. Demuth, M.A., Jonathan Savitz, Ph.D., Jennifer Stewart, Ph.D., Teresa Victor, Ph.D., Mariah Nacke, B.S., Martin P. Paulus, M.D., Evan J. White, Ph.D., Robin Aupperle, Ph.D., Jerzy Bodurka, Ph.D., Salvador Guinjoan, M.D., Ph.D., Sahib Khalsa, M.D., Ph.D., Rayus Kuplicki, Ph.D., Laureate Institute for Brain Research

#### (NAIBTR-02) Social Support as a Moderator of the Association Between Enculturation and Mental Health Symptoms in American Indians: Preliminary Analyses

Sam Ramirez, B.S., Mara J. Demuth, M.A., Mariah Nacke, B.S., Philip Spechler, Ph.D., Martin P. Paulus, M.D., Robin Aupperle, Ph.D., Evan J. White, Ph.D., Laureate Institute for Brain Research

(NAIBTR-03) Social Norms of Alcohol Use Among American Indian College Students Susanna V. Lopez, M.S., Emily Warner, B.A., Ashley B. Cole, Ph.D., Delaney Dunn, M.S., Cassidy Armstrong, B.S., Thad Leffingwell, Ph.D., Oklahoma State University

#### (NAIBTR-04) Acute and Enduring Effects of Psychedelic Use Among Indigenous Peoples on Turtle Island for Racial Trauma

Sophia Gran-Ruaz, BSc, University of Ottawa, Sara de la Salle, Ph.D., University of Ottawa, Dawn D. Davis, M.A., University of Idaho

Co-Author: Alan K. Davis, Ph.D., The Ohio State University and Center for Psychedelic and Consciousness Research, Department of Psychiatry and Behavioral Sciences, Johns Hopkins School of Medicine, Co-Author: Monnica T. Williams, ABPP, Ph.D. – Associate Professor, University of Ottawa

# NEUROCOGNITIVE THERAPIES/TRANSLATIONAL RESEARCH SIG

(NTTR-01) Neurological Indicators of Attention Bias Unique to Weather Anxiety Jacob D. Kraft, Oklahoma State University

- (NTTR-02) Neurobiological Sensitivity to Unpredictable Threat and Familial Risk for the Internalizing and Externalizing Spectra in Adolescents Clare C. Beatty, Stony Brook University
- (NTTR-03) Changes in Resting State Functional Amygdala Connectivity Predict Posttraumatic Stress Symptoms in Women at a 6-month Follow-up Michael T. Liuzzi, University of Wisconsin, Milwaukee
- (NTTR-04) Neural Reactivity to Error as a Predictor of Psychotherapy Response in Major Depression and Social Anxiety

  Kerry L. Kinney, University of Mississippi Medical Center
- (NTTR-05) Cognitive Flexibility of Treatment-responders vs Non-responders in Patients with Depression After a Single-dose Ketamine Infusion Kevin Do-Nguyen, University of Pittsburgh School of Medicine
- (NTTR-06) Model-based Reinforcement Learning in Mothers and Daughters: The Impact of Maternal History of Major Depression

  Anna F. Wears, University of Pittsburgh School of Medicine
- (NTTR-07) Altered Neural Substrates of Negative Reinforcement in OCD Patients Benjamin Panny, University of Pittsburgh School of Medicine
- (NTTR-08) Differences in Fractional Amplitude of Low-frequency Fluctuation Between Secure and Insecure Attachment Rebecca A. Krawczak, University of Pittsburgh School of Medicine
- (NTTR-09) Effects of Intravenous Ketamine on Explicit and Implicit Measures of Depression in Hospitalized Suicide Attempters Rebecca Rohac, University of Pittsburgh School of Medicine
- (NTTR-10) Resting State Functional Connectivity Across Motivation-based Subgroups in Obsessive-compulsive Disorder
  - Laura B. Bragdon, Ph.D., New York University School of Medicine
- (NTTR-11) Transdiagnostic Correlates of Hippocampal Atrophy in Cognitive Function and Trauma
  - Angela Griffo, University of Pittsburgh School of Medicine
- (NTTR-12) Inaccurate Perception of Social Control in Bulimia Nervosa *Thalia Viranda*, Icahn School of Medicine at Mount Sinai

#### **OBESITY AND EATING DISORDERS SIG**

- (OED-01) Secondary Effects of Body Dissatisfaction Interventions on Adolescent Depressive Symptoms: A Meta-analysis Isaac Ahuvia, B.A., Jessica L. Schleider, Ph.D., Laura Jans, Stony Brook University
- (OED-02) Appearance Concerns, Depressive Symptoms, and Self-objectification Among Black Adolescents: Exploring the Roles of Gender and Racial Identity Brianna A. Ladd, B.A., Anne J. Maheux, M.S., Savannah R. Roberts, B.S., Sophia Choukas-Bradley, Ph.D., University of Delaware

# (OED-03) The Relationship Between Dialectical Behavior Therapy Skills Use and Eating Disorder Outcomes During and After Treatment

Amy Kung<sup>1</sup>, Tiffany Brown<sup>2</sup>, Ph.D., Dominic M. Denning<sup>3</sup>, B.A., Christina E. Wierenga<sup>3</sup>, Ph.D., Walter H. Kaye<sup>3</sup>, M.D., 1. University of California, San Diego, 2. Auburn University, 3. University of California, San Diego Eating Disorder Center for Treatment and Research

#### (OED-04) Parent-reported Helpfulness of Treatment Components in a Family-based Behavioral Treatment for Pediatric Obesity

Michael Manzano<sup>1</sup>, M.S., Nicole Virzi<sup>1</sup>, B.A., David Strong<sup>2</sup>, Ph.D., Kyung Rhee<sup>3</sup>, M.D., M.Sc. M.A., Kerri Boutelle<sup>4</sup>, Ph.D., 1. San Diego State University/University of California, San Diego Joint Doctoral Program in Clinical Psychology, 2. University of California, San Diego Department of Pediatrics and Herbert Wertheim School of Public Health and Human Longevity Science, 3. University of California San Diego Department of Pediatrics, 4. University of California, San Diego Departments of Pediatrics and Herbert Wertheim School of Public Health and Human Longevity Science

# (OED-05) Examining Thin-ideal and Muscular-ideal Internalization Across Ethnic Groups

Katherine Meschino, B.S.<sup>1</sup>, Brooke L. Bennett, Ph.D.<sup>2</sup>, Emily C. Stefano, Ph.D.<sup>3</sup>, Janet D. Latner, Ph.D.<sup>4</sup>, 1. Bowling Green State University, 2. University of Connecticut, Rudd Center for Food Policy and Obesity, 3. Wake Forest School of Medicine, 4. University of Hawai'i at Manoa

# (OED-06) Loss-of-control (LOC) Eating Severity, Heart Rate Variability (HRV), and Food Intake in Healthy Youth

Loie Faulkner, B.A.<sup>1</sup>, Shanna Yang, MPH., RD<sup>2</sup>, Sara A. Turner, MPH, RD<sup>2</sup>, Marian Tanofsky-Kraff, Ph.D.<sup>3</sup>, Jack A. Yanovski, MD, Ph.D<sup>3</sup>, Lisa Shank, Ph.D.<sup>3</sup>, Esther A. Kwarteng, B.A.<sup>2</sup>, Lucy L. Loch, B.A.<sup>2</sup>, Suryaa Gupta, B.S.<sup>2</sup>, B.A., Syeda Fatima, B.S.<sup>2</sup>, Megan N. Parker, M.S.<sup>3</sup>, Sheila Brady,<sup>2</sup>, Anna Zenno, M.D.<sup>2</sup>, 1. Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2. National Institute of Health, 3. Uniformed Services University of the Health Sciences

#### (OED-07) Stigma and Protective Factors Associated with Perceived Stress in Young Adults with Higher Body Weights

Caitlyn Maye, B.S.<sup>1</sup>, Kristina Decker, Ph.D.<sup>2</sup>, Whitney Howie, M.P.H. <sup>1</sup>, Idia B. Thurston<sup>1</sup>, Ph.D.<sup>2</sup>, 1. Texas A & M University, 2. Cincinnati Children's Hospital

#### (OED-08) Does Skill Utilization During Cognitive Behavior Therapy for Bulimia Nervosa Predict Outcomes?

Olivia Clancy, B.S., Paakhi Srivastava, PhD, Adrienne S. Juarascio, Ph.D., Center for Weight, Eating, and Lifestyle Sciences, (WELL Center), Drexel University

# (OED-09) Examining the Relationship of Disordered Eating and Perfectionism in Men and Women Using Two Assessments of Eating Pathology

Gabby Patarinski, B.S. <sup>1</sup>, Sarah Fischer, Ph.D.<sup>2</sup>, 1. Drexel University, 2. George Mason University

Sarah Dolan, M.A.<sup>1</sup>, Ruchika Khindri<sup>1</sup>, Debra Franko, Ph.D.<sup>2</sup>, Jennifer Thomas, Ph.D.<sup>3</sup>, Erin E. Reilly, Ph.D.<sup>1</sup>, Kamryn Eddy, Ph.D.<sup>3</sup>, 1. Hofstra University, 2. Eating Disorders Clinical and Research Program, Massachusetts General Hospital; Department of Applied Psychology, Northeastern University, 3. Eating Disorders Clinical and Research Program, Massachusetts General Hospital; Department of Psychiatry, Harvard University

(OED-11) Positive Emotion Dysregulation: A Neglected Mechanism of Anorexia Nervosa?

Bolade Santos, B.S., Chassidie Liu, B.S., Ann F. Haynos, Ph.D., Minnesota Center for Eating Disorder Research, University of Minnesota

(OED-12) Disordered Eating Among Sexual Assault Survivors: The Role of Selfobjectification During Sexual Activity

Savannah Roberts, B.S., B.A.., Anne J. Maheux, M.S., Sophia Choukas-Bradley, Ph.D., University of Delaware

# OPPRESSION AND RESILIENCE: MINORITY MENTAL HEALTH SIG

(ORMMH-01) Examining Traumatic Experiences, Presentations of Posttraumatic Stress (PTS) Symptoms, and the Link Between Trauma and PTS Among Children of Color

Brian Wiley, M.S.<sup>1</sup>, Stevie N. Grassetti, Ph.D.<sup>1</sup>, Rosa L. Boniface, M.A.<sup>1</sup>, Cassidy L. Tennity, M.A.<sup>2</sup>, Caroline Guzi, B.A., M.A.<sup>1</sup>, 1. West Chester University of Pennsylvania, 2. University of Southern Mississippi

- (ORMMH-02) Project Rise: Pilot Testing a Brief Minority Stress Prevention Intervention for Sexual and Gender Minority Youth and Young Adults Natalie R. Holt, Ph.D., Allura L. Ralston, M.A., Terrence Z. Huit, M.A., Debra A. Hope, Ph.D., University of Nebraska-Lincoln
- (ORMMH-03) Piloting a Social Justice Model Billing Model in an OCD Clinic Jennifer Nelson, Lauren P. Wadsworth, Ph.D., ABPP, Genesee Valley Psychology
- (ORMMH-04) Racial Differences in the Experience of Stress During covid-19: Analysis of Data from a Brief ACT Intervention for University Students

  Paul Kornman, M.A., Morgan Browning, M.A., Elizabeth Richardson, Ph.D., University of Massachusetts, Dartmouth
- (ORMMH-05) The Impact of Racism on Black, Indigenous, and People of Colour in Canada

Dana Strauss, Ph.D.<sup>1</sup>, Terence Ching, Ph.D.<sup>2</sup>, Monnica T. Williams, ABPP, Ph.D.<sup>1</sup>, 1. University of Ottawa, 2. University of Connecticut

(ORMMH-06) Racial, Ethnic, and Cultural Healing Group Development: Community-partnered Approaches to Program Development for Caregivers and Youth Experiencing Racial Discrimination and Stress

Christine J. Cho, Psy.D.¹, Gabriela Goldentyer, B.A.¹, Sydney DeCaro, B.A.¹, Raquel Queiruga, B.A.¹, Emily Dugoff, B.A.¹, Sandra Pimentel, Ph.D.¹, Ryan C. DeLapp, Ph.D.², 1. Albert Einstein College of Medicine/Montefiore Medical Center, 2. Montefiore Medical Center

(ORMMH-07) Provider Perspectives on Disparities in Telemental Health Access During the COVID-19 Pandemic

Julia R. Potter, B.A., Rachel A. Van Boxtel, B.S., Jessica M. Lipschitz, Ph.D., Brigham and Women's Hospital / Harvard Medical School

(ORMMH-08) Association Between Child Intellectual Disability Presence and Racial Status on Quality and Access to Care Outcomes

Bao-Tien Duong, B.S.<sup>1</sup>, Berkeley Franz, Ph.D.<sup>2</sup>, Kelsey R. Eackles, B.S.<sup>2</sup>, 1. University of Miami, 2. Ohio University

(ORMMH-09) Challenges of Conducting Research with Families Traditionally Underrepresented in Science During the COVID - 19 Pandemic: Lessons Learned from a NIMH - Funded Longitudinal Study of Trauma and Mental Health

Curtisha Shacklewood<sup>1</sup>, Carla K. Danielson, Ph.D.<sup>2</sup>, Donte Bernard, Ph.D.<sup>2</sup>, Colleen Halliday, Ph.D.<sup>1</sup>, 1. Medical University of South Carolina National Crime Victim Centers, 2. Medical University of South Carolina

(ORMMH-10) Associations of LGBTQ+ Identities with Acceptability and Response to Online Single-session Youth Mental Health Interventions

Riley McDanal, B.A.<sup>1</sup>, Alex Rubin, B.S.<sup>2</sup>, Kathryn Fox, Ph.D.<sup>2</sup>, Jessica L. Schleider, Ph.D.<sup>1</sup>, 1. Stony Brook University, 2. University of Denver

(ORMMH-11) Enhancing Evidence-based Practices by Assessing Power and Privilege in Social Identities

Matthew Eisner, Jodie Kliman, Ph.D., Fatuma Dzilala, M.A, Yacihuilca Moni, William James College

#### PARENTING AND FAMILIES SIG

(PF-01) When Crying Turns to Hitting: Examining Maternal Responses to Negative Affect

Brooke Edelman, B.A., Tamara Del Vecchio, Ph.D., St. John's University

(PF-02) Exploring the Impact of Legal Vulnerability and Migration-related Trauma on Latinx Immigrant Family Mental Health & Wellbeing

Regina Roberg, M.S., Tamara Camargo, B.S., Isis Rodriguez-Garcia, B.S., Amy K. Marks, Ph.D., Suffolk University

(PF-03) Caregiver Emotion-focused Practices After Receiving PCIT-toddler: Utilizing the Dyadic Emotion Coding System

Lauren E. Browning, Christopher K. Owen, B.S., M.S., Sophia S. Shank, West Virginia University

# (PF-04) The Invitation to Change Approach: A Community-based Approach to Support Families Impacted by Substance Use Disorder

Rebecca R. Bunn, M.A., Kenneth M. Carpenter, Ph.D., Jeffrey Foote, Ph.D., Carrie Wilkens, Ph.D., Center for Motivation and Change

#### (PF-05) Military-connected Parents' Perceptions of School Support: Measure Development

Jake C. Steggerda, M.A.<sup>1</sup>, Renée Spencer, Ed.D<sup>2</sup>, Amy Slep, Ph.D.<sup>3</sup>, Juliann Nicholson, M.S.W<sup>2</sup>, Timothy A. Cavell, Ph.D.<sup>1</sup>, Alison L. Drew, Ph.D.<sup>3</sup>, Meredith J. Scafe, M.S., MSW<sup>4</sup>, Carla Herrera, Ph.D.<sup>5</sup>, Debby Gaffney, B.A.<sup>6</sup>, Janet Heubach, Ph.D.<sup>7</sup>, 1. University of Arkansas, 2. Boston University, 3. New York University, 4. The University of Arkansas, 5. Herrera Consulting Group, LLC, 6. North Thurston Public Schools, 7. MENTOR Washington

#### (PF-06) Early Intervention for Inhibited Young Children: A Randomized Controlled Trial Examining Parenting Differences Between Turtle Program and Cool Little Kids

Nicholas P. Marsh, B.A., Hong Bui, B.S., Christina M. Danko, Ph.D., Joy Hoycut, B.S., Jenna Deutch, Danielle R. Novick, M.S., Dominuque Fiddemon, B.A., Kenneth H. Rubin, Ph.D., Andrea M. Chronis-Tuscano, Ph.D., University of Maryland, College Park

#### (PF-07) Primary Caregiver Anxiety Sensitivity and Offspring Social Anxiety: Relative Role of Parent- and Child-reported Anxious Rearing Practices

Alexandria A. Baker, B.A.<sup>1</sup>, Meredith Hall, B.A.<sup>2</sup>, Banan Ramadan, B.S.<sup>3</sup>, Faraha Hasan, M.S.<sup>3</sup>, Sarah Lewis, Ph.D., Heidemarie Blumenthal, Ph.D.<sup>3</sup>, 1. University of North Texas Tenn St.A.R Lab, 2. University of North Texas, Department of Psychology, 3. University of North Texas

# (PF-08) The Impact of COVID-19 on Families: Examining Sociodemographic Disparities in Mississippi

Tre D. Gissandaner, M.A.<sup>1</sup>, Crystal S. Lim, Ph.D.<sup>1</sup>, Dustin E. Sarver, Ph.D.<sup>1</sup>, Dustin Brown, Ph.D.<sup>2</sup>, McCulloh Russell, M.D.<sup>3</sup>, Malloch Lacy, B.S.<sup>1</sup>, Annett D. Robert, Ph.D.<sup>4</sup>, 1. University of Mississippi Medical Center, 2. Mississippi State University, 3. Children's Hospital & Medical Center and University of Nebraska Medical Center, 4. University of New Mexico Health Sciences Center

# (PF-09) Accuracy of Parent and Adolescent Report of Parent Emotion Socialization Practices During a Conflict Discussion Task

Annah R. Cash, B.S.<sup>1</sup>, Margaret A. Azu, B.A.<sup>2</sup>, Daylin Delgado<sup>2</sup>, Reina Corcoran<sup>2</sup>, Emily Castellanos<sup>2</sup>, Rosanna Breaux, Ph.D.<sup>3</sup>, Julia D. McQuade, Ph.D.<sup>2</sup>, 1. Virginia Tech, 2. Amherst College, 3. Virginia Polytechnic Institute and State University

#### (PF-10) The Role of Maternal Attributions of Child Behavior in the Bidirectional Associations Between Children's Internalizing and Externalizing Symptoms and Maternal Parenting

Megan Baumgardner, M.A.<sup>1</sup>, Kristy Benoit Allen, Ph.D.<sup>1</sup>, Martha Ann Bell, Ph.D.<sup>2</sup>, 1. The University of Tennessee, Knoxville, 2. Virginia Polytechnic Institute and State University

#### **PSYCHOSIS AND SCHIZOPHRENIA SPECTRUM SIG**

- (PASS-01) Exploring Symptoms Related to Psychosis Risk in Youth During COVID-19
  Suraj K. Patel, B.A.<sup>1</sup>, John Torous, M.D., M.B.I.<sup>2</sup>, 1. The Division of Digital Psychiatry,
  Beth Israel Deaconess Medical Center, Harvard Medical School, 2. Beth Israel
  Deaconess Medical Center
- (PASS-02) A One-year Prospective Study of Employment in People with Severe Mental Illnesses Receiving Public Sector Psychiatric Services in India Chitra Khare, Ph.D., Susan McGurk, Ph.D., Kim Mueser, Ph.D., Boston University
- (PASS-03) How Do Veterans with SMI and VA Clinicians Vary in Their Perceptions of Needed Adaptations of Recovery-oriented Interventions for VA Settings? An Investigation of a Systematic Adaptation

Jillian Abasta<sup>1</sup>, Robert N. Mercado, B.S.<sup>2</sup>, Elijah Sosa<sup>1</sup>, Borsika Rabin, Ph.D.<sup>3</sup>, Emily Treichler, Ph.D.<sup>4</sup>, 1. Department of Family Medicine and Public Health, University of California San Diego, La Jolla, CA & VA Desert Pacific Mental Illness Research, Education, and Clinical Center (MIRECC), San Diego, CA, 2. VA San Diego Mental Illness research, Education, and Clinical Center (MIRECC), 3. University of California, San Diego, 4. VA San Diego MIRECC/University of California, San Diego

- (PASS-04) Comparing Perceived Needs of Geographically Co-located English- and Spanish-speaking Relatives of Individuals Experiencing First Episode Psychosis Chris McCain, B.S., Cameron Michels, M.A., Matthew H. Christiansen, M.S., Jennifer M. Blank, B.A., Maria Monroe-DeVita, Ph.D. University of Washington School of Medicine
- (PASS-05) Inpatient Treatment and Research with Individuals with Psychosis: The Impact of COVID-19

Nadine Chang, Ph.D.<sup>1</sup>, Monica Arora, M.D.<sup>2</sup>, Shaina Ponce, Ph.D.<sup>3</sup>, 1. Gracie Square Hospital, 2. Creighton University, 3. Aurora Behavioral Healthcare, San Diego

(PASS-06) Relationships Between Physical and Mental Health: Implications for Service Use and Other Health-related Behaviors

Jasmine Ranjbari-Sisan, Rebecca Wolfe, M.A., Travis Hepburn, Jennifer M. Blank, B.A., William D. Spaulding, Ph.D., University of Nebraska-Lincoln

- (PASS-07) The Longitudinal Relationship Between Cannabis Use and Emotion Regulation in Patients with Psychotic-spectrum Disorders

  Madeline M. Ward, B.A.<sup>1</sup>, Ellen M. Wittler, B.A.<sup>2</sup>, Ethan Moitra, Ph.D.<sup>3</sup>, Brandon Gaudiano, Ph.D.<sup>4</sup>, 1. Alpert Medical School of Brown University Department of Psychiatry and Human Behavior; Butler Hospital, 2. Butler Hospital, 3. Brown University Medical School, 4. Brown University & Butler Hospital
- (PASS-08) Trauma and Multidimensional Schizotypy Amongst Students of Color Mahogany A. Monette, B.A.<sup>1</sup>, Thomas R. Kwapil, Ph.D.<sup>2</sup>, 1. University of Illinois at Urbana-Champaign, 2. University of Illinois at Urbana-Champaign; Department of Psychology, University of North Carolina at Greensboro

Madeline M. Ward, B.A.<sup>1</sup>, Holly F. Levin-Aspenson, Ph.D.<sup>2</sup>, Mark Zimmerman, M.D.<sup>3</sup>, 1. Alpert Medical School of Brown University Department of Psychiatry and Human Behavior; Butler Hospital, 2. Alpert Medical School of Brown University Department of Psychiatry and Human Behavior; Rhode Island Hospital Department of Psychiatry, 3. Warren Alpert Medical School of Brown University

(PASS-10) Horyzons USA: Moderated Online Social Therapy for First Episode Psychosis Associated with Decreased Loneliness, Improved Psychological Wellbeing

Elena L. Pokowitz, M.Ed., Bryan J. Stiles, B.A., Diana Perkins, M.D., M.P.H., David Penn, Ph.D., University of North Carolina at Chapel Hill

(PASS-11) Areas of Schizophrenia Research That Report on Race and Ethnicity in High-impact Psychiatric Journals

Caroline G. Vincent, B.S.<sup>1</sup>, Arundati Nagendra, Ph.D.<sup>2</sup>, Maku Orleans-Pobee, M.A.<sup>1</sup>, David L. Penn, Ph.D.<sup>1</sup>, 1. University of North Carolina at Chapel Hill, 2. Massachusetts General Hospital

(PASS-12) The Indirect Effects of Dissociation on the Relationship Between Childhood Maltreatment and Schizotypy

Brittany A. Blose, M.S.., Lindsay S. Schenkel, Ph.D., Rochester Institute of Technology

#### RESEARCH IN CLINICAL PRACTICE SIG

(RICP-01) Making Lemonade out of Lemons: Dialectical Behavior Therapy via Telehealth During a Pandemic

Cassandra Turner, Philippa Hood, M.A., Alexander Chapman, Ph.D., Simon Fraser University

(RICP-02) How to Build a Research Database from Data You Collect to Guide Your Clinical Work

Jacqueline B. Persons, Ph.D.¹, Cannon Thomas, Ph.D.², Rebecca A. Courry, LCSW³, 1. CBT & Science Center, 2. University of California, San Francisco, 3. Oakland Cognitive Behavior Therapy Center

(RICP-03) Engaging Community Mental Health Agencies, Providers, and Families in Research: Lessons from a Hybrid Type 1 Randomized Controlled Trial

Nicole S. Litvitskiy, Hannah E. Sebald, B.S., Gabriela Becerra, Under Grad, Tonya Hazelton, M.S.<sup>1</sup>, Leigh E. Ridings, Ph.D., Tatiana M. Davidson, Ph.D, Kenneth Ruggiero, Ph.D., Hannah C. Espeleta, Ph.D., Medical University of South Carolina

(RICP-04) Family Functioning Outcomes for Youth With and Without ADHD after Participating in the Resilience Builder Program®

Hannah Brockstein, B.S.<sup>1</sup>, Colleen Cummings, Ph.D.<sup>1</sup>, Nina Shiffrin, Ph.D.<sup>1</sup>, Brendan Rich, Ph.D.<sup>2</sup>, Mary K. Alvord, Ph.D.<sup>1</sup>, 1. Alvord, Baker & Associates, LLC, 2. Catholic University of America

(RICP-05) Cognitive Processing Therapy for Posttraumatic Stress Disorder due to COVID-19 Related Traumas

Olivia E. Bogucki, Ph.D., Craig N. Sawchuk, ABPP, Ph.D., Mayo Clinic

(RICP-06) Treatment of Comorbid Emetophobia and Panic Disorder via Telehealth: Details from a Clinical Case Study

Danielle Maack, Ph.D., University of Mississippi and Delta Autumn Consulting

(RICP-07) Unified Protocols for Emotional Disorders: Can They Be Adapted for Treating Neurodiverse Youth with Obsessive Compulsive Disorder?

Sara Babad, M.A.<sup>1</sup>, Daniel L. Hoffman, ABPP, Ph.D.<sup>2</sup>, Peter J. D'Amico, Ph.D., 1. Northwell Health Zucker Hillside Hospital, 2. Long Island Jewish Medical Center of Northwell Health

(RICP-09) The Effects of Interpersonal Sensitivity on Treatment Outcomes in Naturalistic Cognitive Behavior Therapy

Jiyoung Song, B.A.<sup>1</sup>, Jacqueline B. Persons, Ph.D.<sup>2</sup>, 1. University of California, Berkeley, 2. CBT & Science Center

(RICP-10) Pilot Virtual Group Adolescent OCD Intensive Program: Lessons Learned from Bridging the Gap Between Clinical Practice and Research

Laura Cyran, M.S.¹, Joseph Talercio, Ph.D.², Joy Shen, B.S.², Tali Wigod, Psy.D.², Lauren Yang, M.A.³, Dina Siegel, Psy.D.⁴, Alec L. Miller, Psy.D.⁵, Lata K. McGinn, Ph.D.⁶, 1. Cognitive & Behavioral Consultants, 2. Cognitive Behavioral Consultants, 3. Yeshiva University/Cognitive Behavioral Consultants, 4. Stress and Anxiety Services of New Jersey , 5. Cognitive Behavioral Consultants, LLP, 6. Yeshiva University/Cognitive & Behavioral Consultants

(RICP-11) Transition to Telehealth in a Free-standing Dialectical Behavior Therapy Clinic: Telehealth Acceptability and Impact of Full Fidelity Versus Group-only Services

Andrew White, ABPP, Ph.D., Natalie Dunn, B.A., Portland DBT Institute

(RICP-12) The Challenges Associated with Conducting Clinical Research at an Academic Forensic Institute

Pankhuri Aggarwal, B.A., M.A., Miami University

#### SEXUAL AND GENDER MINORITY SIG

(SGM-01) Family Functioning and Youth Outness: Indirect Effect of Sexuality Specific Family Social Support

Kathleen K. Little, B.S., Kristin M. Lindahl, Ph.D., Neena M. Malik, Ph.D., University of Miami

(SGM-02) The Prevalence of Self-injurious Thoughts and Behaviors Among Transgender and Cisgender Children in Middle Childhood: A Population-based Study

Alyson Randall, B.A., Arjan van der Star, Ph.D., Jamie-Lee Pennesi, Ph.D., Jaclyn Siegel, Ph.D., Aaron Blashill, Ph.D., San Diego State University

(SGM-03) Identity Concealment as a Risk Factor for Burnout Among Sexual and Gender Minoritized Psychology Trainees

Benjamin F. Shepherd, Paula Brochu, Ph.D., Nova Southeastern University

- (SGM-04) Affirming Psychotherapy for Transgender and Gender Diverse People: Understanding Affirming, Neutral, and Marginalizing Experiences in Therapy Josselyn Telule, Sage A. Volk, Debra A. Hope, Ph.D., University of Nebraska-Lincoln
- (SGM-05) Treatment Goals of Sexual Minority Men in Lgbtq+-affirmative CBT: A Qualitative Study

Cal Brisbin, B.A.<sup>1</sup>, Zachary A. Soulliard, Ph.D.<sup>2</sup>, Marc Puccinelli, Ph.D.<sup>3</sup>, Audrey Harkness, Ph.D.<sup>3</sup>, Benjamin Fetzner, B.A<sup>4</sup>, John E. Pachankis, Ph.D.<sup>2</sup>, 1. University of California, Los Angeles, 2. Yale School of Public Health, 3. University of Miami, 4. Hunter College

- (SGM-06) Identity Development Trajectories and Childhood Gender Role Nonconformity Among a Gender and Racial Diverse Sample in the United States Yama Chang, M.A.<sup>1</sup>, Walter O. Bockting, Ph.D.<sup>2</sup>, 1. University of Pittsburgh School of Medicine, 2. Columbia University Irving Medical Center
- (SGM-07) Partial Hospitalization Treatment Outcomes for Sexually and Gender Diverse Adolescents and Adults with Eating Disorders

  Majd Jarjour, B.S., Vicky Nguyen, Dominic M. Denning, B.A., Christina Wierenga, Ph.D., Walter H. Kaye, M.D., Tiffany A. Brown, Ph.D., University of California, San Diego
- (SGM-08) Relationship Education for Single People? Using Technology to Adapt a Dyadic Intervention for Single Young Sexual Minority Men Kyle Jozsa, M.A., Michael E. Newcomb, Ph.D., Northwestern University Feinberg School of Medicine
- (SGM-09) Contextual Support and Mental Health Among White and BIPOC Transgender and Gender Diverse People

Devon Kimball, B.A.<sup>1</sup>, Kalei Glozier, B.A.<sup>1</sup>, Alexandra Jagielski<sup>2</sup>, Jae Puckett, Ph.D.<sup>1</sup>, L. Zachary DuBois, Ph.D.<sup>2</sup>, Debra A. Hope, Ph.D.<sup>3</sup>, Richard A. Mocarski, Ph.D.<sup>4</sup>, Robert-Paul Juster, Ph.D.<sup>5</sup>, 1. Michigan State University, 2. Oregon State University 3. University of Nebraska-Lincoln, 4. University of Nebraska at Kearney, 5. University of Montreal

- (SGM-10) Differences in COVID-19 Pandemic-related Household Stress, Mental Health, Alcohol & Drug Misuse Among a National Sample of Latinx Sexual Minority & Heterosexual Adults
  - David B. Rivera, B.A., Alison Cerezo, Ph.D., University of California, Santa Barbara
- (SGM-11) Evaluating Racial and Ethnic Mental Health Disparities Among LGBTQ+ Adolescents During the COVID-19 Pandemic

Jenny Shen, M.A.<sup>1</sup>, Nicholas Eaton, Ph.D.<sup>1</sup>, Kathryn Fox, Ph.D.<sup>2</sup>, Jessica L. Schleider, Ph.D.<sup>1</sup>, 1. Stony Brook University, 2. University of Denver

- (SGM-12) Fuera Del Clóset: Outness, Heterosexist Discrimination, and Sexual Identity Commitment Among Latinx Sexual Minority Adults
  - Roberto Rentería, M.A., Cristalís Capielo, Ph.D., Arizona State University

# SPIRITUAL AND RELIGIOUS ISSUES IN BEHAVIOR CHANGE

(SRIBC-01) Associations Between Congregation Support Networks, Race, and Mental Health during the COVID-19 Pandemic

Zohaib Jessani, M.A., Brandon Vaidyanathan, Ph.D., Catholic University of America

#### STUDENT SIG

- (Student-01) Covid Concerns: Higher Levels of Mental Health Problems Among Sexual Minority College Students Persist into Year Two of the Pandemic Ashley R. Pate, M.S., Mississippi State University
- (Student-02) Examining Associations Between Positive Affect Dampening and Interpersonal Stress Generation

  Rachel X. Chen, University of Rochester
- (Student-03) An Investigation of Public Misconceptions Regarding Sexual Assault Allegations

Taryn Veniegas, University of Wyoming

- (Student-04) Someone You Can Count On: Does the Presence of Friends Influence Likelihood of Bystander Intervention for Sexual Harassment? Kayla M. Ford, B.S., University of Arkansas
- (Student-05) Posttraumatic Cognitions in Psychopathy: An Examination of the Role of Disgust Sensitivity

  Jamie Murtagh, The Mississippi State University
- (Student-06) Breaking the Stigma: An Expansive Look into Gender Euphoria from Transgender, Nonbinary, and Gender Expansive Individuals Niko Vehabovic, University of Nebraska, Lincoln
- (Student-07) Associations Between Body Image Patterns and Body Image Disorder Symptoms in Sexual Minority Individuals: A Mixture Modeling Approach Patrycja Klimek-Johnson, San Diego State University
- (Student-08) Gender and Sexuality Alliance Advisors' Social Emotional Competency and Self-efficacy: A Potential Approach to Supporting SGM Youth Kelly Davis, University of Montana
- (Student-09) Assessing Parents' Preferences for the Content of a Parent Coaching Intervention to Support Youth with Mental Health Needs Catherine Li, Northwestern University
- (Student-10) Assessing Parents' Preferences for the Content of a Parent Coaching Intervention to Support Youth with Mental Health Need Catherine Li, BA, Northwestern University

#### SUICIDE AND SELF INJURY SIG

(SSI-01) Short-term Fluctuations in Suicidal Ideation and Related Constructs in the Context of the Three-step Theory of Suicide

Olga Revzina, B.A.¹, Philip Ninan, M.D.², David A. Jobes, Ph.D.¹, Irene Zhang, M.A.¹, Abby Adler Mandel, Ph.D.¹, 1. The Catholic University of America, 2. East Carolina University

(SSI-02) Do Unique Profiles of Maltreatment-related Experiences and Borderline Personality Disorder Symptoms Predict Changes in Self-injury in Dialectical Behaviour Therapy?

