

## How to Nominate

Email your nomination to  
**Champions@abct.org**

Be sure to put "Champions Nomination"  
in the subject line.



# 2024 *Champions*

## of Evidence-Based Interventions

*This award recognizes outstanding individuals who have shown exceptional dedication, influence, and social impact through the promotion of evidence-based psychological interventions, and who have thereby advanced the mission of ABCT.*

1. **Name:** \_\_\_\_\_

2. **Affiliation:** \_\_\_\_\_

3. **Contact Information:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. **Name of member making the nomination:** \_\_\_\_\_

5. **Email of member making the nomination:** \_\_\_\_\_

6. **Reason for Award Nomination:** Please briefly describe how the champion has demonstrated one or more of the following criteria in their daily work:

- a. Please provide a brief bio of the nominee's role and background (200 words).
- b. Describe the work that the nominee has done to support, facilitate, diffuse or implement the core assets of evidence-based interventions (200 words).
- c. How has the nominee conducted this work? Specifically, describe how this nominee exercises influence in the promotion of innovation. Examples may include the ways in which the individual has persevered in achieving their vision even in the face of social or organizational indifference or resistance, a willingness to risk reputation because of a commitment to change, successfully activating others for social impact, and/or a willingness to go above and beyond their regular professional duties (200 words).

d. Please add any additional information about the impact that this nominee's work has had the community they work in (200 words).

### **Additional Guidance on Champion Nominations**

***What kinds of individuals embody the intention of the Champions Award?*** Successful candidates for this award are likely to be individuals we typically refer to as state, city, or local community partners, colleagues, individuals with lived experiences, family and parent advocates, community practitioners, local leaders, and other allies for mental health promotion. (Note: Although both members and nonmembers of ABCT are eligible for the Champions award, research faculty are typically not a fit for this award.) While this list is not exhaustive, it should clarify who is likely to be a strong fit for the award.

***Can you share some examples of recent awardees that embody the intention of the Champions Award?***

Please see below.

**Yesenia Ceballos:** Serving 20+ years in education as a teacher and school counselor in diverse school settings, she is currently the wellness counselor for Sierra High School (SHS) in San Bernardino, CA. Yesenia's personal story inspired her to be a change agent for historically underserved youth. Through her efforts in coordinating services with community-based organizations, students receive evidence-based therapies such as CBT and DBT and an accompanying health and wellness class. SHS students treated for depression, anxiety, PTSD, borderline personality disorder, self-harm behaviors and chronic suicidal ideation on the school campus had increased rates of achievement and decreased absenteeism. Thanks to her efforts, the San Bernardino City Unified School district is using the Sierra High School Wellness Center as a model to replicate throughout schools in the district.

**Wounded Warrior Project, led by CEO Lt. Gen (Ret.) Michael Linnington, and Program Manager Lt. Col. (Ret.)**

**Michael Richardson:** Wounded Warrior Project (WWP) has funded the Warrior Care Network at 4 academic medical centers: Emory University, Massachusetts General Hospital, Rush University, and UCLA to provide evidence-based care to post-9/11 veterans. Each of the programs offers a 2- or 3-week intensive outpatient program and 3 of the 4 programs offer outpatient therapy. They all offer either prolonged imaginal exposure therapy or cognitive processing therapy or both. They have made evidence-based therapy more available and are creating many new jobs for evidence-based therapists.

***Who should I not nominate?*** Typically, research faculty, government employees who serve as program officers, funders, and others in similar roles whose work duties inherently include a focus on the promotion of evidence-based practice and conducting or funding of research on evidence-based practices would not be a strong fit for this award. ABCT has several awards that are well suited to recognizing these individuals (see <https://www.abct.org/membership/abct-awards/>).