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Membership Food

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MEMBER CATEGORIES

Full: Open to those who obtained a terminal graduate degree on or before October 31, 2020. Those eligible must agree with the purposes and objectives of ABCT and meet the following requirements: (1) are responsible professionals in good standing of their discipline's primary organization (e.g., American Psychological Association, the American Psychiatric Association, the National Association of Social Workers) or possess other acceptable qualifications and experience; and (2) are practicing behavioral and/or cognitive clinicians, engaged in research or other activities pertinent to the development and advancement of behavior and/or cognitive therapy, or are interested in acquiring professional knowledge and competence in some aspect of the behavioral and/or cognitive therapies with a view toward eventual participation.

New Professional 1: Open to those who obtained, or will obtain, a terminal graduate degree between November 1, 2022 and October 31, 2023. This includes postdoctoral trainees who earned their degree during this time."

New Professional 2: Open to those who obtained a terminal graduate degree between November 1, 2021 and October 31, 2022. This includes postdoctoral trainees who earned their degree during this time.*

New Professional 3: Open to those who obtained a terminal graduate degree between November 1, 2020 and October 31, 2021. This includes postdoctoral trainees who earned their degree during this time.*

Student: Open who those who are actively enrolled in a program of study leading to a bachelor's, master's, or doctoral degree, or are interns, and/or who graduate with their degree during the period of time between November 1, 2022 to October 31, 2023. Postdoctoral trainees do not qualify for student membership and should refer to the New Professional and Full categories to determine which category best matches their terminal degree date.*

Post-Baccalaureate: Open to all individuals in transition who have graduated with a minimum of a bachelor's-level degree and are working or volunteering in a mental health facility (community clinic, private practice, school) or academic institution (e.g., psychology department, medical school). Eligible individuals have not completed any graduate-level training and do not plan to begin graduate-level training within the next year. Membership in this category is not intended for master's-level professionals and may not exceed 3 years.'

Associate: Open to those who do not meet criteria for Full membership but whose credentials otherwise are acceptable to the Membership Committee.

*For Student, Postbaccelaureate, and New Professional members, a copy of your diploma or a letter from your advisor to confirm your professional status can be emailed to membership@abct.org.