Sonya Varma, B.Sc.<sup>1</sup>, Shelley McMain, Ph.D.<sup>2</sup>, Skye Fitzpatrick, Ph.D.<sup>1</sup>, 1. York University, 2. University of Toronto

- (SSI-03) Towards a More Detailed Understanding of Emotional Experience in Nonsuicidal Self-injury
  - David Manuel, B.F.A., E. David Klonsky, Ph.D., University of British Columbia
- (SSI-04) Nonsuicidal Self-injury Among University Students: The Roles of Emotional Risk Factors, Impulsivity, and Gender

Jocelyn Woolson, B.A., Morgan E. Browning, B.S., B.A., Elizabeth, Lloyd-Richardson, Ph.D., University of Massachusetts, Dartmouth

- (SSI-05) Shame, Alcohol Intoxication, and Deliberate Self-harm in Men and Women Lissa N. Mandell, B.S.¹, Michael S. McCloskey, Ph.D.², Jennifer R. Fanning, Ph.D.³, Michael R. Nadorff, Ph.D.¹, Mitchell E. Berman, Ph.D.¹, 1. Mississippi State University, 2. Temple University, 3. McLean Hospital/Harvard MEluedical School
- (SSI-06) Examining the Associations Between Interpretation Bias, Interpersonal Needs, and Suicidality from the Perspective of the Interpersonal Theory of Suicide

Hannah C. Hamrick, B.S.<sup>1</sup>, Christopher Guadalupe, B.S.<sup>2</sup>, Nathan M. Hager, M.S.<sup>3</sup>, Alicia L. Milam, B.S., B.A.<sup>3</sup>, Morgan Middlebrooks, M.A.<sup>1</sup>, Matt R. Judah, Ph.D.<sup>1</sup>, 1. University of Arkansas, 2. Old Dominion University, 3. Virginia Consortium Program in Clinical Psychology

(SSI-07) Idiographic Dynamics of Suicide Ideation and Social Support in Persons Living with HIV

Yiqin Zhu, M.S.Ed¹, Thomas L. Rodebaugh, Ph.D.², Kevin Narine, B.S.³, Lily A. Brown, Ph.D.⁴, 1. Department of Psychiatry, University of Pennsylvania, 2. Washington University in St. Louis, 3. William James College, 4. Perelman School of Medicine at the University of Pennsylvania

(SSI-08) Examining Changes in Self-injurious Behaviors Following 12 Months of Dialectical Behavior Therapy for Subgroups of Individuals with Borderline Personality Disorder

Bev Fredborg, M.A., Ryerson University, Centre for Addiction and Mental Health

- (SSI-09) Alexithymia as a Prospective Risk Factor for Suicidal Thoughts and Behaviors

  Elizabeth Hoelscher, B.A.<sup>1</sup>, Hannah Krall, B.A<sup>1</sup>, Caroline Johnson, B.A.<sup>1</sup>, Catarina Carosa,

  B.A.<sup>1</sup>, Michael F. Armey, Ph.D.<sup>2</sup>, Heather Schatten, Ph.D.<sup>3</sup>, Christopher Hughes, Ph.D.<sup>4</sup>,

  1. Butler Hospital, 2. The Alpert Medical School of Brown University, 3. Butler

  Hospital & Brown Medical School, 4. Warren Alpert Medical School of Brown

  University
- (SSI-10) A Prospective Investigation of the Relation Between Dysfunctional Family Communication and Suicidal Ideation Severity in a Clinical Adolescent Sample: A Serial Mediation Model

Roberto López, Jr., M.A.<sup>1</sup>, Katherine Maultsby, B.S.<sup>1</sup>, Annamarie Defayette, M.A.<sup>1</sup>, Emma Whitmyre, M.A<sup>1</sup>, Jennifer C. Wolff, Ph.D.<sup>2</sup>, Anthony Spirito, Ph.D.<sup>3</sup>, Christianne Esposito Smythers, Ph.D.<sup>1</sup>, 1. George Mason University, 2. Brown Medical School/Rhode Island Hospital, 3. Brown University & Butler Hospital

(SSI-11) Rumination, Punitive Parental Responses to Children's Negative Emotions, Depression, and Suicidal Ideation in Anxious Youth

Jason Brown, B.A.<sup>1</sup>, Samantha Glovak, M.A.<sup>1</sup>, Jennifer Silk, Ph.D.<sup>2</sup>, Kristy Benoit Allen,

(SSI-12) Acceptability of CBT-insomnia (CBT-I) Intervention Within an Adolescent Suicide Intensive Outpatient Program

Ph.D.<sup>1</sup>, 1. University of Tennessee, Knoxville, 2. University of Pittsburgh

Daniel Elledge, Ph.D., Afsoon Gazor, M.A., Jessica King, Ph.D., Betsy Kennard, Psy.D., Sunita M. Stewart, ABPP, Ph.D., Children's Medical Center and University of Texas-Southwestern, Dallas

#### **TECHNOLOGY AND BEHAVIOR CHANGE SIG**

(TBC-01) Limited Uptake of Digital Tools Beyond Telemental Health During COVID-19: A Qualitative Evaluation of Mental Health Providers' Technology Adoption

Alexandra m. Adamis, B.S.¹, Rachel Von Boxtel, B.S.¹, Julia Potter, B.A.¹, Jessica M. Lipschitz, Ph.D.², 1. Brigham and Women's Hospital, 2. Brigham and Women's Hospital/Harvard Medical School

(TBC-02) A BIT of Research on Behavioral Intervention Technologies for Latinx Americans

Sarah L. Adut, M.A., Joshua C. Magee, Ph.D., Miami University

(TBC-03) A Review of Social Networking Use Abstinence and Its Impact on Mental Health and Wellbeing

Andres D. Roque, M.A., Alicia Meuret, Ph.D., Southern Methodist University

(TBC-04) Prevalence and Change in Functional Impairment over the Course of a Coached Digital Intervention for Depression and Anxiety

Margaret T. Anton, Ph.D., Heidi Mochari-Greenberger, Ph.D., MPH, Reena L. Pande, M.D., MSc, AbleTo, Inc.

Harris E. Bajwa, B.A.¹, Sara Mei, B.S.¹, Sara Brown, B.S.¹, Jackie Bullis, Ph.D.¹, Madeline Wenzel2, Sara Freedman, MSW³, Elysse Nava, LICSW³, Scott Rauch, M.D.1, Courtney Beard, Ph.D1., 1. McLean Hospital, 2.Combined Jewish Philanthropies of Greater Boston, 3. Jewish Family and Children's Service

#### (TBC-06) A Meta-analytic Look at Technology-delivered Interventions for Youth Mental Health: The Role of Duration and Frequency of Use

Sarah Broner, B.A.<sup>1</sup>, Maya Hareli, B.A.<sup>1</sup>, Kate Bartolotta, B.A.1, Kirsten Christensen, M.A,3 Nicola Forbes, B.A.2, Abilgail Blum, B.A.1, Elizabeth Raposa, Ph.D.2, Colleen Conley, Ph.D. 1 1. Loyola University Chicago, 2. Fordham University, 3. University of Massachusetts. Boston

#### (TBC-07) Examining Adolescents' Experience of Anxiety and Preferences for Digital Tools Through Online Focus Groups

Emily Hersch, M.A.<sup>1</sup>, Jennifer Nicholas, Ph.D.<sup>2</sup>, Kathryn Ringland, Ph.D.<sup>3</sup>, Nicholas Allan, Ph.D.<sup>4</sup>, Emily Lattie, Ph.D.<sup>1</sup>, David Mohr, Ph.D.<sup>1</sup>, Sarah Lord, Ph.D.<sup>5</sup>, Alan Budney, Ph.D.<sup>5</sup>, Ashley Knapp<sup>1</sup>. 1. Northwestern University Feinberg School of Medicine, 2. University of Melbourne, 3. University of California, Santa Cruz, 4. Ohio University, 5. Dartmouth College

(TBC-08) Mindful Moms: Acceptability and Impact Trends of Co-designed Videobased Guided Meditations for Women with Opioid Use Disorder Ashley Gaughan-Maher, Julie Doherty, M.A., Sarah Lord, Ph.D., Dartmouth College

#### (TBC-09) Skills of Cognitive Therapy as a Predictor of Treatment Outcomes in a Virtual CBT Program for Anxiety and Depression

Sara Mei, B.S.<sup>1</sup>, Harris Bajwa, B.S.<sup>1</sup>, Sara Brown, B.S.<sup>1</sup>, Madeline Wenzel, B.A.<sup>2</sup>, Sara Freedman, MSW<sup>3</sup>, Elysse Nava, LICSW<sup>3</sup>, Scott Rauch, M.D.<sup>1</sup>, Courtney Beard, Ph.D.<sup>1</sup>, Jackie Bullis, Ph.D.<sup>1</sup>, 1. McLean Hospital/Harvard Medical School, 2. Combined Jewish Philanthropies of Greater Boston, 3. Jewish Family and Children's Services

(TBC-10) Choosing the Right Mental Health App: A Model for App Evaluation and Informed Decision Making Regarding Digital Mental Health Apps
Ashley K. Meyer, B.A., Suraj K. Patel, B.A., John Torous, M.D., MBI, Massachusetts
General Hospital/Harvard Medical School

#### (TBC-11) Patient Utilization of a Smartphone App Delivered Cognitive Bias Modification Intervention

Yas Salon<sup>1</sup>, Courtney Beard, Ph.D.<sup>2</sup>, Erin Beckham, B.A.<sup>2</sup>, Throstur Bjorgvinsson, Ph.D.<sup>2</sup>, Andrew Peckham, Ph.D.<sup>2</sup>, Jenna Sandler<sup>3</sup>, 1. Tufts University, 2. Mclean Hospital, 3. Brandeis University

# (TBC-12) Effectiveness of Online Cognitive-behavioral Treatment During the COVID-19 Pandemic

Danielle A. Uy, M.A <sup>1</sup>, Anne M. Halbreiner, B.A. <sup>1</sup>, Peter Farvolden, Ph.D. <sup>2</sup>, Martin M. Antony, Ph.D. <sup>1</sup>, 1. Ryerson University, 2. MindBeacon

# TIC AND OBSESSIVE-COMPULSIVE RELATED DISORDERS SIG

#### (TOCRD-01) An Examination of Distress Tolerance and OCD Severity Among LGBTQ+ and Heterosexual Individuals Seeking Intensive/residential Treatment for OCRDS

Andreas Bezahler, B.S., Devin Dattolico, B.S., Martha Falkenstein, Ph.D., OCD Institute, McLean Hospital/Harvard Medical School

#### (TOCRD-02) OCD and Quality of Life: A Serial Multiple Mediation Model

Morgan E. Browning, B.S., B.A.<sup>1</sup>, Nathaniel Van Kirk, Ph.D.<sup>2</sup>, 1. University of Massachusetts Dartmouth, 2. OCD Institute, McLean Hospital/Harvard Medical School

#### (TOCRD-03) Tic Suppression Across Tic Types

Megan Dubois, B.A., Kerry Houlihan, B.S., Brittany Raab, Mia Kellman, B.S., Alison Pryor, B.S., Petros Apostolou, M.S., Christine Conelea, Ph.D., University of Minnesota

#### (TOCRD-04) Measurement of Contextual Factors During Transcranial Magnetic Stimulation for Tourette Syndrome

Kerry Houlihan, B.S., Megan Dubois, B.A., Mia Kellman, B.S., Katie Beard, B.S., Alana Lieske, B.S., Christine Conelea, Ph.D., University of Minnesota

# (TOCRD-05) An Experimental Evaluation of a Function-based Model of Tic Expression

Cecily J. Link, Loran P. Hayes, Ph.D., Kirsten R. Bootes, M.S., Brianna Wellen, B.S., Michael B. Himle, Ph.D., University of Utah

#### (TOCRD-06) Do Explanations of Tic Controllability Impact Young Adults' Attitudes Toward Peers with Tourette Syndrome? An Experimental Evaluation

Anchal Malhotra<sup>1</sup>, Christy L. Chantel, Benjamin J. Nash<sup>1</sup>, Emily I. Braley, M.S.<sup>2</sup>, Michael B. Himle, Ph.D.<sup>2</sup>, Matthew Capriotti, Ph.D.<sup>1</sup>, 1. San Jose State University, 2. University of Utah

#### (TOCRD-07) Suicidal Ideation or Suicidal Obsessions? An Evidence-based Guide for Accurate Assessment

Elizabeth F. Mattera, B.S., Terrence H.W Ching, Ph.D., Brian A. Zaboski, Ph.D., Stephen A. Kichuk, MPH, Yale University

### (TOCRD-08) The Sleep Disturbance Scale for Children in Youth with Trichotillomania

Gabrielle E. Montalbano, B.S.¹, Ariel J. Rissman, B.A.¹, Michelle Rozenman, Ph.D.², Tara S. Peris, Ph.D.¹, Patricia Z. Tan, Ph.D.¹, John Piacentini, ABPP, Ph.D.¹, Emily J. Ricketts, Ph.D.¹, 1. Childhood OCD, Anxiety & Tic Disorders Program, University of California, Los Angeles Jane & Terry Semel Institute for Neuroscience & Human Behavior, 2. University of Denver

### (TOCRD-09) Psychometric Properties of the Premonitory Urge for Tics Scale (PUTS) in Children with Persistent Tic Disorders

Brandon X. Pitts, B.S.¹, Jordan T. Stiede, M.S.¹, Brianna Wellen, B.S.², Christopher C. Bauer, M.S.³, Michael B. Himle, Ph.D.³, Suzanne Mouton-Odum, Ph.D.⁴, Douglas Woods, Ph.D.¹, 1. Marquette University, 2. University of Utah, 3. Medical College of Wisconsin, 4. Baylor College of Medicine

# (TOCRD-10) Tics and Hireability: The Implication of Perceptions of Tics and Other Hiring Factors

Zachary W. Roylance<sup>1</sup>, Emily I. Braley, M.S.<sup>1</sup>, Jordan T. Stiede, M.S.<sup>2</sup>, Cecily J. Link, Michael B. Himle, Ph.D.<sup>1</sup>, 1. University of Utah, 2. Marquette University

#### (TOCRD-11) Gender Representation in Tourette Syndrome Research

Brianna L. Sadighian, Ogochukwu A. Obi, Isaac P. Seneca, B.A.<sup>1</sup>, Tara Hedayati, Kianna Vargas<sup>1</sup>, Morgan Pangburn, B.S.<sup>2</sup>, Kenneth Phelps, Ph.D.<sup>3</sup>, Matthew Capriotti, Ph.D.<sup>1</sup>, 1. San Jose State University, 2. Arizona State University, 3. University of South Carolina

# (TOCRD-12) The Accessibility of Behavioral Treatment for Persistent Tic Disorders in 2010 and 2019

Haley A. Webber, A.S., Brianna Wellen, M.S.<sup>1</sup>, Kirsten R. Bootes, B.A.<sup>1</sup>, Emily I. Braley, M.S.<sup>1</sup>, Christine Conelea, Ph.D.<sup>2</sup>, Douglas Woods, Ph.D.<sup>3</sup>, Michael B. Himle, Ph.D.<sup>1</sup>, 1. The University of Utah, 2. University of Minnesota, 3. Marquette University

#### TRAUMA AND POST TRAUMATIC STRESS DISORDER SIG

#### (TPTSD-01) Trauma Anniversary Reactions Marked by Stress Are Evident Across Adverse Experiences

Madeline J. Bruce, M.S., Alexander Chang, B.S., Luke Evans, M.S., Lindsay Thomas, B.S., Paul Handal, Ph.D., Saint Louis University

### (TPTSD-02) A Preliminary Evaluation of an Integrated Treatment for PTSD and Suicide Prevention: CLASP-PE

Bridget Feler, B.A.<sup>1</sup>, Jesse McCann, B.S.<sup>2</sup>, Sally Murphy, M.A., LPC<sup>3</sup>, Jonna Vaughn, M.A.<sup>4</sup>, Ron Acierno, Ph.D.<sup>4</sup>, Edna B. Foa, Ph.D.<sup>1</sup>, Ivan W. Miller, III, Ph.D.<sup>5</sup>, Lauren Weinstock, Ph.D.<sup>5</sup>, Lily A. Brown, Ph.D.<sup>1</sup>, 1.University of Pennsylvania, 2. University of Kentucky 3. Medical University of South Carolina, 4. University of Texas, 5. Alpert Medical School of Brown University

#### (TPTSD-03) COVID Stress and Intimate Partner Violence

Brianna Prichett, B.S., Kathleen P. Reed, Ph.D., Clark University

#### (TPTSD-04) PTSD Symptoms and Rumination Among COVID-19 Healthcare Workers

Karly S. Weinreb, M.A., Samantha Coyle, Ph.D., NCSP, Montclair State University

#### WOMEN'S ISSUES IN BEHAVIOR THERAPY SIG

### (WIBT-01) Identifying Barriers to Implementing Pet Programs in U.S. Domestic Violence Shelters

Claire Baldwin, B.A. Hons., Patti Timmons Fritz, Ph.D., C. Psych., University of Windsor

# (WIBT-02) Psychological and Professional Repercussions of the COVID-19 Pandemic in Female Faculty with Children: An Investigation of Outcomes Across Different Academic Career Stages

Christina M. Sanzari, B.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

# (WIBT-03) Moderating Effects of Psychological Flexibility During an ACT for Pregnant Women

Natalie C. Tunnel, M.A., Richard Kim, B.A., Eliana Abraham, Alicia Meuret, Ph.D., Southern Methodist University

### Saturday, November 20, 2021

11:30 a.m. - 1:30 p.m.

#### **POSTER SESSION 8**

#### **Poster Session 8A**

Key Words: CBT, Social Anxiety, Acceptance

(PS8-A1) How Does Physiological Arousal Affect Avoidance? Examining Anxiety Sensitivity, Nonacceptance, and Safety Behaviors in Socially Anxious College Students

Lynn Hana, B.S., Mary J. Schadegg, M.A., Laura J. Dixon, Ph.D., University of Mississippi

- (PS8-A2) A Qualitative Study on Identity in Individuals at Clinical High-risk for Psychosis: "...Why Does It Have to Be One Thing?" Cansu Sarac, B.A., Joseph DeLuca, Ph.D., Zarina Bilgrami, B.A., Shaynna N. Herrera, Ph.D., Cheryl M. Corcoran, M.D., Icahn School of Medicine at Mount Sinai
- (PS8-A3) The Association Between Symptoms of PTSD and Intimate Partner Violence in Couples During the COVID-19 Pandemic Caitlin M. Kehoe, M.A., Victoria E. Bennett, M.A., Julia Babcock, Ph.D., University of Houston
- (PS8-A4) College Students' Use of and Preference for Cognitive-behavioral and Mindfulness-based Strategies for Stress Reduction Sarah Rabbitt, Ph.D., Philip Swigon, Oberlin College
- (PS8-A5) The Indirect Effect of Attentional Control on Distress Tolerance Through Emotion Regulation

Alicia L. Milam, B.S., B.A.<sup>1</sup>, Hannah C. Hamrick, B.S.<sup>2</sup>, Nathan M. Hager, M.S.<sup>1</sup>, Matt R. *Judah*, Ph.D.<sup>2</sup>, 1. Virginia Consortium Program in Clinical Psychology, 2. University of Arkansas

- (PS8-A6) Brief Structured Dog-assisted Therapy for Female Prison Inmates: A Pilot Study
  - Andrea V. Avecilla, M.A., Elizabeth E. Lloyd-Richardson, Ph.D., University of Massachusetts, Dartmouth
- (PS8-A7) Differences in Changes in Mental Health Seeking Attitudes Following a Sleep Intervention Between Adolescent Latinos and Non-latinos with Sleep Health Deficits

Raul E. Barete, B.A., Lauren D. Asarnow, Ph.D., Riya Mirchandaney, B.A., University of California, San Francisco

(PS8-A8) Internalized Weight Bias and Disordered Eating: The Protective Role of Selfcompassion

Rachel D. Marshall, M.A., Si Woo Chae, B.A., Kaitlin Rozzell, M.A., Janet D. Latner, Ph.D., University of Hawai'i at Manoa

(PS8-A9) Predictors of Outcome in Cognitive-behavioral Therapy for Social Anxiety Disorder: A Machine Learning Approach

Sei Ogawa, Ph.D.¹, Risa Imai, Ph.D.¹, Toshi A.Furukawa, Psy.D.², Tatsuo Akechi, Ph.D.¹, 1. Nagoya City University Graduate School of Humanities and Social Sciences, 2. Department of Health Promotion and Human Behavior, Kyoto University Graduate School of Medicine / School of Public Health, Kyoto

(PS8-A10) BIPOC Support Groups in Canada: Insights on Who Attends, and Their Benefits and Drawbacks

Drexler Ortiz, M.S.<sup>1</sup>, Cara Samuel, M.S.<sup>2</sup>, Parker Johnson, B.A.<sup>3</sup>, Vishnu Punwani, B.A.<sup>3</sup>, Devi Mucina, Ph.D.<sup>1</sup>, 1. University of Victoria, 2. University of Toronto, 3. The Table Organization

(PS8-A11) Don't Forget the Lyrics: An Analysis of Self-affirmations in Musical Cognitive Restructuring

Elizabeth Jean, M.A., Kent State University

(PS8-A12) Perceived Rejection in the Experience of Anger in High versus Low Social Anxiety

Virginia Tsekova, M.A., Naomi Koerner, Ph.D., Martin M. Antony, Ph.D., Ryerson University

(PS8-A13) The Moderating Effect of Cognitive Fusion on the Relationship Between Worry Behaviors and Anxiety

Kelsey Thomas, M.A., Julia Y. Gorday, B.S., Kate Clauss, M.A., Joseph R. Bardeen, Ph.D., Auburn University

(PS8-A14) Testing a Bifactor Model of the Multidimensional Cognitive Attentional Syndrome Scale

Kate Clauss, M.A.<sup>1</sup>, Joseph R. Bardeen, Ph.D.<sup>1</sup>, Thomas A. Fergus, Ph.D.<sup>2</sup>, 1. Auburn University, 2. Baylor University

(PS8-A15) Problematic Cannabis Use in the COVID-19 Pandemic: The Role of Intolerance of Uncertainty

Frederick T. Schubert, III, B.A., Danielle M. Morabito, M.S., Christopher Zappi, B.S., Cameron Matoska, B.S., Florida State University

(PS8-A16) Does Emotion Regulation Mediate the Relationship Between Post-traumatic Stress and Types of Aggression?

Cassidy L. Tennity, M.A.<sup>1</sup>, Nora E. Charles, Ph.D.<sup>1</sup>, Joye Anestis, Ph.D.<sup>2</sup>, 1. University of Southern Mississippi, 2. Rutgers, The State University of New Jersey

(PS8-A17) Response Effort Attenuates Provoked Aggression in Men and Women Michaela Patoilo, B.S.<sup>1</sup>, Joshua Bullock, Ph.D.<sup>2</sup>, Jennifer R. Fanning, Ph.D.<sup>3</sup>, Michael S. McCloskey, Ph.D.<sup>4</sup>, Mitchell E. Berman, Ph.D.<sup>1</sup>, Matthew A. Timmins, M.S.<sup>1</sup>, 1. Mississippi State University, 2. VA Connecticut Healthcare System, 3. McLean Hospital, Harvard Medical School, 4. Temple University

- (PS8-A18) Predictors of Depression and Anxiety in Incoming Medical Students
  Dana Nguyen, Samantha N. Hellberg, B.A., Kenan G. Sayers, Maya E. Tadross, Megan
  Butcher, B.S., Heidi J. Ojalehto, B.S., Jonathan S. Abramowitz, Ph.D., University of North
  Carolina at Chapel Hill
- (PS8-A19) Moderating Effects of Self-reported Family Accommodation on the Relation Between Obsessive-compulsive Symptoms and Relationship Satisfaction in Adults with OCD in a Romantic Relationship

Andrew J. De Leonardis, M.S., Gregory S. Chasson, Ph.D., Illinois Institute of Technology

(PS8-A20) Exploring the Effect of Trauma Type, by Gender, on the Relationship Between Postsecondary Academic Performance and Posttraumatic Stress Disorder

Sami S. Soufi, Malisa M. Brooks, MSW, Anu Asnaani, Ph.D., Kent D. Hinkson, Jr., M.S., University of Utah

- (PS8-A21) Evaluation of Health-related Metacognitive Beliefs on Anxiety About COVID-19
  - Ciara G. Incorvati, B.A., Jacob Balconi, Cynthia L. Dulaney, Ph.D., Xavier University
- (PS8-A23) State Mindfulness, Trait Mindfulness, and Response to Mindfulness Training: Is There a Genomic Signature? Jeffrey M. Greeson, Ph.D., Rowan University
- (PS8-A24) Less Social, More Social Media: Reported Use Patterns of Social Media in a Clinical Sample of Anxious Youth During COVID-19

Shannon Gasparro, B.A.<sup>1</sup>, Arielle Linsky, Ph.D.<sup>1</sup>, Angela W. Chiu, Ph.D.<sup>2</sup>, Payal Desai, M.P.H.<sup>3</sup>, Shannon M. Bennett, Ph.D.<sup>1</sup>, 1. Weill Cornell Medicine, 2. Weill Cornell Medicine / New York Presbyterian Hospital, 3. Columbia University/New York State Psychiatric Institute

#### **Poster Session 8B**

Key Words: Couples / Close Relationships, Social Relationships, Acceptance

- (PS8-B25) The Case for Code Words: The Influence of Relationship Pattern Labeling on Intimacy, Acceptance, and Relationship Satisfaction in Couples' Relationships *Jenna Rice, B.A., James V. Cordova, Ph.D.*, Clark University
- (PS8-B26) Sex Differences Among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders
  Kristen H. Walter, Ph.D., Jordan A. Levine, M.P.H., Naju J. Madra, M.A., Lisa H. Glassman, Ph.D., Jessica L. Beltran, B.S., Naval Health Research Center
- (PS8-B27) Neuroticism Prospectively Predicts Self-stigma Associated with Seeking Psychological Services

Zoe M. Trout, B.A., Anne L. Kleinsasser, M.A., Thomas A. Fergus, Ph.D., Baylor University

(PS8-B28) Demographic Differences in Daily Alcohol-related Consequences in a Sample of College Students

Douglas J. Glenn, B.A.<sup>1</sup>, Philip Laxton<sup>2</sup>, Cathy Lau-Barraco, Ph.D.<sup>2</sup>, 1. Virginia Consortium Program in Clinical Psychology, 2. Old Dominion University

(PS8-B29) Parsing Impulsive Aggression in Intermittent Explosive Disorder and Borderline Personality Disorder

Whitney M. Allen, B.A.<sup>1</sup>, Kristen P. Howard, M.A.<sup>1</sup>, Jolynn Pek, Ph.D.<sup>1</sup>, Jennifer S. Cheavens, Ph.D.<sup>1</sup>, Emil F. Coccaro, M.D.<sup>2</sup>, 1. The Ohio State University, 2. The Ohio State University Wexner Medical Center

(PS8-B30) Women Locked up in Texas: Predicting Suicide Risk by Custody Type and Nature of Offense

Nicole L. Moreira, M.A., Katherine L. O'Connell, M.S., Rocky B. Marks, B.A., Keyne C. Law, Ph.D., Seattle Pacific University

- (PS8-B31) Treating Internalizing Symptoms and Interpersonal Difficulties in a Veterinary Medical Student with Dbt-informed Therapy: A Case Study S. Taylor Younginer, M.A., Sarah Thompson, Ph.D., L. Christian Elledge, Ph.D., The University of Tennessee, Knoxville
- (PS8-B32) Anxiety Sensitivity as a Potential Contributing Factor to Adult Separation Anxiety Disorder Symptoms

Nechama Kaiser, B.A., Michael G. Wheaton, Ph.D., Barnard College

(PS8-B33) Cortical Thickness Association with Perseverative Thinking and Suicidal Ideation

Ana E. Sheehan, B.A., Emily Heilner, Nadia Bounoua, M.A., Rickie L. Miglin, M.A., Jeffrey A. Spielberg, Ph.D., Naomi Sadeh, Ph.D., University of Delaware

(PS8-B34) Attention Young Adults! It Gets Better: Cohort Psychological Outcomes Improve over Time

Kristen Hollas, M.A., Kelsey G. Coulthard, M.A., Mary Lou Kelley, Ph.D., Louisiana State University

(PS8-B35) Supporting Community Health Workers Who Provide Medical and Behavioral Health Support in Underserved Communities: Stakeholders' Perspectives

Chris Blank, M.A., Maya M. Boustani, Ph.D., Diane G. Marin, M.A., Dina Bashoura, B.A., Loma Linda University

(PS8-B36) Preservice Training in Evidence-based Practice: Years of Training Impacts Knowledge Retention for Exposure

Tristan J. Maesaka, M.A., Brad Nakamura, Ph.D., University of Hawai'i at Manoa

(PS8-B37) Improving Practitioner Use of CBT Through Case-based Consultation to Supervisors

Georganna R. Sedlar, Ph.D.<sup>1</sup>, Vishal Kumar, B.S.<sup>2</sup>, Noah R. Gubner, Ph.D.<sup>3</sup>, Sarah Walker, Ph.D.<sup>4</sup>, 1. University of Washington School of Medicine, 2. University of Washington, Seattle, 3. Department of Psychiatry and Behavioral Science, University of Washington, 4. Department of Psychiatry and Behavioral Science, University of Washington School of Medicine

(PS8-B38) The Longitudinal Measurement Invariance of the Short Health Anxiety Inventory

Laura J. Long, M.A., Matthew W. Gallagher, Ph.D., University of Houston

SATURDAY

#### (PS8-B39) Changes to Psychosocial Functioning in Florida Mental Health Providers During covid-19

Caroline Lutzky, B.S.<sup>1</sup>, Brian E. Bunnell, Ph.D.<sup>1</sup>, Arianna Gutierrez, B.S.<sup>1</sup>, Henry Slone, B.S.<sup>1</sup>, Demi Zhu, B.S.<sup>1</sup>, Hannah D. Hedriana, B.S., B.A.<sup>2</sup>, Janelle F. Barrera, M.P.H.<sup>1</sup>, 1. University of South Florida, 2. University of South Florida Morsani College of Medicine

### (PS8-B40) Gaze-contingent Music Reward Therapy: A Novel Computer-based Therapy for Social Anxiety Disorder

Gloria J. Gomez, B.A.<sup>1</sup>, Sarah C. Dolan, B.A.<sup>1</sup>, Amit Lazarov, Ph.D.<sup>2</sup>, Franklin Schneier, M.D.<sup>3</sup>, 1. New York State Psychiatric Institute/Columbia University Medical Center, 2. Tel Aviv University, 3. New York State Psychiatric Institute

#### (PS8-B41) Reproductive Coercion and Intimate Violence Perpetration Among Young Adult Men

Emily A. Munoz, M.A.<sup>1</sup>, Jeff Temple, Ph.D.<sup>2</sup>, Ryan C. Shorey, Ph.D.<sup>1</sup>, Vi Donna Le, M.P.H., Ph.D.<sup>2</sup>, 1. University of Wisconsin, Milwaukee, 2. University of Texas Medical Branch

#### (PS8-B42) The Interactive Effect of Mental Contamination and Cognitive Fusion on Generalized Anxiety Symptoms

Kate Clauss, M.A., Joseph R. Bardeen, Ph.D., Auburn University

# (PS8-B43) Comparing Symptom Networks of Daytime and Nocturnal Panic Attacks Nicole S. Smith, M.A., Brian W. Bauer, M.S., Daniel W. Capron, Ph.D., University of Southern Mississippi

# (PS8-B44) Demographic and Clinical Differences in Engagement with Supportive Coaching for an Online Anxiety Intervention

Suraj K. Patel, B.A., Alexandra L. Silverman, M.A., Bethany A. Teachman, Ph.D., University of Virginia

#### (PS8-B45) Predicting Longitudinal Psychiatric Effects of the COVID-19 Pandemic in a Transdiagnostic Sample of Youth Using Task-based Fmri

Camille Archer, B.A.<sup>1</sup>, Simone P. Haller, Ph.D.<sup>1</sup>, Allison Jaffe, B.S.<sup>1</sup>, Anita Harrewijn, Ph.D.<sup>1</sup>, Reut Naim, Ph.D.<sup>1</sup>, Julia Linke, Ph.D.<sup>1</sup>, Joel Stoddard, M.D.<sup>2</sup>, Melissa A. Brotman, Ph.D.<sup>1</sup>, 1. National Institute of Mental Health, 2. University of Colorado Anschutz Medical Campus

### (PS8-B46) Intermittent Explosive Disorder: A Latent Class Analysis and External Validation

Nicole K. Ciesinski, B.A., Joey C. Cheung, M.A., Kristen M. Sorgi-Wilson, M.A., Michael S. McCloskey, Ph.D., Temple University

#### (PS8-B48) Isolating Fear from Anxiety: An Emotion Vignette Study

Nicholas W. Talisman, M.A., Cynthia A. Rohrbeck, Ph.D., Nazeef Vasaya, B.A., The George Washington University

# (PS8-B49) Burnout in Trainees and Licensed Providers: Training and Treatment Implications

Candice Wilson, B.A.<sup>1</sup>, Rheanna L. Standridge, B.S.<sup>1</sup>, Craig A. Warlick, Ph.D.<sup>1</sup>, Abby Armstrong, M.S.<sup>1</sup>, Nicole Farmer, Ph.D.<sup>2</sup>, Tristan P. Patterson, M.S.<sup>3</sup>, 1. University of Southern Mississippi, 2. Southern Arizona VA Health Care System, 3. University of Kansas

Key Words: Health Psychology, Military, Alcohol

#### (PS8-C50) Decreased Unhealthy Alcohol Use over Time Among Air Force Recruits

Chase Aycock, Psy.D.<sup>1</sup>, Marc A. Patience, Ph.D.<sup>2</sup>, Indika Mallawaarachchi, M.S.<sup>3</sup>, Robert C. Klesges, Ph.D.<sup>4</sup>, Rosemary Estevez Burns, Ph.D.<sup>5</sup>, Gerald W. Talcott, ABPP, Ph.D.<sup>3</sup>, 1. Wilford Hall Ambulatory Surgical Center, JBSA-Lackland Air Force Base, TX, 2. United States Air Force, 3. University of Virginia, 4. The University of Virginia Medical School, 5. Wilford Hall Ambulatory Surgical Center

# (PS8-C51) Levels of Guilt and Self-assurance Among Individuals Recently Discharged from Psychiatric Hospitalizations

Hannah R. Krall, B.A.<sup>1</sup>, Catarina L. Carosa, B.A.<sup>1</sup>, Caroline M. Johnson, B.A.<sup>1</sup>, Elizabeth C. Hoelscher, B.A.<sup>2</sup>, Michael F. Armey, Ph.D.<sup>2</sup>, Ivan W. Miller, III, Ph.D.<sup>2</sup>, Christopher D. Hughes, Ph.D.<sup>2</sup>, Heather Schatten, Ph.D.<sup>3</sup>, 1. Butler Hospital, 2. Warren Alpert Medical School of Brown University, 3. Butler Hospital & Brown Medical School

#### (PS8-C52) Examining Parental Confidence Following Parent-child Interaction Therapy Enhanced Teach Fathers Group

Jamie Scharoff, M.A., Julia Weisman, M.A., Janice Lu, B.A., Anne Fraiman, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

# (PS8-C53) The Association Between Psychophysiological Fear Conditionability and Self-reported Shock Expectancy During a Fear Conditioning Paradigm in Healthy Women

Gabriella E. Hamlett, M.A.<sup>1</sup>, Dylan B. Miller, B.A.<sup>2</sup>, Madeleine M. Rassaby, B.A.<sup>2</sup>, Lily A. Brown, Ph.D.<sup>1</sup>, Mohammed R. Milad, Ph.D.<sup>2</sup>, Edna B. Foa, Ph.D.<sup>1</sup>, 1. Perelman School of Medicine at the University of Pennsylvania, 2. New York University Grossman School of Medicine

### (PS8-C54) Influences of Reward Responsiveness, Sleep, and Cortisol Reactivity on Suicide

Katherine L. O'Connell, M.S.¹, Keyne C. Law, Ph.D.¹, Samantha Jacobson, M.S.¹, Margaret Baer, M.A.², Phillip M. Baker, Ph.D.¹, Kim L. Gratz, Ph.D.², Matthew T. Tull, Ph.D.², 1. Seattle Pacific University, 2. University of Toledo

# (PS8-C55) Machine Learning Based Evaluation of Suicide Risk Assessment in Text-based Crisis Counseling

Mattia M. Medina Grespan, M.S.<sup>1</sup>, Meghan Broadbent, M.S.<sup>1</sup>, Brent Kious, M.D., Ph.D.<sup>1</sup>, Alison Lake, M.A., LPC<sup>2</sup>, Madelyn Gould, M.D., Ph.D.<sup>2</sup>, Zac E. Imel, Ph.D.<sup>1</sup>, Vivek Srikumar, Ph.D.<sup>1</sup>, 1. University of Utah, 2. Columbia University

#### (PS8-C56) Food Craving as a Mediator in the Relationship Between Weight Suppression and Disordered Eating

Susana Cruz Garcia, B.A., Julia M. Hormes, Ph.D, University at Albany, State University of New York

#### (PS8-C57) Positive Affectivity: Motivational State Relations with Social Anxiety

Corinne N. Carlton, M.S.<sup>1</sup>, Janey E. Dike, M.A., M.S.<sup>1</sup>, Matthew Brown, M.S.<sup>2</sup>, Kasey Stanton, Ph.D.<sup>1</sup>, John Richey, Ph.D.<sup>3</sup>, 1. Virginia Polytechnic Institute and State University, 2. Western University, 3. Virginia Tech

SATURDAY

Joshua S. Steinberg, Anna R. Franklin, M.A., Ayelet M. Ruscio, Ph.D., University of Pennsylvania

- (PS8-C59) Feeling More Depressed During the COVID-19 Pandemic? How Anxiety, Social Loneliness and Gender Impact Interest in Telehealth Services Maria C. DiFonte, M.A., Rebecca Michel, B.S., Elaine Ruiz, M.A., Katharine E. Musella, M.A., Ellen C. Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island
- (PS8-C60) Social Attachment and the Interpersonal Theory of Suicide: Associations of Insecure Adult Attachment Styles, Thwarted Belongingness, Perceived Burdensomeness, and Suicide Risk Among Firefighters

  Nathaniel A. Healy, M.A.<sup>1</sup>, Samuel J. Leonard, M.A.<sup>1</sup>, Jana Bittar<sup>1</sup>, Ian H. Stanley, Ph.D.<sup>2</sup>, Anka A. Vujanovic, Ph.D.<sup>1</sup>, 1. University of Houston, 2. Boston University School of Medicine & National Center for PTSD
- (PS8-C61) Examining the Role of Emotional Reactivity Across Positive and Negative Emotions in the Relationship Between Borderline Personality Disorder and Major Depressive Disorder

Michelle Durling, B.A., Elinor E. Waite, B.A., Blake Ronzio, B.S., Katherine Dixon-Gordon, Ph.D., University of Massachusetts Amherst

- (PS8-C62) Investigating the Association Between Lower-order Grit Scales and covid-19-related Worries
  - Catherine Accorso, M.A., Nicholas P. Allan, Ph.D., Brandon Koscinski, M.A., Ohio University
- (PS8-C63) Comparing Ripple Effects of Evidence-based Treatment Implementation Strategies Between Providers and Youth Clients

Catherine M. Corbin, Ph.D.<sup>1</sup>, Ian Muse, B.A.<sup>1</sup>, Michael D. Pullmann, Ph.D.<sup>1</sup>, Chayna J. Davis, Ph.D.<sup>1</sup>, Shannon Dorsey, Ph.D.<sup>2</sup>, 1. University of Washington School of Medicine, 2. University of Washington, Seattle

(PS8-C64) Telehealth Engagement and Presenting Severity in an Outpatient Military and Family Clinic During the COVID-19 Pandemic

Justin R. Pomerenke, Ph.D.<sup>1</sup>, Amanda Spray, ABPP, Ph.D.<sup>2</sup>, Naomi M. Simon, M.D.<sup>3</sup>, Ariane Ling, Ph.D.<sup>1</sup>, 1. New York University Langone Medical Center, 2. New York University School of Medicine; Cohen Military Family Center, 3. New York University Grossman School of Medicine

- (PS8-C65) Disability and Disasters: The Role of Self-efficacy in Emergency
  Preparedness Behaviors Five Years Later

  Ashley F. Reed. B.A.<sup>1</sup> Cynthia A. Rohrheck, Ph.D.<sup>1</sup> Jennifer, F. Marceron Glienke, Ph.D. 1
  - Ashley E. Reed, B.A.<sup>1</sup>, Cynthia A. Rohrbeck, Ph.D.<sup>1</sup>, Jennifer E. Marceron Glienke, Ph.D.<sup>2</sup>, 1. George Washington University, 2. The Family Center Counseling Associates, PLLC
- (PS8-C66) A New Point of Intervention with Incarcerated People? Expectations for the Future

Margaret Webb, B.S., B.A., P P. Tangney, Ph.D., George Mason University

- (PS8-C67) COVID-19 Disproportionally Harms Mothers in the Academy: Productivity and Mental Health Outcomes in Women Faculty Parenting During the Pandemic
  - Christina M. Sanzari, B.A., Courtney E. Breiner, M.A., McKenzie Miller, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS8-C68) The Role of Emotion Identification in the Association Between Stress and Anxiety

Alicia L. Milam, B.S., B.A.<sup>1</sup>, Laura B. Kenneally, B.A.<sup>1</sup>, Brooke Puharic, B.S.<sup>1</sup>, Matt R. *Judah*, Ph.D.<sup>2</sup>, 1. Virginia Consortium Program in Clinical Psychology, 2. University of Arkansas

(PS8-C69) Measurable Proxies of "culture" and Their Associations with Internalizing Symptoms

Mossie Lierle, B.S., Juan C. Hernandez, B.A., Marisol Perez, Ph.D., Jenna Stadheim, B.A., Arizona State University

- (PS8-C70) Child Self-reported Depression, Anxiety, and PTSD Symptomatology Following Negative Police and Immigration Officer Interactions

  Augustine Lombera, III, B.A.<sup>1</sup>, Danielle S. Citera, M.A.<sup>2</sup>, Komal Sharma-Patel, Ph.D.<sup>2</sup>, Elissa J. Brown, Ph.D.<sup>2</sup>, 1. The Pennsylvania State University, 2. St. John's University, Child HELP Partnership
- (PS8-C71) Session-by-session Change in Subjective Wellbeing Prospectively Predicts Session-by-session Change in Bulimia Nervosa Symptoms Laura E. Boyajian, B.A., Paakhi Srivastava, Ph.D., Alexandra L. Pitts, Adrienne S. Juarascio, Ph.D., Drexel University
- (PS8-C72) Increasing Pull Demand of Evidence-based Psychological Treatments: Do Client Testimonials on Therapist's Websites Impact Treatment Seeking?

  Olenka S. Olesnycky, M.A.<sup>1</sup>, Narise Ramlal, B.A.<sup>2</sup>, William C. Sanderson, Ph.D.<sup>1</sup>, 1. Hofstra University, 2. Harvard University
- (PS8-C73) What's the Plan? Using an Observational Coding System to Study the Frequency and Content of Treatment Planning Discussions in Youth Psychotherapy

Alicia R. Fenley, M.A.<sup>1</sup>, Laura J. Nelson Darling, M.A.<sup>1</sup>, Shiba M. Esfand, B.A.<sup>1</sup>, David A. Langer, ABPP, Ph.D.<sup>2</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>3</sup>, Emily Nickson, B.S.<sup>4</sup>, Caroline Nelson, B.A.<sup>1</sup>, 1. Boston University Center for Anxiety and Related Disorders, 2. Suffolk University, 3. University of California, Los Angeles, 4. Boston College

(PS8-C74) Does Problematic Substance Use Moderate Efficacy of Cognitive Behavioral Therapy for Adherence and Depression in HIV?

Jasmyn Sanders, M.S., Tiffany R. Glynn, M.S., Steven A. Safren, Ph.D., Sannisha Dale, Ph.D., Audrey Harkness, Ph.D., University of Miami

POSTER SESSIONS

Key Words: Health Care System, Technology / Mobile Health, Stress

- (PS8-D75) Mobilizing a Mental Health Response for COVID-19 Health Care Workers Madeline R. Pike, B.A.<sup>1</sup>, Allison LoPilato, Ph.D.<sup>2</sup>, Andrea Crowell, M.D.<sup>2</sup>, Jordan Cattie, Ph.D.<sup>2</sup>, 1. Temple University, 2. Emory University School of Medicine
- (PS8-D76) Breastfeeding Self-efficacy and Postpartum Depression Among Women from Low Income Backgrounds

Jenna Wittmann, M.A., Randy Fingerhut, Ph.D., Caroline Brady, B.A., La Salle University

(PS8-D77) The Relationship Between Multiple OCD-related Cognitive Processes and OCD Symptom Types

Megan M. Shambaugh, B.S., B.A.<sup>1</sup>, John E. Calamari, Ph.D.<sup>1</sup>, Niel A. Rector, Ph.D.<sup>2</sup>, Brad C. Riemann, Ph.D.<sup>3</sup>, Gregory M. Dams, M.S.<sup>1</sup>, 1. Rosalind Franklin University of Medicine and Science, 2. Sunnybrook Health Sciences Centre, 3. Rogers Memorial Hospital

(PS8-D78) Parenting in a Pandemic: Anxiety, Depression, and Parental Self-evaluation During the COVID-19 Pandemic

Haley Adams, B.S., Kimberly Zlomke, Ph.D., University of South Alabama

(PS8-D79) Therapeutic Effects of Suicide Risk Assessment in Research with High Risk Youth

Meredith B. Whitfield, M.S.<sup>1</sup>, Amy M. Brausch, Ph.D.<sup>1</sup>, David A. Jobes, Ph.D.<sup>2</sup>, 1. Western Kentucky University, 2. Catholic University of America

- (PS8-D80) First Comes Love, Then Comes Marriage?: A Qualitative Investigation of Marital Attitudes Among First-generation South Asian Immigrants

  Zahra Amer, B.A., Alayna J. Watson, M.A., Erica A. Mitchell, Ph.D., Morgan E. Merrick, Kristina Gordon, Ph.D., The University of Tennessee, Knoxville
- (PS8-D81) The Role of Body Compassion vs. Self-compassion in the Risk of Developing Eating Disorders

Diana Burychka, M.S.¹, Marta Miragall, Ph.D.², Rosa M. Baños, Ph.D.³, 1. Polibienestar Research Institute, University of Valencia; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain, 2. Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain, 3. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain;

- (PS8-D82) Shame Is the Shared Maintenance Factor in an Eating Disorder-anxiety Symptom Comorbidity Model in Female Adolescents

  Betty Ngo, Leigh C. Brosof, M.S., Cheri A. Levinson, Ph.D., University of Louisville
- (PS8-D83) Gender Expression as a Predictor of Attitudes Towards Public Displays of Affection in Women in Relationships with Women

Lauren Matheson, M.S.<sup>1</sup>, Drexler Ortiz, M.S.<sup>1</sup>, Ashley Hoskin, Ph.D.<sup>2</sup>, Karen Blair, Ph.D.<sup>3</sup>, 1. University of Victoria, 2. University of Waterloo, 3. Trent University

(PS8-D84) The Role of Men's Masculinity/femininity and Appearance Ideal Internalization in Appearance Self-esteem Following a Dissonance-based Intervention

Taryn A. Myers, Ph.D., Trevaughn McNeil, B.A., Jessica C. Gurley, Carli H. Williams, Kathryn Alvarado, B.A., Virginia Wesleyan University

### (PS8-D85) Emotion Regulation and Excessive and Compulsive Exercise in Eating Disorders Across Treatment

Taylor R. Perry, B.A.<sup>1</sup>, Dominic M. Denning, B.A.<sup>2</sup>, Christina Wierenga, Ph.D.<sup>2</sup>, Walter H. Kaye, M.D.<sup>2</sup>, Tiffany A. Brown, Ph.D.<sup>3</sup>, 1. State University of New York, Albany, 2. University of California, San Diego, 3. University of California, San Diego, Eating Disorders Center for Treatment & Research

## (PS8-D86) Student Perspectives on Barriers to Lgbq/tgnb-affirmative Training in Clinical and Counseling Psychology Programs

Hannah F. Fitterman-Harris, M.S.<sup>1</sup>, Zachary A. Soulliard, Ph.D.<sup>2</sup>, Katherine Zane, Ph.D.<sup>3</sup>, Honore M. Hughes, Ph.D.<sup>1</sup>, 1. Saint Louis University, 2. Yale School of Public Health, 3. OhioHealth- Physician Group

### (PS8-D87) A Naturalistic Examination of Affect and Non-eating Activity Engagement as Predictors of Loss of Control Eating

Christina R. Felonis, B.A.<sup>1</sup>, Adam Payne-Reichert, B.S.<sup>2</sup>, Stephanie M. Manasse, Ph.D.<sup>2</sup>, Adrienne S. Juarascio, Ph.D.<sup>1</sup>, 1. Drexel University, 2. Drexel University WELL Center

### (PS8-D88) Further Psychometric Support for the Brief Adjustment scale-6 (BASE-6) in Measurement-based Care

Hayoung Ko, M.A., Lee D. Cooper, Ph.D., Virginia Polytechnic Institute and State University

### (PS8-D89) Effects of Trauma Symptomology and Conflict Resolution Skills on Intimate Partner Violence Perpetration: A Dyadic Analysis

Olivia L. Hucks, Dominic J. Parrott, Ph.D., Konrad Bresin, Ph.D., Georgia State University

# (PS8-D90) Is Ignorance Bliss? Examining the Effect of News Media Exposure on Anxiety and Depression During the COVID-19 Pandemic

Danielle L. Hoyt, M.A.¹, Michele L. Hiserodt, M.A.², Alexandra K. Gold, M.A.², Megan A. Milligan, B.S.³, Michael W. Otto, Ph.D.², 1. Rutgers University, 2. Boston University, 3. Boston University / University of New Hampshire

### (PS8-D91) Neurofeedback as a Potential Candidate for Reducing Error-related Negativity

Brooke Cullen, B.A.<sup>1</sup>, Donatello Arienzo, Ph.D.<sup>1</sup>, Nader Amir, Ph.D.<sup>2</sup>, 1. San Diego State University, 2. University of California, San Diego/San Diego State University Doctoral Program

### (PS8-D92) Temporality and Motivational Direction of Client Language During a Brief Alcohol Motivational Intervention for Mandated College Students

Estella Fox, B.A.¹, Naomi M. McFarland, B.S.¹, James G. Murphy, Ph.D.², Brian Borsari, Ph.D.³, Jon M. Houck, Ph.D.⁴, Benjamin O. Ladd, Ph.D.¹, 1. Washington State University Vancouver, 2. University of Memphis, 3. University of California San Francisco, 4. University of New Mexico

(PS8-D93) The Role of Psychological Inflexibility in the Relationship Between Generalized Anxiety and Energy Levels Among Emerging Adults During the COVID-19 Pandemic

Elaine Ruiz, M.A., Maria C. DiFonte, M.A., Ellen C. Flannery-Schroeder, ABPP, Ph.D., University of Rhode Island

(PS8-D94) A Quantitative Comparison of Worries in Military Children with a Deployed Parent and Other Family Types

Caroline Lutzky, B.S.<sup>1</sup>, Demi Zhu, B.S.<sup>1</sup>, Samantha Paige, M.P.H., Ph.D.<sup>2</sup>, Arianna Gutierrez, B.S.<sup>1</sup>, Henry Slone, B.S.<sup>1</sup>, Hannah D. Hedriana, B.S., B.A.<sup>3</sup>, Brian E. Bunnell, Ph.D.<sup>1</sup>, 1. University of South Florida, 2. Doxy.me, 3. USF Morsani College of Medicine

(PS8-D95) Effects of a Cognitive Behavioral Depression Prevention Program on Other Problems Including Anxiety, Behavior, and Substance Use

Tyler R.T Harvey, M.Ed.¹, Krystyna Kouros, Ph.D.², Judy Garber, Ph.D.¹, V. Robin Weersing, Ph.D.³, Greg Clarke, Ph.D.⁴, David Brent, M.D.⁵, William Beardslee, M.D.⁶, Tracy Gladstone, Ph.D.७, Steven D. Hollon, Ph.D.¹, 1. Vanderbilt University, 2. Southern Methodist University, 3. San Diego State University/University of California, San Diego JDP in Clinical Psychology, 4. Kaiser Permanente Center for Health Research, 5. University of Pittsburgh, 6. Boston Children's Hospital/Harvard Medical School, 7. Wellesley College

(PS8-D96) Perceptual Influences on Real-time Suicide Risk Assessment Efficacy Among Persons Living with HIV

Emily Ballentine, B.A.<sup>1</sup>, Kevin Narine, B.A.<sup>1</sup>, Lily A. Brown, Ph.D.<sup>2</sup>, 1. University of Pennsylvania, 2. Perelman School of Medicine at the University of Pennsylvania

1:45 p.m. - 3:45 p.m.

### **POSTER SESSION 9**

#### **Poster Session 9A**

Key Words: Risk / Vulnerability Factors, Adolescents

(PS9-A1) Development of Adolescent Anhedonia Across 18 Months Varies by Gender and Family History

Melissa M. Nance, B.A., Erika Forbes, Ph.D., University of Pittsburgh

(PS9-A2) Understanding OCD Attitudes and Knowledge: A Mixed-methods Study Isabelle E. Siegel, B.A.<sup>1</sup>, Casey A. Schofield, Ph.D.<sup>2</sup>, Gabriella T. Ponzini, M.S.<sup>3</sup>, 1. Rutgers University, 2. Skidmore College, 3. West Virginia University

(PS9-A3) Helicopter Parenting and Its Effects on College Students During the COVID-19 Pandemic

Madison Crowder, B.S., Allison B. Duncan, B.A., Phillip May, M.A., Susan L. Kenford, B.A., M.A., Ph.D., Xavier University

- (PS9-A4) The Effect of Emotion Regulation Skill Use on Changes in Negative and Positive Affect in Adults with Major Depressive Disorder or Generalized Anxiety Disorder
  - Lisa N. Vittorio, M.A., Samuel T. Murphy, M.A., Megan L. Whelen, M.A., Daniel R. Strunk, Ph.D., The Ohio State University
- (PS9-A5) Child and Classroom Characteristics Associated with Stability of Peer Victimization Status

Elise L. Everly, B.A.<sup>1</sup>, Julie S. Owens, Ph.D.<sup>1</sup>, Lina Himawan, M.A.<sup>1</sup>, Steven W. Evans, Ph.D.<sup>1</sup>, Amori Y. Mikami, Ph.D.<sup>2</sup>, 1. Ohio University, 2. University of British Columbia

- (PS9-A7) Perceived Burdensomeness and Help-seeking Attitudes: The Role of Race and Residency Status
  - Sarah E. Dreyer-Oren, M.A.<sup>1</sup>, Anjali T. Jain, M.A.<sup>1</sup>, Tessa Benson-Greenwald, M.A.<sup>2</sup>, Vaishali V. Raval, Ph.D.<sup>1</sup>, Amanda Diekman, Ph.D.<sup>2</sup>, Elise M. M. Clerkin, Ph.D.<sup>1</sup>, 1. Miami University, 2. Indiana University
- (PS9-A8) PEERS® for Preschoolers Program for Young Children with Autism Spectrum Disorder: Exploring Fidelity of Implementation and Effect on Social Skills

Reina S. Factor, Ph.D.¹, Hannah Rea, Ph.D.², Elizabeth A. Laugeson, Psy.D.¹, Angela Scarpa, Ph.D.³, 1. University of California, Los Angeles Semel Institute for Neuroscience & Human Behavior, 2. University of Washinton, 3. Virginia Polytechnic Institute and State University

- (PS9-A9) In Support of the Mindfulness Stress Buffering Account: Perceived Stress Mediates the Relationship Between Trait Mindfulness and Perceived Physical Health
  - Gabrielle R. Chin, M.A., Emma E. McBride, M.A., Jeffrey M. Greeson, Ph.D., Rowan University
- (PS9-A10) Adverse Childhood Experiences, Intimate Partner Violence Victimization, and Posttraumatic Stress Disorder Symptoms Among Sexual Minorities

  Gloria Romero, B.S., M.S.<sup>1</sup>, Alyssa M. Medenblik, B.A.<sup>1</sup>, Mary C. Jensen<sup>1</sup>, Thomas E. Schlechter, B.A.<sup>2</sup>, Hannah L. Grigorian, M.A.<sup>1</sup>, Alisa R. Garner, M.A.<sup>1</sup>, Ryan C. Shorey, Ph.D.<sup>3</sup>, Gregory Stuart, Ph.D.<sup>1</sup>, 1.University of Tennessee, Knoxville, 2. University of Wisconsin, Milwaukee
- (PS9-A11) Associations of Moral Injury with Burnout and Wellbeing Among Police Officers: The Mediating Role of Negative and Positive Affect Mahsa Mojallal, M.A., Raluca Simons, Ph.D., Randal Quevillon, Ph.D., Mason Hatwan, B.S., University of South Dakota
- (PS9-A12) Does Involvement in Bullying Differ Across Sexual Minority Status?

  Cara S. White, B.A., Susan M. Swearer, Ph.D., Samantha A. Kesselring, B.A., University of Nebraska-Lincoln
- (PS9-A13) I Think, Therefore I Act: Cognitive Distortions in Youth Involved in Bullying

Catherine M. Carney, B.A., Susan M. Swearer, Ph.D., Miriam P. Crinion, M.A., Samantha A. Kesselring, B.A., University of Nebraska, Lincoln

# (PS9-A14) Correspondence Between Parents' and Children's Attributions: Variation by Levels of Parents' Depression and Attribution Target

Rachel Marlowe, B.A.<sup>1</sup>, Susanna Sutherland, M.S.<sup>1</sup>, Judy Garber, Ph.D.<sup>1</sup>, V. Robin Weersing, Ph.D.<sup>2</sup>, Bruce Compas, Ph.D.<sup>1</sup>, 1. Vanderbilt University, 2. San Diego State University/University of California San Diego JDP in Clinical Psychology

#### (PS9-A15) Relationships of Caregiver-child Interactions Around Political News to Youth Worry

Joyce X. Wong, B.A., Kara N. Kelley, B.A., Pooja Shankar, B.A., Arianna O'Brien Cannon, Nicole Caporino, Ph.D., American University

# (PS9-A16) Age-related Differences in School Avoidance, Academic Impairment & Global Functioning Among Youth with Anxiety Disorders

Anneliese J. DeVito, B.A.<sup>1</sup>, Isaac C. Smith, Ph.D.<sup>1</sup>, Golda S. Ginsburg, Ph.D.<sup>2</sup>, 1. University of Connecticut Health Center, 2. University of Connecticut

## (PS9-A17) Feasibility and Acceptability of an Internet-based Intervention for Emerging and Young Adults with ADHD

Christopher R. Shelton, Ph.D.<sup>1</sup>, Cynthia M. Hartung, Ph.D.<sup>2</sup>, Will H. Canu, Ph.D.<sup>3</sup>, 1. Penn State Erie, The Behrend College, 2. University of Wyoming, 3. Appalachian State University

### (PS9-A18) Sympathetic Nervous System Reactivity During Marital Conflict Moderates the Association Between Perspective Taking and Perpetration of Intimate Partner Violence

Donald A. Godfrey, III, M.A., Julia Babcock, Ph.D., University of Houston

### (PS9-A19) Symptoms of Depression Predict Consequences Often Attributed to Alcohol Use Independent of Drinking

Jessica Flori, M.S., Cameron Davis, B.S., Mark Crisafulli, M.S., Michael E. Dunn, Ph.D., University of Central Florida

### (PS9-A20) Emotion Regulation Moderates the Relationship Between ADHD and Interpersonal Functioning

Christian Ledet, M.A.<sup>1</sup>, Monique M. LeBlanc, Ph.D.<sup>2</sup>, 1. Louisiana State University, 2. Southeastern Louisiana University

#### (PS9-A21) Psychosis-spectrum Symptoms Are Associated with Social and Role Functioning for Youth Involved in the Juvenile Justice System

Sheiry Soriano<sup>1</sup>, Elizabeth Thompson, Ph.D.<sup>2</sup>, Joseph Casamassima, M.A.<sup>1</sup>, Kathleen Kemp, Ph.D.<sup>3</sup>, Anthony Spirito, Ph.D.<sup>4</sup>, 1. Warren Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior, Providence, RI, 2. Alpert Medical School of Brown University, 3. Rhode Island Hospital/Alpert Medical School of Brown University, 4. Brown University & Butler Hospital

#### (PS9-A22) Relationships Between Alcohol Stigmas, Problem Recognition, and Substance Use Treatment Attendance in South Africa

Kristen S. Regenauer, B.A.<sup>1</sup>, Jennifer M. Belus, Ph.D.<sup>2</sup>, Michael A. Wagner, Ph.D.<sup>1</sup>, Nonceba Ciya,<sup>3</sup>, Sibabalwe Ndamase, B.A.<sup>3</sup>, Sybil Majokweni, B.A.<sup>4</sup>, Jessica F. Magidson, Ph.D.<sup>1</sup>, 1. University of Marylany, College Park, 2. Swiss Tropical and Public Health Institute, 3. South African Medical Research Council, 4. University of Cape Town

## (PS9-A23) The Effects of COVID-19 and Ethnic-racial Identity on Daily Emotion Regulation

Emma A. Kannard, B.A., Anabel F. Potts, B.S., Allison Dornbach-Bender, M.S., Camilo Ruggero, Ph.D., University of North Texas

### (PS9-A24) Assessing the Factor Structure of the Copenhagen Burnout Inventory Among Mental Health Care Providers

Abby Armstrong, M.S.<sup>1</sup>, Craig A. Warlick, Ph.D.<sup>1</sup>, Tristan P. Patterson, M.S.<sup>2</sup>, Nicole Farmer, Ph.D.<sup>3</sup>, 1. University of Southern Mississippi, 2. University of Kansas, 3. Southern Arizona VA Health Care System

# (PS9-A25) i'm Judging You! Influence of Depression on Moral Judgments of COVID-19 Infection Control Behaviors and Policies

Cedi McCorkle, MS, Alinne Z. Barrera, Ph.D., Yan Leykin, Ph.D., Palo Alto University

# (PS9-A27) Rumination and Avoidance Style Problem-solving Interact to Exacerbate Depressive Symptoms

Michelle L. Buffie, M.A., Jade S. Perry, B.A., Douglas W. Nangle, Ph.D., University of Maine

#### **Poster Session 9B**

Key Words: Measurement, Longitudinal, Health Psychology

### (PS9-B28) The Longitudinal Measurement Invariance of the Brief Fatigue Inventory Laura J. Long, M.A., Matthew W. Gallagher, Ph.D., University of Houston

### (PS9-B29) Feasibility and Acceptability of a Smartphone Intervention Targeting Interpretation Bias in Parents of Anxious Children

Erin E. Beckham, B.A.<sup>1</sup>, Arielle Solomon<sup>1</sup>, Alicia R. Fenley, M.A.<sup>2</sup>, Donna B. Pincus, Ph.D.<sup>3</sup>, Courtney Beard, Ph.D.<sup>4</sup>, 1. McLean Hospital, 2. Boston University Center for Anxiety and Related Disorders, 3. Boston University, 4. McLean Hospital/Harvard Medical School

## (PS9-B30) Treatment Engagement Among Hispanic/latino Youth in the Juvenile Justice System

Alyssa Vieira, B.A.<sup>1</sup>, Kaitlin Sheerin, M.A.<sup>2</sup>, Kathleen Kemp, Ph.D.<sup>1</sup>, 1. Rhode Island Hospital/Alpert Medical School of Brown University, 2. Alpert Medical School of Brown University

### (PS9-B31) Do ADHD Symptoms Predict the Treatment Response of Young Children with OCD to Family-based CBT?

Grace H. Cain, B.A.<sup>1</sup>, Lauren Milgram, B.A.<sup>2</sup>, Kate G. Sheehan, B.S.<sup>3</sup>, Matthew M. Carper, Ph.D.<sup>4</sup>, Jennifer Herren, Ph.D.<sup>3</sup>, Martin E. Franklin, Ph.D.<sup>5</sup>, Jeffrey Sapyta, Ph.D.<sup>6</sup>, Jennifer Freeman, Ph.D.<sup>7</sup>, 1. Bradley Hospital & Alpert Warren Medical School of Brown University, 2. Warren Alpert Medical School of Brown University, 3. Bradley Hospital, 4. Quantitative Sciences Program, Alpert Medical School of Brown University, 5. Rogers Behavioral Health, 6. Duke University School of Medicine, 7. Alpert Medical School of Brown University

(PS9-B32) Sex Differences in the Degree of Convergence of Working Memory Measures in Lower Income Adolescents: Implications for the Science of Behavior Change

Rebecca E. Lubin, M.A.<sup>1</sup>, Nadine R. Taghian, B.S.<sup>1</sup>, E. Marie Parsons, Ph.D.<sup>1</sup>, Stacey Doan, Ph.D.<sup>2</sup>, Michael W. Otto, Ph.D.<sup>1</sup>, 1. Boston University, 2. Claremont McKenna College

(PS9-B33) Psychologists' and Psychotherapists' Clinical Practices for the Treatment of Anxiety Disorders and Adaptations Related to COVID-19 Pandemic

Annie Benoit, M.S.<sup>1</sup>, Martin D. Provencher, Ph.D.<sup>2</sup>, Alexandra Chapdelaine, M.S.<sup>1</sup>, Pasquale Roberge, Ph.D.<sup>1</sup>, 1. Université de Sherbrooke, 2. Université Laval

(PS9-B34) Angry, but Not Showing It: Examining Reactive Anger to Relived Pain Among Grandiose Men

Ellen F. Finch, M.A., Harvard University

(PS9-B35) Replicating the Dimensional Latent Structure of Obsessive-Compulsive Disorder

Christian A. Hall, M.A.<sup>1</sup>, Joshua J. Broman-Fulks, Ph.D.<sup>2</sup>, 1. Western Michigan University, 2. Appalachian State University

(PS9-B36) Development of an Adherence Intervention Among People with HIV Who Use Drugs: A Qualitative Study

Jake J. Samora, M.A.<sup>1</sup>, Tristan Ramos, B.S.<sup>2</sup>, Avani Jhaveri, B.S.<sup>2</sup>, Kasey Claborn, Ph.D.<sup>1</sup>,
Steve Hicks School of Social Work/ Dell Medical School (UT Austin),
Dell Medical School (UT Austin)

(PS9-B37) Relations Between Fear of Missing out and Alcohol-related Problems Moderated by Drinking Motives

Taylor B. Stanley, M.A., Madison A. King, B.A., Sarah A. Lust, Ph.D., Christopher J. Correia, Ph.D., Auburn University

(PS9-B38) Impact of COVID-19 on Academic and Other Outcomes for Children with ADHD

Kellina Lupas, Ph.D.¹, Athena Mavrakis, B.S.¹, Jennifer Piscitello, Ph.D.¹, Brittany M. Merrill, Ph.D.¹, Amy Altszuler, Ph.D.¹, Devon Tower, M.S.¹, Elizabeth M. Gnagy, Ph.D.¹, Fiona MacPhee, M.S.², Marcela C. Ramos, B.S.¹, Leah Ward, B.S.³, Chanelle Gordon, Ph.D.⁴, Nicole K. Schatz, Ph.D.¹, Gregory A. Fabiano, Ph.D.¹, William E. Pelham, Jr., ABPP, Ph.D.¹, 1. Florida International University, 2. Seattle Children's Hospital, 3. University at Buffalo, 4. Boys Town

(PS9-B39) Perceived Risk in Intimacy and Trichotillomania

Jigeesha Ghosh, B.S.<sup>1</sup>, Meghan K. Flannery, M.A.<sup>1</sup>, Martha Falkenstein, Ph.D.<sup>2</sup>, David A. Haaga, Ph.D.<sup>1</sup>, 1. American University, 2. McLean Hospital/Harvard Medical School

(PS9-B40) The Relationship Between Binge Eating and Mental Health Correlates in Older Women

Victoria Marshall, B.A.¹, Robina Sandhu, M.P.H.¹, Kathryn E. Kanzler, ABPP, Psy.D.², Sara Espinoza, M.D.³, Pamela K. Keel, Ph.D.⁴, Andrea LaCroix, D. Phil., M.P.H.⁵, Nicolas Musi, M.D.³, Lisa S. Kilpela, Ph.D.⁶, 1. University of Texas Health Science Center at San Antonio, 2. University of Texas Health Science Center at San Antonio Barshop Center for Aging and Longevity Studies, 4. Florida State University, 5. University of California San Diego, 6. University of Texas Health San Antonio Barshop Institute for Longevity and Aging Studies

(PS9-B41) Using a Person-centered Approach to Identify Patterns of Exposure to Intimate Partner Violence and Child Abuse in Women 1: Associations with Mental Health

Bre'Anna L. Free, M.S.<sup>1</sup>, Alexandra J. Lipinski, Ph.D.<sup>2</sup>, Rivian K. Lewin, M.S.<sup>1</sup>, Rimsha Majeed, M.S.<sup>1</sup>, Rebecca J. Zakarian, M.S.<sup>1</sup>, Mya E. Bowen, B.A.<sup>1</sup>, Gayle Beck, Ph.D.<sup>1</sup>, 1. University of Memphis, 2. Minneapolis VA

- (PS9-B42) Examining the Effects of Anxiety Sensitivity as the Moderator of Chronic Pain and COVID-19 Disability
  - Allie N. Binkiewicz, Kevin Saulnier, M.S., Nicholas P. Allan, Ph.D., Ohio University
- (PS9-B43) Comparison of Home versus Center-based Early Intervention Applied Behavior Analysis Treatment for Children with Autism and Related Disorders Sadaf Khawar, M.A.<sup>1</sup>, Ghowash Irshad, M.A.<sup>1</sup>, Amelia Yanchik, M.A.<sup>1</sup>, Michelle Grazioli, B.S.<sup>1</sup>, Peter Vietze, Ph.D.<sup>1</sup>, Leah Esther Lax, Ph.D.<sup>2</sup>, 1. Montclair State University, 2. CARES
- (PS9-B44) Adolescent Emotion Regulation Phenotypes: Using Machine Learning to Better Model Real-world Implementation and Effects

James L. Huettig, B.A., John Flournoy, Ph.D., Katie A. McLaughlin, Ph.D., Harvard University

(PS9-B45) Repetitive Negative Thinking Symptoms Are Associated with Frontoparietal Neural Activity During a Working Memory Task

Morgan E. Marvin, B.A.<sup>1</sup>, Daniel Stout, Ph.D.<sup>1</sup>, Katia Harle, Ph.D.<sup>2</sup>, Andrea Spadoni, Ph.D.<sup>1</sup>, Alan Simmons, Ph.D.<sup>1</sup>, Jessica Bomyea, Ph.D.<sup>1</sup>, 1. VASDC: Center of Excellence for Stress and Mental Health; University of California San Diego Department of Psychiatry, 2. VA San Diego Healthcare System; University of California San Diego Department of Psychiatry

- (PS9-B47) The Relationship Between Emotion Regulation and Suicidality over Time in Patients with Psychotic-spectrum Disorders
  - Ellen M. Wittler, B.A.<sup>1</sup>, Gwyneth Gould<sup>2</sup>, Ethan Moitra, Ph.D.<sup>3</sup>, Brandon Gaudiano, Ph.D.<sup>4</sup>, 1. Butler Hospital, 2. Stonehill College, 3. Brown University Medical School, 4. Brown University & Butler Hospital
- (PS9-B48) Examination of Sympathetic and Anger Reactivity Within Borderline Personality Disorder

Cheyene K. Horner, B.A.<sup>1</sup>, Kayla M. Scamaldo, M.A.<sup>2</sup>, Ilya Yaroslavsky, Ph.D.<sup>1</sup>, 1. Cleveland State University, 2. University of Toledo

- (PS9-B49) Exploring the Utility of the Yale-brown Obsessive-Compulsive Scale (Y-BOCS) and Related Resilience in a Naturalistic Treatment Setting Anthony J. Leon, B.A.<sup>1</sup>, Lindsey Salerno<sup>2</sup>, Eirini Zoupou, <sup>1</sup>, Jesse McCann, B.S.<sup>3</sup>, Jeremy Tyler, Psy.D.<sup>1</sup>, Reem AlRabiah, B.A.<sup>4</sup>, 1. University of Pennsylvania, 2. Philadelphia College of Osteopathic Medicine, 3. University of Kentucky, 4. Perelman School of Medicine at the University of Pennsylvania
- (PS9-B50) Associations Between Child COVID-19 Vaccine Uptake and Medical Mistrust Among Black/african Americans in Appalachia

Kalo C. Sokoto, M.A., Jamey T. Brumbaugh, B.S., Aliyah Pugh, Jaliyah Hubbard, Gwendolyn Dzwil, Linda A. Alexander, Ph.D., Daniel W. McNeil, Ph.D., West Virginia University

## (PS9-B51) Body Dysmorphic Syndrome: An Internalizing Syndrome on the Bodyimage Disturbance Spectrum

Susan L. Longley, Ph.D.<sup>1</sup>, Naheed Hasan, Ph.D.<sup>2</sup>, Ada Wainwright, Ph.D.<sup>2</sup>, Kara Rayha<sup>1</sup>, 1. Texas A & M University, Corpus Christi, 2. College of DuPage

#### **Poster Session 9C**

Key Words: fMRI, Depression, PTSD (Posttraumatic Stress Disorder)

### (PS9-C53) Bilateral Caudate Activation During Effort-based Decision-making Predicts 3-month MDD Status in a Recently Traumatized Sample

Courtney N. Forbes, M.A.<sup>1</sup>, Matthew T. Tull, Ph.D.<sup>2</sup>, Andrew S. Cotton, M.D.<sup>2</sup>, Chia-Hao Shih, Ph.D.<sup>2</sup>, Aaron S. Grau, B.S.<sup>2</sup>, Xin Wang, M.D., Ph.D.<sup>2</sup>, 1. Emory University School of Medicine, 2. University of Toledo

# (PS9-C54) Cognitive and Behavioral Predictors of Anxiety and Depression During COVID-19: Results from a Longitudinal Study

Nicolette D. Carnahan, M.A.<sup>1</sup>, Michele Carter, Ph.D.<sup>1</sup>, Tracy Sbrocco, Ph.D.<sup>2</sup>, 1. American University, 2. Uniformed Services University

### (PS9-C55) Childhood Maltreatment and Parental Attitudes Regarding the Use of Corporal Punishment

Hannah E. Walker, M.A., Maire Claire Diemer, M.A., Rachel Wamser, Ph.D., University of Missouri, St. Louis

### (PS9-C56) The Mediating Role of Proactive and Reactive Sibling Aggression in the Associations Between Witnessing Parental Violence and Perpetration of Partner Violence

Ayleen Flores, B.S., Ines Cano-Gonzalez, M.A., Ruby Charak, Ph.D., The University of Texas Rio Grande Valley

## (PS9-C57) The Association Between Avoidance of Cancer Discussions and Emotional Arousal During Cancer-related Conversations in Couples

Danielle M. Weber, M.A.<sup>1</sup>, Donald H. Baucom, Ph.D.<sup>1</sup>, Melanie S. Fischer, Ph.D.<sup>2</sup>, Christine Paprocki, Ph.D.<sup>3</sup>, Laura S. Porter, Ph.D.<sup>4</sup>, 1. University of North Carolina at Chapel Hill, 2. Heidelberg University Hospital, Heidelberg University, 3. Psychiatric Medicine Associates, 4. Duke University School of Medicine

# (PS9-C58) Early Life Adversity and Risk for Depression and Anxiety: The Role of Interpersonal Support

Allison Metts, M.A.<sup>1</sup>, Julia S. Yarrington, M.A.<sup>1</sup>, Richard E. Zinbarg, Ph.D.<sup>2</sup>, Constance Hammen, Ph.D.<sup>1</sup>, Susan Mineka, Ph.D.<sup>2</sup>, Michelle G. Craske, Ph.D.<sup>1</sup>, 1. University of California Los Angeles, 2. Northwestern University

### (PS9-C59) Harassment, Stalking, and Violence: The Importance of Assessing for Victimization and Related Posttraumatic Stress Disorder (PTSD) Among Patients Seeking Substance Use Treatment

Christopher J. Penn, B.A., TK Logan, Ph.D., Jennifer Cole, Ph.D., Christal Badour, Ph.D., University of Kentucky

- (PS9-C60) Negative Self-schemas and Devaluation of Positivity in Depressed Individuals: A Moderated Network Analysis
  - Amanda C. C. Collins, M.S., Alisson N. S. N. S. Lass, M.S., E. Samuel Winer, Ph.D., Mississippi State University
- (PS9-C61) Pre-covid RSA Reactivity Buffers Associations Between COVID Stress Exposure and Child Externalizing Behavior

Hilary Skov, B.A., Erin Glackin, M.S., Victoria Parker, B.A., Renee Lamoreau, Sarah A. Gray, Ph.D., Tulane University

(PS9-C62) Associations Between Health Anxiety and Posttraumatic Stress Symptoms: The Mediating Role of Anxiety Sensitivity

Shirin Ataei, B.A., Heidi J. Ojalehto, B.S., Samantha N. Hellberg, B.A., Megan Butcher, B.S., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

(PS9-C63) Trauma Symptoms and Self-harm Among Sexual Violence Survivors: Examining State Emotion Dysregulation and Emotional Reactivity as Dual Mechanisms

Alexandra N. Brockdorf, M.A.<sup>1</sup>, Katherine W. Bogen, B.A.<sup>1</sup>, Kim L. Gratz, Ph.D.<sup>2</sup>, Terri L. Messman, Ph.D.<sup>3</sup>, David DiLillo, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. University of Toledo, 3. Miami University

(PS9-C64) Caregiver Maltreatment History and Depressive Symptoms on Expectations of Post-sexual Abuse Functioning

Akemi E. Mii, M.A., Emily A. Sonnen, M.A., Katie Meidlinger, M.A., Kelsey McCoy, M.A., T. Zachary Huit, M.A., Hannah M. Coffey, M.A., Gina C. May, B.A., Mary Fran Flood, Ph.D., MSW, David Hansen, Ph.D., University of Nebraska, Lincoln

- (PS9-C65) Iterative Refinement and Testing of a Brief School-based Intervention for Internalizing Symptoms via an Academic-community Partnership
  Suh Jung Park, B.A., Evelyn Cho, M.A., Sarah Owens, Ph.D., Jenna Strawhun, Ph.D.,
  Kristin M. Hawley, Ph.D., University of Missouri, Columbia
- (PS9-C66) Employing the Use of Daily Diaries and a Behavioral Distress Tolerance Task to Examine the Association Between Daily Stressful Events and Depression Symptoms in Youth

Ariela J. Kaiser, M.A.1, Julia Felton, Ph.D.<sup>2</sup>, Mazneen Havewala, M.A.<sup>3</sup>, Anne Stevens, Ph.D.<sup>1</sup>, Nellie Shippen, B.S., M.A.<sup>1</sup>, Erin M. Luquette<sup>1</sup>, Michael C. Meinzer, Ph.D.<sup>1</sup>, 1. University of Illinois at Chicago, 2. Henry Ford Health Systems, 3. University of Maryland, College Park

- (PS9-C67) Considerations for Methodological Integrity and Participant Safety When Transitioning Qualitative Focus Group Method to a Virtual Platform Madeleine M. Coury, B.S., B.A.<sup>1</sup>, Kimny A. Sysawang, B.A.<sup>1</sup>, Madeleine L. Byrns, B.S.<sup>1</sup>, Alyssa J. Gatto, M.S.<sup>1</sup>, Samantha M. Harden, Ph.D.<sup>2</sup>, Julie C. Dunsmore, Ph.D.<sup>3</sup>, 1. Virginia Polytechnic Institute and State University, 2. Virginia Tech, 3. University of Houston
- (PS9-C68) Body Mass Index and Atypical Balance as Predictors of Rate of Improvement During Treatment for Seasonal Affective Disorder Praise Iyiewuare, M.P.H., M.A., Kelly J. Rohan, Ph.D., University of Vermont
- (PS9-C69) Predictors of Sleep-problem Trajectories Across Adolescence Abigail E. Pine, M.S., Qimin Liu, M.S., George Abitante, B.A., M.A., Susanna Sutherland, M.S., Judy Garber, Ph.D., Vanderbilt University

- (PS9-C70) Mentor Personality and Attachment as Correlates of Youth Mentoring Relationship Quality Within a School-based Mentoring Intervention: The Moderating Role of Negative Interactions
  - S. Taylor Younginer, M.A., L. Christian Elledge, Ph.D., The University of Tennessee, Knoxville
- (PS9-C72) The Dyadic Implications of the Cognitive Processing of Trauma Melissa V. Gates, B.A., Eileen Barden, M.S., Christina Balderrama-Durbin, PhD, Binghamton University
- (PS9-C73) Disorders Relate Differently to Actors' and Partners' Romantic Relationship Satisfaction: A Meta Analysis Lily Assaad, M.S., Doug B. Samuel, Ph.D., Purdue University
- (PS9-C74) Effects of Progress Monitoring Compliance Rate on Changes in Anxiety & Depression in the Context of Virtual Psychotherapy

  Ethan Chee, B.S., Jiaqi Zhou, M.A., Monica Shah, Psy.D., Danielle Albetta, Benjamin D. Johnides, Ph.D., Center for Anxiety
- (PS9-C75) Personality Pathology in Winter Depression: Prevalence and Trajectories of Change in Cognitive-behavioral Therapy and Light Therapy

  Julia M. Terman, B.A., Timothy Stickle, Ph.D., Kelly J. Rohan, Ph.D., University of Vermont
- (PS9-C76) Young Adult Couples' Use of Emotion Words Longitudinally Predicts
  Adult Relationship Satisfaction and Aggression
  Corey Pettit, B.A.<sup>1</sup>, Meghan A. Costello, Ph.D.<sup>1</sup>, Jessica Kansky, M.A.<sup>2</sup>, Joseph P. Allen,
  Ph.D.<sup>1</sup>, 1. University of Virginia, 2. Medical University of South Carolina/Ralph H
  Johnson VA
- (PS9-C77) Content Analysis of Marketplace Mobile Applications Used by Adolescents for Treatment of Depression Symptoms

Rebecca J. Wildman, B.A., Kristin L. Wolfe, Ph.D., LPC, Molly Michaels, M.A., Beth D. Kennard, ABPP, Psy.D., University of Texas Southwestern Medical Center/Children's Health – Children's Medical Center

#### **Poster Session 9D**

Key Words: Sleep, Stress, Health Anxiety

- (PS9-D78) The Relationship Between Covid-related Stress and Sleep Disturbance Anthony R. Garcia, B.A., David L. Yap, M.A., Evelyn Behar, Ph.D., Hunter College, City University of New York
- (PS9-D79) Adapting Cognitive Behavioral Therapy to the Equine Arena Setting Kimberly Hoagwood, Ph.D.<sup>1</sup>, Mary Acri, Ph.D.<sup>1</sup>, Meghan Morrissey, LCSW, MSW<sup>1</sup>, Lauren F. Seibel, B.A.<sup>1</sup>, Robin Peth-Pierce, M.A.<sup>2</sup>, Dana Seag, B.A.<sup>1</sup>, Aviva L. Vincent, Ph.D., MSW, Other<sup>3</sup>, 1. New York University School of Medicine, 2. Public Health Communications Consulting, LLC, 3. Fieldstone Farm TRC

- (PS9-D80) Reliability and Validity of the CASS: A Novel Measure of Adverse
  Childhood Experiences Tailored to Autistic Youth
  Charlotte I. Stewardson, B.A. Michelle C. Hursche, B.A. M.A. Connor M. Kerns, I.
  - Charlotte I. Stewardson, B.A., Michelle C. Hunsche, B.A., M.A., Connor M. Kerns, Ph.D., University of British Columbia
- (PS9-D81) A Pilot Study of the Body Project as an Adjunctive to a Behavioral Weight Loss Intervention in Latinx Women with Overweight and Obesity: Changes in Psychosocial Outcomes
  - Alexandra Hernandez-Vallant, B.S.¹, Kelsey N. Serier, M.S.², Isabel Solis, M.S.², Riley M. Sebastian, B.A.², Chloe R. Mullins, B.S.², Isabel Gomez², Jaqueline Medici, B.S.², Jane Ellen E. Smith, Ph.D.², 1. University of New Mexico/Center on Alcohol, Substance Use, & Addictions, 2. University of New Mexico
- (PS9-D82) Appearance Evaluation and Appearance Orientation of Female Undergraduate Students: Differing Effects of Positive and Negative Body Image Si Woo Chae, B.A., Taylor A. Stacy, M.A., Rachel D. Marshall, M.A., Janet D. Latner, Ph.D., University of Hawai'i at Manoa
- (PS9-D83) Weight and Shape Related Flexibility Mediates the Association Between Drive for Muscularity and Exercise Dependence in Men McKenzie Miller, M.A., Christina M. Sanzari, B.A., Courtney E. Breiner, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS9-D84) System, Treatment, and Patient Based Barriers to ART Adherence Anthony J. Leon, B.A.<sup>1</sup>, Shannon Schiavoni, Psy.D.<sup>1</sup>, Lily A. Brown, Ph.D.<sup>2</sup>, 1. University of Pennsylvania, 2. Perelman School of Medicine at the University of Pennsylvania
- (PS9-D85) A Both/and Analysis of Multiple Minority Stress in LGB People of Color: Effects on Problematic Drinking and Intimate Partner Violence Kevin Moino, M.A., Dominic J. Parrott, Ph.D., Kevin M. Swartout, Ph.D., Georgia State University
- (PS9-D86) Investigating the Relationship Between Sports Team Membership, Exercise Behaviors and Motives, and Psychological Flexibility
  Christina M. Sanzari, B.A., McKenzie Miller, M.A., Courtney E. Breiner, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York
- (PS9-D87) Implementing Measurement-based Care to Improve Patient Outcomes in Veterans Affairs Inpatient Mental Health Program: A Quality Improvement Project
  - A. Madison Tompkins, Psy.D., Desirae N. Vidaurri, Ph.D., Southeast Louisiana Veterans Health Care System
- (PS9-D88) Appearance and Weight Based Pressures in 9 to 11 Years Olds
  Taryn Henning, B.S., Jenna Stadheim, B.A., Kimberly Yu, M.A., Marisol Perez, Ph.D.,
  Arizona State University
- - Zoe Y. Zong, Esther Howe, B.A., Aaron J. Fisher, Ph.D., University of California, Berkeley

- (PS9-D90) The Relations Between Online Discrimination and Mental Health Outcomes Among Latinx Young Adults: The Moderating Roles of Ethnic Identity and Immigrant Generation
  - Nora L. Portillo, B.A., Sally L. Grapin, Ph.D., Michael T. Bixter, Ph.D., Jazmin Reyes-Portillo, Ph.D., Montclair State University
- (PS9-D91) Youth Profiles of Asocial Behavior Are Differentially Associated with Internalizing and Externalizing Behaviors
  - George O. Emory, Abbey L. Friedman, B.S., Deborah A. Drabick, Ph.D., Temple University
- (PS9-D92) Parenting Practices as a Mediator of Stress and Family Level Outcomes Allison M. Birnschein, B.A.<sup>1</sup>, James a. Rankin, Ph.D.<sup>2</sup>, Courtney Paisley, M.A.<sup>1</sup>, Theodore S. Tomeny, Ph.D.<sup>1</sup>, 1. The University of Alabama, 2. Perelman School of Medicine at the University of Pennsylvania
- (PS9-D93) Remote Administration of CBT for Anxiety in Autism Spectrum Disorder During the COVID-19 Pandemic
  - Rebecca P. Jordan, B.A., Sonia N. Rowley, B.A., Carla Kalvin, Ph.D., Karim Ibrahim, Psy.D., Denis G. Sukhodolsky, Ph.D., Yale University School of Medicine, Child Study Center
- (PS9-D94) Relations Between Unmet Social Support Needs and Family Quality of Life Outcomes
  - James a. Rankin, Ph.D.1, Theodore S. Tomeny, Ph.D.2, Allison M. Birnschein, B.A.2, Courtney Paisley, M.A.<sup>2</sup>, 1. Perelman School of Medicine at the University of Pennsylvania, 2. The University of Alabama
- (PS9-D95) The Impact of Acculturation, Enculturation and Beliefs Towards Mental Illness on Treatment Seeking Preferences in a Border Town Hispanic College
  - Isabel G. Aguirre, B.S., Elizabeth N. Hernandez, B.A., Michiyo Hirai, Ph.D., University of Texas Rio Grande Valley
- (PS9-D96) Examining Concurrent and Lagged Effects of Sleep Quality on Stress, Anxiety, and Depression Among First-year College Students Andrew C. Switzer, M.A., Christina L. Robillard, B.S., M.S., Nicole K. Legg, M.S., Brianna J. Turner, Ph.D., University of Victoria
- (PS9-D97) Adapting to the Times: The Effectiveness of a Telehealth Acceptance and Commitment Therapy Group in an Adult Intensive Outpatient Program Jared K. O' Garro-Moore, Ph.D., Zachary Blumkin, Psy.D., Erica Gottlieb, Ph.D., Constance Abruzzese, Ph.D., Elizabeth Ellman, Psy.D., Columbia University Medical Center
- (PS9-D98) Family Accommodation in Adults Receiving Intensive CBT for OCD Kara N. Kelley, B.A.<sup>1</sup>, Nicole Caporino, Ph.D.<sup>1</sup>, Martha Falkenstein, Ph.D.<sup>2</sup>, Jason Krompinger, Ph.D.<sup>2</sup>, 1. American University, 2. McLean Hospital/Harvard Medical School
- (PS9-D99) Influence of Emotional Regulation on the Association Between Pain Tolerance and Acquired Capability for Suicide
  - Janelle Y. Wee, M.S., Katherine L. O'Connell, M.S., Benjamin D. Johnson, M.S., Johanna E. Knight, B.A., Liberty N. Estrella, None, Keyne C. Law, Ph.D., Seattle Pacific University

# (PS9-D100) Relationship Skills Among Latinx Couples Predicting Stress and Strain During COVID-19

Hayley C. Fivecoat, Ph.D.¹, Callie Mazurek, M.A.¹, Quinn Hendershot, B.A.¹, Rachel Kritzik, B.A.¹, Chrishane Cunningham, M.A.¹, Kanai Gandhi, B.A.¹, Hollen Reischer, M.A.², Aaron Cohn, Ph.D.¹, Erika Lawrence, Ph.D.¹, 1. The Family Institute at Northwestern University, 2. Northwestern University

4:00 p.m. - 6:00 p.m.

#### **POSTER SESSION 10**

#### **Poster Session 10A**

Key Words: Social Relationships, Social Anxiety, Depression

- (PS10-A1) Differences in Interpersonal Perceptions in Social Anxiety and Depression Danielle E. Deros, B.S., Burkhart Hahn, B.S., Jacob D. Kraft, M.S., Kaitlyn Nagel, B.A., DeMond M. Grant, Ph.D., Oklahoma State University
- (PS10-A2) Drinking Motives Mediate Associations Between Loneliness and Problematic Drinking in College Students

Faith A. Shank, M.A.<sup>1</sup>, Chelsie M. Young, Ph.D.<sup>1</sup>, Lindsey Rodriguez, Ph.D.<sup>2</sup>, Joanne Angosta, B.A., M.A.<sup>3</sup>, Clayton Neighbors, Ph.D.<sup>3</sup>, 1. Rowan University, 2. University of San Francisco, 3. University of Houston

(PS10-A3) Measuring Behavioral Reactions to Social Stress in Generalized Anxiety Disorder and Major Depressive Disorder

Auburn R. Stephenson, B.A., Elizabeth C. Wade, M.A., Ayelet M. Ruscio, Ph.D., University of Pennsylvania

- (PS10-A4) Intimate Partner Violence Among Parents: The Role of Moral Distress Emily Taverna, M.S.<sup>1</sup>, Devin J. McGuier, Ph.D.<sup>2</sup>, Amy D. Marshall, Ph.D.<sup>2</sup>, 1. Penn State Psychology Department, 2. The Pennsylvania State University
- (PS10-A5) Inducing Positivity via a Novel Mood Induction Procedure

  Julie Anne M. Miller, Amanda C. C. Collins, M.S., E. Samuel Winer, Ph.D., Mississippi

  State University
- (PS10-A6) Examining the Relationship Between Beliefs About the Longevity of Emotions and Experiential Avoidance

  Elise A. Warner, B.A., MSW, Jennifer C. Veilleux, Ph.D., University of Arkansas

Elise A. Warner, B.A., MSW, Jennifer C. Veilleux, Ph.D., University of Arkansas

(PS10-A7) COVID-19 Vaccine Acceptance: Influential Roles of Political Party and Religiosity

Megan A. Milligan, B.S.<sup>1</sup>, Danielle L. Hoyt, M.A.<sup>2</sup>, Alexandra K. Gold, M.A.<sup>3</sup>, Michele L. Hiserodt, M.A.<sup>3</sup>, Michael W. Otto, Ph.D.<sup>3</sup>, 1. Boston University / University of New Hampshire, 2. Rutgers University, 3. Boston University

Rachel H. Sinex, B.A.<sup>1</sup>, Samantha D. Sorid, B.S.<sup>2</sup>, Evelyn Behar, Ph.D.<sup>3</sup>, Jedidiah Siev, Ph.D.<sup>1</sup>, 1. Swarthmore College, 2. College of William & Mary, 3. Hunter College, City University of New York

(PS10-A9) Perceptions of Severity of Sibling versus Couple Violence: The Impact of past Victimization

Charli M. Kirby, B.A.<sup>1</sup>, Amber M. Jarnecke, Ph.D.<sup>1</sup>, Jessica L. Brower, MA<sup>1</sup>, Kristen L. Mummert, B.S.<sup>1</sup>, Robert G. Franklin, Jr., Ph.D.<sup>2</sup>, Susan E. Doughty, Ph.D.<sup>2</sup>, 1. Medical University of South Carolina, 2. Anderson University (SC)

(PS10-A10) Autonomous Interpersonal Style, Depressive Symptoms, Loneliness and COVID-19 Prevention Activities

Alice I. Cohen, B.A., Anthony H. Ahrens, Ph.D., American University

(PS10-A11) Using a Person-centered Approach to Identify Unique Patterns of Intimate Partner Violence and Child Abuse 2: Associations with Perceived Social Support

Bre'Anna L. Free, M.S., Audrey B. Garrett, B.A., Mya E. Bowen, B.A., Rimsha Majeed, M.S., Rebecca J. Zakarian, M.S., Gayle Beck, Ph.D., University of Memphis

(PS10-A12) The Role of Inhibited Temperament and Social Connectedness in the Development of Depressive Symptoms During the Transition to College: Testing an Etiological Model

Nicole Kelso, M.A., Steven M. Brunwasser, Ph.D., Rowan University

- (PS10-A13) Risk and Protective Factors for Bullying Behavior in Adolescence Emilea Rejman<sup>1</sup>, W. John Monopoli, Ph.D.<sup>1</sup>, Steven W. Evans, Ph.D.<sup>2</sup>, 1. Florida International University, 2. Ohio University
- (PS10-A14) Social Support Roles in Substance Use to Cope and Childhood Maltreatment

Joseph H. Lancaster, B.A., Ilya Yaroslavsky, Ph.D., Cleveland State University

(PS10-A15) Empathic Concern and Prosocial Tendencies: Moderation by Emotion Regulation and Gender

Rebecca Revilla, B.A., Bradley A. White, Ph.D., The University of Alabama

(PS10-A16) Emotion Dysregulation and Distress Tolerance Moderate Borderline Personality Features and NSSI Method Versatility Samantha Jacobson, M.S., Rachel, S., Inghata, B.S., Keyne, C., Law, Ph.D., Seattle, Paci

Samantha Jacobson, M.S., Rachel S. Inabata, B.S., Keyne C. Law, Ph.D., Seattle Pacific University

(PS10-A17) Examining the Effects and Implications of Using Virtual Reality to Examine Suicide Risk

Nicole M. Caulfield, M.A., Abigail Keenum, None, Brian W. Bauer, M.S., Ava K. Fergerson, M.S., Aleksandrs T. Karnick, M.P.H., Daniel W. Capron, Ph.D., University of Southern Mississippi

(PS10-A18) Coronavirus Chaos: What Role Does Psychological Flexibility Play in Athletes' Daily Emotions After the Abrupt End to Sport?

Caroline H. Weppner, B.A.<sup>1</sup>, Carol R. Glass, Ph.D.<sup>1</sup>, James Doorley, M.A.<sup>2</sup>, Hannah M. Thomas, B.A.<sup>1</sup>, Megan Hut, M.A.<sup>3</sup>, 1. The Catholic University of America, 2. George Mason University, 3. West Virginia University

- (PS10-A19) Constructing Redemption from Low Moments: How Redemption Relates to Early Experiences as Well as Emotion, Life Satisfaction, and Health Amanda L. Feinberg, B.A., Children's Crisis Treatment Center
- (PS10-A20) Treatment Outcomes and Predictors of Non-suicidal Self Injury and Suicidal Ideation After Completion of a CBT/DBT Intensive Outpatient Program

Alexandra P. Bishop, B.A.<sup>1</sup>, Benjamin D. Johnides, Ph.D.<sup>1</sup>, Monica Shah, Psy.D.<sup>1</sup>, Molly Friedel, B.S.<sup>1</sup>, Ethan Chee, B.S.<sup>1</sup>, David H. Rosmarin, ABPP, Ph.D.<sup>2</sup>, 1. Center for Anxiety, 2. Harvard Medical School

- (PS10-A21) Intolerance of Uncertainty and Fear of Missing out (FOMO) Are Associated with Problematic Smartphone Use Severity Elyse Hutcheson, B.A., Caleb Hallauer, M.A., Jon Elhai, Ph.D., University of Toledo
- (PS10-A22) Coping Flexibility and Gaming Use Expectancies Are Associated with Internet Gaming Disorder Severity

  Caleb Hallauer, M.A., Elyse Hutcheson, B.A., Jon Elhai, Ph.D., University of Toledo
- (PS10-A23) Title: Latent Class Analysis of Cyber Intimate Partner Perpetration and Victimization in Hispanic Emerging Adults: The Role of Traumatic Experiences During Childhood and Mental Health Outcomes

  Ines Cano-Gonzalez, M.A., Ruby Charak, Ph.D., Ayleen Flores, B.S., University Texas Rio Grande Valley
- (PS10-A24) Integrating Online Provider Trainings into a Digital Future: Development, Launch, and Sustainability of Cbtiweb

Allison K. Wilkerson, Ph.D.<sup>1</sup>, Daniel J. Taylor, Ph.D.<sup>2</sup>, Sophie Wardle-Pinkston, M.S.<sup>2</sup>, Jessee Dietch, Ph.D.<sup>3</sup>, Kristi Pruiksma, Ph.D.<sup>4</sup>, Richard Simmons<sup>1</sup>, Brian E. Bunnell, Ph.D.<sup>5</sup>, 1. Medical University of South Carolina, 2. University of Arizona, 3. Oregon State University, 4. University of Texas Health Science Center San Antonio, 5. University of South Florida

#### **Poster Session 10B**

Key Words: Anxiety, Adolescents, Emotion Regulation

(PS10-B26) Protective Factors for Adverse Childhood Experiences: The Role of Emotion Regulation

Emily A. Roemhild, M.A., Deborah Wong, B.A., Sarah E. Francis, Ph.D., University of Toledo

(PS10-B27) Risk Factors Related to Sexual Assault Revictimization

Kayla C. Costello, M.A., Daniel Sullivan, M.A., Stephanie J. Grimaldi, M.A., Christopher R. DeJesus, M.A., Mitchell L. Schare, ABPP, Ph.D., Brittany Bonasera, M.A., Hofstra University

(PS10-B28) Level of Construal in Expressive Writing: Effects on Emotional, Physical, and Immunological Functioning

Kara L. Buda, M.A., Ateret Frank, B.A., Anthony R. Garcia, B.A., Patricia Ladyzhensky, None, Chrysalis Mandell, Adina Schwartz, B.A., Evelyn Behar, Ph.D., Hunter College, City University of New York

Charlotte R. Esplin, M.S.<sup>1</sup>, Gabe Hatch, Ph.D.<sup>2</sup>, Conner L. Deichman, B.S.<sup>1</sup>, Ben Ogles, Ph.D.<sup>1</sup>, David Wood, Ph.D.<sup>1</sup>, Scott R. Braithwaite, Ph.D.<sup>1</sup>, 1. Brigham Young University, 2. University of Miami

- (PS10-B30) Traumatic Shame Memories and Development of Paranoid Ideations Anwesha Maitra, M.S., Dennis R. Combs, Ph.D., University of Texas at Tyler
- (PS10-B31) Relationships Among Valued Living, Anhedonia, and Anticipatory and Consummatory Reward Responsivity

Rebecca K. Browne, M.S.<sup>1</sup>, Sarah T. Wieman, M.S.<sup>1</sup>, Jessica S. Fields, B.A.<sup>1</sup>, Alora A. Rando, M.S.<sup>1</sup>, Kayla A. Lord, M.S.<sup>1</sup>, Helen Z. MacDonald, PhD<sup>2</sup>, Gabrielle I. Liverant, Ph.D.<sup>1</sup>, 1. Suffolk University, 2. Emmanuel College

- (PS10-B32) The Effects of Covid-focused Expressive Writing and Initial Symptom Severity on Symptoms of Depression
  - Sarah M. Robertson, Ph.D., Mari Murray, Liz Auger, Jake Adams, B.S., Grace Avin, B.S., Taylor Veith, B.S., College of Charleston
- (PS10-B33) A Qualitative Look at Self Care in Mothers of Young Children During the COVID-19 Pandemic

Marianna Graziosi, M.A.¹, Ayla N. Gioia, B.S., M.A.¹, Vinushini Arunagiri, Ph.D.², Elizabeth S. Weinstein, M.A.¹, Sarah A. Novak, Ph.D.¹, 1. Hofstra University, 2. McLean Hospital

- (PS10-B34) Reliable and Clinically Significant Change in Depression Following an Act-based Pain Rehabilitation Program
  - Julia R. Craner, ABPP, Ph.D., Lindsay G. Flegge, Ph.D., LCSW, Eric Lake, M.A., Arianna Perra, Psy.D., Mary Free Bed Rehabilitation Hospital
- (PS10-B35) Negative Social Reactions to Trauma Disclosure and General Perceived Invalidation of Emotion Interact with PTSD Symptoms in Associations with Mental Contamination Among Sexually victimized Adult Men

Reagan A. Dixon, Cameron K. Daniel, Haley Farris, Jesse McCann, B.S., Jordyn M. Tipsword, M.S., Christal Badour, Ph.D., University of Kentucky

(PS10-B36) Exploring the Role of Expectancy in Exposure Therapy for Anxiety Disorders

Olivia M. Losiewicz, B.A., Michelle G. Craske, Ph.D., University of California, Los Angeles

(PS10-B37) The Impact of COVID-19 Differences on Social Function and Social Satisfaction in Adults with Anxiety Disorders

Emma L. Jennings, B.S.¹, Carly Miron, B.S.², Kristin L. Szuhany, Ph.D.³, Alan Chen, M.S.², Margot H. Steinberg, B.A.², Bryana Schantz, M.A.², Matteo Malgaroli, Ph.D.¹, Ilana Ander, B.A.⁴, Madeleine M. Rassaby, B.A.², Caroline H. Armstrong, B.A.⁵, Elizabeth Hoge, M.D.⁵, Amanda W. Baker, Ph.D.⁴, Eric Bui, M.D., Ph.D.⁴, Naomi M. Simon, M.D.², 1. New York University Langone Medical Center, 2. New York University Grossman School of Medicine, 3. New York University School of Medicine, 4. Massachusetts General Hospital, 5. Georgetown University Medical Center

- (PS10-B38) Quality and Quantity of Social Support in College Students with ADHD Symptomatology
  - Chloe Reeble, B.A.<sup>1</sup>, Elizabeth K. Lefler, Ph.D.<sup>1</sup>, Elizabeth A. Bodalski<sup>2</sup>, Will H. Canu, Ph.D.<sup>3</sup>, Tamara M. Abu-Ramadan, M.A.<sup>4</sup>, Judah W. Serrano, M.S.<sup>4</sup>, Cynthia M. Hartung, Ph.D.<sup>4</sup>, 1. University of Northern Iowa, 2. University of South Carolina, 3. Appalachian State University, 4. University of Wyoming
- (PS10-B39) Emotion Regulation and Distress Tolerance as Predictors of Depression in College Students with Heavy Episodic Drinking

  Emily K. Tan, B.A., Joshua E. Curtiss, Ph.D., Paola Pedrelli, Ph.D., Massachusetts General Hospital
- (PS10-B40) Suicidality in the Arab World: Results from a Large Internet-based Study Sariah Daouk, MA; MSc<sup>1</sup>, Mina Dailami, B.A.<sup>1</sup>, Rania Awaad, M.D.<sup>2</sup>, Ricardo F. Munoz, Ph.D.<sup>1</sup>, Suzanne Barakat, M.D.<sup>3</sup>, Yan Leykin, Ph.D.<sup>1</sup>, 1. Palo Alto University, 2. Stanford University, 3. University of California, San Francisco
- (PS10-B41) Childhood Trauma and the Development of PTSD: Disentangling the Roles of Emotion Dysregulation and Distress Tolerance

  Jenna Russo, B.S., Deepali Dhruve, B.S., M.S., Arazais D. Oliveros, Ph.D., Mississippi State University
- (PS10-B42) Investigating the Roles of Intrapersonal and Interpersonal Distress About Nonsuicidal Self-injury on Treatment Seeking in College Students
  Rebecca Hammond, Yeonsoo Park, M.A., Anne C. Knorr, B.A., Brooke Ammerman, Ph.D.,
  University of Notre Dame
- (PS10-B43) The Relationship Between Self-compassion and Positive Body Image Construct Si Woo Chae, B.A., Rachel D. Marshall, M.A., Taylor A. Stacy, M.A., Katrina Obleada, M.A., Janet D. Latner, Ph.D., University of Hawai'i at Manoa
- (PS10-B44) Predictors of covid-19-related Distress in High School Students in China *Pooja Shankar*, B.A.<sup>1</sup>, Chencheng Zhang, M.D., Ph.D.<sup>2</sup>, Eric Storch, Ph.D.<sup>3</sup>, Nicole Caporino, Ph.D.<sup>1</sup>, 1. American University, 2. Ruijin University, 3. Baylor College of Medicine
- (PS10-B45) Social Anxiety Is Associated with Blunted Anticipatory Attention Kaitlyn Nagel, B.A., Danielle E. Deros, B.S., Burkhart Hahn, B.S., Jacob D. Kraft, M.S., DeMond M. Grant, Ph.D., Oklahoma State University
- (PS10-B46) Sexual Victimization Among Bisexual+ Individuals: The Roles of Minority Stress, Negative Affect, Hazardous Drinking and Coping with Discrimination Benjamin W. Katz, B.A., Shawn P. Cahill, Ph.D., University of Wisconsin, Milwaukee
- (PS10-B47) Association Between Peripheral Inflammation Markers and Neural Correlates in a Sample of Women with PTSD as a Result of Interpersonal Violence
  - Taryn Fitzgerald, B.A., Steven E. Bruce, Ph.D., University of Missouri, St Louis
- (PS10·B48) Interpersonal Stress More Influential on Adolescent Anxiety Than Depression: Insights from Combining Intensive Longitudinal Design and Objective Measure of Relationship Stress
  - James L. Huettig, B.A., Alexandra Rodman, Ph.D., John Flournoy, Ph.D., Katie A. McLaughlin, Ph.D., Harvard University

- (PS10-B49) Pleasure and Pain: Decreases in Positive Affect Following NSSI Proxy Differentiates Those with and Without NSSI History
  - Sherry Woods, M.S., Katherine Dixon-Gordon, Ph.D., Lauren A. Haliczer, M.A., M.S., University of Massachusetts, Amherst
- (PS10-B51) Effectiveness of Videoconference-delivered Cognitive Behavioural Therapy for Psychiatric and Somatic Disorders: Systematic and Meta-analytic Review Kazuki Matsumoto, Ph.D.<sup>1</sup>, Sayo Hamatani, Ph.D.<sup>2</sup>, Eiji Shimizu, M.D., Ph.D.<sup>3</sup>, 1. Research Center for Child Mental Development, Chiba University, 2. Linköping University, 3. Department of Cognitive Behavioral Physiology, Graduate School of Medicine, Chiba University
- (PS10-B52) Examining Grit as a Moderator Between Environmental Stressors and Depression and Anxiety in College Students

William C. Kelner, B.A., L. Christian Elledge, Ph.D., 1. University of Tennessee, Knoxville

(PS10-B53) Development and Initial Validation of the Neglectful Experiences and Deprivation Scale

Nadia Bounoua, M.A., Leah D. Church, B.A., Naomi Sadeh, Ph.D., University of Delaware

#### **Poster Session 10C**

Key Words: Adolescents, Sleep, Adherence

- (PS10-C54) Predictors of Adherence to a Web-based Sleep Intervention Program for Adolescents
  - Riya Mirchandaney, B.A., Raul E. Barete, B.A., Lauren D. Asarnow, Ph.D., University of California, San Francisco
- (PS10-C55) The Mental Health Impacts of Climate Change on Youth with Anxiety Kelsey Hudson, Ph.D.<sup>1</sup>, Donna B. Pincus, Ph.D.<sup>2</sup>, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University
- (PS10-C56) Variation in Posttraumatic Stress Disorder Symptoms in Racial and Ethnic Minority Groups

Katherina Arteaga, B.S., Ty Schepis, Ph.D., Alessandro S. De Nadai, Ph.D., Texas State University

- (PS10-C57) From the Adolescents' Perspective: Which Contributes More to My Anxiety, Overprotection or Overcontrol? Why?
  - Emily A. Roemhild, M.A., Deborah Wong, B.A., Sarah E. Francis, Ph.D., University of Toledo
- (PS10-C58) Exploring Potential Changes in Family Accommodation via Virtual Intensive Group Behavioral Treatment for Children with Selective Mutism Vanessa Y. Ng, M.A., M.S., Katie H. Fogarty, M.A., Lauren E. Webb, M.A., Hannah Walcoe, M.A., Julia Weisman, M.A., Jamie Scharoff, M.A., Anne Fraiman, M.A., Arielle Snow, M.A., Janice Lu, B.A., Sana Shad, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

- (PS10-C59) The Pediatric Accommodation Scale: Evaluation of a Therapist-report Format
  - Katherine E. Phillips, M.A.<sup>1</sup>, Hannah E. Frank, Ph.D.<sup>2</sup>, Sophie Palitz Buinewicz, M.A.<sup>1</sup>, Elana R. Kagen, Ph.D.<sup>3</sup>, Kristen Benito, Ph.D.<sup>2</sup>, Erin Dunning, M.A.<sup>1</sup>, Philip C. Kendall, ABPP, ABPP, Ph.D.<sup>1</sup>, 1. Temple University, 2. Alpert Medical School of Brown University, 3. Brown University
- (PS10-C60) Uplift: Assessing a Videoconference-based Psychoeducational Support Program for Stress Management and Well-being

Mariana Rincon Caicedo, B.A., Brendon T. Elliott, B.A., Annaleis K. Giovanetti, M.A., Stephanie E. Punt, M.A., Haley Hart, B.A., Stephen S. Ilardi, Ph.D., University of Kansas

(PS10-C61) Racial/ethnic Sleep Perceptions and Access to Care: A Qualitative Approach to Improving the Acceptability and Accessibility of Behavioral Sleep Treatment

Jasmine R. Berry, M.A.<sup>1</sup>, Debora J. Bell, Ph.D.<sup>2</sup>, 1. University of Missouri, Columbia, 2. University of Missouri

(PS10-C62) Examining the Bidirectional Relationships Between Maternal Intrusiveness and Child Internalizing Symptoms in a Community Sample: A Longitudinal Study from Infancy to Middle Childhood

Hannah Hunter, M.A. <sup>1</sup> Kristy Benoit Allen, Ph.D. <sup>1</sup>, Ran Liu, M.S. <sup>2</sup>, Julia Jackel, Ph.

Hannah Hunter, M.A.<sup>1</sup>, Kristy Benoit Allen, Ph.D.<sup>1</sup>, Ran Liu, M.S.<sup>2</sup>, Julia Jaekel, Ph.D.<sup>1</sup>, Martha Ann Bell, Ph.D.<sup>2</sup>, 1. The University of Tennessee, Knoxville, 2. Virginia Polytechnic Institute and State University

(PS10-C63) Sleep Disturbance Mediates the Relationship Between COVID-19 Stressors and Mothers' Mental Health

Evan T. Burdette, M.S., Kaitlyn E. Brodar, M.P.H., M.A., Annette La Greca, Ph.D., University of Miami

(PS10-C64) Emotion Regulation Diversity: Association with Current and Prospective Depressive Symptoms

Alainna Wen, M.A.<sup>1</sup>, K. Lira Yoon, Ph.D.<sup>2</sup>, Leanne Quigley, Ph.D.<sup>3</sup>, Keith S. Dobson, Ph.D.<sup>4</sup>, 1. University of Notre Dame, 2. University of Maryland, Baltimore, 3. Yeshiva University, Ferkauf Graduate School of Psychology, 4. University of Calgary

- (PS10-C65) Acceptability and Feasibility of an Undergraduate-delivered Universal Mental Health Intervention for Youth in a Summer Camp Setting Katherine A. Corteselli, M.A., Oluremi Owoseni, Sakshi Khurana, M.A., John R. Weisz, Ph.D., Harvard University
- (PS10-C66) The Buffering Effect of Attentional Control on the Relationship Between COVID Stress and Generalized Anxiety Symptoms

  Julia Y. Gorday, B.S., Joseph R. Bardeen, Ph.D., Kate Clauss, M.A., Auburn University
- (PS10-C67) The Relationship Between Mental Health Factors, Maladaptive Coping Strategies, and Treatment Seeking Behaviors During the COVID-19 Pandemic Cory Knight, M.S.<sup>1</sup>, Savannah M. Kaye, M.A.<sup>1</sup>, Ryan J. Marek, Ph.D.<sup>2</sup>, Isabelle S. Kusters, M.P.H., Ph.D.<sup>1</sup>, Mary Short, Ph.D.<sup>1</sup>, 1. University of Houston, Clear Lake, 2. Sam Houston State University
- (PS10-C68) Drinking to Cope and College GPA

Morgan A. Boyle, M.S., Alex J. Tyskiewicz, B.S., Madison L. Colley, B.A., Mark A. Prince, Ph.D., Colorado State University

- (PS10-C69) Assessing Higher-functioning Populations: Preliminary Revisions of the Hinting Task
  - Joel M. Martin, Ph.D., Alaina Hanke, B.A., Tessa Miller, B.A., Butler University
- (PS10-C70) Explicit and Implicit Attitudes Towards Prisoners: The Impact of Level of
  - Samantha J. Peka, B.A., M.S., Maureen Carrigan, Ph.D., Brianna Drake, B.S., University of South Carolina Aiken
- (PS10-C71) Examination of Approach-avoidance Conflict Behavior, Trauma History, and Treatment Completion for Women with Substance Use Disorders Mallory J. Cannon, B.A., Timothy J. McDermott, M.A., James Touthang, B.S., Ryan Smith, Ph.D., Namik Kirlic, Ph.D., Elisabeth Akeman, M.S., Martin P. Paulus, M.D., Robin L. Aupperle, Ph.D., Laureate Institute for Brain Research
- (PS10-C72) Heal Us, and We Shall Be Healed: Religious Health Beliefs, Trust in Authorities, Adherence to Health Guidelines, and Coping During COVID-19 Aaron D. Cherniak, M.A.<sup>1</sup>, Steven Pirutinsky, Ph.D.<sup>2</sup>, David H. Rosmarin, ABPP, Ph.D.<sup>3</sup>, 1. Stockholm University, 2. Touro College, 3. Harvard Medical School
- (PS10-C73) ADHD Traits, Emotion Dysregulation, and Romantic Relationship Satisfaction in College Students

Toria Davenport, B.S.¹, Will H. Canu, Ph.D.¹, Elizabeth A. Bodalski², Tamara M. Abu-Ramadan, M.A.³, Kate Flory, Ph.D.², 1. Appalachian State University, 2. University of South Carolina, 3. University of Wyoming

- (PS10-C74) The Relationship Between Virus/illness Fears and Obsessive-compulsive Symptoms During the COVID-19 Pandemic
  - Clara Law, M.A., Gina M. Belli, B.A., Christina L. Boisseau, Ph.D., Northwestern University Feinberg School of Medicine
- (PS10-C75) Juror Perceptions of Victim Credibility in Cases of Intimate Partner Rape: An Evaluation of Victim Depression and Victim Body Weight Kimmie Walton, M.A.<sup>1</sup>, Denise M. Martz, Ph.D.<sup>1</sup>, Twila Wingrove, Ph.D.<sup>1</sup>, Andrew Monroe, Ph.D.<sup>2</sup>, 1. Appalachian State University, 2. Ivy Research Council
- (PS10-C76) Posttraumatic Growth Following a Bereavement Intervention for Children and Adolescents: Improvements in Relating to Others and Personal Strength in a Multicultural Sample

Michelle Cusumano, B.A., Tohar Scheininger, B.S., Elissa J. Brown, Ph.D., Robin Goodman, Ph.D., St. John's University, Child HELP Partnership

(PS10-C77) Neurocognitive and Neuromotor Performance Mobile App (Roberto):
Evaluating Contribution of Modules to Composite Score

Xanthia Saganis, M.A.<sup>1</sup>, Anthony J. Goreczny, Ph.D.<sup>1</sup>, George Kondraske, Ph.D.<sup>2</sup>, 1. Chatham University, 2. University of Texas at Arlington

#### Poster Session 10D

Key Words: Self-Injury, Body Image, Cognitive Biases / Distortions

(PS10-D78) Self-perceptions and Risk for NSSI: Testing the Benefits & Barriers Model Victoria Tillotson, Jennifer J. Muehlenkamp, Ph.D., University of Wisconsin, Eau Claire

- (PS10-D79) Enhancing Resilience Through a Transdiagnostic, Mindfulness-based Intervention: Initial Validation and Acceptability of a Virtual Delivery Method Jordan Zimmerman, B.S.¹, Nicole R. DeTore, Ph.D.¹, Anne S. Burke, Ph.D.², Maren B. Nyer, Ph.D.¹, Laura C. Curren, M.A.³, Tunde Aideyan, M.A.¹, Lauren Luther, Ph.D.¹, Daphne J. Holt, M.D., Ph.D.², 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Massachusetts General Hospital and Boston University
- (PS10-D80) Sociocultural Factors Influencing Pathways to Care Among Asian Americans with Early Psychosis

Hong Ngo, Ph.D.<sup>1</sup>, Shiyu Tang, M.A.<sup>2</sup>, Talia Richkin, B.A.<sup>3</sup>, Lisa Dixon, M.P.H., M.D.<sup>1</sup>, Lawrence Yang, Ph.D.<sup>4</sup>, Roberto Lewis-Fernandez, M.D.<sup>1</sup>, 1. Columbia University/New York State Psychiatric Institute, 2. George Washington University, 3. New York State Psychiatric Institute/Columbia University Medical Center, 4. New York University School of Global Public Health

- (PS10-D81) Intolerance of Uncertainty and Distress and Disability in a Global Pandemic
  - Hayley E. Fitzgerald, M.A., E. Marie Parsons, Ph.D., Nadine R. Taghian, B.S., Michael W. Otto, Ph.D., Boston University
- (PS10-D82) The Impact of Ethnicity-based Intergroup Context on the Experience of Social Anxiety

Samantha J. Meckes, M.A., Mollie McDonald, B.A., Cynthia L. Lancaster, Ph.D., University of Nevada, Reno

- (PS10-D83) Observation Oriented Modeling of CBT Outcomes for Panic Disorder Raymond C. Hawkins, II, ABPP, Ph.D.\, James W. Grice, Ph.D.\, 1. University of Texas at Austin / Fielding Graduate University, 2. Oklahoma State University
- (PS10-D85) Investigating the Endorsement of Suicidal Thoughts and Behaviors Across Intersecting Identities for Colorado Adolescents

Patrice A. Arkfeld, M.S., Gemma T. Wallace, M.S., Bradley T. Conner, Ph.D., Colorado State University

(PS10-D86) Stigma of Suicide Scale Validation in a Spanish-speaking General Population

Ángel Zamora-Martínez, M.S.¹, Pablo Pons-Juan, M.S.¹, Adriana Mira, Ph.D.¹, Juana Bretón-López, Ph.D.², Rebeca Diego-Pedro, Ph.D.³, Edgar Gonzaléz-Hernandez, Ph.D.³, Diana Castilla, Ph.D.¹, Azucena García-Palacios, Ph.D.⁴, 1. Universitat de València, 2. Universitat Jaume I, 3. Universidad de las Américas Puebla, 4. Jaume I University

(PS10-D87) Treatment Outcomes Associated with the Early Rapid Reduction of Depressive Symptoms in an Intensive Care Setting

Douglas Terrill, B.A.<sup>1</sup>, Mark Zimmerman, M.D.<sup>2</sup>, 1. Rhode Island Hospital/Alpert Medical School of Brown University, 2. Warren Alpert Medical School of Brown University

(PS10-D88) Utilizing a Transdiagnostic Cbt-based Group Approach to Treating Veterans During an Acute Inpatient Mental Health Hospitalization Desirae N. Vidaurri, Ph.D., A. Madison Tompkins, Psy.D., Southeast Louisiana Veterans Health Care System

- (PS10-D89) Attention Inflexibility and Ruminative Tendencies Within Borderline Personality Disorder
  - Cheyene K. Horner, B.A.<sup>1</sup>, Kayla M. Scamaldo, M.A.<sup>2</sup>, Ilya Yaroslavsky, Ph.D.<sup>1</sup>, 1. Cleveland State University, 2. University of Toledo
- (PS10-D90) Coping Better Than Expected: Expectancy Violations as a Predictor of Fear Outcomes Following a Single Session of Exposure Treatment *Joseph K. Carpenter, Ph.D.*<sup>1</sup>, *Stefan G. Hofmann, Ph.D.*<sup>2</sup>, 1. Boston VA Healthcare System, 2. Boston University
- (PS10-D91) Examining the Mediating Role of Mental Health Stigma Between Psychological Symptoms and Treatment Preferences: A Latino Sample Elizabeth N. Hernandez, B.A., Isabel G. Aguirre, B.S., Michiyo Hirai, Ph.D., The University of Texas Rio Grande Valley
- (PS10-D92) The Relationship Between Mindfulness Skills Usage and Suicidal Urges and Thoughts During DBT Treatment Nicole Davis, B.A.<sup>1</sup>, Andrew H. Rogers, M.A.<sup>2</sup>, Keren Shemesh, M.A.<sup>3</sup>, Alyson DiRocco,

Psy.D.¹, Rob M. Montgomery, M.A.⁴, Roz Hedayatian, B.A.⁴, Ky Anderson, B.A.⁴, Marget Thomas, Psy.D.⁴, Lynn McFarr, Ph.D.⁴, 1. Alliant International University, 2. University of Houston, 3. Pepperdine University Graduate School of Education and Psychology, 4. CBT California

(PS10-D93) Virtual Camp CHAT: Evaluating the Efficacy of a Virtual Intensive Group Behavioral Treatment for Children with Selective Mutism

Lauren E. Webb, M.A., Vanessa Y. Ng, M.A., M.S., Katie H. Fogarty, M.A., Hannah Walcoe, M.A., Anne Fraiman, M.A., Jamie Scharoff, M.A., Julia Weisman, M.A., Janice Lu, B.A., Arielle Snow, M.A., Sana Shad, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

- PS10-D94) Exploring Racial Differences in Anxiety Sensitivity Among Veterans

  Julia G. Bergman, B.S.<sup>1</sup>, Shelby McGrew, B.S.<sup>1</sup>, Amanda M. Raines, Ph.D.<sup>1</sup>, Darius B.

  Dawson, Ph.D.<sup>2</sup>, Terri Fletcher, Ph.D.<sup>3</sup>, C Laurel Franklin, Ph.D.<sup>1</sup>, 1. Southeast Louisiana

  Veterans Health Care System, 2. Michael E. DeBakey VAMC/Baylor College of

  Medicine, 3. Houston VA
- (PS10-D95) Emotional Warmth's Impact on Accommodation-related Distress
  Theresa R. Gladstone, B.A., Emily P. Wilton, M.A., Sydney D. Biscarri Clark, B.S., Ashley
  A. Lahoud, B.A., Christopher A. Flessner, Ph.D., Kent State University
- (PS10-D96) The Moderating Role of Mindfulness in the Relationship Between Gender Harassment and Social Anxiety Safety Behaviors Sebastian Szollos, B.A., Jessica R. Winder, M.A., David P. Valentiner, Ph.D., Northern Illinois University
- (PS10-D97) Perceived Benefit and Burden of Complying with COVID-19 Recommendations: Two Attitudes Associated with Social and Systemic Variables Mona Anne M. Clifton, M.A., Alexandra E. Pizzuto, M.S., Ashley Buchanan, M.A., Alannah Shelby Rivers, M.A., Keith Sanford, Ph.D., Baylor University
- (PS10-D98) The Relationship Among Self-compassion, Physical Health Problems, and Well-being
  - Lauren A. Stutts, Ph.D., Hannah Cha, Rebecca Helfant, Helen Zhang, Davidson College

### (PS10-D99) Adverse Childhood Experiences Predict Emotional Eating Amongst Adults with Obesity in a Weight Loss Program

Christina M. Chwyl, B.A., Nishka Seth, Evan Forman, Ph.D., Drexel University

6:15 p.m. - 8:15 p.m.

#### **POSTER SESSION 11**

#### Poster Session 11A

Key Words: Psychometrics, Parenting, Child

### (PS11-A1) Caregiver Strain Questionnaire - Short Form 11 (CGSQ-SF11): A Validation Study

*Urweesha Nirjar*, M.A.<sup>1</sup>, Grace M. Brennan, M.S.<sup>2</sup>, Dara E. Babinski, ABPP, Ph.D.<sup>1</sup>, Daniel A. Waschbusch, ABPP, Ph.D.<sup>3</sup>, 1. Penn State College of Medicine, 2. Yale University, Penn State Health Hershey Medical Center, 3. Penn State Hershey Medical Center

## (PS11-A2) Fear-avoidance Mechanisms as Predictors of Compliance with Social Distancing Measures During COVID-19

Anagha A. Babu, B.A., Danielle L. Hoyt, M.A., Jacqueline Smith, M.S., Mindy M. Kibbey, M.S.<sup>2</sup>, Sonali Singal, B.S., Teresa Leyro, Ph.D., Samantha G. Farris, Ph.D., Rutgers, The State University of New Jersey

- (PS11-A3) Adherence and Weight Loss Outcomes from a Pilot Study Testing the Efficacy of the Body Project as an Adjunctive to a Behavioral Weight Loss Intervention in Latinx Women with Overweight and Obesity
  - Kelsey N. Serier, M.S.¹, Riley M. Sebastian, B.A.¹, Isabel Solis, M.S.¹, Alexandra Hernandez-Vallant, B.S.², Chloe R. Mullins, B.S.¹, Jaqueline Medici, B.S.¹, Isabel Gomez¹, Jane Ellen E. Smith, Ph.D.¹, 1. University of New Mexico, 2. University of New Mexico/Center on Alcohol, Substance Use, & Addictions
- (PS11-A4) Ain't No Rest for the Ruminating: Perseverative Cognition Predicts Nocturnal Blood Pressure Non-dipping in a Community Sample of Adults Riley M. O'Neill, B.S.<sup>1</sup>, Samantha M. Nagy, M.S.<sup>1</sup>, Daniel J. Taylor, Ph.D.<sup>1</sup>, Joshua W. Smyth, Ph.D.<sup>2</sup>, Timothy W. Smith, Ph.D.<sup>3</sup>, Bert N. Uchino, Ph.D.<sup>3</sup>, Matthew A. Allison, M.P.H., M.D.<sup>4</sup>, Chul Ahn, Ph.D.<sup>5</sup>, John Ruiz, Ph.D.<sup>1</sup>, 1. University of Arizona, 2. The Pennsylvania State University, 3. The University of Utah, 4. University of California, San Diego, 5. UT Southwestern Medical Center
- (PS11-A5) Examining Parent Mental Health Help-seeking in Asian Americans Grace L. Chen, M.A., Anna C.J. Long, Ph.D., Louisiana State University

(PS11-A6) The Relationship Between Harm Avoidance and Incompleteness Core Motivations and Length of Stay in an Intensive Outpatient Program for Pediatric OCD

Lauren Milgram, B.A.¹, Grace H. Cain, B.A.², Kate G. Sheehan, B.S.³, Hannah E. Frank, Ph.D.¹, Matthew M. Carper, Ph.D.⁴, Erin O'Connor, Ph.D.¹, Kristen Benito, Ph.D.¹, Abbe Garcia, Ph.D.⁵, Brady Case, M.D.⁵, Jennifer Freeman, Ph.D.¹, 1. Warren Alpert Medical School of Brown University, 2. Bradley Hospital & Alpert Warren Medical School of Brown University, 3. Bradley Hospital, 4. Quantitative Sciences Program, Alpert Medical School of Brown University, 5. The Intensive Program for OCD at Bradley Hospital

(PS11-A7) Do Eating Disorder Treatment Outcomes Differ for Individuals with Comorbid Substance Use? Examination in an Adolescent Eating Disorder Partial Hospitalization Program

Rhianna R. Vergeer, B.A.<sup>1</sup>, Ashley N. Gearhardt, Ph.D.<sup>2</sup>, Jessica L. Van Huysse, Ph.D.<sup>2</sup>, 1. National Institute on Alcohol Abuse and Alcoholism, 2. University of Michigan

- (PS11-A8) A Pilot Study of Videoconferencing-based DBT Skills Group Feasibility and Acceptability
  - Alexandra D. Long, M.A., Ramya Ramadurai, B.A., Alice I. Cohen, B.A., Nathaniel R. Herr, Ph.D., American University
- (PS11-A10) Not Just Right Experiences Are Related to Aberrant Visuospatial Processing in Individuals with Elevated Obsessive-compulsive Symptoms Laura B. Bragdon, Ph.D.<sup>1</sup>, Meredith E. Coles, Ph.D.<sup>2</sup>, 1. New York University School of Medicine, 2. Binghamton University
- (PS11-A11) Prisoner Reentry and Eating Disorder Pathology: Factors That Impact Disordered Eating Risk for Individuals with a History of Incarceration And/or a Felony Conviction

Francesca Gomez, B.A.<sup>1</sup>, Aria Gaston-Panthaki, B.A.<sup>2</sup>, Keesha Middlemass, Ph.D.<sup>3</sup>, Carolyn Becker, Ph.D.<sup>2</sup>, 1. Arizona State University, 2. Trinity University, 3. Howard University

(PS11-A12) So You're About to Have a Bad Day: The Relationship Between Daily Forecasting and Same-day Affect

Kaileigh P. P. Conti, B.A., John K. Kellerman, B.A., Rachel L. Rosen, M.S., Joanne S. Kim, B.A., Olivia G. Lozy, B.A., Madison E. Taylor, B.A., April L. Yeager, B.A., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey

- (PS11-A13) Prevalence of Eating Disorder Pathology Within a Nationwide Sample of Individuals with Food Insecurity
  - Francesca Gomez, B.A., Marisol Perez, Ph.D., Arizona State University
- (PS11-A14) Does Disordered Eating in Children Differ Among Those Who Restrict for Economic Reasons versus Those That Restrict Due to Weight/shape Concerns?

Francesca Gomez, B.A., Marisol Perez, Ph.D., Jenna Stadheim, B.A., Arizona State University

(PS11-A15) The Shift Work Disorder Index: Initial Validation and Psychosocial Associations in a Sample of Nurses

Sophie Wardle-Pinkston, M.S.<sup>1</sup>, Jessee Dietch, Ph.D.<sup>2</sup>, Daniel J. Taylor, Ph.D.<sup>1</sup>, Danica Slavish, Ph.D.<sup>3</sup>, Brett Messman, B.A.<sup>3</sup>, Camilo Ruggero, Ph.D.<sup>3</sup>, Kimberly Kelly, Ph.D.<sup>3</sup>, 1. University of Arizona, 2. Oregon State University, 3. The University of North Texas

(PS11-A16) Impact of Emotion Dysregulation on Suicidal Ideation in the Context of Dialectical Behavior Therapy

Emma H. Palermo<sup>1</sup>, Akash Wasil, M.A.<sup>1</sup>, Chelsey R. Wilks, Ph.D.<sup>2</sup>, 1. University of Pennsylvania, 2. University of Missouri, St. Louis

(PS11-A17) Disgust and Selective Eating Behaviors: Differences Between Subtypes of ARFID and Forms of Disgust

Courtney E. Breiner, M.A., Susana Cruz Garcia, B.A., McKenzie Miller, M.A., Julia M. Hormes, Ph.D., University at Albany, State University of New York

(PS11-A18) I Look so Old!: A Replication Investigation of Negative Age-related Body Talk

Savannah C. Hooper, B.A., Victory Ogubuike, Carolyn Becker, Ph.D., Trinity University

(PS11-A19) The Role of Emotional Eating as a Risk Factor for Weight Gain During Confinement: The Lack of the Mediational Effect of Binge Eating

Tamara Escrivá-Martínez, M.S.¹, Rosa M. Baños, Ph.D.², Marta Miragall, Ph.D.³, Rocio Herrero, Ph.D.⁴, Lorena Desdentado, M.S.⁵, 1. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatment, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain; 3. Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN), Instituto Carlos III, Madrid, Spain, 4. Polibienestar Research Institute, University of Valencia, Spain; CIBER of Physiopathology of Obesity and Nutrition (CIBEROBN),Instituto Carlos III, Madrid, Spain, 5. Polibienestar Research Institute, University of Valencia, Spain; Department of Personality, Evaluation and Psychological Treatments, University of Valencia, Spain;

(PS11-A20) The Relationship Between BMI and Internalized Weight Stigma: The Moderating Role of Body Appreciation

Taylor A. Stacy, M.A., Si Woo Chae, B.A., Rachel D. Marshall, M.A., Janet D. Latner, Ph.D., University of Hawai'i at Manoa

- (PS11-A22) Negative Affect and Its Association with Lower Pain–related Quality of Life in Congenital Heart Disease: A Potential Feedback Loop for Intervention Victoria N. Shaffer, B.A.<sup>1</sup>, Christopher K. Vance, Kamila S. White, Ph.D.<sup>1</sup>, Philip Ludbrook, M.D.<sup>2</sup>, Ari Cedars, M.D.<sup>3</sup>, 1. University of Missouri, St. Louis, 2. Washington University in St. Louis, 3. Johns Hopkins University
- (PS11-A23) The Relationship Between Weight Suppression and Impulsivity in Individuals with Bulimia Nervosa

Shannon R. Smith, 1, Sophie R. Abber, B.A. 1, Stephanie M. Manasse, Ph.D. 2, Adrienne S. Juarascio, Ph.D. 1, 1. Drexel University, 2. WELL Center, Drexel University

(PS11-A24) Nighttime Parenting and Youth Sleep Problems During a Sensitive Developmental Stage

Geraldine DJ Cadet, B.A.<sup>1</sup>, Juliana Acosta, M.S.<sup>2</sup>, Justin Parent, Ph.D.<sup>2</sup>, 1. Florida International University, 2. American Psychological Association

Yeonsoo Park, M.A., Brooke Ammerman, Ph.D., University of Notre Dame

#### **Poster Session 11B**

Key Words: Evidence-Based Practice, Ethnicity, Underserved Populations

- (PS11-B26) Do Racial/ethnic Match and Therapist Acculturation Predict Client Engagement Challenges with Latinx Families Receiving Ebps?

  Jennifer Canico, B.A., Blanche Wright, M.A., Julia R. Cox, Ph.D., Anna Lau, Ph.D., Lauren Brookman-Frazee, Ph.D., University of California, Los Angeles
- (PS11-B27) Clarifying Relations Between ADHD and Functional Impairment in Adulthood: Utilization of Network and Machine Learning Approaches

  Patrick K. Goh, M.A.<sup>1</sup>, Michelle M. Martel, Ph.D.<sup>1</sup>, Payton J. Jones, Ph.D.<sup>2</sup>, Pevitr S. Bansal, M.S.<sup>1</sup>, Ashley G. Eng, M.A.<sup>1</sup>, Anjeli Elkins, M.S.<sup>1</sup>, Melina Thaxton, B.A.<sup>1</sup>, Russell A. Barkley, ABPP, B.A., M.A., Ph.D.<sup>3</sup>, 1. University of Kentucky, 2. Harvard University, 3. Virginia Commonwealth University Medical School
- (PS11-B28) The Role of Emotional Clarity in the Bidirectional Associations of Life Stress with Hopelessness and Depressive Symptoms

  Erin Dunning, M.A.<sup>1</sup>, Lyn Y. Abramson, Ph.D.<sup>2</sup>, Lauren B. Alloy, Ph.D.<sup>1</sup>, 1. Temple University, 2. University of Wisconsin-Madison
- (PS11-B29) Examining Whether Student-teacher Relationship Qualities Moderate the Relationship Between Challenging Student Behavior and Teacher Stress Madeline R. DeShazer, B.S.¹, Julie S. Owens, Ph.D.¹, Steven W. Evans, Ph.D.¹, Amori Y. Mikami, Ph.D.², 1. Ohio University, 2. University of British Columbia
- (PS11-B30) Clinical Case Series Results from an Online Adaptation of Organization, Time Management, and Planning Intervention for College Students with ADHD Maggie Witherspoon, B.A.<sup>1</sup>, Will H. Canu, Ph.D.<sup>1</sup>, Cynthia M. Hartung, Ph.D.<sup>2</sup>, Laura Knouse, Ph.D.<sup>3</sup>, Kate Flory, Ph.D.<sup>4</sup>, 1. Appalachian State University, 2. University of Wyoming, 3. University of Richmond, 4. University of South Carolina
- (PS11-B31) Traumatic Stress Symptoms Predict Restraint in Children and Adolescents in Psychiatric Residential Treatment

Wilson J. Brown, Ph.D.<sup>1</sup>, Anthony J. Nedelman, Ph.D.<sup>2</sup>, William G. Phillips, Ph.D.<sup>3</sup>, Jaclynn S. Stankus, Ph.D.<sup>4</sup>, Katherine R. Braund<sup>1</sup>, Jaclyn M. Burprich<sup>5</sup>, Laura E. Amoscato, Ph.D.<sup>4</sup>, Eric Schwartz, ABPP, Psy.D.<sup>6</sup>, 1. Penn State Erie, The Behrend College, 2. Metrohealth Medical Center, 3. Deaconess Clinic Behavioral Health Department, 4. Sarah A. Reed Children's Center, 5. The Pennsylvania State University, 6. The Village for Families and Children

(PS11-B32) The Moderating Role of Intolerance of Uncertainty in the Relationship Between Health Anxiety and Covid-related Stress

Samantha D. Sorid, B.S.<sup>1</sup>, David L. Yap, M.A.<sup>2</sup>, Adrian J. Bravo, Ph.D.<sup>1</sup>, Evelyn Behar, Ph.D.<sup>2</sup>, 1. College of William & Mary, 2. Hunter College, City University of New York

- (PS11-B33) Iatrogenic Effects in Group Treatment: Do Externalizing Problems Impact Treatment Outcome for Youth in Group Treatment for PTSD?
  - Cassidy L. Tennity, M.A.<sup>1</sup>, Stevie N. Grassetti, Ph.D.<sup>2</sup>, Rosa L. Boniface, M.A.<sup>2</sup>, Caroline Guzi, B.A., M.A.<sup>2</sup>, Nora E. Charles, Ph.D.<sup>1</sup>, 1. University of Southern Mississippi, 2. West Chester University of Pennsylvania
- (PS11-B34) Change Talk Mediates Outcome in Group Motivational Interviewing Among Dually Diagnosed Homeless Veterans

Elizabeth J. Santa Ana, Ph.D.<sup>1</sup>, Katherine A. Beavis, Ph.D.<sup>1</sup>, Kayla Lamb, B.A.<sup>2</sup>, Jon M. Houck, Ph.D.<sup>3</sup>, 1. Medical University of South Carolina, 2. U.S. Department of Veterans Affairs, 3. University of New Mexico

(PS11-B35) The Relationship Between COVID-19 Stress, Psychological Inflexibility and Psychological Well-being

Alyx R. Duckering, B.A., California State University, San Bernardino

(PS11-B36) Heart Rate Reactivity to Trauma Reminders: Baseline Correlates and Change over Treatment

Shivani Pandey, B.S.<sup>1</sup>, Mercedes Woolley, B.A.<sup>1</sup>, Joseph K. Carpenter, Ph.D.<sup>1</sup>, Michael G. Griffin, Ph.D.<sup>2</sup>, Patricia Resick, Ph.D.<sup>3</sup>, Tara E. Galovski, Ph.D.<sup>1</sup>, 1. Boston VA Healthcare System, 2. University of Missouri, St. Louis, 3. Duke University Medical Center

- (PS11-B38) Implementation of Clinician Consultation in Prolonged Exposure
  Therapy Associated with Patient Reductions in Suicidal Ideation Severity
  Gabriella E. Hamlett, M.A.<sup>1</sup>, Lily A. Brown, Ph.D.<sup>1</sup>, Carmen P. McLean, Ph.D.<sup>2</sup>, Stacey
  Young-McCaughan, Ph.D., RN<sup>3</sup>, Alan L. Peterson, ABPP, Ph.D.<sup>4</sup>, Edna B. Foa, Ph.D.<sup>1</sup>,
  1. Perelman School of Medicine at the University of Pennsylvania, 2. National
  Center for PTSD, 3. Department of Psychiatry and Behavioral Sciences, School of
  Medicine, University of Texas Health Science Center at San Antonio and Research
  and Development Service, South Texas Veterans Health Care System, San Antonio,
  TX, 4. University of Texas Health Science Center at San Antonio
- (PS11-B39) Erroneous Beliefs About Luck, Not the Illusion of Control, Predict Greater Change in Beliefs Following the Brief Digital Accelerator Treatment (BDAT)

James D. Broussard, Ph.D., Jana M. Fleet, M.S., Jackson State University

(PS11-B40) A Replication of Measurement Invariance Across Gender of the 36-item Difficulties in Emotion Regulation Scale

Rachelle H. Kromash., Shania L. Siebert, M.S., Thalia P. Sullivan, B.A., Hannah G. Mitchell, M.A., Kelly E. Moore, Ph.D., Meredith K. Ginley, Ph.D., East Tennessee State University

- (PS11-B41) Fearing Happiness Moderates Depression Treatment Preference Michael R. Gallagher, B.S.<sup>1</sup>, Amanda C. C. Collins, M.S.<sup>1</sup>, Jessica S. Bryant, Ph.D.<sup>2</sup>, E. Samuel Winer, Ph.D.<sup>1</sup>, 1. Mississippi State University, 2. Central Arkansas Veterans Healthcare System
- (PS11-B42) Improvements in Caregiver Psychopathology During Children's Traumafocused Cognitive Behavioral Therapy: Does Treatment Phase Matter? Tohar Scheininger, B.S., Maddi Gervasio, B.S., Elissa J. Brown, Ph.D., Komal Sharma-Patel, Ph.D., St. John's University, Child HELP Partnership

(PS11-B43) Interoceptive Sensibility, Depletion, and Racial Bias in a First-Person Shooter Task

Justin R. Leiter-Mcbeth, B.S., M.A., Cassidy Serr, Peter G. Mezo, Ph.D., University of Toledo

(PS11-B44) Co-brooding and Co-reflection Differentially Predict Depressive Symptoms and Friendship Closeness in College Students

Tali L. Lesser<sup>1</sup>, Megan C. Scafaria<sup>1</sup>, Jackie Rieger<sup>1</sup>, Alexa Cilia<sup>1</sup>, Mia P. Grahn<sup>1</sup>, Emily Franco, B.A.<sup>1</sup>, Carolina Daffre, B.A.<sup>2</sup>, Alison A. Papadakis, Ph.D.<sup>1</sup>, 1. Johns Hopkins University, 2. Duke University

(PS11-B45) Stigma, Mental Health Literacy, & Help-seeking Intentions: Promoting Mental Health Services Among Latinx Undergraduate Students at a Large Public University

Daniel H. Saravia, B.A.<sup>1</sup>, Patricia Orozco-Perez, B.A.<sup>1</sup>, Isabel López, M.A.<sup>2</sup>, Miguel Palacios, B.A.<sup>3</sup>, Jonathan I. Martinez, Ph.D.<sup>1</sup>, 1. California State University, Northridge, 2. University of California, Santa Barbara, 3. California State University, Dominguez Hills

(PS11-B46) Trauma-related Burnout, Self-care, and Social Support in Front Line Providers in the Caribbean

Angela Pham, Ph.D., Alexandra S. Askew, B.S., B.A.<sup>1</sup>, Manuel Gutierrez Chavez, B.S.<sup>1</sup>, Robyn Charlery-White, M.P.H., Ph.D.<sup>2</sup>, Anu Asnaani, Ph.D.<sup>1</sup>, 1. University of Utah, 2. HERStoire Collective

(PS11-B47) Bidirectional Changes in Self-schema Structure and Depressive Symptoms During COVID-19: A Longitudinal, Multi-wave Study

Katerina Rnic, Ph.D., Taylyn Jameson, B.A., Ashley M. Battaglini, M.A., Ellen Jopling, M.A., Joelle LeMoult, Ph.D., The University of British Columbia

(PS11-B48) An Investigation of Anti-black Microaggressions Committed by People of Color

Jade I. Gallo, B.S.<sup>1</sup>, Anjalika Khanna Roy, B.A.<sup>2</sup>, Grace Jacob<sup>3</sup>, Dana Strauss, B.S.<sup>3</sup>, Monnica T. Williams, ABPP, Ph.D.<sup>3</sup>, 1. University of Connecticut, 2. Queen's University, 3. University of Ottawa

- (PS11-B49) Marijuana Use in Buprenorphine Treatment for Opioid Use Disorder Carla Rash, Ph.D.<sup>1</sup>, Heidi Lubetkin, M.S.<sup>2</sup>, Janet Rodriguez<sup>2</sup>, Casie DeRosier<sup>2</sup>, James Lynch<sup>2</sup>, 1. University of Connecticut Health, 2. Community Renewal Team
- (PS11-B50) Stimulant Use in Buprenorphine Treatment for Opioid Use Disorder Carla Rash, Ph.D.<sup>1</sup>, Heidi Lubetkin, M.S.<sup>2</sup>, Janet Rodriguez<sup>2</sup>, Casie DeRosier<sup>2</sup>, James Lynch<sup>2</sup>, 1. University of Connecticut Health, 2. Community Renewal Team

#### **Poster Session 11C**

Key Words: Dissemination, Implementation, Substance Abuse

(PS11-C51) Using the Community-based Learning Collaborative Model to Target Opioid Use Disorder: Novel Adaptation and Results

Christina C. Strauch, B.S., M.S., Steven Lawyer, Ph.D., Samuel O. Peer, Ph.D., Idaho State University

# (PS11-C52) Acceptability of a CBT Skills Assessment Tool for Simulated Clinical Training in the Treatment of Anxiety Disorders

Lindsay A. Bornheimer, Ph.D.¹, Matthew J. Smith, Ph.D.¹, Laura Humm, B.A.², Shona N. Vas, ABPP, Ph.D.³, Meredith E. Coles, Ph.D.⁴, Nadine R. Mastroleo, Ph.D.⁴, Elyse Stewart, M.S.⁴, Cohley P. Acenowr, B.A.⁴, 1. University of Michigan, 2. Simmersion, 3. University of Chicago, 4. Binghamton University

#### (PS11-C53) Variations in Sleep Impairment Across Age Groups in Patients with Chronic Pain

Madeline Pruett, B.A., Diana Tinsley, M.A., Evan Rooney, B.A., John Young, Ph.D., University of Mississippi

#### (PS11-C54) Intrinsic Religiosity & Mindfulness in DBT

Caroline Kutschbach, B.A.<sup>1</sup>, Marget Thomas, Psy.D.<sup>1</sup>, Andrew H. Rogers, M.A.<sup>2</sup>, Lynn McFarr, Ph.D.<sup>1</sup>, 1. CBT/DBT California, 2. University of Houston

#### (PS11-C55) The Impact of COVID-19 as a Collective Trauma

David T. Solomon, Ph.D., Jessica Bell, Alvin Malesky, Ph.D., Western Carolina University

#### (PS11-C56) The Effect of Maternal Sleep Quality on Parenting Style

Stacy S. Forcino, Ph.D., Emily-Anne S. del Rosario, Anabell Ramos, California State University, San Bernardino

### (PS11-C57) Post Traumatic Stress Mediates the Relation Between Early Adversity and Suicidal Behaviors in Male Youth

Elizabeth M. McRae, M.A.<sup>1</sup>, Laura Stoppelbein, Ph.D.<sup>2</sup>, Sarah O'Kelley, Ph.D.<sup>1</sup>, Shana Smith, Psy.D.<sup>3</sup>, 1. The University of Alabama at Birmingham, 2. The University of Alabama, 3. Jacksonville State University

### (PS11-C58) Predicting the Quality of Youth Mentoring Interventions: Considering the Role of Youth Depression and Mentor Relationship Goals

Savannah B. Simpson, M.S.<sup>1</sup>, Jasmine Cosby, B.A.<sup>2</sup>, Elizabeth B. Raposa, Ph.D.<sup>2</sup>, 1. University of South Carolina, 2. Fordham University

### (PS11-C59) The Moderating Role of Maternal Support Seeking on the Relationship Between Maternal and Child Depressive Symptoms

Celine Lu, B.A.<sup>1</sup>, Kayley Morrow, B.A.<sup>1</sup>, Cecile D. Ladouceur, Ph.D.<sup>2</sup>, Jennifer Silk, Ph.D.<sup>3</sup>, 1. University of Pittsburgh, 2. University of Pittsburgh School of Medicine, 3. Silk

## (PS11-C60) Sexual Trauma Reporting to Universities: Institutional Betrayal, Mental Health Impacts, and the LGBQ+ Community

Riley N. Hoogerwerf, B.A., Natalie Q. Poole, B.A., Stephanie Amaya, M.A., Matt Gray, Ph.D., University of Wyoming

### (PS11-C61) What Do Adolescents Expect from Treatment? an Assessment of DBT-A Treatment Format Preferences and Expectations

Chani Goldfeder, Psy.D.<sup>1</sup>, Hilary B. Vidair, Ph.D.<sup>2</sup>, Jill H. Rathus, Ph.D.<sup>2</sup>, Erika Rooney, Psy.D.<sup>3</sup>, Katerina Levy, B.A.<sup>4</sup>, Alexander Dorfman, B.A.<sup>4</sup>, 1. Machon Ofek, 2. Long Island University, Post Campus, 3. Child Mind Institute, 4. Long Island University

### (PS11-C62) Resilience in Stressful Events: A College Campus Pilot Study of Peer Psychological First Aid During COVID-19

Alexa B. Chandler, M.A., Megan S. Irgens, M.A., Cassandra Hirdes, Amy Athey, Psy.D., University of Arizona

Christen E. Seyl<sup>1</sup>, Brenna R. Lash, M.P.H.<sup>1</sup>, Sage A. Volk, B.A.<sup>1</sup>, Allura L. Ralston, M.A.<sup>1</sup>, T. Zachary Huit, M.A.<sup>1</sup>, Hannah M. Coffey, M.A.<sup>1</sup>, Richard A. Mocarski, Ph.D.<sup>2</sup>, Nathan Woodruff<sup>3</sup>, Debra A. Hope, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

(PS11-C64) Maternal Anxiety Beliefs Mediate the Relation Between Maternal Emotion Regulation and Parenting Goals
Elizabeth M. Aaron, B.A., Elizabeth J. Kiel, Ph.D., Miami University

Preliminary Analysis

(PS11-C65) Relationships Between Body Appreciation, Disordered Eating, Intuitive Eating, and Health Among Transgender and Gender Non-binary Individuals: A

Thomas Le, M.S.<sup>1</sup>, Zachary A. Soulliard, Ph.D.<sup>2</sup>, 1. University of Maryland, College Park, 2. Yale School of Public Health

- (PS11-C66) Minority Identities and Implicit Identification with Non-suicidal Selfinjury
  - Edward I. Wolfson, Nigel M. Jaffe, Stephanie Jarvi Steele, Ph.D., Williams College
- (PS11-C67) Test-retest Reliability of a Measure for Transgender and Gender Diverse Well-being: The Trans Collaborations Clinical Check-in (TC3)

  T. Zachary Huit, M.A.<sup>1</sup>, Allura L. Ralston, M.A.<sup>1</sup>, Natalie R. Holt, Ph.D.<sup>1</sup>, Richard A. Mocarski, Ph.D.<sup>2</sup>, Nathan Woodruff<sup>3</sup>, Alexander L. Farquhar-Leicester, M.A.<sup>1</sup>, Debra A. Hope, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations
- (PS11-C68) The Link Between Hoarding Symptoms and Thwarted Belonging: An Investigation Across the COVID-19 Pandemic Madeline L. Kushner, B.A.<sup>1</sup>, Hannah C. Broos, B.A.<sup>1</sup>, Stephanie E. Hudiburgh, M.S.<sup>1</sup>, Caitlin A. Stamatis, M.S.<sup>2</sup>, Kiara R. Timpano, Ph.D.<sup>1</sup>, 1. University of Miami, 2. New
- (PS11-C69) Testing a Model of Family Resilience During the COVID-19 Pandemic in a National U.S. Sample: Links Between Parent Mental Health, Parenting, and Child Mental Health

York-Presbyterian Hospital/Weill Cornell Medical College

Francesca Penner, M.A., Yasmin Elzaki, M.D., Haglaeeh T. Contreras, Roberto P. Santos, M.D., Dustin E. Sarver, Ph.D., University of Mississippi Medical Center

- (PS11-C70) Parental Stress and Online Health Information-seeking Behaviors: Implications for Public Health in the Digital Age
  Madison P. McCall, B.S.<sup>1</sup>, Megan T. Hineline, B.A.<sup>1</sup>, Margaret T. Anton, Ph.D.<sup>2</sup>, Deborah J. Jones, Ph.D.<sup>1</sup>, 1. University of North Carolina at Chapel Hill, 2. AbleTo, Inc.
- (PS11-C71) Cultural Competency and Credibility of Gender-affirming Cognitive Behavioral Therapy Seen as Synonymous by Transgender and Gender Diverse Adults

Sage A. Volk, B.A.<sup>1</sup>, Christen E. Seyl<sup>1</sup>, Allura L. Ralston, M.A.<sup>1</sup>, T. Zachary Huit, M.A.<sup>1</sup>, Hannah M. Coffey, M.A.<sup>1</sup>, Richard A. Mocarski, Ph.D.<sup>2</sup>, Nathan Woodruff<sup>3</sup>, Debra A. Hope, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

- (PS11-C72) Using Ecological Momentary Assessment to Examine the Effect of Sleep and Stress on Daily Forecasting in College Students
  - Rachel L. Rosen, M.S., John K. Kellerman, B.A., Kaileigh P. P. Conti, B.A., Joanne S. Kim, B.A., Olivia G. Lozy, B.A., Madison E. Taylor, B.A., April L. Yeager, B.A., Evan M. Kleiman, Ph.D., Rutgers, The State University of New Jersey
- (PS11-C73) Mapping Interconnections Between Depression Symptoms, Anxiety Symptoms, and Gender Congruence Among Transgender and Gender Diverse Adults: A Network Analysis

Brenna R. Lash, M.P.H.<sup>1</sup>, Eric M. Phillips, B.A.<sup>1</sup>, Allura L. Ralston, M.A.<sup>1</sup>, Natalie R. Holt, Ph.D.<sup>1</sup>, T. Zachary Huit, M.A.<sup>1</sup>, Sharon N. Obasi, Ph.D.<sup>2</sup>, Richard A. Mocarski, Ph.D.<sup>2</sup>, Nathan Woodruff<sup>3</sup>, Debra A. Hope, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. University of Nebraska at Kearney, 3. Trans Collaborations

(PS11-C74) Evaluation of an Integrated Parenting Intervention Targeting Maternal Depression: Effects on Parent Attributions of Child Behaviors

Danielle R. Novick, M.S., Nicole E. Lorenzo, Ph.D., Christina M. Danko, Ph.D., Andrea M. Chronis-Tuscano, Ph.D., University of Maryland, College Park

#### **Poster Session 11D**

Key Words: Implementation, Evidence-Based Practice, Stakeholder Relevant

(PS11-D75) The Impact of COVID-19 on Organizational Readiness to Implement MATCH

Angelina F. Ruiz, B.A., Daniel M. Cheron, ABPP, Ph.D., Rachel E. Kim, Ph.D., Judge Baker Children's Center

(PS11-D76) The Peer Body Project on College Campuses: Modifications and Adaptations for Implementation

Chinwendu Duru, M.S.¹, Jesslyn M. Jamison, M.A.¹, Rebecca Y. Woo, M.A.¹, Mackenzie Carlson, B.A.¹, Natalia Diaz, B.A.¹, Lindsey Greenwaldt, B.A.², Sarah Kate Bearman, Ph.D.¹, 1. University of Texas at Austin, 2. Oregon Research Institute

- (PS11-D77) Social Anxiety and Risky Marijuana Use: The Role of Underutilization of Protective Behavioral Strategies
  - Paige E. Morris, B.A.<sup>1</sup>, Julia D. Buckner, Ph.D.<sup>1</sup>, Michael J. Zvolensky, Ph.D.<sup>2</sup>, 1. Louisiana State University, 2. University of Houston
- (PS11-D78) Perceived Discrimination, Mindfulness, and Sleep Outcomes Shelby D. Tuthill, M.S.<sup>1</sup>, Tori Crain, Ph.D.<sup>2</sup>, Mark A. Prince, Ph.D.<sup>1</sup>, Stimulant Norms and Prevalence Study Team (University of Wyoming)<sup>3</sup>, 1. Colorado State University, 2. Portland State University, 3. University of Wyoming
- (PS11-D79) Exploring the Differential Effects of Peer, Family, and Romantic Social Connections on Mental Health Using Ecological Momentary Assessment Joseph S. Maimone, B.A.<sup>1</sup>, Kate Bentley, Ph.D.<sup>2</sup>, Flynn Kelly, B.A.<sup>3</sup>, Daniel Coppersmith, M.A.<sup>3</sup>, Matthew K. Nock, Ph.D.<sup>3</sup>, Evan M. Kleiman, Ph.D.<sup>4</sup>, 1. Massachusetts General Hospital, 2. Massachusetts General Hospital/Harvard Medical School, 3. Harvard University, 4. Rutgers, The State University of New Jersey

Megan A. Blanton, B.A., M.S.<sup>1</sup>, Jennifer Langhinrichsen - Rohling, Ph.D.<sup>2</sup>, Fallon J. Richie, M.A.<sup>2</sup>, 1. The University of South Alabama, 2. University of North Carolina at Charlotte

(PS11-D81) Emotional Dysregulation as a Moderator of the Association Between Symptom Clusters of Post-traumatic Stress Disorder and Alcohol Abuse and Dependence Disorder

Rimsha Majeed, M.S., Audrey B. Garrett, B.A., Rebecca J. Zakarian, M.S., Mya E. Bowen, B.A., Bre'Anna L. Free, M.S., Gayle Beck, Ph.D., University of Memphis

(PS11-D82) Utilization of the COVID-19 Telehealth Framework as a Means of Reducing Health Disparities

Natalie Dunn, B.A., Eric Matsunaga, B.A., Andrew White, ABPP, Ph.D., Linda Dimeff, Ph.D., Portland DBT Institute

(PS11-D83) Efficacy of a Universal Prevention Program for Body Confidence Among Youth 9 to 11 Years Old

Marisol Perez, Ph.D., Taryn Henning, B.S., Kimberly Yu, M.A., Arizona State University

(PS11-D84) A Mobile Phone-based Brief Intervention Reduces Riding with a Cannabis-impaired Driver

Jenni B. Teeters, PhD, Shelby King, M.S., Western Kentucky University

(PS11-D85) Perceived Barriers to Providing Telehealth Services with Children with Autism Spectrum Disorder

Anamiguel Pomales-Ramos, B.S., Brooke Ingersoll, Ph.D., Michigan State University

(PS11-D86) Evaluation of Stressors and Perceived Needs of Low-income Black Pregnant and Postpartum Women Keaton Somerville, M.A., Kent State University

(PS11-D87) Characteristics and Utilization of a Pediatric Behavioral Health
Emergency Telephone Triage Service for Caregivers

Mary Kathryn M. Cancilliere, Ph.D.<sup>1</sup>, Anthony Spirito, Ph.D.<sup>2</sup>, Kathleen Donise, M.D.<sup>1</sup>, 1. Alpert Medical School of Brown University, 2. Brown University & Butler Hospital

- (PS11-D88) Using Appraisal Theory to Improve the Measurement of Racial Affect Emily J. Blevins, M.S., University of Illinois at Urbana-Champaign
- (PS11-D89) Mindfulness as a Predictor of Health Anxiety Above and Beyond Known Predictors

Megan Butcher, B.S., Samantha N. Hellberg, B.A., Thalia Caridad Rivero Quintana, Aidan Colvin, Lydia Adams, Heidi J. Ojalehto, B.S., Jennifer L. Buchholz, M.A., Jonathan S. Abramowitz, Ph.D., University of North Carolina at Chapel Hill

- (PS11-D90) Not All Judgements Are Created Equal: Addressing How Judgements of Anxious Others and Social Anxiety Symptoms Co-vary Using a Cluster Analysis Ryan J. Ferguson, M.A., Allison J. Ouimet, Ph.D., University of Ottawa
- (PS11-D91) Weight Bias in Healthcare: A Qualitative Study of Patient Perspectives Hannah F. Fitterman-Harris, M.S., Jillon S. Vander Wal, Ph.D., Saint Louis University

- (PS11-D92) Adverse Childhood Experiences and Perceived Stress: The Promotive Impact of Resilience
  - Tre D. Gissandaner, M.A., Jordan Gette, M.A., Adam T. Schmidt, Ph.D., Texas Tech University
- (PS11-D93) Coping Self-efficacy as a Mediator Between Traumatic Experiences and PTSD Symptoms in Men with Substance Use Disorders

Meghan Mette, B.A.<sup>1</sup>, Laurel Meyer, B.A.<sup>1</sup>, Christa R. Lewis, M.A.<sup>2</sup>, Kevin Wenzel, Ph.D.<sup>3</sup>, Rebecca Schacht, Ph.D.<sup>1</sup>, 1. University of Maryland, Baltimore County, 2. University of Maryland, 3. Maryland Treatment Centers

- (PS11-D94) Relationship Between Post Traumatic Symptom Severity, IBS, and Functional Dyspepsia
  - Jillian B. Berfield, B.A., Steven E. Bruce, Ph.D., University of Missouri, St. Louis
- (PS11-D95) Rejection Sensitivity and Emotional Maltreatment in Adolescent Females with Symptoms of Borderline Personality Disorder

Brooke A. Duarte, M.S.<sup>1</sup>, Leila Sachner, B.A.<sup>2</sup>, Sara Kimble, B.S.<sup>2</sup>, Luciana G. Payne, Ph.D.<sup>3</sup>, 1. Suffolk University, 2. McLean Hospital, 3. Mclean Hospital / Harvard Medical School

(PS11-D96) Storm and Tornado Fear Predicts Storm-related Safety Behaviors, Moderated by Fear of Destruction

Burkhart Hahn, B.S., Jacob D. Kraft, M.S., Kaitlyn Nagel, B.A., Danielle E. Deros, B.S., DeMond M. Grant, Ph.D., Oklahoma State University

(PS11-D97) Impact of Attachment Style on Relationship Satisfaction During COVID-19

Jacqueline Trumbull, B.A.<sup>1</sup>, Rachel E. Guetta, B.A.<sup>1</sup>, Kibby McMahon, M.A.<sup>1</sup>, Clair Cassiello-Robbins, Ph.D.<sup>1</sup>, M. Zachary Rosenthal, Ph.D.<sup>2</sup>, 1. Duke University, 2. Duke University Medical Center

(PS11-D98) The Effects of Sleep Quality on Diurnal Cycles of Positive and Negative Affect

Jiyoung Song, B.A., Peter D. Soyster, M.A., Aaron J. Fisher, Ph.D., University of California, Berkeley

### Sunday, November 21, 2021

11:30 a.m. - 1:30 p.m.

#### **POSTER SESSION 12**

#### Poster Session 12A

Key Words: Technology / Mobile Health, Clinical Utility, Student Issues

### (PS12-A1) Telehealth's Here to Stay?! Perspectives from Current Patients and Graduate Students

Erin A. McLean, M.A., Jennifer Lent, M.A., Janice Lu, B.A., Shilpa Raj, M.A., Phyllis S. Ohr, Ph.D., Hofstra University

(PS12-A2) Relationships Among Pubertal Stage, Worry, Rumination, and Internalizing Symptoms in a Youth Sample Treated for Anxiety Disorders Jacqueline Sullivan, M.A.<sup>1</sup>, Samantha K. Noose Glovak, M.A.<sup>1</sup>, Cecile D. Ladouceur, Ph.D.<sup>2</sup>, Jennifer Silk, Ph.D.<sup>3</sup>, Kristy Benoit Allen, Ph.D.<sup>1</sup>, 1. The University of Tennessee, Knoxville, 2. University of Pittsburgh School of Medicine, 3. Silk

# (PS12-A3) Relation of Parent and Child Dental Fear to Child Compliance in Dental Appointments

Jeongwi An, B.A., M.A.<sup>1</sup>, Christopher K. Owen, B.S., M.S.<sup>1</sup>, Sarah M. Lipinski, B.S.<sup>1</sup>, Kelly M. Hickey, M.A.<sup>2</sup>, Christa L. Lilly, B.S., M.S., Ph.D.<sup>1</sup>, Masahiro Heima, Ph.D.<sup>3</sup>, Cheryl B. McNeil, Ph.D.<sup>1</sup>, Daniel W. McNeil, Ph.D.<sup>1</sup>, 1. West Virginia University, 2. Case Western Reserve University, 3. Kagoshima University

### (PS12-A4) Impact of Early Social Skills Training in Targeting the Social Barriers Among Children with ASD

Ghowash Irshad, M.A.<sup>1</sup>, Amelia Yanchik, M.A.<sup>1</sup>, Michelle Grazioli, B.S.<sup>1</sup>, Peter Vietze, Ph.D.<sup>1</sup>, Sadaf Khawar, M.A.<sup>1</sup>, Chana Tilson, M.S.<sup>2</sup>, Leah Esther Lax, Ph.D.<sup>3</sup>, 1. Montclair State University, 2. Hand in Hand Early Childhood Center, 3. CARES

## (PS12-A5) PTSD and Negative Functioning: The Impact of Victim Blame and Distraction After Victimization Disclosure

Melanie D. Hetzel-Riggin, Ph.D.<sup>1</sup>, Francesca M. Giardina, B.A.<sup>2</sup>, Kelsey Fredericks<sup>3</sup>, Paige Brumett<sup>1</sup>, 1. Penn State Behrend, 2. The Pennsylvania State University, The Behrend College, 3. Penn State Erie, The Behrend College

### (PS12-A6) Are Latinx Youth Depressive Symptoms Related to family Functioning and Parental Acculturative Stress?

Alyssa Scurria, M.S., Lourdes Suarez-Morales, Ph.D., Nova Southeastern University

- (PS12-A7) Acceptability and Feasibility of Telehealth Delivered Written Exposure Therapy with College Students
  - Maya A. Krek, B.S., Benjamin W. Katz, B.A., Shawn P. Cahill, Ph.D., University of Wisconsin, Milwaukee
- (PS12-A8) Examining Time to Divorce: The Influence of Military Experiences and Service Member Mental Health Among a Sample of U.S. Army Couples Mollie E. Shin, B.A.<sup>1</sup>, Elizabeth S. Allen, Ph.D.<sup>1</sup>, Kayla Knopp, Ph.D.<sup>2</sup>, Galena Rhoades, Ph.D.<sup>3</sup>, Howard Markman, Ph.D.<sup>3</sup>, Scott Stanley, Ph.D.<sup>3</sup>, 1. University of Colorado, Denver, 2. VA San Diego Healthcare System, 3. University of Denver
- (PS12-A9) Reward Probability Mediates the Relationship Between Trauma Exposure and Posttraumatic Stress Among College Students

  Michael B. Quin, Jr., Daniel R. Loomis, M.A., Rebecca L. Laconi, M.A., Zachary Getz, M.A., Michael J. Gawrysiak, Ph.D., West Chester University of Pennsylvania
- (PS12-A10) The Relationship Between Age and Parent-reported Behavior in Individuals of Ages 2-21 with Selective Mutism Jenna Blum<sup>1</sup>, Rachel Canella<sup>2</sup>, Sharon Armstrong, Ph.D.<sup>2</sup>, Elisa Shipon-Blum<sup>1</sup>, Raiya Shah,<sup>1</sup>, 1. SMart Center, 2. La Salle University
- (PS12-A11) Attention-deficit/hyperactivity Disorder (ADHD) and Co-occurring Depression: Greater Risk for Drug Abuse?

  Annie Reiner, B.A., Matthew Jarrett, Ph.D., University of Alabama
- (PS12-A12) The Relationship Between NSSI Age of Onset and Current NSSI: Moderating Effects of Coping Strategies Nicole C. Cardinali, Margaret Andover, Ph.D., Fordham University
- (PS12-A13) Stressor Type Matters in Mindset Research: Differential Salience of Stress Categories in Ratings of Stress Mindset

  Elijah R. Murphy, M.A., Diana J. Cox, B.S., M.A., Feven Fisseha, B.A., Kathleen C.

  Gunthert, Ph.D., American University
- (PS12-A14) Comparing Eating Styles and Motives Between Hispanic and Non-hispanic White Female Undergraduates
  Riley M. Sebastian, B.A., Kirsten P. Peterson, B.S., Jacqueline Medici, B.S., Toreh Alysandra Jackson, Chloe R. Mullins, B.S., Isabel Gomez, Lindsey E. Parker, B.S., Jamie Smith, M.A., Jane Ellen E. Smith, Ph.D., University of New Mexico
- (PS12-A15) Does Rumination Play an Explanatory Role Within the Relationship Between Depression and Posttraumatic Stress Among Military Veterans? Evidence from a Treatment-seeking Sample
  - Luke F. Heggeness, M.A.<sup>1</sup>, Daniel J. Paulus, Ph.D.<sup>2</sup>, Desirae N. Vidaurri, Ph.D.<sup>3</sup>, Amanda M. Raines, Ph.D.<sup>3</sup>, 1. Kent State University, 2. University of Pittsburgh, 3. Southeast Louisiana Veterans Health Care System
- (PS12-A16) Comorbid Externalizing Disorders and Suicidality as Predictors of Targeting Traumatic Stress Among Youth with Posttraumatic Stress Disorder Austen Taylor K. Matro, B.A., Kalyn L. Holmes, M.A., University of Hawai'i at Mānoa
- (PS12-A17) Associations Between Rape Acknowledgment, Difficulties in Emotion Regulation, Posttraumatic Stress Disorder, and Growth Mindset Nicole J. Barle, M.A., Sin-Ying Lin, M.A., K. Daniel O'Leary, Ph.D., Stony Brook University

- (PS12-A18) Military Deployment: Measuring the Impact on Family Environment Hannah D. Hedriana, B.S., B.A.<sup>1</sup>, Caroline Lutzky, B.S.<sup>2</sup>, Demi Zhu, B.S.<sup>2</sup>, Deborah C. Beidel, ABPP, Ph.D.<sup>3</sup>, Rahul S. Mhaskar, M.P.H., Ph.D.<sup>1</sup>, Liwei Chen, Ph.D.<sup>1</sup>, Brian E. Bunnell, Ph.D.<sup>2</sup>, 1. University of South Florida Morsani College of Medicine, 2. University of South Florida, 3. University of Central Florida & UCF RESTORES
- (PS12-A19) The Relational Self-schema Measure: Predicting Trauma, Mood, and Anxiety Symptoms Delaney Adams, B.S., Stephen Paup, M.S., Walter D. Scott, Ph.D., Washington State University
- (PS12-A21) Stress, Coping, and Resilience in Parents of Children with Autism Spectrum Disorder

Patricia Andia Jara, B.S., Madison W. Silverstein, Ph.D., Loyola University New Orleans

- (PS12-A22) Examining the Effects of Impulsivity and Affect Regulation on Smoking Initiation in College Students; A Study of the Acquired Preparedness Model Michael A. Sustaíta, M.A.<sup>1</sup>, Aaron K. Haslam, Ph.D.<sup>2</sup>, Lee M. Cohen, Ph.D.<sup>3</sup>, 1. University of South Alabama, 2. Texas Tech University, 3. University of Mississippi
- (PS12-A23) The Mediating Role of Anger in the Association Between Childhood Maltreatment and Alcohol Use in Lesbian, Gay, and Bisexual Young Adults Gisselle Razo, B.S., Claire Hsieh, B.S., Ruby Charak, Ph.D., The University of Texas Rio Grande Valley
- (PS12-A24) Possible Implications of Increased Screen Time on Trait Mindfulness, Trait Anxiety and Experiential Avoidance Esther C. Killius, B.A., Joshua J. Broman-Fulks, Ph.D., Appalachian State University
- (PS12-A25) Perceived Moral Injury of Combat Veterans and Association with Public Stigma
  Sean A. Lauderdale, Ph.D., Ray Daniel, M.S., Kelli R. Lahman, B.S., Texas A & M

### Poster Session 12B

University Commerce

Key Words: Adolescents, Externalizing, Criminal Justice

(PS12-B26) Perceived Injunctive Norms and Marijuana Social Expectancies Among Juvenile Justice-involved Adolescent Marijuana Users
Nazaret C. Suazo, B.A.<sup>1</sup>, Lauren Micalizzi, Ph.D.<sup>1</sup>, Aya Cheaito, M.A.<sup>2</sup>, Kara A. Fox,

B.A.<sup>3</sup>, Lynn Hernandez, Ph.D.<sup>4</sup>, Kathleen Kemp, Ph.D.<sup>5</sup>, Anthony Spirito, Ph.D.<sup>6</sup>, 1. Brown University, 2. University of Vermont, 3. University of North Carolina at Chapel Hill, 4. City University of New York School of Medicine, 5. Rhode Island Hospital/Alpert Medical School of Brown University, 6. Brown University & Butler Hospital

(PS12-B27) Treatment Outcomes Related to Targeting Traumatic Stress Among Community Sample of Youth with Posttraumatic Stress Disorder Austen Taylor K. Matro, B.A., Holly R. Turner, M.A., University of Hawai'i at Manoa

- (PS12-B28) Evaluating the Novel Mask Delay Discounting Task: Association Between Delay Discounting, Political Party Identification, and Self-reported Mask Use Matthew J. Duyer, M.S., Connor A. Burrows, M.A., Schyler T. Newman, B.A., Bethany R. Raiff, Ph.D., Rowan University
- (PS12-B29) The Impact of Purpose in Life on Successful Strivings Two Years Later Kerry Kelso, M.A., Todd B. Kashdan, Ph.D., George Mason University
- (PS12-B30) Safety Behaviors and Health Anxiety in the Midst of the COVID-19 Pandemic

Rachel E. Quinn, B.A., Hannah Youtsler, None, Cynthia L. Dulaney, Ph.D., Xavier University

(PS12-B31) A Psychometric Validation Study of the Emotion Regulation Questionnaire (ERQ) in a Clinical Sample

Alexandra M. Andrea, M.A., Christina S. Galiano, M.A., Anthony J J. Rosellini, Ph.D., Timothy A A. Brown, Psy.D., Boston University

- (PS12-B32) Immigration-related Trauma, Acculturation and Mental Health Outcomes Among Latinx Adolescents
  - Tamara L. Greak, M.A., University of Miami
- (PS12-B33) An Experimental Investigation of Clinical Decision-making in Cognitive Behavioral Therapy When Therapists Work with African American vs. White Patients

Iony D. Ezawa, Ph.D.<sup>1</sup>, Daniel R. Strunk, Ph.D.<sup>2</sup>, 1. Vanderbilt University, 2. The Ohio State University

- (PS12-B34) Building a More Diverse and Inclusive Field of Psychology

  David R. Heckler, ABPP, Ph.D.¹, Anokhi Shah², 1. Dell Children's Medical Center/

  University of Texas at Austin, 2. The University of Texas at Austin
- (PS12-B35) Stress Generation Among Offspring of Parents with Anxiety Disorders Thomas J. Harrison, M.S.¹, Golda S. Ginsburg, Ph.D.², Isaac C. Smith, Ph.D.¹, Carissa M. Orlando, Ph.D.¹, 1. University of Connecticut Health Center, 2. University of Connecticut
- (PS12-B36) Establishment of the DC Autism Collaborative (DC-AC) to Improve the Behavioral Health of Children with Autism in the District of Columbia Serene Habayeb, Ph.D.<sup>1</sup>, Anne Inge, Ph.D.<sup>1</sup>, Yetta Myrick, B.A.<sup>2</sup>, Amanda Hastings, Psy.D.<sup>3</sup>, Shaakira Parker, M.P.H.<sup>3</sup>, Melissa Long, M.D.<sup>1</sup>, Olivia Soutullo, Ph.D.<sup>1</sup>, Leandra Godoy, Ph.D.<sup>1</sup>, 1. Children's National Hospital, 2. DC Autism Parents, 3. Children's National Health System
- (PS12-B37) How Brief Is Too Brief? A Mixed Method Examination of Outcomes in a Counseling Intervention for IPV
  - Sara B. Danitz-Steinhardt, Ph.D.<sup>1</sup>, Danielle Shayani, B.S.<sup>1</sup>, Colin T. Mahoney, Ph.D.<sup>2</sup>, Katherine M. Iverson, Ph.D.<sup>3</sup>, 1. National Center for PTSD, 2. Western New England University, 3. Boston University School of Medicine & National Center for PTSD
- (PS12-B38) Impact of Brief Writing Interventions on Affect and Covid-related Stress M. Alexandra Kredlow, Ph.D., Javiera Oyarzun, Ph.D., Jocelyn Shu, Ph.D., Olivia T. Karaman, B.A., Elizabeth A. Phelps, Ph.D., Harvard University

(PS12-B39) Associations Between Adverse Childhood Experiences and Health-related Quality of Life, Depression, and Substance Use in Adulthood: Findings from the 2011, 2012, and 2016 BRFSS Surveys

Da Eun Suh, M.A., Austen Taylor K. Matro, B.A., Holly R. Turner, M.A., University of Hawai'i at Manoa

(PS12-B40) Adolescent Stress Experience-expression-physiology Correspondence: Links to Psychopathology and Frontolimbic Neural Circuity

Jason J. Bendezu, Ph.D., Michelle E. Thai, M.A., Andrea Wiglesworth, B.S., Kathryn R. Cullen, M.D., Bonnie Klimes-Dougan, Ph.D., University of Minnesota

(PS12-B41) Associations Between School Modality and Youth Mental Health in the COVID-19 Pandemic

Hannah Grassie, B.A.<sup>1</sup>, Rinatte L. Gruen, B.A.<sup>1</sup>, Jonathan S. Comer, Ph.D.<sup>2</sup>, Angela Evans, Ph.D.<sup>3</sup>, Tara Peris, Ph.D.<sup>4</sup>, Donna B. Pincus, Ph.D.<sup>5</sup>, Lindsay Malloy, Ph.D.<sup>6</sup>, Ashley R. Karlovich, BA<sup>1</sup>, Hanan Salem, B.A.<sup>2</sup>, Jill Ehrenreich-May, Ph.D.<sup>1</sup>, 1. University of Miami, 2. Florida International University, 3. Brock University, 4. University of California, Los Angeles, 5. Boston University, 6. Ontario Tech University

(PS12-B43) Patterns of Adverse Childhood Experiences and Their Associations with Health Outcomes in Adulthood

Holly R. Turner, M.A., Austen Taylor K. Matro, B.A., Taylor A. Stacy, M.A., John P. Barile, Ph.D., University of Hawai'i at Manoa

(PS12-B44) Assessing Intervention Appropriateness and Acceptability Amongst Indian College Students

Tanvi Malhotra, B.A.<sup>1</sup>, Niwedita Nandakumar, B.A.<sup>2</sup>, Nandita Tuteja, B.A.<sup>2</sup>, Akash R. Wasil, M.A.<sup>3</sup>, Avantika Bhatia, Ph.D.<sup>2</sup>, Robert J. DeRubeis, Ph.D.<sup>3</sup>, 1. Ashoka University, India, 2. Ashoka University, 3. University of Pennsylvania

(PS12-B46) Differences in Reported Mental Health Symptoms Across Racial and Ethnic Groups in the United States and Canada Amid the COVID-19 Public Health Crisis

Hanan Salem, B.A.¹, Angela Evans, Ph.D.², Lindsay Malloy, Ph.D.³, Tara Peris, Ph.D.⁴, Donna B. Pincus, Ph.D.⁵, Jill Ehrenreich-May, Ph.D.⁶, Jonathan S. Comer, Ph.D.¹, 1. Florida International University, 2. Brock University, 3. Ontario Tech University, 4. University of California, Los Angeles, 5. Boston University, 6. University of Miami

(PS12-B47) Improvements in Direct and Indirect Telehealth Use and Satisfaction During a Community-based Learning Collaborative

Megan O. Bird, B.S., Steven Lawyer, Ph.D., Samuel O. Peer, Ph.D., Idaho State University

#### **Poster Session 12C**

Key Words: Risk / Vulnerability Factors, Body Image, Body Dysmorphic Disorder

(PS12-C50) Conformity to Masculine Norms, Masculine Discrepancy Stress, and the Development of Muscle Dysmorphia Symptoms

William Grunewald, M.A.<sup>1</sup>, Shruti S. Kinkel-Ram, B.S.<sup>2</sup>, April R. Smith, Ph.D.<sup>2</sup>, 1. Auburn University, 2. Miami University

- (PS12-C51) Obsessive-compulsive and Depressive Symptoms as Predictors of Loneliness: Insights from Data Gathered During the COVID-19 Pandemic Emma C. Wolfe, B.A.<sup>1</sup>, Zoë E. Laky, B.A.<sup>1</sup>, Susanne S. Hoeppner, Ph.D.<sup>1</sup>, Angela Fang, Ph.D.<sup>2</sup>, Noah C. Berman, Ph.D.<sup>3</sup>, Sabine Wilhelm, Ph.D.<sup>4</sup>, 1. Massachusetts General Hospital, 2. University of Washington, Seattle, 3. College of the Holy Cross, 4. Harvard Medical School
- (PS12-C52) Visuospatial Impairments in Body Dysmorphic Disorder: Relationship to Severity and Comorbidities

  Margaret D. Hall, B.A.<sup>1</sup>, Emily E. Bernstein, Ph.D.<sup>1</sup>, Susanne S. Hoeppner, Ph.D.<sup>1</sup>, Julia Carrellas, B.A.<sup>1</sup>, Jennifer L. Greenberg, Psy.D.<sup>2</sup>, Katharine A. Phillips, M.D.<sup>3</sup>, Sabine Wilhelm, Ph.D.<sup>2</sup>, 1. Massachusetts General Hospital, 2. Harvard Medical School, 3. Weill Cornell Medical College
- (PS12-C53) Psychotherapy Theories, Methods, and Practitioners of the Future: An Expert Poll
  Rory A. Pfund, Ph.D.<sup>1</sup>, Danielle M. Cook, B.S.<sup>2</sup>, John C. Norcross, ABPP, Ph.D.<sup>2</sup>, 1. University of New Mexico, 2. University of Scranton
- (PS12-C54) Emotion Regulation in Response to Intrusive Thoughts: The Role of Alexithymia Molly H. Nadel, B.A.<sup>1</sup>, Jumi Hayaki, Ph.D.<sup>2</sup>, Noah C. Berman, Ph.D.<sup>2</sup>, 1. Home Base, Massachusetts General Hospital, 2. College of the Holy Cross
- (PS12-C55) Clinician Opinions: Perceived Utility of and Barriers to Incorporating Pre-treatment Ecological Momentary Assessment into Clinical Care Peter D. Soyster, M.A., Aaron J. Fisher, Ph.D., University of California, Berkeley
- (PS12-C56) Early Predictors of Treatment Nonresponse in Dialectical Behavior Therapy

  Qingqing Yin, M.S., Molly Stern, B.A., Shireen L. Rizvi, ABPP, Ph.D., Rutgers University, The State University of New Jersey
- (PS12-C57) Nondisruptive Technologies' Potential for Enhancing Mental Health Treatment: A Case Study
  Shiri Sadeh-Sharvit, Ph.D.<sup>1</sup>, Steven D. Hollon, Ph.D.<sup>2</sup>, 1. Center for m2Health, Palo Alto University and Eleos health, 2. Vanderbilt University
- (PS12-C58) Examining Prior Experiences of Cybervictimization as a Predictor for Prosocial Bystander Attitudes Towards Cyberbullying

  Elisa Liang, B.A.<sup>1</sup>, Emily R. Kutok, B.S., B.A.<sup>1</sup>, Shira Dunsiger, Ph.D.<sup>2</sup>, Megan Ranney, M.P.H., M.D.<sup>3</sup>, 1. Brown-Lifespan Center for Digital Health, 2. Brown University, 3. Alpert Medical School of Brown University
- Emotional Disoders

  Jorge Osma, Ph.D.<sup>1</sup>, Óscar Peris-Baquero, M.S.<sup>1</sup>, Laura Martínez-García, M.S.<sup>1</sup>, Maria Vicenta Navarro-Haro, Ph.D.<sup>1</sup>, Vanesa Ferreres-Galan<sup>2</sup>, Alba B. Quilez-Orden<sup>1</sup>, 1.

(PS12-C59) Impact of Comorbidity on Treatment Outcomes in Patients with

Vicenta Navarro-Haro, Ph.D.¹, Vanesa Ferreres-Galan², Alba B. Quilez-Orden¹, 1. Universidad de Zaragoza, 2. Universidad de Zaragoza; Instituto de Investigación Sanitaria de Aragón; Hospital Comarcal de Vinaròsl

(PS12-C60) Limiting Time on Social Media Helps Reduce Depression, but Muting Strangers Further Reduces FOMO and Social Comparison Melissa G. Hunt, Ph.D., Elisa Xu, Alissa Fogelson, Julia Rubens, University of Pennsylvania

- (PS12-C61) Increase Relatedness Satisfaction Through Daily Journaling Chan N. To, B.A., Anthony H. Ahrens, Ph.D., American University
- (PS12-C62) Ruminating on Depressive Symptoms Predicts Transdiagnostic Remission When Controlling for General Rumination and Affect Bryanna K. Mackey, Lucas S. LaFreniere, Ph.D., Skidmore College
- (PS12-C63) An Adapted Dialectical Behavior Therapy Skills Program: A Case Series *Joelle Lim*, M.A.<sup>1</sup>, Michelle Y. Tan, PsyM<sup>2</sup>, Rie Kubota, Ph.D.<sup>1</sup>, 1. Institute of Mental Health, Singapore, 2. Institute of Mental Health, Singapore; James Cook University, Singapore
- (PS12-C64) Within-person Changes in Aversive Reactivity Predict Session-to-session Reductions in Anxiety and Depression in the Unified Protocol Stephen A. Semcho, M.A., Matthew W. Southward, Ph.D., Shannon Sauer-Zavala, Ph.D., University of Kentucky
- (PS12-C65) The Efficacy of the Unified Protocol in Treating Borderline Personality Disorder Martina Fruhbauerova, B.S., Shannon Sauer-Zavala, Ph.D., University of Kentucky
- (PS12-C66) The Rapid Delivery of DBT Skills: A Two-week Group Intensive Outpatient Program Benjamin D. Johnides, Ph.D.<sup>1</sup>, Molly Friedel, B.S.<sup>1</sup>, Ethan Chee, B.S.<sup>1</sup>, Alexandra P. Bishop, B.A.<sup>1</sup>, David H. Rosmarin, ABPP, Ph.D.<sup>2</sup>, 1. Center for Anxiety, Brooklyn, NY, 2. Harvard Medical School
- (PS12-C67) Cyberstalking: Gender Differences and Correlations with Externalizing Personality Traits

  Krystal A. Ervin, M.S., Sean A. Lauderdale, Ph.D., Texas A&M University Commerce
- (PS12-C68) Virtual Self-compassion Training Reduces Negative Affect and Bedtime Procrastination

  Along Fran MA Alicia K. Lober MA Malong Gimenes Tablela BA Tarren

Alana Egan, M.A., Alicia K. Lopez, M.A., Malena Gimenez-Zapiola, B.A., Tarryn B. Pollard, B.A., Bailey R. Pascuzzi, B.S., Harleen K. Sandhu, M.P.H., M.D., Jay Short, M.S., LPC, Steven L. Bistricky, Ph.D., University of Houston, Clear Lake

- (PS12-C69) Preliminary Findings for the Feasibility of the Telehealth Delivery of Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents

  Ashley R. Karlovich, B.A., Elizabeth Halliday, B.S., Hannah Grassie, B.A., Jill Ehrenreich-May, Ph.D., University of Miami
- (PS12-C70) Clinical Characteristics and Outcomes of Anxious-depressed versus Anxious-only Youth in the Context of a Transdiagnostic Intervention Study Felix Angulo, B.A.<sup>1</sup>, Pauline Goger, M.S.<sup>2</sup>, V. Robin Weersing, Ph.D.<sup>1</sup>, 1. San Diego State University, 2. San Diego State University /University of California San Diego Joint Doctoral Program in Clinical Psychology
- (PS12-C71) Emotion Regulation and Clinical Profile of People with Borderline Personality Disorder and Comorbid Eating Disorders: Does the Type of Eating Behavior Matter?

Maria Vicenta N. Navarro Haro, Ph.D.<sup>1</sup>, Carlos Suso Ribera, Ph.D.<sup>2</sup>, Azucena García-Palacios, Ph.D.<sup>2</sup>, 1. University of Zaragoza, Spain, 2. Jaume I University

(PS12-C72) What's the Process in Processing?: Linguistic Analysis of Cohesiveness During COPE Therapy for PTSD and Substance Use Disorders

Erin M. Gandelman, M.S.¹, Elliot Borge, B.A.¹, Therese Killeen, Ph.D.², Elizabeth J. Santa Ana, Ph.D.², Steven A. Miller, Ph.D.¹, Sudie E. Back, Ph.D.², 1. Rosalind Franklin University of Medicine and Science, 2. Medical University of South Carolina

#### Poster Session 12D

Key Words: Depression, Clinical Decision Making, Pain

(PS12-D73) Influence of Depression and Other Factors on Treatment Decisions About Other Health Conditions

Kalpana Sundaram, M.S.<sup>1</sup>, Laura Dunn, M.D.<sup>2</sup>, Ricardo F. Munoz, Ph.D.<sup>1</sup>, Yan Leykin, Ph.D.<sup>1</sup>, 1. Palo Alto University, 2. Stanford University

(PS12-D74) Summer Seasonal Affective Disorder: A Systematic Review of Prevalence and Epidemiological Predictors

Emily J. Casteen, B.S., Stephanie E. Punt, M.A., Annaleis K. Giovanetti, M.A., Stephen S. Ilardi, Ph.D., University of Kansas

(PS12-D75) Comparison of PCIT for Children with and Without Autism in a Private Practice with Community-based Providers

Robin Han, M.S.<sup>1</sup>, Suzi Naguib, Psy.D.<sup>2</sup>, Christopher K. Owen, B.S., M.S.<sup>1</sup>, Lindsay R. Druskin, B.A.<sup>1</sup>, Erinn J. Victory, B.A.<sup>1</sup>, Kelsey R. Keen<sup>1</sup>, Rachel L. Piper, LCSW<sup>2</sup>, Samantha N. Holbert<sup>1</sup>, Sophia Shank<sup>1</sup>, Cheryl B. McNeil, Ph.D.<sup>1</sup>, 1. West Virginia University, 2. Sunfield Center

- (PS12-D76) Sexual Assault History, Emotion Dysregulation, Substance Use, and Internal and External Sexual Consent: A Path Model
  - Stephanie B. Ward, B.A.<sup>1</sup>, Kate Walsh, Ph.D.<sup>1</sup>, Sarah Lowe, Ph.D.<sup>2</sup>, 1. University of Wisconsin, Madison, 2. Yale School of Public Health
- (PS12-D78) Need to Be Wanted and Safe: Early Maladaptive Cognitions Associated with Cyber Psychological Abuse Perpetration Post Break-up Bridget N. Jules, B.A., Iris F. McMillan, M.A., Victoria L. O'Connor, M.A., Fallon J. Richie,
- M.A., Jennifer Langhinrichsen-Rohling, Ph.D., University of North Carolina, Charlotte (PS12-D79) Family Processes Operating at Previously Unknown Within-day Level: Using Ecological Momentary Assessment to Capture Effects of Peers and Family

Relationships on Internalizing Affect

James L. Huettig, B.A., Alexandra Rodman, Ph.D., John Flournoy, Ph.D., Katie A.

McLaughlin, Ph.D., Harvard University

- (PS12-D80) Profiles of Asocial Behavior Among Low Income, Urban Youth Abbey L. Friedman, B.S., George O. Emory, Deborah A. Drabick, Ph.D., Temple University
- (PS12-D81) An Evaluation of the Multidimensional Group Fidelity Scale Provider (MGFS-P) for Act & Adapt

Jesus E. Solano, M.A., Sofia Sytniak, B.S., Amber Ramos, B.A., Laura Saldana, B.A., Haedy Gorostieta, B.A., Antonio Polo, Ph.D., DePaul University

- (PS12-D82) Interpersonal Emotion Regulation and Strategy Selection: The Role of Efficacy and Goals
  - Kelsey J. Pritchard, Ph.D., Peter G. Mezo, Ph.D., University of Toledo
- (PS12-D84) Rising Temporal Autocorrelation in Affect Is Associated with Future Worsening in Depression: A Dynamical Systems Approach

Joshua E. Curtiss, Ph.D.<sup>1</sup>, Szymon Fedor, Ph.D.<sup>2</sup>, Rosalind Picard, Ph.D.<sup>2</sup>, Paola Pedrelli, Ph.D.<sup>1</sup>, 1. Massachusetts General Hospital, 2. Massachusetts Institute of Technology

- (PS12-D85) Co-brooding and Co-reflection: Risk and Protective Factors for Depression Risk
  - Jessica Balderas, M.A., Rick Ingram, Ph.D., University of Kansas
- (PS12-D86) Unemployment Status and Employment Related Stress on Depression and Anxiety Symptomatology in the Context of COVID-19

Grace N. Martin, Kathleen E. Kildosher, Danielle L. Hoyt, M.A., Teresa Leyro, Ph.D., Samantha G. Farris, Ph.D., Rutgers University

(PS12-D87) Multi-faceted Examination of Depression: How Positive Affect Regulation and Camouflaging Are Related

Madison N. Beedon, B.A.<sup>1</sup>, Courtney J. Bernardin<sup>2</sup>, Debora J. Bell, Ph.D.<sup>2</sup>, 1. Miami University, 2. University of Missouri

(PS12-D88) Examining the Predictive Value of Early Symptom Change in CBT for Depression

Haley Hart, B.A., Stephanie E. Punt, M.A., Annaleis K. Giovanetti, M.A., Mariana Rincon Caicedo, B.A., Brendon T. Elliott, B.A., University of Kansas

- (PS12-D89) Likelihood of Depression Among Individuals with a Substance Abuse Disorder, with Implications for the Criminal Justice System

  Bianca Castellano, B.A., Craig D. Marker, Ph.D., Mercer University
- (PS12-D90) Sex Differences in Patients with Chronic Pain Undergoing Multidisciplinary Pain Rehabilitation: A Systematic Review Lindsay G. Flegge, Ph.D., LCSW, Eric Lake, M.A., Julia R. Craner, ABPP, Ph.D., Carnigee Truesdale, ABPP, Psy.D., Mary Free Bed Rehabilitation Hospital
- (PS12-D91) Should Discharge Be Collaborative? Assessing Fixed and Flexible Discharge Dates in an Intensive Outpatient Program

Craig A. Warlick, Ph.D.¹, Jonathan Poquiz, Ph.D.², Rheanna L. Standridge, B.S.¹, Jonathan Huffman, M.A.³, Leslie DeLong, Ph.D.⁴, Juliet Nelson, Ph.D.⁵, 1. University of Southern Mississippi, 2. Lurie Children's Hospital of Chicago, 3. University of Kansas, 4. Private Practice, 5. DBT Center of Lawrence

(PS12-D92) Mentalizing Imagery Therapy Promotes Connectedness to Nature and Reduces Depression: Secondary Analysis of a Randomized Controlled Trial Ashley K. Meyer, B.A.<sup>1</sup>, Liliana A. Ramirez Gomez, M.D.<sup>1</sup>, Maren B. Nyer, Ph.D.<sup>1</sup>, Richard Liu, Ph.D.<sup>1</sup>, Hitoshi Sakurai, M.D., Ph.D.<sup>2</sup>, David Mischoulon, M.D., Ph.D.<sup>1</sup>, Joseph A. Zamaria, Psy.D.<sup>3</sup>, Simmie Foster, M.D., Ph.D.<sup>4</sup>, Emma R. Hayden, B.S.<sup>5</sup>, Paola Pedrelli, Ph.D.<sup>1</sup>, Felipe Jain, M.D.<sup>6</sup>, 1. Massachusetts General Hospital, 2. Kyorin University School of Medicine, 3. University of California, San Francisco, 4. Harvard Medical School, 5. McLean Hospital, 6. Harvard Medical School / Massachusetts General Hospital

### POSTER SESSION 13

#### Poster Session 13A

Key Words: Addictive Behaviors, Adult, College Students

- (PS13-A1) Differential Impact of Alcohol and Marijuana Use Among College Students During the COVID-19 Pandemic
  - Margaret A. Caruso, M.S., Alyson L. Futral, Christopher J. Correia, Ph.D., Auburn University
- (PS13-A2) Intimate Relationship Functioning and Prevalence of Psychopathology in African American and Caribbean Black Adolescents
  - Bailey A. Steele, B.A., Aerin Scoles, B.A., Mark A. Whisman, Ph.D., University of Colorado Boulder
- (PS13-A3) Examining the Association Between Post-traumatic Stress Disorder and Relationship Satisfaction Among First Responders: The Mediating Role of **Emotion Dysregulation** 
  - Donald A. Godfrey, III, M.A., Maya Zegel, M.A., Julia Babcock, Ph.D., Anka A. Vujanovic, Ph.D., University of Houston
- (PS13-A5) Which Depressive Symptoms Are Valued Most? An Assessment of Subjective Importance Ratings of PHO-9 Items with Indian Adolescents Emma H. Palermo<sup>1</sup>, Eirini Zoupou<sup>1</sup>, Akash Wasil, M.A.<sup>1</sup>, Sarah Gillespie, B.A.<sup>2</sup>, Suh Jung Park, B.A.<sup>3</sup>, Robert J. DeRubeis, Ph.D.<sup>1</sup>, 1. University of Pennsylvania, 2. University of Minnesota, 3. University of Missouri, Columbia
- (PS13-A6) Measuring Excessive Reassurance Seeking in Adolescents and Evaluating Its Role in Perceptions of Parenting and Anxiety Sarah E. Francis, Ph.D., Mackenzie A. Trevethan, University of Toledo
- (PS13-A7) Associations Between Perceived Stress and White Matter Tract Integrity in Trauma Exposed Women with and Without PTSD Taryn Fitzgerald, B.A., Steven E. Bruce, Ph.D., University of Missouri, St Louis
- (PS13-A8) Cancer Stage at Diagnosis Moderates the Relationship Between Depression and Physical Activity in Cancer Survivors
  - Pallavi V. Babu, M.A., Alex H. Buhk, M.A., Rachel A. Bond, B.A., Jason C. Levine, Ph.D., University of Toledo
- (PS13-A9) The Importance of Oral Language in Youth's Academic Achievement Paige N. Picou, B.S., Paige F. Adenuga, B.S., Thompson E. Davis, III, Ph.D., Louisiana State University

- (PS13-A10) Posttraumatic Stress Disorder Symptom Severity and Substance Use Risk During Romantic Conflict: The Roles of Emotion Regulation Difficulties and Communication
  - Ariana G. Vidaña, M.A., Anna C. Barbano, B.S., Kayla M. Scamaldo, M.A., Kim L. Gratz, Ph.D., Matthew T. Tull, Ph.D., University of Toledo
- (PS13-A11) Migraine in College Students: Examining the Role of Emotion Dysregulation
  - Patricia J. Mejia, B.S., Michael J. McDermott, Ph.D., University of Louisiana at Lafayette
- (PS13-A12) Does Social Disadvantage Predict Access to General Counseling Services and Do These Services Mediate Subsequent Adult Arrest in Externalizing Youth? Lessons from the ADD Study
  - Cameron M. Perrine, M.A., Ana J. Bridges, Ph.D., University of Arkansas
- (PS13-A13) Utility of the CBCL as a Predictor of Autism-related Behaviors

  Jessica V. Smith, B.S., Kimberly Schauder, Ph.D., Alyssa D. Verbalis, Ph.D., Anna Chelsea

  Armour, M.A., Lauren Kenworthy, Ph.D., Center for Autism Spectrum Disorders,
  Children's National Hospital
- (PS13-A14) The Impact of Depression on Stress Coping Strategies Following Decreased Sleep
  - Feven Fisseha, B.A., Amanda Chue, Ph.D., Kathleen C. Gunthert, Ph.D., American University
- (PS13-A15) Therapists' Perceptions of Self-disclosure as a Function of Their Clinical Experience, Therapeutic Orientation, and Contextual Factors: A Mixed Design Antigoni Kotsiou, M.A., Barber National Institute
- (PS13-A16) The Impact of Shared Decision Making on Treatment Engagement in Youth with Post-traumatic Stress

  Caroline Nelson, B.A.<sup>1</sup>, Laura J. Nelson Darling, M.A.<sup>1</sup>, Alicia R. Fenley, M.A.<sup>1</sup>, Shiba M. Esfand, B.A.<sup>1</sup>, David A. Langer, ABPP, Ph.D.<sup>2</sup>, Emily Nickson, B.S.<sup>3</sup>, Bruce F. Chorpita, B.A., M.A., Ph.D.<sup>4</sup>, 1. Boston University Center for Anxiety and Related Disorders, 2. Suffolk University, 3. Boston College, 4. University of California, Los Angeles
- (PS13-A17) Borderline Personality Disorder Symptoms Account for the Association Between Social Anxiety and Cannabis Use Problems Katherine A. McDermott, M.S., Jesse R. Cougle, Ph.D., Florida State University
- (PS13-A18) More Than One Way out of the Closet: Denying Linear Models of LGB Identity Development Camron J. Williams, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina
  - Camron J. Williams, Sara E. Roles, B.S., David T. Solomon, Ph.D., Western Carolina University
- (PS13-A19) The Role of Liability Considerations in Mental Health Clinicians'
  Treatment of Suicidal Patients
  Rocky B. Marks, B.A., Yu-Chin Lin, M.S., Nicole L. Moreira, M.A., Katherine L. O'Connell,
  - Rocky B. Marks, B.A., Yu-Chin Lin, M.S., Nicole L. Moreira, M.A., Katherine L. O'Connell, M.S., Keyne C. Law, Ph.D., Seattle Pacific University
- (PS13-A20) Investigating the Moderating Role of Social Support in the Relationship Between Perceived Stress and Suicidal Ideation History, Recency, and Frequency Anne C. Knorr, B.A., Brooke Ammerman, Ph.D., University of Notre Dame

- (PS13-A21) Experiential Avoidance, Emotional Resilience, and Help-seeking Among University Students
  - Jennifer L. Barinas, M.A., Ryon McDermott, Ph.D., University of South Alabama
- (PS13-A22) Principal Component Analysis of the Verbal and Physical Bullying Scale for Latinx Youth

Guadalupe Gutierrez, M.A., Susan M. Swearer, Ph.D., Raul A. Palacios, II, Ed.S., Cesar A. Torres Mulgado, M.A., University of Nebraska, Lincoln

(PS13-A23) Emotion Regulation Mediates the Relation Between Interpretation Biases and Psychopathology in an Adolescent Inpatient Sample

Elizabeth M. Raines, M.A., Erika S. Trent, M.A., Haley E. Conroy, B.A., Karina Silva, B.A., Andres G. Viana, ABPP, Ph.D., University of Houston

(PS13-A24) The Role of Dissociation on the Association Between Sexual Victimization and Emotion Dysregulation

Haley R. Church, B.S.<sup>1</sup>, Shaina A. Kumar, M.A.<sup>1</sup>, Terri L. Messman, Ph.D.<sup>2</sup>, Kim L. Gratz, Ph.D.<sup>3</sup>, David DiLillo, Ph.D.<sup>1</sup>, 1. University of Nebraska, Lincoln, 2. Miami University, 3. University of Toledo

(PS13-A25) The Impact of Adverse Childhood Experiences on Adults' Reactions to the COVID-19 Pandemic

David T. Solomon, Ph.D., Sloan White, Cathy Grist, Ph.D., Western Carolina University

#### **Poster Session 13B**

Key Words: LGBTQ+, Trauma, Violence / Sexual Assault

- (PS13-B26) Social Support as a Buffer of the Association Between Sexual Assault and Trauma Symptoms Among Transgender and Gender Diverse Individuals

  Lauren Grocott, B.A.<sup>1</sup>, Thomas E. Schlechter, B.A.<sup>1</sup>, Shannon Wilder, Ph.D.<sup>2</sup>, Christine A. Gidycz, Ph.D.<sup>3</sup>, Ryan C. Shorey, Ph.D.<sup>1</sup>, 1. University of Wisconsin, Milwaukee, 2. Eastern Kansas VA, 3. Ohio University
- (PS13-B27) Parental Experience Implementing Evidence-based Encopresis Treatment: Where We Are and Where We Can Go
  Elise Cohen, Psy.D., Hilary B. Vidair, Ph.D., Faithlynn Morris, M.A., M.S., Megan Moxey, M.A., M.S., LIU Post
- (PS13·B28) Construct Validity of the Adult, Rejection Sensitivity Questionnaire Kayla A. Lord, M.S., Michael Suvak, Ph.D., Gabrielle I. Liverant, Ph.D., Suffolk University
- (PS13-B29) Everyday LGBTQ+ Family Conversations Among LGBTQ+ Youth: A Qualitative Thematic Analysis

Colin Tidwell, B.A.<sup>1</sup>, Deanna M. Kaplan, Ph.D.<sup>2</sup>, Janine Galione, Ph.D.<sup>3</sup>, Nicole Nugent, Ph.D.<sup>4</sup>, Matthias R. Mehl, Ph.D.<sup>1</sup>, 1. University of Arizona, 2. Brown University, 3. Rhode Island Hospital/Alpert Medical School of Brown University, 4. Brown University Med School

(PS13-B30) Who Looks on the Bright Side? Optimism of Low-income Parents with a Clinic-referred Young Child

Kat L. Wright<sup>1</sup>, Alexandra Sullivan, B.S.<sup>2</sup>, Nicole Breslend, Ph.D.<sup>2</sup>, April Highlander, M.A.<sup>3</sup>, Rex Forehand, Ph.D.<sup>2</sup>, Deborah J. Jones, Ph.D.<sup>3</sup>, 1. University of Kentucky, 2. University of Vermont, 3. University of North Carolina at Chapel Hill

(PS13-B31) Preliminary Investigation of the Relationship Between Internalized Stigma, Experiential Avoidance, and Suicidal Thoughts and Behaviors in College Students

Maya Nauphal, M.A.<sup>1</sup>, Nicole D. Cardona, M.A.<sup>2</sup>, Vinushini Arunagiri, Ph.D.<sup>3</sup>, Erin F. Ward-Ciesielski, Ph.D.<sup>2</sup>, 1. Center for Anxiety and Related Disorders, Boston University, 2. Boston University, 3. McLean Hospital

(PS13-B32) Suicide Risk & Psychiatric Symptoms Among post-9/11 Justice-involved Veterans

Blake Martin, M.A.<sup>1</sup>, Ryan Holliday, Ph.D.<sup>2</sup>, Claire A. Hoffmire, Ph.D.<sup>2</sup>, Rani Hoff, Ph.D.<sup>3</sup>, Lindsey Monteith, Ph.D.<sup>2</sup>, 1. UT Southwestern Medical Center & VA North Texas Health Care System, 2. Rocky Mountain Mental Illness Research, Education and Clinical Center, 3. Yale University School of Medicine, Department of Veterans Affairs

- (PS13-B33) The Competencies in Cognitive Therapy Scale 10: A Brief Measure of Cognitive Therapy Skills for Use in Research and Clinical Practice Samuel T. Murphy, M.A., Daniel R. Strunk, Ph.D., The Ohio State University
- (PS13-B34) Assessing the Four-factor Structure of the Personality Assessment Inventory Borderline Features (PAI-BOR) Scale for LGB Individuals Daniel S. Brunette, B.A., Logan M. Wahl, B.A., Jennifer S. Cheavens, Ph.D., The Ohio State University
- (PS13-B35) Eveningness Chronotype Associated with Trait Mindfulness Among Adolescents with ADHD: A Pilot Study Jessica R. Lunsford-Avery, Ph.D., Naomi Ornstein Davis, Ph.D., John T. Mitchell, Ph.D., Duke University Medical Center
- (PS13-B36) Changes in Behavioral Inhibition in Response to Cognitive Behavioral Therapies in a Sample of Adults with Anxiety Disorders

  Lauren S. Woodard, B.A.<sup>1</sup>, Erin F. Ward-Ciesielski, Ph.D.<sup>2</sup>, Todd J. Farchione, Ph.D.<sup>2</sup>, David H. Barlow, ABPP, Ph.D.<sup>1</sup>, 1. Boston University Center for Anxiety and Related Disorders, 2. Boston University
- (PS13-B37) Revisiting Suicide Screening ~ Why Some Attempters Can Be Missed?

  Eric Uhl, B.A.¹, Haley Raybin, B.A.¹, Ricardo F. Munoz, Ph.D.¹, Nancy H. Liu, Ph.D.², Suzanne Barakat, M.D.³, Monica Garza, Ph.D.⁴, Yan Leykin, Ph.D.¹, 1. Palo Alto University, 2. University of California, Berkeley, 3. University of California, San Francisco, 4. Legacy Community Health
- (PS13-B38) Subjective Well-being Before and After Cognitive Behavioral Treatment for Emotional Disorders: Differences Between Majority and Minority Ethnoracial Groups

Nicole D. Cardona, M.A.<sup>1</sup>, Erin F. Ward-Ciesielski, Ph.D.<sup>1</sup>, Maya Nauphal, M.A.<sup>2</sup>, Jacqueline R. Bullis, Ph.D.<sup>3</sup>, Todd J. Farchione, Ph.D.<sup>1</sup>, 1. Boston University, 2. Center for Anxiety and Related Disorders, Boston University, 3. McLean Hospital/Harvard Medical School

- (PS13-B39) Which Evidence-based Content Is Best Suited for Brief Online Interventions? Comparing the Acceptability and Perceived Utility of Modules in the Common Elements Toolbox (COMET)
  - Joshua S. Steinberg, None, Akash Wasil, M.A., Robert J. DeRubeis, Ph.D., University of Pennsylvania
- (PS13-B40) Associations Between Sexual and Gender Minority Identity and PTSD Symptom Clusters Among Veterans Seeking Military Sexual Trauma-related Treatment

Autumn Rae Florimbio, Ph.D.¹, Travis A. Rogers, M.S.², Jennifer D. Wong, Ph.D.³, Diana C. Bennett, Ph.D.³, Madeleine S. Goodkind, Ph.D.³, Minden B. Sexton, Ph.D.¹, 1. Ann Arbor Veterans Healthcare System, 2. Auburn University, 3. New Mexico VA Health Care System

- (PS13-B41) Predictors of Parenting Sense of Competence for Fathers During COVID-19
  - Lauren B. Jones, M.A., Nicole Baumgartner, B.A., Natalee N. Price, M.A., Elizabeth J. Kiel, Ph.D., Miami University
- (PS13-B42) Parent Verbosity and Verbal Aggression Moderate Parent and Child Stress During the COVID-19 Pandemic

Kate L. Senich, B.S., Li Shen Chong, M.A., Elana Gordis, Ph.D., University at Albany, State University of New York

- (PS13-B43) Effects of the Managing Frustration for Children (MFC) with ADHD Group Intervention on Functional Impairment over Time: An Open Trial Helena F. Alacha, M.A., The University of Louisville
- (PS13-B44) The Effect of Maternal Childhood Trauma on Child Internalizing Symptoms: The Mediating Roles of Postpartum Depressive Symptoms and Maternal Sensitivity

Taryn Henning, B.S., Sarah G. Curci, M.A., Juan C. Hernandez, B.A., Linda Luecken, Ph.D., Marisol Perez, Ph.D., Arizona State University

(PS13-B46) Is More Belief Better? Examining Clinician Mental Health and Religious Salience

Craig A. Warlick, Ph.D.<sup>1</sup>, Rachel Lawrence, M.S.<sup>1</sup>, Mary Parker Raley<sup>1</sup>, Niusha Karki<sup>1</sup>, Abby Armstrong, M.S.<sup>1</sup>, Tristan P. Patterson, M.S.<sup>2</sup>, Aaron Van Gorp, Ph.D.<sup>3</sup>, Nicole Farmer, Ph.D.<sup>4</sup>, 1. University of Southern Mississippi, 2. University of Kansas, 3. University of Missouri, 4. Southern Arizona VA Health Care System

(PS13-B47) A Culturally Informed, Religiously - based, Cognitive-behavioral Mental Health Treatment for Serious Mental Illness

Zachary Galasi, B.A., Daisy Lopez, M.S., Merranda McLaughlin, B.A., Amy Weisman de Mamani, Ph.D., University of Miami

(PS13-B48) Fitspiration vs Self-compassion: Impact of Social Media Posts on Body Satisfaction, Self-esteem, and Exercise Motivation

Allison R. Ludwig, B.A., Bridget A. Hearon, Ph.D., Albright College

(PS13-B49) All in This Together: The Impact of Gender, Ethnicity, and Social Support Informing the Relationship Between Relative Deprivation on Psychiatric Symptoms

Roselee J. Ledesma, M.A., Linda E. Guzman, M.A., Ana J. Bridges, Ph.D., University of Arkansas

(PS13-B50) Exploring the Association Between Eating Disorder Symptoms, Stress, and COVID-19 Anxiety

Gina M. Belli, B.A., Clara Law, M.A., Christina L. Boisseau, Ph.D., Northwestern University Feinberg School of Medicine

#### **Poster Session 13C**

Key Words: School, Child, Vulnerable Populations

(PS13-C51) Disciplinary Removals of Specific Disability Categories in Public Schools: A National Trend

Kelli R. Lahman, B.S., Sean A. Lauderdale, Ph.D., Texas A & M University Commerce

(PS13-C52) Interactive Effects of Adverse Childhood Experiences and Parental Acceptance on Youth Behavioral Health
Kristina M. Perry, B.A., Alicia M. Chunta, B.A., George J. DuPaul, Ph.D., Lehigh University

(PS13-C54) Brief, Group-based Behavioral Parenting Training Delivered Through Telehealth: Evidence for Preliminary Efficacy

Jacob Holzman, Ph.D.<sup>1</sup>, Erica L. Gleason, M.A.<sup>2</sup>, Jillian Talley, M.A.<sup>2</sup>, 1. University of Colorado Anschutz Medical Campus, 2. University of Denver

- (PS13-C55) Does Teacher Self-efficacy Regarding Anti-bullying Interventions Moderate the Relation Between Peer Victimization and Internalizing Symptoms? Megan R. Kozak, Jasmine Blake, Jake C. Steggerda, M.A., Meredith J. Scafe, M.S., MSW, Timothy A. Cavell, Ph.D., University of Arkansas
- (PS13-C56) New Normative Cut-off Scores for the Strengths and Difficulties

  Questionnaire Predict Youth Strength Profiles

  Marina M. Matsui, B.S., Holly R. Turner, M.A., Amanda M. Vincent, M.A., Brad

  Nakamura, Ph.D., University of Hawai'i at M'noa,
- (PS13-C57) Associations Between Adult Cognitive Functioning and Age of Cannabis Use Onset Dominick F. DeMarsico, B.S., Nadia Bounoua, M.A., Naomi Sadeh, Ph.D., University of Delaware
- (PS13-C58) The Onset, Duration, and Trajectory of Traumatic Events in Autistic Individuals: A Qualitative Exploration of Self and Caregiver Perspectives

  Hira Peracha, B.A., Anika Rai, B.A., Elise Ng-Cordell, B.A., Connor M. Kerns, Ph.D.,
  University of British Columbia
- (PS13-C59) The Relationship Between Depression and Subjective Heart Attack Risk: Autonomy as a Moderator

  Diana J. Cox, B.S., M.A., Kathleen C. Gunthert, Ph.D., American University

- (PS13-C60) Peer Relationships Sometimes Overtake Family in Predicting Internalizing Symptoms: Directly Testing Differential Interpersonal Impacts at Between- and Within-person Levels
  - James L. Huettig, B.A., Alexandra Rodman, Ph.D., John Flournoy, Ph.D., Katie A. McLaughlin, Ph.D., Harvard University
- (PS13-C61) Characterizing Patterns in Individual Differences in Trait Emotion Regulation Using Machine Learning

Colin M. Bosma, M.A., Neil Rafferty, Emily A. Haigh, Ph.D., University of Maine

(PS13-C62) Social Anxiety Mediates the Relationship Between Atypical Social Communication and Reciprocal Friendships in ASD

Nardin Yacoub, M.S.<sup>1</sup>, Rachel G. McDonald, M.S.<sup>1</sup>, Eden Fowler-Benton, B.A.<sup>1</sup>, Matthew D. Lerner, Ph.D.<sup>2</sup>, Erin Kang, Ph.D.<sup>1</sup>, 1. Montclair State University, 2. Stony Brook University

- (PS13-C63) Personality Expression Around Close Others in Daily Life: How Personality Dimensions Predict Negative Affect in Community Control Individuals and Those with Borderline Personality Disorder Skye C. Napolitano, M.A.<sup>1</sup>, Sean Lane, Ph.D.<sup>1</sup>, Tim Trull, Ph.D.<sup>2</sup>, 1. Purdue University, 2. University of Missouri
- (PS13-C64) Investigating Emotion Constraint Beliefs as an Index of Emotion Control in Daily Life

  Jeremy B. Clift, B.A.<sup>1</sup>, Kayla D. Skinner, Ph.D.<sup>2</sup>, Jennifer C. Veilleux, Ph.D.<sup>1</sup>, 1. University of Arkansas, 2. University of Missouri, Saint Louis
- (PS13-C65) The Moderating Role of Emotional Dysregulation on the Efficacy of the Unified Protocol to Reduce Neuroticism in People with Emotional Disorders Jorge Osma, Ph.D., Óscar Peris-Baquero, M.S., Laura Martínez-García, M.S., Maria Vicenta Navarro-Haro, Ph.D., Universidad de Zaragoza
- (PS13-C67) Intentions to Reduce Alcohol Use Following Brief Alcohol-related Health Messages

Susanna V. Lopez, M.S., Emily Warner, B.A., Delaney Dunn, M.S., Thad Leffingwell, Ph.D., Oklahoma State University

- (PS13-C68) Attention-deficit/hyperactivity Disorder and Psychological Need Satisfaction and Frustration in College Students

  Judah W. Serrano, M.S.<sup>1</sup>, Tamara M. Abu-Ramadan, M.A.<sup>1</sup>, John M. Vasko, M.S.<sup>1</sup>, Will H. Canu, Ph.D.<sup>2</sup>, Elizabeth K. Lefler, Ph.D.<sup>3</sup>, Cynthia M. Hartung, Ph.D.<sup>1</sup>, 1. University of Wyoming, 2. Appalachian State University, 3. University of Northern Iowa
- (PS13-C69) Factors Associated with College Students' COVID-19 Personal Protective Behaviors

Allison B. Duncan, B.A., Madison Crowder, B.S., Susan L. Kenford, B.A., M.A., Ph.D., Xavier University

(PS13-C70) Perceived and Measured Empathy in Individuals with Positive and Negative Schizotypy

Anne E. Werkheiser, B.A., Erin B. Tone, Ph.D., Georgia State University

(PS13-C71) Behavioral Strategies: Impact on Quality of Life & Relationships in College Students with ADHD

Laura D. Eddy, Ph.D.<sup>1</sup>, Arthur D. Anastopoulos, Ph.D.<sup>2</sup>, Joshua Langberg, Ph.D.<sup>3</sup>, 1. The Citadel, 2. Association for Behavioral and Cognitive Therapies, 3. Virginia Commonwealth University

#### **Poster Session 13D**

Key Words: PTSD (Posttraumatic Stress Disorder), Child

- (PS13-D72) Post-traumatic Stress Disorder in a National Sample of Preadolescent Children: Prevalence, Correlates, Clinical Sequelae, and Treatment Utilization Rachel Y. Levin, B.A.<sup>1</sup>, Richard Liu, Ph.D.<sup>2</sup>, 1. Massachusetts General Hospital and Harvard Medical School, 2. Massachusetts General Hospital
- (PS13-D73) Demographic Characteristics, Mental Health Conditions, and Psychotherapy Use of Veterans in Couples and Family Therapy
  Grace Boyers McKee, Ph.D.<sup>1</sup>, Scott McDonald, Ph.D.<sup>2</sup>, Mina Ghatas, M.S.<sup>2</sup>, Amol Karmarkar, Ph.D.<sup>3</sup>, 1. San Francisco VA Medical Center, 2. Central Virginia VA Medical Center, 3. Virginia Commonwealth University
- (PS13-D74) Maternal Support and Caregiver-child Symptom Concordance Among Sexually Abused Children Rachel Wamser, Ph.D., Claudia Campbell, B.A., University of Missouri, St. Louis
- (PS13-D75) Depressive Realism, Attributional Style, and Response to a Negative Mood Induction

Sayde L. Ackerman, M.A., Fernando Krause, M.A., Zoren Degtyarev, B.S., Michael T. Moore, Ph.D., Adelphi University

- (PS13-D76) Within-persons Associations of Relationship Quality with Mental Health and Substance Use Among Sexual and Gender Minorities Assigned Female at Birth
  - Elissa L. Sarno, Ph.D.<sup>1</sup>, Christina Dyar, Ph.D.<sup>1</sup>, Michael E. Newcomb, Ph.D.<sup>2</sup>, Sarah W. Whitton, Ph.D.<sup>3</sup>, 1. Northwestern University Feinberg School of Medicine, 2. Northwestern University, 3. University of Cincinnati
- (PS13-D77) Cyber Dating Abuse Victimization Among Latinx College Students
  Mariany G. Gainza Perez, B.S., Andrea Rodriguez-Crespo, B.S., Neida Amador, B.A., Sandra
  Sierra, Marcos Lerma, B.S., Theodore V. Cooper, Ph.D., The University of Texas at El Paso
- (PS13-D78) Veteran PTSD Symptomology & Partner Parenting Practices Among Veteran Couples Seeking Couple-based PTSD Treatment

Katerine Rashkovsky, B.S.¹, Chandra Khalifian, Ph.D.², Kayla Knopp, Ph.D.², Leslie Morland, Psy.D.³, Min Ji Sohn, B.S.⁴, 1. University of California, San Diego and Veterans Affairs San Diego Healthcare System, 2. VA San Diego Healthcare System/ University of California, San Diego, 3. University of California San Diego; Veterans Affairs Healthcare System; National Center for PTSD- Pacific Islands Division, 4. VA San Diego Healthcare System

- (PS13-D79) Perceived Sleep Quality: Strengthening the Relation Between Anxiety Sensitivity and Trauma Symptoms
  - Saankari A. Challa, M.A., Steven E. Bruce, Ph.D., University of Missouri, St. Louis
- (PS13-D80) Social Support as a Protective Factor for Adversity and Psychosocial Adjustment in At-risk Youth

Zachary Wilde, B.S.¹, Christopher T. Barry, Ph.D.², Stephanie D. Smith, Ph.D.¹, Joshua Underwood, B.S.², 1. University of Southern Mississippi, 2. Washington State University

- (PS13-D81) Evaluation of the Factor Structure, Stability, and Validity of the COVID-19 Stress Scales
  - David L. Yap, M.A., Evelyn Behar, Ph.D., Hunter College, City University of New York
- (PS13-D82) Associations Between COVID-19 Exposure and PTSD Symptoms in Children with Interpersonal Trauma

Maddi Gervasio, B.S., Danielle S. Citera, M.A., Sophia Miller, B.A., Emma Joseph, Komal Sharma-Patel, Ph.D., Elissa J. Brown, Ph.D., St. John's University, Child HELP Partnership

- (PS13-D83) Emotion Regulation as a Predictor of Improvement in Functional Impairment and PTSD Symptom Severity During Treatment – Data from Webstair
  - Jessilyn M. Froelich, M.S., Danielle M. Morabito, Sarah Speicher, M.S., Marylene Cloitre, Ph.D., National Center for PTSD
- (PS13-D84) The Development of New Disorders After Remission: Effortful Control as a Transdiagnostic Predictor

Bryanna K. Mackey, Lucas S. LaFreniere, Ph.D., Skidmore College

(PS13-D85) Attention Problems and Restlessness Are Prevalent in Youth with Internalizing Problems and Predict Response to CBT

Madison Aitken, Ph.D., Brendan F. Andrade, Ph.D., Centre for Addiction and Mental Health

(PS13-D86) Using Mindfulness to Improve Emotion Regulation and Conflict Deescalation in Law Enforcement Officers

Maren Westphal, Ph.D.<sup>1</sup>, Qalvy Grainzvolt, M.S.<sup>2</sup>, 1. Pace University, 2. Port Chester Police Department

(PS13-D87) Mindfulness Sub-facets Differentially Mediate the Relationship Between Adverse Childhood Experiences (ACEs) and Cannabis Use Severity

Lexi Kearns, B.S.<sup>1</sup>, Elizabeth Gillooly, B.S.<sup>1</sup>, Mikaela Armao<sup>1</sup>, John Walsh<sup>1</sup>, Daniel R. Loomis, M.A.<sup>2</sup>, Michael J. Gawrysiak, Ph.D.<sup>2</sup>, Zachary Getz, M.A.<sup>2</sup>, 1. West Chester University, 2. West Chester University of Pennsylvania

(PS13-D88) Does Adherence to Cognitive Behavioral Therapy for Insomnia Predict Outcomes?

Kelly N. Kim, B.S.<sup>1</sup>, Jessica R. Dietch, Ph.D.<sup>2</sup>, Daniel J. Taylor, Ph.D.<sup>1</sup>, 1. University of Arizona, 2. Oregon State University

(PS13-D89) Increasing Acceptability of Internet-based Cognitive Behavioral Therapy During the COVID-19 Pandemic Using a Treatment Rationale

Anthony Molloy, M.A., Donovan Ellis, M.A., Langting Su, M.A., Page Anderson, ABPP, Ph.D., Georgia State University

(PS13-D90) A Preliminary Examination of the Parenting Attitudes and Behaviors Survey: A Measure Designed to Examine Anxiogenic Parenting Practices in Food Allergy

Ashley A. Lahoud, B.A.<sup>1</sup>, Christopher A. Flessner, Ph.D.<sup>1</sup>, Emily P. Wilton, M.A.<sup>1</sup>, Anna K. Luke, M.A.<sup>2</sup>, Theresa R. Gladstone, B.A.<sup>1</sup>, Sydney D. Biscarri Clark, B.S.<sup>1</sup>, 1. Kent State University, 2. Boston Children's Hospital

- (PS13-D91) Perceived Control as Protection: The Association Between Locus of Control and Emotion Reactivity in a College Student Sample Olivia G. Lozy, B.A., John K. Kellerman, B.A., Joanne S. Kim, B.A., Kaileigh P. P. Conti, B.A., Rachel L. Rosen, M.S., Madison E. Taylor, B.A., April L. Yeager, B.A., Evan M.
- (PS13-D92) Shared and Unique Maintenance Factors of Comorbid Eating Disorderanxiety Symptoms in Female Adolescents Leigh C. Brosof, M.S., Betty Ngo, Cheri A. Levinson, Ph.D., University of Louisville

Kleiman, Ph.D., Rutgers, The State University of New Jersey

(PS13-D93) Understanding the Perspectives of Indian College Students on Mental Health on College Campuses

Tanvi Malhotra, B.A.<sup>1</sup>, Nivedita Nandakumar, B.A.<sup>1</sup>, Nandita Tuteja, B.A.<sup>1</sup>, Akash R. Wasil, M.A.<sup>1</sup>, Avantika Bhatia, Ph.D.<sup>1</sup>, Robert J. DeRubeis, Ph.D.<sup>2</sup>, 1. Ashoka University, India, 2. University of Pennsylvania

(PS13-D94) Factor Structure and Convergent Validity Analyses for the Distress Tolerance Scale

Erick A. Rogers, M.A.<sup>1</sup>, Andrew J. Freeman, Ph.D.<sup>2</sup>, 1. University of Nevada, Las Vegas, 2. State of Nevada Division of Child and Family Services

(PS13-D95) Adolescent Self-injury Functions and Suicide: Examining the Role of Romantic Stress

Genesis Vergara, M.A.<sup>1</sup>, David A. Jobes, Ph.D.<sup>1</sup>, Amy M. Brausch, Ph.D.<sup>2</sup>, 1. The Catholic University of America, . Western Kentucky University

(PS13-D96) Examining Stigma Towards Someone Engaging in Nonsuicidal Self-injury: The Roles of Lived Experience and Bisexuality

Morgan E. Browning, B.S., B.A.<sup>1</sup>, Alex Morena, B.S.<sup>1</sup>, Elizabeth E. Lloyd-Richardson, Ph.D.<sup>1</sup>, Chloe A. Hamza, Ph.D.<sup>2</sup>, Penelope Hasking, Ph.D.<sup>3</sup>, Nancy Heath, Ph.D.<sup>4</sup>, Stephen P. Lewis, Ph.D.<sup>5</sup>, Kealagh Robinson, M.S.<sup>6</sup>, Janis Whitlock, M.P.H., Ph.D.<sup>7</sup>, Marc S. Wilson, Ph.D.<sup>8</sup>, 1. University of Massachusetts Dartmouth, 2. The Ontario Institute for Studies in Education, 3. Curtin University, 4. McGill University, 5. University of Guelph, 6. Te Herenga Waka—Victoria University of Wellington, 7. Cornell University, 8. Te Herenga Waka Victoria University of Wellington

(PS13-D97) Adolescents' Exposure to Suicide Death: An Exploration of Clinical and Psychological Correlates

Daniella Ekstein, M.A.<sup>1</sup>, Angela P. Spears, B.S.<sup>2</sup>, Christine Cha, Ph.D.<sup>2</sup>, 1. Columbia University, 2. Teachers College, Columbia University

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